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Better Homes and Gardens

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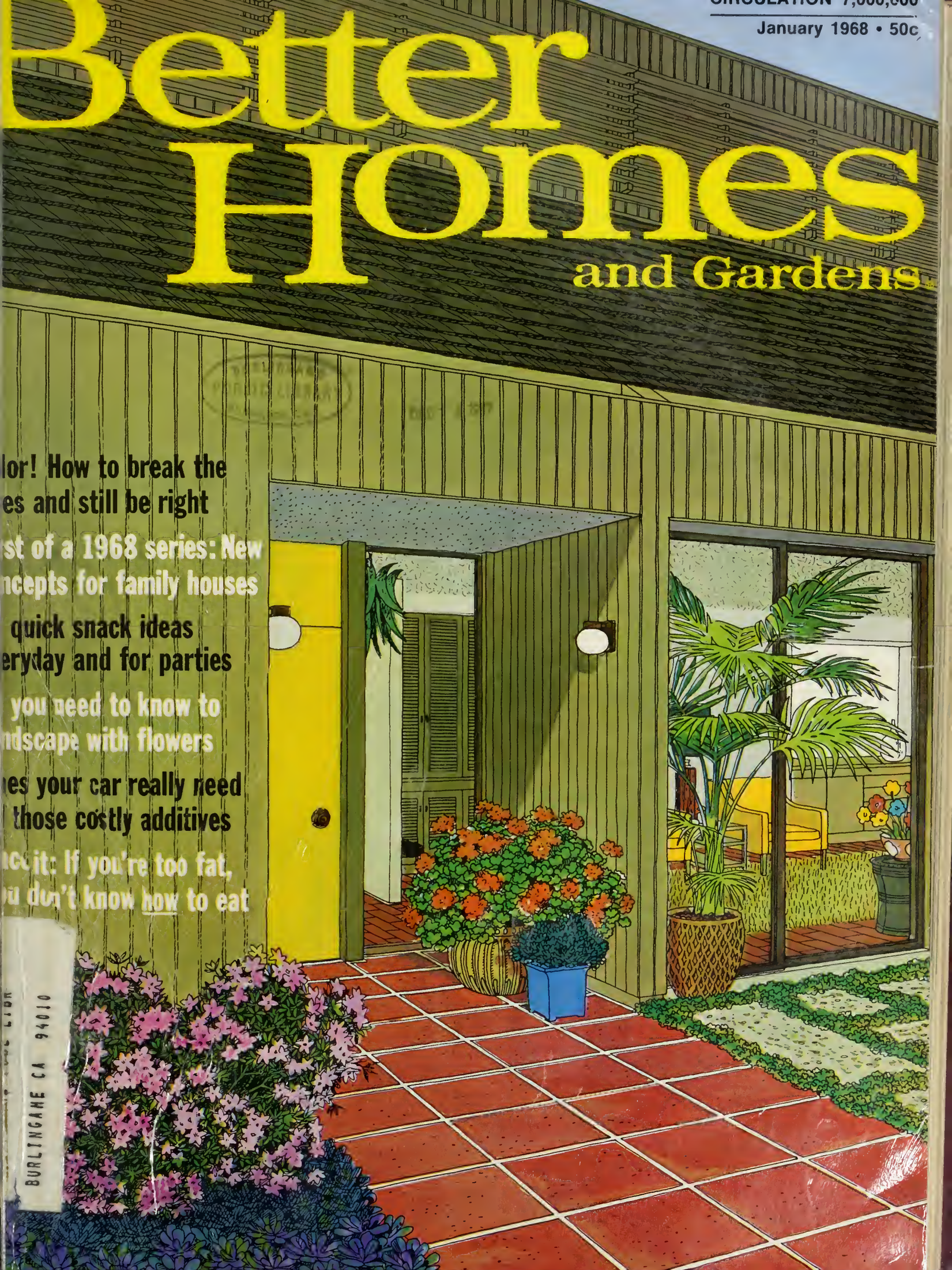
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Why do n't you become a professional Interior Decorator?

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It's a high-income field where a woman is in her glory. The demand for decorating services is at a peak, and opportunities are unlimited... even if you use only part of your time. You can train at home without interrupting your regular duties.

BY JANICE TRIMBLE

I DON'T THINK there is another profession today that offers more pleasure or greater rewards to a woman than that of interior decorating.

It is the ideal place to put your natural love of beauty to practical use. You can prepare for one of the many attractive positions available or decide to go into business for yourself.

Do you enjoy doing your own decorating? Have you ever helped a friend solve a decorating problem? Then you have the makings for success as a professional decorator.

Even if you've done no decorating, you may be one of many women with unsuspected talent in this direction—talent just waiting to be discovered.

You can now train for this work at home, in your spare time. No previous skills or experience are required for this training. Why not look into the many opportunities that interior decorating offers you?

A tremendously expanded field

Used to be that only wealthy people employed professional decorators. That's no longer true. Increasingly large numbers of homemakers now rely on the services of decorators. They know that a decorator can provide beauty and individuality—and can often save them money, too.

Your work as a decorator is varied and interesting. It frequently takes you and your clients into plush showrooms and exclusive shops filled with treasures. You move in a world of fashion, creativity and ever-new challenge.

Designing and furnishing even a single room can earn you hundreds of dollars; larger assignments can earn you much more. Many women do extremely well in just part-time work; their own homes often serve as showcases for prospective clients.

But decorators are busy in many areas besides homes. Their talents are employed in decorating hotel rooms, business offices, building lobbies, clubs and institutions. That's why the profession has grown so enormously.

What the LaSalle Course teaches you

The LaSalle Course in Interior Decorating has been prepared by experts to give you complete and up-to-date preparation for this most exciting of modern careers. Lessons come to you by mail; they are as fascinating as the professional work itself. Much of the study material included is absolutely unique in a course of this kind. For instance, you get an attractive, simple-to-operate slide projector with color slides that show interiors as big as life on your wall. You also get professional sketching equipment, coloring materials, stencils that make it easy for you to draw room plans and furniture arrangements, and much more.

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Better Homes and Gardens®

THE IDEA MAGAZINE FOR BETTER HOMES AND FAMILIES — JANUARY, 1968; VOL. 46, NO.

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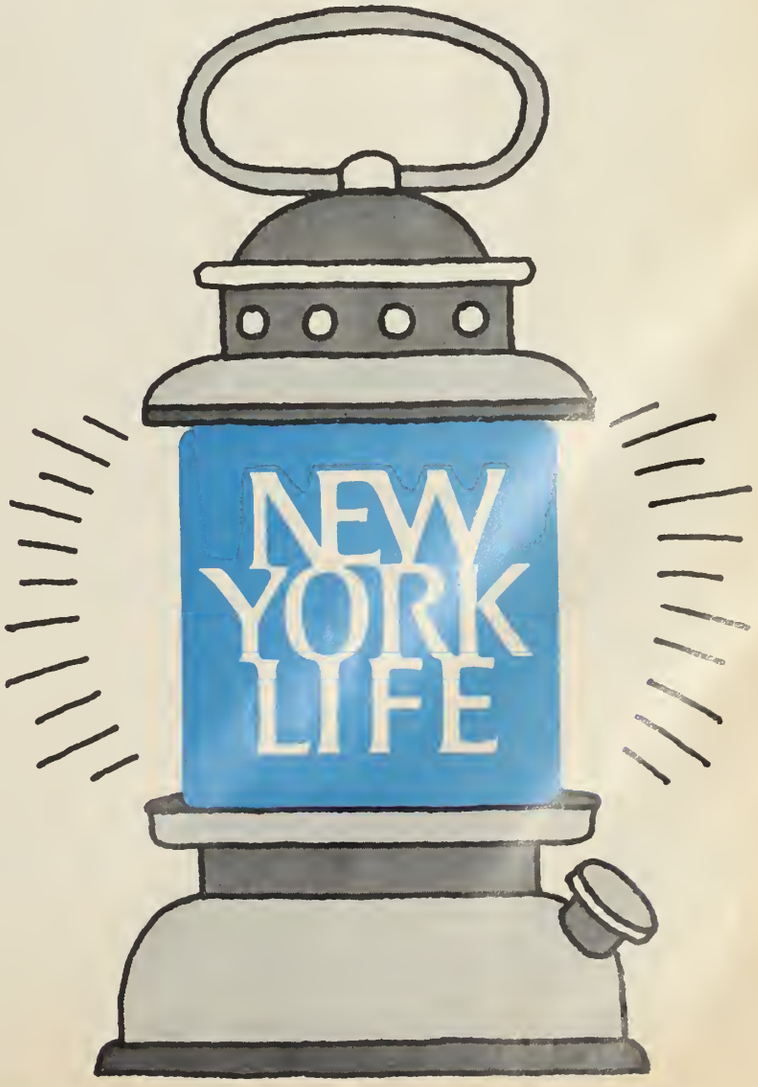
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NEW YORK LIFE



Peter Lindberg, Editor

ARE YOU MAKING THE BEST USE OF YOUR CREDIT?

Today, most Americans have some basic know-how about credit, that often complicated financial tool for using someone else's money. Chances are, though, you may not be aware of several costly credit pitfalls—and the opportunities for making substantial credit savings too. With this major article, Better Homes and Gardens *offers you the chance to review your finances and set your credit handling straight so you really can Enjoy It Now, and Pay Later—instead of Charging It Now, and Suffering Later.*

Properly managed, your credit can help your family get far more out of life. Credit stretches your dollar-power so you don't have to postpone that new freezer—or that basement remodeling. Credit levels the peaks and valleys of your spending, allowing you to buy what you need at high-expense periods like Christmas or back-to-school time, while spreading payments evenly through the year. For some families, buying "on time" even becomes a budgeting device where certain amounts are earmarked for installment payments.

But viewing credit as if it actually is income can trap you. It's all too easy to rub the magic lamp and say "charge it." Shoppers with low sales-resistance or "credit drunks" often lose track of purchases, pile up debts, ruin their credit standing (or have to escape into bankruptcy). And with any type of credit, you may be paying far too much in interest or service fees; one unenlightened family with an income of $13,000 unwittingly paid $1,860 last year in interest on four loans, six charge accounts, and other obligations.

To steer clear of credit pitfalls, spend a few minutes on these points:

● **Major sources of credit:** Besides dealers' installment plans and sundry credit cards, your "on time" dollars come from loans from banks, credit unions, or small loan companies. Many commercial banks now offer "instant money"; these credit arrangements permit you to write checks up to a certain amount over your balance, and you're charged interest for the overdraft. And, of course, you always can borrow against the cash value of your life insurance.

In many department stores, you still may have an "open account" without a service fee if you pay within 30 days. With the popular "revolving account," you pay part of the monthly bill *and* a service charge on the balance. Many stores give you an option to pay the entire amount within a limited period at no extra charge, or pay part of the bill and stretch the balance (plus interest). Often, merchants sell their installment contracts to a sales finance company or bank, which becomes the "holder."

● **How you are rated:** Wherever you ask for credit, you're sized up as a financial risk. When you first applied for a purchase credit or loan, you probably were judged against several bench marks: the stability of your job; your income; your residence (a home or apartment?); money reserves (savings, investments?); number of dependents; past credit experience (paid bills promptly?); your personal character. No doubt your local credit bureau has a fairly fat dossier on you. If your case is questionable, or you suddenly want to charge a big-ticket purchase, the credit bureau may have you investigated; they'll check with your employer, bank, landlord, and others. Yet credit bureaus just report what they learn. The credit granter makes the decision. Once you get a good rating, it stays that way unless you become habitually slow—or default.

● **What credit costs you:** On revolving charge accounts, the service charge is generally one to 1½ percent of each month's balance after the due date. Rates on a dealer's installment plan for an appliance, for instance, are quoted from three-fourths of one percent to as high as 3½ percent a month; the average runs about 1½ percent a month.

On personal loans, costs vary considerably. Below are just a few rates you'll run into. In parentheses, we show the dollar cost of a $300, one-year loan, repaid in equal monthly installments: commercial banks, $5 to $8 per $100 ($15 to $24); credit unions, one percent a month on the unpaid balance ($19.50); small loan companies, 2½ to 3½ percent a month on unpaid balance ($34 to $45).

Travel and entertainment credit cards vary, usually requiring interest on unpaid balances after a specified period; one large card firm, for example charges 1½ percent a month after 60 days. With a bank credit card, generally it's one to 1½ percent a month after 30 days. On "instant money," it's often one percent a month.

But, as you're probably aware by now, quoted charges are often deceptive. The *true* (or simple) annual rate is much more than it appears. On a six percent installment loan, you don't get the full use of the original amount for the entire year, since each installment reduces the loan. So the *true* interest you pay comes to more than 11 percent. That goes for both a "discounted" loan, where the interest is deducted at the outset, and the "add on," where interest is first tacked on to your loan.

To figure out the actual *dollar* cost of credit on an installment transaction, first tote up all your payments, then subtract the price you'd have paid if you bought for cash.

Estimating the realistic *interest rate* takes a bit more time. One formula goes like this: Two times the number of payment periods in a year, *times* the cost of credit; divide this by the principal amount of the loan, *times* the number of payments plus 1. For example, you buy a rug priced at $115. You pay $10 down, with $105 to be financed at $9.50 a month for 12 months—

Amount to be repaid: 12 x $9.50=$114
Less principal amount of loan..... 105
Cost of credit.....$ 9

$$\frac{2 \times 12 \times 9}{105 \times 13} = 15.8 \text{ percent true annual rate.}$$

Besides interest, a credit contract may be "loaded" with extras—investigation fees, processing charges, and high premiums for credit life insurance.

Federal legislation has been pending on a "truth-in-lending" bill which would provide for "full disclosure"—

Continued

Which glass would you rather drink from?



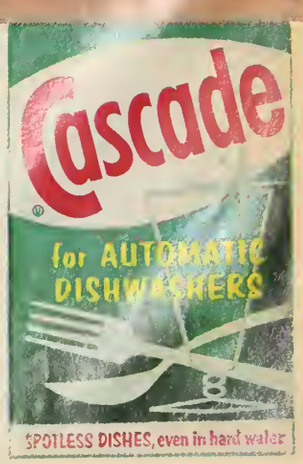
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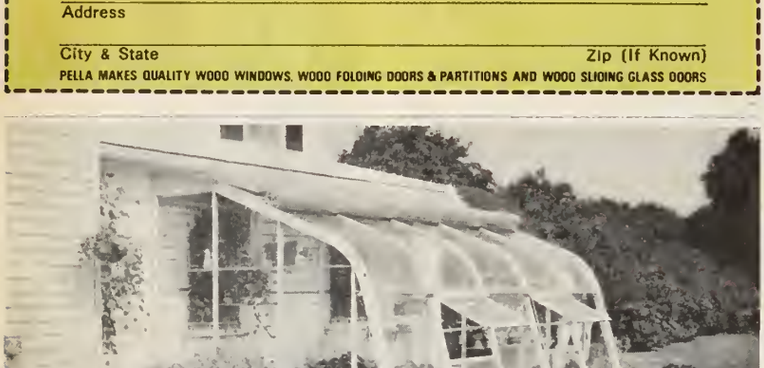
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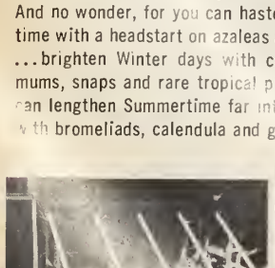
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MONEY MANAGEMENT

Continued

a clear-cut statement on the exact interest and dollar-cost of installment purchases and loans. In the italics below, you can quickly see the vast difference between quoted interest figures and the true annual rate.

What Interest Rates Really Mean

If charges are based on the *original* amount owed and included in 12 monthly installments:

If Charged	*True Annual Rate*
5 percent (also stated as $5 a $100)	*9.2 percent*
6 percent (also stated as $6 a $100)	*11.1 percent*

If charges are only on an *unpaid* amount owed:

1 percent a month	*12 percent*
1½ percent a month	*18 percent*
2½ percent a month	*30 percent*

● **How to choose:** Always shop around for the least expensive credit sources. Check for a good department store that also offers a no-service-charge account. For a cash or a tuition loan, generally a commercial bank provides the lowest true rate *if* your credit standing is good. Credit unions are also useful, but you must be a member to take advantage of these reasonable rates. For small amounts, the high-interest finance companies are available when a bank will not take you on and you're in a jam.

You also can borrow on your life insurance at the low rate spelled out in your policy (5 to 6 percent simple interest) but you are under no pressure to repay, the dollar cost mounts up—and your family's insurance protection is reduced by the loan. A passbook loan on your savings account is also credit-cheap (about 5½ percent, or generally one percent above the savings account interest rate); however, there's danger you'll dip too far into your rainy-day funds and fail to replace them.

In general, installment-purchase financing costs are apt to be highest in discount houses, lowest in department stores. Car loans are highest at dealers ($5 to $7 per $100), lowest at commercial banks ($4 to $6 per $100).

● **More ways to save:** When buying a big-ticket item like a color television, it's cheaper to borrow from a bank or credit union and pay the merchant in cash. It's also usually less expensive than a revolving charge account. With a car loan from a bank, you may save on low-rate insurance; unlike dealers, banks let you shop around for the best insurance deal.

In any time purchase, a higher down payment and smaller balance is most economical. Then too, you should shorten the payment period as much as possible. Financing a purchase over three years might cost $360 in interest; for two years, it's only $240. With charge accounts, pay before the due date (generally 30 days) to avoid service charges. If an item is under $100, you're better off laying out cash from current income. If you have *adequate* "emergency" reserves, pay cash for your major acquisitions, too.

In any case, don't restrict yourself to patronizing one store just because you have a charge account there. It's wise to have credit standing at other stores so you can take advantage of any sales. *But remember*, interest costs may cancel out any money you may save in a "bargain."

Don't overlook such hidden credit fees as a penalty for late payments, which can be five percent. On some credit cards, you're charged interest on an overdue balance after a certain period, so pay within that deadline.

Premiums on credit insurance ("payment protection") covering your balance may run from about ½ to ¾ of one percent, and in some areas, as high as two percent. Some dealers even press accident and health insurance on customers, but you can refuse such policies. Many credit unions (and banks too) provide credit insurance at no extra charge.

Under the laws in many states, you have the right to pay off an installment contract before it's due and receive a partial refund of credit charges. When possible, take advantage of this rebate.

Continued



hen a closet becomes flameless electric heating-and-cooling center, u've graduated to modern comfort

a clean break with the past.
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act, you'll gain space all
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Kraft Home Cooked Dinners

MONEY MANAGEMENT *Continued*

The wise approach: Before you decide on a major time-urchase or loan, look at your total family finance picture. review your spending for the coming year. What's your onthly income—and your regular expenses? What's left for vings or discretionary spending?

List your credit commitments—promised payments—onth by month. Is there room, now or in a few months, for nother debt? If so, be selective when you borrow.

Work up a wish-list—what your family wants or needs ost. A boat? A freezer? A vacation trip? Decide how much wn payment you can handle. What will the monthly in-allments amount to, and how long will it take to repay? If nancing a boat appears too much, maybe you'll settle for a eezer on sale *and* two weeks at the beach. When you're rough paying for the freezer, you may be able to go on to e boat. In the long run, this substitution of spending goals ll keep your finances in good health.

As important as contract terms is the comfort of being le to pay out of current income—without wrecking your erating budget. To achieve this, stop up the leaks in your ending, such as too much for gifts, impulse purchases, or me entertaining.

Studying your commitments list, you may decide an addi-nal debt would be unwise this year. Occasionally, however, u can afford to spread yourself somewhat, *if it's only for a w months;* but on a large, long obligation, when your savings e low, a setback (such as a job layoff) could be devastating.

A debt preview like the one above should be made at least ce a year unless your income fluctuates. In that case—or if ere's an adverse change in your fortunes—do it more often.

How much credit can you afford? You're vulnerable when quid assets are not enough to meet emergencies (they should qual at least three months' income), and you are over-mmitted on credit payments. Since families have different alues and expenses, there's no rigid rule of thumb on safe edit bounds. Most experts, however, agree that for the merican middle-class family, no more than roughly one-fth of the disposable income after taxes should go for in-allment purchases or loans.

Based on this 20 percent formula, here's a general guide for two-child family with average housing, food, clothing, and her expenses. For greater safety, the recommended monthly stallment payments below are based on *15* percent of onthly after-taxes income; in practice, of course, each mily has to decide the margin of credit safety to fit its spe-al circumstances.

Credit you can safely handle

nnual Income (after taxes)	*Recommended Total Debt Limit*	*Recommended Total Monthly Installments*
$ 6,000	$1,200	$ 75
$ 8,000	$1,600	$100
$10,000	$2,000	$125
$12,000	$2,400	$150
$14,000	$2,800	$175

In most instances, lenders themselves set limits on your redit too. Department stores usually figure that on a 30-day harge account, you can safely run up the equivalent of bout two-weeks' salary. On installment purchases, the verage family is permitted debts of up to 12 percent of basic nonthly income, less one percent for each dependent.

Banks tend to restrict loans (except on mortgages) to an mount no greater than one-tenth of the borrower's income. uto finance companies may grant higher limits, since your ar is collateral. Credit furniture stores frequently allow up o 25 percent of income.

If debts pile up: Without self-discipline, you can overex-end yourself and slip into financial quicksand. The first pre-autionary step: If your checkbook balance is strained for wo months in a row, it's time to retrench. Cut down day-to-ay cash outlays, and try to pay off one or more bills, pref-rably those with highest finance charges.

Continued



Walls: Marlite Textured Wormy Chestnut and Textured Travertine. Cabinets and Valance: Marlite Textured Wormy Chestnut. Tub Enclosure: Marlite Murals and Riviera Tile.

Remodel with Marlite Paneling

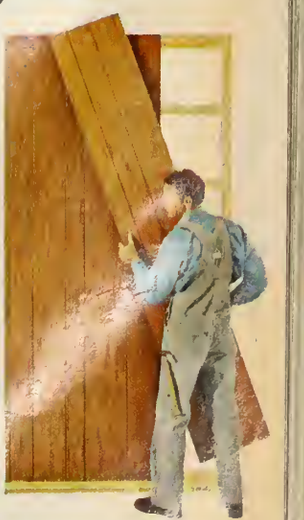
for beautiful, soilproof walls that stay like new for years

You can remodel any room in your home with easy-to-install Marlite. No other wall paneling gives you so much beauty and durability for so little cost.

Marlite is beautiful to begin with.
Choose from more than 70 wash-and-wear colors, patterns and designs. New *Textured* Marlite is shown in the bath above. This distinctive paneling has deep-embossed texture you can actually feel.

Marlite seals out stains and moisture.
Soilproof Marlite outlasts many coats of paint. Its baked plastic finish resists heat, moisture, stains and dents—wipes clean with a damp cloth.

Remodel a bath this weekend.
Handy with ordinary carpenter tools? By this time Monday, you can have a new Marlite bath. And everyone will think you hired a decorator. Your building materials dealer will help you get started.



MASONITE CORPORATION **Marlite®** plastic-finished paneling

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The Marlite Handbook of Professional Decorating Ideas.
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Jump off the bland wagon!

Kraft Macaroni and Cheese Deluxe Dinner promises real honest-to-cheddar flavor by giving you lots and lots of spoonin' thick cheddary sauce.
In just 15 minutes, it's a hearty main dish for four.

Why not make the jump tonight?



Kraft Home Cooked Dinners

MONEY MANAGEMENT *Continued*

The wise approach: Before you decide on a major time-
urchase or loan, look at your total family finance picture.
eview your spending for the coming year. What's your
onthly income—and your regular expenses? What's left for
vings or discretionary spending?

List your credit commitments—promised payments—
onth by month. Is there room, now or in a few months, for
nother debt? If so, be selective when you borrow.

Work up a wish-list—what your family wants or needs
ost. A boat? A freezer? A vacation trip? Decide how much
wn payment you can handle. What will the monthly in-
allments amount to, and how long will it take to repay? If
nancing a boat appears too much, maybe you'll settle for a
eezer on sale *and* two weeks at the beach. When you're
rough paying for the freezer, you may be able to go on to
e boat. In the long run, this substitution of spending goals
ll keep your finances in good health.

As important as contract terms is the comfort of being
le to pay out of current income—without wrecking your
erating budget. To achieve this, stop up the leaks in your
ending, such as too much for gifts, impulse purchases, or
me entertaining.

Studying your commitments list, you may decide an addi-
nal debt would be unwise this year. Occasionally, however,
u can afford to spread yourself somewhat, *if it's only for a*
w months; but on a large, long obligation, when your savings
e low, a setback (such as a job layoff) could be devastating.

A debt preview like the one above should be made at least
ce a year unless your income fluctuates. In that case—or if
ere's an adverse change in your fortunes—do it more often.

How much credit can you afford? You're vulnerable when
quid assets are not enough to meet emergencies (they should
ual at least three months' income), and you are over-
mmitted on credit payments. Since families have different
lues and expenses, there's no rigid rule of thumb on safe
edit bounds. Most experts, however, agree that for the
merican middle-class family, no more than roughly one-
th of the disposable income after taxes should go for in-
allment purchases or loans.

Based on this 20 percent formula, here's a general guide for
two-child family with average housing, food, clothing, and
her expenses. For greater safety, the recommended monthly
stallment payments below are based on *15* percent of
onthly after-taxes income; in practice, of course, each
mily has to decide the margin of credit safety to fit its spe-
al circumstances.

Credit you can safely handle

nnual Income (after taxes)	*Recommended Total Debt Limit*	*Recommended Total Monthly Installments*
$ 6,000	$1,200	$ 75
$ 8,000	$1,600	$100
$10,000	$2,000	$125
$12,000	$2,400	$150
$14,000	$2,800	$175

In most instances, lenders themselves set limits on your
redit too. Department stores usually figure that on a 30-day
harge account, you can safely run up the equivalent of
bout two-weeks' salary. On installment purchases, the
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ay cash outlays, and try to pay off one or more bills, pref-
rably those with highest finance charges.

Continued



Walls: Marlite Textured Wormy Chestnut and Textured Travertine. Cabinets and Valance: Marlite Textured Wormy Chestnut. Tub Enclosure: Marlite Murals and Riviera Tile.

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for beautiful, soilproof walls that stay like new for years

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The Marlite Handbook of Professional Decorating Ideas.
24 pages of exciting interiors in full color—hundreds of ideas you can use. Send 25c and coupon.

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What's best to take for tension headache pain? Why not take the pain relief compound doctors recommend most for headaches? You'll find it in Anacin® Tablets. And today's Anacin gives you *more* of it than any other leading headache tablet. In minutes Anacin breaks the grip of headache pain so relaxes its nervous tension and helps lift its depression. You can bounce back fast with Anacin. You see Anacin is a special fortified combination of ingredients and *only Anacin has this formula*. Next time a tension headache strikes, see if medically proven Anacin doesn't work better for you.

MONEY MANAGEMENT *Continued*

If you're still in a bind, don't panic. Contact your creditors before the debts become delinquent. State the facts frankly, and generally they'll arrange to defer or reduce monthly payments until your position improves. Consider a low-cost bank or credit-union loan to prepay bills involving high finance fees; experienced bank officials, for instance, will help you work out a realistic budget. One note of caution: Small loan companies may charge 24 to 30 percent true interest for a consolidation loan, thus adding to your burden.

For harassed families, many communities now have nonprofit consumer credit counseling services. When a family's debts are heavy, the paycheck is turned over to a specialist who allows the family enough cash for essentials, and then doles out the rest to creditors. However, beware of unscrupulous private debt-poolers, debt-adjusters, or "pro-raters" who charge an exorbitant 10 to 35 percent of the total debt. Many are thinly-disguised rackets, their victims ending up deeper in the hole.

- **To use credit sensibly:** Always bear in mind these secrets of sound family spending—
- Shopping for the best credit deal may save more money than shopping for the best bargain.
- Avoid impulse buying. Ask yourself, "Is having this item now worth the extra dollars in finance costs later?"
- Stagger your obligations. Pay off a good part or all of existing debts before taking on a new one.
- Before you sign for any new credit obligation, plan exactly how you're going to meet the payments.
- Borrow the least you need, not the most you can get.
- Keep the payment period short, but not just to save interest. The longer the term contract, the greater the chance that an unforeseen contingency may arise before you're paid off.
- To safeguard your valuable credit rating, make it a habit to pay bills promptly. With a good record, you're in a position to get a bank loan quickly—and at the lowest interest.
- With charge accounts at several stores, keep a close check on total purchases so you can stay within your capacity.
- Read installment contracts thoroughly. Have charges itemized, not lumped together to hide "packing" with extras. Watch out for a contract calling for a large, final "balloon" payment; if this isn't paid, you may lose the purchase or have to refinance at a higher rate. ■

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Money Management Next Month:

- ***How to be a smarter taxpayer in 1968***



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Sheer desperation made me try Cold Power"

writes Mrs. Paul Schwartz, Miami, Florida

Doubt if this is the sort of endorsement you e, but feel it's my duty to write you way.

er desperation

wasn't the New Jersey housewives on TV induced me to give Cold Power a try, it sheer desperation. My whites had been ng dingier, both in hand and machine ing.

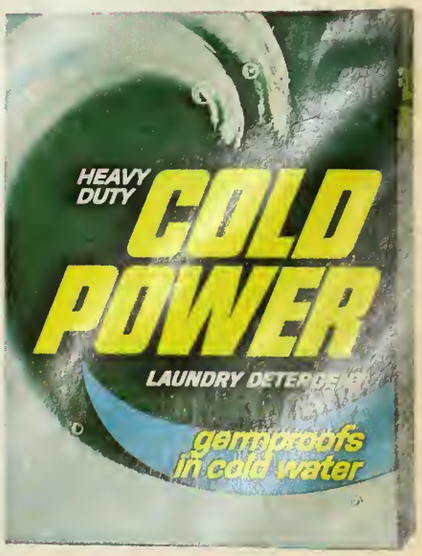
"Absolutely astounded

"I was absolutely astounded right from the start! Everything's immaculately clean. And the whites are just beautiful.

"Cannot begin to tell you what a pleasant surprise and shock this was to me. Such a joy!

"So felt I should at least scribble you this brief word of thanks."

Mrs. Paul Schwartz



old Power®—gets out the worst kind of dirt in cold water. Germproofs too.

Putting garbage in is easier than taking garbage out.



If you're tired of taking out the garbage, put in a National Disposer Model 770C. You won't be sorry.

For one thing, it's convenient. Just drop the garbage in, drop the Magnetouch® Cover Control in place and it starts. Silverware or other items can't drop in while disposer is operating.

Another thing. A National takes even tough stuff like chicken bones and corn husks that other disposers may balk at. And should it jam, the exclusive Reversomatic II® Control will eliminate the jam automatically.

What's more, a National is quiet because it's completely insulated. And durable because the grinding direction is reversed each time the disposer is started, which doubles the life of the grinders. Like more details? See your dealer, or write.

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FAMILY AIR FARES



When the whole family goes by plane, only Dad need pay the full fare anywhere in the U.S. except Hawaii and Alaska. On a Family Plan fare, the rest of the family gets discounts ranging from two-thirds to one-fourth off the price of their tickets.

If you want to travel from coast to coast and will be back home in 30 days, you can trim $90 off your airline ticket flying Excursion fare.

And if you're headed overseas, you are probably eligible for special Tour fares that save you money.

There are almost as many special airline fares as there are airports, but the multitude of different prices isn't meant to confuse you. It is meant to fill airplanes with passengers—and that means you.

To attract more people to go by plane, airlines lower their fares at various times of the week and year when air traffic normally is slack. Take the time to find out when reduced fares are available and how you can qualify for them. This could save you a surprising amount of money—often enough to extend your stay at the destination.

The Family Plan works like this: flying coach between Monday noon and Friday noon, one parent pays full fare, the other pays two-thirds of full fare, and children two through 21 pay one-third fare (children under two fly free if they don't occupy a seat). Flying coach on weekends or first class anytime under the Family Plan, the first parent pays full fare, the other parent and children 12 through 21 pay three-quarters fare, children two through 12 pay half.

The amount of the discount varies slightly on some airlines, but the general arrangement is the same. If there is only one parent heading the household, the Family Plan still applies. In this case, the parent pays full fare, the oldest child then pays the second parent fare, and the other children receive the normal discounts applicable to their age group.

Suppose there are five of you, including children aged 15, 11, and 9, and you want to fly from Chicago to Los Angeles and back. The standard full fare round-trip coach ticket costs $210.90 plus 5 percent federal tax. The regular bill (figuring your children under 12 at half fare) would come to $843.60 plus tax. But under the Family Plan, the same trip costs you only $562.60 plus tax. You save about $280.

For travel in parts of the Rocky Mountain West, Southwest, and Midwest, Frontier Airlines has a special kind of family bargain: the head of the family pays full fare, the mother half fare, and all children under 22 one-quarter fare. This plan applies seven days a week.

With every airline, all Family Plan tickets must be purchased at the same time to qualify for the discount. But you need not make the entire round trip together. Traveling one way together is enough to qualify for Family Plan. That's especially helpful on a business trip-vacation combination; father can take care of his business obligations before or after the family vacation.

Family Plan fares apply only to flights within the U.S.—not including Hawaii and Alaska. But there is an exception: First Class Family Plan fares from the U.S. to Mexico. (One parent pays full fare; the other parent and children 12-21 pay two-thirds; children 2-12 pay one half.)

Excursion fare discounts are designed to promote travel to certain locations and events or at certain times. For instance, a $200 (plus tax) coast-to-coast round-trip excursion fare is $90 cheaper than the standard adult coach fare; children 2 to 12 pay half the excursion fare. A round-trip jet flight from New York to San Juan, Puerto Rico costs $121.50 during the off-season, but the excursion fare is $90 for night flights most of the year. Off-season, a New York to Rome round trip normally costs $544.40; on an excursion ticket, the price drops to $409.

All excursion fares place limitations on *when* you travel. Most domestic excursions must be completed within 30 days, and you cannot use the return portion of your ticket before a certain length of time has passed. Nor can you travel on the airlines' busy days or during rush-hour periods.

Usually, excursion fares to the Caribbean and the Bahamas are on a 17-day basis; most to South America and the Pacific carry a 30-day limit. Those to Europe are on a 14-to-21 day basis: you may not return to *Continued*

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New PRUF!™ Spray Starch won't clog. Won't stick or gum up your iron. Won't flake or scorch your clothes, either. Performance and quality of PRUF! are unconditionally guaranteed. If not fully satisfied, purchase price will be refunded.

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Coffee spilled on a shirt washed and starched at least six times with PRUF! wipes off with hardly a trace!



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FAMILY AIR FARES *Continued*

the U.S. before 14 days, and must return on or before the 21st day. Trans-Atlantic excursion fares to Europe are not offered between June 10 and July 4, nor between August 5 and 22; excursion-fare passengers must fly between Monday and Friday mornings. Similar restrictions apply to other areas, so check with your travel agent when you plan your trip.

Tour fares are worth checking into for travel abroad. Some allow you to go it alone; others require traveling in a group. In either case, a specified dollar amount of ground arrangements at your destination must be paid for *at the time you buy your airline ticket*. For Europe, that's usually $70 and can cover such things as accommodations, sight-seeing tours, ground travel, and car rentals.

On an individual trip, the "inclusive tour-basing" round-trip fare from New York to London is $270.00—plus, of course, $70 for the advance ground arrangements. Compare that to the regular New York to London excursion fare of $300. And the bargains aren't just to Europe. A 90-day round trip from Los Angeles to Tokyo costs $584, plus $200 ground arrangements, on the "inclusive tour-basing" fare during the basic season (October to June). Traveling regular economy rate, you'd have to pay $684 during the basic season or $722 during the peak season (July through September). You can fly from New York to Lima, Peru for $429 (the 30-day excursion fare is $465) when you purchase an approved tour costing at least $100 to go along with that fare.

You save even more on the "group inclusive" tour fare. For example, round trip New York to London costs $230, plus $70 ground arrangements; New York to Rio de Janeiro, Brazil, $405, plus $90 ground arrangements (normally $522 for 30-day excursion, $627 for economy coach). To be eligible for the "group inclusive" tour fare, you must be part of a group of 15 travelers. However, you don't have to know the other passengers, because your travel agent or airline usually forms one among people who all depart at the same time and have the same itinerary and accommodations abroad.

But don't let the "group" or even "tour" labels confuse you. Despite the prearranged ground plans, there are often opportunities for considerable individual sight-seeing and travel at your destinations. When you fly under the "group inclusive" fare plan, you must make a deposit of 25 percent of the air fare portion of the tour package 30 days before departure. The deposit is non-refundable if you decide to cancel after that.

Whatever bargain fares you arrange, remember that if your overseas trip originates in other than a "gateway" city like New York, Los Angeles, or Miami, you can get Family Plan discounts on the U.S. portion of your flight.

Youth fares are a particular boon for students attending out-of-state schools. Most domestic airlines offer these reduced rates—as little as half fare on jet coach flights—and they're available on wait-list or standby basis for youngsters 12 to 21 who have purchased (for about $3) a membership card issued by the airlines. Students generally apply for a card from the airline that serves the route from their home to campus, but they can also use it on most other domestic lines. On a few local air carriers, a card-holder wishing to be assured of a seat on a specific flight can use his card to get a *reservation* at one-third off the regular coach rate. Of course, there are certain "blackout" periods when youth fares are not available, such as during rush hours and peak holiday periods.

Bargain fares are offered by airlines in many areas. There's an 18-hour excursion trip from Miami to Freeport in the Bahamas for $22.50 when you buy your ticket from Eastern

Continued

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Highest in polyunsaturates, lowest in saturated fat of all margarines. Ideal for patients on modified, reduced fat diets.

Why safflower oil? Because it's lowest in saturated fat, highest in polyunsaturated fat,* of all oils. And every pound of Chiffon® Margarine contains over 1¼ cups of pure liquid safflower oil. This gives Chiffon a 4 to 1 ratio of polyunsaturated fat to saturated fat—highest of any margarine —even higher than corn oil margarines.

And flavor? Because Chiffon Margarine is made soft with light delicate safflower oil, it never has that "fatty" margarine taste. Chiffon really has the delicious melting flavor of the "expensive spread."

Free Booklet. For further information on balancing the fats in your diet, send for Chiffon's booklet, "Diets To Live By": P. O. Box 4783, Clinton, Iowa 52733.

*All the polyunsaturates in Chiffon are the natural or cis-cis form. The typical iodine value of safflower oil is 143 and the typical linoleic content is 73%

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Decorating with Royalcote panels is easy and surprisingly inexpensive. 4′ x 8′ hardboard panels go up fast with Royalcote adhesive (no ugly nail holes). Job takes on professional look when finished with Royalcote metal or vinyl-covered wood moldings. Only the Royalcote brand offers Ceylon or Kashmir Teak, French or English Walnut, and travertine-like Marbletone. See them all at your Building Materials Dealer. And send for booklet on decorating ideas, color hints and complete application instructions. Yours free from Masonite—the company that created Royalcote panels.

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FAMILY AIR FARES *Continued*

Airlines in Florida. Bonanza Airlines has a $90 ticket (plus tax) that's good for 15 days' unlimited travel on its routes from Los Angeles. Eastern's shuttle flights operate between New York's La Guardia field and both Boston and Washington on an hourly, guaranteed-seat basis for $16 to Boston, $18 to Washington (both fares include tax); other airlines have similar flights at the same cost. Western operates fan-jet commuter flights between Los Angeles and San Francisco for $13.50; between Los Angeles and Las Vegas for $13. From Chicago there's a 17-day "triangle trip" for $211.90 plus tax that takes you to New Orleans and San Francisco or Los Angeles on Delta Airlines and any other line connecting Los Angeles or San Francisco with Chicago.

On a "circle tour" combining routes of Eastern, United, and Western airlines, add $25 extra to a cross-country coach ticket and you can stop off first in either Mexico City or Acapulco before flying to Los Angeles ($38 extra to San Francisco). Frontier Airlines has a $100 "Vacationland" fare that permits you to see up to 14 western states, nine national parks, 32 national monuments, and 114 cities in 30 days. (Children under 22 traveling with their parents pay $50.)

Other special fares permit clergymen to obtain a 50 percent discount on small air carriers. Military personnel can fly on all airlines for half fare on a standby basis (two-thirds fare on a confirmed reservation basis), subject to certain blackout periods. Anyone visiting you from a foreign country, whose trip originates more than 100 miles from our borders, can purchase a special "See the U.S.A." ticket for $150 that gives him unlimited air travel for 30 days on certain domestic airlines—and a straight 25 percent off on domestic flights on other lines.

When looking for bargain air fares, always keep in mind seasonal and other time restrictions of air travel. "Early-bird" flights—departing before 4 a.m.—and night flights are often cheaper than peak-period daytime flights. And some reduced fares are based on flying to certain destinations on specific days of the week.

Flying abroad, off-season fares run roughly 8 to 12 percent below the on-season prices. Standard economy fares *to* Europe go up between about May 22 and August 3; fares coming *from* Europe go up between July 17 and September 28. The on-season to the Orient is July through October; to the Caribbean, the winter months are on-season.

To save money, check with your travel agent about timing, available tour packages, and special fares geared to your interests. He's a professional, and it's his business to keep up with constantly changing air fares. So remember to ask about special fares when you are making ticket reservations. Chances are, he'll be able to save you money. ■

HOW MUCH YOU PAY ON A FAMILY PLAN TICKET

	Father	Mother	Children 12-21	Children 2-12	Children Under 2
Coach Fare Monday Noon to Friday Noon	*Full Fare*	*⅔ Fare*	*⅓ Fare*	*⅓ Fare*	*Free*
Coach Fare Weekends	*Full Fare*	*¾ Fare*	*¾ Fare*	*½ Fare*	*Free*
First Class Fare Anytime	*Full Fare*	*¾ Fare*	*¾ Fare*	*½ Fare*	*Free*

• *Discounts are usually not allowable from noon to midnight Friday; from noon Sunday to noon Monday; and on certain holidays.*

•• *Children under two fly free so long as they do not take a seat.*

A "Towel Sandwich" Proves Dirt Can't Hide From New Intensified Tide!

(A Towel Sandwich?)



1. Nutty? Nope. It's another way to show you dirt can't hide from Intensified Tide. We took three dirty towels . . .



2. sewed all three towels all the way around—to make a towel sandwich.



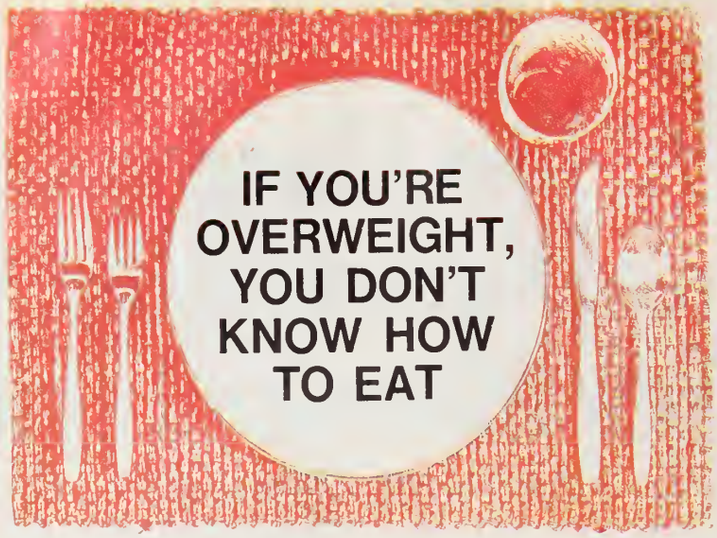
3. Then dumped them in the machine with a regular wash and New Intensified Tide.



4. We unraveled the stitching when the wash was done. Outside towels? Clean, of course. Towel hidden inside? Surprisingly clean!



5. Results like this mean your whole wash has to be cleaner looking . . . and it is! Cleanest wash you can get. *Dirt Can't Hide from Intensified Tide . . . Strongest Tide in Detergent History!*



IF YOU'RE OVERWEIGHT, YOU DON'T KNOW HOW TO EAT

If you are overweight now—by 50 or 25 or 15 pounds—you should face a simple fact. You probably never have known how to eat properly. Another fact: If you have carried excess pounds with you for more than two or three years past age 25, there is a good chance you may never learn good dietary habits.

Nothing is stronger than dietary habits developed over many years. They are among the most ingrained of all personality traits, and changing these habits, no matter how incorrect, is not an easy task.

What you eat—and what you really need in the way of food—are as different as night and day. Some people (little old ladies, for example) shouldn't eat much more than 1,000 calories a day. A young ditchdigger, however, should eat up to a total of 4,500 calories a day. It all depends on the person—and his way of life.

Most of us should be eating about 1,500 calories (women) or 2,500 (men) a day. That's really not an outrageous amount of food by the standards of years ago, but it's more than enough for today. Most men and women between the ages of 20 and 40 can maintain their normal weight only by eating near these caloric levels. But how many people actually do this? According to estimates by experts, over a third of all overweight Americans won't even admit they have a weight problem. And the overweight person usually has lived with the problem for a long time.

Statistics bear out that overweight does run in families, but in recent years there has been some new thinking on the reasons why. If you are overweight, it's a good bet (80 percent) that both of your parents were overweight, or a fair bet (45 percent) that at least one of your parents was overweight. Why? Many scientists attribute this to the fact that, with two overweight parents, you seldom witnessed correct eating at the family table. Now, as an adult, you are still practicing poor eating habits learned during childhood years. But if one of your parents ate properly and maintained normal weight, you had one good example to follow. And this one good example influences you long beyond your childhood years, when eating habits should change radically.

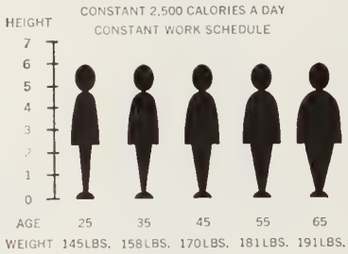
After age 25, your actual caloric requirement is reduced by about five percent for each decade. If at age 25 you maintained a steady weight by eating 2,000 calories a day, by age 55 you should be eating 15 percent less, or only about 1,700 calories a day.

The fact is that very few overweight people who do diet actually succeed in keeping lost pounds off. Dieting is so often a sometime thing, with 90 percent of all dieters gaining their lost weight back again. Thus if you are overweight past age 25, there is a very good chance you will get *more overweight* in time.

Little changes in your eating habits mean a lot.

It is probable that in the distant past there were very few overweight people. Once our ancestors were past the tremendous bodily demands of the teen-age years, they had to face the rigorous demands of hard physical work. For example, yesterday's typical farmer burned up 1,500 more calories a day than today's typical desk worker. Grandmother burned up 1,000 more calories than today's housewife—with all her laborsaving devices.

The world we live in has changed so drastically that we must correct our own appetites to what would have been practically a starvation diet for our forebears. Your appetite does adjust to this phenomenon, but not completely. Most of the responsibility—as you may have suspected by now—is on your shoulders.



The illustration above shows what happens to a man 5 feet 6 inches tall who keeps on eating 2,500 calories of food a day from age 25 until age 65. At 25 he is in perfect balance, weighing a trim 145 pounds and not gaining an ounce. But soon after, even while maintaining the same diet and work schedule, he starts to put on weight. He weighs about 158 pounds by the time he is 35, slightly more than 180 pounds at 55, and more than 190 pounds at 65. These figures are calculated to account only for his body's decreasing need for food as he grows older. It does not allow for the normal decrease in activity usually experienced as one gets older, which also would affect the figure of our example man.

What has happened is a slight maladjustment magnified by years. It is just this type of creeping obesity which is the dismay of so many Americans. You actually don't have to eat more to put on pounds; in fact, *you must eat less just to stay the same weight.*

Yet a corresponding slight change in your normal eating habits can correct this imbalance. For example, eliminating a single extra slice of bread without butter a day (80 calories) will subtract eight pounds that you could have gained in a year. But consistency is the first commandment here, and if you slip for a couple days, catching up is extremely hard.

Of course, if you have let your weight increase for some time, you will need some rather rigorous abstinence just to bring your weight down to normal. But once your weight is correct, slight changes in your eating habits can keep it under control. Under no circumstance is it necessary to live on grapefruit and toast for the rest of your life.

One meal a day, three, or six?

Your eating habits are governed to a great extent by your concept of meals—in particular, your idea of how many meals you should eat each day, and when. The traditional three meals a day at morning, noon, and night are still considered the standard, but there is nothing sacred about this schedule. In fact, there is evidence few Americans actually eat three squares a day, or even should.

Many fat people resolutely starve themselves through breakfast and lunch, then eat all evening and part of the night—or simply one protracted meal. This habit has earned the name of the "night-eating syndrome," and its net effect is to make people fat.

Eating nearly your entire daily caloric supply just before bedtime—when your body least needs it—is a certain method of putting on weight. When you

Continued

What percentage of fat people can attribute their overweight to improperly functioning "glands?" Is it 5 percent, 25 percent, or 90 percent of all overweight persons?

It's "zero," says Dr. Fredrick J. Stare, professor and chairman of the department of nutrition in Harvard University's School of Public Health. "Many people try to excuse their obesity by blaming it on some vague malfunction in their bodies," says Dr. Stare, "when actually it is a poor approach to eating and the lack of physical activity that is putting on the excess weight."

A few specific illnesses are related to the problem. Dr. Stare points out. Overweight can be a secondary manifestation of such diseases a hypothyroidism, functional hypoglycemia, and Cushing's disease. However, these are all serious illnesses, and the chances are very remote that any overweight person is suffering from any one of them if he is otherwise healthy. Of course, you should consult your family doctor if you are still convinced your overweight is caused by such an illness and not by overeating.

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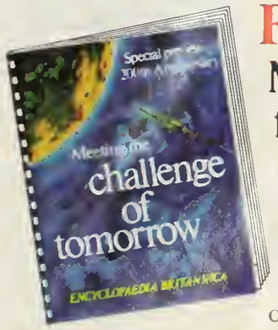
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IF YOU'RE OVERWEIGHT

Continued

are sleeping, the fuel you burn goes just to perform the work of staying alive, namely running your heart, lungs, kidneys, and so on.

Such a schedule also fails to supply you with sufficient energy to cope with daily chores. Skipping breakfast and lunch just saps your body of the fuel it needs to run all day. *The single most common characteristic of all overweight people is the fact that they skip breakfast.*

Some overweight people are better off eating moderately five or six times a day instead of stuffing themselves with one—or even with three—meals. You can't escape calories this way, but it might be a more efficient method for your body to burn the calories you do eat. The idea is this: if you are going to take on a heavy load of calories once or twice a day—at a rate that does not match your use of those calories—your body will store any excess in fat tissues.

By "scientific" nibbling, you could ingest the calories frequently and in small amounts, so they are quickly used up and do not go into storage as fat. By adding three more meals—midmorning, midafternoon, and before bedtime—to your regular three-meal-a-day schedule, and by carefully controlling the calories in these meals, you could easily maintain your weight, and maybe even lose a few pounds.

New plan counts your calories.

There is no escape from calories. Instead of scoffing at calorie counting if you are overweight, consider yourself lucky that such a simple way for calculating your trouble has been discovered. One new method does all calorie counting for you, and even gives you a great variety of meals. It is based on the "exchange list" concept originally developed for use by diabetic patients, but since adapted for general use.

This plan gives you two lists, one outlining daily meal plans for different daily caloric levels (1,000 calories a day, or 1,500 calories a day, etc.). This list suggests for each meal only the number of selections from the six major categories of food (milk, vegetables, fruit, bread, meat, and fats). A second list breaks down the major food categories, allowing you to pick and choose among them, guided by the number of selections.

To choose a breakfast on a 1,500 calorie diet, for example, the meal plan list would tell that you may eat: one meat exchange, one bread exchange, one fruit exchange, one-half milk exchange, and two fat exchanges. Then, to find out precisely what you can eat, the major food listing tells you that for one meat exchange you can "exchange" among eggs (one), or meat (one ounce), or American cheese (one-fourth cup), etc. For your two fat exchanges you can "exchange" among bacon (two slices), or butter (two teaspoons), or heavy cream (two tablespoons), etc. And so on through your meal.

This plan allows you to forget about calories, for they have all been carefully counted in the listings. It also allows you to "exchange" foods freely within major food categories to develop a variety of meals.

The "exchange list" concept is given a thorough explanation in a new Better Homes and Gardens book called *Eat and Stay Slim*, which will be published in March, 1968.

Some hints for intelligent eating.

Many overweight people try to deemphasize food by gulping it down so fast they don't see it. They succeed in the sense that they seldom have any memory of having eaten and soon feel empty and ravenous again. But, this certainly isn't a sensible way to eat.

You should make the most of your mealtimes, while eating what you're supposed to eat. Good conversation around a dinner table is particularly worthwhile. Try to eat in pleasant surroundings, where it's quiet and the pace is slow. Eat slowly, chew well, enjoy whatever you're eating. You even could take an interest in the ceremony of eating: choose attractive place settings; vary seating arrangements; develop family customs; emphasize gracious etiquette.

These simple devices have a serious purpose: to divert you from the transitory pleasure of filling your stomach to the more intangible pleasure of dining well. It's a technique that can help you to much wiser eating habits, with much more enjoyment of the food you do eat.

FAMILY HEALTH NEXT MONTH:

- ***How to keep your blood pressure normal . . . and what you can do if it isn't.***

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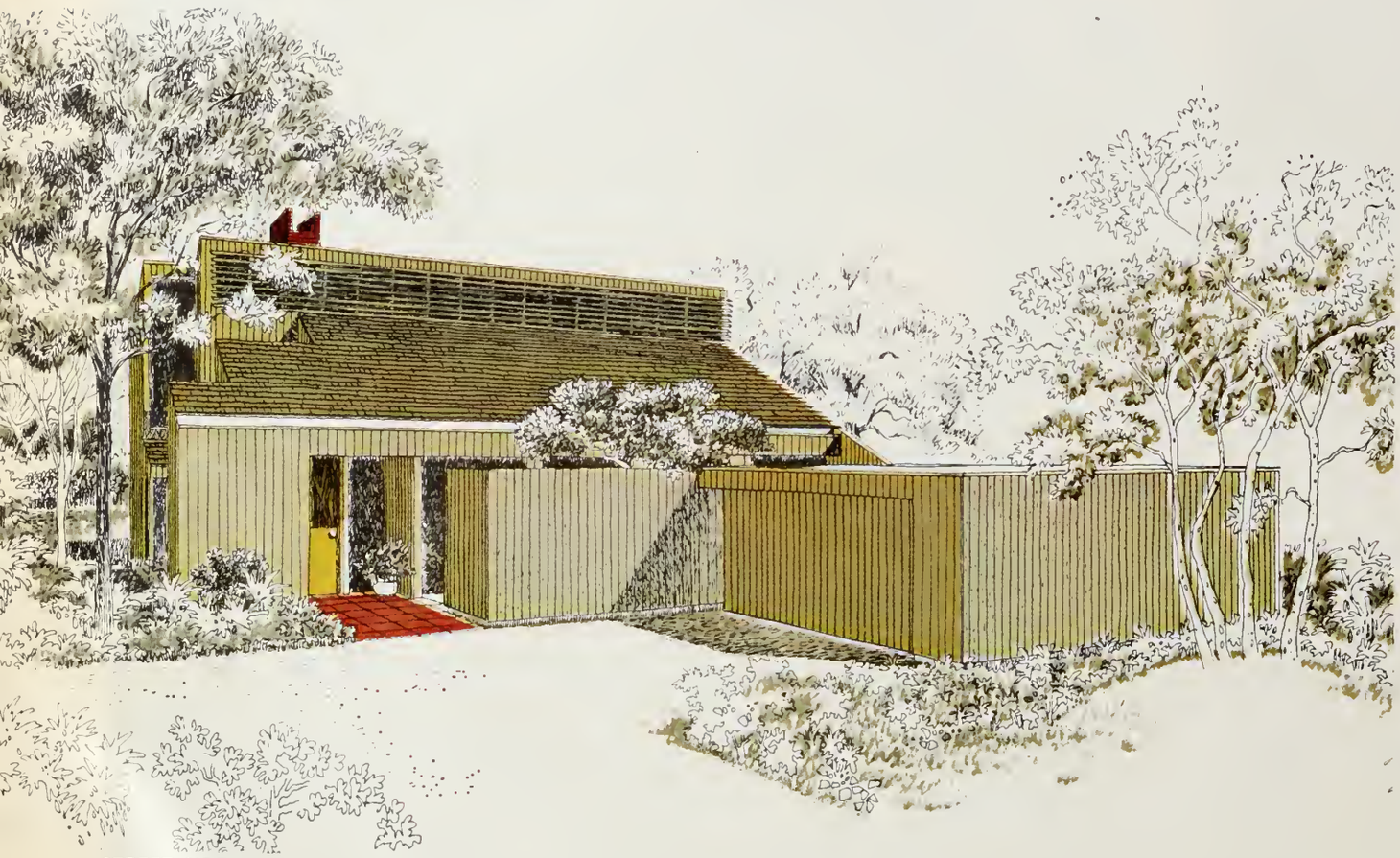
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THE FIRST OF SIX FAMILY HOUSES SPECIALLY DESIGNED FOR BETTER HOMES AND GARDENS

By Noel Seney, Building Editor

Would you like the services of a distinguished group of architects to plan your next house? Each architect was commissioned to design a true family house—and the result is a range of price levels, plan and style approaches. We feel that you and the building industry will net the benefits of talents never before widely applied to the business of housing.



STREET SIDE

Kicking off our series is a house that represents a new approach to the problems of today's families. Designed by Clovis Heimsath Associates, Houston, the house fulfills the needs of the family that wants a glamorous, exclusive adult area and the practical, everyday facilities children require.

Above From the street, the fresh styling has a contemporary look. The vertical siding adds to this effect, and the wood shingle roof softens the overall appearance. The clerestory peak has removable windows that light the upstairs hall; a louvered screen of 1x6s cuts the glare of direct sun.

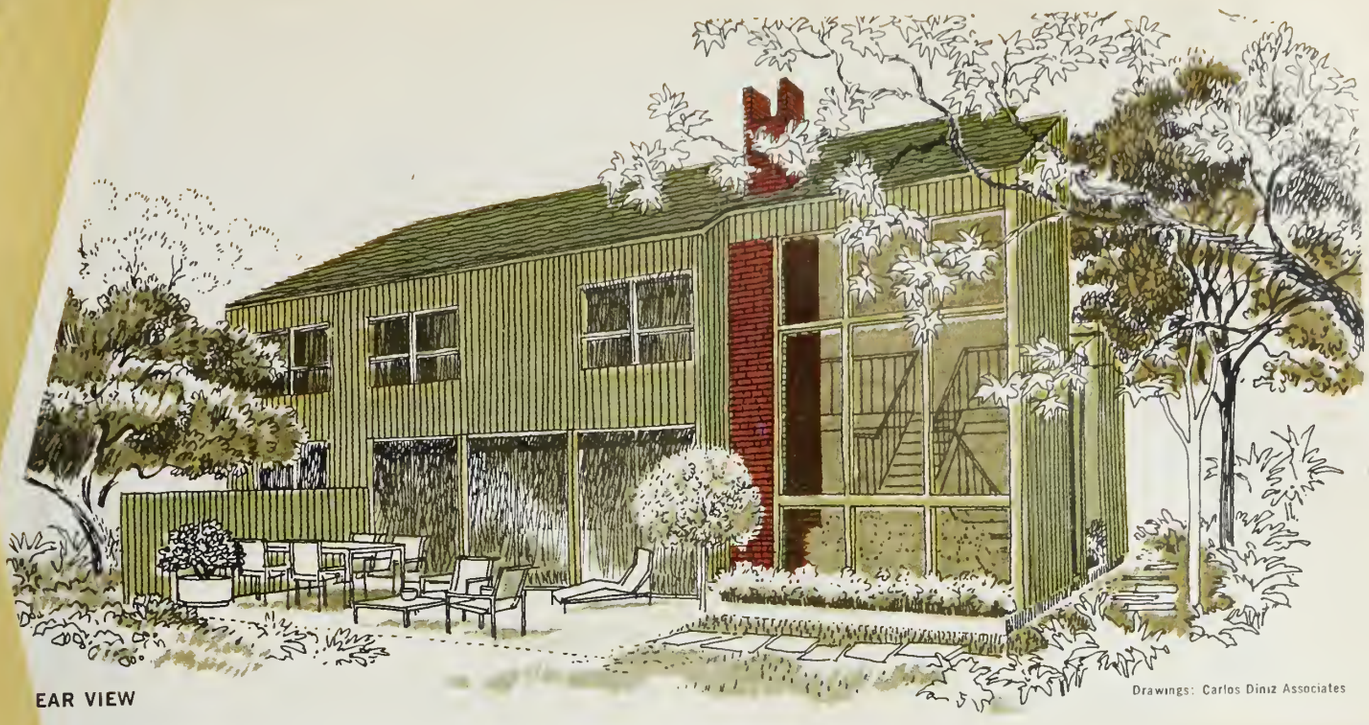
Above right The back of the house is just as simple, and you can see how the large glass areas capitalize on the backyard. And the two-story glass area scoops in a view that adds excitement to every trip up or down the open stair.

The floor plan on the inside of the gatefold shows you exactly how this house solves the problems of a young family. Downstairs, the house is divided evenly into a formal living area and an informal, all-family area. The living-dining area can be reserved for adults only when the two of you want to be alone or when you have guests.

Meanwhile, the back half of this floor neatly functions as a children's area, with equal access to the fireplace and TV. And, because of the location of the stairway, bedroom-bound traffic from either the family room or living room doesn't pass through the other.

The overall dimensions of the house and garage together are 50 feet wide by 72 feet deep. Living area totals 2,292 square feet.

FOLD OUT PLAN →



EAR VIEW

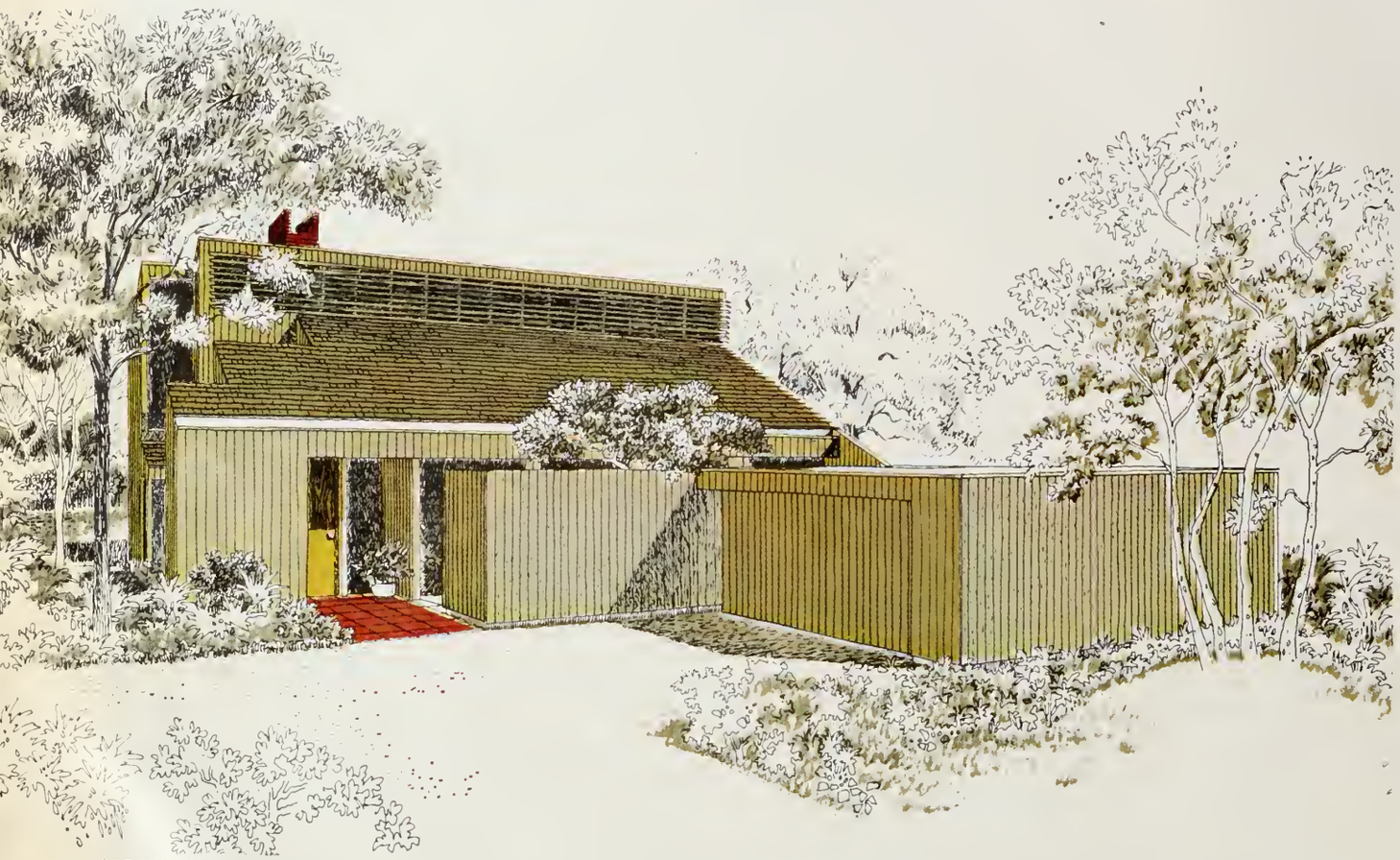
Drawings: Carlos Diniz Associates



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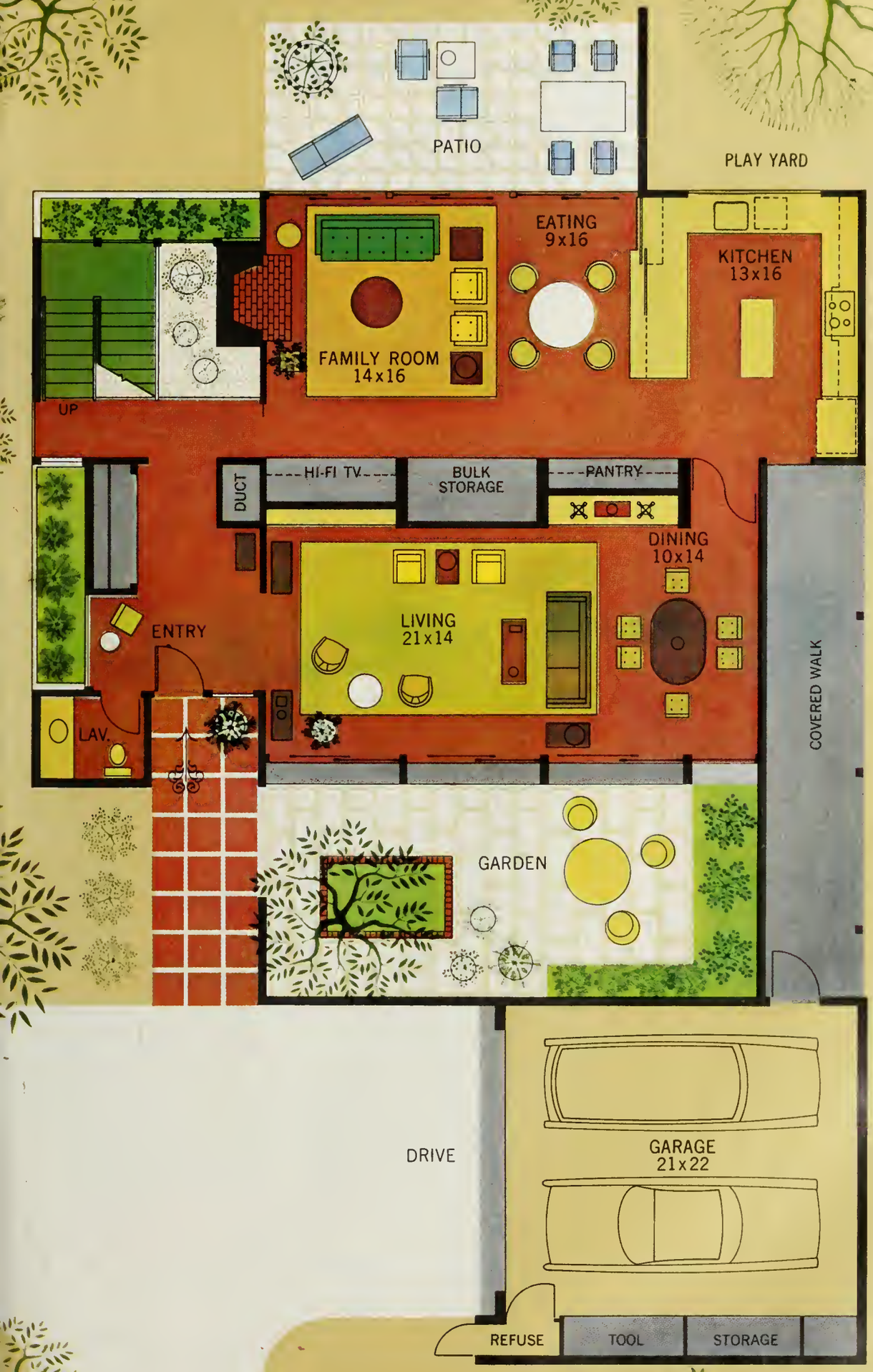
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FOLD OUT PLAN →



The location of the kitchen is ideal: it overlooks the backyard, shares the space and activity of the family room, and is only a step away from both the formal dining area and the more informal eating area.

The dividing wall between the living and family rooms is a hard worker—on both sides. The pantry is your own personal supermarket; the bulk storage unit takes everything from card tables to cleaning equipment; and the hi-fi and TV space also holds records and games. On the other side, there's storage and a buffet.

The covered walk and garden are both very important elements, even though they are both outside. The walk provides a protected, car-to-kitchen route that saves steps—and the rest of the house. The garden buffers house from street.

FIRST FLOOR PLAN

ow The glamorous living-din-
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shallow storage area.

The interesting ceiling was
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en, next to the glass wall, it re-
ats the slope of the roof. This overhead niche creates an opportunity for dramatic, semi-concealed lighting.

The garden area is big enough to let you plan whatever you choose, with space left over for plenty of outdoor furniture. Although it's out front, the garden is so private that even guests don't get a glimpse till they reach the front door. The garage contributes to this privacy—and it seems a part of the house because the siding is continued across the back garden wall and into the dining area.

With furniture arranged like this, the dining area is about 10x14. And that seems larger with the living space and the outdoors joining it. The recessed buffet also expands the usable floor space. The draperies pull from the left all the way across the glass wall.

THE WHOLE FIRST FLOOR FUNCTIONS LIKE NO HOUSE YOU'VE EVER SEEN



p right Here's the stairway that takes is house out of the ordinary. Instead of ing cramped in between two walls, it's en and joins an indoor planting area. oth plants and steps get plenty of light rough the two-story-high glass area; ere is even a window below the landing d another at the foot of the stairs.

The location of the stairway plays a big rt in the peace and quiet of this house, o. Because it is in a corner like this, up d down traffic doesn't disturb the rest the house.

Middle right Looking from the kitchen, u can see how the family room does so uch so well. First, there's the informal ting area with a table that does double ty for games, too. With the five sus-nded light fixtures, it's bright enough for mework and sewing.

Beyond, the whole family can be seated mfortably around the fireplace. This ar-ngement works great for TV, also—it's dden in the built-in on the left. The space ere is big enough to squeeze in a play n if your family is in that stage, or big ough for a teen-age gathering while par-ts are socializing in the living room.

This is the area where you will want to an furniture that can take the wear and ar of all-day and all-evening use. But you on't need to worry about keeping things cked up—there's a wealth of storage in e TV built-in and in the bulk storage oset beside it.

All the floors on this level are brick-pat-rned vinyl. It has the look of the real ing and by using the same material roughout, all areas blend together.

The wall of sliding glass doors in this om does the same job it did in the living om. Here the doors open on to a patio d sweep in a view of the private part of e yard in back.

Bottom right Take a good-sized U-shape ounter, then add a lineup of appliances nd an island—you'll have a kitchen as onderfully efficient as this one.

There is plenty of counter space beside e sink, the built-in range, and the busi-ess side of the refrigerator-freezer for all e things that take space at breakfast or nchtime.

When dinner gets under way, the island only a turnaround step from anywhere the kitchen. The nearer counter can be sed as a serving bar—or be used for the xtra clutter of big party and holiday meals. that case, just pull one of the sliding ood panels at left across and the clutter hidden.

The step-saving island is topped with a hopping block for special jobs. Below, two rawers open from either side and there's xtra cabinet space, too.

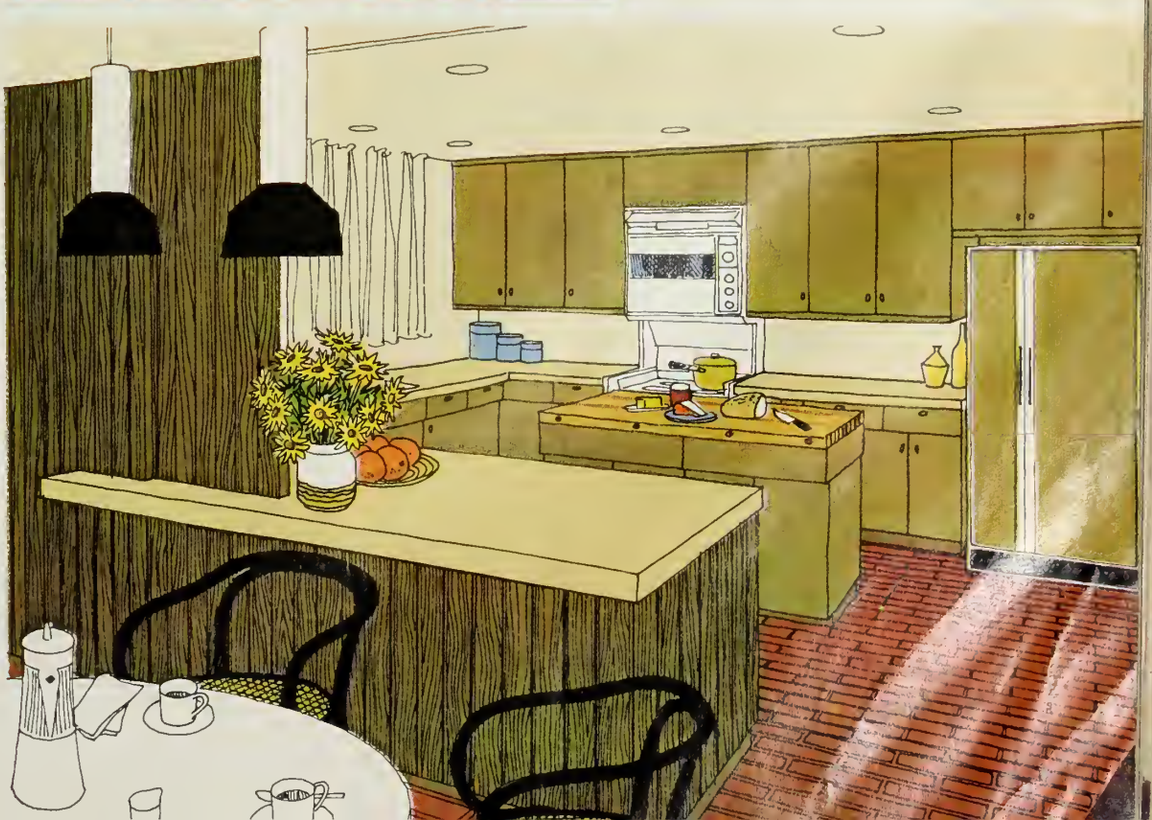
Recessed spotlights scattered about the eiling guarantee you'll never throw a hadow on your recipes. Control them with dimmer switch to make the kitchen un-btrusive during dinner.

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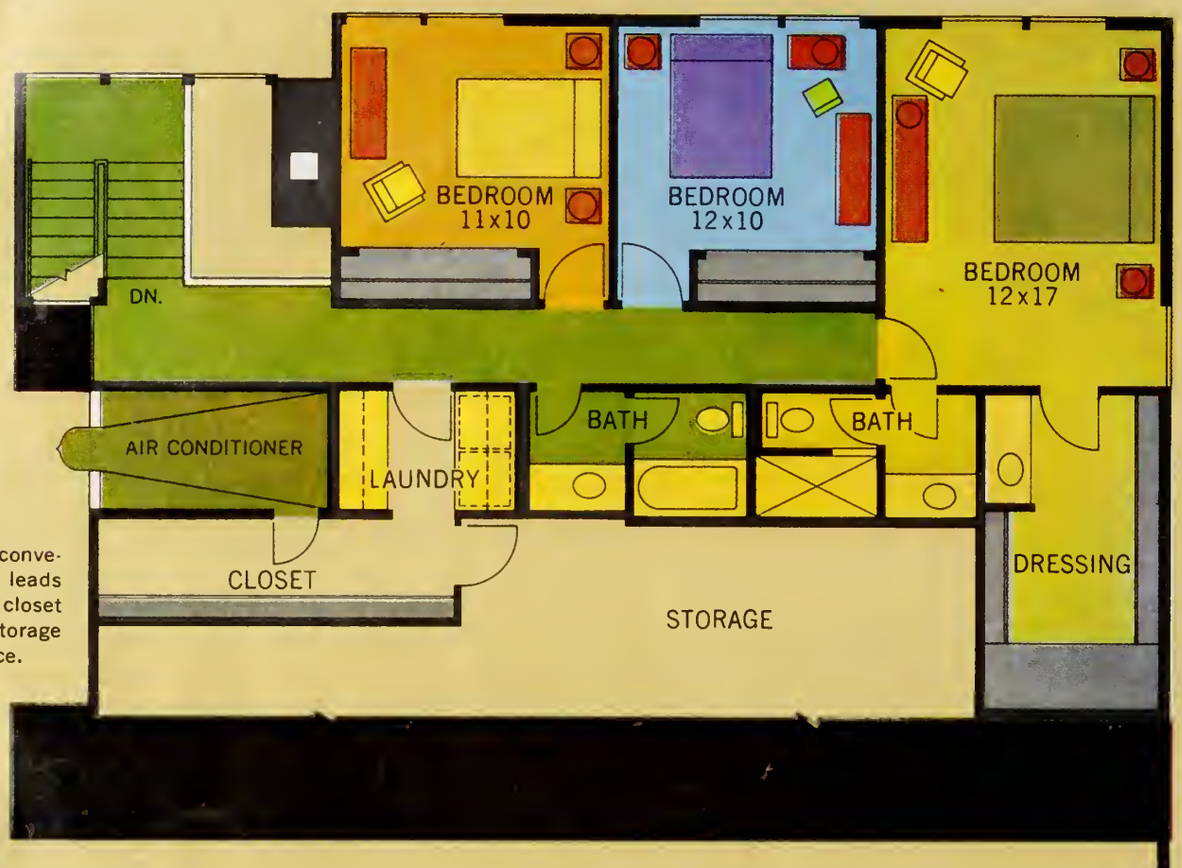
ou can visit a duplicate of this house at 100 Greystone, Northwest Hills, Austin, exas; Walter Carrington/Builder.







All three bedrooms line up across the back, away from the street for view and for quiet. The two children's rooms share their own compartmented bath just across the hall. The master bath is divided for convenience also, and there's an extra lavatory and vanity in the large dressing room. At the left end of the hall, a balcony carries traffic to the stairway—from the balcony, you can look down into the indoor garden just behind the fireplace.



Look what the convenient laundry leads to: a 17-foot closet and plenty of storage in the attic space.

SECOND FLOOR PLAN



This builder's-eye view of one side of the house shows its interesting shape. The drawing also points out the simplicity of the design—there is no expensive decoration or trim. Air conditioning equipment is concealed in the niche at the right of the upstairs window; the semicircular drain takes away any rain that collects. Inside, the ceilings of the second floor rooms all follow the pitch of the two sloping roofs.

BETTER HOMES FOR ALL AMERICA 3801-A. TO ORDER, SEE PAGE 78

ARCHITECT: CLOVIS HEIMSATH, A.I.A.

LEFT ELEVATION

p right Here's the stairway that takes is house out of the ordinary. Instead of ing cramped in between two walls, it's en and joins an indoor planting area. oth plants and steps get plenty of light rough the two-story-high glass area; ere is even a window below the landing id another at the foot of the stairs.

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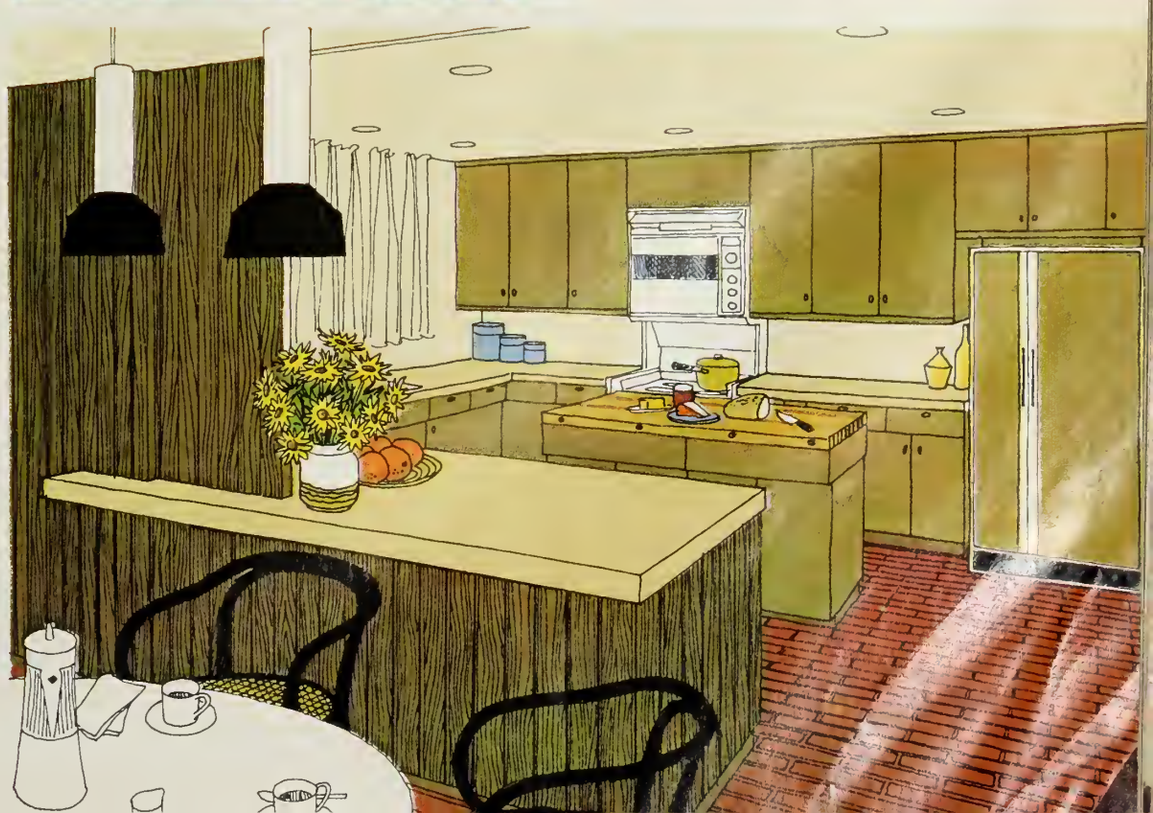
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YELLOW, GREEN, PLUM, AND DEEP BOTTLE BLUE

Here we unleash the pulsating primaries: red, yellow, blue, and green—but the result is as harmonious as a rainbow. Starting the scheme is the multicolored sofa against the deep blue wall. Colors in this central core are keyed to other areas throughout the room. Bridging these colors are some neutrals—beige, wood, and clear glass.

COLOR! HOW TO BREAK THE RULES AND STILL BE RIGHT

By Peg Rumely, Home Furnishings Editor
Nelda Cordts, Associate Editor

Today, the lid's off the paint box in decorating. You can forget the clichés of what-goes-with-what. Forget the old rules and regulations. Now the whole wonderful world of color is your oyster—and the only stricture is that a color scheme should please you and your family. This approach to color lets you come up with heady schemes that seldom—maybe never—happened before.

Look what can happen when you try new combinations—and when you are bold enough to break the rules. On these pages, you'll see multiple use of one color . . . use of all four primaries in one room . . . interplay of high-tension brights, muted tones, or a trio of neutrals. Okay, now it's your turn on the color wheel. Give it a whirl!



RED PLUS RED PLUS RED

If a little red is good, an all-red room can be sensational. Startling as it may seem—and it does take nerve—choosing a single color and using it in varying intensities is one of the simplest and most successful ways to decorate a room. Notice how each red in this bedroom helps the others to make an individual color statement.

Decorator: Sorkin, Inc.

For buying information, see page 90



HOT PINKS, REDS, AND A SPLASH OF YELLOW

An unexpected color combination can update a bath in short order. To prove our point, this bath in a typical builder's home displays a thoroughly untypical color scheme: reds and pinks plus strong yellow as an accent. Each accessory—no matter how small—helps carry the accent yellow to a snappy, smashing success. Result: big color dividend at little cost.



TOBACCO AND BLACK STREAKED WITH SILVER

Neutrals are naturals when you want a unique color combination. Because the scheme is used so infrequently, it immediately attracts attention. Stick to the neutrals and handle a trio in the bold, imaginative manner seen here. Add further drama with polished steel, chromé, glass, a lambskin rug, and a pewter lamp with lacquered white shade.

Photograph: Hopkins



GOLD, BRASS, CYCLAMEN, AND QUIET BLUE

If you've always thought high-voltage colors were taboo in a small room—forget it! In this little sitting room the grayed-blue walls and love-seat fabric make an excellent backdrop for exclamations of pinks, yellows, reds. Gold-brass of love seat (converted from a baby's crib) suggests the glowing colors of the yellow-red family. Such a show of color projects a small, unnoticed room into importance.





VENETIAN RED, COBALT BLUE

Red, heady as old wine, and blue, deep as twilight, make beautiful music. Both are bold and forthright—refuse to be ignored. The dramatic impact of two intense colors pitted singly against each other (no appeasing pastels) opens new doors in stunning solid color combinations.

Note, too, that absence of fabric pattern gives this relation a much stronger union. All the design interest necessary is found in the high-back carved chairs, and the contrasting trim and tassels on the window shades.

Photograph: Hedrich-Blessing.
Interior Designer: Lynn Rotblatt, N.S.I.D.



POPPY, VICTORIAN PINK, AND DANDELION

Here the unifying agent is warmth. A straightforward orange-pink-yellow scheme inspired by the bold, flower-splashed wallpaper proves that torrid colors can work well together. There's no watering-down or compromise—each color is poster-true, direct, and honest. This attitude lets color work in fresh ways.

Photograph: Lisanti, Interior Decorator: Warren Truitt, A.I.D., Rita St. Clair Associates, Source: Kit Tyson



ORANGE, EGGPLANT, AND TAPESTRY GREEN

Once the orange and purple combination was thought appropriate only on a football field—too garish for a living room. We calm the neon qualities of these positive colors with a muted background—grayed-green wall, white accents, a hue-harmonizing print, and a quiet gray club chair. The purple rug—improbable as it seems—is the kind of surprise that can lift a room out of the commonplace.



GREEN, PURPLE, AND A MAVERICK YELLOW

Add an offbeat color to a scheme and a room wakes up fast. Here, it's the simple expedient of changing a white wall to strong yellow. The electric yellow charges the room with just the right amount of shock value. How do you get started? It's as easy as a can of paint. Or, shiny yellow vinyl wall covering could do the job.

Photograph: Szanik Designer Stephen Reiman



ACID AND LIME WITH A POWERFUL PINK

Nature constantly unfolds unexpected color combinations, and you marvel at the beauty of the colors together. Why not take a tip and mix colors inside your home with the same uninhibited freedom? This den shows how it can be done. An outspoken pink startles an otherwise pleasantly complacent green scheme. Blot out the pink, and the vital vibrance of this room's color scheme is immediately lost.



A gardener's calendar of color

This is the first of a five-part series in which we show you, close up, some of the most beautifully flowered trees, shrubs, perennials, annuals, roses, vines, and bulbs. All are presented in scale to one another and in the order of their bloom to help you choose plants for season-long color. In this issue we cover the early- and mid-spring flowers. Then, in February, March, and April issues, we'll continue with flowers that bloom from late spring through fall. In May we'll show you how to combine various plants into a pleasing landscape. Most can be planted this spring—the peonies, tulips, and narcissus will have to wait until fall.

Narcissus. Spring gets one of its biggest color lifts from the narcissus. These magnificently formed blossoms give sparkling touches of red, yellow, white, pink, and gold wherever you plant them. Representing some of the types and colors are: (clockwise from bottom) Spitzbergen, white trumpet; Music Hall, bicolor trumpet; Belisana, large-cupped; Birma, small-cupped; and Binkie (center), reverse bicolor.

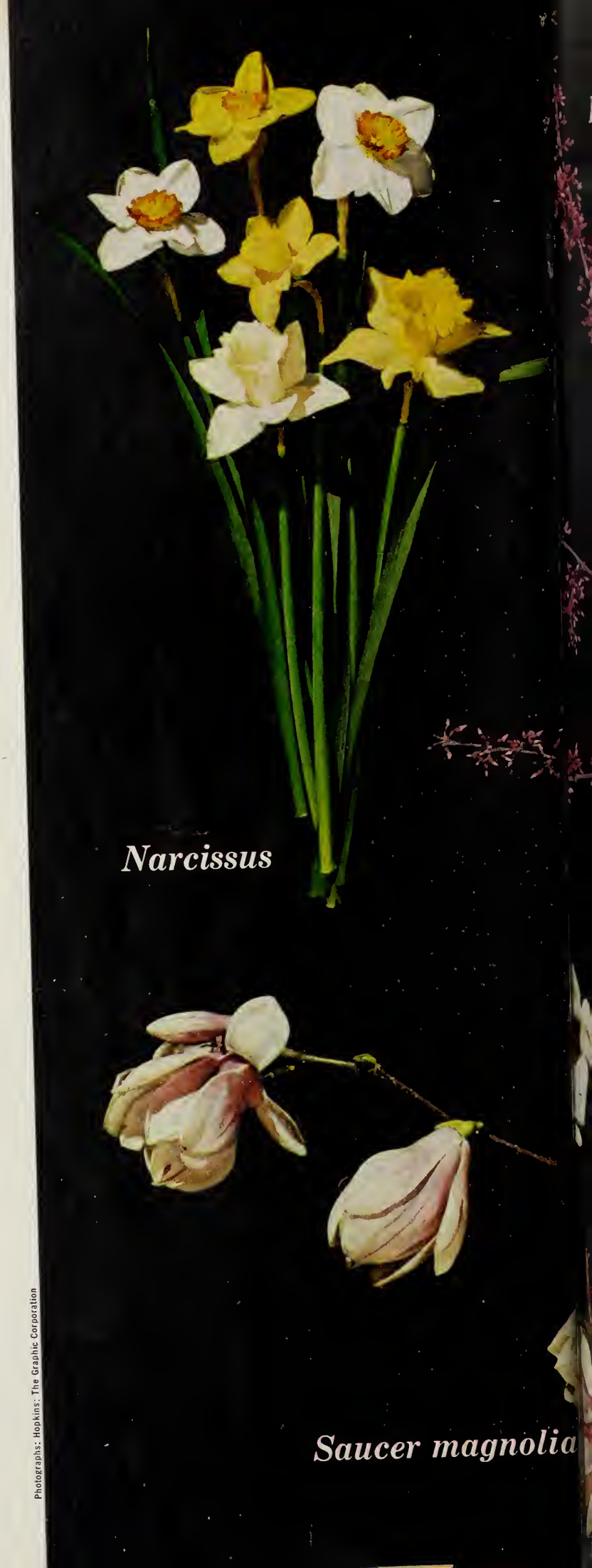
Redbud. Small, purplish pink blossoms completely cover the artfully placed branches of this small, ornamental tree for an early spring display. The heart-shaped leaves turn a clear yellow in the fall. Use as a specimen plant or work into the shrub border.

Manchurian crabapple. This first-to-bloom of the flowering crabapples looks like a giant snowball when it covers its rounded shape with dazzling white blossoms. It grows to a height of 25 feet and gets nearly as wide. The coldest winters don't faze the tree's vigor or full-flowering habit. If you prefer color, choose a red or pink variety.

Saucer magnolia. Soon after the last snow melts, hundreds of saucer-size white-and-pink blooms cover this thickly branched tree from top to bottom. The well-rounded tree is hard to beat as a specimen or as a background tree. There is a pure white form as well as varieties that are blushed red or purple.

Tulip. Spring would lose most of its punch if the many varieties of tulips weren't around to brighten the landscape. The early double tulip, Mr. van der Hoef, represents the tulip family here. Other doubles come in a full range of colors—most effective in massed plantings. ***Continued***

By Hamilton Mason, Garden Editor
Larry Grove and Russell O'Harra, Associates



Photographs: Hopkins: The Graphic Corporation


Redbud
Manchurian crabapple
Double tulip



A gardener's calendar of color

Darwin tulips. The globular bright blossoms of this tall (to 30 inches), late-flowering tulip are held firmly erect on sturdy stems. In the Darwin class, the colors appear all the brighter because they are generally clear with no shadings of other colors. Representing the Darwins here are White City, Golden Age, and Charles Needham. You'll want to plant plenty of these for garden color and for arranging.

Sunset lilac. In late spring, big magenta heads generously cover this nine-foot double lilac. Deep mauve-carmine buds add a dramatic two-toned dimension to the blossom which is packed tight with big oversize florets. Use as a high background for



er garden plants or in a shrub border as a privacy een. Don't overlook the colors other lilac varieties er. Cut as many blossoms as you like—this takes e of the light pruning needs.

bel honeysuckle. This comparatively new honey- kle has two features that distinguish it from the er varieties: the best red flowers in the family, and tinctive bluish foliage. The Zabel variety grows to sturdy nine feet if left untrimmed, but you can p it pruned to a five-foot height.

eeping phlox. Low, soft mounds of blue, red, pink, white flowers contribute to the beauty of the ing landscape. Each plant grows 12 to 18 inches in diameter and just two to three inches tall. It is unexcelled for use in a rock garden or dry-wall planting. Short, spiny foliage makes the plant an attraction during summer. If you want extra plants, root cuttings in moist vermiculite.

Vanhoutte spirea. Although more than 100 years old, this variety is still the one against which all other spireas are judged. Small, flat clusters of bloom cover the arching branches to form a mound of white up to six feet tall. This dependable, undemanding plant is available at most nurseries and from garden catalogs. It is hardy in all but the very coldest regions and never fails to bloom each spring.

Continued



A gardener's calendar of color

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Continued



A gardener's calendar of color

Fringe-tree. This handsome, small native tree buries its branches and leaves in frilly white blossoms in late spring. Its feathered panicles of bloom perfume the garden. In the fall, the oblong leaves turn golden yellow. Although many people consider the fringe-tree a shrub, it grows to 25 or more feet of sheer beauty, making it a choice ornamental.

Bearded iris. This favorite of the iris clan has been a mainstay of the garden for the past 100 years. The big blossoms grow profusely over an extended season in late spring—wonderful for massed color and in arrangements. The foliage is a nice addition to the border, and the plants increase year after year with little



re. The blue and white variety shown is Dotted
viss; its companion Flame Kiss.

dum. As a ground cover or rockery plant in hot,
y situations, the sedums are hard to beat. Their
ick, succulent foliage is a handsome addition to the
rden, particularly in a rock garden or cascading
wn a stone wall. Most varieties flower in late spring
during the summer; colors range through red,
rple, white, yellow, pink, orange, and even blue.
dum kamtschaticum is the one shown. Plant several
nds for varied texture and color.

ony. No one needs an introduction to the peony,
t if you don't know the new kinds, you're missing the boat. The double varieties are fuller and more diversely colored; hybrids are adding new dimensions in size and vigor; and the singles and Japanese varieties are more breathtaking than ever. The pink single, Mischief, and the old faithful, Festiva Maxima (a double), represent peonies here.

Black-haw viburnum. You can trim this versatile shrub to form a single or multi-trunked tree, or let it grow into a fine 12- to 15-foot shrub. A little pruning keeps both height and spread under control. Each heavily flowered cluster produces ½-inch-long berries that delight the birds. In the fall, the bountiful foliage turns a bright shining red.

APPETIZER NIBBLE MUNCH GUIDE

By Rita Holmberg, Food Editor

Snacking is here to stay! It's the casual, fun kind of eating geared to people on the go. Appetizers, hors d'oeuvres, canapés, beverages, sweet nibbles, special dips and spreads—you'll find them all here and on the next few pages.

In case you're weight-watching, check this snack array for low-cal suggestions. Happily, medical evidence now supports the concept of more frequent, smaller meals as a method of weight control. Just keep in mind an overall balanced diet, and you can enjoy the between-meal nibbles with a clear conscience.



Bulls-eye Meatballs. Zero in on these tasty tidbits! With 1½-inch cutter, cut 4 rounds each from 10 slices white bread. Toast one side, butter other. Combine 1 pound ground beef with 2 Tbsp. grated onion, 1 Tbsp. worcestershire sauce, and 1 tsp. salt. Shape into 40 balls; make indentation in each. Place on buttered bread rounds. Broil 4 inches from heat for 5 to 6 minutes or till meat is done. Fill centers with chili sauce. Serve hot.

Gala Fruit Skewers add a bright note to an appetizer array—without adding many calories! Simply spear a colorful assortment of fruit on pretty picks. Choose fresh cherries, melon balls, pineapple chunks, strawberries, etc.—or canned fruits as the season dictates.

Smoky Ham 'n Cheese Spread is robust in flavor—a great mate for crisp celery. Combine one 3-oz. can deviled ham, one 6-oz. package smoky cheese spread, ¼ cup chopped dill pickle, 1 tsp. Dijon-style mustard, and ⅛ tsp. salt. Blend ingredients thoroughly. Stuff into chilled celery pieces.



Photographs: Snook

Asparagus Fold-overs. Trim crusts from bread; roll flat. Spread with hollandaise (from mix). Sprinkle with parmesan. Fold each over canned asparagus spear; insert pick. Brush on butter, parmesan. Bake at 400° for 12 minutes.

Coffee Aloha. Heat together 1⅓ cups flaked coconut, 2 cups milk, and 2 Tbsp. sugar. Liquefy in blender; strain. Add 2 cups extra-strong coffee; reheat. Serve with whipped cream and toasted coconut.

3-Cheese Mold. Add 1½ tsp. gelatin to ¼ cup cold water; heat. Beat together ½ cup *each* blue, shredded cheddar, cottage cheese. Beat in ¼ cup sour cream, 1½ tsp. grated onion, ½ tsp. worcestershire, gelatin. Chill in 2-cup mold.









Circle Sandwiches make colorful, hearty appetizers. Cut 2 thick crosswise slices from large round unsliced loaf pumpernickel or rye. Spread with one 4-oz. carton whipped cream cheese with smoked salmon. Combine one 3-oz. can deviled ham with 1 tsp. *each* prepared mustard and horseradish. Spread in large circle in center of each sandwich. Combine 1 chopped hard-cooked egg with 1 Tbsp. mayonnaise and a dash *each* salt and dillweed; spoon into center of ham. Score and thinly slice unpared cucumber; quarter slices. Arrange in 2 rows around edges of sandwiches as shown. Fill spaces between cucumber and ham with 1 oz. black caviar.

Plump prunes are party-special stuffed with your favorite cheese. Here, they're filled with pineapple cheese spread and topped with crisp walnut halves. You might like pimiento spread or bacon-flavored cheese. Buy pitted, "moisturized" prunes *or* pour boiling water over prunes; let stand till water cools. Drain prunes and remove pits before stuffing.

Zippy Beef-Olive Spread is a terrific topper for triangles of whole wheat bread or unsalted crackers. Soften 1 tsp. instant minced onion in 1 Tbsp. dry sherry. Blend one 8-oz. package cream cheese with 2 Tbsp. mayonnaise or salad dressing and the sherry-onion mixture. Stir in one 3-oz. package smoked sliced beef, finely snipped, and ¼ cup chopped pimiento-stuffed green olives.

Herb-Curry Dip—a sure hit with crisp vegetables as the flavorful dippers. Combine 1 cup mayonnaise or salad dressing, ½ cup dairy sour cream, 1 tsp. crushed mixed herbs, ¼ tsp. salt, ⅛ tsp. curry powder, 1 Tbsp. snipped parsley, 1 Tbsp. grated onion, 1½ tsp. lemon juice, ½ tsp. worcestershire sauce, and 2 tsp. capers, drained. Blend all ingredients and chill well. Serve with carrot sticks, celery sticks, and cauliflower buds.

GREAT SNACKING

Party Cheese Balls set a party in motion. Bring 2 Tbsp. butter or margarine and 8 oz. (2 cups) shredded sharp cheddar cheese to room temperature. In small mixer bowl, combine butter and cheese with ½ tsp. dry mustard and ⅓ cup dry sherry. Beat with electric mixer till fluffy. Chill mixture; divide into thirds. Roll each into ball. Roll one in 3 to 4 Tbsp. snipped parsley, another in 2 to 3 Tbsp. toasted sesame seed, and the third in paprika. Serve with assorted crackers.

Cinnamon-Pecan Slices Bake a batch of these for a sweet treat in a hurry! Simply cut a roll of refrigerated sugar cookie dough into ¼-inch slices. Combine ½ cup chopped pecans and ¾ tsp. cinnamon. Dip tops of cookies in cinnamon-pecan mixture and arrange on ungreased cookie sheet. Bake at 375° for 8 to 10 minutes, till lightly browned. Makes about 3½ dozen cookies.

Coconut Kisses—like a cookie, like candy—a delicious confection! Beat 3 egg whites with a dash salt till foamy; gradually add 1 cup sugar, beating to stiff peaks. Stir in ½ tsp. vanilla, 2 cups cornflakes, 1⅓ cups flaked coconut, and ½ cup chopped pecans. Drop from teaspoon onto well-greased cookie sheet. Bake at 350° for 18 to 20 minutes. Remove immediately to cooling rack. Melt two 1-oz. squares semisweet chocolate with 2 tsp. shortening. Swirl chocolate spiral-fashion atop kisses. Makes about 3½ dozen.

Fancy Franks are an easy, economical appetizer with flavor appeal. In small skillet or saucepan, combine ½ cup chili sauce, ½ cup currant jelly, 1½ Tbsp. lemon juice, and 1½ tsp. prepared mustard. Add two 7-oz. packages cocktail franks and one 13½-oz. can pineapple chunks, drained. Simmer together 15 minutes. Serve warm with cocktail picks. Half a lime on small dish makes colorful holder for the picks.





Hot Crab Cocktail Spread will make a hit at your next party. Thoroughly combine one 8-oz. package cream cheese with 1 Tbsp. milk, and 2 tsp. worcestershire sauce. Drain and flake one 7½-oz. can crabmeat. Add to cream cheese mixture along with 2 Tbsp. chopped green onion. Turn into greased 8-inch pie plate or small, shallow baking dish. Top with 2 Tbsp. toasted slivered almonds. Bake in 350° oven for 15 minutes or till heated through. Keep cocktail spread warm over candle warmer. Serve with assorted crackers—have spreaders handy.



iolden Apricot Shake n blender container, ombine 1½ cups apricot ectar, 1 cup milk, and 1 sp. lemon juice. Spoon in pint vanilla ice ream. Cover and blend till mooth. Serve with straws.

Deviled Almonds. To skillet, add 4 Tbsp. butter, ¼ cup cooking oil, 1½ cups almonds. Cook and stir till nuts are golden; drain. Blend 1 Tbsp. celery salt, ½ tsp. salt, ⅛ tsp. cayenne, ½ tsp. chili powder; stir into nuts.

Swiss Sandwich Puffs Combine ½ cup mayonnaise, ¼ cup chopped onion, 2 Tbsp. snipped parsley. Spread on 32 toasted tiny rye slices. Top each with ¼ slice Swiss cheese. Broil 2 to 3 minutes.

Welcome Wafers. Cream ¾ cup butter, ½ cup shredded cheddar, ⅓ cup blue cheese. Mix in ½ clove garlic, minced, 1 tsp. parsley, 1 tsp. chives, 2 cups sifted flour. Shape in 1½-inch rolls; chill. Slice; bake at 375° 8 to 10 minutes.

MORE TEMPTING TIDBITS



Cheese 'n Sausage Rolls. Cook 16 sausage links; drain. Cut crusts from 16 slices bread; roll flat. Mix 1 cup shredded American cheese and 4 Tbsp. butter. Spread on both sides of bread. Roll a sausage in each slice. Bake on greased baking sheet at 400° for 10 to 12 minutes. Slice.

Peanut Crescents. Cream 1 cup butter and ⅓ cup sugar. Add 1 Tbsp. water, 1 tsp. vanilla. Mix in 2 cups sifted flour, then ½ cup chopped salted peanuts. Shape in crescents on ungreased cookie sheet. Bake at 350° for 15 to 20 minutes. Roll in confectioners' sugar. Makes 4 dozen.



Sunburst Artichoke. Cook artichoke in boiling water about 30 minutes; drain. Chill; pull off leaves; trim points. Mix 1 cup mayonnaise, 2 tsp. dry mustard, 1 tsp. worcestershire. Halve 3 hard-cooked eggs crosswise; cut each half into 8 wedges. Top leaves with dab of dressing and egg wedge at base. Arrange sunburst-fashion on large plate.

Dieters' Dip. Weight-watchers take note—this snack is tasty and quick to fix. Beat together with electric mixer one 12-oz. carton (1½ cups) cottage cheese and ½ envelope (about 1 tsp.) dill dip mix. Stir in 1 Tbsp. finely diced pimiento and 1 Tbsp. snipped parsley. Serve with chilled cooked shrimp.



ed Mushrooms. Stem 1 pint
rooms; soak caps in boiling
5 minutes. Chop stems; cook
1 Tbsp. butter, 1 Tbsp. chopped
till tender. Add 2 Tbsp. dry
crumbs, a 4¾-oz. can chicken
d, 2 tsp. mustard, ¼ tsp.
estershire. Fill caps; broil.



Brussels Sprouts.
one 10-oz. package frozen
sels sprouts; drain. Mix ½ cup
n dressing, ½ tsp. dillweed, 1
. sliced green onion. Pour over
tts; chill several hours.



Pineapple Puffs
Add 1 stick pie crust mix to ⅔ cup boiling water; stir till pastry forms ball. Cook and stir 1 minute. Place in mixer bowl; add 2 eggs; beat 2 minutes on low speed. Drop from tsp. onto greased, floured baking sheet. Bake at 400° for 15 to 20 minutes. Split puffs; cool. Thaw 1 cup frozen dessert topping; fold in 1 Tbsp. chopped candied ginger. Mound topping on split puffs; top with dab of pineapple preserves.

Kabob Canapés
Slice one 12-oz. can luncheon meat. With tiny cutters, cut into fancy shapes. Cut out same shapes from bread, making 2 for each meat cut-out. Butter bread. Dip meat in catsup; place on bread. Top each with another piece bread, butter side up. Skewer with picks; top with olives. Broil till toasted.

Chicken Liver Boats
Coat 8 oz. chicken livers with 2 Tbsp. flour. Cook with 2 Tbsp. butter, 2 Tbsp. chopped onion, ½ tsp. steak sauce for 10 minutes. Add ¼ tsp. salt, dash pepper; mash well. Stir in ¼ cup light cream. Prepare 1 stick pie crust mix. Roll out; cut in 2¼-inch rounds. Place 1 tsp. liver mixture on each pastry round. Pinch ends to form boats. Sprinkle with parmesan. Bake at 425° 10 minutes. Sprinkle with paprika.

Artichoke-Ham Bites
Drain 1 can artichoke hearts; cut in half. Marinate in ½ cup garlic Italian dressing several hours; drain. Cut one 6-oz. package smoked sliced ham in 1½-inch strips. Wrap 1 strip around each artichoke. Spear with pick. Bake at 300° till hot, about 10 minutes.

Hot Garlic Olives
To 7½-oz. can pitted ripe olives with liquid, add 2 cloves garlic, minced. Chill 2 hours. Add 2 Tbsp. olive liquid to 2 Tbsp. salad oil. Add drained olives; heat.





LATE SUPPER ENTERTAINING

Whether it's après-ski or after-the-theater, the little late supper is making the scene. The formula is simple: plan casual foods you can start ahead, gather a few close friends around, and enjoy the good food and conversation. Start with big bowls of **Cheeseburger Chowder,** a hearty cheese soup filled with savory chunks of browned ground beef. **Oven-buttered Cornsticks** are the crisp bread accompaniment—and you make them in record time with three ingredients you're bound to have on hand.

Next, serve dishes of warm **Honey-Fruit Compote,** a colorful combo of pineapple, dark cherries, and fresh oranges, laced with orange liqueur. Then pass this tray of special sweets. **Tasty Pastries** are centered with strawberry preserves and drizzled with icing. Cubes of jellied cranberry sauce stud bar-shaped **Cranberry Chews. Frosted Date Drops** carry hidden treasure—inside each cookie is a pecan-stuffed date. Complete the scene with mugs of coffee or hot spiced tea.

Recipes on pages 71 and 72





Photographs: Snook

REGAL ALMOND CAKE

Next time you're having special friends over for coffee and dessert, plan to serve this golden cake. They'll love the crunchy coating of sugared almonds that toast to a buttery crispness as the cake bakes . . . and the rich, velvety interior that will remind them of old-fashioned pound cake. (Pamper your family, too, with this royal fare.)

Regal Almond Cake

Butter or margarine
¾ cup sliced almonds
1 tablespoon sugar
¾ cup butter or margarine
1½ cups sugar
1½ teaspoons vanilla
¼ teaspoon almond extract
1 teaspoon grated lemon peel
3 egg yolks
2½ cups sifted cake flour
3 teaspoons baking powder
1 teaspoon salt
1 cup milk
3 egg whites

Generously butter bottom and sides of a 10-inch tube pan; press almonds into butter on both bottom and sides; sprinkle with the 1 tablespoon sugar. Thoroughly cream the ¾ cup butter or margarine with the 1½ cups sugar. Add vanilla, almond extract, and lemon peel. Beat in egg yolks till light and fluffy. Sift together flour, baking powder, and salt. Add to creamed mixture alternately with milk, beating after each addition. Beat egg whites till stiff but not dry. Gently fold into batter. Carefully turn into prepared pan. Bake in slow oven (325°) about 1 hour and 10 minutes. Let cake stand in pan about 10 minutes; then invert onto wire rack to cool.

For buying information, see page 90

prise
rgers

an (10¾ ounces) Campbell's Tomato Soup
: pounds ground beef
cup shredded process cheese, crumbled blue cheese,
r drained pickle relish
ablespoon prepared horseradish

round beef into 8 thin patties. Top each of 4 patties with
tablespoon cheese or 1 tablespoon relish. Place remaining
n top; seal edges well. Brown in skillet; spoon off fat. Stir in
d horseradish. Cover; cook over low heat for 20 minutes. Stir
then. 4 servings.
ith cole slaw, French fries, rolls. Set out warm apple pie for



Manhattan Fish Fillets

1-5. 1 can (10¾ ounces) Campbell's Tomato Soup
6. 4 fish fillets (about 1 pound)
7. 2 tablespoons chopped parsley
8. 6 thin lemon slices

Spread one tablespoon soup on each fish fillet; sprinkle with parsley. Roll fillets; place in shallow baking dish (10x6x2"). Pour on remaining soup; top with lemon slices. Bake at 375°F. for 25 minutes or until fish flakes easily. 4 servings.

Get hundreds of exciting menu ideas and recipes in these 2 cookbooks! Campbell's "Cooking With Soup," and "Easy Ways to Delicious Meals." For each book send 60¢ with your name and address to: two cookbooks, Box 575, Maple Plain, Minn. 55359. (Indicate cookbook desired.) Offer may be withdrawn at any time. Void if prohibited or restricted by law.



make either of these recipes, you need 8 ingredients.

5 of them are in here.



M'm! M'm! Good!

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PRIZE TESTED RECIPES

TUNA AND SALMON SPECTACULARS



Photographs: Olsson





TUNA RICE MEDLEY

Apple makes the difference in this delicious casserole: the Cook-of-the-Month winner—

4 tablespoons butter or margarine
2 unpared medium apples, cored and chopped (2 cups)
1 cup chopped celery
½ cup chopped onion
1 can *condensed* cream of vegetable soup
1 cup milk
2 6½- or 7-ounce cans tuna, drained
2 cups cooked rice
½ teaspoon salt
Dash pepper
2 tablespoons butter or margarine, melted
1 cup crisp rice cereal squares, coarsely crumbled
½ teaspoon curry powder

In large saucepan, melt the 4 tablespoons butter or margarine; add the apple, celery, and onion. Cook till tender but not brown. Add soup; gradually stir in milk. Add tuna, rice, salt, and pepper; mix well. Turn into greased 2-quart casserole. Combine the 2 tablespoons melted butter, the crushed cereal, and curry powder; sprinkle over top. Bake, uncovered, in moderate oven (375°) for 30 minutes or till heated through. Makes 6 to 8 servings.

Cynthia Paulsen, Littleton, Colorado

Poached Salmon with Crab Sauce

2 cups water
2 lemon slices
½ teaspoon salt
½ teaspoon dillseed
1 bay leaf
2 12-ounce packages frozen salmon steaks (6 steaks), partially thawed
1 cup chicken broth
4 teaspoons cornstarch
¼ cup dairy sour cream
2 tablespoons butter or margarine
Dash nutmeg
1 7½-ounce can crab meat, drained and flaked

In large skillet, combine water, lemon slices, salt, dillseed, and bay leaf; heat to boiling. Add salmon; return to boiling. Reduce heat; simmer 4 to 5 minutes, till fish is done. Remove to heated platter. Serve with *Crab Sauce:* In saucepan, gradually stir chicken broth into cornstarch. Cook quickly, stirring constantly, till mixture thickens and boils. Cook 1 minute more; remove from heat. Stir in sour cream, butter or margarine, and nutmeg; add crab meat. Heat through, but do not boil. Makes 1½ cups sauce.

Mrs. William J. Brunow, Council Bluffs, Iowa

Salmon Balls in Caper Sauce

1 1-pound can salmon
1 cup soft bread crumbs (2 slices bread)
2 eggs
2 tablespoons snipped parsley
1 tablespoon grated onion
½ teaspoon salt
½ teaspoon grated lemon peel
2 teaspoons lemon juice
Dash pepper
½ cup dry sauterne
2 tablespoons butter or margarine, softened
2 tablespoons all-purpose flour
½ cup light cream
1 tablespoon snipped parsley
1 tablespoon capers, drained

Drain salmon, reserving liquid. Remove skin and bones from salmon; flake into bowl. Add bread crumbs, eggs, the 2 tablespoons parsley, the onion, salt, lemon peel and juice, and pepper; mix well. Shape into 8 balls and place in medium skillet. Combine sauterne and reserved salmon liquid; add water, if needed, to make 2 cups liquid. Pour over salmon balls. Heat to boiling; reduce heat. Cover and simmer 10 minutes. Remove balls to serving dish. Combine butter or margarine and flour; stir into hot liquid. Cook and stir over high heat till mixture thickens and boils. Stir in cream, the 1 tablespoon parsley, and the capers. Heat to boiling. Serve over salmon balls. Makes 4 servings.

Mrs. Keith G. Norgard, San Francisco, California

Continued on page 68

New improved, fresh-frozen concentrated orange juice from Florida brings sunshine to even the bleakest day.

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And for quick energy that gets you going and keeps you going, nothing beats 100% pure orange juice from Florida.

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Breakfast without Orange Juice is like a day without sunshine.



Look into Contadina Tomato Puree for a richer barbecue sauce



Have an oven barbecue. Chicken baked in our rich tomato puree. Contadina puree is the perfect base for a sauce that clings and covers. That's because puree has all the texture and smoothness of tomato sauce–only it isn't pre-seasoned. Simply add the few barbecue seasonings we suggest. You'll have the best barbecued chicken you ever took out of the oven!

BARBECUE SAUCE *(Makes 1 quart)*

- 1 cup chopped onion
- 2 tablespoons oil
- 3½ cups CONTADINA® Tomato Puree
- ¼ cup lemon juice
- ¼ cup light molasses
- 2 tablespoons Worcestershire sauce
- 1 teaspoon dry mustard
- 1 teaspoon salt

Sauté onion in oil. Add remaining ingredients. Simmer uncovered 15 minutes.

BARBECUED CHICKEN: Heat 3 tablespoons butter in shallow pan. Season 3½ pounds frying chicken pieces. Place skin side down in pan. Bake at 425°F. for 25 minutes. Turn; cover with sauce. Bake 35 minutes longer. Baste once. Serves 4-6.

FROM THE 8 GREAT TOMATO FOLKS



CONTADINA FOODS DIV. OF CARNATION CO., LOS ANGELES, CALIF.

Buying Guide

For your convenience, we list names and addresses of manufacturers of most of the products pictured in each month's issue. This month, see page 90 for this shopping information.

PRIZE TESTED RECIPES

TUNA AND SALMON SPECTACULARS *Continued*



Tuna Potato Salad

A hearty main dish salad that's easy to make—

- 2 medium potatoes, pared
- 2 tablespoons Italian salad dressing
- 1 tablespoon snipped parsley
- ½ medium head lettuce, torn in pieces (about 3 cups)
- 1 9¼-ounce can tuna, drained and flaked
- 3 hard-cooked eggs, quartered
- ¾ cup Swiss cheese strips
- ½ cup sliced ripe olives
- ¼ cup chopped onion
- ½ cup Italian salad dressing

Cook potatoes in small amou of water, 20 to 25 minutes, t tender. Slice into salad bow sprinkle with the 2 tablespoo Italian dressing and the par ley. Chill. Layer remaining i gredients except Italian dres ing on top. At serving tim pour the ½ cup dressing ov salad; toss gently. Makes servings.

Mrs. Thomas Whittenbarge Jacksonville, Flori



French-fried Salmon Sandwich

Great for midwinter lunches—

- 1 7¾-ounce can salmon
- 2 well-beaten eggs
- ⅓ cup milk
- Dash nutmeg
- ¼ cup finely chopped celery
- ¼ cup dairy sour cream
- 1 teaspoon horseradish
- 1 teaspoon prepared mustard
- ½ teaspoon finely chopped green onion
- ¼ teaspoon salt
- ¼ teaspoon tarragon, crushed
- 8 slices bread
- Sesame seed
- 4 tablespoons shortening

Drain salmon, reserving liquid Remove bones and skin from salmon; flake into bowl. In a shallow dish, combine salmon liquid, eggs, milk, and nutmeg Blend together salmon, celery sour cream, horseradish, mus tard, onion, salt, tarragon, and a dash pepper. Spread mixture evenly on 4 slices bread; top with remaining 4 slices. Dip each sandwich into egg mixture; sprinkle with sesame seed. Cook in shortening till brown on both sides. Serve immediately. Makes 4 sandwiches.

Mrs. Virginia A. Smith, Easton, Pennsylvania



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You get the "plus" of protein.

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Mazola 100% Corn Oil does more than make light, crispy fried foods and tangy salad dressings. Mazola Margarine, whose major ingredient is liquid Mazola Corn Oil, does more than make toast, vegetables or lobster taste better.

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Mazola makes good eating good sense!

Introducing



the crunchburger

Hear cheers from your burger fans! Top their favorite with crunchy French fried onion chunks — golden crisp, right from the can. Taste this special crunch of hearty onion goodness in casseroles, meatloaf, on salads, in soups.

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We'll send you 33 crunchy recipes. Add crispy French fried onion goodness to everyday favorites. Write: Durkee, P. O. Box 6955, Cleveland, Ohio 44101.

Durkee

SCM DURKEE FAMOUS FOODS SCM CORPORATION

MEAL OF THE MONTH

Each month we bring you a complete meal plan—with recipes on punched pages to add to your cook book. This month, on pages 75 and 76, a real Dinner Deluxe.

WIN MORE MONEY FOR YOUR RECIPES

Meats from the Grill

NOW'S THE TIME to jot down that outstanding ba recipe. Enter your specialty today—you could be Co the-Month next August! The Cook-of-the-Month re $50 and two Runners-up receive $25 each. Twelve Hon winners get $10 each. Selected winning recipes will b tured on the Prize Tested Recipes page next August. winners receive a framed Better Homes and Gardens ficate of Endorsement and six copies of the endorsed

Hints to Help You

Meats from the Grill

Serve appetizers hibachi-style or barbecue a pot roast. Marinate a steak or pep up a burger. Start with chicken, fish, seafood. Include ham, lamb, veal, or those sausage specialties. Don't forget canned luncheon meat for a family cookout. Can you do wonders with hickory chips or a covered smoker? Perhaps your idea is for a rotisserie standout with a zippy sauce to brush on as it spins. You might win with a great kabob idea, a special sauce or stuffing.

Suggestions:

hickory steaks
ham with ginger sauce
broiled salmon epicurean
pork chops parmesan
stuffed grilled franks
dill-sauced lamp patties
skewered scallops
orange-stuffed Cornish h
marinated pork loin
bacon burgers
saucy pot roast in foil
smoked turkey
currant-glazed bologna
chuck-wagon sausage and
barbecued broiler halves

THIS MONTH'S WINNERS

(*See recipes on pages 64 and 68*)

Cook-of-the-Month

Cynthia Paulsen, Littleton, Colo.

Runners-up

Mrs. William J. Brunow, Council Bluffs, Iowa
Mrs. Keith G. Norgard, San Francisco, Calif.

Honor Roll

Mrs. Helen M. Fix, Wheat Ridge, Colo.
Laura M. Getschmann, Bremerton, Wash.
Mrs. James O. Hanley, Minnetonka, Minn.
Mrs. Fred E. Jahnke, Pasadena, Calif.
Mrs. Mary M. Morgan, Naples, Fla.
M. A. Smith, San Francisco, Calif.
Mrs. Virginia A. Smith, Easton, Pa.
Mrs. D. McKay Snow, Belle Wash.
Mrs. Myrtle E. Sparks, Aubu Wash.
Mrs. Alex Takach, New Middletown, Ohio
Mrs. Thomas E. Whittenbar Jacksonville, Fla.
Mrs. David Yamasaki, Gard Calif.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and ma it "August Meats from the Grill."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you u as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submi
6. Recipes submitted become property of Better Homes and Garden
7. Entries must be postmarked by midnight January 31. In cases whe duplicate recipes are submitted, the one with the earliest postma will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6101 Test Kitchen, Better Hom and Gardens, Des Moines, Iowa 50303.

ATE SUPPER NTERTAINING

See page 60



Photographs: Olsson

eseburger Chowder

ound ground beef
cup finely chopped celery
cup chopped onion
ablespoons chopped
reen pepper
ablespoons all-purpose
our
½ teaspoon salt
4 cups milk
1 tablespoon beef-flavored gravy base
4 ounces shredded *sharp* natural cheddar cheese (1 cup)

wn ground beef in large skillet or saucepan. Add celery, on, and green pepper; cook till vegetables are tender. nd in flour and salt; add milk and gravy base. Cook and over low heat till thickened. Add cheese; cook and stir till cheese melts. Makes 4 to 6 servings.



n-buttered Cornsticks

blespoons butter or
argarine
1 8¾-ounce can cream-style corn

ps packaged biscuit mix

t butter or margarine in 15½x10½x1-inch baking pan. In ing bowl, combine biscuit mix and corn; stir till soft gh is formed. Knead about 15 strokes on lightly floured ace. Roll to 6x10-inch rectangle. Cut into 1x3-inch strips. l in melted butter in pan and arrange in single layer. Bake ot oven (450°) 10 to 12 minutes. Makes 20.

Are you an Apricot Nut?



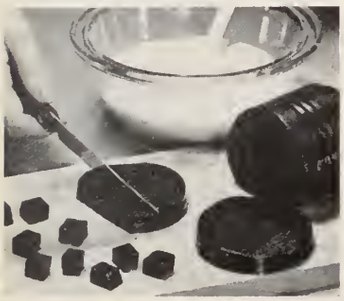
If you like apricots, slice into this. Pillsbury's Apricot Nut Bread. Makes up easy, bakes up easy (you don't even need a mixer). Tastes so homemade good! Look for Apricot Nut Bread —and all the other Pillsbury quick breads, bars, and coffee cake mixes in the *Coffeetime Mix Section* of your store.

LATE SUPPER SWEETS

See page 60

Cranberry Chews

2 eggs
¾ cup sugar
1 tablespoon lemon juice
¼ teaspoon nutmeg
1 ½ cups packaged biscuit mix
1 8-ounce can jellied cranberry sauce
1 cup chopped pecans



Beat together eggs, sugar, lemon juice, and nutmeg till light and fluffy. Stir in biscuit mix. Cut cranberry sauce into ½-inch cubes. Gently fold cranberry cubes into batter along with chopped pecans. Spread in greased and floured 13x9x2-inch baking pan. Bake in 350° oven 20 to 25 minutes. Cool. Sprinkle with sifted confectioners' sugar. Cut into 3x1-inch bars. Makes about 3 dozen.

Honey-Fruit Compote

1 1-pound 4 ½-ounce can pineapple slices
2 oranges, peeled and sliced
1 teaspoon shredded orange peel
Juice of 1 orange
¼ cup honey
2 tablespoons butter or margarine
1 1-pound can pitted dark sweet cherries, drained
2 tablespoons orange liqueur

Drain pineapple, reserving ½ cup syrup. Halve pineapple and orange slices; arrange in 10x6x1½-inch baking dish. Sprinkle with orange peel. Combine reserved syrup, the orange juice, and honey; pour over fruit. Dot with butter or margarine. Bake in moderate oven (350°) 20 minutes, baste often. Add cherries; bake 10 minutes more. Sprinkle with liqueur. Serve warm. Makes 6 servings.





Tasty Pastries

1 package active dry yeast
¼ cup warm water
2 sticks pie crust mix
1 tablespoon granulated sugar
1 egg yolk
½ cup strawberry preserves

• • •

1 cup sifted confectioners' sugar
1 teaspoon vanilla
1 to 2 tablespoons milk

Dissolve yeast in warm water. Crumble pie crust mix into bowl. Stir in granulated sugar, egg yolk, and the yeast; mix well. Roll dough into ¾-inch balls. On baking sheet, shape into shells 1¼ inches in diameter and ¼ inch deep. Spoon about ½ teaspoon strawberry preserves into each. Let rise in warm place for 1 hour. Bake in moderate oven (375°) for 15 minutes or till browned. Cool slightly; remove from baking sheet. Blend remaining ingredients till smooth. Drizzle over pastries. Makes 3 dozen.



Photographs: Olsson

Stuffed Date Drops

36 pitted dates (about ½ pound)
36 pecan halves
¼ cup shortening
¾ cup brown sugar
1 egg
½ cup dairy sour cream
1 ¼ cups sifted all-purpose flour
½ teaspoon baking powder
½ teaspoon baking soda
¼ teaspoon salt

Slit dates; stuff with pecans. Cream shortening and sugar till light; beat in egg. Stir in sour cream. Sift together dry ingredients; stir into creamed mixture. Carefully stir in stuffed dates; drop onto greased cookie sheet, one date per cookie. Bake in hot oven (400°) for 6 to 8 minutes. Cool on rack. Top with frosting: Lightly brown 6 tablespoons butter or margarine; remove from heat. Gradually beat in 2 cups sifted confectioners' sugar and ¼ teaspoon vanilla. Slowly add hot water till of spreading consistency. Makes 36.

How about eating out in?



At the Stockholm, in glittering Manhattan, a dinner favorite is Swedish Meatballs in Sour Cream. Here's how to make it with Betty Crocker Noodles Romanoff.

1 cup soft bread crumbs
½ cup milk
1 pound ground beef
3 tbsp. chopped onion
1 egg, slightly beaten
1 ½ tsp. salt
¼ tsp. nutmeg
⅛ tsp. pepper
2 tbsp. butter or margarine
1 pkg. (4-serving size) Betty Crocker Noodles Romanoff

Soak bread crumbs in milk. Mix in ground beef, onion, egg and seasonings. Shape mixture into 1- to 1 ½-inch balls. Melt butter in large skillet; add meatballs and brown on all sides. Cover; simmer over low heat 10 minutes. Prepare Noodles Romanoff as directed on package except—increase milk to ⅔ cup. Drain excess liquid from meatballs; pour noodles over meatballs. Cover and simmer about 5 minutes or until desired consistency. *4 to 6 servings.* Crisp rolls and a crackling green salad round out the meal.



Doing anything tomorrow night? Sure. Eating out—in.

Your appestat,* sugar and you.



you know you have a
nger switch in your brain?

It's called the "appestat."

en it's turned up, you're
ngry. When you're
ngry, you overeat.

And overeating makes
you fat.

;ar turns down your
estat–helps you
st overeating.

is a help when you want to control your g. Especially when you know these simple s bout hunger. When you're tired and hungry n meals, it's probably because your *blood level* is low. And when that happens, your at is turned up, and you're apt to overeat r next meal.

y not try this the next time you get hungry: a little sugar—in coffee, tea, a soft drink, ice cream, pastry, or candy. Sugar is assimilated into the system faster than any other food. Sugar turns down your appestat, and fast. Sugar satisfies hunger. Artificial sweeteners don't. And even though sugar contains calories (only 18 to a teaspoon), those calories give you quick energy and are readily burned up.

Sugar does things for you no artificial sweetener can do. Sugar gives you energy. Sugar tastes good. Sugar helps diets work.

Only 18 calories per teaspoon—
and it's all energy.



*"*A neutral center in the hypothalamus believed to regulate appetite.*"—
Webster's Third New International Dictionary.

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Deep Chocolate Upside Down Cake

Deliciously different—rich chocolate cake topped with crisp, chewy coconut and nuts! Complete recipe on the back of Duncan Hines Deep Chocolate Cake Mix.

Apple Upside Down Cake

The recipe on the back of Duncan Hines Spice C Mix tells you how to make this tempting spicy cake smothered with juicy apple slices and chopped nuts.

Recipes, Recipes, Recipes for Upside Down Cakes!

Make 'em with Duncan Hines Regular Cake Mixes.

Double Pineapple Upside Down Cake

Tangy cake covered with pineapple slices and cherries nestled in a buttery brown sugar syrup. Try it.

Duncan Hines Pineapple Supreme Deluxe Cake Mix
½ cup (1 stick) butter or margarine
1 cup brown sugar
1 can (1 pound 14 ounces) pineapple slices
Maraschino cherry halves

Melt butter in 13x9x2-inch pan or divide between two 9-inch round pans. Sprinkle brown sugar evenly in pans. Drain pineapple; save the syrup. Arrange pineapple and cherries, rounded side down, in the sugar mixture. Add enough water to pineapple syrup to make 1⅓ cups liquid; add this, and 2 eggs to the cake mix. Mix as directed on the label. Pour batter over fruit.

Bake at 350° about 45-50 minutes, until cake tests done with a toothpick. Let stand 5 minutes for topping to begin to set. Then turn upside down onto large platter or cookie sheet.



Duncan Hines

New! Recipes on backs of all packa



Why would Betty Crocker make two different buttermilk pancake mixes that give you the same perfect pancakes?

ne women like to crack eggs and pour milk and measure out shortening and stir things und. For these women we make the Regular Mix.

er women are so rushed, for one reason or another, they want to spend as little time ossible fixing their perfect pancakes. For them we've come up with the Complete Mix. ve added the eggs, the shortening, the milk. Everything is in the box. (Of course, mplete Mix costs a little more because we did most of the work.)

h either Betty Crocker mix you get the same perfect pancakes. You just have to ide what kind of woman you are.







GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

Armfuls of roses. Getting ready to add some new roses to your garden? Then do your thinking before you start the actual job of planting. Study your catalogs closely to get the varieties and colors you want.

The three All-America rose winners this year were born in Europe. The famed French firm of Meilland and Son gave us Miss All-American Beauty, a crisp, pink hybrid tea (they also gave us Peace back in '46). Scarlet Knight is a grandiflora with vibrant scarlet flowers that are borne in profusion. Europeana is a floribunda which yields clusters of satiny red blossoms. It has already won seven European medals.

Here in the West, other introductions for '68 include Nancy Reagan, named for the First Lady of California. It's an intensely fragrant rosy orange flower with the face of the petals darker than the reverse. Those who have previewed it declare it will one day outrank Tropicana.

Irish Mist is not green, but a fluorescent orange-scarlet hybrid tea that rivals the tones of the shimmering morning mists of Ireland.

Aruba-Caribe is a pink and ivory hybrid tea. La Paloma produces beautiful pure white hybrid tea blooms. Red Chief is a cheerful red hybrid tea with great fragrance. Sierra Dawn has coral-pink shading down through salmon to a bright shining yellow at the heart of the flower. Baby Pinocchio, an extra-hardy 12-inch-high miniature with tiny, fully double, one-inch pink blooms, resembles the famed floribunda Pinocchio in form.

Los Angeles Beautiful is a grandiflora with flowers that change with kaleidoscopic effect from yellow and coral to orangy red and vermilion.

Roses look great when they show off against a fence or the foliage of other shrubs. But, the rose bed should be at least six feet away from the shrub border. Roses demand good air circulation so foliage will dry quickly to help keep diseases under control. Ample space encourages good branching.

Roses serve perfectly in borders along driveways—especially the beautiful floribunda types. Always plant at least three floribundas of the same variety together so you get good massed color. When you plant just three, remember it's better to plant them in a triangle than in a row.

Your choice of planting site is most important. First, you want a spot that gets at least six hours of sunlight—preferably morning—each day. In the warm interior sections of the country, roses appreciate protection from the hot afternoon sun. Make sure the soil drains well and that the rose bushes are far enough away from large trees so that their roots will not be robbed of water and nutrients. If the soil is heavy, add peat moss or leaf mold to lighten it.

Daisy lore. Dependable daisies, because of their easy culture and long blooming season, rank as great favorites with gardeners. There are scores of daisies—small-flowered ones with cluster heads the size of a teacup, on up to giant Shasta daisies with individual blooms seven inches across.

Shastas are the most commonly seen because they were first put on the map by the gifted Luther Burbank. He had to grow batches of 100,000 each in order to get a few good selected forms. But if he were to appear today, he would hardly recognize his old-fashioned coarse forms in comparison with the present streamlined hybrids.

In general, these improved varieties, such as Esther Read, Chiffon, and Beaute Nivelloise are the ones most commonly grown now. The plants usually range around three feet tall and the blooms are anywhere from four to seven inches across.

The plants are reasonably hardy. They like full sun. For best results, give them a rich soil which has been dug deeply and enriched with fir bark or other humus. See that the plants get a fair amount of water during the hot summer months. Snip off the dead blooms to encourage a constant supply of new flowers. Since the plants grow so rapidly, it's a good idea to divide the clumps each year. The February-March period is ideal for this.

Marguerites, or Paris daisies, run the Shastas a close second for overall popularity. The white and yellow flowers are so common that they hardly merit description. In the past ten years, the pink-flowered form has become very popular. I first found it growing in a garden on the outskirts of Sydney, Australia. I begged a few cuttings, flew them home in a plastic bag, and rooted them. Pink Champagne is the way this one is listed at nurseries.

The strange thing about marguerites is that they eventually "run out"—even when pruned properly. So be tough, yank them out every couple of years and replace with fresh stock.

Ideal site: full sun, lean soil (too much fertilizer causes heavy foliage and a scarcity of flowers), and moderate watering suit them best.

Plant evergreens. It used to be that practically all evergreens came balled and burlapped. The catalogs used to refer to them as B & B simply because the root balls were wrapped in burlap after the plants were dug at the nursery. With a few exceptions, such as rhododendrons and magnolias, most plants now come in containers.

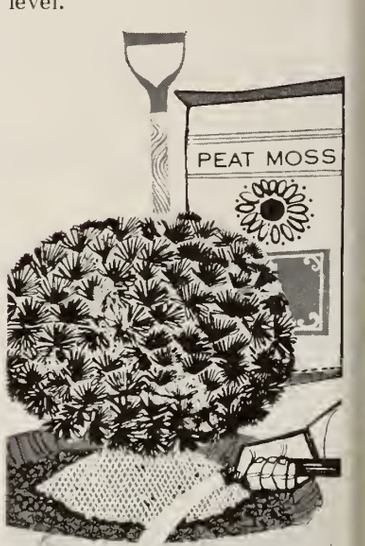
When shopping for plants, look for healthy, vigorous appearance and good, supple foliage. Check to see whether the plants are rootbound or not (roots coming through the drainage holes at the bottom of a can indicate it has been left there too long). Also, avoid plants with trunks or stems that are unusually leggy—unless you're a bonsai expert looking for something unusual (honest—some of these scrawny plants turn out to be whizzes when trimmed).

In this age of outdoor living, it's hard not to go overboard on evergreens grown in redwood tubs. A good Hollywood juniper, with its contorted and twisted habit, is great on a deck. There are literally scores of other possibilities available at nurseries.

Remember these hints when you're setting out plants during these January days when the weather permits you to work with the soil. Don't lift the plants by the main stem though it makes a very tempting handle. Lift the soil ball or can with both hands. If the soil is too wet to work, make sure the plants are kept moist until they are in the ground. It's pretty hard to predict the weather—there have been Januaries when the weather was bone dry.



Be sure to have the sides of the cans on container-grown plants cut at the nursery. Dig a hole slightly deeper and half again as wide as the ball of soil. Add peat moss or leaf mold to enrich the soil that is to be placed around root ball. Fill hole to within three or four inches of top, fill with water, and allow to soak in. Then, add soil to within an inch or two of grade level.

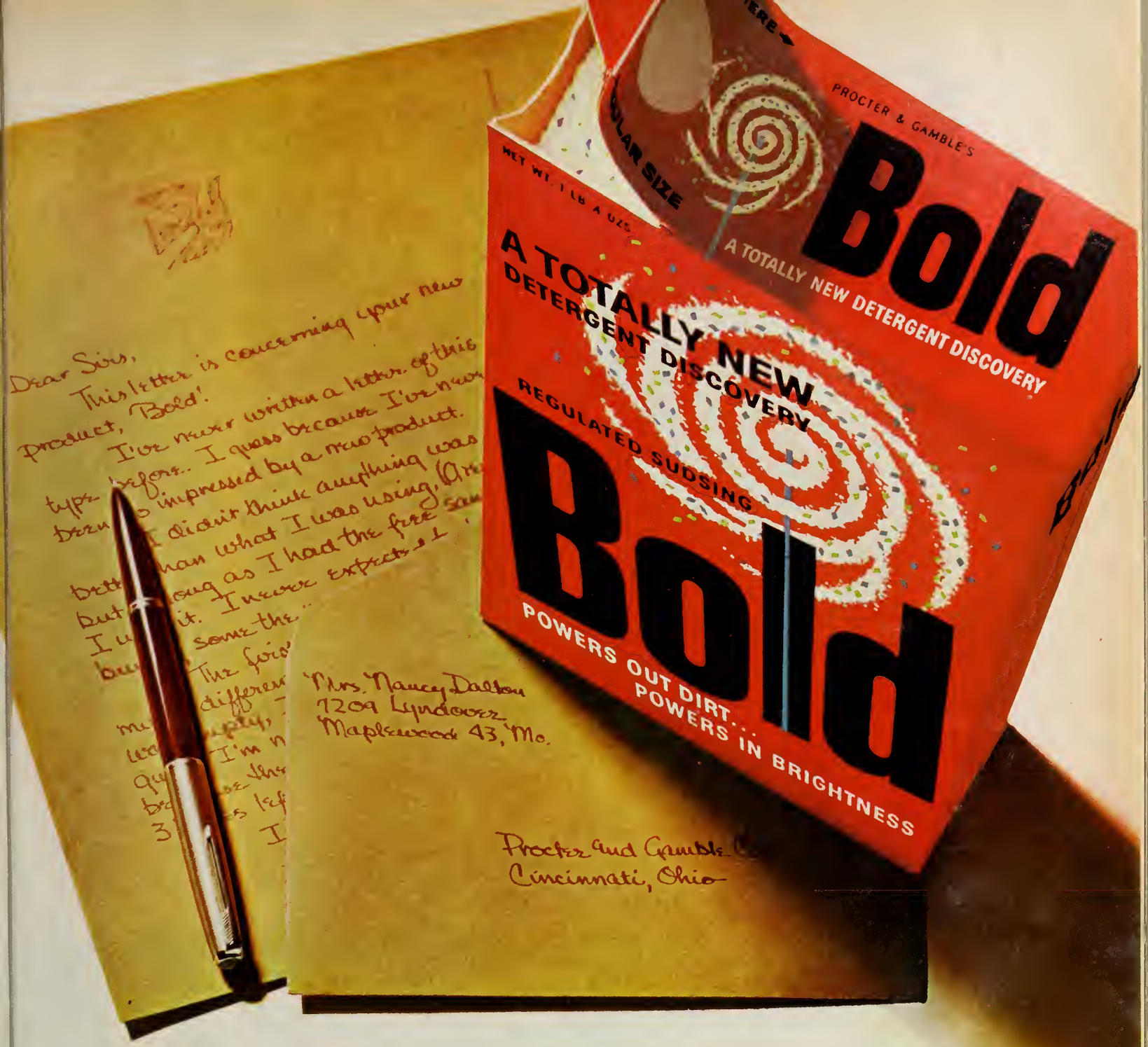


Set out balled-and-burlapped plants as directed above for canned evergreens. It is not necessary to remove the burlap as it will rot away within a few months.

Azaleas spell spring. Azaleas are like women, sometimes slightly temperamental. You are forced to apply a little special attention so they'll perk up and improve as the seasons roll by.

The azalea world is a big one. Throughout the West, the ever-

Continued



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GARDENING THIS MONTH

Continued

green types that bloom so heavily from February to May rate as the best sellers. But, the deciduous types are especially valuable in the Pacific Northwest. Their rich tones of oranges and yellows, usually in April, add a special sparkle.

What are the secrets of their culture?

The most important factor is not to plant too deeply. The first question the nurseryman will ask when a grower complains of a sickly looking plant is, "How deep do you have it planted?" A buildup of just three or four inches of soil around the base can be ruinous.



Set the plant a couple of inches higher than the surrounding ground level, and mulch with fir bark or any other form of loose mulching material. Aged sawdust, for example, is in heavy use in gardens around Portland. That's because furniture mills are nearby. Azalea roots can breathe easily through this mulch.

Light shade—not pitch-dark spots—is what these plants like. Lath shelters give good shade. And, the north side of buildings usually works well, too. The more morning light the shrub gets, the better it flowers. It's true that "sun-tolerant" azaleas are available that have been bred for gardens in the interior valleys. Places like Modesto, Fresno, and similar spots find these new types easier to grow than the shade-loving kinds.

Caution to all new homeowners: if you're planting azaleas or other acid-loving plants, make sure the soil beds close to the house foundation are not loaded with stucco and other debris. Lime in any form causes foliage to yellow.

If there's any doubt about the soil, dig down 15 to 18 inches and replace with fresh new material that's high in humus. As a matter of fact, if you're willing to use acid plant food regularly, you can plant your azaleas in pure fir bark. They'll grow like crazy.

Force shrub branches. Eastern green-thumbers, hungry for the sight of early color, often cut bare branches of forsythia, bring them indoors in vases of water, and let household heat "force" them into early bloom.

Westerners do pretty much the same thing with pussy willows. While they haven't much color, the silvery gray catkins are welcome nevertheless.

But the list of plants can be lengthened—and since the job is easy, it's worth a little action on your part during the cold, gray days of January.

As the branches of fruit trees begin to plump up, showing signs of new life, it's possible to cut branches three feet or so in length and bring them into growth and color. The pink or red blossoms of peaches are nice, indeed. So are the white blossoms of pears. Any of the deciduous fruits can be tried.

Your efforts can be extended to the flowering types of fruit trees as well. Why not enjoy the blooms of Japanese flowering cherries a couple of weeks earlier than usual? Branches of Japanese plums are good, too.

The deciduous forms of magnolias react in the same pleasant manner. They will "come out" in the house almost as easily as the others. It's the temperatures around the 70-degree mark which do the trick.

And, don't overlook flowering quinces. The slim, bare branches bloom beautifully.

Garden resolution. Palo Alto's Hoddy Blinn, energetic and sensitive president of the California Anti-Litter League, hopes that Westerners will improve their outdoor manners in 1968. The general idea is to prevent litter and then plant colorful flowers in the cleaned-up areas.

It's an idea that should help the Golden State celebrate its big 200th birthday.

oreign dishes easy as ins, due, trois

. Peter Wells
ien, Connecticut



e, a girl's ambition was ok like mother. But to be chic, better she d cook like some exotic ner she's never even I got my international with a cookbook (boy, it deserve a plug) writ- y a genius who used o-American Gravy to a sauce that took all ee minutes and smack- f Paris. (Actually, o-American Gravy was om a stranger to me. ears, it had been doing ' jazzy things for my ers.)

here I am leading you e) into foreign intrigue ome of my own recipes. password is 'live a '"





MAMA-SAN'S SUKIYAKI

(shown above)

There won't be any artificial "suki-icky" taste here. Franco-American gravies are made with natural ingredients. (Like real beef juices in the beef gravy.)

- 1 pound round steak, cut in very thin strips
- 2 tablespoons salad oil
- 1 can Franco-American Beef Gravy
- 2 tablespoons soy sauce
- 1½ cups diagonally-sliced celery
- 1½ cups sliced fresh mushrooms
- ½ cup green onion, cut in 2-inch strips
- ½ pound fresh spinach
- Cooked rice

In a large skillet, brown beef in oil. Pour off fat. Stir in gravy and soy sauce. Add celery, mushrooms, and onion. Cook over low heat 15 minutes. Add spinach; cook 5 minutes longer. Serve with rice. If you lose this recipe, just remember there are 7 S's: steak, salad oil, soy sauce, spinach, sliced celery, sliced mushrooms, strips of onion, plus gravy and rice. 4 servings.



BON VIVANT VEAL

Or, Veau aux Champignons... an alias you might throw out for instant quizzing during dinner. Does "champignons" signify: ☐ a chain of French sidewalk cafes; ☐ a recipe made famous by the Baron de Champignons; ☐ the mushrooms which surround the veal? (See recipe for answer.)

- 1 lb. thinly sliced veal cutlets, pounded
- ⅓ cup thinly sliced onion
- 2 tablespoons shortening
- 1 can Franco-American Mushroom Gravy (There's your answer. Real mushrooms in real gravy.)
- ¼ cup chopped canned tomatoes
- 2 tablespoons Chablis or other dry white wine
- 1 medium clove garlic, minced
- 2 cups cooked rice

In skillet, brown veal and cook onion in shortening until tender. Pour off fat. Add gravy, tomato, wine, and garlic. Cook over low heat 15 minutes or until tender. Stir now and then. Serve with rice. 4 servings.

CHICKEN PAPRIKASH

Of course you could make this without the paprika. You could also visit Budapest and live on peanut butter sandwiches.

- 1 brown paper bag
- 3 tablespoons flour
- 2 pounds chicken parts
- 3 tablespoons shortening
- 1 can Franco-American Chicken Gravy
- ⅓ cup sour cream
- 1 cup sliced onion
- 1 medium clove garlic, minced
- 2 teaspoons paprika
- ½ teaspoon salt

Put flour in brown paper bag; add chicken parts; shake. Melt shortening in skillet, brown the chicken; pour off fat. Stir in Franco-American Chicken Gravy, sour cream, onion, garlic, paprika, and salt. Cover; leave simmering on low heat for 45 minutes or until tender. Stir occasionally. Heap over noodles. 4 servings.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

EXTRA ADDED ATTRACTION



HURRY CURRY SAUCE

Creative cooks from small beginnings grow. And beginnings don't get much smaller than a shot of curry powder.

- 1 can Franco-American Mushroom Gravy
- ¼ teaspoon curry powder

Combine gravy with curry powder in a saucepan. Heat and serve over pork or lamb. Makes 1¼ cups.

FURNITURE FINISHES: THEIR CARE AND REPAIR

The color or kind of wood does not determine the care it needs. It is the finish that must be cleaned, not the wood itself. All but the lowest priced furniture today has a finish that is extremely durable, and you can anticipate even better finishes to come. New polyester, epoxy, and urethane finishes that promise greater resistance to marring, solvents, and heat are in experimental stages now.

Wood is given a finish for two reasons: it protects and preserves the wood, and it increases the beauty of the wood by giving it a unique color range. The most common finishes and their characteristics are:

Lacquer—used on all styles of furniture in all price categories. It may have either a flat or a glossy appearance. It produces excellent colors and depths of color. While it's easy to repair and moderately resistant to alcohol and stains, it is sensitive to heat.

Synthetic varnish—found in all styles of furniture, particularly in lower price ranges. It may appear as a flat or glossy finish and shows less clarity and depth of color than does a lacquer. It is fairly resistant to heat and highly resistant to alcohol and chemical stains, but is difficult to repair.

Oil finish—found in high-style furniture, particularly in modern walnut designs. It is a flat finish that resembles natural wood but provides less protection because it doesn't have a hard shell top coat. Colors may not be uniform which makes matching pieces of furniture difficult.

Oleoresinous varnish—appears on lowest-priced tables and novelty furniture. This thick finish may be flat or glossy. Although inexpensive, the material is hard and has a fair depth of color. It is sensitive to heat and rather brittle in substance.

Butrate lacquer—seen on white and light-colored furniture in either flat or glossy tones. It has an outstanding ability to retain its color, is resistant to staining, has an excellent depth of color, and is easy to repair. However, it tends to shrink when exposed to heat.

Polyester finish—appears on imported furniture, hi-fi cabinets, and some occasional tables. It has a glossy shine of outstanding clarity and depth. Will not shrink and resists chemicals and heat.

Paint—seen mainly on French Provincial furniture, but more and newer colors are appearing on all styles. Enamels can conceal the wood grain or highlight it. It is hard to conceal scratches on painted surfaces, but on the whole, paint makes a durable, easily washable finish.

Preventive care of the finish is the best repair. Keep furniture away from excessive heat, cold, direct sunlight, and dampness. Any of these will cause checking or cracking of the finish. In short, furniture likes the same climate humans do. Glue felt or leather pads underneath accessories. Wipe up spilled water or alcohol as quickly as you can. Don't use a plastic tablecloth on a wood table because the combination of heat and humidity trapped by the plastic may mar your table's finish.

Daily dusting is ideal, but not always practical. Don't let a thick coat of dust accumulate because removing it may damage the surface. The best dust cloth is knit cotton. Old diapers, sweat shirts, and underwear are soft and lintless. Be sure your dust rag is clean. Avoid cheesecloth or new, unwashed materials which usually contain coarse sizing that can be injurious to a wood finish.

Wax, in liquid or solid form, is the best protection you can give wood finishes. It guards the finish against scratches, moisture, and wear, and makes dusting easier. Oily polishes catch and hold dust, lint, and dirt. Petroleum oil-base polishes may even discolor your furniture.

Remove fingerprints or greasy dirt with a mild soap or detergent and water solution. The recipe: use one teaspoon detergent or soap to one quart of lukewarm water. Clean one panel at a time, working parallel to the grain of the wood. Wipe the surface immediately with a clean, damp rag to remove soap and dry with another clean cloth.

Wax only when necessary. Seldom-touched surfaces need re-waxing only two or three times a year, while often-used surfaces, such as table tops, require care monthly or whenever they look dull. When using a liquid wax or furniture cleaner and polish, apply a wet, even coating. Rub parallel to the grain with a dry cloth until excess wax is gone and an even film remains. Polish with a dry cloth until the desired gloss is obtained. Wax interior surfaces occasionally, particularly the sides and edges of drawers and doors to keep them gliding smoothly.

Some kinds of waxes have properties that make them better for various finishes. Cream waxes are best for dull finishes because they don't produce a high gloss. Use paste wax on oil finishes, antiques, and furniture in poor condition.

Clear liquid waxes, with or without silicones, do a thoroughly good job of cleaning. They remove accumulated wax and also clean and brighten dull spots on plastic-topped furniture. Waxes containing silicones are easy to apply and highly water repellent. They afford good protection against scratching and produce a glossier shine than do polishes.

When accidents happen and a finish is damaged, there are many remedies you can try if the blemishes are minor. Deep scratches and burns deserve expert attention.

Minor scratches which have not penetrated the finish can be hidden by wax alone. Or, try treating a scratch with a coloring crayon, shoe polish, scratch-cover polish, or a wax stick in wood tones made especially for furniture.

Use table salt, or cigarette or cigar ashes dipped in oil to diminish white spots or rings. Both alcohol and milk tend to dissolve any finish. If the damage isn't too great, try rubbing the spot gently with wax, moistened cigar ash, or silver polish, or a few drops of ammonia on a damp cloth. Heat marks, if they're minor ones, respond to rubbing with fine steel wool dipped in wax or lubricating oil, or to a light stroking of cloth moistened with camphorated oil.

Water marks can be rubbed with wax and very fine steel wool or camphorated oil. Or, you can try placing a clean, thick blotter over the rings and and pressing it with a warm iron repeatedly. Paint stains, when fresh, can be removed with liquid wax. If the paint has dried, cover the spots with linseed oil, let it stand until the paint is softened, and re-wax. Nail polish stains, if they have not penetrated the finish, can be helped by rubbing with fine steel wool dipped in wax.

Apply ice to candle wax and crumble off as much wax as you can remove with your finger. Then scrape gently with a dull knife and re-wax the surface. ■

Begin with this

and add this

and this

and this

and this

and this

and you've got a sandwich
that's a sandwich.

If you add this.

The realcheese.
No-kidding, natural
Swiss with taste—so you
won't forget it's there.
Did you notice its name is Kraft?

THREE SMART CABINETS FOR STEREO COMPONENTS

Whether you put together your own music system from pre-assembled components or from kits, you're going to need something to put it all in, or on. The units opposite offer three different solutions to the problem. Each is simple, quick, and relatively inexpensive to build.

Bench: If your collection is on tape, consider this dual-purpose unit. Your tape player stands on end, shares the space under one cushion with your tape collection. You can use the other side for additional tapes or general storage. Mount your speakers in the bottom, one at each end.

The unit is 36 inches long, 18 inches wide, and 18 inches high, not counting the vinyl-covered foam rubber cushions.

Build the unit from ¾-inch oak plywood; attach the swing-up sections with piano hinges. Choose the cushion covers and speaker cloth to suit your taste.

When the system's off, or you're enjoying a long-playing tape, the husky enclosure provides convenient extra seating.

Upright cabinet: This unit stacks your turntable, amplifier, and AM-FM tuner; offers a handy record-sorting area below.

It's 38 inches high, 19 inches wide, and 18 inches deep. Build it from ¾-inch plywood with ¼-inch walnut plywood on the sides. Paint the inside white. Build the base from standard framing lumber and paint it black.

Mount the shelves on adjustable shelf supports so you can vary the spacing if you change equipment.

Wall-hung unit: Here's the answer if you're short of floor space. It keeps your components under cover when you're not using them, and puts everything at convenient waist height. Each of the three sections is 18 inches wide, 9½ inches high, and 16½ inches deep.

Your amplifier goes in the flip-down section on the right, your turntable in the drawer in the middle. Put your tuner in the left third or use it for storage. Build the unit from ¾-inch plywood. Cover the top with plastic laminate.

Use metal drawer glides on the middle section; put a piano hinge on the right and left sections.

For buying information, see page 90

Project Plan 3801-1 Bench; 3801-2 Upright; 3801-3 Wall-hung. To order, see page 78

Designer: David Ashe. Photograph: The Graphic Corporation.



CARS IN YOUR FAMILY

Duane L. Gregg, Automotive Editor



DOES YOUR CAR REALLY NEED ALL THOSE COSTLY ADDITIVES?

A look around most service stations, independent garages, auto parts stores, service centers—even at the neighborhood supermarket—will reveal quite an array of automotive additives. There are additives for oil, gasoline, transmissions, radiators, for sealing various leaks, and even for overhauling an engine.

Some of these additives do the job their labels say they'll do; others don't. But any additive should be purchased with care. Repeated use of the wrong additive not only is expensive—it can cause severe damage if it's not compatible with the fuel or lubricant to which it is added. In other cases, additives may react chemically on certain metal parts within the car to cause even more serious problems.

Oil additives. Modern engine oils are a very specialized blend of petroleum base stocks and additives. A high quality API Service MS (the most severe service) oil may contain up to 20 percent additives by volume. The many additives in a modern oil can be grouped into these general categories: pour point depressants, oxidation and bearing corrosion inhibitors, rust and corrosion inhibitors, detergent/dispersant additives, foam inhibitors, viscosity index improvers, friction modifiers, and anti-wear and extreme pressure additives.

Bear in mind that even top quality oils do wear out—and the result is that the original additives are consumed, or chemically altered, by use. Without scientific analysis, it's impossible to determine which additives have been depleted and how much should be added.

Your best bet: put your car on a regular maintenance schedule. When it's time for an oil change, drain the old oil and replace with a fresh supply containing the built-in additive protection. An exception: occasionally, because an unexpected operational design problem shows up after a new model is on the road, a car manufacturer may find that a particular engine needs an additive and will market it through his franchised dealer under a part number. Also, if a good mechanic suggests an additive for a *specific ailment*, follow his advice.

Fuel additives. Blending and compounding gasoline is a highly complex operation, and additives play an important role. Good-quality gasolines contain anti-rust additives, especially during cold humid months, to combat any moisture that may enter the system by condensation from the air. Under normal conditions, such additives will prevent moisture from causing rust in the tank or fuel system. However, if you experience gas-line freezing, add an occasional can of one of the well-known de-icer additives.

Most premium and some regular gasolines contain detergent and dispersant additives to clean the carburetor and prevent accumulation of gum and other deposits in the fuel system. If you remove the air cleaner and discover the inside of the carburetor is a gummy mess, you'll find several additives on the market that do a good cleanup job. Some are poured into the gasoline; others are sprayed directly into the carburetor. The spray-can additives (carburetor cleaners) do the job faster. Also, the spray helps pinpoint application to badly gummed areas such as automatic choke plates, shaft linkages, and carburetor linkages.

In general, the gasoline additives are the most innocuous of all additives. There's really not much harm they can do and, they could do some good. However, using them indiscriminately adds unnecessarily to your car's operating costs.

Transmission additives. Automatic transmission fluid contains additive protection which does deplete with age. Here again, a change of fluid is a better remedy than "guesstimating" which and how much additive is needed for complete protection.

There are additives designed to stop leaks in automatic transmissions and power steering units by swelling the seals. If your car is old or not worth a major repair, stopping or slowing down the leaks with additives can be a way to postpone that trip to the junkyard. But if yours is a late model car, you're wise to find out why it's leaking and have proper repairs made.

Radiator. More and more car owners are leaving the antifreeze in their cars year-round. While this is a sound practice (a necessity if the car is air-conditioned), it makes it imperative to change the antifreeze as recommended. Some manufacturers specify yearly changes, others every two years. Whatever the recommendation for the brand you use, follow it.

It's true that antifreeze never wears out as far as preventing freezing, but a very important part of the solution—the rust inhibitor—becomes depleted as it does its job. Adding anti-rust compounds (inhibitors) indiscriminately to old antifreeze can injure a car's cooling system by creating a chemical reaction that accelerates rust or corrosion.

Anytime ordinary water is used in a radiator, an anti-rust additive is a must. Be sure to include a can of additive with every water change—at least yearly. Most additives not only prevent rust and corrosion, but also contain a water pump lubricant.

Tune-up, engine-overhaul, and other similar additives shouldn't concern you if you have a late-model car or even an older car in good condition. Additives in this group can, and in many cases do, cure the symptoms and may provide a few bonus miles before permanent repairs must be made. But none of them will "repair" the effects of excess wear.

While there is a time and place for many of the additives, proper auto maintenance makes them unnecessary in many instances. The best way to be sure you get the right additive and in the right amount is to purchase a high-quality product (fuel, antifreeze, or lubricant) and follow the manufacturer's recommended change intervals.

Continued

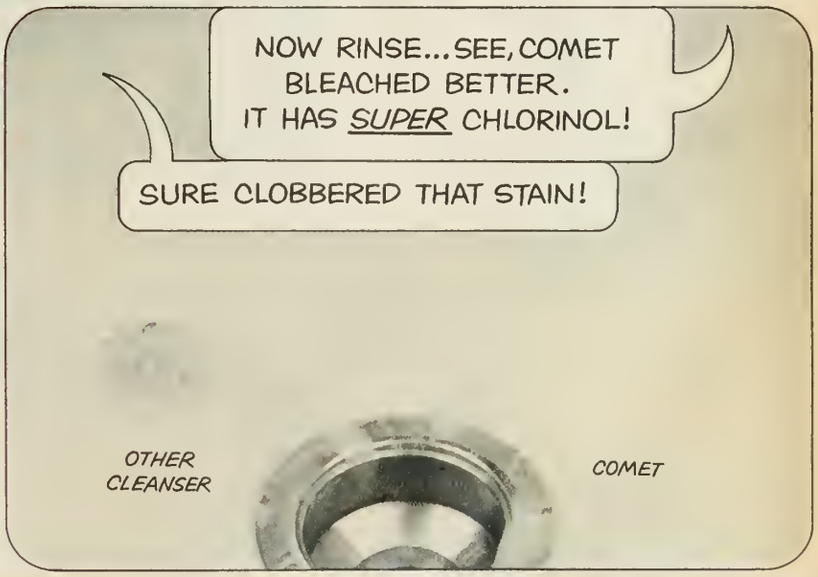
THE WIFE'S AWAY BUT JOSEPHINE SAVES THE DAY!







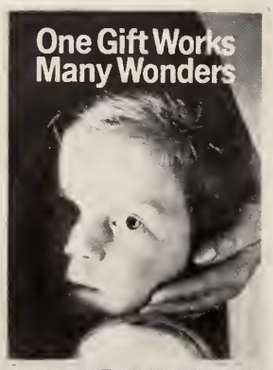






"What good does advertising do?"





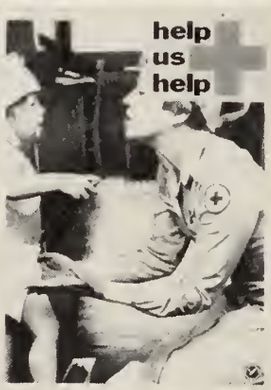
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WHAT ABOUT EMERGENCY ROAD SERVICE?

Today there are seve tional motor clubs which their members in the m These well-known clubs p many conveniences for bers: trip and map s travel information, bail services, reimbursement tain legal fees, and eme road service and towing

Many major auto ins companies also offer eme road service (usually calle ing and labor service) as their coverage and at nominal extra fee.

What does the service Comparing the motor clu erage and that of the ins companies is like com apples and oranges. Th club's annual charge o $12.50 to $27.50 for a m ship (covering husban wife) includes the many tion and travel services tioned earlier, in addit the emergency road s The insurance company age is only for emergenc service and generally add $2 to $5 per year to your ance bill (about the cost uncomplicated service your home).

What is emergency roa vice? Those offering the generally agree that it is ance when your car is d —whether in your drive on a trip.

This service usually of returning the car to r condition at the place ablement. Gasoline, oil tery, or fan belt, will livered and in many ca stalled, but the cost of the uct or part is not covere example, if your car's fa should break on the f and you call an eme truck to install a new be charges could be $15 f call, $4 for the belt, and bor. In this case, you wo reimbursed for the call a sibly for the labor, but have to pay for the new

If the car cannot be re at the place of disableme service provides for tow the nearest place whe necessary repairs can cured. Under certain situ you can choose the garage within a specified num miles of the place whe car failed.

The service also includ changes (installation of flated spare) and extri from a snow bank or mu

NEEDLEWORK KITS

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NEXT MONTH

THE FACTS ABOUT BLOOD PRESSURE—Yes, there is something you can do about your blood pressure—besides worrying about whether it's too high or too low. This helpful article offers commonsense suggestions to help you keep your blood pressure normal.

counter the difficulty
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or tow your car away
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will your car be towed?

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Next Month:

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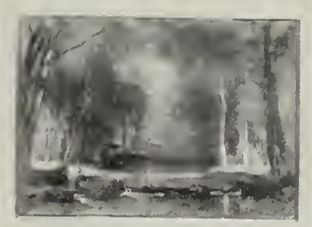
***o buy a station
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Raoul Dufy

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Amedeo Modigliani

Blue Horses
Franz Marc

Dempsey and Firpo
George Bellows

Plum Blossoms
Henri Matisse

Profile D'Ume Femme
Henri De Toulouse-Lautrec

Bouquet De Fleurs
Pierre Bonnard

After the Bath
Mary Cassatt

Rough Seat At Etretat
Claude Monet

Vase of Flowers
Odilon Redon

Girl With Watering Can
Pierre Auguste Renoir

Environs of Paris
Henri Rousseau

The Fifer
Edouard Manet

Dancer On Stage
Edgar Degas

The Kitchen Table
Paul Cezanne

Return of the War Canoes
William Robinson Leigh

The Oyster Gatherers of Cancale
John Singer Sargent

Snap the Whip
Winslow Homer

Portrait of the Artist's Mother
James Abbott McNeill Whistler

L'Inondation A Port-Marly
Alfred Sisley

Tiger
Kawanabe Kyosai

The Coming Storm
George Inness

The Cliff At Etretat After The Storm
Gustave Courbet

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Currier & Ives

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9. Mantovani's greatest! Moon River, Moulin Rouge, Diane, Exodus, others.
13. Champagne stylings of La Bamba, Summer Nights, Summer Wind, Yesterday.
10. Super-terrific foursome in You Told Me, Band 6, No Time, others.
15. Zesty vocal harmonies on Georgy Girl, Single Girl, Lover's Concerto.
14. Title hit, A Man And A Woman, Wheel Of Hurt, Guantanamera, others.
12. Heart-to-heart versions of Taboo, For All We Know, Angel Eyes, more.
22. Dazzling piano stylings of Taboo, For All We Know, Angel Eyes, more.
17. Super-star duo sings title tune, I Got You Babe, Trust Me, others.
21. Special collection of Bert's top hits: Ster Oust, Wiederseh'n, etc.
26. Title song, Maybe Today, Come Love, My Best Girl, Mame, Born Free.
29. Smash-hit Windy plus Wantin' Ain't Gettin', On A Quiet Night, 8 others.
33. Guy's "most-requested" hits: Eester Parade, St. Louis Blues.
16. A musical trip among the galaxies with the star of TV's "Star Trek."
31. Hit title song, Born Free, California Dreamin', Pakistan, 9 others.
38. Vocal magic on title hit, Quiet Nights, Ten Guitars, Take My Heart.
35. Dreamy organ moods: Avalon, Where Or When, Beloved, For You, more.
19. Swinging versions of Run Run Run, I Need You, So Sad About Us, others.
250. Best-selling sound track. Title theme, complete score.
527. I'm Gettin' Better, Guilty, Am I Losing You?, Blue Boy, Home, others.
536. Peter Gunn, Baby Elephant Walk, Cherade, Mr. Lucky, Lujon, etc.
603. My Gal Sal, Alabamy Bound, You Made Me Love You, etc.
327. Tales From The Vienna Woods, Die Fledermeus Overture, others
564. Stars And Stripes, Pomp And Circumstance, Merche Sleve, more.
292. Red [illegible] Wagon Wheels, Roundup, others.
432. Next [illegible] Angel, Oh [illegible] Devil, and others.
40. Favorite [illegible] love: Drifting [illegible] ing, Till Then.
750. Hits by [illegible] try star. Blue [illegible] Kentucky, Always.
928. Strings [illegible] winds: Blue [illegible] My Own, 10 more.
938. Gospel-[illegible] ers include [illegible] tune, Respect.
420. Fourteen highlights from Tchaikovsky's charming fairy-tale ballet.
901. "Mr. Excitement" sings title hit, Who Am I, Just Be Sincere, more.
744. Lonely Corner, Only The Young, Since I Don't Have You, more.
764. Inspirational songs. Were You There?, title song, and others.
923. Gentle Latin rhythms in "Guantanamera," Girl From Ipaneme, others.
900. Great new country star sings hit title tune, Tender Years, more.
810. Title hit, Talking To The Well, I'm So Lonesome I Could Cry, etc.
874. Jambeleya, Sweet Nothin's, I'm Sorry, Fool #1, As Usual, more.
582. Jave, San Antonio Rose, Satan's Doll, Unchained Melody, etc.
632. Julie Andrews and the original movie sound track. Do-Re-Mi, etc.
908. Big title hit, Bon Soir Dame, Au Revoir, True Love, Melinda, more.
939. Herb Alpert's Tijuana Brass, others in the fun soundtrack of the year!
936. Connie sings Born A Women, Everybody Loves Somebody, 12 gems in all.
674. Bring It On Home To Me, Having A Party, Only Sixteen, Sad Mood, etc.
560. 12 all-time hits by Mario Lanza, Santa Lucia, Be My Love, etc.
941. Million-seller title plans plus Run Run Baby Run, Let's Be Lovers, etc.
937. Driving soul duets on Tramp, Bring It On Home To Me, Lovey Dovey, etc.
945. The group with that Bedrock Memphis Sound in title smash, Groovin'.
675. Zero Mostel, original cast in all the hits from the Broadway show.
460. His biggest all-time hits, ...ut Your Head On My Shoulder, etc.
43. "In" sounds for the "In" crowd: Hit title tune, It's Love, more.
124. Prisoner of Love, Till The End Of Time, Temptation, Wanted, etc.
550. Raunchy, Last Date, Swingin' Shepherd Blues, Shangri-La, Tequite, etc.
145. American Petrol, Tuxedo Junction, Pennsylvania 6-5000, more.
356. Sparkling display of keyboard mastery. Polonaise In A-Flat, etc.
530. The glorious soundtrack with tuhe Andrews and Dick Van Dyke.
716. The [illegible] pieys Alber Mendelssohn.
927. Top hits of "Fright Lara's Theme, Yes[illegible] and 10 more.
942. Groovy group in title gem, She'd Rather Be With Me, Me About You.
710. A brilliant interpretation by Leopold Stokowski. Vibrant sound!
516. Carol Channing, Broadway cast sing Hello Dolly, all the hits.
586. Password, Old Records, B. J. The D. J., This White Circle, etc.
792. I Don't Hurt Anymore, A Fool Such As I, Miller's Cave, etc.
581. Django's Castle, Jitterbug Waltz, Peanut Vendor, others.
930. Movie themes in "Total Sound:" Born Free, Alfie, 10 more big ones
906. Eddy's great ones include Bouquet Of Roses, Anytime, Cattle Call, etc.
916. Hit title tune, Born Free, Summer Wind, Copy Cat, Tijuana, 9 others
929. Smash-hit Dedicated To The One I Love, My Girl, Free Advice, more
548. Sugar [illegible] In Peren[illegible] Street Paradise
42. New best-seller includes title hit, Saint To A Sinner, 10 others.
918. 11 groovy hits: My Best Friend, Somebody To Love Me, White Rabbit.
701. Album [illegible] sparring Vietnam Bedge Of Glory
Tchaikovsky THE NUTCRACKER
WHISPERS JACKIE WILSON
Kate Smith
SPANISH RHAPSODIES FOR YOUNG LOVERS
Midnight String Quartet
BRENDA LEE
10 GOLDEN YEARS
BILL BAILEY TOO MANY RIVERS
FLOYD CRAMER
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11. Riffersweet love songs: Title tune, Trying To Forget, Seabreeze, etc.



E. Brezil '81 — sizzling Letin versions Of Mondey Mondey, Cernevel, moro.



20. Ballads by "Queen" Corle: Stop Thief, Something Good, others.



18. Dynamic pianist, big band in Tobecco Roed, Up Tight, meny more.



23. Dremetic songs of tragedy and violence: Try Bereg Lonely, Shopwoin.



32. Title hit, Hugh Heet Sneekers. Fover. I Can't Explein It, E more.



2T. Title song, Comes And Goes, Worry Is A Rochin Cheir, Crucifision, efc.



28. Chart-topping title song. Woh With Me. I'll Love Yoe More. others.



863. There's More Pretty Girls Thee One, Why Baby Why, My Happiness, etc.



30. Floating vocal harmonies on title tune, Won't You See Me, etc.



36. Latin love songs: La Malagueno, Yours, Poinciena, Granade, more.



37. Big hits by Tom Jones, Them, Los Bravos, Unit 4 + 2, Zombies, etc.



123. Arias from L'Elisir D'Amore, Boheme, Gioconda, etc. (Reg. LP only)



24. Len's "sweet soul" vuisions of When Love Bagins, Show Me. others.



563. "Most completely satisfying Reethovee" (Nigh Fidelity).



515. Henry Mencini's marvelous mesic tor tha tilm. Title tune, etc.



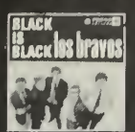
395. Bech specialist Weinrich in a veried program of mestorworks.



339. Heifatz end Reiner collaborate in this mulodic, ramantic work.



559. Clibure ploys Brehms with hends of steel end musicienship of gold.



83E. High-tlyleg English group In You've Got Your Traublas; Marla; t2 In all.



864. I Doe'l Mied, Please Please Pleese, It'e Nol Tree, othere.



E38 - Busted, Distant Oreme, Oetroit City, Yendar Comes A Sucker,



834. Oaring new sound ie Your Own Love. Enter The Young, Changes, etc.



009. Ouo belts title hit, I'm So Lonesome I Could Cry, othur funhy rockurs.



866. Misty, Love Mu With All Of Your Heart, Cere Mia, Moee Lisa, othurs.



55R. R lavoritus by Wagnar, Brahms, Rossini and othurs. Largo, etc.



836. Oh No No, Cherry Cherry, Rud Rubbur Ball, Monday Monday.



837 • Title song, Yasturday, Lara's Thamu, Oncu I Lovad, othars.



046. The sound of today: I Fell For You, Ho Love To Give, othars.



840 • Amigos Guitar, I'if Rapossess My Haart, Mommy For A Day, atc.



868. Portrait Ot My Love, Ain't It Trua, Invisible Tuars, Michella, othurs.



844. Mery Merlin eed Robert Preston ster ie the Broedwey hit show.



851. Dvorak'e most famous worh. Herbart voe Kerajee conducts.



843. Powerlul performances of It Had To Be You, Deed I Do, more.



913. Movie sound trach: Titlu song, Silver Ribbons, Hoodlum, athurs.



585. Wacky pair sings The Funny Farm, Jimmy Orinks Corn, moru.



R81. King Ol The Road, Rear Barrul Petha, Ryu Byu Blachbird, utc.



871. Oynamic soul singer in title hit, Thiet In The Hight. Succass. othurs.



587. Nonky Tonh Song, Somuday, Missing You, Why Baby Why, others.



619. Thanks A Lot, Lat It Re Me, Is It True, Dancing In Thu Street, atc.

627. Mountain Guunery, Secrut Lovu, Hight end Oay, Mood Indigo, utc.

877. Title hit plus Lat It Rock, Oh Yeah, Dark Side, Boom Boom, othurs.

879. Maria Elana, Making Beliuve, Vaya Con Olos, A Strangar To Mu, etc.

876. Try To Ramamber, Duiut Room, Our Timu For Loving, Raindrops, etc.

R70. Smash hit Good Lovin', plus Liha A Rolling Stone, Slow Oown, utc.

BIT. Searing soul singur in In Thu Midnight Hour, 634-5789, 10 moru.

884. Southside Bluus, Tobecco Road. Stormy Monday, end 9 othurs.

819. Snow Flahu (Jim Ruuvus), Yahaty Axu (Chut Athins), 10 moru.

888. The Shaoow Ut Your Smile, Yesturdey, I Will Wait, 9 othurs.

809. What How My Love, Be My Love, The Shedow Of Your Smilu, Yasturday.

910. Floyd's tabulous tingers play Born Frue, Churish, Louiu Louie.

899. Rhapsody In Blue, Nungarian Rhapsody No. 1, Espane Rapsodie, etc.

886. Sound Of Music, Yesterday, Ebb Tide, More, title song, more.

816. Tobecco Roed, Let Me In, Oon't Slip Away, 9 esolosive othurs.

821. Pianist, chorus caress Embrecuable Yoe, Whura Or When, tO more.

820. No Salt Dn Her Tail, Dancing In The Street, 10 supurb others.

824. Stunning sounds and moods. Title song, 11 othurs. Sturuo only.

609. The world's sweetest band plays the world's sweatust waltzes.

B26. Anema E Coiu, Love Theme From "Le Strede," Sente Lucie, etc.

912. Titlu song, Ain't Had Ho Lovin', Before I'mOvar Yoe, and 9 othurs.

6ff. "On-stage" performences of Moon Rivur, Too Closu For Comlort, etc.

R72. Huw original cast racording starring Ethul Murman.

919. Oanny Boy, The Old Bog Road, Let Me Bu The Dne, Flying South, mora.

903. The talented duo sings You Baby, Podunh, Living For You, more.

905. Smash-hif I'm A Belluver, She, Hold On Girl, Mary Mery, 9 others.

904. Paarly Shulls, Bluu Hawaii, Aloha Ou, Adventurus In Paradisu, moru.

589. Yha World Is Hot My Homu, Stand By Mu, Ho Tuars in Heavan, moru.

R42. Chut gous international In I Love Paris, Al-Oi-La, other hits.

914. Big hit Grizzely Beer plus Guf Toguthur, One Note Man, 8 others.

917. Broadway's best: If t Loved You, Merie, Gutting To Know You, more.

902. Hits old and naw: Stand Buside Mu, To Gut To You, My Way Ot Litu.

920. Mit title song, Girl Telh, Sunny, Yesterdey, 6 more hifs.

921. Esciting new lolhroch group sings end swings — Burned, Leeve.

T86. Nuar You, Cenedian Sunsut, Esodus, Fly Mu To The Moon, etc.

925. Tiffe fune, No One To Cry To, Oon't Touch Me, Peper Mansion, moro.

926. Thrue-ster triengla: Title hit, Homusich, Feirytale, and 9 others.

927. Big titlo hit, Tip Ol My Fiegers, There Goes My Everything, others.

935. Pandora's Golden Heebie Jeebies, You Huar Ma Call Your Hame, etc.

943. Powurful blues singer belts title hit, I'm A Lonuly Strenger, others.

944. Bill sings titlu hit. Bed Sued, Thu Whael Of Hurt, A Satisfiud Mind.

948. Hilarious new comic — fivu! Wonderfuf Wino (Top-40 Oisc Jockey), etc.

950, 950A. Matilda, Day O, Jamaica Farewell, othurs. Counts es 2.

987, 987A. 3f winners. Moon River, Gigi, Secret Love, others. Counts es 2.

766. Bright Lights And Country Music, Rainbow At Midoight, title hit, etc.

629. Music as esciting es the Jemes Bond films. OOT Theme. etc.

685. Sterring Johe Reitf end Eileee Christy. fl I Loved You, etc.

607. Lincoln Center cesf: Alfred Orahe, Lee Venore, Anne Jeffroys.

715. Played by Sviestoslav Richter so as to mahe every note suum new.

T30. Greet new group sings end pleys roch, befleds, romantic hits.

741. The show that rochad tha Copal Body And Soul, Ooggin' Around, mora.

812. Swinging nuw group in Last Trein To Clarksvillu, 11 sunny others.

T54. Entartaining, asciting thamas from TV show. U.H.C.L.E. Thumu.

T59. Barbere Herris, orig-ieel cest. Bright, funeful Broadwey hit.

8f3. "Miss Music" romps through Bill Beifuy, Besin Street Blues, etc.

T6T. Hot ster sings f-2-3, You Baby, Wiff You Love Mu Tomorrow?, etc.

T89. Music tor thu sunsetionel TV surius. Thu Batusi, Mr. Fruaza, utc.

798. Hot folk-rock group with smash hits. Huy Girl, In Crowd, You Baby, atc.

9ff. Bright, sunny songs: Springtime, Greenur Pastures, Making Plans, etc.

801. Wilma sings-I Love You Orops, I'm So Lonusome I Could Cry, othars.

814. Chart-perched title hit, These Boots Were Medu For Walhing, more.

Df5. The Three Bells, The Old Lemplightur, Scarlut Ribbons, 9 more.

802. Talhin' To The Wall, A Girl Liku You, Thanks A Lot, 9 othurs.

803. Smash title song, Cold And Lonely City, Eerly Morning Rain, etc.

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774. Fabulous jazz tlutist at thu Nuwport Jazz Festival: Patato, more.

804. Lara's Thumu, Balled Ot The Gruun Buats, Strangurs In Thu Hight.

775. Yusturday, Mary Ann, Scarborough Fair, Sally Frue And Easy, atc.

805. Chain Gang, Truat Hur Right, Good To Mu, 9 soul-packed othurs.

TT6. Greattrumpet, silhen stings. I'll Be Seeing You, You'll Nuver Know, utc.

777. Country music Ouuan sings Am I Losing You?, Billy Bayou, utc.

811. Britlient Lincole Center production of the tegendery musical.

T56. Clessicel gems for casual fistaning, Moee-light And Rosas, ????

T07. Yhundurbafl, Hulp, What's New • Pussycat?, Ship Of Fools, more.

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Color! How to break the rules and still be right

Page 37: Sofa—Metropolitan Furniture, S. San Francisco, Calif. 94080 Fabric on sofa—Boris Kroll, 979 Third, NYC 10022. Lamp—Hurt Mfg., McAllen, Texas 78501.

Page 38: Wallpaper—Jack Denst Design, 7355 S. Exchange, Chicago, Ill. 60649. Glasses—Ransburg, Indianapolis, Ind. 46207. Epergne—Wolin Mfg., 225 Fifth, NYC 10010. Sink—American-Standard, 40 W. 40th, NYC 10018.

Page 39: Floor covering—Karastan, 295 Fifth, NYC 10016. Candle holders—Dansk, Great Neck. N.Y. 11020. Lamp in foreground—Chapman, Avon, Mass. 02332. Lamp on dresser—Hurt Mfg., McAllen, Texas 78501.

Pages 42-43: Rug—Velvetone, Calhoun, Ga. 30701. Shade fabric—Jack Lenor Larsen, 677 Fifth, NYC 10022. Shade trim—Conso, 27 W. 23rd, NYC 10010. Upholstery for chairs—Nau hyde by Uniroyal, 1230 Ave of the Americas, NYC 100 Pink sherbets and glasse Brookpark, Logansport, I 46947. Plates—Centura by Co ing, Corning, N.Y. 14830. W covering—Warner, 108 S. D plaines, Chicago, Ill. 606 Place mats—H. 1. Stotter, Fifth, NYC 10010. Chandelie New Metal Craft, 812 N. W Chicago, Ill. 60610.

Page 44: Carpet—Lees, Brid port, Pa. 19405. Sofa—DeL Upholstering, Baltimore, M 21213. Fabric on sofa—J Lenor Larsen, 677 Fifth, N 10022. Chairs—Erwin-Lambe Thomasville, N.C. 27360. Fab on chairs—Boris Kroll, Third, NYC 10022. Coffee ta —Madison Furniture, Cant Miss. 39046. Double jar on c fee table—Raymor, 225 Fif NYC 10010.

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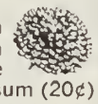
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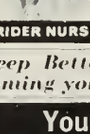
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al almond cake

62: Glasses—Fostoria, dsville, W. Va. 26041. Flat- —"Strasbourg" by Gorham, dence, R. I. 02907.

e tested recipes

64 (top): Stainless serving —"Hacienda" by Gorham, dence, R.I. 02907. **64** (middle): Sterling ladle, r, and dinner fork—"Con- a" by Towle, Newbury- Mass. 01950.

supper entertaining

71 (top): Skillet—Club inum, La Grange Park, Ill. . Spatula—Ekco, 9234 W. ont, Franklin Park, Ill. .

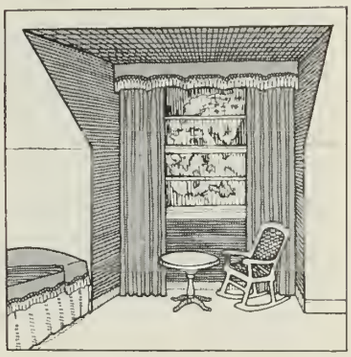
supper sweets

72 (top center): Baking and cup—Pyrex Ware by ng, Corning, New York . **72** (top right): Cookie sheet ro, Manitowoc, Wis. 54220.

e smart cabinets for o components

80-81 (Left): Changer—Empire Scientific, Garden City, N.Y. 11530. Amplifier and tuner —Eico Electronic, Flushing, N.Y. 11354. (Right): Amplifier— James B. Lansing, 3249 Casitas, Los Angeles, Calif. 90039.

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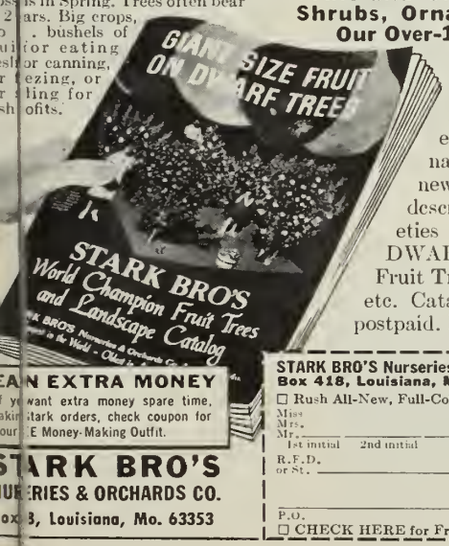
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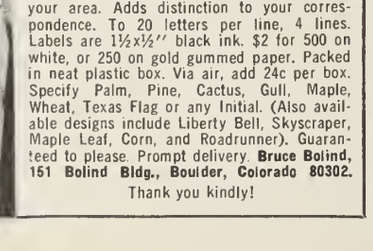
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By Margaret Vennum

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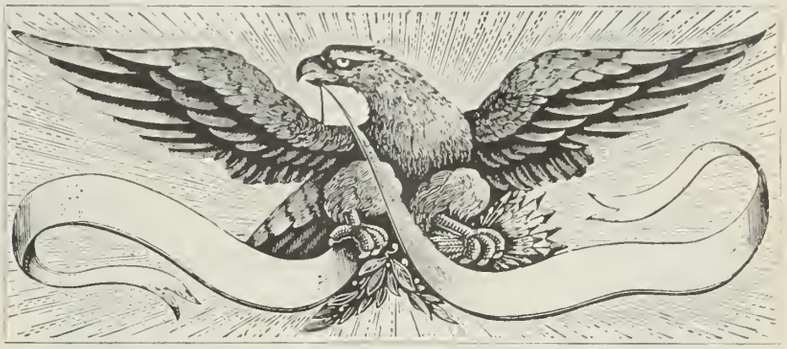
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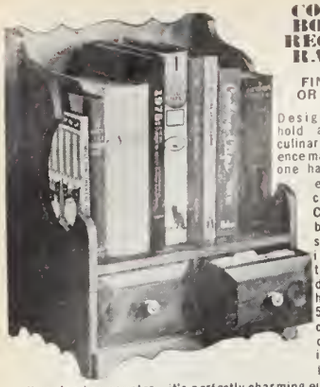
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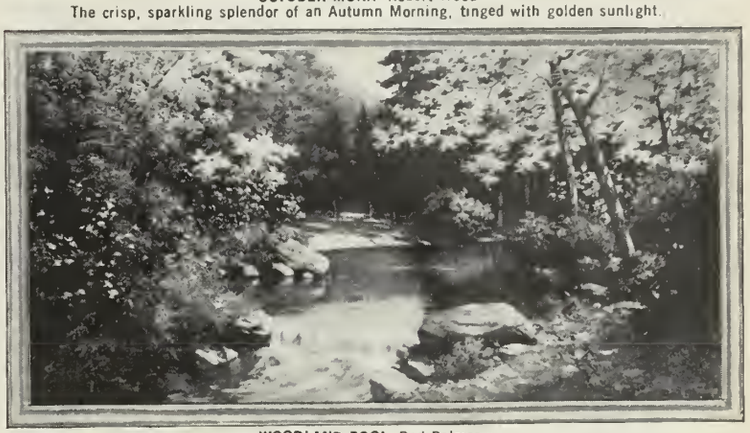


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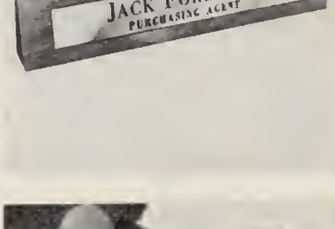


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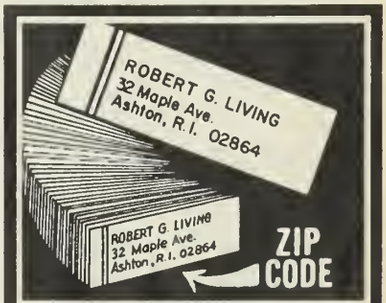
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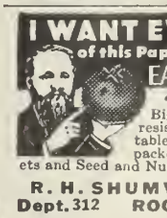
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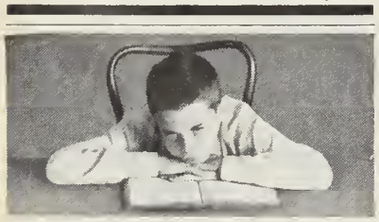
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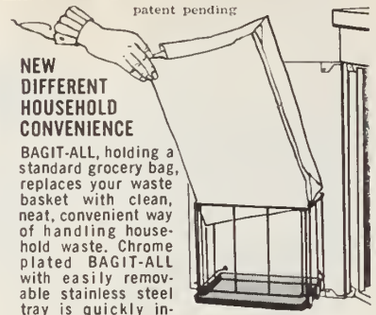


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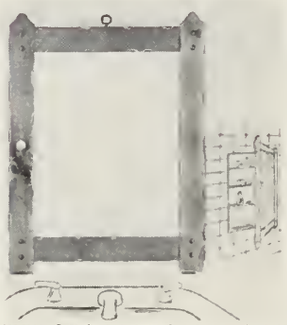
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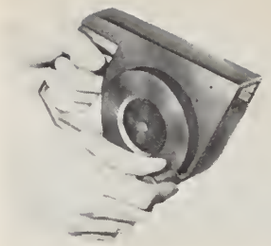
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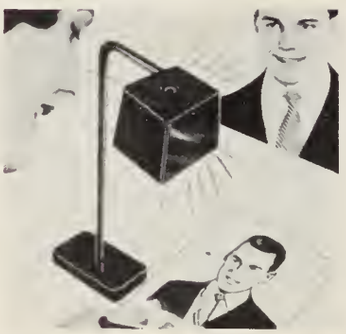
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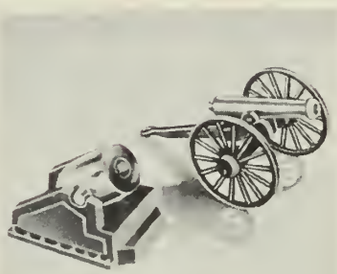
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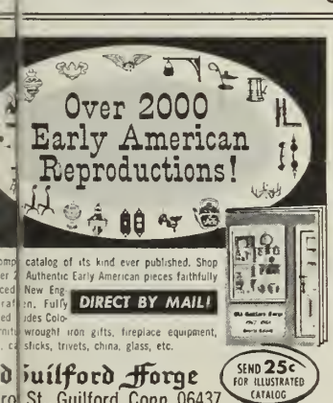


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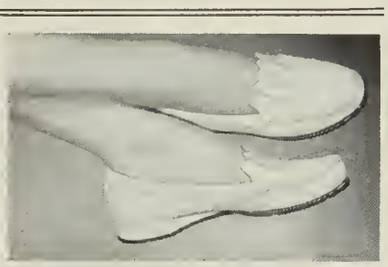
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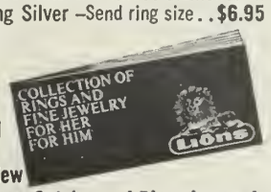


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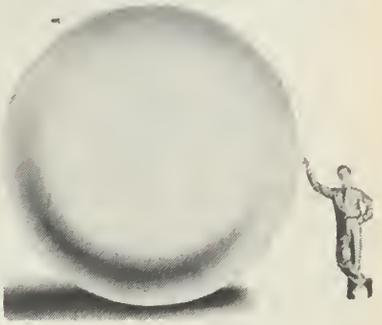
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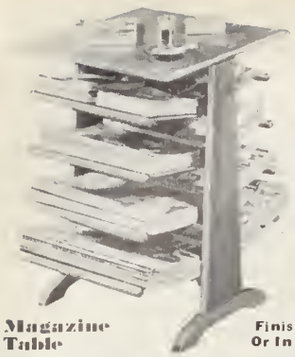
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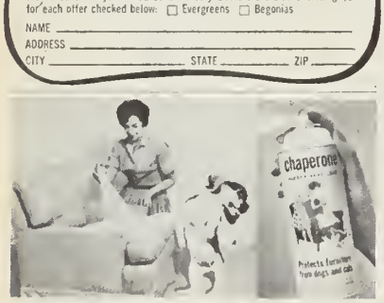


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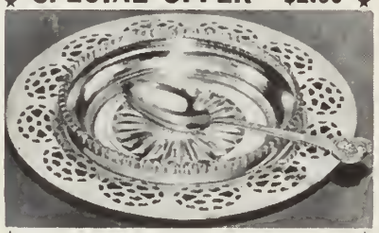
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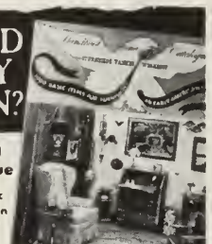
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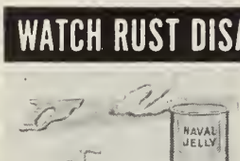
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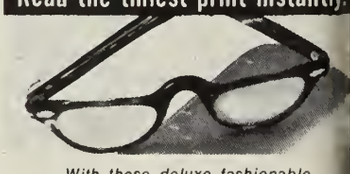
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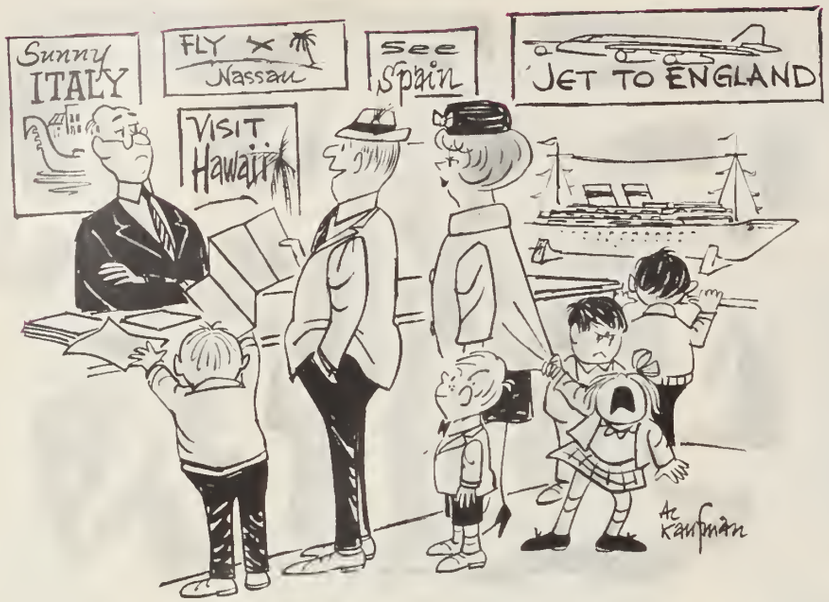
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"What I had in mind was an uninhabited island where the kids could run wild, while my wife and I went to Europe."

The New Year celebration should be moved to April 1, when we might be ready for another holiday. April 16 (the day after income tax deadline) would be an ideal time to celebrate a holiday. But maybe no one could afford it.

1968 is going to be a bumper year for snow. It's a presidential election year.

Ned Carter has my sympathy. After receiving for years those mimeographed Christmas letters from friends about their smart children, exciting trips, and business triumphs, Ned sat down last month to write a similar greeting—and found he didn't have a thing to brag about. He sent cards after all.

Christine and I had a nice Christmas note from friends in New York. They said they finally had been able to buy a house with a fireplace, but firewood is so expensive that it sounds strangely like money when it burns.

Uncle Dodd Buckner wasn't surprised to learn that the popularity of soccer has increased in the United States. "Why not?" he asked. "When things go wrong, Americans are the world's best kickers."

When a local men's garden club announced the winner of a contest for the best clipped shrubbery in town, Ned Carter said the lucky man should have been ineligible because he is a professional. The winner is a barber.

Elaine Cowan, the pretty divorcee, predicts the nudity trend will go so far in 1968 that if Eve returns in her fig leaf, she will be overdressed.

Until I heard a raucous blue jay and the latest popular singing sensation on the same day, I had always agreed with Poet Robert Frost that perhaps it was wrong to stop any song.

Dad Hillis, still as hale as can be, shakes his head about the health problems of some people. He remembers the days when the big problems were pellagra and malnutrition, and in his gentle way he thinks it mighty strange that so many current problems are caused by overeating and over-drinking.

The Rev. George Hall was stung when someone called him a do-gooder, but he was cool about it. "I'll accept that name," he said. "Just don't call me a do-nothinger. *That* would be an insult."

The Thirties were dominated by THE DEPRESSION, the Forties by THE WAR, the Fifties by THE BOMB. In the Sixties it's THE PILL, the first preoccupation in a long time that isn't awfully gloomy. Chris says she hopes this starts a trend for future decades.

The price of men's haircuts increased recently in our town, and at last I can understand how the long hair rage caught on so quickly all across the country.

Sometimes it's good for a man to get turned around. I got lost in the back streets of my own town last week, and I realized then I had almost completely forgotten about people less fortunate than me.

Ma Hillis has no objection to the idea of testing automobile drivers annually after they reach a certain age. She says it would be an equally good idea to adopt such tests for members of volunteer choirs.

New Year's resolutions around the Hillis household don't get anyone very excited, I found out the other day. I checked the other members of our clan to see what they were going to do—or not do.

"Why don't you just make two resolutions," said Christine, rather evasively. "One for you and one for me."

Rosemary dodged the opportunity by saying she really couldn't get committed *that* far in advance. Burt Jr. said he would like to think it over, and Judy thought the whole idea very quaint, very funny.

I went ahead anyway. I resolved (for Christine) that I would keep the basement clean throughout the year. And I grimly resolved to lose that extra six pounds I picked up over the holidays.

But I didn't dig any deeper than that, and my resolve to accomplish even these little goals isn't too strong.

Dad Hillis, when I asked him for his ideas on the subject, told me not to bother.

"Just let the government do it," he said. "They're making all kinds of resolutions, and besides, then you've got someone to get mad at when things go wrong."

Burton Hillis



"But what's the problem? Wasn't Piggie's house insured against a huff and a puff?"

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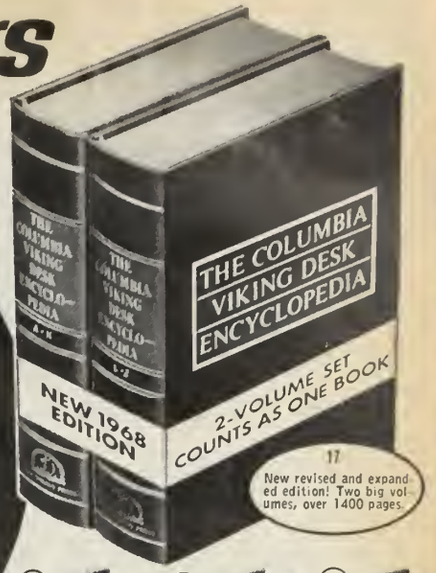
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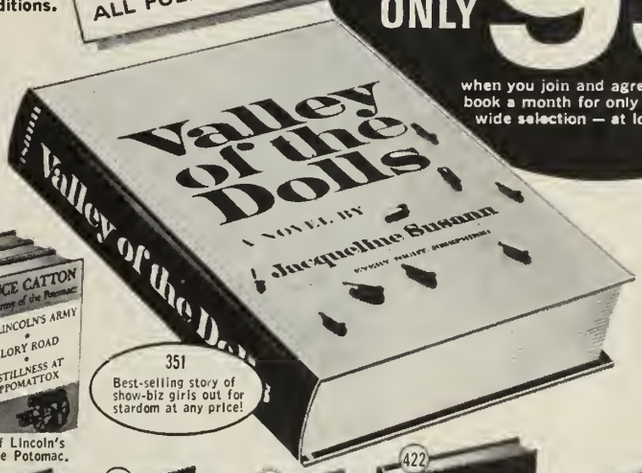
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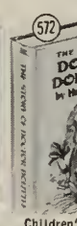


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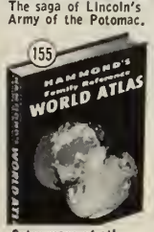


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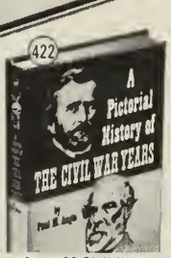
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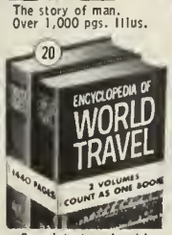
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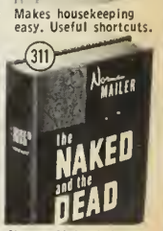
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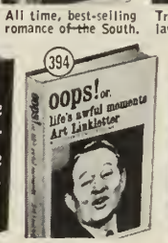
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Peter Lindberg, Editor

HOW TO BE A SMARTER TAXPAYER IN 1968

GETTING THE DEDUCTIONS

Even if you don't fill out your own tax return, you still should know the tax rules affecting you. Remember, the man who prepares your return probably fills out hundreds of others; he can't possibly quiz you on all your financial affairs to be sure you're getting maximum tax benefits. He *can* prepare a correct return for you, but he has to rely on you for accurate information on all your 1967 activities that have tax consequences.

To assist you in claiming all your deductions—whether you fill out your own return or have it done—we've included the checklist at far right. If you're in doubt on any item, consult your tax adviser to see whether you have a proper deduction.

CHANGES TO WATCH FOR

Medical insurance premiums now can be partially deducted, despite the regular three percent limitation. You can deduct half your medical insurance costs up to a maximum deduction of $150. The other half—plus any excess over the $150 limit—can still be deducted the regular way with the three percent limit applying.

The three percent medical expense limit and its companion one percent drug expense limit have been reinstated for anyone 65 or older, beginning with 1967 returns. Formerly, a taxpayer in this age group could deduct *all* medical expenses and drugs without any percentage limits. This change was made because Congress felt Medicare benefits would remove the need for this tax aid.

Your Social Security tax, of course, was increased for 1967. Your share, including the Medicare tax, was $290.40 if your salary or wages totaled $6,600 or more—an increase of $13.20 over the 1966 tax. If you were self-employed, you paid a Social Security tax of $422.40 for 1967.

If you worked for more than one employer during 1967, more than the maximum $290.40 Social Security tax may have been withheld by all your employers. If so, the excess can be claimed as a credit against your tax liability. For details, see IRS instructions furnished with your form.

Education-expense deductions have been broadened. They include the education costs of learning a new specialty in your field. Before, IRS often would have disallowed these expenses. If you had these expenses for years prior to 1967, consider filing a claim for refund.

Over-withholding of tax by your employer during 1968 can be avoided now if your 1967 itemized deductions substantially exceed the ten percent standard deduction. If you're eligible, your employer will *reduce* your tax withheld, immediately increasing your paycheck. Then you won't have to wait until filing your 1968 return in 1969 to get your excess withholdings via the refund route.

Get a Schedule A (Form W-4) from your employer to see whether you qualify for a 1968 reduction. If you do, file it *now* with your employer. And if you filed a Schedule A last year, you must re-file by May 1, 1968, or your employer will again have to start withholding more tax.

Self-employed retirement plans have changed, too. This year—if you're self-employed—you can deduct *all* eligible contributions you make to your IRS-approved pension retirement plan. Prior to 1968, your deduction was limited to 50 percent of the eligible contribution. Generally, your contributions are limited to $2,500 or ten percent of your earned income—whichever is less.

For a pension plan to qualify, though, it must include all your employees having three or more years of service. Contributions must be invested in special U.S. bonds, an insurance annuity, mutual fund, or a trust established with a bank. If you work for yourself, check on building this retirement security with tax deductible dollars.

TAX BREAKS FOR 65-OR-OLDER

Anyone 65 or more on January 1, *1968*, is considered to be "65 or older" for *1967* tax return purposes. This means you and your wife—or others in your family who qualify—can earn at least $3,000 *tax free* under the new rules.

Continued



EXPENSES THAT ARE GENERALLY DEDUCTIBLE IN WHOLE OR PART

- Accounting fees—business investment or tax matters
- Alimony and child support payments
- Attorneys' fees for business, investment and tax matters
- Automobile expenses—repairs, operating costs, and depreciation (if for business)
- Bank charges—investment accounts
- Bonds that are worthless
- Capital loss carry-overs
- Carrying charges deductible as interest
- Casualty losses—fire, storm, theft
- Child care expenses (limited)
- Clothing—uniforms and work clothes
- Club and association dues—business
- Contributions to charity
- Convention expenses—business
- Depreciation on business property
- Education expenses (limited deduction)
- Employees' business expenses: auto expense; entertainment of customers; meals and lodging; telephone; transportation expenses; tips
- Gasoline tax paid
- Gifts, business (limited to $25 a person per year)
- Interest paid
- Investors' expenses—investment, advice
- Loans that are uncollectible
- Magazines (technical and professional)
- Meals and lodging while traveling (business)
- Medical, dental, and hospital expenses: ambulance service; artificial teeth and limbs; drugs and medicines; eyeglasses; special foods and beverages prescribed by doctor; hearing aid; hospital bills; hospital insurance premiums, including Medicare insurance premiums; nursing expenses; doctors' fees; transportation expense for medical purposes
- Moving expenses from changing jobs
- Net operating losses
- Office in your home
- Penalty for prepaying mortgage
- Real estate taxes
- Safety deposit box rental charges (for stocks, bonds)
- Sales tax—if qualifying
- State and local income taxes
- Stock losses, stock that is worthless
- Tax return preparation fees
- Theft and embezzlement losses
- Union dues

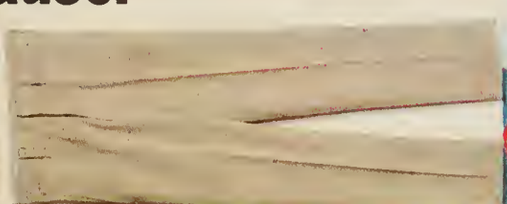


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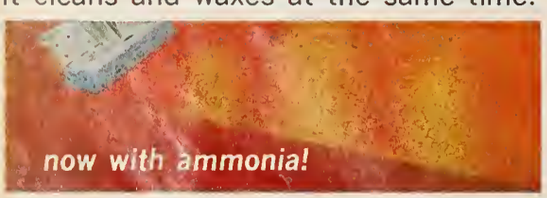
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BE A SMARTER TAXPAYER *Continued*

Extra exemptions. If you're 65 or older, you are now entitled to an "extra" $600 exemption. So is your spouse if she qualifies. Together, you can claim a total of $2,400 in exemptions—two regular $600 exemptions, and two "extra" $600 age exemptions. (This extra exemption doesn't apply to *dependents* who are 65 or older.)

Higher minimum standard deduction. In addition to extra exemptions, anyone 65 or over is entitled to a higher minimum standard deduction, too. If a couple 65 or older files jointly, the minimum standard deduction consists of a $200 base deduction, plus $100 for each *exemption claimed:*

Base deduction	$200
Two regular exemptions—$100 each	200
Two "extra" exemptions—$100 each	200
Minimum Standard Deduction	$600

But don't confuse the *minimum standard deduction* with *exemptions;* both these items can be claimed. For example, if husband and wife are both 65 or older, they get four $600 exemptions totaling $2,400. In addition, they get a $600 minimum standard deduction. Since the exemptions—plus the minimum standard deduction—total $3,000, this means they can earn up to this amount free of tax.

However, it's best not to claim the minimum standard deduction if there will be a higher deduction either by itemizing or by taking the regular standard deduction. Figure the deduction all three ways to see which is best.

Medical expenses. For 1967 returns, the three percent medical-expense limitation and the one percent drug-expense limitation have been restored for taxpayers 65 or older. However, there are no longer any *ceilings* on the amount of medical expense which can be claimed. Don't forget to include supplemental Medicare premium ($3 a month per person) in the medical insurance deduction. This is usually withheld by Social Security from monthly benefit payments.

Tax-free residence sale. Ordinarily, if you sell your residence at a gain, you don't pay tax *if* you reinvest the sales proceeds in another home within a specified time. Taxpayers who *haven't* bought another house after selling their home at a gain have faced a heavy tax load.

Now, though, if you're 65 or older and you sell your home without buying another, you can elect to exclude from tax all gain *if* your sales proceeds are $20,000 or less. If you sold for more than $20,000, you still can avoid tax on the gain attributable to the first $20,000 of sales proceeds. Attach Form 2119 (available from IRS) to get this benefit—which you can use just once.

Retirement income credit. Even if the extra "age" exemptions and deductions don't wipe out all tax liability, you may still owe no tax *if* you're eligible for retirement income credit. Assuming you are 65 or older (or younger if retired under a public retirement system), your retirement income credit can be as much as $342.90.

To qualify, you must have received "earned income" of over $600 during *each* of any ten years before 1967. A widow can qualify if her husband met the ten-year "earned-income" rule. The credit is figured on retirement income—which ordinarily includes pensions, interest and dividends received, and gross rentals. The amount of retirement income eligible for each taxpayer's credit is limited to $1,524 ($2,286 if a man and his wife are both over 65 and file a joint return).

In addition, you must reduce your retirement income eligible for the credit by Social Security payments received, and by earned income (depending on your age). If you're receiving Social Security, or if you're under 72 and are making substantial "earned income," you'll probably *Continued*



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BE A SMARTER TAXPAYER *Continued*

find your retirement income credit considerably reduced. To compute it, use Schedule B (Part V) of Form 1040.

In addition, the retirement income credit directly reduces your tax liability. So if you qualify—and you may want to check this with your tax adviser—you'll find it's *more* advantageous than a tax deduction of an equal amount.

Non-taxable items. Besides special exemptions and credits you may be able to exclude substantial parts of your income from tax. For example, Social Security benefits are not taxable income, and don't have to be reported on your tax return except in figuring retirement income credit. Portions of a pension that represent your own contribution can be received tax-free; this same rule applies to annuities. If you are a widow and you elected to receive life insurance in installments, you may be able to exclude up to $1,000 of interest paid to you each year as part of the installments.

TAX BREAKS FOR SERVICEMEN

Most tax rules apply to servicemen too—but there are important exceptions.

Non-taxable items received by military personnel include allowances paid for subsistence, quarters, and meals. Also tax-exempt are so-called family allowances paid by the government for wives and dependents (though the portion paid by the servicemen is taxable). Mustering-out pay, travel allowances, and uniform allowances escape tax as well.

Taxable items include base pay (with longevity pay), hazardous duty (flight and submarine) pay, and foreign-duty pay. Allowances received for duty-station changes are taxable, though there may be an offsetting moving expense deduction. Check IRS instructions for moving-expense rules.

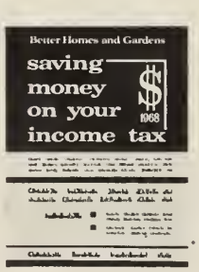
Combat pay received by enlisted servicemen for service in Vietnam "combat zone" is wholly tax exempt. For commissioned officers, exclusion is limited to $500 monthly.

Dependency exemptions cannot be claimed by parents for dependents who are in the Armed Forces for the *entire year*. However, if the dependent was on active duty only part of the year, a dependency exemption can be claimed *if* the other dependency tests are met.

Tax returns for servicemen stationed outside the U.S. on April 15th can be filed two months late without penalty. A simple explanation attached to the return will avoid penalty. For servicemen in the Vietnam area, generally no return is due until six months after his departure from Vietnam; this rule also applies to a working wife whose husband is serving in Vietnam, and who is filing jointly. ■

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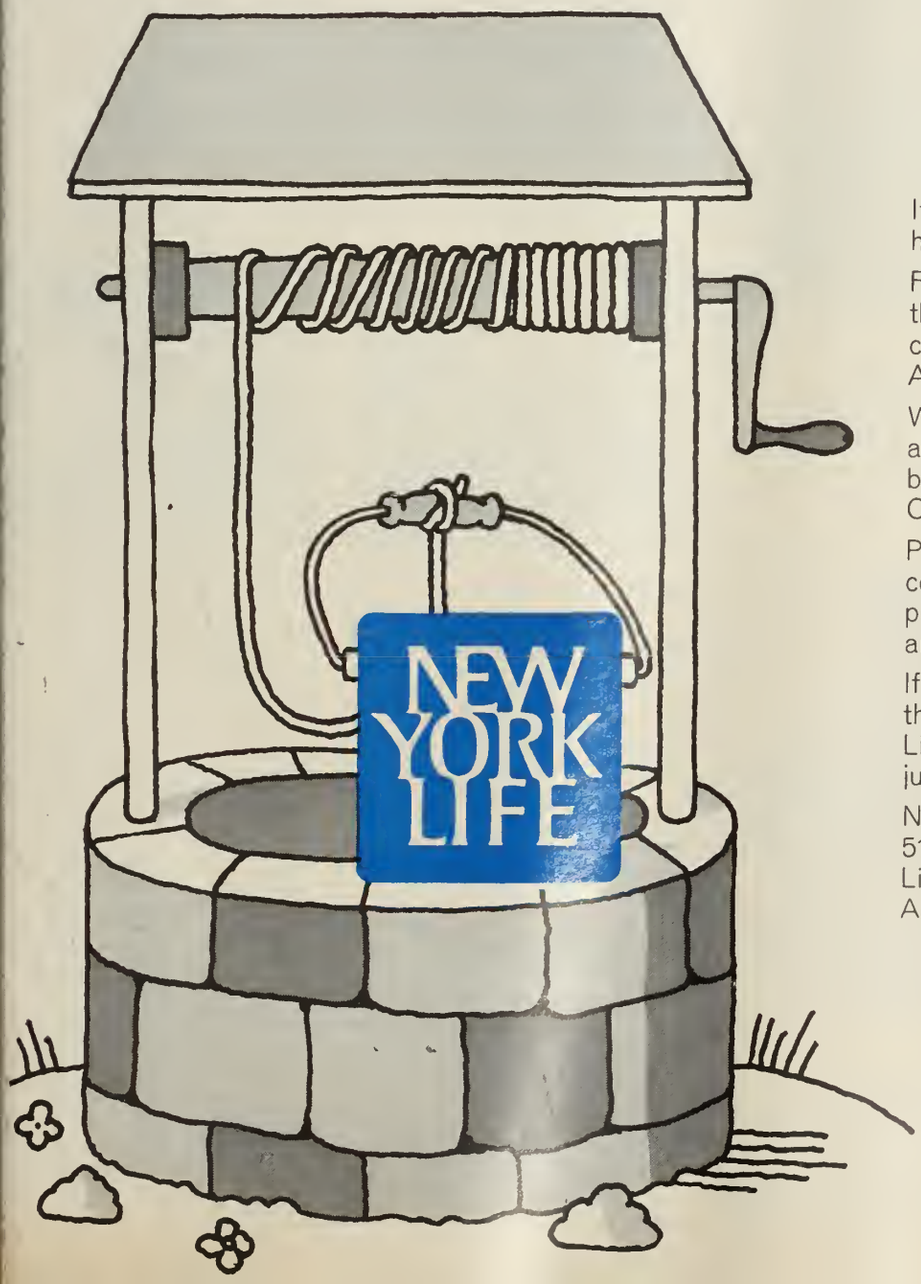
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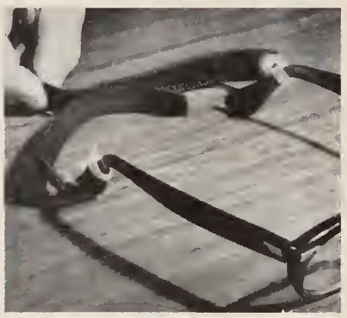
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Gripper, $1.25 in sporting goods depts. or from mfr. Roberts Dental Mfg. Co., 9 St. Paul St., Buffalo, N.Y. 14209.

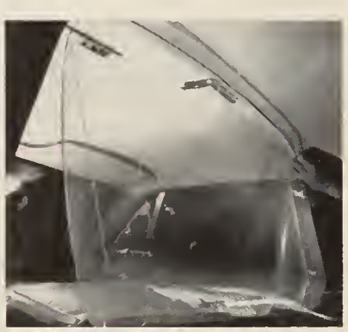


For the handyman on the go—a kit containing the basic too required for repairs around th home, apartment, or cottage.

The heavy-duty vinyl carry ing case provides handy too storage and an easy way t transport tools to the job. A the job site, you can hang th kit up or lay it out flat for eas access. Between jobs, just sna the kit shut and store jus about anywhere—in the sho in a closet or drawer, even i the car trunk.

The kit should also find fa vor as a starter set for the ne homeowner and as a hous wife's "fix-it" kit.

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Improve the efficiency of the heater or air conditioner in any car or station wagon with this Plexiglas shield.

It was designed for those who often travel alone or for small families who occupy only the front seat. In station wagons, it can also be used behind the second seat to isolate the rear deck area.

Easily attached near headliner with two spring-driven pins (only two small holes to drill). Unit can be easily raised for access to the rear or completely removed in seconds.

The crystal-clear Plexiglas does not impair rearward vision and is break-resistant for maximum safety.

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Perfect for fixtures that bu continuously or ones in har to-reach places like cathedr ceilings or over open stairwel

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Bulb-Life Saver, $1.50 stores. Leviton Mfg. Co., In 236 Greenpoint Ave., Broo lyn, N.Y. 11222. *Continu*

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2. Drink plenty of fluids
3. Take aspirin
   to reduce fever and relieve pain

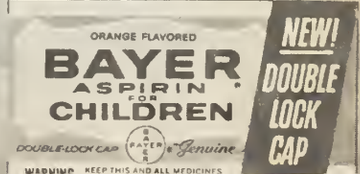
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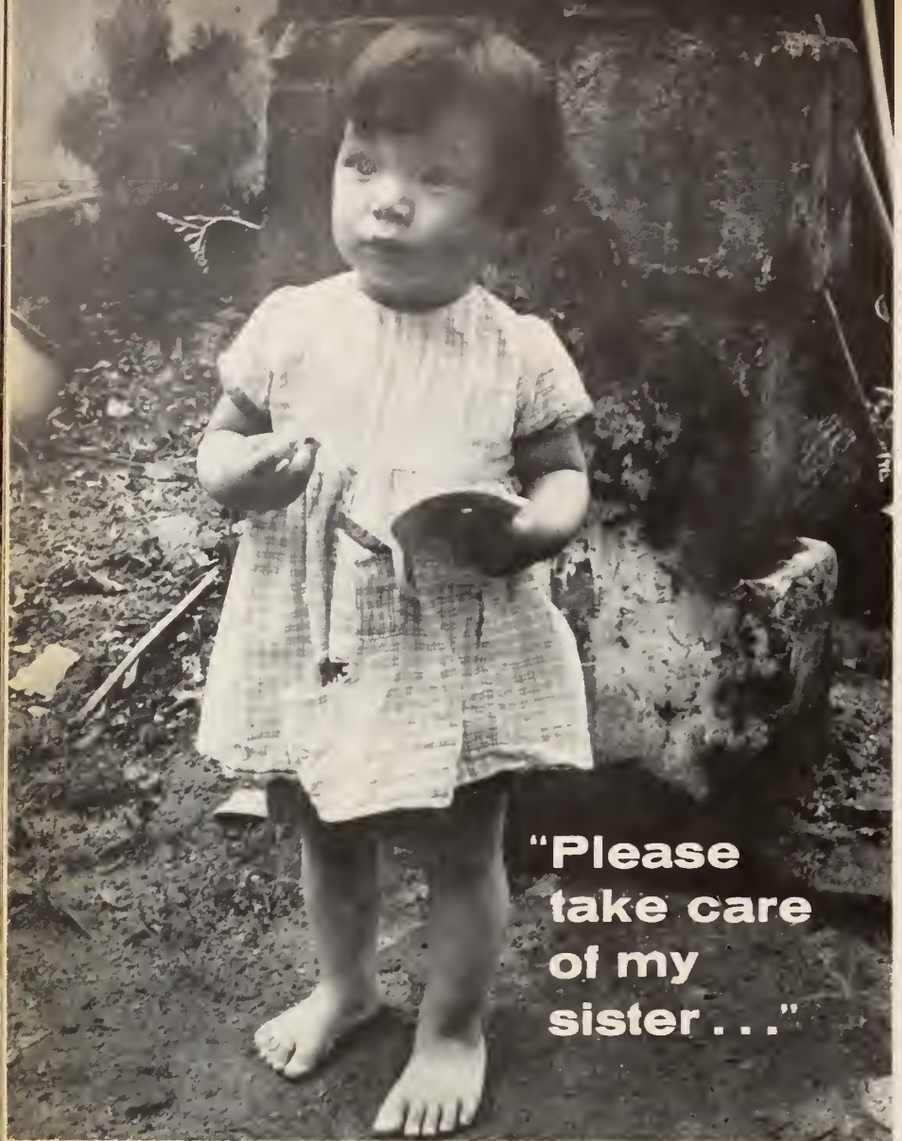


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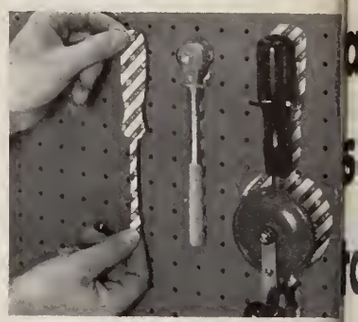
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Shadow Prints, $1.50 for fou square feet in hardware an building supply department or from manufacturer. P & Tool Company, Box 2206 Portland, Oregon 97222.



This variable-speed reversible drill has a new twist that could make it the most useful single tool in your shop.

By turning the small adjusting knob on the trigger switch, you can preset to the maximum speed desired. The trigger can be locked in the "on" position at any desired speed. You can also "fine tune" the speed while the drill is running.

In addition to drilling metal, wood, glass, ceramic, and masonry, this tool provides complete speed control for tapping, sanding, driving and removing screws, and for use with small sockets.

Skil Adjustable Drive-R-Drill $34.95 for ¼-inch, $42.95 for ⅜-inch, and $46.95 for ½-inch in hardware depts. Skil Corp., 5033 Elston Ave., Chicago, Illinois 60630.



Take a high-pressure spray head encircle it with bristles, and th result is this very efficient aut washing aid.

For easy removal of dust light dirt, hold the head a cou ple of inches from the surfac to be washed and let the high pressure spray nozzle do th work for you.

For stubborn dirt and grim use the bristles to loosen th film, and the spray nozzle rinse it away.

There's also a dial contr for a choice of clear water, d tergent, or liquid wax.

Works equally well on hou siding and windows. Eig ounces of detergent and a wi dow squeegee are included.

Osrow Jet 'N Brush, $6.95 stores. Osrow Product C Hazel St., Glen Cove, N York 11542.

Women who check contents, read labels, know quality and compare prices, steer their shopping carts to '68 Chevrolet Wagons.

GM
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Chevelle Malibu, front; Chevrolet Impala 3-seat Wagon, background.

CHEVELLE MALIBU

Do a little comparative shopping and see who seats six so comfortably, then turns around and converts into a big 94-cubic-foot shopping van. Discover how bright and shiny a wagon can keep itself when it's protected with Magic-Mirror acrylic lacquer on the outside, tough vinyl on the inside. Feel how much smoother a wagon can ride when full coil springs are at every wheel. How quiet with new double-cushioned engine mounts. How economical with a big 230-cubic-inch Turbo-Thrift engine that is perfectly happy to run on regular gas. New this year is the 3-seat Chevelle. Same Chevelle features only for a bigger crowd. Visit your Chevrolet dealer's one-stop shopping center soon.

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ARTHRITIS can strike at any age —even people in their twenties. Doctors know that in treating arthritis you must relieve *both* the pain and reduce inflammation that causes the stiffness. And Anacin® contains the compound leading arthritis specialists say is the most effective to do this. In fact, Anacin gives you *more* of this than any other leading arthritis tablet.

Anacin is a special fortified combination of ingredients which no other product has. It gives hours of relief from arthritis minor pain, its stiffness and tenderness so you have greater use of your joints. It also helps reduce the inflammation.

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GOOD NEWS FOR THE GALS



Create smart shades with this heat-sensitive, adhesive-coated shade cloth. Simply iron onto the reverse side of a fabric that's not too sheer or too heavy. Tran-Lam for controlled light; Tri-Lam opaque for room darkening. $3.00 for 42-inch width, $4.50 for 68-inch. Available where Tontine shades are sold. Stauffer Chemical Co., Newburgh, New York 12550.



Protect your walls and furniture with these bumper pads. They are made of a patented resilient material—will not damage surfaces to which they are applied. Not affected by aging or temperature. Brown, beige, or white. In two sizes: ½- and ¾-inch squares, 29 cents to 49 cents. At variety stores. Minnesota Mining and Manufacturing Co., St. Paul, Minn. 55119.



Simplify floor-cleaning jobs with the new Floor-A-Matic. This multipurpose appliance power-scrubs, picks up the scrub water (and holds it in a separate tank), waxes, polishes, damp-mops, even shampoos carpets with dry foam. Available in pumpkin and seal brown. About $80. Hoover Company, North Canton, O. 44720.



Posy-bright plastic accessories for the homemaker who likes color in her kitchen. They're made of high-impact styrene, both color-proof and dishwasher-safe; floral patterns are permanently applied. White, blue, yellow, pumpkin, and avocado. Between 49 and 79 cents. Deka Plastics, Inc., 914 Westfield Ave., Elizabeth, N. J. 07208.



Ladies in the dark will appreciate this purse-size, high-intensity flashlight. Comes with a plug-in charger—no batteries needed. Ideal for reading in theaters, finding keys or locks, deciphering menus. Set includes cigarette lighter attachment, flashlight, adapter (for globe-trotters), and charger—$16.95. Bulbs are 25 cents. Dax, Inc. Springfield, N. J. 07081.



Add creases in Permanent Press (or Durable Press) fabrics with this aerosol spray. Use it on new or laundered fabrics to help pleats, cuffs, hems, and seams stay pressed. When altering Permanent Press garments, spray on before ironing creases in cuffs or hems. Alter Ease, in department stores. $1.79. J. P. Stevens and Co., Inc., 1460 Bdwy, N. Y. 10036. *Continued*



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That's why girls like Lustre-Creme. It's the only pink shampoo.

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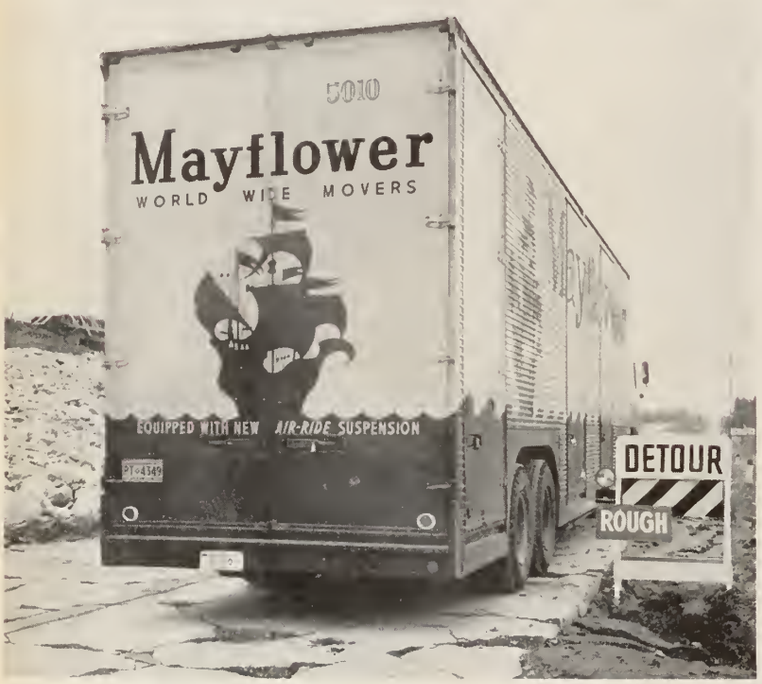
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Pink, creamy Lustre-Creme. It's the one shampoo made just for girls. Because pink is just for girls.

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GOOD NEWS FOR THE GALS *Continued*



The touch-up ironing table that folds flat, stores compactly. Use either side—both are perforated for faster ironing. Treated covers and pads included. Ideal for new Permanent Press, handy for sleeves, ruffles. Take it with you when traveling. $4.98. Seymour Housewares Co., Seymour, Ind. 47274.



Ingenious egg cup has an attached collar to hold a spoon and pieces of egg shell. Made of olefin plastic, it goes in the dishwasher safely. Colors: white, pink, or yellow. Two for 59 cents—on housewares shelves at grocery or variety stores. Republic Molding Co., 6330 W. Touhy Ave., Niles, Ill. 60648.



An abuse-proof latex semigloss paint is great for kitchens and bathrooms—safe for nurseries. Washability guaranteed for five years. Crayon and ink smudges wipe off with a damp sponge. Dries in 30 minutes with no paint smell. Rollers or brushes rinse out in water. At department stores—$6.99. Magicolor Co., Ashland Ave. at 29th St., Chicago, Ill. 60608.



A Porta-Dryer goes right to work where space is limited or 230-volt wiring is lacking. No installation needed—it rolls under counter in kitchen or bath; hangs on the wall; or slides in a closet. Ideal for vacation home, mobile home, or dormitory (weighs only 77 pounds). Available without casters. White, copper, avocado. About $100. Maytag Co., Newton, Ia. 50208.



Streamlined electric mixer makes storage easy. Beaters store in handle; unit can be wall mounted for storage or for use as a stand-up mixer. This lightweight unit has three speeds. Avocado or white. Has beater ejector and heel rest. Cord wraps neatly around mixer base for storing. $11.98. Rival Manufacturing Co., Kansas City, Missouri 64129.



Around-the-clock dispenser emits scientifically formulated aerosol spray at 15-minute intervals to control insects, odors, airborne bacteria; to relieve nasal congestion; or to sweeten the air. Provides automatic protection up to 34 days on a 24-hour basis. Spare can stores in dispenser. $19.95. Time-Mist, Inc., 735 Canal St., Stamford, Connecticut 06902.

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Your water affects the results you get from your dishwasher. It can leave spots, streaks, dulling film. Finish is the only dishwasher detergent that has different formulas for water problems in different areas. Only Finish matches its formula to your water. Nobody else bothers. Why do we bother? Try Finish and see how spotlessly clean your silver, glasses and dishes can be. Your grocer has the right Finish formula for your area.

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TREASURE HUNT

BISQUE FIGURE ORNAMENTS

By John Mebane

If you're looking for a field of collecting in which objects are still fairly abundant, consider that of small bisque figures, once made by the thousands in the United States, England, Germany, France, and elsewhere.

Bisque is the term commonly used today in referring to unglazed white porcelain, and the bisque figures or figure groups with which most collectors today are concerned are those produced during the nineteenth century, even though bisque was made much earlier than this.

These nineteenth century bisque figures and groups adorned the mantels of thousands of Victorian homes, and especially homes of the late Victorian period. They were frequently patterned after much finer and costlier pieces made in the renowned factories at Meissen, Sèvres, Nevers, and elsewhere and often were sold in pairs. Many bisque figures were turned out by potteries in the United States from 1850 up to as late as 1920. Their production was first stimulated by the success of Parian wares made in Bennington, Vermont, and a few other places.

Some bisque figures are marked but the majority are not, and because quite similar types were produced by many different factories, the matter of attributing them to specific potteries is extremely difficult. However, hundreds of bisque pieces are still available at relatively low prices and the lack of any type of identifying mark on a good piece rarely tends to lessen its desirability or even its value.

The bisque pieces with which we are here concerned will range from only a very few inches in height to two feet or more, but most collectors prefer those less than a foot tall because they are easier to display. The choicer items are those which have been tinted, especially those with delicate coloring.

Thousands of these figures, as well as other types of so-called mantel ornaments, were cast in plaster-of-paris molds and are usually hollow inside. They were then fired in a kiln, cooled, and dried. When the figures were decorated, the pigment was normally applied with a brush, after which the pieces were fired again. Sometimes, however, color was applied to the molds instead and was transferred by the action of the heat to the bisque object. Gold sometimes was used for decoration around edgings, although its use ran the cost of the object up. There were some objects which required more than one mold for their production. One part would be cast in one mold, a second part in another, and so on. The various parts would later be assembled by hand.

One favorite item of bisque during the latter part of the nineteenth century and early in the present one was the "piano baby"—a bisque baby usually modeled almost flat on his hands and knees. These were popular for decorating the tops of pianos.

Most figures and groups were designed for sentimental appeal. Many of these depicted charming children or romantic young couples. Others have a rustic charm, and some were of a religious or classical design.

In addition to the numerous figures and figure groups, dozens of other types of ornaments and decorative objects also were cast in bisque and are worth collecting. These include animals, miniature vases, match holders, toys, shoes and slippers, trinket boxes, and other small objects.

Desirable bisque figures could be purchased at retail during the final quarter of the last century at prices from around a dollar to about three dollars a pair. Today the values of these will range from around $10 to $25 each, some finer types coming higher, although smaller ornaments may still be found under $10.

Bisque productions today are far costlier to make than was the case before the turn of the century, largely because of the cost of labor, so that many of the older figures are available right now at prices less than it would cost to reproduce them.

Parian wares are somewhat similar to bisque and sometimes are lumped with bisque productions. Parian was made in England about the middle of the nineteenth century and, later, in this country. Technically however, Parian is a different category.

Around the time of World War I, thousands of cheap bisque ornaments made in Japan flooded the United States. These were greatly inferior to the earlier wares, and some of them sold at wholesale for as little as 39¢ a dozen. With a little experience, the collector will be able to distinguish between the cheap wares and the better pieces. Current prices depend largely upon quality, and the chances are that values will rise in the years ahead as the supply of better items in the field diminishes. ■


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A half-price Towle sale for women who are seriously interested in buying stainless.

We are offering a three-piece luncheon setting of Towle stainless for $3.95. This is roughly half the retail price and the offer is limited to one place setting per customer.

Towle stainless is designed by the Towle Silversmiths, whose craft traditions date from 1690. It is, as you would expect, meticulously fashioned of the highest grade of steel.

Towle stainless is not cheap. We think that the best way to see *why* it is not cheap is to examine a place setting. A single spoon, such as other makers offer, will do well enough if all you care about is pattern. But our patterns are only a small part of the story.

To appreciate Towle stainless, you must feel the weight of a knife. And you must cut with it.

You must hold a fork to know if its balance is right for you. And you must eat with it.

You must place the stainless on your dining table, alongside your china and your glassware, to see if it looks at home in its surroundings.

We ask you to take this deliberate care in buying because we know it is the one sure way to satisfaction.

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This offer limited to one place setting per person. All orders must be postmarked by May 31, 1968. Please allow

WHICH HOME OFFICE WORKS FOR YOU?



1. Photograph: Hedrich-Blessing. Architect: James Allyn Stewart



2. Photograph: Lisanti. Interior Designer: Rita St. Clair, A.I.D. Source: Kit Tyson



3. Photograph: de Gennaro. Decorator: Don Garnier, A.I.D. Source: Pauline Graves



4. Photograph: Lisanti. Interior Designer: Gary Quigg. Source: Kit T

1. Private enterprise is the key to a successful home office. A designer tailored this one to fit his special requirements. He installed a composition blackboard on one wall where he can sketch his ideas and jot down reminders; supplemented desk storage with a low bookcase that's within easy reach when he's working at the desk. A paneled wall, warmed with favorite pictures, and a parquet floor keep the room from appearing too severe and businesslike.

2. Even a short bedroom wall can accommodate a workable home office with the introduction of a Parsons table for a desk. Light from a small high-intensity lamp illuminates the desk and also adjusts for reading in bed. A whimsical note—the trompe l' oeil cabinet hung above the desk.

3. Present desk too small for family nee Improvise with a hollow-core door slab. T desk is supported at one end by a 1x4 pla between two corbels. Another 1x4 braces t desk underneath. Opposite end rests o 12-inch window ledge. Small angle irons h desk top firmly in place. Weathered wo corbels were left unchanged, but door s received a glaze of white paint which v then rubbed off and coated with a solution one half white shellac and one half pa thinner to prevent yellowing.

4. This successful merger of storage wall a home office is ideal if you like refere books right at hand. The built-in desk made of the same wood as the doors to wall cabinets below (great for stash work-in-progress).

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Raggedy Ann, the rag doll with the happy smile, twinkling shoe-button eyes, and "I LOVE YOU" printed over her heart, is the heroine of these 12 enchanting stories. 70 illustrations, half in full color.

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Even in today's fast-paced, changing world, the old-fashioned values remain the same: values like goodness, kindness and truthfulness. Yet how hard it is these days to find books that teach the golden virtues... books to draw your little ones into the wonderland of reading as they illustrate the rich rewards of goodness and morality.

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Now this beloved children's series, illustrated with the original paintings and drawings by Johnny Gruelle and his sons, is yours to share with your youngsters through an exciting monthly reading program called Raggedy Ann 'n Andy's Storytime Club.

Three Books for the Price of One

Accept this invitation to try the program now, and as an introduction you will receive the three Raggedy Ann 'n Andy books shown above (a $7.50 value at the publisher's catalog price) for only $1.69 plus a small mailing charge.

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As a member of Raggedy Ann 'n Andy's Storytime Club, you will receive another gaily illustrated 96-page book filled with Raggedy doll adventures for your children every month, and you will be billed only $1.69 plus a small mailing charge instead of the publisher's catalog price of $2.50. After four monthly selections, you may cancel at any time.

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But before you spend even a penny for these delightful books, you're invited to see for yourself the joy and interest in reading they can bring to your children. Send now and get the three books shown—a $7.50 value—for only $1.69 plus small mailing charge. If you and your children are not delighted, you may return the three introductory books within ten days and owe nothing. There's no risk at all. Fill out and mail the attached reply card (or coupon) today, to:

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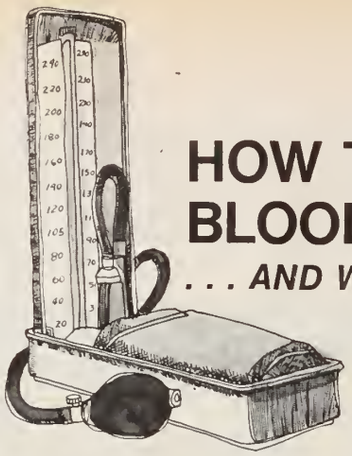
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HOW TO KEEP YOUR BLOOD PRESSURE NORMAL

. . . AND WHAT YOU CAN DO IF IT ISN'T

Blood pressure—whether high, low, or normal—is a vital sign valued by all doctors in assessing your physical well-being. Next to your temperature, it is the single most common measure recorded in the doctor's log on your health. But what is it, really? What does it tell your doctor?

The procedure for measuring blood pressure may be familiar to you. A pressure cuff is wrapped around your upper arm, and air is then squeezed into it from a rubber bulb until the cuff begins to feel uncomfortably tight. This pressure device, called a sphygmomanometer, firmly compresses the main artery in your arm until blood flow is blocked.

Your blood pressure goes up and down, like waves of water, in perfect time with the beat of your heart. The crest of the wave corresponds to your *systolic* blood pressure, reached each time your heart pushes five ounces of blood into the big arteries in your body. The trough would be your *diastolic* blood pressure, present when your heart is relaxed and refilling with blood before its next beat.

After your doctor blocks the blood flow with the pressure device, he then places a stethoscope to the artery and listens. At first, with high pressure in the cuff, he hears nothing. As he slowly reduces the pressure, he suddenly begins to hear a series of sharp clicks, each click corresponding to one heartbeat. He notes the pressure at which he begins to hear these clicks; this is your systolic pressure. Then he slowly lowers the pressure in the cuff, noting a gradual change in the quality of the clicks, which become less sharp and gradually change into a sort of rushing or swishing sound. He quickly reads the cuff pressure again and writes the number down: this is your diastolic pressure.

These two pressures, usually expressed in millimeters of mercury, make up your complete blood pressure reading. They are recorded, for example, as "one hundred twenty over eighty" (120/80) or "ninety over sixty" (90/60), with systolic pressure over diastolic pressure.

Your blood pressure is a reflection of your everyday pattern of living, rising and falling from moment to moment to meet your body's needs. It is the force which makes your body beat with life. Your blood pressure pulses blood, filled with life-giving oxygen and food, to every tissue in your body.

The normal range of blood pressure varies according to one's age. In children it may easily run as low as 85/55, with an average reading of perhaps 90/60. In adults normal blood pressure ranges from 100/80 to 135/90. Most doctors consider an adult pressure of 135/95 as suspiciously high. But your doctor knows that many everyday things can cause your blood pressure to fluctuate widely from one moment to the next; he takes these into account.

Your blood vessels contract or expand to meet your body's special demands for oxygen or nutriment—and your blood pressure rises or falls accordingly. During sleep, blood pressure may fall to a low ebb. Various hormones produced in your body may influence your blood pressure, or it may be altered artificially by a variety of medicines.

Thus a single abnormal blood pressure measurement is not necessarily cause for alarm. Only when your blood pressure begins to vary *consistently* or *frequently* from the normal range should you and your doctor begin to worry.

Popular Misinformation About Blood Pressure

Blood pressure is a ripe field for false information. One very popular notion is that your blood pressure ought to measure "100 plus your age." Actually, a systolic blood pressure of 150 is as *ab*normal for a man of 50 as it would be for a girl of 16.

Another common misconception is that *low* blood pressure, in itself, is dangerous. In the case of shock following an injury, for example, or during a severe hemorrhage, or in the presence of certain rare diseases, a low blood pressure can constitute a threat, but rarely otherwise. In fact, it can be considered a blessing, not a problem. Recent life insurance studies indicate that people with low blood pressure live longer and stay healthier than those with normal or high blood pressure.

Many symptoms are attributed to *high* blood pressure, but the condition is, in fact, frequently without any symptoms at all. High blood pressure, called hypertension when it consistently stays too high, conjures up the image of an active, hard-driving perfectionist who never seems able to relax, never seems quite able to finish his work. But this characterization is pure fiction. The hypertensive person may be tense or relaxed, forceful or subservient, active or inactive.

Hypertension denotes only an elevation in blood pressure. It is organic and physical, and not necessarily related to personality. It s quite true, however, that excessive emotional tension may cause your blood pressure to rise unusually high too frequently, and this may be an early warning that full-blown hypertension is developing.

The Mystery—And Danger Of Hypertension

Any time your blood pressure climbs too high, it becomes a threat to your health and well-being. This is true even if it's just a little too high—but occurs frequently.

In evaluating your blood pressure, your doctor pays more attention to the lower or diastolic pressure than the systolic; it tells him more about accumulative damage hypertension could be doing to your body. ***Continued***

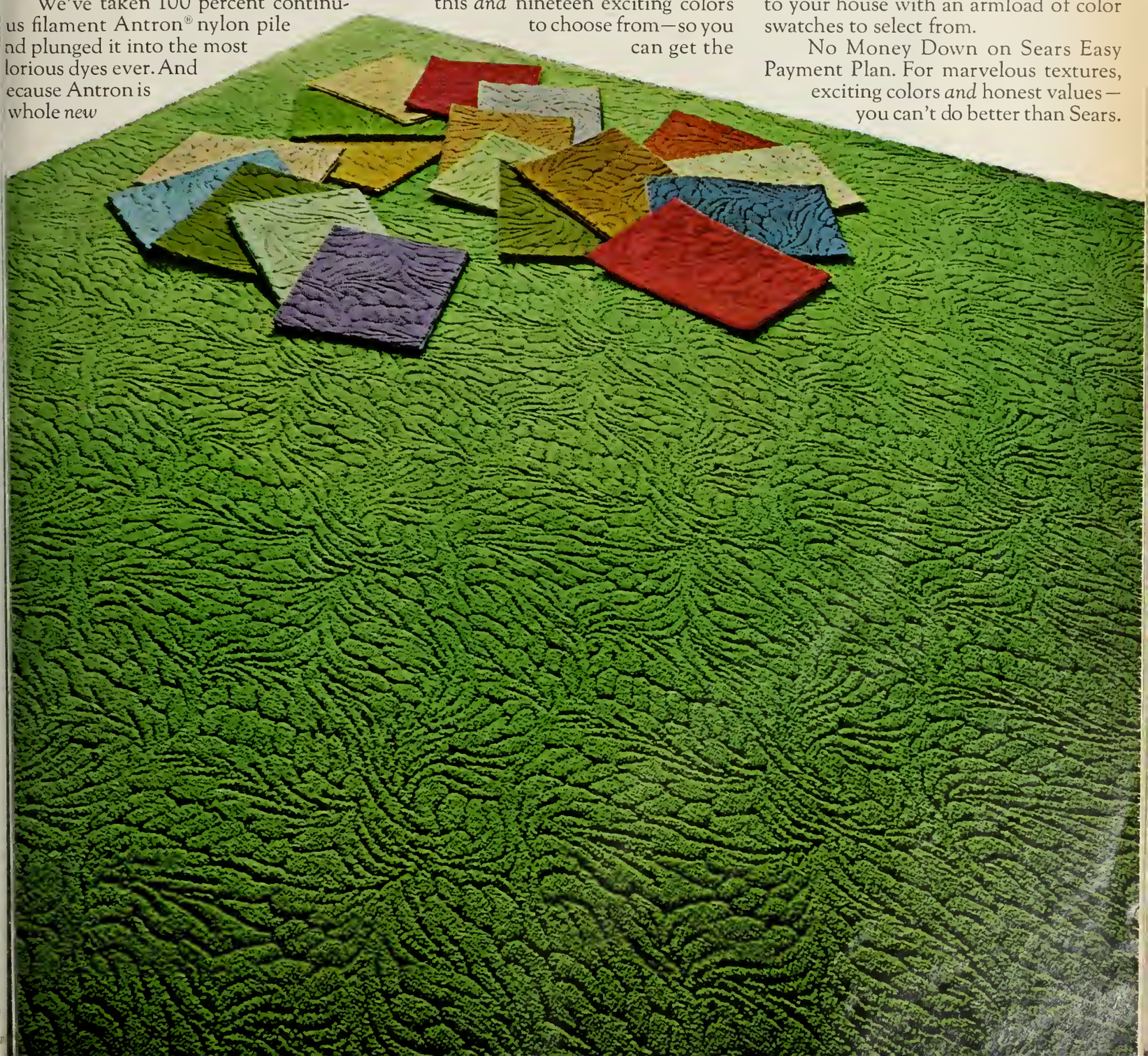
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BLOOD PRESSURE *Continued*

Systolic hypertension is most commonly caused by arteriosclerosis (hardening of the arteries), in which the large arteries of the body gradually lose their elasticity. A mild degree of systolic hypertension, due to arteriosclerosis, is often found in many apparently healthy people as they grow older. Sometimes, their systolic blood pressure can climb quite high while their diastolic blood pressure remains near normal.

The reverse seldom happens, however. When diastolic blood pressure goes up, systolic blood pressure climbs with it. *Diastolic hypertension* results from an excessive constriction, or narrowing, of the small arteries throughout your circulatory system. These arteries are not clogged nor hardened. They have simply tightened. If your doctor begins treating you for high blood pressure, he's probably most concerned about your diastolic blood pressure, or the tightening of your small arteries.

What causes hypertension to develop? Doctors still don't know for certain, but more is known about the condition each year. In a few cases, a specific cause can be found and corrected by surgery, thus alleviating the trouble. A malformed artery to a kidney, for example, may account for generalized, curable high blood pressure; or an adrenal gland tumor which produces an excess of certain hormones.

But in 90 percent of the cases of hypertension, no specific, identifiable cause can be found. Rather, there are some very general contributing conditions. Among these are hereditary predisposition, obesity, too much smoking, excessive intake of salt, and chronic physical and emotional tension.

Perhaps the most important contributing factor is a family history of hypertension. Statistics show that if one parent has hypertension, there is a 50 percent chance that children from that marriage will develop hypertension during their lives, usually in middle age. If both parents suffer from hypertension, their children's chances rise to 90 percent.

These figures point out the vigilance some people should take. If you have a family history of the disease, be on the lookout for it during your middle years. Even more important, start practicing early preventive measures to keep your blood pressure normal.

What Can You Do If You Have High Blood Pressure?

Control your weight. Often, people with high blood pressure are also overweight, and losing weight can help reduce blood pressure to normal levels. Consult your doctor about a sensible program of gradual weight reduction. Remember: any reducing program, to be lastingly effective, must involve a change in eating habits you can live with indefinitely (see January health article "If You're Overweight, You Don't Know How To Eat").

In addition, stop adding salt to food without first tasting it; see that your food is prepared with enough salt in the first place, and then leave the salt shaker off the table.

Control your smoking. Heavy smoking subjects your heart and circulatory system to a recurring strain; one definite effect of nicotine is to constrict smaller arteries. With mounting evidence of multiple health hazards of smoking, *any* excuse for stopping is justifiable—but if your blood pressure is high, smoking constitutes an immediate threat.

Moderate your physical and emotional tensions. Physical stress and tension do not cause high blood pressure, but without a doubt they are very common contributing factors. Of course, you cannot make yourself a more relaxed and easy-

Continued



It says it's simple to make a pizza . . .


Spread out dough with your fingers . . .


Spread the sauce on the dough . . . oo . . oo . . .





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BLOOD PRESSURE *Continued*

going person just by wishing it were so. But you can slow down your pace from time to time. Recognize that long hours of work, constant worrying, or continuous emotional conflict must inevitably whittle away at your health and vitality. Perhaps you cannot alter your whole way of life—but if hypertension threatens, you can at least modify it.

See that you have sufficient formal vacation time, with a number of additional three- or four-day breaks throughout the year. Take at least one full day a week completely away from your work—and the worry associated with it. Nobody needs to work 15, 20 hours a day; limit your working hours each day, and deliberately set aside adequate time for rest. A good start is to get more sleep!

Targets Of Hypertension

Hypertension appears quietly, without fanfare. You may have no symptoms at all, to begin with, but insidious damage can be occurring all the same. Hypertension is usually found in young adults in their early thirties—more often in women than in men. Sometimes symptoms such as morning headaches, dizziness, excessive irritability, or even vomiting may be present, but don't expect such warnings. More often early hypertension is discovered unexpectedly in your doctor's office as a result of a routine blood pressure check.

Hypertension imposes an extra burden of wear and tear on all parts of the circulatory system. The heart, forced to pump blood at higher-than-normal pressures, begins to enlarge and thicken to handle the overload. After months or years of stretching under excess pressure, the tough, rubbery walls of arteries all over the body begin to lose their elasticity.

Eventually, tiny blood vessels in the retina of the eye, for example, or in the brain, may burst under the constant hammering of high blood pressure, with resulting impairment of vision or repeated minor episodes of brain damage. In the kidneys, the arteries so necessary for filtering waste materials out of the blood stream may be gradually damaged until the kidneys can no longer do their job adequately.

Sooner or later an enlarged, exhausted heart may reach the point that it can no longer pump blood efficiently to all parts of the body, and it begins to fail. In fact, prolonged hypertension can be an opened Pandora's box within your body, leading to crippling illness or even death.

Be sure your blood pressure is measured any time you visit your doctor, whatever the purpose of your visit. The reason is simple: high blood pressure can often be prevented from developing further if it's discovered early. The best cure for hypertension is prevention.

Once discovered, hypertension should be carefully observed and treated under your doctor's guidance. He may or may not choose to prescribe medicines; mild hypertension can often be controlled by more conservative means. Many modern drugs can help control hypertension, but intelligent cooperation with your doctor can minimize or even eliminate the need for long-term medication.

There is a good chance your blood pressure is normal right now. If so, fine—but it may not always stay that way without your help. Your blood pressure is a healthy force which makes your body throb with life. You can help in keeping your blood pressure normal—or controlling it if it is too high—by a few practical steps taken on your own, or in cooperation with your doctor. The payoff is big—more vitality and a longer, more comfortable life. ■

Family Health Next Month:

- ***What to tell your child about sex . . . and when***

Inside story of our exclusive, patented new solid-state, electronically-automated Culligan® Aqua-Sensor® water conditioner that takes care of itself because it automatically senses all your soft water needs.

Never Runs Out of Soft Water. It's as automatic as your water heater. *Economical.* Never recharges needlessly; saves salt, saves water. *How Aqua-Sensor Works.* There are two sensors located at the bottom of the ion-exchange resin bed. When hard water reaches the upper sensor, the lower sensor is still immersed in softened water. The sensors electronically detect the difference and signal the solid-state controller. At the proper time, the unit automatically recharges. Now that you have the inside story, just call and say





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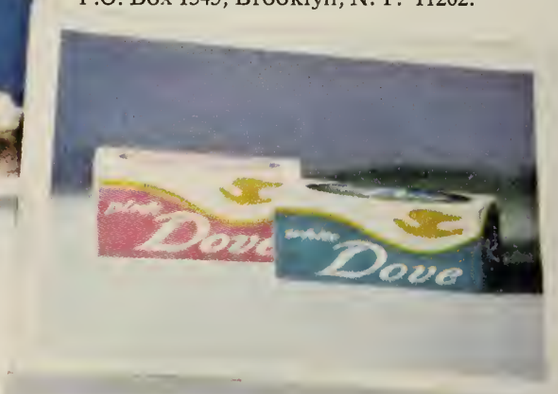
Here's your chance to get the late **Anscomatic Cadet Camera plus a Kodacolor-X Instamatic Film Pack!** The Anscoma is lightweight, instant-loading and comes comple with a prefocused lens. In addition, it is equippe for flash cubes which make indoor photography a snap.

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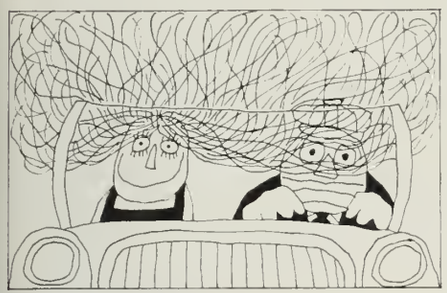
Dove is ¼ cleansing cream. It creams your skin while you wash.

The photo of the lady above was actually taken by the Anscomatic Cadet Camera. Just a sample of the way yours will look.

CARS IN YOUR FAMILY

Duane L. Gregg, Automotive Editor

AVOID THE LITTLE DISTRACTIONS: PREVENT THE BIG DRIVING CRISES



Not just drivers but clothing, cargo, and even passengers cause accidents every day. In fact, anything that momentarily diverts the driver's eyes or attention from his all-important job can cause an accident.

How many of these hazards are in your car?

What you carry in your car . . . and where

Clutter on the Floor: Toys, pencils, cans, bottles, or litter can roll under feet or car pedals.

Objects on Floor or Seat: A sliding or tipping box, bag, purse, or briefcase can distract.

Items on Dash: Sunglasses, tissue box, package, book can slide off or shift position, creating a diversion.

Loaded Package Shelf: Items on the package shelf can seriously obstruct visibility to the rear. Also, in an abrupt or panic stop, heavy or sharp objects can become lethal missiles.

Storage above Sun Visor: Reaching for letters, cigarettes, matches, comb, tissue package, map often causes all contents to spill. Or sheer weight of concealed items may cause visor to flop down.

Visual Impediments: Objects hanging on antenna, interior mirror, or ceiling distract and create blind spots.

Bulky items carried in the car or in the trunk with lid open obstruct the driver's vision.

What you wear

Items in Need of Repair: Loose shoe soles or heels may catch on the accelerator, brake pedal, or floor mat. Loose-fitting glasses may slip down or fall off.

Improper Driving Apparel: A dangling bracelet or loose-fitting suit or coat cuff can catch on gear shift, transmission, or turn signal, or on horn ring. Clothes that fit too snugly or bind across the shoulders prevent correct car control. Many sunglasses create distortion that restricts driving vision. In a convertible with the top down, a loose scarf or flying paper can blow across the driver's face and cause momentary blindness. Long hair should be secured by a head scarf or other means.

Children, pets, and other passengers

Children: If a child slides forward while brakes are being applied, driver can lose control of the car while reaching out to stop him. A child can also cause an accident by climbing or sitting on driver's lap, hanging on his back, pulling on his arm, grabbing the wheel, pulling on dashboard knobs or control levers. For *everyone's* safety, children should be in a child's car seat or some type of restraining harness. And if discipline is necessary, pull onto the shoulder and stop before administering it.

Pets: An animal climbing on or around driver can divert his attention or block his vision.

Passengers: Passengers who make demands on the driver's attention can be dangerous. Controversial conversation or argument, startling news, jokes, too much or too loud conversation, can all take the driver's attention away from his driving. Too many passengers create problems of vision and concentration and may interfere with the driver's ability to maneuver the car.

Other distractions

The whole routine of smoking—lighting up, getting rid of ashes, and final disposal—steals attention from the road. And a cigarette or hot ashes dropped on the lap or car seat demand immediate action—while attention to driving suffers. Snacking is distracting, especially if a hot drink is involved. Reading a map, sightseeing, or locating an address all require too much attention to attempt while the car is moving. And if you're going to do battle with a bug or insect, stop the car first. ■

HOW TO BUY A STATION WAGON THAT WILL REALLY TOTE A LOAD.



Despite its spacious interior, a station wagon is still little more than an overgrown passenger car. It can carry a reasonable amount of cargo, but isn't meant for day-in, day-out use as a bus or truck. However a few well-chosen factory-installed options can make your station wagon a safe, sturdy hauling vehicle.

You may have a large family and actually use a big wagon's nine-passenger capacity. You may be a camping enthusiast and fill your vehicle with heavy outdoor gear. Or maybe you're a weekend handyman and haul bags of cement and piles of bricks. If you use your wagon regularly for these or similar chores, you are probably overloading it.

A typical full-size wagon weighs about 4,000 pounds. Pile a half-ton load into it, and you increase the overall weight 25 percent—enough to impose a severe strain on the entire car. You can get away with it on an occasional short trip provided you are aware of the overloaded condition and drive with extra caution. But don't do it consistently and expect the vehicle to handle or perform very well. Continue the abuse

Continued

Putting garbage in is easier than taking garbage out.



If you're tired of taking out the garbage, put in a National Disposer Model 770C. You won't be sorry.

For one thing, it's convenient. Just drop the garbage in, drop the Magnetouch® Cover Control in place and it starts. Silverware or other items can't drop in while disposer is operating.

Another thing. A National takes even tough stuff like chicken bones and corn husks that other disposers may balk at. And should it jam, the exclusive Reversomatic II® Control will eliminate the jam automatically.

What's more, a National is quiet because it's completely insulated. And durable because the grinding direction is reversed each time the disposer is started, which doubles the life of the grinders. Like more details? See your dealer, or write.

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and you may have a puffing, sagging station wagon that will wear out before its time.

Springs, shocks, and tires will suffer under the extra poundage even before you pull away from the curb. Once under way, the vehicle will handle poorly and the sagging, overloaded rear end will be afflicted with tail wag. Your safety will suffer in terms of braking and acceleration.

In 1968, the wagon moves further away from its sedan cousin. Most manufacturers are including heavier springs, larger tires and rims, and larger brakes as standard equipment on their station wagons. However, this upgrading is intended to increase the safety margin when the wagon is put to normal use. If you contemplate heavy-duty use for your wagon, carefully consider the following options when ordering a new wagon.

Heavy-duty springs and shocks are among the most important of these options. While they take away some of the standard wagon's riding smoothness, they provide much greater stability, keep the loaded vehicle at near its normal level, and prevent sagging and swaying under heavy loads. Heavy-duty suspension will cost from $10 to $25.

If your vehicle will be exposed to constantly varying weights, you'll want to consider an automatic load-leveling device now offered by several manufacturers. As weight is added or removed, a leveling valve senses the movement of the car and activates a mechanism which raises or lowers the vehicle to its proper standing height. This option will cost about $90.

Two other choices are available to safely increase the load-carrying capabilities of a station wagon. Neither is a factory-installed option but both are worthy of consideration. One is an inflatable air bag that is installed in or in conjunction with the rear springs and can be inflated to match the load carried. The other is a pneumatic levelizing shock absorber—a conventional shock absorber enclosed in a chamber of air, under pressure. This too can be easily inflated or deflated to give the amount of shock-absorber support needed for the load. Either device offers the advantage of adequate support for loads, yet can be easily adjusted to provide maximum riding comfort when the wagon is being used for passenger car service.

Two-ply/four-ply rated tires are standard on many wagons. Perfectly adequate for normal use, they aren't up to the rigors of consistent overloading. Ordering four-ply/eight-ply rated tires and/or the next larger size will cost an additional $25 to $75 depending on the size and whether the tires are blackwall or whitewall.

Heavy-duty brakes are available as options on most makes. These can be in the form of power brakes, disk brakes, special metallic linings, or oversize drums with correspondingly larger linings. The price will vary from about $20 to as much as $100 according to the model wagon and the option desired. One manufacturer includes front disk brakes as part of the power brake option on all station wagons—and this very desirable combination for about $65. Give the brake options serious consideration. There's no such thing as too much stopping power, especially when the vehicle is carrying a full load.

An adequate engine is important to provide sufficient power for safe passing at highway speeds. If you're ordering a compact or intermediate-size wagon, you'd better pass up the standard six-cylinder engine in favor of an optional V-8. Even in the medium-price models that offer a V-8 as standard equipment, it's wise to consider the next larger engine if frequent heavy-duty use is anticipated. The move from six to the small V-8 will cost you from less than $50 to around $100 depending on the model. Substituting the next larger V-8 for what could be an inadequate standard V-8 will usually cost less than $100.

There is a way to get many of the items we've discussed in one package: order your wagon with a trailer-towing package. Most trailer-towing packages include heavy-duty springs and shocks, larger brakes, and a heavy-duty radiator. Some packages include larger wheels and oversize tires with eight-ply rated tires. With tires and wheels included, the package will usually cost from $70 to $100, considerably less if the standard wheels and tires are adequate.

Keep in mind that the options we've listed aren't really necessary if you're going to use your wagon as an ordinary passenger sedan, never carrying more of a load than you'd put in a sedan. But if you're going to fold down the seats and slide in heavy cargo, or load in a large family and their luggage for a long trip, be sure the vehicle is up to the task. An additional $100 spent when the wagon is ordered will in most cases set it up for safe, reliable work-horse use. Adding the items after the vehicle is purchased can cost three to four times this amount, and the results are often less than satisfactory.

OIL CONTAMINANTS CAN KILL AN ENGINE

Internal cooling system leaks allow engine coolant to enter the oil and cause sludge. If the coolant contains permanent antifreeze, the leakage can also cause a lockup of the engine and result in permanent damage if excessive or continued leakage occurs.

Unburned fuel contamination adversely affects proper lubrication. During cold engine operation, raw fuel gets by the piston rings and into the oil. Oil thus diluted suffers a loss of body and lubricative qualities.

Water vapor is a normal product of fuel combustion and collects as water in the crankcase of short-trip, around-town cars. This moisture causes rusting of vital internal steel and iron surfaces and combines with other contaminants to form cold-engine sludge.

Abrasive materials such as road dust and dirt are "inhaled" into the engine along with the air needed for combustion. This condition can be minimized by regular servicing of the air cleaner and oil filter breather cap. When the air cleaner element is replaced, be sure a quality unit is used and that it is properly installed.

All of these contaminants cause undue wear on internal engine parts. When you consider the late C. F. Kettering's statement "Six ounces of metal is the difference between a new engine and the junkyard," the importance of regular maintenance checks and oil changes is very apparent.

Cars Next Month:

A startling statistic: About 50% of all highway fatalities involve drinking

When are you wise not to file an auto insurance claim?

Why put up with a blah ceiling? Put up one of these.



Girl's Bedroom—Baltic Temlok® Tile



Den—Coronado Fashiontone® Suspended Ceiling



Family Room—Sorrento Ceiling Planks

These are the three newest Armstrong Ceiling designs. Although each one is different, they're all designed to give you beauty on a budget.

The bright white ceiling in the bedroom is Baltic Temlok. It has a heavily textured surface. And if you like the way it looks, wait till you see the way it goes up. *Easily.* You can staple it or glue it right over your present ceiling. It's easy to buy, too. For about $40 you can buy enough tile to cover a 12-by-15-foot room.

Don't be fooled by the ceiling in the den. It only looks expensive. It's Coronado Fashiontone . . . a suspended ceiling. The cost for material for this 12-by-15-foot room was around $77, which includes a metal frame. After hanging the frame with wires from your old ceiling, all you do is drop in the panels. And they're acoustical. How's that for a great way to lower a high ceiling or to hide exposed pipes and wiring?

In the family room it's Sorrento Plank, an Armstrong Ceiling with a different shape. It comes in 1-by-4-foot lengths, just like wood planks—and the surface is embossed for a rough, rich look. But you don't have to be rich to buy it. All it takes for materials for a 12-by-15-foot room is around $41.

You'll find over two dozen other Armstrong Ceiling designs at your lumber dealer's. If you're a do-it-yourselfer, you'll find they're all easy to do. In fact, the most difficult thing about putting up an Armstrong Ceiling is deciding which one to put up.

FREE! Color pictures of the complete line of Armstrong Ceilings and a helpful do-it-yourself installation booklet. Armstrong, 6802 Sun St., Lancaster, Pennsylvania 17604.

Armstrong



A custom kitchen by St. Charles . . . styled to reflect the graciousness of this home, built to accommodate the busy lives of the family and their many guests. Featured is a new "Country Manor" design in rich, antiqued Cherry, with colorful base units. Have everything *your* own way. Every detail can be custom designed around your ideas . . . colors, materials, dimensions, textures, everything!

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PRIZEWINNING CENTERPIECES

What do you need for a successful bridge party? Naturally appetizing refreshments, people who enjoy the challenge of the game, and thoughtful prizes which won't end up at the next rummage sale! Cards are always welcome. And, before you present them as prizes, you can use them in centerpieces, as shown below, when snacks are served.



Above. A fanfare of cards makes an attractive centerpiece and bridge prize. Arrange five miniature cards in a fan shape and attach them to each other with florist's putty. Then set a sixth card horizontally across the bottom of the fan. Add chenille stems between cards for easy insertion into a narrow-necked vase. Our arrangement features a background of palm leaves cut in a fan shape.

Below. An out-sized old-fashioned glass becomes the container for a small bouquet of flowers. Four cards (the jokers from two packs of cards) fit nicely around the glass. Vinyl-coated cards can be attached by florist's putty without damaging the surface. To bend back into shape, press with weights. Use assorted small blooms in the glass.



Photographs: Hopkins



Above. This topiary-like tree of cards and roses is a delight o the eye and a treasure for the winner. Spray a 12-inch lastic foam cone light green. When it's dry, make 1-inch lits in the cone slightly closer together than the card is long. lace three tiers of cards on cone, then fill in with tiny fake oses. Spray a juice glass gold and glue it to cone. Don't for- et to give the rest of the pack!

elow. Novelty cards, like these calico-backed circular ones, re guaranteed to make a hit. To turn them into this buffet r card table decoration, attach with posy putty to chenille tems. Add them to an existing flower arrangement, or to a mall bouquet of fake blooms. Three "circle-flowers" will uffice if you're planning them for your card table.





Send 25¢ for brochure showing complete Casa de Blanco collection to White of Mebane, Dept. BH—2—68, Mebane, N. C. 27302

BRIGHTEN YOUR HOME WITH BUILT-IN LIGHTING

By Jerry Reedy, Associate Building Editor



Designer: J. H. Jens

Looking for a new kind of light? Why not make your own? Built-in lighting puts *you* in charge. *You* decide where the light goes, what it does, how it looks, what it costs.

Built-in lighting can bolster general illumination, or accent the decor, or both. Use it to dramatize a textured wall, enliven a drapery, or heighten a ceiling.

But see for yourself. You can put most of the projects together with ⅜-inch plywood, metal angles, and 1x2s. Paint your interior surfaces white; use warm white deluxe tubes for complementary color rendition.

Not all structural lighting requires fluorescent light sources. These two cornices utilize a series of incandescent bulbs. Whichever light source you select, a strategically located cornice will repay your efforts handsomely.

Use a cornice to make a low-ceilinged room seem higher; use a cornice over draperies, or where murals, patterned wallpaper, or pictures make a wa bracket impractical.

Specifications for cornices ar much the same as those for va ances and wall brackets: shield ing board a minimum of si inches wide and six inches ou from the wall, tube or bulb cen ter 3½ to 4 inches out from th wall. Here, louvered plastic di fusers hide the light sourc from the conversation area.

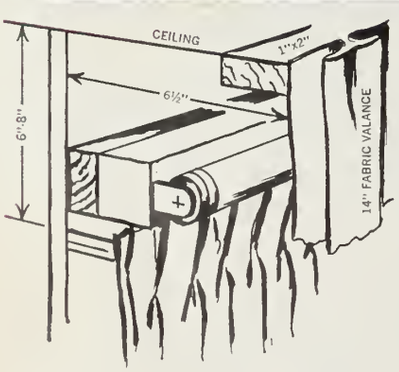
Photographs: Bill Hedrich, Hedrich-Bless



Designer: Romilly Traves, N.S.I.D.



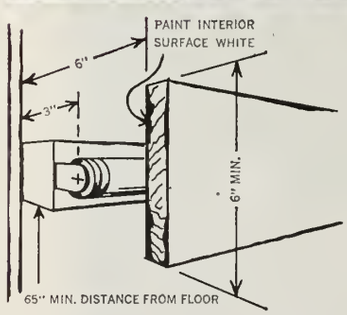
Designer: Sam M



Valance lighting puts 24-hour sunshine on draperies. Build your valance from plywood or just put your existing drapery valance to work as you see here.

To get even upward distribution of light and avoid an unpleasant hot streak on the ceiling, do one of the following with your shielding material: mount it at least ten inches down from the ceiling, run it all the way up to the ceiling, or close it off at the top. Shielding should be at least six inches wide and the tube at least two inches out from the draperies.

So the light will reach to the bottom, make sure the draperies hang straight down.



The wall bracket, a valance without a window, also directs light up and down. Here, light from a wall bracket grazes a brick wall, separates the bricks, and emphasizes their textur

Allow at least three inch between the wall and the tub and at least two inches betwee the tube and the shieldin board. Mount the shieldin board at least ten inches dow from the ceiling, but no le than 65 inches from the floor

To use the wall bracket as working light, mount it low- no *higher* than 65 inches fro the floor. You want more dow ward light for working, mount the tube low, too—n more than two inches from t bottom of faceboard. *Continu*

Priceless



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Elegant at any price, yours for the price of Duz.



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And you'll be there. Quickly. Arms around them.

For you know you're needed. And you can help. With the warmth of your love. By being there. By taking charge.

Weeks later, you may wonder, "How did I ever manage it?"

Then you remember the reassuring presence of the family's minister. And you recall that, just as it seemed you'd be overwhelmed by all the things that needed to be done, the funeral director was also there beside you. An *island of calm.* With answers to strange, new questions. Ready to carry out the family's wishes quietly, sympathetically, with efficiency and dignity.

Perhaps one wish was that the burial vault be a Clark Metal Grave Vault. No other vault is asked for by name by so many families. *Every funeral director can furnish Clark protection. Insist on it. There is no substitute.*



WRITE FOR FREE COPY OF 32-PAGE BOOKLET, "My Duty". Its 32 pages answer many questions, tell you "what to do" when you are asked to take charge. Tells how to write sympathy notes. Contains many beautiful and consoling poems. Millions of copies distributed. Write, The Clark Grave Vault Company. Department BHG 28, Columbus, Ohio 43201.

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BUILT-IN LIGHTING *Continued*



Designer: Romilly Traves, N.S.I.D.

Soffit lighting is great over vanities and kitchen sinks. Build the soffit as long and as wide as the counter and about eight inches deep. For more light downward and less outward, build it deeper.

Install two rows of tubes if your soffit is standard counter width (18 inches), three rows if it's more than that.

Use a lightly etched or figured diffuser if you don't require maximum brightness; use a louvered diffuser if you do.

Parabolic aluminum reflectors behind the tubes will also increase brightness.



Designer: Sam Ma

Your kitchen works harder than any room in the house; be generous with the lighting you give it.

An entire ceiling of indirect light provides an efficient, shadow-free, yet completely unobtrusive source of illumination in this busy family kitchen.

Recess the tubes slightly in the false beams so they can't be seen; paint the ceiling white.

Since your light source is indirect, use a honeycombed or other highly porous material to diffuse the light. *Continued*

w furniture designs with origins in 18th Century France create a room with "that Thomasville look." They're from our *Place Vendôme* collection, faithful to Louis XV styling in curving lines, oriole legs, opulent upholstery fabrics. What makes "that Thomasville look" so important in decorating today? It's the way we design and craft our furniture with all the skills and artistry we have learned in 63 years. We know that the beauty of a sofa, for example, starts with what's inside (and we have a world of fabrics to cover it in beauty, too).

Making furniture with "that Thomasville look" is a matter of pride with us. After all, we want you to be proud of it, too! ©THOMASVILLE FURNITURE INDUSTRIES, INC.

Elegance translated from the French – it's

that Thomasville look

ouis XV's reign at Versailles inspired Place Vendôme. See "that Thomasville look" at better stores. For brotures on 6 collections, send $1 to Thomasville Furniture Industries, Inc., Dept. BG82, Thomasville, N.C.

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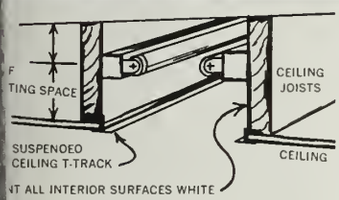
For they understand value. And value is the main reason more people put their confidence in Carrier than in any other make.

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Designer: Romilly Traves, N.S.I.D.



on't grope your way down a nly lighted hallway—light it with recessed ceiling panels. iling panels shed broad, en bands of light, and they away with the protruding tures that often make a narrow hallway look cluttered.

Mount a double row of tubes in the cavity between the joists. You can attach them to the sides of the joists or to the bottom of the subfloor. Distance between the tubes should be about one and a half or two times the distance from the tubes to the diffusing material. Use T-shaped hardware or strips of lath to suspend the panels. This way, you can raise them easily when you have to clean them or change the tubes.



Designer: Robert W. Turek

missteps here. A single light ither fluorescent or incan- cent—outlines all three os on these open riser stairs. Safety first, certainly, but a smart decorating touch, too.

Mount the light anywhere it will work without being seen.

Continued

DOCTOR UP A STEW IN A SHAKE. WITH THE SEASONING CHEESE.



Shake the drab left-overs habit! Sprinkle on the Kraft Grated Parmesan. Gives even yesterday's foods a just-cooked-today kind of taste. A zing. A zip. Kraft is 100% Parmesan, aged a whole 14 months. Kraft Grated Parmesan—just the shake you need to get you out of a stew!

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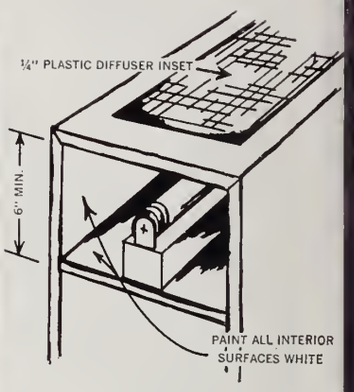
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BUILT-IN LIGHTING

Continued

Designer: Romilly Traves, N.S.I.D.





Built-in lighting turns the nar row ledge behind this couc into an exciting display area The light gives an etched qual ity to solid objects, make glassware sparkle (notice col lage of cut glass in foreground)

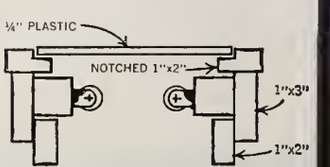
Make the light box at leas six inches deep and center single tube toward the top.

Recess your translucent plas tic panel so it's level with th top of the enclosure; let it jus rest there to facilitate cleanin and tube-changing.

Employing the same idea you could design a similar uni with bookshelves or cabinet under the tube cavity.

Designer: J. H. Jensen and Sam Mills





You needn't limit yourself t one built-in lighting idea at time. You can often combin several with truly extraordi nary results.

Here, three kinds of built-i lighting—wall bracket, shelves and a panel of light along th back of the stereo cabinet work harmoniously, yet dy namically, as one.

Build the wall bracket a you would build any other; pu the panel in the stereo cabine the same way you would d the ledge project in the pic ture above.

Build the shelves dee enough to accommodate a fluor escent tube and recess the plas tic inserts even with the tops To get both upward and down ward light, leave the shelve open at the bottom.

Tasteful fixtures provid some of the lighting here.

Smell them.



Fresh lilacs.
That's the scent of our newest
Wizard Air Freshener.
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delightful scent of fresh-cut lilacs.
Press the button. It's much easier
than growing your own. Take this
coupon to your store for 7¢ off
new Wizard and smell the lilacs.



A gardener's calendar of color

In this second installment of our color calendar, w pick trees, shrubs, perennials, and bulbs to brighte your garden during those welcome warm days whe it's so invigorating to be outside. Start a want list o plants that will show their best in your garden, an order them soon. Many are available from you local nursery or garden center—others must be o dered from mail-order nurseries. All will give yo many years of beauty.

Allium. The *Allium giganteum* is one of the mo startling hardy bulbs you can plant. The giant flowe heads (up to six inches across on three-foot stem will remind you of gigantic lollipops.



Photographs: Hopkins; The Graphic Corporation

igela. When this shrub is completely covered with kes of small flowers in late spring, the reason for continued popularity is colorfully apparent. Most ieties don't get over five or six feet tall, so they n't require constant trimming. Once established, y demand practically no attention. We chose stol Ruby (red) and Fairy (pink).

s-plant. If you have an eye for beauty, a need for rdy, undemanding perennials, and a taste for elty, the gas-plant is a must. Each plant pro- es many blossom spikes and reaches a height of ee feet. A lighted match held close to the flower d will ignite gas emitted by the flowers.

Oriental poppy. Just picture a plant covered with ten or more eight-inch poppy blossoms, such as watermelon-pink May Curtis pictured here. Other varieties are white, lavender, red, or copper colored.

Dutch iris. This beautifully proportioned flower is a top choice for the garden as well as for arranging. The bulbs are inexpensive, too—just a dollar or so per dozen—so get several kinds. Shown here are Wedgwood and Golden Emperor.

Columbine. This old-time garden favorite is more beautiful than ever. The McKana hybrids we show here bloom for many weeks and are a delight in the shady garden or in arrangements. *Continued*



A gardener's calendar of color

By Hamilton Mason, Garden Editor
Larry Grove and Russell O'Harra, Associates

Thermopsis. This three-foot-tall hardy perenni tops its foliage with six- to twelve-inch yellow spik in early summer. The lupinelike blossoms are exc lent for use in arrangements—the foliage is attra tive during the entire growing season. The plan like good drainage and full sun. Set out plants spring, or sow seed in late summer.

Delphinium. Five- to seven-foot spires of colorf bloom are the contribution the delphinium makes the garden border. Some spikes have two feet flowers open at a time, with some of the florets me uring three inches across. You can grow these fro seed or buy established plants; there are ma



tstanding types from which to choose. Ours are
om the Round Table series of the Giant Pacific
brids. Be sure to tie plants to tall, sturdy stakes.

se. You could practically fill your color calendar
th roses, because these favorite American flowers
oom from early summer until frost. New Fragrant
oud, Rose of the Year, really makes its presence
own with big, orange-scarlet blossoms and heady
grance. The rose you won't want to miss planting
glorious abundance is the 1968 All-America winner
ropeana. It's a floribunda, so plant for masses of
or as well as for quantities of flowers for cutting.
e stem of this vigorous beauty makes a bouquet.

Aruba-Caribe is a distinctive new hybrid tea with pink multicolored petals. The flowers open wide and flat and fully double.

Clematis. Few vines have as many plus values going for them as the clematis. Their sparkling blossoms display themselves dramatically against lush foliage which doesn't grow rampant to become a problem. The large-flowered kinds are represented here by a lilac-blue variety, William Kennett—other varieties come in shades of blue, white, pink, and red, with some being double. Although small flowered, *jackmani* clematis covers its foliage with hundreds of flowers to create a stunning purple cascade.

More on next page



A gardener's calendar of color

Continued

Rose. With the introduction of many exciting ne roses this year, prospects are bright for the 1968 ga den season. Three outstanding varieties are: B Chief, a tall, sturdy hybrid tea with big, brig blooms that are sweetly fragrant; Sierra Dawn, hybrid tea with fragrant blossoms that are a bler of coral pink, salmon, and bright yellow borne on medium-size bush; San Antonio (the official flow of the HemisFair celebration being held in San A tonio this year), a tall, heavy-blooming grandiflo with fiery red flowers. Plant your roses in a sunn well-drained area and keep them well fed and water during the growing season.



eauty-bush. In early summer, this outstanding rub covers itself with flowers. The buds are pink; ey open white with a tinge of pink. The plant grows ten feet tall and gets nearly as wide if not kept immed, so the many thousands of flowers each rub produces form a memorable display. Use in a rub border where height is important for privacy.

ock-orange. The magic of plant hybridizers gives many new varieties of this old favorite. We can w choose kinds with blossoms of varied shapes and es on dwarf, medium, or tall plants. Our choice is e variety Innocence. It fills its branches so full of ge flowers they appear to be sheathed in white, and their delicate orange-blossom fragrance perfumes the garden. These make a great six-foot privacy screen in sun or light shade.

Lily. The lily has been admired for centuries, but the varieties available today are infinitely more beautiful than those found in ages past. Each year new varieties are introduced, adding new dimensions in color and form. Here are two mid-century hybrids that prove the point. Joan Evans holds bright yellow, broad-petaled blossoms upright on two- to four-foot stems—and there are six to nine five-inch-wide blooms per stem. Paprika's bricky crimson flowers form a pyramid on three-foot stems.

WHY SHOULD YOUR KITCHEN HAVE TO BE LIKE ALL THE OTHERS?

By Helen A. Dawson, Kitchens Editor and Georgia V. Young, Associate

It doesn't! Here and on following pages you'll see four kitchens—each, **one-of-a-kind.** With imagination and daring, you, too, can make your kitchen the most loved and lived-in room in your home.

For example, when Dr. and Mrs. David Frankel of Chicago decided to remodel, they boldly discarded traditional concepts of kitchen layout. The result is the compact, individual room you see on these two pages. The island is now the pivotal point, where Mrs. Frankel can work and still keep an eye on living room and patio. When guests arrive, the island converts to a serving buffet.

Close at hand, the range and refrigerator line one wall. The tall bank of shallow closets around the corner keeps food and utensils within easy reach. An adjacent desk is both communication center and home office for the family.



This mix of materials and styles creates a striking variety of textures. Art objects, discovered during family vacations to Mexico and Europe, add international flavor. Hand-turned pulls against contemporary cabinets repeat the shape of the chair spindles. Stained shelf conceals fluorescent lighting. Windows seem to float above the quarry-tile floor and the continuous patio beyond.



Buying information, page 126



phs: Bill Hedrich. Designer: Barbara Frankel.

ANOTHER SURPRISE KITCHEN

Crisp and invigorating as a spring morning, this kitchen invites family and friends alike to join in the fun and food. Sharply defined color areas march around the room, creating a pleasing variety of shapes and forms. Whimsical accents pop up everywhere: delicately carved black chairs, Moorish-tracery floor pattern, daisy collage above the desk, crisp black and white checks, jeweled cabinet hardware. All add up to a kitchen as diverse and witty as its owners, Mr. and Mrs. Alan LaPat of Rydall, Pennsylvania.

The kitchen is zoned to save steps and time. The work top and the storage surrounding the sink-dishwasher make up the prime food preparation area. Short cabinets, resting directly on the counter, hold small appliances, staples, mixing supplies. Natural light floods the room from eye-level windows above. The adjacent desk, with dropped counter, doubles for pastry roll-outs, mixing, and blending.

Pull-out table below the built-in refrigerator simplifies salad-making or serving from oven or warming drawers just below. The abundant work space beside vegetable sink and range hastens meal preparation.

Photographs: Lisanti. Plan: Owners. Interior Designer: Luis Cordano, A.I.D. Source: Dot Rodenburg



Above: Cabinet in foreground has doors on both sides for toaster and grill. Undercounter refrigerator here handles mealtime and party foods. Storage for dishes, linens, party supplies lines the wall beside the table. Every utensil, every jar has a specific home—not an inch of storage space is wasted. For a glimpse inside this remarkable storage, please turn to page 84.



AND ANOTHER SURPRISE KITCHEN

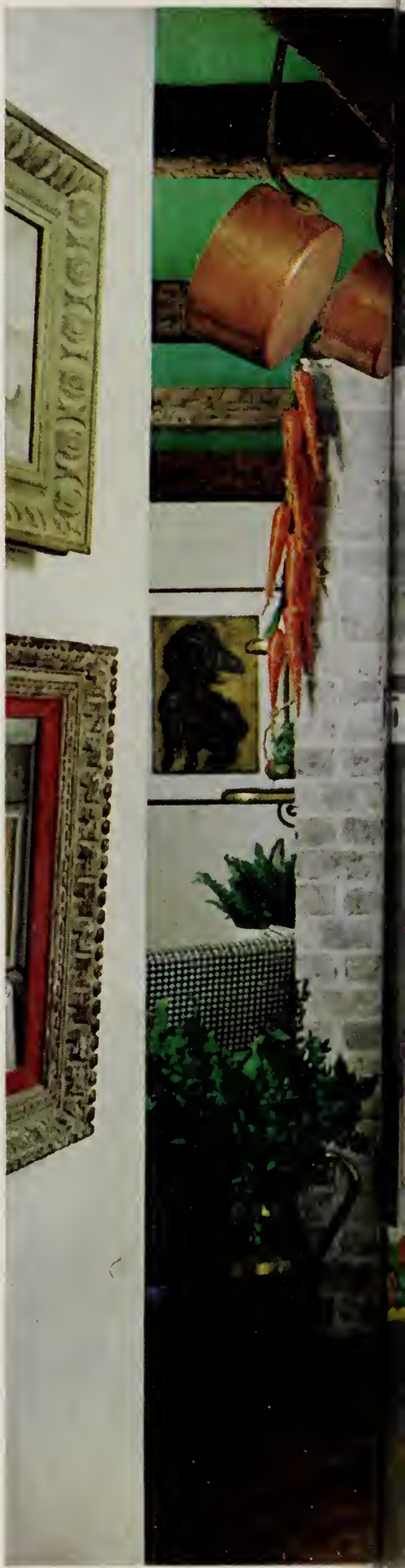
Stretch-out comfort is the keynote of this big, hospitable kitchen. Authentic French countryside furnishings, gleaming copper pots, stained beams checkerboarding the emerald green ceiling—all contribute to the friendly feeling.

In remodeling this kitchen, owners Mr. and Mrs. Gordon Ritz, Orono, Minnesota, extended the existing brick fireplace wall to make room for the wall ovens. The bricks were then whitewashed to give them a used look. In this kitchen —as in the first of this series—a giant 3x9-foot island is the main work space, while food and dish storage lines the walls behind.

Cook-top and grill, island mounted, help speed hot foods directly to the nearby table just beyond the ovens. For daily use, handsome copper utensils and braided strings of vegetables hang from meat hooks within arm's reach.



Wood tones, copper, and emerald green warm this black-and-white scheme. The floor, which looks and feels like antique French tiles, is really easy-care linoleum. Near the table, a houndstooth-checked wing chair is in constant demand. Toile de jouy fabric on walls, chairs, window shades is in black and white instead of the usual colors. Wrought-iron trestle legs under the walnut-slab table repeat the gay scrollwork supporting the French baker's rack.



Photographs: Reynolds and Assoc. Decorator. Larry Mork. Source: Barba



AND WOW! THIS IS A LAUNDRY ROOM

Imaginative thinking can even transform the usually forgotten household drudge—the utility room. This laundry room is ideally located near the children's sleeping quarters, in the home of Mr. and Mrs. Jack W. LaDue, Dallas, Texas. It's now the hobby and game room, too—*filled* with ideas you can adapt to the work area in your home.

Color is the key! It starts with a deep-pile carpet in shocking red. Off-beat hues—right from the paint tube—and pure Easter-egg colors add to the fun. Tall banners of yellow, red, blue, and pink punctuate the louver bifold doors which conceal the laundry center.

Paper Tiffany shades camouflage ordinary bare light bulbs. Pillow and seat cushions are multihued; even the TV set is papered to match the walls. There's space to spare for flower arrangement equipment, games, toys, pet and art supplies.



For buying information, see page 126

Photographs: Eckert. Designer: Daisy Creson.

Right: The corner desk converts to a sewing center at a moment's notice. There's a pattern-cutting work top nearby and a tier of drawers to hold "things" below the gaily painted TV. Each child stashes his treasures behind a favorite-color door. Pink hides Suzy's toys; blue denotes Rick's domain. Orange is Kevin's; yellow, Barbara's. The game table and chairs serve up party fun for youngsters and adults alike.



A SPLIT-LEVEL THAT MAKES ITS OWN PRIVACY

By Noel Seney, Building Editor

FAMILY-PLANNED HOUSES: #2 IN A SERIES

Few houses sit alone. Most have a street in front and other houses on either side. In many city neighborhoods—and in some suburbs, too—the street and those other houses are so close you can almost touch them.

That's the difficult lot situation we set out to solve with the second in our year-long series of idea-designed houses. We wanted to achieve privacy without sacrificing any of the features of a good house.

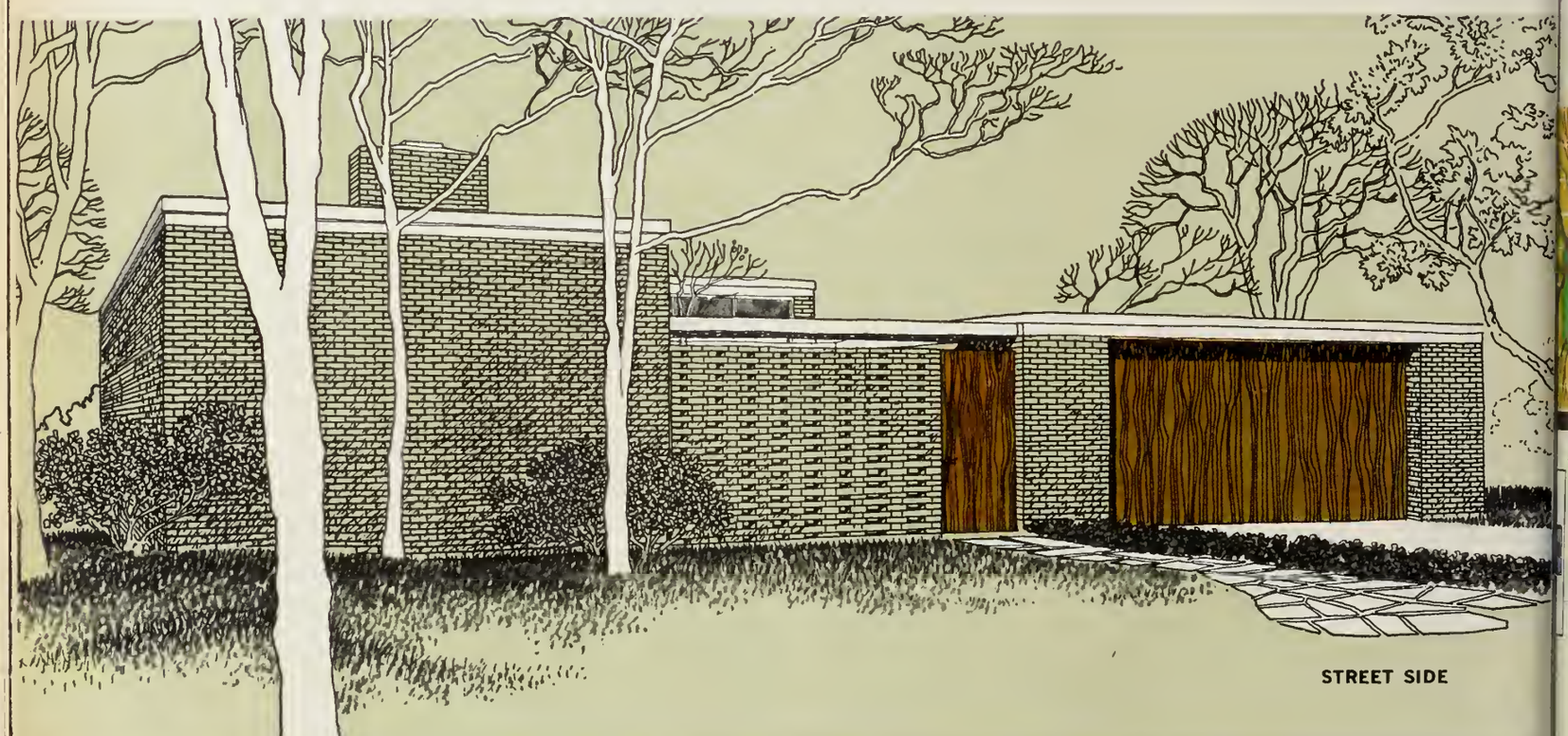
Here are the results. Architect Y. C. Wong came up with a narrow, split-level, 2,800-square-foot plan that fits neatly into a tight site—yet it's every bit as private as a country manor on its very own acreage.

Below: Simple lines, light brick, and a flat roof make the house unmistakably contemporary—yet its appearance is unobtrusive enough to harmonize with traditional neighbors.

For complete privacy, there are no windows on the front or either side. Even the entry is hidden inside a recessed court, screened by a gate and an open brick wall.

Bottom: Outdoor living hasn't been neglected. The entire rear wall opens up to a big patio and garden area that could be developed into a country-in-the-city atmosphere.

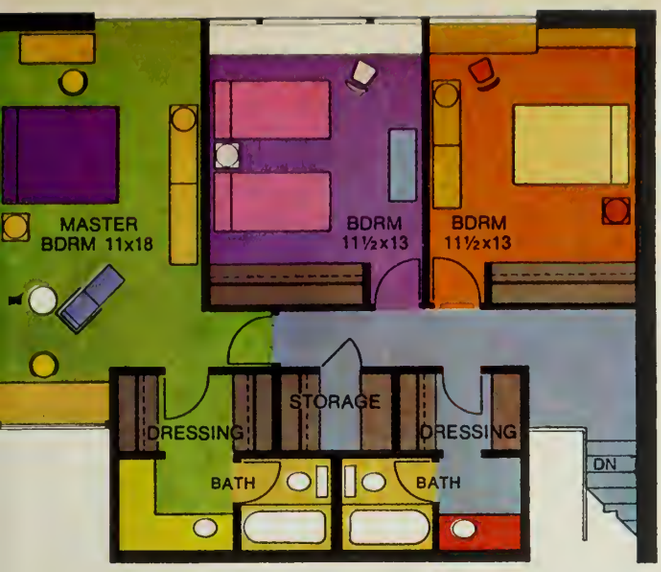
Steps behind the garage provide a shortcut from the entry for guests en route to the patio or backyard.



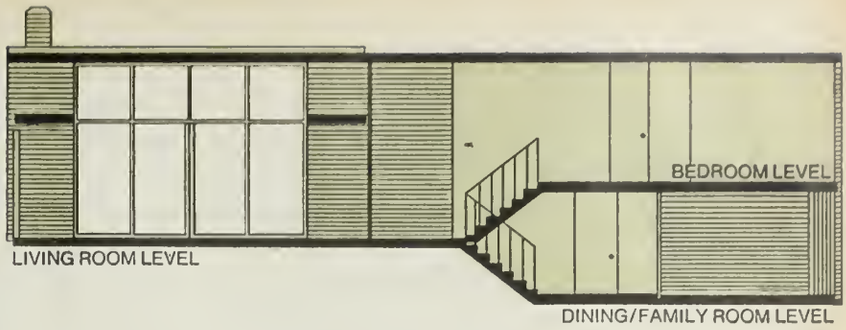
STREET SIDE



REAR



UPPER LEVEL



CROSS SECTION VIEW



Plans: Match up the drawings on this page to visualize how the three levels fit together. The house is split from front to rear to follow a rear-sloping lot. In front, the living room, entry hall, and entry court occupy one level; upstairs are three bedrooms and two baths; below is the informal living zone—kitchen, family room, and dining room.

At first glance, the symmetrical layout looks very formal. However, an accordion folding wall between the family and dining rooms—plus sliding, barn-style doors opposite the kitchen (shown by dotted lines)—lets you organize that part of the house for everything from dinner with the boss to a Girl Scout meeting. The kitchen, half-bath, laundry, and the upstairs bathrooms are lined up vertically for savings in plumbing.

Upper level: To save space, we cut the bedroom hallway short and gave one end to the master suite. Twin compartmented baths have a walk-in linen closet between them.

Adult living zone: The entry hall and change in levels isolate the peaceful living room. For more privacy, the entry court's gate could be operated with a remote-control latch.

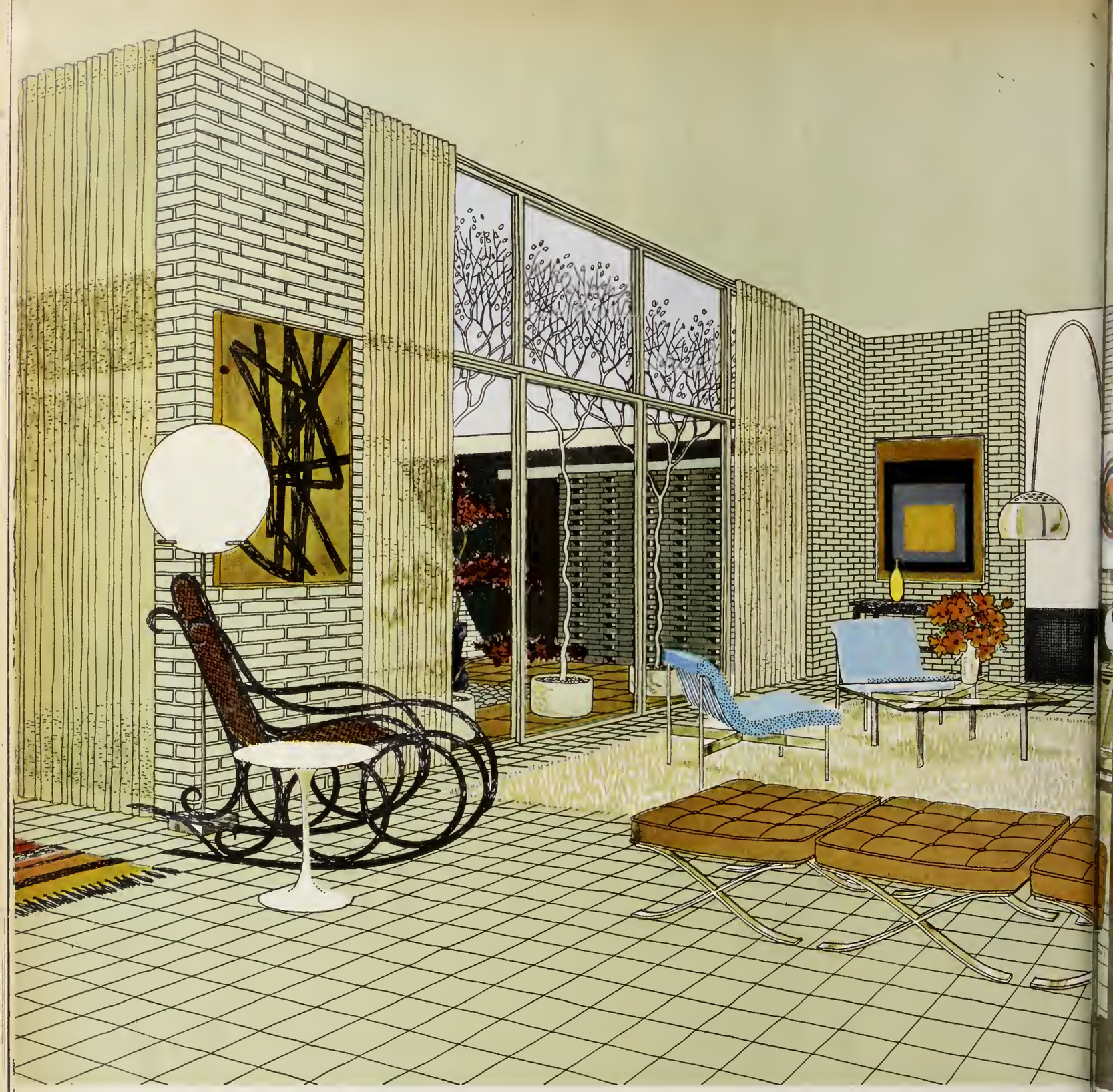
Family living zone: Here, everything revolves about that open-ended kitchen-bath-laundry core. The core is effectively screened by the two closets and counter.

Traffic: From the entry, direct routes go to the upper level, kitchen, living, or family rooms. The garage opens directly to the entry, so you waste no steps from your car, either.

ARCHITECT: Y. C. WONG, A.I.A.

More on next page

BETTER HOMES FOR ALL AMERICA
PLAN 3802-A
TO ORDER, SEE PAGE 124



INSIDE, THERE'S PRIVACY AND FLEXIBILITY

Above: Tired of a fishbowl living room? Here's the exact opposite. Even with the draperies wide open, the entrance court makes it impossible for anyone to see inside from the street.

Yet the 19x25-foot room doesn't seem at all cramped. A wall full of windows overlooks the secluded entry court, and a 1½-story ceiling dwarfs even big pieces of furniture.

Sliding doors in the window wall let party guests roam into the court, and provide a shortcut from the living room to the gate.

Exterior walls here and throughout the house are two layers of brick with insulation between them. There is no conventional wood framework. Pre-stressed concrete beams support the roof and floors.

Borrowing techniques used for commercial buildings, the architect has built several houses with this system. He reports it results in substantial cost savings.

That simple fireplace blends well with the brick walls. A wide swath of plaster ties it in with the ceiling. Niches on either side could be fitted with built-in storage.

Floors on this level and in the family/dining area are quarry tile, treated with a sealer so they'll be easy to clean. If your decorating plans call for a warmer-looking surface, you could substitute wood parquet.







ings: Carlos Diniz Associates

Top: Open the entry gate and you're in a serene city garden. You might prefer to furnish the court as an outdoor extension of the living room—or go all out with plantings and a small fountain in that gravel center.

Big glass windows and doors open up the entire adult living zone to this atrium-like area. It's roofless except for protective eaves over the door and gate. Lower walls on the garage and street sides let in sunlight for those clerestory windows.

You can display art or antiques on that wall along the gallery-style entry hall just inside. They'll be on view from every point in both the living room and the court.

Above: Do you want a separate dining room? Or would you prefer a bigger family room? This flexible plan offers the benefits of both.

Most of the time you'd use the informal living zone as shown—one free-wheeling area for eating, TV, play, and sharing the day's events.

At dinnertime, hide the fixings with sliding panels left and right of the serving center. If company's due, pull a folding wall along that ceiling track to separate the family and dining rooms.

From the entry (left), children can beeline to the family room; for after-dinner coffee, you'll adjourn to the living room upstairs beyond the kitchen at right (see plan).

CRAFTS TO SEW, SAW, GLUE . . . AND REALLY USE

Margo Garrity, Crafts and Home Sewing Editor

Photographs: Hopkins. Designer: Jen



Bedazzle a bed or bench with bold appliques . . . paint an enormous picture with yarn . . . stage a sunny scene at your front door! That's just a sample of exciting decorative crafts you'll find on these pages—things you can make and money can't buy. You don't have to be an expert (though your friends will think you are).

Above right: Unify a dining area with a hexagon-shape rug and matching chair pads. Simple crochet stitches make this project less time-consuming than you'd imagine. Start with chain stitches in center, using peacock blue, then alternate with rows of moss green.

For the ten-foot size, you'll need about 91 skeins moss green rayon and cotton rug yarn, 58 skeins peacock blue. (Each skein contains 70 yards.) You'll need approximately 2½ skeins for each chair pad. The only tool required is a size 8 crochet hook.

Below right: Brighten a bath with a sunny mural of coarse, colorful yarns on inexpensive hardware cloth. Use wire clippers to cut mesh to size desired; cover the edges with masking tape to avoid cuts or scratches before you begin the design.

Cut a length of yarn and wrap masking tape around one end for threading through screen. Create a design as you go along.

Use one-inch lumber for frame; dado edge where mesh fits and paint to match bath colors. (Pattern not offered.)

Far right: Wake up a dull bed with this colorful spread and shiny headboard. You can adapt the spread design to any size bed from twin to king- and queen-size.

Cut motifs from felt and pin in place. Stitch to white panel by hand, using a running stitch.

Transform brass drapery rods and finials into a handsome headboard. Attach rods to a wood base with screws.

Continued

Turn to page 103 for all the information you'll need in ordering patterns or instructions.



For buying information, see page 126



Designer, (below and above left) Charlotte Patera









CRAFTS YOU REALLY USE

Above, far left: Warm a contemporary steel bench with a wild splash of color. Cut the base fabric (we used felt) large enough to allow for seams to fit cushions being covered. Use six colors and follow our photograph for color sequence. Cut butterfly appliques from felt or cotton fabric; pin to background, then stitch in place. For antennae, a couching stitch or hand-embroidered running stitch with yarn works well. Attach pillows to base.

Below, far left: Tired-looking director's chairs can make a stunning comeback with these brilliant yarn seat covers. For more of a good thing, hook a matching window treatment. Remove existing covers and use them to cut a pattern from burlap. Hook yarn with rug-hooking needle (worked from back of piece) or one that resembles a crochet hook set in a wood handle (worked from front). When piece is finished, stitch onto canvas covers. Use chair webbing (available at upholstery shops) as background fabric for hooking matching window treatment. Allow extra lengths to go around wooden dowels at top and bottom of window. Follow same technique as for hooking chair covers.

Above left: Capture your favorite art nouveau design on felt floor pillows, or frame pillow tops to group on a wall. Embellish each corner of pillows with cotton or wool yarn tassels. Here pillows rest on roll-around wooden bases, painted in colors borrowed from pillow designs.

Below left: Turn a plain hollow core door into a giant "painting"—with yarn. To simplify the job of placing yarn, cut a pattern from plain wrapping paper and tape it to the door. Pencil around outside edge of pattern, then remove paper and you're ready to glue yarn in place. Select yarns in harmony with the color of the door and the rest of the room. Apply a coat of white glue to space to be filled solid with yarn. Do small areas to prevent glue from drying out.

Continued

Turn to page 103 for all the information you'll need in ordering patterns or instructions.

Above right: Put flower-pow on walls and table with versatile vinyl! Cut petal-shape place mats, then edge them with black bias tape. When cutting vinyl, use masking tape to hold pattern piece in place. Snip through tape as shape is cut out. Do not pin; this leaves permanent holes in vinyl.

Use nontwist bonded nylon thread when sewing vinyl. To avoid puckering, try a very fine, sharp needle. (Heavy, blunt needles leave holes.)

Grommet pointed ends of mats, then join petals with a pronged metal fastener to keep pieces together in center of table. Adhere matching strips of vinyl to wall with wallpaper paste recommended for vinyl.

Finally, add a festive touch to napkins with vinyl cutouts. (Pattern not offered.)

Below: A whale of a headboard treatment for a child's room. The whimsical headboard gives the effect of appliqué, yet no sewing is required if felt fabric is used (except for the necessary French knots).

Cut large areas first, then pin them in place. Baste the whale to fabric by starting at center, radiating toward the edges. Use French knots to tack all edges in place.

Remove basting threads. For smaller pieces (as in the water splashes), use a dot of glue to hold them in place. When dry, break glue joints and secure pieces with French knots.

Attach headboard to wall above bed, and frame it with a group of plywood shelves, desk, and drawers. (Or frame the headboard singly and hang it on the wall.) Choose one of the colors used in the headboard to paint frame.

Far right: Introduce a sunny accent right at your front door. Build or buy a three-panel screen and paint the frame. Use assorted colors of felt and cotton as background.

To achieve the radiating "rays," sew a zigzag satin stitch on the machine; or couch by hand with various colors of embroidery thread and yarn.

Turn to page 103 for all the information you'll need in ordering patterns or instructions.


Designer Charlotte Patera

YOU CAN STITCH THESE FLOWER PANELS IN YARN

Wake up your walls with these vibrant, larger-than-life flowers. Daisy-studded panel below is an interpretation of our famous daisy cover (see last August issue). You embroider the background with big and bold yarn stitches that work up fast. Take another look at this month's cover and see for yourself what inspired the picture on the page opposite. Roses are everyone's favorite—a good reason why we want to share our needlework bouquet with you.





· kits on these two pages, designed by Jean Ray Laury available through *Better Homes and Gardens*. Daisy panel 2x25 in.; kit includes stamped yellow cotton homespun, broidery yarns, needle, and instructions. Rose motif is nped on natural-colored linen (17x22 in.); kit includes broidery thread, needle, and instructions. Hand-joined nes *not* included, may be ordered separately.

To order kits and frames, see page 103

Great recipes for wintertime meals—sure to find their way into your file of favorites.



Savory Pepper Steak

By Rita Holmberg, Food Editor, and Doris Eby, Associate

Meat, cooked slowly to full-flavor goodness, is satisfying fare indeed. An it's easy—it practically minds itself as cooks. First, brown the meat, season imaginatively, add a little liquid, th cover and simmer till fork tender. He you'll find very special recipes featuri braised meats. For example, Savo Pepper Steak, above. You brown stri of round steak, then in the same skill simmer the meat in tomato juice zipp up with onion and garlic. Add gre pepper strips and tomato, and serve a bed of fluffy rice. It's almost a me on-a-platter!

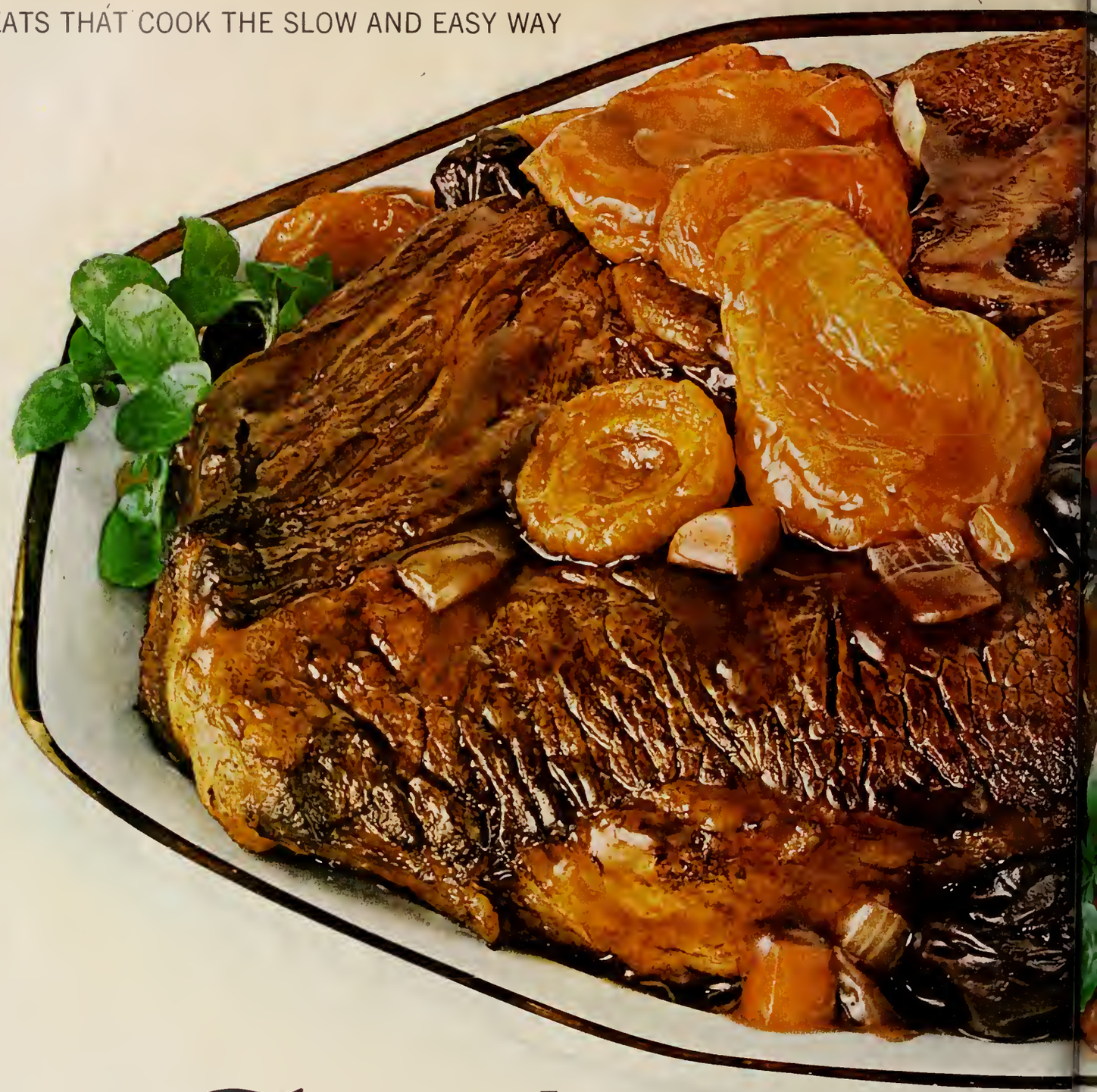


Photographs: A. George Miller

Savory Pepper Steak

2 pounds round steak, cut ½ inch thick
¼ cup all-purpose flour
2 teaspoon salt
⅛ teaspoon pepper
¼ cup cooking oil or shortening
1 8-ounce can (1 cup) tomatoes
3 cups water
2 cup chopped onion
1 small clove garlic, minced
1 tablespoon beef-flavor gravy base
1 teaspoons worcestershire sauce
2 large green peppers, cut in strips
4 cooked rice

Cut steak in strips. Combine flour, salt, and pepper; coat meat strips. In large skillet, cook meat in hot oil till browned on all sides. Drain tomatoes, reserving liquid. Add tomato liquid, water, onion, garlic, and gravy base to meat in skillet. Cover and simmer for about 1¼ hours, till meat is tender. Uncover; stir in worcestershire. Add green pepper strips. Cover and simmer for 5 minutes. If necessary, thicken gravy with a mixture of a little flour and cold water. Add drained tomatoes; cook about 5 minutes more. Serve over hot rice. Makes six servings.



Fruited Pot Roast

You'll brighten family or company appetites when you bring on this colorful Fruited Pot Roast. You cook a well-browned and seasoned piece of beef chuck with red Burgundy. Chopped carrot, onion, and a hint of garlic are added to the braising liquid for an extra flavor accent. For a touch of elegance, a package of mixed dried fruit—apricots, prunes, pears, and peaches—goes atop the roast and it cooks a while longer. Handsome with a perky watercress garnish and extra good with gravy, made from the pan juices spooned over each serving.



Fruited Pot Roast

3- to 4-pound round or blade bone beef roast
1½ teaspoons salt
¼ teaspoon pepper
½ cup Burgundy
½ cup finely chopped carrot
½ cup finely chopped onion
1 clove garlic, minced

• • •

1½ cups hot water
1 8-ounce package mixed dried fruit (1¾ cups)
3 tablespoons all-purpose flour
½ cup cold water

Trim fat from meat; cook in large skillet till there are about 2 tablespoons melted fat; remove trimmings. Brown meat in fat. Add salt, pepper, wine, vegetables, and garlic. Cover; cook over low heat 2 hours. Meanwhile, pour the hot water over fruit; let stand 1 hour. Drain fruit, reserving liquid. Place fruit on meat. Cover; cook 45 minutes to 1 hour more, till meat is tender. Remove meat and fruit to platter. Skim fat from pan juices. Add reserved liquid to juices to make 1½ cups. Blend flour and cold water; stir into liquid. Cook and stir till thickened and boiling. Six servings.



Herbed Lamb Shanks

Here's real eating enjoyment that do
not put a strain on your budget. Slo
moist cooking is the secret to success
Herbed Lamb Shanks. To highlight t
flavorful lamb, you stir in a rich
browned butter-flour roux and a sub
blend of parsley, marjoram, mace, a
garlic. The herbed gravy makes its
as the meat cooks to its tender be
Please your hungry family by servi
the lamb shanks—one for each servi
—atop hot noodles or with flu
whipped potatoes.

You'll find six more recipes that ca
talize on slow and easy cooking
pages 92, 94, and 116.



H bed Lamb Shanks

mb shanks, about 2½ pounds
ablespoon butter or margarine
cups water
easpoon salt

• • •

up all-purpose flour
blespoons butter or margarine, melted

• • •

up water
blespoon snipped parsley
easpoon marjoram, crushed
h mace
ve garlic, minced
cooked noodles

In large skillet, brown lamb shanks in the 1 tablespoon butter or margarine. Add the 1½ cups water and the salt. Cover skillet tightly; cook over low heat for one hour. In small skillet, add the flour to the 2 tablespoons butter; cook and stir over low heat till mixture is browned. Add to meat; cook and stir till gravy is thickened. Stir in the ½ cup water, the snipped parsley, marjoram, mace, and garlic. Cover and cook about one hour more, till meat is tender. To serve, arrange lamb shanks on a bed of hot cooked noodles; spoon on a little of the gravy. Pass remaining gravy. Makes four servings.



Photographs: Scott





THIS IS CONVENIENCE

DESSERTS IN DOUBLE-TIME

These desserts take the cake—that's what makes each double-fast from start to finish! Chocolate fudge cake mix, baked and sliced into four layers, becomes Twice-Chocolate Torte. Angel cake cubes star in Tropical Trifle. And, the cookie-like crust for Peach Kuchen is white cake mix.

Tropical Trifle

Buy bakery angel loaf, or bake full-size cake from a mix—

1 angel loaf cake
¼ cup dry sherry
1 11-ounce can (1⅓ cups) mandarin orange sections
¼ cup slivered almonds, toasted
1 3¾-ounce package vanilla whipped dessert mix

Cut cake in 1-inch cubes to measure about 9 cups. (Cover and store any extra cake.) Place cake cubes in 12x7½x2-inch baking dish. Drizzle sherry evenly over cake. Drain mandarin oranges, reserving syrup. Set aside ¼ cup orange sections for garnish; arrange remainder over cake. Sprinkle evenly with toasted almonds. Prepare vanilla whipped dessert mix according to package directions, substituting reserved mandarin orange syrup for the water called for. Pour evenly over cake. Chill thoroughly. To serve, cut in squares; garnish with reserved orange sections and additional toasted almonds. Makes 6 to 8 servings.

Twice-Chocolate Torte

You'll win double accolades with this dessert!—

1 2-layer-size chocolate fudge cake mix
2 2-ounce packages dessert topping mix
½ cup chocolate-flavored syrup
2 tablespoons crème de cacao

Prepare and bake cake mix according to package directions, using two well-greased and lightly floured 9x1½-inch round cake pans. Let layers cool in pans 10 minutes; remove from pans to racks; cool. Split each layer in half, making 4 layers. Prepare dessert topping mix according to package directions. Fold in chocolate-flavored syrup and crème de cacao. Spread one-fourth of the filling on one cake layer; top with second cake layer and more filling. Repeat with remaining cake and filling. Chill well before serving.

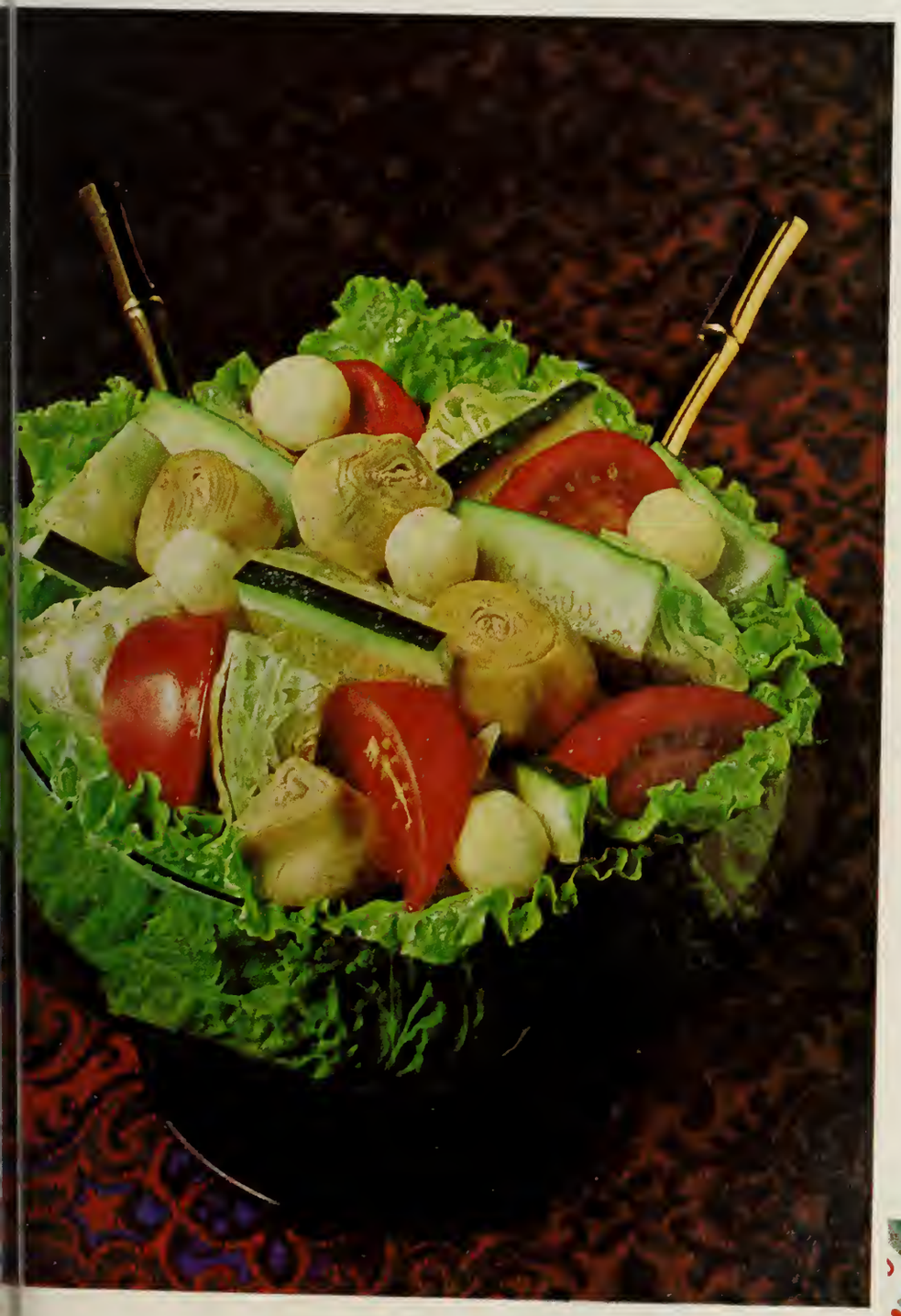
Peach Kuchen

Sassy cinnamon enhances the custard-like topper—

1 2-layer-size white cake mix
½ cup flaked coconut, toasted
½ cup butter or margarine
1 1-pound 13-ounce can sliced peaches, drained (3 cups)
2 tablespoons sugar
½ teaspoon cinnamon
1 cup dairy sour cream
1 slightly beaten egg

Combine cake mix and coconut; cut in butter or margarine till mixture resembles coarse crumbs. *Lightly* press into bottom and ½ inch up sides of 13x9x2-inch baking pan. Bake at 350° for 10 to 15 minutes. Arrange peach slices over crust. Combine sugar and cinnamon; sprinkle evenly over peaches. Blend sour cream and egg; pour over all. Bake at 350° just till sour cream is set, about 10 minutes. Makes 10 to 12 servings.

DISCOVER THE NEW GREEN GOODNESS FROM KRAFT!





(It's gentle without being tame.)

New Kraft Green Goddess isn't just another pretty taste. It's mild. But not meek! A piquancy of anchovies and shallots, of herbs and tangy vinegar. All gentled to a silken smoothness with delicate vegetable oils. Try this new Kraft goodness in our fresh-as-spring . . .

White Jade Salad

You will need: Your favorite salad greens, radishes, artichoke hearts, cucumbers, tomatoes, Kraft Green Goddess Dressing.

Tear the greens into a bowl. Add whole, peeled radishes . . . cooked artichoke hearts . . . sliced cucumber . . . tomato wedges. Drizzle with Kraft Green Goddess and toss. Now taste . . . *that's* green goodness!

Try mixing two just for fun . . .

Some people call it thrift . . . we call it creativity. Got some Green Goddess in one bottle, Casino Brand in another? Mix them together for a blend that's all new and all *yours*. Like cheese? Mix Kraft Green Goddess with Roka Brand Blue Cheese Dressing. KRAFT



SEE KRAFT MUSIC HALL,

GREAT STORAGE IDEAS FOR EVERY KITCHEN

Continued from page 56



No need to hunt for a special utensil with this handy hang-up. It slides out on a center-mounted drawer glide below. Hooks may be moved or new ones added at any time. To convert an ordinary narrow-door cabinet, remove hinges, attach drawer-like box to bottom; slip perforated hardboard panel into a vertical saw kerf cut in back of door.



Doors on short cabinets above the food preparation counter slide up and lock automatically out of the way. You can release them with light upward pressure; they slip down the track and hide contents. A continuous strip of electrical outlets installed on the back services the small appliances. Laminated plastic counter extends into compartments for easy cleanout. Dispenser for paper towels, foil, and wrap is recessed into the wall on the right. Below the counter, there is space to accommodate bakeware, mixing bowls, and pastry utensils.



With fingertip ease, table rolls out on casters and nylon drawer rollers concealed under top apron. Below the table, trays, cookie sheets stand upright between hardboard spacers. Drawers hold servers, salad tools, scoops, bar supplies. Beneath oven, foods in warming drawers keep just right for latecomers—dial for moist or dry heat.



This 9-inch-deep pantry is only a step away from the desk-mixing center—ideal for canned, bottled, or packaged foods and party treats. Its 7-foot height matches baking-refrigeration wall around the corner. Shelves adjust to accommodate any size container.



Here's a good way to make leftover space count big. Chrome towel bar screws to side panel of cabinet, glides out on ball bearings. This towel storage pocket is located behind the dishwasher where its heat helps dry the towels.

Continued on page 8



Mary Jansen made extra points with the team... 'cause dirt can't hide from Intensified Tide!

Thank goodness opening day was almost at hand. After months of grueling practice the team had finally reached its peak. But those uniforms! They were so dirty, they looked like they had been dragged through a swamp and then baked in the summer sun. Ugh! Just when things seemed hopeless, Mary (the coach's wife) introduced the boys' mothers to Intensified Tide and its unbelievable cleaning power. It was no contest. In their beautiful, clean, white uniforms our guys won going away. Did they play great because they looked great? All Mary'll say is, "Dirt can't hide from Intensified Tide."

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The makers of 25 leading washers pack Tide in every top-loading automatic





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Look at the new tomatoes that go everywhere fresh tomatoes go—Sliced Baby Tomatoes from Contadina. They look and taste like fresh tomatoes—yet they're always in season, ripe and ready on your shelf.

Use our new Sliced Baby Tomatoes in your salads, sandwiches and garnishes. Anywhere you want to put a rosy-red, firm tomato slice. Look into a can of them today—new Contadina® Sliced Baby Tomatoes.

FROM THE 8 GREAT TOMATO FOLKS



CONTADINA FOODS DIV. OF CARNATION CO., LOS ANGELES, CALIF.

Buying Guide

For your convenience, we list names and addresses of manufacturers of most of the products pictured in each month's issue. This month, see page 126 for this shopping information.

GREAT STORAGE IDEAS *Continued*



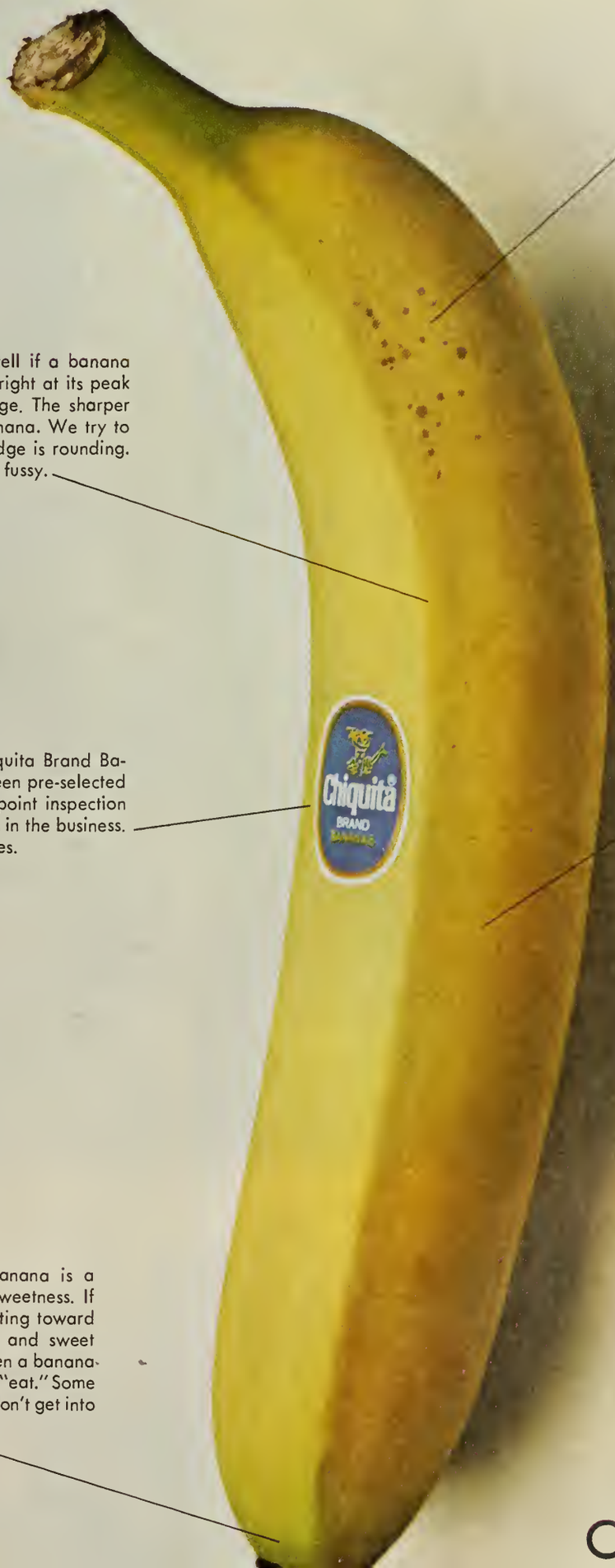
Why waste corner space? Turn it into storage for your bulky bakeware, giant party servers, and salad bowls. Pullouts make it easy to reach items stored. Ask for full-extension drawer slides that bring entire drawer out of cabinet.



You can use slide-out shelves like these to hold short stacks of plates—easy for children to handle. Or, convert them to linen and place-mat storage, if needed. On the left, the drawer (for hot pads and trivets) and shelves can be relocated on adjustable, wooden support cleats.

For quick installation in your home, use ready-made metal shelf strips and brackets; or drill ¼-inch holes to receive metal shelf supports available at your hardware. ■

How to read a banana.



Sugar spots: You know those little speckles you sometimes see on the peel. Like as not, they're not speckles at all. They're sugar spots. The mark of a sweet, ripe banana.

e ridge: A good way to tell if a banana s picked a bit too early or right at its peak y the sharpness of the ridge. The sharper ridge, the younger the banana. We try to k our bananas when the ridge is rounding. not everybody is quite so fussy.

The peel: The peel should be smooth and sleek. No wrinkles. A wrinkled peel means the banana has lost too much moisture. Which is no great tragedy—except that the texture of the meat might be a little chewy.

bel: If the label says Chiquita Brand Ba- t means the banana has been pre-selected y. It means it passed a 15-point inspection e of the toughest inspectors in the business. ce, but three separate times.

e tip: The tip of the banana is a tty good barometer of sweetness. If tip is green and just starting toward ow, the banana is ripe and sweet ugh to eat. But is that when a banana es best? Some people say "eat." Some ple say "wait." Us? We don't get into ily arguments.

Chiquita® Brand Bananas.

IS THERE ANYTHING NEW LEF TO DO WITH GROUND BEEF?





Give it the uncopyable flavor of Miracle Whip!

Frost meat loaf with a mixture of mash potatoes and Miracle Whip—and sudde it's hot and savory and new all through!

Savory-Frosted Meat Loaf

2 lbs. ground beef
½ c. Kraft French Dressing
½ c. dry bread crumbs
½ c. chopped onion
2 eggs
1 tsp. salt
¼ tsp. pepper

* * *

2 c. hot mashed potatoes
1 egg, beaten
½ c. Miracle Whi Salad Dressing
Broiled mushroo
Pimiento strips
Parsley

Combine meat, Kraft French, crumbs, oni 2 eggs, salt and pepper. Shape into oval l in shallow baking dish; bake at 350°, 1 h Place on baking sheet or heat-proof plat Combine potatoes, beaten egg, and Mira Whip; frost loaf. Broil until lightly brown garnish with mushrooms and pimiento. 8 servings.

Enjoy the same uncopyable flavor, the same fluffy topping in this "short order" version...

Savory-Frosted Hamburgers

Combine the same ingredients as for meat loaf above (ground beef, Kraft French Dressing, dry bread crumbs, chopped onion, eggs, salt and pepper). Shape into 8 patties; pan-fry on one side. Turn; top each patty with a tomato slice and a generous spoonful of Miracle Whip-Potato Frosting: 2 cups hot mashed potatoes mixed with 1 beaten egg and ½ cup Miracle Whip. Continue cooking until meat is done.



File under Meal-Planning Recipes from the Better

File under Meal-Planning

Recipes from the Better Homes and Gardens Test Kitchen

SIMMERED SPARERIBS—SUPERB!

Spareribs and Caraway Kraut
Stuffing Balls
Midwinter Fruit Medley
Honey Dressing
Pumpernickel Bread Butter
Caramel-Snap Pudding
Coffee Milk

You'll recognize our **Spareribs and Caraway Kraut** as an old favorite with a new flavor twist. You add chopped apple and caraway seed to the sauerkraut, then let this tasty combo lend its tart flavor to the ribs as they simmer.

Add **Stuffing Balls**—made from herb-seasoned stuffing mix—to the ribs and kraut, and you have most of the meal in just one pan.

For the salad, individual servings of **Midwinter Fruit Medley**. Each is an attractive array of peach and pear halves filled with pineapple tidbits, green grapes, mandarin orange sections, dates, and sliced banana. You'll find the **Honey Dressing** a tantalizing sweet-sour accent. Pumpernickel is an ideal go-along.

Please the dessert lovers at your house with **Caramel-Snap Pudding**. You melt vanilla caramels with milk, add softened gelatin and chill. Next, fold in whipped cream, and layer with buttered gingersnap crumbs and chopped pecans in your prettiest sherbets. Crown each with more gingery crumbs and a pecan half.

Recipes next page

Photograph: A. George Miller



February meal plan idea
Add to your cook book



For buying information, see page 126



Photographs: Photography, Inc.





Spareribs and Caraway Kraut

3 pounds spareribs, cut in serving-size pieces
2 teaspoons salt
¼ teaspoon pepper
1 1-pound 11-ounce can (3½ cups) sauerkraut
1 unpared tart apple, chopped
1½ cups tomato juice
2 tablespoons brown sugar
2 to 3 teaspoons caraway seed

Season ribs with the salt and pepper; place in Dutch oven, and brown well. Combine remaining ingredients. Spoon over ribs. Simmer, covered, for 1½ hours, basting with juices several times. Skim off fat; add Stuffing Balls (below); cook 15 minutes more. Makes 6 servings.

Stuffing Balls

1⅓ cups water
½ cup butter or margarine
1 8-ounce package herb-seasoned stuffing mix (3½ cups)
2 slightly beaten eggs

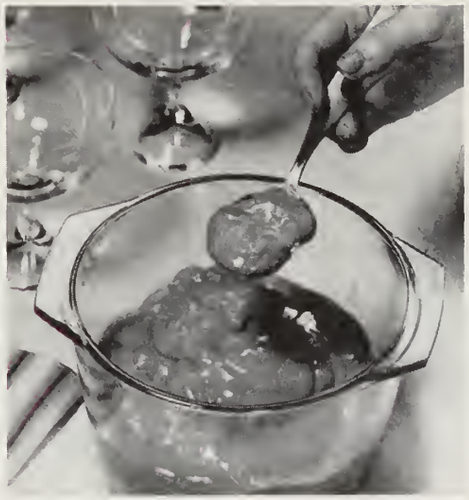
Heat together water and butter or margarine. Add stuffing mix and toss lightly till stuffing is moistened. Stir in eggs. Shape into 6 balls. Place on kraut; cook, covered, 15 minutes, as directed in recipe above.

Honey Dressing

¼ cup sugar
1 teaspoon dry mustard
1 teaspoon paprika
1 teaspoon celery seed
¼ teaspoon salt
⅓ cup vinegar
⅓ cup honey
1 tablespoon lemon juice
½ teaspoon grated onion
1 cup salad oil

In small mixer bowl, mix sugar, mustard, paprika, celery seed, and salt. Add vinegar, honey, lemon juice, and onion. Pour salad oil into mixture very slowly, beating constantly with rotary or electric beater. Makes about 2 cups. Serve with Midwinter Fruit Medley.







Midwinter Fruit Medley

1 1-pound can (2 cups) peach halves, drained
1 1-pound can (2 cups) pear halves, drained
1 8¾-ounce can (1 cup) pineapple tidbits, drained
Green grapes
1 11-ounce can (1⅓ cups) mandarin orange sections, drained
2 bananas, sliced
Pitted dates, halved
1 recipe Honey Dressing

Arrange individual servings of peach and pear halves in lettuce cups. Fill centers and surround with remaining fruits. Pass Honey Dressing. Makes 6 servings.

Caramel-Snap Pudding

½ pound vanilla caramels (about 30)
1½ cups milk
Dash salt
• • •
1 envelope (1 tablespoon) unflavored gelatin
¼ cup cold water
1 cup whipping cream
1 teaspoon vanilla
• • •
¼ cup chopped pecans
⅓ cup coarse gingersnap crumbs (about 3 medium cookies)
1 tablespoon butter or margarine, melted

Melt caramels in milk in top of double boiler over boiling water, stirring occasionally. (Or melt in saucepan over low heat, stirring constantly.) Add salt. Soften gelatin in cold water; add to caramel-milk mixture; stir till gelatin is dissolved. Chill till mixture mounds slightly when dropped from spoon. Beat with rotary or electric beater till smooth. Whip cream; fold into caramel mixture with vanilla. Spoon about ¼ cup of the mixture into each of 6 sherbet glasses. Combine chopped pecans, gingersnap crumbs, and the melted butter or margarine. Sprinkle about 4 teaspoons of the crumb mixture atop the pudding in each glass. Spoon in remaining caramel pudding. Top each with remaining crumb mixture and a pecan half. Chill till serving time. Makes 6 servings.



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EXTRA-GOOD BRAISED BEEF

Simmered Beef Shanks

Good old-fashioned flavor to please today's families—

2 tablespoons all-purpose flour
1 tablespoon salt
¼ teaspoon pepper
3 to 4 pounds cross-cut beef shanks
1 tablespoon cooking oil
1 cup tomato juice
2 tablespoons snipped parsley
½ teaspoon basil, crushed
4 medium potatoes, pared and quartered
½ cup water
2 tablespoons all-purpose flour



Photographs: Scott

Combine the first 2 tablespoons flour, the salt, and pepper in a paper or clear plastic bag; add beef shanks, one at a time, and shake to coat. Brown meat in the oil in Dutch oven. Add tomato juice, parsley, and basil. Cover and simmer 1½ hours. Add potatoes; cover and simmer 30 to 45 minutes more, till potatoes are tender. Remove meat and potatoes; skim excess fat from pan juices. Add enough water to juices to make 1 cup liquid; return to pan. Combine the ½ cup water and the second 2 tablespoons flour; stir into juices; cook till thickened and boiling. Serve with potatoes. Makes 4 to 6 servings.



Braised Short Ribs

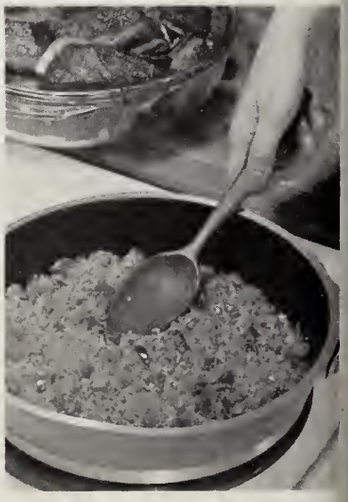
Ribs are browned and partially cooked, then finish baking atop a vegetable-rice combo—

3 pounds beef short ribs, cut in serving-size pieces
¾ cup long-grain rice
½ cup chopped onion
½ cup chopped celery
¼ cup chopped green pepper

• • •

2¼ cups water
2 teaspoons salt
2 teaspoons beef-flavored gravy base
1 teaspoon worcestershire sauce
¼ teaspoon thyme, crushed
⅛ teaspoon pepper

In heavy skillet, brown short ribs, without added fat, on all sides. (Allow 25 to 30 minutes for browning.) Season ribs with a little salt. Remove meat to a 3-quart casserole. Cover and bake in slow oven (325°) for 1 hour. Meanwhile, in skillet in which meat was browned, combine rice, onion, celery, and green pepper; cook till rice is lightly browned. After meat has baked for the 1 hour, remove ribs from casserole; pour off fat. Place browned rice mixture in casserole; top with ribs. Combine remaining ingredients in small saucepan; heat to boiling. Pour over ribs and rice. Cover and bake 1 hour more. Makes 4 to 6 servings.





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Rich's





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GENERAL ELECTRIC

BE ORIGINAL with GROUND BEEF

and Lea & Perrins . . . the original Worcestershire



It's fun to be original when you cook and Lea & Perrins makes it easy for you. Try this original Ground Beef recipe.

MOCK STEAK (Serves 8):

Mix 2 lbs. ground round, ½ lb. lean pork, 1 env. dry onion soup mix, 2 Tbs. Lea & Perrins, 2 cups stuffing mix, 1½ cups tomato juice. Form into steak shape 1 inch thick. Wrap 2 strips thick bacon at outer edge to resemble fat. During broiling brush with mixture of ½ cup melted butter, 2 Tbs. Lea & Perrins, 3 Tbs. catsup. Broil 10 min. each side. Use carrot strip to make bone.



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Chicken Celeste

For the creamy sauce, blend mayonnaise and sour cream into pan juices—

⅓ cup all-purpose flour
1½ teaspoons salt
⅛ teaspoon pepper
¼ teaspoon paprika
2½- to 3-pound broiler-fryer, cut up
¼ cup shortening
½ cup chopped onion
½ cup dry sherry
¼ cup water

• • •

¼ cup mayonnaise or salad dressing
½ cup dairy sour cream
2 tablespoons snipped parsley

In a paper or clear plastic bag, combine flour, salt, pepper, and paprika. Add chicken pieces, a few at a time, and shake to coat. Melt shortening in heavy skillet or Dutch oven; add chicken pieces and brown on all sides. Add onion, sherry, and water; cover and simmer about 1 hour, till chicken is tender. Remove chicken to hot platter and keep warm. Blend mayonnaise and sour cream into pan juices. Add parsley and additional salt and pepper, if desired; heat through but do not allow to boil. Serve over chicken. Makes 4 servings.



Photographs: Scott

Deviled Turkey Drumsticks

If drumsticks are large, you might plan on one for two servings—

4 turkey legs (about 2½ pounds)
¼ cup all-purpose flour
½ teaspoon salt
¼ teaspoon chili powder
⅛ teaspoon pepper
3 tablespoons shortening

• • •

⅓ cup water
⅓ cup catsup
3 tablespoons brown sugar
3 tablespoons vinegar
2 teaspoons prepared mustard
2 teaspoons worcestershire sauce
½ teaspoon salt
Dash cayenne
Dash pepper
1 lemon slice
½ medium onion, sliced
4 tablespoons butter or margarine

In a paper or clear plastic bag, combine flour, the ½ teaspoon salt, the chili powder, and the ⅛ teaspoon pepper. Add turkey legs, one at a time, and shake to coat. Melt shortening in large skillet. Add turkey legs and brown on all sides. In saucepan, combine remaining ingredients; simmer, uncovered, for 20 minutes. Pour over turkey. Cover and simmer for 1½ to 2 hours, till tender, basting turkey frequently with sauce. Makes 4 servings.



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Recommended by Nancy Sasser

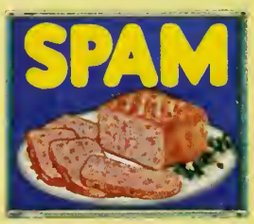
Fingertip





SPAM Flamenco!

Brighten up a winter's meal with the flavor flair of sunny Spain. SPAM Flamenco features juicy, tender SPAM on a bed of savory rice and vegetables. Fingertip recipe card number one gives you directions for this easy skillet dinner. On the back of the card, you'll find three more cold-weather SPAM favorites: Hot Cranberry SPAM-wich for a tangy broiler-quick lunch, SPAM 'n' Bean Burgers (the kids will gobble them up) and a SPAM-Vegetable Soup combination that's a hearty meal in a soup dish. No wonder so many women (myself included) call SPAM the handiest meat of them all!



you'll like the good Hormel Ham in SPAM



Lipton's International Dip-In!



The next time you make Lipton California Dip, add a bit of foreign intrigue by making two of my favorite variations of this delicious dip.

Lipton California Dip: Blend an envelope of Lipton Onion Soup Mix with one pint of sour cream. Chill.

Lipton California Dip Hindustani: (top left) Add ¼ cup Thousand Island Dressing and ½ teaspoon curry powder (optional) to the basic California Dip.

Lipton California Dip Mexicano: (bottom left) Add ¼ cup chili sauce to the basic California Dip.

It's that easy to put new taste and color in you hors d'oeuvres. So make several bowls. Try thes recipes and then make up some of your own us ing barbecue sauce or deviled ham or whateve you like. You know it's going to be good becaus you're using Lipton Onion Soup Mix.

Recipes

by Nancy Sasser



Blue Bonnet gives you... five kinds of flavor!



1. frying flavor

Fries golden brown with fresher tasting vegetable oils.

2. baking flavor

Measures out easier.
Makes flavorful, golden pastry, crunchier cookies, moister cakes.



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but never smothers)
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oast and waffles.





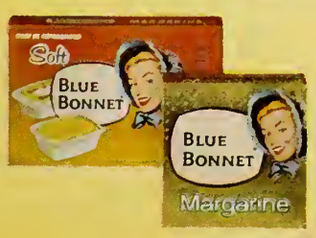


4. spreading flavor

Temptingly delicious on breads and muffins cold or piping hot!

5. dipping flavor

Coats choicest morsels with the delightfully glistening flavor of America's No. 1 margarine.



Soft or Stick

♫ Everything's better with Blue Bonnet on it! ♫

Butter pecan, butter pecan, butter pecan.



Inside, outside, all around the coffee cake, rich butter pecan . . . from Pillsbury. With your next cup of coffee, have one of our family of coffeetime mixes.

WIN MONEY FOR YOUR RECIPES

BUDGET-STRETCHER DESSERTS

NOW IT'S YOUR TURN to enter our contest. This mon we're looking for desserts that look and taste special but easy on the budget. You could be one of the winners n September. The Cook-of-the-Month receives $50, and t Runners-up receive $25 each. Twelve Honor Roll winn get $10 each. Selected winning recipes will be pictured on Prize Tested Recipes page next September. All 15 winn receive a framed Better Homes and Gardens Certificat Endorsement and six copies of the endorsed recipe.

Hints to Help You

Have you created a dessert to please family or company—and your pocketbook, as well? A gelatin dessert—molded or whipped—might be your answer. Canned fruit fix-ups, rice puddings, and custards qualify, too. Don't forget that extra-pretty dessert soufflé or meringue. You might use coffee or a spice to add a gourmet touch without adding expense. Maybe mint flavoring or almond extract is the secret. Remember frozen treats—sherbets, ices, sundaes, parfaits.

Suggestions:

pink peppermint velvet
coffee chiffon pie
cottage cheese-cake
caramel crunch pudding
molded mocha
cinnamon ice cream
choco-mint meringues
peach dumplings
applesauce cake
pineapple ice
steamed pumpkin pudding
lime fluff
harvest apple cupcakes
cran-mallow whip
butterscotch custard cups

THIS MONTH'S WINNERS

(See recipes on pages 104 and 106)

Cook-of-the-Month

Mrs. J. E. Smith, Monterey, Calif.

Runners-up

Mrs. H. Beames, Seattle, Wash.
Mrs. Youngs Foreman, Rayne, La.

Honor Roll

Mrs. Jim Aderman, Topeka, Kan.
Mrs. Allan Boffeli, Edgewood, Iowa
Mrs. Robert D. Breen, Detroit, Mich.
Fannie Goodner, Ooltewah, Tenn.
Mrs. J. David Hines, Saint Joseph, Mo.
Eva Lee Manson, Everett, Wash.
Mrs. E. C. Mills, Beloit, Kan.
Mrs. Keith G. Norgard, San Francisco, Calif.
Mrs. Lawrence W. Peterson, Stillwater, Minn.
Sonya Phillips, Brooklyn, N. Y.
Mrs. Paul E. Scale, Needles, Calif.
Mrs. David R. Wilhelm, Flossmoor, Ill.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and mark it "September Budget-Stretcher Desserts."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of Better Homes and Gardens.
7. Entries must be postmarked by midnight February 29. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6102 Test Kitchen, Better Homes and Gardens, Des Moines, Iowa 50303.

Q. How can you make this 10-minute Peachy Cheese Cake with no eggs, no flour...no cooking?



A.

Fingertip Recipes... recommended by Nancy Sasser.

You can make it as fast as if it came out of a box. But it tastes deliciously homemade, thanks to Eagle Brand's blend of pure cane sugar and fresh whole milk. And Kellogg's Corn Flake Crumbs finish it off with a crunchy golden crust.

No-Cook Peachy Cheesecake

1 cup Kellogg's Corn Flake Crumbs
2 tablespoons sugar
½ teaspoon cinnamon
⅓ cup melted butter or margarine
1 8-oz. package cream cheese
1 can (1⅓ cups) Eagle Brand® Sweetened Condensed Milk
⅓ cup fresh or bottled (natural strength) lemon juice (measure accurately.)*
1 teaspoon almond or vanilla extract
1 can (1-lb.) sliced cling peaches, well drained

Makes 8-inch cake in spring form pan, or 9-inch pie in pie pan.

Blend together Kellogg's crumbs, sugar, cinnamon; add butter; stir until blended. Set aside 2 tablespoons crumb mixture; evenly line bottom and sides of pan (1½ inch high in spring form) with remainder and refrigerate. Let cream cheese soften at room temperature. Beat cheese until fluffy; gradually stir in Eagle Brand until blended. (Condensed milk must be used.) Blend in lemon juice and vanilla or almond extract. Turn filling into chilled crust. Arrange peaches on top. Sprinkle with remaining crumbs. Refrigerate at least 3 hours. (Do not freeze.) Serve in pan. (If spring form is used, remove sides.)

*Do not use lemon extract. If you use frozen concentrated lemon juice, accurately follow directions for making juice of natural strength.

The Borden Company, Dept. BH28,
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Get your favorite brands—in bottles or cartons.

RECIPE TOO BIG—OR TOO SMALL?

Does your recipe make four servings when you need two—or eight? Multiplying or reducing a recipe needn't be hazardous if you follow this advice:

Always start by writing down the recipe as reduced or multiplied. Recheck your arithmetic.

Remember there are 16 tablespoons in 1 cup, 4 in ¼ cup, etc., and that 3 teaspoons equal 1 tablespoon. One half of ⅓ cup is about 3 tablespoons.

If a recipe calls for ⅛ or 1/16 teaspoon, don't guess. Fill a ¼ teaspoon measure level full. Then with a tiny spatula or knife, divide the spoonful into halves or quarters.

When a recipe requires only half an egg, beat egg yolk and white. Measure by tablespoons, and use half the total amount. Separate egg before measuring if only white or yolk is called for, or if both are used, but separately.

To divide a yeast bread recipe that calls for only one package of yeast, you needn't measure and divide the yeast—simply use the entire package with half the remaining ingredients. You'll notice a slight difference in rising time.

- Don't try to multiply or divide recipes for jelly, jam, or homemade candies. These are usually most successful if made in single batches.
- Very small recipes call for tiny saucepans or skillets and the smaller surface units on your range. Too large a pan may cause liquid to evaporate too quickly.
- When making a large recipe, it's sometimes easier to use two pans of the same size than to find one that's the right size to hold the double quantity.
- A small amount of food may cook in somewhat less time than you expect. Set a timer to check on it a few minutes ahead of the time given in the recipe. When you multiply a recipe and cook or bake it all in one pan, timing may be longer. Rely on appearance and "doneness" tests, as well as the time given in the recipe. ■

HOW TO ORDER KITS AND PATTERNS FOR ITEMS SHOWN IN PAGES 66 THROUGH 73

Please check boxes for desired items. Print your name and address in space provided below. Enclose coupon with check or money order (sorry, no stamps or C.O.D.'s). Allow 3-4 weeks for delivery. (We cannot handle Canadian or foreign orders.) Send to

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- ☐ 861 12½"x16½" Frame only (hand-joined and hand-finished) as shown on page 73. Includes cardboard for mounting (no glass) $8.98
- ☐ 862 Daisy kit without frame $6.98
- ☐ 863 Daisy kit with frame $16.95
- ☐ 864 14¾"x19" Frame only (hand-joined and hand-finished) as shown on page 72. Includes cardboard for mounting (no glass) $9.98

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- ☐ 160 Folding Screen $1.00
- ☐ 161 Bedspread Applique $1.00
- ☐ 162 Whale Headboard $1.00
- ☐ 163 Three Butterfly Bench Covers $1.00
- ☐ 164 Four Floor Pillows $1.00
- ☐ 165 Flower Design on Door $1.00

INSTRUCTIONS Only

- ☐ 166 Crochet Rug and Chair Pad ..... $.50
- ☐ 167 Hooked Chair Covers and Window Treatment .. $.50
- ☐ 905 Needlework Catalog ..... $.25

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Best sandwich loaf in town

CALIFORNIA RAISIN ADVISORY BOARD

MEAL OF THE MONTH

Each month we bring you a complete meal plan—with recipes on punched pages to add to your cook book. This month, on pages 89 and 90, Simmered Spareribs—Superb.



The frosting that spreads easier, tastes creamier than your homemade.

It's homogenized. You can't beat it.

Homogenizing makes Betty Crocker Ready-to-Spread Frosting smoother than any butter cream frosting you can whip, blend or beat at home. That's why it spreads easier, tastes creamier than homemade frosting. Try: Chocolate, Milk Chocolate, Vanilla, Butterscotch or Lemon. They're all unbeatable.



PRIZE TESTED RECIPES

DELECTABLE DRIED FRUIT

Pork-Apricot Loaf

This fruit-filled meat loaf is the Cook-of-the-Month winner—

1½ cups soft bread crumbs (about 2 slices bread)
¾ cup milk

• • •

1 pound ground ham
1 pound ground pork
1 cup snipped dried apricots
2 eggs
2 tablespoons snipped parsley
2 tablespoons chopped onion
½ cup brown sugar
1 teaspoon all-purpose flour



Combine bread crumbs and milk; let stand for 5 minutes. Add ham, pork, apricots, eggs, parsley, and onion; mix thoroughly. Combine brown sugar and flour; sprinkle in bottom of 9x5x3-inch loaf pan. Pat meat mixture into pan. Bake in moderate oven (350°) for 1 hour 15 minutes. Makes 8 servings.

Mrs. J. E. Smith, Monterey, California

Creamy Apricot Squares

1¼ cups graham cracker crumbs (about 18 crackers)
4 tablespoons butter or margarine melted

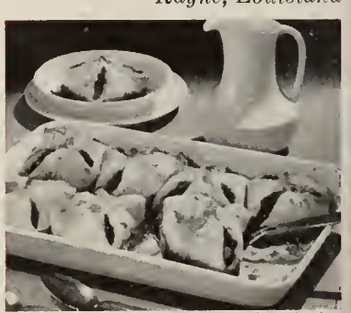
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1½ cups dried apricots
1 cup sugar
½ teaspoon grated lemon peel
1 tablespoon lemon juice
1 envelope (1 tablespoon) unflavored gelatin
½ cup cold water
3 slightly beaten egg yolks
1 3-ounce package cream cheese, softened
3 egg whites
¼ cup sugar
1 cup whipping cream



Combine crumbs and butter or margarine; press into bottom of 8x8x2-inch baking pan. Cook apricots according to package directions; drain well. In blender container, combine hot apricots, the 1 cup sugar, the lemon peel, and juice. Cover; blend till smooth. (Or: Sieve cooked apricots. Stir in sugar, lemon peel, and juice.) Soften gelatin in the cold water. In medium saucepan, combine the prepared apricots, gelatin, and egg yolks. Cook and stir over medium-high heat till mixture thickens and boils. Add cream cheese; cook and stir over low heat till well blended. Cool to room temperature. Beat egg whites with the ¼ cup sugar till stiff peaks form; fold into apricot mixture. Beat ½ cup of the whipping cream till stiff; fold into apricot mixture. Turn into crumb-lined pan and chill several hours or overnight. To serve, whip remaining cream with 2 teaspoons sugar. Top each serving with the whipped cream and a sprinkle of additional graham cracker crumbs. Makes 8 or 9 servings.

Mrs. Youngs Foreman, Rayne, Louisiana



Photographs: Photography, Inc.

Spiced Prune Dumplings

Dough takes a shortcut with packaged biscuit mix—

½ pound (about 1½ cups) dried prunes
3 cups water
⅓ cup sugar
½ cup water
¼ cup chopped walnuts
¼ teaspoon cinnamon

Continued



No other flavor quite like this

Wholesome macaroni drenched in rich cheddary flavor—that's Kraft Macaroni and Cheese Dinner. At about 6¢ a serving, it's an amazing value. No wonder this one is the most popular packaged dinner in America. Serve it tonight and save.



Kraft Home Cooked Dinners

Continued

¼ teaspoon nutmeg

• • •

2½ cups packaged biscuit mix
¾ cup milk
1 tablespoon butter or margarine
½ teaspoon cinnamon
¼ teaspoon nutmeg

In medium saucepan, combine prunes and the 3 cups water. Cover; bring to boiling and boil gently for 20 minutes. Add sugar and cook 5 minutes more. Drain and reserve liquid. Pit and chop prunes. Combine prunes with the ½ cup water and cook just till excess liquid is absorbed, about 2 minutes. Stir in walnuts, the ¼ teaspoon cinnamon and the first ¼ teaspoon nutmeg. Combine biscuit mix and milk; stir till dry ingredients are moistened. Turn out onto floured surface and knead lightly 8 to 10 times. Roll into 8x16-inch rectangle; cut into eight 4-inch squares. Dot with butter or margarine. Place about 2 tablespoons of the prune mixture in center of each square. Fold corners of dough to center and pinch together. Place in 12x7½x2-inch baking dish. Stir the remaining cinnamon and nutmeg into reserved prune liquid; pour over dumplings. Bake in moderate oven (375°) for 25 to 30 minutes. Serve warm with cream. Makes 8 servings.

Mrs. H. Beames,
Seattle, Washington

Applesauce-Fig Loaf

A moist, cake-like nut bread—

6 tablespoons butter or margarine
⅔ cup sugar
1 egg
1 teaspoon vanilla
2 cups sifted all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
½ teaspoon cinnamon
¼ teaspoon nutmeg
1 cup applesauce
1 cup finely snipped dried figs
½ cup chopped pecans



Cream butter or margarine and sugar till fluffy. Add egg and vanilla; blend well. Sift together flour, baking powder, soda, cinnamon, and nutmeg; add to creamed mixture alternately with applesauce. Stir in figs and nuts. Pour into greased 9x5x3-inch loaf pan and bake in moderate oven (350°) for 1 hour or till done. Cool in pan about 20 minutes; remove and cool on rack.

Mrs. Paul Seale,
Needles, California



Fruit Compote Pie

Flavor will remind you of Swedish fruit soup—

1 cup mixed dried fruits, cut in pieces
½ cup orange juice
½ cup water
¼ cup raisins
¼ cup sugar
1 tablespoon quick-cooking tapioca

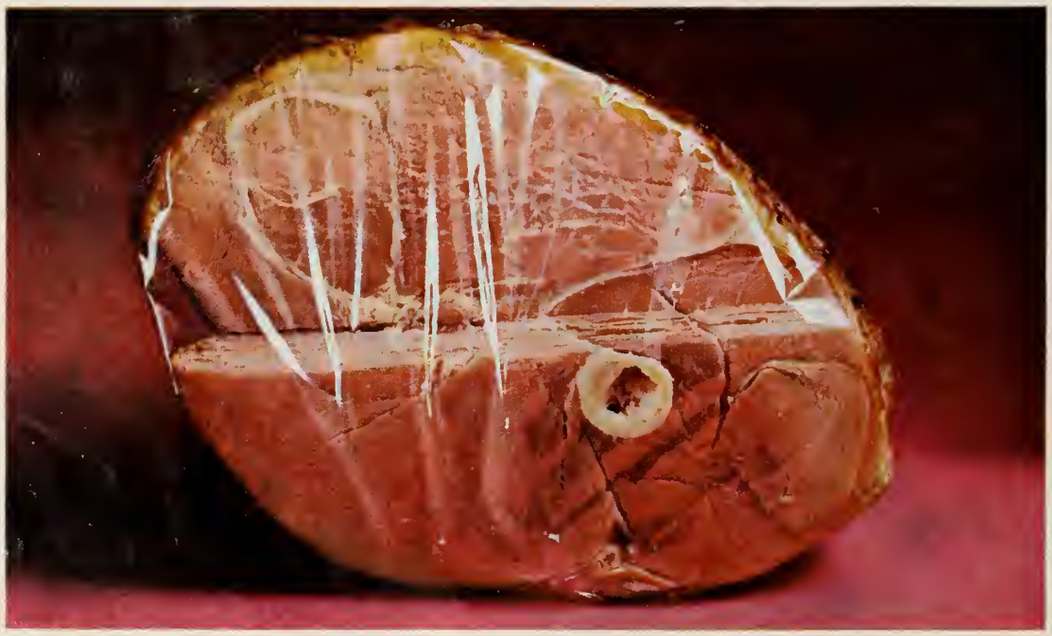
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1 9-inch baked pastry shell
1 3-ounce package no-bake custard mix
2 cups milk
½ teaspoon shredded orange peel

In medium saucepan, combine dried fruits, orange juice, water, raisins, sugar, and tapioca; let stand 5 minutes. Bring to full rolling boil; reduce heat and simmer about 10 minutes or till fruits are tender, stirring frequently. Cool; turn into baked pastry shell. Combine custard mix and milk; cook and cool according to package directions for custard pie. Pour carefully over fruit layer. Sprinkle with orange peel. Chill 3 to 4 hours before serving.

Sonya Phillips,
Brooklyn, New York

Always keep a leftover ham in the pink.



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These *Fingertip Recipes* recommended by Nancy Sasser

...YUM SAUCE
- ...o BEST FOODS® Real Mayonnaise
- ...o dairy sour cream
- ...o chopped scallions
- ...blespoons soy sauce
- ...spoons ground ginger

...Serve over vegetables.

QUICK GREEN SAUCE
- 1 cup BEST FOODS Real Mayonnaise
- 3 tablespoons minced spinach
- 2 teaspoons lemon juice
- 1 tablespoon chervil
- 1 tablespoon tarragon

Blend. Serve with fish.

TART BERRY SAUCE
- 1 cup BEST FOODS Real Mayonnaise
- 1/2 cup whole-berry cranberry sauce, crushed
- 1 teaspoon lemon juice
- 1/2 teaspoon grated orange rind

Blend. Serve with fowl.

EASY CHEESE SAUCE
- 1 cup BEST FOODS Real Mayonnaise
- 1/2 cup milk
- 1/2 cup shredded Cheddar cheese
- 1/2 teaspoon paprika

Blend. Warm *and serve over vegetables.

SMOKY MUSTARD SAUCE
- 1 cup BEST FOODS Real Mayonnaise
- 1/2 cup dairy sour cream
- 1/4 cup white wine vinegar
- 1 teaspoon smoked salt
- 2 tablespoons mustard with horseradish

Blend. Serve with ham.

*Note: To heat any of these sauces, warm over low heat, 2 to 3 minutes, stirring constantly.

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HOW TO MAKE A POINT WITH PATTERN

Pattern—a jot or a lot—is one of the quickest ways to stimulate a lackadaisical room. There's no end to the decorating effects you can get with pattern. For example—use it to define a room area, dramatize a wall, wake up windows, accent a piece of furniture, or provide a focal point.



Photograph: Bill Hedrich, Hedrich-Blessing. Decorator: Allyn Duncan.

Nothing sleepy-eyed about this bedroom! By day, it leads an active life as a charming sitting room. Spirited print in bright, bold colors —on cove wall, sofa bed, and chairs —gives the room definite character as well as a pleasantly coordinated look.



Photograph: Margerin

Stripes bring distinction to this serving alcove —set it apart from adjoining living room. Folding doors close off the area when it's not being used for entertaining. To create an illusion of greater depth, you could use a scenic wallpaper in the alcove.



Photograph: Hopkins

A wall full of lively pattern visibly shortens the proportions of this long, narrow room and provides an interesting focal point. An end wall was covered with a vibrant paisley print, then partitioned with built-in shelves on either side of the window. Shelves were then painted a solid dark color for strong contrast. Predominantly white accessories in varying sizes and shapes underscore the patterned background.





Pretty Wild!

The Kleenex Boutique Collection is in . . . and bathroom tissue has gone glorious. Gone honest-to-Kleenex soft. Gone wild for color. Four pow, pow, pow-erful ways to glow. Hot Pink. Bold Gold. True Blue. Avocado Flip.



New Kleenex® Boutique bathroom tissue

Another new product from Kimberly-Clark





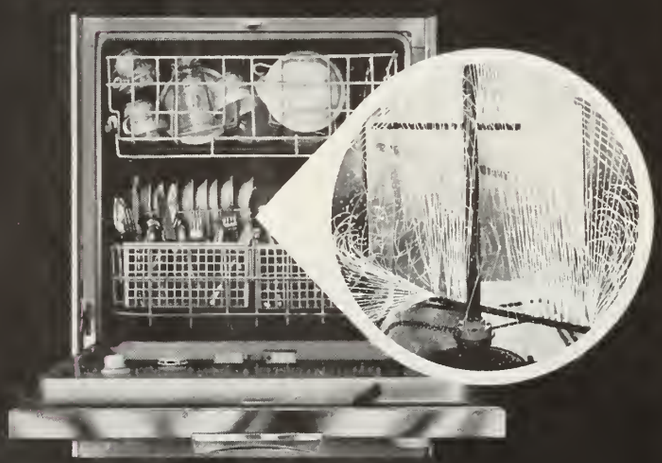
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FRENCH ONION SOUP



One of a tourist's delights in Paris is to top off a festive evening with a steaming bowl of savory onion soup. We've taken a few liberties in our American adaptation of the classic version—but nothing is lost in the translation.

Parisians float a parmesan-topped French bread slice in each serving. Then it's into the broiler—soup bowl and all—to toast the topper. We think you'll find it easier to toast the bread first, then float it on the soup. You may even wish to substitute all-American cheddar cheese for the traditional shredded parmesan.



Photographs: Scott

French Onion Soup

3 to 4 medium onions, thinly sliced (3 cups)
2 tablespoons butter or margarine
2 cans condensed beef broth (2½ cups)
1¼ cups water
1 teaspoon worcestershire sauce
Hard rolls or French bread, sliced
Shredded parmesan cheese or shredded sharp natural cheddar cheese

Cook onion in butter or margarine till lightly browned, about 15 minutes. Add beef broth, water, and worcestershire sauce; simmer 20 minutes. Sprinkle bread slices generously with cheese. Place under broiler till cheese is lightly browned. Float a slice of cheese-topped toast on each serving of soup. Makes 4 to 6 servings.

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8. Measure laundry detergent, following package instructions. Use enough detergent to avoid yellowing and tattletale gray.

9. If planning to bleach, use recommended type and amount. Some finishes are sensitive to chlorine bleach. Always dilute liquid bleach before adding to a wash load.

10. If you use a fabric softener, measure and add only to final rinse. This will eliminate static electricity or "cling" and cut down on ironing.

11. Dry according to instructions whether in dryer or on line—both heat and sun harm some fabrics. Remove dried garments from dryer immediately so new wrinkles won't form.

12. If ironing is needed, use correct temperature setting for fabric, or low temperature.

You might call Foremost Dairies' Lazy Puddin' an instant-instant pudding. Because now you can have rich, smooth, delicious pudding every time, all ready to serve, just by opening a can.

Maybe that all sounds too easy, but the fact is we go to a lot of trouble. We make Lazy Puddin' with milk, just as you would make it at home. Then we *flash process* it. Then we seal it in specially-lined cans to preserve its good fresh flavors: Chocolate, Chocolate Fudge, Vanilla, Butterscotch, and Lemon.

We went to all the trouble to save you just 10 minutes. But wouldn't it be nice to have 10 minutes to yourself once in awhile?

Foremost

INTRO-
DUCING



STAINLESS STEEL DISHWASHERS ARE MADE TO LAST...

&

THERMADOR made them first!



The use of Nickel Stainless Steel in dishwasher interiors, started at Thermador. The interior of the Thermador Dishwasher is guaranteed for a lifetime against chipping, peeling or corrosion.



The Thermador 4-way "tower of shower" washing assures complete removal of all food particles. Combine this with the exclusive double wash, triple rinse cycle and you have the cleanest, sparkling dishes ever.

✳

Write for literature on this and other Thermador Bilt-in appliances. Self-Cleaning and Conventional ovens... Cooktops... Trade-Wind Keep Hot Ventiloting Hood and Food Warmer... Electric Heaters... Warming Drawers ... Can Openers... Rotisseries.



To introduce you to Cascade, America's #1 dishwasher detergent, Cascade provides full-size samples for each dishwasher and shares the cost of this ad by agreement with Thermador.

America's Finest Bilt-In Appliances Come From Thermador
Often Copied . . . Never Equalled

THERMADOR
Division of Norris Industries
Seven Leagues Ahead
5119 District Blvd., Los Angeles, Calif. 90022, Department BH

FRENCH ONION SOUP



One of a tourist's delights in Paris is to top off a festive evening with a steaming bowl of savory onion soup. We've taken a few liberties in our American adaptation of the classic version—but nothing is lost in the translation.

Parisians float a parmesan-topped French bread slice in each serving. Then it's into the broiler—soup bowl and all—to toast the topper. We think you'll find it easier to toast the bread first, then float it on the soup. You may even wish to substitute all-American cheddar cheese for the traditional shredded parmesan.



Photographs: Scott

French Onion Soup

- 3 to 4 medium onions, thinly sliced (3 cups)
- 2 tablespoons butter or margarine
- 2 cans condensed beef broth ($2\frac{1}{2}$ cups)
- $1\frac{1}{4}$ cups water
- 1 teaspoon worcestershire sauce
- Hard rolls or French bread, sliced
- Shredded parmesan cheese or shredded sharp natural cheddar cheese

Cook onion in butter or margarine till lightly browned, about 15 minutes. Add beef broth, water, and worcestershire sauce; simmer 20 minutes. Sprinkle bread slices generously with cheese. Place under broiler till cheese is lightly browned. Float a slice of cheese-topped toast on each serving of soup. Makes 4 to 6 servings.

HOW TO WASH "MIRACLE FABRICS"

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Foremost

INTRO-
DUCING



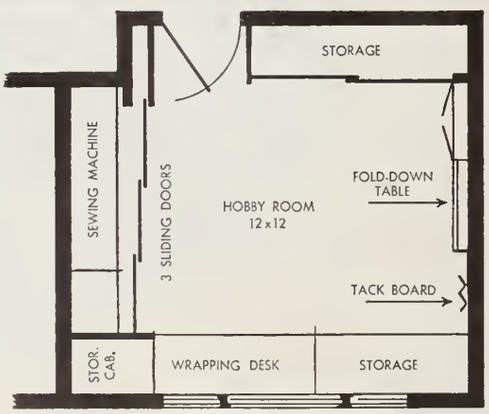
THIS ROOM IS WHERE THE ACTION IS





Photographs: de Gennaro. Source: Pauline Graves





What's "work in progress" to the engrossed hobbyist can look suspiciously like clutter to unexpected guests. A room like this solves the problem. Just leave everything as is—and shut the door.

Owners, Mr. and Mrs. John Treathway, adapted the 12x12 room in their home for dressmaking, gift wrapping, home-office records, and miscellaneous storage. And, with a little imagination, you could easily outfit one like it for your family's favorite activities—such as indoor gardening, oil painting, sculpturing, model assembling. Or, borrow a wall to include a laundry center or woodworking bench.

Above: Fold-down table is padded with ½-inch polyurethane foam for pattern cutting and ironing. Inexpensive cellulose fiberboard covers wall on right to make a handy bulletin board. You could dress it up by covering with burlap or vinyl fabric. Drill 1½-inch holes, bowling-pin fashion, to stash light bulbs where they're easy to find. If you're short of space, hang shelves like this on a door.

Top left: A niche, sized to fit sewing machine cabinet, has double row of 48-inch fluorescent tubes hidden behind wide fascia. If more work space is needed for sewing curtains, move card table into position left of bench.

Left: For loading ribbon rods, slide ⅝-inch dowels out of curved groove on center divider. If you start with basic storage like drawers and shelves, the weekend handyman can add conveniences like these once you decide what you need.



Why would Betty Crocker make two different buttermilk pancake mixes that give you the same perfect pancakes?

e women like to crack eggs and pour milk and measure out shortening and stir things
nd. For these women we make the Regular Mix.

r women are so rushed, for one reason or another, they want to spend as little time
ssible fixing their perfect pancakes. For them we've come up with the Complete Mix.
e added the eggs, the shortening, the milk. Everything is in the box. (Of course,
plete Mix costs a little more because we did most of the work.)

either Betty Crocker mix you get the same perfect pancakes. You just have to
e what kind of woman you are.







GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

Shrub and tree health. While trees and shrubs are still dormant, it's time to think about major pruning. Time will soon run out—once the new '68 foliage begins to sprout. Fast-growing trees need the most attention. Take special care with trees growing close to power lines; don't use all-metal pruning saws or shears or pole pruners with steel cables. Before pruning off large branches or removing a tree that might fall against power lines, check the service department of your utility company. Their experienced personnel can give valuable advice and, in cases that are unusually complicated, offer help.



When cutting off a large limb, do the job with three cuts. The first is on the underside of the limb about a foot away from the trunk—this cut prevents bark from being peeled down the trunk when the limb falls. The second is on the upper side six inches or so out from the first cut to remove the bulk of the limb. The third cut is made flush to the trunk to remove the stub. Trim the wound of all loose bark and wood before painting with wound dressing.

Seal any open cut or wound of more than ½-inch diameter with a wound paint to protect the plant from insects and fungi. With spray-on sealers, it's no more trouble than pushing a button.

Eight favorite houseplants. The way to enjoy the beauty of gardening every month of the year is to involve yourself with houseplants. Not the old-fashioned idea of a collection of geraniums or African violets on a window sill, but the new idea of using bold, colorful plants as a part of your decor.

Window walls in homes as well as public buildings has increased the amount of light indoors for the benefit of plants.

Of the eight indoor favorites in the West, the ubiquitous African violet easily ranks as top dog. The eight to nine months' period of continuous bloom and general ease of culture won it this spot. But, there are other plants with decorative foliage that almost outrival color from flowers.

The remaining seven include:

Dieffenbachia—large plant with big green oval leaves marbled with ivory-white.

Maranta—small plant with light green oval leaves with chocolate brown spots. It is also known as prayer plant because it folds its leaves at night.

Iron Cross begonia—dramatic soft green leaves with reddish brown crosses reminiscent of the World War I crosses. It is even grown outdoors in favored spots in Southern California.

Aphelandra—bright green leaves with white markings.

Dracaena—narrow leaves are in tufts at branch tips, a good plant with vertical growth.

Episcia—close relative of the African violet, with soft green leaves and white markings.

Watermelon peperomia—a wonderful trailer with watermelonlike stripes of green-and-white on the foliage.

As a rule, most houseplants grow well in bright, indirect light. Flowering kinds need good strong light for best flowering, but can't take direct sunlight through a south or west window. A thin curtain drawn between the glass and the plant will temper sun's rays. There are a number of commercially prepared potting soils on the market that are great, so it is hardly worth the effort to mix your own. The packaged blends hold water yet permit good drainage.

Give your houseplants frequent light feedings of plant food. Overfeeding can be injurious, so follow directions on the label.

The best insurance against insects and diseases is to spray once a month with one of the handy indoor-plant pesticide bombs. These aerosols make it easy to control aphids, whiteflies, mealy bugs, thrips, and mites. Hold the bomb 18 to 24 inches from the plant. If scale insects attack, apply diluted oil emulsion directly to infested areas with a cotton swab.



A cotton-tipped swab dipped in rubbing alcohol and touched to the mealybugs will eliminate these hard-to-kill insects. Follow the alcohol treatment with a general houseplant spray to get the young, crawling mealybugs. It will take several treatments to completely free your plants of this pest.

Both for the appearance of the plants and their health, clean foliage frequently. Spray smooth-leaved plants with one of the aerosol leaf-polish bombs twice each month—then there's no necessity to hand rub foliage. Wash hairy-leaved plants with warm spray of water.

Bulbs for beauty insurance. As far as the weekend gardener is concerned, the broad meaning of the word bulb includes the whole gamut of plants that grow from tubers, corms, rhizomes, and even some fleshy rooted perennials.

These plants have a built-in ability to store sufficient food to create flowers no matter what happens. It's early yet for setting out the real warm-weather lovers, but just the right time in mild sections to get the first batch of gladiolus into the ground.



Plant gladiolus bulbs four inches deep in well-prepared soil. You can excavate the area that the grouping of bulbs is to occupy or dig individual holes.

A planting of these made every 30 days is bound to stretch out the season.

You can figure out your own rough timetable—a few require as long as 135 days to bloom. The jumbo-size corms (1½ inches or more in diameter) give you the most satisfactory blooms.

The other great summer-blooming bulb—well, tuber if you want to be persnickety—is the tuberous begonia. Start them now or just as soon as the pink sprouts begin to show on top of the tubers. And, since they need warmth, they should be started indoors.

Some gardeners, in an effort to beat the season, start their dahlia tubers in pots as early as February. But it is usually best to wait another month or so. In the meantime, rough-spade the area in which they are to be planted and work in lots of humus and rotted manure.

All-western favorite. For a decorative and colorful conversation piece, plus rich, red strawberries for breakfast, plant a strawberry jar—or perhaps even an open barrel. And, if your taste for strawberries is Texas-size, plant a whole bed of them. It takes at least 100 plants to supply berries for a family of four. If you want more for jam and jelly, better plant another hundred or two.

Husky plants are available at the nurseries these days, so when you bring them home, be sure to keep the roots moist until you get them planted.



Prepare the soil deeply for your new strawberry bed by adding some organic matter—well-rotted manure is great. Set the crowns so they are flush with the soil surface. If planted too deep, the crown will rot; if too high, it will dry out. Water the plants well after planting and keep soil moist for a week or two until plants are established.



Want to buy a secret formula cheap?

ose. Blue granules. Green gran-
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ly in Bold, the bold new deter-
m Procter & Gamble.
a detergent history there's never
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A new combination of cleaners, whiteners and brighteners. Bold doesn't just get dirt out. Bold gets clothes bright. You get whiter whites, redder reds, greener greens. Bold doesn't settle for clothes that are just clean or just white. New Bold sets a new standard. Bright.

Try Bold. It probably doesn't cost a penny more than what you're using now. Watch your wash go way beyond clean. Way beyond white. Watch your clothes go all the way to bright.

Bold gets clothes bright.

HOW TO AVOID APPLIANCE SERVICE CALLS

Why doesn't household mechanical equipment last longer and require less service? In many cases, it's because homeowners don't give it a chance. Here are some common causes of expensive—and often unnecessary—service calls:

Using equipment without learning how. "Every woman thinks she knows how to use an iron," one serviceman tells us, "but if she goes ahead without reading the instruction book, and it doesn't work correctly, she often blames the iron." With every new appliance, read the instruction book first; keep the book for future reference.

Expecting a machine to do something it can't. For instance, if you like steaks red inside and black out, you shouldn't think there is anything wrong with a small electric broiler that does not cook them this way. And don't blame an electric broom for not getting deep-down dirt out of a carpet. These auxiliary appliances simply aren't designed for such performance.

Improper installation. This is most often a problem with washers and dishwashers. Best way to guard against it is to buy from a reliable dealer. Listen hard if he insists that the location you chose for the appliance will cause operating inefficiencies; he may be right.

Inadequate wiring. Many houses have too-few circuits and too-small wires to power their electrical equipment. If for example, you are frequently faced with a blown fuse, or the TV picture dims when you turn on your dryer, chances are you have inadequate wiring.

Worn-out electric plugs and outlets. Watch out for this, especially with portables. If the cord plug does not seat tightly in an outlet, the power supplied to the appliance is bound to be erratic and the appliance won't work as it should.

Equipment not turned on or plugged into the outlets.

Careless or improper use and maintenance of equipment. In other words, don't abuse your household equipment if you want it to give long years of satisfactory service. Here are suggestions to help you avoid troubles with your appliances.

Coffee maker. Don't blame the pot for that strange tasting coffee. The trouble may lie in the way you clean it. Always rinse and rinse again after washing with detergent. Dry thoroughly. Store uncovered. Use stain remover according to maker's directions to remove accumulated coffee oils.

Cordless appliances If an appliance with rechargeable batteries doesn't work, chances are the batteries are dead. Keep it plugged into a live outlet (not one controlled by a switch) whenever the appliance is not in use. There is no danger of overcharging the batteries.

Dishwasher. Load it the way the manufacturer recommends. If you don't, dishes may not wash clean. Watch for small items fallen through the racks and lodged in the bottom.

Disposer. If you keep cutlery out of this appliance, you should have little or no trouble. If it stops, turn off switch; check to see if it is clogged; then push the reset button at the bottom of outside casing.

Dryer. Clean lint trap after every use; otherwise, air flow is reduced and dryer takes too long to dry. Don't let bobby pins or nails work their way through the holes of the revolving drum; they may jam the drum or short the heating element. Check pilot on gas units.

Above all, don't put plastic baby pants or foam rubber items like bras or toys in the dryer. They might explode. Do not dry articles soaked in cleaning fluid in a dryer.

Electric blanket. Be sure wall and blanket plugs are seated firmly. *Never dry-clean an electric blanket.* Wash according to manufacturer's directions.

Electric can opener. If you remove cutter head for washing, replace it tightly or it may cut improperly or drop cans. If a clean magnet doesn't hold lids, the top and bottom of the cans are probably aluminum.

Electric skillet. Don't immerse electrical control in water. To avoid warping a hot pan, don't pour cold water into it. To prevent pitting an aluminum pan, do not let acid foods such as tomato juice or vinegar stand in it overnight.

Heating plant. Here it pays to spend money to save money. Buy an annual service contract and have the burner and furnace (or boiler) overhauled every year. Have flues cleaned at the same time.

To assure trouble-free operation, you should also oil motors according to the maker's or serviceman's directions. Use recommended motor oil weight, not light household oil. If painting or wallpapering around a thermostat, cover it to keep out drips and particles that might unbalance it.

Iron. If you live in a hard-water area, buy distilled water to use in your spray iron or it will clog beyond repair except by a service shop.

To avoid corroding the soleplate, empty a steam iron before storing it; always stand it on its heel. Don't iron over zippers or metal snaps lest you scratch the soleplate. Remove scratches with very fine steel wool or emery cloth; then iron over several thicknesses of wax paper to rewax the soleplate.

Mixer. Never use a knife, spoon, or fork in a bowl while beaters are moving: you may bend or break the beaters. Always use a rubber spatula.

Range. In removing reflectors under older electric range units, take care not to jerk or raise the units so violently that the electric leads break. In cleaning gas burners, don't just swish over them with a greasy cloth; you will simply clog the ports. Remove the burner heads, soak in hot water, and wash in detergent solution.

Don't cover the bottom of an oven with foil; that seals off heating unit and you won't get enough heat to cook anything.

Refrigerator. To keep it operating efficiently: (1) Vacuum the dust and cobwebs from bottom of the box every two months. (2) When defrosting older refrigerators, give ice behind frozen-food compartment time to melt (it usually takes longer than the ice you can see). (3) Do not build-in the refrigerator unless you have one that exhausts heat out the front of the box. Allow at least one inch of air space on both sides of the box and at least three inches at the top. (Rules 1 and 3 also apply to home freezers.)

Follow manufacturer's directions when washing liner, glass, plastic parts, shelves, and door gasket. To remove an often-overlooked source of odors, wash drain pan below refrigerator.

Room air conditioner. Don't buy by guesswork. Have dealer look at the room or tell him its size, orientation, etc. To operate efficiently, the machine must be properly sized to a room. If it's too small, it won't. If too large, it will go on and off repeatedly, reducing cooling efficiency and also using more electricity.

Be sure power supply is adequate. Clean or change filters every spring (two or three times a year in some areas).

If you live in a city where air is polluted, you must remove machine and ask your dealer about steam-cleaning it or it will burn itself out. In New York City, steam-cleaning is required annually—in most cities, once every two or three years.

Vacuum cleaner. Pick up pins, tacks, other objects that can jam the works if sucked into the cleaner. Don't run an upright model over its own cord. If suction isn't good, clean out the bag; then, in the case of tank cleaners, check for an obstruction in the hose.

Waffle iron. You can overdo cleanliness. Don't wash waffle grids after use; just wipe with a paper towel. And don't scour with steel wool or scouring powder. If you do, the next waffles will stick to the grids.

Washer. If clothes don't come out clean, postpone calling a serviceman until you're sure the water is really hot; the machine is not overloaded; the detergent used is recommended by the washer manufacturer.

Shut off water valves when washer is not in use. Some manufacturers suggest removing agitator weekly to clean inside and underneath agitator pot. Apply petroleum jelly to screw threads at top of post before replacing cap. If washer vibrates too much, adjust leveling screws.

Water heater. To get rid of rust and sediment in the water (it will eventually reduce the efficiency of the heater), drain a pailful of water from the heater every month or two depending on how dirty the water is. Install a water softener if water is hard enough to make a heavy scale deposit on the tank walls. In areas where corrosive water is a problem, have the appropriate water-treatment system installed to prevent rusting the heater tank.

Water softener. Just have recommended amount of salt in brine tank to keep automatic recharge units trouble-free.

ood ways to n-humble hamburger

Beverly Barrett
ago, Illinois



: I need in my kitchen . And next to the hired my favorite help is -American Gravy. It's with real stuff. (So there's tificial 'yuk' taste.) -American is a real ally I don't have enough ..or don't want what I lso I, who once flunked uit broiling, can cook hings with it. Which us to a few recipes from vate File. These are sure- sy ways to give ham- delusions of grandeur. ally, I value them—and -American Gravy—o as much as a chance out."





MEATBALLS À LA RUSSE

Or Stroganoff when you're rushin'.

1 pound ground beef
2 tablespoons fine, dry bread crumbs
2 tablespoons finely chopped onion
1 egg, slightly beaten
¼ teaspoon salt
Dash of pepper
1 tablespoon shortening
1 can Franco-American Beef Gravy
¼ cup sour cream

Mix the beef, crumbs, onion, egg, and seasoning. Now round them up into 16 meatballs. Brown in skillet with shortening. Pour off fat; stir in the gravy. Cook over a low heat for 20 minutes, or until done. (Better stir now and again.) Blend in sour cream. Re-heat. Pour over noodles and top with parsley for 4 servings.

HISTORICAL NOTE: A mad czar used to serve it with the noodles on top and the parsley on the bottom. This is not recommended.



SNOWED-UNDER MEAT LOAF

This is a good example of how a smidgen of originality can take you a long way. The big idea here is to move the mashed potatoes from beside to on top.

1 can Franco-American Beef Gravy
1½ pounds ground beef
1 cup small bread cubes
⅓ cup minced onion
1 egg, slightly beaten
2 tablespoons chopped parsley
1 tablespoon Worcestershire
1 teaspoon salt; generous dash of pepper
2 cups mashed potatoes

Mix thoroughly ¼ cup gravy with all ingredients except the potatoes; shape firmly into loaf and place in shallow baking pan. Bake at 350° for one hour. Then let it snow. Frost the loaf with mashed potatoes and bake for 15 more minutes. Blend the remaining gravy with drippings. Heat and stir occasionally. Serve over the loaf for 4 to 6 servings.

VIVE LA FRANCEBURGERS

As long as you're adding a continental touch, do it like a continental. Don't stay calm. Be emotional. Create, create. Mood is everything. Shout "magnifique, magnifique." Gather all ingredients with soulful zest. Zest counts a lot here, because there aren't many ingredients.

1½ pounds ground beef
1 can Franco-American Mushroom Gravy
¼ cup bread crumbs
Crumbled Roquefort cheese (For "Yodelburgers," substitute sliced Swiss Cheese. For "Pisaburgers," lean into some Mozzarella).

Combine beef with ¼ cup gravy and crumbs; mix thoroughly. Shape into 6 hamburger patties. Broil on both sides until desired doneness. Top with cheese during the last few minutes; broil until melted. Heat remaining gravy; serve over hamburgers. 6 servings.

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EXTRA ADDED ATTRACTION



SHERRY MUSHROOM SAUCE VOILÀ

A classic gourmet sauce that's un-classically easy to make.

1 can Franco-American Mushroom Gravy
1 to 2 tablespoons sherry

Combine sherry with the gravy in a saucepan. Heat thoroughly. It does wonders for meat or fowl. And for you when you drop the name.



Here's a wonderful "extra" for your not-so-handy kitchen

This is a peninsula designed to change your expansive kitchen from an open energy waste to a convenient snack-and-visit center of your home. The cooking bar extends from a wall of handsome cabinets (included in plans) to save many steps, or omit the burners and have an open counter for serving. Or you can build cabinets without counter. Complete working drawings, 3303-2, priced at just $2.

Better Homes Project Plan 3303-2

Better Homes for All America
P.O. Box 777
Des Moines, Iowa 50303



Organize your inefficient closet storage space!

You can make that large closet with a small opening into a much more usable and accessible storage unit. Our plans tell you how to remove the old door and wall, and how to build in this neat, practical unit. This transformation can happen to almost any closet in any situation. The plans are greatly flexible, to fit your particular need. For plan number 3309-2 send $2.00.

Better Homes Project Plan 3309-2

Better Homes for All America
P.O. Box 777
Des Moines, Iowa 50303





Photographs: Bill Hedrich, Hedrich-Blessing. Source: Lois Rea



THE SOCIAL LIFE OF A STORAGE WALL

Never underestimate the potential of a storage wall. This one leads a busy life—provides essential storage space, acts as a room divider, and features a pass-through entertainment center. Sketch at bottom shows the strategic location of this compactly designed center. Guests can move freely from the front entrance and join an informal group in the hall, or gather in another part of the house. Refreshments are served from the hall side when parties are large and originate in the living room, or from the den side when just a few friends get together for an enjoyable evening.

Above left: When sliding doors are closed on the hall side, the wall looks like an oversize coat closet. Push aside the two center doors, and the entertainment center pops into view. Spillproof plastic laminate covers counter top as well as cantilevered shelves on either side of the opening. In addition to a small stainless steel sink, counter holds electric outlets for mixer and blender. Storage for coats and linens occupies space to the left and right of the entertainment center.

Below left: The den side reveals an under-the-counter refrigerator and a locked cabinet. Shutters, stained to match the walnut bookshelves and cabinets flanking the opening, fold together and close off the entertainment center when party time is over. Den can then be used as a quiet retreat for reading and relaxing or as a home office. A space-saving, custom-built desk fits neatly into one corner under the bookshelves.



Come in...



Sit down...



Dinner's served...



"Dear Mom..."



God bless...



Sleep tight...

and dream of **Bassett**
for every room in your home!

Send 25¢ for colorful brochures on furniture for the living room, dining room, bedrooms, foyer, teen room and nursery to Bassett, Dept. C82, Bassett, Virginia 24055.

Furniture designed by Leo Jiranek, A.I.D., I.D.S.A.

We challenged every oven cleaner made to match this one in speed, ease and cleaning power:



[We've had no takers.]

And Jifoam's exclusive formulation and method of application are protected under United States Patent #3,335,092.

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SCRUMPTIOUS SIMMERED MEATS

Meaty pork chops and delicate-flavored veal riblets get very special treatment here! Onion-mushroom gravy is spooned over the chops—and there's extra gravy to pass with potatoes. The riblets and limas cook in a flavorful sauce featuring thyme and marjoram.



Veal Riblets with Limas

Your meat and vegetables cook together. Cooking liquid from the riblets makes the sauce for the limas—

¼ cup all-purpose flour
2 teaspoons salt
Dash pepper
3 pounds veal riblets

• • •

2 tablespoons shortening
1 cup water
2 tablespoons wine vinegar
1 teaspoon brown sugar
¼ teaspoon thyme, crushed
¼ teaspoon marjoram, crushed

• • •

1 10-ounce package frozen lima beans



Combine flour, salt, and pepper in a paper or clear plastic bag; add riblets, a few at a time, and shake to coat. Set aside any excess flour. Melt shortening in large skillet; add riblets and brown well. Add water, vinegar, brown sugar, thyme, and marjoram. Cover skillet and simmer for 1½ hours. Add lima beans, cover and simmer 20 to 25 minutes more, stirring to separate beans. Remove riblets and stir reserved flour mixture into beans. Cook and stir till thickened; serve with riblets. Makes 4 to 5 servings.



Photographs: Scott

Pork Chops Supreme

These chops are truly elegant fare. Gravy is flavored with dry onion soup mix—

6 pork chops, cut ¾ inch thick
Salt and pepper
Paprika

• • •

1 cup water
½ cup finely chopped celery
½ envelope (¼ cup) dry onion soup mix

• • •

2 tablespoons all-purpose flour
1 tablespoon dry parsley flakes
¼ cup cold water
1 6-ounce can (⅔ cup) evaporated milk
1 3-ounce can chopped mushrooms, drained (about ½ cup)

Season pork chops with salt, pepper, and paprika. In skillet, brown chops slowly on both sides. Drain off excess fat. Add the 1 cup water, the celery, and soup mix. Cover and cook over low heat 20 minutes. Turn chops and continue cooking 15 to 20 minutes more, till chops are tender. Remove chops from skillet. Combine flour, parsley flakes, and the ¼ cup cold water. Blend into pan juices. Add evaporated milk and mushrooms. Cook and stir over low heat till thickened and boiling. Serve a little gravy over chops; pass extra. Makes 6 servings.



This is the only picture I could find of myself at 262 pounds. Where else would I be but in the kitchen, getting ready to eat?



Recognize me? Most people in Owego don't, since I'm down to 145 pounds. I hardly know myself for that matter. I'm a completely new person.

used to wear a coat even in summer, until I lost 117 pounds.

By Kathleen Kersat—as told to Ruth L. McCarthy

t didn't matter whether the temperature was a cool sixty-five or a humid ninety-eight. When I weighed 262 pounds, I was so ashamed that I e a coat wherever I went. It was kind of like a urity blanket. I'd wrap it around me, and some- I'd feel less conspicuous. Of course, I wasn't. t without it, I'd never have left the house at all.

had been fat all my life. My father's people were vy and I guess I used that as an excuse for my g so big. But there was really nobody to blame myself. I just ate too much.

My mother used to take me to the doctor regu- y. But it didn't do any good. I'd come home and t eating again. And since I liked to cook, I'd bake h coffee cake three or four times a week. Or I'd e lasagna or spaghetti or anything that was fat- ing. The only real exercise I ever got was swim- g. But I quit that at fourteen. I couldn't stand sight of myself in a bathing suit.

After graduation from Owego Free Academy, I t to Ithaca School of Nursing and later did duate work at Cornell Medical Center in New k City. Still I did nothing about my weight, n though I knew I was living dangerously.

he doctors were at me constantly. Physical ex- nations showed that there was no metabolic on for my overweight. I didn't have a thyroid dition. I just had a big appetite. I tried reducing ers, but to no avail. I took prescription pills, but made me too nervous. I never bothered with diets. Nor did I try liquid diets. I did take a etic once a week. But nothing moved that ntain of fat.

ow did a stout girl like me find a husband? The man I married is of German parentage. As a matter of fact, he was born on the boat coming over. And maybe a nice, strong girl just looked good to him.

You see, we own a four-hundred-acre farm with fifty thousand chickens. I must admit, however, that I never did much manual labor on it. Instead, my time was spent caring for the house and for our children. We have six sons.

It's funny. Although I was careless about myself, I was a meticulous housekeeper. I just put all my energy into daily chores. I practically became a slave to housework—until one day I took a good, long look at myself. I was 262 pounds. I didn't want to go anywhere. I didn't want to do anything. Life had become a terrible bore. At the age of 35, I decided that there was more to living than just eating. So, I made up my mind to reduce. I went on a low-carbohydrate diet, but I couldn't have stuck to it without help.

Years before, I had tried a little reducing-plan candy called Ayds. But like a lot of my previous efforts, I never quite gave them a chance. I remembered that Ayds were pleasant to take. And that they contained no harmful drugs. I'd also been reading some stories of how they'd worked for other people. I drove to the local drugstore, and I bought a box of the vanilla-caramel kind. (In case you're interested, they come in a chocolate fudge-type and also a new chocolate mint.) I took one or two Ayds before meals, as directed. With a hot drink. For me, that meant hot, black tea. And they worked. Ayds actually helped me cut back my appetite. The thing that was so terrific about Ayds was that I could chew them. And just chewing alone helped to satisfy my hunger.

BEFORE AND AFTER MEASUREMENTS

Before		After
5′5¾″	Height	5′5¾″
262 lbs.	Weight	145 lbs.
46″	Bust	37″
42″	Waist	28″
45″	Hips	37½″
28½	Dress	14

The very first month, I lost twenty pounds. I could hardly believe it. Time went on and still more weight came off. And more. To keep from getting too flabby, I practiced isometrics. Finally, I was able to cross my knees. That may sound strange to a thin person, but anybody who has ever been very heavy will know what that means. It's hallelujah day!

From a size 28½ dress, I went down to a size 14. I no longer had to buy clothes through a catalogue. I no longer had to wear outsize stockings. And I no longer had to wear a coat in summer. I was just under five feet six inches tall and weighed 145—an average-size woman who could get lost in a crowd.

The physical change was so great that it even altered my personality. Everybody agrees I'm more outgoing than I ever was before. I want to go places. And do things. Why, I even got up enough nerve to buy myself a bathing suit. Something I haven't owned in 17 years.

One thing, however, I know for certain. No one can persuade another to lose weight. You have to decide to do that yourself. But once you do, then you must look for help. My help was Ayds.

If Lincoln Continental made a wagon, this would be it. Mercury Colony Park.

Lincoln Continental doesn't make a wagon. So our Continental designers put their wagon ideas into our Mercury Colony Park.

One of the better ones is a back room for the boys—two center-facing rear seats. It gives them a playroom of their own. And frees you from the distraction of crunching apples, etc.

The two-way tailgate swings out like a door, down like a gate. It's easier to load dead weight or live frisky cargo.

The ride is solid and luxurious. One reason: large smoother-riding 15-inch wheels. And you can get a new Automatic Ride Leveler that keeps you on an even keel, even with a baby elephant in the rear.

Our designers signed their work by giving Colony Park the classic bold look of the Continental grille. It's safe to say: nobody makes a finer wagon than this one.

Better Idea cars from the makers of Lincoln Continental.





A PLANNING GUIDE FOR YOUR MEXICO VACATION



Drawings: Hugh Stirts

Just south of our border, Mexico is a world away from the United States when it comes to customs, language, and way of life.

Take your family to this nation of dazzling contrasts and you will drive blacktop roads across the mountains to see old cities that were centers of Indian life long before Montezuma greeted Cortes. You'll find deserts of weird cacti, volcanoes etched against the sky, sandy beaches, and sapphire seas. A strolling mariachi band will serenade you at your restaurant table, and when you walk across the plaza of any Mexican town, ragged muchachos flashing gamin grins will hurry up to shine your shoes. You'll pass roadside shrines winking with candles or decked out with faded flowers, and you will find shelter against the bright sun in thick-walled adobe churches. Vaqueros will wave to you as they canter by, and when night falls, secluded courts will be serene with the tinkle of lovely fountains.

Mexico is cosmopolitan Mexico City and the great shout rising from the bull ring when the moment of truth arrives; it's pyramids and floating gardens, and some of the most incredible museums in the world; but it is also huge new farms turning the countryside of the West Coast into truck gardens, and whitewashed schools in adobe villages. It is a nation proud of its Indian and Spanish heritages; hospitable to the heart; full of festival atmosphere the year round.

When to go should cause you little concern. Altitude governs season in Mexico, so you may choose your own temperature. Tierra caliente, the hot lands, lie between sea level and 3,000 feet; tierra templada, temperate lands, 3,000 and 6,000 feet; tierra fria, the cold lands, include the Central Plateau and Mexico City. Any time of year is fine to visit tierra fria, for as the Mexican peasants say, "A poor man's cloak is the sun." And the sun is warm there even in winter. The winter warmth of coastal resorts in tierra caliente is irresistible to chilled-to-the bone North Americans; from mid-December until mid-April, higher winter rates are in effect and accommodations are tight. Spring and fall on the resort coasts can also be delightful. Bargain-hunters find rates plummet during the summer and space is easier to come by. Air conditioners keep hotels cool in the summer, but if you are bothered by heat and humidity, stay out of southern and coastal Mexico from June through September.

Fall brings a gala social season to Mexico City and Christmas celebrations extend from mid-December through January 6. Pre-Easter carnival splurges in Mazatlan and Veracruz are followed by Holy Week events across the nation. This year there is a very special attraction for visitors—the 19th Olympic Games. Mexico City will host the Olympics from October 12 to 27. For more information on these special events and other attractions in Mexico, write the Mexico National Tourist Council, Dept. BHG, 677 Fifth Ave., New York, N.Y. 10022.

• **How to get there** is a matter of preference and pocketbook. Drive your car across the border from Texas, New Mexico, Arizona, or California, and you encounter instant Mexico. You will find filling stations, motels and restaurants mainly in towns. Service stations sell the same three grades of gas at state-controlled prices. Premix-100, a top-grade, 100 octane gas, costs about 36 cents per gallon and comes from a yellow pump. Gasolmex is 90 octane, costs 30 cents per gallon and comes from a green pump. Super-Mex costs 25 cents per gallon and comes from a pump colored red, a hue which should warn you to beware. It will do little for your engine.

U.S. insurance policies are not good in Mexico so you should buy short-term auto insurance (about $2 a day) at the border. Sales offices are located at all border crossing stations. You will also have to show proof at the border that you own your car (your registration papers will serve the purpose) to obtain a free auto permit which is required. And you must have your driver's license with you.

Toll roads speed traffic between such cities as Cuernavaca and Acapulco, and Perifericos (expressways) hurry you around the environs of Mexico City. Speed limits are posted in kilometers (1 kilometer is .62 miles), so if you see a speed limit sign that says 60, it means 60 kilometers per hour, or 37 *miles* per hour. Road signs are in Spanish, but the symbols are usually universally recognized.

As a general rule, avoid excessive speeds on Mexican highways; the roads are not fenced and livestock may appear unexpectedly on the road. If while driving on a highway, you come suddenly upon a pile of green branches piled in the lane ahead of you, slow down and proceed with caution. Road crews take this way of telling you that they are working just ahead. Rocks scattered on the road may also warn you of a break in the pavement.

A comforting thought for motorists is that Mexico's famous tourist-aid jeeps cruise main highways from 8 a.m. to 9 p.m. daily. These two-man jeeps are equipped with tools for minor repairs, gas, and oil (parts supplied at cost, service free).

You can go anywhere in Mexico by bus, and it's cheap. (Mexico City from Laredo, Texas, is $8.25; from El Paso, $12.40; from Nogales, Arizona, $17.30, and from Ti-

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juana, $22.54). But it takes 18 and a half hours for the bus to go from Laredo via Mexico 57 to Mexico City. The run from Mexicali down the west coast to Guadalajara is 31 hours with another 10 hours to the capital. The trips are straight through with no overnight stops.

Buses offer both first and second class. You should take first class or deluxe first class when it is available; the cost is little more and the comfort is considerably greater. Buses of all classes have carefree drivers who evidence touching faith in the efficacy of the tasseled shrine to the Virgin which is suspended over their head to ward off accidents. Travel on a Mexican bus is not for people with frail nerves.

Rail travel is also inexpensive. National Railways of Mexico and the Pacific Railroad operate air-conditioned Pullman, dining, and lounge-car trains. Children under 5 ride free; children under 12 ride for half fare. A typical fare is: Mexico City from Laredo, Texas, $10.10. In addition, a lower berth costs $7.20; and upper berth, $6.04.

You may also go to Mexico by sailing from the Port of Los Angeles on one of the Princess Line cruises, which touch at such ports as La Paz, Puerto Vallarta, Acapulco, and Mazatlan. Each cruise ship features a swimming pool, cocktail lounges, dance floors, a night-club, a movie theater, and a gym to keep you happy en route. You may elect to combine a cruise one way with an air trip on the other leg of your journey.

Many U.S. and international air-lines will take you to Mexico. Aeronaves de Mexico, American, Braniff, Eastern, Mexicana, Pan American, Western, Varig (RG), Air France, and Trans-Texas fly to airports serving such destinations as Mexico City, Acapulco, Cozumel, Merida, Mazatlan, and Puerto Vallarta.

First Class Family Plan fares allow members of the family to pay two-thirds of the fare, providing the head of the family pays full fare, and are in effect between noon Monday and noon Thursday. Excursion coach fares are in force during off-peak travel months.

There are several other fare breaks, which benefit East and West Coast vacationers. Eastern and Western Airlines offer a round-about flight from Los Angeles to New York by way of Mexico City for $25 more than the trans-continental coach fare. A circle trip will also take you between Los Angeles, Mexico City, and New Orleans for just $25 more than the regular Los Angeles-New Orleans tariff.

Here are some sample round-trip excursion air fares to Mexico City (add $24 round trip to Acapulco): from New York, $222; Chicago, $171; Detroit, $184; Los Angeles, $160; Miami, $164; Dallas, $99.90.

• **Where to stay.** Whether your family drives into Mexico or flies to a resort on the sea, you will want to visit Mexico City. Advance reservations are important all year round in a normal year. This year because of the Olympics, October hotel accommodations will be very difficult to obtain. Already would-be Olympic-goers are reserving space in such nearby towns as Cuernavaca, Puebla, and Toluca.



Accommodations at Mexican hotels and motels in major tourist cities are generally excellent and quite reasonably priced. It's a good idea to stay at hotels rated in the deluxe category by the government guidebooks if you don't want to take any chances on the quality of accommodations. You can make hotel reservations with confidence, through your travel agent or airline, at Balsa Hotels, a chain of first-class Mexican hotels in Mexico City, Taxco, Acapulco, Merida, Jalapa, and Hermosillo; or you may prefer to book rooms in an American hotel chain in Mexico like Western International Hotels. And pay no heed to self-styled guides who might approach you at air and train terminals in Mexico; they're usually steerers for second-rate hotels.

Rates for Mexico City hotels range from deluxe hotels at $16-20 for double-bed room with private bath down to moderate rate hotels at $7-10. Room rates in other Mexican cities are appreciably less than in Mexico City.

Mexican resorts are another matter. Acapulco is a jet-set playground, and its popularity makes reservations a must whether you plan to go there in midwinter or midsummer. Winter rates are from 25 to 35 percent higher than summer rates. During the winter season a room with double occupancy in the deluxe class costs from $44 to $48 a day. European Plan; moderate class accommodations cost $20 a day. Motels are a good buy at $7 to $10 a day.

Another Pacific coast tropical retreat is Puerto Vallarta, which has been called the "Latin Polynesia" because of its sea-and-beach charm, its red-tile roofed houses and sun-washed inlets. The prices are low for hotels near Los Muertos Beach, ranging upward for a double from $18 to $42. Other West Coast favorities are: San Blas and Topolo Bampo, where deep-sea fishing is unsurpassed; Mazatlan, where water sports are an integral way of life for vacationers; Guaymas, where the bay has the unpronounceable name of Bacochibampo. Costs of accommodations are below those of Puerto Vallarta.

The Caribbean coast has some equally fascinating spots, including Cozumel, off-beat and tranquil, and Isla Mujeres, a skin diver's delight. All of these resorts offer accommodations at substantially lower rates than do the hotels of Acapulco. If you want to get away from it all, Isla del Carmen in the Gulf hasn't even the vestige of a resort. It is more idyllic than was Puerto Vallarta before Richard Burton and Elizabeth Taylor descended upon it to make the movie, "Night of the Iguana," and fishermen who stay in a fishing camp on neighboring Isla Aguada fish in a vast million-acre natural fish pond where tarpon, barracuda, mackerel, snook, and ladyfish cruise.

You'll find plenty to do in Mexico.

And you should have a lot of fun at it, for the festive, hand-clapping mood of Mariachi and Flamenco is contagious. To some, Mexico is a doe-eyed girl unlocking the carved wooden doors of San Ignacio Mission, which Father Kino built on the Sonora Desert before he started north into what is now Arizona; or it is the nightclubs, luxurious restaurants, hotels, and shops of *Mexico City,* a city which was old when New York was a trading post.

People who "never go sightseeing" end up sight-seeing in Mexico because of the irresistible and often antic charm of the land. Visitors to the 1968 Olympics are going to discover firsthand that the host city is one of the world's most beautiful capitals. Sightseeing will probably begin at the Zocalo, the heart of the city since the days of the Aztec empire. At night the Zocalo is floodlit, and you will find it one of the spectacles of the continent. On the north side, you can enter the Cathedral. The stones of the noble building were cut long before Columbus reached the Americas, for they once were part of a vast Aztec temple to the sun. Then the Spanish Conquistadores pulled down the Indian temple. Using its very stones, the Spanish raised a temple to their own God, as they set about building a new nation which to this day claims an Indian and a Spanish heritage.

Other must attractions in Mexico City are the Diego Rivera murals in the National Palace; ancient Aztec temples and pyramids; Chapultepec Castle where Mexican cadets bravely stood off the U.S. invaders during the 1848 war;

University City's spectacular murals; the bull rings and the nearby holy city of the Toltecs. The Museum of Anthropology is one of the greatest museums in the world and its exhibits are staged with a dramatic flair.

Long before the Tijuana Brass blended Mexican and U.S. music, music from south of the border had a foot-tapping appeal. All through Mexico you will find mariachis the strolling brass and string bands that dispense hand-clapping music in the open air.

In Mexico City, you will find opera at Bellas Artes during the fall and winter, and opera and ballet in the National Auditorium in Chapultepec Park. Symphony concerts are presented at Bellas Artes except during the summer, and musicals are staged in the Teatro de los Insurgentes. But the pride of Mexico is the Ballet Folklorico which, from the moment the famed Tiffany curtain of colored glass rises, becomes one of the truly great theatrical experiences of this generation.

Mexican master painters and sculptors have given distinction to buildings and museums in most of the major cities as well as to the capital. In Mexico City you will want to seek out the great murals, frescoes, and paintings of such artists as Diego Rivera, Jose Orozco, and Juan O'Gorman, who created the great murals on the four sides of the University Library in University City. The art galleries, too, are well worth visiting.

Then there are always the boites (Pink Elephant, El Tapanco, Hullabulu) and the go-go spots, the bars and the music halls which offer nightly proof that both vaudeville and burlesque have not gone out of style in Mexico City.

Each Mexican state has equally intriguing cities or towns and points of interest. And you can visit many of them on short trips from Mexico City. In *Alamos,* once the wealthiest silver city in the Spanish Empire, boys search the mountains for los brincadores—the arrow tree's fruit, sold in the U.S. as Mexican jumping beans.

The palace of Cortes, greatest of the Conquistadores, still stands in *Cuernavaca* and so does the Casa, where the tragic Emperor Maximilian and his Carlota spent their all too brief Mexican summers. The church in *Dolores Hidalgo* is where Miguel Hidalgo rang the bell to proclaim Mexican independence. *Durango's* buildings seem lifted right out of ancient Castile, and *Guadalajara* offers such varied fare as concerts by the excellent Guadalajara Symphony, cockfights, at the Plaza de Gallos, and the pottery makers' suburb of Tlaquepaque. *Guanajuato's* 16th century buildings recall Spanish colonial days, and the mummies in its catacombs are an eerie sight. *Merida* is the gateway to Mayan antiquities which will astound your imagination.

Bustling, up-to-date *Monterrey,* the exquisite cathedral on the main plaza of *Morelia,* the spectacular ruins near *Oaxaca*



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and the huge pyramid built near *Puebla de Zaragoza* to the glory of the god Quetzalcoatl all make fascinated sightseers out of the most sophisticated travelers. *Quertaro's* cobblestone streets, *Taxco's* ancient casas and churches, the Aztec ruins north of *Toluca,* and the old mining town of *Zacatecas* hanging on the edge of steep ravines are other unforgettable sights of old Mexico,

Mexico is the original land of manana, and citizens of the republic find very sympatico the tourist who lazes in a hammock and watches masses of bougainvillea tremble in the breeze. Mexico is also a land of out-of-doors fun.

At *Acapulco* out-of-doors fun ranges from mountain climbing to sailing, pumping pedalboats or scooting on surf or paddle boards. Water skiing is excellent and there are plenty of instructors. Arrangements to participate in any of these activities can be made at your hotel desk. Along the downtown Costera Aleman are places which rent boats for $6 an hour and will teach you such advanced water gymnastics as kite skiing. You might prefer just sunning on Puerto Marques Beach or lolling on Pie de la Cuesta as the sun sets. Or you can take a boat to La Roqueta Island for the view and to see beer-drinking burros. When the sun sets in Acapulco, the go-go spots jump, a water ballet goes on in the bay by the Costera Aleman, and the daredevil La Quebrada diving boys throw themselves from 135-foot high cliffs into a minuscule cove to entertain the diners at La Perla nightclub.

At *Puerto Vallarta* there is much to do, too. You may sail, boat, water ski, fish, ride a horse or a jeep, and even climb on a burrow and swat at a ball with a broomstick. There are fish barbecues and lobster broils to savor, and you may sip a libation in a cocktail hut on the beach. Puerto Vallarta offers remarkably fine skin diving, and you can rent diving equipment through your hotel or at shops on the beach. If all of this palls, you may hunt for dove, quail, and duck in seasons ranging from November to June, or trek into the jungle in search of jaguar or javelina.

San Blas is for beaching and clamming and watching offshore colonies of marine birds. An outboard motorboat ride ($6.50) will take you up the Rio San Cristobal for a look at mangroves, exotic birds, and sunning alligators. You may also swim in a jungle pool, hopefully without the presence of the gators. Skin diving for lobsters is one of the resort's happier diversions.

Mazatlan has some of the hottest fishing in the world, and *Guaymas* is not far behind. A trip across the Gulf of California on the Mazatlan-La Paz ferry brings you to the rustic Baja Peninsula where the fishing and swimming are unsurpassed. There's wingshooting for quail, dove, and ducks, too, and underwater photographers claim that the offshore waters have a lucidity which brings out the best in bottom-of-the-sea subjects.

Some aficionados of river tarpon fishing claim that the Panuco River, which flows into the Gulf of Mexico at Tampico is the hottest river in the world. Snook, bass, and yellowtail are taken in the Panuco and other Gulf Coast rivers and lagoons.

The Caribbean coast of Mexico is certain to become one of the top jet-set resort areas. It has splendid fishing, beaches, skin diving, and exotic offshore islands. *Cozumel Island* and *Isla Mujeres* already have hotels and offer such diversions as swimming, fishing, and skin diving in silt-free waters for Spanish treasure sunk in shipwrecks on what was the Spanish Main.

Should island beachcombing lose its appeal, you can take a boat from Cozumel to the ruined Mayan fortress of Tulum on the Quintana Roo mainland, and then angle for bone fish off a village to the south.

• **How to get around.** Sight-seeing tours take you through most Mexican cities. You can also rent cars, jeeps, burros, and bicycles. Not only Avis, Hertz, and National, but such Mexican agencies as Budget Rent-a-Car and Rente un Auto have offices in most tourist centers. You might be wise to reserve a car before you leave home. Often you will want to rent a car complete with a driver-guide. (In Mexico City this costs $3 per hour or $11 a day plus 12 cents a mile.)

• **What to wear.** Mexico City is just as cosmopolitan as New York or San Francisco so dress accordingly. During December and January you may want a light coat for cool evenings, and from May to October a raincoat should be handy to ward off the showers which tend to dampen the late afternoons. For sight-seeing, a pair of walking shoes is a must. If you plan to climb a pyramid,

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GUIDE TO MEXICO

the shoes might well be rubber-soled.

Resorts are as casual as Mexico City is formal. A woman should never wear slacks or shorts in Mexico City, but at a resort, sports dress is the thing. Cool frocks are fine for even the most elegant nighteries, and a man will feel at home in sports coat and slacks.

• **Travel papers.** A passport is not required. If you are making a brief visit to a Mexican border town, no permit is needed, but if you are going into the interior you must have a tourist card. Tourist cards are now issued free at Mexican consulates in the U.S. or obtained through your travel agent and are valid for up to six months. There are both single-entry and multiple-entry cards. You may include your children under 15 in your single-entry card.

To obtain a tourist card, you need a passport, birth certificate or naturalization papers as proof of your U.S. citizenship. You do not need a smallpox vaccination certificate. Your driver's license is recognized in Mexico, and whether or not you will be driving on your visit there, it's a good idea to carry it as additional identification.

• **What about language?** Spanish is the language of Mexicans, but in Mexico City, Acapulco, and other tourist cities, most people you will come into contact with have at least a rudimentary knowledge of English. In native markets, the language of bargaining seems to be universal and the vendor can usually tell by your attitude what you mean. You'll be surprised at how quickly your high school Spanish will come back to you while traveling in Mexico.

• **What's the food like?** Mexico City is renowned for its splendid cuisine. Its restaurants range from El Refugio, called "the best Mexican restaurant in the world," and Circulo Sureste, which serves Mayan dishes, to such stunning haunts of haute cuisine as Del Lago, overlooking a huge fountain splashing in the heart of a lagoon, and San Angel Inn, in a romantic colonial hacienda. Your Mexican breakfast served at 10 a.m. will be fresh tortillas, beans, and coffee. Your big meal of the day is ready at about 1:30 or 2:00 p.m. If you eat your evening meal before 9:30 in most restaurants, you will dine alone.

In top restaurants and hotels, you may dine without fear and suffer no regrets afterward. In small town eating places, it would be a good idea to stick to cooked food. Meals in Mexico cost considerably less than in U.S. restaurants.

Be wary of the milk, and stick to bottled purified water, which first class hotels and restaurants will serve you on request. Mexicans take great pride in their excellent native beers, and American and international wines and liquors are also available.

• **What to bring back.** If you're in Mexico for at least 48 hours, U.S. Customs permits you to bring back goods valued up to $100 per person without duty. It's a good idea to save your sales slips, so there will be no question about the valuation of your purchases when you clear customs on your return to the U.S.

For duties on purchases in excess of $100, check *Custom Hints* booklet, available free from your nearest U.S. Customs office. Gold coins may not leave Mexico, and you must obtain an export permit for works of art, archeological pieces, and antiques. In practice, you may bring modern paintings out of Mexico without a permit.

Shopping in Mexico ranges from baskets, huaraches, and other handicrafts, to smart sportswear and jewelry. You will find exquisite silver, pottery, tin and lacquerware, hand-tooled leather, hand-blown glass, rebozos and serapes, and imported items such as Swiss watches, French perfumes, and German cameras which sell for less in Mexico than in the States. If you favor antiques, you'll want to visit La Lagunilla, the Mexico City flea market, where somebody else's discarded junk may be a treasure for you.

American currency is generally accepted in Mexico. If you wish to exchange dollars for pesos, you may do so at banks, your hotel, or at currency exchange booths at airports. A peso is worth eight cents in U.S. currency; the sign for the peso is also our dollar sign.

BETTER HOMES AND GARDENS RECOMMENDED MEXICO TOURS

The following six tours were selected by the editors of *Better Homes and Gardens* because each gives you the most for your travel dollar. They range from an air-sea travel combination to all-air round trips; from escorted tours to independent holidays. For more information on any of these tours, call the carriers operating them or talk to your travel agent; he can handle all the details of planning a Mexican vacation to suit your interests and your pocketbook.

Unless otherwise noted, all rates listed are off-season (summer) prices for double occupancy accommodations and include round-trip transfers from the airport to your hotel in Mexico. Some tours will not be offered during October 1968 because of prior bookings for the Olympics.

Mexico Tequila Holidays Tour (American Airlines)
This is an ideal "basic" 9-day tour of Mexico City, Taxco, Acapulco, including excursions to the pyramids at Teotihuacan, Ballet Folklorico, floating gardens at Xochimilco, bullfights, and a yacht cruise on Acapulco Bay. Rates begin at $155 per person plus air fare and include your hotel, sight-seeing with guide, ground transportation. You can add on any one or more of seven "Please Yourself" extensions to Puerto Vallarta; Cozumel Island; Yucatan; Oaxaca; Colonial Mexico-Lake Country; Fortin-Penafiel-Puebla; Guadalajara; at rates from $52 to $81, plus air fare where required.

Air-Land-Sea Tour (Western Airlines)
In 14 days you'll see Mexico City, Guadalupe, Cuernavaca, Taxco, Acapulco, Mazatlan. Fly from Los Angeles to Mexico City for sight-seeing, then take a leisurely motor tour to Acapulco, where you'll board the cruise ship Princess Patricia to sail back to Long Beach harbor with a port call and land excursion at Mazatlan. You can elect to cruise down and fly back and follow a similar itinerary. In-season (December-April) rates begin at $499 including air fare, your hotel, land transportation, sight-seeing with guide, shipboard dining, and varied entertainment program.

Ten Golden Days in Mexico (Braniff International)
You'll visit Mexico City, Shrine of Guadalupe, University City, Cuernavaca, Taxco, Acapulco, the floating gardens at Xochimilco, and Acapulco Bay. Rates begin at $139 plus air fare and include your hotel, 10 meals, sight-seeing with guide, ground transportation.

Gourmet Holiday In Mexico (Eastern Airlines)
On this 9-day tour you'll visit Mexico City, Taxco, Acapulco; enjoy an a la carte "dine-around" at choice continental Mexico City restaurants like Villa Fontana, Delmonico's, Focolare. Rates begin at $169 plus air fare and include your hotel, six meals in Mexico City, all meals in Taxco, cocktail parties, sight-seeing, tickets to Ballet Folklorico, Xochimilco's floating gardens, bullfights, Acapulco Bay yacht cruise, and ground transportation. Add extra nights in Mexico City or Acapulco for $7.20 per night, Mexico City; $8 per night, Acapulco.

15-Day Grand Tour of Mexico (American Express)
On this tour you'll visit Mexico City, Guadalupe, Cholula, Puebla, Toluca, San Jose Purua, Cuernavaca, Taxco, and Acapulco; Ballet Folklorico, the floating gardens at Xochimilco; have a chance to fight a baby bull, and enjoy special "fiesta" dinners and cocktail parties. Rates begin at $271 plus air fare and include your hotel, many luncheons and dinners, sight-seeing with guide, ground transportation.

Leisure Tour To Acapulco (Aeronaves de Mexico)
This is a chance to relax for eight days at one of the world's supreme resorts, where you'll laze on the beach, spend an evening at La Perla nightclub watching the cliff divers at La Quebrada, take a yacht cruise on the bay. The in-season (December 15-April 14) rates begin at $110 plus air fare and include your hotel, yacht cruise, one drink at La Perla.

To make your plans for these or other Mexico trips, see your travel agent. If you don't know an agent, pick a member agent of the American Society of Travel Agents—from your telephone directory or by writing to ASTA, 360 Lexington Ave., New York, N. Y. 10017.

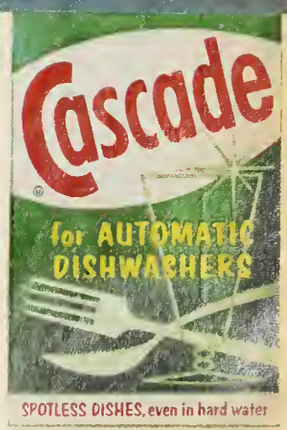
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You can order a complete plan package for the Better Homes for Al America entry this month, "A split-level that makes its own privacy," on page 62. The plan package includes complete working drawings, list of materials to help you estimate building costs, an outline of specifications, and points to include in the agreement you make with th builder. Just check the box for House Plan 3802-A on the coupon belo and send $20.00 for the complete package. For additional plans of th same house ordered at the same time, send only $7.50 for each se For only $1.00 you can get a separate list of building materials to hel you estimate building costs in your area.

Better Homes Plans Catalogs

You can order catalogs for House Plans and Project Plans that have bee featured in the magazine. The House Plan catalog contains informatio about almost 100 architect designs; the Project Plan catalog include more than 125 plans, plus valuable tips on woodworking. To obtai either catalog, send 25 cents to cover handling and mailing.

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Wendy buys her dream house—

Our builder told us... ceramic tile by Pomona Tile ncreases the value of a home"



e you ever fallen in love with a house... n by room?

's exactly what happened to David and me when irst saw *the* house for us.

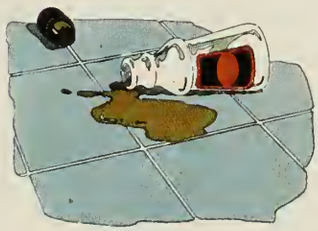
bedrooms were bright and spacious, there a big family room, the kitchen was a dream. we weren't *completely* sold until we saw bathrooms. They were ceramic tile throughout. the master bath had sparkling white textured on the floor, soft pink glazed tiles he walls, with a sprinkling of handsome orated tiles. It had the fresh, clean, *quality* look lways admired in the decorator magazines.



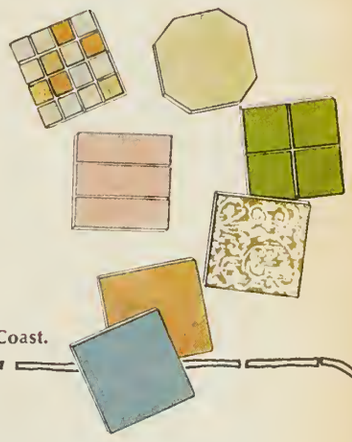
builder was quick to point out that all the ceramic tile was omona, and that this was important for two big reasons. t," he said, "because Pomona is the best ceramic tile can buy. It's the most consistent in color, the most uniform ze, and it comes in the broadest range of colors and designs. ona ceramic tile in a bathroom is a good indication that e's been no compromise on quality in the home.



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BUYING GUIDE

Most of the products shown editorially in Better Homes and Gardens can be obtained in leading local stores. For more information, write the manufacturers listed. Some items are privately owned or custom made—thus are omitted from the product listing. For information on items not mentioned, write Reader Service, Better Homes and Gardens, Des Moines, Iowa 50303.

Brighten your home with built-in lighting

Page 40 (left): Bedspread—Charles Bloom, 15 E. 26th, NYC 10010. Canopy, desk, and mirror—Basic-Witz, Waynesboro, Va. 22980. Wallpaper—Columbus Coated Fabrics, Columbus, Ohio 43216. Lamp—Phil-Mar, Cleveland, Ohio 44117.

Page 40 (right top): Bottle—Blenko, Milton, W. Va. 25541. Couch—Heritage, High Point, N.C. 27260. Spotlight—Lightolier, Jersey City, N.J. 07305. Plastic grid in valance—Guth, St. Louis, Mo. 63177.

Page 40 (right bottom): Hanging light—Lightolier, Jersey City, N.J. 07305.

Page 42 (top): Translucent plastic panel—Polyplastex United, Union, N.J. 07083. Sinks—American-Standard, 40 W. 40th, NYC 10018.

Page 42 (bottom): Dishwasher—General Electric, Louisville, Ky. 40225. Sink—Elkay, Broadview, Ill. 60153. Divider—Custom-wood Filigree, Albuquerque, N. Mex. 87107.

Page 45 (top): Drywall ceiling—U.S. Gypsum, 101 S. Wacker, Chicago, Ill. 60606. Storage doors—Float-Away Door, Atlanta, Ga. 30300. Plastic panels—Polyplastex United, Union, N.J. 07083.

Page 46 (top): Translucent plastic panel—Rohm & Haas, Philadelphia, Pa. 19105. Suspended lamp—Phil-Mar, Cleveland, Ohio 44117.

Page 46 (bottom): Translucent plastic panels—Plexiglas by Rohm & Haas, Philadelphia, Pa. 19105.

Why should your kitchen have to be like all the others?

Page 54 (left): Chair at desk—Herman Miller, Zeeland, Mich. 49464.

Pages 54-55: Counter tops—Textolite by General Electric, Coshocton, Ohio 43812. Chairs—Thomasville, Thomasville, N. C. 27360. Refrigerator—Admiral, 3800 W. Cortland, Chicago, Ill. 60647. Stove and dishwasher—General Electric, Louisville, Ky. 40225. Sink—Elkay, Broadview, Ill. 60153. Flooring—Quarry tile by Texeramics, Mineral Wells, Texas 76067. Teakettle—Revere, Rome, N.Y. 13440. Walls—Abraded cedar siding by U. S. Plywood, 777 Third, NYC 10007. Built-in wall toaster—Swanson Mfg., Owosso, Mich. 48867.

Page 56: Chandelier—Lightolier, Jersey City, N.J. 07305. Cabinets—Coppes, Nappanee, Ind. 46550. Glassware—Fostoria, Moundsville, W. Va. 26041. Hardware—Crowfutt, Germantown, Pa. 19144.

Page 57: Flooring—Armstrong, Lancaster, Pa. 17604. Refrigerator—Revco, Deerfield, Mich. 49238. Oven and warmers—Thermador, 5119 District, Los Angeles, Calif. 90022. Sink—American-Standard, 40 W. 40th, NYC 10018. Dishwasher—KitchenAid, Troy, Ohio 45373. Bar sink on right—Elkay, Broadview, Ill. 60153. Oven—General Electric, Louisville, Ky. 40225. Counter tops—Formica, Cincinnati, Ohio 45232. Built-in paper towel dispenser—Marchand, 101 Park, NYC 10017. Lighting—Lightolier, Jersey City, N.J. 07305. Coffee pot—Universal by General Electric, Bridgeport, Conn. 06602. Glassware—Fostoria, Moundsville, W. Va.26041.

Page 58 (left): Table and chairs—Youngsville Star, Youngsville, Pa. 16371. Armchair—Henredon, Morganton, N.C. 28655. Television—Radio Corp. of Amer., 30 Rockefeller Plaza, NYC 10020. Refrigerator—Revco, Deerfield, Mich. 49238.

Pages 58-59: Double ovens and cook-top—Thermador, 5119 District, Los Angeles, Calif. 90022. Hood—Vent-a-Hood, P.O. Box 426, Richardson, Tex. 75080.

Page 60 (right): Washer and dryer—Norge, Merchandise Mart, Chicago, Ill. 60654. Ironing board—Proctor-Silex, Philadelphia, Pa. 19120.

Page 61: Wallpaper—Woodson, 979 Third, NYC 10022. Carpet—Berven, 295 Fifth, NYC 10016. Typewriter—Sears, Roebuck, 925 S. Homan, Chicago, Ill. 60607. Television—Radio Corp. of America, 30 Rockefeller Plaza, NYC 10020.

Crafts you sew, saw, glue . . . and really use.

Page 66 (top): Table, chairs, and breakfront—Ethan Allen by Baumritter, 205 Lexington, NYC 10016. Tumblers—Fostoria Glass, Moundsville, W. Va. 26041. Parquet flooring—E. L. Bruce, Memphis, Tenn. 38101. Yarn—American Thread, 90 Park, NYC 10016.

Page 66 (bottom): Plumbing fixtures, lavatory—Crane, 30 Park, NYC 10022. Towels—Fieldcrest, 60 W. 40th, NYC 10018. Yarn—East House Enterprises, 300 Park Ave. So., NYC 10010. Soap—Carolina Soap and Candle Makers, Southern Pines, N. Car. 28387.

Continued on page 133



Here are the "inside" facts on better price, better service—from your nearby Lennox dealer:

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"Why can we offer you best-price-of-the-year on a Lennox central air conditioning system *now* — months before you'll really need it?

"Why can we give you 'instant' installation and service *now*, better than any other time?

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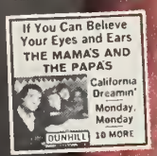
3728. Also: The Impossible Dream, Give Her Love, etc.



5557. Also: A Place In The Sun, Sueño, Find Somebody, etc.



5546. Also: Pride, Wallpaper Roses, Turn To Me, 10 in all



2595. Also: Do You Wanna Dance, Spanish Harlem, etc.



5598. Plus: Yellow Balloon, Somethin' Stupid, 11 in all



5656. Also: Along The Way, Michelle, More And More, etc.



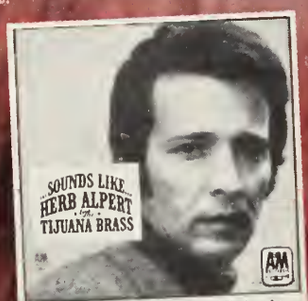
5840. Original Sound Track — "One of Hollywood's all-time great screen musicals!"—Variety



5472. Plus: I Had A Dream, Reno, Tighter, Wanting You, Try Some Of Mine, Leslie, etc.



5486. Frank also sings The World We Know, Born Free; This Is My Song, etc.



5368. Casino Royale, Wade In The Water, Shades Of Blue, Town Without Pity, etc.

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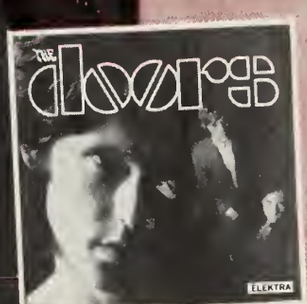
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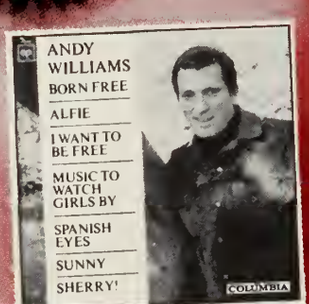
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5944. Includes Light My Fire, Break On Through, The End, Back Door Man, 11 in all



5233. Andy sings the Academy Award winner Born Free, plus Alfie, Sunny, Sherry, etc.



3684. Includes The Work Song The Wall Street Rag, Mame, Blue Sunday, Our Day Will Come, etc.



2615. Also: There She Goes, All I Really Need Is You, etc.



2276. Also: Kansas City Star, In The Summertime, etc.



5376. Plus: Let's Ride Again, C'mon Marianne, 6 more



5553. Roger plays Born Free, Maria, Moon River, Yesterday, Dominique, etc.



3527. Special Two-Record Set (Counts As One Selection). Also: Warsaw Concerto, etc.



3789. Also: I Wish You Love, Who Can I Turn To, 8 more



1113. Also: A Guy Is A Guy; Whatever Will Be, Will Be; etc.



5151. ". . . blockbuster music score," —Music Reporter



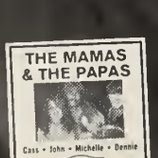
5502. Plus: Sunny, Born Free, I Wanna Be Free, 12 in all



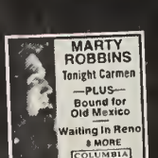
3442. Also: A Poem on the Underground



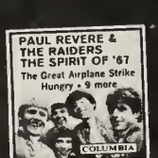
2346. Also: Once Upon a Time, Don't



3244. Plus: That Kind Of Girl, Words of Love, 9 more



5489. Also: Chapel Bells Chime, Don't Go Away Senor, etc.



3632. Also: Louise, Undecided Man, Good Thing, 12 in all



3675. "Stunning musical. Brilliantly conceived."—N.Y. Times



5515. This album includes Lulu singing the hit title song



5457. Plus: Life Turned Her That Way, Mighty Day, etc.



5577. Two-Record Set (Selection) What Now You, Babe; Plastic Man;

hit records FREE!



5551. Also: Till The End Of Time, Our Love, 10 in all



5894. Plus: Can't Take My Eyes Off You, Alfie, etc.



5095. Plus: Oranga Blossom Soacial; It Ain't Me, Babe; atc.



3443. Also: I Wish You Love, Free Again, La Mur, Martina, etc.



56t4. Also: Love For Sale, Wack Wack, 9 in all



5809. Also: Try To Remember, You Pass Mo By, Today, atc.



5790. Plus: Lovin' You, Youngar Girl, Daydraam, 7 more



5588. Also: Learn How To Fly, Poor Side Of Town, etc.



t023. Also: Love for Sale, Candy Kisses, Marry Young, etc.



2673. Also: On A Clear Day, All Or Nothing At All, etc.



3414-3415. Two Record Sat (Counts As Two Selactions)



5804. Plus: Bang Bang, Eleanor Rigby, Ticket To Ride, atc.



1210. Also: Granada, Moonlight Gambler, I Believe, etc. *



5582. Tiny Bubbles, Hawaiian Wadding Song, 11 in all



2267. "Stunning, with staggering articulation." —High Fidelity



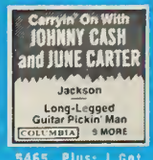
5339. Plus: Pitiad Be the Oragon Huntar, Remember, t0 In all



2875. Works by Grieg, Tchaikovsky, Dvorak, Copland, etc.



5562. Plus: Ruby Tuasday, Please Go Home, My Girl, etc.



5465. Plus: I Got A Woman; It Ain't Mo, Babe; 11 in all



5326. Also: Keith, The Young Rascals, The 4 Saasons, etc.



5554. Also: Set Me Free, Marriage On The Rocks, etc.



2603. Also: King Of Tha Road, Days Of Wina And Rosas, etc.



3747. Plus: Oaar Heart, Yastarday, Unchainad Melody, atc.



5585. Plus: Carpet Man, Do What You Gotta' Do, etc.



5238. Plus: Cabarat, Time Atter Time, Hasta Luaga, etc.



4947. Plus: They Call Tha Wind Maria, Spanish Eyes, etc.



3477. Also: I Talk To Tha Treas, Pretoria, Cabbage, etc.



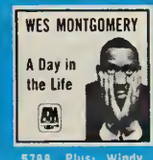
5559. Also: Gamas That Lovars Play; My Love, Forgive Mo; etc.



1646. Also: Love Is A Bora, My Lord And Master, Autumn, atc.



2881. "Full of flavor, vitality and warmth." —Billboard



5788. Plus: Windy, Eleanor Rigby, The Jokar, 10 in all



3628. Also: Cancan, Greensleeves, Blue Danube Waltz, etc.



3798. Also: Summer Wind, Guantanamera, Cabaret, etc.



2416. Plus: Green, Graan; Wa'll Sing In The Sunshine; atc.



5552. Plus: Closo Another Door, Holiday, t4 in all



t057. Also: Johnny Reb, Comancha, Jim Bridger, etc.



t645. Dalightful parformanco of Grote's soaring tone poem



5487. Plus: I Will Wait For You, Lover Man, Groovin', atc.



3656. Plus: Brasilia, Oaar Haart, A Spanish Rose, 12 in all



t037. "The most adventurous musical ever made." —Life

t013. Also: Twelfth ot Navar, No Love, Come lo Me, atc. *

2639. "The best musical score of '65." Am. Racord Guide

5420. Plus: Mary In The Morning, Reloasa Me, etc.

5488. Plus: When It's Ovar, Lay Somo Happinass On Mo, etc.

5430. Plus: Secret Lova, Tho Troubla With Mo, Ivy, etc.

5232. Plus: Baubles Bangles And Baads Change Partnars; etc.

1643. Also: Face In A Crowd, My Haart Crias for You, etc.

5561. Plus: Eight Miles High, My Back Pages, 50, 11 in all

5558. Wish Ma A Rainbow, Consider Yourself, 11 in all

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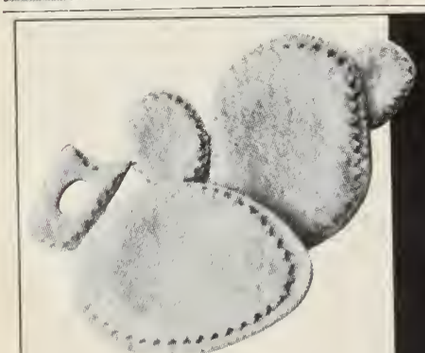
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Combine your favorite houseplant with a coordinated flower arrangement and you can vitalize an uneventful corner. To relate the arrangement and the plant, you may have to elevate one of the two elements with glass blocks, a planter, or a basket. Keep in mind the shape of the plant when you make your floral composition so that the flowers will accent the green plants, not overwhelm them.

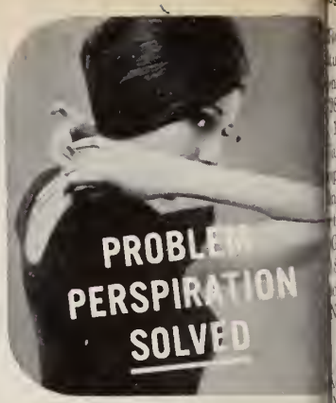


Rustic grouping combines a shiny-leafed monstera (split-leaf philodendron) with a colorful old-fashioned bouquet composed of carnations, daisy mums, and gladiolus. The plant is elevated on extra planter so the big green leaves won't hide the brilliant color. Flowers thus provide a footnote accent for plant. The quaint snowshoe chair with its laced wicker back completes the corner.



Photographs: Hopkins

Spanish flair is created by combining a dieffenbachia with a high-sweeping rose-fern arrangement. We used two garden baskets, the larger one topped with a circle of Spanish wrought iron to give the arrangement importance. Dieffenbachia is placed in front and to one side so it won't obscure flowers. Mission chair carries out south-of-the-border feeling.



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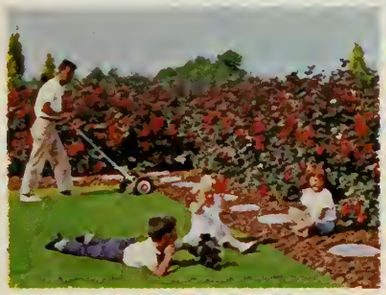
Red Glory does not sprawl or become thicket-like as does Multiflora, nor is it a leggy spring-only bloomer like Ragged Robin. An extremely fast starter, it will grow to four or five feet and more in the South and West, and you can prune or train it with ordinary hedge shears.

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When you plant a Red Glory Living Fence, you'll be surprised at how many friends you'll make. It seems as though a Living Fence around your property does more than a silent job of 24-hour protection. While it's giving you privacy and seclusion, it is giving a cheerful greeting to every neighbor and passerby. There'll be so many flowers on both sides that you'll probably invite your neighbors to help themselves to a bouquet or an armful.







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NG GUIDE

ge 126

Rods for headboard—urgis, Mich. 49091. nredon, Morganton, 28655. Tulip light—1600 W. Slauson, Los alif. 90054.

p): Molded fiber glass ng—Cavrok Sales, 55 tford, Conn. 06103. . Furniture, Quaker-8951.

ottom): Cube table—Naperville, Ill. 60540. chairs—Telescope, N.Y. 12832. Vinyl entile, 58 Second, N.Y. 11215. Hanging S. Lighting, 921 E. Los Angeles, Calif. —American Thread, YC 10016.

p): Candles—Faroy, ex. 77042. Casters—enton Harbor, Mich. less flatware—"Morhorham, Providence,

ottom): Yarn—East erprises, 300 Park C 10010.

p): Table, chairs—t, North Wilkesboro, 9. Candle Sconce—Hayward, Houston, . White plates and perial, Bellaire, Ohio

ttom): Toy truck—eeport, Ill. 61032. nka, Mound, Minn. Ed" talking hand ttel, Hawthorne, Jacks (bookends)—5 Fifth, NYC 10010 Chair—Tomlinson, N.C. 27260. Table—High Point, N.C. —Haeger, Dundee, Door Knob—Eaton ne, Cleveland, Ohio

rk tile—Armstrong, a. 17604.

cook the slow ay

: Carving set—Ekk Park, Ill. 60131.

double-time

ttom): Dessert fork vere" by Oneida, . 13421.

d your kitchen b like all the

tom right): Pull-out nape & Vogt, Grand n. 49505.

ttom): Glass door burgh Plate Glass, a. 15222.

leal Plan

: Flatware—"Craftswle, Newburyport,

top and left mid-ven and saucepan—num, La Grange 6 25.

bottom): Mixer—tric, Bridgeport,

braised beef

left): Gravy boat/—Franciscan, 2901 Los Feliz, Los Angeles, Calif. 90039.

Page 92 (bottom right): Teflon fry pan/detachable handle—Club Aluminum, La Grange Park, Ill. 60525.

Chicken and turkey that cook the slow and easy way

Page 94 (top): Dinner plates and platter—Spode by Copeland & Thompson, 206 Fifth, NYC 10010.

Page 94 (bottom): Stainless flatware—"Norse" by International, Meriden, Conn. 06450.

Prize tested recipes

Page 104 (left bottom): Silver tray and bowls—Towle, Newburyport, Mass. 01950.

Page 106 (right top): Glass bowl—Pittman-Dreitzer, Div. of Lancaster Colony, 1107 Broadway, NYC 10010.

Page 106 (right middle): Dessert plates—Franciscan, 2901 Los Feliz, Los Angeles 90039.

Scrumptious simmered meats

Page 116 (right): Sterling ladle and meat fork "Rhondo" pattern, silver gravy boat with attached tray—Gorham, Providence. R.I. 02907.

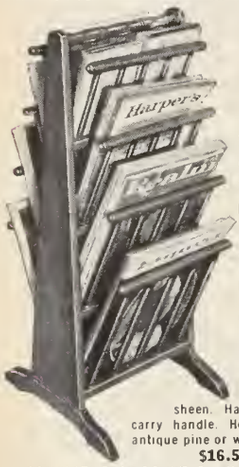


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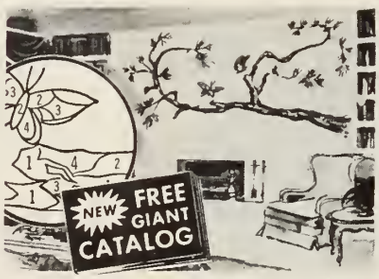
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By Margaret Vennum

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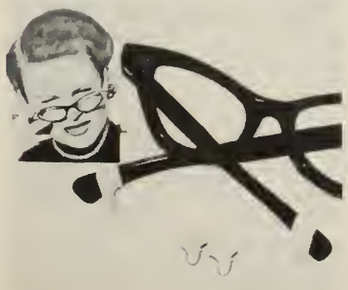
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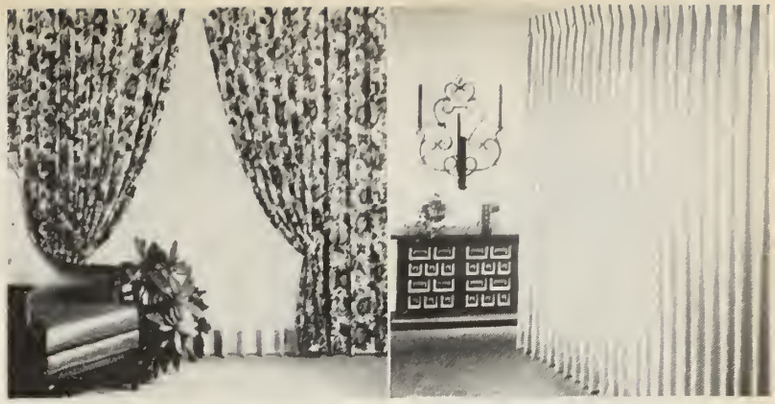


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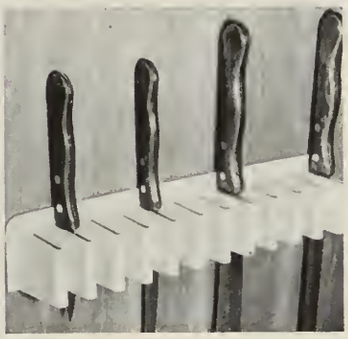
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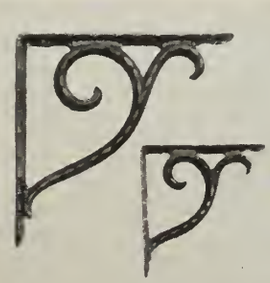
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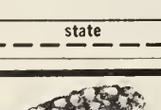
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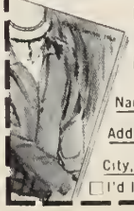
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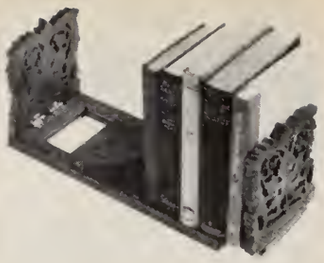
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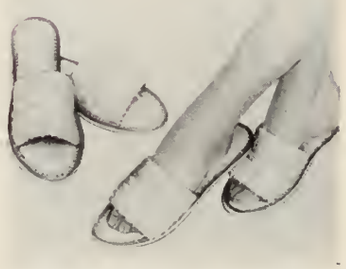
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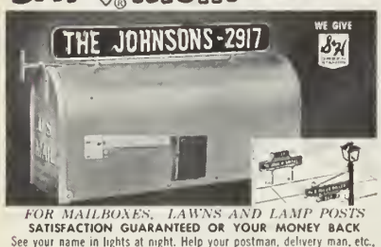
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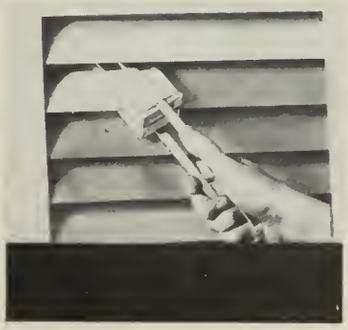
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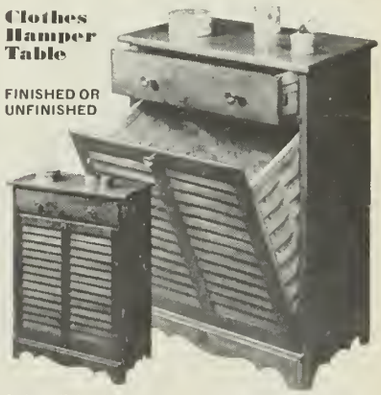
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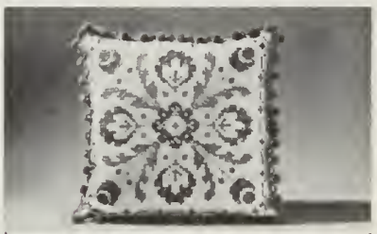
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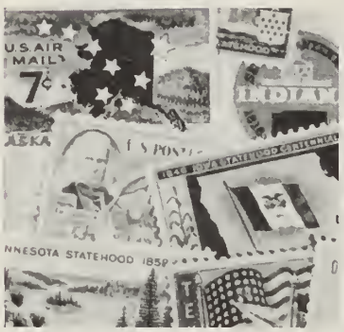
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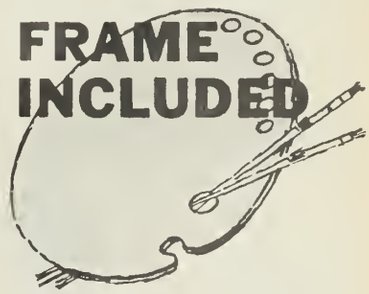
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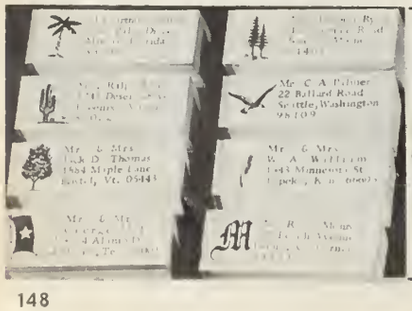
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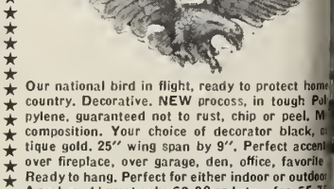


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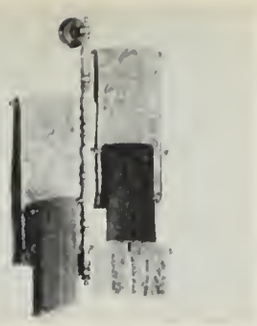
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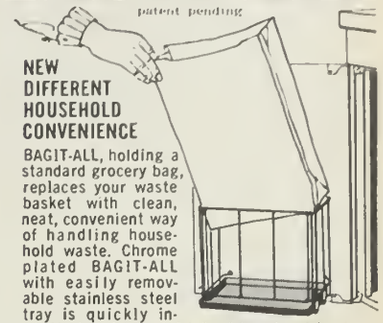
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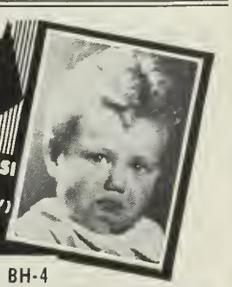


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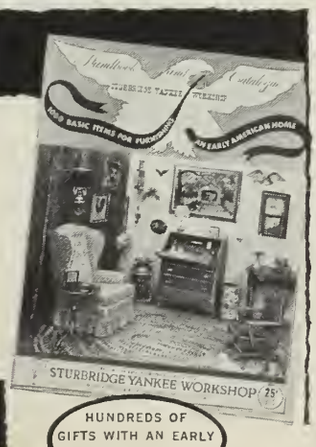
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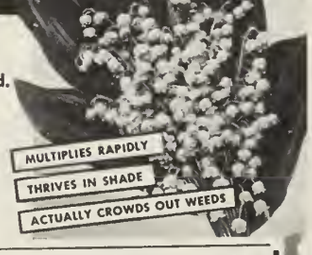
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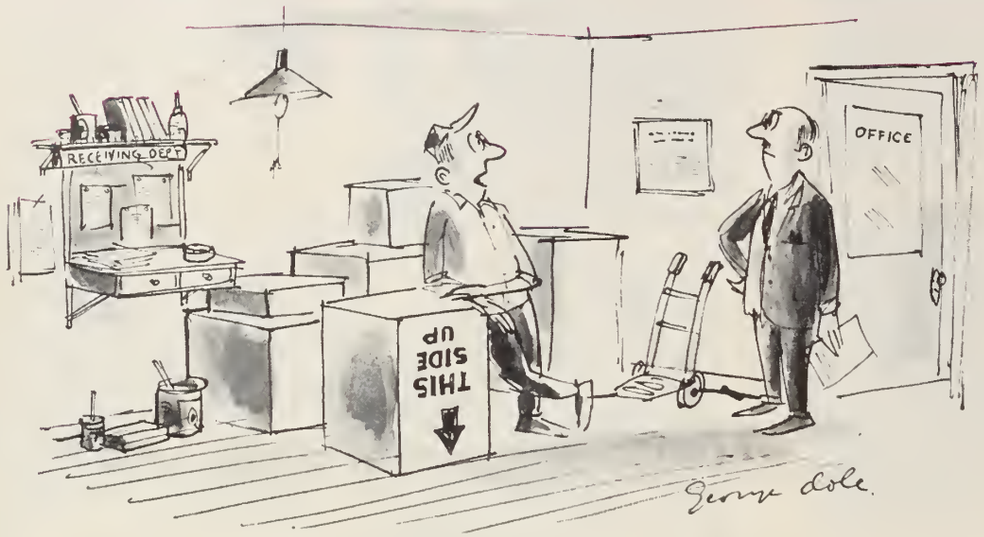
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"It looks OK to me."

Some of our friends take summer vacations and others go south for the winter. We are blessed with the kind of climate that's always nice to get away from.

Dr. Bob Hanneford told Tom Lindsey at the Ace Garage that he thought his car needed new piston rings. Tom replied that his job would be simpler if laymen wouldn't try to make diagnoses.

Christine says the best part about listening to me tell what happened at the office each day is imagining the version other wives are getting.

Elsa Lovell—who has taught the sixth grade forever, it seems—makes a hobby of predicting which of her pupils will succeed in life and which will fail. Her greatest memories, she says, have been her gloriously wrong guesses.

Judy's favorite Christmas present continues to be her camera. She has assembled what must be the world's most complete photographic album devoted entirely to one kitten.

I told Rosemary that she had better treat her little brother with more respect. He could surprise us all, I pointed out, and be the first man on the moon. "The way he acts," she answered haughtily, "I think he *came* from there."

"Which is your family room?" an inquisitive visitor asked Christine the other day. "A better question," she replied, "is which one isn't?"

Speaking from experience, Martin Daly says nothing widens the generation gap more than a father teaching his 16-year-old daughter how to drive a car.

When it comes to thinking up too-cute names for dogs, is it just my imagination, or do poodle and dachshund owners really try harder?

Poets are chicken at heart, reports my son, the English student. They write about the snows of winter and the flowers of spring, but back away from a really tough assignment like an "Ode to Slush."

Uncle Dodd Buckner doubts if he would enjoy living in one of those retirement villages. He feels it's easier to tell stories about the good old days to people who are too young to contradict him.

My children assure me that even middle-aged men can learn to ski. I indignantly reply that I am not yet middle-aged, I am merely too old to learn to ski.

Complimented on her bold and exciting decorating taste, the new bride in the neighborhood disclaims credit. She says it was just luck that the stuff from her parents' attic fit in with what her husband's folks could get along without.

Rosemary has learned in her home economics class that consumers should read labels more closely. "A lot of women," she informs me, "buy synthetic fabrics without checking to be sure they are *genuine* synthetics."

Bill Norman says that whenever he drives under a viaduct or through a tunnel, he still honks the horn. It's a nostalgic salute to the past, he says, when there were youngsters in the back seat yelling "Honk the horn, Daddy."

I am a fan of weathercasts on television and weather maps in the newspapers, and any other report of the temperatures and weather across the country.

Masses of Arctic air pouring over the border from Canada in an immense front. Hello there, Medicine Hat and Broken Bow, it makes me think. Or take it easy, you boys off the coast from Nag's Head to Cape Cod. Small boat warnings are out. And luck to you, podner, on the Great Plains—there are livestock warnings in your territory tonight.

My wife and children take an entirely different attitude toward these wonders.

Christine looks ahead to which coat she may expect to wear when she shops the next day. Rosemary is concerned with the probable state of the ski slopes, and the two youngest root for the blizzard which might (hope of all hope) force the schools to close.

Christine often asks why I watch the weather news after the forecaster has said there will be no change locally tomorrow. Once I tried to explain that I wasn't thinking locally, that I was battling my way through Donner Pass and battening my hatches for a blow off Key West. But I don't think she really understood.

So now I just shrug and say, "It's only a minute more."

Burton Hills



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When she's had to do it all day long. ("Clean, clean, clean. That's all I ever do. If I have to clean one more...")

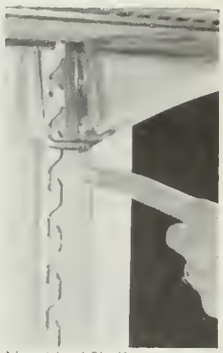
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Like the Frigidaire Electri-clean oven. It cleans itself, automatically. That's right. Automatically. All your wife does is set the controls. In a few hours . . . clean! It's the greatest way to get rid of dirt since sweeping it under the rug.



Flick of finger cleans oven.

And then there are the shelves in Frigidaire Refrigerators. Many models have fully adjustable ones that rest on pegs, instead of being stuck in holes. Without holes, there are no places for dirt to hide. And without places for dirt to hide, there's no hidden dirt.


New idea! Shelf pegs mean no dirt-catching holes.

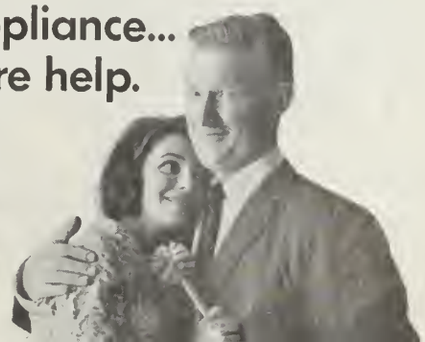
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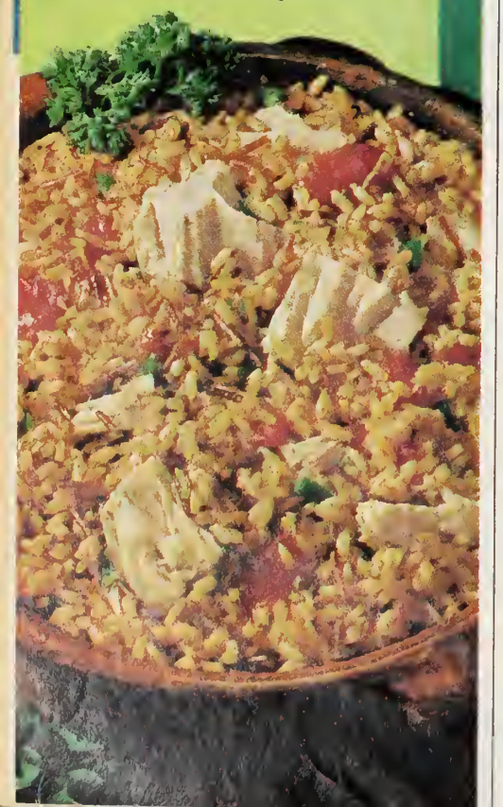
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How to make the dessert on our cover, page 113. Photograph: Allen Snook

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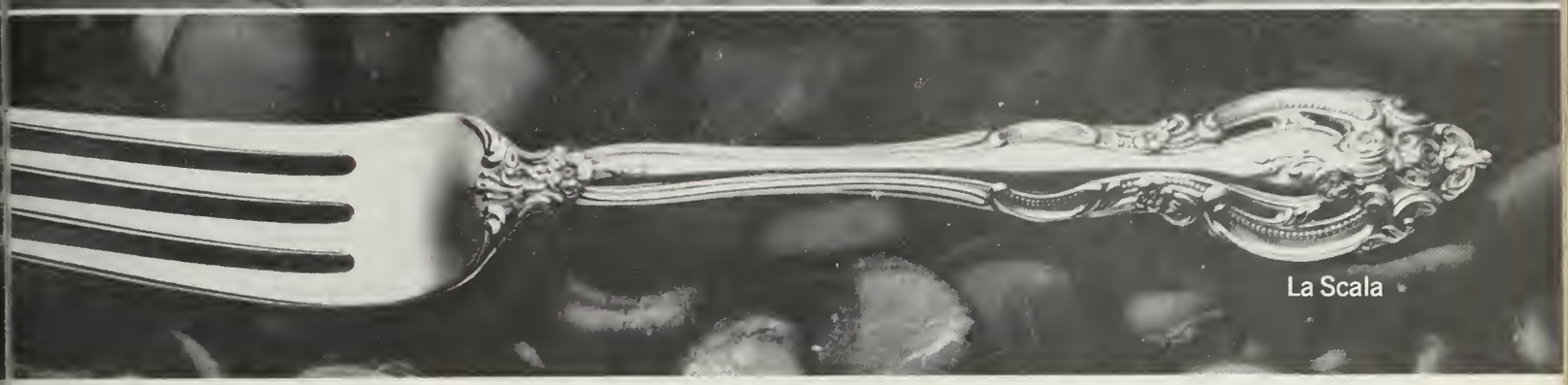
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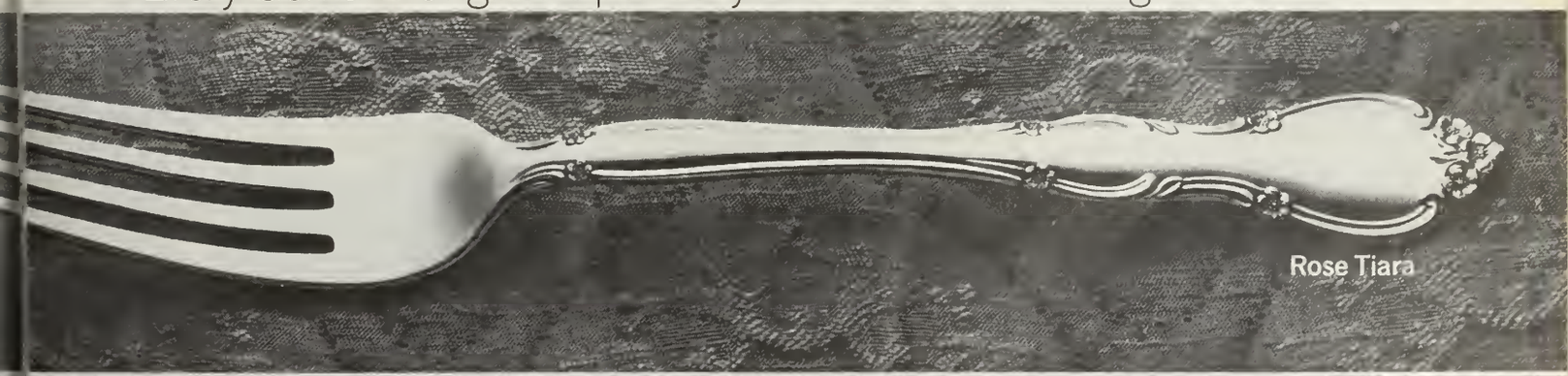


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WHAT SHOULD YOU DO WHEN YOU LOSE IMPORTANT DOCUMENTS?

FAMILY MONEY MANAGEMENT®



Peter Lindberg, Editor

Credit card. Notify the nearest office of the credit card company *immediately* by telephone or telegraph. Give them your name, the number of your card, where and when you think it was lost or stolen—and whether you reported the loss to the police. Follow this up with a letter giving the same information. Generally, you will not be held responsible for charges run up on your card after you have notified the issuer of the card properly.

Social Security card. Fill out a replacement application available at your post office or the nearest Social Security office (listed in the phone book under United States Department of Health, Education, and Welfare). You should receive a new card bearing your old number in ten days or so.

Savings passbook. The usual procedure here is to get a "lost passbook" affidavit form from your bank. On it list the circumstances of the loss, the number of your passbook, and your name and address.

After about ten days, your funds will be transferred to a new account, and you'll get a new number and passbook. In some cases, you'll be allowed to withdraw part of the funds you have on deposit before the new passbook is issued by the bank.

Government savings bonds. Write the Bureau of Public Debt, Division of Loan and Currency, 536 South Clark Street, Chicago, Ill. 60605 for Form PD 1048. List the serial number of the bonds, the dates issued, and the names on the bonds. It usually takes about six months (except in hardship cases) before duplicate bonds will be issued. They'll carry the same issue dates as the old ones.

Insurance policies. Notify your agent or the insurance company's headquarters of the loss of your policy. It normally will take several weeks before you're issued a duplicate policy. Your insurance coverage, of course, will continue without interruption.

Checks. If a check you sent didn't arrive, advise your bank to stop payment. Notify the person who should have received the check, and tell him not to cash it if it does turn up; be sure to give him the check number for certain identification. Then issue him a new one. You'll have to fill out a bank form to make the transaction official—often before a stop-payment order will be authorized. Some banks levy a small charge for a stop-payment order.

Stock certificates. Notify the company immediately. It in turn will alert the transfer agent for the stock, or tell you to. The transfer agent then will put a "stop" against your stock.

To obtain a replacement certificate, most companies require that you purchase an indemnity bond from a surety company. This protects the issuing company from the possibility that someone will find your missing certificate and sell it. The premium for the indemnity bonds runs around $40 per thousand dollars of a common stock's current market value; this premium money is not returnable.

Income tax return. If you lose a copy of an old tax return, write the Internal Revenue Service office where you filed your original return. Give the year of the return, plus your name, address, and Social Security number. You will receive a copy of the return in about eight weeks, and will be charged a small fee for it.

Birth, marriage, and divorce certificates. Write the Bureau of Vital Statistics (or comparable office) in the city where you were born, married—or divorced. Ask them for the necessary forms and procedures to follow. Normally, you'll have to give details as to name, address, parents' names, date, hospital, minister, and so on. You usually will be charged a $2 to $3 fee for a photostat or copy.

Passport. If you lose your passport in this country, notify the nearest police station. Then write the Passport Office, Department of State, Washington, D.C., giving the passport's number, date of issue, and other pertinent facts. If the passport is lost overseas, notify the nearest U.S. embassy or consulate. It takes a few days—or possibly a week—to get a new passport.

Department store charge cards. Notify the store by telephone, telegram, or letter. Some stores will issue you a card with a new number; others will issue a replacement card that bears a designation indicating it's a replacement card.

Traveler's checks. If you lose traveler's checks, go to the issuing company's branch office, or its local representative. After signing an affidavit listing the numbers of the missing checks and the date and place of their loss, you generally will get replacement checks on the spot. If you have lost your record of the numbers of the checks (which should be kept separately from the checks), you still will get a prompt partial refund; this will be enough to cover your immediate needs, and the balance will be paid as soon as the company can get a cabled confirmation of your purchase from the issuing office or bank.

Driver's license. Check with the nearest office of the Department of Motor Vehicles. In most cases, you have to apply in person or in writing for a new license—which will be issued in ten days or so. You usually won't be permitted to drive while waiting for your license.

From the examples above, it's obvious you should keep an accurate record of all numbers and pertinent data on credit cards or other valuable documents. Keep copies of this list in more than one location—one in your home, one in the office, and possibly another in a safe deposit box. When you travel, carry a copy of the list with you. As for birth certificates, marriage documents, and similar items, have extra copies made and store them separately for future use.

One other suggestion: Keep close track of all valuable documents, especially those that can be used to run up charges. A good idea is to keep all credit cards in a card case with transparent sections; then you'll be more apt to notice if a card is missing.

Continued

How did 38-year-old Ann Craig pass as a teenager?





Creamy, mild Ivory Liquid gave her a hand

We turned Mrs. Craig into a teenager with makeup and a youthful dress. She even fooled a group of teenagers. And her hands didn't give her away even though she does dishes for a family of five.

Mrs. Craig's hands get help from the creamiest, mildest Ivory Liquid ever. It leaves them with a creamy young look. Take it from Ann Craig, you don't have to be a teenager to have hands with that creamy young look.



Creamy Ivory Liquid leaves hands with that creamy young look

MONEY MANAGEMENT *Continued*

WHAT ARE YOUR SOCIAL SECURITY BENEFITS?

All three types of Social Security benefits—retirement, disability, and survivors—are computed from "average earnings" you've paid Social Security tax on. Once you've made this calculation, check the table (right) for benefits.

Estimating your average earnings is relatively simple, particularly if you have been paying the maximum Social Security tax. Otherwise, check your old income tax returns, or use Social Security Form 7004 to send for a computerized statement of your earnings. Here's the basic arithmetic:

First, list your earnings for each year beginning with 1951 (or the year you turned 22, whichever was later). Don't include more earnings for any year than were subject to Social Security tax in that year. The maximum taxable amount was $3,600 in 1951-54; $4,200 in 1955-58; $4,800 in 1959-65; $6,600 in 1966-67; $7,800 since 1968. For the years from the present until you'll reach 65 (62 for women), use an estimate of your earnings—up to $7,800 a year.

Second, drop out your five lowest-income years. Then add up your total earnings for all but these five years, and divide by the number of years in the total to find your average.

To get an idea of the benefits you or your family could collect *right now* under disability or survivors insurance, figure your average earnings *only through the current year.* Generally, if you've been paying into Social Security regularly for at least seven years, you still can exclude the five lowest-income years.

Monthly Cash Benefit Payments

Average yearly earnings after 1950	$3000	$4200	$5400	$6600*	$7800*
Retirement at 65, or disability benefits	$115.00	$140.40	$165.00	$189.90	$218.00
Retirement at 64	107.40	131.10	154.00	177.30	203.50
Retirement at 62	92.00	112.40	132.00	152.00	174.40
Wife's benefit at 65 or with child in her care	57.50	70.20	82.50	95.00	105.00
Wife's benefit at 64	52.80	64.40	75.70	87.10	96.30
Wife's benefit at 62	43.20	52.70	61.90	71.30	78.80
One child of retired or disabled worker	57.50	70.20	82.50	95.00	109.00
Widow age 62 or over	94.90	115.90	136.20	156.70	179.90
Disabled widow at 50	57.60	70.30	82.70	95.10	109.20
Disabled widow at 55	69.90	85.40	100.30	115.40	132.50
Widow age 60	82.30	100.50	118.10	135.90	156.00
Widow under 62, one child	172.60	210.60	247.60	285.00	327.00
Widow under 62, 2 children	202.40	280.80	354.40	395.60	434.40
One surviving child	86.30	105.30	123.80	142.50	163.50
2 surviving children	172.60	210.60	247.60	285.00	327.00
Max. family payment	202.40	280.80	354.40	395.60	434.40

*Normally, average earnings can't reach this amount until later; benefits shown will not be payable for several years. *Continued*



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MONEY MANAGEMENT *Continued*

JOINT OR SEPARATE CHECKING ACCOUNTS?

A joint account is preferred by most married couples, and with good reason. It automatically gives both partners the opportunity—and responsibility—of controlling family expenditures. Most or all of the family's earnings go into the one account, and both husband and wife draw checks—which develops financial cooperation.

A joint account also helps you see more easily where your family money has gone. With one checkbook, you can find a summary of all your expenses for any given period on a single set of check stubs; with only one monthly bank statement showing all deposits and withdrawals, you don't have to check with your spouse to learn exactly how much money you have on hand. Total service charges are likely to be less than if you had separate accounts, too. And in the event of your death, the joint account generally provides for "right of survivorship."

One disadvantage of a joint account is the overdraft problem—which pops up when husband and wife fail to keep each other informed on the checks they're writing. If this is a continuing problem in your family, you may be better off with separate accounts. The separate-account system also has the advantage of systematizing each partner's responsibilities, allowing a quick review of income and outgo in their respective spending areas. For example, a husband's account may be used mainly for major and recurring fixed expenses, such as mortgage and car payments and insurance and utility bills; his wife might use the money deposited in her account for food, other day-to-day household expenses, and personal spending money.

In this way, a separate account acts as a rein on impulsive purchases, since spending is restricted to certain agreed-upon areas. And it acts in reverse too: with a set amount put in a wife's account, savings in areas like food show up immediately, and can be stored for seasonal sales or bargains.

Whatever checking account system you use, a portion of your family earnings should be considered as a "fixed expense," and deposited regularly in a savings account. This account then takes care of any financial emergency.

Money Management Next Month:

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- ***How good a buy is term insurance?***

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Do a good job fast with these proven ideas and products

CONCRETE PATCHING

Winter is masonry's worst enemy. Frost can do more damage to concrete walks, patios, and driveways than a trio of strong men with crowbars. But repairs aren't the tricky, tedious job they once were.

Quick-drying latex, vinyl and epoxy-fortified compounds are not only faster and easier than a conventional portland cement and sand mixture, they'll make a stronger patch in most situations—and they can do a few jobs it can't.

Latex patching cement

The most widely sold latex type comes in two parts—a powdered cement and a latex liquid. To use it, mix the two, blending them into a smooth batch of uniform consistency. Don't mix more than you need for each job, because hardening begins quickly—from 30 to 60 minutes for most brands.

Although proportions are detailed on each package, you can vary them to suit the job you want to do. Make the mix thicker if you want it to hold its shape, as when rebuilding a chipped corner; thin it if you want to trowel into fine cracks or shallow depressions.

That's one of latex cement's biggest advantages—you can apply it in very thin layers. Conventional cement and sand mixtures must go on in layers at least $\frac{1}{2}$ inch thick, so you often have to chop out some of the old concrete first.

Latex cements can be "feathered out" to as thin as 1/16 inch, making them ideal for smoothing rough surfaces or patching hairline cracks.

Vinyl patching cement

This one is really a one-part or "dry" latex compound. Just mix the powder with water and it's ready to use.

Like latex cement, it has much greater adhesive strength than cement and sand mixtures. It also has greater resistance to cracking and chipping, and is not affected by repeated freezes and thaws.

You can trowel it on as thin as $\frac{1}{8}$ inch for evening up rough floors or steps. It will bond to brick, tile, glass, and marble, as well as concrete.

Epoxy patching cement

The newest, toughest, and most expensive of all masonry patching compounds is fortified with epoxy. It's sold in kits that have three components—a bag of dry cement, a bottle of emulsion, and a bottle of hardener. First mix the emulsion and hardener, then stir them in with the dry cement.

Since the liquid is 100 percent epoxy—the same powerful adhesive used in epoxy glues—it gives the cement terrific bonding strength. It's ideal for setting flagstone, slate, tile or brick, as well as for patching and resurfacing jobs. You can also use it to bond ceramic tile, glass, and steel.

Like the latex and vinyl compounds, epoxy-fortified cement can be "feathered" in thin layers. To prepare a surface for any of the three, just scrub with a stiff brush to remove dirt, grease, and dust.

There's no need to roughen the old concrete or undercut the edges, as there is with cement and sand mixtures—but when you're making the patch, be sure to pack the material in tightly so it will fill the crevice and make a good bond.

Premixed cement

Despite their many assets, latex, vinyl and epoxy patching compounds aren't the answer for big jobs. They cost more than cement and sand mixtures, and their fast drying times make it difficult to work with large quantities.

So if you're repairing a thick slab or a large section, regular patching cement or premixed concrete is your best bet. If you'd like to get some of the advantages of a latex mix, you can buy any of several liquid additives for use with premixed concrete.

These can be used either of two ways. Add them to the water when you're mixing each batch, or pre-coat the old concrete before applying the new layer of cement.

The additives will increase the strength of the bond by as much as ten times, and eliminate the need to keep your patch damp while it cures.

The liquids can also be used for pasting back loose brick and slate where an added layer of cement might make the repair difficult. For maximum strength, most manufacturers recommend that you use the liquid both ways—mix some in with the cement, use more to pre-coat the old surface. ■

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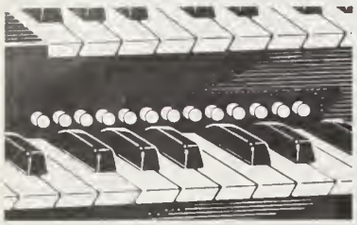
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AN ADDITION THAT ADDS MORE THAN SPACE

If you're planning to add a room, now's the time to take a critical look at the entire house—its traffic patterns, baths, zoning, storage. See if solutions to some of your most vexing problems can be easily incorporated in the proposed addition. That way you'll be increasing convenience as well as space. The owners of this story-and-a-half Cape Cod, for example, primarily needed a family room. But they also overcame several other shortcomings by including a half-bath, and better entry treatment.



A small porch protects the new entry and helps to maintain the house's traditional flavor. Box bay window replaces the original front door. The wide corner lot permitted the owners to match the brick family room wing with a garage at far left.



Photographs: Taylor Lewis, Haycox Photoramic, Inc. Architect: Ray Pentecost. Source: Joanne Young

Massive fireplace, with its raised hearth, sets the mood of the family room and separates it from the kitchen. Beside it at left is a door to the kitchen and dining area. At far left, a hall extends across front of the wing from the new entry to the living room. The mantelpiece continues the beamed ceiling effect.

This private, well-windowed family room makes an excellent place for the owner—a composer and music teacher—to work or teach without disturbing the rest of the household. The new half-bath is to the right, just behind the piano. To see some other more-than-just-space family room additions, turn to page 76.



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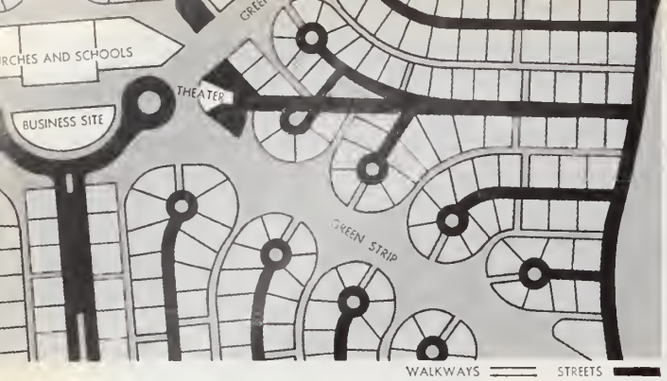
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OPEN-SPACE DEVELOPMENTS—WHAT THEY ARE AND WHAT TO EXPECT

By Lawrence Kivens

A FEW DEFINITIONS

Open-space planning *is a total approach to land development. It treats a future community as a whole, rather than as a collection of individual lots.*

Think of all the things a community should have—streets, utilities, schools, shopping, recreation . . . and much more. Open-space developers consider all these needs in advance, and incorporate them in a master plan.

The plan protects buyers' investments by assuring that their community won't outgrow itself and lose the very features that caused families to move there.

Basically a suburban development (since that's where most buildable land remains), an open-space plan tries to preserve or enhance the land's features.

New towns *are large-scale, self-sufficient open-space developments. Generally they include more than 6,000 acres, varied types of housing, cultural facilities, and restaurants. Sometimes there are also opportunities for employment.*

Ideally, the resident of a new town can both work and play in his own community, traveling to a large, nearby city only on special occasions.

Cluster zoning *is a tool used by planners to create an open-space development or a new town. It accomplishes the same end as conventional zoning, but goes about it in an entirely different way.*

Conventional zoning establishes a minimum lot size for each of the houses in a specific area. Cluster zoning says nothing about lot sizes, but sets forth the maximum density—the total number of houses an area may by law contain.

In a cluster-zoned community, builders can vary lot sizes, making some considerably larger or smaller than the average. Or they can make them all quite small, and put the leftover area into common land for recreation or view.

Cluster housing *is the use of cluster zoning to create common land. Houses are closely grouped along cul de sacs or along looped, winding roads; natural or park-like areas are shared by all.*

Cluster zoning does not necessarily result in cluster housing. It may produce a plan that's no different from the ones you're used to—except that there is a wider variety in lot sizes.

Green strips *are swaths of trees, grass, and other vegetation—much like narrow parks—that screen busy areas or mark the edges of an open-space community.*

With the number of open-space developments fast increasing, it's likely that you'll eventually look at one—if not to buy, then at least for the sake of comparison. When that time comes, you should know what a good open-space community can offer.

Many of these criteria apply to older, more familiar developments, too. So when you find yourself investigating any new community, ask yourself these questions.

Does it have open space?

Be sure the development lives up to our definition at left. Even if you are looking for a smaller lot and less lawn to mow, you'll want parkland somewhere nearby.

Here's an example of what that could amount to. Subtracting five feet from the side and back yards of a 70x150-foot lot yields 1,075 square feet of land.

As part of your lot, that land might be practically useless perimeter space; combined with land savings from other lots, it could become abundant community parkland. Just make sure that the extra land goes into areas you can use, not other building lots.

Ask to see a plan of the community—usually plans are included with promotional literature—then compare it with the one at the top of this page. The light gray areas are individual lots; darker swaths stand for shared open space. You'll be buying title to one of the lots and an interest in the open space.

Analyze how the open space fits into the community. It should be a basic part of things, not pushed to out-of-the-way places. It might be used to dress up a commercial area with gardens and malls, or open up backyards to common play space, or provide paths for pedestrians, horseback riding, or bicycles.

Look for variety in the land use. Playgrounds, picnic areas, golf courses, lakes and boat marinas, beaches, swimming pools, athletic fields, and tennis courts are all possible uses of open space.

What about the land itself?

Gently sloping terrain has the best combination of natural drainage and reasonable development cost. If the area is either flat or steep, determine whether the developer has anticipated problems. Natural features—such as hills, densely wooded areas, lakes and rivers, rock outcroppings—are valuable only if you have some guarantee they'll be preserved.

Does the planning scheme treat open spaces as something special? Have shrubs and trees been planted to play up certain areas, or make them more intimate, or conceal some of the service zones.

Man-made features, like contoured land and planting mounds, can hide automobiles from outdoor living or make flat terrain exciting.

If the original site was uninteresting, *expect* man-made amenities—from lakes and village greens to newly planted trees. Green strips should screen noise and traffic at the development's border, or separate residential from commercial or industrial facilities.

Without sacrificing privacy, the best scheme makes amenities available to all residents. At least some of the land around water, for example, should be open, common space, not expensive private lots.

How does the plan work?

A good master plan saves you money by protecting against haphazard growth. Study these points:

- *Automobile traffic.* Roads should be worked out in the beginning stages—before buildings, people, and cars complicate the scene.

Have residential, service, and through-traffic routes been separated? One or two main roads should serve as major traffic carriers.

Ask yourself how far your family has been traveling to school, shopping, and work, then compare these distances with figures for the community you're considering.

Chances are, you'll find some of your trips would shrink to short walks. (One new town,

Continued



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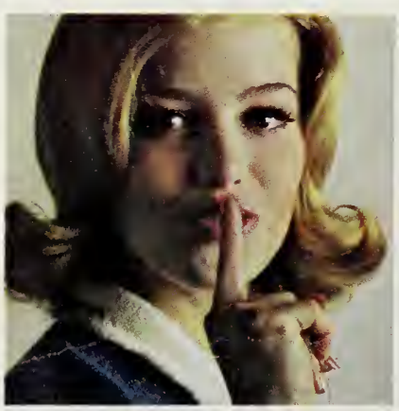


Foreground, Caprice Estate Wagon; background, Chevelle Nomad Custom Wagon

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Luxury plan...Caprice Estate Wagon

A Caprice wagon is to driving what a champagne flight is to flying. First class all the way, in a way no other wagon offers. Luxuriously pleated vinyl on the seats and sidewalls. A control panel with the look of rich-grained walnut. Up to one hundred and six cubic feet of cargo space wrapped in sculptured steel and trimmed distinctively in two contrasting wood-looking grains on side and rear panels. The Caprice Luxury Plan gives you so much more of everything, except the champagne price tag.



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Economy plan...Chevelle Nomad Custom

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CHEVROLET

OPEN-SPACE DEVELOPMENTS

Continued

Columbia, Maryland, will even have minibuses for local transportation.)

• *Pedestrian traffic.* If you'll be doing more walking, look at those routes, too. Tree-lined paths to parks and shops are realities in many new communities. What about the one you're considering? Can you take strolls without crossing highways or busy streets? Look for a plan like the one for Radburn, New Jersey, an early cluster community.

It was laid out so roads and walkways never cross at the same grade. Residential streets end in cul de sacs, with walkways through backyards of houses on each block. All the paths lead to a verdant open space in the center of the development; underpasses carry pedestrians beneath roads at the outer edges of the plan.

• *Parking.* Off-street parking is extremely important in town house or cluster developments, because they tend to have high concentrations of cars. Take the time to compare parking spaces with the number of residents, and then add some for the needs of guests. In cold climates, you'll want a garage —but don't settle for planning that makes your family walk a long distance to get to the car.

What are the legal arrangements?

Make sure current zoning permits open-space or cluster planning for *all* land in the development. Covenants or deed restrictions should also be blanket in coverage. Most open-space communities back up these with provisions for a homeowners association that can protect property values.

Within such an association, each household should have rights to common open space and recreation facilities, together with title to its home. If you'll be renting, your lease should include an interest in common space.

The association will arrange for maintenance of common property. It might be responsible for some private property as well, so make sure you understand what fees you'll pay for this before you sign. A really good homeowners group also exercises control over the community's design, and has a say on changes in the master plan.

Who's behind the development?

If the community isn't completed yet, the end should at least be in sight. The larger the development—and this is especially true as it approaches new town size—the more difficult the developer's job becomes.

He must bring together residential, commercial, industrial, and public facilities in a short enough time to protect his investment. Keep in mind that big communities need industry and commerce to support schools and other public services through a broad tax base.

Find out how much land is owned—by whom—and how much is under option. What are the developer's plans? Does he intend to sell out his interest and move on, or will he retain ownership of office space or shops and continue to manage his investment? The longer he'll be around, the more confidence you can feel about his community.

Be cautious of any development under 40 acres. That's barely large enough to affect permanent neighborhood values. It takes about 200 acres to create a complete neighborhood unit, with schools, churches, and shopping.

What services will you get?

Most of us who have always lived in established communities assume we're buying fire and police protection, refuse collection, and street maintenance through our property taxes. In a new town or a remote open-space development, however, you should be sure before you sign.

Continued

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OPEN-SPACE DEVELOPMENTS *Continued*

From your point of view, it probably doesn't matter whether these facilities have been arranged through the county, borough, or another city. The developer may even provide them at his own expense. Just get an assurance that someone has made firm arrangements, and that you won't get stuck with the bill at a later date.

The same applies for utilities. What can you expect to pay for water, gas, electricity, and telephone service? Rates are usually set by law, but installation costs may be high in a new community. If sewers are to be added later, will you be charged for the work?

Find out where hospitals, health centers, libraries and cultural facilities are located. If these are still in the planning stage, ask when they'll be completed.

Many developers provide land for schools, particularly elementary schools, or contribute extra funds for the load which new arrivals will place on existing facilities. But you'll still be expected to carry part of the tax burden.

How about design?

A developer's use of architects, landscape architects, site planners, and city planners indicates he's interested in giving you your money's worth. Only these professionals can handle the many elements that go into a good open-space community. They're also skilled at effectively using inexpensive materials, which helps keep down the price or rent you pay.

When you're judging a house, town house, or apartment, stick to the same basic standards you'd apply to a home anywhere. Cluster zoning and green strips won't compensate for a bad floor plan, poor storage, or lack of privacy.

Beyond designing homes and bigger buildings, some developers strive to make every part of the new environment more attractive. Utility lines can be buried. Street lamps, fire hydrants, road signs, fences, benches, and many other accessories of a community can be made distinctive. These touches help the developer sell his package—and they make your investment more valuable at resale time.

Who will your neighbors be?

Variety is often an important feature of open-space plans. Expect to find single-family houses, duplexes, town houses, walk-up apartments, or high-rise elevator apartments within walking distance of each other.

A community that has a mixture of housing types can have definite social advantages, and it may be more stable in the long run. That's because different age groups are drawn to different types of housing.

Newly married couples often set up housekeeping in walk-up apartments. As their incomes and families grow, they generally start shopping for a detached house. Later, when children have matured and left home, their parents may prefer the convenience and luxury of a town house, or an apartment in a high-rise building.

In a development with mixed housing, you'll meet people from all age groups. Friendships may be more lasting, because families can move around within the community.

It's impossible to put a price tag on all these benefits, but residents of older, established open-space communities have found one advantage that *can* be measured in dollars and cents. The resale value of their homes has remained high—and neighbors in smaller houses or apartments seem to be their most eager buyers. ▪

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Freshly ground pepper
½ cup juice from conned tomotoes
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How I got my family to change their underwear every day."

by Minna Kalikak

My boys are good boys, every one of them. They work hard, save their money and never get into any trouble. And they're always worrying about their mother.

That's why the trouble with the underwear started. They think I work too hard. You know, taking care of the house, making dinner, doing the laundry. So one day they said to me "You know, Ma, if we don't change our underwear every day, you'd have less laundry to do." Can you imagine that? So I said "C'mon boys, it's your mother you're talking to. Who do you think you're fooling? *I'll* worry about the laundry. *You* just change your underwear."

Well, do you know what happened? I embarrassed them. So you know what they did, my boys? They went out and bought me a Whirlpool washing machine that does up to 18 pounds of laundry in one load. Can you imagine that? 18 pounds. Now I only have to do one load of wash a day. And you know, they bought it with their bowling winnings.

My boys, bless them. If I could only get them to wear pajamas at night I'd be the happiest mother in the world.

Whirlpool CORPORATION

FAMILY HEALTH

Gerald M. Knox, Editor

WHAT SHOULD YOU TELL YOUR CHILD ABOUT SEX... AND WHEN?

No one has *the* answer to sex education for your child. At best, even for specialists, it's a process of searching and testing—of making mistakes and learning from them. Few children expect anyone to have all the answers: and not many parents do. What a child has every right to expect, however, is honesty, openness, and a willingness to try.

You should not wait for that indefinite "better" time to discuss sex with your child. You can always start, at any age, with *some* information.

Start early by answering sex questions as best you can, and keep a running dialogue going over the years with your child. Lack of clear, straight answers buries your child under deeper and deeper layers of uncertainty, and can lead to heartbreaking results later on.

Good sex education makes your child grow in his capacity to give and receive love. It's never too early, or too late, to start working toward that objective.

WHY TELL CHILDREN ANYTHING ABOUT SEX?

Sex education involves more than telling your child the biological facts of life. Beyond these are attitudes it develops in your child about himself, families, marriage, babies, the way love is expressed, and members of the other sex. Such understandings directly influence the emotional growth of your child, and this growth comes only with freedom to exercise a full range of feelings, unrestricted by either taboos or ignorance.

Children start learning from their first day. The basics —walking, talking, and eating—occupy the largest share of your thoughts about your child during the early years. As school starts, the learning process accelerates. Needless to say, reading and writing are just a small part of what he is learning.

Slowly, surely, a stronger force is developing—a sense of being, a personality. Now, the child's emotional nature is taking shape; he's experiencing feelings when happy or sad, elated or dejected, angry or calm.

Sex education can help your child develop a strong personality, along with the ability to control his emotions. It can also help your child express sexual and mating impulses constructively, rather than destructively.

Your approach should be simple. It should be truthful. It should affirm that sexuality exists in all humans, and that it develops as a continuing force from birth to death.

WHAT TO TELL A TODDLER (AGES 1 TO 5)

Small children seldom demonstrate much abiding interest in sex, aside from an occasional and offhand query about the most obvious aspects of human reproduction. It's best to give straight, immediate answers to these questions, using the correct words.

"What's that?" a small boy will invariably ask, referring to his male organ. He should be told what it is, and that all boys and men have one. He should also be told that little girls and mothers are different—and what the difference is.

When a child is three or four, he may begin to wonder where he came from. You should explain that a baby grows inside the mother's body in a special place planned just for this purpose. You could add, if the child presses on, that it's called the womb or uterus (*not* the "tummy"), and a special cord connects the mother and baby so he can get food until he's big enough to live in the outside world.

But don't give your child more information than he is ready for. Most toddlers don't want, and won't understand, a complete explanation of the human reproductive system in response to their simple questions.

These early years should implant in your child the right attitudes toward his or her sexual role in life. Your child should come to know and accept as right his or her sex. Let each youngster know that it's good to be a girl or woman; it's good to be a boy or man. Demonstrate in your home this happy acceptance of your own sexuality, and see that your child learns the correct concept of his.

Love is of vital importance during the early years of your child's life. Young children need the love and warmth of their parents to instill in them a feeling of worth, security, and pride. You should associate sex with love. Explain that babies are born out of love between their mother and father. Young children readily accept this simple concept of love and sex, and it's a valid theme which should recur again and again as they grow up.

JUST THE FACTS, PLEASE (AGES 5 TO 10)

Instill attitudes while your child is a toddler, but graduate to specific facts during the early school years. Ages five to ten constitute a formative educational time in your child's life, a period when he soaks up knowledge at a phenomenal rate.

During this period, boys and girls have a natural and strong curiosity about the differences between sexes. Your child should learn that boys and girls, men and women, are different in both obvious and subtle ways. Make it clear that the observable differences—body build, voice, skin and hair texture—are important, but that even more significant are the external and internal sex organs. These organs are specifically for human reproduction. You can describe them, at this age, in the same way you would describe systems and organs used for circulation, respiration, seeing.

You should present the simple and honest facts about human reproduction with adequate terminology. Explain that the baby begins when a tiny part of the mother, called the egg, unites with a tiny part from the father called the sperm. They meet within the mother in a special place called the uterus, and life begins at that very moment. This tiny cluster of cells grows in the uterus, and from it, after nine months, emerges the new baby. [*Continued on page 28*

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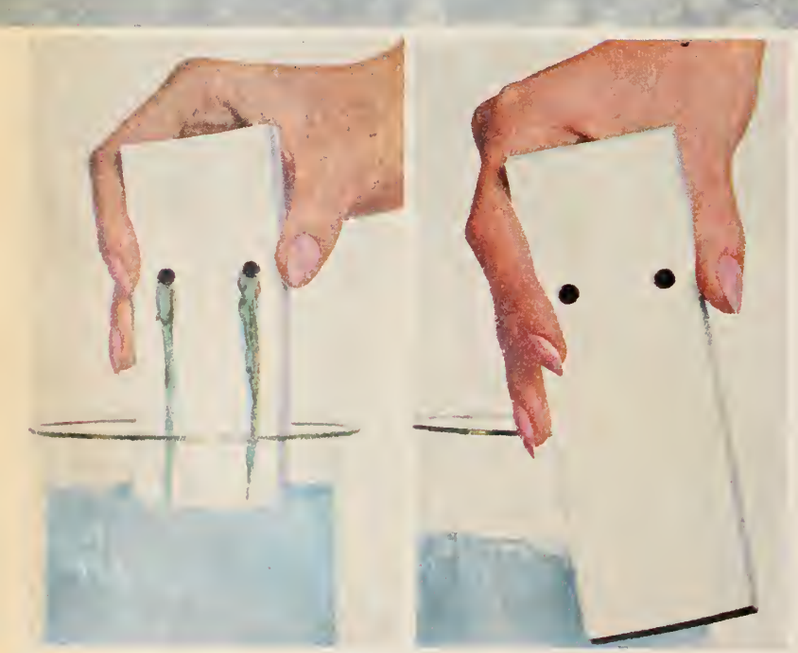
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WHAT TO TELL YOUR CHILD

Continued

The penis of the father is made to carry his sperm into the mother through her vagina. This is called sexual intercourse, or mating. The vagina is the same passageway by which the baby will be born after a growing period of nine months in the mother's uterus.

These simple and basic facts about reproduction should be shared with your child by the age of ten. Very likely, one explanation of human reproduction will not be enough. Few children completely understand what they've heard from you the first time, and they may ask again—until they get it straight. Most parents find each subsequent discussion, after the difficult "first time," much easier.

There will be times during your talks with your child when you don't know the specific facts, or the proper words. When this happens, turn to an authoritative book for the answers. Your concern for accuracy will greatly influence him. Most children, when they see you go to a good book for information, are encouraged to do the same. This will serve well for later years, when a talk with you is not quite right, and the alternative is asking friends or remaining uncertain.

PREADOLESCENCE—A TROUBLED TIME (AGES 10 to 13)

Don't be surprised if you find these years of change quite wonderful, yet painfully confusing—sad as well as happy. Even the best parents find their patience and understanding tried. It's an age when children try to fly—and the crashes are often resounding, for parents as well as the child.

Nearing the end of childhood, your youngster should understand the significant changes which soon bring his or her body to maturity. The new look that comes to your child in these years is more than skin deep. Glands that produce hormones pull a trigger which sets off many body changes. They also give the signal for the maturing of sex organs.

During these years, boys and girls are usually uninterested—and boys even antagonistic—toward the opposite sex. Romantic boy-girl attachments are scorned, except for teasing and some pushing around. Even so, you should continue to expand on aspects of human reproduction. Generally, preadolescents ask the same questions they've asked you before, but the terms are now more grown-up. They can be told more about their own bodies as future fathers and mothers.

Girls should be prepared for menstruation, which usually happens in preadolescence between ten and fourteen years of age. You should explain that menstruation is the monthly flow of blood from the vagina, and it's only part of a very complex female body cycle necessary for conception and birth of a child. Each month an egg cell, or ovum, is formed in one of a woman's two ovaries. When an egg leaves the ovary, it travels down a tube leading to the uterus. This is called ovulation. If the egg cell is fertilized while in the tube by a male sperm cell in sexual intercourse, it continues down the tube and attaches itself to the wall of the uterus. The uterus has already prepared itself for the fertilized egg cell, with an extra supply of nourishing blood thickening its lining. But if fertilization does not take place, the uterus has no need for the lining, and it's cast off. This happens approximately every twenty-eight days, and lasts from three to six days.

Boys at puberty also experience striking and disturbing changes. Seminal emissions, or "wet dreams," are common occurrences for boys of this age; they indicate the coming to maturity of the male sex organs. Such emissions are caused by accumulations of excess semen, which gather in tubes leading from the testes when a boy has no occasion to release them. His first morning erection and nocturnal emission may be as shocking to him as a girl's first menstruation. The characteristic growth of hair appears in the pubic regions during these years, his beard appears, and his voice may start to crack.

Both your daughter and your son should learn the facts about the sexual development of the opposite sex. In fact, most educators agree this is as important as knowledge about their own sexual development. Boys and girls now are seldom separated in school classes on sex education, and the airing of different, as well as common problems is an enlightening and rewarding experience for them.

The practice of masturbation may come up for discussion during this age. It's a practice indulged in by most children, boys and girls. Contrary to old wives' tales, it does *not* cause mental illness, blindness

Continued



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WHAT TO TELL YOUR CHILD

Continued

or any impairment of normal sexual relations later in life. Excessive masturbation, however, may be an indication of other problems troubling your child, perhaps far removed from the act itself.

There are inevitable feelings of guilt associated with masturbation, particularly if the child is "discovered" by parents. It is well to understand that you can make matters worse by condemnation—by adding further shame to this uncertain activity. The role of masturbation in the sexual development of your child is not now well understood. A definite need exists for more study and a better understanding.

Masturbation is a difficult subject to discuss with a child—in any way other than impersonally or "educationally." But one point is clear: when the practice of masturbation is attacked as a dirty or sinful habit, serious psychological problems can result, immediately or in the future.

During the preadolescent years, your child may seem unduly interested in the seamy or sensational aspects of sex, rather than in its beauty or poetry. This is not uncommon. At this age, a child's quick mind is likely to notice the bizarre, rather than the conventional. If he asks questions about venereal disease, or prostitution, or incest, or perversion, don't duck them. Most educators agree that ideally you should postpone discussing these problems with your child until he has a positive image of the whole subject of sex. But the seamy side of sex does exist and must be faced frankly. The important thing is to make it clear to your child that the really serious problems associated with sex are the exception and not the rule—and that they're usually caused by excesses, denials, or even exploitation of a healthy and wonderful aspect of life.

THE TEEN-AGER'S WIDE, WIDE WORLD (AGES 13 to 19)

The teen-age years bring more freedom and new privileges to your child—along with responsibilities. Now he has the ability to earn money, and the freedom to move about and try different jobs. Friendship becomes more intimate, and dating more important. Most exciting of all, your teen-ager is finally free to make independent decisions. These decisions are just as important as any made later in life, and some of the most difficult choices concern sex.

All sex education aims at two concrete goals, finally realized when your child becomes a teen-ager. First, to give your child some factual information. Second, to try to help your child to be sexually responsible, to develop a moral code and follow it. The development of a personal code of conduct is a very private process, and your teen-ager will want to do it alone. But if he trusts you, he'll ask your advice—and then you should be ready.

Convey to your child during these years that sex is not just a problem, but a creative force to use and manage in all relationships. By his teens, your youngster is quite able to feel, but perhaps not fully understand, the emotions that accompany the physical aspects of sex. Now is the time to discuss the process of sexual behavior between individuals, the techniques of courtship and dating, the whole panorama of marriage.

You'll probably have to expand even further on sexual intercourse, going into more specific details. But wait to be asked. Your youngster, depending on temperament or mood, may not want to talk of this now, even though you've been frank before. You might even prefer to leave it entirely to a doctor or clergyman at this point, or let your child read for himself.

However you choose to explain sexual intercourse, don't suggest that it is mostly mental or spiritual, and the physical part is of little concern. Your child will sense the falseness of this approach. Sexual intercourse, as well as your child's sexuality, is an intensely pleasurable and powerful force, actively sought and never completely forgotten.

WHAT TO TELL YOUR TEEN-AGER ABOUT PREMARITAL RELATIONS

Holding hands, simple caressing, and kissing are normal expressions of affection between adolescent boys and girls who care for each other. It is good and perhaps necessary, for the growth of healthy relations with the opposite sex.

When your youngster reaches the older teens, physical contacts with the other sex become more serious: now it is necking and petting, perhaps harmless in themselves, but clearly a prelude to full sexual relations. How can it stop short

Continued

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WHAT TO TELL YOUR CHILD

Continued

of that? Parents worry; teenagers wonder.

Try to prepare your teen-ager for the problems of dating. Your son should know he need not make a pass at a girl to prove himself masculine. Your daughter should know she need not say yes to remain popular. Boys also need some understanding about the all-too-common claim by other boys of occasional, or even regular, sexual intercourse. Let your son know the world is full of braggarts. Boys claiming sexual conquests are practicing the cheapest form of male ego-building. They are lying to themselves, either literally or indirectly, and they do devastating damage to the girls they implicate.

There are, of course, the old (and still very real) dangers of premarital intercourse and sexual promiscuity—venereal disease, pregnancy, scandal, and entanglement with people one later finds difficult to avoid. Boys should also understand they may be held responsible for a pregnancy, or an infection, if they have sexual relations with a promiscuous girl.

Tell your young adult how you feel about premarital relations. Take a stand. Set some standards. They may be wrong. You may have to change your mind. But take a stand anyway. It's good for you, and could be of considerable benefit for your child in evolving a code or philosophy to live by.

Giving your teen-ager a sense of morality, an understanding of the limits of personal behavior which should be a part of his own code, is perhaps the most difficult assignment you'll face. The same morality that once was enforceable by social and religious canon and parental command is seldom effective today. Experienced educators now believe it has been replaced, certainly in part and perhaps completely, by an increasing reliance upon your youngster's individual code, which must guide him in situations when the decisions he makes are his alone.

This sort of "situation ethics" relies heavily upon your youngster using his sexuality with a good deal of responsibility. He probably realizes that he can go only so far in premarital relations—and no farther. But he also should understand that this is not a blind restriction meant only to control young blood. It is, in fact, a practical point which applies to all persons. They'll need this guideline even after they marry, to permit responsible relations with either men or women other than the one they have chosen as husband or wife.

BIRTH CONTROL, AN INDIVIDUAL MATTER

What you tell your youngster about birth control depends, of course, on your own beliefs. Birth control (contraception) is the act of regulating conception: choosing the time you have a baby. You may have religious or personal reasons for believing it's wrong. Just remember these reasons are yours, and your child should have the opportunity to understand birth control for what it is. Ultimately your youngster will have to decide, independently, whether birth control—or planned parenthood—is a worthwhile practice in his or her marriage.

GOOD READING

These books are recommended for aid in discussing sex with your child. To order, contact your local book store—or the publisher—directly.

Your Growing Child and Sex *by Helene S. Arnstein ($4.95, Bobbs Merrill, 1967). Tackles the comprehensive and difficult task of relating a child's behavior, education, attitudes, and sexual development, from infancy through adolescence. Good reading list.*

What To Tell Your Children About Sex, *The Child Study Association of America ($2.95, Duell, Sloan, Pearce, 1958). Presents a clear, wholesome, and intelligent approach to the problems of sex education. Provides parents with specific answers to more than 100 common questions asked by children about sex. Reading list.*

Family Planning, *the Consumers Union of the United States, Mount Vernon, N.Y. ($1.75, Doubleday, 1966). Complete and very detailed report on all aspects of birth control, including sections on contraceptives, (with ratings and listings of products), fertility, and adoption.*

Sex Education and the Schools, *edited by Virginia Hilu ($4.50, Harper and Row, 1967). Describes the modern movement of enlightened sex education for children. Includes sections by leading experts in religion, education, and medicine, with transcripts of panel discussions.* ■

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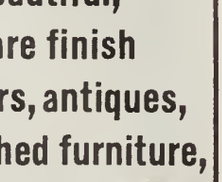
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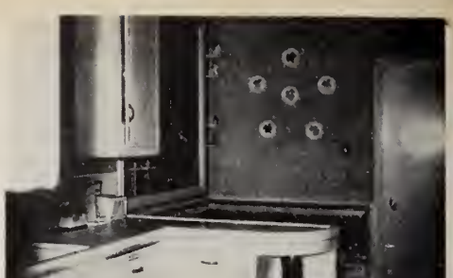
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NEW LIGHT ON AN OLD KITCHEN





Photographs: de Gennaro Designer: Janean Source: Barbara Cathcart

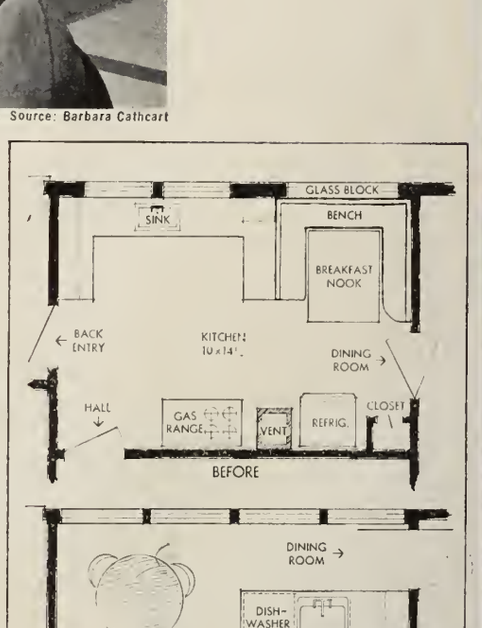
Everything was wrong with this old kitchen (see "before" plan). Problems included a space-devouring breakfast nook; not enough natural light; poor traffic pattern; scattered work centers; inadequate storage and work counter.

Here's how everything was made right. First, the dining room door was relocated to eliminate through-traffic. Next, the kitchen was moved to a compact area on an inside wall. This made way for a large eating area and an entire wall of windows. A wall of translucent plastic panels, framed in walnut, assures privacy yet admits light. Low-sealed table and chairs, and unadorned cabinetry contribute to the spacious look.

The new kitchen works wonderfully well! Sink dishwasher peninsula is but a step away from the table as well as all other work centers. Cook-top unit self-ventilates *under* the counter, releasing the entire upper wall for storage.

Right of cook-top are heatproof tiles inserted in counter. Oven and broiler (shown on the plan), close to the table for serving, are also within reach of the mix-bake counter. This counter is lowered to a handy 33-inch work height.

This new plan doubles the amount of storage. Counter space is also increased. But more important is its location. There's worktop surrounding the sink, and a generous six and one-half lineal feet in the mix center.

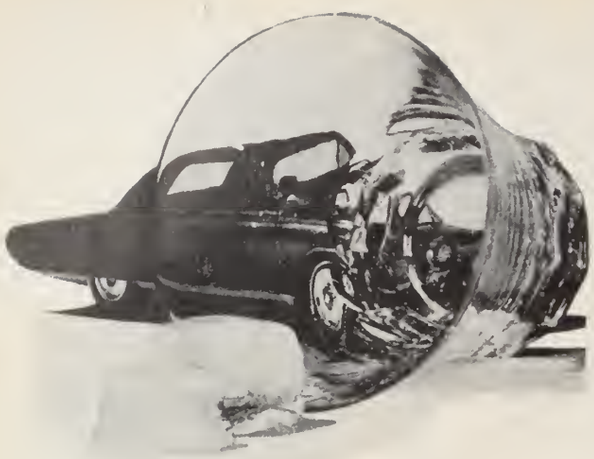




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CARS IN YOUR FAMILY

Duane L. Gregg, Automotive Editor

A STARTLING STATISTIC:

ALMOST 50% OF ALL HIGHWAY FATALITIES INVOLVE DRINKING

Dr. William Haddon, Jr., director of the National Highway Safety Bureau and one of the best-known figures in the highway safety field, calls drunken drivers "the number one problem on our highways."

Dr. Haddon, a physician who has studied the problem of intoxicated drivers in depth during the past ten years, can speak with monumental authority on the subject. And his claim is substantiated by other major investigations, all of which show alcohol as a cause factor in almost 50 percent of the fatal crashes.

This information represents a substantial change in public knowledge about the drinking driver. In 1946, the National Safety Council conceded that maybe 18 percent of those in fatal crashes might have been drinking. Currently they report that drinking is a factor in approximately 50 percent of all fatalities—quite a difference in numbers and emphasis.

This difference doesn't necessarily mean there has been an increase in drinking and driving. It's more likely attributable to increased scientific testing of drivers in fatal crashes and better reporting of the results.

Most of the scientific work on the relationships of alcohol and auto crashes in the United States has been done in the last ten years. Earlier, pioneering efforts were made by Canadian workers in Toronto, and, in the United States, by Dr. Herman Heise, working in Pennsylvania, and by R. L. Holcomb in Indiana.

Three of the studies, published in in 1959, 1961, and 1962, were done by Dr. Haddon and his co-workers. Another was made in Grand Rapids, Michigan by R. A. Borkenstein, chairman of the department of police administration at Indiana University. Other excellent studies have been and are being performed, the most recent in California, Illinois, and Florida.

As a result of the nearly identical findings in all of the probes, there have been rapid changes in the laws affecting those who drink and drive.

Many states have passed legislation setting new definitions, held valid by the courts, of what constitutes intoxication. In thirty-five states today, a finding that a driver has more than 0.15 alcohol in his blood can be taken as evidence of intoxication. The recent trend is to lower that limit at least to 0.10. In 1967, the federal government asked that all states adopt a limit of 0.10 or less. Seven states have established this limit. Utah uses 0.08. England has a limit at 0.08, and some European countries have drawn the line as low as 0.05.

What does 0.08, 0.10, or 0.15 mean? It can be most simply defined as the percentage (in hundredths of a percent) of alcohol contained in a person's blood. Thus 0.03 means that three hundredths of one percent alcohol (by weight) is present in the blood. All evidence points to 0.03 to 0.04 as the "threshold level" for most people. Below this, little effect is noted. But above it, definite impairment to driving does take place.

This impairment becomes progressively severe with increasing amounts of alcohol in the blood. At 0.10, virtually everyone's driving is impaired—regardless of his drinking history—and the likelihood of his having an accident is at least 6 times that of a sober person. At 0.15, crash likelihood skyrockets to 25-50 times that of a sober person.

What does this mean in terms of consumption of alcohol? A 160-pound man consuming about seven ounces of 100 proof alcohol over a span of four hours would have a blood alcohol level of around 0.10 percent. After another hour at this pace, he would be hard put to find the car—let alone drive it.

Another major legislative development has to do with "implied consent." No less than 24 states now have such a law on their books (just five years ago only ten states had this law). More are likely to follow suit due to a recent Supreme Court decision condoning such laws. "Implied consent" means this: If a driver is arrested for an offense involving drinking and driving, he must submit to a test to measure the concentration of alcohol in his blood. If he refuses, no test will be given, but his license to drive may be revoked. In states without the implied consent law, the drunken driver can refuse to submit to such tests, and thereby block legal evidence that can be used against him in court. Moreover, without implied consent, there is no provision for revoking the license of the person refusing to take the test.

Various charts have allegedly shown the amount of alcohol that a person can consume and yet remain sober enough—legally at least—to drive. The editors of Better Homes and Gardens feel this is a dangerous mathematical game to play with your safety and that of others. To us, this seems to furnish a guide for drinking right up to the limit—an uncertain limit, at that.

There is far more to consider than how much alcohol an individual drinks. Alcohol affects individuals differently in physical reactions, coordination, and visual perception.

In mental attitude, the variations are even greater. One person, even long before he appears "drunk," may lose all sense of fear or responsibility and drive home at a wild 90 miles per hour. Another, with the same amount of alcohol in him, recognizes that his driving skills are impaired and creeps home at 10 miles per hour. (His caution may be commendable, but it can be just as deadly in traffic at this low speed.) The important point remains: Mental reactions do vary from one drinker to the next, and thus the "safe consumption charts"

Continued

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CARS IN YOUR FAMILY *Continued*

based on the study of groups and on physical factors alone are highly questionable. There is also increasing evidence that people whose experience with alcohol has been limited—especially teen-agers and those in their twenties—are affected dangerously at even lower blood alcohol concentrations.

Contrary to popular belief, the process by which alcohol is *removed* from the system cannot be hastened, either. Regardless of the "speed-up" methods employed, it's a medically documented fact that the average body will lose a *maximum* of one-third to one-half ounce of alcohol per hour. As one leading medical authority states: "Cold showers, black coffee, or running around the block won't sober a person up a bit. All of these methods will at best only result in a wide-awake drunk."

There are do-it-yourself intoxicant-level kits on the market that purport to tell whether a person is legally sober enough to drive. A few are fairly accurate in their diagnosis, but if the person has imbibed enough to doubt his sobriety, is he capable of interpreting the results of these tests?

The drunk driver *is* a problem—a far bigger problem than has been heretofore admitted or documented. Perhaps today's 50 percent figure is startling only because there has been so much cover-up of the facts before—or because legal guidelines are so hopelessly lacking for enforcement officers and the courts. Without firm legal footing, it is small wonder that so many clear cases of drunken driving eventually go on the books simply as reckless driving or speeding—if they go on the books at all.

Another factor is the moral debate between the "wets" and the "drys." To the dry, a drinker is absolutely wrong even before he gets behind the wheel. This inflexible attitude encourages even the temperate drinker to defend a more liberal point of view regarding drinking and driving.

There is no single answer to highway safety. The new findings on drunken driving, important as they are, do not cancel out the other elements. Compulsory vehicle inspection, uniform traffic laws and road signs, stricter licensing laws, better vehicle and highway crash design, improvements in emergency medical responses, curbing the drunken driver—all are vital considerations.

But when a single factor—*drinking and driving*—now becomes a documented cause in half of all auto fatalities, the time has come to put more teeth in our laws. This is already taking place, and you can look for even stronger legislative action by many states this year.

The next step is to further dramatize, on an individual and non-legal basis, the absolute stupidity of taking the wheel while under the influence or making it possible, as a host or companion, for others to do so.

Certainly the well-documented statistic "50 percent of all highway fatalities involve drinking" should do this more compellingly than any slogan.

WHEN ARE YOU WISE NOT TO FILE AN AUTO INSURANCE CLAIM?

Most major auto insurance companies recently announced that they will no longer cancel a policy except for nonpayment of premiums or in the event of suspension or revocation of driver's license. However, this does not assure motorists of perpetual insurance availability. It merely means that a

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1. Pull out this guide
2. Read it

policy will not be canceled before its expiration date. But the company can refuse to renew the policy upon its expiration for any of a number of reasons. And of course, when renewal is refused by one company it becomes more difficult, and usually more expensive, to obtain similar insurance coverage with another company.

Some policyholders turn in repeated small claims. Evidently they feel that this is a way to recover some of their premium money. But this attitude has caused several major insurance companies to use "frequency underwriting." Under this method, more emphasis is placed on the number of claims than on the magnitude of the claim. At least one major company may refuse to renew a policy if five claims or "involvements" are on record, regardless of the amount of the claims or who was at fault.

One of the most abused areas of auto insurance is the small "comprehensive coverage" claim. Comprehensive covers damage incurred by your car in any way other than by collision: fire, hail, theft, vandalism, and many sources of minor and usually inexpensive damage. Most companies are paying more attention to the small, oft-repeated claims because of the cost of processing. One major company, for example, says it costs about $20 to process each claim.

Another claim that should be considered carefully is the small—and even the not-so-small—collision claim. Not only are these claims entered on your frequency record, they can also result in a steep premium increase. For instance, if you carry $50 deductible collision insurance and are involved in a "fender-bender" resulting in $70 damage, you're wise in most cases not to file a claim against your company. Here's why. With $50 deductible, you'll have to pay the first $50. This leaves $20 for the insurance company to pay. If you are insured under a "point" or "claims-free discount" system, a claim on your record will usually result in loss of the "safe driver" or "preferred" rate. The resulting rate increase at renewal time may far exceed the $20 you collect from the insurance company. And worse yet, you must maintain a spotless driving record for at least three (and in some cases five) years to regain the preferred or safe-driver rate.

To keep your auto insurance costs as low as possible and to assure continued renewability of the coverage, you should consider your auto insurance as protection against a major catastrophe. It definitely shouldn't be used as a free repair ticket for fixing the small and relatively inexpensive damages to your car.

Whether or not to *file a claim* against your insurance company is your decision to make. But it must be emphasized that the only time you have a choice as to whether not to *report an accident* is when it involves only your car and your property. In any mishap resulting in damage to the property of others, the liability portion of your policy is involved and, for your protection, the incident must be reported to your insurance company.

Cars Next Month:

- ***What you should know before having a car repainted.***
- ***Improving gasoline mileage depends on you.***

Yo Ho Ho

New 5 minute seafood sauce. Campbell's Soup and Tabasco pepper sauce add the flavor.



LIGHTHOUSE SEAFOOD SAUCE

Cooking Time: 5 minutes
Yield: 4-6 servings

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HOW TO BUY A ONE-COAT HOUSE PAINT

Faced with an exterior that needs repainting, few homeowners will willingly brush on two coats of paint—or pay a contractor to brush them on—if there's a chance that one coat will do the job as well.

For years, leading manufacturers have sold paints with the assurance that "one coat covers." More recently, some have begun backing up this claim with guarantees. Are the guaranteed one-coat paints really any better? And can you do the job properly with just one coat?

FACT: *Under the right conditions, almost any paint can cover in one coat. But a paint that's sold with a one-coat guarantee—whether it's an oil or a latex-base paint type—has some important differences from ordinary paints. As you'd suspect, it's thicker. But a much more significant factor is the composition of the paint itself.*

When you buy a one-coat, you're looking above all for one that will keep the surface covered after drying. With most paints, half or more of the wet-film thickness later evaporates. Not so with one-coat paints. Because they contain more solids and pigments (as opposed to volatiles and vehicles), one-coat paints lose much less of their film thickness through evaporation. Does this mean guaranteed one-coat paints will cover anything?

FACT: *No paint will cover in one coat when surface conditions are wrong. Most of the one-coat guarantees spell out just what kind of surface you can expect to cover. It must have been previously painted—or carefully primed—and it must be in sound condition. That means the previous coat of paint has adhered tightly to the wood without peeling or blistering, and weathering has not advanced below the top layer of old paint.*

If the old finish has deteriorated, you'll have to sand or scrape down to bare wood, then prime and start all over again. Since the condition of the old paint is so important, how often should you paint?

FACT: *Before you really need to. If you wait too long, you waste both time and money in preparation. By painting your house before it needs painting, it never needs it.*

The concept of one-coat painting presupposes more frequent painting, but it's worth it—you paint oftener, but you spend less time doing it and your house always looks fresh and well-kept.

One-coat painting lends itself particularly well to scheduled home maintenance. For example, consider painting one side of your house each year. You'd start with the west (usually the most weathered side) and continue around south, east, north in succeeding summers. The fifth year you'd start over again with the west side. Your house will not only look good from year to year, it will always be within the five-year guarantee period that many paints carry.

Besides stipulating the kind of surfaces one-coat paints are meant to cover, their guarantees usually include another important proviso, often expressed in two words—"properly applied." Do you have to be a professionally-skilled painter to use a one-coat paint?

FACT: *A common cause of unsatisfactory results with one-coat paints is overspreading—a mistake many beginners make,*

Continued



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GENERAL ELECTRIC



ONE-COAT PAINT *Continued*

especially with latex types. Unfortunately, the bad news may not reveal itself for several months, when the too-thin film begins to fail.

Recent developments in latex one-coat paints include an additive that makes the paint harder to spread, thereby lessening the danger of overspreading. A typical coverage of 450 square feet per gallon is a *maximum*, not a minimum figure. If you're doing the work yourself, don't exceed it; if you're hiring a man to do the job, make sure he has experience with one-coat paints.

In other ways, though, one-coat paints are now easier to use than older types. They're slow to chalk, for instance, so you can use them above windows and masonry without fear that they'll wash down and make unsightly streaks on your glass or bricks. They're self-cleaning, too, meaning they shed dirt when it rains or when you wash them down with a hose. And many one-coat paints contain special ingredients that retard or prevent mildew.

One-coat house paints have one other very appealing virtue. They make color changes an easier job. Changing from white to a pastel, from a pastel to white, or from one pastel to another can be done in one application. But what about drastic color changes?

FACT: *Most one-coat paints will cover any color, even if you're putting white over black. Unless you're a very skillful painter, however, it would be better to leave the job to a professional.*

Any slightly overspread areas—or brush marks that don't quite overlap—may let the original color bleed through. Again, the problem might not make itself known until several months after the work has been done.

With its superior coverage, high durability, and excellent hiding qualities, why isn't one-coat paint the answer to all painting situations?

FACT: *There's no reason at all, except that in some cases, using it may be sending a man to do a boy's job. One-coat paints are usually more expensive than conventional types. If you're not making a major color change and don't mind painting a little more often, a single coat of good quality ordinary latex may do just as well.*

In fact, many of the makers of latex paint recommend it for one-coat applications. Two coats of any paint applied too often can lead to trouble. Gradually a thick skin may build up that's too stiff to accommodate the normal expanding and contracting of the wood underneath. The result is alligatoring, crazing, and cracking.

If you're paying painters to do the work, the labor for that second coat generally costs a little less than for the first one. But in the long run, you might be dollars ahead to skip it and plan to repaint in three or four years instead of five or six. The savings will come in the amount of preparation needed next time. If you do your own painting, latex would be excellent for that scheduled, one-side-a-year program outlined previously.

The first paint job on a new house will probably be spoiled in spots by inevitable defects like blistering and peeling. The cause can usually be traced to moisture that's getting under the paint somehow.

Once these areas have been properly taken care of, you should never have to apply more than one coat of paint at a time, using either an oil or latex-base one-coat, or a good conventional latex. ■



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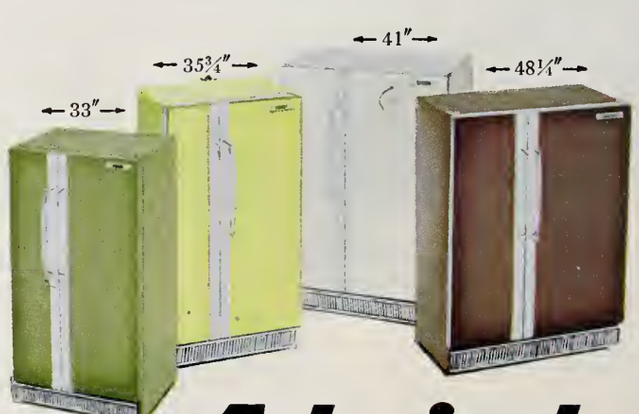
And there are 22 other features!

The new 1968 Admiral Duplex Freezer/Refrigerator has all the most wanted features, including fresh new styling and optional new panels that let you custom decorate your new Admiral Duplex.

You get these new features plus all the other features that have made Admiral Duplex the leader: no frost ever, in freezer or refrigerator; the "Frigid Meat Keeper" with its own cold control to keep meat fresh and tasty up to a week; two separate cold controls; fully adjustable Cantilever shelves; "Tilt-Out" frozen juice can dispenser; and the Admiral-developed self-cleaning condenser to assure maximum dependability.

The Admiral Duplex comes in four decorator colors. Avocado, Copper Bronze, White and Pale Yellow. Plus four kitchen-fitting sizes that hold 20, 22, 25 and 30 cubic feet of food. There's sure to be an Admiral Duplex that fits in the space of your old refrigerator.

The other features? You can see them all at your Admiral dealer. Choose the Admiral Duplex that matches your needs and color scheme!



Admiral® Duplex®

FREEZER/REFRIGERATOR

DIVIDERS THAT DO A LOT MORE

Don't stand for a divider that simply splits a room in two; instead, design one that does several jobs, and does them with real style. The two dividers here, for example, harmonize with the other furnishings, accent the architecture, and also contain generous storage and service facilities.



Photographs: Bill Hedrich, Hedrich-Blessing. Source: Barbara East Cathcart.

Above: A big, bold room needs a big, bold divider. From a base 10 feet long, 2 feet wide, and 30 inches high, this divider pushes posts of paired fir 2x6s to join a ridge beam $11\frac{1}{2}$ feet off the floor. Eight feet up, the posts suspend a lighted canopy. The buffet section of the divider boasts storage all along its length including a stereo cabinet in the free end. The top is plastic laminate.

Below: This freestanding unit presents a bank of storage and service to the dining area, screens it from the entry beyond. The unit is also close enough to the living room (right) to perform at parties. A flip-down counter facilitates serving; the rest is storage. Tambour doors (top) speed table setting.

Photograph: G. Suter, Hedrich-Blessing. Source: Susan Jones Medlock.





Cookout flavor comes indoors with Kraft Barbecue Sauce

It doesn't just sit there—it simmers the flavor of 19 herbs and spices all through the meat. Regular, Hot and Hickory Smoke flavored.

See *Kraft Music Hall*, Wednesday Nights, NBC-TV

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GOOD NEWS FOR MEN!



Capture those prized blooms at their best with this close-up camera outfit.

The camera is a modified Kodak Instamatic 104 camera that can be used for close-up or small-scale photography of flowers, models, craft items, and other small objects.

The outfit includes appropriate setups for pictures in the 5- to 8-inch range, and in the 15- to 24-inch range.

Uses instant loading film cartridges for color slides or black and white or color prints.

Kodak Instatech Close-up Camera Outfit with batteries, flashcubes, and film, less than $50 from Lester A. Dine, Inc. 2080 Jericho Turnpike, New Hyde Park, N.Y. 11041.



Permanent marking of tools, golf clubs, guns, fishing equipment, and other objects can be as quick and easy as writing your own name.

This slim, pencil-type vibrating tool is lightweight and extremely easy to use. The standard points are for marking or design work on stencils, plastic, soft metal, leather, and for marking of movie film and film negatives. Other points are available as noted below.

Electro-Stylus, $14.95 with five standard points ppd. from mfr. Carbide points for hard metals $2.95, diamond points for ceramics and glass $7.95. Electro-Stylus Mfg. Co., 31 Cheyenne Blvd., Colorado Springs, Colo. 80906.



Self-adhesive joint tape removes the biggest stumbling block to do-it-yourself dry-wall installation. In fact, this vinyl plastic tape makes joint treatment the easiest part of the job.

Just peel off the backing, apply the tape to the wall, and you're ready to paint—no sanding, dust, or waiting for materials to dry. The edges of the tape are tapered to feather-edge right into the dry-wall surface when rolled lightly.

Available for flat or corner joint treatment in 50- and 100-foot rolls.

Chemstyle Plastic Joint System, about 12c per foot at lumber dealers. Chemstyle Inc., Box 9163, Lansing, Mich. 48909.



This lantern lights your way even when it's completely submerged. And it floats for easy retrieval if accidentally dropped overboard.

The lightweight "Cordahide" polyethylene case is not affected by oil, grease, or temperature extremes, and is very rugged and durable.

Uses universally available 6-volt lantern batteries.

Eveready All American Waterproof Lantern, $3.98 in stores. Union Carbide Corp. 270 Park Ave., New York, N.Y. 10017.



You can do almost any measuring job with this quality "all-inclusive" tool.

It's a combination square, screw, nail, and dowel gauge, scribe, compass, plumb and level, protractor, marking gauge, beam compass, stud marker, and depth gauge all wrapped into one. And this tool stores in little more space than a combination square.

All-N-One Measuring Tool, $4.98 in hardware depts. The Stanley Works, New Britain, Conn. 06050.



This spring-action towel bar makes it simple to replace a chipped, discolored, or broken towel bar.

The bar is 24-inches long and can be easily cut to any length. Spring-loaded end caps hold the bar firmly in place in any standard metal or ceramic bracket. Available in white, black, gold, or chrome finish.

Re-Place-A-Bar, from $1.98 to $2.49 depending on finish, in stores. Lenape Products Inc., 120 Stokes Ave., Trenton, N.J. 08638.

A full-spectrum fluorescent light tube is now available for residential use.

It's the first man-made light that matches the visible and beneficial ultraviolet spectrum of outdoor light.

This means that colors, complexions, and skin tones will appear exactly as in outdoor light. Ultraviolet wave lengths are also produced in the range that kills some airborne bacteria and viruses. While not intended as a sunlamp, continued exposure will produce slight skin tanning.

Vita-Lite Fluorescent Tubes, in all standard sizes in dept. stores. DuroLite Lamps, Inc. 17-10 Willow Street, Fair Lawn, N.J. 07410.

Continued

Kitchen waxes aren't safe for wood floors

The main ingredient in your kitchen floor wax is water. This is fine for kitchen floors. But you know what water does to wood: it warps, ruins the grain, dulls the finish.

Paste wax, on the other hand, is slow to apply and requires extra work to buff. What else is there?

The best way of all: One-Step Wood Floor Care by Armstrong. We made it as easy to use as kitchen floor wax. But we made it especially for wood; not a drop of water in it.

We put in a good *cleaner,* and a real tough *wax* that leaves the wood shiny and well protected.

And you never have to break your back buffing.

It won't hurt to try it.



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FLOOR CARE

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The human body is an engine. It runs better air-cooled. That's why Carole Jo Hopkins joined



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GOOD NEWS FOR MEN!

Continued



Urethane foam in a handy can is now available for the do-it-your selfer.

To use, fit the two cans together as shown. This combines the two elements in one can for spray application. The resultant foam, when applied, expands up to 30 times in volume.

Ideal for sealing and insulating gaps in walls where air conditioners, exhaust fans, dryer vents, or pipe entrances have been cut. Also for insulating cold water pipes and other surface insulation jobs.

A 12-ounce can provides up to ½ cubic foot of rigid, polyurethane foam.

Minit Foam, 6 oz. $2.98, 12 oz. $3.95 in stores. Kerr Chemicals Inc., 1001 Northwest Hwy., Des Plaines, Ill. 60017.



Now you can permanently seal that problem area around bathtubs, showers, and sinks.

This kit includes adequate molded ceramic sections to seal around any tub—even king-size. Specially molded ceramic corner sections are included for a professional-looking job.

Make sure the area to be repaired is clean and dry; then just fasten the pieces in place with the included silicone rubber adhesive. Will cover cracks up to one-half-inch wide. Can be used over ceramic, plastic, or metal tile.

Available in seven standard ceramic tile colors.

Bathtub Edging & Seal, $7 for complete kit in stores. Decro-Wall Corp. Executive Blvd., Elmsford, N.Y. 10523.



Keep doors closed automatically by installing one of these hinges per door.

Just remove one of the existing hinges and install this hinge in its place. Will replace any standard $3\frac{1}{2}$x$3\frac{1}{2}$ butt hinge on $1\frac{3}{8}$-inch interior or exterior doors. Reversible for use on right- or left-hand doors. Easy-to-adjust tension lets you get the closing power needed for any installation.

Bommer Power Hinge, $3.96 in building supply depts. Bommer Spring Hinge Co., Inc. Landrum, S. C. 29356.



Hold it—with one hand! With these locking pliers, lock-up or release is a one-handed operation. A patented size-sensing plate automatically adjusts the jaws to any size object—up to $1\frac{3}{8}$ inches.

Just open the jaws, insert the object to be held, and lock effortlessly in place—unlocking is just as easy. Holding power can be adjusted from zero to over a ton.

Leverwrench, $7.50 in hdwe. depts. or ppd. from mfr. Leverage Tools, Inc., Box 68, Glenvil, Nebraska 68941.

For a whistle-clean windshield on your car use this solvent in the washer.

Brand-new wiper blades—while removing dirt and water—leave an organic residue often referred to as the "lace-curtain effect." This solvent removes the film and leaves the windshield crystal clear.

Will not harm finishes and contains an antifreeze solution for year-round use.

Optikleen, 85c for one pint bottle at all General Motors dealers. General Motors Corp., 3044 West Grand Blvd., Detroit, Mich. 48202.



Every kid ought to have a monster.

So get him one.

Visit the Keebler Enchanted Cookie Castle.

Our monster is Rupert the Cookie Dragon. Pink and purple inflatable plastic. Eighteen inches high. Not very scary, but very nice with kids.

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Choose any package. Send us the red Keebler shield with $1.00 and the filled in coupon below and we'll send your kid his very own Rupert.

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You're right. Every kid ought to have a monster. I'm enclosing one Keebler Shield and $1.00 for each Rupert.

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Offer expires August 31, 1968. Offer void where prohibited, taxed or otherwise restricted by Federal, State or Local law. Allow 30 days for delivery and we must have ZIP CODE numbers to fill the order.



Photographs: Lisanti. Interior Designer: Rita St. Clair, A.I.D. Source: Kit Tyson

GREAT ROOMS FOR GROWING UP

By Peg Rumely, Home Furnishings Editor, and Charlotte Garner, Associate

Don't call them children's rooms—these private retreats of the young are anything but childish. They've taken on a sophistication that's a far cry from the old nursery-rhyme cuteness or teen-age clutter. Furnishings are wonderfully functional and mirror the owner's tastes and interests (inevitable when he has a say in their selection). The result: a room as individual as the child himself—a junior-size castle where he can crack the books, pursue a hobby that may well become a future vocation, or host a bull session with classmates. Start with such basics as sturdy, easy-care furniture, plenty of work space, and well-planned storage. Then your child's room can mature along with him—and reflect his own personality even while he's young.

Above: No question here which girl gets the "best" bed, desk, or chest. These sisters enjoy identical furnishings neatly arranged on opposite sides of the room. Double chests separate individual belongings and encourage neatness while two built-in drawers in the base of each bed accommodate overflow storage. A real space-saving trick: footboard of each bed extends to become a desk. Refreshing color scheme and distinctive pattern harmony can carry two girls happily from tots to teens.

Above right: What teen-ager would not be thrilled to identify with a room as worldly as this one? It signals the fact that here is a boy who's definitely growing up. No weak-kneed pastels or fancy furbelows anywhere. Instead, a sleek masculine atmosphere warmed with a background of teak paneling. The bed masquerades as a sofa with mattress and bolsters covered in a leopard print to match padded swivel chairs. Low divider serves as a headboard-nightstand; it helps ease the storage problem, along with open shelves on the end wall.

Below right: The action side of this converted attic room answers every boy's dream of a study, hobby, and music center combined. The work counter with practical plastic laminated surface extends the length of the room and provides ample space for such gear as ham radio, tape recorder, and telescope. Felt-covered walls with matching window shades offer a posting place for an array of souvenirs.

Continued



Interior Designer: Ruth Benson. Source: Jane Price



Buying information, page 134



GREAT ROOMS FOR GROWING UP

Continued



Photograph: Lisanti. Interior Designer: Rosanne Clark. Source: Jane Price

Left: Why mothers grow gray—picking up after their offspring and putting things in the closet where they belong. Organize that closet, and they'll do the job themselves. Begin with an unpainted chest (this one is 28x41 inches high) and build plywood partitions to fit around it. Paint edges or cover with plastic shelf edging in a color to harmonize with wallpaper and closet doors. Then install metal stripping to hold adjustable shelves in one side of the closet; hang clothes rods in the other.

Bottom: Walnut-stained paneling identifies this room as all boy. Shared by two brothers, it can be used long after both boys reach adulthood. The plastic laminated desk, suspended in a framework of 2x4s, injects a note of bright color against the wood tones; it also doubles as a hobby counter. Closets flank the study area—one for clothing and the other for sports and hobby equipment. Another color note: closet doors are covered with green felt and accented with molding strips. You can duplicate built-in look with stackable units and wall-hung shelves.

Right: Can't you imagine the momentous girl-to-girl secrets shared in this contemporary room with its vibrant colors and pattern excitement? The duplex twin-size bed invites after-school lounging; it pulls out at night and converts to two separate beds for overnight guest use (an important plus when the young hostess plans a pajama party). The custom-made bed frame features a corner storage unit which doubles as a nightstand; bedding is stored behind hinged panel of the back section. Cotton coverlet and vinyl upholstered swivel chair typify today's trend in youngsters' rooms toward rugged materials which not only require less maintenance but wear a lot longer, too.

Continued




THE WORLD WE LIVE IN



Photograph: Graphic Corp. Designer: Robert E. Dittmer

GREAT ROOMS FOR GROWING UP

Continued

Above: Fiesta red ignites this bedroom and satisfies a child's natural appetite for bold, bright colors. The painted furniture—as fanciful in design as a young girl's daydreams—launches the color scheme which features accents of pale pink and avocado green to temper the incendiary hue. Another cooling influence: the vinyl wall covering in a simulated wood paneled pattern.

The happy mood of this room is helped by a sparkling window treatment—beautiful plastic beads. Individual droplets are permanently bonded to a nylon cord which can be cut to fit any height. The beads also allow light and air to circulate freely.

Color-coordinated bulletin boards of fiberboard are sheathed in fabric which is stapled to the back. Boards are then nailed directly to the wall.

Right above: Perforated hardboard—a perennial favorite with youngsters who want to show off their special treasures—is a parent-pleaser, too, because it motivates tidy habits. Two brothers use this niche for study and hobbies. A divider aids concentration; counter top of plastic-coated hardboard provides a durable work surface. Another practical feature: bunk beds occupy half the floor space of two single beds, and youngsters love sleeping Pullman style.

Right below: So your son yearns to chart a course for unknown seas. Indulge those daydreams with a built-in bunk bed which also features valuable storage space. Other personal gear can be stowed away in a seafaring trunk. To increase the shipboard effect, keep the window treatment simple and install louvered shutters.



Photograph: Hedrich-Blessing. Designer: Masonite Corporation





Photograph: Szanik. Decorator: Virginia Douglas. Source: Barbara Lenox

A gardener's calendar of color

PART 3: MIDSUMMER

This is the season when the gardener gets a big payoff for his efforts. Annuals, perennials, vines, shrubs, and roses respond to the warmth of the midseason days with quantities of bloom in myriad colors. The roses and annuals are especially prolific and colorful at this time. Be sure to plant enough so you can cut without sacrificing garden color. You should be ordering your seeds and plants so you can start the seed in flats indoors. Get perennials and shrubs planted as soon as soil is workable. You'll have to wait until fall to plant lilies.

Rose. Although it seems impossible to improve upon perfection, each year the rose hybridizers do just that. The All-America Rose Selections for 1968 prove the point. Miss All-American Beauty, a hybrid tea, is unquestionably one of the best pink roses ever. The five-inch blooms have the liveliest color and the finest shape—they're everything a rose should be. Scarlet Knight, a grandiflora, has velvety, deep scarlet-red blooms borne singly or three to four per stem. The high-centered flowers are four to five inches in diameter.

Hydrangea. One of the best new shrubs introduced in several years is Annabelle hydrangea. The rich green foliage is a credit to the plant all season long. In June and July, eight-inch snowy white flowers almost completely cover the three-foot plant. It grows well in a half-day's sun or on the north side of a house where it gets little direct sunlight.

Petunia. You get the most color for your money with petunias. These vigorous bedding plants give mounds of color up to a foot in height from early summer until frost. There's a wide choice of colors and types, such as singles, doubles, multifloras, dwarfs, and cascades. Our choices include Pink Mascot (a clear rosy pink multiflora), the double Fanfare (mixed colors that stand up to rain and wind), and Blue Jay (a small double).

Gloriosa daisy. This plant isn't really a daisy; it's a rudbeckia. But by any name, it's glorious. The five-inch, mahogany-and-gold blossoms display themselves in generous profusion on three-foot plants. Several groupings of six or more plants each, scattered through the flower border, will give brilliant color from midsummer to frost. You can grow quantities of them from seed started early indoors, or you can plant direct in the garden. There is also a double variety.

Continued

By Hamilton Mason, Garden Editor
Larry Grove and Russell O'Harra, Associates



Photographs: Hopkins


Petunia
Gloriosa daisy
Hydrangea

A gardener's calendar of color

Snakeroot (cimicifuga). Despite its name, this tall perennial is an attractive addition to the garden. Although it dies to the ground each winter in cold climates, it comes back fast each spring to reach a height of six to eight feet with flower spikes up to two feet in length. Tight, pearl-like buds open into fuzzy, white flowers. Use these as a tall "hedge" plant or for background in a shaded border.

Marigold. After years of intensive breeding, there are marigolds of all heights with flowers of all sizes. Colors range through yellows, golds, oranges, mahoganies, and blends. The two we picture are All-America Selections for 1968. The yellow one is First Lady, which grows to a sturdy 18-inch height with many three-inch blossoms spaced over the lush foliage all summer long. The flowers of Orange Jubilee are four inches or more across and are held just above the foliage of the 20-inch plants.

Trumpet-vine. For the big cover-up jobs that only a vine can handle, the trumpet-vine will outdistance most others. The compound leaves are attractive all season long and make a perfect foil for the bright clusters of flowers (we show both the red and yellow creeper) that display themselves prominently during the summer months. If left to itself, one plant can practically cover a barn, but only a little pruning each year will keep it manageable.

Verbena. This 1968 All-America Selection gets the name Blaze from its dazzling scarlet blossoms that are borne in such numbers that they form a low carpet of color. Each plant has a spread of a foot in diameter and gets just six inches high, so use as edging for your sunny borders. It blooms from early summer to frost.

Daylily. There are so many outstanding varieties of hemerocallis that it is difficult to make choices. The ones we show rank high in popularity with the members of the American Hemerocallis Society, and all have won top awards from this group. Bess Ross (red), Rare China (two-tone), and Green Shadows (lime-yellow) display shapes and colors representative of the daylily family. Order catalogs from daylily specialty nurseries to see the full range of colors and shapes. Scatter your selections through your perennial border—don't overlook the dwarf varieties for edging.

Continued




Verbena
Daylily
Trumpet-vine

A gardener's calendar of color

Impatiens. Not many plants can put on a bright show in shaded areas, but the impatiens fills this color gap beautifully from the ground up. There are dwarf varieties (Pixie White and Bright Orange pictured) that get just six to twelve inches high, and tall kinds, such as the Holsti hybrids in mixed colors which grow to 18 inches (the pink variety is shown here). You can get just about any color you want on any size plant you want up to 30 inches in height.

Zinnia. Vibrant colors and large twisted-to-quilled flowers make these new zinnias, Wild Cherry (a 1968 All-America Selection) and Aztec, wonderful additions to the annual border. Seeds planted as soon as the ground warms in late spring will give you mature blooming plants 15 to 18 inches high by midsummer. These will form some of the brightest spots in your flower border. For best effect in the garden, plant groupings of a dozen or more plants rather than long rows.

Celosia. Soft, golden plumes up to five inches across top the sturdy two-and-one-half-foot plants of the 1968 All-America Selection Golden Triumph celosia. Each plume lasts several weeks, and new plumes are produced along the sides of the stems to keep plants colorful all summer long. Varieties taller and shorter than the Golden Triumph are available in various shades of red, orange, and white. They range from eight-inch ground-huggers to three-foot giants. Try some of the new crested types, too.

Phlox. You can always count on phlox for standout midsummer color. The 24- to 30-inch plants top each stem with a rounded head of bright florets such as the ones we show of Flora J. Reidy (white), Red Indian, and Dresden China (pink). Phlox are undemanding. Enrich the soil before planting, feed in early spring, dust or spray for mildew each time you treat your roses, and you'll have a bumper crop of blooms.

Aster. At last we have an aster with big flowers on a short plant. The new Dwarf Blue variety reaches a mature height of just 12 inches with showy, violet-blue 2½-inch flowers of the formal American Beauty type. An entire plant, as pictured above, makes a whole bouquet in itself. It is a wonderful border plant and a great companion for dwarf yellow marigolds. Be sure to plant some of the tall varieties, too.




Celosia
Phlox
Aster

CATS... AMERICAN STYLE

Elizabeth D. Craster, Home Entertainment Editor

Whether they march uninvited through the front door . . . entice you with a silent meow at a street corner . . . or arrive by the more orthodox channels from adoption centers or local litters, these intriguing domestic "shorthairs" (some come with fluffy coats) account for the majority of the cat population in this country. And their owners find them as engaging as their exotic purebred cousins—Siamese, Persians, and Burmese to name a few.

Just because the domestic is sometimes called a "mixed breed" doesn't mean that he's not an aristocrat in his own right. Indeed no! His ancestors may have shared the throne with Cleopatra or, with derring-do, promoted themselves a voyage on the Mayflower.

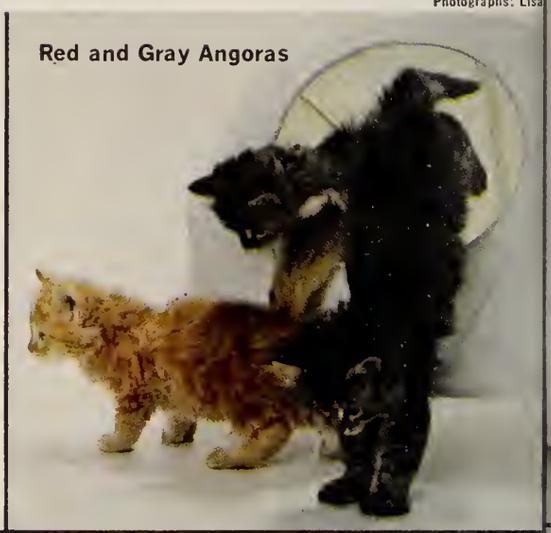
Shorthairs come in a dazzling array of colors, stripes, and sometimes hilarious markings. Since their family tree is such an involved one, no one knows what will turn up in the next litter. On these pages you'll find a few of the basic types available in this large feline category.

Photographs: Lisa

Tiger



Red and Gray Angoras



Maltese



Two-Toned



Calico



Tortoiseshell



Tiger: Sometimes called a gray and black tabby, his coat markings are classically perfect—showing an M on the forehead, swirls on cheeks, solid stripes on his sides, and two stripes on the chest.

Maltese: Smoky gray kittens of this type generally have bright yellow eyes and may have a touch of white somewhere on their bodies. They're lively, quick, and playful.

Tortoiseshell: His beautifully patterned coat may be long or short and is composed of shadowy markings skillfully blended; his eyes are usually brown or amber.

Two-Toned: Nature can play some delightful tricks with bold masses of black and whit fur. The brave male in the center looks as he's wearing a pirate's eye patch!

Angora kittens: Any fluffy, long-haired do mestic cat is called angora. This is not a bree and shouldn't be confused with Persian Kittens shown are red and gray.

Calico: His coat is tri-colored, usually com bining black, orange, and white in dramati patches. Legends say he brings good luck t families who own him.

Solid color cats: (opposite page) Satiny an elegant, these monochrome cats usuall have a few contrasting hairs, like the whit patch on black beauty and beige marking behind the snow queen's ears.





IT'S HIGH TIME YOUR HOUSE HAD A FAMILY ROOM

By Noel Seney, Building Editor

TAKE GOOD LIVING RIGHT TO YOUR LOT LINE WITH AN INDOOR-OUTDOOR ADDITION



Photographs: Bill Hedrich, Hedrich-Blessing. Interior Designer: Wynne Vogley. Source: Barbara Cathcart.



Buying information, page 134

Sure, additions cost money. You can measure the amount in dollars per square foot. But a worthwhile family room doesn't just cost, it pays—and you can't compute the dividends with money or space.

Why? Because a family room is a room that counts . . . a room for eating, TV-watching, relaxing . . . a room with built-in storage, and outdoor living, and facilities for entertaining . . . a room that does everything your family does.

These four additions tell better than words what that room could be. Each does wonderful things for the family that built it—and each has ideas that will pay off for you.

Upper left: Like to give parties? Keep a close watch on the seasons? This family room is a natural for both. It flows all the way outside through big windows; not even the fireplace intrudes on its 270-degree outlook or free-and-easy appearance.

To be truly versatile, a family room should have materials dressy enough for company, yet durable enough for daily use. Here there's walnut paneling, a vinyl tile floor, and a ceramic tile hearth.

Upper right: The new family room extends an older, smaller version (see plan). The roof continues at left to make a breezeway and carport.

Remaining yard space was developed into several outdoor living areas, including a 45-foot-long cedar deck. A trellis at one end provides shade for afternoon lunches.

Lower left: A change in ceilings marks the spot where old and new come together. The original, undersized family room was converted for informal dining; there's another dining area beyond the kitchen.

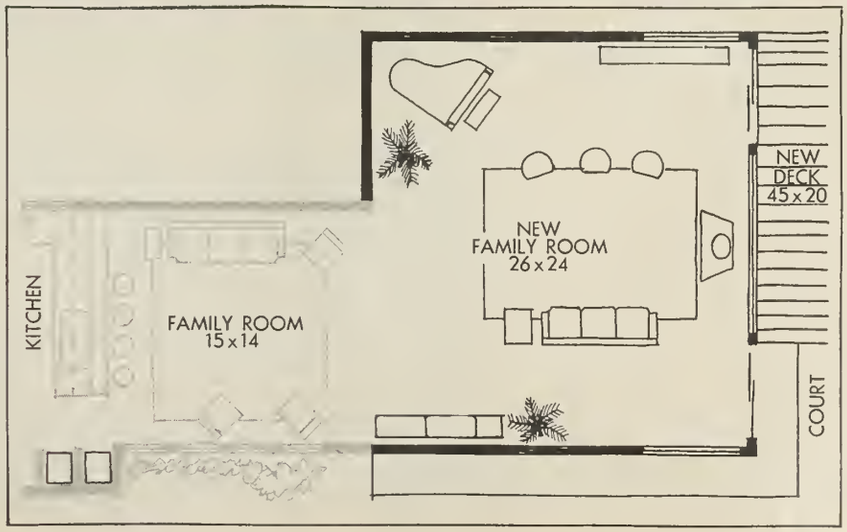
Like privacy? Then try this site-planning trick. Outside, a six-foot-high fence screens the drive and carport, creating a secluded court.

ARCHITECT: IAN MACKINLAY ASSOCIATES.

Plan: Not all of a good addition is inside its walls. Here, the new family room extends one wing of the original house, adding 624 square feet of enclosed space; the homeowners gained more living by developing three new outdoor areas, too.

So when you're drawing up plans for your family room, be sure to make provisions for adjacent outdoor living—the more, the better.

A deck, patio, or porch won't add much to the total cost. And if your budget is really tight, you can put off that part of the job until later—just don't forget to allow for it in the original design.







Photographs: Lisanti; Source: Dot Rodenburg

SPLIT LEVELS—ONE FOR ADULTS, THE OTHER FOR KIDS

Does a family room have to handle everything from cocktail parties to table tennis? Certainly not. Here's an exciting new wing that's relaxed yet formal, designed to supplement a too-small living room.

Upper left: Visitors will never find toys on that parquet floor. Comfortable furniture and a balcony library give the room an "adults only" air.

Where are the toys? In the old living room—and downstairs in a "fun" room with the table tennis set.

Right: An open foyer ties the split-level addition to the single-level house. That's the old living room in the background. Doors at its left lead to the patio.

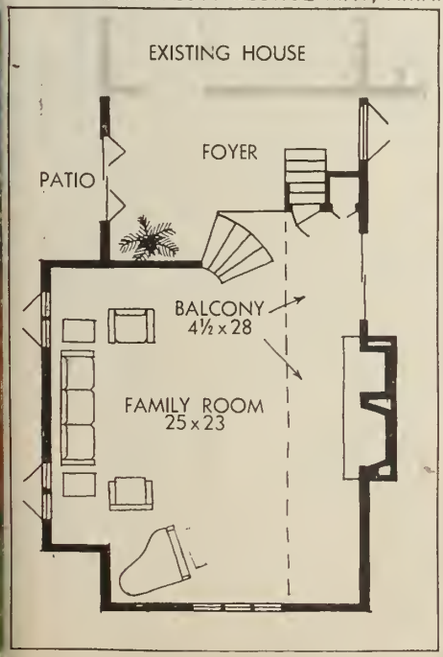
A skylight in the ceiling makes this a year-round planting area. Under the balcony, doors open to the basement stairs and a compact bar.

Lower left: Big windows on the addition were located for the best view of a wooded, sloping site. At left, a raised patio stretches over to the bedroom wing (see plan).

Plan: How big an addition should you build? The answer depends on your needs and budget. Here there are 818 square feet; differences in levels make it seem much larger.

From the foyer, it's only four steps down to the seating area—or five steps up to the balcony library. Ceiling heights vary, too.

ARCHITECT: GEORGE MAY, A.I.A.





BRING THE OUTDOORS INSIDE





A family room may be as near as your present porch or patio. This one was a seldom-used patio. The owners enclosed it with a mansard roof and glass walls, creating a garden room that's comfortable all year long.

Upper left: You can expect lots of indoor-outdoor traffic in a family room like this, so plan for floors that are durable and easy to clean. Slate was used here.

Old-fashioned ceiling fans make their own summer breezes, and high, fixed windows help the doors scoop in plenty of natural light.

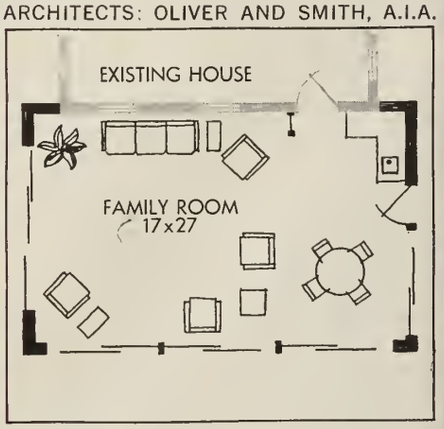
Lower left: Brick pillars support the roof. An electric heat pump in the attic warms the interior; if you live in a cold climate, you might prefer a room-size furnace.

Plan: Want to gain a family room and a porch in the same space? Use sliding glass doors on three sides for an addition that's instantly convertible. A conventional storm door on the front, like this one, lets you get in and out during the winter without running up your heat bill.

Just left of that door, a bar and serving counter keep the refreshments coming at parties. You could build in more storage along the outside of the original house.

The new room connects to an existing living room. Total floor space is 459 square feet.

ARCHITECTS: OLIVER AND SMITH, A.I.A.



Photographs: Taylor Lewis. Source: Joanne Young.

OR EXPAND AN OLD ROOM THAT'S TOO SMALL

Is your present family room large enough? If it's little more than a passage to other areas, or a repository for orphan furniture, the answer is no. Here's an example of how you can use it—or a dining room—as the starting point for some complete informal living quarters.

Upper right: To the left is the original family room. The owners opened up one wall, then built on a 561-square-foot rectangle with space for dining, relaxing, and entertaining.

An around-the-corner storage unit, matched flooring, and furnishings tie the old and new together.

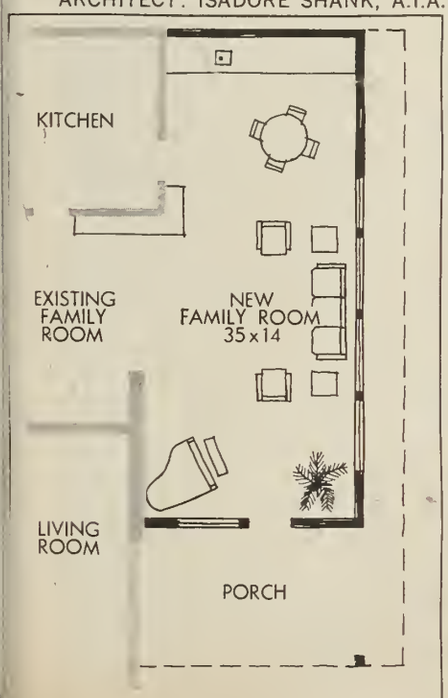
Lower right: The enlarged family room opens onto a free-form patio and a yard that never needs mowing.

Want a protected entry for your addition? If its roof will be flat or slightly pitched, just allow for extra overhang, supported with rough-sawn beams and a post.

Plan: This wide-open layout is perfect for a party. Guests can circulate freely, wander outside, or settle in one of two conversation areas. They will find food and drink only a few steps away, at that wall-to-wall built-in by the kitchen.

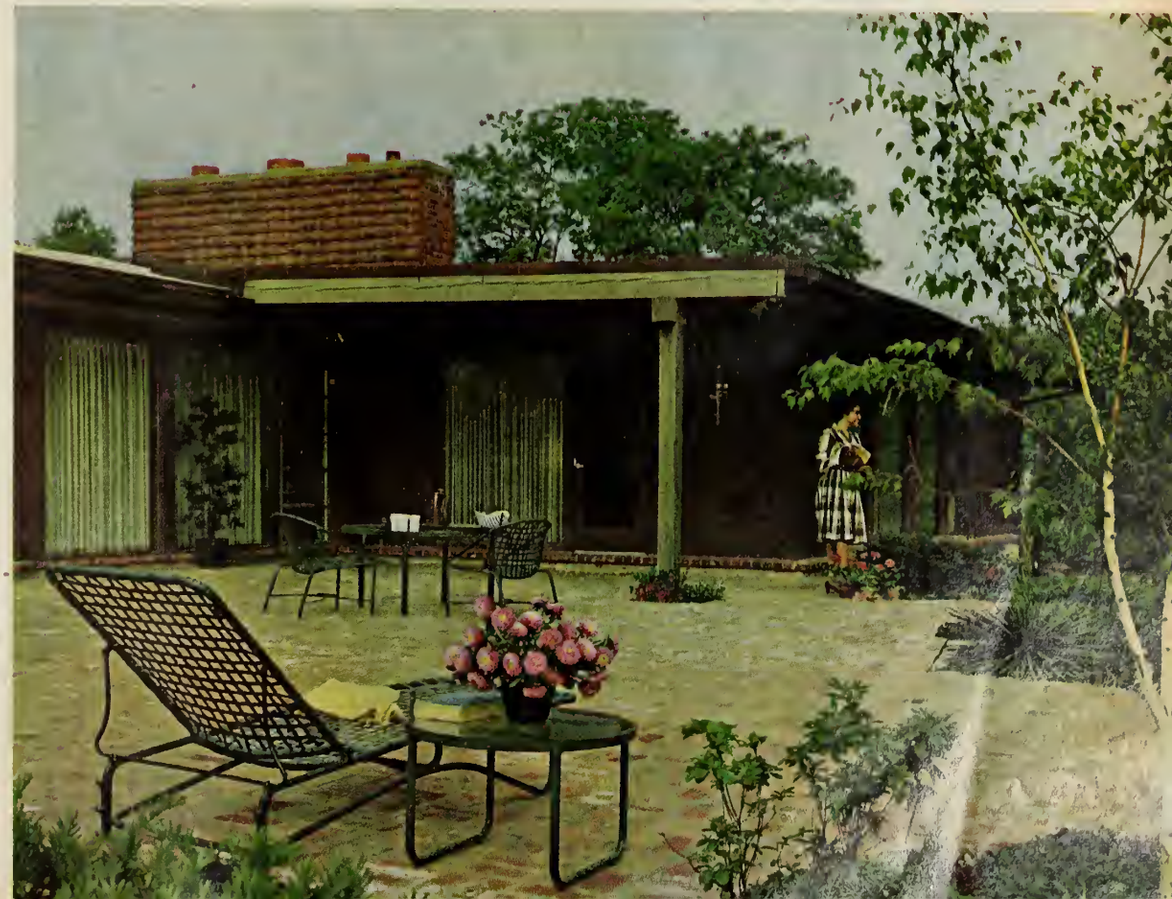
And the big, T-shaped room functions just as smoothly for day-to-day family living. Books, games, TV, records—all the makings for an evening at home—are right here.

ARCHITECT: ISADORE SHANK, A.I.A.



Photographs: Bill Hedrich, Hedrich-Blessing.





SAN DIEGO AND A MEXICO EXCURSION

The dark blue waters of the Pacific roll onto some fabulous stretches of ocean beach at San Diego and lap calmly around the shorelines of man-made bay islands created strictly for outdoor water fun. The region is a varied resort center. Without leaving San Diego County, you can sample the romance of an old Spanish mission trail, the delights of mountain resorts and mining towns, the wonders of the desert. On this tour by Travel Editor Paul Plawin, you can also include excursions to the fantasy world of Disneyland and cross the border to exciting Mexico. Remember to save some time for lazing on the beach, gliding over the bay in a sailboat, and just relaxing in the California sun.



Drawings: Ruth Strauss

San Diego. Built around one of the most spectacular natural harbors in the world, San Diego should be seen from the sea. For the best ship's-eye view of the city and a wave's-length look at the Navy's Pacific Fleet ships, take the one- or two-hour harbor cruise from a downtown pier off Harbor Drive, (two-hour tour, adults, $3; children 5-12, $1.50; one hour, half these rates).

Tours of Navy ships at the Broadway Pier downtown are available on most weekends. You can also visit the Marine Corps Recruit Depot on Friday afternoons for a colorful regimental recruit parade.

While you're on the waterfront, visit *The Star of India,* oldest square-rigged merchant vessel afloat and permanently berthed a few steps north of the harbor cruise dock. It's a floating museum of antique nautical gear.

For a poor man's harbor cruise, catch the ferry to Coronado Island across the bay from downtown San Diego (45c per car; 10c per passenger). The trip takes only six minutes, but you'll get a glimpse of Navy ships and the city's waterfront as you cross.

On Coronado, a charming resort community, are clean, wide public beaches and the Del Coronado Hotel, worth a visit even if you don't plan to spend the night in its Victorian splendor. In the Crown Room, with a massive vaulted ceiling of lemon oiled sugar pine, dinner is a regal experience.

Schedule a day, or a good part of one, for a visit to Sea World (adults, $2.75, children 13-17, $1.50; 5-12, $.75)—a fascinating assembly of aquatic exhibits and entertaining shows—in Mission Bay Park. The animals here are all actors. Featured are trained dolphins, seals, penguins, a surprisingly polite killer whale named Shamu, and an elephant seal which looks like a cross between a de-trunked elephant and a giant slug.

In the Japanese Village section, for $2.49, an Ama girl will dive to the floor of a shallow pool—in full sight through an underwater viewing port or from the deck above—and retrieve a pearl-bearing oyster for you. And there is a seal pool where the kids are invited to feed the frolicking animals fish fresh from coin-operated vending machines.

If you'd like to try your hand at fishing and other water sports, Mission Bay Park and Shelter Island are the places to go. Charter launches leave daily from several piers in these municipally owned water recreation areas on trips into the Pacific—for marlin, tuna, albacore, yellowtail, and other game fish (from $8.50 per person, including tackle; children under 13, half fare).

You can rent a variety of pleasure boats and water skiing equipment here. The swimming beaches, boat launching ramps, and shore fishing spots are clean and inviting; lifeguards are on duty daily during the summer. And there are attractive hotels in neo-Polynesian settings—like Vacation Village, the Islandia, and Bahia at Mission Bay; the Shelter Island, Half Moon, and Kona inns on Shelter Island.

For a change of pace from the world of the sea, follow the Scenic Route or Don Diego points of interest signs to Old Town, restored heart of San Diego, where you can tour historic buildings and browse in craft shops; the Presidio, a lovely park and museum atop the hill where the original Spanish mission in California was settled in 1769; the restored Mission San Diego de Alcala in Mission Valley.

Don't miss Cabrillo National Monument at the tip of Point Loma, the promontory that shelters San Diego Bay from the Pacific. This is where Juan Rodriquez Cabrillo marked his discovery of the California coast in 1542. The lighthouse there, built in 1855, is now a showplace, and from its tower you'll have a panoramic view of San Diego Bay, the Pacific coast, and the mountains of Mexico to the south.

Tour the winding streets and stairstep topography of La Jolla, dotted with lovely homes, gardens, quaint and chic shops and apartments. You might want to spend a day at La Jolla Cove or Scripps Pool, small sheltered beaches, or visit La Jolla Caves, carved into the cliffs by the ocean.

Whether you're big on zoos or not, a trip to the world-

famous San Diego Zoo is worth every hour you can spare (adults, $1.25, children under 16, free). The 5,000 exhibited animals range from hummingbirds to elephants and giraffes. They are housed in exciting ways, usually without bars or cage wire to obstruct your view and in landscapes much like their native habitats. In the Children's Zoo section (adults are welcome, too, but you'll have to bend to make it through the pint-sized gates and arches), the kids can walk among tame animals, and pet and feed them. Take the 45-minute bus tour (adults, $.75; children under 12, $.25) for a grand but cursory view of the exhibits.

The zoo is in Balboa Park, a lush woodland park of 1,400 acres in the heart of the city. It's also the locale of picnic grounds, sports and recreation facilities, theaters, and a number of fascinating museums, such as the House of Charm with its elaborate model railroad layouts, the Museum of Natural History, and Aerospace Museum, full of space hardware that will delight the kids.

For dining, try Lubach's or Anthony's Fish Grotto on the Embarcaderodowntown.(From Anthony's glass-walled dining room over the water you have a splendid view of activities in the harbor.) Mr. A's atop the Fifth Avenue Financial Center is a plush spot for dinner and a sparkling view of San Diego at night.

Missions and mountains. Start a circle tour from San Diego by driving north to Oceanside—a popular sportfishing port—then east on California 76 to Mission San Luis Rey, restored to its original architectural grace and still serving a congregation. Its historic charm and bougainvillaea-draped promenade make it a popular place for weddings. Black-robed Franciscan padres conduct tours of the buildings, grounds, and small museum. There are picnic tables in a shaded grove on the expansive front lawn, an idyllic place for a lunch stop. Farther east is the Pala Mission, which still serves the Indian community.

Your next stop is Palomar mountain and the famous Palomar Observatory atop it. On the steep, winding drive up the mountain, you'll have a great view of the surrounding countryside. In the observatory you can climb to a glass-enclosed deck and see the 500-ton telescope that astronomers use to study the heavens, while a recording explains its workings.

A wonderful way to end your day on the road is to stop for the night at Warner Springs Guest Ranch on California 79 about 11 miles north from 76. You'll live among wild West history at the ranch, where your family's quarters will be an adobe-walled cottage complete with fireplace, woodpile (the night air at this elevation is crisp), and all modern conveniences. Nearby are old Indian trails and the remains of the Butterfield Stage Station. Meals are served in the main lodge, but take the breakfast ride at least once during your stay. For $3.50 per person, you leave on horseback at 8 a.m., ride out to a chuckwagon breakfast party, and return to the stables by 10:15 a.m. Life here is so refreshing, you'll be tempted to stay on and on.



The desert. Next, head east on County Road S3 to Borrego Springs at the northern end of the vast Anza-Borrego Desert State Park. As you drive over the San Ysidro Mountains, you will be struck by the stark contrast between the rolling hills and pastures on the west and the vast, brown flatland that stretches before you as you top the ridge overlooking the desert and Salton Sea, 30 miles to the east.

At Borrego Springs, you'll find a number of resort motels, a ranger station, and campgrounds where you can take in campfire programs and lectures on desert life and make guided forays into the desert on foot or in a rented jeep.

From Borrego, follow California 78 west to Julian, once a mildly roaring gold-rush town in the Volcun Mountains. Now you'll find a museum containing relics of the mining days and the abandoned Eagle Mine, where tours are conducted during the summer.

From Julian, follow 79 south through the forests of Cuyamaca Rancho State Park to U.S. 80 and Interstate 8 back to San Diego. There are several campgrounds in the park, and on a brief stop you can visit the Indian exhibit at Camp Cuyamaca.

Plan a day for a visit to Disneyland, one and a half hours north on Interstate 5. On the way you can visit Mission San Juan Capistrano—where legend has it the swallows return each March 19—or you can relax at one of the beaches along the coast.

Mexico. Take one or two days for a change-of-pace excursion to Mexico. Tijuana is just 20 minutes south of San Diego, and crossing the border for a stay of less than 72 hours requires no formalities. However, you should carry some identification (your driver's license will do) and purchase short-term Mexican auto insurance (about $3 a day) at offices on either side of the border.

Take a good map with you—obtainable at hotels and motels in San Diego or from the San Diego Visitors' Bureau—because streets in Tijuana are not well marked.

Most of the shops you'll want to visit are in an eight-block area along Revolucion Avenue. If you need assistance or information, stop by the Tourist Information Booth, a glass tepee on Revolucion between Third and Fourth.

Don't miss shops like Sara's and Tello's, which feature clothing, perfume, jewelry and and other imports at free-port prices; Tolan, a shop with a wonderful array of textile and ceramic handwork at astonishingly modest prices; the Inco glass factory, where you can watch glass blowers at work. Don't worry about language or money barriers; Tijuana Mexicans speak English and trade in U.S. dollars.

Tijuana has some good motels, like the La Sierra and the Country Club, and fine restaurants like Guillermo's or the Coronet with Mexican and continental cuisine and traditional entertainment that includes flamenco troupes and strolling musicians.

See a jai alai game at the Fronton on Revolucion. The players in this ancient Basque sport use long, arched straw mitts to fling a hard ball against a wall. It's like a superfast handball game and is a popular sport for betting, as are the horse and dog races at the Agua Caliente racetrack. All these sports are year-round events.

The bullfights every Sunday throughout the season (April to October) at either the downtown or the oceanside bullring are marked by great pomp and excitement. Tickets cost from $3 to $11; best seats are on the shady side of the bullring. The bull rarely avoids death in the afternoon, so if you have a weak stomach, think twice before going. Whether or not you go, *the* place to be before and after the bullfights is the patio cafe of the La Sierra Motel near the downtown bullring. It's where matadors, mariachi bands, fans, and the beautiful people are.

The trip 60 miles south to Ensenada on the new coastal toll highway ($4.80 round trip) is a scenic delight. You drive along the crest of hills that plummet into the Pacific. At Ensenada the pace is relaxed, the food good, and the fishing unsurpassed. There is also a winery nearby which you can tour.

Getting there. To make the most of this family trip, consider fly-and-drive costs. Vacation package rental car rates begin at $88 per week including 500 free miles. To this, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to San Diego from New York, $735.76; Chicago, $533.08. You can arrange a fly-and-drive trip through an airline reservations office or your travel agent.

HOUSTON AND THE GULF

In a land laden with legend (from The Alamo and the Texas Rangers to Pecos Bill, the Southern equivalent of Paul Bunyan), you'd expect some special family vacationing. And on this tour by editor Peter Lindberg, from Houston down the Gulf of Mexico and back through the highlands, you'll find just that: the hypnotic spell of great sand beaches stretching for miles; the color and south-of-the-border spice of Mexico; Texas-size attractions like the gigantic Astrodome, the space-age maze called NASA—and in April, HemisFair, world exposition set in inviting San Antonio.

It's a trip where you can spar with curling green breakers, fish for torpedo-like sailfish, explore a swirling, crowded Mexican market —or simply laze away an afternoon on the deserted dunes of Padre Island, where the loudest noise is the cry of wheeling gulls.



Houston. Named for one of Texas' most illustrious frontiersmen, Houston has come a long way since 1836, when it was just a wide spot on Buffalo Bayou.

For an impressive first look at this largest city in the South, ride the elevator to the 44th floor of the Humble Building; from its observatory, you'll have a 30-mile panorama of the 446-square-mile city.

While you're downtown, take a walking tour, starting with historic Allen's Landing, where Houston began (now two acres of landscaped park). Five times a day, the paddle-wheeler *Laura II* leaves here for a leisurely cruise along the overgrown banks of Buffalo Bayou, past crumbling old docks to the busy Turning Basin and its ocean-going boats. (Admission: adults $2; children $1.)

Three blocks from the landing, take a turn around Old Market Square, holdover from Houston's wilder days as a bayou town. In its many vintage buildings, you'll wander through import shops, galleries, and old-West beer gardens. You can snack on imported cheeses, Danish treats —or sample one of 40 Belgian sandwiches. Evenings, the square really turns on the entertainment, from banjo singalongs (at The Plantation) to French-style carryings-on (at the Bastille).

Nearby lies the startling new Civic Center, crowned by the massive-columned, red-carpeted Jones Hall for Performing Arts. (Free daily tour; advance reservations needed.) In this same cluster is Houston's famed Alley repertory theater.

Before you leave the downtown area, drive along Westheimer Boulevard to Antique Row, five blocks of early homes converted to antique shops. On weekends, you can browse American and European antiques, arranged outdoors on the shady sidewalks.

Beyond downtown, Hermann Park's 600 acres hold some unusual outdoor attractions. The Zoological Gardens is guaranteed to delight children; along its canopied walkways, you'll visit a tropical bird house, where 200 brightly plumed birds fly free in a jungle setting. Then there's the captivating Children's Zoo, the almost too well-stocked Reptile House, and even a Hippo House. For a finale, take a woodsy ride around the park lake on a puffing zoo train.

Among other Hermann Park musts are: the Museum of Natural Science (fossils to spacecraft); Baker Planetarium and its spectacular celestial displays; the Houston Garden Center, boasting a 3,000-variety rose garden.

Out Old Spanish Trail rears one of Houston's biggest draws—the 9½-acre Astrodome. The roof of this gargantuan arena and exhibition hall measures 640 feet across and hangs 200 feet above the carpeted field—high enough so it can produce its own rainfall (on order only). Here whole seat sections wheel smoothly around, a 362-foot-long scoreboard "paints" electronic pictures, and 2,000 floodlights turn night games into day. (Four daily tours: adults $1; under 6 free.)

A short drive away, take time out for Westbury Square, an intriguing new-old "village" of brick walkways edged with 50 shops specializing in the unique—candles and art works to imports and clothes. Eating possibilities run from an early-times ice cream parlor to an inviting Spanish-style restaurant.

Since the list of Houston assets is long, you'll want to give priority to some like these: a drive to the Port of Houston—third largest in the U.S.—and a free, two-hour cruise of its ship-packed sea channel; San Jacinto Battleground, Mexican showdown site with a gleaming, 570-foot stone tower and observatory-museum (plus the *U.S.S. Texas* battleship-museum); the arresting (and justly renowned) Museum of Fine Arts.

For eating, you can pick your dish—or country. Seafood is an obvious good bet (Gaido's to the Chez Orleans). For foreign fare, try Tokyo Gardens (with a Kabuki show), the India-like Safari, the exotically French Maxim's—or the very British Red Lion. Steak eaters do well at several places, from the Sir-Loin

House to Ye Olde College Inn. Cafeterias rate high in food and atmosphere—especially the gay-90's Piccadilly or the Spanish Romana (one of the excellent Luby's chain).

NASA. Twenty-two miles south of Houston sits the 1,600-acre Manned Spacecraft Center—the control center for our manned space missions and training base for astronauts. Outside its auditorium, one of 30 trim buildings on the well-groomed grounds, you can inspect a cluster of missiles. Inside, there's more space hardware, displays of space food, models of launch vehicles—even the spacecraft that carried astronauts into space. Films run every 30 minutes in the comfortable theater. Open Sundays, 1 to 5 p.m., weekdays by appointment.

Along the Gulf. Since the days when it was ruled by pirate Jean Lafitte, *Galveston* has been an exciting port town. Today, instead of square-rigged schooners and rowdy buccaneers, you'll find towering gray Navy carriers and sleek destroyers, a "mosquito fleet" of shrimpers—and 32 miles of wide, sandy beach.

Some of the best surfing and swimming is just off the great seawall that runs ten miles in front of a string of seafood spots, shell shops, and hotels (one built on a pier over the breakers). To make a comfortable day of it at the beach, fit yourself out with a rubber raft, beach chairs, and a bright umbrella. For special rides, try a chugging beach scooter, a horseback jog along the surf, a free, 20-minute ferry-boat trip to Bolivar—or a bobbing cruise in a rental sailboat.

Serious shore fishermen head for the less-crowded South Jetty, which runs seven miles out into the turquoise Gulf waters. From Pier 18 and 19, trollers drone out to deep-sea hunting grounds (about $3.50 for four hours), and the *Texas Star* begins its two-hour harbor tour (adults $2; under 12, $1).

You can be sure of a first-hand look at sea denizens in Sea-Arama, a handsome contemporary aquarium where porpoises put on a frothy, horn-punctuated show—and huge turtles, sea bass, and rays trade stares with you through the glass of the main tank. (Admission: adults $2.25; 6-11 years, 95 cents.)

To help you explore the rest of Galveston, there's an excursion train that winds 15 miles by the docks, the baroque Bishop's Palace, and the remains of Fort Crockett. (Admission: adults $1; children 50 cents.)

On your way down the Gulf, you'll find several change-of-pace stops. One is Port Lavaca's beaches, their high curling breakers a magnet for surfers. Closer to Corpus Christi sprawls 47,000-acre *Aransas National Wildlife Refuge,* sanctuary for the nearly extinct whooping crane. Its well-marked roads snake under oak trees often decorated with roosting birds; at the 40-foot wooden observation tower (complete with telescope), you can eavesdrop on the flocks of shore and water birds. (Admission: $1 per car.)

Corpus Christi land. In Corpus Christi, you get a taste of the tropics—and a full measure of Gulf of Mexico magic. Palms and luxuriant flowers brighten its streets, from the elegant Ocean Drive on down to the new municipal marina. Set against the downtown skyline, the palm-dotted marina is the center for water fun in several varieties: a two-hour paddlewheeler cruise of the shipping harbor, where gulls feed from your hands as you skirt hulking freighters (adults $2, children $1); a half-day's voyage for trout or redfish in teeming bay waters ($5 or so); sailing jaunts on the sheltered bay in pint-size sailboats ($4 an hour). A nearby swimming beach gives you a view of the marina action—and a chance to cool off.

When it comes to food, Corpus Christi makes the most of its ocean location; sea dishes run the gamut from snapper amandine to flounder and jumbo shrimp at places like the smartly nautical Ship Ahoy.

Ten minutes to the north lies Port Aransas, haven for deep-sea fishermen. Just wandering its crowded, gull-trimmed docks and shops is an adventure. For most, though, sailfish and tarpon are the big lure; for others, it's surfing in what's called the best "soup" on the Gulf.

Padre Island. It may begin next door to Corpus, but 110-mile-long Padre Island is still primitive beach country. Much of it—especially 80 miles of National Seashore—remains as it was when cannibal Karankawan Indians roamed its wild dunes and endless shoreline.

To camp or picnic, just pick a likely section of sand and unpack; except for fishermen, your visitors are most apt to be graceful frigate birds or an inquisitive ghost crab. From the Seashore southward toward Port Isabel, the road is the beach, and you'll need four-wheel drive for exploring trips. Since Mansfield Ship Channel bisects Padre Island, you'll have to start expeditions of the lower half of the island from Port Isabel. (Check this—and other extended trip plans—with park rangers.)

Bob Hall pier, jutting into the Gulf, furnishes fine shore fishing. But for the most part, Padre Island is a place for hiking silent wind-carved dunes or beachcombing along the surf-pounded sand.



Maps: Hugh Stirts

The border country. On this tour, you can start your Mexico expeditions from two key cities: Laredo or Brownsville.

Laredo, once the capital of a short-lived republic, still shows a strong dash of history (especially at the old Capitol and the church on San Agustin Plaza).

Just across the Rio Grande, Nuevo Laredo has all the traditional Mexican delights—bullfights, clubs, and celebrations—plus one more item: its reputation as a shopper's paradise. In the shops, markets, and sidewalk stalls, you will pass a hodgepodge of handmade glassware, pottery, cloth, furniture, and most anything else you can imagine.

Because Nuevo Laredo's shops are so plentiful and the streets so packed, you may want to make several short excursions. Bridge traffic often is the standstill variety, so consider walking over from Laredo (five cents a head).

Brownsville, besides its ample helping of pirate- and bandit-studded legends, boasts a double-barreled appeal—it's the jump-off point for the uncrowded Padre Island resort of Port Isabel, and it's just across the Rio Grande from Matamoros.

Here, where you get the color and smell of the tropics (courtesy palms, citrus and banana trees), you also find some of the Gulf's coolest breezes. And because Matamoros is one of Mexico's big cotton centers, it makes a fascinating drive—from the Plaza de Hidalgo's frantic markets to the calmer side streets. For short visits, you can walk across (a nickel) or bus it (ten cents). If you drive into Mexico, be sure to get adequate Mexican insurance.

The Highlands. The mesquite- and oak-dotted uplands of central Texas—sprinkled with rivers and lakes—are a surprise to many visitors. Equally startling are this region's key cities: *San Antonio,* a town that's bound to charm you with its River Walk, Alamo, Spanish Missions, and in April, HemisFair (all described in detail in our August 1967 issue); *Austin,* Texas capital graced by rolling hills, fringed by lakes, and filled with history of the frontier. In between, attractions run from the President's ranch by Johnson City to Aquarena Springs (at San Marcos), with its hypnotically staged water show, glass-bottom boats, and high-riding gondolas.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12 to Houston from Chicago, $319.71, Boston, $497.52.

MIAMI AND THE SEACOAST

From an airliner at 30,000 feet, it's a corridor of green, flanked by the Atlantic on one coast, the Gulf of Mexico on the other, and dotted all over with mirror-bright ponds and lakes. On the ground (which often trails off unexpectedly into water), Florida is even greener, more tropical—with countless palm trees and flowers to prove it.

And although Florida's beaches and ocean fishing grounds are prime draws for many visitors, this tour by editor Peter Lindberg shows you a rich array of family vacation adventures: an awe-inspiring tour of the outer-space world of Cape Kennedy; side trips through the mysterious Everglades National Park (where alligators do slide right by the trails); an idyllic stopover in the West Indies-flavored port of Key West. It's a trip where you'll have to pick and choose with care to cover the ground, even in two weeks.



Miami-land. When you first glimpse the huge, lavish hotels lining eight-mile-long Collins Avenue, you may decide Miami Beach has—as one lyric puts it—gone about as far as it can go. But there's more to this water-edged city than the glitter of swank shops and the shine of mink stoles (worn even when it's 80 degrees). Like much of Florida, Miami Beach (and Miami, its sister city across Biscayne Bay) is a tamed-down piece of tropical shoreline—which means you are never far from unique outdoor delights.

Beaches run from those belonging to ocean-front hotels to 33-acre Haulover Beach Park, where you can roam wide stretches of sand, try your hand at pier fishing, hire a charter boat, or join a more modest party boat expedition ($5 for four hours). From Haulover and other piers, your catch is always a surprise; it may be a delicately colored sea trout, a husky snapper, or even a wandering barracuda.

Yet scattered among the palms and the scarlet bougainvillaea decorating Biscayne Bay, you'll discover some unusual animal-watching as well. Miami's Crandon Park zoo boasts 1,000 animals, a walk-through aviary, and a children's section. For specialized animal-viewing, visit spots like Serpentarium (snakes, crocodiles, and iguanas), Parrot Jungle and its brightly plumed birds (some who ride bikes), and Monkey Jungle, with skin-diving monkeys and a 600-pound gorilla.

Out on its own island is Seaquarium, circus-like display of sea denizens. There you can watch sharks crunch down their dinners—or review some well-trained porpoises (including TV's Flipper). In a monorail, you'll glide over the 55-acre grounds, and in the lagoon, a hydrofoil waits to give you a 30-mile-an-hour "flight" over Biscayne Bay. (General admission: adults $2.10; 6-14, $1.10.)

Another water ride gets you well-acquainted with Miamiland in short order. From Pier 5¼, the 60-foot *Island Queen* takes you on a 2½-hour turn around the bay, past waterside estates, marinas and docks (adults $2; children $1.30).

In Miami, history comes in several varieties too. At Vizcaya, magnate John Deering's Italian Renaissance palace, you'll stroll ten acres of formal, well-groomed gardens, and browse ancient art objects and furnishings. The Museum of Science furnishes you a good look at Florida's animal history, along with a glimpse of outer space via its planetarium show. For a dip into history—Spanish style—you should tour the hushed halls of the twelfth-century Ancient Spanish Monastery.

To know Miami well, there are several drives you won't want to miss: Biscayne Boulevard, a palm-and-shop-studded street skirting the bay; Collins Avenue, which bisects an ornate strip of hotels and shops (from permanent art auction centers to shuck-your-own pearl "lagoons"); Lincoln Road Mall, a fountain-trimmed row of shops, complete with trams to get you around.

Any city that sleeps its guests in style generally does well by their appetites too—and greater Miami is no exception. Its 4,000 some restaurants turn out everything from Kobe Steak (at the Japanese Steak House) to steamed stone crabs (elegantly served at Joe's Stone Crab). Here even steak houses offer a tempting lineup of seafood, from pompano to snapper. Late-hour snacking is good, especially at places like Wolfie's.

East coast beaches. From Fort Lauderdale north, the beaches begin in earnest—great strips of surf-sculptured sand. On AIA the first big one you hit is the six-mile-long expanse at Fort Lauderdale; 180 acres of this belong to Birch State Park—which also offers you a train ride through a jungle-like glade. Before you leave, you can pick from several change-of-pace treats in Fort Lauderdale: a 30-mile cruise in jungle and everglades on the appropriately named *Jungle Queen* (adults $3, 6-12, $1.50); a three-hour voyage along the intracoastal waterway on a paddlewheeler (adults $3.50; children half); a visit to Ocean World.

Of the many east-coast stops, there's one that's easily worth a side trip: Lion Country, a

piece of the African veldt transplanted to a 640-acre preserve just west of West Palm Beach (a gracious resort spot itself). Here you drive right by some 130 lions—with your windows rolled up, of course. You'll find them snoozing in the road, rolling in the grass nearby, or just fixing you with a yellow-eyed stare. Elsewhere on the grounds, you'll idle by a tank-like white rhino, an elephant family, and assorted giraffes (adults $2.50; 3-14, $1.25).

Above Palm Beach, the coast takes on a wilder, less tamed look. For campers, there are the 85-foot sand dunes and the pine groves of Dickinson State Park, a 9,000-acre retreat near Stuart. For fishermen, there's top-rated snook and sailfish hunting—and waiting by Jensen Beach bridges and piers are some very obliging sea trout.

All along AIA, you'll come across long pieces of golden beach, edged by narrow turn-off lanes; except for the gulls and an occasional fisherman, they're nearly deserted. At the Cape-Cod-like House of Refuge (formerly a shelter for shipwrecked seamen), there's a memorable collection of ship relics. If you're a citrus fancier, Indian River's succulent groves mean by-the-sack bargains—and all the juice you can drink for ten cents.

Cape Kennedy. From the shadow of the Saturn V hangar, the U.S. space program suddenly becomes an awesome, almost incomprehensible project. Out of the vast building, towering 525 feet above the placid marsh flats, will come the three-man moon probe. The huge doors will open, and the giant transporter (with treads bigger than semi-trailers) will trundle the rocket three miles to its pad. There the ponderous missile, taller than the Statue of Liberty, will hurl itself spaceward.

As you drive through the rest of "The Cape," you'll sense the drama woven into this 25-square-mile chunk of tidal flat, where egrets (and a few buzzards) hop unconcernedly about. On the two-to-three-hour trip, you'll discover landmarks like these: the gantries and hangars that launched the first astronauts; the city-like complex of NASA buildings; the Air Force Space Museum, where you can stop and walk among a dazzling display of rockets, from the crimson Snark to a 90-foot Atlas.

Be sure to start your tour at the Visitor Information Center. There you can examine spacecraft and hardware, inspect a cutaway model of the Saturn V—and see films dramatizing the spaceport missions. (Two-hour guided bus tours: adults, $2.50; 12-18, $1.25.)

Lakes and groves. Between Cape Kennedy and Florida's west coast, you'll pass some really inviting scenes—Orlando, a 54-lake city set among fine inland fishing lakes, and the central ridge country, with its groves of citrus trees.

Then there's Cypress Gardens, lush, tropical home of precision water-ski acts. To get the most from your visit, see it three ways: from the lakeside stands, where you'll watch fast-paced shows (bare-foot skiers to high-flying kite riders); from the quiet canals in an excursion boat that weaves among tall cypress; from trails that wind through moss-hung trees and formal gardens (adults $2.50; 12-16, $1.25).

The west coast. For all its fabled sunshine, St. Petersburg is more than just a place in the sun. Its gulf-side beaches give you the choice of some lively sea antics, porpoise-style, at the Aquatarium—or a touch of the South Seas at Tiki Gardens. Fishing is good at several piers, or out on deep-sea expeditions for sailfish or grouper (party boats, $3.50 a day). Would-be sailors (and landlubbers too) will be intrigued by the detailed replica of the *Bounty*, 1789 mutiny ship moored in Tampa Bay.

Most impressive of the area's several gardens is Busch Gardens, a nearby Tampa attraction. There an outdoor escalator whisks you to a sixth-story rooftop overlooking the 17-acre grounds; before you're through, you'll have walked a maze of jungle-like corridors, decked with flamingos and other bright tropical birds (many roaming free). At the other side of the grounds, a monorail puts you eye-to-eye with inquisitive giraffes as it skims over a sprawling African-veldt preserve.

South at Sarasota, you suddenly discover yourself in the land of the big tent. Sarasota's Circus Hall of Fame gives you a vivid peek at circus history (marionette shows to big-ring acts). At John Ringling's estate, you see another side to the circus world: his rococo Venetian-style palace; his huge, villa-like museum (housing rare paintings); a classic, candle-lit theater; a wagon-filled circus museum.



But this same coast holds some get-away adventure, too—from a walk on the shell-packed beaches of uncrowded Sanibel Island to a leisurely, six-day cruise up the Caloosahatchee River on a shanty boat ($139 a person). And while you're in everglades country, don't miss a racketing, sliding ride on an air boat; you'll literally "fly" through swamp grass, over damp sand bars, and along narrow canals ($1.50 each average).

Everglades National Park. It's like stumbling abruptly into a primeval landscape, trimmed with file-sharp saw grass, lofty palms—and countless egrets. Fish swirl unexpectedly in dark pools and alligators glide, torpedo-like, along shaded canals (often right by your feet). From the distance comes the bass roar of a bull alligator; up close there's the screech of a water bird, or a mysterious flurry in the brush. On a nature trail like Anhinga, elevated boardwalks put you in the backyard of these glades inhabitants.

But this 2,000-square-mile wilderness has many faces. West at Everglades, you're in the fabled Ten Thousand Islands; southward, you'll see rare palms, great mahogany stands—and more jungle creatures. You can rent bikes, ride trams and excursion boats—or captain a rented houseboat. (Admission; $1 a car.)

The Keys. It starts at Key Largo like any seacoast drive. But by the time you hit Key West, 100 miles south, you've crossed 42 coral islands on the most spellbinding water drive in the country. At one point, where a bridge winds seven miles over the emerald ocean, you begin to wonder if there's anything *but* water.

All along the Keys, charter and party boats take you to the Gulf Stream for sailfish, or you can stalk tarpon or bonefish in the tidal flats in a rental boat ($10 a day and up). Or, join a skin-diving expedition to brilliantly colored reefs (about $12). Pennekamp State Park preserves 75 square miles of this fascinating reef for divers—and passengers on glass-bottom boats ($3 to $5).

Key West—a sleepy, narrow-streeted port with a hypnotic Caribbean air—is a fitting end for the Keys drive. Start with a 1½-hour-long tour on the Conch Tour Train, hitting the high spots—from Ernest Hemingway's mansion to the teeming shrimp docks. Later, follow Pelican Path through the old section of town; finally, tour the off-beat downtown shops, inspecting the fragrant Key West fabric plant, a one-man cigar factory, a sandal factory, or the well-stocked turtle kraals. For a special treat, visit Hemingway's handsomely decorated home, where descendants of his 50 cats still laze in the shaded yard.

Shell-lover or not, you'll be hard-pressed to leave without a graceful Conch (pronounced Konk) or a regal Queen's Helmet. And don't miss two other Keys specialties: Key lime pie and Conch chowder.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12 to Miami from New York $360.48, Chicago, $375.72.

Fourteen of our own favorite recipes



crab supper pie

By Rita Holmberg, Food Editor

A recipe has to "have it" when it's put through our Test Kitchen paces—otherwise, you won't be seeing it in Better Homes and Gardens.

Every now and then, though, a recipe "has it" to such a degree that we give it a prized VG to X—Very Good to Excellent—rating, and a chain reaction takes place. You spot it first at Taste Table, when testers give their unanimous, enthusiastic approval (as though, out of the blue, the editor has said: "Take an extra week's vacation!"). Then someone starts making copies of the recipe because several of us want to fix it at home. And, before you know it, you're hearing glowing reports of what a hit the dish was, and how many friends asked for the recipe.

You won't even have to ask! Here on these pages you'll find fourteen of our own favorite recipes. We hope they'll earn *your* VG to X rating. **Crab Supper Pie** is actually a take-off on Quiche Lorraine. The combo of canned crab meat, Swiss cheese, eggs, and light cream is mildly seasoned, topped with sliced almonds for pleasant crunch. The **Blender Hollandaise** you'll make again and again. Its flavor and consistency are great! As one of our tasters put it: "Worth buying a blender for!" And for a really grand finale: **Coffee Ice Cream Eclairs,** with a bold-flavored, pecan-studded sauce. *Recipes on pages 105 and 117*



blender hollandaise

coffee ice cream eclairs



Photographs: Frank and Dorothy Williams



grasshopper cake

The "proof of the pudding" continues to be in the eating, and the downright goodness of a dish is always our most exacting requirement. But we also know that you're interested in recipes that are practical, that fit your family's living pattern. You want recipes for jiffy meals, but also ones for use when time and effort are not at a premium. Try these three!

Grasshopper Cake is not a quicky. You make a scrumptious chocolate chiffon cake, split it into layers, and fill with a fluffy whipped cream-gelatin mixture laced with white creme de cacao and green creme de menthe. It's the kind of dessert you can fix in advance and refrigerate, then serve without any last-minute flurry. It's richly chocolate, but cloud-light and most elegant.

Veal Scallopini requires only about 25 minutes' cooking after the cutlets are browned, so it might be considered "jiffy." You'll like the flavorful tomato-mushroom sauce with its accent of capers. Nice served over hot noodles. With a tossed green salad, French bread, and fruit and cheese for dessert, your family will think they're dining in Milan.

Our **Glazed Orange Rolls** take a little doing but they are well worth it. Their fine texture and delicate orange flavor will make your culinary rating soar.

Recipes on pages 98 and 131



veal scallopini





For buying information, see page 134

glazed orange rolls

tri-level brownies





citrus chiffon pie



curry salad

Exotic, hard-to-find ingredients in a recipe might constitute a challenge to some homemakers. We prefer another approach: a well-stocked cabinet of basic ingredients—a variety of mixes, instants, and assorted shortcut items—that make kitchen adventuring easy. No need then to run to a specialty shop for five items before even putting on your apron! The three recipes here illustrate our "basic" thinking:

Tri-level Brownies, as the name indicates, are three-layered bar cookies worthy of an elegant tea. Yet, you make them with standby staples like butter or margarine, flour, sugar, rolled oats, unsweetened chocolate. Chopped walnuts inside, perky nut halves atop.

For our **Citrus Chiffon Pie,** you use both the peel and juice from oranges and lemons, four eggs, sugar, salt, and gelatin—and voilã! Put it in a pastry shell, which you make from scratch or from a mix, and you have a showcase dessert.

That **Curry Salad** owes its success to the dressing. You simply dissolve a little beef-flavored gravy base in hot water, blend it into mayonnaise or salad dressing, and add garlic, curry powder, worcestershire sauce, and hot pepper sauce. It's wonderful on a combination of mixed greens, spinach, artichoke hearts, and crisp radish slices. *Recipes on pages 104 and 155*







Favorite recipes for a dinner party

For a small dinner party or late supper, try this menu, starring some of our favorite recipes. You'll want to add it to your Better Homes and Gardens Cook Book—

Steak Diane
Blue Cheese-Bacon Potatoes
Parsleyed Carrots
Crusty Water Rolls
Lettuce Wedges with Dressing Trio
Nutmeg Cake
Coffee

Steak Diane, a West Coast favorite, is being featured on menus of top-flight restaurants all over the country. Here's your chance to fix it, with the same cook-at-the-table showmanship of a skilled maitre d'! Your guests will love the deep-brown-outside-pink-inside sirloin strip steaks, the zip of dry mustard, worcestershire, lemon juice, and chives, and the fluted mushrooms as garnish. They'll also approve of **Blue Cheese-Bacon Potatoes** as a lively change of pace from the usual baked potato with steak. Sour cream, blue cheese, and crumbled bacon are the simple "dresser-uppers." **Crusty Water Rolls** are tender-crisp, soft inside, "have more flavor than French bread," one of our testers suggested. (And *she's* a French bread fan!) Cap the meal with squares of light and spicy **Nutmeg Cake** with its caramel-coconut topping, and cups of freshly brewed coffee.

Recipes on page 109

Buying information, page 134



Photograph: Hopkins. Designer: Jean Ray Laury

PILLOWS THAT ARE ALL IN FUN

By Margo Garrity, Crafts and Home Sewing Editor

What delight children get from our playtime pillows! They're splashed with whimsical motifs as lighthearted and bright as a circus. Easy to make—just appliqué designs on machine or by hand. Use yarn and decorative edgings for details on figures, toys, and trees. Each six-inch square has a pocket where the attached figure fits.

Use them simply as pillows, as toys to take on a trip, or as framed pictures (minus the stuffing of course). Almost any fabric can serve as the background. For appliquéing, try a fabric with some "body" such as sailcloth, lightweight denim, or duck cloth. If the fabric seems too lightweight, back it with iron-on interfacing or stiffen with spray starch.

Start at upper right. A clown has fun anywhere, whether it's splashing in a tub, riding an elephant, balancing on a trapeze, or hiding in a tent. Bouncy little fellow (upper left) does all of his traveling first class—whether it's by air, land, or sea. Bird (lower left) flies from house, to nest, to flower, and then away in the clouds. The lively little girl (lower right) fills all of her days by riding a horse, sitting leisurely at the breakfast table, taking her afternoon nap, or coasting in her favorite wagon.

Patterns are available in one set for all the pillows shown. For complete details on how to order, turn to page 140 and fill out the handy coupon.

Pick your nushrooms here.



e your
m soup rich
my, pick Campbell's
f Mushroom.

If you like your mushroom soup brown and beefy, pick Campbell's Golden Mushroom.

And your mushroom recipes here.

ed Chicken. In a heavy skillet, lbs. chicken parts in 2 tbsp. ng. Pour off fat. Stir in 1 can ll's Cream of Mushroom over; cook over low heat for tes or until chicken is Makes 4 succulent servings. m! Good!





Savory Pork Chops. Brown 6 pork chops (about 1½ lbs.) in a skillet. Pour off fat and stir in 1 can Campbell's Golden Mushroom Soup and ¼ cup water. Cover and simmer 45 minutes or until tender. Stir now and then. Serve with fluffy hot buttered rice. Makes 6 savory servings. M'm! M'm! Good!

: Sauce for Vegetables. Heat 1 pbell's Cream of Mushroom ir. Add milk if desired. Cook 2) oz. each) frozen green beans, inach, cauliflower, corn, or getables in unsalted water. our on soup sauce. 6 to 8 . M'm! M'm! Good!





Golden Gravy Burgers. Blend 1 can Campbell's Golden Mushroom Soup and ⅓ cup water. Heat, stirring now and then. Makes about 1½ cups gravy. Serve over hamburgers, beef, turkey, mashed potatoes, rice, or noodles to make an everyday meal something extra special. M'm! M'm! Good!

VEAL SCALLOPINI AND GRASSHOPPER CAKE

See page 90

Photographs: Photography, Inc.



Grasshopper Cake

Layer upon layer of chocolate and mint makes this party perfect—

Cake:

4 squares (4 ounces) unsweetened chocolate, melted
½ cup boiling water
¼ cup sugar

• • •

2¼ cups sifted cake flour
1½ cups sugar
3 teaspoons baking powder
1 teaspoon salt
½ cup cooking oil
7 egg yolks
¾ cup cold water
1 teaspoon vanilla

• • •

7 egg whites
½ teaspoon cream of tartar

Thoroughly blend melted chocolate, the boiling water, and the ¼ cup sugar; cool. In large bowl, sift together flour, the 1½ cups sugar, the baking powder, and salt. Make a well in the center of the dry ingredients and add oil, egg yolks, the cold water, and the vanilla, *in order given*. Beat till very smooth. Stir the chocolate mixture into the egg yolk mixture. In large mixer bowl, beat egg whites with cream of tartar till very stiff peaks form. Pour chocolate batter in thin stream over entire surface of egg whites, gently folding to blend. Turn batter into an *ungreased* 10-inch tube pan. Bake in slow oven (325°) for 1 hour and 5 minutes or till cake tests done. Invert pan; cool thoroughly.

Grasshopper Filling:

1 envelope (1 tablespoon) unflavored gelatin
¼ cup cold water
⅓ cup white creme de cacao
½ cup green creme de menthe
2 cups whipping cream

Soften gelatin in the cold water. Heat together creme de cacao and creme de menthe. Add softened gelatin; stir till gelatin is dissolved. Cool. Whip cream; fold in gelatin mixture. Refrigerate 15 minutes.

Split cooled cake crosswise into 3 layers. Spread whipped cream filling between layers and on top of cake. Refrigerate till serving time.

Veal Scallopini

Special sauce, tender veal, and buttery noodles add up to a superb main dish—

1 tablespoon all-purpose flour
½ teaspoon salt
Dash pepper
4 veal cutlets (about 1 pound)
¼ cup cooking oil
½ medium onion, thinly sliced
1 1-pound can (2 cups) tomatoes
1 3-ounce can (about ⅔ cup) sliced mushrooms
1 tablespoon snipped parsley
1 tablespoon capers, drained
¼ teaspoon garlic salt
¼ teaspoon leaf oregano, crushed

Combine flour, salt, and pepper; dust veal lightly with flour mixture. In medium skillet,



brown meat slowly in hot oil. Remove meat from skillet. Add onion to same skillet; cook till tender but not brown. Add meat, tomatoes, undrained mushrooms, parsley, capers, garlic salt, and oregano. Cover; simmer for 20 to 25 minutes or till veal is tender, stirring occasionally. Arrange veal on hot buttered noodles; top with sauce. Makes 4 servings.



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What's more, a little 6-ounce can contains the juice of 7 fresh oranges, makes a big pitcherful.

Get your favorite brand— it costs only pennies a glass.



MAKE-AHEAD SALADS

Right: Ham 'n Potato Salad

Cook-of-the-Month winner—

Ham layer:

1½ cups diced cooked ham
¼ cup chili sauce
1 tablespoon finely chopped onion
2 teaspoons prepared mustard
1 teaspoon horseradish
1 envelope (1 tablespoon) unflavored gelatin
½ cup water
½ cup mayonnaise or salad dressing

Combine ham, chili sauce, onion, mustard, and horseradish. Soften gelatin in water; cook and stir till gelatin is dissolved. Stir ¼ *cup* of the gelatin mixture into mayonnaise; add to ham mixture, mixing well. Turn into 10x6x1½-inch baking dish; chill till almost set. (Keep remaining gelatin at room temperature.)

Potato layer:

2 cups diced, cooked potatoes
½ cup diced celery
2 tablespoons finely chopped green pepper
1 tablespoon finely chopped onion
2 teaspoons vinegar
1 teaspoon salt
⅛ teaspoon pepper
½ cup mayonnaise or salad dressing

Combine all ingredients except mayonnaise. Stir remaining ¼ cup gelatin mixture into mayonnaise. Add to potato mixture; mix well. Spoon atop ham layer; chill till firm. Makes 8 to 10 servings. *Mattie M. Lake*
Robinson, Illinois



Photographs: Photography, Inc.



Below: Tomato-Bean Combo

½ cup dairy sour cream
¼ cup Italian salad dressing
1 1-pound can (2 cups) cut green beans, drained
2 medium tomatoes, peeled, chopped, and drained (about 1½ cups)
¼ cup finely chopped onion

Thoroughly combine sour cream and Italian dressing. Add beans, tomatoes, and onion; mix well. Chill 2 to 3 hours or till served. If desired, garnish with tomato wedges. Makes 3 cups salad or relish.
Mrs. J. Harvey Cameron
Jasper, Tennessee



Above: Frosted Fruit Mold

Two kinds of cheese top off this elegant salad—

1 3-ounce package lime-flavored gelatin
1 cup boiling water
1 7-ounce bottle (about 1 cup) lemon-lime carbonated beverage
1 8¾-ounce can (1 cup) crushed pineapple
1 banana, sliced
¼ cup sugar
1 tablespoon all-purpose flour
1 slightly beaten egg
½ cup whipping cream
¼ cup shredded sharp process American cheese
2 tablespoons grated Parmesan

Dissolve gelatin in boiling water; cool. Add carbonated beverage. Chill till partially set. Drain pineapple, reserving syrup. Fold drained pineapple and banana into gelatin mixture. Turn into 8x8x2-inch baking pan. Chill till firm. Combine sugar and flour in saucepan. Stir in reserved pineapple syrup and the egg. Cook and stir over low heat till thickened; chill. Whip cream; fold into egg mixture. Spread over gelatin. Sprinkle with cheeses. To serve, cut into squares. Makes 6 to 8 servings. *Mrs. Peter Nanni*
Rockford, Illinois

A "Towel Sandwich" Proves Dirt Can't Hide From New Intensified Tide!

(A Towel Sandwich?)



1. Nutty? Nope. It's another way to show you dirt can't hide from Intensified Tide. We took three dirty towels . . .



2. sewed all three towels all the way around— to make a towel sandwich.



3. Then dumped them in the machine with a regular wash and New Intensified Tide.



4. We unraveled the stitching when the wash was done. Outside towels? Clean, of course. Towel hidden inside? Surprisingly clean!



5. Results like this mean your whole wash has to be cleaner looking . . . and it is! Cleanest wash you can get. *Dirt Can't Hide from Intensified Tide . . . Strongest Tide in Detergent History!*

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Salud! Madeira! Designed for your good taste with élan...flair...and a touch of early California tradition. Romantic? Impetuous? Then Madeira is for you... on sunswept patios...or by candleshine. A 45-piece service for eight is only $89.95. A 16-piece service for four is $23.95. See it at fine stores everywhere. Ahhh...Madeira...From Franciscan with love.

Franciscan® earthenware

A product of INTERPACE



MAKE-AHEAD SALADS

Continued



Tokyo Turkey Toss

2 cups diced cooked turkey
1 1-pound can (2 cups) bean sprouts, drained
1 cup cooked rice
1 cup chopped celery
1 cup coarsely shredded carrot
2 tablespoons chopped green pepper
¼ cup French salad dressing
2 tablespoons soy sauce
¼ teaspoon salt
½ cup mayonnaise or salad dressing
½ cup slivered almonds, toasted

In large bowl, combine turkey, bean sprouts, cooked rice, celery, carrot, green pepper, French dressing, soy sauce, salt, and a dash pepper; mix well and chill. Just before serving, add mayonnaise and almonds; toss to mix well. Serve in lettuce cups; sprinkle each serving with additional toasted almonds, if desired. Makes 6 main dish servings.

Mrs. G. Malenke
Austin, Minnesota



Shortcut Frozen Salad

. 3⅝- or 3¾-ounce package instant lemon pudding mix
. pint frozen dessert topping, thawed
½ cup mayonnaise or salad dressing
tablespoons lemon juice

• • •

1-pound can (2 cups) fruit cocktail, drained
1 cup miniature marshmallows
¼ cup chopped pecans

Prepare pudding mix according to package directions. Blend in dessert topping, mayonnaise, and lemon juice. Fold in remaining ingredients. Turn into 9x5x3-inch loaf pan or 9x9x2-inch baking pan and freeze till firm. Makes 8 to 10 servings.

Mrs. James H. Smith
Sandston, Virginia



Look into Contadina –for a richer, thicker tomato paste



This is it–the one and only "8 great tomato" paste. Lovingly put together wit plump, sun-ripened tomatoes for a bright–never bitter–tomato taste. Look int what Contadina's richer, thicker tomato paste can do for beef kabobs–the *easy* wa

NICE N' EASY BEEF KABOBS *(Makes 4 servings)*

⅔ cup (6-ounce can) CONTADINA® Tomato Paste
⅔ cup Italian salad dressing
¼ cup water
1 tablespoon Worcestershire sauce
1½ pounds (1¼-inch cubes) sirloin tip steak
8-12 par-boiled pearl onions
2-inch pieces green pepper
8-12 cherry tomatoes
Oil

Blend tomato paste, salad dressing, water and Worcestershire. Toss with stea cubes to coat. Cover and marinate few hours or overnight in refrigerator. Alterna steak, onion, green pepper and tomatoes on four 15-inch skewers. Place on broil pan. Brush meat with marinade and vegetables with oil. Broil 4-5 inches from he 15-20 minutes. Turn and baste often.

FROM THE 8 GREAT TOMATO FOLKS



CONTADINA FOODS DIV. OF CARNATION CO., LOS ANGELES, CAL

MEAL OF THE MONTH

Each month we bring you a complete meal plan—with recipes on punched pages to add to your cook book. This month, on pages 109 and 110, Recipes for a Dinner Party.

TRI-LEVEL BROWNIES

See page 93

½ cup sifted all-purpose flour
¼ teaspoon baking soda
¼ teaspoon salt
1 cup quick-cooking rolled oats
½ cup brown sugar
6 tablespoons butter or margarine, melted

• • •

1 square (1 ounce) unsweetened chocolate, melted *or* 1 envelope no-melt unsweetened chocolate
4 tablespoons butter or margarine, melted
¾ cup granulated sugar
1 egg
⅔ cup sifted all-purpose flour
¼ teaspoon baking powder
¼ teaspoon salt
¼ cup milk
½ teaspoon vanilla
½ cup chopped walnuts

For bottom layer: Sift tog the ½ cup flour, the soda the first ¼ teaspoon salt with rolled oats and the b sugar. Stir in the 6 tables melted butter or marg Pat mixture in 11x7x1½ baking pan; bake in mod oven (350°) for 10 minute

Photographs: Photogr



For middle layer: Co chocolate, the 4 tables melted butter, and the g lated sugar; add egg and well. Sift together the ⅔ flour, the baking powder second ¼ teaspoon salt; a ternately with milk and v to chocolate mixture. Fo nuts. Spread batter over b layer. Return to oven and at 350° for 25 minutes mo

For top layer:

1 square (1 ounce) unswee chocolate
2 tablespoons butter or margarine

• • •

1½ cups sifted confection sugar
1 teaspoon vanilla

Place chocolate and butt margarine in small sauc Stir over low heat till choc melts. Remove from hea add confectioners' sugar vanilla. Blend in enough water (about 2 tablespoon make almost pourable



sistency. Spread over b brownies. To serve, cut in Top each with a walnut Makes 16 large bars.

The dirty hand-washed dishes.

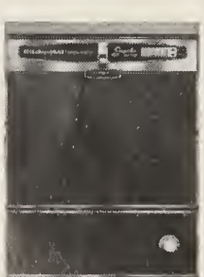


They may look clean. But hand-washing can't get rid of bacteria and contact-type germs like a KitchenAid dishwasher can.

You see, a KitchenAid doesn't only wash dishes. It sanitizes them, too.

Yes, sanitizes.

The final rinse water is preheated to a steaming 180° in KitchenAid Superba dishwashers which have an exclusive cycle called SaniCycle.



Water this hot destroys contact-type germs. And countless bacteria. (Water this hot would destroy your hands, too.)

Now, we don't make any wild health claims for SaniCycle.

But we do know every time you sanitize your dishes with SaniCycle, you're giving your family extra health protection. As well as really clean dishes.

For more details, see your KitchenAid dealer (check the Yellow Pages). Or write KitchenAid Dishwashers, Dept. 8DC-3, The Hobart Manufacturing Company, Troy Ohio 45373

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KitchenAid®

Dishwashers and Disposers

Products of The Hobart Manufacturing Company, makers of commercial dishwashers and disposers.

FFEE
: CREAM
LAIRS

ge 88

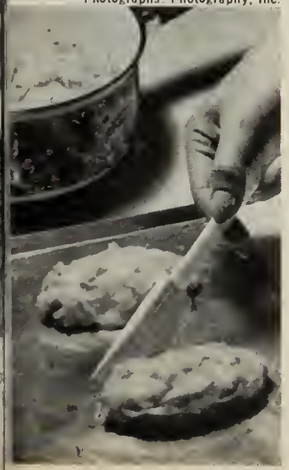
s they look—and equally filled with either coffee or ice cream—



s:
butter or margarine
boiling water
sifted all-purpose flour

t vanilla ice cream
Pecan Sauce:
light corn syrup
espoon instant coffee
der
espoons cornstarch
espoons butter or
garine
poon vanilla
chopped pecans
ucepan, combine the ½
utter or margarine and
up boiling water; bring to
. Add flour all at once,
g rapidly. Reduce heat.
and stir till mixture
sides of pan and gathers
l spoon in smooth, com-
ass. Remove from heat.
ggs, one at a time; beat
usly after each addition.
ue beating till mixture
satiny and breaks off
spoon is raised. Using
¼ cup for each eclair,
dough onto ungreased
sheet about 2 inches
leaving about 6 inches

Photographs: Photography, Inc.



between rows. With small spatula, shape each mound into a 4x1-inch rectangle, rounding sides and piling dough on top. Bake in hot oven (400°) about 40 minutes or till deep golden brown and puffy. Cool on rack. Cut each eclair in half lengthwise and remove webbing. Fill bottom halves with vanilla ice cream; replace tops. Keep in freezer till serving time. Makes 10 to 12. Serve with *Coffee Pecan Sauce:* Measure corn syrup into medium saucepan. Combine 1½ cups water and the coffee powder; blend in cornstarch. Stir into corn syrup in pan. Cook and stir till sauce thickens and boils. Remove from heat; add the 2 tablespoons butter and the vanilla. Stir till butter melts; add pecans. Makes 2½ cups sauce.

Del Monte Green Beans help you turn out a feast. No strings. Delicately rich flavor. Ready-cooked tender-crisp so they're a snap to fix. You and Del Monte make a good thing special.

GREEN BEANS EMPRESS

3 stalks celery, cut diagonally into ½-in. pieces
2 Tbsp. margarine or butter
1 Tbsp. cornstarch
¾ cup chicken stock or bouillon
2 Tbsp. soy sauce
2 tsp. sesame seeds, toasted
Dash garlic salt
2 cans (1-lb. each) Del Monte® Blue Lake Cut Green Beans, drained
Chopped parsley

Cook celery in margarine until tender-crisp. Blend cornstarch with chicken stock, soy sauce, sesame seeds and garlic salt. Cook with celery, stirring constantly, until thickened. Add drained Del Monte Brand Green Beans and heat thoroughly. Garnish with chopped parsley. Serves 6-8. Ideal hot vegetable to serve with duck, chicken, turkey or other poultry.





STEP BY STEP TO PERFECT OMELETS



Puffy Omelet with Cheese Sauce

This high 'n handsome omelet is nearly foolproof—it finishes browning in the oven—

4 egg whites
2 tablespoons water
¼ teaspoon salt
4 egg yolks
1 tablespoon butter or margarine

• • •

4 ounces sharp process American cheese, shredded (1 cup)
½ cup milk

Beat egg whites till frothy; add the water and salt. Beat till stiff peaks form. Beat egg yolks till very thick and lemon colored. Fold beaten egg yolks into whites. Melt butter or margarine in 10-inch ovenproof skillet; heat till drop of water sizzles. Pour in omelet mixture; spread to edges of skillet with spatula, leaving higher at sides. Reduce heat; cook slowly about 8 minutes or till puffed and golden on bottom. (Lift edge of omelet with spatula to judge color.) Bake omelet in slow oven (325°) 8 to 10 minutes or till knife inserted in center comes out clean.

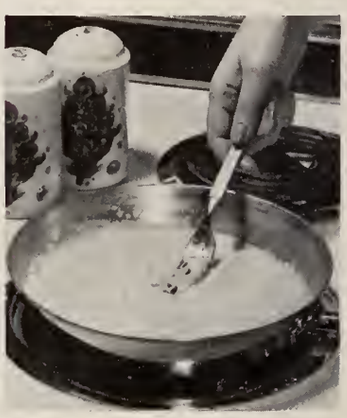
Meanwhile, melt cheese with milk over low heat, stirring constantly. Loosen sides of omelet with spatula. Make shallow cut across omelet, slightly above center and parallel to skillet handle. Tilt pan. Fold upper (smaller) half over lower half. Slip omelet onto warm platter. Spoon on cheese sauce; serve immediately. Makes 2 or 3 servings.

French Mushroom Omelet

Like elegant scrambled eggs! Another time, add snipped fresh chives or bits of crisp bacon in place of the mushrooms—

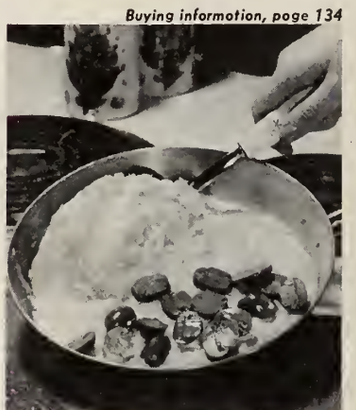
3 eggs
1 tablespoon water
¼ teaspoon salt
Dash pepper
Dash mixed herbs
1 tablespoon butter or margarine
Sauteéd sliced mushrooms

Beat eggs with the water, salt, pepper, and herbs just till mixture is blended but not frothy. In an 8-inch skillet, heat the butter or margarine till it sizzles. Tilt pan to grease sides. Pour in egg mixture, leaving heat moderately high. With



fork, tines up, rapidly stir through top of uncooked egg, keeping omelet an even depth. Shake pan all the while to keep omelet sliding. Cook for about 2 minutes or till set but still

Buying information, page 134



Photographs: Photography, Inc.

shiny. Remove pan from heat; spoon mushrooms over one half of the omelet. With wide spatula, lift and fold omelet over mushrooms. Slip out of skillet onto warm platter. Makes 1 or 2 servings.

How about eating out in?



At Brennan's, in the heart of New Orleans' historic French Quarter, a dinner favorite is Shrimp Romanoff. Here's how to make it with Betty Crocker Noodles Romanoff.

1 pkg. (4-serving size) Betty Crocker Noodles Romanoff
1 can (4½ oz.) shrimp, rinsed and drained
1 cup shredded Swiss cheese
1 tbsp. chopped chives

Heat oven to 350°. Prepare Noodles Romanoff as directed on package except—increase milk to ½ cup.

In 1½-quart casserole, layer half the noodles, the shrimp and cheese; top with remaining noodles. Sprinkle with chives. Cover and bake *15 to 20 minutes. 4 servings.* Dinner rolls and a garden-fresh salad round out the meal.

Note: 1 can (6½ oz.) tuna, drained, can be substituted for the shrimp.



Doing anything tomorrow night? Sure. Eating out—in.



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You get the "plus" of Vitamin A.

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Mazola 100% Corn Oil does more than make light, crispy fried foods and tangy salad dressings. Mazola Margarine, whose major ingredient is liquid Mazola Corn Oil, does more than make toast, vegetables or lobster taste better.

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Mazola makes good eating good sense!



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Kraft Home Cooked Dinners

See *Kraft Music Hall*, Wednesday Nights, NBC-TV

File under Meal-Planning

Recipes from the Better Homes and Gardens Test Kitchen

FAVORITE RECIPES

See page 94



STEAK DIANE

4 sirloin strip steaks, cut ½ inch thick
Salt
Freshly ground black pepper
1 teaspoon dry mustard
4 tablespoons butter or margarine
3 tablespoons lemon juice
2 teaspoons snipped chives
1 teaspoon worcestershire sauce

With meat mallet, pound steaks to ⅓-inch thickness. Sprinkle one side of each steak with salt, pepper, and ⅛ teaspoon of the dry mustard; pound into meat. Repeat with other side of meat. Melt butter or margarine in chafing dish or skillet. Add meat and cook 2 minutes on each side. Transfer meat to hot serving plate. To chafing dish, add lemon juice, chives, and worcestershire; bring to boiling. Pour over meat. Garnish with cooked, fluted mushrooms. Makes 4 servings.

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DINNER PARTY RECIPES



Photographs: Photography, Inc.

BLUE CHEESE-BACON POTATOES

4 medium baking potatoes
½ cup dairy sour cream
1 ounce blue cheese, crumbled (¼ cup)
¼ cup milk
4 tablespoons butter or margarine
¾ teaspoon salt
Dash pepper
4 slices bacon, crisp-cooked, drained, and crumbled

Rub potatoes with shortening. Bake in hot oven (400°) for 1 hour, till potatoes are done. Remove from oven; cut a lengthwise slice from top of each potato. Scoop out inside of each; mash. Add sour cream, blue cheese, milk, butter or margarine, salt, and pepper to mashed potatoes; beat with electric beater till fluffy. Spoon mixture lightly into potato shells. Place on baking sheet; return to hot oven for 15 minutes or till heated through. Sprinkle each with crumbled bacon. Makes 4 servings.

March meal plan idea
Add to your cook book





Dressing Trio

Low Calorie Herb Dressing: In screw-top jar, combine 1 8-ounce can (1 cup) tomato sauce, 2 tablespoons tarragon vinegar, 1 teaspoon onion juice, 1 teaspoon worcestershire sauce, ½ teaspoon salt, ¼ teaspoon dillseed, and ½ teaspoon crushed leaf basil. Cover and shake well. Chill. Makes 1 cup.

Thousand Island Dressing: Combine 1 cup mayonnaise or salad dressing, ¼ cup chili sauce, 2 chopped hard-cooked eggs, 2 tablespoons *each* chopped green pepper and celery, 1 tablespoon finely chopped onion, 1 teaspoon paprika, and ½ teaspoon salt. Mix well. Makes 2 cups.

Peppy Salad Dressing: Combine 1 cup French salad dressing, ½ cup dairy sour cream, ½ cup minced green pepper, and a dash chili powder. Mix well. Makes 1¾ cups.



Nutmeg Cake

½ cup butter or margarine
1⅓ cups sugar
3 eggs
2 cups sifted all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
2 teaspoons nutmeg
½ teaspoon salt
1 cup buttermilk or sour milk

Cream together butter or margarine and sugar till light and fluffy. Add eggs, one at a time, beating well after each addition. Sift together flour, baking powder, soda, nutmeg, and salt; add alternately to creamed mixture with buttermilk, beating well after each addition. Turn into greased and floured 13x9x2-inch baking pan. Bake in moderate oven (375°) for 25 minutes or till done. *For topping:* Combine 6 tablespoons butter, ¼ cup light cream, and 1 cup brown sugar; bring to boiling. Pour over warm cake; top with ½ cup flaked coconut. Bake 5 minutes more.



Parsleyed Carrots

8 medium carrots
2 tablespoons water
2 tablespoons butter or margarine
1 teaspoon sugar
¼ teaspoon salt
Dash pepper
2 teaspoons snipped parsley

Pare carrots; halve lengthwise. Place in 10x6x1½-inch baking dish. Add water, butter or margarine, sugar, salt, and pepper. Cover tightly with foil; bake in hot oven (400°) for 45 to 50 minutes, till tender. Sprinkle with parsley. Makes 4 to 6 servings.



Crusty Water Rolls

1 package active dry yeast
¼ cup *warm* water
¾ cup *boiling* water
1 tablespoon sugar
2 tablespoons shortening
1½ teaspoons salt
3¼ to 3½ cups sifted all-purpose flour
2 slightly beaten egg whites

Soften yeast in the *warm* water. Combine the *boiling* water, the sugar, shortening, and salt; stir till shortening melts. Cool to lukewarm. Add 1 cup of the flour; beat well. Stir in egg whites and yeast mixture. Add enough of the remaining flour (2¼ to 2½ cups) to make a soft dough. Turn out onto floured surface; knead till smooth and elastic, about 10 minutes. Place in lightly greased bowl; turn dough once to grease surface. Cover; let rise in warm place till double in bulk, about 1 hour. Punch down; cover and let rest 10 minutes. Shape into 18 round rolls. Place about 2½ inches apart on greased baking sheet. Cover; let rise till double, about 45 minutes. Place large shallow pan on bottom oven rack; fill with boiling water. Bake rolls, on rack above water, in very hot oven (450°) for 10 to 12 minutes. Makes 18 rolls.

Enter the $100,000 Quaker Healthy Family Sweepstakes

And see how my family of Quaker cereals has grown!





From Quaker Oats, America's #1 cereal, has come this delicious, nourishing array of cereals by Quaker. Cereals for the entire family, from tots to grandpa. In fact, with eleven great Quaker cereals to choose from, there's a delicious way to start the day for everyone!

Enter now. It's easy! Over 2500 chances to win! Here's all you do: see which of the Quaker cereals you've never used. From those, choose the one you'd most like to try.

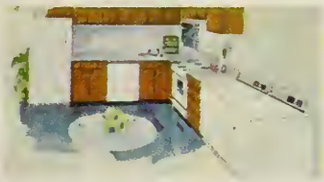
We suspect you may not realize that Quaker makes such a large variety of cereals. Large enough to please everyone's taste. All packed with body-building nourishment and all delicious. That's why we want you to look over our whole array. It might just persuade you to try a new Quaker cereal tomorrow morning!

So, here we go. Take a careful look at the ten Quaker cereals pictured above. Then, using the entry blank below, check the cereal you'd most like to try. No purchase required.



First Prize:
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ater and Whitewall Tires PLUS $2500
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stems.



25 Second Prizes:
Kitchenful of Westinghouse appliances — Refrigerator-Freezer, Continental Range, Twin Washer and Dryer, and Dishwasher.

750 Fifth Prizes:
Polaroid Swinger Cameras.



250 Third Prizes:
17-Jewel Hamilton Watches — shock-resistant, anti-magnetic, unbreakable mainspring. Choice of Lady's "Eileen," or Man's "Andrew."

1000 Sixth Prizes:
Rand McNally Imperial World Atlases.

ENTRY BLANK

TO: Quaker Healthy Family Sweepstakes
P. O. Box 910, Westport, Connecticut 06880

Of the Quaker cereals I have never used, I would most like to try the cereal checked below:

- ☐ Instant Quaker Oatmeal
- ☐ Quisp
- ☐ Diet Frosted Wheat Puffs
- ☐ Quake
- ☐ Diet Frosted Rice Puffs
- ☐ Quaker Life
- ☐ Cap'n Crunch
- ☐ Quaker Puffed Wheat
- ☐ Quaker Shredded Wheat
- ☐ Quaker Puffed Rice

Important: You're still eligible for the Quaker Family Sweepstakes even if you've already tried all of the Quaker cereals. Everyone can qualify No purchase is required. Just send in this entry blank with either of the following:

1. A boxtop from any of the Quaker cereals listed. (We hope it'll be one you've never tried but of course it doesn't have to be.) Or
2. A 3" x 5" sheet of paper on which you have printed the words "Quaker Cereals."

My name_____

Address_____
(Number and street)

City_____ State_____ Zip_____

BHG

eepstakes Rules: 1. To be eligible for the eepstakes drawing, simply check to see ich of the Quaker cereals you've never ed. From those, choose the one you'd st like to try.

Use the entry blank on the right. Send your me and address together with a boxtop m any package of Instant Quaker Oatmeal, t Frosted Wheat Puffs, Diet Frosted Rice fs, Cap'n Crunch, Quisp, Quake, Quaker e, Quaker Puffed Wheat, Quaker Puffed e, or Quaker Shredded Wheat; or, send ur name and address with the words uaker Cereals" hand printed on a plain 3" x 5" sheet of paper. No purchase is required.

3. Enter as often as you like. Each entry must be mailed in a separate envelope. Mail entries to Quaker Healthy Family Sweepstakes, P. O. Box 910, Westport, Connecticut 06880.

4. Winners will be chosen at a random drawing conducted by an independent organization. The decision of this judging organization will be final. Only one winner per family.

5. Entries must be postmarked no later than September 30, 1968, and received no later than October 16, 1968.

6. Sweepstakes is open to residents of the United States only. Employees of The Quaker Oats Company, its advertising agencies and contest judging organization are not eligible for this sweepstakes. Offer void where prohibited by law.

7. Winners will be notified by mail approximately 30 days after the final drawing. For a list of prize winners, send separate, stamped, self-addressed envelope to Winners List, The Quaker Oats Co., Room 345, Merchandise Mart Plaza, Chicago, Illinois 60654. Do not include it with your official entry.

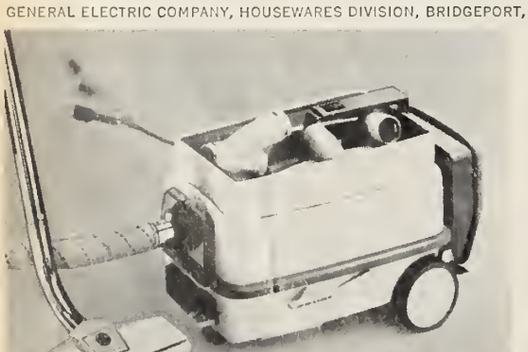
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...the automatic spray, steam and dry iron with double non-stick coating...and Permanent Press Touch-up Setting.

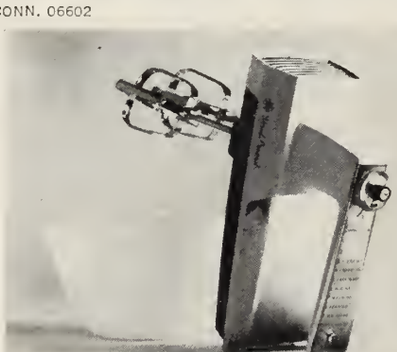
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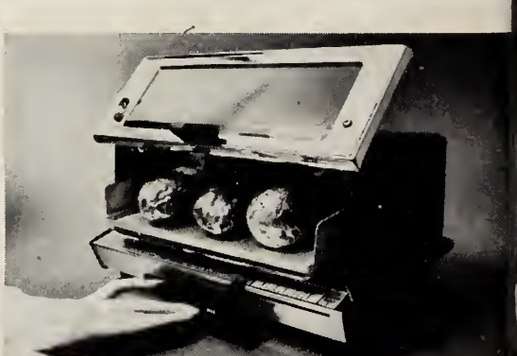
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HOW TO MAKE THE DESSERT ON OUR COVER

herry-Cheese Dessert Pizza

his pizza-size pie boasts a cheesecake-like layer generously topped ith cherry pie filling—

astry for 2-crust 9-inch pie
8-ounce package cream cheese, softened
2 cup sugar
2 eggs
⅓ cup chopped walnuts
1 teaspoon vanilla
2 1-pound 5-ounce cans cherry pie filling



Photographs: Photography, Inc.

n lightly floured surface, roll pastry to 14-inch circle; place in 2-inch pizza pan. Flute edges; prick crust. Bake in moderate ven (350°) for 15 minutes.



Blend cream cheese and sugar; add eggs and beat well. Add uts and vanilla. Pour into partially baked crust and bake in mod-ate oven (350°) for 10 minutes more; cool.



Spread cherry pie filling over cheese layer. Chill. Top chilled e with dollops of whipped cream cheese or whipped cream. o serve, cut in wedges. Makes 10 to 12 servings. ■

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and Lea & Perrins . . . the original Worcestershire



TUNA SALAD IN ORANGE CUPS:
Slice top ⅓ from 6 oranges, scalloping edges. Remove pulp and cube. Toss cubes with 7-oz. can chunk tuna, ½ cup sliced celery, ½ cup cooked peas, 2 Tbs. chopped pimiento, ⅔ cup French dressing, 1 Tbs. Lea & Perrins. Fill orange shells with mixture. Garnish with watercress. Serves 6.



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RICE ROUNDUP

By Patricia Dittberner, Associate Food Editor

Great served alone, fluffy rice is equally at home in a casserole, a skillet main dish, or a dessert pudding. You'll want to try different kinds of rice—brown, packaged precooked, and the familiar long-grain rice. They're all used in the recipes here.



Photographs: Photography, Inc.

Pork Chop Risotto Casserole

A company special; try it with chicken another time—

¾ cup brown rice
1 can (1¼ cups) beef broth
¼ cup water
4 pork chops
2 medium carrots, cut in julienne strips
½ cup coarsely chopped onion
½ cup sauterne
½ teaspoon salt
¼ teaspoon marjoram, crushed
⅛ teaspoon oregano, crushed
Dash pepper

In medium saucepan, combine rice, beef broth, and water; bring to boiling. Reduce heat; simmer, covered, 50 minutes. Meanwhile, brown chops in skillet. Combine carrots, onion, sauterne, and seasonings; stir into rice. Turn into 10x6x1½-inch baking dish; arrange chops on top. Bake, covered, in moderate oven (350°) for 1 hour, stirring rice mixture once or twice during baking. Makes 4 servings.



Sweet-Sour Ham over Rice

2½ cups packaged precooked rice
1 1-pound can (2 cups) apricot halves
1½ pounds cooked ham, cut in strips (about 3 cups)
2 green peppers, cut in 1-inch pieces
¾ cup chicken broth
⅓ cup sugar
¼ cup vinegar
3 tablespoons butter or margarine
3 tablespoons soy sauce
1 teaspoon monosodium glutamate
4 tablespoons cornstarch
¼ cup chicken broth

Cook rice according to package directions. Meanwhile, drain apricots, reserving syrup. In large saucepan, combine apricot syrup, ham, green pepper, the ¾ cup chicken broth, the sugar, vinegar, butter or margarine, soy sauce, and monosodium glutamate. Bring to boiling; cover, simmer for 10 minutes. Blend cornstarch and the remaining ¼ cup chicken broth; add to ham mixture. Cook and stir till boiling; boil 2 minutes more. Add apricots, remove from heat. Spoon over servings of the hot cooked rice. Makes 6 servings.



Rice Pudding Royale

Creamy, elegant dessert with just a hint of orange—

½ orange
2 cups milk, scalded
¼ cup long-grain rice
¼ cup sugar
¼ teaspoon salt

• • •

½ cup light cream
1 slightly beaten egg yolk
¼ teaspoon vanilla

Carefully pare orange half so that peel is in one long continuous spiral. In top of double boiler, combine milk, orange peel, rice, sugar, and salt. Cover and cook over (but not touching) gently boiling water till rice is tender, about 45 minutes. (Stir occasionally during first part of cooking.) Remove orange peel. Combine cream and egg yolk; stir a small amount of hot mixture into egg yolk mixture; return to hot mixture and blend thoroughly. Continue cooking, covered, till mixture thickens, about 45 minutes, stirring occasionally. Stir in vanilla. Serve warm in custard cups, or chill and mound in dessert glasses. Top each serving with a sprinkle of cinnamon-sugar mixture or a dollop of whipped cream, if desired. Makes 4 servings.

Only Cracker Barrel protects its flavor with double-strength aluminum foil.



Four kinds: Extra Sharp, Sharp, Mellow, Mild.

Only Cracker Barrel has so much flavor to protect.

Kraft's cheese experts wouldn't budge. "We pamper this cheddar for months," they said. "We watch it and baby it and test it and taste it. And then we accept only the cream of the crop for Cracker Barrel." If anyone else ever makes a cheddar as good as Cracker Barrel, they'll probably protect it like that, too. CHEESE IS KRAFT



How your appestat* and sugar can control weight.



Your "appestat" is a kind of hunger switch in your brain.

When it's turned up, you're hungry. And you may overeat.

Sugar turns your appestat down—helps you eat less.

Read how.

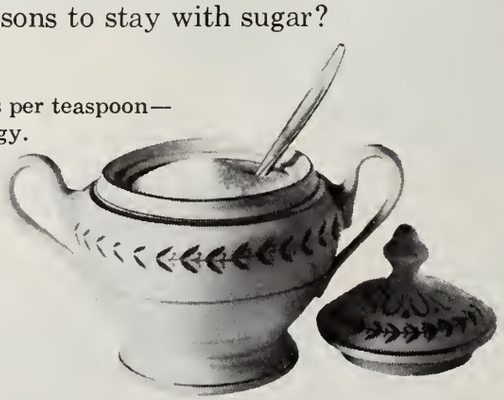
In these days of artificial sweeteners and fad diets, you may have some trouble thinking of ordinary sugar as a key to weight control. But that's exactly what sugar can be to you when you understand how your appestat and sugar work together.

When your *blood sugar level* is low, your appestat is turned way up, and you're hungry. You're apt to eat more than you need, before your blood sugar level can rise again.

So what you do is this: when you're very hungry, take a little sugar—in coffee, a soft drink, ice cream, pastry, candy. Sugar raises your blood sugar level faster than a other food. (Artificial sweeteners have no effect on blo sugar level.) And then your hunger switches off. As a resu you can eat less and feel better when you keep sugar your diet.

The calories in sugar burn up fast and they give y energy to go on. And sugar tastes good, too. Do you ne any more reasons to stay with sugar?

Only 18 calories per teaspoon—
and it's all energy.



*"*A neural center in the hypothalamus believed to regulate appetite.*"—
Webster's Third New International Dictionary.

SUGAR INFORMATION, INC
P.O. Box 2664, Grand Central Station, New York, N.Y. 10

RAB SUPPER PIE AND LENDER HOLLANDAISE See page 88

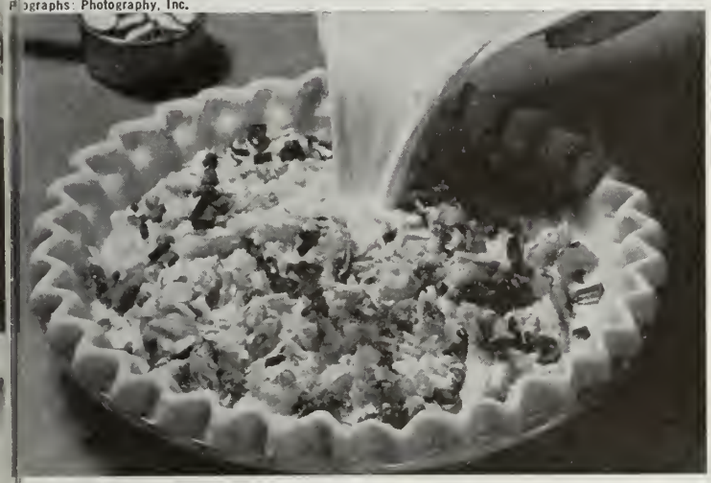
ab Supper Pie

cousin of the famous Quiche—

up shredded natural Swiss cheese (4 ounces)
nbaked 9-inch pastry shell
7½-ounce can crab meat, drained and flaked
reen onions, sliced (with tops)
3 beaten eggs
1 cup light cream
½ teaspoon salt
½ teaspoon grated lemon peel
¼ teaspoon dry mustard
Dash mace
¼ cup sliced almonds

rinkle cheese evenly over bottom of pastry shell. Top with ab meat; sprinkle with green onion. Combine eggs, cream,

ographs: Photography, Inc.



lt, lemon peel, dry mustard, and mace. Pour over crab eat. Top with sliced almonds. Bake in a slow oven (325°) about 45 minutes or till set. Remove from oven and let nd 10 minutes before serving. Makes 6 servings.

ender Hollandaise

gg yolks
tablespoons lemon juice
½ teaspoon prepared mustard
Dash cayenne
½ cup butter or margarine

ace egg yolks, lemon juice, mustard, and cayenne in blend- container; blend on low speed just till mixed. Melt butter margarine in saucepan till bubbly but not brown. Cover ender; turn on low speed; slowly pour about a third of the t butter, in thin stream, through opening in blender cover. rn blender to high speed; slowly pour in remaining butter,



ending till smooth and thickened. Serve over cooked as- ragus or broccoli. Makes about 1 cup.

It's Cinn-fully Apple-tizing!



Pillsbury's Apple Cinnamon Coffee Cake Mix . . . a delicious combination of warm sugary cinnamon and juicy apples. It's a tantalizing coffee party treat! Rich tasting, with that fresh baked-up goodness. Look for Pillsbury's Apple Cinnamon and the other coffee cakes, quick breads and dessert bars in the *Coffeetime Mix Section* of your store.

THIS IS CONVENIENCE!

MINUTE-MINDED MAIN DISHES

Here's proof that you can make hearty luncheon casseroles in 30 minutes! Canned or frozen vegetables, expertly sauced, subtly seasoned, then baked to perfection, make mighty good cold weather eating. To complete your menu—add sliced meat or poultry, crisp hard rolls, and assorted relishes.

Photographs: Photography, Inc.



Calico Rice Bake

Creamy custard dresses up this mixed vegetable casserole—

- ¾ cup water
- 1 tablespoon instant minced onion
- ¾ teaspoon salt
- Dash pepper
- Dash crushed rosemary
- ¾ cup packaged precooked rice
- 1 cup shredded sharp natural cheddar cheese
- 1 6-ounce can (⅔ cup) evaporated milk
- 3 beaten eggs
- 1 1-pound can (2 cups) mixed vegetables, drained

In medium saucepan, combine water, onion, salt, pepper, and rosemary; bring just to boiling. Stir in rice. Cover tightly; remove from heat and let stand 5 minutes. Fluff with fork. Stir in cheese, evaporated milk, and eggs; add vegetables. Turn into 10x6x1½-inch baking dish. Bake, uncovered, at 350° for 25 minutes or till knife inserted halfway between center and edge comes out clean. Makes 6 servings.



Green and Gold Casserole

- 2 10-ounce packages frozen chopped spinach, cooked and drained
- 1 5-ounce can water chestnuts, drained and thinly sliced (⅔ cup)
- 1 10-ounce package frozen Welsh rarebit, thawed
- 8 slices bacon, crisp-cooked, drained, and crumbled
- ½ of 3½-ounce can French-fried onion rings

Combine spinach, water chestnuts, and one-third of the Welsh rarebit in 10x6x1½-inch baking dish. Top with crumbled bacon. Spread remaining rarebit evenly over all; top with onion rings. Bake, uncovered, in moderate oven (350°) 15 minutes or till heated through. Makes 6 servings.



Artichoke Mushroom Velvet

Elegant and easy entree for a ladies' luncheon—

- 2 9-ounce packages frozen artichoke hearts, cooked and drained (3½ cups)
- 1 6-ounce can broiled sliced mushrooms, drained
- 1 envelope chicken gravy mix
- Dash crushed thyme
- Dash crushed marjoram
- 4 ounces process Swiss cheese, diced (about 1 cup)
- 1 tablespoon dry white wine
- 1 cup buttered soft bread crumbs

Combine artichokes and mushrooms; divide among 4 or 5 ramekins or place in a 1-quart casserole. In small saucepan, prepare chicken gravy mix according to package directions. Remove from heat; add thyme, marjoram, and cheese; stir just till cheese melts. Add wine; pour over vegetables. Top each with a wreath of buttered crumbs. Bake, uncovered, in moderate oven (350°) 25 minutes for ramekins or 30 minutes for 1-quart casserole. Makes 4 or 5 servings.



It stews, roasts, sautés, deep-fries, warms... automatically! West Bend's new Country Kettle with super tough Fired on Teflon*

At last! A family-size cooker that does everything . . . from simmering luscious stews and soups to warming rolls, baking potatoes, and making hearty one-dish meals. Convenient 5-quart size lets you cook for now, freeze for later. When it comes to entertaining, West Bend's Country Kettle does the cooking and serving for you . . . elegantly! Inside it's amazing Fired-on hard-coat Teflon. So tough it stands up to your metal utensils. Outside it's Avocado or Harvest porcelain. And the detachable control means it's immersible. Wouldn't you like the West Bend Country Kettle to do all this for you?

*DU PONT'S TRADEMARK FOR ITS TFE NON-STICK FINISH.

The West Bend Company, Dept. 563, West Bend, Wisconsin
Also available in Canada. © The West Bend Company, 1968

THE UNBEATABLE BEAN!

You really *can't* beat beans—for all-time, all-family popularity! Try these three hot 'n hearty bean recipes . . . each one is very special—and very kind to your budget.



Bayou Bean-burgers

These scrumptious sandwiches are meatless!—

1 1-pound can (2 cups) kidney beans, drained
¼ cup sweet pickle relish
¼ cup finely chopped onion
1 tablespoon prepared mustard
¾ cup shredded sharp process American cheese
4 hamburger buns
¼ cup mayonnaise or salad dressing

Combine beans, pickle relish, onion, mustard, and ¼ cup of the shredded cheese. Split buns and toast in broiler. Spread each toasted half with mayonnaise. Cover bottom half of each bun with bean mixture. Top with remaining ½ cup shredded cheese. Return halves with bean mixture to broiler to melt cheese. Makes 4 burgers.

Buying information, page 134



Lima Supper Casserole

Rich with cheddar cheese, each casserole is a meal in itself—

¼ cup minced onion
2 tablespoons butter or margarine
1 1-pound 12-ounce can (3½ cups) tomatoes
2 10-ounce packages frozen lima beans, cooked and drained
1 teaspoon salt
Dash garlic salt
1 to 2 teaspoons chili powder

• • •

3 tablespoons all-purpose flour
¼ cup cold water
2 cups shredded sharp process American cheese

Cook onion in butter or margarine. Add tomatoes, lima beans, salt, garlic salt, and chili powder; simmer, uncovered, 10 minutes. Blend flour into cold water to make paste. Stir into hot mixture; cook and stir over low heat till thickened. Divide half of the mixture among 6 greased individual casseroles; sprinkle 1 cup of cheese on top; add remaining lima bean mixture. Bake in moderate oven (350°) 20 minutes. Sprinkle with remaining cheese. Bake 5 minutes longer or till cheese is melted. Makes 6 servings.



Smoky Bean Skillet

Savory combo of garbanzos and pork 'n beans takes on smoky flavor of sausages—

1 small onion, finely chopped (½ cup)
¼ cup chopped green pepper
2 tablespoons salad oil
1 12-ounce package (8) smoked link sausages, cut in 1-inch pieces
1 1-pound can (2 cups) garbanzo beans, drained
1 1-pound 15-ounce can (4 cups) pork and beans in tomato sauce
¼ cup bottled barbecue sauce

In skillet, combine onion, green pepper, and salad oil. Stir in remaining ingredients. Cover and simmer 20 minutes, stirring occasionally. Uncover and simmer about 5 minutes, if necessary, to reduce liquid. Makes 5 to 6 servings.

Decorate a
CELEBRATION CAKE



easy as pushing a button, with Pillsbury's Cake and Cookie Decorator

Write . . . draw . . . make stars, flowers, and borders, easy as pushing a button, with Pillsbury's Cake and Cookie Decorator. The fun way to put a fanciful finishing touch on cakes for birthdays, anniversaries, Easter, or any celebration.

And be sure to send for Pillsbury's new Party Idea Booklet full of how-to-do-it decorating hints.

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Where can you buy Tupperware? Only at a Tupperware Party. Have one between February 12th and March 23rd and a Sunbeam Thinline Electric Toaster may be yours. Call your Tupperware Distributor for details.

Come on. Give food a fresh outlook on life. Give it Tupperware.

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IN THE YELLOW PAGES UNDER "HOUSEWARES"

Offer available in U.S.A. only.

COOKING WITH Kellogg's



Corn-Crisped Chicken

So crisp 'n tender—just dip, roll 'n bake, using Kellogg's Corn Flake Crumbs

Everyone's favorite—old fashioned, home-cooked chicken and without the fuss of frying. Kellogg's® golden Corn Flake Crumbs keep it crisp 'n crunchy on the outside . . . the extra richness of evaporated milk keeps it extra moist 'n tender inside. And, with a foil-lined baking pan, there's no pan to scour at cleanup time. Try this easy recipe soon.

Corn-Crisped Chicken

Have ready—3 lbs. frying-chicken pieces.

DIP pieces in ½ cup evaporated milk (thin milk just won't do).

ROLL in mixture of: 1 cup Kellogg's Corn Flake Crumbs, 1½ teaspoons salt, ¼ teaspoon pepper. Place chicken pieces, skin-side up, in shallow baking pan lined with heavy duty aluminum foil; do not crowd.

BAKE in moderate oven (350° F.) about 1 hour, or until tender. No need to cover pan or turn chicken while cooking. Cover loosely with foil if less crisp crust is desired. Serve with tart jelly.

Yield: 6 servings



© 1968 by Kellogg Company

Buying Guide

For your convenience, we list names and addresses of manufacturers of most of the products pictured in each month's issue. This month, see page 134 for this shopping information.

WIN MONEY FOR YOUR RECIPES

INTERNATIONAL MAIN DISHES

WANTED: Your favorite main dish recipe of foreign origin. Send your special version now—you could be a winner next October! The Cook-of-the-Month receives $50 and two Runners-up receive $25 each. Twelve Honor Roll winners receive $10 each. Selected winning recipes will be pictured on the Prize Tested Recipe page next October. All 15 winners receive a framed Better Homes and Gardens Certificate of Endorsement and six copies of the endorsed recipe.

Hints to Help You

International Main Dishes

Is yours a treasured Old World recipe or a traditional family favorite? Perhaps you're versed in the subtleties of Oriental cookery or know of a luscious fruit and meat combo reminiscent of Polynesia. Do you make an elegant French classic or a spicy Latin specialty? You may be an expert on those wonderful Jewish foods. Include seafood dishes from Scandinavia, curry specials from India—any cuisine qualifies!

To jog your memory:

Oriental chi chow
cheese blintzes
guacamole casserole
French veal stew
Panamanian chicken
caraway meat balls
Turkish shish kabob
spaghetti with green sauce
Swedish herring platter
shrimp lau laus
zucchini-sausage bake
anchovy stuffed eggs
Spanish paella
kraut-stuffed pork chops

THIS MONTH'S WINNERS

(*See recipes on pages 100 and 103*)

Cooks-of-the-Month

Mattie M. Lake, Robinson, Ill.

Runners-up

Mrs. J. Harvey Cameron, Jasper, Tenn.
Mrs. Peter Nanni, Rockford, Ill.

Honor Roll

Mable Brooks, Cincinnati, Ohio
Mrs. Charles L. Holderman, Toledo, Ohio
Mrs. C. M. Holley, Fort Worth, Tex.
Mrs. Richard L. Humphrey, Evanston, Ill.
Mrs. Dorothy Little, Colfax, Wash.
Mrs. G. Malenke, Austin, Minn.
Mrs. Richard A. McNeil, Charlotte, N. C.
Mrs. Otto Reinshagen, Liberty, N. Y.
Mrs. Lee Simianer, Wellington, Colo.
Mrs. James H. Smith, Sandston, Va.
Mrs. William Strieber, Crofton, Md.
Mrs. James B. Thompson, Burlington, N. C.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and mark it "October International Main Dishes."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of Better Homes and Gardens.
7. Entries must be postmarked by midnight March 31. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6103 Test Kitchen, Better Homes and Gardens, Des Moines, Iowa 50303.

Go all out for the in look

Cabinets surfaced with FORMICA® brand laminated plastic for lasting beauty. Doors of Avocado 342, color-matched to island sink top. Base cabinets in Cortena Pecan 421. Maintenance-free, never needs refinishing (not even the door mouldings).

Countertop surfaced with FORMICA® brand laminate in exclusive Spring Pastorale 691. Sliding window opens to pass-through counter surfaced in matching exterior laminate. Durable, wipe-clean finish. Resists stains, spots, scratches.

Island sink cabinet surfaced with FORMICA® brand laminate in Cortena Pecan. Creates a total decorating effect with matching fronts on dishwasher, refrigerator. Available with many quality appliances.

Family room wall and table surfaced with FORMICA® brand laminate in White 949. Provides carefree elegance; requires no refinishing or waxing. Wipe-clean finish stays new-looking for years.

Laundry wall surfaced with new FORMICA® brand panel system 202, Spring Pastorale. Exclusive moisture-proof wall system free of maintenance worries. Gives new warmth and beauty to high-moisture areas; eliminates tile, grout.



Carpeting: CRESLAN® acrylic fiber

uilding or remodeling? Colors are the cue to the in look in '68. Bold, bright colors in FORMICA® brand laminated lastic to bring the elegant but practical look to countertops, cabinets and walls. Exclusive go-together colors you can ix or match with FORMICA® laminate woodgrains and patterns. All granted the Good Housekeeping Seal. Insist on ORMICA®, the brand name you know and trust. See your local dealer or write Dept. BHG 3-8.

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BACKED TO THE WALL WITH STORAGE PROBLEMS?

Then put them to work for you. These walls can take the strain off your bulging closets.

You can adapt one or more of these storage solutions to specific problems in your home—so don't limit your thinking to just the uses shown here.

Photographs: Hedrich-Blessing



Above: This matching brace of louvered door units opens to offer you the pleasures of reading, TV, and stereo, along with a lighted, glass-shelved serving area. The folding doors have magnetic latches and give you a paneled wall effect when closed.

Continued

Designers: Albert G. Buhring and Jordan Jacobson



Above: This music and reading center is tucked away in a corner, yet gains attention with its ceiling-height louvered shutters used as a divider. Burlap covers the walls of the main cubicle area for additional decorative effect. The upper bookshelves and game storage compartment mount on adjustable supports. One stereo speaker is placed by the magazine rack—the other is located across the room. The tambour doors of the bottom cabinet conceal your stereo components, radio, and tape recorder.

Below: Here is a paneled wall as utilitarian as it is attractive. The tall folding doors flanking the television-music center conceal storage space for snack trays, bridge tables and foldaway chairs. Shelves above store books, vases, and seldom-used objects. Record storage is above and to the sides of the TV. The stereo, which can be concealed by the matching folding doors, is centrally located for front-row listening. Use of matching hardware throughout gives a unity to the entire wall unit.

Architect: Knox Griffin. Decorator: David of David's



Which dish would you rather serve dessert in?



This one, of course, because Cascade washed it so spotless!

Cascade eliminates drops that spot.

Only Cascade has Chlorosheen. In your washer, Cascade—with exclusive Chlorosheen—makes water flow off dishes in clear sheets. Whoosh! And that spot don't form. Your dishes dry wonderfully from embarrassing spots. So when you use Cascade—the best dishwasher detergent you can buy—you get what you'd expect. Shining dishes. Shining glasses. Shining silver. Now serve that dessert with pride. You're ready. And so are your dishes. Spotlessly ready, because you use Cascade!



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How to take the questions out of buying—or selling—a house.

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STORAGE PROBLEMS

Continued

This roomful of well-designed storage ideas is the product of a plan developed by the John Rodenburgs of Rumson, New Jersey.

The raw materials in this project included empty walls, plenty of time devoted to planning, and handyman skills.

The end result: a multipurpose library and stereo center with concealed storage space for guest bedding, luggage, and bulky items. It can be yours with a little planning.

Photographs: Lisanti. Interior Designer: Dot Rodenburg





The built-in chests beneath the bookshelves (above) provide storage space for records, china, and seldom-used items. The air-conditioning unit is neatly recessed in one of the bookshelves. Louvered doors (below) open to reveal linen and blanket storage, along with a centralized place for your luggage and portable typewriter.

This set of louvered doors (open above, closed below) conceals the listening library's stereo—a quick way of giving an outdated cabinet a custom built-in appearance. Adjustable shelving above the sound system is utilized here for additional record and tape storage. And the window space above the storage chests is used as a display area. ***Continued***





Mrs. Doll doesn't believe you have to have 14 children to appreciate a Maytag.

THE MAYTAG COMPANY, NEWTON, IOWA. SOLD IN CANADA AND THROUGHOUT THE WORLD.



Brett, age 5. *Center:* Helen, 4; Mrs. Doll. *Rear:* Grant, 10; Mr. Doll; Gregor, 11; Faye, 9.

Her 5 are no slouches in the "dirt department."

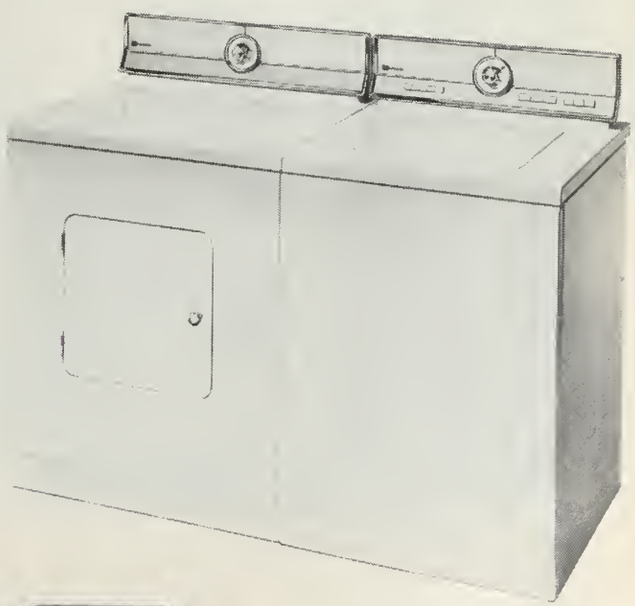
And only one repair each for her 10-year-old Maytags.

Mrs. Tami Doll of Rockland, Ontario, wrote to say that Maytag dependability is just as important to families like hers as it is to really big families.

And Mrs. Doll's record proves it! She's had her Maytag Washer and Dryer for over ten years and they've handled everything from diapers to dirty jeans—3 to 4 loads a day, 5 days a week. With only one small repair for each machine.

Of course you can get a New Generation Washer and Dryer with a lot of new features. Giant new washing-capacity. Dryer with Electronic Control. And a choice of decorator colors.

We can't promise that all Maytags will equal the performance Mrs. Doll has enjoyed. But dependability is what we aim to build into every Maytag. No matter what size family you may have.



MAYTAG

THE DEPENDABLE AUTOMATICS

STORAGE PROBLEMS *Continued*

Photograph: Lisanti. Designer: Arthur Burke, N.S.I.D.



Rough pine paneling and 2x4 framework give this boy's room rugged styling along with study and storage areas. The Dutch-door closet contains shelving for sports and hobby equipment. The ski rack space also has possibilities as a coat rack, gun case, or for archery gear.



This contemporary-style storage area was built with $\frac{3}{4}$-inch plywood and standard slab doors. The doors conceal the clothes closet, and additional shelved storage to the right. A compact study desk was added to the left of the storage unit to make maximum use of wall space.

Photograph: Lisanti. Designers: The Lehmanns, A.I.D.



An inexpensive chest like this one is the basis for better space use of your closet. Plywood box construction partitions the closet into clothes, shelf, and hobby equipment areas. The shoe rack is conveniently located below the chest. Accessory racks go on the doors.

Decorator: Decorative Manor



An unused corner is a space-saving place to put your hi-fi and communication center. Simply stack the compartments vertically. Record storage shelves and turntable, mounted on glide runners, are easily accessible. Panels holding the tuner and intercom unit are screw-mounted, while the top



speaker panel is attached with spring clips for quick accessibility. Build the doors by making 1x2-inch hardwood frames and covering with speaker cloth. Touch latches and spring-loaded hinges on these doors eliminate the need for visible hardware. Panel and stain the unit to match your walls.

Are you willing to pay $75 for a little peace and quiet? How about $60? $40?



Kitchen—Gridline™ Cushiontone® Suspended Ceiling



Dining Room—Pinehurst Cushiontone Tile



Den—Textured Fashiontone® Tile

Noise. Noise. Noise. If it seems like that's all you ever hear, it's time you heard about acoustical ceilings.

Ceilings like these. They absorb sound, deaden it. Give you a little peace and quiet. And, as you can see, Armstrong acoustical ceilings are as easy on the eyes as they are on the ears.

Take a look at the one in the kitchen. It's a suspended ceiling . . . a neat way to hide exposed pipes and wiring or to lower a high ceiling. This one is Gridline Cushiontone. The reason it looks like it's three-dimensional is that it is. Beveled edges on the panels allow them to drop below the metal frame. By the way, you can spray-paint the exposed part of the frame to complement your color scheme.

Did you notice the random swirls in the dining room ceiling? They highlight the deeply embossed surface of Pinehurst Cushiontone. It's a ceiling with a truly unique look . . . a look that'll last. Because like all Armstrong Ceilings, it's washable—just as easy to keep up as it is to put up.

Don't be fooled by the ceiling in the den. It only looks like a single, continuous surface. It's really Textured Fashiontone . . . tiles with square edges that fit together so tightly, so perfectly, that they don't look like tiles.

All told, you can see fifteen different acoustical Armstrong Ceilings at your lumber dealer's. Ceilings that soak up as much as 60% of the noise. And that can be put up for as little as $31. (All prices are for materials for a 12-by-14-ft. room.) But no matter how much you pay, you'll be getting a sound value.

Free! Color pictures of the complete line of Armstrong Ceilings and a helpful do-it-yourself installation booklet. Write: Armstrong, 6803 Sun St., Lancaster, Pennsylvania 17604.

Armstrong

PATTERN AT WORK

A sampling of pattern is a good thing in a room, but a second helping is even better. Here a pronounced paisley makes its initial impact in the fabric on this Louis XVI daybed and is echoed in the wallpapered ceiling. To sharpen the overall effect, cork-papered walls repeat one of the colors in the print.

Pattern is practical, too. It's an excellent choice when you wish to define a specific area within a room, such as a conversation grouping or a dining alcove.



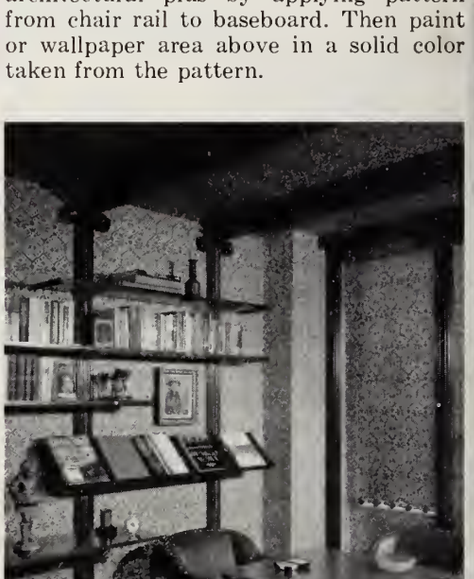
Photographs: Hedrich-Blessing. Decorator: Robert Melin, N.S.I.D.



Decorator: Robert Melin, N.S.I.D.

A wild abstract sets this kitchen in motion and marks it as a place where things happen. The pattern has an expansive effect—appears to push walls and ceiling outward (a good technique for a long, narrow room). Although backsplash area here is tiled, the new vinyl-coated wallpapers make it practical to extend pattern to every corner of the kitchen.

If your room has a dado, set off this architectural plus by applying pattern from chair rail to baseboard. Then paint or wallpaper area above in a solid color taken from the pattern.



Decorator: Evelyn LeRoy, N.S.I.D.

Pattern is a good mood-setter in a room, as this study illustrates. A small-scale geometric design on walls, ceiling, and window shades gives the room a masculine feeling—especially when teamed with wooden beams, columns, and leather-look chairs. This coordinated use of pattern helps unify a room, and also serves to camouflage architectural oddities like wall jogs, off-center windows, dormers, and sloping ceilings.

The irregular arrangement of open shelves, filled with books and art, brings another form of pattern to this room and activates a span of unused wall.



AZED ORANGE LLS

See page 90

milk
blespoons butter or
rgarine
p granulated sugar
easpoon salt
ckage active dry yeast
gs
cups sifted all-purpose
ur
blespoons butter or
rgarine, softened
p granulated sugar
easpoons shredded orange
el
os sifted confectioners'
gar
4 tablespoons orange juice
l milk; place in mixing
; cool to lukewarm. Add
3 tablespoons butter or
arine, the first ½ cup
r, the salt, and yeast. Let
l 3 minutes. Add eggs and
p of the flour; beat well.
enough of the remaining
to make a moderately stiff
h, beating well. Turn out
floured surface; knead till
th and satiny, about 10
tes. Place in greased bowl,
ng to coat surface. Cover;
ise till double, about 2
s. Divide dough in half;
each to a 12x8-inch rec-
e. Stir together the soft-
butter, the second ½ cup
, and the orange peel;

Photographs: Photography, Inc



d over dough. Roll up
piece dough, starting with
side; seal seams. Slice each
18 rolls. Place, cut side
, in greased 2½-inch muf-
ans. (Or, use three 9-inch
d baking pans.) Let rise
louble, about 1½ hours.
at 375° for 15 minutes.
bine confectioners' sugar



enough orange juice to
e of glaze consistency.
zle over warm rolls. Makes
zen.













Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix . . . both made with cocoa from imported cocoa beans. Cocoa so rich, it's more flavorful than even the finest chocolate. Together, these two mixes make a devilishly delicious, wickedly wonderful dessert. Sin a little. Tonight? *When the flavor's this exciting you can bet it's Betty Crocker.*

Cocoa more flavorful than the finest chocolate in this devilishly delicious Betty Crocker dessert.

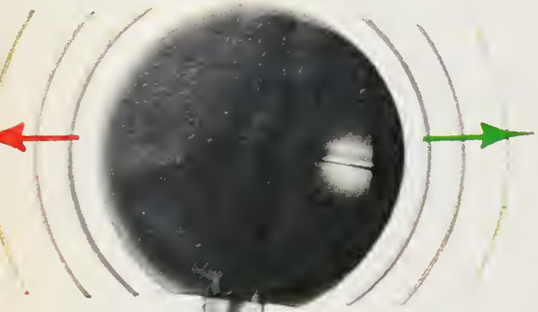


Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix

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Save time and effort with our ingenious Furniture Arrangement Kit. Cardboard furniture pieces move easily about on scaled room plans. For your kit, send just 50c coin to Better Homes and Gardens, Reader Service Dept. BHF, Des Moines, Ia. 50303.

This is a gearshift, a clutch, and a throttle.



(It's the all-in-one lever that lets you go forward and back, fast or slow... without clutching!)

The 12 hp MF 12 with Hydra Speed Drive is the no-clutch, no-shift garden tractor. A touch of the Hydra Speed Lever and you do what you want instantly. Maneuvering a garden tractor was never as simple, easier, or more fun. What's more, the big 42-in. mower can be attached in minutes.



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If you prefer a low-cost standard transmission garden tractor, check out the 10 hp MF 10. MF Variable Speed Drive gives you five speeds in each of four forward gears and one reverse gear. For snow removal, use either the 36-in. blower or the 42-in. dozer blade. Both fit the MF 12.





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ERCED.....Kirby Implement Co., Inc.
ODESTO.....Farm Equipment Center Inc.
ONTEREY.....Tanaka Nursery
NTARIO.....Glenn B. Dorning, Inc.
XNARD.....Alegre Tractor Co.
ORTERVILLE.....C. Jim Quinn Co.
ROBERTA.....Nor-Cal Industries
EDWOOD CITY.....Bob Young Equipment Co.
ACRAMENTO.....Rhea Tractor & Engine Co.
AN JACINTO.....Ted Daniels
ANTA ANA.....T & H Equipment Co., Inc.
URLOCK.....Farm Equipment Center Inc.
ISALIA.....C. Jim Quinn Co.
ATSONVILLE.....Cox Bros. Equipment
OODLAND.....Middleton Implement Co.

HAWAII
ONOLULU.....Grace Bros., Ltd.

IDAHO
MERICAN FALLS.....Massey-Ferguson Inc.
URLEY.....Massey-Ferguson Inc.
ALDWELL.....West Gemco Inc.
OEUR D'ALENE.....Dale's Equipment Co.
DAHO FALLS.....Massey-Ferguson Inc.
EWISTON.....Lewiston Grange Supply Inc.
ERIDIAN.....Valley Implement Inc.
PRESTON.....Massey-Ferguson Inc.
SALMON.....Salmon River Equipment
SODA SPRINGS.....Rex's Sales & Service
TERRETON.....Simmons Equipment & Supply
TWIN FALLS...The Twin Falls Tractor & Imp. Co.
WEISER.....Mc Mullen Equipment
WENDELL.....Zitlau Motors Co.

NEVADA
RENO.....Nevada Welding & Equipment Co.
YERINGTON.....C and B Repair

OREGON
ALBANY.....Linn County Tractor & Implement
BEAVER CREEK..Clackamas County Trac. & Imp.
EUGENE.....B & R Equipment Sales Inc.
HILLSBORO.....Crawford Olson Equipment Co.
HOOD RIVER.....Hood River Supply Assoc.
ISLAND CITY....Union County Grange Supply Co.
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MILTON-FREEWATER.Imperial Trac. & Equip. Co.
ONTARIO.....Massey-Ferguson Inc.
ST. HELENS.....Sunset Equipment
SANDY.....Erickson Construction & Equipment
SHERWOOD.....Sherwood Equipment
SILVERTON.....Cascade Farm Machinery Co.
TILLAMOOK.....Grunder Farm Equipment

UTAH
HEBER.....Center Farm Service
MURRAY.....General Service Co.
SPANISH FORK.....Johnson Tractor & Imp. Co.
TREMONTON.....Massey-Ferguson Inc.

WASHINGTON
CHEHALIS.....McKinnell Tractor Co.
COULEE CITY.....Banks Lake Sales & Service
DAVENPORT.....Davenport Grange Supply Co.
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MONROE.....Valley Farm Equipment Co.
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TIETON.....Jim's Garage
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HOW TO STEP UP A SLOPE

A garden slope can pose a landscaping problem, especially if the slope is situated where traffic calls for steps. Below are two good-looking and practical ways to solve the problem steps made of railroad ties and other materials.



Photograph: Reynolds. Source: Barbara Gorder

Above. Bricks and railroad ties make a beautiful combination of color and texture, and you can install them yourself inexpensively. First, place ties in position and nail 2x6-inch runners to the ends of the ties and toenail into the runners below. This holds the ties in place and forms an edging that frames the bricked areas. With ties and runners in place, add three or four inches of sand to within brick depth of top of ties, tamp firm, and set bricks in place.

Below. Here again, railroad ties form the risers for steps which, in this case, connect two garden levels. Ties of varied lengths are spaced 42 inches apart as they ascend the slope to accommodate the 30x50-inch cut flagstones. White marble chips neatly encircle the stone slabs—four-mil plastic strips under the chips eliminate weed growth. Rough fieldstones border steps to secure gravel. The planting of spreading junipers and rhododendrons gives year-round beauty.

Photograph: Lisanti. Architect: Lawrence Michaels. Source: Elizabeth Rehill



You might call Foremost Dairies' Lazy Puddin' an instant-instant pudding. Because now you can have rich, smooth, delicious pudding every time, all ready to serve, just by opening a can.

Maybe that all sounds too easy, but the fact is we go to a lot of trouble. We make Lazy Puddin' with milk, just as you would make it at home. Then we *flash process* it. Then we seal it in specially-lined cans to preserve its good fresh flavors: Chocolate, Chocolate Fudge, Vanilla, Butterscotch, and Lemon.

We went to all the trouble to save you just 10 minutes. But wouldn't it be nice to have 10 minutes to yourself once in awhile?

Foremost

INTRO-DUCING



WAYS TO REVIVE YOUR LINENS

If last night's party has left[t] disfiguring stain on your be[st] tablecloth—or if some of yo[ur] everyday linens are simp[ly] showing their age—here's he[lp] First, some home remedies handle those stains; then, ea[sy] ways to give tired linens a ne[w] lease on life.

Act Fast!—Granted, if you' the hostess, you can't atta[ck] that gravy stain while the pa[r]ty's in progress. But the soon[er] you do go to work on a stai[n] the easier it is to remove. B[e]fore any of your linens a[re] laundered, you should pretre[at] and remove the stains. Some the most common ones are c[an]dle wax, tea and coffee, and [the]grim, greasy kind—such as cream, butter, milk, and sa[lad] dressing. Here are effect[ive] first-aid techniques for ea[ch] variety:

Candle Wax—Start by scrap[ing] as much wax as possible off [the] fabric. To remove remaini[ng] wax, place fabric between bl[ot]ters or paper towels, then pr[ess] with a warm iron. If spot [re]mains, sponge with grease s[ol]vent (trichloroethane). If f[a]bric permits, pour boiling wa[ter] through spot, or bleach.

Coffee and Tea Stains—Th[ese] can usually be removed in h[ot] soapy water. Bleach, if st[ain] remains and fabric permits

Greasy Stains—Sponge or s[oak] in cold water. Rub deterge[nt] into spot and launder. Spo[t] with grease solvent, bleach fabric permits.

Color Therapy—Now is the ri[ght] time (after removing stains) think about giving your lin[ens] a bright new look with d[ye]. Many colors are available the new liquid form. But fi[rst] check your automatic was[her] care and use book to see if y[our] appliance can be used for t[his] special job. If no instructi[ons] are available, we suggest th[is]: Use the hottest water availa[ble]. Set for regular, hot wash/c[old] rinse cycle. Add dye soluti[on]. Agitate briefly to mix. Pl[ace] clean, wet article in machi[ne] unfolded. Check final rinse see if color remains. A sec[ond] rinse may be needed. Clean m[a]chine by running through regular cycle with deterg[ent] and one-fourth cup blea[ch]. Wipe out with damp cloth remove any sign of color.

For More of a Change, add [a] bright, colorful fringes braids. Spray starches and ing make ironing easier and hance the looks and feel of finished product. ■

NEXT MONTH

A TREAT FRESH AND FRAGRANT FROM THE OVEN is a great way to celebrate the arrival of spring. To inspire you, here's a delectable lineup of ideas: plain and fancy cakes, "kaffeeklatsch" breads, scrumptious pies, and a sunny Citrus Cobbler.

NSUSPECTED STORAGE

, like money, is some-
ou can always use more
e problem is, how can
ake your existing floor
eld more storage space?
e two additions are de-
to do just that, and also
smoothly and discreetly
eir surroundings. Take
raising look at your own
and see if you don't dis-
underdeveloped areas
can be converted with
to unsuspected storage.



raph: Lisanti; Data: Susan Jones Medlock

of storage and serving
was a serious fault of this
room. So closets were
ut into the room to hold
and crystal. A slate-
l buffet with drawers for
ver and table linens was
ded between the closets.
orful accent—red lac-
closet doors.



hotograph: Reynolds; Data: Barbara Gorder

inese red lacquered box
les surprise storage for
in this top-of-the-stairs
The unit is fastened
gh the bottom of the box
l cleat and then anchored
on the opposite end to
ailing. Pictures and dec-
e objects emphasize the
al mood.

NEXT MONTH

THE TEN MOST MISUNDERSTOOD FACTS ABOUT HEALTH INSURANCE. Misconceptions about health insurance can cost you money—and leave you out in the cold in the event of an accident or illness. Get all the facts on health insurance today in next month's issue.

"You need a mirror to play this course!"

Bill Welch, golf pro at Spokane's Indian Canyon, is quick to inform the visiting golfer that the third hole requires using a mirror, mounted high above the tee. It was put there so golfers could see the green, which is tucked behind a hill on the fairway. This challenging course is only one of more than a hundred golf courses located throughout the state. They range in size from tricky par three layouts to 18 hole courses of championship caliber. Because of Washington's mild climate, golf is a year-around sport in many areas. For more information, mail us the coupon. We'll send you a brochure describing course locations and facilities of both private and public courses.

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WASHINGTON STATE



A. Progress pendant cluster #P4479 B. Moe Light English Town House pendant #M-4904-24 C. Shaper weatherproof outdoor lantern #9817 D. Artolier pendant #1006 E. Prescolite Edg
pendant #1516 F. Lightcraft pendant #L1CD-183 G. Lightcraft pendant #L1CD-237; 3-light candelabra base H. Moe Light pendant #M-2654; copper cage with smoke glass I. Artolier pendant #

16 ways to decorate your home with light.



...gl polished brass finish J. Marco 6" surface pendant #SP29: low gloss white finish K. Nightscaping's 12-volt "Illuminator": for outdoor walkways, garden borders L. Prescolite 12" metal pendant #101-AE: ...sh nickel finish M. Prescolite pendant #1514: white metal with colored inserts N. Progress pendant #P4221 O. Lightcraft LaScala chandelier #L8CH-402 P. Shalda garden fixture #538: 43½" tulip

Good lighting is one bright way to improve any room's appearance. By changing... rearranging... or adding to your present lighting... you can make your rooms look more spacious... and add drama to your decor. Good decorative lighting can also add to your living space—by bringing the outdoors alive at night. New low-voltage outdoor fixtures can be installed quickly and economically—and virtually landscape your home in light. Ask at our nearest office for two free booklets full of exciting new ideas for lighting—indoors and out.

PG and E
Pacific Gas and Electric Company



THE SMART WAY TO PLAN YOUR NEXT VACATION TRIP

Planning a vacation trip is mainly a matter of gathering information, and then using it to outline your itinerary and make advance arrangements.

Vacation planning information is widely available, and it is usually free or reasonably priced.

The basic tools of vacation planning are tour or guide books and brochures, maps or an atlas, and your own imagination. These are the same tools used by *Better Homes and Gardens* editors in planning trips that result in our travel articles.

From the tour books, you'll get ideas for places to visit and information on accommodations; on the maps you can lay out your route; and using your imagination you can plan an itinerary that will be interesting and enjoyable for the whole family.

Tour books for the U. S. and foreign countries are available at bookstores and through oil companies, motor clubs, airlines and other carriers. If you are a member of the American Automobile Association, you can request free U.S. and international *AAA Tour Books*. At about $2 per book, you can buy regional U.S. tour books produced by oil companies, like the *Mobil* and *Fodor Shell* travel guides series. The *Rand McNally Vacation Guide* or special guides to campgrounds, national parks, golf courses (about $2 each) are good vacation planning references, as are tour books produced by airlines. Some tour books include discount coupons which you can use at attractions mentioned in the books. These coupons represent possible savings ranging from $40 to over $100 and can easily reimburse you, several times over, for the price of the guidebook.

Essentially all these books contain the same kind of information. They tell briefly the history of an area and what to see and do there, listing tourist attractions for each state or country, town-by-town. They also list hotels and motels, their rates and accommodations; restaurants, their specialties and price ranges.

If you are thinking about a foreign vacation trip, your travel agent is the man to see. He can answer your questions, make helpful suggestions about any place in the world; and when you're ready to make your trip plans, he'll make most of the arrangements for you to suit your own interests and pocketbook.

State tourist information departments can provide a lot of helpful information if your trip will be in the U.S. Each state has such a department which will send you a variety of free material on tourist attractions, maps, and often hotel and motel directories. When you write, be specific about your vacation plans. Indicate when you plan to visit the state, for some attractions are operated seasonally; what areas of the state you are most interested in; whether you like camping areas or spots where there are motels and restaurants at hand; whether you are looking for spots or historic sites or both.

Although these departments have different names from state to state, your letter will get to the proper office if you address it to the Tourist Information Department, State Office Building, in the capitol of the state.

Chambers of Commerce and Visitors' Bureaus in major cities also can provide you with helpful trip-planning material on their own tour attractions.

While free road maps are readily available, you might prefer to purchase a road atlas (usually at about $2) that has maps of every state, major cities, Canada and Mexico in a single book. Each state's tourist information department, too, can send you a highway road map of that state.

On a good, current highway map, you will want to mark the route of your vacation trip. Do this after you study the other material you have collected and know what stops you want to make. If you are a member of AAA, you can request a specially marked map of your trip route. Some oil companies also offer their customers map-marking and other guide services.

Remember that the best road between two points on a vacation trip is not always an interstate highway. That is probably the quickest way to travel, but often an uncrowded, slower road will provide a better view of the natural beauty of the region you are visiting. Look in the guidebooks for tips about scenic routes and small towns on secondary roads that are worth visiting.

Once you have gathered your research material, here are some suggestions for using it.

1. When mapping your itinerary, be sure to allow enough time for everything you want to see; for relaxing by a pool, shopping, and extra side trips; and, to make the round trip from home to the start of your tour without cutting too deeply into your vacation time. If you plan to drive but the area you want to visit is across the country from your home, look into a fly-and-drive plan of an airline and rental car agency. See your travel agent about this.

2. Make necessary advance transportation arrangements. If you're going by plane, train, or bus, make your reservations well in advance, particularly if you will travel during a busy tourist season. If you are going by car, request marked maps from your auto club or oil company well ahead of time.

3. Decide on accommodations you will need and make reservations. This is particularly important during the summer when most motels, hotels, and even campsites are always full of vacationers. If you will need tickets for special attractions on the trip, it's a good idea to write ahead for them, or ask your hotel to get them for you.

4. Decide how much money you'll need on the trip so you can get the proper amount of traveler's checks before leaving. These are the safest and easiest cash substitute to use when traveling. You stand no loss if they are misplaced or stolen, and they can be cashed everywhere.

5. Figure out what you'll need to wear at various stops on the trip and plan your packing accordingly. It's a good idea to make a list of special clothing you'll need and refer to it when you pack. That way, you're not as apt to forget bathing suits or walking shoes in the last minute rush of packing.

When you're making that packing list, keep these handy items in mind: comfortable walking shoes, always a necessity on a vacation trip which invariably involves much more walking than you'd do around home; a travel clock; plastic bags for packing damp bathing suits and wrapping shoes or other items; remedies for headache and sea- or airsickness, prescriptions for any special medication or for your lenses if you wear glasses.

6. Make sure your house will be safe while you are away. Plan to board your pets; suspend the milk and newspaper deliveries; have your mail held at the post office or ask a neighbor to collect it daily; make sure your travel and home insurance is up to date; leave a key to your house and your car—if you're not driving—with a friend or neighbor, who can also keep an eye on things while you're away.

7. Take along a travel itinerary and leave a copy with a friend or neighbor in case you need to be reached in an emergency. An itinerary is handy on the road as a day-by-day guide to your accommodations and sight-seeing plans.

8. If you are driving, take along some games or toys to keep the kids occupied. There are a number of parlor games children can play in the car; and you can make up some of your own—like counting farm animals, spotting "foreign" license plates, following the course of the trip on a highway map of their own. If you're going by air, chances are you won't be aloft long enough for the children to get restless. If you request it well ahead of time, though, airlines can provide games and special kiddie meals. ■

ricky chicken dishes
when your back's to the wall

Tony Gregory
Beach, California



l to be when I got a last-
e phone call like, 'guess
in town and can make it
inner', my reaction was,
d I send out for chicken
inese food?'
ort, I panicked.
hen, from a friend famous
nflappability in similar
encies, I heard about cook-
vith Franco-American
y. Even I knew Franco-
ican is what to use when
ers need a pick-'em-up.
there's none of that funny
cial taste, 'cause Franco-
ican is made with natural
dients.) But to cook with?
nitely, yes. Today I whip up
chic-y things on the spur
moment, without hysteria,
cs to Franco-American
y.
are a few of my chic-y-est
en recipes.
y've made a big hit for me
everyone except the take-
estaurants I used to order
at food from."





POLLO ITALIANO
(shown above)

"Pollo" is the Italian word for chicken, not to be confused with that funny game played on horseback with mallets. "Pollo" you play on foot with drumsticks.

2 pounds chicken legs (or other chicken parts)
1 can (4 ounces) sliced mushrooms, drained
2 tablespoons shortening
1 can Franco-American Chicken or Giblet Gravy
⅓ cup green pepper strips

In your skillet, brown the chicken and mushrooms in shortening. Pour off fat. Now add Franco-American Chicken Gravy and green pepper strips. Cover and cook over a low heat for 45 minutes or until tender. (Better stir now and then.) Interesting for four.



CHICKEN IN A GARDEN

Once you make exotic dishes the easy Franco-American way, you'll want to master small, artistic touches: garnishes. Take it from the original all-thumbs girl—it takes practice. My first radish-turned-rose was the only vegetable ever admitted for emergency treatment. But here's a sure morale-booster for apprentice garnishers. Anyone can make broccoli flowerets. If they have broccoli. And if they don't have broccoli, they have to skip this recipe anyway.

1 can Franco-American Chicken Gravy
¼ cup milk
1 cup shredded process American cheese
1 tablespoon Sherry (optional, but exciting)
Dash of each: salt, pepper, poultry seasoning
1 package (10 ounces) frozen broccoli spears, cooked and drained
2 cups cooked noodles
1 cup cubed cooked chicken

Heat gravy, milk, cheese (¾ cup only), Sherry, and seasonings until cheese melts. Dice broccoli stems, saving flowerets. In 1½ quart casserole, combine gravy mixture, noodles, chicken, and broccoli stems. Now for the artistic touch. Top with flowerets, pressing lightly into casserole. Sprinkle with remaining cheese. Bake at 350°F for 30 minutes. Makes 3 to 4 servings.

* * * * * * * * * * * * * * *

EXTRA ADDED ATTRACTION



SAUCE ALMONDINE RAPIDE

The hardest thing about this sauce is keeping a straight face when you're deluged with compliments.

1 can Franco-American Chicken Gravy
2 tablespoons toasted slivered almonds
1 tablespoon Chablis or other dry white wine

In saucepan, combine all ingredients. Heat; stir now and then. Makes 1¼ cups sauce. Serve over chicken or vegetables.

OPEN UP A CLOSET

If you have a closet you can live without, why not transform it into a functional, decorative area? Perhaps a refreshment alcove, music center, or miniature library. Just subtract the closet door—and change the scene with lumber, paint, wallpaper, or fabric.



Photographs: Lisanti. Designer: Rita St. Clair, A.I.D. Source: Kit Tyson

Above: A gazebo in a den closet? It's not only possible, it's practical with a trompe l'oeil wallpaper such as this bamboo design. Wall-hanging ivy underscores the out-in-the-open atmosphere. Sole furnishing—an old bamboo washstand with marble top which dispenses beverages and snacks for informal parties.

Below: The function of this renovated closet? Purely decorative! But what a decisive snap it gives to the black and white theme of this Victorian bedroom. Black paint makes the wall a harmonious backdrop for a miscellany of curios arranged on shelf strips. You might substitute burlap as a wall covering. Or, give the wall a "wet" look with sleek patent-like vinyl.

Source: Jane Price





Photographs: Hedrich-Blessing. Source: Roger Bracy

Above: One unused guest-room closet can become a much-needed bookshelf-storage cabinet. Here's how. Attach a plywood framework to existing molding and hang louvered doors to conceal lower storage compartments. Fasten wall standards for shelf brackets in section above and position adjustable shelves.

Below: Fitting a piano or organ into a room arrangement can be a problem. One solution—create your own entertainment center using dormant closet space. If the closet is wider than needed, install a 2x2 stud wall partition and use overflow space for storage. Two partitions flank this piano and form small closets to hold sheet music and hobby equipment.

Decorator: Clayton Brown, A.I.D.



Lees Civilized Shag is the only shag with a haircut and set.

Before Civilization.



After.



TO ILLUSTRATE: If you dropped your pearls in our long-haired Shag (above left), they're as good as lost. However, in our Civilized Shag (above right), they're a little easier to find.

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If you're looking for something unusual in a carpet, for goodness' sake, get down and get your fingers into our Civilized Shag.

It's a very unusual shag indeed.

It's not one of those long-haired beasties you'd be practically up to the wrist in.

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Wall to wall.

Room to room.

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BUYING GUIDE

Most of the products shown editorially in Better Homes and Gardens can be obtained locally. For more information, write the manufacturers listed. Some items are privately owned or custom made—thus are omitted from the listing. For information on items not mentioned, write Reader Service, Better Homes and Gardens, Des Moines, Iowa 50303.

New light on an old kitchen

Page 36: Flooring—American Biltrite, Trenton, N.J. 08602. Table and chairs—McGuire Company, San Francisco, Calif. 94111. Cook-top—Jenn-Air, Indianapolis, Ind. 46207.

Dividers that do a lot more

Page 55 (top): Recessed ceiling lights—Prescolite, San Leandro, Calif. 94577. Incandescent spotlights—Novo Industries, San Leandro, Calif. 94577.

Page 55 (bottom): Light fixtures (foreground)—Feldman, 612 S. Wall, Los Angeles, Calif. 90014. Chairs at table (background)—Johnson Furniture, Grand Rapids, Mich. 49502. Light over table (background)—William Lyons, 1010 2nd, NYC 10022.

Great rooms for growing up

Page 62: Wallpaper—Woodson, 979 Third, NYC 10022. Spread and drapery fabric—David and Dash, Miami, Fla. 33137. Desk lamps—Nessen, 317 E. 34th, NYC 10016. Pillows—Nettle Creek, 95 Madison, NYC 10016. Carpet—James Lees, Bridgeport, Pa. 19405. Desk chair—Burke, Dallas, Tex. 75247.

Page 63 (top): Pedestal table and teak storage unit beside bed—Westchester Designs, Mt. Vernon, N.Y. 10550. Carpet—Cabin Crafts, Dalton, Ga. 30720. Globe light—Lightolier, Jersey City, N.J. 07305.

Page 63 (bottom): Pedestal stool—Somerset Craftsmen, 155 E. 23rd, NYC 10010. Stool in foreground—Sun Glow Furniture, 215 Lexington, NYC 10016. Carpet—Cabin Crafts, Dalton, Ga. 30720.

Page 64 (bottom): Director's chairs—Telescope, Granville, N.Y. 12832. Desk top—Formica, Cincinnati, Ohio 45232.

Page 65: Wallpaper—Schumacher, 58 W. 40th, NYC 10018. Corner table and chair—Lane, Altavista, Va. 24517. Rug—Cabin Crafts, Dalton, Ga. 30720. Clock-radio—General Electric, Syracuse, N.Y. 13200.

Page 66: Furniture—Stanley, Stanleytown, Va. 24168. Beads—Alanco Industries, 95 Morton, NYC 10014. Beauty Bug hair dryer—Caryl Richards, Inc., Jersey City, N.J. 07305. Pillows and Bolster—Nettle Creek, 95 Madison, NYC 10016. Lamps—Knob Creek, Morganton, N.C. 28655.

Page 67 (top): Counter top—Marlite Div., Masonite Corp., Dover, Ohio 44622. Paneling—Masonite, 29 N. Wacker, Chicago, Ill. 60606.

It's high time your house had a family room

Page 76 (top): Piano—Baldwin, Cincinnati, Ohio 45202. Flooring—Armstrong, Lancaster, Pa. 17604. Sliding glass doors—Northrup Architectural Systems, City of Industry, Calif. 91745. Fireplace—Condon King, Seattle Heights, Wash. 98063. Ceiling light fixtures—Prescolite, San Leandro, Calif. 94577. Hearth tile—Stonelight Tile, San Jose, Calif. 95110. Portable TV—R.C.A., 30 Rockefeller Plaza, NYC 10020. Wall paneling—U.S. Plywood, 777 Third, NYC 10007.

Page 76 (bottom): Glassware on peninsula—Corning, Corning, N.Y. 14830. Wall oven—Gaffers & Sattler, 4851 So. Alameda, Los Angeles, Calif. 90058.

Page 77: Furniture—Telescope, Granville, N.Y. 12832.

Page 78 (top): Round coffee table—Founders, Pleasant Garden, N.C. 27313. Light fixtures and chandelier—Lightolier, Jersey City, N.J. 07305. Carpet on stairs—Magee, 295 Fifth, NYC 10016.

Page 78 (bottom): Light fixtures under eaves and by door—Lightolier, Jersey City, N.J. 07305. Roofing—Johns-Manville, 22 E. 40th, NYC 10016.

Page 79: Sliding glass doors—Rolscreen, Pella, Iowa 50219.

Page 80 (top): Rug—Karastan, 295 Fifth, NYC 10016. Rattan furniture—Ficks Reed, Cincinnati, Ohio, 45227. Hanging fan—Emerson Electric, St. Louis, Mo. 63136. Lamp—Stiffel, 525 W. Superior, Chicago, Ill. 60611.

Page 80 (bottom): Sliding glass doors—Pittsburgh Plate Glass, Pittsburgh, Pa. 15222. Outside lights—Stonco Electric, Kenilworth, N.J. 07033.

Page 81 (top): Sofa—Metropolitan Furniture, So. San Francisco, Calif. 94080. Oval coffee table—Haasbrock-Sonderguard, P.O. Box 69674, Los Angeles, Calif. 90069. Red chairs—John Widdicomb, Grand Rapids, Mich. 49502. Serving cart—Directional, 979 Third, NYC 10022.

Page 81 (bottom): Outdoor furniture—Brown-Jordan, El Monte, Calif. 91734.

Fourteen of our own favorite recipes

Page 88: Luncheon plates and pepper mill—Dansk, Great Neck, N.Y. 11020.

Page 89 (right): Dessert plate—Franciscan, 2901 Los Feliz, Los Angeles, Calif. 90039. Vermeil dessert fork—"Chantilly" by Gorham, Providence, R.I. 02907.

Page 90: Dessert plate—Lenox, Trenton, N.J. 08605. Sterling dessert fork—"Madrigal" by Lunt, Greenfield, Mass. 01301.

Page 92 (right): Sterling pie server and dessert fork—"Eloquence" by Lunt, Greenfield, Mass. 01301.

Prize tested recipes

Page 100 (right top): Luncheon plate—Castleton China, 15 E. 26th St., NYC 10010. Blue water goblet—Lenox, Trenton, N.J. 08605. Dinner fork—"Gossamer" by Gorham, Providence, R.I. 02907.

Page 100 (right bottom): Small amber crystal bowls—Pitman-Dreitzer, Div. of Lancaster Colony, 1107 Broadway, NYC 10010. Sterling serving spoon—"Vision" by International, Meriden, Conn. 06450.

Page 100 (left): Salad plates—Franciscan, 2901 Los Feliz, Los Angeles, Calif. 90039.

Page 103 (bottom): Sterling server—"Fairfax" by Gorham, Providence, R.I. 02907. Salad plates—Syracuse China, Syracuse, N.Y. 13201.

Tri-level brownies

Page 104 (top): Apothecary jars—Smith Glass, Mt. Pleasant, Pa. 15666. Teflon baking pan—Mirro, Manitowoc, Wisc. 54220.

Step by step to perfect omelets

Page 106 (top left): Sterling sauce ladle—"Fairfax" by Gorham, Providence, R. I. 02907. Glass candle warmer—Pyrex Ware by Corning, Corning, N.Y. 14830.

Page 106 (right middle): Stainless dinner fork—"Morocco" by Gorham, Providence, R.I. 02907.

March meal plan

Page 109 (left): Meat mallet—Modern Industries, Des Moines, Iowa 50315.

Page 110 (right top): Serving spoon—"Contessina" by Towle, Newburyport, Mass. 01950.

Rice roundup

Page 114 (top): Serving fork and spoon—"Hacienda" by Gorham, Providence, R.I. 02907. Wood trivet—Dansk, Great Neck, N.Y. 11020. Salt, pepper shakers—Franciscan, 2901 Los Feliz, Los Angeles, Calif. 90039.

Page 114 (bottom): Green sherbets—Imperial, Bellaire, Ohio 43906. Dessert spoon—"Rhondo" by Gorham, Providence, R.I. 02907.

Crab supper pie and blender hollandaise

Page 117 (bottom): Electric blender—Oster, Milwaukee, Wisc. 53217.

The unbeatable bean!

Page 120 (top right): Luncheon plates and casseroles—Dansk Great Neck, N.Y. 11020.

Pattern at work

Page 130 (left top): Fabric on sofa and matching ceiling—Woodson, 979 Third, NYC 10022. Wall covering—Jack Denst Designs, 7355 So. Exchange Bldg., Chicago, Ill. 60649.

Page 130 (right top): Wallpaper—Piazza, 225 Fifth, NYC 10010. Light fixture—New Metal Craft, 812 N. Wells, Chicago, Ill. 60610.

Page 130 (right bottom): Table—Baker Furniture, Holland, Mich. 49502.

Kitchen centers for special jobs

Page 138 (left middle): Range—General Electric, Louisville, Ky. 40225. Casserole—Corning, Corning, N.Y. 14830.

Page 138 (left bottom): Sink—Crane, 300 Park, NYC 10022. Faucet—Delta, Detroit, Mich. 48226. Chopping block—John Boos, Effingham, Ill. 62401. Appliance center—NuTone, Cincinnati, O. 45201. Cabinet knobs—Towne Hardware, 144 E. 44th, NYC 10017. Towel—Linens by Vera, 417 5th, NYC 10016.

Page 138 (top right): Barbecue grill—Waste King, 3300 E. 50th, Los Angeles, Calif. 90058. Cabinets—Mutschler, Nappanee, Ind. 46550. Flooring—Kentile, 58 Second, Brooklyn, N.Y. 11215.

Page 138 (bottom right): Mixing bowls—S. W. Farber, 415 Bruckner, Bronx, N.Y. 10454. Cake and loaf pans, Mirro, Manitowoc, Wisc. 54220.

Shape-ups for problem windows

Page 152 (left top): Standing lamp—Frederick Cooper, 466 W. Superior, Chicago, Ill. 60610.

Page 152 (left bottom): Lighting—Studio of Lighting, Miami, Fla. 33132.

Page 152 (right top): Cornice and curtain fabric—Charles Bloom, 15 E. 26th, NYC 10010.

Page 152 (right bottom): Cut velvet—Charles Bloom, 15 E. 26th NYC 10010.

Storage to shorten your washday

Page 156 (top middle): Washer—Whirlpool, Benton Harbor, Mich. 49022.

Page 156 (right top): Washer and dryer—Maytag, Newton, Iowa 50208. (middle) Washer and dryer—General Electric, Louisville, Ky. 40225. (bottom) Combination washer-dryer—General Electric, Louisville, Ky. 40225.

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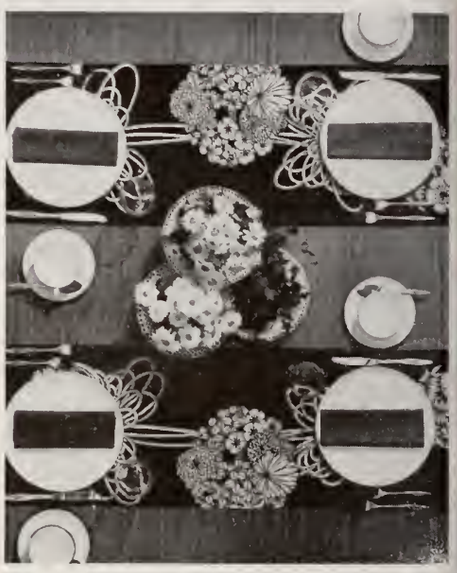
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Left: Cross two long runners of nubby-textured burlap at the center point of the table; add brilliantly bordered pottery and solid tumblers to complete the rustic effect. A low flower arrangement of mums and glads at the "crossroads" adds beauty and balance to the whole composition. Note the artful way spikes of glads stay within the confines of runners and point to each place setting.



Above: Ever tried runners width-wise across the table? You'll find the effect unusual and charming. If your table is long enough, add two more runners on either side to accommodate a total of eight place settings. We carried out the theme of the chrysanthemum print in the centerpiece: three lace-edged plates elevated to different heights on stands and piled with mini-mums and greens.



Photographs: Hopkins

Above: Spectacular combination of a long center runner and place mats provides a change of pace for small or large tables. Mats mated with runners allow a vast array of color combinations. Pick up the color of any stripe in the place mat, or alternate two or three color choices down the table. Floral composition with two pottery birds is arranged asymmetrically with mums and ti leaves.





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Photograph: de Gennaro. Architect: Douglas Waterman A.I.A. Source: Pauline Graves





Photograph: Reynolds. Designers: Humphery A.I.D. Hardenberg A.I.A. Source: Barbara Gorder

Left: A *baking center* like this keeps hard-to-store roasters and awkward casserole dishes right at your fingertips. The 24-inch-wide, below-counter space files large pans on edge; casseroles on closely spaced hardboard shelves. Tall unit at the end (only 13 inches wide) holds many servers and glasses. Lower half of the unit opens from both kitchen and dining room side.

Below left: Here, a sink and chopping block at an easy 32-inch working height aid *salad preparation*. Food center, built into the counter, operates attachments to blend, chop, grind, and mix. Expanded metal is used for bottom of drawers to ventilate fresh produce. This small but efficient peninsula serves bar and beverage duty, too.

Above: *Indoor barbecue* plays the lead in this handsome island which separates kitchen from family room. Black slate surrounding the area is both heatproof and easily maintained. Exhaust fan hides behind red brick archway; charcoal stores below. Or, you can now choose the convenience of gas- or electric-fired briquets. Small grills (some only 13 inches wide) take very little kitchen space, yet offer food fun for the entire family.

Below: Any kitchen could use this cool cart—marble topped for pastry roll-outs and candy cooling. Wheel it where needed. Here, it doubles *pastry center's* work surface at a convenient, 31-inch height. Side drawer keeps cookie cutters, rolling pin, pastry utensils.

Photograph: de Gennaro. Architects: Burge-Roach A.I.A. Source: Pauline Graves



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SHIPSHAPE FAMILY ROOM

Photographs: Bill Hedrich, Hedrich-Blessing. Designer: Robert Oakes Jordan



When you add a family room you can take one of two approaches: make it look like the rest of the house, or give it a character distinctly its own. This family room is a perfect example of the second approach.

Since the owners had amassed an extensive collection of antiques and nautical knickknacks, they decided to design and furnish the room to complement their collection. The result is a blend of captain's cabin and rustic cottage—thoroughly charming and authentic, yet completely livable.

Left: A curved fireplace built from clinker brick dominates one corner, serves as a focal point for the entire room. An antique oven was built into the left side, a small storage closet for tongs and brushes on the right.

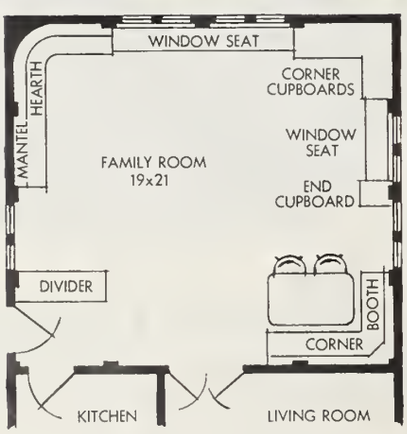
Stained glass windows and dark-stained beams and flooring reinforce the room's rustic appearance. Under the windows, a ten-foot bench provides generous, out-of-the-way seating with storage beneath.

Below: A built-in booth in the opposite corner of the room simplifies seating at snacktime and offers storage, too. Drawers under the seat hold candles, linen, and china; the narrow compartment against the wall contains a card table.

The door at right leads to the kitchen; another door, further right, leads to the living room. The living room door is one of a pair of swinging doors.

Plan: Connected to both the kitchen and the living room, the addition lends itself equally well to family meals or entertaining. You could put a home office or hobby center where the small divider stands.

The room is 19 feet wide and 21 feet long, contains 399 square feet.







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Looking for something unusual in an artificial centerpiece that you can adapt to a special setting? Then try one—or all six—of our "great-pretender" table decorations. The ingredients: string, fake flowers (dipped to look like porcelain or glass), muffin cups, yarn, and leftover fabric for blooms.

After you've finished these fakers, find just the right container to complement each craft design.

Fresh-as-springtime clover (above left) deck a printed cloth. To make blooms, wind two-inch-wide cardboard 40 times with white and green wool. Remove cardboard; tie yarn in center; trim with scissors into ball. Add stems and leaves.

Worsted-and-wire flowers, above, lend themselves to a low container. Make petals and leaves separately, then wire several together at base. Using wire, cut a double length of any petal or leaf. Fold wire in half for frame. Tie yarn to frame tip; wrap entire outline. Weave more yarn around and under frame. Wire leaves and petals together. Add yarn pompon centers.

For a crystal-clear centerpiece with the shimmer of gleaming glass, start with small- to medium-size plastic flowers (they can be old ones). Set a rod across two kitchen chairs to help in the drying process. Mix resin and the catalyst as per directions. (Two cups resin will coat enough flowers to make two medium-size bouquets.)

Mixing container should be deep enough and narrow enough to provide at least four inches of resin for dipping. Immerse flowers in liquid. Hook wire stems over rod; let excess resin drip onto newspaper. Allow to dry overnight before arranging.

Designer below and right: Gladys Herndon. Photographs: Hopkins

Designers: (Below) Yoshie Tobe. (Above) Jean Ray Laury







Stockpile morsels of material to make these fabric flowers. Sailcloth and percale in varying prints and plains make an effective arrangement.

Cut shapes from cardboard from 3 to 4 inches in diameter; trace around with pencil on wrong side of fabric; cut out design. Paint right side with liquid starch, then iron on wrong side.

For calyx, cut green or yellow cardboard disks that measure about 1½ in. Glue to back of flowers. Attach stems and bend each flower at right angles to stem. Add pieces of chenille stems to flower center. Spray both sides with clear acrylic before arranging.

Carnation-like flowers are among many designs you can make with paper muffin cups. We wired ours, in an assortment of colors, to an inexpensive wicker lantern. Then we suspended the lantern over a table set with plastic carnation-decorated luncheon plates.

To make paper carnations, layer four or five muffin cups one inside the other; then fringe them down with scissors almost to the center. Pierce a small hole for the wire stem, and twist the center of the bottom of the cups into a cone, overlapping the edges. Fasten with white glue, then fluff out the rigid paper cups to form flowers.

Tied-up twine blooms are the basis of this rustic centerpiece. Use colored twine you can buy at a hobby store; or try ordinary brown postal twine, dipped in a strong, hot solution of powdered dye for brilliant colors.

Loop twine ten to fifteen times around a six-inch rectangle of cardboard. Slip off, tie in middle, and for flower centers add some extra pieces of twine which have been combed out to give them a fluffy look. Attach wire stems covered with floral tape. Tie flowers again with twine a half inch from base. Wire on the paper or plastic leaves, and arrange in a raffia basket.



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To make paper carnations, layer four or five muffin cups one inside the other; then fringe them down with scissors almost to the center. Pierce a small hole for the wire stem, and twist the center of the bottom of the cups into a cone, overlapping the edges. Fasten with white glue, then fluff out the rigid paper cups to form flowers.

Tied-up twine blooms are the basis of this rustic centerpiece. Use colored twine you can buy at a hobby store; or try ordinary brown postal twine, dipped in a strong, hot solution of powdered dye for brilliant colors.

Loop twine ten to fifteen times around a six-inch rectangle of cardboard. Slip off, tie in middle, and for flower centers add some extra pieces of twine which have been combed out to give them a fluffy look. Attach wire stems covered with floral tape. Tie flowers again with twine a half inch from base. Wire on the paper or plastic leaves, and arrange in a raffia basket.



Living-Family Room floor is red Kentile Colonial Brick Solid Vinyl Tile. Note use of white bordering fireplace. Also comes in three additional colors. Individual 9″ x 9″ tiles allow easy, fast installation. Your Kentile® Dealer? See the Yellow Pages under "Floors."

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GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

Weather philosophy. If you are a green thumber, you should look at March frost damage with thanks as well as grumbles. After all, if the destruction is that great, you have a wonderful opportunity to start over again! Come on, haven't you admitted to yourself that the garden is ready for an overhaul?

Many of the damaged plants will recover, never fear. Just don't cut them back until there are signs of new growth.

Herbs for taste. For use in the kitchen, an all-purpose herb garden should have the following 12 herbs: chives, dill, thyme, summer savory, chervil, parsley, sweet marjoram, rosemary, sage, tarragon, sweet basil, and caraway.

Most herbs are easy to grow. Their main requirements are full sun, reasonable drainage, and poor soil rather than rich loam. The latter leads only to plumpish foliage short on the aromatic side.

If you already have herbs in your garden, some of them may need attention. Lift mint plants which have become too thick. Separate and replant in freshly prepared soil. Confine mint by growing in beds edged with redwood header boards or in containers you can move around.

Lift seedlings of marjoram and use them as a border in the herb garden. If there is a surplus, grow some for cut flowers. They are useful in old-fashioned arrangements.

Divide chive clumps. Use them as a border in the herb garden or a cover plant in odd corners. When in bloom, chives make attractive plant mates with dwarf lavender or rosemary, all of which produce lavender-toned flowers.

Multiplying mums. Clumps of last year's chrysanthemums should be kept growing right along so that you can make cuttings of the vigorous new shoots this spring. Old-timers sagely advise fertilizing the clumps to develop bigger and stronger sets of shoots for propagation. Mums are easy to root from cuttings. Start some extras for neighbors or for civic beautification that all can enjoy.

Start April lawns in March. Although fall is generally recommended for lawn sowing, spring-sown lawns are more quickly established and are perfectly successful where summers are not too hot. If you plan to sow a lawn in April, do your spading in March—when and if the soil is workable. Spade to a depth of 10 or 12 inches, throw out rocks and debris, and allow soil to settle. Better than spading, and a lot easier on the back is the use of power equipment, available at rental agencies. A gasoline-powered tiller does the job quickly and easily.

Nothing else is quite as satisfying as cool, green, velvety turf, and nothing else sets off the home grounds so beautifully. While each lawn in a block of homes is apt to have special requirements, you can't go wrong planting a new lawn with improved Bermuda grass, or by sprigging it in the South.

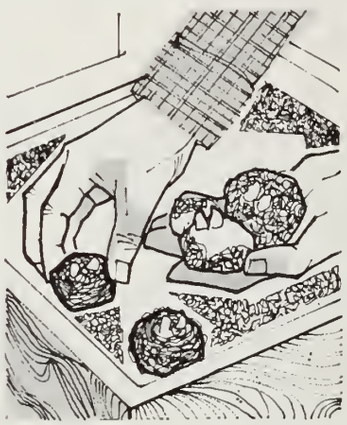


Plant sprigs in continuous rows spaced six to ten inches apart. The closer the spacing, the quicker the coverage. Firm the soil to the roots and water in well. The soil must be kept constantly moist for about two weeks until sprigs are well rooted. Then water once each week as needed to encourage vigorous growth. Feed with lawn food a month after planting for healthy growth.

Tiger in the garden. This flower has nothing to do with gasoline. In spite of being a native North American, tigridia—variously called tiger-flower, Mexican shell flower, Mexican daylily, and flame flower—is still an unknown. Yet it requires only the same care as the gladiolus. If you have had good luck with gladiolus, you can grow tigridias. The bulbs are easy to handle. Just plant three inches deep in a sunny, well-drained spot.

Each flower is spotted, not striped—so the name tiger-flower is not too accurate. Leopard-flower might have been more truthful. The general color effect is blazing yellowish orange with red spots. The brilliant blooms displayed in July and August by a group of tigridias in the flower border call for a cooling and complementary background such as white phlox or Shasta daisies.

Tuberous begonias. If you stored tubers from your '67 begonia displays, check them frequently now for signs of life and the beginning of action for '68. At



the first signs of small, pink shoots on top of the tubers, start them in flats of moistened coarse oak-leaf mold. If you can't locate leaf mold, substitute one of the packaged houseplant soil mixes.

The pros used to advise: do not bury the tubers—set them about half above and half below the surface. Now they've reversed themselves: they recommend that you cover the tubers with about one-fourth inch of the planting medium. The advantage is a bigger and better mass of fibrous roots.

Blues for the shade. Although few summer annuals thrive in the shade, there are four dependable blues which will make an effective border if they receive full sun in the morning and light to medium shade in the afternoon. In hot inland climates, they like heavier shade.

Start along the edge with lobelia Cambridge Blue, a soft blue; then plant quite thickly browallia Sapphire, which has brilliant blue, white-eyed flowers similar to, but larger than those of lobelia. *Browallia speciosa (major)* is another bright blue browallia worth using here. In the background use white, night-fragrant tobacco plant (*Nicotiana affinis*). Even if there were a blue nicotiana, white would still be preferable because it lights up late afternoon shadows under trees or on the north side of a house.

Near the coast or in a section where summers are not too warm or dry, plant this summer border in light shade: viscaria Blue Gem, an 8-inch annual with light ultramarine blue flowers; blue lace-flower (trachymene) which grows 18 inches high and has lavender and blue flowers similar to those on Queen Anne's lace, one of our most attractive roadside weeds. If you can plant these annuals against an already established background of white windflower (*Anemone japonica*), well and good; otherwise substitute white cosmos, which is similar in flower and height, and blooms in late summer and fall.

Golden-chain. If you are looking for a small, rather sparsely branched tree with wisteria-like blooms in early spring, try the laburnum or golden-chain tree. It is a great favorite at the big March flower shows in the East. If is forced under glass to beat the normal season by a few weeks. You can use the golden-chain tree as a tall shrub if you leave the many shoots at the base instead of pruning them to form a single-trunk tree.

In April and May, the stiff, somewhat angular branches will drip with golden yellow blooms that appear just before the leaves are fully opened. The plants are tall growers and succeed in almost any soil or exposure. The compound leaves are gray-green in color and combine well with purple lilacs.

Perennials for shade. Perennials which will grow and bloom in full or half shade can be set out now for color early this summer: coral-bells (half shade), forget-me-nots, columbine (half shade), canterbury bells (half shade), violets, astilbe, francoa, and plantain-lily. The latter three are usually difficult to

Continued



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GARDENING THIS MONTH

Continued

find at the nurseries. Look for them at firms specializing in perennials.

Pyracantha care. These shrubs bear their berries on two-year-old wood. Accordingly, if you were to prune them heavily now, you'd get a heavy growth of foliage next year, but no berries. On the other hand, if you allow them to go unpruned for several years, the fruiting area will be farther out each year. The happy solution is to prune annually to make the fruiting wood reproduce itself in the same area. Do this by removing the branches which carried berries this winter, cutting back deep into the body of the shrub, and leaving the new growth to produce berries next winter.



And, to help insure husky growth and a resultant heavy set of berries for the holiday season, give the pyracanthas a jolt of fertilizer, such as a 5-10-5.

Shasta daisies. Tall-growing, pure white Shasta daisies are lasting treats in the garden.

Thanks to the late Luther Burbank of Santa Rosa, established clumps yield at least four major crops from May to September. The trick is to cut back old faded flower stalks and foliage, and feed and water.

In the rich Valley Of The Moon area, which Burbank declared "the finest growing spot on earth," his original plant forms yield blooms four to six inches in diameter on stems nearly three feet tall. Other hybridists, including Europeans, have developed fine hybrids from Burbank's original work.

One of the best is the well-known Esther Read daisy from England. It averages 18 to 24 inches in height and gives great crested blooms which are fine for arrangements. South of San Francisco, in the wholesale cut-flower growing areas, vast acreages are devoted to them. The main requirements for daisies: full sun with rich, moist, humus-laden soil. In hard, lean soil the plant growth is slowed down and the flowers are less numerous. Old established clumps require dividing after being in the same spot two or more seasons. March is an excellent time to divide them.

An old favorite. Lilacs are among our oldest garden plants, having been under cultivation since the middle of the 16th century. They have been more at home in the Pacific Northwest than in California or the Southwest simply because the older varieties required several cold, wintry months to reach proper dormancy. But there are varieties on the market now which thrive beautifully in mild-winter areas.

The old-fashioned lilacs are among the hardiest of ornamental shrubs for the Northwest. They thrive equally well east of the mountains where they are subject to hot weather in the summer and sub-zero temperatures in the winter. They are not particular as to soil type and are relatively free of insects and diseases.

Lilacs propagated on their own roots have proved much more successful than those grafted on privet for a rugged, quicker start. The grafted plants are subject to a severe disease known as graft blight of lilacs which takes many of the plants just as they are getting well established. The root grafts are more susceptible to winterkill.

Lilacs, in general, should not be pruned at all during their first three years. It's best to let them assume their natural form. Mature plants are best pruned just after flowering in order to develop good bloom wood for the next year. The pruning generally will consist of removing excess suckers as they appear and cutting out dead or diseased wood. Cutting off the flowers as they fade is a good way to prevent seed formation and boost next year's flower production.

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Stroganoff. Juicy meatballs—8 of them! Along with egg noodles and tangy sour cream sauce. It's a man-filling meal that takes just 10 minutes to cook. And your meat-and-potato man will dig in and love it!





Tetrazzini. In 12 minutes your family can be enjoying perfect spaghetti and tender chicken in a creamy sauce with golden mushrooms. Here's good eating made with fine Italian flavor that everybody will go for!

Chef Boy-Ar-Dee has put all the fixings in a box to make it easy for you.

"SOUP'S ON" PARTIES

Hot and hearty soup, served with a flourish, is perfect for cold-weather entertaining. You can create your own masterpiece from scratch—or experiment with mixtures of the prepared kind.

And don't let the fact that you don't have a tureen deter you! You'll notice that there's not a tureen on any of our tables. Try these souped-up settings the next time the gang comes home ravenously hungry from the game or the movies.



Photographs: Hopkins

Fresh herbs and soups are happy companions. Here pots prettified with straw glass coasters contain parsley, chive, dill, and marjoram. We used a gay and gaudy metal salad bowl as the soup container, with footed cups for individual servings. Tray-setting makes this a portable soup party.



Some like soup hot . . . and some like it cold. So for this party, please all of your guests by giving them a choice of a hearty hot soup and a thoroughly chilled arctic type. Heat-resistant kitchen canisters hold the enticing brews with two polar bears doubling for a centerpiece.



Casseroles make ideal containers for soup parties. And if you run out of soup bowls try alternating soup dishes and cereal bowls in stacks or up and down the table. For munch-along snacks try shoestring potatoes, french fried onion rings, as well as crackers. Centerpiece is raffia mushrooms.



Soup in a coffee server? Why not! It makes an ideal large dispenser for quarts of soup (any nonacid kind that pours easily). Instead of a soup bowl, try metal cups with insulated handles. We made the tidbit container out of three baskets with a dowel inserted through the center of each basket.



Try a dessert soup party for a change of pace. Here we used a punch bowl as a container for the fruit soup, centered on a colorful mat. Punch cups take care of individual servings. You can use your punch bowl for any thick or thin cold soup. Centerpiece is a handsome arrangement of dried dill.



Whether it's the real turtle soup—or only the mock—it will be well-received when ladled out of a metal cracker container into elegant rimmed soup bowls. Centerpiece is composed of two black wood turtles combined with a green leaf and fern arrangement—good for any or all of our soup parties.

Maybe you'll decide against red with green trim. But Stanley thinks you should have the choice.





Maybe you'd prefer burgundy. Or a jade-green that lets the wood grain show through. Maybe what you really want is a burnt orange room divider. Maybe not. But if you want a credenza to match your carpet, we think you should have it. That's why we make furniture in shades of blue, celery, apple green, moonstone, primrose, and dozens more. More colors and finishes in fact than anyone else. If you'd like to see them, send $1.00 for brochures to Pat Parker, Dept. BG-83, Stanley Furniture Company, Stanleytown, Virginia 24168.

We try to finish furniture as though different people had different favorite colors. The Stanley Furniture Company.

STANLEY

SMALL-FRY STORAGE

This very personal bedroom shows how you can combine storage and study area. To give two ready-to-paint chests a built-in look, top them with a 16-inch-deep plywood shelf and conceal edge with molding strips. For additional stability, secure the shelf with wall brackets or cleats. Add a layer of plastic laminate to make the shelf surface practically childproof. A smaller wall cabinet or open-back bookcase unit placed on top of the shelf neatly accommodates books, paper, pencils, and other study needs. When the child is older, the stenciled labels on the drawer fronts can be replaced with a patterned fabric to coordinate with the draperies, wall panel.



Designer: Sidney Blackard, Selected Interiors


Decorator: Herbert Altheimer.

A good way to initiate orderliness is to provide your child with his own storage facilities. In this bedroom, four drawers built under each bed offer plenty of room for all the paraphernalia children collect, yet take up no more floor space than the beds alone. Gaily painted drawer fronts make a game of putting things away and help separate youngsters' belongings. Divider panel between the beds is fitted with shelves for additional dust-free storage.


Decorator: Rosalyn Kant.

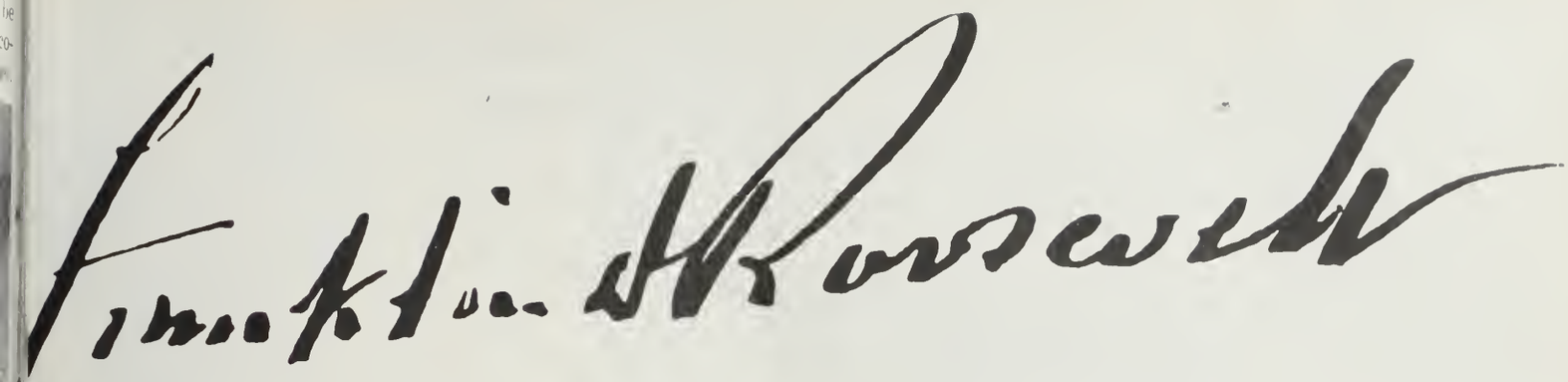
Look what you can do with a typical clothes closet. Remove sliding doors (or bifold panels) and divide area in half. Hang child's clothes in upper half and conceal with an extra-wide window shade which repeats the pattern of the wallpaper. Place two unpainted chests side by side in the lower half where child has easy access to toys and books. Wicker hampers, fabric- or wallpaper-covered boxes, or bins with see-through fronts can also substitute for the chests.

Moving
is a feminine affair

At North American, we've learned the man of the family is frequently away on moving day. He doesn't want to be, but business often makes it necessary. The job of moving becomes woman's work. That's why our moving up experts have been trained to take a wives-eye view of moving. Our gentlemen movers certainly should be there if father isn't. When your family moves up, call your local North American agent. **Move up with North American. It costs no more.**

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"If I were starting life over again, I am inclined to think that I would go into the advertising business in preference to almost any other. This is because advertising has come to cover the whole range of human needs and also because it combines real imagination with a deep study of human psychology. Because it brings to the greatest number of people actual knowledge concerning useful things, it is essentially a form of education...It has risen with ever-growing rapidity to the dignity of an art. It is constantly paving new paths...The general raising of the standards of modern civilization among all groups of people during the past half century would have been impossible without the spreading of the knowledge of higher standards by means of advertising."

Isn't it strange to find people in this country today who, in the name of everything Franklin D. Roosevelt stood for, criticize advertising and seek to restrict it? Well-meaning people who say that it is unfair competition for a big company to spend more on advertising than a small company. Ignoring the fact that it is advertising that helps small companies grow big . . . companies like Polaroid, Xerox, Sony and dozens more who have taken on the giants in the marketplace and won their niche.

These people think we should restrict the amount of advertising a company can do—just to be fair. But, of course, big companies spend more on research and development than little companies, too. And that's even more unfair because it helps develop new products the little companies don't have. So, perhaps, we should restrict research and development.

It's too bad somebody didn't think of this 40 years ago. Then we'd all still have iceboxes. And you wouldn't have to worry about getting all that frozen food home from the supermarket before it thaws. In your 1966 Model "T."

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An association of 365 leading U.S. magazines

SHAPE-UPS FOR PROBLEM WINDOWS

Different windows present different problems—what's right for a miniscule opening is all wrong for a bulbous bay. Your best bet: look upon each window as an individual challenge. Study its shape, size, and location—then pick a treatment that will make it do what you want it to.

Below: A window over a radiator is far from an insolvable problem—and here's a treatment to prove it. Short draperies hang in one smooth, flowing line to the top of the plywood radiator cover. The simple up-and-down design of the drapery fabric distracts the eye from the radiator as does the matching scalloped valance suspended by fabric loops from a shiny brass rod.



Photograph: Hedrich-Blessing. Decorator: Milton Agars Botterill, A.I.D



Photograph: Lisanti. Decorator: Harry Nardi. Source: June Edwards

Above: When you want to make a small area appear larger, repeat the wall covering pattern at the windows. That's the decorating trick employed in this breakfast nook where matching shade and topper are contained inside the window frame to make walls seem more expansive. This treatment escapes sameness via color-contrasting tassels and braid trim.

Above right: This small off-center kitchen window sparkles with provincial charm after its Cinderella-like transformation. An irregular shaped lambrequin widens the opening while matching cafes cover wall space below the sill and suggest added height. Sprightly pattern softens weathered-look shutters.

Right: A lofty ceiling dwarfed this ordinary size window—until an extra deep cornice was added to visually alter its proportions. The cornice board is covered in two-toned cut velvet, to match tieback draperies, and trimmed with stained molding strips. Silk under-curtains add the final note of luxury.



Photograph: Clyde May. Decorator: Rich's, Atlanta. Source: Susan Jones Medlock



Photograph: Lisanti. Decorator: Rich's, Atlanta. Source: Susan Jones Medlock



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In case after case doctors proved, while gently relieving pain and itching, actual reduction (shrinkage) took place.

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TREASURE HUNT

COLLECTING DINNERWARE

By John Mebane

Individual pieces from fine early porcelain dinner sets have been collected for years, and the hobby shows no signs of abating. The challenge in collecting fine dinnerware is that of ferreting out and acquiring sufficient pieces to complete a full service. This is half the fun of collecting dinnerware, but it's also fully half the aggravation.

Finding a full service in *eighteenth* century dinnerware produced at Meissen, Chantilly, Bow, Worcester and other noted manufactories is no task for the impecunious hobbyist. But it doesn't necessarily require a fortune to seek out and acquire, eventually, collectible sets produced in the *nineteenth* century by, say, one of the Haviland companies, Josiah Wedgwood and Sons, Mintons, W. T. Copeland & Sons, Johnson Brothers, the Ceramic Art Company, or numerous other factories whose wares in porcelain or earthenware are attractive and desirable. Collecting sets of Victorian majolica, such as that made in America by Morley & Co. of Wellsville, Ohio, or Griffin, Smith and Hill of Phoenixville, Pennsylvania, is not an impossible task, either—although patience and some outlay of money will certainly be required.

Suppose you have three or four cups and saucers, a couple of plates, and a tureen in a pattern you find fascinating, and that you want to accumulate a place setting for eight. Where do you start? The nearest antique shop would be as good a place as any. Arm yourself at the outset with a cup or a plate in the pattern you want to match, or at least a photograph or sketch of the pattern. Don't be discouraged if you find no matching pieces in the first few places you visit. Try other similar shops in your community. Then visit stores which sell secondhand merchandise; all sorts of treasures turn up in some of these.

Watch the newspapers for announcements of flea markets and charity bazaars. Scan the want ads under the categories of household goods and miscellaneous for sale. Should you find individuals offering china and bric-a-brac because they are moving out of town or for other reasons, pay them a call and take your pattern along. Watch for notices of auction sales featuring household goods, too.

But before you start on your search—which may take you into a hundred or more establishments before achieving your objective—a little homework can be of enormous help to you. It's essential to try to identify the maker of the ware you are seeking. Although some companies stamped or incised their name on their productions, others used only a mark or a symbol. There are several excellent reference books listing pottery and porcelain marks. Some or all of these books may be available in larger public libraries; antique dealers may let you have access to theirs if you are a good customer, or you may want to purchase your own copy or copies.

In addition, if you really want to complete your set of dinnerware while learning something about the people who made it, you'll read some of the specialized collector periodicals. They not only carry excellent articles about pottery and porcelain, but also advertising columns where you may find offered for sale pieces of the very ware you are seeking. Naturally you will now be able to recognize it by name or pattern because you have done your homework.

If you intend buying matching pieces by mail, send along with your order a photograph or clear sketch of the pattern you want to match, so there will be no misunderstanding on the part of the seller as to just what you want. Remember one rule when ordering by mail: Always enclose with your order a stamped, addressed envelope, or at least a stamp, so you can be notified or your check returned in case the piece you want has been sold prior to receipt of your own order.

Trying to find matching pieces of many types of porcelain or pottery dinnerware can be a long, drawn-out procedure, but if it's porcelain made by one of the Haviland companies, you're in luck. There has been so much demand for Haviland in recent years that a number of dealers have opened shops which specialize in matching the numerous Haviland patterns. These dealers advertise regularly in many of the collector periodicals. Write them, giving a list of your needs and including a tracing of the pattern or a photograph and a description of the colors.

Haviland china's prices have risen sharply in recent years, but the prices are by no means prohibitive as yet. Sets of 40 pieces or so are sometimes offered at $125 to $200; desirable cups and saucers may be found at prices of $6 to about $8, and many patterns of plates will fetch from $5 to $10. ▪



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Hide-A-Bed sofas are priced from $200 to about $800. Remember, these days no living room sofa is worth the price unless it hides a bed.

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Shown is Sutter (UHB 10189-4-411) from Golden Value Group upholstered in 7384 Coin. Price with Beautyrest mattress about $480.

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Special Fortified Formula contains *more* of this medication than any other leading arthritis tablet. Gives hours of relief from minor pain and its stiffness.

ARTHRITIS can strike at any age —even people in their twenties. Doctors know that in treating arthritis you must relieve *both* the pain and reduce inflammation that causes the stiffness. And Anacin® contains the compound leading arthritis specialists say is the most effective to do this. In fact, Anacin gives you *more* of this than any other leading arthritis tablet.

Anacin is a special fortified combination of ingredients which no other product has. It gives hours of relief from arthritis minor pain, its stiffness and tenderness so you have greater use of your joints. It also helps reduce the inflammation.

Being so smooth and gentle on the stomach, Anacin may be taken as directed as often as needed. Just see if the regular use of Anacin Analgesic Tablets doesn't help *you* lead a more active life.



A CLOSET GARDEN CENTER



Photograph: Bill Hedrich, Hedrich-Blessing. Architects: Bernoudy, Mutrux & Bauer. Source: Lois Rea

Enjoy the convenience of having all your garden gear and flower-arranging paraphernalia in one place by converting a closet into a garden work room. If you haven't a spare closet, enclose a corner of the garage, utility room, or basement.

Start by covering most of one wall with perforated hardboard for hanging small tools where they are easy to spot. With special brackets, you can mount shelves quickly to the board and raise or lower them as the need arises. Put all available space to work. Even the insides of the doors offer valuable storage space. Strip-mounted shelves, available at most hardware and department stores, will give narrow storage for those hard-to-dig-out small items. If your budget permits, add a sink and a drainboard—the one in the unit above is just inside the door at right.

A bulletin board or the inside of a door will provide a handy spot for work schedules and pertinent garden tips from magazines and newspapers. You'll need a cabinet you can lock to hold all poisonous materials, such as insecticides, fungicides, and soil-treatment chemicals.

Be sure to include a wheeled cart with a generous-size work surface for use in the garden room, for wheeling supplies to the patio, or for making the houseplant circuit with tools, plant food, and other supplies.

If you have just a few houseplants, you can keep your potting soil in bags or boxes on shelves. If you do a lot of potting, keep your soil and other ingredients in covered plastic or metal cans set on the floor. To keep pots out of the way, stack them on a low shelf where they're handy.

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By Margaret Vennum Daly

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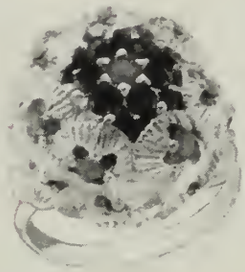
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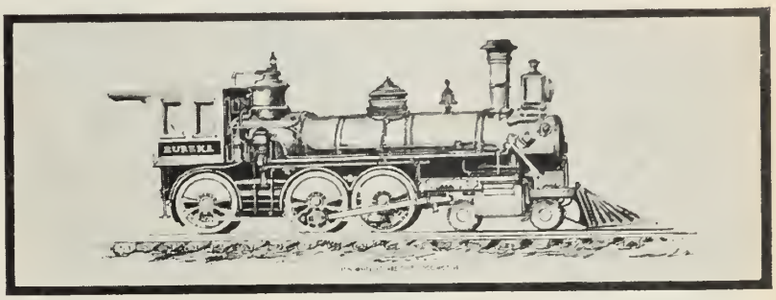


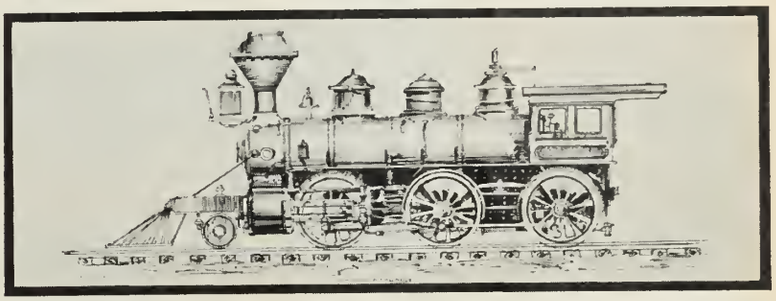
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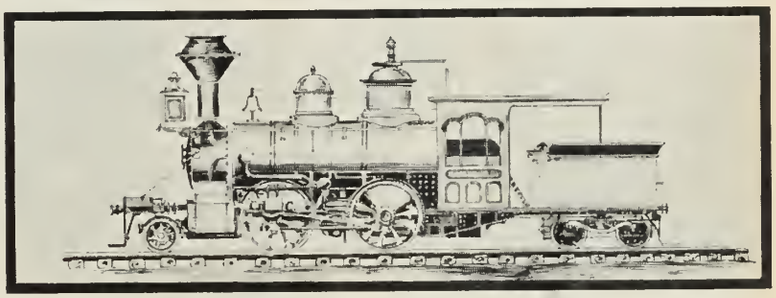
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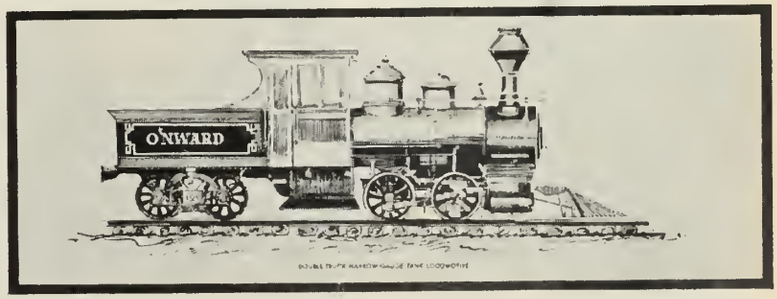
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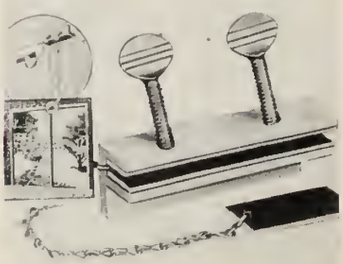
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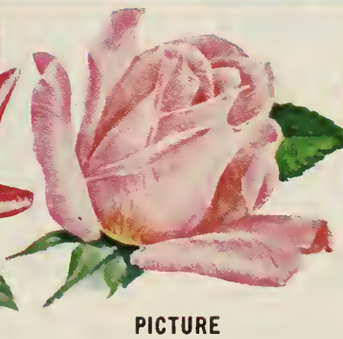
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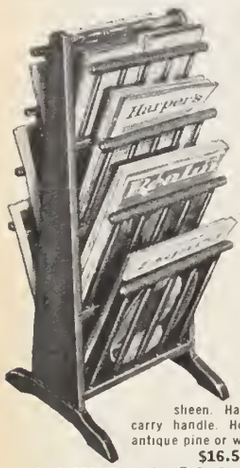
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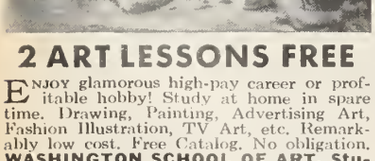
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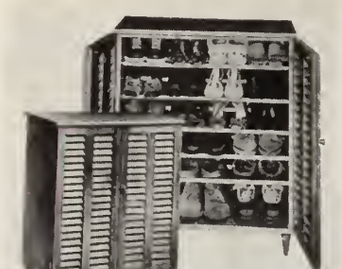
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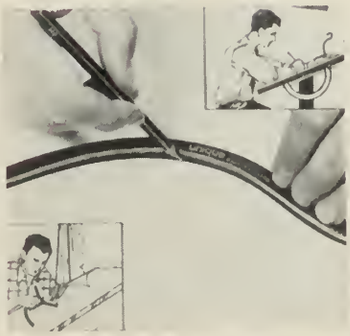
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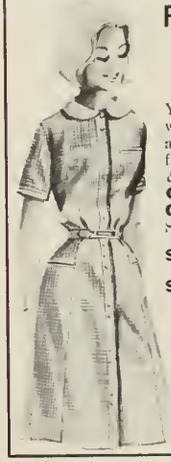
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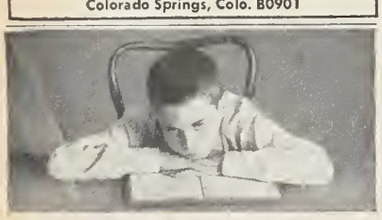
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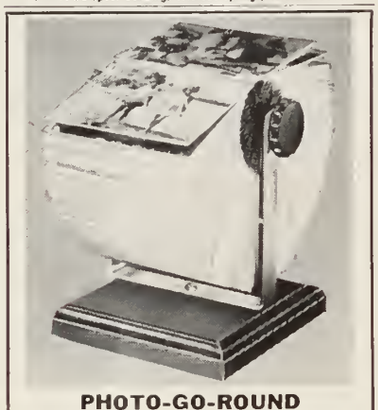


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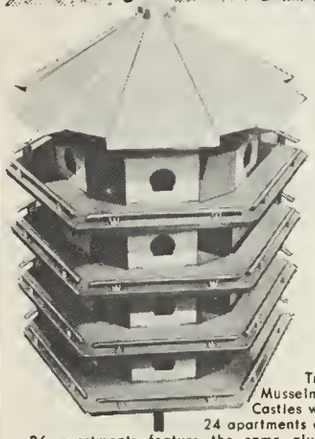




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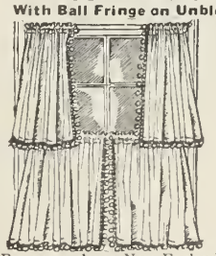
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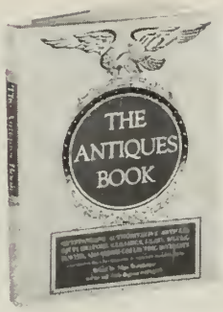
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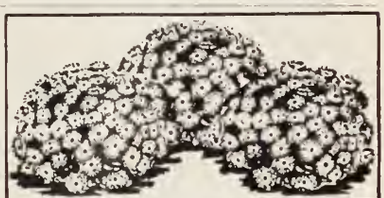
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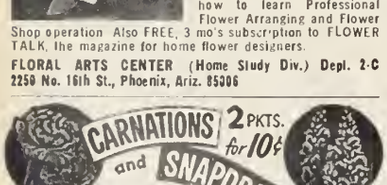
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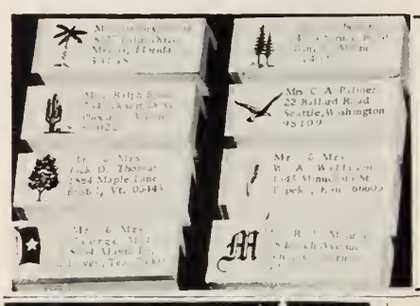
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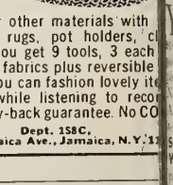
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"Between you and me, anybody I audit who makes more than I do has two strikes against him right off the bat."

The odds against her are reassuringly heavy, but still I can't help feeling a little nervous whenever Judy enters a contest that offers a pony as first prize.

"Assigning homework is not an easy chore," teacher Kathleen Brown told me at the PTA meeting. "First, you have to keep it short so it will get done, and then keep it simple so the parents can do it."

Burt Jr. was inclined to blame some earlier basketball losses on a couple of sprained ankles, but now he seems ready to admit his team is pursuing a "no-win policy."

Businessman Ed Hunter says some of his problems could be solved if the cheerful man who writes the bank ads also were a member of the loan committee.

Perhaps it would help ease the world's food shortage if those black walnuts the Hillis family gathered last fall—and which now rest unshelled in the basement—were shipped to a foreign country.

The ambition of Judy, 10, is to be a television actress, although she fears her parents might order her off to bed in the middle of her first hour-long special.

Bill Norman says he's thinking of organizing a group called "Homeowners Anonymous." The idea is, when you feel like doing something around the house, you call up a fellow member and he talks you out of it.

When I was young, "hot stuff" described things we liked; today the children refer to them as "cool." But in the meantime, most of my generation discovered they are "lukewarm" at best.

Aunt Opal called the other evening to report the stores in her city are having so many sales that "you can't find out if merchandise ever had a regular price."

Our bachelor friend, Mr. Bell, thinks it's increasingly difficult to judge a woman by her clothes. "Too often," he adds, "there just isn't enough available evidence on which to form an opinion."

The Hillis family discovered on a recent trip to the drive-in that one can order sandwiches by five different names, and still end up basically with what used to bear the title of a hamburger.

I was never noted for keeping my room tidy when I was young, but a glance at Burt Jr.'s domain convinces me an early spring tornado passed through without the Weather Bureau's knowledge.

They've just finished one of those big, modernistic discount stores in a shopping center half a mile from our house. It has a huge parking lot, and the interior is jam-packed with merchandise. At the exit are a dozen checkout aisles complete with cash registers and revolving counters—ten of them chained off and the other two lined eight-deep with customers shopping this convenient new way.

Our luncheon club recently took up the rising cost of living, but I gained only one thought from the discussion. People wouldn't be so eager to recall yesterday's prices if they had better recollections of yesterday's incomes.

Pat O'Leary declares it is becoming easier to love our enemies, if only because they no longer ask for loans or grants.

The first hint of change came when a couple of executive assistants began measuring mysterious points along the office floor.

The secretaries had a field day. Their initial report was that our building expansion was finally in the works. When that failed to materialize, the grapevine reported executive row was to be lengthened. That immediately brought talk around the cafeteria on who was to be promoted. Then a counter report claimed executive row was to be shortened, with much excited speculation on who was going to get chopped—and why.

After that came rumors of new carpeting, an expansion of the office force, and the installation of new equipment. Finally, we learned the truth: the whole affair was just another efficiency drive. So far a couple of desks have been repositioned by a few inches.

Yet the office staff agrees it was a smashing success. In just two weeks time, everyone voiced his or her opinion on who should be hired or fired, how the office should be expanded or cut, when and what type of new office equipment was needed, and how the whole place should be redecorated. It was a marvelous way to clear the air.

Burton Hillis



"I found out what sex is. It's something between five and seven."

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Better Homes and Garden

THE IDEA MAGAZINE FOR BETTER HOMES AND FAMILIES — APRIL, 1968; VOL. 46, NO

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FAMILY MONEY MANAGEMENT

Peter Lindberg, Editor

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To determine the actual return on "CDs," you have to know not only their rate of interest, but also whether the rate is simple or compound (which pays interest on interest). In the case of some CDs, for instance, the rate is simple interest; this means CDs offering high interest may actually bring you a smaller return than a savings account paying a lower, compounded rate. Since there are several ways of compounding interest, check with a bank officer to compare their CD yield with other forms of saving.

Always check the maturity period of a certificate of deposit, too. All CDs have a *specified* maturity period—ranging from 30 days to 15 years—and you're expected to leave your money on deposit for this fixed time to earn the bonus interest rate. There is a penalty (generally in the form of reduced interest) for any early redemption; in some states, the bank may even be barred from making an early redemption. So unless you plan on maintaining the required deposit for the CD's life, you're smarter to put your money in a savings account, where you can draw on it without penalty whenever the need arises.

At some banks, you can get CDs for as little as $25 to $100, though they're issued mostly in amounts of $1,000 or more—and on up to $100,000.

As far as deposit insurance goes, there's no difference between a certificate of deposit and other savings devices. If the commercial bank where you have the CD account is a member of the Federal Deposit Insurance Corporation—as nearly all of them are—your certificate of deposit is insured up to $15,000.

HOW GOOD A BUY IS TERM INSURANCE?

Permanent life insurance usually provides more economical long-term protection than term because the "net cost" (premiums paid less cash value) will be lower. But the premiums on term insurance are lower, and term is very useful when you need short-term protection, or when you need more protection than you can afford to buy in permanent form.

Term coverage comes in three basic forms—group, individual policies, or as riders on permanent policies. Group coverage is often available through your employer or a professional association. Credit insurance, another form of group term, is sold through lending institutions to their borrowers; rates usually are reasonable, and coverage may be obtained by making a statement of your health. However, the amount of group coverage is limited, and you're subject to any restrictions in the contract.

Individual term insurance policies—or term riders on permanent policies—offer a greater range of contract options, and the coverage can be tailored more closely to your needs. When you're planning to buy term insurance, though, be sure to consider the following points.

- **How does the cost vary with the coverage?** Term protection usually can be purchased for 5, 10, or 20 years—or until ages 60, 65, or 70. The annual premium remains the same throughout the protection period you select, but the rates are higher on the longer periods of coverage. A 30-year-old man can purchase a $10,000, five-year term policy for about $55 a year; a term policy running up to age 65 would cost him about $100 a year.
- **Can the policy be renewed?** A renewal privilege gives you the right to extend the protection period without evidence of insurability. However, the premium rate increases when you renew because you're older and the risk assumed by the insurance company is greater.
- **How are the premiums handled?** Some companies collect the full premium for the period of coverage before the period is completed. Premiums on a ten-year term policy, for instance, may be due in the first seven years; this increases the premium outlay in earlier years, but the *total* premiums paid may be less than when they're paid throughout the protection period. Check the company's policy on this.
- **Will the death benefit remain level or decline?** If you're buying a policy to pay off a debt that will decrease each year, such as your mortgage, you may prefer a policy providing a decreasing death benefit. Rates will be lower because less overall protection is provided. If you want protection indefinitely, the death benefit should stay the same so you can renew coverage up to age 65 or 70, or convert to permanent for the full face amount.
- **Is the policy convertible?** If you're purchasing term coverage to fill a gap in your insurance program until you can afford permanent coverage, the conversion privilege can be important. It permits you to convert term to any form of permanent coverage, even though your health at the time of conversion might otherwise bar you from getting a new policy. Many convertible-term policies require conversion several years in advance of the scheduled expiration of the term protection, so check this with your agent.
- **Are conversion allowances or termination dividends available?** Some companies grant a conversion allowance, which can be applied against the initial premium on a permanent policy if the term policy is converted. This can be significant if you intend to convert your term policy eventually. Although they don't guarantee it, other companies pay a termination dividend at the end of the protection period—which reduces the total cost of the policy.

Continues

Which glass would you rather put before a guest?



This one, of course, because Cascade washed it so spotless!

Only Cascade has Chlorosheen. Cascade eliminates drops that spot.

—the best dishwasher detergent you can buy—
hes so spotless, it's a pleasure to set them before
They dry wonderfully free from embarrassing
streaks! That's because Cascade—with exclusive
heen—makes water flow off dishes in clear
sheets so drops that spot don't form. Dishes shine;
glasses glisten; your whole table looks so beautiful,
you'll get nothing but praise! With results like these,
no wonder Cascade is America's leading dishwasher
detergent. Try Cascade—and see for yourself.



Is your 16-year old son a better driver than you are?

Did you answer "no" to any of the questions on the opposite page? If you did, your 16-year old may have better driving habits than you do. (Don't be mad. Be happy.)

learned those good habits in one of the 12,000 cars Chrysler-Plymouth and Dodge dealers are making available to accredited driver education courses this year.

Free cars? Sure. Chrysler Corporation has a vested interest in courteous driving.

Since 1964, our dealers loa over 33,000 cars to over 4,000 schools and colleges—free of ch

We send the high-spirited Sp

	YES	NO
1. Do you use safety belts every time you drive?	☐	☐
2. Do you check your rearview mirrors every few seconds?	☐	☐
3. Do you signal when you're going to change lanes?	☐	☐
4. Do you stay a car's length behind the car in front for every ten miles per hour of speed?	☐	☐
5. Do you always stay within the posted speed limits?	☐	☐
6. Do you always reduce your speed when the pavement is wet?	☐	☐
7. Do you stop for a rest when you feel yourself getting tired?	☐	☐
8. Do you drive defensively, always assuming the other fellow might do something wrong?	☐	☐
9. Do you always lower your headlights for oncoming cars?	☐	☐
10. Do you always check your tires before setting out on a long trip?	☐	☐

upe to high schools all around
ntry to put on musical safe-
; assemblies.
upply free teaching materials
ver education courses.
America's fifth largest indus-

trial corporation, we figure this is only natural.

We build good cars. Why not help build good drivers?

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Dodge Trucks · Simca · Sunbeam

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Home is where your Starcraft is...

A Starcraft camping trailer is as close to a home on wheels as you can get. Each one is professionally decorated from its rich blend of washable cushioned floor covering, to cushions covered with ruggedly beautiful fabrics.

Where you'd usually find bare metal walls, there's panelling that could fit into any rec room.

Other nice touches: Special wardrobes that lie down when traveling so you don't have to fuss with unpacking every time you lower the roof; four-laycred sandwich sidewalls—solid . . . strong . . . insulated; and fashionable avocado-colored stoves and sinks—just like home!

Don't lose a home to camp out with your family. Take it with you with a Starcraft camping trailer.

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POWERBOATS SAILBOATS CAMPERS AND TRAVEL TRAILERS

Since the specific provisions of term policies vary among insurance companies, an exact comparison of rates is difficult. Generally speaking, though, term riders on permanent policies give you coverage at lower rates than an individual term policy would.

WHAT'S THE BEST WAY TO BUILD A RETIREMENT INCOME?

If you run a business (unincorporated) or work on your own in a profession or trade, there's now a very attractive way to build your retirement fund with tax deductible dollars.

Under the provisions of the Keogh Act, you can put 10 percent a year of your earned income (generally up to a maximum contribution of $2,500) into a Treasury-approved retirement fund. Starting with the 1968 tax year, your entire contribution to this fund is deductible; before 1968, only one-half of your contribution was deductible.

And there's another tax incentive as well: the income earned by the retirement fund isn't taxed until drawn out through retirement or disability payments. As a result, the fund should enjoy greater growth, since it pays no tax on its earnings.

You can start this tax-sheltered pension plan at any age and begin drawing retirement benefits when you're 59½ or later (though you must start drawing benefits upon reaching age 70½). If you become disabled, benefits can begin *at that time*—regardless of your age. Of course, you'll pay tax on your benefits when received. But the tax rate on these payments should be considerably less than your tax bracket during your bigger-income years.

To set up a Keogh Act retirement plan, you have four choices: (1) investing in U. S. Treasury Retirement Income Bonds designed for this purpose; (2) arranging for a special annuity contract or retirement income policy with a life insurance company; (3) buying mutual fund shares or an annuity or insurance contract and leaving them in bank custody; (4) establishing a trust, using a bank or trust company as trustee.

If you have any employees, you're required under law to establish pension plans for all those who have worked continuously for you for three or more years. However, your contributions to these plans are fully deductible as a business expense.

For details on this retirement program, get a copy of Document No. 5592, "Retirement Plans for Self-Employed Individuals," from your local Internal Revenue Service office. You also may want to discuss your plan with a trust officer at your local bank, your insurance agent, or a mutual fund representative.

Money Management Next Month:

Two special money-managing features—

- ***How can you make the most of two incomes in your family?***
- ***The ten most misunderstood points about mutual funds***

"Hey Frigidaire, what about me... the husband?"



Your wife can clean a Frigidaire Electri-clean oven just by setting the controls . . . the only thing easier is yawning.

"That's great for her. What about me?"

Thanks to the Frigidaire Food-life Preserver Refrigerator, she'll never have to cover or wrap leftovers again. A special section keeps most prepared foods fresh without covers, so there's no game of hide and seek.

"That's great for her. What about me?"

And if something ever goes wrong with her Frigidaire appliance, there's a Frigidaire serviceman as near as the phone. In almost no time, he'll be on his way. Fast!

"That's great for her. What about me?"

Who do you think she's going to thank for all the time she saves with these Frigidaire appliances?

"True. Very true."

And who do you think she's going to spend all that extra time with?

"Ahhhhhhhhh."



No more wrapping food.



She'll never scrub an oven again.

Buy her a Frigidaire appliance... because Frigidaire bothers to build in more help.



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FRIGIDAIRE



Walls: Marlite Textured Wormy Chestnut. Counter: Marlite Textured Leather.

Soilproof walls with a beautiful touch: Marlite Textured Paneling

You'll know your walls aren't real wormy chestnut (the rare wood that costs a small fortune—if you can find it). But no one else will, because Textured Wormy Chestnut Marlite paneling *looks* and *feels* so authentic.

Touch it—you can actually feel the texture. Wash it—you can't harm its beauty.

Soilproof Marlite keeps its beautiful touch for years. Marlite's remarkable wash-and-wear finish resists heat, moisture, stains and dents. Dirty fingerprints wipe off without a trace.

Before you build or remodel, see Marlite's complete Decorator Paneling line. Your building materials dealer has Marlite, for walls with the beautiful touch.

MASONITE CORPORATION **Marlite**® plastic-finished paneling

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Make your home more attractive! Send 25¢ and coupon for 24-page, full-color "Handbook of Professional Decorating Ideas."

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GUEST ROOM DISGUISE

With the aid of dual-purpose sleep furniture, you can ready almost any room in the house for overnight guests. Here a study and a music room "moonlight" as guest rooms.

Photographs: Lewis/Haycox. Source: Joanne Young



Several guests can sleep comfortably in this attic study-bedroom where slipcovers camouflage twin beds. A sloping wall provides space below single bookshelf where beds can be pushed in to couch width for daytime relaxing. Bookcase unit on end wall includes storage space for bed linens.



Guest quarters were built right into this small music room. Plywood forms an alcove which holds a single mattress and springs. Fabric was stapled to plywood, sprayed with white paint, and finished with narrow molding painted a contrasting color. Matching fabric covers bed and back pillows.



PINK IS FOR GIRLS

hat's why Lustre-Creme is pink. Because it's made just for girls. Lustre-Creme has gentleness guys just wouldn't understand. It's so gentle, you can shampoo every day and still have soft, touchable hair. Hair that whispers of Lustre-Creme's delightful "pink" fragrance, too. Pink, creamy Lustre-Creme. It's the one shampoo made just for girls. Because pink is just for girls.

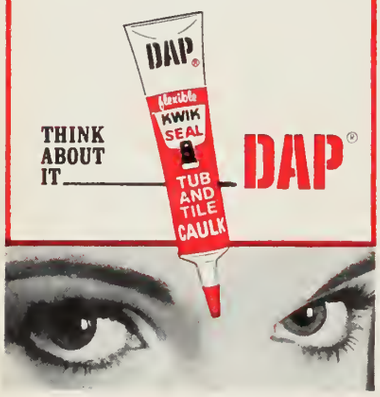
You're a girl, aren't you?

You might be tickled pink to know that Lustre-Creme is safe for color-treated hair.

MEN: Wall patching jobs are a snap with DAP Spackling. Ready-mixed Bright white. Smooth spreading. Sets fast.



Tub sealing jobs are a snap with DAP Kwik-Seal.® Easiest to apply. Bright white. Stays flexible, resists mildew. Guaranteed.



MEN: Window repairs are a snap with DAP '33' Glazing. Stays flexible and watertight. Outlasts putty by years.



Wall panel jobs are a snap with DAP Panel and Drywall Adhesive. No nailing! Waterproof. Fastens to any clean surface.



DAP Inc. Dayton Ohio 45401/ Pittsburgh, Pa.

GOOD NEWS FOR MEN!



Dial the speed you need for any job or material. The solid state speed control on this sabre saw lets you dial any speed up to 3,000 strokes per minute, with just a flick of your thumb.

The placement of the thumbwheel speed control (just ahead of the on-off switch) is ideal for on-the-go speed changes. Lets you slow down for starting cuts and for corners, curves, or intricate cuts; speed up on the straightaways.

"Job/Master" Speed Control Sabre Saw, $49.95 in hdwe. depts., Stanley Power Tools (The Stanley Works) 195 Lake St., New Britain, Conn. 06050.



This heavy-duty garden trowel will survive just about any rough duty you give it.

Heavy-gauge steel and an unusual shape are combined to make a trowel that you can really put the muscle to without fear of bending or breaking.

In addition to performing normal trowel duties, the sturdy nine-inch blade is mighty handy for bulb planting, breaking up stubborn clods—even driving garden stakes.

All-Pro Garden Tool, $2.75 prepaid from manufacturer. Wilcox Trapping Supply, Montezuma, Ia. 50171.



This different and durable electric post lantern was inspired by an oil lantern designed by Benjamin Franklin.

The entire unit (post and lantern) is made of heavy cast aluminum. Lantern panels are of durable acrylic plastic which is practically unbreakable (kid- and baseball-proof). The acrylic also acts as an excellent light diffuser to provide uniform nonglare illumination. Available in seven finishes.

Franklin Series Lanterns from $65, in lighting fixture stores. Post also available separately. Dinico Products Inc., Route 17, Lodi, N.J. 07644.



These synthetic wood ceiling beams, made entirely of polyurethane, are hard to distinguish from hand-hewn wood beams.

They're lightweight—a 16-foot 4x6-inch beam weighs only 8 pounds. Easy to apply to any even ceiling surface using mastic or panel adhesive. Beams also have precut grooves for fastening to 2x2-inch ceiling strips. Can be cut or shaped *on the job* with a sharp knife or other hand cutting tools.

Available in dark walnut, medium mahogany, and light oak finish. The 4x6-inch beams are available in lengths up to 20 feet; the 2x6-inch beams up to 16 feet long.

Lite-Beams, approximately $2 per foot in building supply outlets. Am-Finn Sauna Inc., Lite-Beam Div., Haddon Ave. and Line St., Camden, N.J. 08103.



Let electronics take care of the focus. You manually adjust the first slide; the rest are focused automatically.

This projector is completely self-contained in the die-cast aluminum housing. Everything needed for slide projection (even the rotary tray) stores in the easy-to-carry case

Using the slide carrier, you can load the tray while it's in the machine. This lets you preview new slides, edit, and load the tray in one easy operation. You can also add to, remove, or rearrange slides in already loaded trays.

Other features include a combined elevation/tilt control, gravity/magnetic slide handling, and remotely controlled forward and reverse functions.

Honeywell 642 Auto/Sharp Projector, $129.50 in camera stores and depts. Honeywell Photographic, 4800 E. Dry Creek Rd., Denver, Colo. 80217.



This low-profile wide tread tire features a two-ply fiber glass belt over a conventional bias ply nylon carcass.

The belt reduces tread squirming and results in greater life, while the bias ply carcass retains the comfortable ride of conventional tires.

The tire also has new heavy shoulder buttresses that are particularly effective in improving cornering, stability, and tread shoulder wear. While it's impossible to forecast tire wear for everyone, the manufacturer's tests have shown that this tire can provide at least 40,000 miles of wear for many drivers.

Armstrong "Super HPG" Fiberglass Tire, in selected sizes at Armstrong dealers. The Armstrong Rubber Co., 475 Elm St., West Haven, Conn. 06516.

Continued



Clorox® needed because:



Actual unretouched photographs

Weak bleach and detergent leave this dirt in.



Clorox bleach and detergent clean it out.

"Waltz Through Washday" with your new Speed Queen bleach dispenser automatic washer

Ho Ho Ho
New 5 minute seafood sauce.
Campbell's Soup and Tabasco pepper sauce add the flavor.



LIGHTHOUSE SEAFOOD SAUCE

Cooking Time: 5 minutes
Yield: 4-6 servings

- 1 can (10-¾ ounces) CAMPBELL'S TOMATO SOUP
- ¼ cup sour cream
- 2 teaspoons dried parsley flakes
- 1 teaspoon reconstituted lemon juice
- ¼ teaspoon Worcestershire sauce
- ⅛ teaspoon TABASCO brand pepper sauce

Combine all ingredients. Chill or heat, stirring. Serve with seafood.

WARNING: Be sure the pepper sauce you buy is "TABASCO". Imitations cost less but don't have the same quality, aroma or flavor.



TABASCO®

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100 Years of Flavor Tradition

Copyright 1968, McIlhenny Co., Avery Island, Louisiana
TABASCO is the registered trademark for McIlhenny Co. pepper sauce

GOOD NEWS FOR MEN!

Continued



Fertilize your lawn while you mow. This attachment utilizes the discharge air of the mower to distribute fertilizer evenly as you mow the grass.

When set for maximum flow, the unit will apply about 10 pounds of fertilizer per 5,000 square feet. Thus, application can be spread over a longer period of time to eliminate heavy one-time feeding which is often wasteful. The unit can also be used for grass seed or other lawn materials. Will fit most rotary mowers having a discharge chute.

Mow and Sow, $6.95 in garden depts. Great Plains Bag Co., 2201 Bell Ave., Des Moines, Iowa 50320.



You can erect or disassemble this "instant closet" in minutes and without tools.

The totally preassembled unit is hinged and folded flat for shipment. Just stand it up, fold out the two sides, slide in shelves and clothes pole, and install the pre-hung bifold door. The closet is made secure by its own weight, no need to attach to floor, wall, or ceiling.

Available in three- and four-foot widths, 30 inches deep, and adjustable to most ceiling heights. In woodgrain vinyl or ready to finish.

Coastwood Closets, from $120 to $190 in dept. stores. Drawers and additional shelves optional at extra cost. Hamilton-Skotch Corp. 295 Fifth Ave., New York, N.Y. 10016.



A lightweight plastic lawn net will be a big help in your spring cleanup.

This eight-foot square net will hold about ten bushels of leaves and lawn debris. It won't unravel, shrink, or absorb moisture, and it's rot and mildew resistant.

The netting weighs only 8 ounces and can be folded to store in a space no larger than a large coffee can.

Conwed Leaf Net, $3.98 in hdwe., and dept. stores, Conwed Corp., 332 Minnesota St., St. Paul, Minn. 55101.



Your next roller painting job can be faster and neater if you let air pressure help.

Just remove the lid from a gallon of paint, clamp the can into place between the metal discs, and turn on the compressor. Air pressure feeds the paint through the handle directly to the roller surface—you can even adjust the flow of paint to match your painting speed.

The 15-foot hose lets you paint an average-size room without moving paint or compressor. A 42-inch extension handle is available for ceiling or floor painting. For spray painting, just replace the roller assembly with the included spray head.

Sprayit Pressure-Flow Painting Kit, $59.95 as shown; $24.95 without spray head and compressor, in paint stores. Thomas Industries Inc., 207 E. Broadway, Louisville, Ky. 40202.



Light weight, long life, and a wide range of sounds—brasses, reeds, strings, and flutes—you get them all in this combo organ. Seven octaves of music can be produced from the 49-note keyboard.

This wide diversity of musical sound is produced through the use of integrated circuitry—a first for musical instruments. Integrated circuits are claimed to perform up to four times longer than transistor-resistor circuits.

The console weighs 24 pounds, with pedestal 42 pounds.

Wurlitzer Combo Organ, $69[illegible] complete as shown, in music stores. The Wurlitzer Co., Elkhart, Ind. 46514.



Want a pool table but don't have the space for it? This desk/pool table provides an exciting game of skill, helps keep the "pool eye" sharp, and occupies minimum space. When the game is over, replace the 31- by 47-inch plastic laminate top and you have a desk, work center, or handy serving counter.

The table unit is constructed of sturdy flakeboard covered with heavyweight woodgrain vinyl. The unit has rear ball returns, gum rubber cushions, wool billiard cloth, and easy-to-adjust leg levelers.

Combo Desk/Pool Table $99.95 with balls and cues in sporting goods and dept. stores. Allen Industries Inc., 7611 Lyndale Avenue S., Minneapolis, Minn. 55423.

It's a shame more women don't take up writing

America's most popular woman novelist offers some encouraging advice to women who want to get more out of life

By Faith Baldwin



Faith Baldwin. She raised four children—yet managed to write more than 80 books, including many bestsellers.

I think it's very unfortunate that many women with real writing talent bury it under a mountain of dishes.

Actually, writing is an ideal profession for women. You don't have to go to an office, you don't have to be away with half your mind on your household . . . wondering, if it rains, did you close the windows? And for the woman who is tied down to her home, writing is a wonderful emotional release, to say nothing of the extra income it can bring.

There are many things *only* a woman can write about from firsthand experience. That's why — unlike many other fields—the welcome mat is really out for women in writing. Take the bestseller, *Please Don't Eat the Daisies.* No man could have written that book!

Don't say, "I don't have time"

Saying you "could write" if you "had time" is no excuse. The fact is I've had a house to run most of my life. And, what with unexpected illnesses, I think I've spent more time in hospital waiting rooms than almost anyone.

Even without the responsibilities of a home, starting my career wouldn't have been easy. It's hard to learn to write when you're working all alone.

I've often wished that when I was in my twenties I had known a professional writer who would have been honest with me. As it was, I learned by rejections and rewriting — by trial and error.

Years later, I began to wonder if there wasn't an easier way. Wouldn't new writers have a better chance of making good faster, if they could get training in their own homes from successful writers?

A new kind of writing school

Several years ago such an opportunity became available for the first time, when I joined with eleven other authors to start the Famous Writers School. They included Bennett Cerf, Bergen Evans, Bruce Catton, Mignon G. Eberhart, John Caples, J. D. Ratcliff, Mark Wiseman, Max Shulman, Rudolf Flesch, Red Smith and Rod Serling.

Our aim was to help qualified men and women develop their skill and craftsmanship . . . and to pass on to them our own secrets of achieving success and recognition.

We poured everything we know about writing into a set of textbooks and writing assignments. Then we worked out a system for giving every student, through home-study, the many hours of individual guidance a developing writer needs.

Every one of our instructors is a professional writer or editor who has himself met and solved the problem of writing for publication many times.

You are a "class of one"

When you return an assignment, one of these writer-instructors carefully edits it. He goes over your work, line by line, word by word, blue-penciling his changes right on your manuscript, just as my editors do. Then he returns it to you with a long, personal letter of advice and guidance on how to improve your writing. While this writer-instructor is appraising your work, nobody else competes for his attention. You are, literally, a class of one.

After you get the basic principles, you move on to specialized training in the field of your choice: Fiction, Non-Fiction, Advertising or Business Writing. You learn step-by-step.

Because we twelve who started the School have very definite ideas about the teaching of writing, we regularly visit the School and work with the instructors.

Students break into print

This training works well. Our students have sold their writing to more than 100 publications, including the *Reader's Digest, Redbook, Parents' Magazine* and *Good Housekeeping.*

Doris Stebbins of South Coventry, Conn., writes, "Your Course made it possible for me to sell six articles to *Woman's Day* for $2,050."

"Not only am I thrilled to have *McCall's* begin its new monthly series with my article," reports Mary Ann Baumeister of Springfield, Va., " but they also sent me a $1,000 check. This one sale has made it all worthwhile." Margie Zimmerman, a Philadelphia housewife, sold six children's books to Little Gems, plus a series of animal stories. "You taught me to write professionally," she says.

"Since beginning your Course," says Sharon Wagner of Mesa, Ariz., "I have sold some 40 stories, several novelettes and a novel."

Doris Agee of San Mateo, Cal., says, "The view from this part of the world — the top — is indescribable. I've just received a big, beautiful check from the *Reader's Digest* for a 'Most Unforgettable Character' piece. There's no question about it, without the Famous Writers School, the article would never have been written."

Eileen Thompson Panowski, a Los Alamos, N.M., mother of four, has had four young people's books published by Abelard-Schuman. One of her books was recently nominated "best juvenile mystery of the year" by the Mystery Writers of America. And Dorothy O'Quinn of East Point, Ga., writes, "Pardon me if I 'bubble' just a little. I've just sold an article to *Good Housekeeping.*"

Have you the urge to write? If so, get busy! It's a wonderful feeling to see your name in print. And that first check, no matter how big, is a tremendous thrill.

But the greatest reward of writing professionally is something much less tangible . . . the feeling of communicating with your readers. If one sentence you write opens a door for another human being . . . makes him see with your eyes and understand with your mind and heart, you'll gain a sense of fulfillment that no other work can bring you.

Writing Aptitude Test offered

Faith Baldwin and the other Famous Writers have designed a revealing Aptitude Test to help you determine if you could benefit from professional training. The postpaid card will bring you a copy of the Test, along with a brochure describing the School.

When you return the Test, it will be graded without charge by a member of our staff. If you show aptitude, you are eligible to enroll in the Famous Writers School. However, you are under no obligation to do so. (If the card is missing, write to Famous Writers School, Dept. W-7505, Westport, Conn. 06880. Please give your name, address, age and ask for writing Aptitude Test.)

(Advertisement)

Important Arthritis Information

"If there is any possibility that you have a rheumatic disease [including arthritis], *see your physician. Don't delay.* Early treatment can prevent crippling."

Your doctor will probably recommend aspirin in his treatment, because:

"Aspirin is the most reliable and least toxic of all arthritic drugs. It is the one that is most likely to provide sustained control of symptoms."—The quotations are *from the folder, "Arthritis & Rheumatism," published by the U.S. Department of Health, Education and Welfare.*

The makers of Bayer Aspirin urge you to remember this: *Bayer is pure aspirin.* Many of the other products that advertise arthritis benefits are *part* aspirin, but Bayer is *pure* aspirin, and aspirin is the drug doctors recommend for hours of continuous relief from arthritis pain, swelling and stiffness, so you can work, play and sleep in greater comfort.

If you suffer from arthritis, see your doctor at once.

When he recommends aspirin, take Bayer.



Pure aspirin, not just *part* aspirin.

HOW TO GET COMPLETE FOLDER

You owe it to yourself to read the complete folder, "Arthritis & Rheumatism," published by the U.S. Department of Health, Education and Welfare. It is for sale by the Superintendent of Documents, U.S. Government Printing Office, Washington, D. C. 20402—Price 5 cents each or $3 per 100 copies.



A GLOSSARY OF GLASSWARE

Glassware has the charm your table can't live without. Anything you serve seems elegant, when your dinner table sparkles with the look of a lighted prism! And the good news in glassware is—today the "right" look can be lustrous-color—as well as crystal-clear!

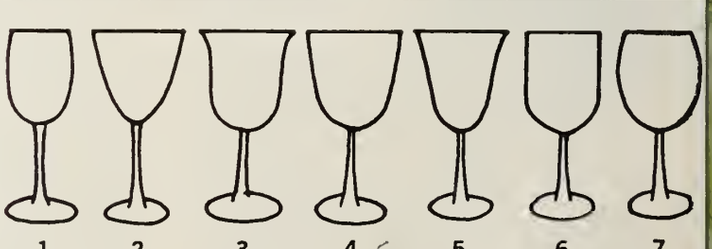
Each glassware pattern has its own personality. Choose it carefully to complement your china, your silver, your room decor. Remember: what new accessories do for your wardrobe, a new set of crystal can do for your table.

The basic place setting for stemware is goblet, sherbet, juice, iced-tea, and seven- or eight-inch liner plate. The basic beverage place setting for bar or tableware is water, juice, old-fashioned, highball, pilsner, and whiskey sour.

The well-equipped glassware cabinet—ready to rise to any occasion—is a first mark of a hospitable—and knowledgeable—hostess. A gleaming dinner table carries an aura of festivity which even children respond to. Teach them ease with stemware by way of the family table.

The how-to of choosing glassware includes "look" and "listen." Look for beauty in the material itself. Clear crystal has the look of a fine diamond. Beware of muddy, off-color cast. Glass coloring is done with chemicals. Look for a rich and sparkling luster. Listen by tapping the rim of a goblet with your fingernail, while you hold the footed base. A bell-like tone is what you want to hear. It's the ring of strength and lasting brilliancy.

Holiday tables were meant for glassware. Use the novelty kind you can pick up in variety stores. And give your imagination free rein, mixing the priceless with the inexpensive. Accumulate colors in these odd patterns, and be alert to all their uses: green for St. Patrick's and red for Valentine's; both colors double for Christmas.



THE BEST STEMWARE HAS GRACEFUL PROPORTIONS. Clumsy shapes show indifference in design. Study carefully the container part of the goblet. See above seven basic ones you'll find on store shelves: (**1**) bucket, (**2**) flared, (**3**) cylindrical, (**4**) spherical, (**5**) tulip, (**6**) conical, (**7**) bell.

Each one is distinctive to the craftsman engaged in the making of fine glasses. When you shop, you may be more aware of pattern or color. Or adaptability to your needs. But the shape, in terms of symmetry, has an important place in the artistry of glassware.

Stemmed goblets bring grace to the table. But sometimes they're a hazard, too; they tip so easily. Check the base for proportionate breadth and weight before you buy.

Continued



This is the Coronet 500 wagon



that has a two-way tailgate...

which makes it as easy to handle people as it is parcels or potted palms. What it also has is plenty of room, deep foam-padded seats, carpets on the floor, great-looking simulated wood-grain side panels that swish clean with a damp rag, a zippy 318-cubic-inch V8 that thrives on regular gas, and a habit of treating passengers luxuriously.



a magic window that cleans itself...

(Optional, of course.) Touch a button, and your dirty rear window disappears into the door. Press another button, and it is washed, neatly dried, ready to be raised again in seconds. So relax, tune in the stereo, adjust the power seat, set the automatic speed control, and get ready for some of the easiest highway cruising you've ever known. These options and more can make your Coronet 500 wagon just as luxurious as you want it.



and a price that lets you put on air.

No joke. Coronet 500 is priced just about enough below comparably equipped Impala and Galaxie 500 wagons to let you start thinking about optional air conditioning.* Airtemp keeps you cool in summer, warm in winter, and shuts out road noises. (No wonder they call Coronet 500 the welcome wagon.)

Airtemp

Another beautiful way to get...

DODGE fever

*Based on a comparison of Manufacturers' Suggested Retail Prices in effect January 19, 1968



For women with more exciting things to do than scrub floors:

ONE-STEP FLOOR CARE

It cleans and waxes at the same time! New-formula One-Step combines ammonia and detergents for extra cleaning power . . . plus tough wax for a bright, long-lasting shine. Cuts your work in half, saves you time!

By the maker of Armstrong FLOORS





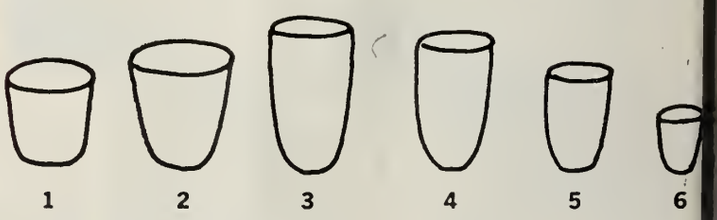
A GLOSSARY OF GLASSWARE *Continued*

Have you considered the versatility of glass! Champagne sherbets can be used for jams, jellies, pickles. Cordials, footed or unfooted, double as individual salts and peppers. Parfait glasses are great for sipping cold soups. Or, pair a goblet and sherbet as a flower-arranging duet.



There are 11 popular sizes of glasses in a stemware pattern: (**1**) 11 oz. water or milk goblet; (**2**) 7 oz. high sherbet; (**3**) 7 oz. low sherbet; for wine; too; (**4**) 6 oz. parfait, can also be used for whiskey sour, or as a pilsner glass; (**5**) 4 oz. cocktail such as a martini; (**6**) 5 oz. claret for red wines; (**7**) 4 oz. wine (white) or brandies; (**8**) 1 oz. cordial for liqueurs; (**9**) 4½ oz. oyster cocktail; (**10**) 15 oz. luncheon goblet; (**11**) 5 oz. juice. In addition there is usually a dessert/finger bowl, and 7 and 8 inch plates used as salad, cake, or liner plates.

Decorate with glassware? It reflects light and color—makes a sparkling display in wall niches; on window ledges. Try filling iced-tea glasses with variegated shells.



Unfooted beverage sets come in six sizes as shown above: (**1**) 7½ oz. old-fashioned cocktail; also sodas; (**2**) 12 oz. double old-fashioned; (**3**) 12 oz. highball; convenient for milk, water, ice cream sodas, and soft drinks; (**4**) 9 oz. scotch & soda; doubles for iced coffee and tea; (**5**) 5 oz. whiskey sour or other short cocktails; (**6**) 1½ oz. whiskey. Glassware has unlimited uses. The right size in the right spot doubles as a vase; or a candlestick holder.

Continued



Frivolous our foot. These new Kleenex towels may be soaked with color, but they're still the thirstiest ones around. Each one is *two* layers thick to absorb 50% more. So don't let those "frivolous" shades of gold, blue and green fool you—handsome is as handsome does. Right?



Kleenex® towels in new deep-tone colors

Another new product from Kimberly-Clark

The "His and Hers" toaster.

Makes light and dark at the same time.

Toastmaster's 4-slice toaster has separate controls for each pair of slots, so you can toast 2 slices light and 2 slices dark. Pops up a family-size order of toast just the way each of you like it. Toastmaster's compact cabinet takes up less space, stores easily.

And your Toastmaster toaster is sure to work right when you get it because every one is tested with toast before it leaves the factory (you may even find a crumb inside to prove it).

For a gift or for yourself, see the Toastmaster model D111 at your favorite store soon.





For 1-or 2-slice families. Our deluxe 2-slice toasters are also toast-tested at the factory. The Sovereign (at right) has smartly styled up-front, gold colored control panel. Others have end-operated controls. All have dial for selecting toast color.

TOASTMASTER®

Toastmaster Division
McGraw-Edison Company
Elgin, Illinois 60120

Sovereign B112

A GLOSSARY OF GLASSWARE

Continued

The care of glassware is as important as its selection. Use mild suds and warm water for washing; never caustic powders. A few drops of bluing will add luster to glass. Rinse in cool water and drain. Polish gently, holding onto the bowl part of the goblet. (Do not squeeze your whole fist inside.) Use a lint-free towel. Place only one goblet into dishpan at a time to avoid chipping.

You'll find the greatest number of glassware casualties occur in the kitchen. Haste is usually the villain. Take time to place a rubber mat in the sink before washing your fine-edge glassware. Remember to fold tea towel for the drainboard. Rinse goblets in plastic dishpan. It's very easy to chip delicate glass against the spout if you hold it directly under the running water.

Avoid sudden temperature changes. Extreme heat causes glass to expand; cold, to contract. Both result in cracking. Not sometimes, but always, put a silver spoon in a glass cup before filling with hot liquid.

Glasses inadvertently piled inside each other sometimes stick together. Do not pry! Fill the inside glass with cold water and immerse the outer one in warm.

Before you decide about trusting your delicate crystal to your dishwasher, check with either the dishwasher manufacturer, or the store where you made the purchase. Some machines have special settings for glassware. You must be especially careful if your dishes have platinum, gold, or enameled bands.

Always store your crystal right side up, and check for nicks. If you find one, you can repair with care by using 00 emery paper wrapped around a blunt tool. Filing will make a frosted edge which you can touch up with polishing rouge, on a leather strap. Rub gently in both operations.



Cutting and etching are two of the loveliest methods for glass design. Cut glass, borrowed direct from ancient craftsmen, cannot be surpassed in delicate light reflections. It is highly susceptible to extreme heat or cold. You'll find it in heavy dishes, such as bowls and bottles, creamers and sugars, candy dishes. For washing care use a soft brush which reaches gently into the grooves. However, rinsing immediately after use is easier.

Etched Glassware can be recognized by its tracery of fine line, lacy design. This gives glass a fragile look, but is more durable than the deeper-grooved cut glass.

A distinctive kind of glassware is Milk Glass. It is easily distinguished by its opaque, milk-white color. In a popularity poll, it would always be a favorite.

Rock Crystal is a term often used to denote a best grade of glass. Strictly speaking, however, only museum pieces are cut from the genuine rock crystal.

The finest glass has no scratchy or bumpy edges, such as result from insufficient polishing. To the naked eye it will appear to be entirely free from waves or bubbles.

Fascinating glass designs include the Coin Pattern, made originally with actual coins; Thumbprint, Hobnail, and the elegant Flint glass pattern now on display in museums.

Continued on page 121



Blueberries won't.

All you could think of when you baked the blueberries was the fresh, delicious flavor. You forgot what a stain they can make. And then the blueberry pie hit the carpet! Panic not. With carpet of 100% HERCULON* olefin fiber, blueberries are simply a little thing you can wipe up in seconds. Just a quick sponging with detergent or cleaner. That's all you need to wisk away blueberries and 64 other nasty household stains. And carpet of HERCULON will wear and wear for years and years. On stairs. In halls. Under beds, pets, dinner parties. Even under blueberry pie. For more information, contact Fibers Merchandising, Hercules Incorporated, 910 Market Street, Wilmington, Del. 19899. (302) 656-9811.

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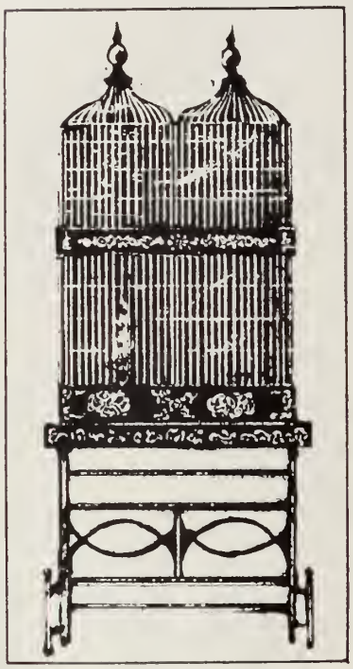
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TREASURE HUNT

BIRD CAGES

By John Mebane



A bird in the hand may be worth only two in the bush, but a rare bird cage in hand could be worth a thousand dollars or more. For the truth is that bird cages are no longer strictly for the birds. They're now for the collector, too, and the search for early ones, including many ornate types, is on in earnest.

Numerous early cages were fashioned to match the homes in which they were housed; the more sumptuous the home, the more elegant the bird cage. In fact, some were simply fabulous, often made of precious metals and adorned with jewels. Not only were these cages worth more than the birds they housed; they were frequently worth a small ransom.

Very early bird cages fabricated in China were sometimes made of such materials as ivory, tortoiseshell, and lacquer, and the feeding cups more likely than not would be of fine porcelain. The cages didn't necessarily house live birds. Some were used as decorative adjuncts in the home to display elaborate stuffed birds or pots of flowers. Even a few centuries ago, many of the more elaborate ones represented an investment of what would then have been equivalent to hundreds of dollars; and some of these scarce ones are now valued in the thousands of dollars.

A book could be written about early bird cages and the fantastic designs in which they were made. There's a bird cage in the Cooper Union Museum in New York City that is modeled after a Venetian bridge. Others were miniature replicas of various types of houses, some with two or three stories. More than a few had balconies, Doric columns, and inlaid woods. Naturally some of the bird cages made in China resembled pagodas, those fascinating multi-storied pyramidal towers.

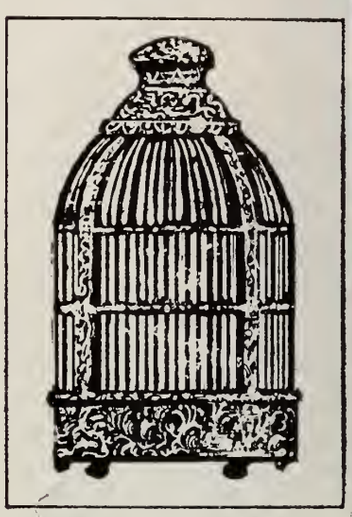
Far less expensive than many of the very early bird cages, but fascinating nevertheless, are many of those produced during the Victorian era when keeping birds, live or stuffed, indoors was a popular pastime. These cages were sometimes made in the shapes of churches, public buildings, boats, castles, and other structures and objects. Some cages were fabricated of wire and other metals, and some were made of wood, glass, bamboo, rattan, vines, and other materials. The wooden ones might be decorated with paintings and applied gesso work. Other cages were fashioned in period styles such as Chippendale, Hepplewhite, and Sheraton.

Although some folk are now buying the lovely old cages in which to house live birds, more persons are beginning to seek them out for such purposes as converting them to conversation-piece planters, or to lighting fixtures, or to house miniature collections, including dolls and furniture, or to hold attractive painted bird decoys in delightful settings imitative of their natural habitat.

There were special cages made to house mechanical singing birds. The cages are usually of brass and were made in France, Germany, and elsewhere. These mechanical singing birds first appeared many years ago. The bird or birds (some cages contain several birds) open and close their beaks and move their heads and twitch their tails while the bird songs are transmitted until the mechanism runs down. Some of these birds sing steadily and others intermittently depending on the control device in the mechanism.

The cages now most available are the nineteenth century ones favored by our Victorian ancestors, some of which are pictured in paintings of that era. A number of fine bird cages have been sold by distinguished auction houses in recent years. Some of the cages, incidentally, were hung from the ceiling, a standard, or elsewhere with ornately decorated hooks, which also have now become collectors' items.

Although wicker cages are far inferior to those of metal and other substances, a Victorian wicker cage on a stand is offered by a dealer at $30. A hexagon-shaped brass cage with a green Tiffany-type glass "roof" is advertised at $40. It is dated 1895. A brass cage made by the Hendryx Company, which specialized in them during the late nineteenth century, is tendered at $18,



and the same price is asked for a cylindrical one of rattan with a large brass hook and a carved ivory feeder. A good many other nineteenth century cages are available today at prices ranging from $10 to $50.

On the other hand, a jade bird with a finely-carved stand is offered at $220, and the ornate earlier cages will fetch very sizable sums. So will the early mechanical singing birds, although the later ones may be found at prices from about $50 to $200.



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WHAT'S NEW IN OLD-TIME HOUSEPLANTS

The names are familiar—but there've been some changes made in the favorite houseplants of yesteryear. You'll note an improvement in foliage shape or color . . . a change in size of plant, either bigger or smaller . . . greater vigor.



Fern. The small fern is one of the "in" plants today. These first cousins of the big old Boston ferns that adorned the turn-of-the-century Victorian parlors are in better scale with today's rooms. We have chosen the *Asplenium viviparum* fern to show you, but there are many other choice varieties with a wide range of foliage sizes and textures. Don't let its delicate appearance fool you—it's tough.



Chinese evergreen. The patterned leaves of this delightful plant *Aglaonema pictum* 'Queen,' are much more dramatic than the common green variety. Silver-brushed leaves arch from the central stem to form a sparkling fountain of foliage. The plant's imposing appearance and minimal-care features—it doesn't even need much light—make it a must. Shift to the next larger size pot as plant increases in size.



Dieffenbachia. *Dieffenbachia bausei*, retains the general characteristics of the common varieties but its chartreuse leaves are marked with yellow and white spots. It needs no pampering. Just water as soon as soil surface dries, clean foliage by rinsing or wiping with a damp cloth each month, keep out of cold drafts, feed each month from March through October, and give as much bright, indirect light as possible.



Photographs: Hopkins

Philodendron. The Black Gold variety of *Philodendron andreanum* displays handsome, velvety leaves of deep black green. This vining plant needs support, so it's excellent for use on a totem where the arrow-shaped leaves display themselves to perfection. The size of pot determines the ultimate size of foliage. In a 12- to 16-inch planter, a well-cared-for plant will produce leaves 12 inches long and six inches wide.

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PLANNING TO TAKE YOUR DOG ON A CAR TRIP?

If you're debating whether or not to take the family pet with you by car, here are a few questions you should ask yourself before making the final decision.

Does your dog enjoy riding with you for short distances? If so, he'll probably be delighted with a trip lasting from a few days to a few weeks. If short-distance trips seem to bother him, you're asking for trouble taking him on an extended tour.



s his size compatible with other occupants of the car? Although youngsters agitate to take their two-hundred-pound pet with them, a few days of sharing a crowded space may change their minds.

s your dog generally calm and adaptable to unusual sights and sounds? If he's used to leading a sedentary life and is easily upset by the unusual, a hectic auto trip is definitely not his cup of dog food.

Will your trip permit you to plan reservations ahead so you can be sure you have accommodations for your dog, either in your room or a connecting kennel? If you're planning a trip where you take off and stop as fancy dictates, you'd be better advised not to take your dog along.

Are your sure your pet will be acceptable to friends and relatives—and will you be able and willing to spend time with him during your vacation? The best of friends and families don't always see eye to eye about each other's pets. If Fido is going to have to spend his vacation with his nose pressed against a screen door, it's best to decline the pleasure of his company.

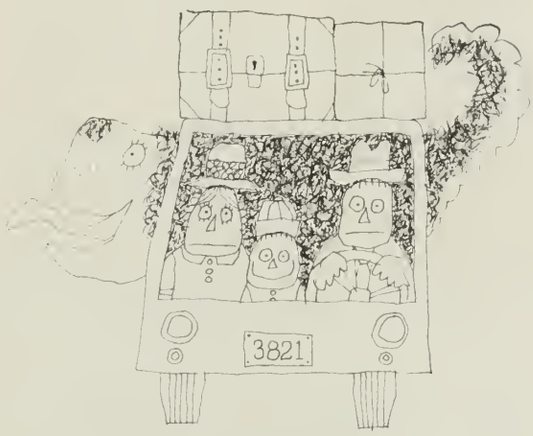
Finding a roof for Rover isn't difficult but a little advanced planning is advisable. A telephone call to any of your national motel-motel chains will determine their policy regarding pets. For the motel chains who give an unconditional nod to traveling with the family dog, (and you'll find a great majority of them favor canines) you have a choice of either keeping him in your room or, in many areas, in specially designed dog kennels on the premises. And at no extra charge! When the decision is up to the individual manager, a telephone call or letter in advance will determine his policy. And, if he wavers, the size of the dog can tip the scales. Small breeds are much more in favor then oversize types.

If the decision is "go" for Rover, here are some tips on traveling protocol for pets: **Inquire in advance about the local tie-up** and health laws pertaining to pets in every state you plan a stopover. Even if it's not specifically required, keep your dog on a leash in public rooms and don't attempt to take him into dining rooms or supermarkets. Health laws vary from state to state, but it's wise to err on the side of caution.

Be prepared to pay for any damage. Although your motel manager won't make you put down a deposit, it will make it harder for the next family that comes along with a dog if yours has been destructive and no adjustment for damage has been made.

Don't leave your dog alone in a hotel room. He may be a perfect gentleman in your own home, but if left in a strange place, he may suddenly behave like a terrified child. Hotel managers are universally sympathetic with this problem, and they'll probably suggest some form of custodial care or a storage room where your dog can be reassured from time to time by a visit from hotel personnel.

Your pet should wear his collar at all times and the collar should have a license tag and identification plate with your full name and address and someone to contact at home in case he should stray.



Bring along his certificate of rabies vaccinations, too. It's seldom needed while in transit in a car—but if he gets lost, you'll find it imperative. Take a small kit or suitcase with your pet's brush and comb, pans for food and water, his special blanket if he's used to one, and a supply of his regular dog food. There are many excellent kinds of dog food available which need no refrigeration. So if he's never tried this type of food before, start a week ahead of the trip to accustom him to his change of diet. In a week he should accept his new food without causing problems on the trip.



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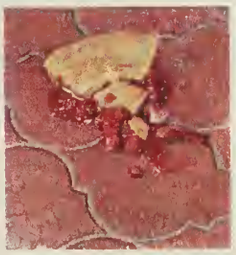


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surface. So accidents
wipe up quickly. Easily.
(No special cleaning
techniques are needed!)



"My, what a warm, quiet room... "
It's true:
Kid-Cushioned Floors
help make rooms
warmer and quieter.
The cushion-in-the-middle does it.
It insulates.
Helps shut out cold and kill chill.
Helps absorb and deaden sound.
(How nice on your nerves!)
"... the floor must have cost a fortune!"
Shhhh...
Don't tell the truth.
Though Kid-Cushioned Floors do all we say
they do... they never cost more
and *usually much less*
than their imitators.
How come?
Because we
invented & perfected
cushioned vinyl.
And hold the only patent.



MOTHERS BEWARE:
There's only one
KID-CUSHIONED FLOOR.
Only one place to get it.
Only one man to talk to...
Take a walk and talk to your
Congoleum-Nairn Dealer.
(You'll find him in the Yellow Pages.)

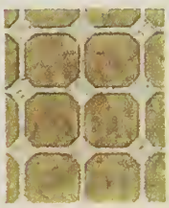


FREE:
"50 Kid-Cushioned Decorating Ideas!"
16 full-color pages of decorating
ideas to help make your home a beauty...
that can take a beating. Write
Congoleum-Nairn, Box 173, Kearny, N. J. 07032

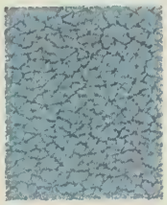
Copyright 1968, Congoleum-Nairn Inc.

Congoleum-Nairn

Here are 8 more Kid-Cushioned Vinyl Floors. (We don't have room to show the other 122.)

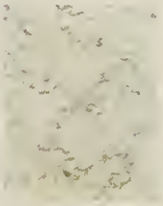

Casa Grande®


Georgian Marble™


Bellaire™


Roman Accent™


Navara™


Belmondo™


Village Square™


Colonnade®

want your new GE refrigerator?

General Electric has the style you want in a size to fit any kitchen.



Freezer at the side. This is how the 'Foodcenter 24' (23.6 cu. ft.) looks closed. For details, see opposite page. Other GE side-by-sides from 18.1 to 23.7 cu. ft. and from 32 to 35¾ inches wide. Some with automatic icemaker.



Freezer at the top. 'No Frost 17' has 16.6-cu.-ft. capacity. Freezer holds up to 155 lbs; automatic icemaker. No defrosting—anywhere. Butter conditioner. Rolls out on wheels for easy cleaning. (*Model TBF-17A*).



Freezer at the bottom. 'Spacemaker 19'—18.8-cu.-ft. capacity. Roll out freezer. Automatic icemaker. No frost top or bottom. Seven-day meat keeper. Roll one into your kitchen, it's on wheels. (*Model TCF-19A*).

GENERAL ELECTRIC

GAZEBO '68



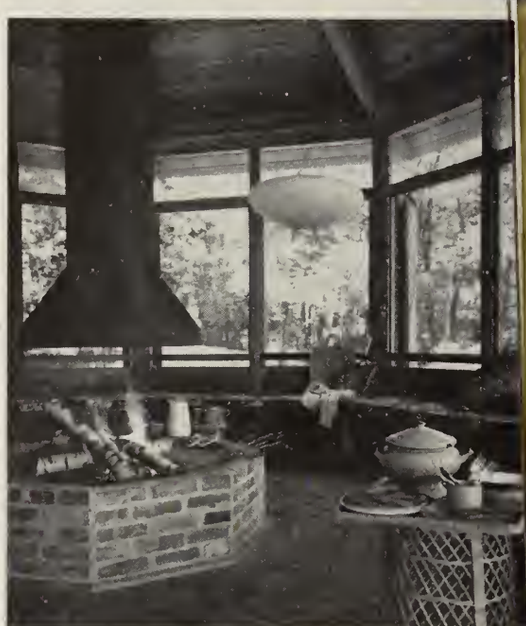
Photographs: Lisanti. Designer: William Katzenbach. Source: Elizabeth R.

This gazebo has all the oriental flavor of its 19th-century ancestors, yet it goes together in just a few days, with up-to-date materials that will last a lifetime.

The gazebo has eight sides, and more uses than we have space to list. Put it on a lakeside site, for instance, until you have the funds for a full-fledged vacation house. Or build it on the back of your present lot as an all-weather activity center.

Above: A cantilevered deck gives the gazebo a floating appearance. In summer, screens admit bugless breezes from all sides; when winter comes, shut the bifold doors. Even when they're closed it's still light inside—thanks to that band of windows above.

Maintenance? No need for a paintbrush here. The deck, studs, and siding are California red cedar, as is the pagoda-like shake roof. Upkeep consists of sweeping and an occasional window washing.

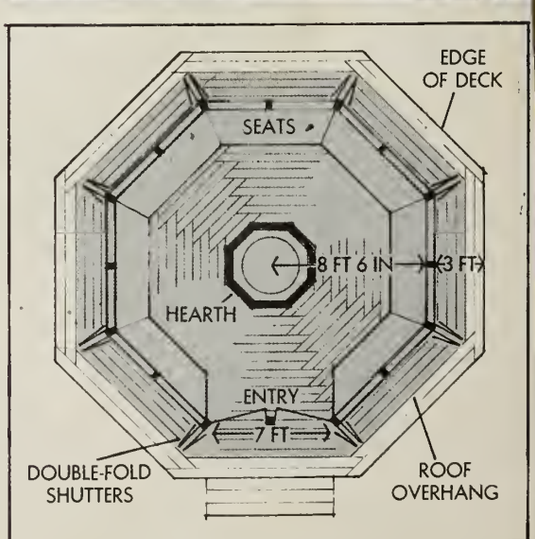


Right: A low brick hearth and suspended chimney form the core of the interior, yet don't interfere with the 360-degree view.

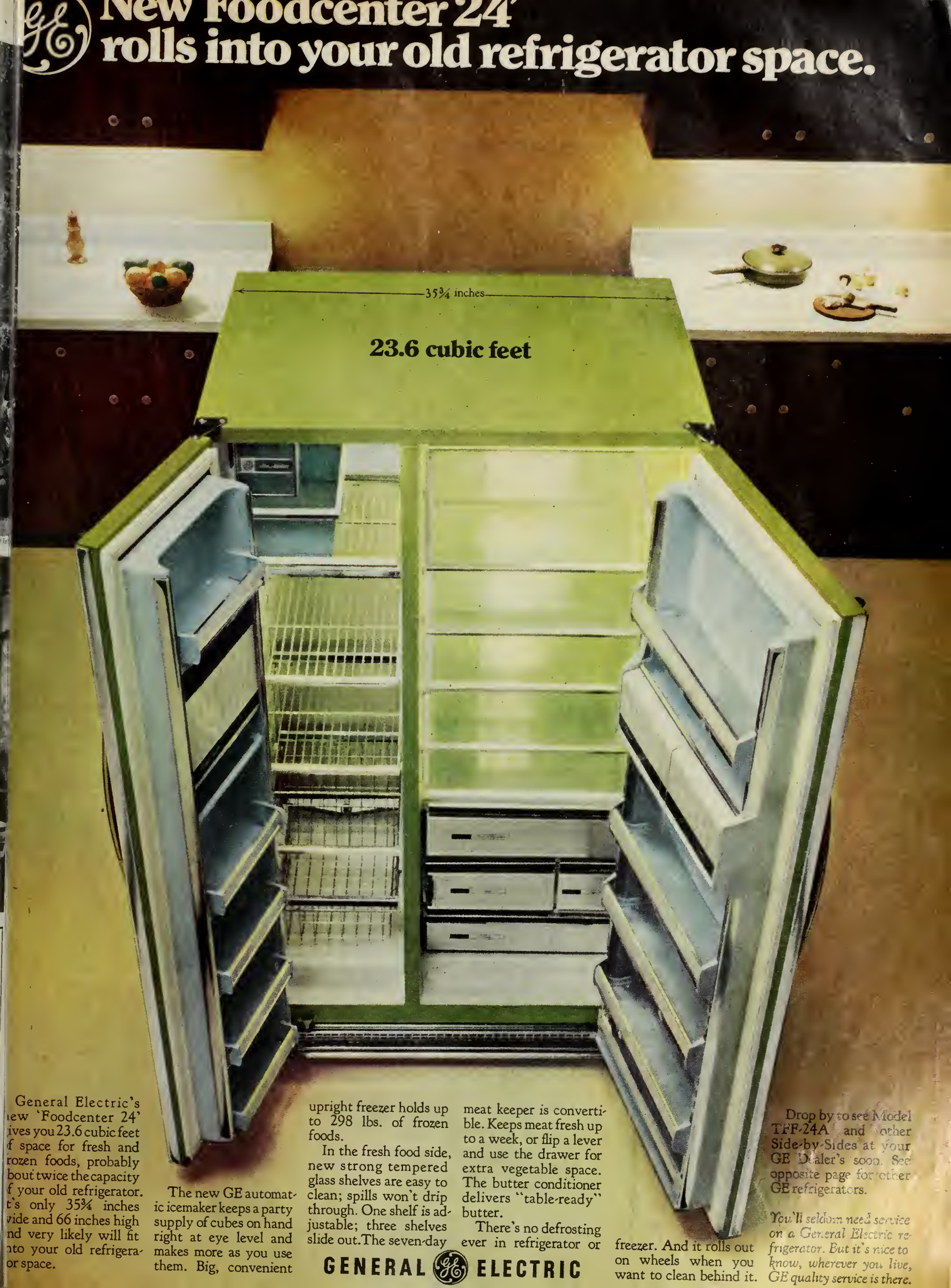
On seven of the eight sides are benches with foam cushions. They're comfortable to sit on—big enough for sleeping should pint-sized campers feel like roughing it.

Plan: The octagonal shape eliminates sharp corners, maximizes usable floor space. Barbecue utensils, recreation equipment, and camping gear can be stowed away in the open space under the benches.

At each corner, two pairs of shutters fold up so neatly that they can barely be seen from inside. Double doors and wide steps make it easy for guests to come and go without bumping into each other.



New Foodcenter 24 rolls into your old refrigerator space.



General Electric's new 'Foodcenter 24' gives you 23.6 cubic feet of space for fresh and frozen foods, probably about twice the capacity of your old refrigerator. It's only 35¾ inches wide and 66 inches high and very likely will fit into your old refrigerator space.

The new GE automatic icemaker keeps a party supply of cubes on hand right at eye level and makes more as you use them. Big, convenient upright freezer holds up to 298 lbs. of frozen foods.

In the fresh food side, new strong tempered glass shelves are easy to clean; spills won't drip through. One shelf is adjustable; three shelves slide out. The seven-day meat keeper is convertible. Keeps meat fresh up to a week, or flip a lever and use the drawer for extra vegetable space. The butter conditioner delivers "table-ready" butter.

There's no defrosting ever in refrigerator or freezer. And it rolls out on wheels when you want to clean behind it.

Drop by to see Model TFF-24A and other Side-by-Sides at your GE Dealer's soon. See opposite page for other GE refrigerators.

You'll seldom need service on a General Electric refrigerator. But it's nice to know, wherever you live, GE quality service is there.

GENERAL ELECTRIC

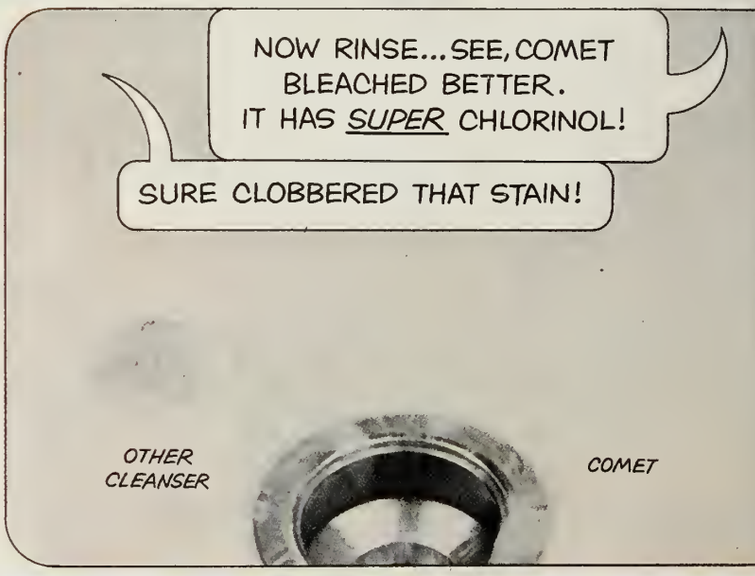
THE WIFE'S AWAY BUT JOSEPHINE SAVES THE DAY!













TEN MOST MISUNDERSTOOD FACTS ABOUT HEALTH INSURANCE

FAMILY HEALTH

Gerald M. Knox, Editor

The price of health insurance is high. Last year alone, well over $10 billion was paid for protection against illness and injury—often representing a significant portion of a family's finances, or a costly fringe benefit for a company covering its employees. Yet few persons really know what they're buying with that money. Of all unread financial papers, health insurance policies probably rank at the top. Better Homes and Gardens presents this article to help correct ten of the most persistent misconceptions about the family health insurance policy.

1 All health insurance policies are about the same

No. Health insurance, a very general term used to describe a great many policies related to your health, is the most diverse type of insurance sold. One reason for this diversity is that health insurance generally pays for the *cost* of goods and services—doctor's services, hospital services, medical goods—and the range and variability of the goods and services in the health field is staggering.

An added confusion factor in health insurance is the great number of policies available from many different sources. Health insurance policies come from nonprofit plans or private companies, on group or individual bases. There are hospital policies with accident benefits but no sickness benefits; more often there are benefits for both. You can buy surgical policies with no hospital benefits, or hospital policies with no surgical benefits. There are even policies which only relate to your sickness or injury by paying you a monthly income if you're disabled, *regardless of the actual cost* of your illness.

Even similar types of health insurance may vary in what they provide for the same claim. For example, a hospital policy could pay you for 30 days of hospitalization, but if its ceiling is $10 a day it won't begin to cover the real cost of your hospital room and board. Another policy may pay $50 a day, but only for a short time, say 10 to 15 days. Again, this type of coverage could leave you with a big, unpaid hospital bill.

You can almost always improve the coverage of your present policy by buying supplementary policies, often at low cost. Or you could replace it completely, perhaps with a net savings in premium dollars, if you feel it is not going to do the job when you get sick. But one word of caution: don't drop your old policy until the *incontestable period* has started on your new policy, usually six months up to two years from the time you bought it. Keeping two policies in force over this period of time covers you for any unknown preexisting conditions related to your health. Ask your agent how long it is before your new policy becomes incontestable.

The single most important buying factor in health insurance plans and policies is whether or not you are covered as an *individual* or as a *member of a group*. By far the best buy is group membership. It's generally easier to get, there are fewer restrictions, coverage is more complete, and the rates are better. For example, a typical Blue Cross hospital policy or a Blue Shield medical-surgical policy costs you about 20 percent less in premiums (or gives you 20 percent more in benefits) if you buy it as a member of a group, rather than as an individual. So by all means, if you have an opportunity to buy health insurance through a group, do it.

2 You can't get health insurance if you have a history of illnesses

Not true. A group policy will not rule out a person with a history of poor health. Health insurance plans and companies calculate their anticipated costs in group coverage by averaging it out over an entire group, including persons in good health as well as poor health.

Even if you must buy health insurance as an individual with a past history of medical trouble, you can get it if you really look and are willing to pay more. But be careful what you buy. A policy can contain a restrictive clause for the specific illness you've had trouble with in the past, even though it covers you for everything else. Preferable is a clause setting up a reasonable waiting period—a year, sometimes two years—during which no claim can be filed for this illness, but permitting such a claim after the waiting period has passed.

3 You have to be sick or injured in order to collect

Generally this is true, but not always. Most group plans and individual policies provide diagnostic benefits only with symptoms of specific illness. But it is possible to find policies which pay you $10 per year for annual checkups, under a diagnostic provision. Also, some group plans now provide office, X-ray, and laboratory services—either in hospital or out—up to a total of $50. Some diagnostic reason must exist before you can use this benefit, but it need not be full-blown symptoms of an impending illness.

In a few areas of the country, you can buy prepaid group practice plans which cover you for such routine items as immunization or physical checkups. These plans encourage preventive care—and therefore cover diagnosis and observation, as well as virtually unlimited medical, surgical, and specialist treatment in or out of a hospital. The typical cost for a family with two children runs from $300 to $450 a year. The Kaiser Plan on the West Coast and the Health Insurance Plan (HIP) in New York are two of the largest.

4 If you become sick or injured too often, you may lose your policy

Not necessarily. Once again, it depends on whether your policy is group or individual. If you're covered under a group policy, you cannot be canceled out of the plan even for a costly repetition of claims related to the same ailment. Your policy can't be canceled without canceling the whole group.

But if you are on your own with an individual policy, it could be a different story. A health insurance plan or company might consider three courses of action in such a case: 1) they could ask for a provision in your policy restricting payment for the specific illness causing the claims; 2) they could raise your rates; 3) they could refuse to renew your policy when it expires.

Continued

You can protect your individual policy against such actions by buying certain policies—either a "guaranteed renewable" or, even better, a "non-cancelable guaranteed renewable"—both at an extra cost, of course.

5 Hospital insurance doesn't keep up with rising costs

Again, not true. Health plans from service organizations, such as Blue Cross, automatically pay for any increase in hospital room rates or other benefits under their plans. Of course, eventually these plans must increase your premium rates to pay for the higher cost, but this is after it has risen—and been paid.

However, policies from insurance companies—which pay *you* a set daily sum for hospital room charges—do not automatically boost their hospital room benefits when the cost goes up. If hospital room and board charges go to $45 a day, your $35-a-day insurance-company hospital policy leaves you with $10 per day to pay. But insurance companies usually don't permit too large a differential to develop between actual costs and cash indemnities they pay, especially in their group plans. Most insurors keep watch over local rates for semiprivate rooms and try to sell policies that bear a close relation to reality.

6 Major medical policies pay for any "catastrophic" illness

Not completely. Major medical policies have limitations. For example, they have a top limit—usually $10,000 but sometimes more—beyond which they won't pay a cent. Also, you have to pay at least part of the basic claim against your major medical policy, usually 20 to 25 percent.

In addition, major medical policies—much like car insurance policies—are built around a system of deductibles. You must pay a specific portion of the bill before the policy takes over. In group policies it's usually $100; in individual policies it could be $250, $500, or $1,000, depending upon your income or other health insurance in force.

7 Disability insurance is the same as health insurance

Not really. Health insurance is generally considered protection for you against specific costs related to an illness or injury. Disability insurance, however, protects you against *loss of your personal income* if you become disabled and your paychecks stop. It is a method of keeping income flowing in while you're unable to work.

It's sold in many different amounts ($200 a month, $400, $800), and for different lengths of time. You can buy disability insurance—and it is good protection—for up to 80 percent of your income. But first find out if your employer provides it. If he doesn't, find out how much social security pays you in event of a disability. You should purchase disability insurance for the difference between social security payments and your present income.

It's also a good idea to check the policy's definition of disability. Most good policies say you're disabled if you cannot return to your old job or one for which you "are reasonably fitted by education, training, and experience." Others say you're disabled only if you can't perform "gainful employment." This means that a former business executive might lose his disability income if he recovered enough to be a night watchman, but declined to enter this line of work.

8 The best way to cover yourself is to buy several policies

Think again about this one, because if you blindly buy several policies to cover essentially the same thing, you're spending your health insurance dollar in the most uneconomical way. You may have purchased basic ("first-dollar") policies which pay, perhaps several times over, a few hundred dollars for the same costs on a specific illness or injury. But it is possible that none of these basic policies would cover another common illness or injury, or would not even approach complete coverage on a really costly illness. You should selectively buy policies which broaden and deepen your coverage—or fill gaps in your protection—rather than duplicating it.

Another economic drawback is the cost—passed on to you—of administrating your policies. If you buy all your health insurance from one source, the paperwork costs are generally lower, saving you as much as 10 to 30 percent in your premiums.

Another thing to consider is whether you really want to profit on illness by buying duplicate policies from several companies and presenting claims to all. An insurance company or plan, if it finds out you are doing this, might prorate its payment with the other company involved. Most group insurance policies now require that you be asked, with each claim, if you have duplicate policies. A false statement in such circumstances could jeopardize payment of your claim.

9 The best hospital policy allows many days of hospitalization at a high daily room rate

Not always. A good basic hospitalization policy should provide you with at least 90 days of hospitalization at a rate which is equivalent to local hospital charges for a semiprivate room. But you should look beyond this to find out how much the policy pays for extras.

The standard semiprivate hospital room and board averages only 54 percent of total hospitalization costs. The rest is made up of extras that are not directly related to your room. These include charges for X rays, laboratory tests, operating room, recovery room, anesthesiology, drugs, special nursing services, cardiac or intensive care units, and many more.

It's not unusual these days to spend three or four days in the hospital and find such extras pushing the cost of your stay to $500. The best hospital policy should pay in full the cost of all or most of these extras, in addition to your daily room and board.

10 Medicare pays the doctor's bill

Not fully. Persons who are eligible must sign up for the Part B supplementary medical (doctor's bill) insurance under Medicare, at $4 a month (upped from $3 a month on April 1). Then Medicare pays 80 percent of the doctor's "reasonable" charges *after* the patient pays the first $50 of covered expenses for illnesses or injuries in one year's time.

This means an elderly person must pay his doctor at least *$50 each year* if he has treated illnesses or injuries costing that much or more, plus 20 percent of all charges after that. It could be even more if the doctor charges more than "reasonable" fees, as determined by the company or plan acting as the mediator between the patient and Medicare. The patient must pay all costs above the reasonable fee if the doctor has not accepted the "assignment" method of payment.

These medical payments can cause serious economic trouble for some older people: They are faced with $48 a year for supplementary coverage, some hospital and nursing home costs when sick, then the $50 deductible and perhaps more. If these costs will seriously dislocate a budget, discuss the matter with the county public assistance office. It may be possible to qualify for help under a state assistance program, such as medical assistance for the aged.

Note that the 1967 Congress did change the Medicare law to pay some doctors in full. Pathologists and radiologists—doctors who normally render inpatient services in hospital—are now fully paid under Medicare coverage for this service. In the past, the patient had to pay 20 percent of their fees for services performed in a hospital. ■

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The first dishwasher detergent for dry-hards.

Dry-Hards are tough-to-clean foods—like fruit pie, oatmeal, meat fats, eggs, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. New Fortified Electrasol, with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.



You would never perform a test like this, but it proves New Fortified Electrasol's superiority against Dry-Hards. Plate with Dry-Hard paste of blueberry pie baked on for fifty minutes at 330°F. came out looking this way when washed in another leading brand. Any dishwasher detergent can remove soft food soils. The ultimate test for effectiveness is on a Dry-Hard.



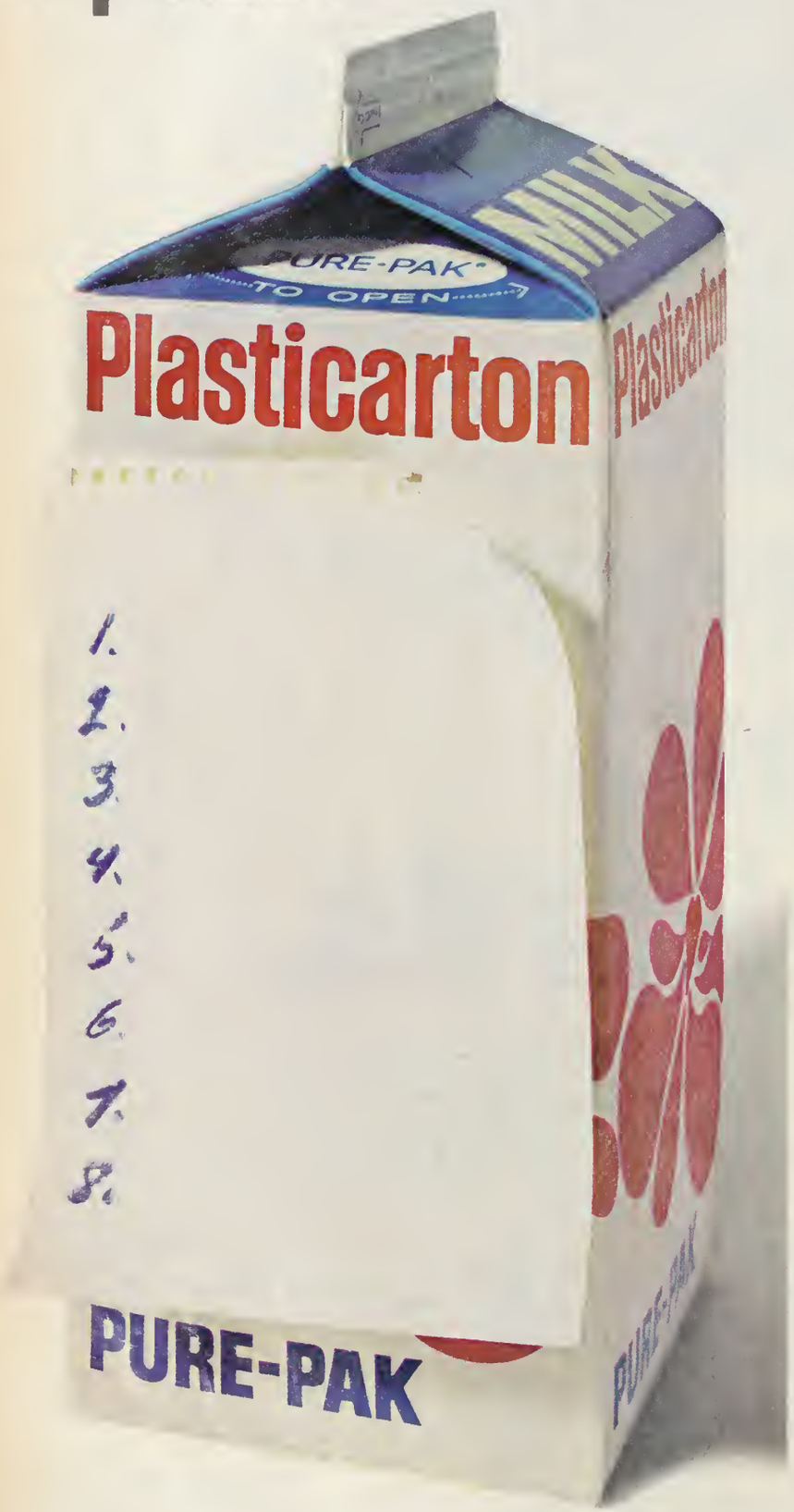
Same Dry-Hard plate—but cleaned in New Fortified Electrasol with 20% more active cleaning ingredients than other leading brands. Electrasol removes tough Dry-Hard soils like blueberry pie—prevents them from drying into spots on dishes, glasses and silverware. Try New Fortified Electrasol. It's especially designed to give you cleaner, spot-free dishes.



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(Neither could we.) Our gable-topped milk container is plastic-coated inside and out. So we named it Plasticarton. What else? Plasticarton is strong. Leakproof. Handsome. And pure. It's good to be plastic. Good for Plasticarton.

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AND THE SUPPLIERS OF PURE-PAK CARTONS

PUT YOUR WALLS TO WORK

Shelve that plain wall! Make it share your storage l break up the monotony of unrelieved space, warm a room with a miscellany of books, paintings, curios. U today's flexible units, intermingle shelves and cabinet create an interesting wall pattern. Or, design your own units to meet special needs.

Below: The solid look of this bookcase wall is nicely balan with a see-through grillwork divider screen at one end. is plastic-sprayed to resemble aluminum. Quarter-inch wood panels are held in place by the vertical shelf brac strips. A band of quarter-round wood stripping on shelf e conceals aluminum shelf brackets.



Photograph: Hedrich-Blessing. Designer: Erickson & Stevens, Inc.

Photograph: Emerson. Interior Decorator: Ruth B. Sherman, A.I.D. Source: Barbara Cathcart



Above: Hang a shelf here—fasten a file box there—add slanted ledge for the dictionary. Suddenly, with very litt effort, you've improvised a functional and decorative hom office using stock shelves, boxes, shelf uprights, and brackets Extremely flexible, these modular wall units also provid space for sculpture, ceramics, glassware. *Continued on page 4*

Wendy remodels a bath—an illuminating tale from Pomona Tile

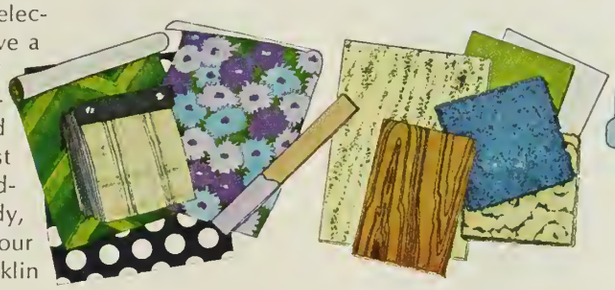
Pomona Tile really made our bathroom remodeling easier...



David and I had decided to remodel our upstairs bathroom—and we didn't know a *thing* about remodeling. What materials should we choose? Which workmen should we call in first? Should *we* schedule the work of plumber, electrician and others or have a contractor do it for us? We knew that the Franklins next door had faced the same problems last year when they remodeled their bath. "Wendy, this little booklet was our lifesaver," Mary Franklin told me. "It's Pomona Tile's *How to Buy a Bath*, and it answers questions about remodeling a bathroom —where to begin, how to organize the job, how to work with a contractor.

"It even tells you how to select materials—and that's probably your single most important decision. Tom and I investigated them all—wood, vinyl, wallpaper, carpeting. We chose ceramic tile by Pomona.

"We had dozens of beautiful color combinations to select from. And there are



so many exciting kinds of Pomona tile—colorful decorated tiles, subtle ceramic mosaics, even tiles with a textured surface.

"But we chose ceramic tile by Pomona for more than just its good looks. It never scratches, stains or discolors, for instance. With that kind of durability, we'll never have to paint or refinish our bathroom. And all it takes to keep it clean and bright looking is a fast wipe with a damp cloth."



Well, that was a month ago. And now David and I have a spanking new ceramic tile bath. We just love it—and so does everyone else who sees it. I'm so glad we found out about Pomona tile and *How to Buy a Bath*. The tile made our bathroom beautiful, the booklet made our remodeling easy.

Write for your copy of Pomona Tile's How to Buy a Bath *booklet. It tells you what to look for in a quality bath and includes helpful tips on how to go about remodeling a bath. You'll also receive a full-color Decorating Guide that's filled with imaginative tile design ideas. Mail the coupon today!*





Some of the tiles illustrated are not available on the West Coast.

Genuine ceramic tile by

Pomona Tile

A DIVISION OF AMERICAN OLEAN

Pomona Tile Manufacturing Company
216 South Reservoir Street
P.O. Box 2249, Dept. DA-8
Pomona, California 91766



Please send me the *How to Buy a Bath* booklet and the Decorating Guide. I enclose 10¢ to cover handling.

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(please print)

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City_____ State_____ Zip_____


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The paint w
New Spred Satin's smooth, pore-less
Hard to soil, easy to clean.
Brush cling. New Spred Satin holds on u
start to brush it out. Then flows on smoo
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No too-thick or too-thin spots.
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aint makes me an expert"

All new Spred Satin®

Looks soft. But acts tough! Best of both, together for the first time in a new kind of latex paint. You get a soft, elegant matte look that goes on "professionally," soaks up harsh reflections, blends away wall imperfections. But with the beauty comes a smooth, tough surface that you can scrub and spot wash as often as you want. The beauty never fades. New Spred Satin dries in 20 minutes. Rollers, brushes wash up in water.

difference you can feel

hree leading nationally advertised wall paints (shown in same 20-times ment) have dirt-trapping, stain-soaking pits and pores. They soil easier, der to clean.







Touch-ups never show. You can fix missed spots later. Flat matte surface hides wall imperfections. You won't see where roller stops and brushing begins around woodwork.



t hiding power. Most new Spred Satin colors re 2,694) cover most anything in a single coat. red Satin rolls on neater, with far less spatter.



Washes like plastic. Looks soft, but acts tough. You can spot wash new Spred Satin again and again. Its beauty never fades. Even liquids won't stain through its pore-less surface.

PUT YOUR WALLS TO WORK

Continued

Below: These traditional shelves of oiled walnut were custom-built to display books and rare art objects. Stretchers connecting shelf brackets supply a look of stability and balance. The bottom shelf was made with a 4-inch apron to accommodate a series of small drawers with walnut pulls.

Interior Designer: John H. Gainer, A.I.D., Source: Kit Tyson





Photograph: Hedrich-Blessing.

Above: Streamlined modular shelf units such as these can b grouped to cover a section of a wall or entire wall of a room This arrangement features slanted shelves for easy access t magazines, concealed record storage, and a pull-out turn table. Framework at ceiling level contains a pull-down pro jection screen for home movies. Shelves are lighted with fluorescent tubing and clip-on lights.



DETAIL FROM "THE FAMILY OF JOSEPH MOORE," COURTESY MUSEUM OF FINE ARTS, BOSTON. M. AND M. KAROLIK COLLECTION.

When Mrs. Joseph Moore served custard pie to her family, it took he most of a long, hot morning to make

You can do it in minutes.

Fathers and children have always been big on custa pie. But, mercy, the work! The hours in the kitchen!

Now, with Jell-O® Golden™ Egg Custard, that perf silky-smooth custard filling takes no time at all. Ther no baking. No anxious juggling of ingredients. The easy recipe is on every package.

Treat your family to Jell-O Golden Egg Custard pie tonight. Often.

Then everybody will be smiling in the family portrait.

GF GENERAL FOODS KITCHENS



When it comes to air conditioning, every house is different.



Variations in exposure, shade, roof color, number of occupants, all make a difference when adding air conditioning. Even where homes seem identical.

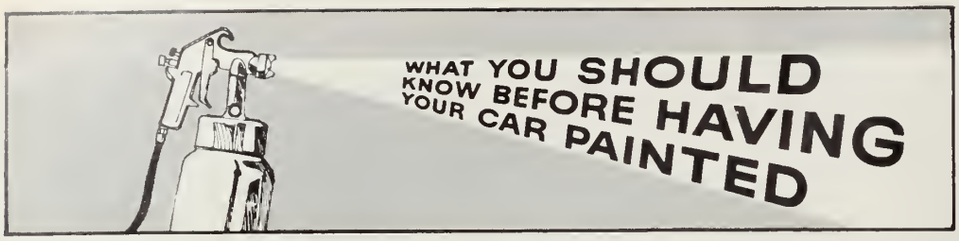
Your Carrier Dealer checks every detail of your home or plans and prescribes exactly what's needed. No more. No less. Could save you plenty.

That's the value of dealing with a pro and a big reason why more people put their confidence in Carrier than in any other make.

Carrier Air Conditioning Company

Carrier®

Duane L. Gregg, Automotive Editor



If chipped paint, surface rusting, exposure to the elements, or parking-lot scars have left your once shiny auto a shabby looking veteran, a new paint job may be in order.

A few factors should be weighed before you decide. From a practical standpoint, is your car worth repainting? The cost of allied repairs, plus refinishing, might exceed the car's market value. On the other hand, if you expect to keep your car for a while, the price of a paint job might be a good investment.

At trade-in time, the condition of the car's finish will have a bearing on the price you are offered. But a recently or conspicuously repainted car may raise some suspicions about its internal condition or why it was painted (the paint could be a cover-up for advanced rusting and/or accident damage).

Choosing paints and colors

Any paint shop has access to the standard factory colors used on all foreign and domestic cars. The new acrylics or conventional paints can be mixed to match any car—even a Model A.

Staying with the original color is the safest and usually the least expensive course. This assures you that areas inside the trunk, under the hood, and on door jambs will match without extra work. If you decide on a new color, pick one that blends with the interior. A drastic change might clash with upholstery and interior plastic parts, which cannot be repainted. Changing from reds and burgundies will require extra sealers or special surface preparation to prevent "bleeding" through.

The cost factor

You'll find prices to suit every purpose and pocketbook. It's not unusual for sport, antique, or racing car owners to invest as much as $300 to $1,000—but the normal range is $30 to $175.

This price range does not include body work other than the usual sanding and priming necessary for a good-looking and durable finished product. If interior trim on door jambs must be repainted because of a color change, the cost will be higher. The type of car makes a difference, too: your small foreign car should not be as expensive to refinish as a large station wagon. Two-toning requires two separate preparation and painting processes and will cost from $15 to $45 extra.

Costs differ geographically, depending on wage scales. Materials have some bearing, too. But the main difference between a low-cost job and a higher priced one, all other things being equal, is quality of workmanship. In order to do top-notch work, painters must take sufficient time for surface preparation and masking.

If you drive an older car and are unlikely to recoup the cost of a top-quality refinishing at trade-in time, a low-priced paint job will spruce it up and protect it from surface rusting. Because shops offering economy jobs often use their own brands and colors of paint, be sure to ask for a small can of the paint for future touch-ups of chips or scratches. It probably will not be available in retail outlets as are spray cans of standard factory colors.

What should you spend?

Because you are not likely to invest as much in repainting an old car as you would invest in a new one, here's a yardstick to help determine how much to spend: add 5 percent to the age (in years) of your car. The sum is the approximate percentage of your car's market value which can be invested in refinishing without going overboard.

For example, if your car is two years old, add 5 percent to 2. The resultant 7 percent of the market value (let's assume the car is worth $1,500) is $105 . . . a fair price for a good paint job and a practical investment in a mechanically sound two-year-old car. For a five-year-old car worth $500, the $50 sum represents a sensible limit.

This formula is merely a guide, to be adjusted according to other factors such as your budget, your sentimental attachments to the car, and how long you intend to keep it.

Choosing a paint shop

If you don't know a good paint shop, check with friends or at your service station or garage. It's also a good idea to ask your car dealer. Even if he has no facilities, he can recommend a reputable shop, probably one he does business with.

You will want to visit the shop yourself for an estimate. While there, take a look at some of the finished products. Some failures in refinishing can be traced to poor preparation, others to improperly applied paint, and a few to inferior material. You can spot some of these immediately. Over-spray, for instance, is an indication of hasty and improper masking, or poor workmanship. Look for spatters of paint on tires, bumpers, or glass.

Runs or sags are caused by improperly or hastily applied paint. Pocking (or fish eyes) results when paint is applied over a finish which has been waxed with silicone. Silicone impregnates the original finish and causes the new finish to separate and form small, ringed depressions. Quality shops will avoid this by using an additive in the paint to counteract pocking

Enamel takes longer to dry, and in the process it often accumulates dust and fine particles. Some of this will be removed by the first washing or polishing, but a good shop will keep painting and drying areas as dust-free as possible.

Guarantees

A reputable shop will stand behind its workmanship and materials but often not in writing. It cannot guarantee against body rust that works from the inside out. Many shop managers will show you the areas where you can expect rust to reappear—never expect a paint job to solve every rust problem.

Also, all cars are not afforded the same care and protection. Some owners are more conscientious than others about washing, waxing, and garaging their cars. Others must expose them constantly to adverse conditions such as corrosive dust in industrial areas or to ocean spray.

These factors make all-inclusive or blanket guarantees impractical. But a reputable shop, taking all extras into account, will give you an accurate estimate and then back up their quoted price, materials, and workmanship.

Continued

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BETTER GASOLINE MILEAGE DEPENDS ON YOU

In most cases, poor gasoline mileage can be largely attributed to the way you drive, and the maintenance you give your car.

DRIVING HABITS

One of the keys to economy is **smooth, steady driving** in which sudden starts and stops are avoided. A sudden jab on the accelerator pumps an increased charge of gasoline into the engine; some of this is burned, but a great part is wasted. Sudden stops also waste the energy created by the gasoline already burned in the engine.

The **routes** you drive have a marked influence on economy. An engine idling for three minutes uses enough gas to propel the car one-half mile at 30 mph—so avoid heavy, stop-and-go traffic whenever possible. Hills also boost gas consumption. Recently, a test car traveling at 35 mph up an eight-degree hill got 8.7 mpg compared to 20.7 mpg on the level.

Speed is a real enemy of fuel economy. At 60 mph, you'll use about 25 percent more fuel than at 30. And at 80 mph, the fuel cost per mile jumps to 50 percent more than at 50.

MAINTENANCE OF CAR

Obviously, you'll get poorer mileage with a larger engine and power equipment such as air conditioning. Even so, proper maintenance can help you attain maximum economy from your car. An absolute must is a **well-tuned engine**—out-of-tune can cut mileage by one-third. Faulty spark plugs alone can waste as much as one gallon of gasoline in every ten.

An improperly functioning or dirty **carburetor** can waste gasoline and cause sluggish performance. An improperly adjusted or gummy **choke** can reduce mileage 30 percent.

A low-temperature or improperly functioning **thermostat** results in slow engine warm-up. A cold engine can easily use three times as much gas as a warm one. All modern engines are designed to operate most efficiently with 180 degree thermostats (some even higher).

A properly operating **heat riser** and positive crankcase ventilation valve **(PCV)** are both musts for good operating economy and for the well-being of the engine.

A dirty **air cleaner** restricts the flow of air into the carburetor and results in an over-rich gasoline-air mixture. Fuel economy can be cut by as much as 10 percent.

Under-inflated **tires** increase rolling resistance and can cut a mile or more per gallon from your mileage. Keep them inflated at least to recommended pressure.

Tight or improperly lubricated **wheel bearings** and dragging **brakes** waste gasoline. Improper front end **alignment** results in the front wheels being pushed down the road slightly sideways. This is hard on mileage and tires.

Automatic transmissions that are improperly adjusted or low on fluid can cause excessive slippage and incorrect shift points—another fuel waster. **Lubricants** that are too heavy cause undue friction in moving parts. Be sure you're using the correct motor oil and gear lubricants.

Recent studies indicate that the average motorist could improve his overall gasoline mileage by at least 15 percent through proper maintenance and just a moderate improvement in his driving habits. How about you? ▪

CARS NEXT MONTH

- ***What's new in camping vehicles***
- ***A guide to buying or renting a camping vehicle***
- ***Buying tips for used camping vehicles***



The safe one

This bathing beauty does more than just sit there and look pretty.

The slip-resistant bottom on our Stan-Sure™* tub makes stepping into your bath as easy as jumping into bed.

Gives you the same great feeling of security, too. What more could you ask for?

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**4 times safer than regular tubs.*

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Five do-it-himself floors.

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And he can create a beautiful floor out of any one of the vinyl asbestos tiles pictured, even if you never pictured him creating a beautiful floor out of anything.

Because vinyl asbestos tile is easy to install.

It's also easy to afford. Which should make it easy to get him started. For example, a 10 x 12 foot room can cost as little as $35.

But no one will think about what you paid for it if you choose Ruberoid tile. Because we make it a point to make our tile look anything but economical. (Clockwise from the bottom: Quadrangle, Colonial Wood, Venetian Marble, Stone Mosaic and Monticello.)

You can see the patterns pictured and many others like them at your Ruberoid dealer. See the Yellow Pages, under "Floors."

The dealer will be happy to tell your husband how to install tile. (In fact, he'd be happy to do the job for a reasonable fee.)

So work up a little courage and show this ad to "himself."

When all is said and done, we think he'll be happy you did.

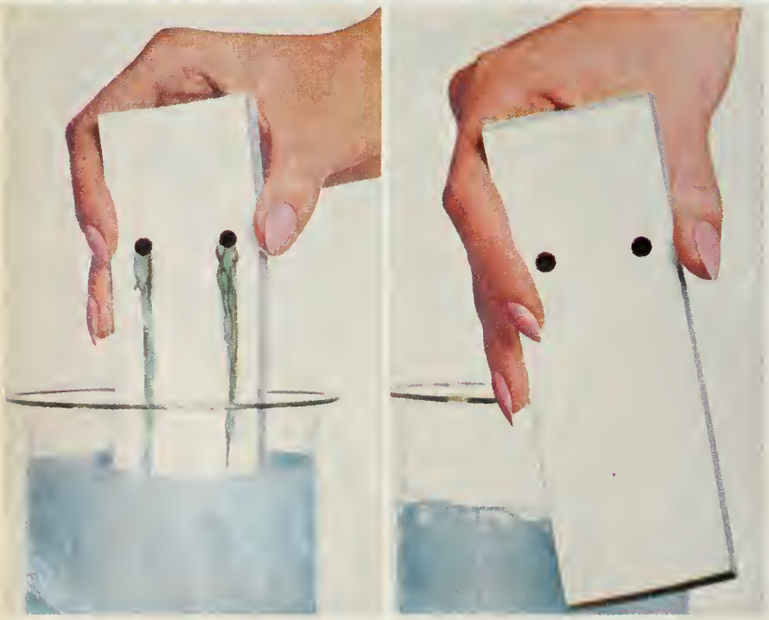
If not for how beautiful the floor looks, for how little it cost. For literature, write GAF Floor Products Division, 733 Third Avenue, New York, New York 10017.

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We make beautiful vinyl floors.

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twice the bubbles





Before Sani-Flush cleans. Look. A tough rust stain on a piece of toilet bowl porcelain. Watch bubbly new Blue Sani-Flush go to work.

After Sani-Flush cleans. Blue Sani-Flush, with twice the bubbling action, blasts away at stains, rust, film. Leaves bowls Pure Clean!

HOW TO CONCEAL A CLOSET



Don't be fooled by the serene look of this master bedroom wall. It's anything but idle. The handsome facade masks an ingenious arrangement of built-in storage. A striped wallpaper pattern helps disguise the location of the door openings as does the strategically placed, tastefully accessorized dresser which becomes a focal point of interest.



Photographs: Lisanti. Interior Designer: George Doan

When the doors are opened, the closets reveal separate his-and-her storage areas. Six spacious drawers on the right accommodate his socks, underwear, and other miscellaneous items. Section above is shelved and equipped with sliding glass doors to protect shirts and sweaters from dirt and dust. A tie rack, conveniently located on the back of the closet door, simplifies necktie selection.

On the other side of the dresser, an unexpected niche houses a television set which can be pulled out for better viewing. A door below conceals additional storage space. On the far left, a walk-in closet holds milady's clothing and features shelved compartments for accessories.



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PATTERNED FLOORS—FIRST STEP TO A MEMORABLE DECORATING SCHEME!

By Peg Rumely, Home Furnishings Editor *Nelda Cordts, Associate Editor*

Put a pattern on your floor and decorating ideas spring into action. Just like that—you have the basics of a decorating scheme: color, pattern, and texture. It's really as simple as developing a decorating theme from a fine painting, a patterned fabric, or wallpaper.

Whatever your choice may be—carpeting, a rug, or resilient flooring—you'll find patterns today running the gamut from traditional designs to handcrafted abstractions.

On these eight pages, you'll see some of the ways you can make pattern work from the floor up. There's a good example of a bold beginning on the page opposite. Striding this dining room floor are polished wood planks and red bricks simulated in resilient vinyl. It's no time to think timid—throughout the room, decorating should be strong and forceful. For instance, cover a wide expanse with another powerful pattern—the curvy, stencil-like wallpaper. Use furnishings as hearty as this English Country—a Welsh cupboard loaded with plates, pewter, and brass; a tavern table; and high-back Windsor chairs. Let the mellow shadings on the floor influence colors in the room to create a warm atmosphere for dining.

Below: Here's how color can stem from a floor. A Scandinavian rya carpet in shaggy swirls of blurrily beautiful blues and greens dictates color choice throughout the room. Shiny, vinyl-coated fabric shades offer a distinct pattern and texture contrast to the carpet—yet color holds the two in unity.

Photograph: Hopkins. Designer: Robert E. Dittmer



Buying information, page 158





PATTERNED FLOOR COVERINGS

Left: A carpet as brilliant as this one refuses to be ignored. It's determined to start a spectacular decorating scheme. And it does!

Swirling flowers (reminiscent of art nouveau) spill over this carpet in what looks like a three-dimensional texture. Offering a definite contrast to the carpet's easy flow of pattern is the regimental-striped wallpaper—yet the two have a companionable relationship through form and color. To relieve the pattern impact, other furnishings are in solid colors—fresh golds, greens, rusts, and bronzes picked up from the colors in the carpet. Here, both paint and fabric had a hand in the close color coordination.

Below: Today's area rugs are as decorative—and diverse—as paintings. Their designs and colors can easily trigger a highly individual decorating scheme.

This rug, copied from a Peruvian blanket, reflects the earthy tones and rigorous design motifs of South American cultures. Symbols on the wall-hanging scrolls relate to the markings in the rug. Area rugs can be placed over color-cued wall-to-wall carpeting (as shown here), or they can go it alone on polished wood or painted floors, or on smooth-surface flooring.

You can make a handsome rug the focal point of a room, or let it define a specific area.

Photograph: Hedrich-Blessing. Decorator: Sylvia Becker. Source: Susan Jones Medlock



PATTERNED FLOOR COVERINGS

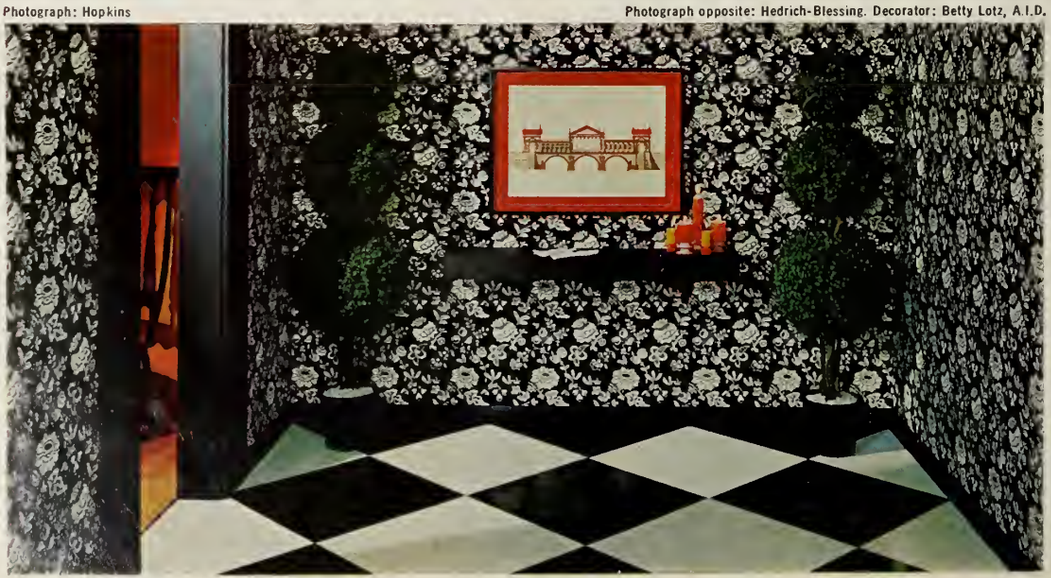


Photograph: Warren Reynolds. Decorator: Karl Humphery, A.I.D. Homeowner: Wilbur Olson. Source: Barbara Gorder

Above: With floor covering as exciting as this, don't try to top it—instead, keep other furnishings discretely quiet. Here multicolored vinyl tile squares laid in a random pattern provide the fireworks. Conservative brown and white tweed covers the twin sofas; tables and chair are simple in line. The only resurgence of color is in the tile-bright toss pillows. Accents, mostly Oriental in feeling, softly echo the colors in the floor.
Below: Black and white vinyl tiles probably did more than anything to start the black and white plus a color decorating trend. Variations in laying the tile squares tempt the imagination—here they're big and bold—four tiles to each block square, laid diagonally. Indulge black and white with more black and white—a patterned wallpaper that's distinctly different from the floor's design.
Right: You can't judge an area rug by the area it covers. For example, this area rug is small, but it sparked the spring-summer mood of the entire room. Through the rug's thick-as-grass texture flow greens, yellows, a touch of blue—inspirations for the flamboyant leaf and floral wallpaper and chair fabric, and the brightly painted furniture.

Photograph: Hopkins

Photograph opposite: Hedrich-Blessing. Decorator: Betty Lotz, A.I.D.






Better Homes

PATTERNED FLOOR COVERINGS

Left: A brilliant Oriental rug with its intense color and intricate design is a true work of art—so let it have the floor!

It can be the starting point of an elaborate decorating scheme, or a warmly intimate one, such as this. Notice how furnishings in this informal living room are intentionally low-keyed to let the rug make the most dramatic statement. Shadings that represent a blend of the dominant rug tones appear in the velvet fabric upholstery on the wing chairs and the dramatic painting above the fireplace. Greenery and accessories—as well as wood (floor, mantel, wall paneling)—accent the room's friendly mood.

Below: It takes a carpet of real authority to stand out in a large room such as this one. Here the sweeping impact of the carpet makes a neutral monochromatic color scheme come alive—and sets the decorating mood of the entire room. The carpet's rich browns boom with power, and its decisive medallion motif is further strengthened by repetition on the window shades and valance.

Throughout the room, upholstery fabrics are elegant to look at, luxurious to touch—in harmony with the formality of the carpet. Harmonious, too, is the symmetrical arrangement of the furniture and accessories.

Photograph: Hedrich-Blessing. Decorator: Paul Gonzales



A TRADITIONAL HOUSE THAT LIVES LIKE TODAY

By Noel Seney, Building Editor

When Better Homes and Gardens asked a number of leading architects to explore fresh and creative approaches to the problems of present-day living, they responded with this series of remarkable houses. You'll be seeing the others in months ahead.

At first glance, you might classify this house as "Cape Cod"—but it's a Cape Cod with a thoroughly contemporary slant on life. The architects, Morehouse, Chesley and Thomas, of Lexington, Massachusetts, daringly combined something old with something new and came up with something very special: a house that's uniquely practical for today's informal living yet completely true in spirit to its New England forebears.

Below: The hallmark of the original Cape Cod was a distinctive, sharply pitched roof. This house puts such a roof over several separate areas.

The result resembles a miniature village—or a cluster of farm buildings. But this house is as up-to-date as any thoroughly modern family could wish. For example, covered decks and generous use of glass capitalize on the site and encourage outdoor living.

Right: The front of the house looks massive and well-organized despite the various shapes and sizes of its components.

The shingles remind you of the Cape Cod ancestry of the house, but other design features reveal it to be unmistakably built for today. The forward extensions and the overhanging roof combine to shelter the entry. The double entry doors convey hospitality, but privacy is assured by small, strategically placed windows. A covered breezeway puts the kitchen within easy reach and separates house from the garage.

At left, the bedroom wing cantilevers from a wall of native rock and permits the site to assert its gently rolling nature.

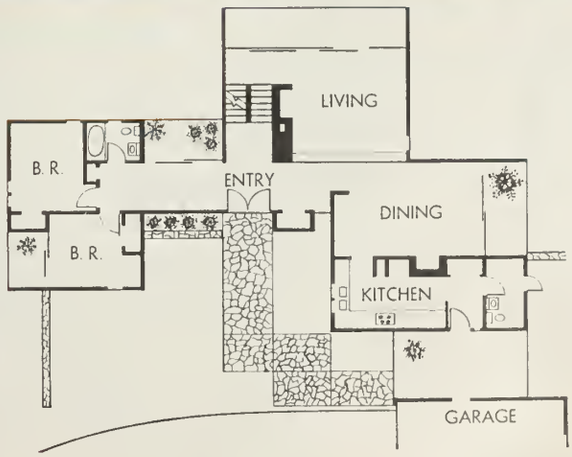
A turnaround encircles the planting area and serves all points of entry.



Drawings: Carlos Diniz Associates

One of its strongest points is this home's zoned floor plan, as you see here on the main level. The centrally located entry practically eliminates through-room traffic; it serves both to separate and connect the house's three basic zones—sleeping, eating, and living. This means that most of the traffic in the house is channeled through the entry area, leaving the other rooms a lot quieter and free of irritating interruptions.

Maximum separation between the living area and the children's bedrooms also contributes to a serene and smoothly functioning household. And the forward location of the kitchen is an advantage that pays off with each trip home from the supermarket.

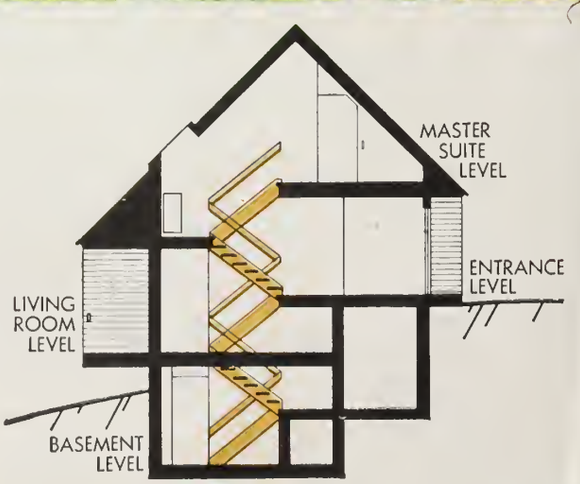


Right: From the front, the house betrays little evidence of its rather surprising multi-level room arrangement. This diagram shows how the three main living levels are organized vertically with only a few steps between them.

The topmost section is the master bedroom suite; the short line just below and to the left indicates a small landing between the entry and the balcony off the master suite.

The next line down, of course, is the entry level, where the main floor is located; a half-flight down, the living room has a level of its own, and below it is the basement.

With all the stairways in the house stacked straight up and down from the entry, stairway traffic is confined to one restricted area.




1306
Entertainment
RANGELL



INSIDE, A LOFTY ENTRY TIES THE WHOLE HOUSE TOGETHER

Below: Besides flowing horizontally into the gallery and the hallway, the entry achieves a dramatic vertical dimension by soaring all the way to the top of the second level. The open-riser stairs leading to the master suite above and the living room below also contribute to the feeling of openness and space. Sliding glass doors to the deck open the entry to the outdoors.

The balcony off the master suite creates warmth and interest in the entry area, and serves practical ends, too. From this vantage point you can monitor children's activities, or wave in early-arriving guests.

The balcony is big enough for a chest, love seat, or some other large piece of furniture.

Right: The spacious dining room overlooks the side yard and adjoins a deck through sliding glass doors. With this much room, you could very easily make the dining area double as a family room—perhaps even install a divider to create two separate areas. For example, you could use the left half for dining and convert the far end to a family room or playroom.

The partial wall at left overlooking the sunken living room is actually the top of the living room cabinets (see floor plan). The doorway at right leads to the kitchen.

Lower right: The living room enjoys a special kind of solitude on its own level at the rear of the house. However the privacy and separation that result don't compromise the essential openness of the room.

From here, it's easy to see how the high, continuous part of the ceiling helps link the living room to the dining room (which is a half-level higher) behind that encased ship model.

The area at the foot of the stairs expands the space in the main section, and also functions as an introduction to the living room. This arrangement gives a wide range of choices for placing furniture.

Generous built-in cabinets help keep the room organized and make an ideal display surface in both the living room and dining area. The stone fireplace wall not only screens the stairway, but also provides an inviting focal point for the entire living area.





Above: Space and facilities in the master suite are luxurious. With a fireplace, separate study-dressing area, and compartmented bath it becomes a well-appointed private apartment for adult living.

The study-dressing area (which could serve as a nursery) contains abundant storage; part of the attic crawl space could be developed for storage, too. The bathroom sink includes space for a vanity.

ARCHITECTS: MOREHOUSE, CHESLEY & THOMAS, A.I.A.




1806
Entertainment
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Drawings: Ruth Strauss

BETTER HOMES AND GARDENS FAMILY-PLANNED AUTO TOURS

SANTA FE AND THE OLD WEST

Hundreds of years ago, Spanish explorers combed New Mexico's highlands and deserts for seven legendary cities of gold—where natives ate from gold dishes, sailed in gold-trimmed canoes, and drank from silver goblets. Today the seven cities are still waiting to be found, but on this tour by Editor Peter Lindberg you will find other treasures, just for the looking: mesquite and pine-cloaked mountains rolling up from vast desert land; colorful cities that still boast their Spanish and Indian heritage (handmade jewelry to incendiary Mexican food); ancient cliff dwellings and sun-baked Indian pueblos; Carlsbad, one of the world's largest caverns—and a sea of shimmering dunes called White Sands.

Its legends. At Gran Quivira National Monument, set high on a mesa, the snap of the park service flag carries sharply over these hushed ruins—relic of Indians who lived here some 300 years ago. On an easy, self-guided tour, you'll wander the roofless, gray-limestone ruins, through tiny pueblo rooms and into the thick-walled mission churches. Your brochure—and the museum exhibits—tell the story of the mission complex, abandoned during the late 1600s.

In Bandelier National Monument near Santa Fe, you discover another side to the Pueblo civilization: its cliff-dwellings. To reach Frijoles Canyon, the prime Bandelier attraction, you drop 500 feet along a winding road to the visitor center and museum.

Up the tree-filled canyon, you'll see the remains of Tyuonyi Pueblo, once three stories high, with 400 rooms and a great circular plaza. Nearby, you can climb the soft volcanic rock cliffs and peer into shadowy cave apartments and tuff-walled houses. Allow time, too, for the well-preserved petroglyphs, and the kivas (or ceremonial rooms).

For a look at unexcavated Pueblo ruins, hike into Tsankawi Ruin—another Bandelier attraction. Here, on the unchanged mesa, it's almost as if you'd stepped 300 years back in time. A cliff-side platform still bears the food-grinding holes; sandal-worn trails, cut ditch-like through soft rock, look fresh; the caves carved into the cliff rim seem only recently deserted.

Pueblos and villages. The descendants of these ancient tribes still call New Mexico home. For a visit, you can pick from 18 pueblos (11 near Albuquerque). Most impressive is Taos Pueblo, where the five-story adobe apartments—now with 1,400 residents—date back 800 years.

Other pueblos come in many ages and sizes, but all of them will give your children a magic look into living history—especially during the colorful ceremonials. And depending on the pueblo, you can shop for handmade pottery, turquoise jewelry, moccasins—and even strings of bright-red peppers.

Still another side of New Mexico history lives in off-the-path villages like Chimayo, where you can visit Santuario church, with its rare painted panels—and a history as a healing shrine. In the old-world village, you'll also find famed Chimayo wool blankets.

Santa Fe. Rambling gracefully over pinon-dotted slopes below the Sangre de Cristo mountains, this mile-high-plus city is like no other state capital you've seen. Founded by Spanish explorers, it's been many things since 1610: a bustling Spanish colony; a Pueblo Indian center (after a wild uprising); a Confederate hostage (but only briefly)—and, as you'd expect, one end of the storied old Santa Fe Trail.

The best place to start your tour of Santa Fe is the Plaza where the old trail actually ended. Here, under wide balconied walks, you can browse through shops that specialize in everything from Mexican pinatas to hand-stitched boots. Along the walk, traditionally dressed Indians display turquoise jewelry, basketware, and pottery on hand-woven blankets (also for sale). For a breather, try the shaded square, with its historical markers and—during fiesta time and weekends—some lively band music.

Before you leave the Plaza, visit the adobe Palace of the Governors, the oldest public building in the country—now filled with historical and archaeological exhibits. Across a patio is the Hall of the Modern Indian, including full-scale replicas of Navajo hogans and Pueblo houses. Nearby, discover the art of the early Southwest in the Fine Arts building.

Just a block away stand Sena and Prince plazas. In them, you'll wander through a maze of small shops hidden among flower-decked patios, sparkling fountains, and magnificent carved doorways.

But these are only samples of downtown Santa Fe. You'll need more time for landmarks like restored San Miguel, oldest church in the U.S., and the new state capitol building, designed like a giant Pueblo kiva.

Before you tackle Canyon Road, once a famous Old West trail, be sure you've plenty of time. Along this four-mile, winding avenue, cut by narrow streets, is Santa Fe's art colony. It has History, from Cristo Rey church (largest adobe structure in the nation) to the Museum of Navajo Art's rare sand paintings.

It has Art, from tiny, one-room galleries to sprawling studio complexes with repertoires from Indian handcraft to bronze sculpture. And it has Character, from the colorful dress of its residents to the names of its shops—the Frightened Owl, Things Unusual, The Feather Moon.

Around Santa Fe, eating is, in a word, hot. If you're adventuresome, start your day with a chili omelette (a couple of eggs and one molten pepper). For the rest of the day (if you are able), you can sample several memorable Mexican recipes, from tacos to a multi-course feast.

You'll find these dishes at intriguing spots like the Gate of Spain, the uniquely casual Shed (with blue-corn tortillas), or Maria's Mexican Kitchen (a specialty: tortillaburgers). Yet Santa Fe boasts other fine eating places, too—some with gourmet fare.

On a tour like this, you'd expect to find more than one fascinating city—and you will.

Albuquerque. The biggest city along the tour (thanks mostly to the space age), Albuquerque holds several surprises. Its Old Town is an island of old-world grace in the middle of the city; the plaza square is flanked by off-beat shops and galleries (pinatas to candles), a church fortress, and Spanish restaurants like La Placita and La Hacienda. Here too, Indians still sell handcrafts on the walks. But there's far more to Albuquerque—from its new downtown center to the 400-acre, pueblo-style University of New Mexico.

Looming 5,000 feet above Albuquerque to the east, the Sandia Mountains make an inviting outdoor retreat. A part of the million-and-a-half-acre Cibola National Forest, the Sandias are laced with trails and secluded picnic sites. On the northern edge lies Sandia Cave, mysterious relic of early man.

As you drive up, you'll travel through several "life zones"; you begin in desert land, and by the time you hit the 10,678-foot crest, you're in bighorn sheep territory, where the crisp, piney air is 25 degrees or so cooler.

For a dramatic trip up to the Sandia forests, grab a Sandia Peak Tram. Inside the red, 60-passenger cabs, you'll make the three-mile ascent in just 15 minutes; in one spot, you will glide 7,720 feet between towers, skimming sheer granite cliffs and dangling over deep canyons. Hiking trails branch out from the peak terminal, and you can have dinner in a restaurant perched on the mountain rim. Trams leave every 20 minutes: Adults, $3.20 ($2.20 after 6 p.m.); children $1.65.

Taos. Set on a mesa 7,000 feet up in the mountains, Taos still weaves its traditional magic for visitors. Part of this enduring appeal stems from its reputation as a thriving art center, part of it from the justly famed Taos Pueblo (*see Pueblo section*), and part from its Spanish heritage.

To get the feel of Taos, stroll through the hubbub of its old-style plaza, which draws artists, Indians, writers, and Spanish-Americans from the area. Unlike some other plazas, this one is still the true center of town life, and you'll find most of its colorful shops here—or within a block or two.

Besides its history (Kit Carson Museum, Governor Bent Museum and Gallery), Taos is just a short drive from some compelling mountain attractions—the 13,000-foot-high Wheeler Peak, Eagle Nest Lake, the Red River, and the million-plus-acre Carson National Forest.



Maps: Hugh Stirts

White Sands National Monument. From a distance, it's a snow-white band set at the base of a jagged blue mountain range. Up close, it's a sea of white sand dunes, edging its way over the flat, brush-covered desert floor. Ground by the wind from gypsum, the sand is a brilliant, fine powder that squeaks under your feet where it's been rippled firm by the wind, or curls like liquid around your ankles in the sheltered spots.

From the visitor center, a road (much of it pure gypsum) winds into the ice-cream-cone-like dunes. You can picnic under shelters, slide down steep slopes, and explore the silent back country. Here—where you *really* can let children run free—you may spy a rare white mouse or lizard, or a lone, spikey yucca whose roots often probe 40 feet deep.

Carlsbad Caverns National Park. As the elevator whisks you down—300, 400, and finally 750 feet—you're prepared for an impressive cave tour. But Carlsbad Caverns is more than this. It's a subtly lighted fantasyland of immense cave-rooms, decorated with huge stone columns shaped like giant confections. The walls are trimmed with stone icicles and weird shapes, and crystalline pools add to the spectacle by reflecting these strange forms.

The "Big Room" dimensions alone hint at the grand scale. Its ceiling arches 255 feet above you, and the rocky floor, 1,000 feet wide in spots, stretches away almost 2,000 feet. Even on hot summer days, you'll find it's a cool 56 degrees down there.

Each night Carlsbad provides still another drama: the whirring, squeaking departure of thousands of freetail bats that make their home in an upper chamber of the cavern. You can see the caverns on a 3½-hour, walk-in tour, or take the 1¼-hour elevator tour (adults $1.50; under 16 years, free).

Ghost Towns. A mecca for gold and silver miners in the late 1800s, New Mexico is dotted today with mysterious "ghost towns."

Near Silver City, you'll find towns like deserted Mogollon or White Oaks, both still rich in frontier mining lore. By Albuquerque on Highway 10 are other mine-boom towns like Golden, or Madrid, with its rows of empty company houses (and a well-stocked coal-mining museum).

Getting there. To make the most of this family trip, consider fly-and-drive costs. Vacation package rental car rates begin at $88 per week including 500 free miles. To this, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Santa Fe from Chicago, $441.36; Seattle, $514.86. You can arrange a fly-and-drive trip through an airline reservation office or your travel agent.



FAMILY-PLANNED AUTO TOURS

SEATTLE AND THE MAJESTIC NORTHWEST

When nature swept her dazzling show through North America, she must have staged the grand finale in northwest Washington and British Columbia. Icy streams plunge down towering snow-capped mountains; giant Sitka spruce rise majestically from moss-draped rain forests; violent Pacific surf crashes over jagged rocks, then bubbles across flat, sandy beaches, giving up creatures from the sea and drift from the Orient.

On this two-week tour by associate editor Jerry Reedy, you may think you're a million miles from nowhere. Actually, you're just a couple of hours from Seattle, the largest city in the Northwest.

Seattle. Built on the hills along Puget Sound, Seattle defies you to get lost. You can always orient yourself from a nearby hilltop or better yet, from the Space Needle, awesome symbol of the 1962 World's Fair and the most commanding landmark in the city. Start your tour there.

A pod-like elevator shoots 600 feet to the top in less than a minute. Pick out the sights as you stroll the observation deck, or more leisurely as you dine in the revolving restaurant. You'll see everything: the Cascades, Mount Rainier, the Olympics, the lakes, the Sound, the city.

At the foot of the Needle, explore Seattle Center, legacy of the World's Fair and now the city's cultural and entertainment center. Be sure to include Pacific Science Center where, for $2.00, your family can spend an entire day watching fascinating displays of science in action. Before you plan your evening entertainment, find out what's going on at the Center's Playhouse, Opera House, Arena, and Coliseum. If you're downtown, you can reach the Center fastest (90 seconds) on Seattle's high-speed Monorail.

Head for the downtown waterfront and savor the smells and sounds of Pike Place market where Washington farmers bargain from makeshift stalls piled high with produce. Nearby, you can nibble fish and chips from sidewalk carryouts, shop for imports at Trident, and ogle the bizarre collections at Ye Olde Curiosity Shoppe. You can take a boat tour around the harbor, or to a nearby Indian village for a salmon barbecue.

Meet old Seattle in Pioneer Square, now a center of night life with jazz joints and coffee houses. For an entertaining account of the neighborhood's history, take the Underground Tour ($1.00 per person; call MU 2-4646 for reservations). Marked automobile tours of the city disclose other worthwhile attractions: Seattle Art Museum, Woodland Park Zoo, the University of Washington Arboretum, Hiram Chittenden Locks, the International Settlement, and Boeing Aircraft, Seattle's largest employer.

This is also timber country, and the industry welcomes visitors. For tour details, contact one of these companies: Georgia-Pacific, Bellingham; Simpson International and U.S. Plywood, Seattle; Weyerhaeuser Co., Tacoma; Crown-Zellerbach and Peninsula Plywood, Port Angeles; Scott Paper, Everett; Huntting-Merritt, Vancouver, British Columbia.

Mount Rainier National Park. Rising 14,410 feet above sea level, this towering dormant volcano presides over 378 square miles of lush virgin forest, flowering alpine meadows, and ever-present glaciers. A semicircle of excellent roads and 300 miles of well-marked trails get you around the park pleasantly and fast.

With plenty of places to fish, hike, camp, and picnic, the park provides little excuse for idleness. See the summit of the mountain up close from Sunrise Visitor Center; from Chinook Pass Road, survey the 5½-mile-long Emmons glacier. Picnic at Box Canyon and marvel at the deep gash cut through solid rock by the relentless Cowlitz River.

Hike the Trail of the Shadows and Trail to the Patriarchs, two short loops through dense forest. You can spend from a day to two weeks hiking

90-mile Wonderland Trail. If you still crave adventure, circle the peaks in a chartered plane; probe the ice caves under Stevens glacier; or scale the summit with an experienced mountain climber.

Longmire and Paradise offer overnight accommodations. For reservations and information, write Rainier National Park Co., P.O. Box 1136, Tacoma, Washington 89401.

The Olympic Peninsula. The wild, rugged beauty of the Olympic Peninsula is diverse and spellbinding. Dense forests encircle the snow-capped Olympics, and then give way abruptly to sea and sand.

The sea provides most of the sport and recreation along the peninsula. Go after salmon near Westport, comb the beaches north of Kalaloch, hunt crabs along the Strait of Juan de Fuca. You can clam and swim at almost any beach.

In Westport you'll pay $18 per day to fish from most of the well-appointed 40- and 50-foot charter boats; the charge includes pole, tackle, bait, and cleaning. Make charter and motel reservations in advance. Local canneries will can, freeze, or smoke your catch and ship it home for you. Limit is three salmon per day; no license required.

All you need to dig clams is a shovel, a pail, and a low tide. Look for telltale depressions in the sand, then dig fast and straight down: wily razor clams don't relish captivity. You can rent shovels at motels, gas stations, and grocery stores; also ask for regulations and tide tables. Limit is 18 clams per day.

To find crabs, probe around rocks, seaweed, and into tidal pools and shallow water. Legal crabs are males measuring 6¼ inches across the back.

Best conditions for beachcombing occur after storms that jar the drift loose from prevailing Pacific currents. Japanese glass net floats are the most highly prized trophies; jugs, bottles, flotsam, and artistic driftwood rate high, too.

On your way up the coast, stop at Quinault. Walk the loop trail through the Big Tree Grove, take a leisurely boat trip around Lake Quinault, eat or stay over at the lodge. If you feel energetic, you can hike up Higley Peak or canoe the Quinault River with an Indian guide.

For spectacular views of the peninsula's crashing surf, hike down the numbered beach trails between Queets and Ruby Beach. You can take a naturalist-guided tidal pool tour at #4, and see Destruction Island from #6.

Linger in the lush depths of of the Hoh Rain Forest where precipitation exceeds 140 inches a year and sends Sitka spruce soaring over 250 feet high. Many of these patriarchs are over 300 years old and still growing. Thick mosses droop like bunting from smaller trees, and the spongy forest floor sprouts outsize ferns and exquisite flowers. You can walk the trails by yourself or tag along with a Park Service naturalist.

Pause at Lake Crescent for trout casting or skin diving. From Storm King visitor center you can hike to picturesque Mary Mere Falls.

In Port Angeles, trace your travels on the Olympic relief map in Pioneer Museum. Then drive up to Hurricane Ridge for a spectacular view of the Olympic mountains. For a short course in Victorian architecture, tour the quiet streets of Port Townsend.

The Islands. Once the object of a territorial dispute between the U.S. and Britain, the San Juan Islands today repose in blissful serenity. A short Olympic Ferry ride from Port Townsend deposits you at Keystone where Fort Casey once guarded Admiralty Inlet. Continue up to Deception Pass and watch the boiling tidal rapids churn through the narrow channel separating the islands of Whidbey and Fidalgo.



At Anacortes, drive aboard a Washington State ferry and relax as you enjoy your cruise through the San Juans to Sydney, British Columbia. If you feel like exploring an island, stop off at Orcas. There you can stroll Moran State Park and survey the San Juans from Mount Constitution.

Canadian travel requires no passport, but you may be asked (though it's not likely) to produce some other proof of your U.S. citizenship, like your driver's license.

Victoria. Aptly named, Victoria proudly reflects the manners and appearance of late 19th century England. And you'll love it.

On your way down from Sydney, stop at world-famous Butchart Gardens where meticulous beds of everblooming flowers line meandering walkways. At night there are stage shows and lighted tours of the gardens.

Downtown, the stately Empress Hotel and the dignified buildings of Parliament symbolize the city and make an appropriate beginning for your tour of Victoria. Close by the hotel, you can examine totems in Thunderbird Park, swim at Crystal Gardens, glimpse famous faces at a wax museum, explore the new provincial museum, and sign up for guided tours by boat, bus, or horse-drawn wagon.

Four well-marked drives simplify trips to other places. They include Mount Tolmie, Craigdarroch Castle, Undersea Gardens, Beacon Hill Park, and Olde English Village.

Vancouver. To get there from Victoria, take 101 to Nanaimo, perhaps including a short side trip to Shawnigan Lake or Lake Cowichan. At Nanaimo, take either C.P.R. or B.C. ferries direct and nonstop to Vancouver. (Actually, B.C. ferries leave from Departure Bay and arrive at Horseshoe Bay.) You can also get to Vancouver via B.C. Ferries through the Gulf Islands to Tsawwassen.

Big, booming, Vancouver has plenty of busy streets and tall buildings, but, like Seattle, mingles inevitably with the rugged land around her. The third largest city in Canada, Vancouver offers all the attractions you'd expect in a large city and a few you might not.

Put sylvan Stanley Park at the top of your list; you may never go anywhere else. In the park's zoo, seals, penguins, and polar bears entertain you from big sunken grottoes; wild ducks and Canada geese wander the wooded grounds at large.

Get to know the marine world in the park's modern, well-stocked aquarium and watch the killer whale Skana leap high in the air at feeding time. Without ever leaving the park, you can fish, swim, bowl the green, pitch and putt, and then gladly give in at the children's playground.

Enjoy a bird's-eye view of Vancouver from Queen Elizabeth Park. At night, listen to a free concert at Kitsilano Park. A gigantic relief map of B.C. will awe you at Exhibition Park; visit the Maritime Museum and newly built Centennial Museum, too.

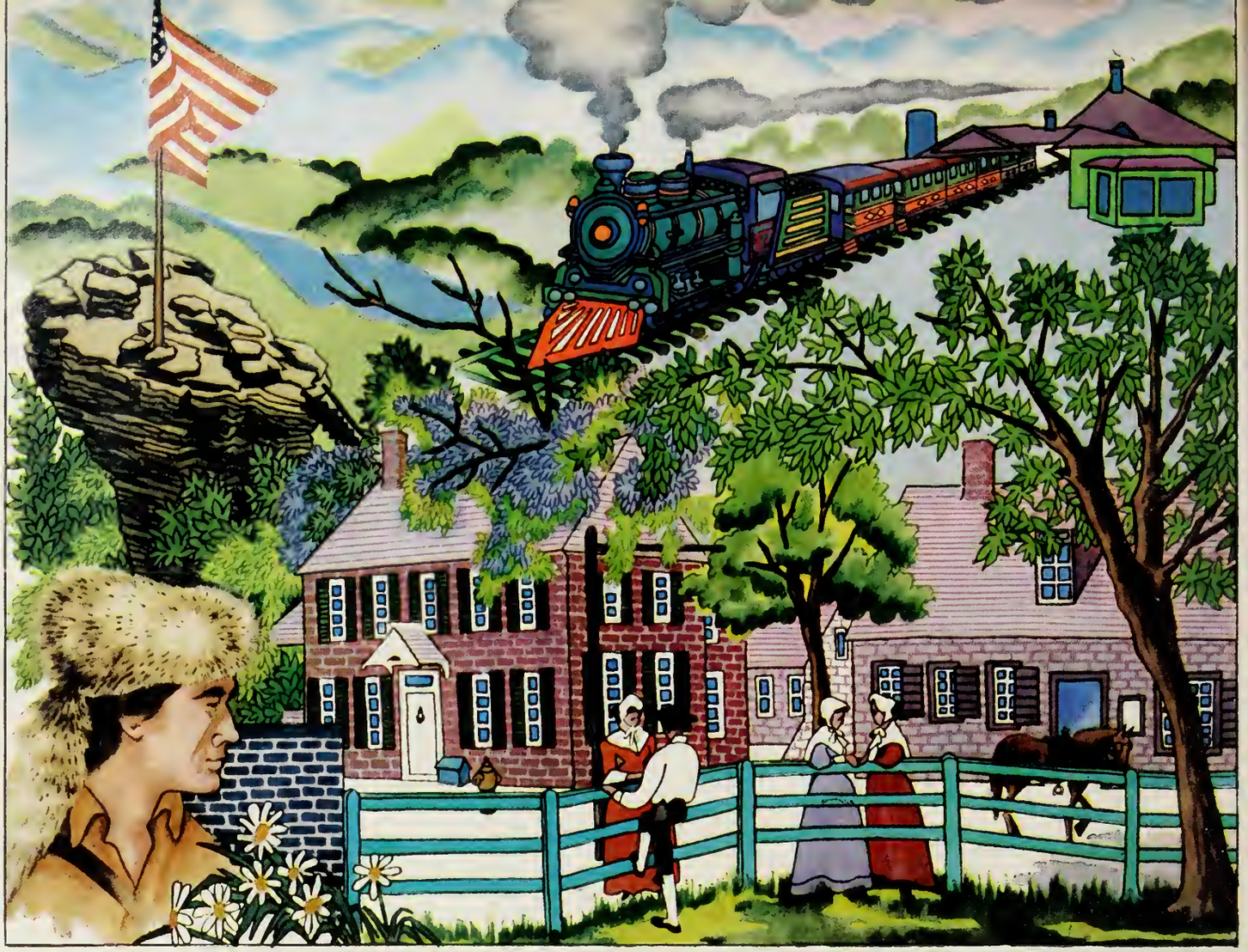
If you visit Vancouver in July, check special events that comprise the Festival of the Arts and the Sea Festival.

On your way home, stop for a moment at the U.S.-Canada Peace Arch in Blaine. Consider, too, a side trip to admire Mount Baker.

Ferry travel. To minimize the risk of delays, check departures in advance and schedule as many trips as possible on week days. For routes, schedules, and general information, write: Washington State Ferries, Seattle Ferry Terminal, Seattle, Washington. British Columbia Ferries, 816 Wharf St., Victoria, B.C. Canadian Pacific Ferries, Pier A-3, Vancouver, B.C. Olympic Ferries, Inc., Port Townsend Washington. Black Ball Transport, Inc., Pier 30, Seattle, Washington.

Customs. On your return from Canada you may bring back $100 in merchandise duty free provided you stay abroad for at least 48 hours and have not used your exemption during the preceding 30 days. For additional information, write Bureau of Customs, Washington, D.C. 20226, and ask for *Customs Hints*.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Seattle from Dallas, $548.96; Chicago, $514.80.



FAMILY-PLANNED AUTO TOURS

WINSTON-SALEM AND A MOUNTAIN WONDERLAND

Don't look for the Old South in North Carolina: it's really our country's oldest West. Daniel Boone ventured forth here into the Appalachian mountain wilderness; and even today his land gives you that glorious feeling of wide-open spaces, lures you onward with promises of a frontier.

For your family, it will be a real out-of-doors vacation to take the highways that wind through this country of the sky—a vacation of true *sight*-seeing, as each curve reveals new visual delights: vast panoramas, waterfalls, romantic gorges, carpets of wildflowers in spring and summer, flaming foliage in the fall.

On this two-week tour by Eastern Editor George Bush, there's no dearth of other pleasures either: golf, fishing, camping, gem hunting, outdoor dramas, historic restorations, craft workshops, folk dancing—you name it.

Winston-Salem is your starting point. This city was founded by Moravians, a splinter sect that sought religious freedom in the New World some 200 years ago. Luckily, they were a thrifty bunch and never threw anything away, so you'll see only genuine period pieces when you explore the restoration of their settlement.

You'll want to spend at least half a day strolling through Old Salem's tranquil streets. Start your tour at the Visitors Center where a slide-and-sound show tells the exciting story of the sect. Later, hostesses in old Moravian costumes will show you through historic houses. You'll especially enjoy the half-timbered "Single Brothers House," where the bachelors lived and learned trades. Their workshops still operate today, and you can watch potters, tinsmiths, gunsmiths, and leather crafters at their jobs. Visit Salem Tavern, where George Washington *really* slept, the beautifully furnished John Volger House, and the Wachovia Museum with its antiques and Indian artifacts.

Also in Old Salem is the Museum of Early Southern Decorative Arts, where you'll find 15 complete rooms from homes all over the South, and dating back as far as 1690. A restaurant featuring traditional Moravian specialties—much like Pennsylvania Dutch cooking—is now being installed in one of the restored dwellings; it may be open by the time you go.

The super-mechanized Whitaker Park plant of Reynolds Tobacco Company, on the other side of town, offers a startling contrast to Old Salem's Tobacco Shop where everything was done by hand. Reynolds plant tours operate all day and evenings on working days.

The Blue Ridge. It'll take you about three hours to drive to the Eastern Continental Divide, first on the Winston-Salem Expressway, then on U.S. 421. Slowly the road rises, and you're in the hills. Pastures give way to dark, dense forests, and since your route roughly parallels that of the Wilderness Trail, you'll get a good picture of what those early pioneers went through when they first made this trip on foot.

Cross Blue Ridge Parkway—don't get on it yet—and go to Boone, where you'll want to see the musical outdoor drama "Horn in the West," depicting Old Dan'l's conquest of this frontier. It plays from late June until late August. You'll usually find a seat in the amphitheater, but make sure to reserve a room for that night either at Boone or Blowing Rock (or you can camp at nearby Julian Price Memorial Park).

Just below the theater are the Daniel Boone Native Gardens, maintained by the Garden Club of North Carolina to display the area's wildflowers and shrubs.

To have time for the gardens before seeing the show, leave Winston-Salem after an early lunch. For dinner at Boone that night, try the Daniel Boone Inn, which serves excellent country-style chicken.

Nearby Blowing Rock, one of the region's prestige resorts,

offers an attraction your kids won't want to miss: the Tweetsie Railroad, which actually once operated here and now makes trips on a three-mile narrow-gauge loop, complete with Indian attacks and a train robbery. Your youngsters will also get a big kick out of the "Blowing Rock," after which the town was named. It juts from a mountainside, and the air currents swirling around it blow light objects back at you when you try to toss them over the brink. Even snow falls upside down here.

North of Blowing Rock, visit Cone Memorial Park whose manor house, open May through October, is now an interesting crafts center with exhibits and sales of wood carvings, ceramics, jewelry, weaving, and furniture.

Take U.S. 221 to Grandfather Mountain. A toll road leads to its 5,964-foot summit: you'll see a spectacular panorama from easy trails and a swinging bridge, safely but excitingly suspended over a rugged gorge. And if you're a golfer, you can tee off a precipice where a good swing will catapult your ball a mile into the valley. (More conventional golf is played on courses in Boone, Blowing Rock, Hound Ears, Linville, and Newland.)

Don't bypass Linville Gorge just south of Grandfather Mountain; a short hike takes you into this magnificent wilderness area.

At Linville you start driving on the Blue Ridge Parkway itself. The dense forests now drop away, and you overlook range upon range of mountains, their green slopes turning to unbelievable blues and purples with distance. Stop at Little Switzerland (you can spend the night at the Chalet Motor Lodge, or camp at Crabtree Meadows) to see the Museum of North Carolina Minerals and visit nearby mines. You may prospect, often profitably, for semi-precious stones in the leftover tailings of the feldspar mines near Spruce Pine.

Your next important side trip from the Parkway is at Mount Mitchell (6,684 feet), highest peak east of the Mississippi, with a view to match. Bring warm clothing if you intend to camp at this altitude.

Next, you come to Craggy Gardens, the Parkway's most magnificent area for rhododendron. It blooms here in the middle of June, two weeks later than at lower altitudes.

Asheville. Don't miss Biltmore, palatial estate of the Vanderbilts. More than 12,000 acres of formal gardens and romantic forests surround its French-style chateau, which is simply bursting with exquisite antiques. Also tour the workshops of the Biltmore Weavers and visit novelist Thomas Wolfe's house that he wrote about so nostalgically.

The annual Mountain Dance and Folk Festival is held in Asheville the first week in August; it's a real rousing time with ballad singers from all over the mountains and wonderful groups of youngsters showing off the area's clog dances. Another fine event is the Southern Highlands Crafts Fair in mid-July.

South of Asheville, the Pisgah Inn, right on the Parkway, is a pleasant place to spend the night. Next, stop to climb Waterrock Knob. It's a stiff hike, but the view's worth every aching muscle.

The Smokies. The main east gate of the Great Smoky Mountains National Park, which straddles the North Carolina-Tennessee border, lies at Cherokee, 48 miles south of Asheville at the end of the Parkway. Visit Oconaluftee Indian Village, where Cherokees will show you how they used to build canoes and make arrows and blowgun darts. In the evening, see the colorful Indian drama "Unto These Hills" in the outdoor amphitheater.



Also well worth your time is the restored Pioneer Farmstead just inside the Park boundary. On a side trip into the Park on U.S. 441 you'll be sure to see wildlife, especially black bear.

Fontana Village, a family recreation resort on Fontana Lake at the southern rim of the Park, makes another fine side trip.

The Nantahala Country lies in a corner of North Carolina that most travelers never see. They don't know what they are missing: it's a vacation paradise. West on U.S. 19 from Cherokee you'll find Nantahala Gorge, so steep and deep that its bubbling stream sparkles only in the noonday sun. Your road twists along the canyon's depths; the best three miles are toward Topton.

Then backtrack to continue your trip east on Secondary Road 1310 toward Franklin. Along 1310 is a spur that climbs Wayah Bald Mountain.

At Franklin, you'll have a chance to strike it rich in the ruby and sapphire fields of nearby Cowee Valley. This is no tourist gimmick. Tiffany's once worked these fields, and while commercial operations are no longer profitable, amateur miners often walk away with gems, some of them quite big. For a small fee, you can screen buckets full of muddy gravel, a grubby but fascinating job; attendants will show you how to tell your precious stones from common dirt.

On toward Highlands on U.S. 64, you'll climb along the rim of yet another canyon, Cullasaja Gorge, passing several splendid waterfalls—including one that bears the misnomer "Dry Falls" as you'll soon discover when you walk the trail that leads into a rock cleft behind the roaring torrents. It's a refreshing experience you shouldn't miss, especially on a hot summer's day.

At Hendersonville downtown streets are roped off Monday nights in July and August for public mountain square dancing. The Flat Rock Playhouse, probably the best summer theater along your route, is nearby.

Tryon, your next stop, is a charming little resort in a picturesque setting, blessed with a particularly pleasant year-round climate. Here you can golf, ride, visit craft shops. You'll enjoy staying at Oak Hall, once an F. Scott Fitzgerald favorite, or at the cozy Pine Crest Inn. Both are open year-round and have excellent kitchens.

A side trip north via Rts. 108 and 9 brings you to Chimney Rock, one of the state's most famous attractions. The huge rock juts out spectacularly over a lake-filled valley; you get up there by riding a 258-foot elevator inside the cliff.

The Sandhills. At Southern Pines and Pinehurst, you'll find what may well be the world's greatest concentration of golf courses: a dozen within a radius of about ten miles. You get here best from Tryon by following I-26 and I-85 to Charlotte, then U.S. 74 and U.S. 1 to North Carolina's golfing mecca.

Fall through spring is the high season here. Summers, while delightful, are not crowded, and you should have no trouble finding accommodations at reasonable rates.

Thrill your kids with a visit to nearby Fort Bragg while you are here. You can see paratroopers jumping almost every day. Also on the post are fascinating museums of the 82nd Airborne and the Special Forces. And don't miss the horse country on the outskirts of Southern Pines; here's where steeplechase champs are bred and trained. You can see the beautiful horses along side roads, and you may even catch them being exercised on training tracks.

About one hour's drive north of the Sandhills, visit the potteries along U.S. 220 and State 705. This is the famous "Jugtown" area where fine pottery is made by wheel and wood-fired kiln, just as it has been since Colonial days.

At Greensboro is the Guilford Courthouse National Park, a revolutionary battlefield and museum, worth a visit on your way to Winston-Salem.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Winston-Salem from Chicago, $196.16; Kansas City, $260.52.



A NEW KITCHEN IN EXACTLY THE SAME SPACE

By Helen A. Dawson, Kitchens Editor
Georgia V. Young Associate





Photographs: Hedrich-Blessing. Designer: Ethel Samuels, N.S.I.D.

That's right! Without adding an inch, you can turn a "hopelessly" out-of-date kitchen into a model of contemporary efficiency. And here's proof:

Before: Everything in this typically sterile-white kitchen was simply worn out after 30 years' use. But structural changes were too costly and complicated in this brick home, so its big awkward windows and all-tile walls were left basically unchanged.

After: Now a box-like beam across top of windows improves their proportion, adds continuity to the decorating, and houses much-needed lighting.

To conceal holes above sink where faucets once hung, tile was carefully stripped from another area. Hood above range vents through former fan aperture in wall. And, to avoid costly recessing, giant fluorescent fixtures *hang* from ceiling.

Gone is the institutional look. New, flame-colored cabinets, faced with laminated plastic, cast a cheerful glow. Refrigerator, freezer are auto-shop sprayed to match cabinets. For positive heat resistance, dishwasher is factory finished. Pattern in washable wallpaper and curtains repeat flame color.

MAKE EVERY INCH WORK IN A LITTLE KITCHEN

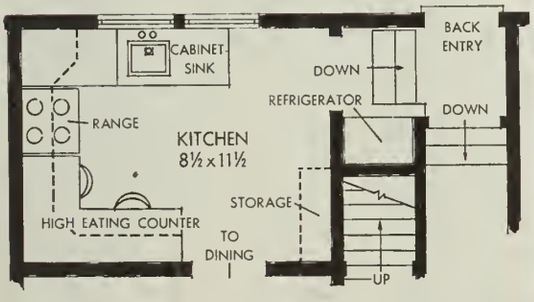
Here's how: Replace wasteful, hard-to-reach corner storage—consolidate appliances near work tops—put leftover space to work—increase storage.

In this kitchen, the refrigerator once stood in an icebox cove by the back door. Now, it's opposite the range with handy work top adjacent. Angling appliances from walls created a floor-to-ceiling triangular pantry. Tapered adjustable shelves (11 inches deep at center, four at either end) store small jars, canned goods, larger packages equally well, and all in clear view.

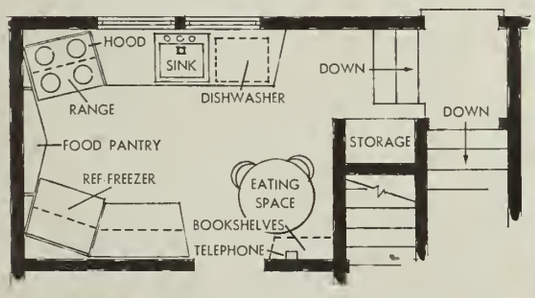
Even a tiny table can be comfortable for quick meals if you don't have to perch on high stools. This one hugs the wall where table settings and small appliances are stored in the former refrigerator alcove just around the corner.



Architect: Raymond F. Johnson.



Before: High eating bar by range had to double for food fixing. Only drawer was beside sink. Extra steps were required to reach the isolated refrigerator.



After: Carefully placed appliances, cabinets utilize space yet permit doors and drawers to operate easily. Wall above the table accommodates phone, book shelves.



A gardener's calendar of color

PART 4: MIDSUMMER TO FALL

In January, February, and March we presented spring- and summer-flowering plants in sequence of bloom. Now we'll show you our selections of shrubs, bulbs, perennials, and vines to brighten your garden from late summer right up to frost. Next month we'll explain how to place and combine plants for maximum effect. Clip and save all five installments for a quick reference on color planning your garden. Make selections now. Plant soon.

Geranium. Big news this year: the new Carefree geraniums. These vigorous plants grow quickly from seed to form big, bloom-filled plants in one growing season. If seed is started early in a greenhouse or on a windowsill, plants will bloom by early summer. They come in eight distinctive colors, including a picotee. The three shown here are All-America winners—Carefree Deep Salmon, Scarlet, Bright Pink.

Hypericum. Here is a low shrub (to two feet) that blooms generously from early summer to frost. The golden flowers of Sungold are over two inches in diameter, so they really put on a show. Use as a short hedge along a drive, a ground cover, or a bright complement to a foundation planting or shrub border. It's hardy in all but coldest states.

Morning-glory. You can enjoy masses of cheerful color every summer morning with this outstanding annual vine covering a trellis or fence. About all that's needed is a 30-cent packet of seed and two minutes of planting time. The morning-glory rarely needs additional water and blooms best on lean soil, so you don't even have to fertilize. The variety Heavenly Blue pictured here produces great quantities of four- to five-inch flowers. There are red and white varieties, too.

Gloriosa lily. For a touch of the unusual, give this climbing member of the lily family a prominent spot in the garden. The tendril-tipped leaves of the variety *Gloriosa superba* cling to a wire or cord support, and a planting of several bulbs will bloom for eight to ten weeks. The vines climb to a height of a little over three feet, and each stem bears many three-inch-deep blooms.

Star-of-Bethlehem. From a two-foot arching crown of strap leaves, *Ornithogalum saundersiae* blooms on surprisingly long stems (to six feet). New florets keep opening from crown of each head for a six-week blooming period. Plant these tender bulbs in spring in a sunny, well-drained area. Enrich soil with organic matter and feed when growth starts.



By Hamilton Mason, Garden Editor
Larry Grove and Russell O'Harra, Associates


Morning-glory
Gloriosa lily
Star-of-Bethlehem

A gardener's calendar of color

Gladiolus. The tall, flower-filled spikes of this fine plant make outstanding accent points in garden borders when you plant corms in groups of ten or more. The three 1968 All-America winners we show here—Bluebird, Purity, and Royalty (red)—illustrate the quality of bloom you can get from today's gladiolus. Be sure to plant some in a cutting garden so you don't have to rob display beds when taking blooms for arrangements. You must dig and store corms over winter. Increase your supply of favorite gladiolus by growing the tiny offsets (cormels) to blooming size in two years.

Tuberose. For waxen white blooms as well as one of the most intense floral fragrances, every garden should have some tuberoses. The spikes of flowers display themselves on two- to three-foot stems above the bright green foliage. Plant groupings of six or eight bulbs toward the middle or back of the perennial border and stake blossom stems to full height. Just a few flowers in an arrangement will perfume a room, so use them sparingly.

Rose-of-Sharon (Althea). When most shrubs have bloomed out in midsummer, this hardy favorite takes over and flowers up until frost. The new varieties have improved shapes and colors (Blue Bird and double Ardens pictured). They grow to a well-rounded five- to eight-foot height and like full sun or partial shade. The rose-of-Sharon seems to thrive on neglect, asking for only minimum care.

Dahlia. A 25-cent seed packet of the mixed Unwin dwarfs will give you many plants that display blossoms similar to the ones pictured here. Start seed in flats indoors a month or so before time to plant in the garden and you will get extra weeks of bloom. Set plants about a foot apart in a sunny, enriched bed. Tubers develop by the end of the season. You can dig and store your favorites for next year's planting and thus build up an outstanding collection in only a few seasons.

Chrysanthemum. To finish the garden season with a flourish, plant several varieties of chrysanthemums now. Each plant will give you an armload of flowers. There are big (to six inches across) football-type mums and smaller sizes down to the small cushion kinds that form solid mounds of color. The ones pictured (clockwise from the yellow Muted Sunshine) are Purple Waters, Stadium Queen, Grandchild, and Trade Winds. To make plants branch, pinch back early growth. Divide or take cuttings each spring, and water regularly.



Photographs: Hopkins


Dahlia
Tuberose
Rose-of-Sharon
Chrysanthemum

FRESH FROM YOUR OVEN

CAKES—PLAIN AND FANCY



Photographs: A. George Miller

By Rita Holmberg, Foods Editor

Outdoors, spring comes alive with sunny colors and pungent aromas that suddenly brighten your routine. Indoors, your family's appetites perk up for a surprise treat fresh from your oven. Whether you celebrate spring with a festive cake, a homespun cobbler, or a taste-tempting pie, everyone will get your message. In fact, they'll probably ask you to repeat it!

Whether you want to bake a "kaffeeklatsch" cake or one that's fairly fancy, here are three to choose from. Each has the spring-zing of citrus. The **Marble Pound Cake,** for example, mildly chocolate, velvety in texture, will surprise you with its subtle lemon accent. The **Orange Cream Cake,** by contrast, is frankly—but not overpoweringly—orange. There's fresh orange juice in the cake, orange and lemon juice in the frosting, and orange peel in both. You bake this quick-mix cake in a 13x9-inch pan, then cut into squares of golden goodness. Our **Pink Lemonade Cake** starts with yellow cake mix. You give it that "party-pretty" look with frozen pink lemonade concentrate, plus red food coloring in the ice cream filling and in the frosting. For an easy trim, choose pale pink cream mints topped with posies.

Recipes on pages 108 and 127

Buying information, page 158





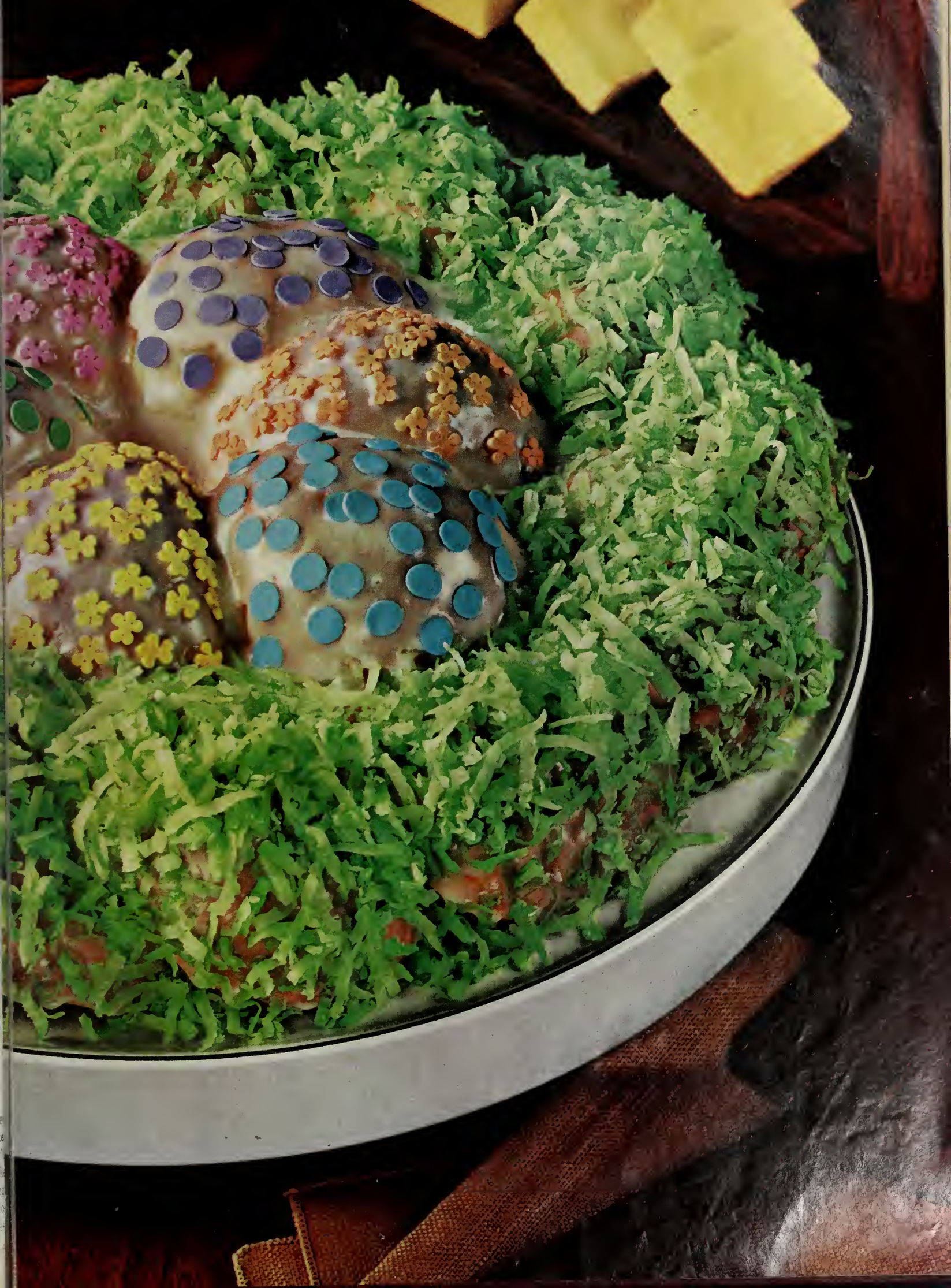
FRESH FROM YOUR OVEN

"SOMETHING-SPECIAL" BREADS

The aroma of the very plainest brea as it's baking is a promise of eatin enjoyment. And when you go th fancier route, with filled loaves muffins, and coffee cakes, you're set ting the stage for a special tast treat. Here are recipes to prove th point. **Apricot Ladder Loaf,** with it apricot-almond filling, smells so goo in the oven you'll find you can hardly wait for it to cool to ice it. (Inciden tally, you can make two loaves from one package of hot roll mix. Nice t keep one in the freezer for later use.) Our **Waikiki Muffins** are real quickies, made with orange muffin mix and crushed pineapple. You give the fra grant warm muffins a crunchy top by dipping them in melted butter and chopped pecans. And you enhance their flavor even further by serving them with a spread of cream cheese and a little pineapple juice.

Recipes on page 103

There'll be no mystery to your Easter egg hunt when the "eggs" are a part of this **Easter Nest Coffee Cake.** If the searchers are around while it's baking, they'll probably try to hide it for themselves! You make the coffee cake from a sweet bread dough, and after baking, frost it. Then sprinkle the nest with green-tinted coconut, and trim the eggs with small decorative candies.



A real year-rounder, this **Banana Rum Pie,** since you make it with vanilla pudding mix, fluffy white frosting mix, and those beautiful bananas that know no season. Add chopped pecans to the crust for crunch and flavor, drizzle chocolate over the diagonally sliced bananas on top, and you have a spring spectacular! And one, by the way, that you can make ahead.

FRESH FROM YOUR OVEN

SCRUMPTIOUS PIES AND A CITRUS COBBLER



When votes are cast for favorite desserts, count on pie to come up a winner! It's hard to compete with the combination of tender, flaky crust, and a flavorful filling that may be any of a hundred interesting varieties. But please don't overlook that "kind of cousin" to pie, the cobbler. Homespun it may be, this thickened fruit with biscuit crust baked atop, but it's also delightful eating. You're sure to like our lattice-topped **Rhubarb Custard Pie**—as much a symbol of spring as the first crocus. The sweetly tart fruit and custard filling has just a whisper of nutmeg. The **Citrus Cobbler** will win your family's approval on sight, with its nut-topped biscuits sparkly with sugar and cinnamon. You can make it year round—with canned grapefruit and mandarin orange sections—but it's "easy-do," ideal for busy spring days.

Recipes on page 102





A DINNER WITH DASH—STARRING DEVILED CHICKEN

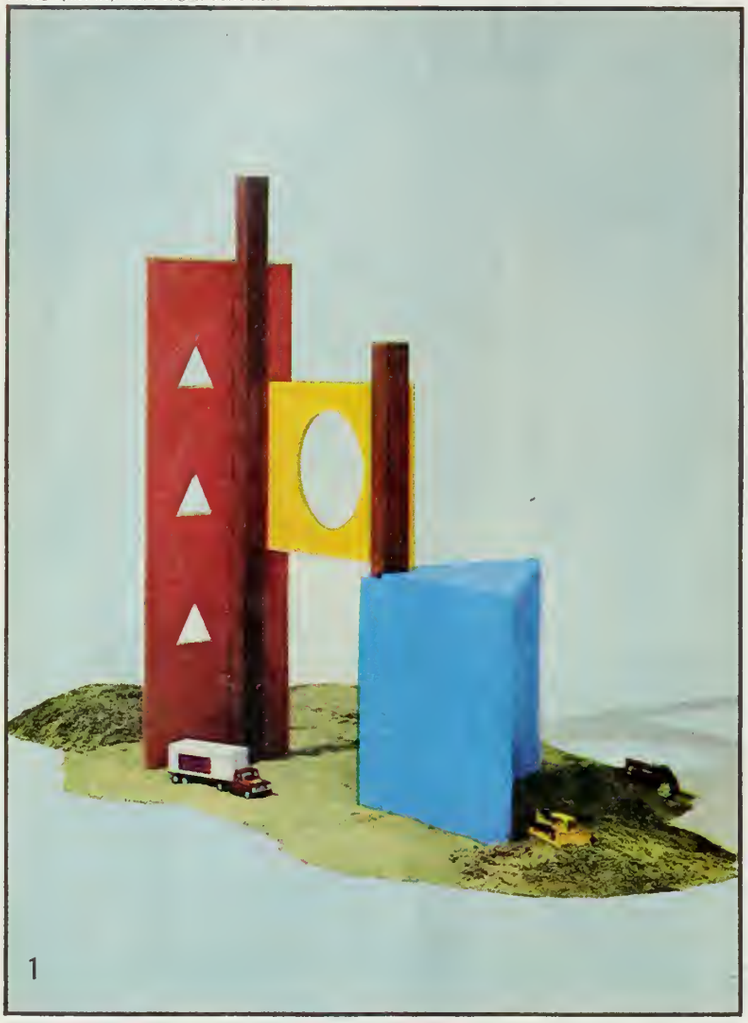
. . . and featuring other party-special dishes keyed to spring.

Chilled Cream of Chive Soup is a blend of canned chicken broth, slightly thickened, and light cream, with a hint of bay. The **Deviled Chicken** gets its zip from a mixture of deviled ham, mustard, and parsley which you spread on the pieces after they've baked for about an hour. Then broil briefly till browned.

Grated Potato Casserole, a blender special, bakes right along with the chicken, leaving only the **Sauteed Beet Slices** to prepare on top of the range. You'll love the flavor of these slightly glazed, tender beets, garnished with chopped hard-cooked egg. The rest of the meal you can make in advance—**Calico Vegetable Molds,** studded with peas, carrots, radishes, and green onions — rolls — **Pink Confetti Sherbet,** which turns bananas, oranges, lemons, and maraschino cherries into a refreshing dessert —and **Vanilla Wafers** with delicately browned edges.

Recipes on pages 97 and 98

Photographs: Hopkins. Designer David Ashe



1



2

BUILD YOUR CHILD A MINI-GYM TO GROW ON

As a child grows, he outgrows, too. For most parents this truism is brought home through a steady accumulation of broken and discarded toys. That's why we designed this sturdy, multi-purpose toy—actually it's a small gymnasium—to end all that wear and obsolescence. As your child gets bigger and expands his interests, you simply make the toy bigger and more interesting for him. Basic components are 4x4 posts, exterior-grade plywood, and gloss enamel.



3

1. For the young child, start with a simple pair of 4x4 posts sunk in concrete. On one side attach a triangular shelter for toy cars and trucks; on the other, mount a climbing board. The center section satisfies small-fry urges to swing, crawl, and dangle.

2. Add a ramp, a cross-piece, and another 4x4, and your gym is ready to contend with rough-and-tumble school-age play. The ramp puts the chinning bar in reach; 4x4 target square demands accuracy from aspiring quarterbacks. Use a length of pipe for the chinning bar. Use lap joints and carriage bolts for extra strength.

3. In its final stage, your gym adapts to baseball and basketball. Nail up a piece of plywood and draw a strike zone on it. Attach the basket to a separate 4x4 post, then bolt it on.

Project Plan 3804-1 To order, see page 156

lat Supper



can Campbell's Cream of Celery Soup
cup chopped onion
cup chopped green pepper
ablespoons butter or margarine
cup milk
ervings instant mashed potatoes
can (12 ounces) luncheon meat, cut in
slices
pan, cook onion, green pepper in but-
in soup, milk. Prepare potatoes as di-
n package using ½ cup soup mixture
Place luncheon meat on baking sheet;
mounds of potatoes. Bake at 375°F.
inutes. Serve with hot soup sauce plus
parsley, if desired. 4 to 6 servings.
th green beans, romaine salad, orange
cake for dessert.

Crispy Macaroni and Cheese



1-7. 1 can Campbell's Cream of Celery Soup
8. ½ cup milk
9. ½ teaspoon prepared mustard
10. Generous dash pepper
11. 3 cups cooked macaroni
12. 2 cups shredded Cheddar cheese
13. 1 cup French-fried onions

In 1½-quart casserole, blend soup, milk, mustard, pepper until smooth. Stir in macaroni, 1½ cups cheese. Bake at 350°F. for 20 minutes. Top with French-fried onions, remaining cheese; bake 10 minutes more. 4 servings.

For 608 more recipes, menus and service suggestions, get Campbell's great cookbook "Cooking With Soup." Send 60¢ with your name and address to Cookbook, Box 575, Maple Plain, Minn. 55359.

Country-Fried Pork Chops



1-7. 1 can Campbell's Cream of Celery Soup
8. 4 pork chops (about 1 pound)
9. 1 can (2 ounces) sliced mushrooms, drained
10. ½ cup water
11. ¼ teaspoon leaf thyme, crushed
12. 6 whole small white onions
13. 1 cup sliced carrots

In skillet, brown chops and mushrooms. (Use 1 tablespoon shortening, if needed.) Pour off fat. Stir in soup, water, and thyme. Add onions and carrots. Cover; cook over low heat 45 minutes or until tender. Stir now and then. Makes 4 servings.

Serve with wide noodles, tossed green salad, and hot biscuits. Have hot cinnamon applesauce and cookies for dessert.

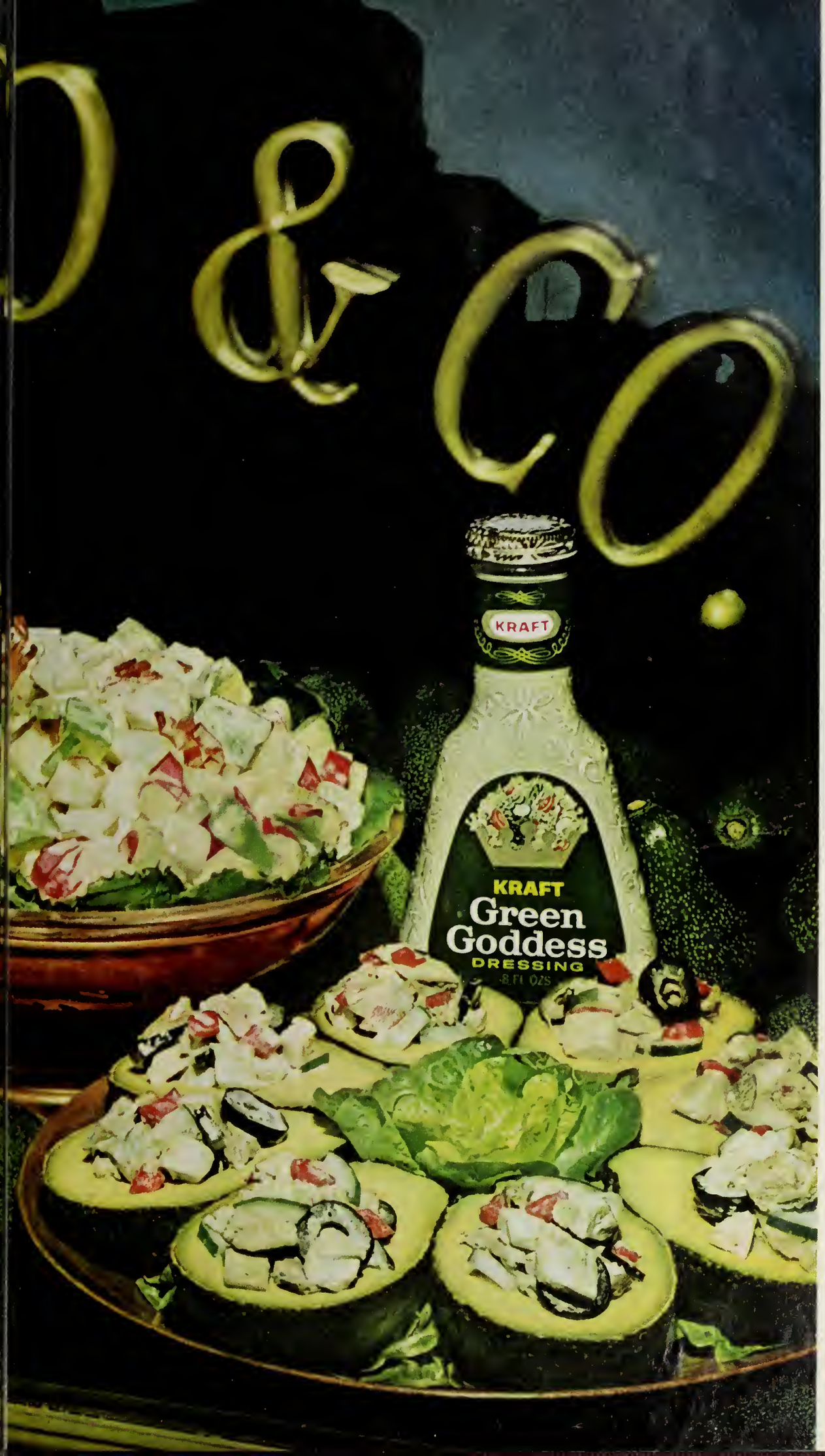
To make any of these recipes, you need 13 ingredients.

7 of them are in here.



M'm! M'm! Good!


AVOCAD
KRAFT
KRAFT
8 FL. OZS.
KRAFT
FRENCH
DRESSING
Creamy thick and mild
8 FL OZS
SALAD
SECRET
dressing



Kraft Dressings and California Avocados... get them together for lunch and you're in business!

Seaboard Skillet Lunch
Do this at the table in your electric skillet or chafing dish. Have ready on a tray: 1 c. sliced celery, 1/3 c. chopped green pepper, 1/4 c. chopped onion, 1 8-oz. bottle Kraft French Dressing, 1 tbsp. flour, 3 c. cooked rice, 1 lb. cooked shrimp, 1 c. diced tomato, 1 avocado, peeled and sliced. □ Cook celery, green pepper and onion in a small amount of Kraft French until tender; stir in flour. Mix in remaining dressing. Add rice, shrimp and tomato; top with avocado slices. Cover; heat 5 minutes. 4 servings.

V.I.P. (Very Important Potato) Salad
Potato salad turns elegant when you add green-gold chunks of California Avocado and the glorious tomato-and-cheese mystery of Salad Secret Dressing from Kraft. □ Toss 4 c. cubed cooked potatoes, 1 1/2 c. peeled diced avocados, 1 c. diced tomatoes, 1/2 c. sliced celery, 6 slices crisply cooked bacon, crumbled, 1 tbsp. finely chopped onion and enough Salad Secret Brand Dressing to moisten. 8 to 10 servings.

Chicken-In-The-Shell
Kraft Green Goddess Dressing lends its silken piquancy to chicken salad heaped in avocado shells. □ For chicken salad to fill 8 avocado halves: Combine 2 1/2 c. diced cooked chicken, 1/2 c. chopped unpeeled cucumber, 1/3 c. sliced pitted ripe olives, 2 tbsp. chopped pimiento, enough Kraft Green Goddess Dressing to moisten; toss lightly.

P.S. Ripe avocados may have either dark or green skin. Both are rich and creamy inside.

KRAFT See Kraft Music Hall, Wednesday Nights, NBC-TV



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What you've missed! Hot Cling Peach
you see, bubble with a tangy-sweetnes
that brings out the full, rich flavor of
ham. That goes for boneless, canned o
regular ham. And always, Cling Peach
hold their firm shape and splendid col
in heating.

To prepare the dish we've shown: r
move ham from oven 15 minutes befo
it's done. Pour off drippings. Circle ha
with drained Cling Peach halves. Retu
to oven. How about tryi
it tonigh

CLING PEACH ADVISORY BOA

Next to ham, nothing's better than Hot Cling Peaches.

File under Meal-Planning

Recipes from the Better Homes and Gardens Test Kitchen

DEVILED CHICKEN DINNER

See page 90



Photography, Inc.

Calico Vegetable Molds

Menu

Chilled Cream of Chive Soup
Deviled Chicken
Grated Potato Casserole
Sautéed Beet Slices
Calico Vegetable Molds
Hot Rolls
Pink Confetti Sherbet
Vanilla Wafers
Coffee

Dissolve one 3-ounce package lemon-flavored gelatin in 1¾ cups boiling water; add 2 tablespoons vinegar and ¼ teaspoon salt. Chill till partially set. Stir in one 8-ounce can drained peas and carrots, ¼ cup sliced radish, and 2 tablespoons sliced green onion. Pour into six individual salad molds. Chill till set. Unmold each on a bed of salad greens; top with a dollop of mayonnaise or salad dressing. Makes 6 servings.

t along dotted lines

File under Meal-Planning

A DINNER WITH DASH



Buying information, page 158

Pink Confetti Sherbet

2 ripe bananas, mashed
Juice of 2 medium oranges
Juice of 2 medium lemons

• • •

1½ cups sugar
1 cup milk
1 cup water
¼ cup chopped maraschino cherries
3 tablespoons maraschino cherry juice

Combine banana, orange juice, and lemon juice. Add sugar, milk, water, cherries, and cherry juice. Mix well. Pour into 6-cup refrigerator tray or a 9x5x3-inch loaf pan; freeze firm. Remove from freezer and break into chunks in chilled large mixing bowl. Beat smooth with rotary or electric beater. Return mixture to refrigerator tray or loaf pan; cover and freeze firm. Makes about 2½ pints. Serve with Vanilla Wafers.

April meal plan idea
Add to your cook book



Deviled Chicken

Please white- or dark-meat lovers by using chicken parts. You can tailor the serving to your family's preferences—

3 pounds chicken parts (legs, thighs, breasts, and wings, as desired)
2 tablespoons butter or margarine, melted
1 teaspoon salt
Dash pepper
1 4½-ounce can deviled ham
1 tablespoon snipped parsley
1½ teaspoons prepared mustard
. . .
¼ cup fine dry bread crumbs

Brush chicken with melted butter or margarine; sprinkle with salt and pepper. Place, skin side up, in shallow baking pan. Bake, uncovered, in moderate oven (375°) for about 1 hour or till tender. While chicken bakes, thoroughly combine deviled ham, parsley, and mustard. Remove chicken from oven; spread ham mixture evenly over chicken. Sprinkle lightly with bread crumbs; spoon pan drippings over chicken. Broil about 4 inches from heat for 2 to 3 minutes or till browned. Makes 6 servings.



Grated Potato Casserole

Blending will take less time than you'd expect; potatoes should be "grated," not "smooth"—

½ cup milk
3 eggs
½ teaspoon salt
⅛ teaspoon pepper
1 cup cubed sharp process American cheese
2 tablespoons butter or margarine, softened
½ small onion, cut in pieces
3 medium potatoes, pared and cubed (about 3 cups)

Place milk, eggs, salt, pepper, cheese, butter or margarine, onion, and cubed potato in blender container in the order listed. Cover blender container; blend on high speed *just till all potatoes are grated. Do not overblend.* Pour into greased 10x6x1½-inch baking dish. Bake in moderate oven (375°) for 35 to 40 minutes. Garnish with green pepper rings. Makes 6 servings.





Chilled Cream of Chive Soup

To keep soup chilly, serve bowls on crushed ice—

3 tablespoons butter or margarine
3 tablespoons flour
1 14-ounce can (1¾ cups) chicken broth
1 bay leaf
2 tablespoons finely snipped chives
. . .
1 cup light cream

In saucepan, melt butter or margarine; blend in flour. Add chicken broth all at once. Add bay leaf and chives. Cook and stir over medium heat till mixture bubbles and thickens. Remove bay leaf. Stir in cream; chill thoroughly. Serve cold. Makes 6 servings.

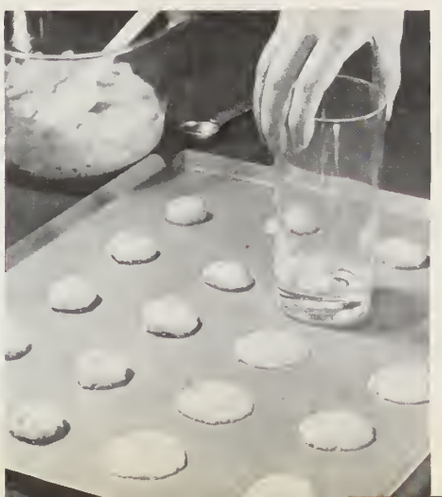


Sautéed Beet Slices

To cook sliced fresh beets, use small amount of boiling water; cook, covered, 15 to 20 minutes—

4 tablespoons butter or margarine
2 tablespoons sugar
2 1-pound cans sliced beets *or* 4 cups sliced cooked beets

In skillet, melt butter or margarine; stir in sugar. Add *well-drained* beets. Simmer, stirring occasionally, till beets are heated through and slightly glazed. To serve, top with chopped hard-cooked egg. Makes 6 to 8 servings.



Vanilla Wafers

½ cup butter or margarine
½ cup shortening
⅔ cup sugar
2 teaspoons vanilla
1 teaspoon salt
. . .
2 eggs
2½ cups sifted all-purpose flour

Thoroughly cream together the butter or margarine, shortening, and sugar. Add vanilla and salt. Add eggs, one at a time, beating well after each addition. Stir in flour; mix well. Drop by teaspoonfuls onto greased cookie sheet. Flatten with flat-bottomed tumbler. Bake in moderate oven (375°) for 8 to 10 minutes, till edges are delicately browned. Remove immediately from cookie sheet. Makes 6 dozen.



Vitamin C is the plus in oranges. Polyunsaturates are the plus in Mazola.®

Eat an orange and you get more than just good taste. You get the "plus" of Vitamin C.

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You'll agree Snow's New England Style Clam Chowder (the chowder in the large can!) beats all soups by a flavor mile. So satisfying! And so economical! Especially when you get one can *free!* Simply send us 2 front labels from Snow's New England Style Clam Chowder and we'll send you a coupon good for a free can. Send for yours today!

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Please Use Zip Code Number.

GROUND MEAT STANDOUTS

Are you on the lookout for new ways to serve ground meat? Here's a trio of recipes you can call on to add variety to your menus.

Photographs: Photography







Chili-burger Stack-ups

1 pound ground beef
½ cup chopped onion
1 clove garlic, minced
1 1-pound can tomatoes (2 cups), cut up
1 6-ounce can (⅔ cup) tomato paste
¼ cup chopped green pepper
1½ teaspoons seasoned salt
1 teaspoon chili powder
¼ teaspoon leaf oregano, crushed

• • •

1 10-ounce package cornbread mix
1¼ cups milk
1 slightly beaten egg
¼ cup grated parmesan cheese

In medium skillet, lightly brown beef, onion, and garlic. Stir in tomatoes, tomato paste, green pepper, seasoned salt, chili powder, and oregano. Simmer, covered, for 15 minutes, stirring once or twice. For pancakes, combine cornbread mix, milk, and egg; beat with rotary beater till smooth. Using about 2 tablespoons batter for each pancake, bake on hot, lightly greased griddle; keep baked pancakes warm in oven till all batter is used. Place 6 pancakes on serving platter; top with ⅓ of the meat mixture; sprinkle with about ⅓ of the cheese. Top each with a second pancake, then with half the remaining meat mixture and cheese. Repeat with remaining pancakes, meat, and cheese. Makes 6 servings.

Glazed Ham-Raisin Balls

½ pound ground cooked ham
½ pound ground fresh pork
1 6-ounce can (⅔ cup) evaporated milk
1 cup raisin bran flakes
1 egg
1 tablespoon finely chopped onion
Dash *each* salt, pepper, and thyme
¼ cup brown sugar
¼ cup corn syrup
1 tablespoon vinegar
½ teaspoon dry mustard

Thoroughly mix ham, pork, evaporated milk, cereal, egg, onion, salt, pepper, and thyme. Shape into 8 to 10 balls, using about ¼ cup ham mixture for each. Place in 11x7x1½-inch baking pan. Bake, uncovered, in moderate oven (350°) for 30 minutes. In small saucepan, combine brown sugar, corn syrup, vinegar, and dry mustard; bring to boiling. Pour over ham balls; bake 20 minutes more, basting with sauce once or twice. Makes 4 or 5 servings.

Sausage 'n Muffin Bake

3 English muffins, split and toasted
½ pound bulk pork sausage
½ pound ground beef
½ teaspoon salt
4 ounces sharp process American cheese, shredded (1 cup)
1 envelope onion sauce mix
1½ cups milk
2 beaten eggs
1 large tomato, cut in 6 slices

Place an English muffin half in each of 6 buttered 1-cup casseroles. In medium skillet, combine meats, and salt. Brown meat; drain off excess fat. Divide meat mixture between casseroles; sprinkle with the cheese. Combine onion sauce mix and milk; stir in eggs. Pour about ⅓ cup egg mixture into each casserole. Top each with a tomato slice. Bake in moderate oven (350°) for 15 to 20 minutes. Makes 6 servings.



Try the dogs that make people sit up and beg.

Cheese 'n Frank Crescents

Try this fresh lunchtime/anytime idea. It's easy.

Stuff hot dogs with Cracker Barrel® Brand Cheddar. (It's the cheese that's wrapped in double-strength aluminum foil to preserve its carefully-aged flavor.)

Wrap 'em up with Pillsbury Crescent Dinner Rolls. (They bake up light and flaky like fine pastry because they're made from layers and layers of Poppin' Fresh Dough.)

Serve Cheese 'n Frank Crescents to your family soon. Sit back and listen for the WOWS!

(Look for this recipe on the back of the Pillsbury Crescent Dinner Roll package: Slit 8 franks; insert pieces of Cracker Barrel® Brand Cheddar from Kraft in each. Place franks on dough triangles; roll up and bake.)



In the dairy case.





Nobody's homemade frosting spreads this easy or tastes this creamy. Not even yours.

Homogenizing makes the difference. Betty Crocker homogenizes her Ready-to-Spread Frosting smoother than you can whip, blend or beat any butter cream frosting at home. So it spreads easier, tastes creamier than homemade frosting. Chocolate, Milk Chocolate, Vanilla, Butterscotch, Lemon—enjoy them all.

SCRUMPTIOUS PIES—CITRUS COBBLER

See page 88

Rhubarb Custard Pie

1 1/2 cups sugar
1/4 cup all-purpose flour
1/4 teaspoon nutmeg
3 slightly beaten eggs
1 pound rhubarb, cut in 1-inch slices (4 cups)
Pastry for 9-inch lattice-top pie
2 tablespoons butter or margarine

Combine sugar, flour, and nutmeg; beat into the eggs. Stir in rhubarb. Line 9-inch pie plate with pastry; fill. Dot with



Photographs: Photography, Inc.

butter or margarine. Top with lattice crust; flute edge. Bake in hot oven (400°) for 50 to 60 minutes. Cool.

Banana Rum Pie

1 3- or 3 1/4-ounce package vanilla pudding mix
1 envelope (1 tablespoon) unflavored gelatin
2 1/4 cups milk
1 package fluffy white frosting mix
1 1/2 teaspoons rum flavoring
Dash salt
Dash nutmeg
3 bananas
1 9-inch baked pecan pastry shell
1 square (1 ounce) semisweet chocolate
1 tablespoon butter or margarine

In medium saucepan, combine pudding mix and gelatin. Cook according to directions on pudding package, using the 2 1/4 cups milk. Remove from heat; cover with waxed paper; set aside. Prepare frosting mix according to package directions. Stir in rum flavoring, salt, and nutmeg. Fold hot pudding into frosting. Slice one banana into



pastry shell; cover with half the filling. Repeat with second banana and remaining filling. Chill 3 to 4 hours. Diagonally slice remaining banana; arrange on pie. Melt together chocolate and butter or margarine; mix well. Drizzle over banana. *To make pecan pastry shell:* prepare pastry for a 9-inch pie, adding 3 tablespoons finely chopped pecans to flour mixture before adding the water.

Citrus Cobbler

1 1-pound can grapefruit sections
1 11-ounce can mandarin orange sections
1/2 cup brown sugar
3 tablespoons all-purpose flour
3 tablespoons butter or margarine
1 cup sifted all-purpose flour
1 tablespoon granulated sugar
1 1/2 teaspoons baking powder
1/4 teaspoon salt
4 tablespoons butter or margarine
1 slightly beaten egg

Combine *undrained* fruits; divide among 6 individual bakers or place in 8x8x2-inch baking dish. Mix brown sugar with the 3 tablespoons flour; sprinkle over fruit. Dot with the 3 tablespoons butter or margarine. Heat in hot oven (425°) for 15 minutes. Sift together dry ingredients; cut in the 4 tablespoons butter. Add enough milk to egg to make 1/2 cup; stir into dry ingredients. Drop mixture by spoonfuls on hot fruit to



form biscuits. Sprinkle with a little sugar and cinnamon. Bake at 425° for 20 to 25 minutes or till biscuits are lightly browned. Serve warm with cream. Six servings.

Del Monte Early Garden Peas are fit for a party dish. Sweetly green and tender. Just the right sizes. And happily yours for flavor.
You and Del Monte make a good thing special.

PEAS & ONIONS PAPRIKA

3-4 large onions, cut in half crosswise
Paprika
¼ cup chopped onion
2 Tbsps. butter or margarine
1 Tbsp. cornstarch
1 can (1-lb. 1-oz.) Del Monte® Brand Early Garden Peas
2 Tbsps. chopped pimiento
¼ tsp. salt
¼ tsp. Worcestershire sauce

To make onion cups: Remove centers from onion halves; place cups in baking dish and cover with foil. Bake at 375°F., 20 min. Sprinkle tops of onion cups with paprika. Chop enough onion centers to make ¼ cup. Sauté chopped onion in butter or margarine until tender. Blend in cornstarch and liquid drained from peas. Cook, stirring constantly, until thickened. Add peas, pimiento and seasonings; mix well. Fill onion cups with peas mixture. Cover with foil. Bake at 375°F., 15 min. Makes 6-8 servings.





METHING-CIAL" ADS

86

adder Loaf

warm water
ge hot roll mix

poons butter or mar-, melted
apricot preserves
utter or margarine, ed
hopped blanched ds, toasted
¾ cup warm water, least from the hot roll directed on package; half of the roll mix. egg and the melted r margarine. Stir in re- roll mix. Cover; let warm place till double, hour. On lightly floured knead about 1 minute. dough in half; cover; 5 minutes. Roll each a 9-inch square. Place ed baking sheets. Com- pricot preserves, the l butter, and the al- spread in a 3-inch strip enter of each square of With kitchen shears, des toward center in inches long and 1 inch old strips over filling, ing from side to side. let rise in warm place



Photographs: Photography, Inc.

most double, about 45 s. Bake in moderate 375°) for 20 minutes or ne. Cool slightly; drizzle onfectioners' sugar. (If , leave one loaf unfrosted eze to use later.) Makes s.

Nest Coffeecake

age active dry yeast
warm water
milk
sugar
shortening
oon salt
sifted all-purpose flour
tly beaten egg
Shredded coconut
Green food coloring
Candy decorations

Soften yeast in the warm water. Scald milk; stir in sugar, shortening, and salt; cool to lukewarm. Add 1 cup of the flour; beat smooth. Add yeast and slightly beaten egg; beat well. Add enough of the remaining 2 cups flour to make a soft dough. On floured surface, knead 8 to 10 minutes, till smooth and elastic. Place in greased bowl, turning once to grease surface. Cover; let rise in warm place till double, about 1 hour. Punch down; divide in thirds. Cover; let rest 10 minutes. Shape ⅓ of the dough in 6 "eggs"; place close together in center of greased baking sheet. For nest, shape remaining dough in two 26-inch ropes; twist together. Coil around "eggs"; seal ends. Cover; let rise till double, about

Continued



Good enough to make a baker jealous. The new Betty Crocker Discovery Dessert.

It took the Betty Crocker Kitchens to discover a way to fluff up rich chocolate flavor for the first and only Fluffy Chocolate Frosting. And it took a cake mix that blends perfectly with eggs to get the delicately rich, specially moist flavor of a Betty Crocker Yellow Cake. Together, they make the Discovery Dessert. And it's good enough to make a baker jealous.

When the flavor's this exciting ... you can bet it's Betty Crocker.



Betty Crocker Yellow Cake and Fluffy Chocolate Frosting Mixes.

NEXT MONTH

VERY SPECIAL PARTY RECIPES—Planning a spring party? If you're not, chances are you will be after you see this idea-starting collection of recipes. Here's everything you need to make your next party something to remember—whether you plan a formal tea, an elegant luncheon, or an impromptu neighborhood open house.

"SOMETHIN SPECIAL" BREADS



1 hour. Bake in moder (375°) for 15 to 20 Cool. Tint coconut wi drops food coloring. F fee cake with confe sugar icing; sprinkle with candy decoratio "nest" with tinted coc

Waikiki Muffins

1 8¾-ounce can (1 cup crushed pineapple
1 14-ounce package ora muffin mix
⅔ cup milk
1 beaten egg

• • •

4 tablespoons butter or garine, melted
¼ cup finely chopped p
1 3-ounce package crea cheese, softened

Thoroughly drain pinea serving syrup. Combi fin mix, drained pi milk, and egg. Stir just



ingredients are moisten greased 2½-inch muf ⅔ full. Bake in hot ove for 15 to 20 minutes lightly browned. Dip warm muffins in melte or margarine, then in c pecans. Beat cream with 1 tablespoon of served pineapple syr fluffy. Serve with war fins. Makes 9 muffins.

TERRIFIC TOPPERS FOR PANCAKES AND WAFFLES



Photographs: Photography, Inc.

Orange Honey Butter

Double-orange treat—orange butter atop marmalade-filled pancakes—

6-inch pancakes
Orange marmalade
½ cup butter or margarine, softened
¼ cup honey
½ teaspoon grated orange peel

Spread each hot pancake with orange marmalade; roll up. With electric mixer, beat together till fluffy the butter or margarine, honey, and orange peel. Garnish with additional grated orange peel. Serve with marmalade-filled pancakes.



Cinnamon Cream Syrup

Over pancakes, it will remind you of buttered cinnamon toast!—

1 cup sugar
½ cup light corn syrup
¼ cup water
½ to ¾ teaspoon cinnamon

• • •

½ cup evaporated milk

In small saucepan, combine sugar, corn syrup, water, and cinnamon. Bring to boiling over medium heat, stirring constantly. Cook and stir 2 minutes more. Remove from heat and cool 5 minutes; stir in the evaporated milk. Serve warm over pancakes or waffles. Makes 1⅔ cups syrup.



Golden Peach Topper

This sunny sauce is especially tasty with pecan waffles—

1 12-ounce package frozen peaches
¼ cup sugar
1 tablespoon cornstarch
¼ cup water

• • •

1 tablespoon butter or margarine
1 teaspoon lemon juice

Thaw peaches; drain, reserving syrup. Chop peaches. In saucepan, blend sugar and cornstarch; stir in water, peaches, and peach syrup. Cook and stir till mixture boils; boil 1 minute more. Stir in butter or margarine and lemon juice. Serve warm with pecan waffles. (Add ¼ cup finely chopped pecans for each 2 cups flour or waffle mix.) Makes about 1⅓ cups syrup.

Is there anything in the kitchen Tappan doesn't make?



We don't make you eat cold meals.

New Tappan Gallery range has a built-in electric warming shelf. Keeps food hot for slowpokes and second helpings. Warms plates, too.

We don't make you clean the oven.

Tappan self-cleaning oven removes spills and spatters automatically—far better than you could by hand. No stooping, no scraping. Just set the dial, close the latch. And forget it. Ask your Tappan dealer to show you this great new range, and our complete line of appliances.

Tappan Gallery Electric Range with Self-Cleaning Oven. Looks expensive but isn't.

TAPPAN makes convenience - by the kitchenful

250 Wayne Street, Mansfield, Ohio 44902

DO YOU KEEP MEAT AT ITS BEST?

There's no hocus-pocus involved in keeping meat at its flavorful best. First, *plan* meat purchases so that the meat will be used within recommended time limits. You'll find our Meat Storage Time Chart a handy guide when making your shopping list. Second, follow these rules for correct refrigerator and freezer storage of meat.

Refrigerator Storage:

- Loosely wrap fresh meat; store in meat storage compartment or another very cold part of refrigerator. If you buy meat prepackaged from a self-service counter, loosen ends of package before refrigerating. If not prepackaged, remove wrapping paper; rewrap loosely in waxed paper, foil, or clear plastic wrap—or place in clear plastic bags.
- Refrigerate cured, smoked and cured meats, sausages, and ready-to-serve meats in their original wrapping.
- Store canned hams, picnics, and other perishable canned meats in the refrigerator unless label states otherwise.
- Quickly cool leftover cooked meats; wrap promptly and refrigerate.

Freezer Storage:

- Choose a moisture-vaporproof w ping material. Aluminum freezer plastic moisture-vaporproof wraps some types plastic bags are suitabl
- Wrap meat tightly, pressing ou much air as possible. Seal tightly; f immediately.
- To assure easy separation of cl steaks, or ground meat patties, sep with double thickness of wrapping terial before freezing.
- Freeze in "family-size" packag you won't have to thaw more meat you plan to use.
- When you buy frozen meat, it sh be placed in your freezer immedi after purchase unless it's to be tha for cooking.
- Label each package with date contents.
- Don't count on the ice cube partment in your refrigerator to frozen meat for more than a lim time. Frozen meat should be kept a or lower.



MEAT STORAGE TIME CHART

(*Maximum* Storage Time Recommen

MEAT	Refrigerator 38° to 40°	Freez 0° or lo
Beef (fresh)	2 to 4 days	6 to 12 mon
Veal and lamb (fresh)	2 to 4 days	6 to 9 mont
Pork (fresh)	2 to 4 days	3 to 6 mont
Ground beef, veal, lamb	1 to 2 days	3 to 4 mont
Ground pork	1 to 2 days	1 to 3 mont
Variety meats	1 to 2 days	3 to 4 mont
Luncheon meats	1 week	not recomm
Pork sausage (fresh)	1 week	60 days
Smoked sausage	3 to 7 days	not recomm
Frankfurters	4 to 5 days	not recomm
Bacon	5 to 7 days	not recomm
Smoked ham whole	1 week	60 days
ham slices	3 to 4 days	not recomm
Corned beef	1 week	2 weeks
Leftover cooked meat	4 to 5 days	2 to 3 month
Frozen Combination Foods		
Meat pies (cooked)	.....	3 months
Prepared meat dinners	.....	2 to 6 month

If your doctor recommended a corn oil margarine 2 years ago... read what doctors are reading in their medical journals today.



Soft Chiffon
The safflower oil margarine

Highest in polyunsaturates, lowest in saturated fat of all margarines. Ideal for patients on modified, reduced fat diets.

Why safflower oil? Because it's lowest in saturated fat, highest in polyunsaturated fat,* of all oils. And every pound of Chiffon® Margarine contains over 1¼ cups of pure liquid safflower oil. This gives Chiffon a 4 to 1 ratio of polyunsaturated fat to saturated fat—highest of any margarine —even higher than corn oil margarines.

And flavor? Because Chiffon Margarine is made soft with light delicate safflower oil, it never has that "fatty" margarine taste. Chiffon really has the delicious melting flavor of the "expensive spread."

Free Booklet. For further information on balancing the fats in your diet, send for Chiffon's booklet, "Diets To Live By": P. O. Box 4783, Clinton, Iowa 52733.

*All the polyunsaturates in Chiffon are the natural or cis-cis form. The typical iodine value of safflower oil is 143 and the typical linoleic content is 73

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COOKING WITH Kellogg's & PLANTERS



Frosty Hermits

Make 'em extra good 'n crunchy with Kellogg's All-Bran* and Planters® Dry Roasted Peanuts

- 1 cup Kellogg's® All-Bran*
- ½ cup milk
- 1 cup unsifted regular all-purpose flour
- ½ teaspoon baking soda
- ½ teaspoon cinnamon
- ¼ teaspoon nutmeg
- ¼ teaspoon ginger
- 1 cup brown sugar, firmly packed
- ½ cup soft butter or margarine
- 2 eggs
- 1 teaspoon vanilla flavoring
- ½ cup coarsely-chopped Planters® Dry Roasted Peanuts
- 1 cup seedless raisins

1. Measure Kellogg's All-Bran® into small bowl. Add milk; let stand until moisture is taken up.
2. Sift together flour, soda, and spices. Set aside.
3. Beat sugar, and butter or margarine, until light and fluffy. Add eggs, vanilla, and All-Bran mixture; beat well. Add sifted dry ingredients; stir until mixed. Stir in Planters Peanuts and raisins. Drop by level tablespoonfuls onto lightly greased baking sheet.
4. Bake in moderate oven (375° F.) about 12 minutes, or until golden brown; remove from baking sheet. If desired, frost with Vanilla Icing and sprinkle with chopped Peanuts.

Yield: about 4 dozen cookies, 2½ inches in diameter

*1 cup of Kellogg's Bran Buds® or 2 cups of Kellogg's 40% Bran Flakes may be used in place of All-Bran.

VANILLA ICING

- 1½ cups sifted confectioners' sugar
- 1 teaspoon vanilla flavoring
- 2 tablespoons butter or margarine, melted
- 2 tablespoons milk
- ¼ cup coarsely-chopped PLANTERS DRY ROASTED PEANUTS

1. Beat sugar, vanilla, butter or margarine, and milk together until smooth.
2. Frost cookies and sprinkle with chopped Peanuts.



FINGERTIP RECIPES—recommended by Nancy Sasser. Mr. Peanut

© 1968 by Kellogg Company

MEAL OF THE MONTH

Each month we bring you a complete meal plan—with recipes on punched pages to add to your cookbook. This month, on pages 97 and 98, a Deviled Chicken Dinner.

CAKES—PLAIN AND FANCY

See page 84

Orange Cream Cake

- 2½ cups sifted cake flour
- 1⅔ cups sugar
- 3½ teaspoons baking powder
- 1 teaspoon salt
- 2 teaspoons grated orange peel
- ¾ cup orange juice
- ⅔ cup shortening
- 3 eggs
- ⅓ cup water
- ¼ teaspoon almond extract

Into large mixer bowl, sift together dry ingredients; add peel, juice, and shortening. Beat 2 minutes at medium speed on the electric mixer. Add eggs, water, and extract; beat 2 minutes more. Pour into greased and floured 13x9x2-inch baking pan. Bake at 350° for 40 to 45 minutes. Cool in pan. Top with *Orange Cream Frosting:* Combine 3 cups sifted confectioners' sugar, ⅓ cup shortening, ½ teaspoon shredded orange peel, ¼ cup *hot* orange juice, 1 teaspoon lemon juice and a dash salt. If desired, add a few drops yellow food coloring. Beat on electric mixer at high speed till smooth. Add more confectioners' sugar, if needed, to make of spreading consistency. Cut in squares; top each with a bow made from a strip of orange peel; stud with a whole clove.

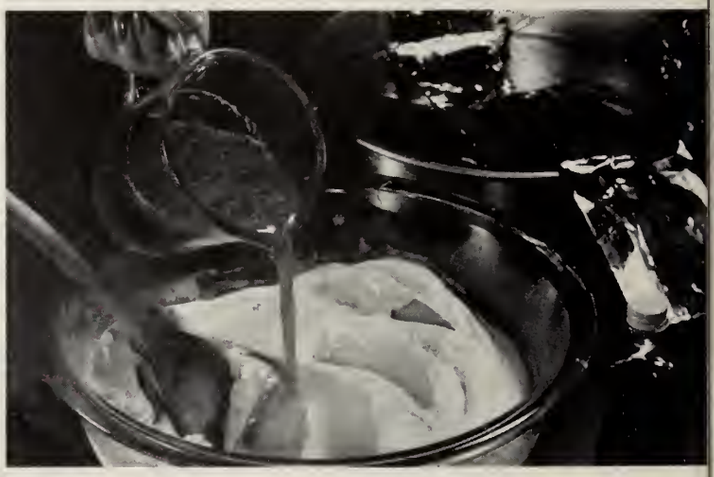


Photographs: Photography, In

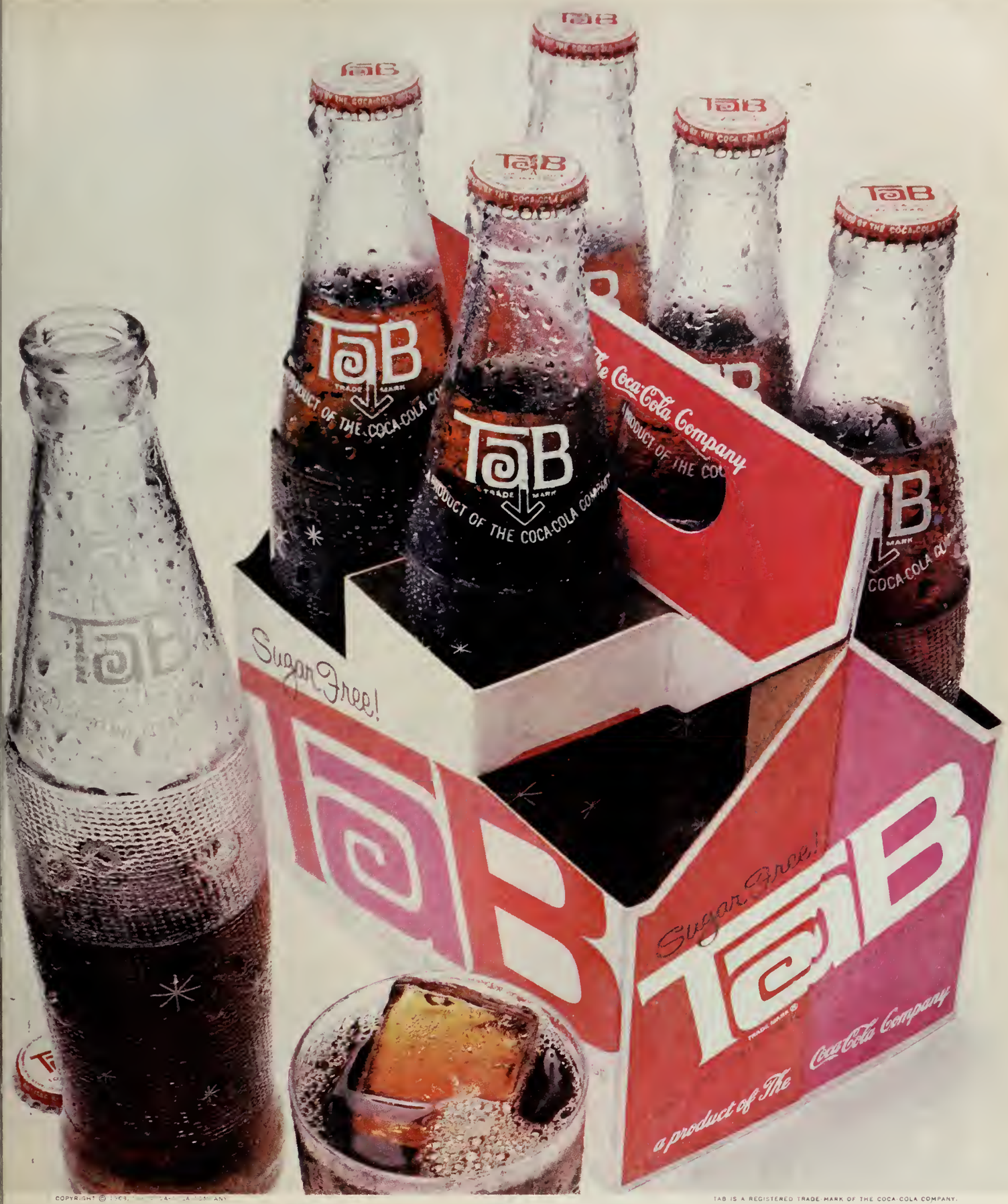
Pink Lemonade Cake

- 1 2-layer-size yellow cake mix
- 1 quart vanilla ice cream
- 6 drops red food coloring
- 1 6-ounce can frozen pink lemonade concentrate, thawed
- 1 cup whipping cream
- 2 tablespoons sugar

Prepare cake mix according to package directions; bake in 2 9x1½-inch round cake pans. Cool. Stir ice cream to soften; quickly stir in the red food coloring and ½ cup of the lemonade concentrate. Spread evenly in foil-lined



9x1½-inch round cake pan. Freeze 2 to 3 hours, till firm. Place one cake layer on serving plate; add ice cream layer and top with second cake layer. Whip cream with the remaining lemonade concentrate and the sugar till stiff. Frost sides and top of cake; trim with rosebud (decorative) candy mints. Return to freezer for at least 1 hour or till served.



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TAB IS A REGISTERED TRADE MARK OF THE COCA-COLA COMPANY.

It's new. Now Tab tastes better than any diet cola.

TRADE-MARK©

The Coca-Cola Company just gave Tab a brand new package. Why? Because The Coca-Cola Company just gave Tab a brand new taste. Sugar free. Better than any diet cola. So good, it's recommended by Nancy Sasser. Tab has a taste to remember for a shape he'll never forget. Discover the new taste of Tab and help keep your shape in shape. Be a mindsticker.

TAKE VANILLA!

Dozens of our best-loved desserts rely on vanilla extract for their wonderful flavor. But why not be adventuresome and try the vanilla bean, too? You'll find the slender, chocolate-colored bean or pod packaged in glass tubes in the market. When cut and added to liquid or tucked into a canister of sugar, the bean releases its distinctive aromatic flavor. Boston Cream Pie, below, features vanilla bean in the cake and the extract in the filling.

Photographs: Photography, Inc.



Boston Cream Pie

2-inch piece vanilla bean*
1 cup milk
2 egg whites
½ cup sugar
2¼ cups sifted cake flour
1 cup sugar
3 teaspoons baking powder
1 teaspoon salt
⅓ cup cooking oil
2 egg yolks

Split vanilla bean; remove seeds. Add vanilla bean to milk; let stand 3 hours. Remove bean; discard. Beat egg whites to soft peaks; gradually add the ½ cup sugar, beating till very stiff and glossy. Sift flour, the 1 cup sugar, the baking powder, and salt together into another bowl. Add oil and *half* the milk; beat 1 minute at medium speed on mixer, scraping bowl frequently. Add remaining milk and egg yolks. Beat 1 minute more. Fold in egg-white mixture. Turn into 2 paper-lined 9x1½-inch round cake pans; bake in moderate oven (350°) for 25 to 30 minutes. Cool slightly; remove from pans. Cool. Spread one layer with *Custard Filling.* Top with second cake layer.

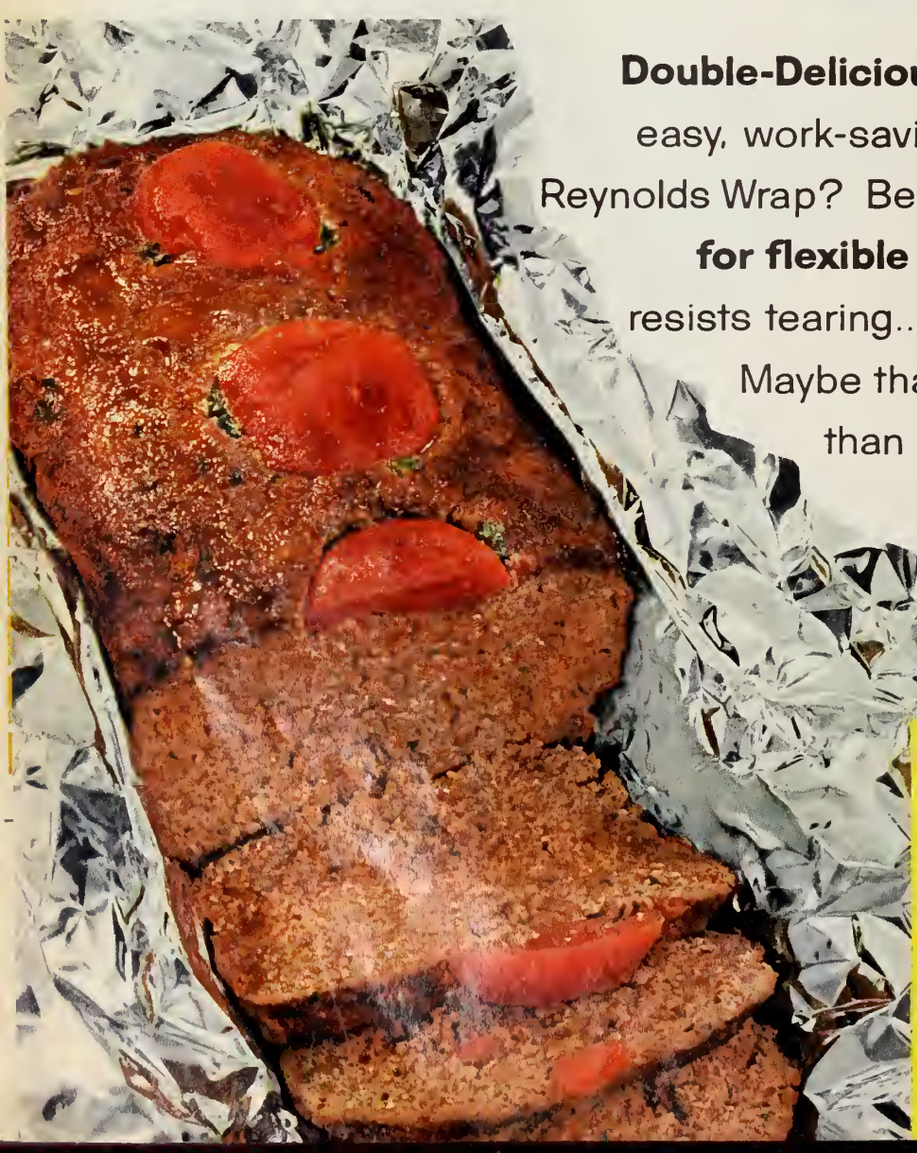
Custard Filling: Combine ⅓ cup sugar, 2 tablespoons all-purpose flour, 1 tablespoon cornstarch, and ¼ teaspoon salt. Gradually add 1½ cups milk; mix well. Cook and stir over medium heat till thickened and boiling; cook 2 to 3 minutes more. Beat together 1 egg and 1 egg yolk; stir a little of the hot mixture into egg; return to hot mixture. Cook and stir till mixture boils. Stir in 1 teaspoon vanilla. Cover surface with waxed paper; cool.

To prepare *Chocolate Glaze:* Place one 1-ounce square unsweetened chocolate and 1 tablespoon butter or margarine in small saucepan. Stir over low heat till melted. Remove from heat; add 1 cup sifted confectioners' sugar and ½ teaspoon vanilla. Blend in enough boiling water to make soft enough to spread. Spread on cake.

*Or use 1½ teaspoons vanilla extract in place of vanilla bean; add with first ½ cup milk.

Vanilla Sugar

Split 1 or 2 vanilla beans in half and place in canister of sugar—3 to 5 pounds. Let sugar stand about 2 weeks before using. Deliciously flavors *and* sweetens puddings, whipped cream, cream fillings, ice cream. Or sprinkle the sugar over fresh fruit for a luscious dessert.



Double-Delicious Meat Loaf! Bake two, freeze one...t
easy, work-saving Reynolds Wrap® way. Why, specifica
Reynolds Wrap? Because Reynolds Wrap is **oven-tempere**
for flexible strength. A special kind of strength th
resists tearing...stands up to oven heat and freezer co
Maybe that's why more women buy Reynolds Wr
than all other foils combined. **Reynolds Wr**
...wouldn't you hate to be without i



DOUBLE-DELICIOUS MEAT LOAF

Serve One Tonight...Freeze One for the Future!

4 lbs. leon ground beef
½ cup eoch finely chopped celery ond porsley
3 teospoons solt
½ teospoon pepper
1 teospoon oregono
4 toblespoons groted onion
4 teospoons Worcestershire souce
1 No. 2½ con tomotoes
4 eggs slightly beoten
3 cups breod crumbs
Heovy Duty Reynolds Wrop

Mix together beef, vegetobles ond seosonings. Add eggs ond breod crumbs. lightly with fork until well mixed. Divide into two equol portions.

Line two loof pons with Heovy Duty Reynolds Wrop. (For the loof you plo freeze, use extro foil to ollow for complete wropping loter.) Ploce looves in leoving foil open. Boke ot 350° for 1 hour. Lift out looves, using the foil os hon

Serve one loof hot from oven. Let the second loof cool thoroughly, then bring the foil, seol tightly by double-folding edges ond ploce in freezer.

Fingertip Recipe...recommended by Nancy Sasser.



reakfast without Orange Juice is like a day without sunshine.

Buy it chilled. It's the fastest, easiest way to serve 100% pure orange juice.
Loaded with natural vitamin C. And for quick energy that gets you going and keeps you going, nothing beats chilled orange juice from Florida.
Pick it up in the dairy case or produce section of your local store, or order it from your milkman.



Get your favorite brands—
in bottles or cartons.

A Nancy Sasser Suggestion



Fingertip





It's a date!

Make one soon. Pillsbury's Date Bread goes so well with your coffeetimes. For that good morning "hello" or the afternoon "get together," Pillsbury's Date Bread makes a perfect partner. Filled with generous morsels of dates all the way through. A mellow, moist loaf that stays that way. And so easy to make, you don't need a mixer. Go ahead, make a date with date bread soon. And make these Date 'n Spice Cupcakes. They're easy, too!

DATE 'N SPICE CUPCAKES

Combine in large mixing bowl 1 egg, ¾ cup water and ¼ cup molasses. Add 1 package **Pillsbury Date Bread Mix**, ½ cup raisins and 1 teaspoon allspice. Stir as directed on package. Turn into 18 paper-lined muffin pans filling half full. Bake at 350° for 20 to 25 minutes or until wooden pick inserted in center comes out clean. Cool slightly. Frost with **Vanilla Cream Frosting:** Prepare 1 package of **Pillsbury Buttercream Vanilla Frosting Mix** 1 layer size, according to package directions.



You'll like the good Hormel Ham in SPAM

And you'll love the new SPAM creation called SPAM Brittany, which I'm showing here. The recipe for this delicious main dish is on Fingertip Recipe Card 1. As you will see from the ingredients on the card, SPAM Brittany is a tempting combination of SPAM and apple slices, drizzled all over with Kraft Orange Marmalade. It's so easy to make . . . so pretty to serve . . . and so good-tasting, too. On the back of the card you'll find three springtime SPAM favorites of mine: SPAMcakes, a nourishing dish for the entire family (especially at breakfast when you need energy to get going) . . . California SPAMwich for a hearty lunch or a late night snack . . . and SPAM Salad Romano, a salad for all seasons. To my way of thinking, SPAM is a joy to use and a delight to eat. That's why I call SPAM the most versatile meat around . . . and I always keep several cans on hand.



Hormel
A FEDERALLY INSPECTED PRODUCT

Recipes
Nancy Sasser



Blue Bonnet gives you... five kinds of flavor!



1. frying flavor

Fries golden brown with fresher tasting vegetable oils.

2. baking flavor

Measures out easier.
Makes flavorful, golden pastry, crunchier cookies, moister cakes.



melting flavor

licately enhances
ut never smothers)
getables,
ncakes,
st and waffles.







4. spreading flavor

Temptingly delicious on breads and muffins cold or piping hot!

5. dipping flavor

Coats choicest morsels with the delightfully glistening flavor of America's No. 1 margarine.



Soft or Stick

♫ Everything's better with Blue Bonnet on it! ♫

TWO TEMPTING BREAKFAST IDEAS

Here are two sure-fire ways to make breakfast or brunch the best meal of the day. The golden pancakes will go like—well—hotcakes. The ring is elegant enough, and big enough, to serve a crowd at brunch.

Coconut Pecan Ring

Handy larger size bread for a company brunch or coffee party—

2 8-ounce packages refrigerated butterflake rolls (24 rolls)
⅔ cup granulated sugar
½ teaspoon cinnamon
¼ cup milk
¼ cup flaked coconut
¼ cup chopped pecans
½ cup sifted confectioners' sugar
1 tablespoon milk
¼ teaspoon vanilla
2 tablespoons chopped pecans

Separate refrigerated dough into rolls. Combine the ⅔ cup granulated sugar and the cinnamon; dip each roll in the ¼ cup milk, then in cinnamon-sugar mixture, turning to coat all sides. Place half the rolls, slightly overlapping, in bottom of greased 6½-cup ring m... Sprinkle with coconut and the ¼ ... chopped pecans. Add remaining r... forming a second layer of overlapp... rolls. Bake in moderate oven (375°) ... 25 to 30 minutes, till golden bro... Loosen with tip of spatula; turn out ... to serving plate. Drizzle with *Van... Nut Glaze:* Combine confectioners' s... ar, the 1 tablespoon milk, and the ... nilla; blend well. Sprinkle with th... tablespoons chopped pecans. Mak... to 10 servings.



Photographs: Photography

Cornmeal Pancakes

Fluffy and delicate—a real treat for both pancake and cornmeal lovers—

1½ cups yellow cornmeal
¼ cup all-purpose flour
1 teaspoon baking soda
1 teaspoon sugar
1 teaspoon salt
2 cups buttermilk
2 tablespoons cooking oil
1 slightly beaten egg yolk
1 stiff-beaten egg white

Stir together cornmeal, flour, baki... soda, sugar, and salt. Add buttermi... cooking oil, and egg yolk; blend w... Fold in beaten egg white. Let bat... stand for 10 minutes. Bake on hot gr... dle, turning just once. Makes about s... teen 4-inch pancakes.



Give dinner "that extra something" with Lipton Onion Soup Mix.

No other soup – canned or mix – gives your recipes this special flavor.



Lipton Onion-Smothered Chicken

2 tablespoons shortening
2½ to 3 pound broiler-fryer, cut up
1 envelope Lipton Onion Soup Mix
Water
2 tablespoons flour

In large skillet, heat shortening; brown chicken well. Add Lipton Onion Soup Mix and 2 cups water. Simmer, covered, 45 minutes or until tender. Remove chicken to serving platter. Blend flour with ¼ cup water. Stir into broth in skillet and cook, while stirring, until thickened; spoon over chicken. 4 servings.



Lipton Fried Rice

2 tablespoons cooking oil
1 cup uncooked white rice
1 envelope Lipton Onion Soup Mix
2½ cups water
1 tablespoon soy sauce
2 eggs, beaten

In large skillet, heat oil and sauté rice until golden. Add Lipton Onion Soup Mix, water and soy sauce. Cover and simmer 20 to 25 minutes or until water is absorbed. Make a hollow in center of rice; and quickly stir eggs into it until set; then mix with rice. 4 to 6 servings.

Fingertip Recipes... recommended by Nancy Sasser



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A GLOSSARY OF GLASSWARE

ontinued from page 24

latinum or gold bands on glassware are fired decora-ons. The name comes from the heating process necessary be-re the colored "paints" become fused to the glass. You'll nd this device used on tumblers, jugs, pitchers, and many ovelty dishes. (See sketch below.) The design has a particu-r elegance. For example. It lends grace to an anniversary nner table. Use it to complement gold band nina, or mix it, artfully, with a small gold de-gn on china. The color accent at the top of ne goblet lifts it tall. Follow through in the st of your table setting with tall gold tapers nd a centerpiece in a gold-band bowl.



Washing care demands mild suds and warm ater for this decorator design. If ammonia ater is used for the other glassware, as it may e to add luster, wash color-band crystal sepa-ately. The safe rule is: do it by hand. When ou shop for crystal with fired decorations, watch for the ame of a reliable manufacturer. The bands should be dur-ble for a long life if they have been fired carefully, then urnished to rich luster with very find sand. Platinum is pplied much the same way as the gold band, but requires a otter fire for the finishing, and so must be used on special lass. In the cheaper grades of banded glassware enamel is nerely painted on and then allowed to dry.

ressed glass, just as it sounds, is made by pressing molten lass—either by hand or by machine—into a mold which has previously designed pattern. (See sketch right.) It con-ains lime for greater strength and workability. Glass which is made by pressing is not as brilliant as lead glass, nor does it have the same clear ring. Pressed glass is used most commonly in the heavier pieces of glassware, like cups and saucers, vases, pitchers, bowls, or large serving plates. It blends beautifully with informal table settings—such as pottery or the many attractive plastic sets of dishes. Because pressed glass is heavier and more rugged than other glassware, it's a particularly happy choice for patio use—or for children's parties. While it's not impervious to breakage, it stands a better chance of surviving rough treatment. And, of course, there'll be even less chance of breakage if you choose your pressed glassware in the unfooted style. When you shop for glassware, you'll find it's organized in many classifications: tumblers, beverage sets, stemware, serving pieces, punch bowl sets, vases and bowls, to name the more common. You'll also find a wealth of novelty cruets, paperweights, figurines, glass birds, and animals. Look at the regal array of tall bottles and lift one of them (mentally of course) into that corner of your home which has been so dull, so long. While you're looking, why not select a dish that's just right for a friend.





Have fun with your crystal! Use it to keep your table in tune with the calendar. March along with striped tumblers on Fourth of July. Mix the glorious colors of amethyst, ruby, amber, blues, and greens according to seasonal holidays. For a special family event, like Dad's promotion, gala glassware can turn family dinner into a spur-of-the-moment party. But why wait for a special occasion? Glassware is to enjoy—every day of the year!



s simple to make a pizza . . .



Spread out dough with your fingers . . .



Spread the sauce on the dough . . . oo . . oo . . .



cheese on the sauce . . . oo . . .



Pop it in the oven for 20 minutes . . .



Dere's nuttin' to it!

As Joe E. Ross found out, now you can make a pizza at home that's as good as you've ever eaten. Provided you use Chef Boy-Ar-Dee® complete Pizza Mix. Cheese, Sausage or Pepperoni.

Chef Boy-Ar-Dee Pizza Mix

WONDERFUL WAYS WITH EGGS



Photographs: Photography, Inc.





Target Meat Loaves

The Cook-of-the-Month winner—each loaf has a hard-cooked egg in its center—

1 pound ground beef
¼ cup milk
1 egg
½ cup cracker crumbs (about 10 crackers)
¼ cup finely chopped celery
2 tablespoons finely chopped onion
½ teaspoon salt
¼ teaspoon garlic salt
¼ teaspoon ground sage
Dash leaf oregano, crushed
6 hard-cooked eggs, shelled
¼ cup chopped onion
1 tablespoon butter or margarine
1 8-ounce can (1 cup) tomato sauce
2 tablespoons snipped parsley
1½ slices sharp process American cheese, cut in 6 triangles

Combine meat, milk, the uncooked egg, the crumbs, celery, the 2 tablespoons chopped onion, the salt, garlic salt, sage, and oregano; mix well. Shape about ⅓ cup meat mixture around each shelled hard-cooked egg. Arrange loaves in 10x6x1½-inch baking dish. Cook the ¼ cup chopped onion in the butter or margarine till tender but not brown. Stir in tomato sauce, ¼ cup water, and parsley. Pour over meat. Bake, uncovered, in moderate oven (350°) for 45 minutes. Spoon sauce over loaves; top each with a cheese triangle. Return to oven till cheese melts. Makes 6 servings.

Marilyn Hardin
Houston, Texas

Caramel Custard Pie

1 14½-ounce can (1⅔ cups) evaporated milk
2 eggs
1 cup brown sugar
3 tablespoons all-purpose flour
2 tablespoons butter or margarine
1 unbaked 9-inch pastry shell

Add enough water to evaporated milk to make 2 cups. Add eggs and beat till well mixed. Combine brown sugar and flour; cut in butter or margarine till mixture is like coarse crumbs. Add milk mixture to brown sugar mixture; beat till well blended. Pour into pastry shell. Bake in hot oven (400°) for 30 minutes or till knife inserted halfway between center and outside edge comes out clean. Cool. If desired, garnish pie with whipped cream.

Mrs. Frank Stepanek
Cedar Rapids, Iowa

Poached Eggs a la King

½ cup chopped onion
2 tablespoons butter or margarine
1 can condensed cream of chicken soup
Dash pepper
½ cup milk
6 eggs
3 English muffins, split, toasted, and buttered

In medium skillet, cook onion in butter or margarine till tender but not brown. Stir in chicken soup and pepper. Gradually add milk, blending well. Bring to boiling; reduce heat and gently slip eggs into sauce. Cook, covered, over low heat for 15 minutes or till eggs are set. To serve, place each egg on an English muffin half; top with sauce. Sprinkle with snipped parsley. Makes 6 servings.

Mrs. Richard A. Bernard
Highland, Indiana

Continued

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WONDERFUL WAYS WITH EGGS

Continued



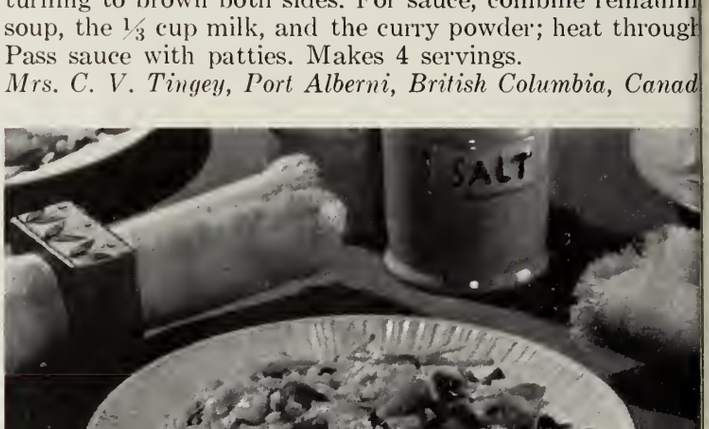
Shrimp-sauced Egg Patties

Golden, light, and seasoned with a hint of curry—

1 can frozen condensed cream of shrimp soup
8 hard-cooked eggs, shelled and chopped
¼ cup fine dry bread crumbs
2 tablespoons milk
2 teaspoons snipped parsley
2 teaspoons chopped onion
¼ teaspoon salt
Dash pepper
½ cup fine dry bread crumbs
2 tablespoons cooking oil
⅓ cup milk
¼ teaspoon curry powder

Thaw soup; combine ¼ cup of the soup, the chopped egg the ¼ cup crumbs, the 2 tablespoons milk, the parsley, onion salt, and pepper. Form mixture into 8 patties. Coat with th ½ cup crumbs. Heat oil in skillet; cook patties till golden turning to brown both sides. For sauce, combine remainin soup, the ⅓ cup milk, and the curry powder; heat through Pass sauce with patties. Makes 4 servings.

Mrs. C. V. Tingey, Port Alberni, British Columbia, Canad



Ham and Cheese Scramble

1 cup cubed cooked ham
1 tablespoon chopped green onion
3 tablespoons butter or margarine
1 cup cream-style cottage cheese
6 eggs
1 cup canned shoestring potatoes

In medium skillet, cook ham and green onion in butter o margarine till lightly browned. Drain cottage cheese, reserv ing liquid. Add liquid to eggs along with a dash pepper; beat till blended. Pour egg mixture into skillet with ham and onion. Begin cooking over low heat. When mixture begins to set at bottom and sides, lift cooked portions with a wide spatula so uncooked mixture goes to bottom of skillet. Continue cooking 5 to 8 minutes, till eggs are cooked throughout but still glossy and moist. Fold in cottage cheese, and remove from skillet immediately. Spoon onto shoestring potatoes Makes 4 servings. *Mrs. Ray Tiger, Rodeo, California*

If you've got this



and this

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and this

d this

and this

and this

you'll make a sandwich
to gladden a man's heart.

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HOW TO STORE WINTER WOOLENS

Follow this easy four-step method. But first, to safeguard your home against moth or carpet beetle invasion, keep dust from accumulating under beds, in closets, around baseboards and corners—the favorite breeding places for these insects. Spray baseboards, closet, and storage interiors, cracks and crevices in floors with mothproofing chemicals. Buy only those woolens pretreated at the factory with permanent moth resistance.

Step 1. Brush dust and lint from trouser cuffs, pockets, and bulky seams. While you're at it, mend torn areas, sew on buttons so items will be ready to wear. Then wash or dry clean articles, following manufacturer's directions.

Step 2. Select correct type of storage. Garment bags keep clothes on hangers ready to wear. Some paper bags are pretreated to repel moths. Some plastic types have see-through tubes for crystals to show when supply is low.

Plastic bags are handy, but not necessary. Boxes or cartons work as well, cost less, are easily stacked. Zippered, quilted storage chests in many colors are available in department stores.

Cedar chests and cedar-lined closets lose their repellency in two or three years. But being relatively airtight, they make good storage for woolens if treated with mothproofing.

Many professional dry cleaning and laundry firms offer a box storage service including cleaning—or storing only. Poundage rates vary, and delivery services may or may not be included in quoted prices.

Step 3. Treat woolens with moth preventive. Many products are available: crystals, flakes, nuggets, balls, aerosol or liquid sprays, packets, cakes. Some are guaranteed for one to three years, others for a few weeks.

Sprinkle *crystals* or *flakes*, *nuggets* or *balls* of naphthalene or paradichlorobenzene liberally between layers of clothing in boxes or chests—at rate of one pound per trunk or two ounces per cubic foot. Add more at top, as fumes and vapors travel downward.

Remember: the odor of mothproofing doesn't repel or kill moths or beetles. You must use enough to produce a concentrated vapor.

Some vacuum cleaners have demothing units that fasten to the blower end. *Crystals* work best with this method; they form a gas when heated. This is most effective when blown onto garments or into closets.

Sprays vary from light *aerosol* types to heavy *insecticides*. Aerosols are easy to use, but remember, the fine spray they produce doesn't last as long as a regular liquid spray. Some aerosol sprays are available which also protect fabrics and leather from mildew, mold, and fungus. With these, a piece of outmoded luggage may well be your "newest" storage container for winter woolens.

With liquid sprays, use a household hand sprayer that delivers a continuous coarse spray. Spray items lightly and uniformly until surfaces are moist—not wet. Don't saturate or a white deposit may remain on clothes until cleaned.

Stronger insecticides (five percent DDT or two percent household spray) require extra care. Hang woolens outdoors for application. Don't breathe fumes; follow label instructions explicitly.

Packets or *cakes* come in cardboard or metal containers to hang in the closet. More deluxe decorator-color plastic containers fasten to the wall inside a closet or hang between clothes hangers. Hang these high so fumes can drift downward. Refills are available.

Special note to electric blanket owners: *Do not add mothproofing agents* unless approved by blanket manufacturer. Most wool blankets are mothproofed at the factory. Others are of a blend of fibers not attractive to moths. Wash, *do not* dry clean. Check your washer instruction booklet and blanket hang-tag or label for correct procedure. Machine-dry only if blanket manufacturer specifies. When storing, pack controls separately. Fold blanket lengthwise, then crosswise, to protect wiring.

Step 4. Keep container tightly closed. If you must open it during storage time, add mothproofing compound again. ■



At the Stockholm, in glittering Manhattan, a dinner favorite is Swedish Meatballs in Sour Cream. Here's how to make it with Betty Crocker Noodles Romanoff.

1 cup soft bread crumbs
½ cup milk
1 pound ground beef
3 tbsp. chopped onion
1 egg, slightly beaten
1 ½ tsp. salt
¼ tsp. nutmeg
⅛ tsp. pepper
2 tbsp. butter or margarine
1 pkg. (4-serving size) Betty Crocker Noodles Romanoff

Soak bread crumbs in milk. Mix in ground beef, onion, egg and seasonings. Shape mixture into 1- to 1 ½-inch balls. Melt butter in large skillet; add meatballs and brown on all sides. Cover; simmer over low heat 10 minutes. Prepare Noodles Romanoff as directed on package except—increase milk to ⅔ cup. Drain excess liquid from meatballs; pour noodles over meatballs. Cover and simmer about 5 minutes or until desired consistency. *4 to 6 servings.* Crisp rolls and a crackling green salad round out the meal.



Doing anything tomorrow night? Sure. Eating out—in.

BLE
ND CAKE

34

ound Cake

sugar
utter or margarine,
d
ilk
n grated lemon peel
oon lemon juice
sifted cake flour
oons salt
n baking powder

. .

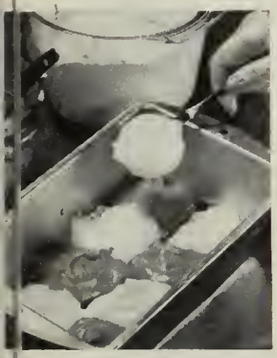
oons boiling water
oon sugar
(1 ounce) unsweet-
hocolate, melted

mixer bowl, gradually
1¼ cups sugar into
r or margarine; cream
and fluffy, 8 to 10 min-
nedium speed on elec-
r. Beat in milk, lemon
l juice. Sift together
t, and baking powder.
creamed mixture and
ow speed till smooth,
minutes. Add eggs, one
ne, beating 1 minute
h; beat for 1 minute
raping sides of bowl
Combine the boiling
e 1 tablespoon sugar,
melted chocolate; stir



Photographs: Photography, Inc.

the batter. In greased
ch loaf pan, alternate
d dark batters by
s. With narrow spatu-
y-stir through batter to



Bake in slow oven
about 1 hour and 20
. Cool 10 minutes be-
oving from pan. When
ely cool, sift confec-
sugar over top of cake.

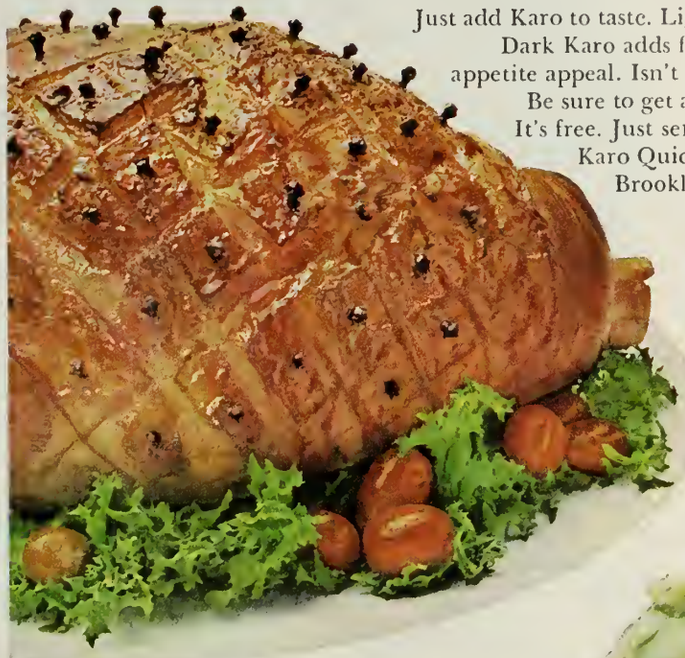
Mix Karo Light Corn Syrup and orange juice.
Pour over yams while baking. Look and taste? Beautiful





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Karo Quick Tip #32: Fancy Dessert Sauces—like for sherbet: Just mix a little Light Karo and a little Crème de Menthe and pour over any sherbet. Very Eastery.

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VEGETABLE SALAD SPREE

By Doris Eby, Associate Food Editor

Liven up your spring meals with these vegetable salads. Each boasts a flavor as refreshing as the season itself. Cauliflower buds marinated in tangy dressing are delicious as a relish or salad. Or please the family with Mediterranean Salad, featuring Italian green beans and whole kernel corn—or a crisp cabbage salad with a tangy sour cream dressing.



Photographs: Photography, Inc

Cauliflower Vinaigrette

Chopped tomato in the dressing adds fresh flavor—

1 medium head cauliflower
⅔ cup salad oil
¼ cup white wine vinegar
1 large tomato, chopped
⅓ cup chopped stuffed green olives
2 tablespoons chopped green onion
1 tablespoon pickle relish
1 teaspoon salt
1 teaspoon paprika
⅛ teaspoon pepper

Separate cauliflower into buds; cook, covered, in small amount of boiling salted water till just tender-crisp, about 10 minutes. Drain; place in shallow dish. Combine remaining ingredients; pour over cauliflower; chill 2 to 3 hours. At serving time, drain off excess oil and vinegar. Serve in lettuce-lined bowl. Garnish with tomato wedges. Makes 8 to 10 servings.

Mediterranean Salad

You toss butter-toasted bread cubes with this vegetable combo at serving time—

1 10-ounce package frozen Italian green beans
2 tablespoons butter or margarine
3 slices bread, cut in cubes (2 cups)
1 12-ounce can (1½ cups) whole kernel corn, drained
¼ cup mayonnaise or salad dressing
2 tablespoons chopped pimiento
1 teaspoon leaf basil, crushed
¼ teaspoon salt

Cook beans according to package directions; drain and cool. In skillet, melt butter or margarine. Add bread cubes and cook till crisp, turning as needed; set aside. Combine beans, corn, mayonnaise, pimiento, basil, and salt; chill. Just before serving, add toasted bread cubes to vegetable mixture; toss. Serve in lettuce cups. Makes 8 servings.

Spring Garden Toss

Six different vegetables go into this colorful vegetable salad—

4 cups shredded cabbage
½ cup chopped celery
¼ cup chopped green pepper
¼ cup shredded carrot
¼ cup sliced radish
1 tablespoon chopped onion

• • •

½ cup dairy sour cream
2 tablespoons tarragon vinegar
1 tablespoon sugar
½ teaspoon salt

Toss together vegetables; chill. Combine sour cream, vinegar, sugar, and salt; chill. At serving time, toss together vegetables and dressing. Serve in salad bowl lined with greens; if desired, garnish with radish roses. Makes 4 to 6 servings.





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Cherry Glaze. Strain cherries from preserves and spread over ham (several minutes before removing from oven). Add syrup to top and sides.

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Swift's Premium



HOW TO MAKE A DUST RUFFLE

Want to add a decorative finish to the most important piece of furniture in the bedroom? Then add a dust ruffle and let the flounce coordinate with a boxed bedspread or coverlet.

First, decide which style is best for your bed. Since the dust ruffle "slipcovers" the box spring when the spread is removed, it should be correlated with the rest of the furnishings in the room.

Tips for measuring

Use the box spring as your guide. For length, measure from corner at foot to corner at head of bed.

For width, measure from one side to the other of the box spring. For depth, measure from top of box spring to floor and subtract one-half to one inch for clearance.

These are the basic measurements from which you figure the sizes of each section. They do not allow for seams or hems.

The box spring cover or top to which the ruffle will be attached, is made in two sections: a center section and a banded outer section. Since the center section never shows, usually an inexpensive muslin or a bedsheet is used for this.

The banded outer section can be made from strips of fabric to match the flounce. These strips usually measure about five inches wide. The flounce or skirt must extend around two full lengths plus one width, plus about eight inches for two returns around the corners at the head of the bed. Double these measurements for minimum fullness, or triple them if more fullness is desired. The fullness will depend somewhat upon the weight of the fabric used. (Plain fabric can be split and run lengthwise around the bed). Allow one-half inch for all seam allowances and about one and one-half inches for the hems. It is best to figure all cutting measurements and the layout of all sections before buying your fabric. Double-check to make sure they are correct.

Attaching the flounce

After making the top section of your dust ruffle to fit between the mattress and box spring, the next step is to attach the ruffled and hemmed flounce. To prepare the flounce, join strips together in a long piece with a plain seam. Press seams open. Turn and stitch hem on one edge. Machine blindstitching will save you time and give the effect of hand hemming.

For even gathers, use the ruffler attachment. Always test for fullness, first using a strip of the same fabric. Adjust the ruffler attachment on your machine to gather the amount of fullness you wish. Run fabric through the ruffler so the stitching is about one-half inch down from top of flounce.

You will not need a "skirt" or flounce at the head of the bed, since the bed is normally used against the wall. Do remember to extend the four-inch return around each corner at the head of the bed.

Here's how to gather or pleat a dust ruffle. First, gather or pin pleats in skirt; then stitch across top of skirt to hold fullness in place. Pin, then stitch dust ruffle to top section that covers the box spring.

A detachable flounce

It's easy to make a dust ruffle that you can detach for easy laundering. Permanently attach one strip of nylon fastening tape to the box springs (either by hand-stitching or gluing). Then stitch another strip of tape to the wrong side of the flounce at the top edge of the seam allowance. To hang, simply press the two strips together. To remove flounce from bed, just peel the tape apart.

Never let the flavor run out before your pie does.



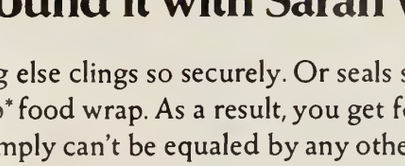
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Moral: don't run out of Saran Wrap and your pie won't run out of flavor.

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RECOMMENDED BY NANCY SASSER.



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Filling:
4 baking potatoes, baked
1 cup BEST FOODS® Real Mayonnaise
1/2 cup grated Cheddar cheese
1/4 cup chopped green pepper
1/4 cup chopped pimiento
1/4 cup chopped scallion
2 (7-ounce) cans (solid pack white) tuna, drained

Topping:
1/4 cup BEST FOODS Real Mayonnaise
2 tablespoons grated Cheddar cheese
1 egg white, stiffly beaten

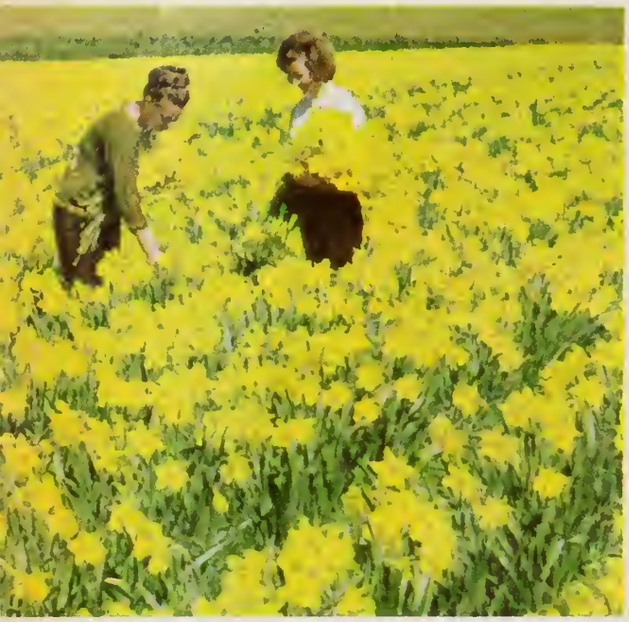
Scoop baked potato from shells. Lightly toss with other filling ingredients. Spoon back into shells. Heat 10 minutes at 400°F. (hot). For Topping: fold Real Mayonnaise and cheese into egg white. Spoon over hot, stuffed potatoes. Heat an additional 10 minutes, until lightly browned. Makes 4 servings.

IS NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE

DO YOU NEED A "SAVE-THE-DAY" PANTRY SHELF?

Yes, if you've ever felt like Mother Hubbard when unexpected guests arrived at mealtime. You'll be all set next time if you stash away a variety of canned and packaged foods on a special pantry shelf.

- Stock canned shrimp, water chestnuts or mushrooms, a package of curry sauce mix, and quick-cooking rice for shrimp curry in a hurry! Tasty accompaniments: chutney, peanuts, golden raisins, coconut—on standby, too.
- Store orange marmalade or peach jam alongside canned luncheon meat. Glaze thick meat slices with jam—
oven with canned ya
pineapple rings.
- Arrange cubed or
luncheon meat atop po
beans in tomato sauce.
kle with a little brown
mixed with a dash of dr
tard; bake till bubbling
- Keep salmon and salt
your emergency shelf. I
only minutes to combin
for individual loaves or
—serve with lemon sa
creamed peas.
- Combine canned chil
out beans and whole
corn in baking dish an
Prepare cornbread or
mix—bake atop chili.
even heartier supper
browned ground beef.
- Drain a can each o
mandarin oranges, and c
mushrooms. Then blend
can of macaroni and
Serve hot over chow me
dles heated in oven.
- Spice and heat a can
pie filling. Thin with fru
to sauce baked ham.
- Bake a wheel of Vien
sages atop a casserole of
limas and corn.
- For an effortless sala
cans of julienne carrots
choke hearts, and Italian
beans. Arrange on pla
pass dill-sparked mayon
- Marinate canned asp
spears and stuffed olive
in clear salad dressing
on greens.
- Whip up instant vanill
ding mix—then fold in wi
dessert topping, well-d
fruit cocktail, and tiny
mallows. Give a quick
the freezer—24-hour sa
about 24 minutes!
- Or, simply arrange a
platter of canned peach o
halves, dark cherries,
orange sections. Tint and
mayonnaise or sour crea
cherry syrup—pass with
- Keep on hand the m
for a big relish tray. W
appetizing assortment of
olives, dill spears, pickle
beets, pickled cauliflowe
sweet gherkins, no one wi
a salad!
- Heat herb-buttered
toast or saltines and serv
napkin-lined basket whe
are caught short of dinne
- Depend on instant pot
Whip them with a packa
sour cream sauce mix or
cream cheese. Or, add a b
egg—spoon in fluffs onto
ing sheet—then brown
the broiler.
- Stock water chestnuts,
rooms, pimiento, Parmesa
accent canned or frozen
tables. Use cream soup
speedy vegetable sauces.
- Make a list of your fa
favorite main dish, bread
dessert mixes. Regard th
emergency shelf staples.



Daffodils are blooming now



Vancouver glitters, night and day.



The magnificent Inside Passage



Tulips say welcome, too.

Spring makes the scene in beautiful British Columbia

Blossom-dappled orchards rising above deep blue lakes. Magnificent gardens bursting with Spring blooms. Evergreen forests extending hundreds of miles to regions of towering mountains and rolling rangeland. It's all part of the scene right now in British Columbia. Our major cities were never more exciting: Vancouver and Victoria are ablaze with floral beauty, parks and golf courses are lush, green, inviting. Experience the glory of Springtime in a refreshing, friendly holiday land. Come to British Columbia.

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COOK

READY?

vital when you're fol- e various steps of a thod. How can you be n a cake is baked or a gelatin mixture ed the partially set ere are some helpful

sert a cake tester (slim ewer) or wooden pick of cake. If it comes , you know the cake is this stage, a cake will oull away from sides of g pan and will spring en pressed lightly on el, chiffon, and sponge ll look dry on the sur- n baked long enough.

eads: Most recipes di- to knead the dough give a kneading time; pearance is a better hen dough is full and and no longer sticks to r pastry cloth, it is enough. The surface mooth and satiny and ok tightly stretched or

n should then be cov- l allowed to rise in a ace till double in bulk. test this by plunging ers into the dough. If main, dough is ready nched down.

bread has finished bak- ill have a deep golden rust. To make sure it's p crust lightly. Loaf d hollow when ready to t of the oven.

kery: Many recipes di- to beat egg yolks till d lemon colored. With or rotary beater, it may e minutes or more for reach thick consistency e yellow color.

eck the doneness of a *elet*, touch the surface The omelet will spring en done. Or test as for : insert a knife in center comes out clean, the s done.

se a metal spoon to test *ustard*. When the mix- nly coats the spoon, it

aked custard or custard rt a knife halfway be- enter and edge. A clean licates that the custard

o test jelly, dip large poon into mixture; tilt until syrup runs over hen jellying stage is , liquid will divide into tinct drops that then ether in a *sheet* from the spoon. On a thermom- mperature should regis- ter 220 degrees, or 8 degrees higher than boiling point of water in your area.

Gelatin: Your recipe may state: chill till partially set, till very thick, etc. But do you know what clues to look for?

Slightly thickened or partially set: Consistency is that of unbeaten egg white. This is when you'll want to fold in pieces of fruit or vegetable.

Very thick: Important stage when gelatin is to be whipped. Draw spoon through gelatin if it leaves a definite impression, gelatin is ready to whip.

Set but not firm: The gelatin is ready if it sticks to fingers when touched and mounds or moves to the side when tilted. When gelatin reaches this consistency, you can add one layer on top of another.

Olé

The romance of Spain is subtly blended into the Bullfighter's Fiesta a flaming specialty dish from one of Washington's fine restaurants. Stretching from the sands of the seacoast to Washington's Inland Empire, you'll find superb cuisine, as varied as the atmosphere in which it's served. While you dine, watch the changing panorama of ocean-scapes, listen to the thunder of cascading waterfalls, or gaze upon snow-capped peaks, thrusting craggy fingers into blue skies. On your next trip to Washington, relax and enjoy leisurely dining at any of our fine restaurants. Whatever your desire, you'll find culinary delights to satisfy your taste—and a decor to match your mood.



Dining at a waterfront restaurant



The character of Washington State

It's the romance of dining by candle-light in a fine restaurant... or a casual picnic under sunny skies. For your convenience, Washington's many parks and National Forest areas provide modern facilities for outdoor eating. Or, pack a lunch, and follow a trail that takes you to the destination of your choice. Whatever you choose, you can enjoy a family picnic surrounded by some of the world's most magnificent scenery.

Picture Lake and Mount Shuksan



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THERMADOR

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Division of Norris Industries

DOUBLE-USE EATING AREA

All too often a rear entry goes to waste as a collecting pla for mops, pails, and old newspapers. With a minimum materials and a little ingenuity, however, you can transfor this idle space into a hard-working dual-purpose area: a n nonsense mud room, a hideaway breakfast nook.



Photographs: Photo-Art Commercial Studios

To get the mud room, cover the floor and walls with tile an tough paneling—this is 1x4 western hemlock. For furniture build several low, rugged stools from 1x12 Douglas fir, stai to match the paneling, and top with vinyl cushions. Th stools should be recessed so cushions won't slide off whe youngsters are struggling with their boots. To keep the fam- ily posted on appointments, duties, and coming events, pu up a bulletin board of cork or perforated hardboard an frame it with strips of extra paneling.



When it's time for breakfast or a snack, you simply regroup the stools, swing the table down from the wall and the bulletin board down from the table. To make the recess for the table, frame the opening with 2x4s and cover it with ¼-inch hardboard. The recess should be exactly deep enough to accommodate the table and its paneled underside. Use continuous hinges to attach the table to the wall and the bulletin board to the table. For contrast, paint the recess the same bright color of the laminated plastic tabletop.



June Lockhart is the wife of Los Angeles architect John Lindsay

"Housework is easier and there's less wear on our carpets since we put Shepherd Casters on our furniture."

SAYS June Lockhart

TV and Motion Picture Star



. ine says, "Making beds is a lot easier. With hepherd® Casters on the bed I can push it out r n the wall. There's no more stretching and e hing across the bed."



2. "Many of the latest furniture designs feature Shepherd Casters. But you can also install them on the furniture you now have. We did. They look good and they make housework easier."



3. "Cleaning behind and under furniture is back-breaking work. But with Shepherd Casters on the furniture, I push it out of the way and *clean properly*. It's easier, faster and cleaner."



. Carpets last longer if you rearrange the furni- now and then, because the wear is more nly distributed. With Shepherd Casters I can ve furniture *myself*. Rearrange an entire room minutes.



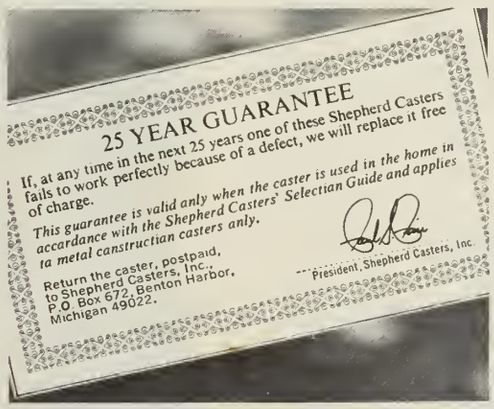
5. PLUNK! June drops into a chair. "I do this to show people that furniture with Shepherd Casters stays put when you sit in it. To move the furniture, you have to *push* it from the back or the side."



6. "Ordinary furniture legs make ugly dents or holes in carpets. But Shepherd Casters are kind to even the thickest carpet. If you have nice carpets, I suggest you put Shepherd Casters on your furniture."



'There are seven different finishes. From a liant Bright Brass color to an elegant Antique pper color. And you can choose from seven s to suit everything from cribs to nine-foot as."



8. "If a Shepherd Caster fails to work perfectly in the home, the manufacturer will replace it free. And this unconditional guarantee is for *25 years*." June adds, "This is the kind of product you like to tell your friends about."



9. "I recommend you put Shepherd Casters on your furniture tomorrow. They're in hardware and department stores everywhere. From $2.95 per set of four. I know you'll be as pleased with Shepherd Casters as I am."

TRADEMARK OF SHEPHERD CASTERS INC.

SHEPHERD CASTERS INC. Benton Harbor, Mich.



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DINING ROOM HELPERS

Bedeviled by a do-nothing dining room? With a pair of s viceable built-ins, you can put that idle room to work f time and still have room for Grandma at Sunday dinn What's more, by getting your dining room back in circu tion, you lighten the work load for your other rooms.



Photographs: Hedrich-Blessing. Designer: Ruth B. Sherman, A.I.D. Source: Barbara East Cath

Above A long buffet bedecked with bookshelves and a lig bracket stretches the length of one wall, serves up maximu storage in minimum floor space. Cabinet doors—both car and solid walnut—conceal linens, silver, a bar, and a ster system. The top of the buffet is slate.

Below A matching walnut divider with a closable pas through screens the dining room from the kitchen. The upp section opens from both sides, saving steps at table-setti time. On the kitchen side, the bottom section provides add tional storage, and parking for a tea cart.



oreign dishes easy as ns, due, trois

leter Wells
e, Connecticut



girl's ambition was
k like mother. But
ope chic, better she
ook like some exotic
e she's never even
gt my international
i a cookbook (boy,
serve a plug) writ-
genius who used
merican Gravy to
a auce that took all
e inutes and smack-
'aris. (Actually,
merican Gravy was
r a stranger to me.
a, it had been doing
zzy things for my
r)

Here I am leading you
into foreign intrigue
e of my own recipes.

ssword is 'live a





MAMA-SAN'S SUKIYAKI

(shown above)

There won't be any artificial "suki-icky" taste here. Franco-American gravies are made with natural ingredients. (Like real beef juices in the beef gravy.)

- 1 pound round steak, cut in very thin strips
- 2 tablespoons salad oil
- 1 can Franco-American Beef Gravy
- 2 tablespoons soy sauce
- 1½ cups diagonally-sliced celery
- 1½ cups sliced fresh mushrooms
- ½ cup green onion, cut in 2-inch strips
- ½ pound fresh spinach
- Cooked rice

In a large skillet, brown beef in oil. Pour off fat. Stir in gravy and soy sauce. Add celery, mushrooms, and onion. Cook over low heat 15 minutes. Add spinach; cook 5 minutes longer. Serve with rice. If you lose this recipe, just remember there are 7 S's: steak, salad oil, soy sauce, spinach, sliced celery, sliced mushrooms, strips of onion, plus gravy and rice. 4 servings.



BON VIVANT VEAL

Or, Veau aux Champignons . . . an alias you might throw out for instant quizzing during dinner. Does "champignons" signify: ☐ a chain of French sidewalk cafes; ☐ a recipe made famous by the Baron de Champignons; ☐ the mushrooms which surround the veal? (See recipe for answer.)

- 1 lb. thinly sliced veal cutlets, pounded
- ⅓ cup thinly sliced onion
- 2 tablespoons shortening
- 1 can Franco-American Mushroom Gravy (There's your answer. Real mushrooms in real gravy.)
- ¼ cup chopped canned tomatoes
- 2 tablespoons Chablis or other dry white wine
- 1 medium clove garlic, minced
- 2 cups cooked rice

In skillet, brown veal and cook onion in shortening until tender. Pour off fat. Add gravy, tomato, wine, and garlic. Cook over low heat 15 minutes or until tender. Stir now and then. Serve with rice. 4 servings.

CHICKEN PAPRIKASH

Of course you could make this without the paprika. You could also visit Budapest and live on peanut butter sandwiches.

- 1 brown paper bag
- 3 tablespoons flour
- 2 pounds chicken parts
- 3 tablespoons shortening
- 1 can Franco-American Chicken Gravy
- ⅓ cup sour cream
- 1 cup sliced onion
- 1 medium clove garlic, minced
- 2 teaspoons paprika
- ½ teaspoon salt

Put flour in brown paper bag; add chicken parts; shake. Melt shortening in skillet, brown the chicken; pour off fat. Stir in Franco-American Chicken Gravy, sour cream, onion, garlic, paprika, and salt. Cover; leave simmering on low heat for 45 minutes or until tender. Stir occasionally. Heap over noodles. 4 servings.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

EXTRA ADDED ATTRACTION



HURRY CURRY SAUCE

Creative cooks from small beginnings grow. And beginnings don't get much smaller than a shot of curry powder.

- 1 can Franco-American Mushroom Gravy
- ¼ teaspoon curry powder

Combine gravy with curry powder in a saucepan. Heat and serve over pork or lamb. Makes 1¼ cups.

THREE BEVERAGE CENTERS

Beverage fixing is fast and easy when you have a special spot for the job, out of the way of the cook in the kitchen. Each of these well-planned beverage centers has its own sink and right-at-hand storage for glasses, utensils, serving pieces and space for "empties."

Photograph: Bill Hedrich, Hedrich-Blessing.



Left: An extra-deep sink to facil filling tall glassware, and a weal storage make this an ideal beverage ter. Shelves in the tall, narrow, cabinet on the right are adjustab allow storage of large serving piece tableware. Amber bottle glass in c doors comes in plastic, too.



Photograph: Lisa

This fix-it-yourself beverage cente just off the kitchen, and features l inated plastic drawer and cabinet fr and counter top. Bottles are store vari-sized circle cutouts in bot drawer; cutting board, coasters, n kins, utensils in drawers above.



Photograph: Ernest Braun. Source: Barbara Ca

Convenient to breakfast and desk ar this beverage center fits into one hal the former bath. Especially handy a the locked cabinets under the coun and the large counter top for fixing a serving beverages, party fare, breakfa

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We admit it. Jifoam often costs more than other oven cleaners. But after you see the way it cleans your oven, we dare you to complain about a few pennies. Ounce for ounce, penny for penny, Jifoam cleans your oven quicker and better than anything you've ever tried before. In 5 minutes flat you can *wipe* your oven clean with a damp sponge. No mess. No fuss. No rubber gloves. Frankly, we've looked into ways of making Jifoam cheaper. But every time our laboratory tested it, it worked no better than the other oven cleaners. That's not good enough for us. And if it's not good enough for us, it's certainly not good enough for you. We know there are ways of making cheaper oven cleaners. But millions of women are convinced that Jifoam is a good buy because it is the one that works best. And that *is* good enough for us.

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If you could put a lock on freshness, ou wouldn't need Tupperware.



Tupperware is a big wheel to cheese! Because nothing locks in freshness and keeps it there like Tupperware.

Tupperware's 2-lb. Cheese Saver and Canister (left) keep the flavor (and the aroma) in *any* cheese. How? Tupperware's marvelous sealing power. That's what does it.

See all of Tupperware's fresh ideas at a Tupperware Party. Have one between March 25th and May 11th, and a Hamilton Beach Blender and 200-page cookbook may be yours. Call your Tupperware Distributor for the tangy details.

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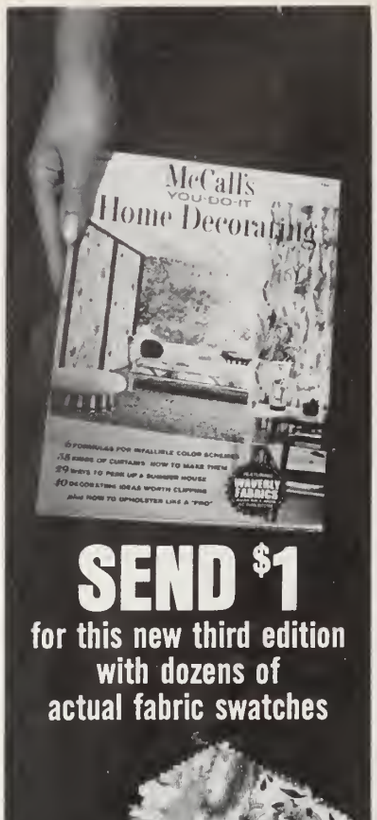
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GUIDE TO STORING WINE

You don't need a cellar to store wine properly. Just keep bottles away from direct sunlight, extreme temperatures, or vibration. Store corked bottles on their sides so liquid covers the bottom of the cork, keeping it airtight. Once opened, table wines keep several days if tightly closed and refrigerated. Dessert and appetizer wines keep well for a month.

You can store wine in a corner of the garage, basement, stairwell, or kitchen. For example, a case from the store, placed on its side on a garage floor, provides a cool, steady, and undisturbed spot for several wine bottles. Or, a stack of plastic vegetable bins on a low kitchen cabinet shelf keeps wines handy. Avoid any location near a vibrating washing machine or power tool outlet.

Check gift and department stores for handsome walnut and teak racks like this that hold from six to twelve bottles.



Racks may be wall-hung or placed on shelves in your living room. Design your own, or build this one to fit your storage space. We used redwood 1x2s for uprights; glued $\frac{1}{4}$-inch plywood across back horizontal.



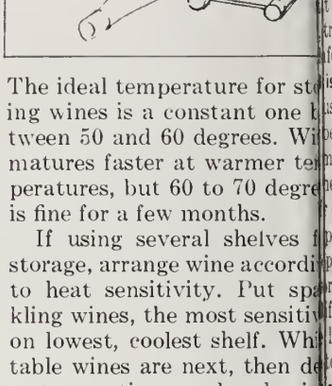
Drawings: Bill Wells

You can make horizontal compartments by stacking large cardboard tubes or drain tiles. Select those of sufficient diameter to let you slip bottles in and out freely.



Make this rack for a dish cabinet using a double row of juice cans. You could paint each can a surprise color to decorate an open shelf in your dining room.

To assemble an expandable wine rack, join two sizes of dowels together in wooden-construction-toy fashion. Adding sections later is easy; or, purchase similar inexpensive 6-bottle or 10-bottle units like the one shown below from Scandinavian import shops.



The ideal temperature for storing wines is a constant one between 50 and 60 degrees. Wine matures faster at warmer temperatures, but 60 to 70 degrees is fine for a few months.

If using several shelves for storage, arrange wine according to heat sensitivity. Put sparkling wines, the most sensitive, on lowest, coolest shelf. White table wines are next, then dessert, appetizer, and red wine on the top shelf.

If you're just starting your home wine supply, you'll be prepared for any occasion if you select one wine from each of the five following groups:

WINES	FOODS	Ideal Serving and Storing TEMPERATURES
Appetizer Wines Sherry (dry to sweet) Vermouth (dry, sweet) Flavored wines Special natural wines	**All Appetizers** canapes, bouillon	**45-50 degrees except:** Sherry—60-70 degrees Dry Vermouth (serve over ice)
Red Table Wines Claret (dry) Burgundy (dry) Rose (pink, dry to sweet) Red Chianti (dry) Vino Rosso (semisweet)	**Hearty Foods** STEAK, ROAST game, roast, steak ham, pork, veal cheese, egg dishes, spaghetti	**60-70 degrees** Rose—45-50 degrees
White Table Wines Chateau Rhine Wine (dry to semisweet) White Chianti (dry to semisweet) Light Muscat (dry to sweet) Chablis (dry) Sauterne (dry to sweet) Semillon	**Light Foods** chicken, turkey lamb, veal seafoods shellfish	**45-50 degrees or:** refrigerate one to two hours to chill
Dessert Wines Port (sweet) Tawny Port (sweet) White Tokay (sweet) Cream or sweet Sherry Muscatel (sweet)	**All Desserts** sweets, nuts fruit, after coffee	**60-70 degrees**
Sparkling Wines Sparkling Burgundy (red, semisweet to sweet) Sparkling Muscat (sweet) Sparkling Rose (dry to semisweet) Champagnes (gold or pink) (Brut—very dry) (Sec—semidry) (Demi-Sec)	**All Occasions and Foods**	**40-45 degrees or:** refrigerate one to two hours to chill

TO RT RIGHT

PPY

pies that find their t American homes are l reed or kennel bred. r tail-waggers procured ighborhood litter, an loption center, or a p ad. But before your a s you into bringing h new "member of the ry to get some back- formation.

s that fluffy pup? A st be able to eat from efore you take him s nother. The ideal time e's around six weeks t eight or ten weeks of p py may have started l habits of which you p ove. Retraining's not t f you're prepared to a little time and gentle s o the project.

: puppy used to eating? rst few days, it's bet- ntinue the diet the i ccustomed to, rather a e any abrupt changes. t pup is used to you s new home, you can s diet.

two schools of thought g. One advocates four a ay for a six-weeks-old meal around each r altime and one meal t e The other school of t nd the one currently e by most veterinar- self-feeding program o mercial puppy food. the easiest, surest ake sure puppy gets h amounts of the right og food companies a nced the food to the r portions and strangely hat little puppy that now enough to make elief trips outside, e ough to eat as much d for him. Just keep h lled with puppy food 'l eat when he's hungry.

pup checked for worms. y ercent of all puppies d ndworms, a parasite n e transmitted to pups b th. Be sure to make o tment with your vet- a and if he finds your s orms, make arrange- r de-worming. This eans the puppy will a lay at the clinic and s nd from three dollars t s necessary service.

Find out your vet's policy on shots on your first visit. Every dog should have distemper and rabies shots, usually the distemper ones at three months of age, and the rabies shots when he's six months old.

Invest in a can of flea spray. Dogs needn't be dirty to have fleas. Your puppy can pick them up from other dogs, so spray him when you bring him home and after "field" trips.

Make your puppy comfortable. The first night may be trying . . . for everyone! You can make it easier by providing the puppy with something fuzzy to sleep with. Or try a hot water bottle or an alarm clock. So what if your puppy doesn't happen to have a pedigree? By nightfall, he's become part of the family, hasn't he? ■

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Beauty is more than skin deep with La-Z-Boy.® To make your Reclina-Rocker® the quality chair that it is, we've had to design and fabricate many distinctive components . . . and we've had to protect them under patent law. We don't think you'll blame us for being selfish about such things. Actually, being copied is a great compliment. Even though we like compliments, we love being unrivaled much better. A perfect example of La-Z-Boy's® more than skin deep beauty is the torsion spring clip. We manufacture them ourselves, and we put five in every chair we build. They account for La-Z-Boy's® unmistakable luxurious ease of relaxation. Who knows? Maybe some day we'll actually figure out a way to float on a cloud. But, in the meantime, we've taken the annoying jounce and creak out of reclining...made it the next best thing to floating on a cloud.

Kitchen waxes aren't safe for wood floors

The main ingredient in your kitchen floor wax is water. This is fine for kitchen floors. But you know what water does to wood: it warps, ruins the grain, dulls the finish.

Paste wax, on the other hand, is slow to apply and requires extra work to buff. What else is there?

The best way of all: One-Step Wood Floor Care by Armstrong. We made it as easy to use as kitchen floor wax. But we made it especially for wood; not a drop of water in it.

We put in a good *cleaner*, and a real tough *wax* that leaves the wood shiny and well protected.

And you never have to break your back buffing.

It won't hurt to try it.

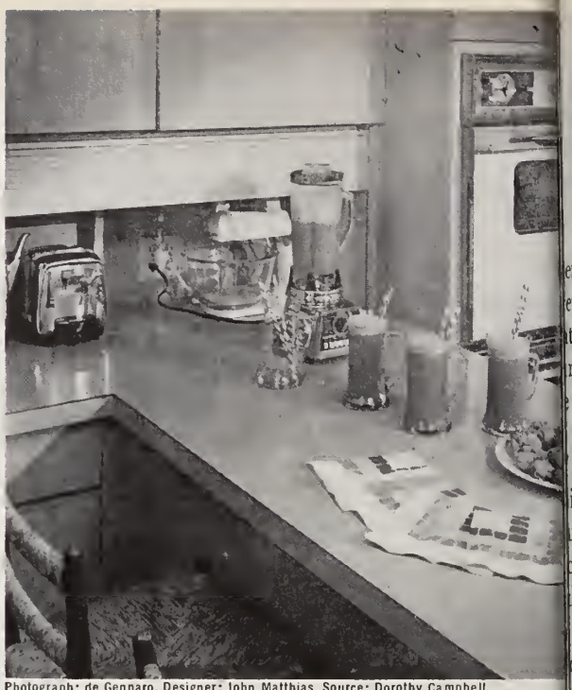


ONE-STEP
WOOD
FLOOR CARE

Created by the maker of
Armstrong FLOORS
AND FLOOR-CARE PRODUCTS

SMALL APPLIANCES RIGHT WHERE YOU NEED THEM

This smart homeowner keeps small electrics connected—and right on the counter ready for use. Peninsula combines breakfast bar (on this side); baking center on the other—near oven, where mixing supplies are below the counter. You can easily use electric mixer or blender from either side. Make tambour doors, like this 48-inch-wide one covering appliance pocket, with thin strips of wood such as screen molding. Glue strips to heavy canvas backing for flexibility; finish with paint or stain.



Photograph: de Gennaro. Designer: John Matthias. Source: Dorothy Campbell

For mealtime service, these appliances are within arm's reach of the family table, and near the sink, too. Plan to have two to four electrical outlets nearby, also. Other storage makes space for cereals, condiments, napkins. An adjustable shelf unit like this is readily available from any cabinet supplier. You can use a standard, 30-inch-tall, wall-type unit, 12 to 14 inches deep. Invert cabinet so pull is at the top. Attach ½-inch filler above and set on a 4-inch base.



Photograph: Braun. Designer: Janean. Source: Helen Heitkamp

Small appliance and cooking centers join forces with a breakfast bar for this working island under a ventilator hood. Two slide-out shelves below a utensil drawer make appliances and pans easy to reach. Shelves, edged on three sides, keep appliances from sliding off. Outlets on a 20-ampere runway strip are surface-mounted just below the counter. In the background, near dining room door, the walk-in pantry holds food supplies on one side, formal dishes on the other.



Photograph: Burgess. Designer: Severs and van Engen. Source: Lorraine Burgess

The trouble with most dishwashers is that they're designed to wash dishes.

en it comes to pots, most dishwashers
etty much of a washout.
t's because they have water speeds of
round 3 to 5 lbs. per square inch.
Potscrubber (Whirlpool's successor
dishwasher) has a water speed of
lbs. per square inch.
ich makes it more than a match for
ibbiest pot.
n't expect miracles, though. If you
he pot roast to a crisp, you may have
a little elbow grease.)
ther thing wrong with average dish-
rs is that they have one water speed and one water speed only. Which means they don't treat your heirloom china and delicate stemware with much more affection than your dirty dishes.



Well, the Potscrubber now has a second, gentler water speed. So you never have to worry about your finest crystal pieces coming out in pieces.

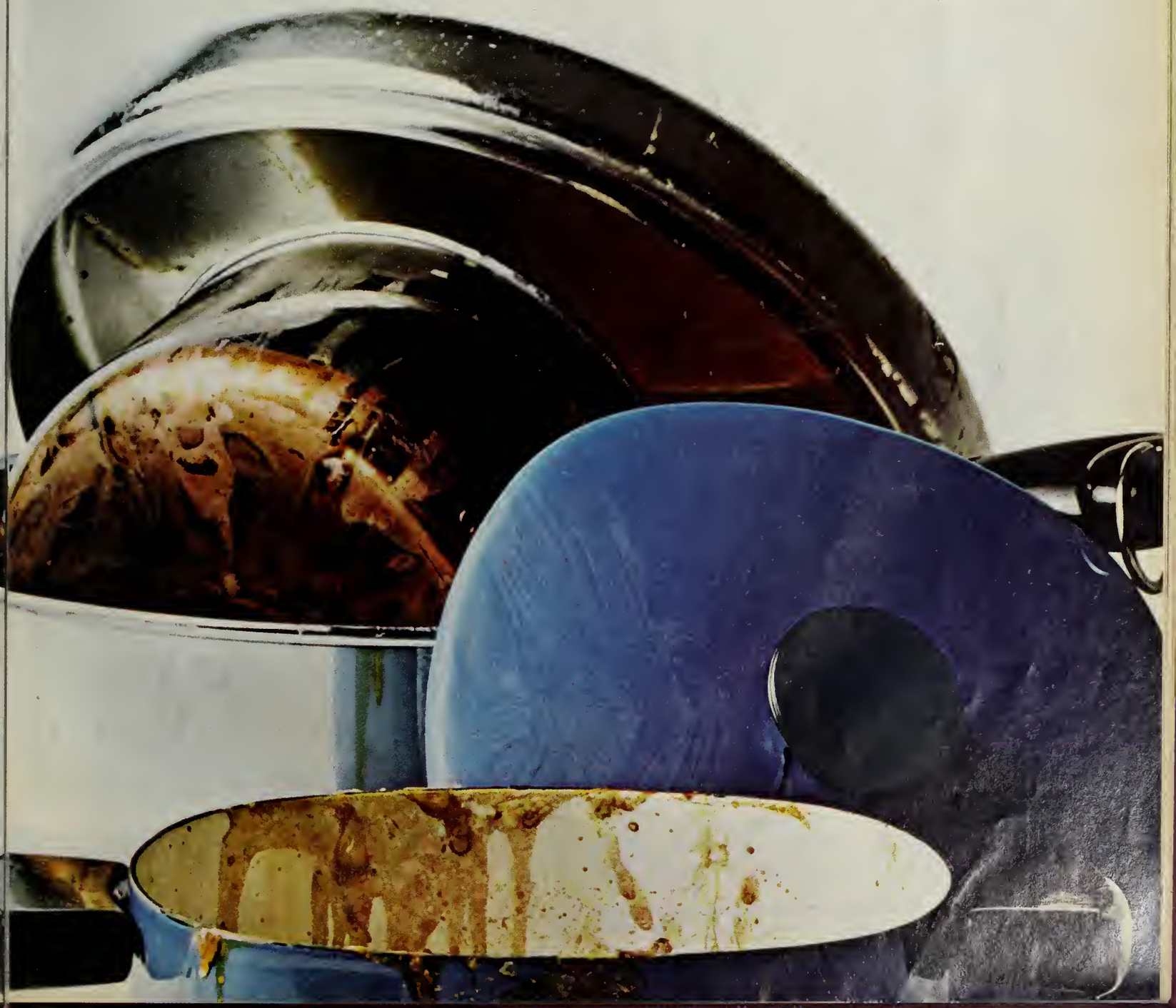
Of course, our Potscrubber also has a lot of other important features that we just don't have room to talk about now. Your local Whirlpool dealer can give you a complete rundown on all of them.

Just walk in and tell him you want to see the Potscrubber.

And then be prepared for him to talk your ear off.

ey don't have a water speed strong enough for pots. Or a separate gentle speed for delicate crystal.

Whirlpool
The two-speed Potscrubber





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HOW TO MAKE CLOTHES CARE MORE CONVENIENT

Looking for ways to make your laundry more efficient? He are ingenious ideas you can adapt to your present space include in your plans for a new clothes care center.



Photograph: Bill Hopkins

Two-compartment clothes bin, bottom-hinged, fits in storag wall. Clothes chute from upstairs bath drops down right hand side of two-door storage above bin. Wall outlet serve iron while board is in use. Ironing board, iron, and clothin to be pressed store in adjacent closet (left).



Photograph: de Gennaro. Designer: Ray McCoy. Source: Pauline Graves

In a narrow space, shallow storage like this provides handy set-down space for folded laundry. This 12-inch-deep-unit serves to conceal dryer vent—the flexible hose is suspended just below the top. Perforated hardboard retainer forms a bin to hold soiled items awaiting washing.



Photographs: Suter, Hedrich-Blessing. Source: Ruth Lee

Vat once was an ordinary closet is now a drip-dry room h heater installed behind back wall grille. Boots go on tal pan to dry. A drip-pan need not be in a closet. Your al metalsmith can make one sized to fit space in your ne. High/low rods hold all types and sizes of garments.



ou can get wire baskets like these from some cabinet spe-lists, or convert a shopping cart. These slide out on rab-ted hardwood runs and are sized to fit 18-inch-wide open-gs. Perforated metal panels in door provide ventilation. ounters serve both folding and sorting.

Your husband could dance with you for 11 minutes on the energy he'd get from 49 raisins

(Think what would happen if he never stopped eating them)

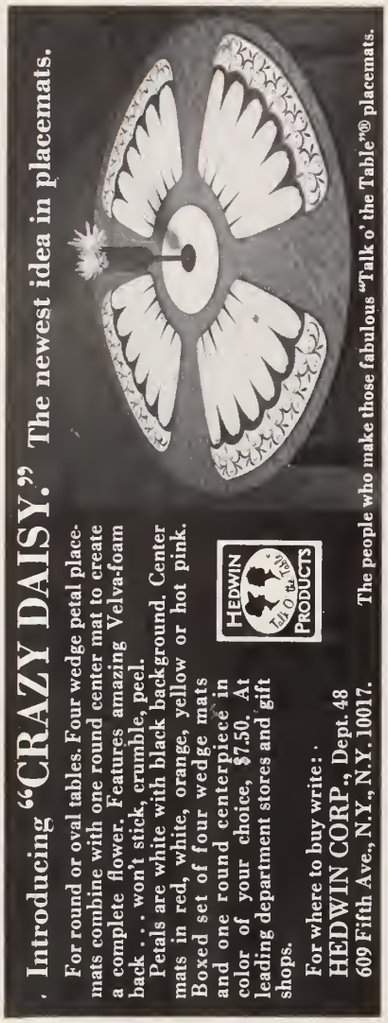
And he probably won't want to stop since Raisins are so full of sweet natural energy. Keep a package of Raisins in your kitchen cupboard and give him a handful next time you feel like dancing.

If you would like some free, taste-surprising recipes—write the California Raisin Advisory Board, 2240 N. Angus, Fresno, California 93703.

CALIFORNIA RAISIN ADVISORY BOARD

Buying Guide

For your convenience, we list names and addresses of manufacturers of most of the products pictured in each month's issue. This month, see page 158 for this shopping information.





REXAIR INCORPORATED
1046 Buhl Bldg., Detroit, Mich. 48226

If you are interested in distributing the exclusive Rainbow, some areas are available. Write for details.

MAKE ROOM FOR DINING



Photographs: Bill Hedrich, Hedrich-Blessing. Architect: Peter Gray Scott. Source: Barbara East Cath

Can a contemporary dining room addition restore old-time elegance to family mealtimes? You bet it can! If you're in doubt, look at this one.

Exposed beams, sliding glass doors, and clerestory windows give the addition a smart, modern look; redwood walls, Douglas fir roof decking, and parqueted rosewood flooring create a warm, traditional feeling.

Above: The clerestories make the roof appear almost to float, let in lots of light without sacrificing privacy. The large window in the corner is shielded from adjoining property by an extension of the wall.

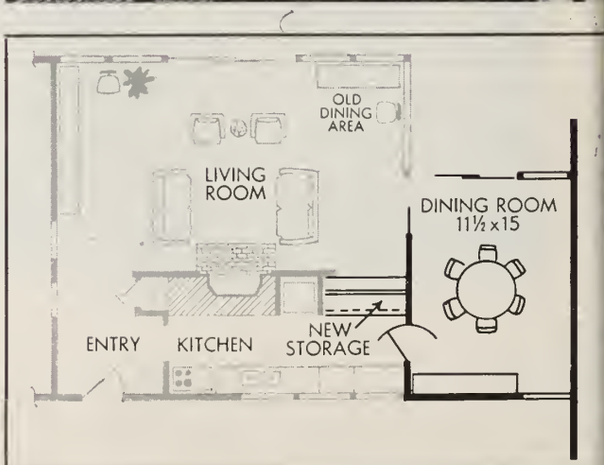
Storage and service space are provided by a wall-hung buffet that extends to the kitchen door. The top of the buffet is laminated plastic.

Right: Sliding glass doors open onto a brick terrace; the door at left leads to the living room. The dining room can easily absorb guests from a formal party in the living room or a barbecue on the terrace.

Plan: In pre-addition days, the dining room fought a losing battle for space with the living room, and the kitchen suffered storage problems. When the dining room was added, the living room could spread out, and the kitchen acquired another six feet of storage.

For extra privacy, the exterior wall at far right extends six feet beyond either end of the addition.







The owner of this air-conditioned home is putting 6″ of Owens-Corning Fiberglas Insulation in the ceilings and 3″ in the walls. And it can save him a bundle.

l robably be able to install smaller, less i air-conditioning equipment — saving h s the cost of insulation. You can do the h g, whether you're building a new home r ving the one you now live in. And, the r ulation can reduce your heating and cooling bills by up to $58* a year, as an added return on your investment.

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See your builder and say "6&3 Owens-Corning Fiberglas Insulation." He'll know. Or go to your building material dealer tomorrow. He'll estimate how much 6&3 can trim your air conditioning and heating costs.

*Write for full test information. Owens-Corning Fiberglas, Toledo, Ohio.

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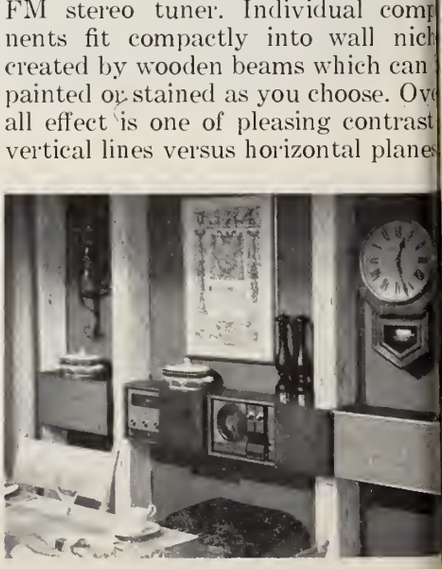
ENTERTAINING WALLS

Right: Fill an idle wall with built-in entertainment for the entire family. This AM/FM stereo radio and stereo phonograph is wall-mounted on a sturdy metal bracket. Hinged extension speakers swing out when unit is in use, or fold flat against the cabinet. A few records can be stored in the drop front compartment and the bulk filed in a storage cube with matching finish which fits below the entertainment unit and doubles as an extra table.



Photographs: Hopkins.

Below: Open bookshelves provide made-to-order setting for this A FM/FM stereo radio, stereo tape corder, and stereo phonograph. Shel can be custom built or assembled w modular units. Place master unit o low shelf or wall mount, as shown, added stability. Surrounding shel hold speakers, records, books, and sorted art objects. This arrangem keeps stereo equipment beyond reach of inquisitive children.



Below: Why not let your home ente tainment center spark a distinctive w treatment? This one was plann around a stereo tape recorder and A FM stereo tuner. Individual comp nents fit compactly into wall nich created by wooden beams which can painted or stained as you choose. Ov all effect is one of pleasing contrast vertical lines versus horizontal plane

WIN MONEY FOR YOUR RECIPES

STUFFING STANDOUTS

S, YOU COULD be a prize-winner! Next November, we ght be featuring *your* favorite stuffing for poultry or meat. e Cook-of-the-Month receives $50 and two Runners-up eive $25 each. Twelve Honor Roll winners get $10 each. ected winning recipes will be pictured on the Prize Tested ipes page next November. All 15 winners receive a framed ter Homes and Gardens Certificate of Endorsement and copies of the endorsed recipe.

Hints to Help You

ffing Standouts:

our stuffing recipe a classic age, giblet, raisin, or chest- —with a new twist? The ning idea might be a special t or vegetable combo. Do t begin with French bread, , corn bread, potatoes, or kaged stuffing mix? You ght use crab meat, shrimp, ysters to make it extra ele- t. Perhaps nut meats or bs make the difference. Is ur favorite a stuffing for ultry, or one to complement f, pork, veal, or ham? Re- mber those casserole-baked ffings, too.

To Start You Thinking:

apple-stuffed crown roast of pork
holiday mincemeat stuffing
duckling with tangy orange-mint dressing
celery-rice stuffed breast of veal
herbed oyster dressing
kraut-potato stuffed goose
flank steak with corn stuffing
blue cheese-mushroom stuffed pork chops
turkey with sausage stuffing
sesame-rice dressing for Cornish game hens
three-fruit stuffed ham rolls
chicken and Brazil nut dressing

THIS MONTH'S WINNERS

(*See recipes on pages 122 and 124*)

Cook-of-the Month

Marilyn Hardin, Houston, Tex.

Runners-up

Mrs. Richard A. Bernard, Highland, Ind.
Mrs. Frank Stepanek, Cedar Rapids, Iowa

Honor Roll

Mrs. Sydney Bogg, Huntington Woods, Mich.
Mrs. Stan Dean, Orlando, Fla.
Mrs. William Greeno, Livermore, Calif.
Mrs. Wendie Hunter, Medway, Mass.
Mrs. James E. Kreinest, K. I. Sawyer Air Force Base, Mich.
Mrs. Tom Meiklejohn, Jr., Fond du Lac, Wis.
Mrs. Donald H. Murphy, Cuthbert, Ga.
Mrs. Nancy Porter, San Francisco, Calif.
Nan Shannon, Ormond Beach, Fla.
Mrs. Ray Tiger, Rodeo, Calif.
Mrs. C. V. Tingey, Port Alberni, British Columbia, Can.
Mrs. Gilbert Zeets, Maple City, Mich.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and mark t "November Stuffing Standouts."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of Better Homes and Gardens.
7. Entries must be postmarked by midnight, April 30. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6104 Test Kitchen, Better Homes and Gardens, Des Moines, Iowa 50303

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The price is right! Nowhere else can you get what MF puts into this tractor for under $550. (And that includes a 34 inch mower.) With the MF 7, you'll cut a half acre of lawn in just 30 minutes. Attachments are available to do such jobs as hauling, fertilizing, rolling, aerating or sweeping. For winter, either the snow blower or dozer blade can end your shoveling headaches . . . and backaches.





The MF 7 is built to the standards o Massey-Ferguson's farm tractors. I weighs a hefty 420 lbs; has three for ward speeds (up to 6 mph) and reverse Easy-pull recoil start is standard. Electric start available as a factory option.

If you want or need higher horsepower check out both the MF 10 and MF 12 at your dealer. More than 30 easy-to-use attachments make lawn and garden time a fun activity.

*Manufacturer's suggested retail price is $545.00 F.O.B. Algoma, Wisc.

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TIETON.....Jim's Garage
WATERVILLE.....Waterville Grange Supply
WENATCHEE.....Tilly Equipment Inc.
YAKIMA.....Turner Implement Co.



GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

Scent of spring. During the next few weeks, there will be so much fragrance in the air that it will be next to impossible to single out the shrub, tree, bulb, or vine that is responsible for it. It might even be the scent of new-mown grass or newly turned soil or compost.

Here in the West the sweet smell of garden success can be enjoyed practically the year round. Spicy and pungent plants are always good for conversation, as well as practical enjoyment.

Wintersweet (*Chimonanthus praecox*) is one of the earliest shrubs to bloom, usually in February or March, and the blossoms are sweet as honey. Plant it near the doorway to greet you on a winter day. *Viburnum carlesii* blooms in early April. Plant it close to a wall or fence if space is limited for it adapts well to training and pruning. *V. fragrans* is another of the snowball family that produces sweet-smelling flowers of pale pink. Expect this fragrance in late April or May.

The shrubby *Lonicera fragrantissima* is an inexpensive shrub that will fill a corner with fragrance when in bloom. And, in areas where the winter temperatures do not drop below 24 degrees, try the exotic giant Burmese honeysuckle (*L. hildebrandtiana*) with tubular blooms six to seven inches long.

Daphnes and lilacs are right for the fragrant garden—especially in the Pacific Northwest. Mexican orange (*Choisya ternata*) will fill the air with pleasant fragrance. This shrub is hardy along the coast as far north as the Puget Sound. Skimmia, with its clusters of tiny white flowers, is another in this class. The blooms appear in April and May. This shrub likes partial shade.

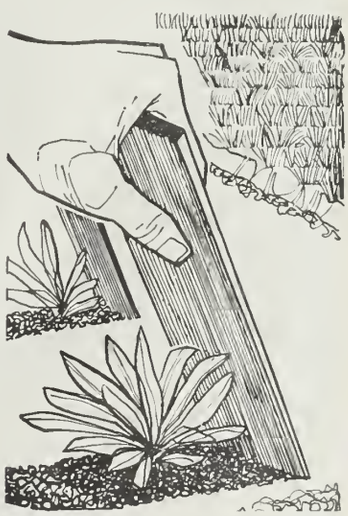
Not all roses are sweet scented for the breeders lost fragrance in the race for size, form, and color, but there are many roses, such as the exciting new Nancy Reagan (an orange-pink hybrid tea), that can be grown for both beauty and perfume.

The choice of flowers also includes lilies and the candelabra primroses. Group lilies to the back of the border where their roots are shaded. Plant the tall primulas in light shade. If you want to feature some of the old-fashioned favorites, use wallflowers. These and spice pinks do nicely in the border or rock garden. Use garden phlox for summer color.

Add some pungent odors by setting out herbs—rosemary, sage, and lavender. Rosemary is especially useful for covering retaining walls. Eventually it will drape down gracefully for five feet or more.

Set out bedding plants. If you want lots of show color in the garden all summer and fall, annuals bring you the most return for your money. All garden centers handle a wide selection of annual plants by the flat. Following are the top 14 tried-and-true favorites: zinnia, marigold, petunia, annual phlox, snapdragon, bachelor-buttons, dianthus, gypsophila, aster, cockscomb, cosmos, gaillardia, impatiens, and nicotiana.

By setting out young plants from flats or trays, you save at least eight weeks' growing time over beginning the project from seed.



Help newly transplanted annuals get off to a fast start by shading them for the first ten days. This helps them overcome transplanting shock. A shingle jabbed into the soil at

Continued on page B3



Pardon me, Ma'm, but half of your gas air conditioning is showing.

Lucky you. What you thought was only a gas forced air furnace, could actually be half of a complete air conditioning system. Chances are you could add a gas cooling unit to your existing heating system.

Gas Air Conditioning has no major moving parts in the cooling/heating cycle, so maintenance costs are low. And it lasts so long it can be included in your home mortgage.

If you've always wanted the cool comfort of an air conditioned home, take another peek at your furnace. You might be half way there. And *now's* the time to add a gas cooling unit, before the hot weather sets in.

For all the cool facts on gas air conditioning, write PG&E, Room 434, 245 Market Street San Francisco, 94106.

PG and E
Pacific Gas and Electric Company

angle on the south side of n plant furnishes perfect tection from the hot sun.

Newly planted annuals seem ossess special delicacy as far snails and slugs are con- ned. These pests are active inly at night and a bed of nts unprotected by snail pel- can be chewed right to the und overnight. Scatter the lets by broadcasting them r the bed rather than plac- them in piles. There is less elihood of poisoning children pets this way. Put out fresh lets about every ten days il the pests are eliminated.

w-growing rhododendrons. In ent years a new group of w-growing rhododendrons has en found to be especially use- . They complement the long, v lines of the modern house d also offer year-round inter- and beauty. Because they n't get too tall, they are also e for planter boxes. They re- ire a minimum amount of keep if planted in humus- len soil with good drainage.

These rhododendrons are great in rock gardens which are so popular in the Pacific Northwest. They range from a maximum of four feet in height down to six inches. There are about 25 true dwarf species and perhaps 50 top-flight hybrids available in nurseries of specialists. The species and hybrids belong in the *Rhododendron williamsianum* clan and are small leaved with flowers usually of pinkish tones. When planted in drifts, they give the best effects. Especially good for rock garden purposes are the purplish blue species sold as *R. impeditum* and *R. fastigiatum*.

One of the best April-blooming rhododendrons is the one known as Carmen. The waxy red bells of the blooms offer rich contrast to the cushions of dark green leaves. Hummingbird is a good red for May blooms. Bric-a-brac is an excellent white. The parade of bloom winds up in late June in the deep red tones of either Redcap or Arthur Osborn.

One of the "musts" for any rhododendron fancier is the low-growing one known as Bow Bells. It has appealing round foliage and bell-shaped pink flowers which start in early April and continue for six weeks or more. There are fine specimens planted at the entrance to the Strybing Arboretum offices in Golden Gate Park in San Francisco.

Azaleas spell out spring. Everyone agrees that azaleas are beautiful and belong in every Western garden. There are Belgian indicas, Kurumes, and a great number of deciduous types, as well as some heavily advertised sun-tolerant varieties. Regardless of arguments as to how much shade azaleas require and how much sun various types will tolerate, all growers agree that they need an acid soil and that their growth is definitely stimulated by proper feeding.

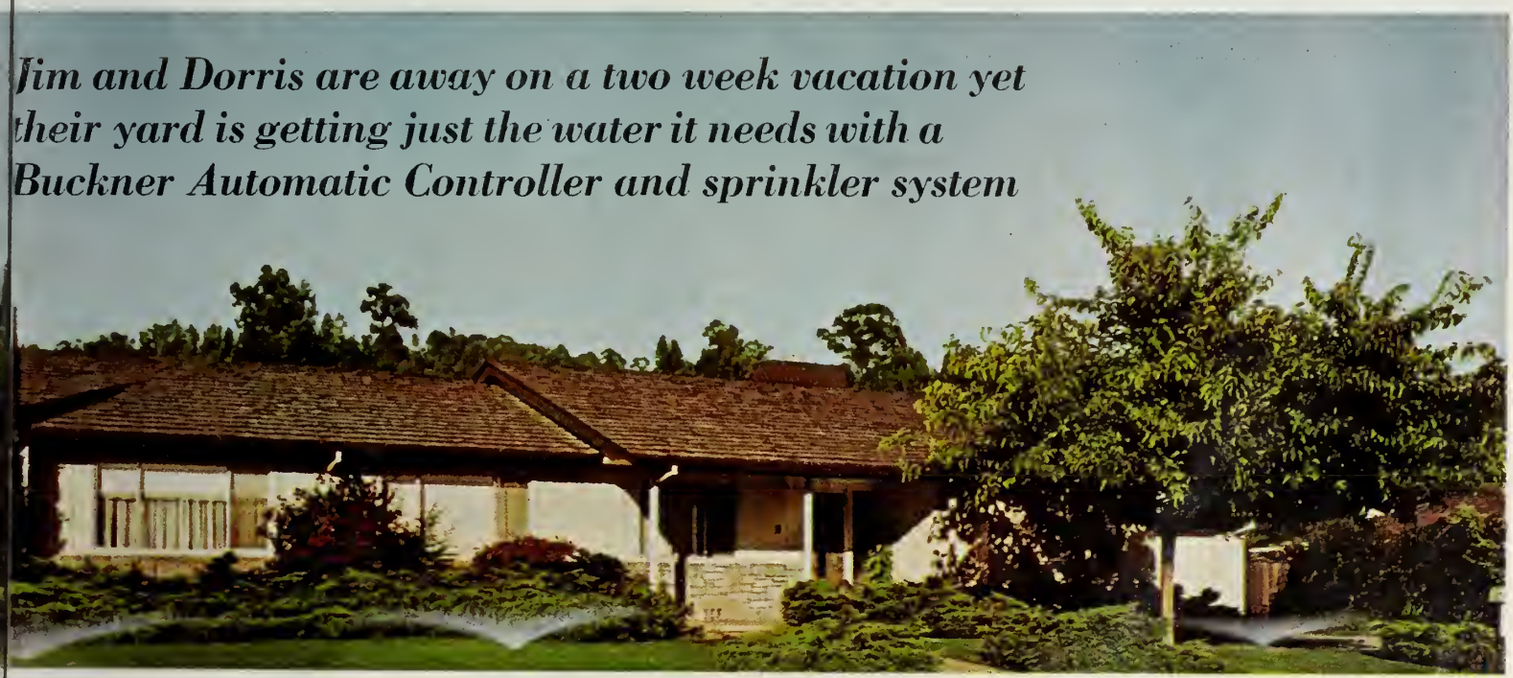
The trend these days is toward raising azaleas in soil heavily laced with fir bark or compost. The various bark products have replaced peat moss. Medium-ground bark seems to provide the necessary acid content as well as an open planting medium that permits easy penetration of air and water to the roots.



Most of the fertilizer companies offer specialty azalea-

Continued

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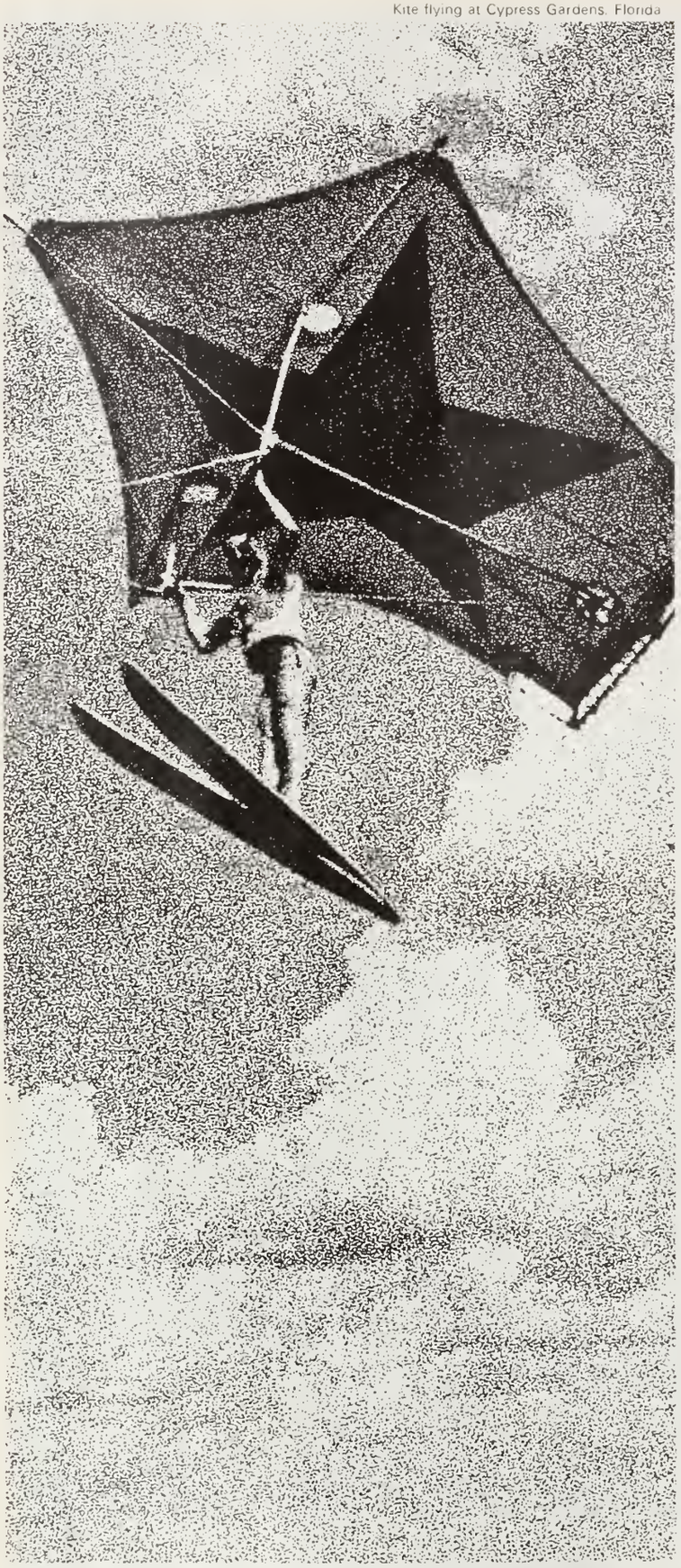
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GARDENING THIS MONTH

Continued

camellia-rhododendron plant foods. This means they are blended with an eye to meeting the needs of these acid-loving plants. Some of the plant foods even contain chelates, and these minor elements are great because they prevent chlorotic foliage which is sickly green with yellowish-white areas. Be sure to keep the plants well watered all through the spring and summer months.

The handsome crape-myrtle. Crape-myrtle (*Lagerstroemia indica*) does well in the inland areas where the summers are long and warm. The beautifully crinkled and fringed blossoms come in a wide range of colors from white through pink, rose, red, and purple to lavender. The shrubby, treelike forms average anywhere from 15 to 30 feet in height. Though slow-growing as a shrub, they eventually develop into proportions of young trees. Landscape architects describe them as having vase-shaped forms with very attractive trunk and branch patterns. The smooth gray or light brown bark peels off to reveal a smooth pinkish inner bark.

These deciduous trees are particularly noteworthy all summer long in such cities as Sacramento, Fresno, Bakersfield, and similar hot-weather spots. In recent years, dwarf forms of crape-myrtle have hit the market. They're available in orchid, pink, and pure white, and average six to nine feet tall. They're sold under the names of Petite Orchid, Petite Pinkie, and Petite Snow.

The plants do best in full sun. Only moderate fertilizing is necessary.



The plants are prone to heavy attacks of mildew. Folpet sprayed on both tops and undersides of leaves is usually an effective control. Spray or dust twice at two-week intervals. If trees are large, use power sprayer.

It's a good idea to prune old specimens during the dormant season in an effort to develop more flowering wood for blooms the following summer. The new dwarf forms need only to have the small twiggy growth removed. It's also a good idea to get rid of faded flower clusters.

Replanting tip. To simplify the removal of overgrown plants from tubs or pots tap the outside of the container with a mallet or hammer. This jars the root ball loose from the sides. Another trick is to run a long, thin knife blade between the ball and the inside wall of the container. Then, turn the container upside down and the plant will slide out easily.

Garden philosophy. Berkeley's Rudy Monosmith, the University of California's State 4-H leader, is an inveterate collector of horticultural poetry. Here's a brief quote which he used at the Community Pride Conference beautification and anti-litter project) at Idyllwild a few weeks ago—it delighted all of us . . . youngsters and oldsters alike!

It matters not what goal you seek
Its secret here reposes.
You've got to dig, from week to week,
To get results from roses!

Love apples. Tomatoes, or love apples as they were once known, need to be better understood. When they first hit the public, some 200 years ago, they were regarded with suspicion. They were believed to be poisonous to humans. But that has all changed now and they have become great favorites, such as Beefsteak and Ponderosa for the backyard garden.

There is nothing quite like the sun-warmed, vine-ripened tomatoes to be picked just 30 feet from the back door.

Set out plants in mid-April in the warmer parts of the West; wait another month in the Pacific Northwest and, especially, east of the Cascades.

Give them the warmest possible site. Full sun is a must. And, equally important, stake them or grow inside wire cylinders to keep the vines and fruit off the ground.

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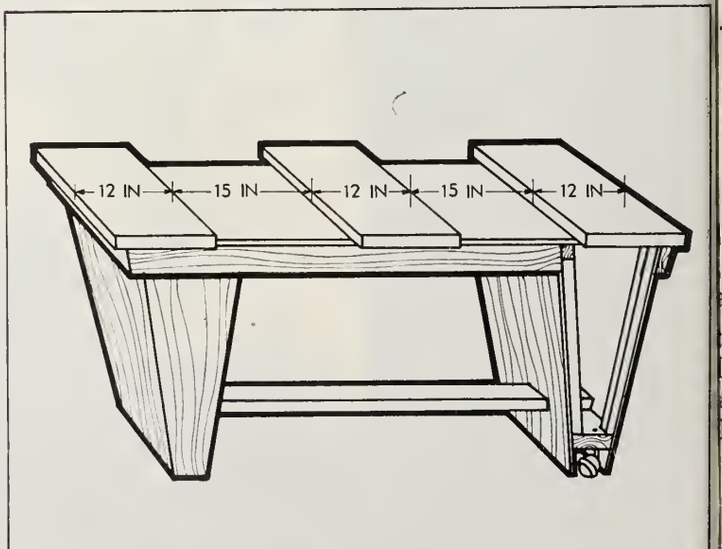
A MOBILE KITCHEN ISLAND

The most versatile work center we've seen is this 5½x2-foo mobile unit that's equally at home in the kitchen, dining family room, or patio. Although designed to take hard use i the kitchen, it's good-looking enough for a party.



Photograph: Gaynor. Designer: Thomas Gist. Source: Louise Price Bell

This island work center combines solid African mahogany and matching plywood, all finished with five coats of liquid plastic to make it virtually stain- and mar-proof. The diagram below shows how you can build a unit similar to this. Top inserts of marble and chopping block material lift out for cleaning, refinishing, replacing. Or, with a set of spares on hand, you can equip unit with two slabs of marble or two chopping blocks. The marble is great for serving, breaking lobster, holding hot dishes, cooling candy, and making pastry. The chopping block is ideal for carving, slicing, and pounding. Both wipe clean with soap and water.





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KITCHEN COMMAND POST

Running a household is serious business. So it follows that the lady of the house needs a quiet corner—preferably in the kitchen—where she can practice her homemaking. To help you open your own "home office," here are four decorative, functional examples.

Right: It's time that do-nothing corner did something. Put it to work as a business center in gaily patterned garb. Build counter (surfaced with plastic laminate) and cabinets to space requirements, and cover drawer and door fronts with matching wallpaper. Install fluorescent tubing below upper cabinets.

Below: Juggling the family checkbook somehow seems less harrowing when you're surrounded by your favorite things. This office features open shelves for display of some choice antiques. Lower cabinets store silverware and china; upper one holds stationery supplies. To duplicate this custom look, combine wall-hung shelves with an unfinished desk and cabinets.



Photographs: Suter, Hedrich-Blessing. Interior Designers: Perrine-Noll Interiors, Inc. Source: Milly Browne
Interior Designer: Simons Pisoni Inc. Source: Lois Rea





Photograph: Edward A. Bourdon, Decorator: William E. Mathers, A.I.D. Source: Helen Greer



Designer: Eugene Levin Associates. Source: Lois Rea

Above: If you have a recess in your kitchen, a short wall, or perhaps an unused closet, you have the makings of a compact home office. Install a shelf and a handy overhead wall cabinet, and you're in business. Distinctive note in this neat little niche: cabinet doors paneled with expanded steel and backed with polished cotton shirred on tiny curtain rods.

Left: A home office should never have an "office-like" look, no matter how essential it is to the business of keeping a household on track. Plan this spot as an attractive adjunct to the overall room. Here the sprightly primrose pattern wallpaper unifies the office area with the rest of the kitchen, and the commodious desk duplicates the kitchen cabinetry.

Lees Civilized Shag is the only shag with a haircut and set.

Before Civilization.



After.



TO ILLUSTRATE: If you dropped your pearls in our long-haired Shag (above left), they're as good as lost. However, in our Civilized Shag (above right), they're a little easier to find.

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If you're looking for something unusual in a carpet, for goodness' sake, get down and get your fingers into our Civilized Shag.

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Wall to wall.

Room to room.

Rrrruff!

LEES CARPETS

FLOOR-STANDING FLOWERS

Try your hand at one of these high and handsome compositions inspired by the new "grand-scale" containers in glass and ceramics (some as high as tables and chairs). This type of arrangment shouldn't be full; line and design count. **Spiked evergreens** and plump hydrangeas are arranged in the traditional Oriental triangle. Gently bend greens into shapes desired, then nestle blooms near the neck of the bottle. The hollow stopper is taped at midpoint and filled with like materials to follow the line of the main arrangement. If bottle neck is narrow, it's wise to arrange the material in hand and wire the stems together to fit the neck of the container.





Traditional roses take on an exciting new look when they're composed in this "windswept" way. You'll need long-stemmed flowers to make this arrangement. Choose the longest and bend the stem carefully almost at a right angle. Then fill in with extra flowers, bending and cutting the stems shorter as you approach the neck of the vase. Smaller accessory vase holds a triangular grouping of roses and extra leaves.



For a dramatic contemporary look, arrange mums, bare branches, and vines in ceramic cylinder vases. Although the tips of branches are on the same level as the chair, the eye is drawn to the flowers arranged near the necks of the vases. For extra elevation, we used a black wood stand and a third base placed horizontally. Note the square stopper laid in the foreground as an accessory.

Below: Classic combination of daisy mums, podocarpus, and a few leaves and vines follows a traditional triangular shape. First arrange the podocarpus, then fill in with mums as the center of interest. Here we used the round stopper as a low accessory container, balanced in a wood bowl and tilted to the right. Trailing vines and leaves from the high arrangement hold the dissimilar elements together. Stoppers of many giant vases are hollow and can be used as companion pieces.

Photographs: Hopkins





OVERING NATIONAL STS

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worn brushes, brushes bi
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or dirty commutator.

When checking brus
for wear, replace them
actly as they were remov
Do not change their positi

Replace brushes if
than ¼ inch long or if
spring has lost its tension



Check the commutator wh
you install new brushes.
dirty or rough, it should
dressed lightly with fi
sandpaper (3/0 or fine
Don't use emery cloth
aluminum oxide paper. If t
commutator shows we
have it turned down by
qualified service man.

After cleaning, wipe cle
using a cloth dampened wi
lacquer thinner.



Shape new brushes to fit t
contour of the commutat
Hold a strip of fine san
paper over the commutat
(rough side out) and stro
the brush over it lightly
couple of times.

If the brushes bind in t
holder, clean the holder
remove dirt and corrosion.
they still bind, sand t
edges of the brushes light
until they move freely.



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grease of the proper typ
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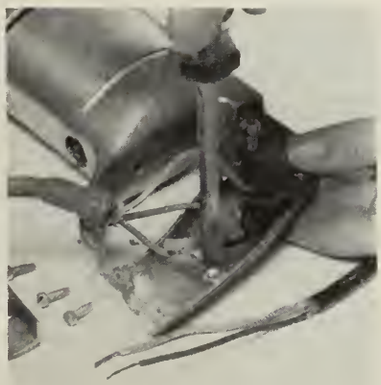
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Put your walls to work

Page 42 (top): Chests of drawers—Founders, Pleasant Garden, N.C. 27313. Hardware—Knape & Vogt, Grand Rapids, Mich. 49505.

Page 42 (bottom): Desk—Jean Risom, 444 Madison, NYC 10022.

Patterned floors—first step to a memorable decorating scheme

Page 58: Rug—Sears, Roebuck, 925 S. Homan, Chicago, Ill. 60607. Table—Kroehler, Naperville, Ill. 60540. Couch—Thayer Coggin, High Point, N.C. 27260. Cylinder floor lamp—Habitat, 336 Third, NYC 10021. Fabric for shade—Charles Bloom, 15 E. 26th, NYC 10010. Commode under mirror—Heritage, High Point, N.C. 27260.

Page 59: Flooring and ceiling—Armstrong, Lancaster, Pa. 17604. Wallpaper and laminated fabric—Kirk-Brummel, 38 E. 57th, NYC 10022. Trim on drapery—Conso, 27 W. 23rd, NYC 10010. Furniture—Baker, Holland, Mich. 49423. Chandelier—Progress, Philadelphia, Pa. 19134. Brass candlesticks—Virginia Metalcrafters, Waynesboro, Va. 22980. Dinnerware—Copeland & Thompson, 206 Fifth, NYC 10010.

Page 60: Rug—James Lees, Bridgeport, Pa. 19405. Wallpaper—Schumacher, 58 W. 40th, NYC 10018. Card table and chairs—Henredon, Morganton, N.C. 28655. Upholstered chair—Heritage, High Point, N.C. 27260. Lamp table by chair—Baker, Holland, Mich. 49423. Hanging light and table lamp—Knob Creek, Morganton, N.C. 28655. Coffeepot—Wedgwood, 24 E. 54th, NYC 10022.

Page 61: Carpet—Cabin Crafts, Dalton, Ga. 30720. Sofa—Simmons, 300 Park, NYC 10022. Pillows—Charles Bloom, 15 E. 26th, NYC 10010. End tables—Drexel, Drexel, N.C. 28619. Lamps—Wilmar, 230 Fifth, NYC, 10001.

Page 62 (top): Flooring—Flintkote, 30 Rockefeller Plaza, NYC 10020. Cocktail and coffee tables—Foster-McDavid, Tampa, Fla. 33600. Chair—Tell City Chair, Tell City, Ind. 47586. Fabric on sofas—David & Dash, Miami, Fla. 33137.

Page 62 (bottom): Wallpaper—Astor Handprint, Jersey City, N.J. 07304. Flooring—Azrock Div., Uvalde, San Antonio, Tex. 78206. Candles on shelf and topiary trees—Tree Time, Newark, N.J. 07108.

Page 63: Tile flooring—Summitville Tiles, Summitville, Ohio, 43962. Lighting fixture—Gre Bros., 1059 Third, NYC 100 Four chairs and table—Fi Reed, Cincinnati, Ohio 452 Fabric on four chairs and w paper—Woodson, 979 Thi NYC 10022. Drapery—Ma Kipp, 3425 W. First, Los geles, Calif. 90004.

Page 65: Sofa—Lakeside, 12 N. Wells, Chicago, Ill. 606 Fabric on black chair (left sofa)—J. H. Thorp, 425 E. 53 NYC 10022. End table (left sofa)—Baker, Holland, Mi 49423.

A new kitchen in exactly the same space

Page 78 (top): Range—Cha bers, Oxford, Miss. 38655. War er drawer—Toastmaster, Elg Ill. 60120. Sink—Elkay, Broa view, Ill. 60155. Light fixture Framburg, 3320 W. Carroll, C cago, Ill. 60624. Pan on range Club Aluminum, La Gran Park, Ill. 60525.

Page 78 (bottom): Flooring Robbins, Tuscumbia, Ala. 3567 Stool—Boyuer-Scott, Nor Wilkesboro, N.C. 28659. Toast —Sunbeam, 5400 W. Roosev Rd., Chicago, Ill. 60650.

Make every inch work in a little kitchen

Page 79 (top): Refrigerator freezer—General Electric, Lou ville, Ky. 40225.

Page 79 (bottom): Eye-lev range—Crown, 4627 W. 12th P Cicero, Ill. 60650. Sink—Elka Broadview, Ill. 60153. Faucet Moen, Bellwood, Ill. 6010 Dishwasher—KitchenAid, Tro Ohio 45373.

Fresh from your oven

Page 84: Sterling dessert fork —"Whit Paisley" by Gorham Providence, R.I. 02907.

Page 85: Dessert fork—"Clas sic" by Gorham, Providence R.I. 02907.

Page 86: Wood and brass tray Kromex, Cleveland, Ohio 44103

Page 89: Dessert fork—"Mor occo" by Gorham, Providence R.I. 02907.

Dinner with a dash

Pages 90-91: Serving fork an soup spoons—"Fairfax" by Gor ham, Providence, R.I. 02907 Icers—Fenton Art Glass, Wil liamstown, W. Va. 26187.

April 1968 meal plan

Page 97 (left): Sterling salad forks—"Fairfax" by Gorham, Providence, R.I. 02907. Bread and butter plates—Centura by Corning, Corning N.Y. 14830.

Page 97 (right): Pink sherbets—

Glass, Bellaire, Ohio

eft top): Cookie pan
anitowoc, Wis. 54220.
spatula—Ekco, 9234
t, Franklin Park, Ill.

ft middle): Blender—
Winsted, Conn. 06098.
left bottom):: Dinner
tura by Corning, Cor-
. 14830.
ight top): Aluminum
-Revere, Rome, N.Y.

ght middle): Skillet—
minum, La Grange
60525.
ight bottom): Cookie
ro, Manitowoc, Wis.

neat standouts
bottom): Sterling din-
s—"Craftsman" by
Newburyport, Mass.

oppers for pan-
d waffles
(bottom left): Plate—
China, Syracuse, N.Y.

pting breakfast
(top left): Coffee serv-
nd saucer—Spode by
& Thompson, Inc. 206
C 10010.

ted recipes
(top): White plates—
by Corning, Corning,
0.
(middle): Sterling pie
nternational, Meriden,
650. Cups and saucers—
n, 2901 Los Feliz, Los
Calif. 90039.
(bottom): Sterling din-
—"Meadowsong" by
Newburyport, Mass.
uice glass—Fostoria,
lle, W. Va. 26041.
(top): Sterling server
—"Fairfax" by Gor-
vidence, R.I. 02907.

pound cake
(bottom): Aluminum
-Wear-Ever, New Ken-
a. 15068.

le salad spree
(bottom left): Salad
mperial, Bellaire, Ohio

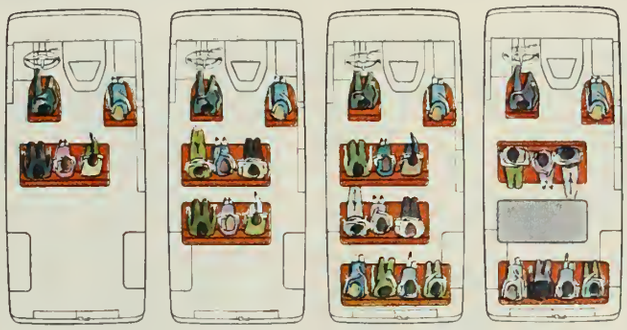
ppliances right
ou need them
(top): Ovens—General
Louisville, Ky. 40225.
-Waring, Winsted,
6098. Mixer—General
Bridgeport, Conn.
oaster—Sunbeam, 5400
evelt Rd., Chicago, Ill.

(middle): Tile on coun-
th, Sausalito, Calif.
oaster and egg cooker
m, 5400 W. Roosevelt
cago, Ill. 60650. Coffee-
Corning Ware by Corn-
rning, N.Y. 14830.
-Waring, Winsted,
098. Hot tray—Salton,
2nd, NYC 10021.
8 (bottom): Range—



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Frigidaire, Dayton, Ohio 45401. Grill and waffle baker—General Electric, Bridgeport, Conn. 06602. Toaster—Toastmaster, Elgin, Ill. 60120.

Entertaining walls
Page 144 (top): AM/FM stereo radio and stereo phonograph—General Electric, Bridgeport, Conn. 06602.
Page 144 (right middle): AM—FM/FM stereo radio, stereo tape recorder, stereo phonograph—Waters Conley, Subsid. of Telex, 645 N. Michigan, Chicago, Ill. 60611.
Page 144 (right bottom): Stereo tape recorder and AM/FM stereo tuner—Wollensak Div., 3M Co., St. Paul, Minn. 55101.

How to showcase a studio bed
Page 170 (bottom): Shelf light—Lightolier, Jersey City, N.J. 07305.

SHUTTERED WINDOWS FOR STYLE AND SERVICE

Have another look at those problem windows and think shutters! Shutter window treatments are hard to beat—and for lots of reasons. They add character and architectural interest to a room, they're inexpensive, and they give you extremely versatile light control. On top of all this, shutters are easy to install. Check out the great-looking windows on this page, then read on for step-by-step instructions on putting up shutters at your house!

Right. The shuttered windows at the end of this hallway repeat the stairway and living room arches, transforming an ordinary window into an integral part of the architectural design. The patterned inserts of perforated hardboard let in plenty of light but insure privacy.

Below. This effective but inexpensive use of shutters gives the whole room more character while keeping a light and open feeling. Adjusting the louvers lets in a little light, or opening the panels lets in a lot. Valances, cut from plywood and then painted, finish off the tops of the windows but don't keep out the light.

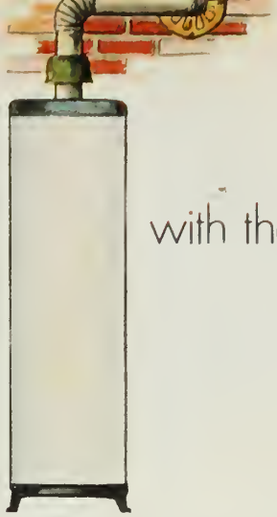
Below right. An ugly, wrong-size window goes out of sight and out of mind with this idea. A frame extending just a few inches from the wall encloses the whole window area. Fabric and solid panel shutters hung in the frame create an interesting and colorful facade.

Continued









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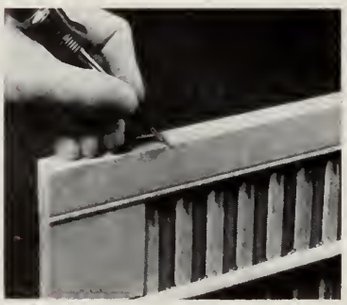
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SHUTTERED WINDOWS—HERE ARE THE EASY STEPS

Continued

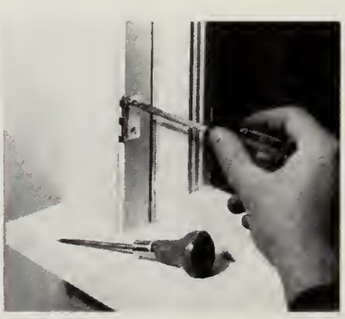




The first step in hanging shutters is to measure the windo... Although you can hang shutters over the window openin... the neatest method is to hang them inside the edges of th... casing. This means that you'll probably have to trim th... shutters a little to fit, so measure the window and buy shu... ters that come the closest to fitting. You can usually trim a... much as ½-inch from each side of a shutter panel and a... much as 2 inches top and bottom. Trim enough from eac... side and each end of the shutter panels so they exactly f... the window opening. After applying the hinges and hangin... there will still be a small excess to plane off the edges whe... the panels meet to give you an exact fit.

Next mortise in the shutter hinges (*above left*). The easies... way is to use a hinge leaf for a template. Draw around it, the... score along the line with a chisel. Now make a series of sha... low cuts, as shown, with the chisel to remove the excess wood... Cut the mortise to the full depth of the closed hinge. Thi... way, you only need mortise one shutter panel of each pair o... both edges for the two hinge sets.

To position the shutters in the window opening, use a shim... like the blade from a combination square, as shown above... Set the shutter panels in place on the shim and mark th... hinge locations on the casing with a knife (*above right*). Whe... strip is removed, panels will have just the right clearance...





The loose pin hinges (*above left*) that come with most pack... age shutter hardware make hanging the panels much easier... Just pull out the pin and mount the hinge leaf at the place you... made your knife mark. Use a sharp awl to make starter holes... for the screws. Be sure to punch the hole in the exact center of... the hinge hole so hinges seat properly.

When you have the shutters hung, you'll probably find that... the center panels overlap slightly (*above right*). To get the... clearance between them uniform from top to bottom, mark... the overlap as shown, then remove the marked panel and... plane away *half* of the excess. Now rehang the panel and... mark the remaining overlap on the *other* panel. Remove the... second panel and plane down to the mark plus a little be... yond, and your shutters will fit perfectly.





al hanging strips (*above left*) that you buy along with shutters simplify the job of hanging shutters over the ow opening. You needn't do any trimming—just buy the ers big enough to overlap the opening. Hinge the panels her, attach the hanging strips, then screw the strips e window casing. Slots in the hinge leaf and hanging let you make minor adjustments for the final fit. A sec- crew anchors the hinge, after adjustment.

Another way to avoid trimming the shutter panels is to n extra wood strip nailed to the face of the window g (*above right*). You just mark the outside dimensions of utter panels on the window casing, then nail a frame all way around. Mark the hinges and hang the shutters just u would for an inside mounting. This way works well if ave inward opening casement windows.

c panels for shutters (*below left*) are a great way to get and pattern into your decor. And you don't have to be of a seamstress to make the panels, either. You just cut abric about twice as wide as the opening in the shutter, both sides, and sew a loop at top and bottom. Slip the that come with the shutters through the loops, then into oles in the shutter frame.

s easy to put solid panels in shutters, too (*below right*). erned hardboard, translucent plastic, or any other fairly



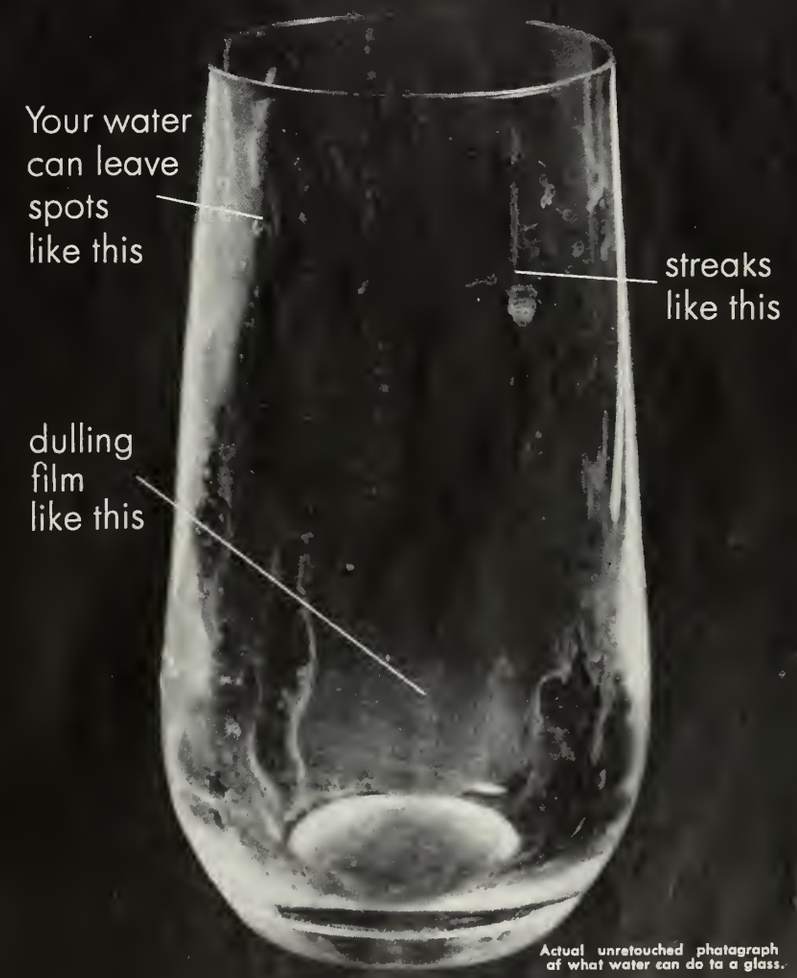


l sheet material can be used. Cut the panels to a snug fit, them in with glaziers points pushed into the frame.

ainting fabric panel-type shutters with a brush is no ble, but there's a little more work involved with lou- d shutters. In either case, be sure to hang your shutters trim them to fit before finishing. Stain is fairly easy to ly to louvered shutters, and you often needn't apply a r finish over it. If you want to top-coat the stain, use y cans of clear lacquer. If you paint louvered shutters, 'll save yourself much tedious work by renting a small yer and spray-painting them. Spray cans work, too, but costly if you paint many panels. Be sure to apply a wash of shellac before painting. Your paint will go farther, you'll get a smoother, more professional-looking job.

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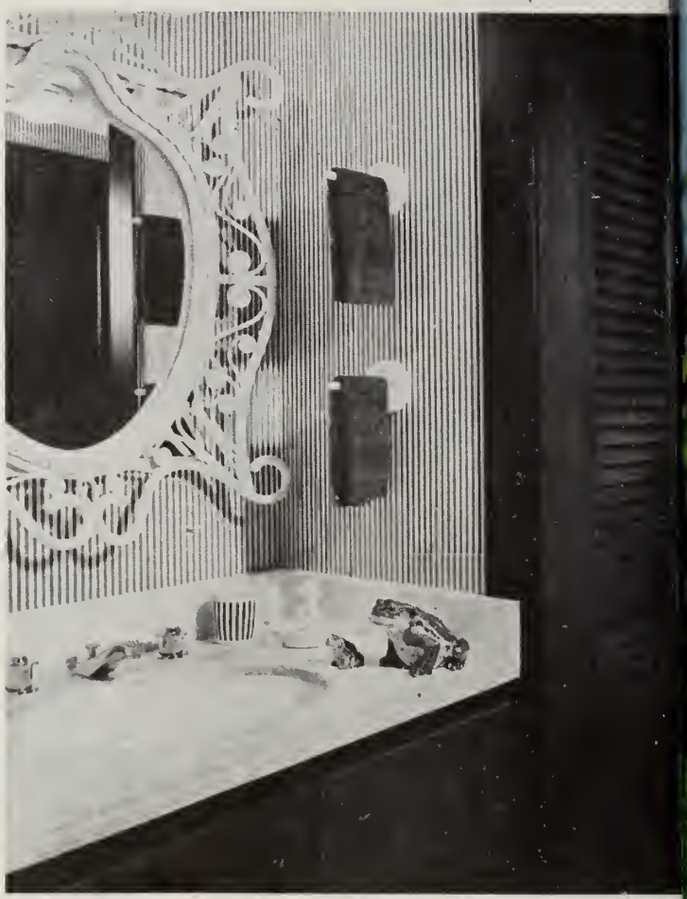
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FIRST STEP TO A REAL MASTER SUITE

There's no denying the value of a master bedroom suite—it's private, personal, a place for quiet conversation or reading. And its cost can be much less than you'd imagine. The secret is to work in stages, gradually customizing your present bedroom. Begin with a vanity lavatory, like one of those shown here. Later, you'll probably want to add an attached bath, and maybe a separate dressing area and closet.

Above: This unit is adjacent to a wardrobe, although it could just as easily stand by itself against a wall where plumbing is accessible. The cabinet below holds soap, fresh towels, shaving supplies, and other toilet needs. You could build it yourself or buy a ready-made type. The top on this one is marble, but any durable, waterproof surface will do. In your planning, be sure to include adequate lighting, a big mirror, and racks where towels can be conveniently hung to dry after they've been used.

Right: Here's a wall-hung vanity lavatory that could span a vacant end of your bedroom. To make it unobtrusive, select finish and materials that will blend in with the room's decor. In this room, cabinets and drawers underneath were painted to match the walls; mar-resistant plastic countertop is the same off-white. Using unpainted cabinets, laminated plastic, and plywood for the top, you could construct the unit yourself, attach it to the wall, and do the necessary finishing work. Then just summon a plumber to hook in the pipes.





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HOW TO SHOWCASE A STUDIO BED



Photograph: Hopki

Vinyl teams with plywood to produce this original headboar for a boy's room. It's practical, too, since finger marks ca be wiped clean with a damp cloth. Use a saber saw to cu irregular shaped headboard. Then cover with vinyl and tac or staple to back of plywood. Finish edges with braid o strips of vinyl in a contrasting color. Secure headboard t studs in the wall. For a coordinated look, you can cover th headboard with matching bedspread fabric.



Photograph: Hedrich-Blessin

A stylish frame can dramatize a simple studio bed. Nail 1x2-inch strips of stained wood to the wall with vertical pieces spaced twelve inches apart. Extend horizontal strips beyond bed frame to simulate a dado. For lean-back comfort, up-holster a section of the wall. Cover foam rubber with vinyl, attach wooden strips, and fasten upholstered pad through all thicknesses into wall. Add a tailored cover, bolsters, throw pillows, and the studio bed can double as a sofa.

HOPPING EDITOR'S CHOICE *By Margaret Vennum Daly*

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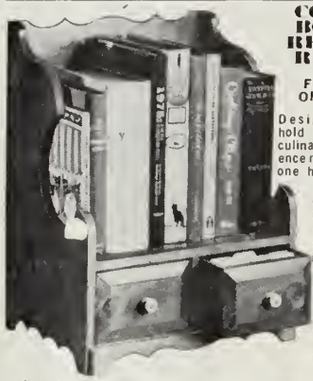
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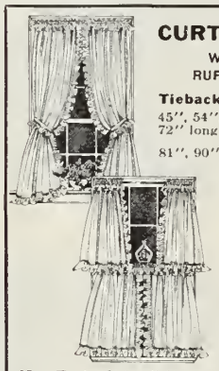
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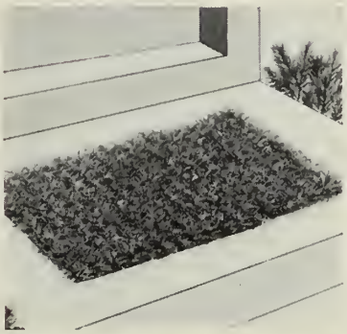
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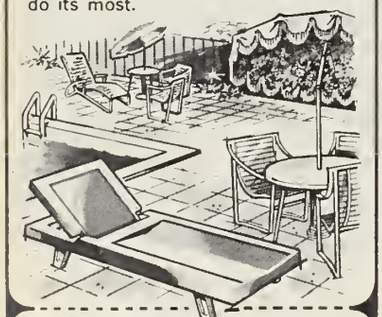
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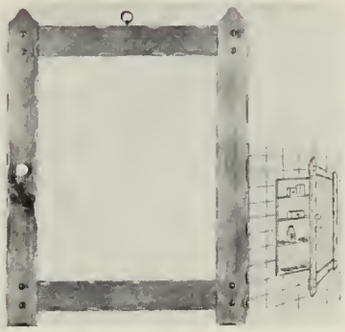
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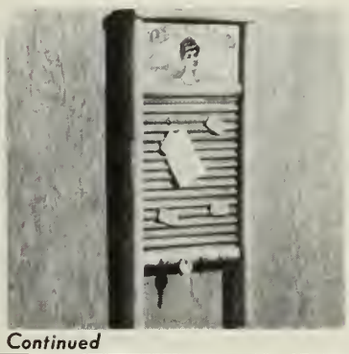
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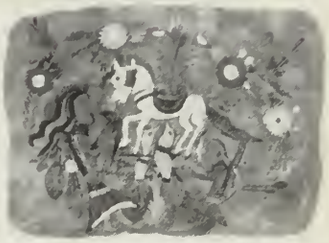
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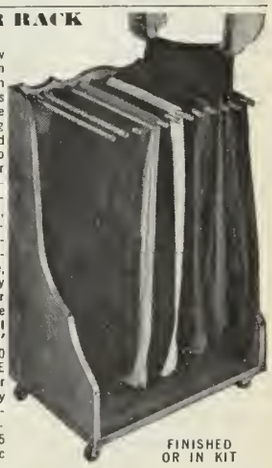
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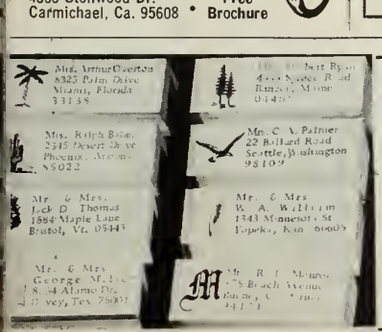
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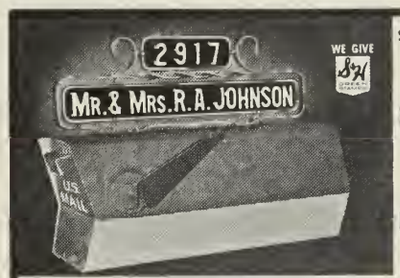
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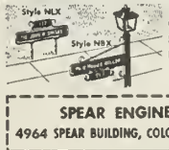
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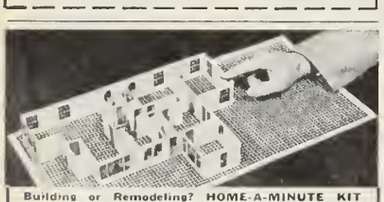
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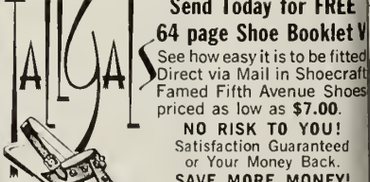


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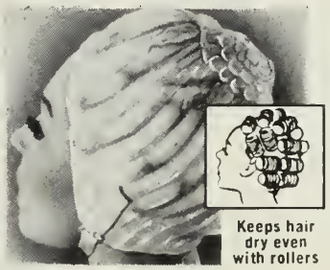


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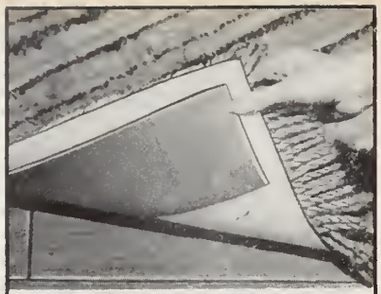
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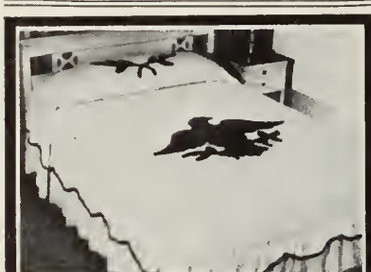
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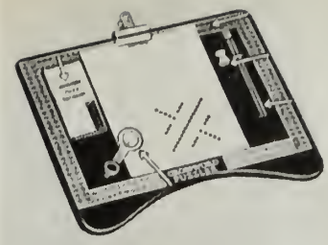
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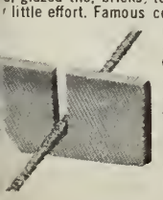
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I am informed that our house will have to be painted this year. Apparently my antique-loving wife feels weatherbeaten charm is for interiors only.

Our sixteen-year-old Rosemary reports that, for some reason, boys seem more attractive in the spring. Her ten-year-old sister, Judy, says, however, that it's "the dumb old dum-dums' dumbest time."

Burt, Jr., who patterns himself after his major league idols, is missing the first baseball practices of the season. It seems his current hero is a holdout.

The new expressway into our city has finally been opened. Now we can get there twice as fast, and take four times as long to find a parking space, of which there are only half as many as before.

I suppose recipes rank below sonnets as a literary form, but a few words left out of a poem won't do nearly as much damage as a single typographical error in a recipe.

It's comforting to have Judy around, telling me about our secure financial future. She has entered contests which guarantee us two million dollars, three trips to Hawaii, and seven automobiles.

Professor Boynton notes that by the time a man really perfects his artistic skills as a dyer of Easter eggs, his children are too old to care.

Early buds may be nipped by a late frost but they rate applause from me and all those who feel life should involve a certain amount of risk-taking.

Uncle Dodd Buckner used to be interested in the "50 Years Ago" items in the local paper, until they stopped being history and started getting personal.

After I put three consecutive golf drives into the lake on the fourth hole, Martin Daly commented cheerfully, "Well, Burt, you've about got that shot perfected."

In Bud's class play, the heroine's father is played by the smallest boy in the grade. Incongruous it may be—but he's the only one with a baritone voice.

Our favorite picnic area of years past is now a shopping center. Chris suggests we go ahead anyway and spread the table cloth in the parking lot. She says now we finally have stores handy to buy the essentials we always seem to forget.

Teen-agers are decorating their rooms with posters. It's odd that signboards are ugly out of doors, but when they're hung inside they're art.

Christine's newest acquisition is a bureau made of distressed pine. I'm not quite sure whether she bought it out of admiration or sympathy.

It's an inspiration to have visitors from Europe. I admire their tactfulness when we point out famous American landmarks, such as our venerable courthouse which dates all the way back to 1903.

April is usually depicted as feminine, perhaps because of the joy she seems to take in raining out golf matches.

The planners for our new grade school have come up with an attractive architectural design, which somehow completely eliminates windows. It looks nice, and I'm not qualified to debate the economy and efficiency of their concept.

Still, I can't help feeling that classrooms need windows.

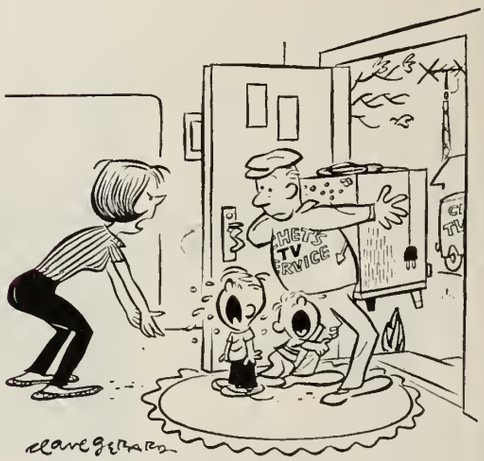
For one thing, I am a connoisseur of school-window art. Around Halloween, I like to drive by a school and see rows of pumpkins and black cats pasted on the panes. Later on, stylized pilgrims and turkeys march across windows, to be followed by Santa and snowmen.

Right now, the school I pass each day features tulips. Nature had small children in mind when tulips were invented. They were made to be cut out of paper.

And anyway, how can a boy in a windowless classroom keep track of what's going on outside? I suppose some educators would say it doesn't matter, that he should be concentrating on a book.

There are dreams in books, of course, but a boy's really important dreaming needs a window. How can a youngster expand his horizon when he can't see one? How can he dream dreams of adventure, creation, and achievement by looking at a wall? I'm afraid he'll concentrate too much on that book—and eventually will build more schoolhouses with no windows.

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Better Homes and Garden

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HOW CAN YOU MAKE THE MOST OF TWO INCOMES IN YOUR FAMILY?

FAMILY MONEY MANAGEMENT®



Peter Lindberg, Editor

Today, one out of every four U.S. families enjoys the economic boost of a dual income—yet far too many fail to make the most of it, and some fritter this added income away as fast as it comes in. To develop the most efficient plan for handling your combined income, spend a few minutes on this guide, which covers the basics from taxes to joint home ownership.

HOW OTHERS HANDLE IT

"It's my money and I like to manage my own share." Mary Nelson, registered nurse.

In this family, the husband and wife have separate bank accounts and budgets. He takes care of basic recurring expenses, such as rent, insurance, food, and utilities. She pays for home entertainment, gifts, savings, her clothes and her own car. Here, the working wife can clearly measure her financial contribution—and she feels independent at the same time.

Besides fulfilling the psychological needs of a working wife, this "separate" plan may work especially well for couples with different objectives. He may yearn for a boat, she for a fur coat—and two savings accounts can be the answer.

In estate planning, especially where an inheritance or windfall is involved, keeping family funds separated may avoid death tax complications. In many an unanticipated divorce, "his and hers" investments, savings, and property have reduced legal controversies over who owned what.

For younger couples, this system has other virtues, too. If the bride works and keeps her salary apart until they start raising a family, the couple learns the art of living on the husband's salary alone. From her income, they could start putting money aside for big-ticket purchases. (And when a wife returns to work for a stated goal—say for college costs or a trip abroad—resolutely setting aside *all* her earnings can be a real advantage.)

Handling income separately, however, has its pitfalls. Overemphasis on what's "mine" or "yours" may generate rivalry—and disagreement. Each tends to think of his or her needs, rather than those of the family as a whole. If Mary Nelson can buy "her" car, then her husband can counter with "his" hunting cabin. Obviously, too, the so-called dutch-treat system won't work if either partner is an impulse buyer, since the other can't serve as a checkrein. One alternative is pooling, as shown below.

"We put our two paychecks into one pot—it's easier to plan ahead." Laura Warren, nutritionist.

In merging resources here, the earnings go into joint checking and savings accounts. All assets, including stocks and bonds, are in both names. The husband often signs checks for such major expenses as the mortgage and taxes; his wife handles cash for groceries and other household overhead.

With this combination system, a couple is committed to a family partnership. Unity is encouraged, competition minimized. In many ways, this plan is a more practical one. Going overboard on credit purchases, for example, can be detected far more easily. And by studying their *combined* income and outgo—as Laura Warren points out—a couple can better plan ahead for home-buying, retirement, and other long-range goals. With separate budgets and accounts, the overall financial picture is often blurred.

Among the drawbacks to pooling is that many wives (and husbands) are reluctant to surrender control of their earnings. One partner may have a dependent parent, which raises a question whether this is a joint obligation. Also, dual ownership of property is relatively difficult to change if any marital discord should ever develop.

Besides the two main dual-income approaches described above, there are other variations used successfully by many families.

"We pool our paychecks in a joint account, but we each hold back $40 a month for anything special we'd like to buy." Martha Abbott, teacher.

Many financial advisers suggest pooling most of both incomes for short-range management, and separating some assets such as cash savings or securities for long-range planning. For instance, if Martha Abbott is saving to send her young brother to college, her $40 set-aside takes care of this without eating into household funds.

THE PROBLEM SPOTS

Whatever way you decide to handle your income, there are some basic money-managing hurdles you'll have to cope with.

- **Home ownership.** Having the deed to your home in both names makes sense in most cases. With dual ownership—legally known as "tenancy by the entirety" or "joint tenancy"—the survivor automatically owns the house, and can sell it quickly if necessary. Joint tenancy may cut estate administration costs, too, since the house then is not a part of the probate estate in many states.

One disadvantage, of course, is that neither husband nor wife can convey the house in a will, since title passes automatically to the survivor. Also, many people believe that dual ownership reduces taxation; actually, if ownership is changed to joint form later, it could *raise* gift taxes. State statutes vary as to community property, survivorship rights, and liability, so check these points closely, or better yet, consult an attorney.

Caution: Don't assume that, with the right of survivorship in a house, you don't need a will. A husband and wife should have separate wills that cover the disposal of *all* assets—especially all jointly held property.

- **Tax returns.** Almost always, a joint income tax return works best in two-paycheck families. Under federal law, "income splitting" by man and wife is permitted, usually giving them sizable tax savings.

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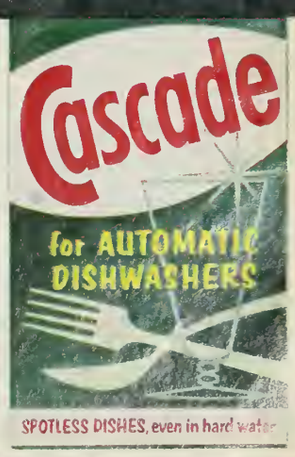
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MONEY MANAGEMENT

Continued

Under this method, both incomes are reported on the same form. Then the combined taxable income is "split" in half, the tax rate applied to one half—and the result doubled. Since the tax rates increase significantly as your taxable income mounts, joint filing often results in lower taxes. To be certain, figure your tax based on separate returns, and compare this with the tax on a joint return.

Sometimes you can make worthwhile savings by filing separately on your state income-tax return and jointly on the federal—especially if you live in a state that doesn't allow income-splitting. In such cases, separate returns may keep you both in a lower bracket.

Income taxes generally are not affected by joint or separate ownership of property. Federal income-splitting applies, regardless of how the property is owned.

● **Bank accounts.** Many couples have joint checking accounts, making the merged family funds readily accessible to either. To make this system work, each *must* keep close watch on the checkbook balance.

If you use two checkbooks, compare tallies on your stubs once a week to prevent overdrawing—or at least set some limits on the amounts you can write. If checks keep bouncing, you're probably better off with two accounts.

Joint checking does tend to put the brakes on frivolous spending. The single monthly bank statement shows exactly where your family stands, and you know clearly how much you can put aside. The account becomes "our money," rather than "yours" and "mine."

A joint account is useful in special situations, too. When the head of the family is away on a business trip, his wife can draw household funds whenever she needs them. If either suddenly becomes very sick, the other can take care of immediate bills. And when there are two or more names on a joint account, in the event of death the survivor (or survivors) can get cash without time-consuming court orders—and with a minimum of red tape.

Some dual-income couples even maintain three checking accounts: one joint; one "his"; one "hers." This makes sense for professional people who separate their income and spending for tax purposes. Unless you have a fairly sizable combined income, though, three accounts are uneconomical. You have to keep three high balances (which don't earn interest) to maintain regular accounts, or face a substantial total charge for "special" accounts.

On the other hand, two separate checking accounts may be wise if you want clear division of income. It's the answer to the working wife who says, "I want to see exactly where my salary goes."

Remember that you can set up a joint savings account earmarked for a specific target like a vacation home. Individual savings accounts also may add saving incentive, but make sure they don't turn into competitive weapons.

One reminder on joint safe-deposit boxes: Renting a safe-deposit box in both names gives you *only* the right of access; ownership of the contents depends on other factors. Stock certificates registered in a husband's name are not regarded as jointly owned merely because they happen to be in the box.

● **Securities.** To create joint ownership, a stock certificate or bond must be registered in both names. For income tax purposes, each spouse can exclude the first $100 in dividends received on stocks. If only the husband or the wife owns securities—so that only *one* $100 dividend exclusion is available—an additional $100 exclusion can be obtained by

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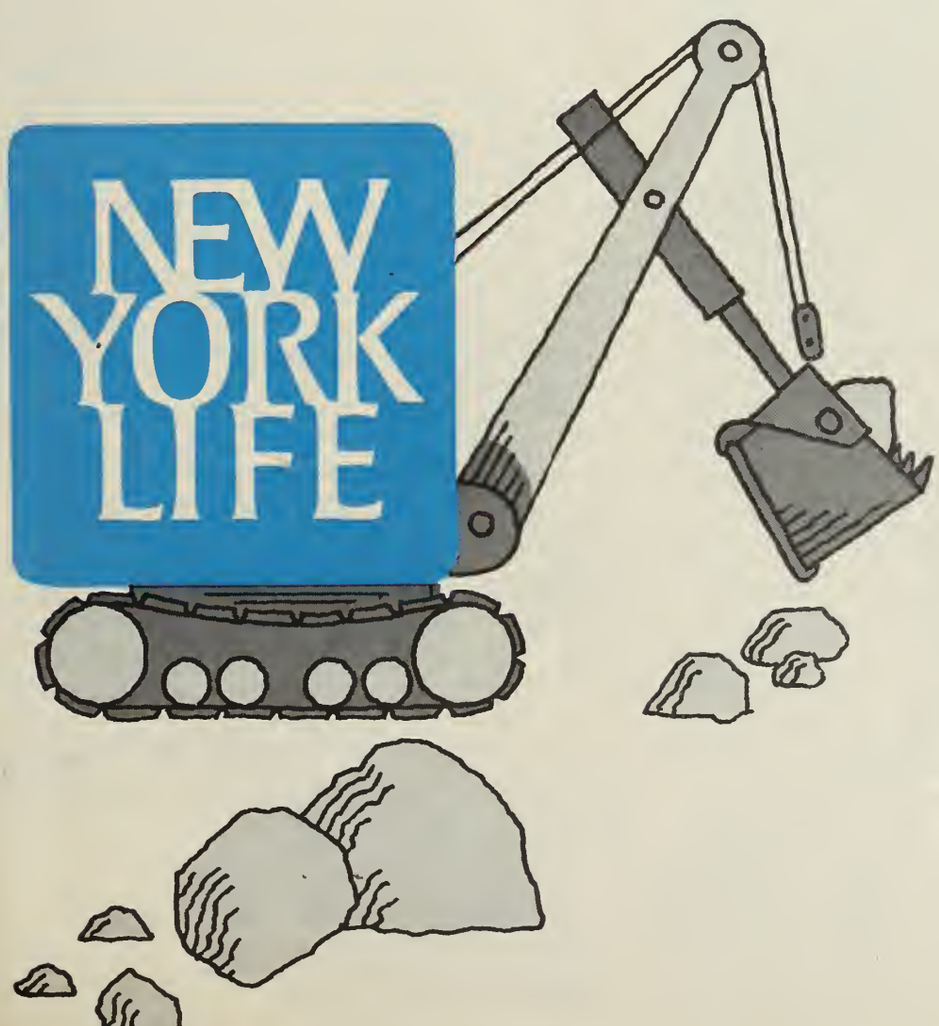
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MONEY MANAGEMENT

Continued

changing a stock that pays dividends over $200 to joint ownership. Otherwise, joint ownership offers no income tax benefit. It generally does not, as some people believe, save estate taxes; once your combined estates exceed, say, $100,000, total death taxes actually may increase substantially.

Various rules—local laws, stock exchange and broker's regulations—govern the legal status of dual-owned securities. Special tax rules also apply to jointly-held U.S. savings bonds; they provide no income tax benefits, and in some situations are a definite disadvantage. Because of this, you should get legal advice before setting up any joint ownership plan.

• **Charge accounts and loans.** Normally, a department store charge account is in one name, most often the wife's. But the husband can use it, and if it falls in arrears, he usually is considered "responsible for maintaining his wife."

Records at credit bureaus are kept on the family as an entity. Obviously, though, when both husband and wife are working, each one's credit habits affect the family standing. Some family finance authorities recommend separate charge accounts for two-income families to pinpoint bill-paying responsibility where necessary.

As for loans, banks may request both signatures as a matter of policy, even though the husband easily meets their credit requirements. When there *is* a question on his credit, a wife with a steady job often can serve as the co-signer. When a wife wants a loan for herself, and she is of child-bearing age, most banks will ask the husband to be a co-signer.

SHAPING YOUR FINANCIAL STRATEGY

No one formula can fit every two-paycheck couple. Study your own family's living patterns, and manage your money to fit them. But as you set up a plan, bear these suggestions in mind.

• **Begin by agreeing on guidelines** and goals. Then set up a practical plan, earmarking specific earnings for spending and for savings. Check the examples at the beginning of this article to see which seems best– pooling your income, or keeping some (or all) of it separate.

• **Stay flexible.** Some couples start out with a "his and hers" arrangement, then combine their resources when children arrive. Or, having tried pooling, they find it more satisfying to keep independent accounts.

• **Be realistic.** Many a bride thinks she can put her entire take-home pay into savings. It seldom works, because her expenses should be deducted, and part of her income may be needed to help establish the household. If you set up a formal budget, allow for some personal discretionary funds to avoid unnecessary friction over spending.

Finally, the person who manages the accounts should't take over so completely that the other feels left out. *Joint decision making* is the key to sound money management, no matter who handles the paper work. ▪

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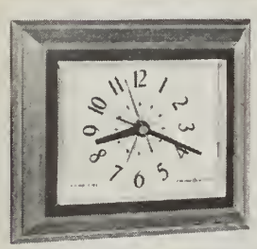
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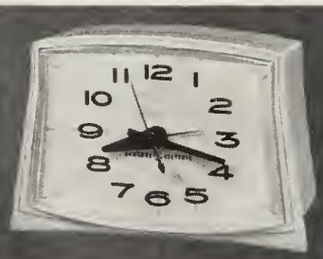
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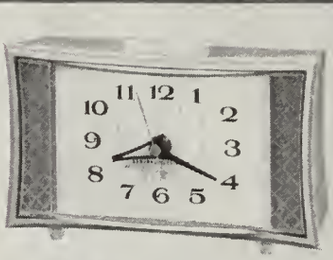
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PAINTING A HOUSE

The most important part of a new paint job is already on your house. Paints are easier to use, nicer looking, and longer lasting than ever before—but they can't outperform the surface they cover. So before you pry the lid off that first can of new paint, get the outside of your house into what the label calls "clean, sound condition."

Start by scraping off any old paint that's cracked, peeling or blistering. Use a stiff putty knife to remove loose flaking sections, and a hook-type scraper for more stubborn stuff. If you have a lot to do, a belt sander will speed up the job or use a sanding disk and an electric drill. Be careful with a disk sander, though, or you'll make circular gouges that will show through the new paint.

If the old paint is badly cracked or "alligatored," use a prepared paint remover to get it off. The easiest and safest type is a water-wash, nonflammable, semi-paste remover. Slap it on with a brush—the thicker the better—let it soak for 10 or 15 minutes, then scrub with steel wool and water.

PRIME UNFINISHED WOOD AREAS

Wherever bare wood is exposed, cover it with primer before painting—and be sure to use one that will be compatible with the finish coat. If you're in doubt, check the manufacturer's directions or ask your dealer. To be absolutely sure of a good chemical bond, use a primer made by the same company as the finish coat.

Rough spots should be attacked with sandpaper, particularly on doors and trim where a smooth finish is important. Loose dust and dirt can be brushed away, but greasy or badly stained areas should be scrubbed with a non-sudsing detergent or a solvent such as benzine or turpentine.

Cleaning is especially important on areas that are partly sheltered from the weather, like the undersides of overhanging eaves. Because these surfaces are not exposed to wind and rain, airborne dirt and soot never wash away and a film of oily scum accumulates.

If you paint over these accumulations, the paint will probably peel in a year or two. The same holds true for siding and trim sheltered from the elements by porch roofs.

PROTECT JOINTS AGAINST MOISTURE

Besides sanding, scraping, and cleaning the surface, you should also make sure all wood is dry and all visible joints are watertight. Otherwise water will seep in behind the wood or masonry, which could lead to rotting of structural members. Seepage is also the number one cause of paint peeling as moisture tries to work its way out of the material, it tends to push the paint off.

So inspect all caulking and puttying. Any that's dried or cracked should be scraped out and replaced with fresh compound. The putty or caulking will stick better if you brush on a coat of primer or linseed oil first.

Caulk all joints and seams where boards meet, and where two different materials come together. For example, caulk where stucco or masonry meets wood, around the base of posts and columns that rest on concrete, and around all door and window frames.

Now you're ready to start painting. You'll generally find it easier to start at the top of the house, working across and down each side. Do the walls and siding first, the trim next. If you need a tall ladder to reach the upper floors, paint walls and trim at the same time to save extra climbing.

Every manufacturer wants you to get the best possible results with his products, so carefully follow his directions for thinning and mixing. Always mix each can of paint before you start, and work with an extra mixing pail so you can pour off part. That way you'll

Continued

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PAINTING A HOUSE *Continued*

always be working out of a half-empty bucket. Dip your brush no more than half its bristle length. Exterior paint should be liberally applied in a full flowing coat, never "scrubbed" on. Most need no thinning. If the paint feels gummy, thin slightly—but no more than you need to make it spread easily.

Try to schedule your work to avoid working in the direct sun. Start on the shady side in the morning, say, and follow the sun around. Most exterior paints should not be applied when temperatures drop much below 50 degrees, or when they climb above 90 degrees.

WHAT'S THE BEST PAINT FOR EXTERIOR METAL?

Any good enamel will protect iron railings, fences, pipe, furniture, and hardware against weathering. But rust, the weather, is the real enemy of ferrous metal, so under the finish coat you need a base of rust-inhibiting primer.

A primer does two jobs—it makes a bond between the metal and the finish coat, and it helps prevent rust. In years the standbys have been paints with red lead or zinc chromate, or a combination of both.

These primers do a fine job, but they'll bond only to a perfectly clean surface. First you have to strip off all dirt, grease, wax, and oil, as well as any rust that's already started. If you paint over dirty or rusty metal, the primer will peel off in a short time because the rust keeps spreading underneath.

Newer metal primers will soak right through rust and bond to the sound metal underneath. You still have to scrape off any peeling or flaking particles, but it's not necessary to strip down to a shiny rust-free surface.

Most of these special primers have an organic or fish-oil base that penetrates better than ordinary oil or alkyd base. Some must be thinned with special solvents; others are soluble in turpentine.

The newest and easiest-to-use primers have a latex base that can be thinned with water. They will prime galvanized metal and aluminum, as well as rusty iron and steel. Latex primers are fast drying, and some will inhibit rust even if the surface has been scratched.

SHOULD YOU PAINT OR STAIN WOOD SHINGLES?

The answer depends on what kind of shingles they are, what kind of finish they have now, and what appearance you want. Wood shingles fit into one of two broad categories—hand-splits and machine-cut, striated cedar shakes.

Hand-splits have a rough, irregular look, and they usually vary somewhat in size. Machine-cut shakes are more uniform in size, and they don't curl as much.

Stain is the best bet for hand-splits. It maintains the natural appearance, and it won't peel. Paint on hand-splits may peel because their shape lets water work in and push out the paint from underneath. Stain penetrates into the wood and can't be dislodged.

Machine-cut shingles usually fit together snugly, so they're more resistant to water and can take paint as well as stain. If they're painted already, you'll have to paint again, of course; if they're stained now, you can restain the same color or darker, or you can paint.

If you decide on paint, be sure to use one formulated especially for shingles. Shingle paints dry to a flat or satin finish, instead of a gloss, and they stand up better because they "breathe" more than conventional house paint. Any moisture that gets behind the shingles will seep out through the paint without damaging it.

You can choose either an oil or a latex-base shingle paint. Latex-base versions are easier to work with, because they dry quickly and can be thinned with water. Oil paints generally cover better, though, and if the old paint is chalking, they will soak in and bond to the wood. ■

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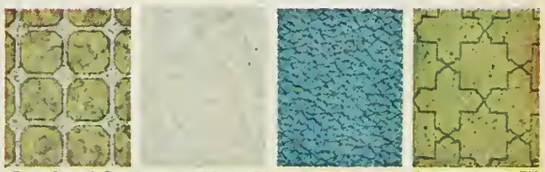
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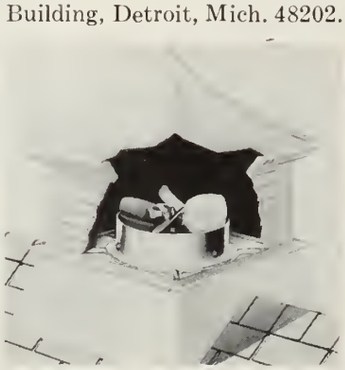
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Highway Emergency Kit, under $5 at United Delco dealers. United Delco, General Motors Building, Detroit, Mich. 48202.



For your comfort and the well-being of your house, a power attic ventilator is a must in many localities.

This thermostatically controlled unit mounts on the roof to remove superheated attic air as fast as it accumulates—and before it can penetrate through ceilings into the house. In air-conditioned homes, this can mean up to a 30 percent reduction in conditioner work load.

An optional humidistat control is available to turn the fan on whenever excessive moisture is present. This reduces the possibility of frost, ice, water, or humidity damage to roof sheathing, rafters, and attic insulation. Will ventilate attics having up to 1,500 square feet of floor area.

Cupola-Matic Power Attic Ventilator, $239 at bldg. material and supply stores. Kool-O-Matic Corp., P.O. Box 394, Niles, Mich. 49120.

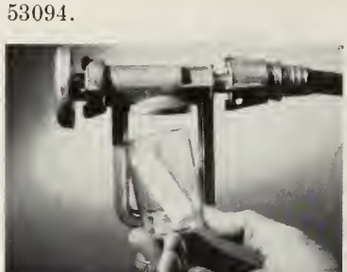


You can adjust these grass shears for maximum cutting efficiency and ease.

To adjust the cutting tension of the floating top blade, turn the thumb screw on the side of the shears. By setting the cut to heavy or light, or any degree in between, you get the best cut on any type of grass.

Other features include tempered cutlery steel blades, chrome-finished housing, comfortable plastic handgrips, and spring-loaded thumb lock.

Adjust-O-Cut Grass Shear #1990, $4.49 in hdwe. and garden depts. Village Blacksmith, Div. McGraw-Edison Co., P.O. Box 260, Watertown, Wis. 53094.

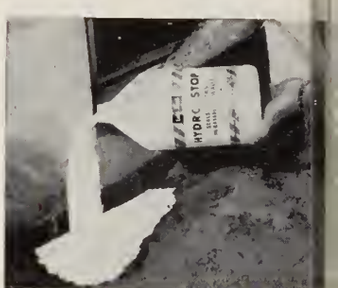


A single application of this insecticide will protect roses, shrubs, evergreens, and trees from sucking or chewing insects for up to six weeks.

Just place one of the cartridges in the root feeder, insert feeder in ground to proper depth, and turn on the water. As the cartridge is dissolved, the insecticide is carried to the root zone and on into the sap stream of the plant. Insects are killed as they feed on any part—foliage, buds, or blossoms.

Because the insecticide works from the "inside out," it protects the entire plant (even new growth) during prolonged rainy spells when other methods seem hopeless. These systemic cartridges should be used only in root feeders with anti-siphon control.

Ross Systemic Insecticide Cartridges, $3.98 for box of 48 in garden depts. Ross Daniels, Inc., 1720 Fuller Road, West Des Moines, Iowa 50265.

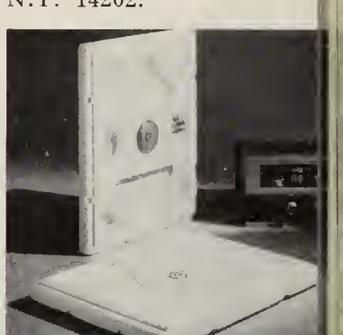


Stop that basement leak with liquid—without the cost a inconvenience of excavation.

To seal a crack or seepi area, dig a shallow trench n to the wall above the le Then pour this liquid into t trench. The fluid will penetr into and seal the cracks a seepage areas.

Two applications will s most leaks. Extensive cra or leaking may require ad tional applications.

Gold Bond Hydro-Stop, $8. per gallon at building supp stores. National Gypsum C 325 Delaware Ave., Buffa N.Y. 14202.



These super-thin speakers a 11¾ by 14 11/16-inch recta gles of expanded polystyren only 1 7/16 inches thick. Th are equal in performance most 20-watt cone-type woof and tweeter combinations.

The slim profile lets y place the speakers almost an where—in walls, doors, ce ings, cabinets, behind drape ies, or in any desired enclosur You can cover with grille clot and hang like a picture.

The speakers are virtual unaffected by temperature di ferentials, humidity, or shoc Can be used for indoor or ou door installations.

Also available in a small 5-watt version for automoti and other mobile application

ERA Poly-Planar Wafer-Ty Speaker, 20-watt $14.95, watt $8.50 at radio supp stores. ERA Acoustics Corp 311 E. Park St., Moonachi N.J. 07074.

Continue

There's more to music than meets the ear.

At Baldwin, we spend as much time pleasing the eye as we do the ear.

The result is the finest furniture you'll ever hear.

Take a good look at our beautiful wood finishes. Finishes that are elegantly sculptured. Then hand rubbed until they're smooth as glass.

This same meticulous care is carried through in every minute detail. In every Baldwin piano and organ.

What's more, you can choose from over 50 models. Decorator styles include Contemporary, Traditional, Mediterranean, French Provincial, Early American and many more.

But words really can't do them justice. You've got to see them for yourself.

Stop in at any Baldwin showroom.

And while you're there, ask for a free copy of our colorful decorator booklet. (House Beautiful magazine planned it for us.)

It's full of ideas on how to decorate your home with our music.

Baldwin



Yours free *at participating dealers through May 31st:*

This beautiful 14¾" high Lightolier "Baton" music desk lamp with rosewood base is yours with any new Baldwin piano or organ.

What makes Drexel furniture so special?

CLASSIC TREASURY: a totally beautiful collection for living, dining and bedroom. Elegantly formal, in selected African mahogany veneers. See how the custom white cabinet and handsome sofa make today's imi... living-bedroom. And you can get more of the fabrics you select for upholstery from Drexel for unusual decorating effects like this! *Styling Director, Jim Peed. Designed by Henry and David ...*

Things like authentic design. As in new Classic Treasury.

Do posts fluted like Greek columns turn you on? Or olive leaves crossed with ribbons in hardware motif? Frieze molding, cane and touches of gold? Then you'll really care that Classic Treasury goes back to Louis XVI. That it's authentic. In simple line and discreet detail. That it is beauty . . . stripped of curve and clutter. But maybe understated elegance isn't your dish. What will you have—Mod? Mix? Mediterranean? Drexel's got any you can name. With the most trusted name in furniture—*Drexel*. And new Classic Treasury—great, isn't it? When you're a devout Classicist.



Fluted frieze—see it under this hex commode ... Patently Classic. As the color story: gold-tou... heavily brushed white. In contrast to the rich ... finish—*bèllo!* And authentic.

One more example of Drexel's never-ending desire to please you . . . of the added care and effort that make Drexel the most trusted name in furniture.

See why all Drexel styles are so special. Send 50¢ for full booklet set: Drexel Furniture, 312 Huffman Road., Drexel, N.C. 28619.

by Drexel

MOST TRUSTED ... IN FURNITU...

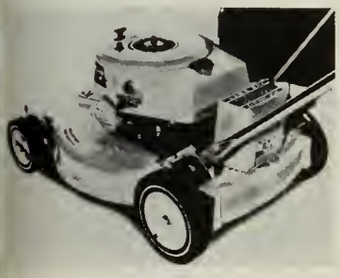
GOOD NEWS FOR MEN! *Continued*



A movable handle is the latest addition to these Safety Series mowers. It adjusts easily to operator height and folds down for convenient storage and transportation.

Other features of these models: a twin deck for maximum operator protection and nonclogging grass discharge; brake/clutch combination for fast, safe blade control and easier load-free starting. Self-propelled models have a Magic Control Safety Handle—raise to engage drive, lower to stop—and a Dial-A-Speed selector. The selector lets you dial the mowing pace you want.

Yard-Man Safety Series mowers, Model 2180 push-type 20-inch $109.95, Model 2210 self-propelled 22-inch $159.95 at Yard-Man dealers. Yard-Man Inc., Jackson, Michigan 49202.

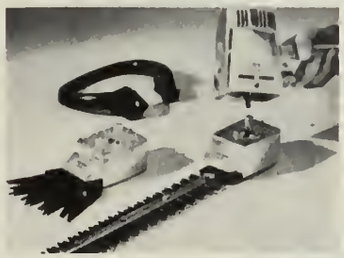


Heart of the electric start feature on this mower is a 12-volt, 9-ampere-hour wet-cell battery.

One charging of the battery should provide enough starts for an entire mowing season. A small "trickle" charger is included for recharging the battery. The fingertip recoil starter is retained for use in case of any malfunction in the electric starting system.

Other features of the mower include magnesium alloy deck, positive priming, five-position handle, three-point cutting height adjustment, and twin-spark ignition system. Grass catcher is included.

Electric-Start mower, 21-inch push model $164.95, 21-inch self-propelled $199.95 at Lawn-Boy dealers. Lawn-Boy Div. of Outboard Marine Corp., Galesburg, Ill. 61401.



Use the same power unit for the grass trimmer or the shrub and hedge trimmer. Changing the power head from unit to unit is as simple as loosening and tightening three screws.

The one-third horsepower power head is the same unit used on the General Electric power tool line. This means even further versatility—if you already have the power unit, you're all set. If you don't, get one with either of the trimmers and you can add the drill, saber saw, or sander head as your workshop needs dictate.

Hedge and Shrub Trimmer or *Grass Trimmer*, $32.98 each with power unit; heads $18.98 each. Available in hdwe. depts. General Electric Co., Housewares Div., 1285 Boston Ave., Bridgeport, Conn. 06602.



Enjoy outdoor living anywhere with one of these unique, folding "second houses."

Sturdy aluminum framing, continuous vinyl hinging between sections, and fiber glass screening combine to form an insect-free outdoor living area. Optional self-storing snap-in panels are available for privacy and all-weather comfort.

Two people can erect or dismantle the unit in 20 minutes. The completed 12-sided pole-free room is over 13 feet in diameter with a nylon-reinforced vinyl roof that peaks at seven and a half feet.

Dismantled, it fits into a carton six feet long, three feet wide, and only nine inches deep—just right to load into a station wagon for a trip to the beach, lake cottage, or your favorite campsite.

Paradome, $289; 11-foot model $229 at Sears, Wards, Penneys, and local dept. stores. Avis Products Co., 2820 West Maple Rd., Troy, Mich. 48084.

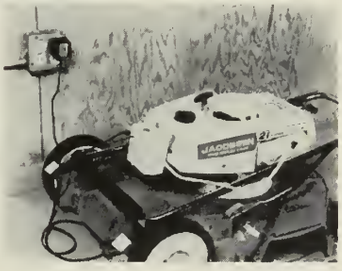


Where's the starting rope? It's gone, and this is good news to anyone tired of rope-tugging.

This mower features automotive-type key switch starting. The small rechargeable nickel-cadmium battery pack connects to any 110-volt system for recharging and provides up to 80 starts between chargings. The battery pack can be recharged right on the mower or easily removed for indoor charging. Batteries should last the life of the mower.

Other features include dual range speed control, prismatic gas gauge, clean-out port, vinyl-bottom clippings bag, "S" shaped safety blade, and automatic oiler.

Key-Lectric 21-inch self-propelled mower, $189.95 at Toro dealers. Toro Mfg. Corp. Minneapolis, Minn. 55420.



No tug, no twist, no lost tempers—that's the claim for the key-starting, automotive-type ignition system available on this power-propelled mower.

Under normal mowing conditions, the battery should require recharging only a few times during the season and is designed to last the life of the mower. The charger unit plugs into any 110-volt outlet and recharges overnight.

Other features of the mower include four-blade cutting action, twist grip safety clutch control, and convenient fold-down handle. A recoil starter is retained as a means of starting in case battery is left in a discharged condition.

Key-Starting mower, 21-inch power-propelled model $194.95 at Jacobsen dealers. Jacobsen Mfg. Co., Racine, Wis. 53403.

Kitchen waxes aren't safe for wood floors

The main ingredient in your kitchen floor wax is water. This is fine for kitchen floors. But you know what water does to wood: it warps, ruins the grain, dulls the finish.

Paste wax, on the other hand, is slow to apply and requires extra work to buff. What else is there?

The best way of all: One-Step Wood Floor Care by Armstrong. We made it as easy to use as kitchen floor wax. But we made it especially for wood; not a drop of water in it.

We put in a good *cleaner*, and a real tough *wax* that leaves the wood shiny and well protected.

And you never have to break your back buffing.

It won't hurt to try it.



ONE-STEP
WOOD
FLOOR CARE

Created by the maker of
Armstrong FLOORS
AND FLOOR-CARE PRODUCTS

INVISIBLE INK IN COLOR

A NEW WAY TO HELP YOUR KIDS LEARN

By Margaret Vennum Daly

Remember the fun you used to have with invisible ink? You dipped a blank piece of paper into liquid, and a secret message appeared. The same magic can help your youngsters learn almost anything today—how to tell time, write the alphabet, even speak a foreign language.

The secret lies in printing workbooks with invisible ink. Not everything in the book of course; only the answers to the problems. Your youngster reads a question, writes his answ with a pen that has a specially treated t Imagine his thrill when instantly the cor answer pops up—and in color! If his own ans was right, his knowledge is reinforced. If he w wrong, he is automatically corrected.

The inks used in this process are not just h ordinary kind. Depending on the chemic they contain, they can be put to Continue

Which clock says 7:15? Here's how chemical printing helps teach time. Child sees a clock showing 2:35, another 7:15, with a blank clock under each. If he rubs his special pen on the blank under 2:35, it turns red instantly, and "try again" appears. If 7:15, smiling yellow clock face and "good!" emerge. Illustration shows exercise after child has made both choices.



Learning to read. First-graders catch on to medial vowels fast with this exercise from *Phonics with Write and See*, by Margaret Bishop (Appleton-Century-Crofts, 1968). Youngster sees drawing, marks his magic pen under the word that gives the name of the object. Correct answer: an instant yellow-and-gray stripe (here shown yellow). Incorrect turns solid gray.



College French. In drill at left, student hears plural form of noun (on tape, but printed here), writes what he remembers as the singular, then draws line with chemical pen beneath. Correct answer materializes instantly. Answers to printed questions on right are checked same way. (*Basic French*, by Theodore Mueller, Appleton-Century-Crofts, 1968.)

des habits un habit
un habit

des hommes un homme
un homme

mes enfants un enfant
un enfant

des hôtels un hôtel
un hôtel

nos amis un ami
un ami

mes habits un habit
un habit

1. Que veut-elle savoir?
Elle veut savoir où est l'université.
Elle veut savoir où est l'université

2. Quest-c'e que le jeune homme propose de faire?
Le jeune homme propose d'y aller tous les deux.
Le jeune homme propose d'y aller tous les deux.

3. Purquoi la jeune fille doit-elle aller à l' université
Elle veut voir un professeur.
Elle veut voir un professeur.

Even a muddy elephant can't hurt Sears Acrilan carpeting.

Deep Acrilan carpeting in the richest colors you've ever seen—old gold, blue green, brick rust, avocado and more.

Thick 100 percent Acrilan® acrylic pile that looks like expensive wool. The same pile used in many busy hotels. It's hard to hurt! Spring Lake resists footprints, matting and furniture marks.

Frightfully easy to keep clean. It's stain and soil-resistant. Spills wipe up with a sponge.

Spring Lake. Looks and feels luxurious. But is under $14.00 a square yard at Sears, Roebuck and Co.

No Money Down on Sears Easy Payment Plan. Come in or call. A Sears decorator will visit you. Carpet hunters, Sears has 838 glorious carpet colors and styles!

ACRILAN Monsanto

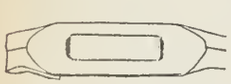


Now in 9 unforgettable colors.



Now a napkin that protects like two, feels like one.

New Kotex® Plus



The plus comes from an absorbent little extra napkin placed in the center of a Kotex napkin, where it can do the most good. It protects like two napkins—yet feels like one, because it is less bulky around the edges. You feel more secure, more comfortable, more relaxed. Try it—New Kotex Plus, the extra protection napkin.



THE FINEST FEMININE PROTECTION COMES FROM KIMBERLY-CLARK
KOTEX PLUS, KOTEX® WITH SOFT-IMPRESSIONS®

INVISIBLE INK *Continued*

work in a variety of ways. Invisible images can appa visible images disappear, change shape, change color.

Take a six-year-old learning to print. She guides her p along the missing parts of the black "S" printed on her wr book page. A correct shape comes out black; wherever s strays from the correct shape, her pen leaves a yellow m

At the college level, a student studies French with a w book showing situation drawings in right-and-wrong p As he listens to phrases on a tape, he marks what he thi are the appropriate images with his pen. Incorrect ans show up in yellow; right ones turn gray.

It's an exciting process. Teachers who use these co say they've rarely seen young people so absorbed in t work. Each student can proceed at his own pace. Br ones aren't bored, nor slow ones panicked by class press Each proceeds at the speed that's right for him.

Most important, the process *frees the teacher* to con trate on individual students as they need special help. doesn't have to spend valuable classroom time giving m drills. Instead, while each student works with his own s correcting exercise book, she moves about the room observes. When a child runs into snags, she's right on han give immediate, personal attention.

What's more, there is a permanent record of how a you ster is faring. The colors become fixed as soon as his touches the paper. There's no way he can cheat, so teacher knows exactly how he is doing each step of the w Another boon for today's overworked teacher: the inst scoring process frees her from having to spend long hours of the classroom correcting papers.

Happily for our budget-burdened schools, chemica printed books are relatively inexpensive to produce and tribute. The paper is ordinary workbook stock. The inks a combination of simple chemicals you could find in a chi chemistry set—all harmless. New printing techniques apply these chemicals to paper at great speed in mass p runs. The cost now is only slightly higher than that of c ventional two-color books. Further refinements will lo expenses even more.

In fact, chemically-printed books provide a budget s tion to *programmed learning*, that wonderfully effective s tem of simultaneous teaching and testing which guides student from one correct answer to the next, building kn edge upon knowledge until he masters the material.

It was Harvard's Dr. B. F. Skinner who developed the c cept of programmed learning in the early 1960s, sending educational world into a flurry. His original idea of a s scoring machine wasn't new—psychologists Edward Th dike and Sidney Pressey thought of it 40 years ago. Bu wasn't until Skinner that programmed courses were actu worked out—and with them a number of devices to pres the programmed material, such as Dutch-door books "teaching machines." Even sophisticated computers now being brought into the classroom. All these devices, the chemical workbooks, are designed to invite the child respond, check his answer immediately, then move on at own pace.

Here's how a programmed course works. The material pears in carefully linked steps of questions and answ After the youngster responds, the correct answer appea so he knows immediately whether he's right or not. The

Continue

This is Ralph. Sears outdoor-indoor carpeting ignores him. It's Acrilan.

"Terrace Time" comes in 6 sun, rain, and mud-resistant colors.



either rain nor Ralph can hurt Sears beautiful heather-tone colors. Deep lors that stay that way.



This amazing Acrilan® acrylic pile won't shrink, buckle or fade. It's odorless and mildew proof.



Terrace Time has Sears exclusive "Snip 'N Fit" waffle back. Install yourself. Just cut and fit into place.



oft, quiet, non-allergenic carpeting. erfect for patio, kitchen, baby's room, athroom or playroom.



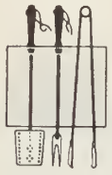
Very easy to keep clean. Hose it off outdoors. Indoors, Ralph's muddy footprints vacuum away.



Under $8.00 a square yard at Sears. No Money Down on Sears Easy Payment Plan. Carpet hunters, Sears, Roebuck and Co. has 838 glorious carpet colors!

Cook-Out Special!

Cosco Cook-Out Cart $32.50*
3 pc. Ekco Barbecue Set.....$ 2.50
Steak-size Cutting Board....$ 2.00
A $37.00* value! All for only



$29.98*

Here's the perfect answer for your "king of the charcoal grill." Get him a Cosco Cook-Out Cart and end all that fetch and carry. There's a place for everything on those roomy shelves . . . even hooks for hanging the utensils. The big, rubber-tired wheels are designed to go where he goes and smooth out the bumps on the way. Available with Avocado or Burnt Orange shelves. Frame and wheels have gleaming chrome finish. At your nearest housewares dealer now. Hurry, while this offer lasts!

*Slightly higher far west

count on COSCO

HAMILTON-COSCO, INC., COLUMBUS, INDIANA

INVISIBLE INK *Continued*

rect response completes each step, and provides knowl the student needs to cope with the next. All his move a engineered so there's little chance for error.

Programs are constructed that way because Skinner' e periments showed learning comes easiest when there's n lay between the time an answer is given and the time t confirmed or corrected. A child is especially encourg when he gives correct answers; approval and self-satisfac help make the material stick.

But shouldn't learning be difficult in order to be effecv Shouldn't the work be tough enough so the student will n errors and thus try harder *not* to make mistakes next t In his new book, *The Technology of Teaching*, Skinner s "There is no evidence that what is easily learned is n readily forgotten." In other words, making education d erately difficult may scare away youngsters who are po tially good thinkers.

In a world bombarded with new knowledge every day, p grammed learning—now often called "individually p scribed instruction"—has helped many students learn e tively. Dr. Richard L. Bright, director of research for U. S. Office of Education, feels this is the greatest educati breakthrough of recent times.

Some people object to the method because it's prese to the child through machines or other "impersonal" dev But chemically printed work books make it easier to m tain a feeling of personal interaction between teacher n student. These books also forestall the temptation to p ahead (a problem with some programmed devices). The swers are invisible. They won't appear until the pupil committed himself with pen on paper.

Not only teachers, but also course developers find technique very valuable. When a new course is tested, t can see where students run into trouble. These areas then be restructured to minimize the chances for wrong sponses. The technique works for any age; courses may simple or sophisticated. Three are now in circulation:

Phonics with Write and See teaches small fry how to ide fy sounds with pictures and words. It can be used on its o or as a supplement; the teacher decides exactly how to us

Basic French is a programmed first-year college co that uses chemical printing a number of ways—among th pronunciation drills and vocabulary exercises. Freed fr routine pronunciation and vocabulary drills, the instruc can concentrate on conversational practice.

Handwriting with Write and See teaches youngsters h to write the alphabet by having them connect missing pa of letters.

A few processes similar to the chemical-printing techni are being tested now. One company prints a layer of mask ink over the answers. A large business machines compa is exploring a similar process.

Whatever the technique, parents must understand t chemical printing is *not* a mechanical gimmick designed automate the teacher out of the classroom and the stud into a dehumanized wasteland. On the contrary, it will crease the contact between teacher and student. Freed fr mechanical chores, she may devote her time to giving p sonal attention to each youngster. That's the essence of t education. Parents should do all they can to encourage su innovations in our schools. ■

HOT DOG!



Here's 7¢ to get your barbecue season off to a good start!



STORE COUPON

SAVE 7¢

To the grocer: You are authorized to act as our agent in redeeming this coupon. Kraft's representative will handle the coupon redemption for 7¢ plus 2¢ for handling for each coupon, provided you and the customer have complied with the terms of this offer. Proof of purchase of sufficient stocks of Kraft Barbecue Sauce to cover coupons presented must be furnished upon request. We will not honor redemption through outside agencies, brokers, etc., except where specifically authorized by Kraft. The customer must pay any sales or similar tax on the Kraft Barbecue Sauce received. Coupon void if use is prohibited, restricted, or taxed. Coupon good only in the U. S. Cash redemption value of coupon 1/20¢. Redemption on other than Kraft Barbecue Sauce constitutes fraud. Kraft Foods, Division of National Dairy Products Corporation.

Redeem this Coupon Promptly

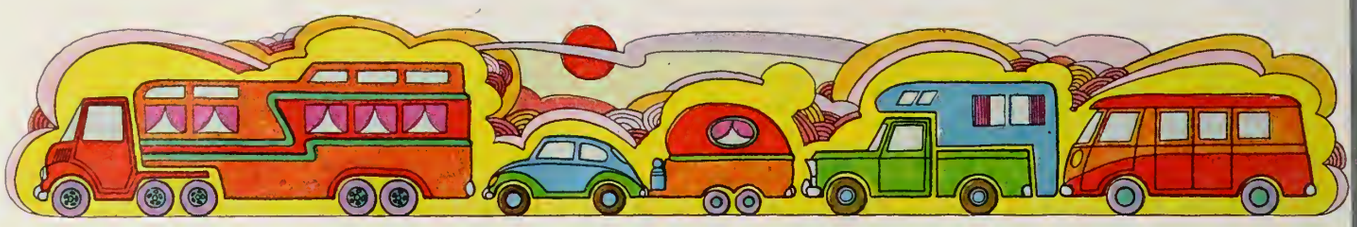
STORE COUPON

Kraft Barbecue Sauce doesn't just sit there. It simmers real cookout flavor all through the meat. Take your pick of 3 great flavors—Regular, Hickory Smoke flavored, or Hot.

KRAFT

See *Kraft Music Hall*, Wednesday Nights, NBC-TV

Duane L. Gregg, Automotive Editor



WHAT'S NEW IN RECREATIONAL VEHICLES?

Great things are happening in this mushrooming field for '68. Manufacturers are vying to prove you can have all the comforts of home while you roam—and most of the luxuries as well. Here are some of the major innovations that seem destined to become industry-wide within a very few camping seasons.

Built-in music systems. On those rainy, windy days when your family is cooped up inside the coach, just turn on your favorite music. A few manufacturers offer optional stereo systems inside the coach. Two overhead speakers are placed up front and two speakers in the rear. A central panel is usually mounted over the dining table. Watch for built-in music systems as an option in *all* coaches within the next few years.

Luxurious self-contained pickup coaches. The demand is growing for coaches loaded with optional accessories. At least three companies are producing ultra-deluxe slide-in pickup campers that cost up to $5,000. One of the newest is a 10½-foot unit that is completely self-contained. Basic equipment includes water system, space heater, refrigerator, water heater, oven, range, and three-way lighting system. The bathroom contains a shower, sink, flush-toilet, and built-in septic holding tank. One model even has a music system and TV. A lot of luxury in a coach that slides into a ¾-ton pickup bed!

Much heavier insulation. In the past, many coaches were built with only one inch of insulation in walls and ceilings. Floors were not insulated at all. By contrast, some 1968 models have two-inch-thick insulation in walls, three inches in the ceiling, and up to five inches in the floor. A small heater will keep these new coaches warm even at high altitudes in dead of winter. Cold floors—chief complaint of many buyers—will be eliminated.

One-piece molded bathrooms. Several coach manufacturers now use a molded bathroom with ceiling, walls, floor, and fixtures molded and installed as a single unit. External plumbing is carefully gasketed, so the bathroom is virtually airtight, leakproof, odor-proof, and extremely easy to clean.

Non-freezing septic tanks. Wrapping the conventional fiber glass holding tank with two-inch thick insulating materials neatly solves the problem that has plagued cold-weather campers for years.

Pickup camper coach with separate sleeping areas. At least one company offers a slide-in model for ¾-ton and 1-ton trucks which has a rooftop fold-up penthouse (at $695 extra) with entry through the cab-over section. It also has an extendible rear sun porch (another $695 extra) that adds another 6x6 foot, completely weatherproof room. Four distinct sleeping areas are the result, with areas in the penthouse, cab-over section, dinette section, and rear porch. Will sleep up to eight persons. The starting price is about $3,550 for this rooming-house on wheels.

Full-length fiber glass sleeper for vans. Pop-up rooftop conversion units are common, but now there's one that stays up. It's made to fit the roof of Ford, Chevrolet, and Dodge vans. Instead of a small central unit, this all fiber glass model extends upward all around the perimeter as an extension of the wall lines. It offers full 75-inch inside headroom. Over the front seat, there's a child's bunk with view window. Completely self-contained, the kit is installed by the manufacturer of the conversion unit. The roof of the van is cut out, and the sleeper section and all internal fixtures are installed. End product: a true compact motor home, with very short overall road length.

Another somewhat similar unit offers, in addition, a section on the rear that swings out at the campsite to form an additional sleeping area.

Revolutionary sanitary system. The holding tanks in most self-contained coaches must be drained every five days or oftener. This new system offers 60 to 70 days usage without attention, up to 700 flushes out of a 40-gallon water tank, thanks to an ingenious metering device and a recirculating system developed by a toilet manufacturer.

Heavier electrical wiring. One manufacturer offers combination 220-volt and 110-volt circuit-breaker electrical systems. They're designed to handle those large air conditioners which require a 220-volt system to get going. Once started, the running requirements drop way down. (Naturally, the 220-volt power must come from a commercial park system.)

Fifty-gallon water tanks. This is a considerable increase over the industry standard of 20-gallon and 30-gallon water tanks, and is standard in some 16-foot trailers. As any experienced camper knows, water is the key to freedom afield. Most coach water systems are now fully automatic; either electric pumps or air pressure forces water to the faucets.

All-plastic pickup coach. One major manufacturer offers a 10½-foot molded plastic unit with foamed-in-place insulation in walls, roof, and floor. The plastic is Cycolac (same as used in colored phones, golf clubs, and football helmets) with colors molded in. The unit is extremely rugged and virtually maintenance free both inside and out—no painting, varnishing, or waxing needed.

Molding the shell makes possible rounded corners and compound curves, inside and out. The result is a sleek looking unit with no crannies to catch and hold dirt.

The unit weighs up to 600 pounds less than comparable-sized units of conventional construction—quite an increase in payload!

Continued

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Gown by Stavropoulos

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GENERAL MOTORS SYMBOL OF QUALITY

The "His and Hers" toaster.
Makes light and dark at the same time.

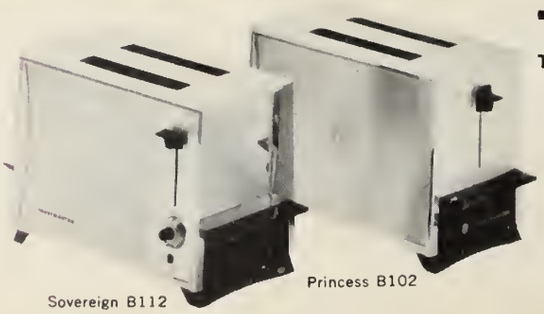
Toastmaster's 4-slice toaster has separate controls for each pair of slots, so you can toast 2 slices light and 2 slices dark. Pops up a family-size order of toast just the way each of you like it. Toastmaster's compact cabinet takes up less space, stores easily.

And your Toastmaster toaster is sure to wor right when you get it because every one is teste with toast before it leaves the factory (you ma even find a crumb inside to prove it).

For a gift or for yourself, see the Toastmaste model D111 at your favorite store soon.



For 1 or 2-slice families.
Our deluxe 2-slice toasters are also toast-tested at the factory. The Sovereign comes with smartly styled up-front, gold colored control panel. The Princess has end-operated controls. Each has a dial for selecting toast color.



Sovereign B112 Princess B102

TOASTMASTER® McGraw-Edison

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GUIDE TO RENTING OR BUYING A CAMPING VEHICLE

enting a recreational vehicle for your next family vacation an excellent way to scout the pros and cons of life on wheels fore buying. And while you're at it, try several units and mpare the conveniences, sleeping capacity, storage space, d general comfort level. Then when you're ready to buy, u'll stand a better chance of choosing the unit that exactly ts your family's needs.

ACTORS TO CONSIDER WHEN RENTING OR BUYING

Sleeping capacity. The number of persons a camper will ccommodate is not entirely dependent on size. A 14-foot avel trailer will sleep four or five persons. So will a pickup mper, a small van, and a folding tent-trailer. The extra ze of most of the larger coaches is devoted to larger closets, ore floor space, and other comforts.

Cooking and dining facilities. Better decide on the degree of oughing it you desire before looking for a rental. You can et most of the comforts of home, or the bare essentials. Some ampers have complete compact galleys, others have only a mall folding table. You can get them with built-in stove, ortable stove, or no stove. The more deluxe units even have heir own water supply.

Storage space. The small units have very limited space or clothing and personal gear. A large family will usually re- uire at least a medium-size unit, while a couple will find hat any camper provides adequate storage.

Length of vacation. The greater the distance and time way from home, the more storage space you'll need in a amper. If you plan to be gone a month, the largest units nake sense. Conversely, almost any kind of camping vehicle vill serve you for a week or ten days. It's not a bad idea to ent a coach for a weekend several weeks ahead of your actual leparture date. In this way you can rate the camper's per- ormance in plenty of time to make changes or adjustments n equipment.

Vacation terrain. There is a suitable camper for every re- gion. If your favorite vacation spots are along plains and akeshores, just about any camper will do. But if you head or the high country, traverse wilderness roads, or take off across rough terrain, think twice before getting involved with long trailers, big vans, or motor homes. For this type of luty, you'll want something light, with good ground clear- ance and easy maneuverability. A pickup camper or a tent- trailer is your best bet for wilderness country.

The weather. Few newcomers consider the climate, but it's very important in camper selection. A tent-trailer is an ideal summer camper for mild climates, because you have com- plete control over ventilation. But in high country with cold nights or in areas of heavy rainfall, an all-metal coach would be preferable. For camping in the desert or humid coastal plains, an air-conditioned coach is desirable.

WHAT SIZE TRAILER CAN YOU TOW?

Suspension system, horsepower, and type of hitch deter- mine the weight a car can tow. Here is a thumbnail guide to help you determine what weight your car can safely pull:

Full-size cars can tow anything up to or even slightly ex- ceeding the weight of the car itself.

Domestic compacts and intermediates can safely tow about two-thirds of the car's weight.

Imported compacts shouldn't be attached to a trailer weighing any more than half as much as the car. *Continued*

BEEF UP A BURGER IN A SHAKE. WITH THE SEASONING CHEESE.



It's the greatest put-on hamburgers ever had! Or meat loaf, or sloppy joes, or pork chops even. Gives them a new little kick—a zip they just never had before. Kraft Grated Parmesan is 100% Parmesan, aged a full 14 months. Get your family doing the shake with The Seasoning Cheese.

CHEESE IS KRAFT

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Turns Off Headache Pain, So Relaxes Its Tension, Helps Lift Its Depression—*Fast*



In 22 seconds after entering your bloodstream this special fortified formula is speeding relief to your nervous headache. It promptly relieves the pain, so relaxes its tension and helps lift its depression. You can bounce back *fast*—able to carry on and do your work. This effective headache relief is *Anacin*®—a special fortified combination of ingredients and *only* Anacin Analgesic Tablets have this formula. Anacin contains the medication doctors recommend most for headache pain. In fact, Anacin gives you *more* of it than any leading headache tablet. Next time — try medically proven Anacin Tablets.

CARS IN YOUR FAMILY *Continued*

Pickup coaches pose a slightly different problem. The popular half-ton truck should be able to haul any camper coach to 1,000 pounds loaded weight. Three-quarter ton trucks will handle any coach up to 2,500 pounds loaded weight easily—and to about 3,000 pounds if proper suspension elements and tires are installed. Most late-model pickups have 8-foot cargo boxes, which will handle any of the 8-, 10-, and 10½-foot slide-in coaches. If you have an older pickup with a 6½-foot box, better stick with camper coaches of more than 8 feet in length.

BASIC CAMPER TYPES: WHAT THEY DO, WHAT THEY COST

Tent-trailers. These super-light campers on wheels can be towed by just about any car. Tongue loads usually fall well below 75 pounds. Total weight seldom exceeds 800 pounds, and quite often it's less than 600 pounds. No special towing hitch is required—any good frame-mounted hitch will do the job. Road height of under three feet lets the driver see right over the top of the tent-trailer for easier backing and parking. At the campsite, the trailers quickly convert into roomy 12-, 14-, and 16-foot living quarters. Extendible wings provide sleeping space for four persons, and the center area can sleep a couple more.

Facilities in a tent-trailer include beds, a folding table, and a weatherproof top enclosure with zippered door and window flaps. Some models even have a self-storing aluminum screen door. In addition, deluxe models have a cook-stove, water storage tank, and sink; some include an ice chest. Storage space is ample. Set-up time at the campsite is from three to seven minutes.

A weekend rental costs about $27.50, a full week about $45. Many dealers collect a cleanup deposit of from $15 to $20, returnable if the trailer comes back in good shape.

Travel trailers. Though there is a broad range of models available, from 10 to 30 feet long, the most popular rental trailers are those from 14 to 18 feet, sleeping from four to six persons. Interior features usually include a stove, built-in icebox, water tank, water pump, dining area, and three light systems (12-volt and butane for campground use and a 110-volt system for commercial parks.) In addition, they include storage space for clothing and provisions.

Travel trailers weighing over 1,500 pounds usually have their own brake system, a good safety feature and easier on your car. A frame-mounted hitch is strongly recommended for towing any travel trailer and is a must for trailers that weigh over 1,500 pounds. Heavy-duty frame hitches will handle trailers that weigh up to 2,000 pounds, but above this weight you should use a load-equalizing hitch. Properly hitched, your car should not sag in the rear or pose any handling problems.

Rental charges for travel trailers will range from about $45 a week for a 14-foot "plain Jane" model to well over $125 a week for the larger self-contained coaches with built-in toilet, shower, and butane appliances. In addition most rental outlets require a cleanup deposit of $25 to $50. Attaching trailer lights, brake controller, and side-view mirrors will cost another $15 to $25 and load equalizer hitch rental (if needed) usually adds $15 to $20 to your bill.

Pickup camper coaches. If your truck is not more than three or four years old, you can haul most any camper coach up to 10½ feet long. Installation is very simple. The coach is jacked aboard and bolted down, either with turnbuckles externally mounted or with bolts through the cargo box floor. Overload or booster springs will probably be required if the larger coach is desired.

Continued

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Odorless Nalplex has great hiding power that makes one coat look like two. There's beauty in every smooth stroke. Nalplex dries quickly to a beautiful finish that stays perfect.

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The beauty of Dutch Boy Nalplex is the beautiful things it does for your walls. And the way it makes painting pleasant. For the finishing touch, use Dutch Boy Latex Satin Gloss Enamel in matching colors.

Dutch Boy Nalplex Latex Flat Wall Finish, the first cosmetic for walls.



Dutch Boy Nalplex

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We made it palm-size.

Women just naturally shy away from anything that smacks of complicated machinery. So we made a brand-new kind of movie camera that's about as uncomplicated as you can get.

For one thing, it loads instantly. Instead of all that threading and flipping and rethreading, there's a super 8 film cartridge. You just slip it into the camera, click the camera shut and you're ready to shoot.

There's no winding to slow things up. Battery power drives the film.



It loads instantly.

Then there's the matter of size. These cameras fit in the palm of the hand. A woman's hand, at that.

We're coming to the biggest change of all, and that's what you see on your screen. New super 8 movies that are much brighter and much sharper than regular 8mm.

The Kodak Instamatic M12 movie camera is less than $30. In an outfit, with Kodachrome film, wrist strap and batteries, less than $35.

We have other models, too, at other prices. And since super 8 movies call for a super 8 projector, Kodak offers you a wide choice there, too. Drop in at your Kodak dealer's. We think you'll like what you see.



A word to the wives: Now that there's nothing to be scared of, take color movies of the kids. Snapshots are fine and so are slides, but there's really nothing like movies for capturing the kids as they really are—in perpetual motion.

Prices subject to change without notice.

Kodak Instamatic® movie cameras. From less than $30.

Remember when women were scared of movie cameras?



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Kodak Instamatic® movie cameras. From less than $30.

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CARS IN YOUR FAMILY *Continued*

The advantages of a pickup camper include higher drivi speeds (trailer-towers are penalized from 10 to 15 mph shorter overall length, and better ground clearance for o the-road agility.

A coach to haul on your truck will rent for anywhe from $45 to $75 a week depending on the facilities it offe If both truck and coach are rented, the charge will va from $90 to $135 weekly. Cleanup deposits are around $ for a coach alone, $100 for truck and coach.

Vans and self-propelled motor homes. This class cove the broadest possible spectrum, from compact 18-foote to mammoth 30-footers. The average rental is from 20 to feet in length, and will sleep six persons comfortably. (T large motor homes sleep eight.) The principal advanta here is that you can rent a self-contained package with extras needed. The coach is self-propelled, so all the we and tear is covered by one rental fee. Luxury motor hom are undeniably in a class by themselves and are the mo expensive of all types to buy or rent.

Units in this category may rent for $25 to $35 per da plus 10c per mile, and the cleanup deposit may go as high $200. Some rental dealers also insist on your pre-computi the mileage and paying that fee in advance.

INSURANCE

Be sure you contact your insurance agent regarding i surance coverage on any rental equipment. The renti dealer normally supplies insurance to cover any damage the rental unit proper. The liability portion of your au insurance usually applies to the trailer being towed. Son homeowners insurance protects against damage to (or the of) personal property from the camper. The important poi is to determine what is covered and secure additional insu ance if needed. Many companies offer special short-term t policies to provide campers with protection they need. The policies are designed to fill any coverage gaps that exist auto and homeowners insurance.

So far as operation is concerned, flat tires and min maintenance or damage are *your* problem. Breakdowns n caused by or due to negligence of the renter are covered b the renting dealer. Many rental dealers absolutely forbi pets. Others permit them, but hold their owners liable for an chewed-up upholstery or other pet-incurred damage.

TRIP COSTS

You'll find a rented camper a real bargain, compared t the costs of motels and restaurants. You can figure on roug ly $2 a day for parking and about 50c for butane and ice f a family of four. And you can shop local supermarkets, s food need cost no more than at home.

As would be expected, towing a trailer or hauling a camp coach will increase fuel consumption. On the average, th will add about $10 to your gas bill for each thousand miles driving. Mileage for the large motor homes is as low as 6 or miles per gallon. The smaller compact homes claim as muc as 11 miles per gallon.

A final word: there are over 400,000 campsites in this cou try, but to find one of them when you need it, you shou have a good campsite directory or atlas. Get one before yo take off! ■

Cars Next Month:

- ***All you need to know when buying or driving the new tires***



In every inch of every Evans-Black carpet there is a deep measure of warmth and more than a touch of excitement. Find it, claim it, love it in Double Date. Deep-sculptured carpet of 100% Enkaloft® continuous filament nylon pile. Available in 14 vibrant color combinations at fine stores everywhere.

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The new romantics



It's fashion's newest darling. The romantic look. With ruffles and flourishes. And long curls to boot. There's something else fashion leaders insist on. Something that never goes out of style.

Tampax tampons . . . the modern, internally worn sanitary protection. Basic for all women and girls who love clothes because they never have to tailor their wardrobes for a particular time of the month. Nothing can ever show with Tampax tampons. So you can wear your sleekest outfits.

But fashion isn't just a dressing game. It's how you feel and act. And that's another advantage of Tampax tampons. You feel confident and secure. You feel fresh and clean, always. Because there's never any odor, chafing or irritation.

NO BELTS
NO PINS
NO PADS
NO ODOR

And Tampax tampons are so easy to use. The silken-smooth container-applicator makes insertion easy. Your hands need never touch the tampon itself. Even the moisture-proof removal cord is chain stitched for safety. These are just a few reasons why Tampax tampons are the world's most widely used internal sanitary protection.

Satisfy your fashion sense and try them today.

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PREVENTING A CRIPPLING OR LETHAL STROKE

"Stroke" conjures up many dire thoughts: sudden death, crippling disability, financial disaster. The image is so bad that few people can bring themselves to think about the possibility of stroke. Yet in recent years there have been clear and encouraging medical advances—nearly a medical revolution—in the search for causes, prevention, and pro[per] treatment of stroke. Here, Better Homes a[nd] Gardens answers vital questions on stro[ke], the second greatest crippler of American[s] and the third most deadly threat to life.

WHAT IS A STROKE?

An eminent doctor described it simply as a "stroke of very bad luck." Luck does play its role in stroke, perhaps a bit more than in some diseases, but steady medical advances have dispelled much of the mystery surrounding it.

Stroke still goes by several names: apoplexy, cerebrovascular accident, apoplectic stroke. The ancients described it as "being struck down by God," perhaps because of its dramatic abruptness. Most people recognize its classic course of attack—sudden loss of brain control, usually painless, followed by death or by paralysis of an arm, leg, and or lower half of the face (sometimes permanent, sometimes temporary), often on the same side of the body.

Strokes happen for two reasons: either the brain is starved of life-giving blood, or is flooded with it. Here's how:

• **Cerebral thrombosis**—clotting of a blood vessel and eventual death of brain tissues supplied by that vessel. Clotting most likely occurs in an artery already thickened and weakened by arteriosclerosis ("hardening of the arteries"). In this disease, a thick, fatty deposit forms on the inner wall of the artery over a period of years. Narrowing of the arteries by arteriosclerosis, with or without clotting, is the most common cause of stroke. When it seriously affects the arteries of the heart, it leads to heart attacks; when it occurs in the legs and arms, it is called peripheral vascular disease. But in all three it is fundamentally the same process and produces the same result: a decreased flow of blood to the affected part of the body.

• **Embolism**—plugging of an artery. This may occur when a small blood clot breaks away from a larger clot elsewhere in the body (usually the heart) and becomes wedged in an artery either leading to, or actually in, the brain. A small air bubble, fat droplet, or tumor mass can also plug an artery.

• **Hemorrhage**—bleeding in the skull, often directly into the brain. This occurs when an artery wall, weakened by disease, suddenly ruptures. A hemorrhagic stroke may also be caused by an *aneurysm*, a weak bulging spot in an artery wall that may be present at birth and ruptures later in life. Hemorrhagic stroke more often results in death than any other type of stroke.

• **Tumors, head injuries, or brain diseases**—all three can masquerade as strokes. For example, a tumor an abnormal (though not necessarily cancerous) growth—may press against brain tissue, causing damage, or press against arteries, blocking them off. A head injury may result in formation of a large blood clot beneath the membrane that surrounds the brain. If this mass compresses arteries or brain tissue, it can cause the same result as a stroke. Diseases (meningitis, encephalitis) can also affect the brain's membrane, causing stroke-like results.

The brain, although it measures only one-fiftieth of a man's body mass, receives about one-sixth of the blood pumped by his heart—and it consumes one-fifth of his body's entire oxygen supply. Yet there is no storage capacity in the brain, despite this great and constant demand for oxygen and blood sugar. Brain tissues are usually destroyed irreparably if deprived of oxygen for six to ten minutes. Without at least an ounce of sugar every six hours, the brain burns other substances, causing mental disturbances followed rapidly by coma.

WHAT HAPPENS WHEN A STROKE OCCURS?

Consider 39-year-old Pat Countryman. She had been in excellent health her entire life. Her only stays in the hospital were occasioned by the birth of her three children. One morning, as she was housecleaning, she developed an a[che] ing in the back of her neck. [It] became intense within secon[ds] She suddenly grew nauseat[ed] and the room seemed to sp[in] The pain in her neck and he[ad] mounted and became viole[nt] She managed to negotiate [her] way to the telephone, calle[d] neighbor, and blurted: "Co[me] quick, my head is going [to] break."

Pat had suffered a hem[or]rhagic stroke, certainly [the] easiest to recognize, but [the] least likely to happen. Only [a] percent of all strokes occur l[ike] this, but over half of hem[or]rhagic strokes are fatal. A[nd] they are the hardest to pred[ict] prevent, or treat. Her str[oke] was the result of a ruptu[red] aneurysm, present since bi[rth] now bleeding directly into [the] brain. The medical outlook [for] Pat Countryman, and all oth[ers] with this type of stroke, is [dif]ficult but not hopeless.

Now take John Bennett, w[ho] had just celebrated his six[ty]-first birthday. He seemed [in] good health, after recover[y] from what was described [as] a "mild" heart attack suffe[red] nearly a year ago.

While driving home fr[om] work one evening, he abrup[tly] became aware of a stra[nge] sense of heaviness in his [left] arm. His shoulder develope[d a] numb feeling, and there wa[s a] prickling tingle in his left [fin]gers. At home, he bumped i[nto] doors and walls, and when [he] finally sat down, he could[n't] get up.

John Bennett was experie[nc]ing a cerebrovascular accid[ent], an embolic stroke brought [on] by one or more small cl[ots] thrown into his blood syst[em] from his heart—and now st[uck] somewhere in his brain. E[m]bolic stroke accounts for so[me] 25 percent of all strokes. Fortunately, quick treatment [was] available for John Benn[ett], which should mean a ne[ar] complete recovery.

Another case: Mary Hamilton, a 68-year-old widow w[ho]

Continued

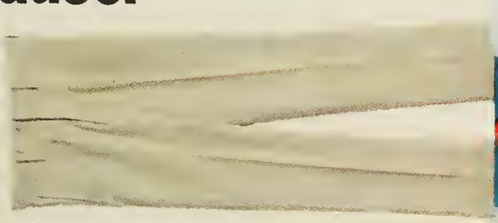


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"Waltz Through Washday" with your new Kelvinator bleach dispenser automatic washer

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had been in poor health for some time. Her recurrent spells of mental confusion and loss of speech caused her family much distress. One day, while walking in the yard, she unaccountably fell to the ground and found herself unable to speak. When assisted to her feet, she staggered about, confused and uncertain. The right side of her face sagged, and her right arm felt like "pins and needles."

Mary Hamilton had suffered the latest of a series of "little strokes," brought on by hardening of her brain arteries, and culminating in a clot causing a thrombosis. Sixty percent of all strokes are of this type. Like Mary Hamilton, three-quarters of those suffering this type of stroke had many warning signs. If these are ignored, they can result in a full stroke, with complete or partial disability often the prospect.

IS THERE A DEFENSE?

The best defense against all types of strokes lies in recognizing early warning signs and seeking prompt medical attention. These signs include brief, transient attacks of any of these conditions:

1. Slurred or confused speech, or loss of memory.
2. Occasional weakness or numbness in arms or legs, *not* to be confused with the temporary numb or tingling sensation in an arm or leg that has "fallen asleep."
3. Loss, or sudden blurring, of vision in one or both eyes, or double vision.
4. Recurrent headaches, dizziness, fainting spells, staggering, confusion.

Brief attacks—the ones popularly known as "little strokes"—were once considered harmless because they always vanished and left no permanent disability. But medical authorities now consider them in a new and more serious light.

Little strokes happen in a perplexing and inconsistent way. Sometimes they are only one fragment of a pattern of disturbances. For example, say you are unable, for a few minutes, to read what you clearly see on a printed page although your vision is otherwise normal. Then, a month later, you notice a brief, curious inability to speak a word you have firmly in mind.

These strange warning episodes are usually similar to one another, but not necessarily identical. Number and frequency vary greatly. There may be one episode and then a permanent, serious stroke; or dozens of episodes and neve stroke. Yet almost half of th who experience several such tacks will have a major str sooner or later.

Strokes are not easy to d nose, and you shouldn't try do it yourself. See your fam doctor if any symptom unaccountable and recurr even if minor. See him espec ly if the symptom is "stran to you—something far differ from what you have ever perienced before.

Doctors now believe sev underlying conditions can eventually to a stroke—most can be successfully d with. They include:

High blood pressure—one the conditions most often sociated with stroke. Pers with normal blood pressure dom develop a stroke, but th with sustained high blood p sure (hypertension) run up four times the risk.

Age over 50
Strokes running in the fami
Heart disease, of any sort
History of "little strokes"
High blood cholesterol leve
High red cell concentration
Diabetes

It's better to understand control these contributing ditions than to try to re damage after a stroke.

HOW CAN A STROKE E DETECTED?

New tests have been de oped—and old ones refined determine whether a stroke occurred. More importa these tests (most must be in a hospital under ca supervision) allow precise l tion of the trouble spot in b or neck. They include:

- **Cerebral angiogram**—X of the blood vessels of the and head. A special dye is jected into the bloodstre rapid-action X-ray cam take pictures of the blood sels of the chest, neck, brain as dye courses thro them. With this new techni a doctor can tell whether, *exactly where*, an artery blocked or dangerously rowed.
- **Electroencephalogram** cordings of the electrical w of the brain. Different sect of the brain produce diffe electrical waves. Blocked teries in these sections (o terfering tumors) dramati alter the normal pattern the waves.
- **Lumbar puncture** (spinal —draining a sample of sp fluid from the lower back testing. Hemorrhage in

Cont



n I look at this picture, I can see now why my young'uns didn't want me to come to ol. There was just too much of me at 196 pounds.



Would you believe this is me? Well it is, on a trip to Chicago. Just goes to show what losing weight can do for a person.

ly children were ashamed of me, until I lost 78 pounds.

Darlene Globe—as told to Ruth L. McCarthy

ave five daughters. Ages four, six, seven, ght and nine. With that many young'uns iat close together, it was easy to get to 196 ds by the time I was 27 years old. What hard for me was that my older girls were med of their mamma. They didn't want o go to school with them. I was just too -awful fat.

used to think it was heredity. But now I v better. It was what I ate. Plenty of beans, , potatoes and dumplings. And lots of d and bacon grease. Why, I could eat a e loaf of bread just by myself, if it had gh drippings.

ien, too, there was my night eating. You we live on three and a half acres of land in eville, Tennessee. And although my hus-l, Ray, is a carpenter by trade, sometimes help his parents on their farm. It's nty-five acres big and it takes a lot of tend- So if I was waiting for him in the evening, ust watch television and eat. Hamburgers. . Ice Cream. Anything. I took in much food than I needed, even though I got hare of exercise. I can't tell you how many s I've "run cattle." City folks maybe dn't know what that means. But when one ie cattle would break out of the fence, I'd to run a country mile to get her. Then l hide on me. And I wasn't always in the d for a game of hide 'n' seek, let me tell you. nfortunately, it didn't run off any of my ht. I remember once my husband and I to a drive-in. As I walked up to the stand, fresh boys yelled, "Hello, elephant!" I ted to die. I never told Ray because I had eeling he was getting ashamed of me, too. lidn't want to take me anyplace anymore. if he did, he most times didn't want me t out of the car.

hy, when I think back now, my stomach was almost longer than my legs. That's a fact. When I'd get into the car, I'd have to push the seat so far back, my feet would hardly touch the pedals. And when I sat at my sewing machine, I couldn't work it with my knee. I had to put the pedal on the floor, I was that big around the middle.

I can tell you I was pretty discouraged. And it wasn't like I hadn't ever tried reducing, either. I think I've sent for every diet gimmick ever offered. Besides which I tried a slimming chewing gum. And living on liquids. And then diet pills which my own doctor gave me. You're not going to believe this, but I gained weight on those pills. Honest, I did. Why, if the cost of them hadn't stopped me, I'd have been a king-size blimp by now.

I even had shots to lose weight. But when I discovered I was pregnant, I stopped. So up the scales I went again. I didn't think anything could ever help me.

But I was wrong. There was something. And it really worked for me. It was a reducing-plan candy with vitamins and minerals, called Ayds. I read about it in a magazine. There was this picture of a lady who'd lost—oh, I don't know how many pounds—with the help of Ayds. I thought, why not me. I'd tried everything else. So I drove to the drugstore and picked up a box. The chocolate fudge-type. I happen to have dentures, so I didn't want the vanilla-caramel kind. They're too chewy for me. But later, when Ayds came out with a new chocolate mint flavor, which also had a fudgy texture, I got that one.

It was close to New Year's when I started. Ray really wanted me to lose, so he made me a resolution. "I'll give you a dollar," he said, "for every pound you take off." I guess he never thought I could do it. But I did.

Once I found out that the Ayds Plan could help me control my appetite, I knew I was going to get the fat off. Now, mind—Ayds contains no harmful drugs. None. I found that by taking one or two before meals like the directions say, I wanted less to eat. Used to be that I'd have a full-size plate of food and I'd come back as many as three times. But with Ayds, I started eating off a little plate—like a saucer. And even though I might come back for seconds, I was still eating half of what I did before.

As the pounds began to come off, I started rolling on my hips—fifteen minutes every night. And I wore a chin strap to bed. My triple chin was beginning to sag into one, so I thought it could do with a little support.

Finally, I lost down to 118 pounds. Seventy-eight dollars worth of weight. I know it's going to take some doing to collect from my husband. But the compliments I've had since have been worth a million times that.

Now, Ray wants me to go everywhere with him. And nowhere without him. Unless it's to school with the kids. Where they used to be ashamed of me, now they want me there for all the doings

My baby keeps saying: "Mamma, you're beautiful." While my oldest girl keeps measuring me with hugs. "Oh, you're so skinny," she says, as she opens her arms wide and wraps them around my middle. Something she was never able to do, before I took Ayds.

BEFORE AND AFTER MEASUREMENTS

Before		After
5'3½"	Height	5'3½"
196 lbs.	Weight	118 lbs.
42"	Bust	36"
38"	Waist	24"
46"	Hips	36"
24½	Dress Size	10



Arvin products have a secret.

(People keep them.)

Even when they're alarming like this handsome AM/FM clock radio with a charming bedside manner. It will lull you to sleep and wake you gently to music . . . even let you catch an extra 40 winks without oversleeping. But not all Arvin products are alarming. We make heaters you'll find it easy to warm up to. Intercom systems to save you time and steps. And scores of other products for your entertainment, comfort and convenience. One thing is certain—no matter which Arvin secrets you share with millions, you'll find them well worth the keeping.

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around the brain is likely to cause appearance of blood in the spinal fluid. Infections and tumors also can be detected by examining spinal fluid.

- **Pneumoencephalogram** — X-ray contrast photos of the outline of the brain and its inner, hollow surfaces. Allows a doctor to locate a misshapen part of the brain caused by injury, congenital defect, or tumor.
- **Electrocardiogram** — recording of the electrical activity of the heart. Certain rhythms of the heart are known to produce blood clots, which could eventually lodge themselves in a vital artery of the neck or brain.
- **Ophthalmoscope viewing** — allows direct inspection of the retina of the eye and blood vessels at the back of the eyeball for swelling or distortion, which could mean broken or blocked brain arteries.
- **Red cell concentration test**
- **Blood sugar test**
- **Cholesterol level test**
- **Blood pressure reading**

In addition to using tests, doctors rely upon a thorough "patient history" for significant clues indicating whether or not a stroke has occurred—and, if so, its type. Often, not many tests are needed for an accurate diagnosis; occasionally, all of them are needed.

WHAT CAN BE DONE AFTER A STROKE?

Three methods of treating stroke have emerged, with the proper one dependent on the type and severity of stroke.

1. **Surgery**
2. **Anticoagulant drugs**
3. **Rehabilitation**

Successful use of *any* of these medical approaches hinges upon one factor: prompt treatment. Failure to take immediate action in some types of stroke could mean death; in others, it could result in permanent disability.

Surgery is possible when the stroke is the result of a blocked artery *outside* the brain, usually in the neck or upper chest. These blood vessels are large and accessible to surgical treatment. But when a stroke is caused by a blocked artery in the brain (as most are), surgery is seldom of any value.

However, brain surgery for a broken artery in the skull, causing bleeding in or around the brain, is often successful if carried out immediately following the hemorrhage.

The use of anticoagulant drugs has been called by one medical expert "the most striking advance in the mode treatment of stroke." The drugs can stop the continu growth of a clot which alrea exists in a blood vessel; crease the number of cl which break loose; decrease t likelihood of clots forming other parts of the body; a make it possible for enzymes the blood to help disintegrate clot if it is fresh and not ful hardened in place. Sever other medical treatments a may increase the supply blood and oxygen to the bra but the development of an coagulant drugs ranks as a g uine modern medical mira in the treatment of stroke.

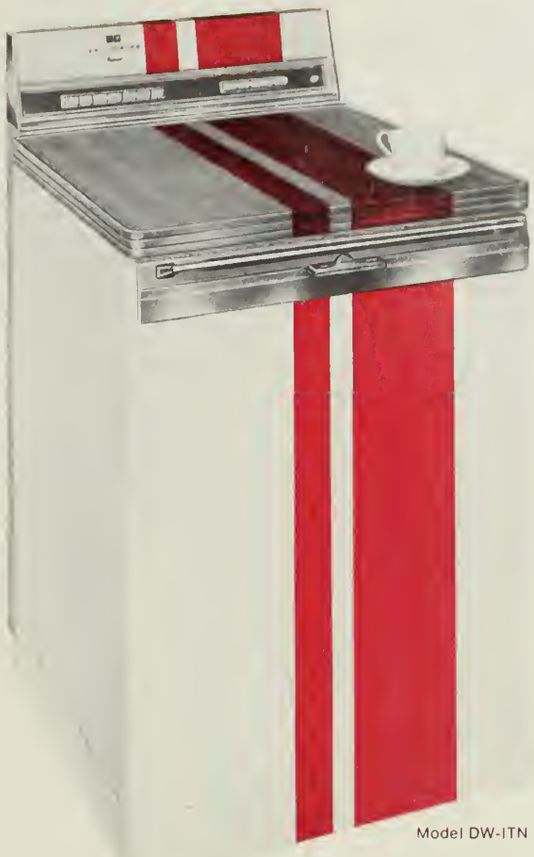
Thanks to new rehabilitati techniques, the medical at tude toward persons crippl by stroke is now one of gr hope. Today, nine out of t of these paralyzed persons c be taught to walk again a care for themselves. Two out three *can* be restored sufficie ly to do gainful work. A mu lower percentage, however, tually achieve these resul But it is possible with exp help—and with real determi tion on the part of the pa lyzed person.

WHO'S WHO IN STROKE TREATMENT

A stroke generates a co plex of problems, with speci ized care needed in many are The patient and his fam often face a bewildering arr of professional workers. Her what seven specialists do:

- **Neurologist**—diagnoses a treats injuries and diseases the brain and nervous syste
- **Neurosurgeon**—performs s gery on the brain and nervo system.
- **Vascular surgeon**—perfor surgery on arteries in the n and chest leading to the bra
- **Radiologist**—performs X-r examinations.
- **Physical therapist** — tre disabilities through exerci massage, application of a riety of devices.
- **Occupational therapist**—tre disabled patients in their phy cal and mental recovery—he ing patients relearn their job skills, or develop new on
- **Speech pathologist or au ologist**—treats patients w have lost their powers of spe and or hearing.

Many experts may help the treatment of a stroke v tim, but family members a friends remain the princi source of his support and m tivation to a full recovery—a a useful, happy life. ■



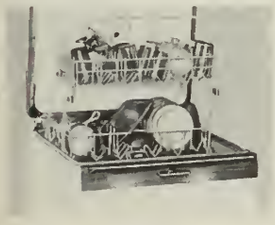
Top-loading dishwasher
in white or colors
Add your own rallye stripes

Model DW-ITN

Frigidaire Helpmobile SS... the hardtop your wife will love.

And a Frigidaire top-loading Helpmobile is one dishwasher a man can understand.

As standard equipment, there's a hard-working SS powerplant. Super-Surge Wash Action with 70 g.p.m. water recirculation will help your wife get dishes really clean without a lot of bothersome, tedious pre-rinsing.



How about that hardtop styling? The smart work top in a cherrywood pattern is practical, too. It's extra counter space for her.

This Helpmobile is bus, not coupe, size. Holds 16 table settings* so she can often handle family-size loads.

It's as fast and easy to load as a station wagon. The top rack swings up, locks in place for instant access to both the top and bottom racks.

Complex controls? No, sir—she'll operate her Helpmobile as easily as she does an automatic shift. She has pushbutton selection of 5 cycles, including 150-degree water to help banish germs.

Finally, there's 4-on-the-floor mobility. A quartet of smooth-rolling casters will help her move the dishwasher back and forth to the sink easily.

Check out a Helpmobile yourself. Thunk the top. Poke around inside. Roll it back and forth. (Sorry, you can't kick the casters. They're tucked away underneath.)

But step on it. Mother's Day is just around the corner. Luckily, a Frigidaire Helpmobile dealer isn't much farther.

*Table setting as established by the Association of Home Appliance Manufacturers.

Give Mom a Frigidaire Dishwasher because...

Frigidaire bothers to build in more help

GM
MARK OF EXCELLENCE

FRIGIDAIRE

Sadly, many women will buy the vinyl floor on the left.

Not because it's more beautiful. Or easier to clean.

Because it's neither.

They'll buy it simply because of its brand name. Which is the biggest in vinyl floors.

But, if a name isn't everything to you, take a look at the floor on the right. Because we can offer you beauty and leisure, in place of such a big name.

For good reasons.

We can offer you beauty because we make our patterns like many of the finest reproductions of art are made. A process called gravure.

(Instead of the usual way of making a pattern by compressing vinyl particles together.)

Which is why our brick floor looks like a brick floor. Instead of like a vinyl floor.

And we can offer you leisure because the top surface of our floor, instead of being vinyl particles, is a clear nonporous sheet of vinyl. Which dirt can't work its way into. In fact, it wipes clean as easily as a window.

You can see the pattern pictured, called Antique Brick, and our many other authentic-looking vinyl floors, at your Ruberoid dealer. See the Yellow Pages, under "Floors".

After all, what's a big name when you wash the label off? For literature, write GAF Floor Products Division, 733 Third Avenue, New York, New York 10017.

gaf Ruberoid
We make beautiful vinyl floors.

General Aniline & Film Corporation





AN ADDITION THAT'S BIG AS A HOUSE

If your family is *really* cramped for space, and you're planning an addition, think big. That's what the owners of this home did.

They needed stretch-out space for the family . . . better traffic circulation . . . more usable outdoor living . . . and a master bedroom suite that would be isolated from other areas of the house.

They got them all in a king-sized new wing that includes a light-filled living room, a private master suite with its own study, and an efficient entry area.

Outdoor living—in the form of an open, free-form terrace—extends nearly the full length of the addition on one side.

Above: The original house is a Cape Cod. Rather than carbon-copying its styling, the addition restates it in contemporary terms with a steeply pitched gable roof, white brick, and simple details.

The terrace joins the old and new, and is handy to the kitchen for outdoor cooking. Sliding glass doors smooth the transition from terrace to living room.

Upper right: Inside, furniture was grouped in three conversation areas, making the big living room comfortable for a couple or a crowd. In the background you can see the old living room—now a spacious family room—and the new entry hall.

Lower right: Crisscrossed beams support the open ceiling; wedge-shaped clerestories repeat the triangular motif at either end. A log storage bin was built into the base at one end of that bookcase at left.

Plan: Protected doors open on an entry that channels traffic left into the house or right into the addition. Near at hand are a big closet, half-bath, and door to the terrace.

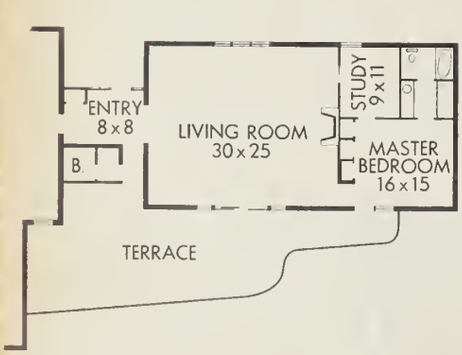
The master suite, with its roomy study, could be an addition in itself. Its remote location assures parental privacy. As in the living room, floor-to-ceiling windows open the interior to the outdoors.

In all, more than 1,500 square feet were added—not counting the terrace.





Photographs: Taylor Lewis. Architect: Arthur Cogswell, Jr., A.I.A. Source: Joanne You





This is Cindy Pinkstaff and her doting daddy. Her diapers and his greasy work clothes are both washed clean in cold water with Cold Power!

Mrs. Alice Pinkstaff, Middleton, Mass., wrote us: "I gave it a try, and now I really can't say enough about Cold Power."

Alice Pinkstaff

ate-Palmolive Co.

old Power gets out the worst kind of dirt in cold water. Germproofs, too.

Maybe you'll decide against red with green trim. But Stanley thinks you should have the choice.



Maybe you'd prefer burgundy. Or a jade-green that lets the wood grain show through. Maybe what you really want is a burnt orange room divider. Maybe not. But if you want a credenza to match your carpet, we think you should have it. That's why we make furniture in shades of blue, celery, apple green, moonstone, primrose, and dozens more. More colors and finishes in fact than anyone else. If you'd like to see them, send $1.00 for brochures to Pat Parker, Dept. BG-85, Stanley Furniture Company, Stanleytown, Virginia 24168.

We try to finish furniture as though different people had different favorite colors. The Stanley Furniture Company.

STANLEY

TEN MOST MISUNDERSTOOD FACTS ABOUT MUTUAL FUNDS

By George Bush, Eastern Editor



This article—complete on a single, easy-to-clip page—dispels ten current myths about mutual funds. Next month, you'll find a similar feature on stocks and bonds. Together, they offer a basic guide to a well-balanced family financial program.

1 My savings and my insurance are enough. Don't be too sure. While savings and ample life insurance are basic in sound family money management, it's a good idea to set aside additional funds as a hedge against inflation.

Our money has eroded at an annual rate of from 2½ to more than 3 percent in recent years. Hopefully, this alarming shrinkage won't continue, but even so there seems no escaping the fact that we'll have *some inflation* so long as our economy expands. This has been true ever since our nation really got rolling – and it's what makes that dollar your grandmother tucked away in 1893 worth only 22 cents today.

Your hedge against ending up with such sadly shrunken savings lies in buying a productive piece of the economy. Say you invest in a company's stock. If the earnings growth of that company keeps pace with our economy, the shares you own should hold their proportionate value over the long run, regardless of what happens to the dollar. Indeed, they will often be worth more.

Take a look at the Dow Jones average of representative industrial stocks. While grandmother's fixed dollar shrank by 78 percent, this average grew in value by about 2,000 percent. Had it been possible to invest ten dollars in this average back in the 1890s, you'd now have $200.

True, stocks can go down as well as up. That's why buying securities is called "risk investment." But there are ways to minimize your risks and maximize your gains. Perhaps the simplest is to buy shares in a mutual fund.

2 Investing in a mutual fund is like buying stock. Far from it. A single stock reflects the fortunes of a single company. If all goes well, the stock rises; when things go wrong, it drops. On the other hand, a mutual fund share reflects the fortunes of *many companies*. The average fund owns between 50 and 100 different securities at any given time – so many that one person could never hope to buy and manage them himself.

A mutual fund, in short, is a pool of money put up by many people with similar investment objectives. Each participant holds a percentage of shares in the overall value of the fund, the number of his shares depending on how much money he invested. Experts manage this money pool, deciding what securities to buy and when to sell them.

Statistics show they know their business. Over the past ten years, an investment of $10,000 in the average fund would have grown to $26,211 and produced dividends of $4,122. Last year alone, five out of six funds did better than the Dow Jones Industrial Average; a handful doubled in 12 months!

Not surprisingly, more and more life insurance companies today recognize the importance of profitably managed security ownership and are offering participation in mutual funds to their clients as part of an overall financial program.

3 Fund investing is too risky. All investments carry risk, whether they are in stocks, bonds, mutual funds, real estate, or starting your own business. But mutual funds are less risky than most investments because of their combination of diversification and professional management.

Some securities in a particular fund's portfolio may be quite speculative, holding out the chance of big gains but also the possibility of hefty losses. Yet in the same portfolio there may be other securities—relatively stable common stocks and often preferred stocks and bonds—whose normal fluctuations are less erratic, so as to cushion possible drops in the speculative issues.

This cushioning works both ways. No mutual fund will ever shoot up as rapidly as some spectacular stocks might. But by the same token, there's virtually no possibility that you'll lose your shirt, as you could with ill-chosen stocks.

Even in a generally poor market, funds hold up remarkably well. You'll remember that stocks took a pretty bad beating in 1966. The collapse came in May; by year's end the markets had somewhat recovered. Still, the Dow Jones was down 15.8 percent, and Standard & Poor's average of 500 stocks by 10 percent. Yet the mutual fund average closed that year with a drop of less than 6 percent.

Keep in mind, however, that some funds are riskier than others. This only stands to reason, since the faster a fund's management wants to make money, the greater the risks it must take.

4 Mutual funds are all alike. No more than stocks are all alike. You can often tell one big difference between funds just by looking at their names.

Growth funds try to achieve maximum capital appreciation; these funds are almost fully invested in promising common stocks. *Income funds* provide maximum current income; their holdings are largely steady dividend payers, both stocks and bonds. Then there are *balanced funds*, whose investments usually are about 60 percent in common stocks and about 40 percent in preferred stocks, bonds, and cash.

You'll also find many funds identified simply as *stock funds* or *common funds*. These lean toward growth, though they may be quite conservative in their approach; in fact, some stress current income. In addition, there are "specialized" funds whose investments are concentrated in certain industries like utilities, insurance, or electronics, or in specific types of securities, such as bonds or preferred stocks.

In the financial stories in your newspaper, you'll also see funds referred to as "open-end" and "no loads," but distinctions such as these have no major bearing on their investment approach.

Open-end funds – and that's the vast majority – are funds you can buy into and sell out of any time you wish.

(Don't confuse these with closed-end investment companies which issue a fixed number of shares when they are launched, and are traded on the market like ordinary common stocks. Before you can get in, someone has to be willing to sell his shares; before you can get out, someone has to be willing to buy.)

"*Load*" refers to something else again, namely a fund's commission structure – the sales charge you pay to buy shares.

No-load funds charge no sales commission. You buy shares directly from the funds. Since brokers don't handle them, you have to find them on your own, either through financial-page advertisements,

Continued

or by writing to the Investment Company Institute, 61 Broadway, New York, N.Y. 10006. They will send you a list of their no-load members, but, as an impartial body, will make no recommendations to you.

Front-end load refers to fund plans that require a definite investment commitment over a period of years. Up to half the sales commission on the total amount you contract for is charged against the early installments (Point 7).

5 It's too hard to pick good funds. With about 250 active open-end funds offering their shares, the problem does seem overwhelming. But don't be discouraged. Finding a fund to meet your purposes merely requires some research and thought—considerably less effort than earning the same potential amount of money on your job.

Your first step is to decide on your own primary investment goal. Do you want, for example, growth or income, or do you want stability?

As head of a young family, you'll probably seek growth, if for no other reason than that the relatively small amounts a starting breadwinner can invest won't produce much income anyhow. Your aims will be to build your family's long-term security, to work up a college fund for the kids, and to achieve some degree of financial independence for yourself.

If you're approaching retirement—and have savings to invest—you'll probably be more interested in income than in growth, and more concerned with guarding your nest egg than with wealth. Chances are you'll opt for an income fund or a balanced fund.

Next, go to a registered securities broker or mutual fund dealer (see the yellow pages of your phone book) and ask him about funds whose investment objectives meet your requirements. Have him supply you with their prospectuses, periodic shareholder reports, and sales literature. You could then study the records of their share value fluctuations, dividend payments, and capital gains distributions of profits made when they sold securities.

But much simpler than matching up all these reports is to study impartial reference materials available in most brokers' offices and major public libraries. *Johnson's Investment Company Charts*, an annual publication, is especially handy. It contains, in addition to performance charts of all funds, some cellophane overlays with the averages for funds with the same goals. By putting the appropriate overlay on a specific fund's chart, you can see how this fund performed in comparison to the group average.

Arthur Wiesenbergers' *Investment Companies*, the bible of the business, not only contains current records, but goes way back into fund histories.

6 Nobody can figure out those fund performance charts. Well, here are some basic guidelines.

For growth: Did the fund's shares rise more in price than others in the growth group? Have its shares consistently done better? Be sure to count capital gains distributions; they are either in cash (at the shareholder's option) or in the form of additional shares. The latter enable the investor to make more money out of money he's already made—which is really what a growth fund is all about.

For income: Did the fund return a high percentage of dividend income in previous years? (Remember to figure the percentage in relation to share value at the time.) Was a high rate of return maintained without a serious decline in the share price?

For stability: How did the share price hold up in the market declines of 1957, 1962, and 1966?

But don't stop here. Apply the growth yardstick even if income or stability is your prime aim—and don't forget to compare the dividend records of funds with equal stability.

Of course, your research can deal only with past. The future is always uncertain. An old, established fund conceivably could stop doing well; a new, untested fund may suddenly outperform all others. But the past remains your most reliable indicator, because successful money managers aren't likely to forget their business.

7 I can't afford to invest. You are probably underestimating your discretionary income and overestimating the cost.

Most funds offer "voluntary" accumulation plans that let you buy in at your own speed, usually on a monthly or quarterly basis. Your annual investment often may be as little as $300 to $500, with an initial lump-sum as low as $100.

The "front-end loads" arrange contractual plans where the individual payment may be as little as $10 a month. However, under this type of plan you are committed to specific investments at regular intervals, usually monthly over a number of years (often 10). This makes for a good, disciplined savings program, but you must remember that if you quit before your contract runs out, you're indirectly penalized. Since a major part of your total sales charge is deducted from the first year's payments, less of what you put in at the start is actually invested for you.

You can guard against death disrupting your fund investment program by buying "completion insurance" on contractuals and also on some voluntary accumulation plans. This is "reducing-term" life insurance and works something like a mortgage life policy. If the insured dies, his commitments are paid off automatically.

8 Mutual funds are robbing the public. Actually, mutual fund sales charges are quite reasonable. Usually it's 8.5 percent of your payments—a relatively small markup when you consider what it would cost you to buy all those diversified securities by yourself in individual stock market transactions. In addition to commission, funds charge a management fee of ½ of one percent (often even less) of the value of the shares you hold. Again, this isn't out of line, especially if you relate it to performance.

Recently, the "front-end load" has been criticized in the press, with some dealers accused of overselling contractual plans—for instance, to people who weren't likely to keep up payments. Indeed, it does seem a bit unfair to take the bulk of sales charges out of initial payments. But don't forget that the same holds true for most other contractual purchases (example: you paid the broker's fee with the down payment on your house). It simply doesn't pay a fund salesman to carry on his business—especially where such small amounts as $10 a month are involved—unless he can be sure of his commission.

9 Once you're in, you can't get out. Not true. Any open-end fund will redeem its shares from you at current market value, and usually without additional charges. That goes for a contractual fund, too, although you don't gain the full potential benefits of such a program if you drop out prematurely.

If you own a fund with a "conversion privilege," you can switch from it to another fund—say from growth to income—without paying sales charges on the new shares. Most firms which run different funds offer this handy clause.

If you're self-employed, you can take advantage of the Keogh Act and invest up to $2,500 a year in a mutual fund, with the total amount deductible for income tax purposes. Beyond that, any dividends and capital gains distributions paid on these holdings get deferred tax treatment until you collect the money in retirement.

10 When you get older, there isn't much point in fussing with funds. Not so. Income and balanced funds that pay a reasonable rate of return provide an excellent opportunity for supplementing your retirement income. Then, too, they often increase substantially in value, giving you more capital to earn more dividends on.

But with the growth record shown by mutual funds, you can—simply by withdrawing the capital gains distribution—back up your retirement income with more than just dividends. Most funds have withdrawal plans that enable you to take out fixed amounts on an automatic, periodic basis. Often a six percent withdrawal has been possible without disturbing the original investment.

For reprints, see page 1

Corning introduces avocado

Now famous Corning Ware cookware is ailable in color.
And the color is Avocado, the subtle, sitive green that coordinates so beautifully h other greens, with other colors, with ite, with just about anything.
Avocado Round is available in five matched ces: three saucepans and two skillets, all h detachable handles. You can have individual pieces for a touch of color, or match them as a set.

But Corning Ware cookware is more than just color.

With Corning Ware cookware you enjoy the easy convenience of one-dish versatility that lets you cook, serve and store all in the same dish.

You can take Corning Ware cookware from freezer cold to range-top heat without fear of its breaking or warping. It's the only cookware made of remarkable Pyroceram® brand material.

Now, you have three choices in Corning Ware cookware: White, white with Blue Cornflower emblem, and new Avocado.

And prices start at just $5.95 for the 1 qt. covered saucepan.



Corning Ware® cookware by CORNING

ng promises to replace any Corning Ware product that ever breaks from temperature extremes. Just return the pieces to a Corning Ware Products Dealer.
ING WARE and PYROCERAM are registered trademarks of Corning Glass Works, Corning, N.Y.

YOU SURE MAKE **BEAUTIFUL** GRAPE JELLY!

...AND **UGLY** SINK STAINS!

GRAPE STAINS MIXED WITH FOOD STAINS! GOOD THING I'VE GOT COMET!

BUT I HAVE CLEANSER, JOSEPHINE.

COMET BEATS IT... BLEACHES OUT TOUGH FOOD STAINS BETTER!

WATCH! I'LL SPRINKLE BOTH CLEANSERS. FOR THIS TEST I'LL JUST LET 'EM SOAK.

OTHER CLEANSER

COMET

NOW RINSE...SEE? YOUR LEFT SOME STAIN. BUT COME BLEACHED IT. ONLY COME HAS *SUPER* CHLORINOL

OTHER CLEANSER

COMET

I'LL SWAP YOU MY STAIN-MAKER FOR YOUR STAIN-REMOVER.

OKAY, MRS. CROSS.

"COMET BLEACHES OUT TOUGH FOOD STAINS BETTER THAN ANY OTHER LEADING CLEANSER"

DISINFECTS BETTER, TOO!

Josephine's Household Hint: Want to save time and trouble? Instead of a cleaner *and* a disinfectant, just use Comet. It disinfects as it cleans. Comet's a powerful disinfectant for bathroom fixtures, garbage cans, almost anything.

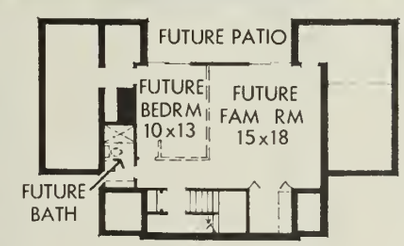


THIS COMPACT HOUSE HAS EXPANSION PLANS

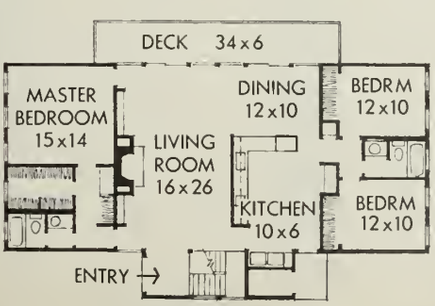


Photographs: Suter, Hedrich-Blessing. Architect: Morton Gruber, A.I.A. Interiors: Sol Blumenthal. Source: Susan Medlock





Lower Level



Ground Floor

How much living can you get with 2,000 square feet? Quite a bit if you plan the lower level for future finishing, as the owners of this contemporary house did.

It's built high on a hillside lot. At the entry level are three bedrooms, two baths, and a living-dining-kitchen area—all the requisites for a young family.

Later, two partitions and some plumbing fixtures can turn the downstairs into 660 square feet of additional living.

Above: The entry and carport project from the front of the house, creating a front yard that's mostly driveway turnaround and low-upkeep planting areas.

Frosted glass panels beside the entry and carport let in light yet maintain privacy. Those clerestories above are also translucent.

Left: An eight-foot-high partition separates the kitchen from the living room and from the dining area at far left (see plan). Stairs in the background tie the entry to the lower level. A dropped ceiling and a flagstone floor help set apart the entry-stairway zone.

Below left: A cathedral ceiling opens the living area all the way to the roof line. The ceiling beams continue right on down the walls to frame built-in bookcases that flank the fireplace.

Inexpensive fir plywood was used for both interior paneling and exterior siding. That door at the left of the bookcase leads to the master bath and bedroom.

Plan: The entry level is laid out for both openness and privacy. From the kitchen, for instance, it's easy to keep in touch with conversations in the living and dining areas, yet partitions block guests' view of any mealtime mess.

The master suite gets its own quiet end of the house, away from children's bedrooms. You could still keep in touch with them by intercom, though.

Downstairs, dotted lines indicate how you might fit in another bedroom, plus a family room with plenty of storage and access to a covered patio. The future bath has room for a shower, toilet, sink, and vanity or wall cabinets.

CARPORTS THAT DO MORE THAN STORE THE CAR

Why shouldn't a carport be just as up-to-date as that new hardtop you park inside it? There's no reason at all, as this page and the two following it prove.

Each of these carports accommodates two full-size cars, plus anything else from bicycles to a compact shop. **Below:** Back out the car, move in some furniture, and you could have a party in this pavilion.

Six-by-six-inch posts support the simple flat roof, which was finished underneath with plywood and painted white to make the carport's interior seem even more open.

The posts and fascia are natural redwood; black trim outlines the triple storage center.

Bottom: Two big doors open up to center storage cabinet to receive cycles and other bulkies. Perforated hardboard holds sports equipment.

The left cabinet has shelves for paint, tools, and car needs; the right cabinet is compartmented for lawn garden tools and supplies.

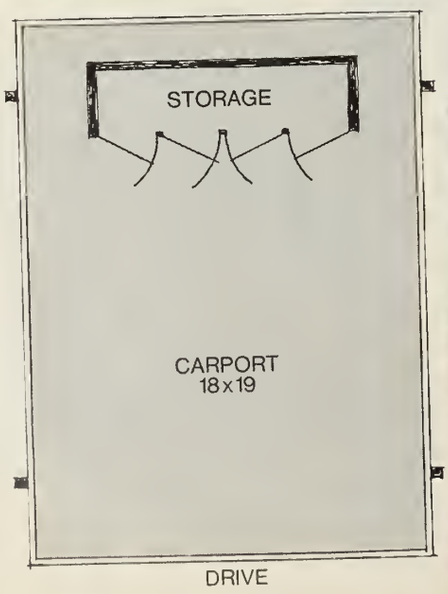
Plan: Locating the posts outside the slab minimizes the chance of scraping a fender. If your lot is tight, build a one-car version.

Continued

BETTER HOMES PROJECT PLAN 3805-TO ORDER, SEE PAGE 112



Photographs: de Gennaro. Architect: Craig Ellwood, A.I.A. Source: Dorothy Cam







"Why can't I have the bathroom fixtures I want? Why can't I have Eljer?"

You can. Simply ask for them. Sure, you've shopped and compared. And now you *know*. Eljer fixtures are *just what you want* from the standpoint of quality, style and price.

So, go ahead . . . specify them. After all, why should you settle for less than the best in something as permanent as plumbingware?

Eljer's Master Crafted fixtures come in decorator pastels or white.

Specify Eljer to your architect, builder or plumbing contractor. For Eljer's new design idea book, send 10¢ to Eljer Plumbingware Division, Wallace-Murray Corporation, Dept. BH, P. O. Box 836, Pittsburgh, Pennsylvania 15230.

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ESTATE TOILET

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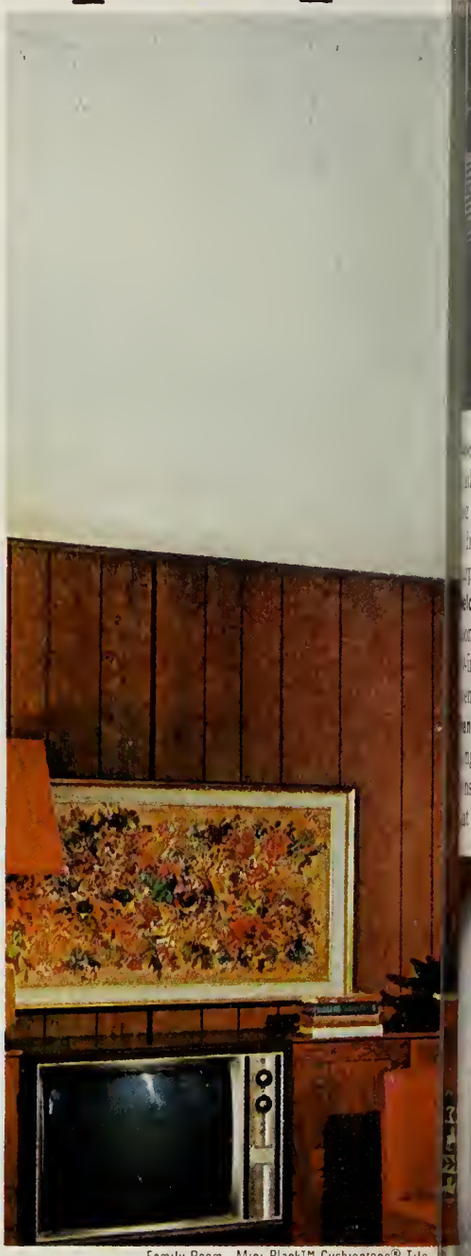
The hardest thing about putting up one of these ceilings is deciding which one to put up.



Recreation Room—Conestoga Temlok® Suspended Ceiling



Dining Room—Dover Temlok Tile



Family Room—Mini Plank™ Cushiontone® Tile

That's the trouble with Armstrong Ceilings. They *all* look good. All 38 of them. So, if you went by looks alone, it could be pretty hard to make a choice.

But an Armstrong Ceiling does more than just look good.

For example, if you have a room that has exposed pipes and wiring, you should look for a ceiling that'll hide them—a suspended ceiling. Like the one shown in the recreation room—Conestoga Temlok. A metal grid is hung by wires from the existing ceiling and then the panels merely dropped into place. It doesn't take an awful lot of work, or an awful lot of money. About $60 for materials for a 12-x-14-foot room.

Looking for an inexpensive way to cover a cracked and peeling ceiling? Look at the one in the dining room. It's Dover Temlok. The dimension it gets from deeply beveled edges gives it an inlaid effect, makes it look expensive. But it's not. Materials for a 12-x-14-foot room will run you about $42. You can put up Dover right over your present ceiling, either by stapling or glueing. And like all Armstrong Ceilings, it's washable.

Maybe you have a room that'd be a lot nicer if it were a lo less noisy. If so, take a look at the ceiling in the family room It's Armstrong's newest acoustical ceiling—Mini Plank. Thi ceiling will actually absorb up to 50% of the noise that strikes it As for the design—well, what looks like two narrow planks i really a one-by-two-foot tile. So it's as easy to put up as any til ceiling. If you want, you can even put it up in a random pattern Sound good? So will the price. About $46 for materials for 12-x-14-foot room.

Your lumber dealer can show you these and other Armstron Ceilings. If you have a hard time deciding on one, don't worr about it. Just flip a coin. The odds are all in your favor.

Free! Color pictures of the complete line of Armstrong Ceilings and a helpful do-it-yourse installation booklet. Write: Armstrong, 6805 Sun Street, Lancaster, Pennsylvania 1760

Armstrong

CARPORTS THAT DO MORE THAN STORE THE CAR *Continued*



Designer: Harry Londelius and Associates

Above: If you missed out on an atrium when your house was built, why not fit one into your carport? Actually, this planting area began as an effort to save a favorite tree. The tree didn't survive, but that big green open space makes the carport look very un-garage-like.

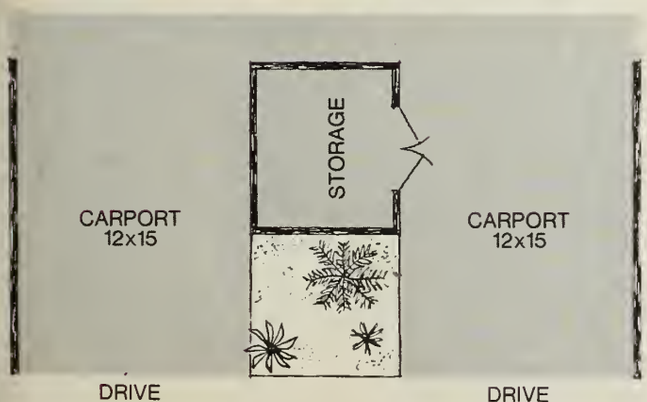
Below: Behind the planter is a combination shop and storage room. The raised floor helps keep out dirt and water. Two 30-inch-wide doors make it easy for the homeowners to move even quite bulky items in and out.

Plan: Many two-car garages and carports seem boxy. This elongated version completely changes the usual proportions. End walls, the storage room, and a pair of posts are all that support the flat roof.

Continued



BETTER HOMES PROJECT PLAN 3805-2 TO ORDER, SEE PAGE 112



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Subterranean termites don't care about states or status—they're in every state and attack both new and old homes, in all price classes. No home is safe without modern Gold Crest chemical protection, and prevention is much cheaper than repairs after an attack. Your architect, builder, mortgage company or Pest Control Specialist can give you complete information on treatment for termite protection...for old or new construction.

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BHG-58

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CARPORTS THAT DO MORE THAN STORE THE CAR *Continued*



Architect: Pauli and Martin, A.

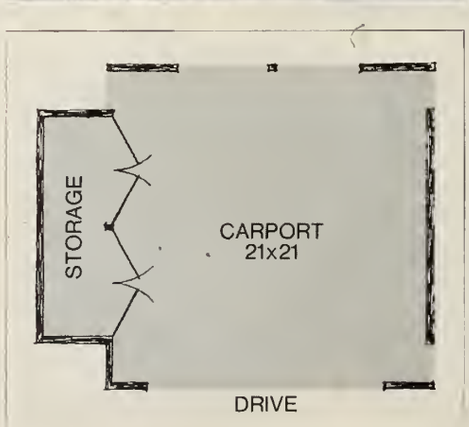
Above: Here's another carport where you needn't be asham to entertain the bridge club, or barbecue with friends. Op gables and partial walls give the interior a garden-room a mosphere—and the carport's contemporary styling wou harmonize even with a traditional house.

Below: One wall is devoted to three-foot-deep storage ca inets. This one accommodates a shop. The other stores g clubs, tennis rackets, skis, and other sports equipment— you could keep the bridge tables and barbecue there.

Plan: Your car may not appreciate a view of the garden, b *you'll* enjoy it every time you drive in or out. Openings t right lead to a walkway and the house. ■



BETTER HOMES PROJECT PLAN 3805-3
TO ORDER, SEE PAGE 112



Slender® diet food for weight control, Carnation Company, Los Angeles, Calif.

It's 225 calories. It tastes like 2,225 calories.



Slender® from Carnation, mixed with cold, fresh milk, just doesn't taste like a liquid diet ought to. Slender tastes rich. Creamy. Satisfying. You have to keep reminding yourself that it's only 225 calories. And a completely balanced diet meal. Isn't it about time somebody put a little fun in your diet?





ACTION ROOMS FOR FAMILY LIVING

By Peg Rumely, Home Furnishings Editor and Nelda Cordts, Associate Editor

Here are family rooms—new in concept—and right on target for today's active living. Decorating is focused on practically indestructible materials . . . easy-care, look-alive colors . . . and built-in comfort. Furnishings are not only fun—they're convertible, space-solving, mobile, and sometimes disappearing.

Making a major contribution to this portfolio are the five award winners from the recent Uniroyal Naugahyde design competition. The competition was open to all members of the American Institute of Interior Designers.

Study all eight of these action family rooms carefully—each is chock-full of ideas. And we've included a floor plan with each photograph to help you swing into action in your home

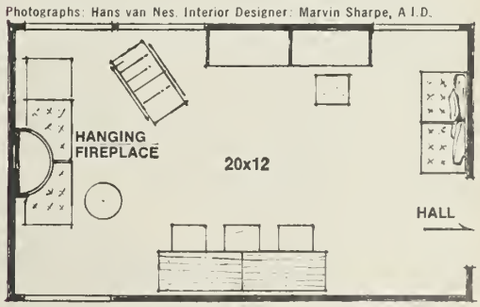
The first of the five award-winning Naugahyde rooms is a masterpiece of flexibility. Everything changes into something else, or moves (as in a game of chess) to a more strategic spot.

In this photograph, the center of the room is cleared for dancing and buffet dining. Party over—wheel the two lounge ottomans and seating-serving stools into a conversation area. Use supersize ottomans as guest beds. Fold hinged rectangle game-and-dining table into a square. Protect stereo by pulling down a tambour door; raise the other for TV. Stir up the fire and relax.

Vinyl rules this roost—on walls, doors, floor, upholstery, fireplace, and tabletop. Its versatile pattern and color make a powerful decorating statement, too.

More on following pages

Photographs: Hans van Nes. Interior Designer: Marvin Sharpe, A.I.D.



Buying information, page 142

ACTION ROOMS

Continued

This dynamic room unwinds tension kinks fast as a wink. Whether the therapy is exercising, studying, or relaxing — this is the place!

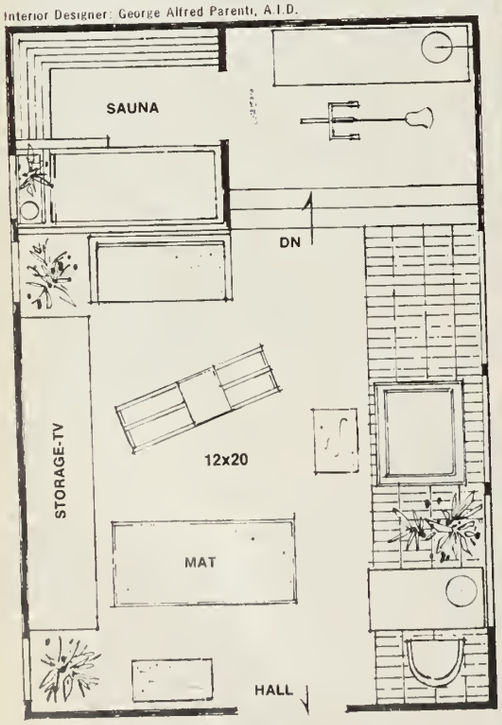
Fitness aficionados can bump and thump around the room without damaging the handsome vinyl-clad interior. Spread tatami mats on the floor for a cushioned exercise area for the whole family. The karate wall of tufted vinyl flips over to reveal a laminated motion picture screen. Try the exercycle, ski trainer, dumbbells. Then go three steps down to the sauna-sun-and-massage area.

The desk awaits after-hours work, or reading, in a pleasant indoor-outdoor atmosphere. Windows are spans of glass protected to eye level with a basket-weave wooden fence. Rosewood vinyl faces the fireplace hood and desk top. Decorative ceramic tiles act as a firebed. Perhaps you'd rather practice ikebana instead of karate? The planting area puts greenery right at your fingertips for arrangements.

Or, just relax on the tufted vinyl sofa. There's television in a built-in storage wall opposite the window wall.

More on following pages

Interior Designer: George Alfred Parenti, A.I.D.







ACTION ROOMS

Continued

East meets West in this unusual fun-and-games room. It reflects the graciousness and serenity of the Orient, yet it functions with the practicality of the Western world.

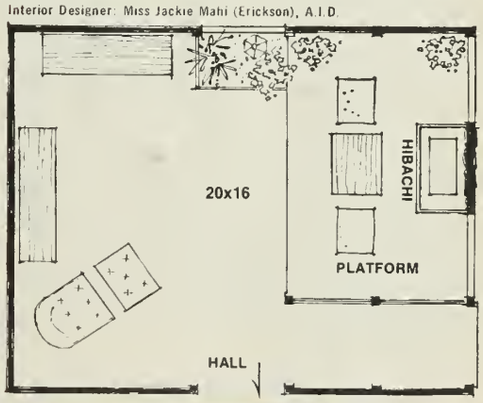
Raised platform permits an ingenious storage idea—pull-out drawers conceal game sets, snacking utensils, and other recreational needs. Vinyl covers the padded platform and drawer faces. Adding to the charm of this snack-lounge area is the hibachi, set in the sunken fieldstone fire pit.

Tansu chests (close-up of open chest in small photograph) conceal a stereo unit, and a television that swings out and rotates for easy viewing. Exterior of chest looks like aged wood but is a rich chestnut vinyl covering.

Vinyl grass cloth covers the wall. Underfoot, it's vinyl tiles. The plumply upholstered chair and ottoman sport another of the news-making vinyl colors.

More on following pages

Interior Designer: Miss Jackie Mahi (Erickson), A.I.D.





ACTION ROOMS

Continued

Here's a room for the music fan, film enthusiast, dance expert, party-giver—for the action-at-home specialist of any kind.

See how carefree vinyl permits black and white to come on bold without a worry about maintenance. The result is a gleaming contemporary family room with the sleek simplicity of modern architecture—a room that the all-out activitist or the more passive spectator can thoroughly enjoy.

Alternating panels of black-and-white patent vinyl are divided on the wall by one-inch strips of polished chromium. These strips are repeated in the all-white vinyl storage wall where they serve as sturdy standards to support thick glass shelves, as well as stereo, compact bar, and storage cabinets.

Geometric panels of combined vinyl patterns turn the entry door into a focal point. The room-length step can be used for plants or as a low table surface. Mirror panels at either end of the room reflect the side walls, adding dramatic depth to the room.

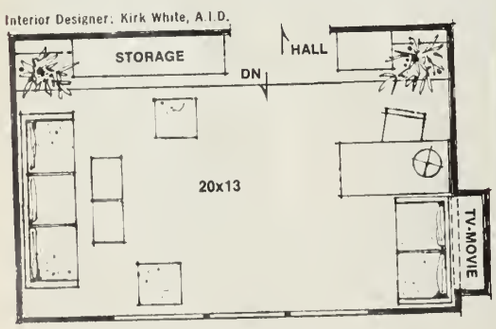
White lacquer desk fits snugly at side of love seat, where it can serve as an end table when needed. A large motion picture screen and built-in color television are concealed by bifold panels (not seen in photograph).

The long sofa and oversized square ottomans are upholstered in a thickly textured oatmeal vinyl—a comfortable contrast to the glistening, shiny patent walls.

On the floor, vinyl tiles in huge checkerboard squares emphatically play up the black and white theme. One color exclamation is permitted in this room—positive purple!

More on following pages

Interior Designer: Kirk White, A.I.D.









ACTION ROOMS

Continued

There's a conversation pit if you want to talk—and there's a super-colossal revolving dance floor (not in photograph, see floor plan) for some psychedelic footwork. This room is where the action obviously is! It's youth-minded and spinning with fun—geared to people who love to entertain.

Controlled flashing lights around the soffit fascia lend an air of mystery in a room that's vinyl from top to bottom. Ceiling, soffit, walls, furniture, floor—everything is covered with eye-catching, colorful vinyl. And that's not all. There's shoe storage in the music-book wall so guests stepping up to enter the room may exchange street shoes for vinyl slippers. Then they're set for walking on the plum-paneled floor, swinging on the silver dance floor, chatting in the orange-tone conversation pit, peeking through the sliding window panels, or just relaxing against the mass of rainbow-hued pillows.

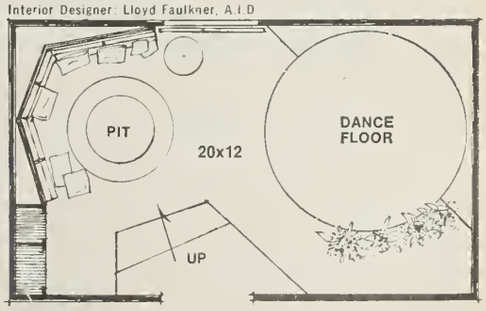
In a corner of the wall across from the dance floor, there's a new psychedelic dart game played with flashing lights. When you've had enough of this sport, place vinyl-covered animals in a circle on the dance floor. Set the speed, mount the animals, and you have a mod merry-go-round. Even the abstract painting in the conversation pit area has movement—it's electrically wired so the colors revolve in an ever-changing display.

Sound and practical ideas are behind all the spirited, gay facade of this room. Everywhere, materials were chosen for stamina and ease of maintenance.

When guests have gone, all this room needs is a soap-and-water sponging to regain its sparkling face.

More on following pages

Interior Designer: Lloyd Faulkner, A.I.D.



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ACTION ROOMS

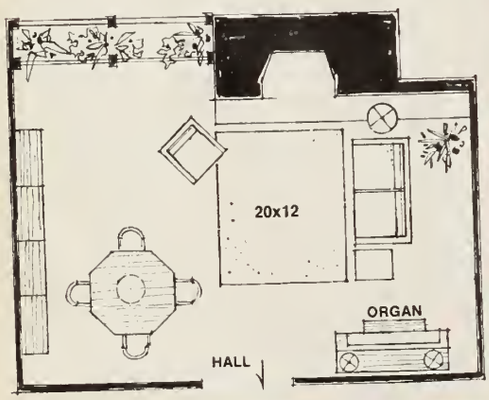
Continued

The breakthrough in new, tough, and durable materials is at the heart of this high "eye-cue" family room. What looks like walnut is really rugged vinyl. It *wraps* the surface of the varisized entertainment wall units, and the big and small party tables.

See how stacked units conserve space—fitting snugly along the wall, leaving the room uncluttered. Small photo shows how shelf drops for buffet service or desk.

The furniture, window treatment, fireplace, pattern of the vinyl tile flooring—all contribute to the clean structural design of the room. Upholstery material is soft-kid vinyl in the lounge chair and a soil-retardant fabric in the sofa.

More on following pages



Photographs: Alderman Studios, Inc. Interior Designer: Robert E. Dittmer







ACTION ROOMS

Continued

This room actually looks as if it *enjoys* use—inviting the multiple activities of a big and lively family. Colors are warm and friendly. Furniture wood is mellow, durable oak with some pieces stained to brighten the scene. Here's a room where anything goes. Small children and big dogs can live it up—teen-agers can sprawl—with never a reprimand about wear and tear.

Painted walls and beamed ceiling add to the cozy informality. Real brick backgrounds the coal- and wood-burning Franklin stove. A washable woven-cotton area rug defines conversation area—rolls up for a dancing session. All upholstery is nylon—spray protected to withstand hard and constant use.

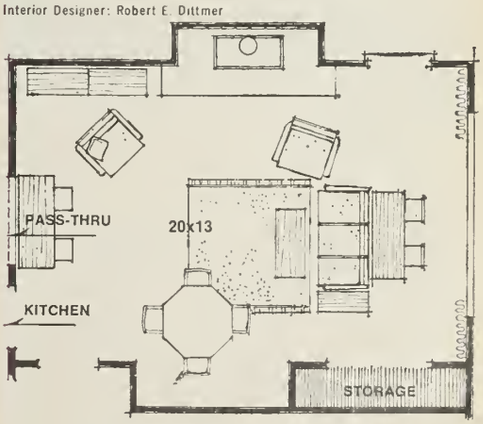
For snacks or parties, refreshments can easily be passed through from the adjacent kitchen. If it's a big, big party, the dropleaf table stretches into a regular-size dining table. The poker table has its own flat-surface cover so it can be pressed into service, too. Either table serves for other purposes—cutting out sewing patterns, tackling homework, or putting a toy train through its paces. A portable television on a rolling stand (not seen in photograph) wheels into any position for convenient viewing.

Corner cabinets handsomely showcase sportsman's guns, and open shelves hold books and favorite decorative accessories. Games and toys hide in the roomy base cabinets.

This hospitable room can even double as a guest room. An overnight guest could find comfortable accommodations on the roomy sofa.

More on following pages

Interior Designer: Robert E. Dittmer



Buying information, page 142

ACTION ROOMS

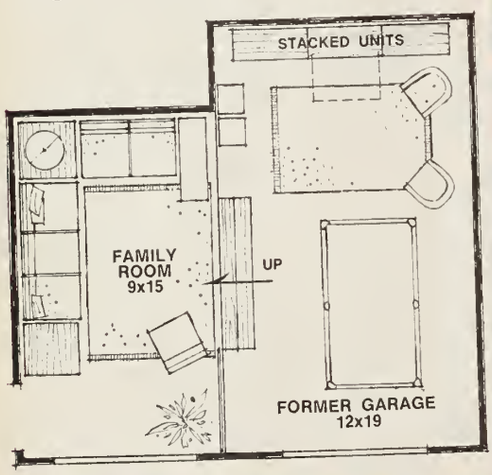
Continued

Alive with dynamic color, packed with "idea" furniture, spunky with practicality—it's a prime-time room!

Washable vinyl walls, vinyl tile floor, plastic-surfaced furniture, heavy-duty vinyl upholstery, soil-protected bright prints—all add up to the new approach to family leisure living. An innovation—coordinated fabric print is laminated in plastic to the tabletop.

Stack wall units surprise with space—a guest bed pops out of wall and a table drops (see small photos). Reversible unit faces show either basic walnut or the three-theme color of the room.

Coordinated accessories—rugs, pictures, lamps—may be purchased right along with the furniture.









BETTER HOMES AND GARDENS SELECTIONS

PART 5: LANDSCAPE USE

A GARDENER'S CALENDAR OF COLOR

By Hamilton Mason, Garden Editor
Larry Grove and Russell O'Harra, Associates



Landscape architect: James E. Voss A.S.L.A. Source: Jeanne Garrard



And now, for the finale of our five-month series on selecting garden plants, we'll show you how to beautify your home by combining the greens and textures of foliage with colorful bloom. Adapt these ideas to make *your* garden more attractive and, in many cases, easier to maintain. The addition of a plant or two, a new gravel-mulched area, a pool, or a brick path may be enough to do the trick.

Clip and save the garden pages of these January-through-May issues, and you'll have a blueprint or "what-to-plant-where" for a colorful garden that will give you pleasure from early spring to frost.



otographs: Lisanti. Landscape designer: Carroll Perkins. Source: Jane Price

lamorize a patio. (Left) A garden sitting area is finitely more enjoyable if it's bordered by a carefully arranged selection of plants. Low-growing malghia edges this comfortable patio, while arching ellow leaves of a croton and red and green caladium liage form bright accents against the *Leea coccinea* edge next to the house. The small, multi-trunked ee is the tree form of wax-leaf ligustrum, which nds itself well to shaping. The plants shown are ardy in southern areas. Good substitutes for colder eas are Sarcoxi euonymus for low border, mahonia r background shrub, and redbud for the tree.

Border garden steps with bright flowers. (Above) If you are after bold masses of brilliant spring color, you couldn't make a better choice than azaleas. The foliage is even attractive while the plants are not in bloom. The azaleas pictured here are a good, representative sample of the colors available. The variety Snow flanks one side of the steps with a color lift from Hinomayo (pink), Yellow Knapp Hill, and Herbert (lavender). On the right are the red Mikado, Yellow and Orange Knapp Hill, and Herbert. Ferns and rhododendrons in the background are suited to the same acid soil needed by azaleas.

Continued

A GARDENER'S CALENDAR OF COLOR

Photograph: Bourdon. Source: Helen Greer



Photograph: Bill Hedrich, Hedrich-Blessing.





Add splashes of color wherever possible. (Left abov
The space between this neatly trimmed yaupo
hedge and the well-designed brick mowing strip
fers a fine place to inject bright colors. Caladiu
were the logical choice because the northern exposu
ruled out sun-loving plants. Late afternoon sunligt
encourages the development of big, flashy leaves
as would early-morning direct sun. Variegat
euonymus and pittosporum are in the backgroun
Barberry or Amur River privet are good alternat
for the yaupon in colder areas, and Manhatta
euonymus substitutes well for pittosporum.



Photograph: Lisanti. Landscape architect: Charles Middleer A S L A Source: Elizabeth Rehill

ighten a garden slope. (Left) Brighten slopes too ep to mow with colorful annual and perennial nts. The annuals bloom all season long and make cellent fillers between perennials and spent spring lbs. It's difficult to distribute water evenly on a pe, so choose plants that can survive a less-than-al moisture supply. Here (from right) are Purple um and Popcorn petunias, Spry, Petite Gold, and llow Cupid marigolds, white sweet alyssum, via, and Sugar Plum petunias, Shrubs near the use are mugho pine, spreading and upright yews, urnum, purple-leaf plum.

Put up a beautiful front. (Above) Your foundation and entrance planting should be the primary target in your landscape plan. Plants soften the geometric lines of a house and help make it seem a natural part of the landscape. This attractive dooryard features a flagstone-pad walk through an area paved with pebble-textured concrete. Note the harmonious combination of open spaces and solid plantings.

Plants include (from left) Wiltoni juniper, sand myrtle, spreading yew, fontanesia (tree), cotoneaster, and Chinese holly. Yellow and purple violas and dwarf marigolds add important touches of color.

DENVER AND THE CONTINENTAL DIVIDE



Drawings· Ruth G. Strauss

The pioneers at first skirted the Rocky Mountain barrier on their way west; then gold was discovered in those mighty peaks, and the rush of people to the Rockies was on. Gold and silver boom times eventually forsook the region, as did a lot of the fortune hunters; but Colorado had been populated and Denver established as the rail and commercial center of the frontier West.

On this two-week tour by Travel Editor Paul Plawin, you can explore the exhilarating scenery and serenity of the mountains; see great monuments carved into the arid earth by nature's forces; study the remains and reminders of societies past—Indians and traders, prospectors and railroad barons—and have a rollicking good time in the variety vacationland of the Continental Divide.

Denver. Take a few days to see this truly Western city. You'll get an interesting view of Denver and Pikes Peak from an observatory in the capitol dome. Take pictures one mile above sea level at a plaque marking the spot on the capitol steps. And don't miss the State Historical Museum, a treasure house of Indian lore, wild West exhibits, and gold rush memorabilia.

See our dimes and quarters made at the U.S. Mint (children must be eight or older; no cameras permitted).

Shop downtown for rare Indian artifacts at Kohlberg's Antiques and browse in Larimer Square, a two-block section of shops and restaurants restored to their original Victorian opulence.

The kids will love a visit to the museum and grave of Buffalo Bill on Lookout Mountain. And they won't want to miss a trip to Elitch Gardens, a grand, picturesque amusement park.

Dining out, try The Fort, replica of historic Bent's Fort; the Top of the Rockies, for a dinner with a view; and the Hungry Farmer or Hungry Dutchman restaurants, which feature ample servings and charming atmosphere.

Mountains and mining camps. Climb into the high country in Rocky Mountain National Park. From the Estes Park side, take Trail Ridge Road which winds excitingly through the mountains, often along the edge of ridges that drop straight away into forested valleys. You'll see mammoth alpine peaks and hanging lakes, beautiful forests and streams.

At the Visitor Center at Fall River Pass, see the natural history exhibits and have lunch. When you cross the Continental Divide at Milner Pass, park your car and walk the forest trail from Poudre Lake to the point where the flow of eastern and western waters begins. At this altitude you are above the timberline in a serene land of meadows and lakes. It's cold (there is snow on the ground even in August), so dress warmly.

South of the park is Central City, one of the liveliest, wealthiest, roughest mining camps on the old frontier. Sarah Bernhardt and Edwin Booth performed at its Opera House. The walk in front of the Teller House Hotel was paved with silver bricks for President Grant's visit in 1873—a typically extravagant gesture which gave rise to reports back east about streets paved with silver. Browse those narrow, winding streets, now lined with quaint shops, gaudy saloons, and souvenir stands. And take escorted jeep tours ($1.50) into the hills and mines surrounding the city, including a visit to Glory Hole, a 300-foot-deep open pit mine

At nearby Georgetown, you'll see many Victorian pink and yellow houses preserved from the days when this area was the greatest producer of silver in the world. Visit Maxwell House, the Hotel de Paris, antique firehouses with horse-drawn equipment, and the Georgetown Loop Railroad Museum, where you'll learn about the engineering marvel of a spiraling railroad trestle that rose 600 feet in 1¼ miles to bring carloads of silver down from the mines.

Just south of Georgetown (eight miles over a winding dirt road) is Waldorf, one of many mining ghost towns that dot the Rocky Mountain region. It's a quiet, lonely place, great for exploring and taking unusual photographs.

Next stop is Vail, a Tyrolean-style ski and recreation resort. Summer is a great time for golf, tennis, riding, jeep trips, ski lift rides, and relaxing in bierstubes and sidewalk cafes. There is a day camp for the children.

Head south from Vail and climb to Leadville, site of bonanza silver strikes in the 1870s and 80s and still an active mining center. You'll want to visit the famous Matchless Mine, mainstay of H.A.W. Tabor's $12 million fortune. Its flow of wealth ended with the silver panic of 1893, but Tabor's dying words to his wife, Baby Doe, were, "Hang on to the Matchless Mine. It will make millions again." She clung to the mine for 36 drab years; her frozen body was found in a cabin next to the still-abandoned mine shaft. Also see the opulently furnished residences of mining magnates, like Healy House and the House with the Eye.

From Leadville take the good (but partially gravel) road through Independence Pass to Aspen in Roaring Fork Valley. This is the trail blazed by prospectors from Leadville who discovered the Aspen silver lode and founded the town. In wintertime, Aspen is now a mecca for skiers. In the summer, there are lift rides ($3) over dry ski trails and abandoned mines to the Sun Deck restaurant atop Aspen mountain. And there are music festivals, jeep and camping trips to nearby ghost towns, a variety of dining and entertainment spots, chic shops, and sidewalk cafes.

Canyon and Indian country. At Grand Junction you begin your swing through the canyons and desert lands at the western edge of the Rockies.

The Uncompahgre Highland—a great upwarp in the earth's crust—was worn down again through the ages, leaving what is now Colorado National Monument. Take Rim Rock Drive which skirts the canyon rims overlooking nature's handiwork—landscapes of natural stone monuments, steep-walled canyons, and towering sandstone monoliths with descriptive names like Pipe Organ, Kissing Couple, Squaw Fingers, Balanced Rock.

To the south, near Montrose, is another natural spectacle, Black Canyon of the Gunnison National Monument. This chasm cut by the Gunnison River is so deep—2,425 feet in places—that sunlight rarely penetrates. A rim drive here, too, provides startling views.



Maps: Hugh Stirts

A few miles south of Montrose is the Ute Indian Museum, which relates the history of this great tribe which once populated most of western Colorado and Utah.

The town of Ouray lies at the bottom of a bowl-shaped valley formed by the surrounding mountains, some of the most spectacularly beautiful in Colorado. You can tour box-canyon falls, take jeep tours to deserted mines in the mountains ($5-$30), swim in hot mineral spring pools.

Now head south to Durango, your headquarters for several days of touring. The Durango and Rio Grande Western's narrow-gauge trains make two round trips daily during the summer to the old mining town of Silverton (adults, $6.50; children, 5-11, $4.50). You'll travel through a magnificent wilderness region, along the sides of mountain passes, over spindly bridges, and alongside rushing creeks. It gets cold even in summer during the last half of this ride, so take warm clothing.

When the train screeches to a halt at Silverton, you'll be met by gun-fighting cowboys, miners, and dance-hall girls (actually vacationing college students in costume), who'll invite you to such establishments as the Bent Elbow, the San Juan, or the Imperial House for lunch and musical variety shows. You have two hours to explore Silverton before the return trip. At the end of the day in Durango, you can take in musical shows and classic melodramas.

On another all-day tour from Durango, head southwest to Mesa Verde National Park. This is where prehistoric forefathers of today's Pueblo Indians lived for 1,300 years in multistory dwellings built under massive overhangs of canyon walls, then mysteriously abandoned them. The road rimming the mesa is dotted with overlooks from which you can view cliff dwellings. The park museum contains fascinating exhibits that tell the story of this early civilization.

Nearby is Four Corners Monument, where the state boundaries of Colorado, New Mexico, Arizona, and Utah meet at a single point. A few miles south is Tec Nos Pos, Arizona, a Navajo trading post where you'll find exceptional bargains in fine handwoven blankets, silver and turquoise jewelry, and pottery.

If you have time, head into New Mexico, through Shiprock and Farmington to Aztec, site of more Indian ruins, then back to Durango.

From Durango travel east along the path of the old Navajo Trail through magnificently sylvan Wolf Creek Pass in Rio Grande National Forest, a great spot for camping, fishing, or whiling away an hour or a whole day.

A few miles north of Alamosa, let your youngsters romp at the Great Sand Dunes National Monument. The dunes here are piled to heights of over 700 feet.

Next head north on the ramrod-straight Gun Barrel highway (State 17) and east at Salida to Royal Gorge. An exciting suspension bridge spans the gorge more than a thousand feet above the Arkansas River (toll, $1 per adult).

At Colorado Springs, drive or take the cog railway ($6, adults; $3, children) to the top of Pikes Peak for a sweeping view of the Great Plains to the east. And take in a hearty chuck wagon supper at the Flying W Ranch (dinner and Western show, $3; children under nine, $1.50).

A fascinating side trip is a drive to the fabled mining camp, Cripple Creek. You reach it over Gold Camp Road—a gravel road through 36 miles of mountain scenery—or by the more convenient paved highway through Ute Pass around Pikes Peak. It was the richest gold camp in the world—and one of the lustiest—at its zenith in 1901. Lowell Thomas was raised in the area and was a newspaperman there; Bernard Baruch worked there as a telegraph operator; Jack Dempsey fought his first fight in the Gold Coin Club in neighboring Victor; Groucho Marx was stranded there with a theatrical troupe and drove a grocery delivery wagon. Now you can visit the museum and art gallery, see a melodrama, and tour the Mollie Kathleen gold mine.

On your way back to Denver, don't miss a drive through the grounds of the U.S. Air Force Academy. In May and the last half of August you can watch Cadet Wing formations weekdays at 11:35 a.m. (in late June and early August, only the Fourth Class is present for formations, on weekdays at 12:35 p.m.).

Getting there. To make the most of this family trip, consider fly-and-drive costs. Vacation package rental car rates begin at $88 per week including 500 free miles. To this, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Denver from New York, $465.70; Los Angeles, $279.30. You can arrange a fly-and-drive trip through your airline reservation office or your travel agent.

LOUISVILLE AND THE LAND OF PIONEERS



Kentucky is at once a beautifully rustic land of horses, a gracious and historic style of living, and a legacy of hardy pioneers like Boone, Lincoln, and George Rogers Clark.

On this two-week tour by Travel Editor Paul Plawin, you can sample a great deal of Kentuckiana. Retrace the paths of the pioneers, visit picture-book perfect horse farms in the Bluegrass region, watch championship thoroughbreds train and race, explore cool forested mountains, enchanting caverns, and bountiful lakes. While you are at it, you can also take in some of the best parts of neighboring Tennessee.

Bustling Louisville. Kentucky's largest city and industrial heart, Louisville also is the scene each May of the Kentucky Derby, one of the world's great sporting spectacles. During the summer you can visit the home of the Derby, Churchill Downs racetrack; tour the red brick courtyards and colorful gardens of the racing club, and browse through the museum where you'll see a fascinating collection of horse-racing lore.

Louisville's industries are unique. Half the world's bourbon—main ingredient of Kentucky's famous mint julep—is made in the city's 21 distilleries. Brown-Forman and several other distilleries offer extensive lecture-tours of their plants and historical exhibits. Kentucky is also burley tobacco country, and visitors are welcome to watch cigarettes made at Louisville's tobacco factories.

You won't want to miss the fascinating tour of the Hillerich and Bradsby Co., especially if you have a Little Leaguer in your family. This is where the famous "Louisville Slugger" baseball bats are made. You'll see bats made to personal specifications of the home-run kings, and the Old Timer's Bat Display including one used by Babe Ruth.

To get the feeling of old Louisville, take a cruise on the *Belle of Louisville,* a stern-wheel riverboat. The kids, especially, will love the Kentucky Railway Museum on River Road (open weekends). Here they can climb in and explore old steam engines, railroad cars, and trolleys.

Dine at Bill Boland's, a restored 125-year-old farmhouse on Bardstown Road, and at Kunz's The Dutchman downtown.

The Bluegrass region. Approaching Frankfort from the west, you'll wind your way over hilly terrain and have a sweeping view of the state capitol and its huge floral clock as you begin the drive into town. The main fare in Frankfort is history. Daniel and Rebecca Boone are buried here—in Frankfort Cemetery on a bluff overlooking the town and the river valley. You can follow *Boone Tour* markers to historic sites around town.

Frankfort is also a great place for walking—along tree-lined streets with beautifully preserved and restored homes that date from the earliest days of the state. Start a walking tour at the Corner of Celebrities between Washington, Wapping, Wilkinson, and Main streets. The homes along this square were residences of 32 prominent Kentuckians—governors, senators, ambassadors, supreme court justices, military men.

Nearby is the Old State House, now a historical museum containing papers of Washington, Jefferson, Lincoln; Civil War artifacts; and a gun collection that includes Daniel Boone's six-foot rifle (it's inscribed "Boons Best Fren") and the pistol Aaron Burr used to kill Alexander Hamilton.

Your next stop is Lexington, heart of the horse country. More than 200 farms—all lavishly developed for breeding, raising, and training thoroughbreds and saddle horses—are

concentrated within a 35-mile radius of Lexington. Most are open daily to visitors; maps of the horse farm region are available from the chamber of commerce. You'll ride by miles of clean white fences, white-columned mansions, immaculate barns. Everywhere you'll see horses—grazing in lush pastures or exercising on training tracks.

The names of many of the farms will strike familiar notes. There's Calumet, birthplace of seven Kentucky Derby winners and site of a unique horse cemetery; Darby Dan; Greentree Stud; Man O'War, where a photographic history of this famous horse lines the walls of his stable (Man O'War is buried in a memorial park in Lexington that bears his name and statue).

The best way to sample the horse farms is on a Blue Grass Tour. Tour buses leave daily, April through October, from the chamber of commerce building ($3.75, adults; $1.85, children). At the American Saddle Horse Museum at Spindletop Farm, see the world famous carriage collection (closed Mondays). And visit Keeneland Racetrack on the old Keene Farm, where LaFayette was entertained in 1825. In addition to races, many auctions and sales of yearlings, racing horses, and breeding stock are held here.

Also in Lexington see Ashland, the estate of Henry Clay; Waveland Kentucky Life Museum, a 200-acre farm and mansion where you can see all phases of early Kentucky rural life (closed Mondays); and the fascinating collections of dolls and early scientific instruments at the Anthropology Museum of the University of Kentucky.

Next, drive south through rolling pasturelands to Shakertown at Pleasant Hill above the wooded palisades of the Kentucky River. This once-prosperous Shaker village, founded in 1805, has been faithfully restored. Begin your tour at the Center Family Dwelling House, a four-story stone building where you'll see rooms furnished as they were when the community thrived. Simple, sturdy, Shaker-inspired furniture and other reproductions are sold at the Center. And you can sample Shaker lemon pie in the village dining room.

A short distance south is Harrodsburg, Kentucky's oldest town. Old Ft. Harrod State Park is a restoration of the first permanent white settlement west of the Allegheny Mountains. Inside the stockade are furnishings and utensils of the wilderness settlers; George Rogers Clark Block House, where the pioneer planned his campaigns in the Northwest Territory; and the settlement's first school. "The Legend of Daniel Boone," an outdoor drama of Kentucky's pioneers, is presented here nightly except Mondays during the summer ($2.50; children under 16, $1.50).

Visit Morgan Row House, built in 1807 as a tavern and stagecoach stop, and have dinner at historic Beaumont Inn, which features superb Kentucky cuisine.

Danville, your next stop, was the first capital of Kentucky. In the heart of town is a reproduction of the old courthouse square, with the Post Office of 1792—rebuilt with its original logs—and replicas of the jail, courthouse, and meeting house.



Pioneer Playhouse, official state theater of Kentucky, presents a summer program of new plays by new American playwrights ($5 for chuckwagon dinner, play ticket; $1.25, children under 12).

On your way east, take a side trip north on U.S. 25 to Berea, home of Berea College, dedicated to higher education for children of the Southern Appalachian region. Students are charged no tuition, but they pay for at least part of their room and board through a student work program. Their products—ranging from beautiful needlecraft to fine reproductions of Early American furniture—are sold at the college gift shop. Boone Tavern, a fine hotel with a superb dining room, also is staffed by the students.

The mountain trails. Now head south into the forested mountain region, much of it as wild today as when the hardy pioneers traversed it. At London, stop at Levi Jackson Wilderness Road State Park and visit the Mountain Life Museum, a group of rough-hewn farm buildings furnished as they were in pioneer times. Through the park passes Boone's Trace—blazed by Daniel Boone for the Transylvania Co. in 1775—and also the Wilderness Road, a wagon trail established in 1795.

Below here is Cumberland Falls State Park, site of a magnificent horseshoe-shaped waterfall in a wilderness setting. Pine Mountain State Park is another mountain recreation area. In spring the mountainsides are ablaze with redbud, rhododendron, and mountain laurel. For a splendid view of this rustic wonderland, take the scenic drive from the valley to the mountain top. At Laurel Cove Amphitheater, see "The Book of Job," a unique outdoor Biblical drama ($3, $2, $2.50; half price, children). There are lodge and cottage accommodations as well as camping facilities here.

A few miles south is Cumberland Gap National Historical Park, the passage for the first pioneers to Kentucky and the West.

Drop down into Tennessee on your way toward Kentucky's lakes region. Visit the Museum of Atomic Energy at Oak Ridge, a few miles west of Knoxville, then follow Interstate 40 west to Nashville. Here you'll want to tour the Hermitage, restored home of President Andrew Jackson, where Old Hickory and his wife, Rachel, are buried. Also worth extra time are Belle Meade Plantation; the Parthenon replica; the Tennessee State Museum, a treasure house of pioneer relics, Indian artifacts, Civil War exhibits and dioramas; and the Grand Ole Opry, the radio-TV country music program that has been on the air for more than 40 years (Friday and Saturday nights, $1-$2.50, adults; $.50-$.75, children).

"Land Between the Lakes." Now head back into Kentucky—where the waters of the Tennessee and Cumberland rivers have been harnessed to form two of the largest lakes ever created by man, along with the fabulous 170,000-acre national recreation area called Land Between the Lakes. It's a great family vacationland with hundreds of campsites, excellent fishing, boating and swimming, hiking and riding trails. Accommodations on the west shore of Kentucky Lake—at Kentucky Dam Village and Kenlake state parks—range from modern lodge rooms and cottages to rustic trailer and tent campsites.

Your next stop is Mammoth Cave National Park. In the subterranean land of the cave are three rivers, two lakes, and a sea. Blind fish swim in the waters and blind insects fly about in the darkness. Wear walking shoes and dress warmly on an excursion into the cave corridors; the year-round temperature is a cool 54 degrees. Atop Mammoth Cave's underground acres are camping facilities and a hotel and motor lodge.

Now head north to Hodgenville, birthplace of Abraham Lincoln. The humble log cabin in which Honest Abe was born is housed now inside an impressive marble shrine.

On your way back to Louisville, stop at Bardstown and tour Federal Hill, the estate where Stephen Foster was inspired to compose his immortal melody, "My Old Kentucky Home." Guides in period costumes take you through the house and gardens. Nightly during the summer you can see "The Stephen Foster Story," a colorful outdoor musical drama about the composer and his universally popular songs.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Louisville from New York, $210.86; from Los Angeles, $544.20.

FAMILY-PLANNED AUTO TOURS

BOSTON AND HISTORIC NEW ENGLAND



Here's a family vacation jam-packed with spectacle—mountain vistas, gigantic cliffs, roaring ocean waves, picturesque harbors filled with lobster boats and schooners. You'll stand on the very spot of the Boston Massacre, peer down the road from a tiny village green where stalwart Minutemen faced the advancing British Redcoats, gaze out to sea from lonely points on which New Englanders have awaited returning ships since our country's earliest times. Excitement is everywhere, from Boston's historic streets to the White Mountains' towering peaks. On this two-week auto tour by Associate Editor Margaret Daly there's time for leisurely vacation fun, too—swimming, fishing, hiking, camping, whatever your family's pleasure.

Historic Boston. Boston is a walking city. Though high-speed throughways sweep across town and jets roar overhead, the essence of the city is tranquillity—a quiet, assured pride in both the past and present.

You'll feel this tradition best by fitting yourself to its pace, so park your car and start walking at the Boston Common, a lovely green where cattle grazed way back in the 1630s. The charming old houses of Beacon Hill face the north side of the Common. Nearby Louisburg Square is an old-Boston jewel, too. Browse in the antique and jewelry shops along Charles Street, then enjoy a swan boat ride on the Public Garden's pond.

Your family's in for a truly exciting brush with the past along the well-marked "Freedom Trail," which starts at the Common. You'll see the Granary Burying Ground, with the battered graves of John Hancock, Samuel Adams, Paul Revere; the site of the bloody Boston Massacre; the Old South Meeting House, where the Boston Tea Party was plotted. Paul Revere's House, the oldest in Boston (1677), still stands, as does the Old North Church, whose white spire held the lanterns that sped Revere on his ride. From Copp's Hill Burying Ground, you can see Bunker Hill across the river, just as the British had it in their cannon sights.

Take the short subway ride to Cambridge, home of Harvard University, America's oldest (1636), and tour the ivied Harvard yard.

Don't miss Boston's fine museums. The kids will have a whale of a time with the "see, hear, and touch" exhibits at the Children's Museum and the do-it-yourself exhibits (such as an operating ship's bridge) at the Museum of Science. The fine Hayden Planetarium is next door.

Boston's harbor is constantly abustle with navy ships, freighters, even tall-masted schooners. Watch the scene while enjoying fine seafood at Jimmy's Harbor Side Restaurant or Anthony's Pier 4, where a peg-legged "pirate" greets you at the door. And enjoy a panorama of the Boston area from the restaurant at the top of the 52-story Prudential Insurance Building.

Before heading north along the coast, retrace Paul Revere's breakneck ride west to Lexington, where 75 Minutemen lined up on the village green to face the oncoming Redcoats, 700 strong. The first shots of the Revolution were fired here, and that same day a full battle raged at the Old North Bridge in Concord, which the familiar Minuteman statue now guards.

Near there, visit Nathaniel Hawthorne's Old Manse; the Emerson House; and the Orchard House, where Louisa May Alcott wrote *Little Women*. South of town, you can swim at Walden Pond and walk through woods to where Thoreau's cottage stood.

Seafaring coast. All along the North Atlantic coast you'll witness the timeless confronta-

tion of man and the sea. Lonely lighthouses stand vigilant. Battered rocks meet the pounding surf in constant, roaring battle. Frail fishing villages—though now "quaint" subjects for summer painters—still send forth resilient craft on their risky quests for the sea's bounty.

The rich returns of the China Trade abound in Salem's museums and magnificent sea captains' homes. Walk along Derby Wharf, once a base for privateering and trade, then visit "The Witch House," an eerie relic of the Puritan witch hunts.

Nearby Marblehead, an enchanting patchwork of old houses, shops, and narrow, zigzag streets, sprawls down a rocky point to a harbor filled with today's leisure boats. But the sea's toll is not forgotten in Gloucester on craggy Cape Ann: a bronze statue overlooks the coast in memory of the thousands of fishermen who did not return.

As you continue north, stop at Newburyport's High Street, an almost perfect preservation of fine Federalist homes. And take time for a swim on Plum Island, or at vast Hampton Beach or Portsmouth.

From Kittery, Maine, an old shipbuilding town, you can speed north to Portland via Interstate 95. But if you have the time, take U.S. 1, branching off on local roads to really savor the exciting coast.

Near Ogunquit, walk along "The Marginal Way"—jagged cliffs that tower over sea-splashed rocks and roaring surf. Or spend lazy hours on the clean sand beach, then wander past artists' studios and shops at Perkins Cove. The Playhouse features well-known stars and plays from early July to early September.

There's also a popular summer theater at The Kennebunks, lovely towns full of majestic old houses and tree-shaded streets. Take a nostalgic trolley ride at the famous museum with its more than 100 antique trolley cars. Look for the "Wedding Cake House," which looks like a yellow cake with white lace frosting. There's swimming and fishing in the area, and fine food at the Olde Grist Mill.

Old Orchard Beach offers seven miles of beautiful sand in an atmosphere rather like Atlantic City, complete with amusement pier. And at Portland's busy harbor, you can charter fishing boats, arrange for a clambake or moonlight sail, or take excursions among the darkly wooded islands in Casco Bay. Four miles south is Portland Head Light, built on orders from George Washington, and still operating!

Take U.S. 1 north, stopping in Freeport to shop at L. L. Bean's store for outdoor enthusiasts. The Marine Museum in Bath explores the past of this famous shipbuilding town, and the Iron Works now turn out naval and merchant ships. In nearby Boothbay Harbor, a sheltered haven full of spindly boat masts and weathered lobster traps, you can watch boatbuilders, take a cruise among the islands, and ride a narrow-gauge steam train at the Railroad Museum.

Route 1 winds north along the coast to Searsport, home of the entrancing Penobscot Marine Museum; and to Bucksport, where the Jed Prouty Tavern, a 1798 stagecoach stop, is now a hotel and restaurant. At Ellsworth, head south to Bar Harbor, popular resort town and a gateway to Acadia National Park.

The park is a wonderland of jagged coast and somber granite mountains, crisp inland lakes, rich forests, fascinating wildlife. Drive to the pink dome of Cadillac Mountain, a naked, windswept peak that seems like the very top of the world. Then take the Ocean Drive past Otter Cliffs, which plunge down to the pounding sea as gulls huddle on rocky reefs offshore. Climb down to Anemone Cave where microscopic sea life glistens in rainbow colors. Hike through hushed forests of dark spruce, and take a cruise around Frenchman's Bay. For a taste of real wilderness, hire a boat to Isle au Haut.

There are campgrounds on Mt. Desert Island, and park facilities are open from about mid-May to mid-October.

The mountains. Take U.S. 1-A north to Bangor, then join U.S. 2 west for a fast trip through a beautiful region of hills and lakes. You'll follow the Androscoggin River, winding into the rough foothills of the White Mountains. At Gorham, New Hampshire, a sharp turn south takes you smack into the mountains.

The silent green hulks of the Presidential Range hover over the road as it twists through narrow Pinkham Notch. Drive to the top of Mt. Washington, at 6,288 feet the highest peak in the northeast.

For views of Mt. Washington, Canada, the Maine lakes, and the ocean, ride the gondola to the top of Wildcat Mountain. Other summit trips: the 4,895-foot cable car on Mt. Cranmore, and the monorail up Mt. Attitash. In North Conway, shop for Americana items at Yield House. Visit Storyland at Glen, then head west to Crawford Notch along the sparkling Saco River.



At Twin Mountains detour south along U.S. 3 to Franconia Notch, where an aerial tramway climbs Cannon Mountain, a sheer wall 4,180 feet high. Nearby are the "Old Man of the Mountains," famed 40-foot granite silhouette that looks like a man's face; "The Flume" waterfalls; Natureland; Clark's Trading Post.

Head back north to St. Johnsbury, Vt., where you drive west into the Green Mountains. This is granite country: you you can watch cutting, polishing—the works—at the Rock of Ages quarry near Barre. And Montpelier's gold-domed statehouse is a fine example of a Vermont granite building.

Interstate 89 runs right through the Green Mountains to Burlington, but you may want to detour north to the skiing area of Stowe on State road 100. There are several lifts and resorts, including a lodge owned by the "Sound of Music" Trapp family.

Seven miles south of Burlington, don't miss the Shelburne Museum. You enter through a wooden covered bridge to another world: old-time shops and buggies, cigar store Indians, ships' figureheads, a side-wheeler. Then ferry across Lake Champlain from Burlington to the Adirondacks in New York.

Take the boat ride through the Ausable Chasm, a gigantic gash between massive stone formations and sandstone cliffs. Then drive to the 4,867-foot summit of Whiteface Mountain (State roads 9N and 86) and also stop at High Falls Gorge. There the churning Ausable River drops several hundred feet in frothy waterfalls. The kids will love the Home of 1,000 Animals near Lake Placid.

Head back east, connecting with Interstate 87 direct to the village of Lake George. Or take 9N to Lake Champlain and follow it south to Fort Ticonderoga. Built by the French in 1755, its great stone walls and cannons command a magnificent view.

At Lake George, you can take all-day boat trips, enjoy water sports, visit Fort William Henry, and amusement parks.

Then drive to Albany, where you can head west or south on the New York Throughway, or complete the circle back to Boston. State road 7 goes to Bennington, Vt., headquarters for Ethan Allen's Green Mountain Boys, then south to historic Williamstown, Mass., home of Williams College.

The scenic Mohawk Trail (State road 2) runs east to Greenfield. Just south is Old Deerfield, with many pre-Revolutionary houses. Continue south to the Massachusetts Turnpike, and stop on your way to Boston at Old Sturbridge Village, on U.S. 20, an entire early American town re-created, complete with costumed "natives" at work on early crafts.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Boston from Los Angeles, $745.08; Atlanta, $289.30.

VERY SPECIAL PARTY RECIPES

By Doris Eby, Associate Food Editor

One of the nicest things about spring is the number of good "excuses" it provides to have a party a shower, reception, tea, luncheon. Whether your next party is large or small, you can make it a really special occasion with one or more of these very festive recipes.



Photographs: de Gennaro

Buying information, page 142

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Say "welcome" to a new neighbor, "bon voyage" to a traveler, or simply "how nice to get together" to friends at a patio luncheon (right). As good indoors as out, this elegant meal features **Shrimp Quiche** in individual pastry shells. Swiss and Gruyère cheeses—a flavor blend borrowed from Swiss Fondue—complement the shrimp. Add **Hearts of Palm Salad** with tangy dressing, crisp bread sticks, **Fresh Rhubarb Cup** and **Sugar-Pecan Crisps** to complete the special-occasion menu.

Recipes on pages 117 and 119



FAMILY-PLANNED AUTO TOURS

BOSTON AND HISTORIC NEW ENGLAND



Here's a family vacation jam-packed with spectacle—mountain vistas, gigantic cliffs, roaring ocean waves, picturesque harbors filled with lobster boats and schooners. You'll stand on the very spot of the Boston Massacre, peer down the road from a tiny village green where stalwart Minutemen faced the advancing British Redcoats, gaze out to sea from lonely points on which New Englanders have awaited returning ships since our country's earliest times. Excitement is everywhere, from Boston's historic streets to the White Mountains' towering peaks. On this two-week auto tour by Associate Editor Margaret Daly there's time for leisurely vacation fun, too—swimming, fishing, hiking, camping, whatever your family's pleasure.

Historic Boston. Boston is a walking city. Though high-speed throughways sweep across town and jets roar overhead, the essence of the city is tranquillity—a quiet, assured pride in both the past and present.

You'll feel this tradition best by fitting yourself to its pace, so park your car and start walking at the Boston Common, a lovely green where cattle grazed way back in the 1630s. The charming old houses of Beacon Hill face the north side of the Common. Nearby Louisburg Square is an old-Boston jewel, too. Browse in the antique and jewelry shops along Charles Street, then enjoy a swan boat ride on the Public Garden's pond.

Your family's in for a truly exciting brush with the past along the well-marked "Freedom Trail," which starts at the Common. You'll see the Granary Burying Ground, with the battered graves of John Hancock, Samuel Adams, Paul Revere; the site of the bloody Boston Massacre; the Old South Meeting House, where the Boston Tea Party was plotted. Paul Revere's House, the oldest in Boston (1677), still stands, as does the Old North Church, whose white spire held the lanterns that sped Revere on his ride. From Copp's Hill Burying Ground, you can see Bunker Hill across the river, just as the British had it in their cannon sights.

Take the short subway ride to Cambridge, home of Harvard University, America's oldest (1636), and tour the ivied Harvard yard.

Don't miss Boston's fine museums. The kids will have a whale of a time with the "see, hear, and touch" exhibits at the Children's Museum and the do-it-yourself exhibits (such as an operating ship's bridge) at the Museum of Science. The fine Hayden Planetarium is next door.

Boston's harbor is constantly abustle with navy ships, freighters, even tall-masted schooners. Watch the scene while enjoying fine seafood at Jimmy's Harbor Side Restaurant or Anthony's Pier 4, where a peg-legged "pirate" greets you at the door. And enjoy a panorama of the Boston area from the restaurant at the top of the 52-story Prudential Insurance Building.

Before heading north along the coast, retrace Paul Revere's breakneck ride west to Lexington, where 75 Minutemen lined up on the village green to face the oncoming Redcoats, 700 strong. The first shots of the Revolution were fired here, and that same day a full battle raged at the Old North Bridge in Concord, which the familiar Minuteman statue now guards.

Near there, visit Nathaniel Hawthorne's Old Manse; the Emerson House; and the Orchard House, where Louisa May Alcott wrote *Little Women*. South of town, you can swim at Walden Pond and walk through woods to where Thoreau's cottage stood.

Seafaring coast. All along the North Atlantic coast you'll witness the timeless confronta-

tion of man and the sea. Lonely lighthouses stand vigilant. Battered rocks meet the pounding surf in constant, roaring battle. Frail fishing villages—though now "quaint" subjects for summer painters—still send forth resilient craft on their risky quests for the sea's bounty.

The rich returns of the China Trade abound in Salem's museums and magnificent sea captains' homes. Walk along Derby Wharf, once a base for privateering and trade, then visit "The Witch House," an eerie relic of the Puritan witch hunts.

Nearby Marblehead, an enchanting patchwork of old houses, shops, and narrow, zigzag streets, sprawls down a rocky point to a harbor filled with today's leisure boats. But the sea's toll is not forgotten in Gloucester on craggy Cape Ann: a bronze statue overlooks the coast in memory of the thousands of fishermen who did not return.

As you continue north, stop at Newburyport's High Street, an almost perfect preservation of fine Federalist homes. And take time for a swim on Plum Island, or at vast Hampton Beach or Portsmouth.

From Kittery, Maine, an old shipbuilding town, you can speed north to Portland via Interstate 95. But if you have the time, take U.S. 1, branching off on local roads to really savor the exciting coast.

Near Ogunquit, walk along "The Marginal Way"—jagged cliffs that tower over sea-splashed rocks and roaring surf. Or spend lazy hours on the clean sand beach, then wander past artists' studios and shops at Perkins Cove. The Playhouse features well-known stars and plays from early July to early September.

There's also a popular summer theater at The Kennebunks, lovely towns full of majestic old houses and tree-shaded streets. Take a nostalgic trolley ride at the famous museum with its more than 100 antique trolley cars. Look for the "Wedding Cake House," which looks like a yellow cake with white lace frosting. There's swimming and fishing in the area, and fine food at the Olde Grist Mill.

Old Orchard Beach offers seven miles of beautiful sand in an atmosphere rather like Atlantic City, complete with amusement pier. And at Portland's busy harbor, you can charter fishing boats, arrange for a clambake or moonlight sail, or take excursions among the darkly wooded islands in Casco Bay. Four miles south is Portland Head Light, built on orders from George Washington, and still operating!

Take U.S. 1 north, stopping in Freeport to shop at L. L. Bean's store for outdoor enthusiasts. The Marine Museum in Bath explores the past of this famous shipbuilding town, and the Iron Works now turn out naval and merchant ships. In nearby Boothbay Harbor, a sheltered haven full of spindly boat masts and weathered lobster traps, you can watch boatbuilders, take a cruise among the islands, and ride a narrow-gauge steam train at the Railroad Museum.

Route 1 winds north along the coast to Searsport, home of the entrancing Penobscot Marine Museum; and to Bucksport, where the Jed Prouty Tavern, a 1798 stagecoach stop, is now a hotel and restaurant. At Ellsworth, head south to Bar Harbor, popular resort town and a gateway to Acadia National Park.

The park is a wonderland of jagged coast and somber granite mountains, crisp inland lakes, rich forests, fascinating wildlife. Drive to the pink dome of Cadillac Mountain, a naked, windswept peak that seems like the very top of the world. Then take the Ocean Drive past Otter Cliffs, which plunge down to the pounding sea as gulls huddle on rocky reefs offshore. Climb down to Anemone Cave where microscopic sea life glistens in rainbow colors. Hike through hushed forests of dark spruce, and take a cruise around Frenchman's Bay. For a taste of real wilderness, hire a boat to Isle au Haut.

There are campgrounds on Mt. Desert Island, and park facilities are open from about mid-May to mid-October.

The mountains. Take U.S. 1-A north to Bangor, then join U.S. 2 west for a fast trip through a beautiful region of hills and lakes. You'll follow the Androscoggin River, winding into the rough foothills of the White Mountains. At Gorham, New Hampshire, a sharp turn south takes you smack into the mountains.

The silent green hulks of the Presidential Range hover over the road as it twists through narrow Pinkham Notch. Drive to the top of Mt. Washington, at 6,288 feet the highest peak in the northeast.

For views of Mt. Washington, Canada, the Maine lakes, and the ocean, ride the gondola to the top of Wildcat Mountain. Other summit trips: the 4,895-foot cable car on Mt. Cranmore, and the monorail up Mt. Attitash. In North Conway, shop for Americana items at Yield House. Visit Storyland at Glen, then head west to Crawford Notch along the sparkling Saco River.



At Twin Mountains detour south along U.S. 3 to Franconia Notch, where an aerial tramway climbs Cannon Mountain, a sheer wall 4,180 feet high. Nearby are the "Old Man of the Mountains," famed 40-foot granite silhouette that looks like a man's face; "The Flume" waterfalls; Natureland; Clark's Trading Post.

Head back north to St. Johnsbury, Vt., where you drive west into the Green Mountains. This is granite country: you you can watch cutting, polishing—the works—at the Rock of Ages quarry near Barre. And Montpelier's gold-domed statehouse is a fine example of a Vermont granite building.

Interstate 89 runs right through the Green Mountains to Burlington, but you may want to detour north to the skiing area of Stowe on State road 100. There are several lifts and resorts, including a lodge owned by the "Sound of Music" Trapp family.

Seven miles south of Burlington, don't miss the Shelburne Museum. You enter through a wooden covered bridge to another world: old-time shops and buggies, cigar store Indians, ships' figureheads, a side-wheeler. Then ferry across Lake Champlain from Burlington to the Adirondacks in New York.

Take the boat ride through the Ausable Chasm, a gigantic gash between massive stone formations and sandstone cliffs. Then drive to the 4,867-foot summit of Whiteface Mountain (State roads 9N and 86) and also stop at High Falls Gorge. There the churning Ausable River drops several hundred feet in frothy waterfalls. The kids will love the Home of 1,000 Animals near Lake Placid.

Head back east, connecting with Interstate 87 direct to the village of Lake George. Or take 9N to Lake Champlain and follow it south to Fort Ticonderoga. Built by the French in 1755, its great stone walls and cannons command a magnificent view.

At Lake George, you can take all-day boat trips, enjoy water sports, visit Fort William Henry, and amusement parks.

Then drive to Albany, where you can head west or south on the New York Throughway, or complete the circle back to Boston. State road 7 goes to Bennington, Vt., headquarters for Ethan Allen's Green Mountain Boys, then south to historic Williamstown, Mass., home of Williams College.

The scenic Mohawk Trail (State road 2) runs east to Greenfield. Just south is Old Deerfield, with many pre-Revolutionary houses. Continue south to the Massachusetts Turnpike, and stop on your way to Boston at Old Sturbridge Village, on U.S. 20, an entire early American town re-created, complete with costumed "natives" at work on early crafts.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Boston from Los Angeles, $745.08; Atlanta, $289.30.

VERY SPECIAL PARTY RECIPES

By Doris Eby, Associate Food Editor

One of the nicest things about spring is the number of good "excuses" it provides to have a party—a shower, reception, tea, luncheon. Whether your next party is large or small, you can make it a really special occasion with one or more of these very festive recipes.



Photographs: de Gennaro

Buying information, page 142

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Recipes on pages 117 and 119



PETITS FOURS—FANCY AND FESTIVE!

Do your party plans include a reception in honor of some special event? **Petits Fours** you make yourself are certain to win you acclaim. You'll find the little cakes nearly as much fun to make as they are to present to delighted guests. (See step-by-step directions below.) Pink **Mint Swirls,** made from frosting mix, and **Sugar-glazed Almonds** share table honors.

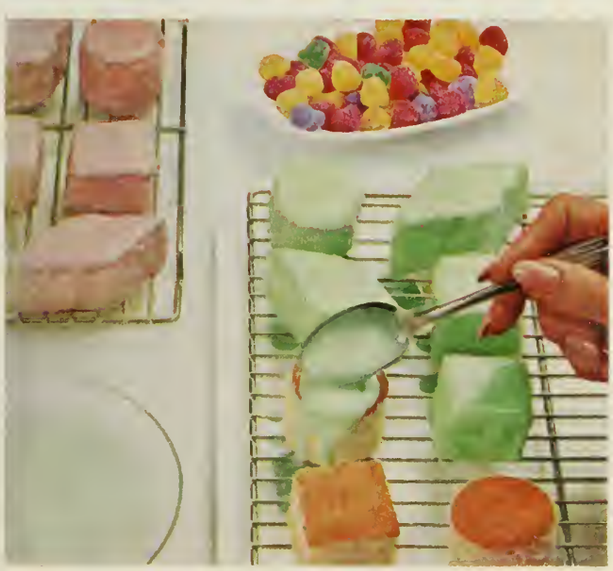
You can make the white cake for Petits Fours from "scratch" or from a mix. After it cools you cut it into squares, diamonds, and circles. To cut squares, rely on your ruler. Measure $1\frac{1}{2}$-inch squares and mark with wooden picks before cutting. A paper pattern will assure uniform diamond shapes: Cut a strip of paper $1\frac{1}{2}$ inches wide, then draw two diagonal lines, *each measuring $1\frac{1}{2}$ inches,* across the width of the paper to form a diamond. Place pattern on a strip of cake $1\frac{1}{2}$ inches wide, and cut along edges of pattern. **(Shown at top right.)** To cut the round cakes, choose a deep biscuit cutter about $1\frac{3}{4}$ inches in diameter.

Now add the glossy pastel-tinted icing. First place cakes on a rack over a tray or baking sheet so icing "drips" can be returned to bowls and reused. Spoon the slightly warm icing over the little cakes, evenly coating the tops and sides. **(Shown at center right.)** Use only one color icing at a time so colors won't mix. A second coat of icing, spooned on after the first has dried, gives extra shine.

You'll be surprised at how simple the dainty decorations are to do. Plan to make the flowers ahead of time, so you can perch them on the cakes while the icing is still soft. To make bright "daisies," use small scissors to snip colorful gumdrops crosswise, forming petals. Overlap slices slightly to form circles. **(Shown at bottom right.)** Center each "daisy" with a small piece of gumdrop of contrasting color. For other spring-flower decorations, snip tiny colored marshmallows into petal shapes. Top the round Petits Fours with pecan halves and pipe on rings of confectioners' sugar frosting. (Complete instructions for making all decorations on page 122.)

Recipes on page 129







OPEN HOUSE SANDWICHES







An open house is an ideal way to fete a graduate, to say best wishes on an anniversary, to share any happy occasion with friends. And *you'll* rate special hostessing honors when you serve this array of party sandwiches:

For **"Buttercups":** Shell 4 hard-cooked eggs; chop and combine with 2 tablespoons chopped radish, 1 tablespoon chopped green onion, 2 tablespoons mayonnaise or salad dressing, 1 tablespoon Italian salad dressing, $\frac{1}{4}$ teaspoon salt, and $\frac{1}{4}$ teaspoon worcestershire sauce. Chill. Cut 1 loaf whole wheat bread into slices 1 inch thick; cut into rounds with small cookie or biscuit cutter. Hollow out rounds with kitchen shears, leaving about $\frac{1}{4}$-inch sides and bottoms. **(Shown at top left.)** To serve, brush inside of bread "cups" with mayonnaise; fill with about 2 tablespoons of the egg salad. Quarter thin radish slices. Arrange on egg salad. Makes about 30 sandwiches.

To make **Polka-dot Pinwheels:** Have bakery cut 1 loaf unsliced white bread into lengthwise slices about $\frac{1}{4}$ inch thick. Spread 4 slices bread with softened butter or margarine. Combine one $4\frac{3}{4}$-ounce can chicken spread, 2 tablespoons mashed pimiento, and $\frac{1}{4}$ teaspoon curry powder. Spread each slice buttered bread with about 3 tablespoons filling. Trim crusts. Place 5 *thin* green pepper strips, equal distance apart, on filling on each slice. Roll up, beginning at narrow end. **(Shown at center left.)** Wrap in foil or clear plastic wrap; chill. Slice into $\frac{3}{8}$-inch pinwheels. Makes about 20. (To use whole loaf bread, double filling.)

To prepare **Ham Fingers:** Combine 3 tablespoons mayonnaise or salad dressing and $\frac{1}{2}$ teaspoon prepared mustard. Stir in 1 cup ground cooked ham and $\frac{1}{2}$ cup shredded natural Swiss cheese. Spread about 20 thin slices raisin bread (1 loaf) with softened butter or margarine. Spread half the slices with ham mixture; top with remaining bread. Trim crusts. Cut sandwiches into 3-inch "fingers." Cover with clear plastic wrap or aluminum foil. **(Shown at bottom left.)** Chill. Makes about 30.

Complete the assortment with **Date-ginger Triangles.** (Recipe on page 129.)

Buying information, page 142





MEAL PLAN—AN IDEA DINNER



Here's a meal sparkling with new ideas. So you can keep the recipes handy, we put them on pages punched to fit your Cook Book—see pages 101 and 102.

Orange-Thyme Lamb Chops set the flavorful pace for this dinner. The fresh orange-herb marinade doubles as the cooking liquid for the chops. **Parsley-buttered Noodles** are the perfect accompaniment—especially when the noodles are homemade. You can make them ahead, so last-minute cooking is easy.

To round out the main course: fresh asparagus spears, our **Spring Salad Bowl,** and hot **Sesame Biscuits.** The crisp salad features a creamy, subtly garlic-flavored dressing with "croutons" of broken melba toast.

You make the cake for **Shortcut Dobos Torte** with pancake mix, add layers of cocoa-whipped cream and shaved semisweet chocolate, then top it with almonds. It chills till dessert time, so there's absolutely no between-course work for you in the kitchen.

PINEAPPLE—FRESHER THAN EVER!

Fresh pineapple is better than ever! It's now allowed to ripen on the plant till sweet and juicy—then it's quickly flown to mainland markets. You'll find this tropical specialty in good supply November through August.

By all means enjoy fresh pineapple chunks, slices, or spears as is—for delicious refreshment. But don't stop there—you'll find fresh pineapple is a wonderful "mixer," too. Try these ideas for a start:

- Arrange an impressive tray of fresh fruits—pineapple spears, watermelon wedges, plump strawberries, green grapes—to double as salad and centerpiece. Pass a pitcher of creamy fruit salad dressing.
- Scoop the fruit from pineapple halves or quarters, crown on. Cube the fruit, combine it with seafood salad, and pile into pineapple shells for a luau luncheon.
- Combine fresh pineapple chunks with grapefruit sections and avocado slices. Serve on shredded lettuce for a light dinner salad.



Photographs: Photography, Inc.

Fresh Fruit Aloha

Start a special dinner with this trio of chilled fruits—

1 cup fresh pineapple chunks
1 papaya, peeled, seeded, and cubed
½ cup sliced strawberries
1 teaspoon lime juice
2 tablespoons sugar

Combine pineapple, papaya, and strawberries; sprinkle with the lime juice and 1 tablespoon of the sugar. Chill mixture thoroughly. Just before serving, sprinkle fruits with the second tablespoon sugar. Serve as appetizer or dessert. Makes 4 servings.



Removing crown from whole pineapple is eas this way. Grasp crown with one hand (you ma wish to protect fingers with paper towelin and pineapple with other hand. Simply twi crown in one direction, pineapple in other.



To remove rind, stand pineapple upright. Usi sharp knife, cut away rind in wide strips fro top to base, cutting just deep enough to remo eyes. Remove any remaining eyes with tip paring knife or vegetable parer.



To serve pineapple in shell, stand pineapple u right; hold fruit firmly. Using sharp serrat knife, cut down through crown with sawi motion. Continue through fruit. Repeat make pineapple quarters.

Buying information, page



To loosen fruit, first cut away hard center co Use grapefruit knife to separate fruit fr rind. Slice and arrange in shell as above. remove fruit, cut in chunks, and add to fruit meat salad; serve in pineapple shells.

DANDY DOLLAR DINNERS

Campbell's Soup makes 'em taste like a million!



tuffed Cabbage

bbage leaves
¼ ounces) Campbell's Tomato Soup
round beef
ked rice
pped onion
htly beaten
n salt
n pepper

Cook cabbage in salted water a few minutes to soften; drain. Mix 2 tablespoons soup with rest of ingredients. Divide mixture among cabbage leaves; fold in sides; roll up (secure with toothpicks). In skillet, place rolls seam side down; pour on soup. Cover; simmer 40 minutes. Stir now and then; spoon sauce over rolls. 4 servings.



Hearty Tuna Biscuit Pie

1 can Campbell's Cream of Mushroom Soup
½ cup milk
1 teaspoon lemon juice
1 can (6½ ounces) tuna, drained and flaked
1 package (10 ounces) frozen mixed vegetables, cooked and drained
6 refrigerated biscuits, cut in half
1 tablespoon melted butter or margarine
Parmesan cheese

In 8-inch square baking dish, blend soup, milk, and juice until smooth; stir in tuna, vegetables. Bake at 450°F. for 10 minutes. Stir mixture; top with border of biscuits. Brush biscuits with butter; sprinkle with cheese. Bake 8 minutes more or until biscuits are browned. 4 servings.



Franks 'n Beans Skillet Supper

2 slices bacon
6 frankfurters
½ cup chopped onion
1 can Campbell's Cream of Chicken Soup
½ cup water
3 cups sliced cooked potatoes
1 cup cooked cut green beans
⅛ teaspoon leaf thyme, crushed

In skillet, cook bacon; remove and crumble. Cut each frankfurter into thirds. In drippings, brown frankfurters and cook onion until tender. Stir in soup, water, potatoes, green beans, and thyme. Heat; stir now and then. Garnish with crumbled bacon. 4 servings.

Cost of each recipe is based on prevailing retail food prices.

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Just fill in your name and address on this coupon and send it with $1.00 to:
Special Cookbook Offer, Box 400
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You'll receive Campbell's two hard-cover cookbooks, "Cooking With Soup" and "Easy Ways to Delicious Meals." Each has hundreds of quick and delicious recipes, plus menu and serving suggestions for every occasion.

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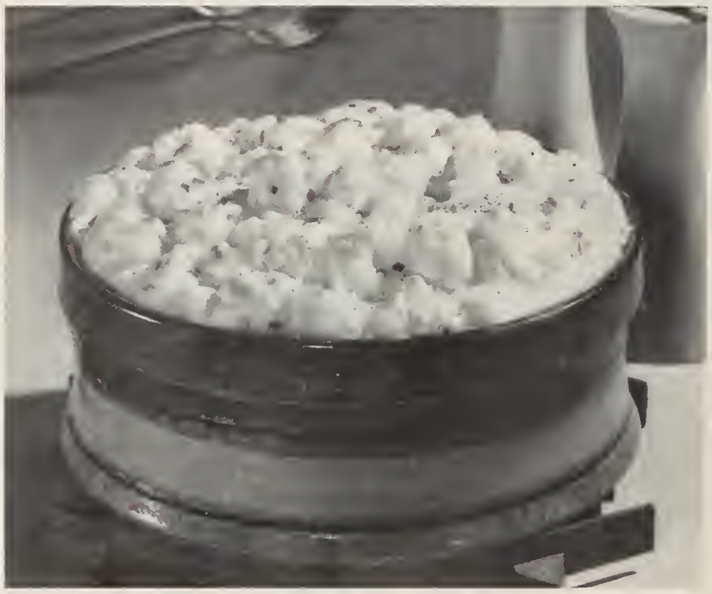
(If you want just one cookbook, send 60¢ and circle the book you prefer.)

Offer expires July 31, 1968. Good only in the United States and Puerto Rico. Void if taxed, restricted or forbidden by law.

M'm! M'm! Good!

PRIZE TESTED RECIPES

GREAT WAYS WITH VEGETABLES





Photographs: Photography, Inc.



Creamy Cheese Potatoes

This winning Cook-of-the-Month recipe can be prepared two ways—as a casserole or a range-top special—

- 1¼ cups milk
- 1 8-ounce package cream cheese, softened
- 1 tablespoon snipped chives
- ½ teaspoon instant minced onion
- ¼ teaspoon salt
- 4 cups cubed, cooked potato (4 medium potatoes)

In medium saucepan, over low heat, blend milk into cream cheese. If necessary, beat smooth with rotary beater. Stir in chives, onion, and salt. Add cubed potato; stir carefully to coat. Turn potato-cheese mixture into 1½-quart casserole; sprinkle with paprika. Bake in moderate oven (350°) for 30 minutes. *Or:* Cook in saucepan over low heat till heated through. Serve immediately. Makes 5 or 6 servings.

Mrs. R. G. Carey
St. Petersburg, Florida

Raisin Sauced Beets

Lemon sparks the beet-raisin combo. Remember these next time you serve pork roast or chops—

- 1 1-pound can (2 cups) sliced beets
- ⅓ cup light or dark raisins
- ¼ cup sugar
- 1 teaspoon cornstarch
- 3 tablespoons lemon juice
- 2 tablespoons butter or margarine

Drain beets, reserving ⅓ cup liquid. In medium saucepan combine reserved beet liquid and raisins. Cover; simmer till raisins are plumped, about 5 minutes. Combine sugar and cornstarch; stir into raisins in pan. Add lemon juice and butter or margarine; cook and stir over medium heat till slightly thickened. Stir in beets and simmer till mixture is heated through, about 5 minutes. If desired, garnish with a twist of lemon. Makes 4 servings.

Mrs. Phil Collar
Herrin, Illinoi

Broccoli Puff

Light, fluffy cheese topper on broccoli will remind you of vegetable soufflé—

- 1 10-ounce package frozen broccoli cuts
- 1 can condensed cream of mushroom soup
- 2 ounces sharp process American cheese, shredded (½ cup)
- ¼ cup milk
- ¼ cup mayonnaise or salad dressing
- 1 beaten egg
- ¼ cup fine dry bread crumbs
- 1 tablespoon butter or margarine, melted

Cook frozen broccoli according to package directions, omitting salt called for; drain thoroughly. Place broccoli cuts in 10x6x1½-inch baking dish. Stir together condensed soup and shredded cheese. Gradually add milk, mayonnaise and beaten egg to soup mixture, stirring till well blended. Pour over broccoli in baking dish. Combine bread crumbs and melted butter or margarine; sprinkle evenly over soup mixture. Bake in moderate oven (350°) for 45 minutes, till crumbs are lightly browned. Makes 6 servings.

Mrs. Thomas E. Pa
Buffalo, New Yo

Continued



No other flavor quite like this

Wholesome macaroni drenched in rich cheddary flavor—that's Kraft Macaroni and Cheese Dinner. At about 6¢ a serving, it's an amazing value. No wonder this one is the most popular packaged dinner in America. Serve it tonight and save.



Kraft Home Cooked Dinners

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ch this little umbrella girl to the one on a new Morton label* to see if you've won.

t the umbrella girl in the lines and hold it up to on the new Morton Salt the store or one avail- r rule #1. (The girl on the all new Morton labels ys the same size; only upon girls are varying If the two girls match mail your entry to us.



No purchase necessary. Here's all you do:

*1. Take the official entry coupon to your store (or see below). Match the picture of the Morton girl on the coupon to the smaller one appearing on the front of the new, 26 oz. size, Morton Salt Label (or you may obtain a new label by sending a self-addressed envelope to Morton, Box 414, New York, N. Y. 10046). You are a winner if the girl on your coupon matches exactly in size and style (not color) with the girl on the front of the new Morton label. (The girl on the front of all new Morton labels is always the same size; only the entry coupon girls are of varying sizes.)

2. If you have a winner, send it via registered mail to the judging organization, D. L. Blair Corporation, 25 East 26th Street, New York, N.Y. 10010. Be sure to sign your winning coupon and include your name and address. Upon notification by the judges that yours is one of the 1000 winning coupons, your prize will be awarded. Judges decisions are final on all matters concerning this offer. Winning claims must be postmarked by June 15, 1968 and received by June 30, 1968.

3. Sweepstakes not open to employees and their families of Morton Salt Company, or of any person, publication or firm which participated in the production, distribution or operation of the sweepstakes. Offer void outside USA and in Nebraska and Wisconsin and wherever prohibited by law. All federal, state and local taxes must be paid by recipients of prizes.

Make May Wednesdays special with Hunt'sauce



Wednesday, May 1

Mini-Meatball Stew

1 lb. ground beef
¼ cup chopped onion
¼ teasp. chili powder 1 teasp. salt
2 (10-oz.) pkgs. frozen mixed vegetables, thawed
2 (8-oz.) or 1 (15-oz.) can Hunt's Tomato Sauce with Tomato Bits

Combine beef, onion, chili powder and sa Shape into small meatballs. Brown in lar skillet; drain fat. Arrange mixed vegetab in skillet with meatballs; pour on Hunt'sau Cover and simmer 20 to 25 min. 6 servings.

Wednesday, May 8

Quick Lasagne Casserole

1 lb. lean ground beef
10 green onions, chopped
2 (8-oz.) cans Hunt's Tomato Sauce with Cheese
1½ teasp. salt ¼ teasp. oregano
¼ teasp. basil ⅛ teasp. pepper
1 clove garlic, minced
1 (8-oz.) package wide noodles, cooked and drained
1 cup cottage cheese 1 cup sour cream

Brown beef; drain fat. Add onions and co lightly. Add Hunt'sauce, salt, oregano, ba pepper and garlic. Simmer 10 min. Comb noodles, cottage cheese and sour cream. I



2-quart baking dish, alternate lay of noodle mixture and meat sa starting with noodles and end with meat sauce. Bake at 350°F. to 30 min. 6 servings.

Wednesday, May 15

Chili Cornwiches

1 lb. frankfurters, sliced
1 onion, chopped
1 green pepper, chopped
2 Tablesp. Wesson Oil
1 (15-oz.) can kidney beans
2 (8-oz.) or 1 (15-oz.) can Hunt's Tomato Sauce with Tomato Bits
1-2 teasp. chili powder ¼ teasp. salt
Hot cornbread
Shredded Cheddar cheese

In large skillet, brown frankfurter slices, on and green pepper in oil. Drain excess fat.



undrained beans, Hunt'sauce seasonings; simmer, uncovered min. Serve chili over split piece cornbread; top with cheese. 4 servings.



Wednesday, May 22

Beef-Potato Boats

1 lb. lean ground beef
½ cup chopped onion
¼ cup chopped green pepper
¼ cup chopped celery 1 teasp. salt
¼ teasp. nutmeg ⅛ teasp. pepper
1 (8-oz.) can Hunt's Tomato Sauce
4 medium potatoes, baked
1 cup shredded Cheddar cheese

Brown beef, onion, pepper and celery in ski Drain fat. Add seasonings and Hunt'sauce. potatoes in ½ lengthwise; scoop out and res shells. Mash potatoes; combine with meat ture. Fill shells; place in baking pan. Sprin cheese on top. Bake 15 min. at 400°F. 4 servi

Wednesday, May 29

Chicken Skillet Barbecue



1 3-lb. fryer, cut up
½ cup flour
Salt and pepper
½ cup Wesson Oil
1 cup water
1 Tablesp. brown sugar
1 Tablesp. instant minced onion
2 Tablesp. vinegar
1 teasp. Worcestershire sauce
1 (8-oz.) can Hunt's Tomato Sauce

Dredge chicken in mixture of flour, 1 Tablesp. salt and ¼ teasp. pepper; cook in oil until brown. Drain excess fat. Combine rest of ingredients; pour over chicken. Simmer, covered, 1 hour or until chicken is tender. Baste several times while cooking. 4 servings.

HUNT WESSON FOODS FULLERTON CALIFORNIA



ed Cabbage Medley

ot and onion are combined with cabbage to make a delectable able trio—

dium onion, thinly ced
blespoons butter or argarine
nall head cabbage, redded (3 cups)
3 medium carrots, shredded (about 1 cup)
½ teaspoon salt
• • •
¼ teaspoon leaf oregano, crushed

edium skillet or saucepan, cook onion in butter or mar- ie for 5 minutes; stir in cabbage, carrots, and salt. Cover; over medium heat for 8 minutes more. Stir in crushed ano. Makes 4 servings.

Mrs. Edwin F. Buck, Jr.
Berrien Springs, Michigan

information, page 142



t-Cheddar Casserole

cut-up carrots, covered, in small amount of boiling, salted for 15 to 20 minutes—

nd carrots, cooked d mashed (about 2 cups)
ten eggs
ups milk
shredded natural eddar cheese (4 ounces)
1 cup medium cracker crumbs (20 to 22 crackers)
2 tablespoons butter or margarine, softened
1 teaspoon salt

bine all ingredients; mix well. Turn into an 8x8x2-inch g dish. Bake in moderate oven (350°) for 30 minutes l knife inserted just off-center comes out clean. Top with bacon curls. Makes 6 servings.

Mrs. L. L. Vilven
Wamego, Kansas



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Rainbow Angel Cake
Light, flavorful rainbow cake, crowned with rich whipped cream. Recipe on back of White Angel Food Cake Mix.

Toasted Coconut Orange Cake
A moist cake topped with creamy frosting, and bits of orange peel and toasted coconut. Recipe on back of Coconut Surprise Cake Mix.

Caramel Butter Nut Cake
Rich cake, chewy with nuts and smothered with buttery caramel frosting. Recipe on back of Caramel Supreme Cake Mix.

German Chocolate Style Cake

The classic dessert. Rich moist cake with sweet light chocolate flavor topped with chewy coconut and pecans.

Duncan Hines Swiss Chocolate Cake Mix.
⅔ cup sugar
⅔ cup evaporated milk
2 egg yolks
⅓ cup shortening
½ teaspoon vanilla
1⅓ cups (3½ oz. can) flaked coconut
1 cup chopped pecans

Using 8 or 9 inch round layer cake pans; make and cool cake as directed on the label. In a saucepan combine sugar, evaporated milk, egg yolks and shortening. Cook and stir over medium heat until mixture comes to a boil. Remove from heat. Add vanilla, coconut and pecans. Beat until thick. Cool 15 minutes. Spread only between layers and on top of cake. (Recipe also on back of Swiss Chocolate Cake Mix.)



Duncan Hines®

New! Recipes on the backs of all packages.

File under Meal-Planning

AN IDEA DINNER

See page 90



Orange-Thyme Lamb Chops

6 shoulder lamb chops, cut ¾ inch thick (about 1½ pounds)
½ teaspoon shredded orange peel
¼ cup orange juice
½ teaspoon dried thyme, crushed

• • •

1 3-ounce can sliced mushrooms, drained (about ½ cup)

Trim excess fat from chops. Combine orange peel, juice, and thyme; pour over chops. Marinate for 1 hour at room temperature or several hours in refrigerator, turning chops once or twice. Drain, reserving marinade. Brown chops in small amount of fat; season with a little salt and pepper. Add marinade and mushrooms. Cover; simmer about 40 minutes. Uncover and cook about 5 minutes more. Garnish with orange wedges. Makes 6 servings.

dotted lines

IDEA ACCOMPANIMENTS



Photographs Photography, Inc.

Sesame Biscuits

2 cups sifted all-purpose flour
4 teaspoons baking powder
2 teaspoons sugar
½ teaspoon salt
½ teaspoon cream of tartar
½ cup shortening
⅔ cup milk
1 tablespoon sesame seed, toasted

Sift together flour, baking powder, sugar, salt, and cream of tartar; cut in shortening till mixture is like coarse crumbs. Add milk; stir only till dough follows fork around bowl. Knead gently on lightly floured surface for 30 seconds. Roll ½ inch thick; cut in 2½-inch rounds. Place on ungreased baking sheet. Brush tops with a little milk; sprinkle with sesame seed. Bake in very hot oven (450°) for 10 to 12 minutes. Makes 16 biscuits.

May meal plan idea
Add to your cook book





Shortcut Dobos Torte

Pancake mix lets you skip a step when preparing the sponge layers—

5 eggs
½ teaspoon salt
1 teaspoon vanilla
1 cup granulated sugar
1½ cups pancake mix

. . .

2 cups whipping cream
½ teaspoon vanilla
¼ cup sifted confectioners' sugar
¼ cup cocoa powder

. . .

2 squares (2 ounces) semisweet chocolate, shaved
¼ cup slivered almonds, toasted

Combine eggs, salt, and the 1 teaspoon vanilla. Beat till thick and lemon colored, about 5 minutes. Gradually beat in the granulated sugar; fold in pancake mix. Pour into 2 greased and waxed paper-lined 9x1½-inch round cake pans. Bake in moderate oven (350°) for 15 to 18 minutes. Cool; remove from pans. Using wooden picks as guide, split cake layers. To make filling, combine whipping cream, the ½ teaspoon vanilla, the confectioners' sugar, and cocoa powder; whip till creamy and thickened.

To assemble torte: Place cake layer on serving plate, *cut side down.* Spread with 1 cup of the whipped filling; sprinkle with about 1 tablespoon of the shaved chocolate. Top with second cake layer, cut side down; spread with same amounts of filling and shaved chocolate. Repeat with remaining 2 layers. Sprinkle toasted almonds on top layer. (To match picture, sprinkle remaining shaved chocolate in center of top layer. Garnish with a wreath of the almonds.) Chill till serving time.





Parsley-buttered Noodles

Homemade noodles are made ahead—
1 beaten egg
2 tablespoons milk
½ teaspoon salt
1 cup sifted all-purpose flour

. . .

2 tablespoons butter or margarine
2 tablespoons snipped parsley

In medium bowl, combine egg, milk, and salt. Add enough of the flour to make a stiff dough. Roll very thin on floured surface; let stand 20 minutes. Roll up loosely; slice into noodles ¼ inch wide. Spread out and let dry 2 hours. Place in clear plastic bag and store. To cook: Drop noodles into boiling, salted water. Cook, uncovered, for about 10 minutes. Drain. Add butter or margarine and parsley. Toss to mix well. Six servings.

Spring Salad Bowl

An extra-special dressing is tossed with this vegetable salad—
½ medium head lettuce, torn in bite-size pieces (about 4 cups)
½ medium head romaine, torn in bite-size pieces (about 4 cups)
½ cup thinly sliced zucchini
½ cup sliced radish
1 tablespoon sliced green onion
6 slices melba toast, broken
½ cup Italian salad dressing
½ cup mayonnaise or salad dressing
2 tablespoons shredded natural cheddar cheese
½ teaspoon anchovy paste

In large bowl, combine greens, zucchini, radish slices, onion, and melba toast. Toss with *Creamy Garlic Dressing:* Combine Italian dressing, mayonnaise, cheese, and anchovy paste; chill. Makes 6 servings.



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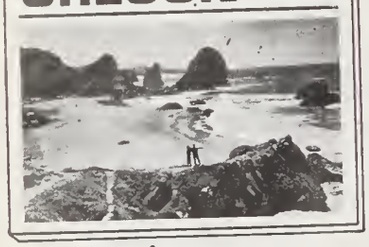
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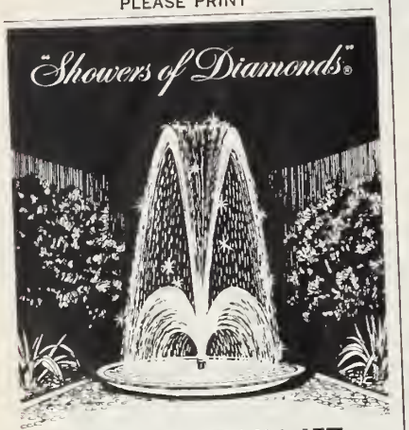
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CAREFREE CASSEROLES

What could be more tempting and satisfying to set before your hungry family or guests than a piping-hot casserole? And what could be easier, if you short-cut preparation time, as we do here, with convenience foods? Try all three of these bright ideas—they're good (and easy to make, too).

Photographs: Photography, Inc.

Shrimp Noodle Newburg

Elegant! A creamy blend of shrimp, cheddar, sherry, and noodles—

1 can frozen condensed cream of shrimp soup
1 6-ounce can (⅔ cup) evaporated milk
½ cup shredded natural cheddar cheese (2 ounces)
⅓ cup mayonnaise or salad dressing
¼ teaspoon salt
¼ cup dry sherry
1 4½- or 5-ounce can shrimp, drained
4 ounces medium noodles (about 3 cups), cooked and drained
½ cup broken potato chips

In medium saucepan, combine soup and evaporated milk; heat to boiling, stirring occasionally. Remove from heat. Add cheese, mayonnaise, and salt; stir till cheese melts. Blend in wine. Add shrimp and cooked noodles; mix well. Turn into 1½-quart casserole; bake, covered, in moderate oven (350°) for 25 minutes. Uncover; wreathe with broken potato chips. Return to oven; bake 5 minutes more. Makes 4 to 6 servings.



Beef Stew Bake

To please the robust appetites in your family—

1½ pounds beef stew meat
2 tablespoons cooking oil or shortening
1 can mushroom gravy
1 cup tomato juice
½ envelope (¼ cup) dry onion soup mix
1 teaspoon horseradish
4 medium potatoes, pared and quartered

In heavy skillet, brown meat in hot oil; drain off excess fat. Add mushroom gravy, tomato juice, onion soup mix, and horseradish. Simmer, covered, for 5 minutes. Place potatoes in bottom of 2-quart casserole; top with meat mixture. Bake, covered, in moderate oven (350°) for 1½ hours or till meat and potatoes are tender, stirring once or twice during baking. Makes 6 servings.



Ham and Rice Casserole

Quick—and penny-wise as well—

¾ cup long-grain rice
½ cup chopped onion
2 tablespoons cooking oil
2 cups cubed cooked ham
1 9-ounce package frozen cut green beans
1 10½-ounce can beef broth

Cook rice and onion in oil till rice is lightly browned, stirring frequently. Add ham, beans, beef broth, and ½ cup water; heat to boiling. Turn into 2-quart casserole. Cover; bake in moderate oven (350°) for 45 minutes or till rice is done. Stir just before serving. Makes 5 or 6 servings.



What's your oven doing after dinner tonight?



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Toss a marvelous meal with

Kellogg's Croutettes and Seven Seas Dressing

Be a chef with the gourmet touch —serve a tempting, tasty salad like this. It's so easy to toss up, too, when you use Kellogg's Croutettes and your favorite Seven Seas Dressing. Kellogg's oven-toasted croutons give salads a delightful, spicy crispness. And, Seven Seas Dressings are made creamy so their flavor clings to greens, won't sink to the bottom of the bowl. Toss this extra-special Chef's Salad Supreme for dinner tonight.

- 10 cups chilled torn salad greens (romaine, iceberg, spinach)
- 2 cups KELLOGG'S® CROUTETTES®
- 1½ cups cooked chicken or turkey strips
- 1 cup cheese strips (Swiss or American)
- 1 ripe avocado, pared and cut in wedges (optional)
- 2 hard-cooked eggs, sliced
- 1 cup cherry tomatoes, cut in halves (or tomato wedges)
- ½ cup pitted ripe olives
- 1 cup SEVEN SEAS® DRESSING (Green Goddess, Caesar, Coach House, Creamy Russian, Italian Bleu, Creamy Italian)

Combine greens in large salad bowl. Add Kellogg's Croutettes (herb-seasoned croutons), chicken, cheese, avocado, eggs, tomatoes, and olives. Toss with your favorite Seven Seas Dressing before serving in individual salad bowls. Additional Croutettes may be sprinkled over top, if desired. Makes 6 main-dish servings.



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Buying Guide

For your convenience, we list names and addresses of manufacturers of most of the products pictured in each month's issue. This month, see page 142 for this shopping information.



Citrus Specials

NEXT DECEMBER we'll spotlight recipes starring citrus fruits of all kinds. Why not jot down *your* favorite recipe idea today? It could be one of the lucky winners! The Cook-of-the-Month receives $50 and two Runners-up receive $25 each. Twelve Honor Roll winners get $10 each. Selected winning recipes will be pictured on the Prize Tested Recipes page next December. All 15 winners receive a framed Better Homes and Gardens Certificate of Endorsement and six copies of the endorsed recipe.

Hints to Help You

Lemons, limes, grapefruit, tangerines, mandarin oranges, and tangelos—they're all eligible! Do you use fresh, frozen, or canned fruit, or a juice or concentrate? Does a citrus fruit flavor your favorite tart or cake? Perhaps a meat sauce or marinade is your specialty. It could be a relish or compote, a frosty salad or sherbet. Don't forget pancake, sundae, or vegetable toppers. Remember, too, gelatin salads, warm breads, and party punches.

To Start You Thinking:

turkey orange salad
grapefruit-raisin relish
lemonade cupcakes
orange-glazed pork roast
lemon-rice stuffed trout
hot citrus punch
lime angel torte
orange-bran muffins
citrus shrimp salad
orange souffle
fruit-sauced ham steak
lemon coconut meringues
orange walnut cookies
grapefruit curry salad

THIS MONTH'S WINNERS

(*See recipes on pages 94 and 99*)

Cook-of-the-Month

Mrs. R. G. Carey, Saint Petersburg, Fla.

Runners-up

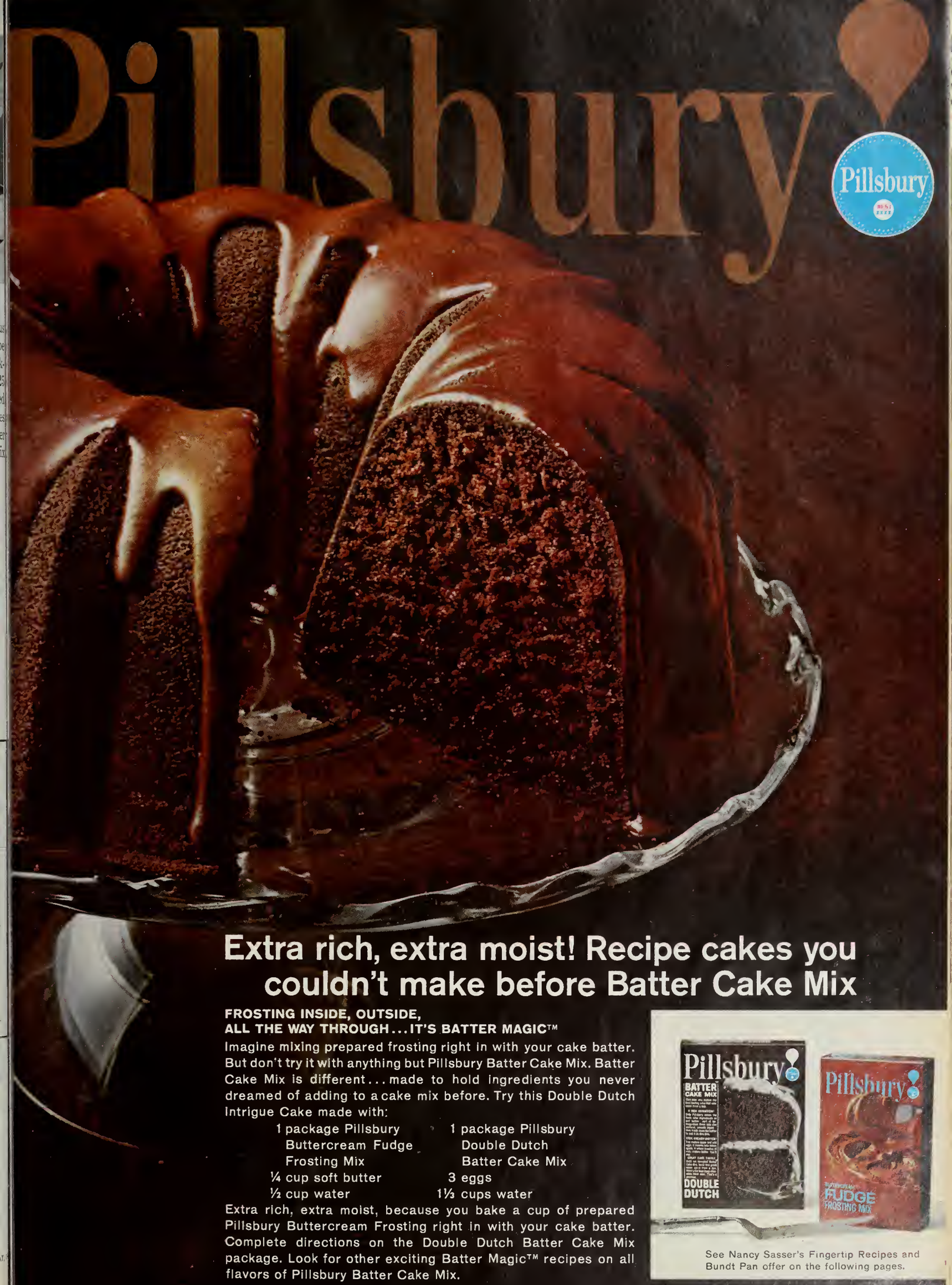
Mrs. Phil Collard, Herrin, Ill.
Mrs. Thomas E. Pace, Buffalo, N.Y.

Honor Roll

Mrs. Edwin F. Buck, Jr., Berrien Springs, Mich.
Mrs. Elizabeth S. Culp, Charlotte, N.C.
Mrs. Gary Hanners, Lynwood, Calif.
Mrs. Joseph P. Meller, Milwaukee, Wis.
Mrs. Stagg Renz, Dallas, Tex.
Mrs. George E. Rowland, Raleigh, N. C.
Mrs. Juanita Smith, Pacific Grove, Calif.
Mrs. Vernon H. Smith, Defiance, Ohio.
Mrs. Herbert A. Thomas, Fort Thomas, Ky.
Mrs. L. L. Vilven, Wamego, Kan.
Mrs. Chris Wright, Memphis, Tenn.
Mrs. Louis Zadina, Omaha, Neb.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and mark it "December Citrus Specials."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of Better Homes and Gardens.
7. Entries must be postmarked by midnight May 31. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6105 Test Kitchen, Better Homes and Gardens, Des Moines, Iowa 50303.



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See Nancy Sasser's Fingertip Recipes and Bundt Pan offer on the following pages.

Fingertip Recipes by Nancy Sasser



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We have prepared a catalog of project plans from past iss which you can get for only 25 cents to cover handling and m ing. Besides showing you more than 125 plans to order, booklet contains many tips on woodworking.

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Although there is no new house plan offered this month, a c log is available for 25 cents containing photographs of alm 100 house plans available from past months for which you order plans.

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BUSY-DAY ENTREES

You can whip together each of these main dishes in less than 30 minutes. As a special bonus—each requires only one skillet from start to finish. To complete the menu: tossed salad or crisp relishes, rolls, and chilled fruit.







Photographs: Photography, Inc.

Quick Curried Ham

You'll like this served over toasted English muffins, too—

1 tablespoon butter or margarine
1 tablespoon chopped onion
1 tablespoon chopped green pepper
1 can condensed cream of celery soup
¾ cup milk
⅓ cup mayonnaise or salad dressing
2 cups cubed cooked ham
1 3-ounce can sliced mushrooms, drained (about ½ cup)
¼ to ½ teaspoon curry powder

• • •

Hot cooked rice

In skillet, melt butter or margarine. Add onion and green pepper; cook till tender but not brown. Stir in soup, milk, and mayonnaise. Add ham, mushrooms, and curry powder; cook and stir till heated through. Serve over rice. Six servings.

Hamburger Skillet Supper

Cheese cubes are the hidden treasure in the biscuit toppers—

1 pound ground beef
Salt and pepper
1 1-pound can (2 cups) green beans, undrained
1 10½-ounce can pizza sauce
2 teaspoons instant minced onion
1 cup packaged biscuit mix
⅓ cup milk
10 ½-inch cubes natural sharp cheddar cheese

In skillet, brown ground beef; skim off excess fat as meat browns. Season meat with salt and pepper. Stir in beans, pizza sauce, and onion; heat till boiling. Meanwhile, combine biscuit mix and milk; beat vigorously till stiff but sticky, about 20 strokes. Wrap a small amount of dough around each cheese cube; seal well. Drop into the simmering meat mixture. Cover; cook about 12 minutes. Makes 4 to 5 servings.

Cantonese Shrimp

Pass soy sauce to accent the marvelous flavor of this entree—

1 tablespoon cooking oil
1 7-ounce package frozen Chinese pea pods
¾ cup chicken broth
1 5-ounce can water chestnuts, drained and sliced (⅔ cup)
½ teaspoon monosodium glutamate
¼ teaspoon salt
1 tablespoon cornstarch
2 tablespoons water
1 4½- or 5-ounce can shrimp, drained

Heat oil in skillet. Add pea pods and cook till thawed, separating with a fork. Stir in chicken broth, water chestnuts, monosodium glutamate, and salt. Cover and cook 2 minutes, stirring once or twice. Combine cornstarch and water; add to mixture in skillet. Cook and stir till thickened and clear, about 2 minutes. Add shrimp; toss gently till hot. Makes 2 to 3 servings.

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(A Towel Sandwich?)



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And for many people, this is one of the very best reasons for buying a KitchenAid.



Since you probably can't visit our factory, why not visit your KitchenAid dealer? (Check the Yellow Pages.) He'll give you more reasons why a KitchenAid dishwasher is such a good buy. Or write KitchenAid Dishwashers, Dept. 8DC-5, The Hobart Manufacturing Co., Troy, Ohio 45373.

KitchenAid®
Dishwashers and Disposers
By the makers of Hobart commercial dishwashers and food waste disposers.

BACKYARD SMOKE COOKING

Meat from your barbec with old-fashioned smo vor, will win you best- claim. You can give tha to meat, poultry, and fi ply by adding wood c your charcoal fire. Kee tips in mind for all yo door smoke cooking:

EQUIPMENT IS IMPORTA

Although you can give ly smoked flavor to cooked on an open grill, best results with a cove becue unit. When the lowered, it creates an which contains and trates the smoke. Draf trolled at the top of t and at the firebox oper

In most "smokers," away from the direct the fire, and drippi away from the coals units allow smoke coo rectly over the fire, cover closed. Other eq permits direct, indire rotisserie smoke cooki adjustments of fireb draft, and for cookin see the directions for yo

WOOD MAKES A DIFFER

Hardwood chips added charcoal fire produce th that flavors the meat. chips are most comm apple, oak, and cher can also be used. (Soft ous woods should be a

Use either fresh gre chips, or dry chips wh been soaked in wate least 20 minutes. Wh are ready for cooking, on a handful of chips. ing on the degree of sm vor you want, add m three or four times duri ing. If chips should move them with long tongs and add more w

HOW MUCH SMOKE?

With experience, you the degree of smokin family prefers. For few times, be sparing wood chips. The de smoke and the longer is smoked, the further vor will penetrate the smoke large pieces of whole fowl, lower tem by moving the coals a the meat or raising away from the coals, crease the cooking tim

Liquid smoke, fr grocer's, can add subtl flavor, too. Brushed or in marinades or sa handy to use for indo as outdoor cooking. ■

FURNITURE-SHIFTING TIME?

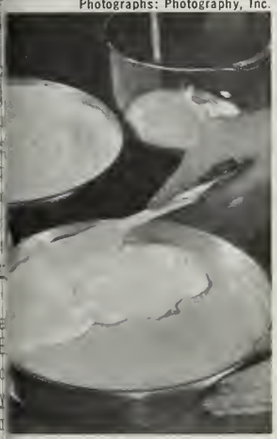
Save time and effort with our ingenious Furniture Arrangement Kit. Cardboard furniture pieces move easily about on scaled room plans. For your kit, send just 50c coin to Better Homes and Gardens, Reader Service Dept. BHF, Des Moines, Ia. 50303.

RAWBERRY RINGUE KE

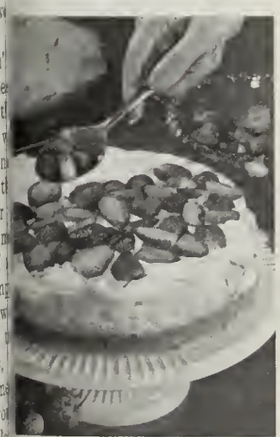
See page 84

ver-size yellow cake mix
orange juice
water
yolks
poon grated orange peel
whites
spoon cream of tartar
sugar
t fresh strawberries
whipping cream
sugar
ine cake mix, orange juice, egg yolks, and orange eat 4 minutes on medium of electric mixer. Pour greased and waxed paper-9x1½-inch round cake Beat egg whites with of tartar to soft peaks; lly add the 1 cup sugar, g to stiff peaks. Gently meringue evenly over

Photographs: Photography, Inc.



. Bake at 350° for 35 to nutes; cool completely. flexible spatulas, care-emove layers from pans, g meringue side up. Set few berries for garnish; emainder. Whip cream he ¼ cup sugar. Spread the whipped cream over gue on bottom cake lay-range sliced berries on



ed cream. Add top layer, gue side up. Garnish with ing whipped cream and berries.

German Chocolate Cake



The true bake shop classic—with real cocoa, coconut and pecans—comes from the Betty Crocker mixes.



Real cocoa in German Chocolate cake gives the famous bake shop classic its light color and deep sweet flavor.

Real coconut and pecans give the frosting its traditional chewy goodness.

Betty Crocker mixes use all three key ingredients. That's why these are the mixes that make the true bake shop classic dessert.

When the flavor's this exciting, you can bet it's Betty Crocker.

The Original German Chocolate Cake & Coconut-Pecan Frosting Mixes

NEXT MONTH

A REALISTIC LOOK AT MENTAL ILLNESS—According to current estimates, 10 out of every 100 Americans suffer from mental illness. This article examines the problem and explains the different forms of mental illness in clear, simple language. In July, a second article considers the questions of what to do when a person needs help.

Energy, appestats* and children.

An appestat is a hunger switch in your brain.

When your body needs food your appestat is turned "on."

A child's appestat is "on" most of the time.

That's why children crave sugar.

Nothing provides energy and satisfies appestats as fast as sugar.



When a youngster gets a raid-the-refrigerator look in his eye during a hard day's play, that's his appestat calling. It means his blood sugar level is low because he has burned up most of his energy.

Nothing answers the call more quickly than good old sugar. The sugar in a soft drink, for example, or in ice cream, or a piece of cake. Sugar is *all* energy, and it gets into the bloodstream fast—faster than any other food.

That's why it doesn't make much sense to keep drinks flavored with artificial sweeteners around if you a youngster around. He *needs* the energy of sugar. He it fast. And besides, the sugar in a soft drink tastes than an artificial sweetener, and it doesn't leave you an aftertaste.

So stay with sugar. It does things for you no art sweetener can do. Sugar's got what it takes!

Only 18 calories per teaspoon—
and it's all energy.



*"*A neural center in the hypothalamus believed to regulate appetite."—
Webster's Third New International Dictionary.*

SUGAR INFORMATION, IN
P.O. Box 2664, Grand Central Station, New York, N.Y. 00

A PATIO LUNCHEON

See page 84



Hearts of Palm Salad

⅓ cup salad oil
2 tablespoons lemon juice
1 teaspoon sugar
½ teaspoon salt
½ teaspoon aromatic bitters
¼ teaspoon paprika
2 tablespoons finely chopped stuffed green olives
1 tablespoon finely chopped onion
1 tablespoon finely chopped celery
• • •
1 14-ounce can hearts of palm, drained and sliced
6 cups torn Bibb lettuce

Combine salad oil, lemon juice, sugar, salt, bitters, paprika, olives, onion, and celery; beat well. Chill. At serving time, toss together hearts of palm and lettuce in salad bowl. Add dressing; toss. Makes 6 servings.

Shrimp Quiche

2 ounces process Swiss cheese, shredded (1 cup)
2 ounces gruyere cheese, shredded (1 cup)
2 tablespoons all-purpose flour
3 eggs
1 cup light cream
½ teaspoon prepared mustard
¼ teaspoon salt
¼ teaspoon worcestershire sauce
Dash pepper
Dash bottled hot pepper sauce
Unbaked pastry for 6 tart shells
1 10-ounce package frozen, peeled, and deveined shrimp, thawed and diced (about 1 cup)

Toss together cheeses and flour. Beat together eggs, cream, mustard, salt, worcestershire, pepper, and hot pepper sauce. Line 6 individual bakers with pastry. Divide about ¾ of the



cheese mixture between the pastry-lined bakers; add shrimp and remaining cheese. Pour in egg mixture. Bake in hot oven (400°) for about 30 minutes or till knife inserted just off center comes out clean. If desired, garnish with whole cooked shrimp and parsley. Makes 6 servings.

Continued

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and Lea & Perrins... the original Worcestershire



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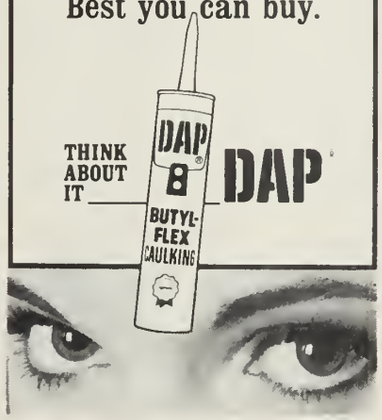


LEA & PERRINS

Remodeling? Working drawings for bathroom, family room, and basement remodeling projects now are available at low cost. What do you need? Reader Service Dept. BHF, Better Homes and Gardens, Des Moines, Iowa 50303

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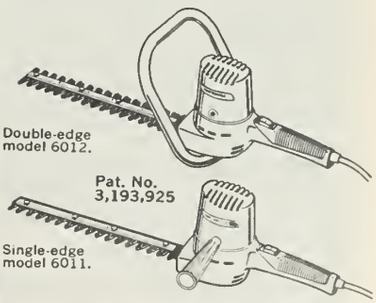


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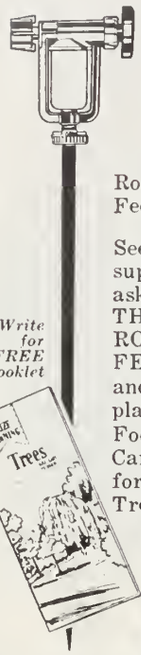
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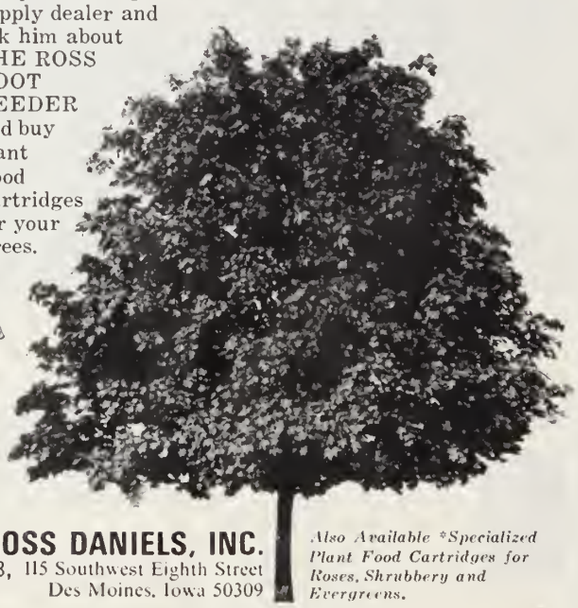


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A PATIO LUNCHEON

Continued



Rhubarb Cup

1 11-ounce can mandarin orange sections
½ cup sugar
¾ pound rhubarb, cut in 1-inch pieces (3 cups)

Drain mandarin orange sections, reserving syrup. In sau pan, combine reserved syrup, sugar, and rhubarb. Bring boiling; cover and cook over low heat till rhubarb is tend about 5 minutes. Remove from heat. Stir in mandarin ora sections. Chill. Spoon into sherbets; top each with a dollop whipped cream. Makes 6 servings.

Sugar-Pecan Crisps

¾ cup butter or margarine
⅔ cup sugar
1 egg
1 teaspoon vanilla
¼ teaspoon salt
1¾ cups sifted all-purpose flour
½ cup finely chopped peca

Cream together butter or margarine and sugar till lig Beat in egg, vanilla, and salt. Gradually stir in flour. Sh dough into 2 rolls, each about 1½ inches in diameter an

Buying information, page



inches long; roll each in ¼ cup of the pecans to coat outsi Wrap in waxed paper; chill thoroughly. Cut into slices inch thick. Place on ungreased cookie sheet; bake in moder oven (350°) for 15 to 17 minutes, till lightly browned. Ma 4 dozen cookies.

22&25

cubic feet.



Model SDI-22E

Model SDI-25E

Only Amana offers side-by-sides this big and this slim: Both narrower (35¾") than the distance around this page. Both with a meat keeper that's a "refrigerator within a refrigerator," and an exclusive 5-Year Total Appliance Warranty.

Here are the very first side-by-sides to pack so much usable storage room into so little a space.

In less than a yard of width, the Amana 25 squeezes 16 cu. ft. into the refrigerator and 9.3 cu. ft. (326 lb.) into the freezer. The Amana 22 holds 14.1 cu. ft. in the refrigerator and 8.2 cu. ft. (287 lb.) in the freezer.

Both side-by-sides spoil you with exclusive features. Like a meat keeper with its own temperature control, to keep meat market fresh up to twice as long as ordinary meat trays. Adjustable cantilevered shelves* on recessed tracks to provide more usable space. Separate cold controls for refrigerator and freezer (set one without affecting the other). Rollers for easy moving—and a brake to anchor the unit. No defrosting ever, of course. And both are available in white, avocado or coppertone.

You can even have decorator doors—another Amana first. Choose from 329 designs—or use your own wallpaper or the same ¼-inch wood paneling used in your cabinets.

After you buy an Amana, our exclusive 5-Year Total Appliance Warranty gives you peace of mind. It even covers parts and related labor for five full years and protects options like the automatic ice maker.

See our side-by-sides at your appliance dealer's—and you'll see that only Amana offers buys this big.

Amana

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*Patent Pending

Total Appliance Warranty: Amana warrants for 5 years from date of original purchase in U.S. or Canada, free replacement or repair, including related labor, of parts found defective as to workmanship or material under normal use, and returned Amana's dealer-distributor organization. Owner is responsible for local cartage, repairmen's travel expense if required, replacement of gaskets, rubber or plastic parts, light bulbs, and accessories. Warranty does not cover taxes, duties, ents levied at time of part export. Any product subjected to accident, misuse, negligence, abuse, defacement of serial plate or alteration shall void the warranty.

PETITS FOURS

See page 86

Cake:
4 tablespoons butter or margarine
¼ cup shortening
1 cup granulated sugar
½ teaspoon vanilla
¼ teaspoon almond extract
2 cups sifted cake flour
3 teaspoons baking powder
¼ teaspoon salt
¾ cup milk
6 egg whites (¾ cup)
¼ cup granulated sugar
Icing:
3 cups granulated sugar
¼ teaspoon cream of tartar
1½ cups hot water
1 teaspoon vanilla
About 2½ cups sifted confectioners' sugar

For Cake: Cream together butter or margarine and shortening. Gradually add the 1 cup granulated sugar, creaming till light. Add the ½ teaspoon vanilla and the almond extract. Sift together flour, baking powder, and salt; add to creamed mixture alternately with the milk, beating well after each addition. Beat egg whites till foamy; gradually add the ¼ cup granulated sugar, beating to soft peaks. Fold into batter. Turn into greased and lightly floured 13x9x2-inch baking pan; bake in moderate oven (350°) about 40 minutes, or till cake tests done. Cool 10 minutes; remove from pan. When cool, cut in 1½-inch diamonds, squares, and circles.

For Icing: Combine the 3 cups granulated sugar, the cream of tartar, and hot water; cook to thin syrup stage (226°). Allow to cool to lukewarm (110°). (*Do not cool over ice water.*) Add the 1 teaspoon vanilla; stir in enough of the confectioners' sugar to make icing pourable consistency. Divide icing into 3 bowls; tint one part pink, one part green, and leave remainder white. (If icing thickens, add a few drops hot water.) Place cakes on rack over tray or baking sheet; spoon icing evenly over cakes. Allow to dry; add a second coat of icing.

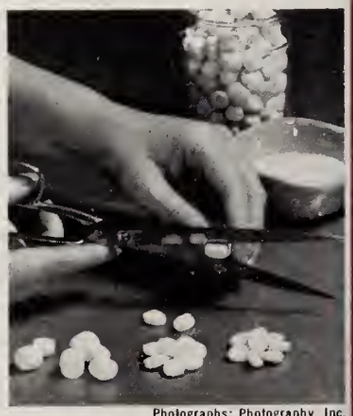


Gumdrop Flowers:

- Snip small gumdrops crosswise into petals. Overlap 5 slices to form circle. Top with a small gumdrop circle of contrasting color.
- Crush gumdrop between thumb and finger. Snip around edge 5 or 6 times. Top with a small gumdrop circle of contrasting color.
- Snip around bottom of gumdrop 5 or 6 times, and spread apart. Place a gumdrop sliver of contrasting color in center.
- Snip down through gumdrop top twice, making cuts at right angles. (Do not cut completely through bottom of gumdrop.) Place piece of gumdrop of contrasting color, in center, where cuts intersect.

Marshmallow Flowers:

- Snip tiny colored marshmallows lengthwise to make petals.



Photographs: Photography, Inc.

Form a ring of 6 petals and top with a small piece of marshmallow of contrasting color. Dip in granulated sugar.

- Snip down through tops of 2 tiny marshmallows twice, making cuts at right angles. (Do not cut completely through bottoms of marshmallows.) Place 1 cut marshmallow on top of other, spreading petals slightly; dip in granulated sugar. Top with marshmallow circle of a contrasting color.

Round Petits Fours:

Prepare your favorite confectioners' sugar frosting and tint as desired. With a cake decorator, pipe frosting around rim of each cake. Center with a pecan half.





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DEVILISH DEVILED EGGS

6 hard-cooked eggs, halved
1/4 cup BEST FOODS® Real Mayonnaise
1/2 teaspoon Worcestershire sauce
1/4 teaspoon dry mustard
Dash salt

Remove egg yolks and mash. Blend with Real Mayonnaise and remaining ingredients. Spoon into egg white shells.

Make devil faces from: pieces of celery, stuffed and ripe olives, cucumber, radish, scallion, carrot, tomato, pimiento, parsley, dill, etc.

VARIATIONS ON BASIC RECIPE:

Add: 2 teaspoons horseradish
2 strips crisp bacon, crumbled

Add: 2 tablespoons deviled ham
1 tablespoon chopped green pepper

Add: 2 tablespoons chopped pimiento-stuffed olives
3/4 teaspoon paprika

Add: 1 teaspoon onion powder

Add: 2 tablespoons crumbled blue cheese
1/2 teaspoon chopped chives



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If the laps around your house deserve a better-than-ordinary paper napkin, they deserve the best. That's Gala—the lap-of-luxury dinner napkin.

Gala is lap-*size*. Just perfect for small laps, medium laps, even laps that overlap.

Gala is two layers thick. That means two layers soft. So it's as nice to lips as it is to laps.

Gala comes with borders. Blue borders. Silver borders. Even avocado borders.

So give your lap the very best. Gala. It's the lap of luxury.



BAKE A BIG-OCCASION CAKE



Photographs: Photograph

Any meal will seem like a special occasion when you bi on this elegant Toasted Butter Pecan Cake for dess You'll want to remember it for family celebrations and co pany dinners. The feather-light layers are chock-full of cans which have been toasted golden in butter or margari To make it completely irresistible, top with a creamy frost and more toasted pecans.

Toasted Butter Pecan Cake:

3 tablespoons butter or margarine
1⅓ cups chopped pecans

• • •

¾ cup butter or margarine
1⅓ cups granulated sugar
1½ teaspoons vanilla
2 eggs

• • •

2 cups sifted all-purpose flour
2 teaspoons baking powder
¼ teaspoon salt
⅔ cup milk

In a shallow baking pan, dot the 3 tablespoons butter margarine over pecans. Toast in moderate oven (350°) 15 minutes, stirring occasionally.

Cream the ¾ cup butter or margarine; gradually add granulated sugar, beating till light and fluffy. Add the nilla. Beat in eggs, one at a time. Sift together flour, bal powder, and salt; add to creamed mixture alternately w milk, beating after each addition. Fold in 1 cup of the toas pecans; set aside the remaining ⅓ cup toasted pecans for of cake. Turn batter into two greased and lightly floure 1½-inch round cake pans. Bake in moderate oven (350°) 30 to 35 minutes, or till cake tests done. Cool on rack fo minutes; remove cake from pans. Cool completely. Frost w

Toasted Butter Pecan Frosting:

4 tablespoons butter or margarine, softened
3 cups sifted confectioners' sugar
2½ to 3 tablespoons light cream
1 teaspoon vanilla

In mixing bowl, combine the butter or margarine, the si confectioners' sugar, light cream, and vanilla. Beat smooth. Spread frosting between layers, on sides, and to cooled Toasted Butter Pecan Cake. Sprinkle the reserve cup toasted pecans in a wreath atop the cake.

Introducing Hungry Husband Suppers

Chef Boy-Ar-Dee® has given European dinners an American touch just for meat-and-potato men like yours.





Goulash. Wavy egg noodles and 9 juicy beef meatballs in a real Goulash sauce. It's deliciously hearty—the way Hungarians like their Goulash. Ready in 10 minutes.

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Tetrazzini. In 12 minutes your family can be enjoying perfect spaghetti and tender chicken in a creamy sauce with golden mushrooms. Here's good eating made with fine Italian flavor that everybody will go for!

Chef Boy-Ar-Dee has put all the fixings in a box to make it easy for you.

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Angel Food with all the open, fluffy-light, melt-in-your-mouth texture of homemade . . . because you beat the egg whites yourself from a separate packet. It's the traditional way to homemade angel goodness.

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Angel Food as easy to make as a layer cake. Betty Crocker pre-mixes the egg whites into the other ingredients. Just one beating gives you a high and tasty angel food without folding.

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SHOULD YOUR PRESCHOOL CHILD HAVE AN EYE EXAM?

Many eye problems start early in life, but few are detected until school age. That's because the preschool child may show no obvious indications he is having difficulty seeing—and he probably won't mention it since he doesn't fully realize he has a problem.

There are small signs which can alert you. Does your child squint when looking intently at something? Does he regularly hold objects up close to his eyes? Do his eyes tend to cross, or do they appear to move away from center?

If you suspect that your child has visual trouble, you can give him a few home tests recommended by the Conservation of Vision Committee of the Pennsylvania Academy of Ophthalmology. These may either allay or confirm your suspicions. But they cannot tell you absolutely whether or not your child needs glasses. All they can do is help you decide whether he needs a professional examination by an ophthalmologist (eye doctor).

One test for acuity—the sharpness of his vision—is to cut pictures out of a newspaper or magazine and show them to your child one at a time from across the room. Can he see them well at a distance? Can he accurately describe them in some detail?

Another test for acuity is to cut a large E from a magazine or a poster, and ask your youngster to watch the E's arms as you hold it up before him, first close by and then at a distance. See whether the child can mimic their direction with his own arm, pointing to the right or left, up or down, as you change the position of the E.

The penny test is often used by eye doctors, but it's simple enough for you to give at home. Put a penny on a closely patterned rug, carpet, or linoleum when your child isn't looking and then see if he can find the penny with both eyes open. Next, gently patch a piece of cotton or gauze over one of his eyes with adhesive tape, ask him to turn his back, and put the penny on the floor in another spot.

Finally, repeat the performance by changing the patch to the other eye and again changing the position of the penny. Watch him as he tries to find it. Does he have difficulty at any time during the routine? Does he seem confused? If he gets on his knees, he might have a tendency to nearsightedness (myopia). If he doesn't find the penny within a minute with one eye patched, you'd be wise to make an appointment with an ophthalmologist for a thorough eye examination.

A typical examination follows these steps. First, the ophthalmologist examines your child's eyes to determine what the visual difficulty is. Then, if glasses are indicated, he'll fit the child with glasses in a test frame, and test for muscle imbalance. Next, he'll test the child's stereopic vision—his ability to use both eyes simultaneously and perceive three dimensions (depth).

After this, the ophthalmologist administers drops to relax the child's eyes. This is essential in examining the preschool child, because he has a very active focusing mechanism, and he's apt to be tense on his first visit to the ophthalmologist. But there's nothing to fear—the drops don't hurt a bit. And they enable the doctor to make an accurate check on how well the new glasses do the job. As part of this check, he'll look into the eye with a retinoscope to make certain that light from the instrument, as transmitted through the glasses, falls where it should: on the retina, not in front or behind it.

Finally, the doctor looks into the eye with an ophthalmoscope, an instrument which enables him to see the blood vessels and other physiological details of the eye. This test is to determine whether the eye is healthy. While eye diseases are not common in children, an ophthalmoscopic examination can reveal congenital defects in the head or brain—for example, a brain aneurysm, which is a weak spot in a blood vessel in the brain—long before any clear-cut symptoms appear elsewhere.

Thorough as it is, an eye examination is painless—and even an interesting experience for the preschool child. The cost for this type of examination is not excessive: it runs between $15 to $25, not including the price of glasses.

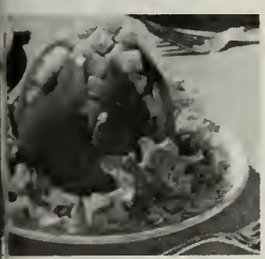
Give your child the simple vision tests outlined earlier, and get him to an ophthalmologist if you suspect trouble. This can assure your youngster of starting school with a most important asset—good vision. ■

LERY ROOT—
OBBY
T NICE



Photography, Inc.

roduce man may refer to root as knob celery, cel- or turnip-rooted celery, s all the same hearty ble. It's from a special celery plant that's a like root. Cut into sal- cooked as a vegetable, it obust celery-like flavor. he green top is sparse dible, it may have been ay and discarded before t reached your market.



ed Celery Root

rilled as a meat relish or into tomato shells for a nner salad—

ove and discard green n 1 medium celery root. ot; dice. Cook in boiling ust till tender, about 8 s; drain well. While still cover with French salad g. Refrigerate 2 to 3 Serve with meat or in rosettes as salad. Makes servings.



oot Sauté

preparation enhances celery flavor—

ove and discard green n 1 medium celery root. ot; cut into julienne Cook in salted boiling ast till tender, about 8 s; drain. Cook 2 table- butter or margarine till pour over celery root. to taste. Sprinkle with spoon snipped parsley. 4 servings.



CALIFORNIA AVOCADO ADVISORY BOARD



Avocados from California



HOW TO 天下一品 a CALIFORNIA AVOCADO AND BRING HONOR TO ENTIRE DINNER.

Sauce a luscious avocado in soy—and honor comes easy. Just make sure you use "Vintage Flavor" Kikkoman, age mellowed as a fine wine. And a California Avocado. (If it yields to gentle pressure, it's ripe... and ready to serve.) Then just halve it lengthwise, remove the seed and fill the center with soy dressing:

1 tbsp. Kikkoman Soy Sauce 3 tbsps. dry white wine 1 tsp. lemon juice

Ah So! Inscrutably delicious, and less than 150 calories.

(For honorable napkin folding instructions, and the new avocado recipe book, "The Avocado Bravo," Send 50c to Box 2162, Costa Mesa, California 92626.)

• enhance

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MONTGOMERY WARD

Just the thing for your Hall of Mirrors. Or even your living room.

It's Wards ORLEANS, named after The Maid of.

A lavish, sculptured cut and loop, swirl design of 100% Fortrel polyester pile. Which means the vibrant colors (there are lots of them!) stay vibrant. The resilient pile springs back with hair. Year after year after year. It's also mothproof, non-allergenic, and a breeze to clean.

Montgomery Ward features this durable ORLEANS carpeting in 12′ and 15′ widths at $9.99 a sq. yd. See this and other Style House Fortrel carpets at all Montgomery Ward retail and catalog stores. Or call for an appointment with Wards "Shop at Home" consultant to see samples in your home. No money down on credit at Wards.

You, too, can make your home your castle.

Louis would have loved it. You will, too.

Style House Carpet of Fortrel, at Montgomery Ward.



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Add a fiber from Celanese and good things get better

Celanese



AN ADDITION THAT SOLVED EVERYTHING

10x51-foot addition solved the space squeeze for this active amily. Their most pressing need: a multipurpose room where ney could entertain informally and enjoy music, books, and imes. Here furniture groupings divide the rectangular space ito three self-contained areas, all with easy access to the patio irough sliding glass doors. Pseudo-brick linoleum flooring, oor-to-ceiling glass "walls," and abundant greenery enhance ie airy, outdoor atmosphere of this addition.

bove: An area rug helps define the conversation grouping in ie center of the room. Two chinoiserie love seats face each :her to create a friendly oasis within this sizable sweep of oace. Twin stools supply extra seating. The small accessory ibles conserve space and permit a free flow of traffic.

Bottom left: A library, music room, game room—all three occupy one end of the room without crowding or confusion, thanks to good use of floor space. Open shelves hold books and a miscellany of art objects and provide a personal backdrop for the piano. Black lacquered game table, wall-mounted Japanese screen, and chinoiserie brass lanterns underscore the Oriental mood which prevails throughout the addition.

Bottom right: This dining area can easily accommodate a few guests at midmorning coffee, a bridge luncheon, or afternoon tea. Whenever the group grows larger, the game table can be moved into this section, or a buffet set up along the end wall. Three skylights illuminate the individual areas and heighten the feeling of spaciousness.

Photographs: Reynolds. Decorator: Nancy Humphery, A.I.D. Source: Barbara Gorder





HOW TO PUT SPRING ON YOUR TABLE

Nothing could be more glad-to-be-together than a glowing assortment of spring flowers! But if your garden tends to yield a few of this and a sprig of that—it takes a bit of artful fixing to turn this miscellany into a sparkling arrangement. Try these four happy-mixture compositions. Although they're compact little cameos, you'll find them eye-catching on dining, coffee, or hall tables.



Windswept willows and jaunty hyacinths make a light and lovely display for any room in the house. Start by placing three hyacinths on a needlepoint in a traditional oriental triangle. Fill in with two willows that have been bent almost at right angles. Add a short willow that follows curve of the others at the base, and one more full bloom.



Photographer: Hopkins

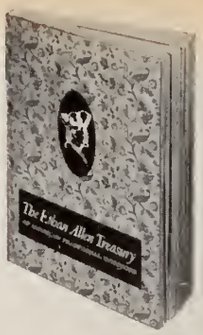
Quaint combination of daffodils, narcissus, and early lilac is clustered in a colonial-type scoop container. A pouf of the blooms is centered in the scoop and filled out with long curving branches of lilac backed with extra green leaves. This informal arrangement is complemented by reproduction of gold-rimmed tea leaf pattern pottery.



A saucy circle of tulips with grape hyacinth and spirea tucked in the center forms a pleasingly bouffant bouquet for a low centerpiece. To make, first insert hyacinths and greens in the center of the bowl, then place tulips underneath. For added height, center the bowl on a tray or rimmed dish. Perfect for formal dinners.



Diaphanous arrangement of daffodils and snapdragons looks full and bountiful but really uses a total of only eight blooms. Wire the stems of three or four daffodils together in ladder formation and place at a slant in a needlepoint. Surround with a low grouping of snapdragons. Add spears of daffodil foliage at back of blooms.



Here's where you can obtain your free copy of the Ethan Allen Treasury:

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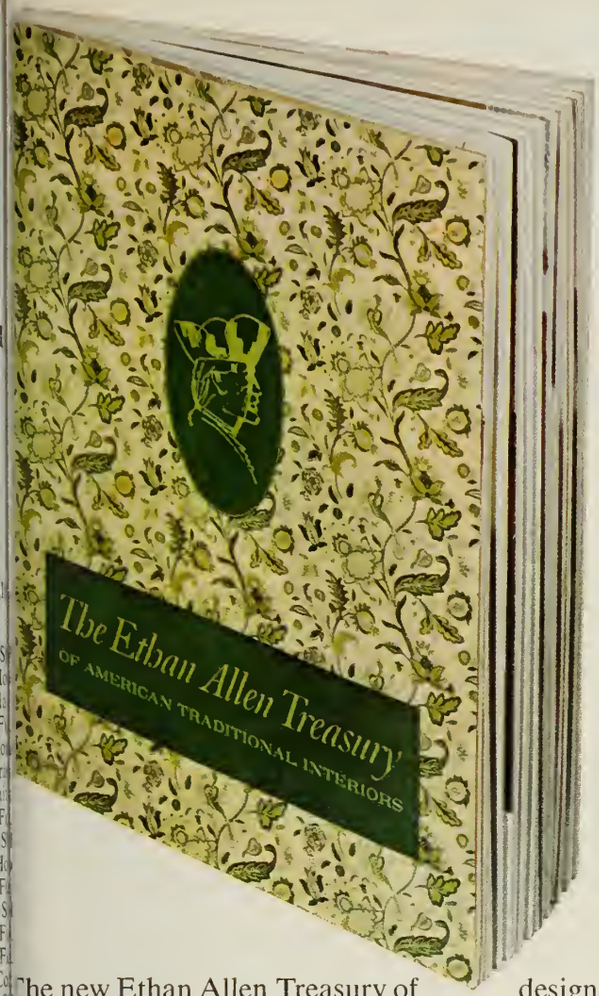
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Ethan Allen
AMERICAN TRADITIONAL INTERIORS



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This lavishly illustrated, 336-page home decorating book–at your nearby Ethan Allen Gallery!

The new Ethan Allen Treasury of American Traditional Interiors shows you how to decorate a more beautiful home easily and professionally. You might expect to pay $5.00 for it at a book store—but it's yours free at your nearest Ethan Allen store or gallery.



Over 400 Decorating Ideas

In it you'll find hundreds of exciting decorating ideas. Colorful ways to dress up your windows. Tips on decorating with bedspreads, lamps and paintings. Ideas on how to turn that too-small room into a comfortable bedroom, family room or den. And, you'll see all the beautiful Ethan Allen American Traditional designs and accessories, too—pictured in color, in complete room settings.



History and Background

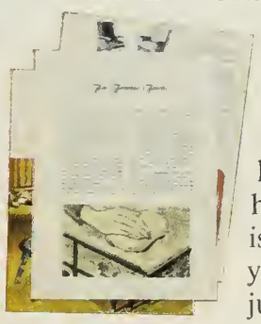
But more than a decorating guide, this Treasury contains the whole fascinating story of American Traditional. You'll find many authentic Traditional menus and recipes: plan a holiday meal from a Mount Vernon Christmas Day menu. Entertain in the grand style as Jefferson did at Monticello. The ideas are all here—tempting mealtime and party time ideas from the pages of America's past.



You'll read about the men who created the styles we call American Traditional: Duncan Phyfe, Samuel McIntire and others. And you'll find a glossary of American Traditional terms—plus a picture study of American architecture from 1609 to 1890.

Tips on Quality, Service and Care

And that's not all! There's a section, too, that tells you what to look for when you buy furniture: how to be sure you're getting your money's worth. And helpful hints on the care of fine furniture: how to keep your new things new-looking for years to come.



A beautiful addition to every home library, this handsome Treasury is our free gift to you. For your copy, just bring this coupon to your nearest Ethan Allen store or gallery listed on the opposite page.

This certificate entitles bearer to a free copy of the new 336 page Ethan Allen Treasury of American Traditional Interiors

(Sorry, no mail or 'phone requests.)

Ethan Allen
AMERICAN TRADITIONAL INTERIORS

We care about your home...almost as much as you do.

CONCOCT A FRUIT COMPOTE

According to Webster, a fruit compote is "a dish of stewed fruits in syrup," but we think it's much more. An easy, light dinner dessert, for example, or the hub of a brunch menu, or a bright way to say "Good Morning" at breakfast time—that's a fruit compote. Such an elegant way to serve delicious and nutritious fruits!



Prune and Apricot Bowl

Ready to serve in only 5 minutes—

2 1-pound jars (4 cups) prunes
1 1-pound 14-ounce can (4 cups) whole apricots
2 inches stick cinnamon
3 tablespoons lemon juice

• • •

¼ cup rum or brandy

Drain and reserve syrups from prun and apricots. Combine ½ cup pru syrup and ½ cup apricot syrup; a cinnamon and lemon juice. Simmer 2 3 minutes; add rum. Arrange fruits bowl; pour hot syrup over. Serve wa or chilled. Makes 6 to 8 servings.

Photographs: Photography

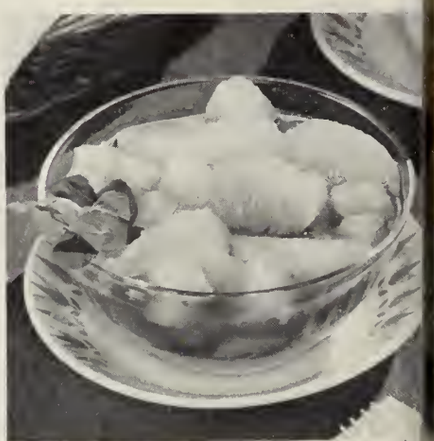


Orange-Date Medley

An imaginative fruit blend with f bodied flavor, accented by crisp-toa almonds. Wonderful served warm—

5 oranges, peeled and sectioned
1 cup sliced dates
1 cup orange juice
2 tablespoons orange liqueur
¼ cup toasted slivered almonds

Place orange sections and dates in 6x1½-inch baking dish. Comi orange juice and orange liqueur; p over fruit. Bake, covered, in a mo ate oven (350°) for 30 minutes or heated through. Sprinkle almonds o top. Makes 6 servings.



Chilled Breakfast Compote

Grapefruit and pineapple marinate night in cranberry juice cocktail—

2 large grapefruit, peeled and sectioned
1 13½-ounce can frozen pineapple chunks, thawed
½ cup cranberry juice cocktail
2 or 3 dashes ground cardamom

Combine fruits, and their juices, cranberry juice cocktail and ca mom. Cover and chill 4 to 6 hour overnight. Makes about 4 servings.

Is there anything in the kitchen Tappan doesn't make?



We don't make you eat cold meals.
New Tappan Gallery range has a built-in electric warming shelf. Keeps food hot for slowpokes and second helpings. Warms plates, too.

We don't make you clean the oven.
Tappan self-cleaning oven removes spills and spatters automatically—far better than you could by hand. No stooping, no scraping. Just set the dial, close the latch. And forget it. Ask your Tappan dealer to show you this great new range, and our complete line of appliances.

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TAPPAN makes convenience - by the kitchenful

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lors are the cue to the in look for '68. Bold, bright colors in FORMICA® brand laminated plastic bring the elegant but practical look to vanitories and walls. Exclusive go-together colors you can x or match with FORMICA® laminate woodgrains and patterns. All granted the Good Housekeeping al. Building or remodeling? See your local dealer, builder or write Dept. BHG-5-8

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SEE HOW SMART A DINETTE CAN BE



Photographs: Hedrich-Blessing. Decorator: Ethel Samuels, N.S.I.D



Photograph: Reynolds, Decorator: Danny O'Neil, Nakasian Interiors

Think big when decorating that diminutive dinette. Start with a bold background—perhaps a bit more daring than you might risk in a much larger space. Here a flamboyant wallpaper electrifies each of these small off-the-kitchen eating areas. Slimly styled table and chairs underscore the individual mood of the dinettes and add to the diner's comfort.

Left: Want to capture that eating-outdoors feeling in a windowless corner of the kitchen? Introduce a sense of spaciousness with a scenic wallpaper such as this picket fence pattern. The airy design expands and brightens an otherwise dull area. Then carry through the outdoor look with a metal frame table and chairs.

Right: Emphatic polka dot wallpaper launches this sophisticated black and white theme which is cleverly repeated in cupboards, appliances, vinyl-clad metal chairs, and even the china service. A modern design glass-topped table offers no competition to the emphatically patterned background and blends smoothly with this contemporary setting.

Left: Even period elegance is possible in a tiny breakfast alcove. Here the flavor of 19th century France is re-created with black and gold striped wallpaper, marble-topped pedestal table, and small brass Empire chairs. A 20th century touch: chair seats are black vinyl—appropriately embroidered with the Napoleonic bee. Empire design chandelier provides another French accent.

Right. Bigger-than-life abstract flowers bloom on the walls and suffuse this snug little breakfast nook with a deluge of color. The flower-strewn windowshade in a related fabric pattern helps unify the area and visually stretch the limited space. Flip-top table can serve as a breakfast bar for two, or extend full length when there are additional diners.



Decorator: William Busam, N.S.I.D.



Decorator: Evelyn LeRoy, N.S.I.D.

/HAT A WAY TO GO.
THOUSAND ISLAND TRIP
/ITH KRAFT.





Arrange for it tonight–with
Kraft Thousand Island Dressing

So rich and creamy. And frisky with all that flavory pickle relish. Get Kraft Thousand Island together with your favorite salad and you're off. Once you've made an arrangement like this, you might just not want to go any other way. Which could be very pleasant for us all. How's this—for a very good way to get going...

Evening Star Salad Bowl

Cut a head of lettuce into five or six wedges and arrange star-fashion in salad bowl. Make radish roses and carrot curls and place in center with pitted ripe olives. Now bring on the Kraft Thousand Island and...a new star is born!

Look what mixing two can do!
Want a blend that's all your own? Mix two Kraft Dressings—for instance, Thousand Island and Catalina Brand. So many Kraft Dressings are compatible with each other, you can have a third dressing for the price of two.

See Kraft Music Hall, Wednesday Nights, NBC-TV

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VO PARTY SWEETS ND A SANDWICH

age 86 and 88



Photographs: Photography, Inc.

ger-date Triangles

es of canned date-nut roll make these ect party sandwiches—

ounce package cream cheese, oftened
blespoon milk
blespoon finely snipped candied nger
ounce can date-nut roll
nd together cheese and milk; stir in lied ginger. Slice date-nut roll into s about $\frac{3}{8}$ inch thick. Spread half slices with cream cheese mixture. with remaining slices. Cut in quar-. Chill. Makes about 20 triangles.



zed Almonds

onds get a toasty flavor as they cook i the sugar glaze—

up whole blanched almonds
cup sugar
ablespoons butter or margarine
easpoon vanilla

heavy skillet, combine whole al-nds, the sugar, and butter or mar-ine. Cook, stirring constantly, over lium-low heat till almonds are well ted and the sugar is golden brown, about 15 minutes. Stir in vanilla. Spread nuts on a large sheet of aluminum foil. Working quickly with two forks, *immediately* separate the almonds. Sprinkle the glazed nuts lightly with salt; cool. Store in a tightly covered container in a cool dry spot.



Mint Swirls

3 tablespoons butter or margarine
3 tablespoons milk
1 package creamy white frosting mix (for 2-layer cake)
Oil of peppermint
Red food coloring

Melt butter or margarine with milk in top of double boiler. Add frosting mix; stir till smooth. Cook over rapidly boiling water for 5 minutes, stirring occasionally. Add about 8 drops oil of peppermint. Tint with a few drops food coloring. Drop by teaspoonfuls onto waxed paper, swirling tops of candies with teaspoon. (Keep candy over hot water while dropping candies. If mixture thickens, add a few drops hot water.) Cool. Makes about 5 dozen mints.



BIG NEWS IN ELECTRONIC MUSICAL INSTRUMENTS

More and more instruments are "going electronic"—joining the age of electronics—and that's good news for people who enjoy making their own music. Now you can buy, for $495, an electronic clavichord that looks like a tea cart and rolls from room to room. Or you can spend from $395 to $1,500 and be the first in your block to own a small, lightweight combo organ that can be disassembled easily, put in your car—even a compact—and taken anywhere with you. And there's more:

Keyboard instruments: Some of the new pianos can be plugged in. One version is called a "plectronic piano," a 61-note instrument that can be made to sound like a piano, harpsichord, guitar, banjo, organ, or celesta just by pushing a selector button. The consol organ continues to increase in versatility, too. Now console organs can reproduce the sound of almost any instrument from flute to drums.

A popular instrument from a bygone era, the harpsichord, has been modified, too—amplified to produce new sounds as well as the traditional one. New style accordions can also sound like a multitude of other instruments, including the guitar and organ.

String instruments: One of the biggest breakthroughs in the world of amplification involves string instruments. Electronically amplified violins can extend the true, delicate tones of the violin to the back row of even the largest auditorium. These violins, modified slightly to handle the electrical gear, also can be played without the hookup. Even autoharps are available today in electronic versions.

Fretted instruments: Electric guitars are nothing new, but now you can see some models that have controls to make them sound like violins, zithers, or drums. Also, the guitar has been combined with the sitar, an ancient instrument from India, given an amplified twist and called the zeetar—an ultramodern blending of the very old with the very new.

Band instruments: The new dimension in music is transforming brasses and woodwinds. Now a clarinet can sound like an oboe, a bassoon like a guitar, and a soprano sax like a baritone. Trumpets, trombones, cornets, and French horns are now capable of reproducing their own natural sounds or, with a flick of the dial, the tones of a host of other musical instruments.

Teaching aids: Teaching is benefiting from electronics, too. Twenty students in a classroom, each wearing earphones and each playing an electronic piano while the teacher tunes in and out by switching controls on a master console—that's not a scene from a far-out science fiction television drama. Electronic teaching devices are here, are happening, and are helping thousands of youngsters learn the fundamentals of music faster and more effectively than ever. By pressing buttons, the student can hear only himself, or if he desires, another student.

In one town, a van equipped with 18 electronic pianos is driven from school to school for maximum utilization. Several schools use educational television to teach music.

Motion pictures, slides, charts, tape recordings, good hi-fidelity equipment, and an abundance of other audio-visual materials are being employed skillfully to help children learn music today. With more teaching aids still being developed, music education programs promise to be even more exciting in the future.

As musical instruments become more "sophisticated", so do musicians. Today, amateur musicians are looking for quality—and they are willing to pay for it in amplified and standard equipment. According to the president of one large musical instrument firm, the average price of an amplifier sold today is between $300 and $500, whereas a few years ago the average sale was $20 to $30. Also, the demand for handmade standard instruments far exceeds the supply. Musicians are willing to wait from 2 to 24 months.

But electronics, although new, is only a small part of the total instrument field. Manufacturers continue to improve *standard* models, too.

Whether you prefer to make music with the help of a switch or on a traditional model, you now have an opportunity to choose from a broadening array of musical instruments. ■

"I wear dentures but I smoke cigarettes all day"

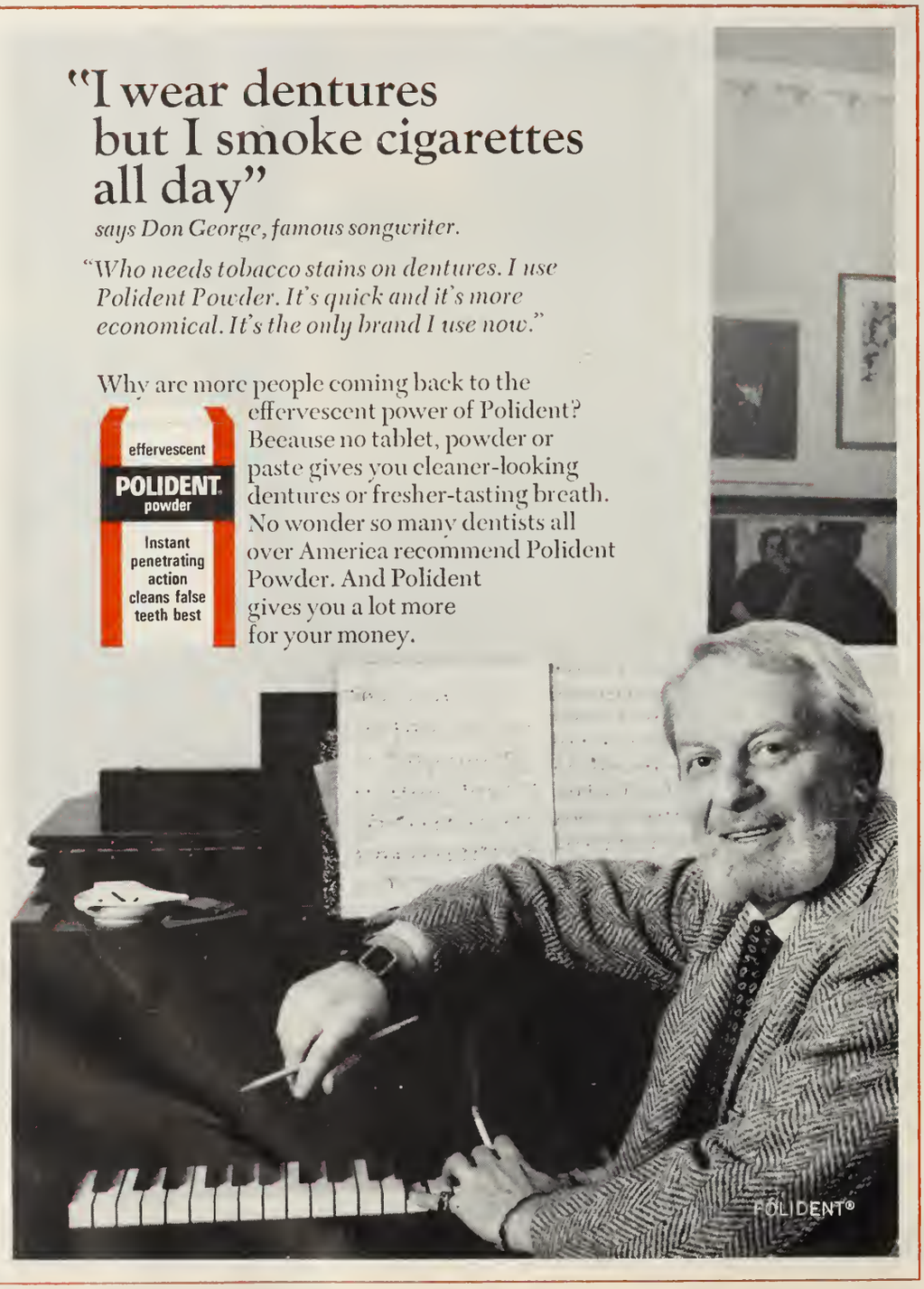
says Don George, famous songwriter.

"Who needs tobacco stains on dentures. I use Polident Powder. It's quick and it's more economical. It's the only brand I use now."

Why are more people coming back to the effervescent power of Polident? Because no tablet, powder or paste gives you cleaner-looking dentures or fresher-tasting breath. No wonder so many dentists all over America recommend Polident Powder. And Polident gives you a lot more for your money.

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e youthfulness of contemporary design and the rmth of traditional are blended in this inviting sofa d love seat from the Kroehler *Avant* collection. The vers are custom-quilted, the backs deeply button-ted, and the Shepherd casters add a touch that's as corative as it is functional. There are many *Avant* as and chairs, in a wide, wonderful choice of fabrics d colors; and each of them, in design, construction, d price, is a de-
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WHAT'S YOUR EXCUSE FOR PUTTING OFF CENTRAL AIR CONDITIONING?

Things are changing in the air conditioning industry. So if you've been putting off a central system at your house, you'd better take another look. That old excuse may not be valid anymore. For example:

1. You say it's too expensive for what you get.

But do you really know how much central air conditioning will cost you and what you'll really be getting out of your investment? That investment is not just a couple of pieces of equipment and some ducts and wiring. You're really buying a much more comfortable life—and the entire family will benefit in many ways.

Let's look at the more personal things first. You'll all feel better in general because your sleep will be much more restful. Mental activity will also be sharpened, and the whole family will have greater resistance to ailments ranging from common summer colds on up. If anyone suffers respiratory, allergy, or heart problems, central air conditioning will probably help greatly. Doctors often recommend air conditioning for such problems—and you may even plan for lowered medical costs (a reduction in allergy shots, for instance) to offset your air conditioning investment.

What else? We've already mentioned that you'll sleep better—but you'll eat better, too, because appetites are keener and cooking easier when the house is comfortable.

There'll be less housekeeping, too, because windows will be closed, and filters will remove other dust and dirt. Doors and drawers won't tend to expand and stick; fabrics won't sag and stretch; storage areas will harbor much less mildew.

More important, cool comfort will markedly ease tensions in the entire family. Things will be calmer and quieter, too, since many street and neighborhood noises are shut out.

Competition and technical advances in the air-conditioning industry have brought prices down so central systems aren't the expensive luxury they once were. You may be surprised how easily you can afford a system for your house.

The exact cost depends on many factors. Any reputable air-conditioning contractor can give you a firm price after he surveys the amount of insulation in your house, the type and size of existing ductwork, and any additional electrical needs.

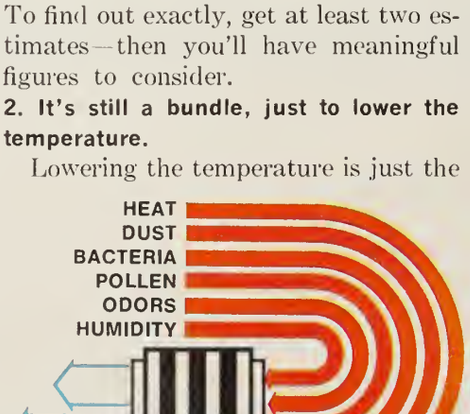
Here are some estimates for adding air conditioning to an existing two-story, three-bedroom house in different parts of the country. The contractors assumed that the wall and ceiling insulation were standard for their cities and that the house had a warm-air heating system with ducts that would be adequate for cooling. In New Jersey and Southern California, estimates were $1,050; in Chicago, $950; in Alabama and Kansas, $900; and in Idaho and Texas, only $850.

These contractors estimated from $500 to $750 to install ducts where none exist—but said installing the system in a house under construction would reduce costs by as much as $200.

What will central air conditioning cost you? Probably a bit more than these figures if your house is larger, somewhat less if you have a one-level house or if it's under 2,000 square feet. To find out exactly, get at least two estimates—then you'll have meaningful figures to consider.

2. It's still a bundle, just to lower the temperature.

Lowering the temperature is just the beginning. The new system can do other things for the air in your house so you can enjoy it all summer long, not just on hot days.



The system will control humidity as well as temperature. A person is usually comfortable at 75 degrees with 50 percent relative humidity. But at 80 or 85 degrees and the same humidity, he feels distinctly uncomfortable. The higher the temperature, the more he'll suffer from the humidity.

Lowering only the temperature or only the humidity won't result in comfort. Central air conditioning does both jobs very well—and keeps you happily cool and dry.

The filters you choose for your system can remove a whopping percentage of airborne dust and pollen. You can choose filters that remove bacteria and odors as well—so that all summer your family breathes air that's as fresh as that first spring day.

3. You'll wait and see how the summer goes—maybe it won't be too hot.

You can save a great deal of money by having your system installed as soon as possible. Every air-conditioning contractor is interested in keeping his men busy year-round, not just in July and August. So if you talk to him now he can schedule the work efficiently, eliminate overtime charges, and pass the savings on to you.

4. But we may move in a couple of years or so.

Installing central air conditioning in your house is one of the most resalable home improvements you can make. Many appraisers say you can expect nearly 100 percent of investment returned when you sell your house. Air conditioning often is the factor that tips the scales when a prospect has narrowed his field to your house and one other.

5. The initial outlay makes sense, but operating costs are too high.

Sometimes they may well be, though it's usually because the house lacks insulation, window shading, or both.

Actual operating costs in reasonably well-built houses range from about $50-$60 a summer in the North, up to about $100-$125 for 5½ months of cooling in the South. That's "by and large" for 1,200 to 1,500 square-foot houses.

These figures are based on an average nationwide electric rate of two cents per kilowatt hour. Some people may spend a little more, others a little

Continued



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Modernizing an old home can be done neatly in just a few days, summer or winter. Your electric light and power company or electric heating contractor will be happy to show you the electric system just right for your home. Ask them about a cooling system, too.

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Science Finds Way To Shrink Painful Hemorrhoids



And Promptly Stop The Itching, Relieve Pain In Most Cases.

A scientific research institute has discovered a medication with the ability, in most cases—to promptly stop burning itch and actually shrink hemorrhoids.

In one hemorrhoid case after another very striking improvement was reported by doctors who conducted the tests. Pain and itching were promptly relieved. And while gently relieving pain, actual reduction (shrinkage) took place.

Tests conducted on hundreds of patients by doctors in New York City, in Washington, D.C. and at a Midwest Medical Center proved this so. And it was all done without narcotics or stinging astringents of any kind.

The secret is *Preparation H®* There is no other formula for the treatment of hemorrhoids like it! Preparation H also lubricates, soothes irritated tissues and helps prevent further infection. Preparation H comes in ointment or suppository form. No prescription is needed.

less, depending on such variables as the house and family living habits.

Operating costs for an 1,800 square-foot, two-story Victorian house on 2.3 cent local electricity, 25 miles north of Manhattan, average about $65-$70 a summer. That's for roughly $3\frac{1}{2}$ months of central cooling in a climate that's often quite hot and humid. The thermostat is set at 75 degrees at the beginning of hot weather and the unit runs all summer.

Your costs will be even lower if your house is well designed for air conditioning. That means up to six inches of insulation in the attic floor, good attic ventilation, and shading over windows that are exposed to direct sun. Clothes dryers should be vented so that their exhaust goes outside.

In South Bend, Indiana, for example, builder Andy Place guarantees that his $20,000 houses can be fully heated and air conditioned the year around for $12.50 per month average. Place says the actual bills average nearer $10.

And in the 100-degree heat of Dallas, Texas, Fox & Jacobs' $20,000 to $25,000 houses are completely air conditioned the year around for an average of $10 to $20 a month. The cooling costs more than for similar houses in the North, but the heating bills in winter are very low. These houses are also well designed for air conditioning.

6. It's bad to go to the hot outdoors from a cool, air-conditioned house.

Many people worry about this but they needn't. Research at the University of Illinois Medical School, among other places, showed that people suffer no ill effects from the so-called "thermal-shock" effect of going in and out of air-conditioned places during hot weather.

It's no tougher on the human body, and perhaps less, than the shock of going in and out of a warm 70-degree house when it's 10 to 20 degrees outdoors in the winter.

7. Air conditioning means cold, drafty air.

This is a half-truth based largely on past experiences in over-chilled public places like movies and restaurants. (Some houses with poor systems may be equally bad.) Public places are sometimes deliberately over-chilled in expectation of an influx of people at lunchtime, dinnertime, or before the first show in the evening.

In your house, however, you can set the interior temperature to exactly what you like. Y will find the thermostat sett your family likes most—a you'll be neither too warm chilly. By leaving the therm stat at the setting 24 hour day, your new central air c ditioning system will k every room in the house at temperature you want.

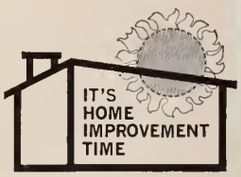
When expecting a large gr of guests, you may want lower the setting a few ho ahead of time in anticipat of the extra load.

8. Air conditioning makes you "clammy."

Another half-truth, ba on experience with oversi equipment. The trouble is t an oversized unit cools do the house quickly, then g off. The equipment, in eff rests for a while.

The *humidity* indoors, h ever, doesn't rest. It quic begins to climb—and it clim faster than the inside tempe ture. The humidity gets wo and worse because the air c ditioner is still at rest, and y feel "clammy." Because temperature rises more slo than the indoor humidity, equipment does not go back Its thermostat responds o to a rise in indoor temperatu

The moral is that a house conditioning system should sized accurately—neither large nor too small. A good c tractor is essential. He can r ommend equipment that run all (or nearly all) the ti during the hottest weather your area. Then your unit maintain the best control o your indoor humidity, as w as over your air temperatur



May is a great time to tak that first step toward th home improvement projec you've been thinking abou —whether it be central ai conditioning or anothe idea you've seen in Bette Homes and Gardens.

Ask any qualified build er, building materials dea er, or remodeling contrac tor who displays this sym bol to discuss costs wit you. He's putting specia emphasis on home improve ment this month and ca show you how he can trans form ideas into new livin enjoyment for you.



What's a beautiful broadloom like you doing in a place like this?

Look again! It's outdoor/indoor carpet like you've never seen before. It's made of a new HERCULON* olefin fiber, which makes it the most glorious carpet you could have. Inside, outside, all around the house.

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FOOD FACTS FOR DOG OWNERS



You don't need a dietitian for your dog, but you do need to know some of the basic facts on what, how much, and when to feed him if you want a healthy, happy pet.

The complicated way is to try to mix the right proportions of the right foods to come up with the right diet. The simple way is to find a high-quality prepared dog food your dog likes and use it for the mainstay of his diet. Dog food manufacturers have nutrition specialists who take the guesswork out of feeding most dogs.

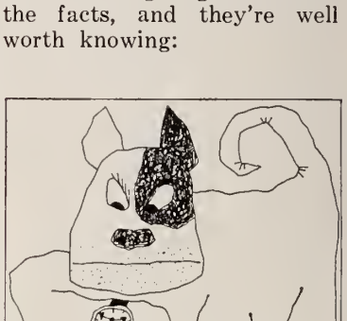
The four basic types of commercial dog foods are:

- **Canned dog food,** which is a blend of meat or meat by-products, vitamins, minerals, and fats. This type is fed as it comes from the can or it can be mixed with other foods. Never serve the food directly from the refrigerator, however.
- **Dog meal** comes in two forms: large chunks and small nuggets. These products can be fed as they are, or mixed with milk or water. Dog meal needs no refrigeration, but should be stored in a dry place.
- **Dog biscuits and bits.** This form of dry dog food contains all the essential ingredients *baked* into biscuit form rather than dehydrated as are the dog meal products. Some forms are available in shapes and colors indicating their flavors.
- **Burger-patty dog food** is the newest form of commercial dog food and can be fed as a complete diet. Two three-ounce patties have the same nutritional value as one 16-ounce can of high-grade canned dog food. This product, though moist like canned food, needs no refrigeration even when opened.

How much you feed your dog could depend on his size, activity, or age. It's not necessarily true, however, that large dogs eat more than small ones do. A small, active dog will need more nutrition than a large, lazy one.

When to feed also depends somewhat on the age of your dog. Puppies should be fed four times a day, or placed on a self-feeding program with dry dog meal available for them at all times. Contrary to first impressions, dogs don't overeat on a self-feeding program. From five months of age, your dog can subsist nicely on two meals a day—and from adulthood (which is considered about 10 months of age), one meal a day will do. But be consistent as to the time of the day he's fed.

There are some fallacies about feeding dogs. Here are the facts, and they're well worth knowing:



1. Bones are *not food* unless there are generous portions of meat still clinging to them. However, you can give your dog bones to strengthen his teeth and jaws. Always give him large, hard bones.
2. Your dog can be fed fish as well as meat, but be *extremely* careful that all bones are removed in advance.
3. Don't let your dog's mixed food stand. If he doesn't eat it within a reasonable length of time, get rid of it and mix fresh food.
4. Adult dogs can be fed cooked vegetables, meat scraps, and table food as long as it does not account for more than one quarter of his daily diet.
5. A strictly milk diet for a weaned pup is inadequate for proper growth.
6. Raw meat does not cause worms in dogs. However, meat alone—whether cooked or uncooked—is insufficient and should be combined with other foods for a balanced diet.
7. Be sure your dog has a supply of fresh, cool water. It's best not to offer water an hour before or an hour after meals, or after exhausting exercise.



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CONSUMER QUESTIONNAIRE SWEEPSTAKES WINNERS

Following are the names of all 50 Better Homes and Gardens readers who won $500 each in our recent Consumer Questionnaire Sweepstakes.

The Editors want to congratulate not only the winners, but also the 300,000 respondents who took the time—from a half hour to an hour—to give us their answers on some of today's most vital consumer issues. These frank, knowledgeable reactions make up an almost inexhaustible fund of research data and editorial article material. We will be using all this to guide our planning for the future.

You'll see a major report on these consumer attitudes in our June issue. The information we have extracted is now being shared with industry leaders, educators, legislators—all those who are concerned with what you and your family think as consumers. We and they thank you for this help.

SWEEPSTAKES WINNERS

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San Antonio, Texas

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Landover Hills, Maryland

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Manheim, Pennsylvania

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Mrs. V. H. Weinreicht
Correctionville, Iowa

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Arlington, Virginia

Mrs. Jerry H. Lewis
Jackson, Mississippi

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Westport, Connecticut

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Robert F. Marth
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Mrs. D. C. Brater
Oak Ridge, Tennessee

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Toledo, Ohio



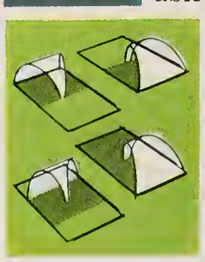
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he middle of the night I would get up to hether my true No-Frost system was really g me from defrosting forever. And as as I was up, I would polish off the half of a salad sandwich with extra mayo that my nd Sidney hadn't finished.

nstantly opened my porcelain-enameled r to see if it really kept fruits and ables crispy fresh longer. And while I had n, I helped myself to a pear. Every time I anged the fully adjustable shelves, ld find one of little Evan's candy bars to e on. For every feature, I found food. those insidious Whirlpool people. se of their mesmerizing refrigerator, othes got so large I had to buy (sob) 18-pound ing machine, too.

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GOOD NEWS FOR THE GALS



A diminutive bell in silver or gold plate makes a welcome gift for a wedding, Christmas, or other special time. You can also use it on the tea tray or in a sick room. The bell is three inches high and 2¼ inches in diameter. $4.95. Engraving extra. Reed and Barton, Taunton, Mass. 02780.



This stunning wooden salad bowl looks handwoven, and it is! Will not absorb onion or garlic odors. No lacquer or finish to rub off, so it's safe in dishwasher. New tapered design in six sizes, $2.50 to $18.00 each. Weavewood, Inc., 7520 Wayzata Boulevard, Minneapolis, Minnesota 55426.



These tumblers look like milk glass—but they're made of durable, polyolefin plastic. Dishwasher proof, they'll keep their shape and color. In four sizes—5, 9, 12, and 16 ounces—priced from 10 to 25 cents each. Republic Molding Corp., 6330 W. Touhy Avenue, Chicago, Illinois 60648.



Photographs: Hopkins

Padded and quilted vinyl surface covering can be used in bathroom, bedroom, nursery—almost any room. Durable and easy to care for, and has self-adhering backing. In solids and prints; 18 inches wide, 98 cents a yard. Synthetic Fabrics, Inc., 65 Main St., Springfield, Mass. 01105.



No more messy paintbrushes to clean! Snap-a-brush disposable foam cartridge eliminates brush marks and loose bristles. When used with water-soluble paints, washed and used again. Two sizes, 1½ and 3-inch, 79 and 98 cents. U. S. Plywood-Champion Papers Inc., 777 Third Ave., New York, N.Y. 10017.



Protect your family and valuables with Guard-All. This compact burglar alarm operates on a "D" battery. Makes a loud, continuous noise when tipped over. Available in hardware and department stores. Sugg. retail $12.95. International Register Co., 4700 Montrose St., Chicago, Ill. 60641.



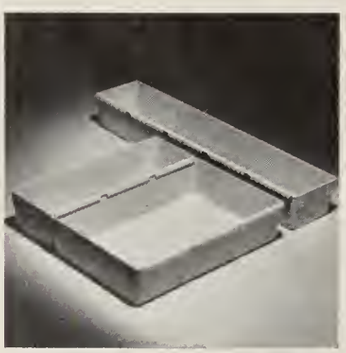
End that stack-up of glasses in bathroom, kitchen, all around the house. Use smartly patterned paper cups in convenient, compact dispensers. Wonderful space savers in trailer, boat, or camper. Five-ounce for kitchen, three-ounce for bath. American Can Co., 100 Park Avenue, New York, N.Y. 10017.



This built-in safety heel rest keeps your iron from accidentally falling. Made of molded plastic that forms part of the handle, the heel rest is available on four models—steam-dry or steam-spray, Teflon soleplate optional. Under $25. Sunbeam Corp., 5400 W. Roosevelt Rd., Chicago, Ill. 60650.



Shower and condition your skin at the same time with the Shower Scent automatic dispenser. It replaces your conventional showerhead. Contains enough fragrant oil for up to 25 showers. White or pastels: pink, blue, or green. $7.95 to $9.95. Refills, $1.98. Shower-Scent Co., 2031 East 27th St., Los Angeles Calif. 90058.



Instant Organizers are adaptable to any drawer in the home. Use them in the kitchen, workshop, nursery, or sewing center. They interlock easily so you can create your own combinations. In three sizes—3x9, 6x9, and 3x15 inches—39 and 49 cents a unit. In housewares departments. Rubbermaid, Inc., Wooster, Ohio 44691.



Magic Mounts hang it all—pictures, plaques, other wall accessories—without mutilating the wall. They stick to any clean surface, and remove easily. You can buy 18 individual mounts for 29 cents; 12 larger strips (6-inch by ½-inch) for 98 cents. Miller Studio, Inc., Box 310, New Philadelphia, Ohio 44663.



A Counter-Saver makes any kitchen counter look and work better. Made of new space-age material, it's heat- and scratch-resistant, won't stain or absorb odors, and cleans easily. In three sizes: 16x20, 18x24⅞, and 24x24⅞. Sheets cost about $18 to $32, plus installation. Corning Glass Works, Corning, New York 14830.

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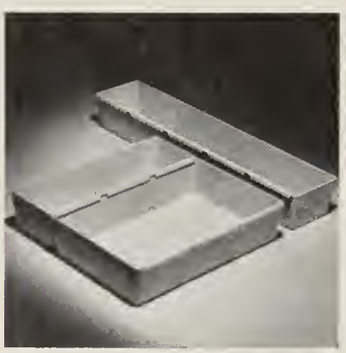
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BUYING GUIDE

Most of the products shown editorially in Bet Homes and Gardens can be obtained in leading lo stores. For more information, write the manufact ers listed. Some items are privately owned or cust made—thus are omitted from the listing. For inforr tion on items not mentioned, write Reader Servi Better Homes and Gardens, Des Moines, Iowa 503

An addition that's big as a house

Page 44 (top): Table and chairs —Salterini, 305 E. 63rd, NYC 10021. Grill—Char-Broil by Columbus Iron Works, Columbus, Ga. 31902. Windows and sliding glass doors—Peachtree Doors, Atlanta, Ga. 30325.
Page 44 (middle right): Butterfly chair—Sears, Roebuck, 925 S. Homan, Chicago, Ill. 60607.

This compact house has expansion plans

Page 51 (middle): Commode (by sofa)—Worth, Ridgeway, Va. 24148. Corner table (by sofa)—Brandt, Hagerstown, Md. 21740. Brass lamp (on right by sofa)—Stiffel, 525 W. Superior, Chicago, Ill. 60611. Painted lamp (on left by sofa)—Marbro Lamp, 625 S. Los Angeles, Los Angeles, Calif. 90014.

Action rooms for family living

Pages 58-59: Flooring—American Biltrite, Trenton, N.J. 08600. Cubes and ottomans—Thayer Coggin, High Point, N.C. 07260. Light fixtures—Koch and Lowy, 940 Third, NYC 10022. Blocks (on shelf)—Creative Playthings, Princeton, N.J. 08512. Tape recorder—Ampex, Redwood City, Calif. 94063. AM-FM Tuner—Turntable—Fisher, 11-40 45th Road, Long Island City, N.Y. 11101. Plexiglass table—Neal Small, 49 W. 24th, NYC 10010.
Pages 60-61: Settée, chair, and low table—Jack Cartwright, High Point, N.C. 27260. Bench—John Stuart, 205 E. 58th, NYC 10022. Exerciser, dumbbells, cycle—Amer. Machine & Foundry, 261 Madison, NYC 10016. Flooring (in foreground)—Flintkote, 30 Rockefeller Plaza, NYC 10020. Clay tile flooring—American Olean, Lansdale, Pa. 19446. Desk lamp—Koch & Lowy, 940 Third, NYC 10022. Transistor radios—Sony, 47-47 Van Dam, Long Island City, N.Y. 11101. Ceiling—Uniroyal, 1230 Avenue of the Americas, NYC 10020.
Pages 62-63: Vinyl three-dimensional wall panel—Provost Displays, 618 W. 28th, NYC 10001. Ribbon table, square table, and cabinet—William Drummond (Dynasty Furniture), 315 E. 62nd, NYC 10021. Flooring—Flintkote, 30 Rockefeller Plaza, NYC 10020. Television—Sony, 47-47 Van Dam, Long Island City, N.Y. 11101. Hi-Fi—Fisher, 11-40 45th Road, Long Island City, N.Y. 11101.
Pages 64-65: Tables, poufs, love seat, sofa, and desk chair—Dunbar, Berne, Ind. 46711. Vinyl flooring—Robbins, Tuscum Ala. 35674. Table lamp—K & Lowy, 940 Third, NYC 10 TV set, AM/FM tuner and t table—Fisher, 11-40 45th R Long Island City, N.Y. 1110
Pages 66-67: Flooring—F kote, 30 Rockefeller Plaza, N 10020. TV set and transistor —Sony 47-47 Van Dam, I Island City, N.Y. 11101. H equipment—Fisher, 11-40 Road, Long Island City, N 11101. Plexiglass table—M Small, 49 W. 24th, NYC 10 Wall covering—Naugahyde Uniroyal, 1230 Ave. of the A icas, NYC 10020.
Pages 68-69: Hooded lam Chapman, Avon, Mass, 02 Red lighter—Charm House, Fifth, NYC 10010. Floor lam Nessen, 317 E. 34th, NYC 10 Television—Sylvania, 730 T NYC 10017. Hi-Fi—H. H. Sc Maynard, Mass. 01754. Carp Callaway, La Grange, Ga. 30 Couch, white and orange ch tables, and cabinet compon —American, Martinsville, 24113. Flooring—Armstr Lancaster, Pa. 17604.
Pages 70-71: Game tab Sears, Roebuck, 925 S. Hon Chicago, Ill. 60607. All other niture—Williams Furnit Sumter, So. Carolina 29150. stand—McDonald Produ Buffalo, N.Y. 14210. Lam Georgian Lighting—22 W. 1 NYC 10011. Glasses—Impe Bellaire, Ohio 43906. Han light fixture—Westwood In tries, Paterson, N.J. 07 Ducks—Syroco, Syracuse, N 13201. Rug—Regal Rugs, Vernon, Ind. 47265. Stove— lanta Stove Works, Atlanta, 30307.
Page 72-73: Tuner and ampl —Sylvania, 730 Third, N 10017. Television—General E tric, Syracuse, N.Y. 13200. La —Tensor, 333 Stanley, Br lyn, N.Y. 11207. Flooring—A strong, Lancaster, Pa. 17 Corner table, blue couches, terned chairs, straight ch stack units, and coffee tab Kroehler, Naperville, Ill. 60

A gardener's calendar o color

Page 74 (left): Solid alumi furniture—Scroll, Miami, 33164. Crystal bowl and ash —Fostoria, Moundsville, W. 26041.

Very special party recip

Page 85: Silver—"Modern torian" by Lunt, Green Mass. 01301. Salad bow Spode by Copeland & Tho son, 206 Fifth, NYC 10010.

chairs—Tropi-Cal, 5731 ieda, Los Angeles, Calif. Napkin rings—Van Horn yward, Houston, Tex. Place mats—Ross-Mat-Baltimore, Md. 21211. —Libbey Glass, Div. Illinois, Toledo, Ohio

Fours—fancy stive

3: Small plate—Spode by id & Thompson, 206 NYC 10010.

house sandwiches

88: Cutting boards—Great Neck, N.Y. 11020. 39: Silver trays—Lunt, ld, Mass. 01301. Coffee —Towle, Newburyport, 01950.

plan—an idea dinner

): Silver servers—"Mad-y Lunt, Greenfield, Mass.

ple—fresher than

92: Sherbet—Imperial , Ohio 43906.

ested recipes

l (middle): Vegetable dish ywood, 24 E. 54th, NYC

9 (top): White Teflon-killet—Club Aluminum, nd, Ohio 44102.

neal plan idea

1 (left): Wood spice jar—. Morton, Ossining, N.Y.

lay entrees

14 (top right): Copper Bruce Fox Wrought Met-w Albany, Ind. 47150. handled serving spoon—Great Neck, N.Y. 11020.

berry meringue cake

17 (middle): Cake pans—Manitowoc, Wis. 54220.

o luncheon

19: (top): Sterling silver ck salad servers—"Mod-torian" by Lunt, Green-Mass. 01301. Condiment ild Metal Products, nce, R. I. 02909.

fours

22 (top): Beige saucepan Aluminum, Cleveland, 102. Thermometer—Tay-rument, Rochester, N.Y.

ct a fruit compote!

24 (top left): Tall glass e with lid—Dorothy Sun Valley, Calif. 91352. sherbets and plates—a, Moundsville, W. Va. Sterling teaspoon—Wal-Wallingford, Conn. 06492. 24 (top right): Spoons—a, Providence, R. I. 02907.

w smart a e can be

26 (top left): Chairs—Howard, N. Wilkesboro, 28697. Chandelier—New Craft, 812 N. Wells, Chi-Ill. 60610. Wallpaper—Wallpaper—890 Utica. n, New York, 11203. g—American Biltrite, n, N.J. 08600. Plates, and cups—Corning, Cor-.Y. 14830.

Page 126 (top right): Wallpaper—James Ware, 979 Third, NYC 10022. Television—Sony, 47-47 Van Dam, Long Island City, N.Y. 11101.
Page 126 (bottom left): Wallpaper—Piazza Prints, 59 Bank, NYC 10014. Flooring—American Biltrite, Trenton, N.J. 08600.
Page 126 (bottom right): Wallpaper—James Ware, 979 Third, NYC 10022.

Two party sweets and a sandwich

Page 129 (top right): Stainless teaspoon—Towle, Newburyport, Mass. 01950.

Civilize the great outdoors

Page 146: Jug—Hamilton-Skotch, 295 Fifth, NYC 10016. Chairs—Telescope, Granville, N.Y. 12832.



At the window, a Kirsch "Chateau" double rod set—silk sheers on a draw rod, printed silk overdraperies on stationary side rods. In the foreground, a part of the selection of decorative rod styles and finishes from Kirsch.

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The 12 hp MF 12 with Hydra Speed Drive is the no-clutch, no-shift garden tractor. A touch of the Hydra Speed Lever and you do what you want instantly. Maneuvering a garden tractor was never as simple, easier, or more fun. What's more, the big 42-in. mower can be attached in minutes.



Mow close to walls and trees with your MF 12. And with MF Hydra Speed Control you can inch in and out of tight spots, then move away at full speed. There are dozens of easy-to-handle attachments for every gardening need.



If you prefer a low-cost standard transmission garden tractor, check out the 10 hp MF 10. MF Variable Speed Drive gives you five speeds in each of four forward gears and one reverse gear. For snow removal, use either the 36-in. blower or the 42-in. dozer blade. Both fit the MF 12.





Choose the MF Garden Tractor that suits *your* fancy—the MF 10 or MF 12

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awn and Garden Tractor
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COX ..... Coronado Equipment Co.

CALIFORNIA

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THE ..... S & T Dekens Imp. Co.
CO ..... Arends Equipment Co., Inc.
CORD .. Techel Tractor & Equipment Co., Inc.
NDIDO ..... Palomar Tractor Co.
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..... Don Leach Farm Equipment Co.
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UR D'ALENE ..... Dale's Equipment Co.
O FALLS ..... Massey-Ferguson Inc.
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MILTON-FREEWATER Imperial Trac. & Equip. Co.
ONTARIO ..... Massey-Ferguson Inc.
ST. HELENS ..... Sunset Equipment
SANDY ..... Erickson Construction & Equipment
SHERWOOD ..... Sherwood Equipment
SILVERTON ..... Cascade Farm Machinery Co.
TILLAMOOK ..... Grunder Farm Equipment

UTAH

HEBER ..... Center Farm Service
MURRAY ..... General Service Co.
SPANISH FORK ... Johnson Tractor & Imp. Co.
TREMONTON ..... Massey-Ferguson Inc.

WASHINGTON

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COULEE CITY ..... Banks Lake Sales & Service
DAVENPORT ..... Davenport Grange Supply Co.
GEORGE ..... Clerf Equipment Co.
GRANDVIEW ..... Anderson Equipment Co.
LONGVIEW ..... Farm Tractor & Supply
LYLE ..... Hamm's Chevron Service
LYNDEN ..... Community Farm Service
MONROE ..... Valley Farm Equipment Co.
MT. VERNON .. Ohlson Tractor & Implement Inc.
ODESSA ..... Grange Supply Co. of Odessa
OKANOGAN ..... Hamilton Farm Equipment Inc.
OTHELLO ..... Yakima Implement Co.
SEQUIM ..... Sequim Equipment Co.
TACOMA ..... Evergreen Equipment Co.
TEKOA ..... Tekoa Grange Supply, Inc.
TIETON ..... Jim's Garage
WATERVILLE ... Waterville Grange Supply
WENATCHEE .... Tilly Equipment Inc.
YAKIMA ..... Turner Implement Co.



GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

A new out-of-doors. More and more Western cities—San Bernardino, Walla Walla, Orinda, Seattle, San Francisco, Tucson, and others—are looking within their neighborhoods and downtown areas with appraising eyes for tree-planting possibilities. Trees help soften and humanize the black asphalt jungle.

Three California utility power giants in Sacramento, San Francisco, and Los Angeles are even helping with a campaign for "the right tree for the right spot" and are providing colorful brochures to assist home owners with their shade problems.

Years ago, farsighted park commissioners in Modesto determined to give fellow citizens a living canopy of greenery in this warm, inland California area. That they succeeded well is evidenced by a recent census giving a count of 62,496 trees in parking strips and other public areas—not including the trees in home gardens and other private areas. It's the West's best tree record for a city this size. And, it's the home of the improved Modesto ash.

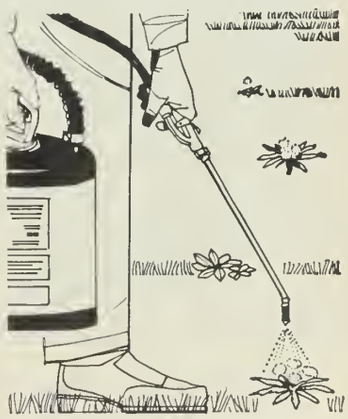
Modesto tree authorities offer these three tips for newly set out trees—especially important during the first growing season.



1. Mulch newly planted trees with at least two to three inches of organic matter—ground bark, peat moss, or the like. This helps keep the soil at the base of the tree moist and cool.
2. Protect young trees from sunburn by painting the trunks with tree white or by wrapping with kraft-type paper.
3. Allow low branches to remain. Many novice gardeners remove these in the mistaken belief that they are creating a high-branched tree. The best technique is to merely pinch back the side branches the first season or two. This protects the trunk against sunburn and promotes heavy trunk growth.

Well-groomed turf. This is the growing season—the time when you can really enjoy walking barefoot over the turf—unless the grass is thin and spoiled with ugly patches of weeds. This same warm weather that makes the grass grow so well is also kind to the weeds.

Part of the story of turf success is proper maintenance—regular watering and feeding, for thick, luxuriant grass discourages weeds. At the first sign of an invasion of weeds, go after them. If there are only a few, it's fastest to pull or cut them out by hand, or you can use an aerosol weed bomb.



For king-size invasions, use a combination spray of 2,4-D and 2,4,5-T. This gets the common run of pesky turf weeds—dandelion, plantain, dock, filaree, spurge, chickweed, clover, and oxalis. The last three aren't easy to eliminate. You may have to use one of the special chickweed and clover killers.

Vegetable advice. The books always say to locate your vegetable patch so its gets as much sunlight as possible. True. But, along with this basic, all-important rule, remember to do everything to keep the plants growing at a steady, uninterrupted pace. Regular watering and fertilization, plus protection from insects and diseases, also help to accomplish a bumper crop.

Continued



Hate to shine kids' shoes?

Painting shoes on your children is not the answer. Take the easy way out. Get Shinola, the weekly shoe shine that lasts seven days. Just a quick daily buff makes that gleaming Shinola shine last all week!



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Roses like to grow. They reach a spectacular peak of bloom in May and June throughout the West. The big California and Southwest rose shows are staged in May. In the Northwest, the shows are held in June.

Careful, year-round culture is needed to produce ribbon winners. You will find that the experts no longer hover over the plants all spring with special concoctions of this and that.

Fred Walters, past president of the American Rose Society, now gardens near San Diego, about 110 miles south of his life-long plots at Pasadena. Even more active in retirement than when serving as a county engineering official, Fred travels almost constantly talking to groups on behalf of the "Queen of Flowers." Yet he and his wife maintain a huge rose garden at Rancho Bernardo. One secret of his success is the employment of all the scientific aids along with good, commonsense rules of culture.

For instance, he cuts fading flowers before the petals begin to fall. This speeds new growth breaks for the following flush of bloom 32 to 42 days later. He mulches with a two-inch-thick layer of organic material for control of weeds and conservation of soil moisture. His feeding routine is simplified by the use of a combination fertilizer and systemic insecticide. Protection is internal with the systemic insecticide so there is no need to worry about rains washing the chemical off the foliage. The systemic effectively controls aphids, white flies, leafhoppers, thrips, and red spider mites—one of the worst of all rose foes.

Mr. Walter's advice to all rose lovers: join forces with the plants, meet their needs for water, food, and pest control, and you'll be rewarded with a colorful cycle of bloom every five or six weeks. And, for more enjoyment, join the American Rose Society. There are branches conveniently located in or near all major Western cities.

Protect evergreens from scale. Simply because evergreens are all around us we tend to think they are forever healthy and impervious to insect damage. Don't you believe it. While most evergreens get along with little attention, there are times when the insects take o
May marks the time that s
insects are on the move. T
are deceptively innocent in
pearance, but they pack
devastating wallop. There
two kinds: "armored"
with hard backs that look
growth bumps on the twigs,
the "unarmored" ones that
soft and notorious for t
production of honeydew t
drips on everything below
infested plant.



Regardless of the type, th
are two times in the year
spray for scale insects—n
and in winter. The crawl peri
is from May to August, so st
fighting them now with a mul
purpose blend of chemicals th
contains carbaryl and a s
temic insecticide. (This ble
is available at garden center
Make three applications at i
tervals of about a month. T
May application is the m
important one.

In winter, control the adu
forms with an oil emulsion bu
to avoid harm to plants, do n
spray when the temperatu
is over 85 or under 45 degre

**Astilbe—a most attractive a
useful plant.** Oakland's b
spring flower show, set for M
10 through 19 at the Coliseu
is nationally famous for gre
masses of azaleas and rhod
dendrons. Would you belie
that a companion perennial t
this flamboyant duet attrac
almost as much attention wit
its feathery, flowered plume
This is the astilbe, and its co
ors range from white, throu
pink, to red, with shades i
between. Many of the exhib
tors show how you can combi
this husky shade-lover wit
fuchsias, hydrangeas, and t
berous begonias.

In the small garden, you ca
use astilbe in containers on
partially shaded deck or pati
Its graceful plumes last we

ut. And, since they flow- June, they can be used ngements with delphin- eonies, and lilies.
astilbe likes lots of mois- ven a somewhat boggy on. Enrich the soil with ld or ground bark. You divide the clumps every r four years. Container- blooming plants are le at nurseries now.

gonia seedlings off right. the middle of the month e able to purchase flats ling tuberous begonias. a fast, as well as eco- l, way to fill shady spots lor from July to mid- r. Plant the seedlings they get bright, indirect ith a little direct early

nias must have a porous at both drains rapidly ains moisture. One well- grower-hybridizer re- 'Shut off their air supply rating the soil with wa- begonia seedlings are in . At the same time, be- oot systems and foliage ght daily watering."
best sellers for '68 are xpected to be the rose, and picotee types. But, proved hanging basket that cover themselves nultitudes of three- to ch blooms are fast gain- popularity. By the end season, dollar-size tubers velop if the plants are good care. These should d and stored for replant- xt year. The plants in- in size and beauty each

, camellias, and rhodo- ns. After their peak has passed, remove faded ,-feed with an acid plant and prune leggy, over- plants. Water on a regu- edule from now through ber to keep the soil on oist side during these months.

philosophy. Asspring pro- another cycle of plant , remember these pro- words from Garrett Eck- cher of landscape archi- nd urban planners at the sity of California: , rather than architec- re the best measure of ilized landscape. A com- in which mature trees and more are planted ly demonstrates a sense , history, and continuity land."



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Globe Globe Hardware Co.

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Barstow Hartwicks Mkts.
Buellton Rainbow Garden Center
Goleta Tallys
Laguna Beach Laguna Nursery
La Jolla The Ready Store
La Mesa La Mesa Nursery
Los Angeles B & B Hardware • Baba's Mower Shop • Eddies Mower Shop • M. G. Lawnmower Shop • Mas's Mower Shop • Melrose Mower • Midway Hardware • T. Okamoto Hardware & Garden • Pennsylvania Mower Shop • Western Ave. Lawnmower Shop
Los Angeles (West) George's Hardware & Garden • Olympic Mower Shop • S & M Nursery
Montebello Coffmans Paint & Hardware
North Hollywood Sego Nursery
Valley Mower Shop
Ontario Ontario Lbr. & Hdwe.
Palmdale Palmdale Hdwe.
Pasadena Goode's Seed Store • Simpson's
Redlands Sage's
Rialto Sage's
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Santa Barbara Turk Hessellund Nursery • Hoag Seed Co. • Santa Barbara Home Improvement Center
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BUYING TIPS FOR USED CAMPING VEHICLES

If you're a first-time camper and the price of a new unit isn't compatible with your budget, why not consider a used vehicle?

To make your shopping easier, Better Homes and Gardens has prepared this guide of points to check when considering used units.

Things to check on all types of campers

Exterior sheetmetal. Look for gashes, tears, or split seams in sidewalls and roof. Sheet-metal repairs are *expensive*. If there is extensive damage, reject the unit.

Undercarriage. Frayed wires, bent plumbing, or ruptured holding tanks are all out-of-sight possibilities on a trailer or motor home. Also check the extreme aft (rear) sheetmetal carefully. If the unit has been subjected to much back roads or wilderness travel, the abuse shows up in bent, dented, and twisted seams or bottom edges.

Windows and doors. Make sure they open and close easily and fit properly. Look for water stains on inside paneling near windows, under vents, and around the door. These may mean poor fit, roof leakage, or a careless owner who didn't close coach against the weather. Also, out-of-alignment doors or windows can be due to a badly twisted or bent frame.

Interior. Even well-cared-for coaches will have slightly worn seat cushions, perhaps even a tiny tear or cigarette burn. That's normal. However, food-stained, dirty, or ragged cushions are sure signs of careless owners. No telling what other abuse they've heaped on the unit.

While inside, note the structural condition of the floor. Put a little bounce into your step—soft, squeaky spots warn of cheap construction, abuse, or deterioration.

Appliances. A butane refrigerator can cost anywhere from $50 to $250 to repair or replace. A faulty electric water pump can run $25 to $40 to repair or replace. Range and oven seldom go haywire but check them anyway. It's the bigger appliances found in travel trailers and motor homes which *can* be costly to repair.

Outward appearance. Does the coach lean one way or the other? Could be a broken spring, bent axle, low tire, poor weight distribution, or just one wheel parked in soft earth!

Tires. Worn on inner edges? A good indication that the u was consistently overloaded that weight capacity of t particular chassis is inadequa Since trailer tires are not d en, nor do they turn (like fr steering wheels), there is no cuse for uneven tread. O motor home, of course, regu automotive inspection wo reveal the cause of uneven wear: anything from w shock absorbers to impro inflation pressures.

Plumbing system. Insist o demonstration of all plumb fixtures: shower, toilet, s drains, holding tank valve, so on. If they're stopped why? If there are leaks, in that they be repaired first. placing a compact toilet cost from $90 to $150 or m

Electrical system. Make an terior and exterior check. O side, attach the unit to a po source and inspect tail, t signal, and stoplights. Insi check all three lighting syste butane lamp, 12-volt batt lighting, and 110-volt light and wall circuits.

Specific check points unit by u

Pickup campers. Insist o test drive, preferably in truck it will be mounted The coach should ride ever with no sag in the rear, no ro ing back and forth. It sho not lean excessively when hit crosswinds. Inspect the un sides—if there's a crushed c ner or a floor section th cracked, split, or warped, t indicates the unit has b dropped; reject it as there m be extensive concealed dam Weight-distribution is very portant. Heavy items (like ter tanks) should be forward

Travel trailers. The tow test reveals a lot. The u should track straight, follow car without fishtailing. If weighs over 1,500 pounds, s arate trailer brakes are a cided advantage and in so states they're required. Fo true picture of the towing ch acteristics of trailers weigh over 2,500 pounds, you sho make the towing test using car equipped with a load-equ izer hitch.

Motor homes (self-propel vehicles). Since this is essenti ly a coach built onto an au motive-type chassis, the b procedure here is to check the interior and exterior yo self (using our suggestion then take it to a trusted gar for a report on *mechanical c dition* of engine, transmissi suspension system, cooling s tem, and brakes.

Tent-trailer. While these p ular units are relatively troub free, they do have fabric cov which can be torn or rotten. the top badly needs new fab or if bows are bent or kink reject the unit. Replaceme cost will probably run the pr of the unit too high. ■

PICK THE RIGHT PESTICIDE

While today's arsenal of specialized and sophisticated pesticides is a boon to the gardener, it can be baffling, too. When should you use the systemic chemicals—and when should you use the new forms and blends of sprays or dusts? To help you find your way in the maze of modern pesticides, here's a rundown on the various types that are available.

SYSTEMIC PESTICIDES

With systemics, you can poison the sap of plants so sucking insects are killed soon after their first sip.

It's an effective way to control many pests: webworms, red spider mites, aphids, scales, thrips, mealybugs, leaf miners, and leafhoppers. Because the killing agents are inside the plant, wind and rain won't blow or wash them away. Each application lasts six weeks or more. Since dusts and sprays must be applied weekly, systemics save time and effort.

To apply the systemic, spray it on the foliage or dig the granular form into the soil around each plant. In four to seven days, plant tissues will be saturated and toxic to pests. Systemics are not generally recommended for edible crops. Read instructions carefully before applying, especially if food crops are being grown nearby.

New this year is a cartridge for use in a water-lance root feeder. This tool injects the chemical right into root zone.

You can get systemic poison combined with other pesticides and plant foods, too. A blend of a contact poison, a stomach poison, and a systemic will give you a triple-threat control. The first two act immediately on existing insects; the third goes into the plant tissues and has a prolonged killing effect to catch future arrivals.

Also available are systemics that control plant diseases. Antibiotics, such as streptomycin and cycloheximide, eliminate cedar apple rust on crabapple and hawthorn foliage and keep roses free of mildew.

Start your pesticide program in early spring as soon as new growth appears. If soil is dry, water it well before applying the chemicals.

STANDARD SPRAYS AND DUSTS

Sprays and dusts are good ways to control garden pests, and they're safe for the average gardener to apply if he carefully follows the directions on the label. The most widely used insecticides include malathion, carbaryl, methoxychlor, and lindane.

Unfortunately, no one chemical will kill all kinds of insects. Instead, there are specific chemicals that kill specific types.

Contact insecticides eliminate soft-bodied insects, particularly those which suck fluids from the plant; stomach poisons polish off chewing insects that take bites out of foliage. In choosing your weapons, it's important to know your enemy. For example, a contact poison does little harm to a hard-shelled beetle, but a stomach poison will kill it.

While the avid gardener can quickly learn to use the various specific controls as needed, most gardeners can get adequate control over many kinds of pests and disease by using a premixed blend of pesticides.

There are specific blends for roses, vegetables, general garden use, and fruits. Many gardeners use the rose blend as a general pesticide with good results. Multipurpose blends compare to the instant cake mixes—they're ready for immediate use without your having to mix various components.

If you have a limited number of plants, you'll like the convenience of blends in aerosol spray cans.

Red spider mites are mighty tough for their size, so when they are present in any quantity whatsoever, go after them with a specific miticide.

With the development of multi-spectrum fungicides, controlling common lawn diseases is easy. Start treatment after the second mowing in spring.

Control lawn insects with carbaryl, one of the least toxic chemicals for humans and animals. Chlordane is also very effective, especially against soil insects, but it is rated as being more toxic.

Fumigation does a thorough job of ridding unplanted soil of all pests, including disease organisms. SDMC and methyl bromide are good for home garden use. Apply SDMC with a watering can or hose-end attachment. Leave soil undisturbed several days (as specified on label) before planting.

Methyl bromide comes in a special applicator which injects the chemical beneath a plastic tarpaulin to hold fumes in the soil for two days. The soil must air out thoroughly for several days before planting. ■

Jim and Dorris are away on a two week vacation yet their yard is getting just the water it needs with a Buckner Automatic Controller and sprinkler system



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PRINT FULL NAME		AGE	FIRST NAME OF SPOUSE	HOME PHONE
HOME ADDRESS	CITY		STATE ZIP CODE	HOW LONG YEARS MONTHS
PREVIOUS ADDRESS	CITY	STATE	HOW LONG YEARS MONTHS	NO. OF DEPENDENTS INC. SPOUSE
FIRM NAME OR EMPLOYER'S NAME			HOW LONG EMPLOYED? YEARS MONTHS	POSITION HELD
BUSINESS ADDRESS	CITY	STATE	TYPE OF BUSINESS	MONTHLY SALARY $
PREVIOUS EMPLOYER	ADDRESS	CITY	STATE	HOW LONG EMPLOYED YEARS MONTHS
SPOUSE'S EMPLOYER			HOW LONG EMPLOYED YEARS MONTHS	POSITION HELD
BUSINESS ADDRESS	CITY STATE	BUSINESS PHONE	TYPE OF BUSINESS	MONTHLY SALARY $
SOURCE(S) OF OTHER INCOME				MONTHLY AMOUNT $
HOUSING INFORMATION ☐ OWN ☐ RENT	PURCHASE PRICE $	ORIGINAL MORTGAGE $	PRESENT BALANCE $	MONTHLY MORTGAGE OR RENT $
AUTO MAKE AND YEAR	FINANCED BY (NAME AND ADDRESS)		BALANCE OWING $	MONTHLY PAYMENT $

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NEAREST RELATIVE NOT LIVING WITH YOU ADDRESS	CITY	STATE

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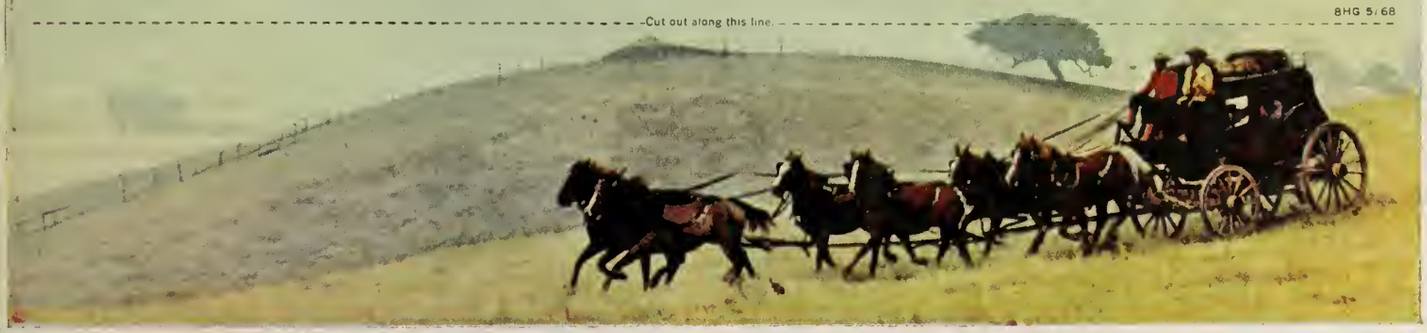
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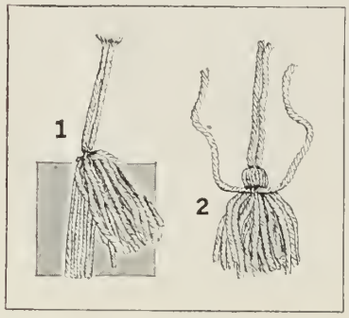
They'll think you're putting them on.



TASSEL TRICKS

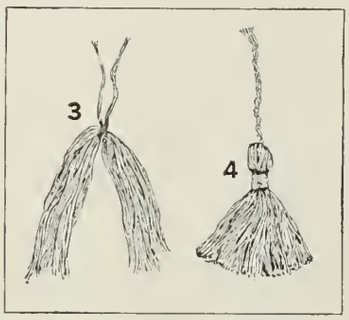
Want an easy way to add a finished look to that just-knitted pillow . . . or spruce up shade pulls . . . or accent a belt or blouse? Then try making tassels. Here are some ideas to get you started—some of yarn or crochet cotton, others of leftover embroidery thread.

To make tassels using yarn or crochet thread, cut a piece of cardboard about 3½ x 4½ inches. Wind yarn around the 3½-inch length. (See 1 below.)



After winding, cut off yarn end at bottom. Tie top loops securely with yarn. Cut loops at bottom end. Wind a strand of yarn tightly around tassel near top loops. Let ends hang as part of tassel. (2)

For tassels made from embroidery floss, cut a skein in half.



Reserve two lengths for tying. Place two looped skein ends together; tie in center (3) with one of the reserved lengths.

Use other length to wind around tassel near top. Tie securely (4) letting ends become part of tassel. Trim ends.

More tips

When using thick or plump wool yarn, wind around cardboard frame about ten times. With lightweight wool or cotton yarn, wind fifteen to thirty times. For crochet cotton, wind around cardboard about fifty times or more.

The *thickness* of the tassel is determined by the thickness of the yarn used and the number of times you wind yarn around cardboard. Determine *length* of tassel by length of cardboard used. Thickness and length can be adjusted by number of windings and size of cardboard used.

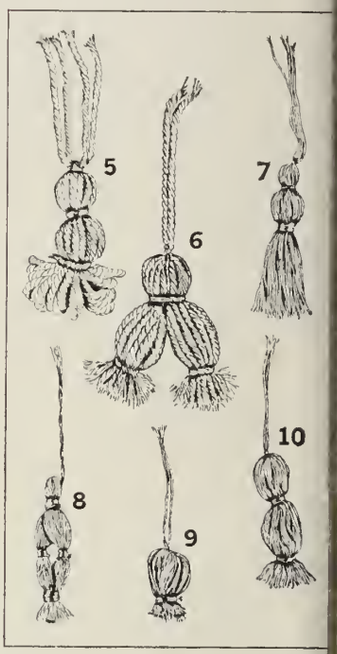
Variations of tassels

Untied ends (5)

After tying yarn together a top of cardboard, do not cu bottom loops. Slip yarn o cardboard. Wind a length yarn near top and bottom loop tying each length securely.

Double tassel (6)

After tying yarn loops at to of cardboard, cut loops at bo tom. Wind yarn near top; t securely. Separate tassel i half; wind and tie yarn aroun these separate segments nea bottom. Trim each end.



Bead Tassel (7)

Wind crochet thread aroun cardboard fifty times. Tie to loops together. Cut loops a bottom of cardboard. Inse small wood bead under tie portion at top; bring threa around bead to cover it. Win and tie thread below bead t hold in place. Trim ends.

Peek-a-boo tassel (8)

Follow directions for embro dery floss tassel. Then wind s strands of contrasting flo around tassel near bottom; t securely. Separate strands ever ly between top and bottom tie Wind and tie contrasting flos around each separated sectio Trim ends.

Ball tassel (9)

Cut two skeins of embroider floss in half. Place the four se ments together; tie in cente Hold a length of floss used f tying with fingers of one han With fingers of other han smooth down floss, pushing ta sel together between fingers f a fluffed effect. Wind stran of floss around tassel and ti Cut off ends near tied portio For variation fluff and t twice. (See 10.)

TS FROM UR KITCHEN

delightful experience to food from your kitchen neighbors and friends. ng, which might other- e routine for you, be- filled with a certain ex- nt. Your thoughtfulness also inspire others and to motion a pattern of neighborliness.

e are a few suggestions vill help make sharing rewarding occasion, both se who receive your gifts r you.

n you give food is often mportant than *what* you Don't wait for special oc- s but trust your intuition lge you when a gift of ight be welcome.

may want to share a aked cake with a work- other's family. And it's more fun to bake bread one loaf is for someone es alone. A gift of home- tew will cheer the family mother is ill. A picnic for newcomers just mov- will lighten their confus- y. A token of food, car- to a home where sadness ruck, silently expresses ompassion.

s of food needn't be ate or time-consuming to e. Many times, the most iated gifts are spur-of- ment, on-hand foods, come at a time when they eded and most welcome. food that you have al- prepared—those last six es; a part of the pie you for dinner; a potato o go along with leftover ices; a few sample cook- n a new recipe.

food gifts need not your food budget. A pot ato soup could mean as as a filet mignon. Home- rolls, fudge, or home fruit provides an un- able treat.

ure the food *looks* appe- Use attractive contain- nd napkins of towels, paper, clear plastic wrap, . Add simple garnishes brighten food without it look "handled."

n preparing food for a with small children, t simple: plain gelatins ied with fresh fruit; ham- s or meat loaves with as- relishes in jars or plastic iers.

ure hot food arrives at ne. Otherwise, give un- foods, such as casse- nd include instructions king and cooking. Then nily can fit the food into chedule and enjoy the of the delightful aroma t cooks.

n possible, give food in iers that need not be d. Disposables, such as -coated paperware or as, are ideal. You might use inexpensive novelty or plastic containers from the dime store, which your neighbor may keep.

For a fun project, try your hand at decorating coffee cans, vegetable or fruit cans, boxes, etc., with self-adhesive coverings, scraps of cloth, shelf paper, paint, plastic flowers, beads, etc.

• When sending food in containers you want returned, write your name on adhesive tape and stick it to the underside of the utensil. Your neighbor will appreciate the reminder. Use dishes that are replaceable—no sad songs if they're broken!

• Occasionally, when you're cooking for your family, make a little extra for a neighbor. Bake two pies instead of one; it's just as easy. Double the batch of cookies. Fry extra doughnuts—and for your neighbor's added pleasure, take them over while they're still warm.

• When you deliver your food gift, you'll find your neighbor's delight a big "thank you" in itself, and you'll be eager to start your next project of sharing food from your kitchen. ■

"Fish On"

"Fish on!" is a familiar cry to seasoned charter boat skippers like Zane Rockey, of Westport. It means that another sea-going passenger has felt the slamming strike of a King or Silver Salmon...and the fight is on! Washington's saltwater fishing season starts in mid-April and runs through October, as hundreds of charter boats operate from ports like Ilwaco, Westport, Neah Bay, Sekiu, La Push and Port Angeles. No license is required. Bring your own gear — or you can readily rent all the equipment needed. This year toss a line over the gunwale of a charter boat... then settle back and wait for your fish to hit. The excitement really starts the moment you feel a fighting salmon take that hook and head for the open water. *"Fish on!"*



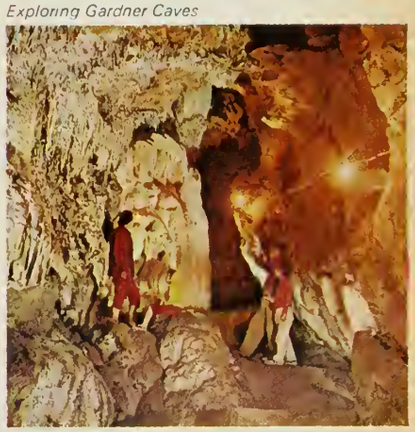
Early morning on the Pacific



The character of Washington State

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COUNTDOW ON GARDE PESTS

Garden pests aren't as you might think—un get ahead of you. The stop them before th foothold.

Start a weekly spray early in the spring an it religiously. That so a lot of work—and it u —but with today's i equipment and pestici can treat flower bed average garden in fi thirty minutes.

Choose equipment t your needs. If you hav garden, don't waste y ey on equipment tha take care of an estate duster is ideal for use o areas. It's easy to ope does a thorough job. get one with a hand \$5 to \$10. The faste for the small garden o treatments in a big squeeze-can applicato plastic container with top for under \$2).

A hose-end sprayer for both the small a garden. It's particular if the gardener is the la house because it elimi need for carrying a h penser. Just mix cher small container—att hose, and spray. A tan er takes just a little l get ready and put aw other equipment, but most thorough job.

The kinds of plants in your garden largel mine the type of pesti should use. If you hav ture of plants, use a multipurpose spray malathion, carbaryl, o as the main ingredient fungicide, such as ca folpet, included.

If you have mostly r don't have to change p after roses are spray dust or spray the rest o with rose formula.

Systemic insecticid available which, when a the soil, are absorbed plant's sap and tissue, every bite poisonous show great promise.

As you spray, keep lookout for a build-u sects (there should b any) that are too tough general spray. For th may have to use a sp secticide, such as DDT, carbaryl, or te (for red spiders), that certain to kill them.



ARCOAL
OW-HOW

efree barbecuing, you'll
brush up on how to
nd control a charcoal
re are some hints that
p your outdoor cooking
ce with your indoor cul-
cills.

e you heap charcoal
firebox, read the direc-
at come with the barbe-
t. It may need a base of
vel, coarse grit, or spe-
lating pellets.
ing of heavy-duty foil
he gravel base or in the
vill aid in protecting the
te unit.
nly the amount of char-
eded for the cooking job
l—a small quantity of
you're barbecuing just
hops, more charcoal for
eaks.
charcoal in a pyramid in
Sprinkle liquid lighter
fire starter over char-
ait a minute, then light.
se gasoline or kerosene.
v about 45 minutes be-
oking on lighted coals.
ter starting, use an elec-
starter—it does the job
inutes. Some barbecue
ow come equipped with
in starter.
s are ready for cooking
ney die down to a glow.
oals look ash-gray by
d glow red after dark.
see no flames.
long-handled tongs to
hot coals for the kind
you are cooking:
o use full grill surface,
oals over entire firebox.
ep coals in smaller area
eak or a few chops.
or kabobs, line up hot
l rows that are spaced
n rows of kabobs on
ove.
or spit roasting on unit
flector hood, pile coals a
gher than usual, slight-
ear of spit, and beyond
meat on spit. For an
it, arrange a ring of live
ound and slightly larger
eat on spit. Use drip pan
neat.
letermine cooking tem-
e, hold your hand over
ls at height food will be.
counting "one thousand
e thousand two." Each
takes about a second to say. The time you can hold your hand over the coals tells you how hot they are: up to "one thousand two"—relatively hot; "one thousand three" or "one thousand four"—moderate; "one thousand five" or "one thousand six"—low.

- To reduce heat, lower firebox (if it is adjustable) and/or raise grill height. If you are using a ring of live coals for rotisserie cooking, rake coals out from the food to make a larger circle.
- To increase heat, reverse above procedures for reducing heat, or open drafts to let more air through.
- To add coals, warm extra charcoal around edges of live coals as a reserve supply. Then use as needed. Don't top hot coals with cold briquets—they will lower the temperature.
- Keep a clothes sprinkler handy, filled with water, to put out flare-ups. Sprinkle only enough water to extinguish fire—don't soak the coals. ▪

Pickup campers aren't "square" anymore!



Look what's happened to campers! Camping and traveling with a pickup camper has never been "square", and now campers aren't either!

Gone is the boxy look with flat sides and square corners. The modern-as-tomorrow Goldline has a sculptured look and streamlined styling that is totally new and unique. But looks are only part of the picture. Here is a brand new concept made possible by a space-age material and sandwich-wall construction that has features never before available in a pickup camper. It's lighter in weight, never needs paint, easy to clean, has 30% more storage area, and is virtually indestructible.

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HOW TO MAKE A FRONT YARD WORTH ITS UPKEEP



First, take a front yard with possibilities like the one at left. Don't let haphaza plantings, lack of privacy, or a weathe beaten garage and driveway discourage yo Instead, pick out the basically good poin and improve on them the way Archite Harold B. Zook, A.I.A., did.



Photographs: de Gennaro. Architect: Harold B. Zook, A.

After remodeling (*above*), the Zook home takes on a fresh new look. A six-foot fence of redwood 1x2s extends across the front, screening the house—and the new garden court.

Sheets of combed plywood on the garage door blend with fence; special concrete finishes decorate the drive.



Behind the rough-sawed fence is the heart of this remodeling—a secluded garden court with a raised redwood deck and sliding glass doors that open into the living room.

The original trees were saved, but the yard was leveled and covered with low-care plants, stones, and rounds.



Style-Tex Charcoal Brown paneling is shown in this illustration.

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Photographs: Hopkins. Designer: David

CIVILIZE THE GREAT OUTDOORS





"Roughing it" needn't be all that rough. He are two projects that will help keep your fam clean and well-fed, at your favorite city park or a two-week camping vacation. The upper phot graphs show the projects in use; the bottom pi ture has them folded up for easy carrying.

Above: Two swing-up sections meet in the mi dle to form the generous top of this portable pic table. It's made of ½-inch plywood so it's sturd yet reasonably lightweight. The base accomm dates groceries, utensils, and knees.

Use window latches to hold the tabletop t gether; attach top to base with carriage bolts. F easy cleaning, cover the top with vinyl-finish hardboard. For handles, extend second sh through notches in the sides.

Left: After a tough game of badminton or so ball, it's nice to be able to enjoy the picnic wi clean hands and a dry brow. This portable was up kit attaches to any tree, makes it easy to cle up on the spot. For camping trips, you can fit out to perform all your grooming aids.

Frame the unit with ½-inch plywood and co it with ¼-inch hardboard. Put the two halves t gether with a piano hinge; use ½-inch dowels hang towels and mount the clip-on visor mirror.

Make the belt from leather strapping, or b an adjustable army-surplus belt.

Below: The picnic table measures 36 inch long, 26 inches wide, and 16 inches high; the wa stand, 15 inches wide, 22 inches high, and 6 inch deep. Folded up, the units look smart and compac

BETTER HOMES AND GARDENS PROJECT PLANS 3805 AND 3805-5. TO ORDER, SEE PAGE 112.

The fresh one

A toilet that ventilates itself? This has to be the freshest idea since American-Standard moved plumbing indoors!

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HOW TO LAUNDER ELECTRIC BLANKETS

Now you can count on saving hours of hand labor when laundering electric blankets. Today's new washers are designed to simplify just such specialized tasks. At the push of a button, delicate wash-and-spin cycles speed the work for you automatically.

Don't be tempted to dry-clean electric blankets, since the chemicals are apt to damage the wiring. Wires and thermostats are sealed and waterproofed to take washing in stride.

For royalty-sized blankets, an extra large, coin-operated washer may work best without crowding the blanket. If you want to dry it outdoors, pick a warm day with a slight breeze. Hang blanket in the shade.

Check washing instructions on bla ket label or hangtag. Then revie washer's how-to manual before startin

TO WASH:

1. Disconnect electric control b Measure blanket's dimensions to h you shape it to its former size while d ing. (Even the best wool blanket shrin a little.)

2. Shake blanket gently to remove li Pretreat spots and soiled edges wi dissolved granular or liquid laund detergent. Never use dry-cleaning sp remover as this can harm the wiring.

3. Tie small cloth over electric plug bottom of blanket to protect prongs a keep them from snagging fabric.

4. Wash only one blanket at a tim Place it in an empty washbasket. (F top loaders—arrange blanket loos around agitator.) Start washer warm or cool water; add laundry det gent using about $\frac{3}{4}$ the normal amou Set for gentle speed. Wash one minu then stop the machine.

5. Soak blanket 5 to 10 minutes wi machine off. (This is the only st start manipulation you'll need wi automatic washer controls.)

6. Automatic washers: Restart and co tinue blanket through normal cycle two-to-three minutes wash, rinse, sp

Wringer washers: Wash three to fo minutes. Lift blanket, squeeze gent Wringing damages wiring. Rinse a squeeze out water. Never put electr blanket through mechanical wringer.

For extra fluff—add fabric soften to last rinse. Measure carefully.

TO DRY: Check blanket instructio first. For most electric blankets, ha lengthwise over two parallel lines dry. Cover lines first with sheets prevent marking blankets. Never u clothes pins. While drying, check m surements and pull blanket gently restore original size.

Some electric blankets may be dry dried. If blanket hangtag recommen automatic drying, here's how:

1. Preheat dryer for 5 to 10 minut tumbling towels in it. Remove towe add blanket. Tumble *wool* blanket in minutes of medium heat; *acrylic* bla ket in 10 minutes of higher heat.

2. Remove damp blanket from dry hang on parallel lines to finish dryin Turn blanket once to speed drying.

FINISH AND STORE: When dry, bru gently to restore nap. Press satin bin ing with cool iron.

Fold blanket and place in zipper ba or dustproof box. Do not add mothba unless approved by blanket manufa turer. Pack controls separately. Sto in a cool, dry, airy place. ■

Moving day is ladies' day

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HOPPING EDITOR'S CHOICE

By Margaret Vennum Daly

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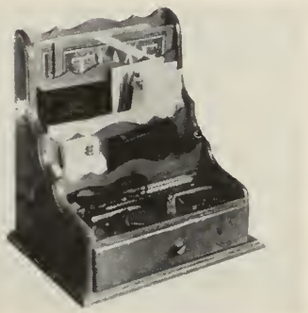
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Candle's a classic

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Spanish magazine rack

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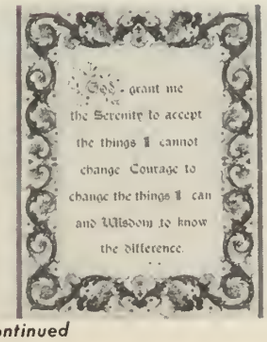
Hand-beaded sweater

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Try a shish kebab sizzle

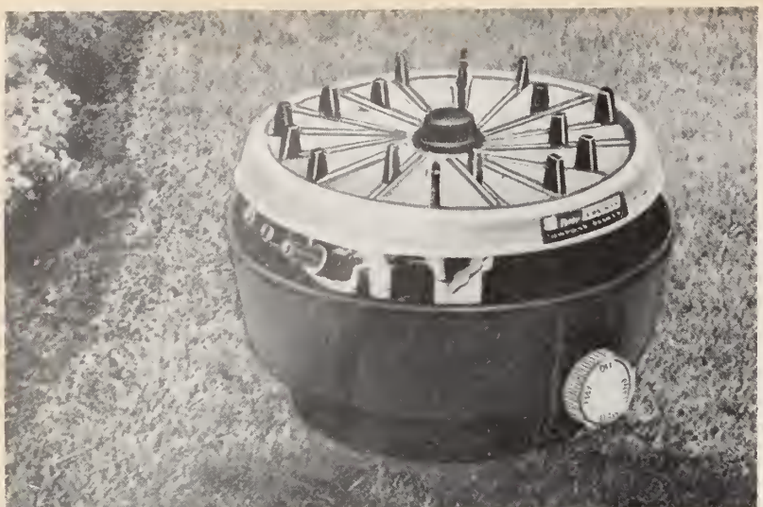
Just spear your favorite meat and vegetables or fruit on these 18"-long skewers for a summertime feast. Food tastes extra delicious when it's grilled over charcoal or under the broiler on these utensils. Stainless steel blades, with heat-proof rosewood handles. Storage rack and 4 skewers: $3.98 + 35c post. Foster House, Dept. 305-7398-1, Peoria, Ill. 61601.



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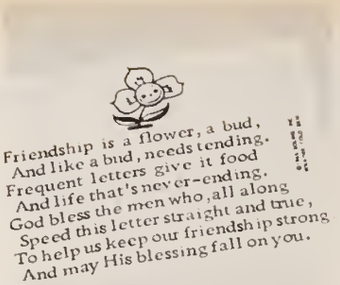
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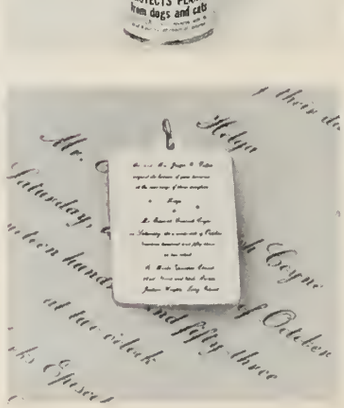
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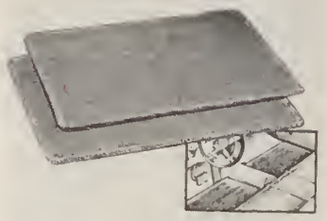
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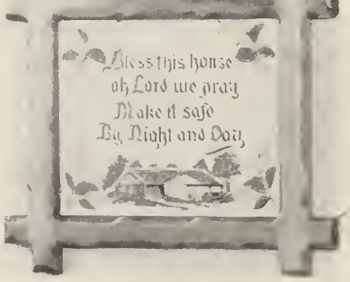
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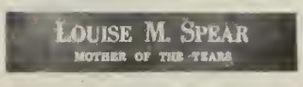
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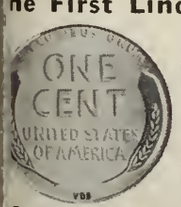
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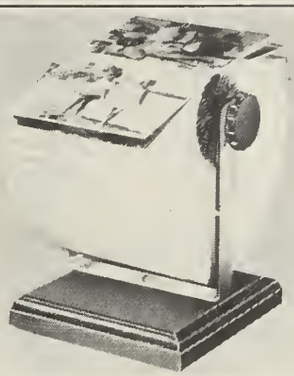


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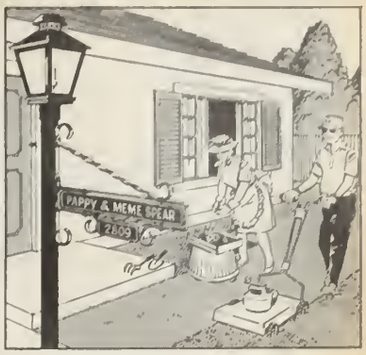
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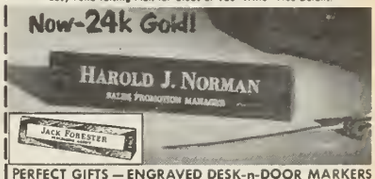
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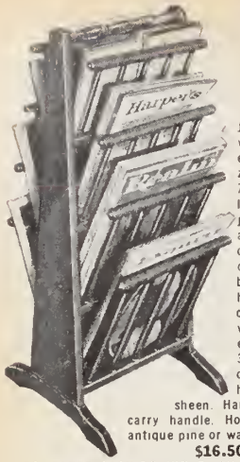
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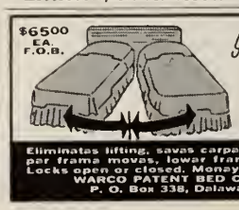
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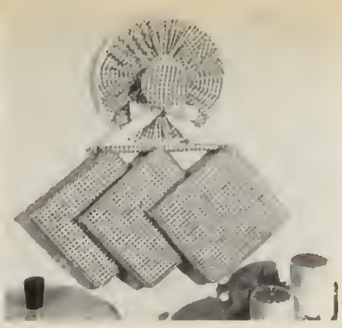
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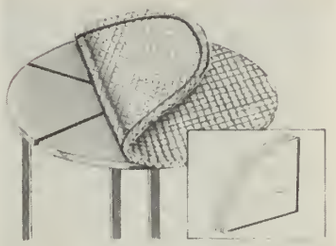
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The Count•Down® Cigarette Holder

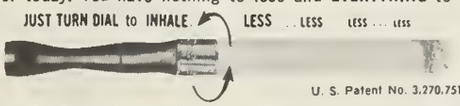
The **Count•Down** Cigarette Holder is a scientifically designed patented product with a dial for various "smoke" settings — 100%—80%—60%—40%—20%—0%. If you set the dial at "100," you get 100% smoke. Twist the dial to "80" and you get 80% smoke and 20% cool, smoke-free air and so on. Thus by simply turning the dial you can gradually cut down on the concentration of the smoke you inhale.

The Count•Down Program To Taper Off Gradually — Then Stop Smoking Altogether in Just 6 Weeks.

Set the dial at 100 and use it for one full week at this setting. The second week, set it at 80. Then at 60 for the third week — 40 for the fourth week — 20 for the fifth week — and finally click the dial to zero for the sixth week — and you're off smoking!

HERE'S OUR BET IN DETAIL

You purchase one Count•Down Cigarette Holder for just $4.95 and follow the **Count•Down Program To Taper Off Gradually — Then Stop Smoking Altogether** for 6 weeks (you don't have to give up a single cigarette while you're tapering off). Our bet is that when you've completed the program you'll stay "weaned" from cigarette smoking. If you do, we'll keep the $4.95 you paid for the Count•Down Cigarette Holder — you don't owe us another cent. However, if you go back to cigarette smoking again — just send us the enclosed Guarantee Card within 4 months after we ship you your holder **and we'll send you back your $4.95!** You don't even have to return the precision-engineered Count•Down Cigarette Holder. How can we afford to make such a bet? We believe you'll play fair and square with us if we help you break "the habit." Order a Count•Down Cigarette Holder today. You have nothing to lose and **EVERYTHING** to save.



U. S. Patent No. 3,270,751 and many foreign countries

Delcron Products, Inc., 246 E. 46th St., New York, N. Y. 10017

Delcron Products, Inc., Dept. 145 **246 E. 46th St., New York, N. Y. 10017**

Gentlemen: I enclose $4.95 cash, check or money order. Please send me one Count•Down Cigarette Holder. If I do not give up cigarette smoking after completing *The Count•Down Program To Taper Off Gradually — Then Stop Smoking Altogether in Just 6 Weeks,* I will return the enclosed Guarantee Card within 4 months from the date you ship my holder and you agree to refund to me the full purchase price. The Count•Down Cigarette Holder is mine to keep even if I get a refund.

Order for friends or loved ones too. 2 for $8.90. 3 for $12.85. Same bet applies. Please send ☐ Holders. I enclose $☐ or bill my Diners Club Account No. .....

Name (print) .....

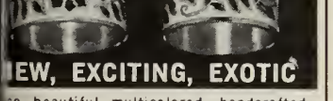
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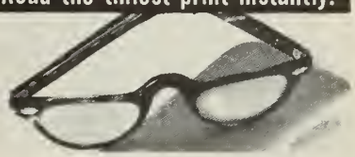
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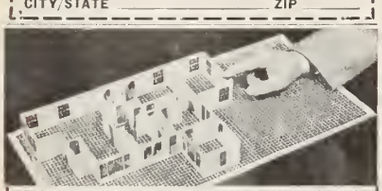
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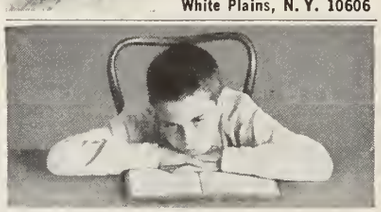


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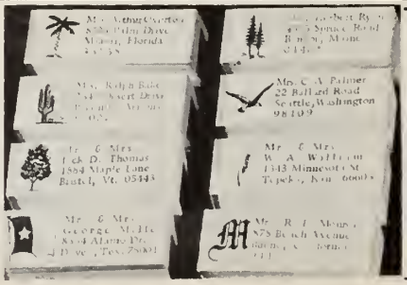
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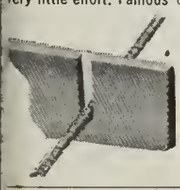
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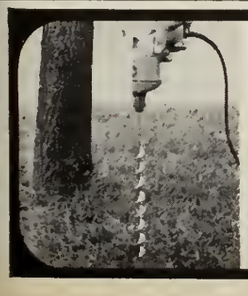
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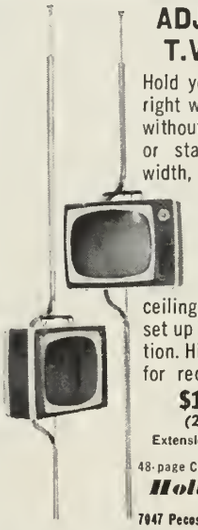
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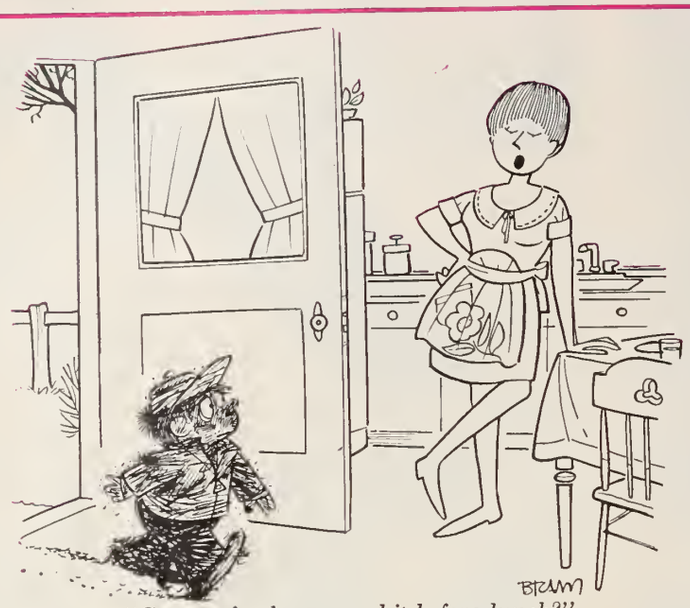
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Everything depends on your point of view. To a worm, for example, our chirping robins are holy terrors.

Insofar as his church is concerned, Ed Terry is a foul—not fair—weather friend. He says that's when he goes to church—when the weather is too foul to play golf.

In this era of talking dolls and electronic toys, our Judy learned an exciting new game last weekend. Her mother introduced her to hopscotch.

When Uncle Dodd and I were solving the problems of the world one evening, we arrived at the conclusion that communications have made the world smaller, but not particularly better. Shrinking always seems to make people unhappy, whether it happens to a pair of pants—or the world.

Judy's ten-year-old friend Richard is going to be either a professional diplomat or a fine salesman. As I arrived home yesterday, he greeted me breathlessly: "Your wife sure is pretty and that's a nice suit you're wearing." Then he paused and said, "I just put a baseball through your basement window."

Man has found an important new use for computers—blametaking. When I telephoned a company to discuss an erroneous bill, the manager cheerfully admitted the error and apologized—but then added, "We didn't make the mistake ourselves of course; the computer did it."

My Christine, who feels people hurry too much, says the meanings of life are like highway signs. If you go too fast, you are only vaguely aware of having seen them and are hazy as to what they said.

Grandfather Hillis says he is old enough to remember when cool, swift, and cat referred to temperature, speed, and animal.

The beautification program is terrific, according to one neighbor who must remain anonymous. He says he only wishes the government would extend it to his household during pre-breakfast hours—specifically, to the hair-curler set.

When somebody reminded Grandma Hillis that an apple a day keeps the doctor away, she had a peppery answer: "That isn't the problem anymore. What will get him to come when you need him?"

The first miniskirt in Aunt Opal's town set tongues wagging for at least a week, and our gentle aunt said the lady most outraged "was the biggest flapper in the county 45 years ago."

In our first flush of excitement to g going on a kite-flying foray last Saturda the plan was to buy a new kite at a har ware store in the nearby shopping cent Then I remembered an old box kite v had that was the best flyer in the block number of years ago. I eventually fou it in the basement, but it looked terrib

"Forget it, Dad," said Burt Jr. "P that old dog in the trashcan."

Well, maybe it was an "old dog" whi had fallen on some tough times, but was certain it could fly at least as well a new kite, with just a little maintenanc

And it did fly . . . pretty well. The fi time up it caught a good gust of wind a sprang to life, jutting straight up a away, pulling string as fast as I cou unreel. It was just like the good old da Then it stopped and held steady and couldn't make it move after that, matter what I did. It stayed fixed in o fairly high spot, drooping slightly to t right.

"I'm really surprised that old kite d so well," said Burt Jr. on the way hom "I thought it had seen its day long ago

It had, I finally admitted, but I r minded him of my kite's one good spu of action, and the way it held itself hi and proud after that. In fact, I found m self swaggering a bit—in an attempt, guess, to put on at least as good a sh as the one my old dilapidated kite d this windy spring day.

Burton Hill



"I think I'm undecided, but I'm not sure. . ."

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nan and a cozy chair can form a friendship t no wise wife would break up.

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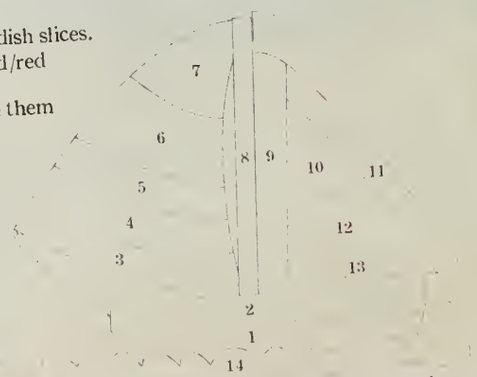


How to Make a Nabisco Party Boat:

Numbers refer to numbers in diagram.

1. Eight savory clover SOCIABLES/egg spread/pimiento bits/garnish with rolled anchovies.
2. Eleven tantalizing WHEAT THINS/dabs of SNACK MATE Pimiento cheese/gherkin slices.
3. Nine CHICKEN IN A BISKIT/egg spread/egg white triangles for garniture.
4. Five robust RITZ Crackers/rosettes of SNACK MATE Cheddar cheese/cherry tomato slices and parsley garnish.
5. Five crunchy TRISCUIT Wafers/tuna salad dabs/egg spread/parsley garnish.
6. Nine smoky BACON THINS/rosettes of SNACK MATE Cheddar cheese/scalloped radish slices for garnish.
7. Five CHICKEN IN A BISKIT/SNACK MATE Pizza cheese ribbons/black olive slices/parsley.
8. Eight oblong SOCIABLES topped with a green pepper and egg white flag.
9. Six octagon SOCIABLES/salmon salad/green pepper garnish.
10. Six WHEAT THINS/SNACK MATE Pizza cheese/carrot garnish.
11. Seven CHICKEN IN A BISKIT/SNACK MATE Cheddar cheese ribbons/stuffed olive slices.
12. Six oval SOCIABLES/egg spread/radish slices.
13. Four oblong SOCIABLES/egg spread/red caviar garniture.
14. For waves slice cucumbers and give them a half twist.





HINT: Use aluminum foil or clear plastic wrap as base.



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Creamy Ivory Liquid leaves hands with th creamy young look

TEN MOST MISUNDERSTOOD FACTS ABOUT BUYING STOCKS

Wrong ideas about stocks stop millions of amilies from sharing fully in the growth of ne economy. Some make foolish investments because they don't know enough bout the market. Others don't invest at all ecause their misconceptions scare them way. Yet with the erosion of our purchasng power, it becomes more important than ver before to put a portion of our savings nto stocks that can grow in value even as ur dollar diminishes.

In a two-page magazine article, we can't ossibly cover all the intricate ifs and buts nat attend every securities transaction. ut we can point you in the right direction, oward the benefits of intelligent investing. is to this end that George Bush, Eastern ditor of Better Homes and Gardens, here efutes the most common misconceptions bout the stock market. For a separate rticle on mutual fund investing, see our Iay, 1968 issue.

1 Buying stocks is too much of a gamble. Your biggest gamble isn't stocks—it's your attitude about them. So long s you don't try to get rich overnight, ou've got a fair chance to come out ahead ver the long haul. Take a look at the New ork Stock Exchange Index, the composite alue of all 1,255 stocks traded on the "Big oard." In the last twenty years, this index ent up 530 percent!

True, buying stocks can be risky, as can ny business venture. Some stocks go down ven as others rise, and a stock that gains onsiderable value over the long run often rops in between—perhaps just at a time hen, rightly or wrongly, you feel that you ust sell. That's why you should never inest unless you have enough insurance and avings to protect your family.

Once you do get ready to invest, you can ck your own degree of risk. Securities of early 2,500 companies are traded on the ew York and American Stock Exchanges. ll will fluctuate in value—how much deends on what they are.

2 All those different securities are just too confusing. Not if you take a good look. *Common stocks* represent ownership hares in a business. That's why they are so called "shares." Their worth goes up nd down according to the price other inestors are willing to pay to buy you out. If ne business looks as if it will prosper, they ill offer a good price. If the business looks oubtful, the price of its shares inevitably rops. Virtually every important event afcts directly or indirectly every enterprise, nd thus the attitudes of investors. For his reason, common stocks tend to fluctue more than other securities. Depending on ne degree of a stock's volatility, here's here an in-and-out investor can make a lot money—or lose it.

Most speculative are the "high flyers," lus shares in new and often unknown comanies not yet registered on the exchanges at sold "over the counter." You shouldn't y such high-risk investments unless you're illing and able to take losses if your specu-



Circa 1933

lations don't work out as you had planned.

Preferred stocks also go up and down, but usually more moderately. Dividends are fixed, and must be paid before any money is distributed among holders of common shares. You can spot preferred stocks in the market tables of your newspaper by the "pf" that follows the abbreviated name of the company. Preferreds are always listed on these tables right after the common, and the number that follows the "pf" indicates the annual dividend rate.

Bonds are promises to repay a debt at a specified time, usually 5 to 30 years in the future. When you buy a bond, you are actually lending money to the company. In turn, the company obliges itself to pay you annual interest. The amount of this interest is shown on newspaper bond tables in percentages. Since most bonds are issued in $1,000 denominations, 5 percent interest means $50 a year.

With "income securities"—such as high-quality bonds, preferred stock, and common stock in conservative, well-established corporations—you'll minimize your risk. However, it's likely that such a portfolio will show less gain than one that's all in common stock.

There are other securities—for instance, *convertible bonds* and *convertible preferreds*—that may be exchanged for common shares under certain conditions. But at the start you probably won't be involved with them.

3 You've got to be rich to invest. Statistics prove otherwise. Of the 20 million shareholders in 1965 (today there are an estimated 24 million), more than half showed total household incomes of less than $10,000.

An increasing number of these average-income families participate in the market through the Monthly Investment Plan of the New York Stock Exchange. This allows you to accumulate stock by budgeting as little as $40 every three months (or if you like, up to $1,000 a month) for your investment. Under this plan, you select a particular stock, and every time you invest, your account is credited with as much of that stock as your dollars will buy that day, less sales commission. Dividends are reinvested automatically or sent to you, as you wish. If your family budget runs tight some months, you are not penalized if you decide to skip the investment.

With or without the Monthly Investment Plan, the sales commission is always $6 on any transaction of $100 or less, purchase or sale. The rate decreases as the dollar amount involved goes up. On a $400 transaction, for instance, you pay $8.82.

4 To make "real money" you must buy at the bottom and sell at the top. Only a minority of transactions ever take place anywhere near the extremes. The important thing is to make money, and you shouldn't consider it a defeat if you've only caught a portion of the rise.

While close timing is crucial to the in-and-out investor looking for big gains, it isn't nearly so important for people who buy stocks as a hedge against inflation. Your aim is not to guess the bottom and spot the top, but to pick securities that show promise of gaining value over the long pull.

That's one big reason why the Monthly Investment Plan (*see above*) works out so well for the small investor. You don't ever have to worry about the "best time" to buy. Your fixed investment will buy more of the stock when the price is down and less of it when it goes up. This is known as "dollar averaging" and makes great sense, since it's better to buy more shares at a low price than at a high price. You're ahead as soon as you sell at a price higher than the average you paid.

Dollar averaging also offers a psychological safeguard against one of the market's biggest hazards: selling out a potentially good stock when it has suffered a temporary setback. (That's when smart investors pick it up at bargain prices.) It takes real confidence to stick with a stock in a down market. On the other hand, misplaced confidence can make you hang on to a stock that will never go back up again.

But then, the key to investing is confidence based on sound, educated judgment. You shouldn't buy any security until you have checked out all the *facts*—and these facts tell you that someday your investment will be worth more than it is today, *regardless of fluctuations*. One good way to gauge the time to sell is when your particular stock reaches a price at which you would consider it too much of a risk to buy any.

5 You can spot a good stock by the big dividends it pays. Dividends are important if you're just looking for income, but they're no real indication of a stock's worth. Some companies whose future is questionable pay big dividends, while some of the most promising corporations purposely keep their payouts low and instead reinvest their

MISUNDERSTOOD FACTS ABOUT BUYING STOCKS *Continued*

earnings for further growth. That reinvested money, in effect, then can make more money for you.

Take a look at what some of our most successful corporations paid in dividends last year. (You find the payouts expressed in dollars and cents on newspaper stock tables right after the abbreviated name of the company.) IBM and Xerox paid less than one percent in relation to their stocks' prices. Minnesota Mining, Merck, Honeywell, and International Tel. and Tel. paid less than 2 percent, and Polaroid paid just 0.2 percent!

Indeed, Polaroid serves as a good example of how a low dividend rate can be misleading. Last year's payout of 0.2 percent meant 46 cents per share. But since 1947, the stock has split so often that anyone who bought one share then would have owned 36 shares by 1967. His $16.56 in last year's dividends alone would have been nearly a 90 percent annual return on his original investment if he had bought the stock at about $18 twenty years ago. And it split again early this year, so now he'd have 72 shares. Evidently, consistent records of success are far more important in selecting a common stock than the size of dividends.

Income and growth aren't always at odds with each other. Any number of companies that have shown excellent growth also pay fairly large dividends. Last year, for instance, Standard Oil of New Jersey, A T & T, and Ford paid between 4 and 5 percent.

6 With a little bit of luck, stocks can make you rich. Sure, you've heard of people who have blundered into some lucky investment without knowing the first thing about it. But that's not the general rule. Your investment can't be based on guessing or tips from friends (or fast-talking strangers) who say they've got the inside track. Before you put up cash, you've got to do some homework.

First, define your goals, and decide how much risk you can afford (and want) to take. A young couple with an assured income large enough to cover their needs and emergencies may well put money into a growth stock—provided they're temperamentally suited to facing the ups and downs. Another young family may be content with a slow but steady gain. They'll look among the more conservative common stocks for investment. A couple close to retirement probably won't be so much concerned with the growth aspect as with stability and income. They'll want to shop among bonds and preferred stocks.

But no matter what type of investment you're looking for, you face the same considerations. One is the overall trend. Which way is the economy headed? However, if you follow the long-range approach—and especially with dollar averaging—this probably won't concern you too much. There's every indication that, barring some international catastrophe, our economy will keep on expanding. As for the intermediate dips, consistent dollar averaging will enable you to buy more stock at cheaper prices.

Of much more practical importance is how the company whose stock you are thinking of will fit into the general economic picture. Will its products and services be in demand? Before you invest in the stock of a cargo-steamship company, for example, you ought to study projections of how much and what kind of freight may or may not be moved by *air* a few years hence.

Then there is the company itself. Has it shown consistent profits? Has it moved into the black after some years of losses? Is it retaining earnings to finance new developments? Have its recent acquisitions (buying other companies) proved wise? If it has a new management, has this management shown its mettle elsewhere?

You must also weigh your stock's future potential in relation to its current price. Is there room for further rises, or is it already overpriced? The questions seem endless—but the problem is not as complex as it sounds. You'll see it's a matter of checking readily available sources.

7 You've got to be an "insider" to get the real facts on stocks. No more than you have to be on Wall Street in order to buy stock. If there isn't a licensed broker right down the street from you, ask your banker or check the Yellow Pages. Every broker is equipped to do a great deal more than just take your order. He has, or can obtain for you without charge, literature you need for your research.

First you'll want to learn more about the market. Ask him to supply you with introductory booklets published by the New York Stock Exchange. The "Investor's Notebook" (which comes in four pamphlets), the "Investment Facts" series, and a booklet called "Understanding Preferred Stocks and Bonds" are especially helpful.

Be sure to explain your investment aims to your broker so that he can advise you which companies you might consider. He will show you how to look them up in such standard reference works as Standard and Poor's Stock Reports. Often, too, he can supply you with up-to-date research summaries prepared on industries and specific companies by the security analysts working for his firm. In addition, you can write directly to the companies for their annual and quarterly reports.

8 The easiest way to pick stocks is to follow an advisory service. True enough. It takes the least effort on your part. Advisory services can often help you with investments by pointing out stocks and bonds that should be bought because they show promise, and other stocks and bonds that should be sold because they look overpriced. *But no advisory service is always right in all its recommendations.* Some are more often right than others, and a few are no good at all.

Before subscribing, ask your broker for his recommendations and find out:

- How long has the service been in business? If it has held its subscribers for many years, this may be some indication of its worth.
- How have the service's recommendations worked out in recent bull and bear (rising and falling) markets?
- Does the service always follow up on its recommendations? What might have been a sound premise for a recommendation some months ago can be invalidated by new factors. A good advisory service won't leave you up in the air.
- Does the service cover a broad field?
- Does it follow the crowd? Watch out if it is bullish (optimistic) on everything when the market looks good and bearish (pessimistic) on everything when the market looks temporarily bad.
- Does it tailor recommendations to investment aims? In recommending a stock, service should point out the stock's qualities which led to its selection. This helps you decide if it is right for you in terms of your own goals.

9 The little guy is always at the mercy of the market. No more than the big investor. Just remember, 1,000 shares can go down as quickly as one. If anything, the little investor may be in a more hazardous position because he often buys "on margin," which means that he doesn't put up full purchase price but borrows some of it. If the stock drops more than 30 percent, he has to put up money to cover his debt, or else his stock may be sold and he has to take the loss. This can't happen to you if you own stock outright.

Nor will you be in the dark about the operations of "your" company. Regulations of the exchanges and the Securities and Exchange Commission require annual and quarterly reports from companies whose stock is sold to the public.

Regulations also make it difficult for manipulators to get together and drive the price of a listed stock up or down. On the New York and American stock exchanges the vast majority of transactions take place at a change of a quarter point (25 cents per share) or less from the previous quotation.

10 There's bound to be another 1929. Big drops, yes. But another catastrophe like the one that heralded the depression seems unlikely.

One reason is that stocks have a much broader distribution today. With about ten times as many stockholders involved, an individual's transactions just don't have the same impact.

Another reason is the large institutional ownership, which did not exist in 1929. A life insurance company, for instance, isn't as likely as an individual to sell off its huge holdings in a panic. Still a third reason is the greater government involvement in our economy today.

Perhaps the biggest reason is the control of trading under the Securities and Exchange Act of 1934, particularly in the area of margins. In 1929, when people could still buy stocks by putting up only 10 percent of the money that they cost, the debt was 13 percent of the total value of all securities traded. In 1967, with a 70 percent margin requirement in effect, the debt was only slightly more than one percent. As a result there is virtually no danger of a snowball reaction by stockholders selling out because they can't cover their margins.

The Federal Reserve Board sets the margin requirement higher whenever it feels the situation warrants it. Also, the New York and American exchanges can put any individual stock on a cash basis (no margin) when it becomes too volatile. What's more, they suspend trading when a panic seems imminent, as it did after President Kennedy's assassination.

So don't get jittery about market-drop headlines. A one-day decline of five points in the Dow Jones Average may seem dramatic. But it always pays to remember that this is an artificial average, and a five-point drop today means simply that the price of the average blue-chip industrial stock went down only about 35 or 40 cents. ■

For reprints, see page 104



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A husband's guide to parts of the body your wife will use less if you...



She won't squint to see the food on the back shelf. On most models, our refrigerator light is in the front, to shed more light on the subject.

Shhh. Our Pin Drop Quiet roo air conditioner units are big or cooling but sma on sound, thank to a flock of littl design tricks plu hunks of sound deadening material.

Forget about both-arms-full, bag-dropping, tough-to-apen refrigerator doars. We have an electric one that opens at the touch of a... well, almost anything. (See "toe.")

No complaints about struggling to remave the lint filter from her dryer. The Frigidaire Dryer has the filter on the door...so very easy to get to ond get out.

No matter how handy your wife is about covering leftovers, it's still a bother for her. But in our Frigidaire Food-life Preserver Refrigerators (what a name!) most leftovers stay fresh in the Moist Cold Zone without any cover or wrapping at all. (What a delight!)

She won it cleani oven. A Fr Electri- oven ben backw help h cleanin

See "Finger."

No need to kick about cleaning a lint filter in the washer. Our Jet Action Washer uses water to wash away lint. (Sort of makes other washers that still have lint filters all washed up.)

...buy her a Frigidaire appliance... because Frigidaire bothers to build in more help.

HOME UPKEEP

Do a good job fast with these proven ideas and products

BUYING AN ELECTRIC DRILL

A good electric drill is a jack of all trades. Besides boring holes in anything from plywood to concrete, it will sand, grind, buff, brush, mix paint, even drive screws. Any tool called upon to do that many jobs deserves some careful shopping. Here are the major points to consider.

Size. Until recently, ¼-inch drills were the most popular models for household use. They're lightweight, maneuverable, and powerful enough for most jobs. Consider a ⅜-inch drill, though, before you make your final choice. Three-eighth-inch drills are more compact than they used to be, and are priced little higher than their smaller brothers.

Besides the bigger chuck—which will handle larger bits and a wider range of attachments—you get more power and slower speed. Many ⅜-inch drills have the same motors as ¼-inch models, but they're geared for more torque, which is what you need for a tough job like boring concrete. Low speeds make it easier to start holes on slick surfaces. Bits last longer, too. Buffing and sanding are about the only jobs for which you need a ¼-inch drill's high rpm.

Power. Check the rating on the motor nameplate. Few list horsepower, but all give amperage. Generally, the higher the ampere rating, the more powerful the motor. Good drills are rated between 2.0 and 3.5 amps.

Quality. Make certain the drill you buy has a geared chuck that won't slip when it's tightened. You can't see inside, but look at the drill's general construction. The housing should be a rugged aluminum or high-impact plastic, and it should fit together tightly. The cord should be heavy-duty, reinforced with extra rubber where it comes through the housing. Also, ask about local service. You don't want a drill that has to be shipped back to the factory for repairs.

Balance. Check the "feel" of the drill by holding it in various working positions. Remember that you won't always be using it to drill straight down.

Speed control. Many better quality drills have a separate switch or lever you can shift for choice of rpm, or the speed may be controlled by the pressure you put on the trigger switch. The trigger gives you more flexibility. It lets you start slowly, then speed up gradually—or run the drill at slow speed for boring hard materials. (Don't run it too long at low rpm, though, or the motor will overheat.) A trigger also enables you to use the drill for driving nuts and screws.

Reversible motor. With this feature—found on top-of-the line models—you can remove nuts and screws, and back out jammed drill bits, hole saws, and augers.

Double insulation. If you'll frequently use your drill outdoors, around plumbing, or in a damp basement, a shock-proof model is a must. These have two-wire cords, so you don't need an adapter to plug into a two-hole outlet.

Accessories. Shop for quality. Most accessories—like hole saws, screwdriver bits, speed reducers—will fit any drill. If they're made by a well-known manufacturer, they'll probably give years of service. Don't try to save a few pennies on off-brand accessories.

Continued

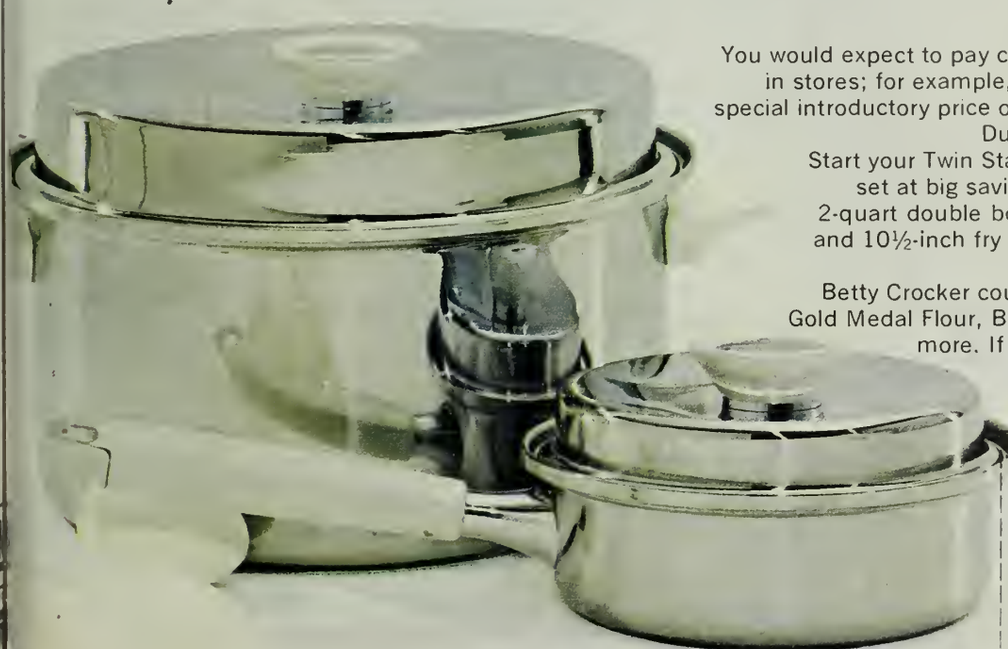
Special Introductory Offer

Save on new Twin Star stainless cookware in your choice of white or black handles by Regal

of what you want most in cookware and then check alifications of this remarkable stainless. New white ives it a fresh, modern look. Heavyweight Twin Star core of heat-conducting carbon steel sandwiched between two layers of stainless for fast, even heating. We use this beautiful and durable cookware daily in our Betty Crocker kitchens. That's why I know you'll be pleased with Twin Star in your home.



Betty Crocker



You would expect to pay considerably more for cookware of this high quality in stores; for example, $10.95 for the 6-quart Dutch oven instead of our special introductory price of $7.00. Save even more when you order both the Dutch oven and 1-quart saucepan at the same time.

Start your Twin Star set now at this special price, and complete your set at big savings with Betty Crocker coupons. Set also includes 2-quart double boiler, 3-quart saucepan, 1½-quart utility pan, 9¼- and 10½-inch fry pans. All with covers! A catalog showing all pieces is sent with your order.

Betty Crocker coupons come with over 100 General Mills products: Gold Medal Flour, Bisquick, Betty Crocker Mixes, Big G Cereals, many more. If not entirely satisfied with your cookware, return it within 10 days. Your money will be refunded without question. Offer ends August 12, 1968.

GENERAL MILLS, Box 8
Minneapolis, Minn. 55460

I enclose $_____ (check or money order) for (check one):
☐ 1-quart saucepan, $4.00 ☐ 6-quart Dutch oven, $7.00
☐ Both for $10.00

Check your choice of handles: ☐ white ☐ black

Name _____
(please print)
Address _____
City _____
State _____ Zip _____

To assure delivery, give your Zip Code. Only one order per family.
Offer limited to U.S. only, expires August 12, 1968.

When you're strong, handsome and pure your name should reflect it.



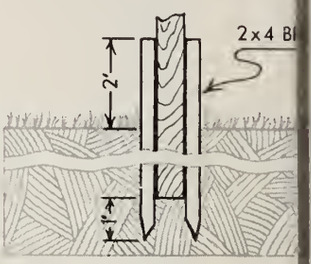
Pure-Pak cartons fairly glow with goodness. Because they're coated inside and out with tough, sanitary plastic. (No waxy flakes in your milk.) Naturally we wanted a name that would come right out and say it. Our choice: Plasticarton. Simple, clean, direct, just like Pure-Pak.

PURE-PAK®
XLO
EX-CELL-O CORPORATION

TWO CURES FOR A WOBBLY POST *Continued*

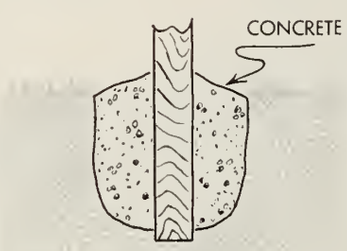
It doesn't take long for one lazy post to lay low an en fence. Catch the troublemaker in time, though, and you correct his posture with one of these repairs.

If the soil around the loose post is still firm, you can st it with a pair of 2x4 braces, as shown here. First, tamp ground all around, and add more soil if it's needed. Then cut the 2x4s so they'll be long enough to reach about one foot below the bottom of the post, and stick up two feet above ground.



With a saw or an axe, taper the end of each brace to a point. Drive them in alongside the post and fasten them to it with 10d or 12d n

If the soil around the post is soft, try the more drast and permanent—measure illustrated below. First, dig the soil with a spade or post-hole digger. The enlarged should be at least four in wider than the post on sides, and come to wi about two inches of the p base. Pull the post into upright position and t porarily brace it with wires and stakes. Pour crete a little at a time, don't stop when the hol filled—make a mound, shown here, that slopes away from the post on all sides. the concrete cure for at least two days before you rem the wires and stakes.



WEATHERPROOFING WOOD WINDOWSILLS

Exterior windowsills probably take more punishment fr the elements than any other part of your house. Sun, r and temperature changes destroy their finish long bef paint on siding or trim shows any sign of age. Let the s deteriorate too long and you'll end up replacing cracki rotted wood.

To repair a sill before it reaches that unhappy state, fi fill all surface cracks. Use an elastic caulking, rather tha hard-drying type, so the wood remains flexible. Prime w two coats of oil-base primer, and finish with house paint.

If a sill has already badly deteriorated, or if it takes m than a normal beating from the weather, you can complet cover it with a fiber glass process that waterproofs the w for many years. The process, in two parts, uses a special m tic and a reinforcing fiber glass fabric. Unlike conventio crack fillers and caulking compounds, it dries to a finish th pliable at all temperatures.

Cracks are bridged rather than filled, so caulking is squeezed out when a crack shrinks shut. Also, the mas seals the surface to keep out moisture.

Brush on the mastic with an ordinary paint brush. Ne cut a piece of fiber glass to fit, and roll smoothly over e mastic. Let that dry until it's tacky, then brush on anot coat of the mastic. The final coat should dry several days fore the finish painting. ■



This is Cindy Pinkstaff and her doting daddy. Her diapers and his greasy work clothes are both washed clean in cold water with Cold Power!

Mrs. Alice Pinkstaff, Middleton, Mass., wrote us: "I gave it a try, and now I really can't say enough about Cold Power."

Alice Pinkstaff

e-Palmolive Co.

ld Power gets out the worst kind of dirt in cold water. Germproofs, too.



The Freedom Question

Tampax tampons or sanitary pads? There is really only one answer for girls who value total freedom—Tampax tampons.

They're worn internally, so there are no belts or pins. No odor or chafing. They're totally undetectable in use, and your hands need never touch the Tampax tampon itself.

There's never a disposal problem because everything—even the applicator—can be flushed away.

You can wear your sleekest clothes. Go swimming every day. No one will ever know it's "that time of month."

And Tampax tampons are dependable. A doctor developed them, and millions of women—married and single—all over the world have used them for 30 years.

Tampax tampons or sanitary pads? It's your freedom. You decide.

TAMPAX® tampons

SANITARY PROTECTION WORN INTERNALLY
MADE ONLY BY TAMPAX INCORPORATED, PALMER, MASS.



BENCHED FOR THE SEASON

Here's a piece of outdoor furniture t puts the ease back in easy living. member all those times last summer w you had to rearrange the patio before could enjoy it? With this versatile former, you can resign from the mov business and start enjoying outdoor liv in one place. Instead of moving seve pieces of furniture around, you sim change the function of a single, multi pose piece.

Here, in order of appearance, our performer plays a chaise lounge, a ta and a bench—practically anything y script for outdoor living is likely to mand all summer long.

If you can make a straight saw cut pound a nail, you can put this unit gether in less than a day. It's so simply signed, you needn't have a power tool your name. The materials are basic, to redwood 2x4s and 1x6s, a sackful of r proof nails, a handful of heavy butt hin

The finished project is 6 feet long, 3 wide, and 16 inches high.

Above: As a chaise, the unit props up at a comfortable 30 degrees with ple of room left over for television, tann aids, and towels. A single support swi down from the back on a lag bolt and r on the floor to keep you securely elevat The 1x6s are slightly spaced to allow r water to run through and prevent warp and buckling.



Photographs: Hopkins. Designer: David A. Ashe

Middle: As a table, the bench enc ages informal, cross-legged dining—p fect for Hawaiian luaus or Japanese parties. Here, the table is set for four, but could easily handle six by setting places on each of the long sides. S vinyl cushions underneath.



Below: Clear the deck and behold bench. The entire rear half is hinged, swings up to form a seat with an 18-i bottom and an 18-inch back. On the b a triangular piece of plywood, notch swings out and butts against the mid leg to provide solid support.

Better Homes and Gardens Project Plan 3806-1. To order, see page 104

WIN $1,000 CASH

100 numbers in this issue of Better Homes & Gardens have been chosen to win $1,000 each—and you may have one of them. To find out, just tell us if you want to audition the greatest record album value of the year.

THE NUMBER IN THE ATTACHED CARD MAY BE A WINNER IN THIS $100,000 SWEEPSTAKES. NO ONE ELSE HAS IT. MAIL CARD TODAY!

You are invited to audition FREE this exclusive collection of

NAT KING COLE

A Priceless Treasury of the Songs That Have Kept this Gentle Balladeer's Recordings at the Top for 25 years

Forever Yours

UNFORGETTABLE HIGHLIGHTS OF HIS GREAT CAREER



Songs Include ROUTE 66 · AN AFFAIR TO REMEMBER · MONA LISA · SMILE ANSWER ME, MY LOVE · RAMBLIN' ROSE · UNFORGETTABLE · THE CHRISTMAS SONG · PARADISE · THOSE LAZY-HAZY-CRAZY DAYS OF SUMMER · A BLOSSOM FELL · SWEET LORRAINE—60 IN ALL.

LISTEN FREE FOR 10 DAYS TO 60 GREAT SONGS BY THE FAVORITE SINGER OF MILLIONS IN A BEAUTIFUL 6-RECORD ALBUM for only $14.95

Imagine getting, all at once, a treasury of all-time hits by the great Nat King Cole—the biggest and best Nat King Cole collection ever assembled, and unavailable anywhere else. This is surely the "easiest listening" of all as Nat's velvet-smooth voice sings the songs that made him famous, such as Mona Lisa... Smile... Ramblin' Rose... When My Sugar Walks Down the Street... These Foolish Things... Unforgettable... Stardust... Sweet Lorraine... 60 in all. Originally, some of Nat's most popular songs were available only on monophonic recordings. But now, through Capitol's exclusive Duophonic* process, you may enjoy these great selections on your stereo equipment. And imagine getting a chance to win one of one hundred $1,000 cash prizes at the same time. That's the once-in-a-lifetime opportunity we are offering you if you send the bound-in card or the coupon to us right now, without delay.

We will send you this fabulous six-record album to listen to and enjoy in your own home for ten days, with no obligation except to return it if you decide not to keep it. If you decide to keep it, pay less than 25¢ a song... only about $2.49 per record. You might expect to pay up to $4.98 for each record, or $29.88 for all six. Instead you pay only $14.95 —almost $15.00 less. There's nothing else to buy, nothing to join. If you wish, you can pay later in three easy monthly installments.

FOR FREE EXAMINATION AND SWEEPSTAKES ENTRY, MAIL BOUND-IN POSTPAID CARD. IF CARD IS MISSING, CLIP AND MAIL THIS COUPON.

apitol Music Treasures™
ollywood & Vine, Hollywood, California 90028

CARD IS MISSING:

Check here for 10-day free examination of Nat King Cole's "Forever Yours," the exclusive new six-record boxed set of 60 favorite songs. If I am not delighted with these records I may return them in 10 days and pay nothing. Otherwise I will pay the full amount (plus a small postage and handling charge) in 3 easy monthly installments.

HECK ONE

Check here for regular hi-fi phonographs

Check here for stereo phonographs (no extra charge)

Name .....

Address .....

City ..... State .....

Zip ..... Telephone Number .....

6BRB

FOR EXTRA SAVINGS, check here, and return this coupon with full payment. We will pay postage and handling. Same return privileges.

No—do not give me a free 10-day trial, but let me know if I have won.

lucky number is _____

6BRT

Did you ever have
a coffee pot boil over?

You can't even MAKE
this one do it!



Good Housekeeping GUARANTEES PRODUCT OR PERFORMANCE SPECIFIED REPLACEMENT OR REFUND TO CONSUMER

COMMENDED by PARENTS MAGAZINE AS ADVERTISED THEREIN

NEW MODERN

MIRRO
THE FINEST ALUMINUM

Range-Top Percolator

3-cup $3.89 6-cup $4.69
9-cup $4.99

Remember the mess, the time the range was caked with boiled-over coffee from a forgotten pot? Never again! The extra-wide opening at the top of this lovely new perk provides open space around the coffee basket so **it cannot boil over.** Great for getting your whole hand and a sponge in, too, for thorough cleaning.

What else? The cover locks on, for safe pouring. The glass knob screws in, so it can't plop out. And it gets the best possible flavor out of whatever coffee you use. Buy it, wherever they sell the finest aluminum. And have a good look, too, at *all* of the new, modern MIRRO Cookware, with exclusive Easy-Over Covers.

P.S. Take out the basket and you have a perfect pitcher. Works fine, too, for steeping instant coffee, or tea.

MIRRO ALUMINUM COMPANY, Manitowoc, Wis. 54220, World's Largest Manufacturer of Aluminum Cooking Utensils

GOOD NEWS FOR MEN!





This pocket-size blowtorch and solder kit would be a handy addition to just about any workshop or hobby center.

The butane-fueled unit heats to full intensity in seconds and can produce a 3,500-degree pinpoint flame. The fuel chargers fit into the handle; each charger contains a half hour's fuel.

Compact size makes the unit suitable for small-parts brazing, wire and jewelry soldering, and appliance and electronic repairs. It's also a handy "go-anywhere" trouble-shooter for thawing frozen locks, loosening rusted parts, softening putty, or sweating small pipe joints.

Minitorch Kit with soldering tip, wire, and two chargers $4.95 in hobby, department, hardware, and radio supply stores. Walter Kidde Co., Belleville, N.J. 07109.

Motorists note: this compact l will prepare you for on-th road emergencies. The conter can help get your car on the again and will make any roa side emergency stop safer.

The kit contains a tire i flator-puncture sealer th readies a punctured tire for 1 miles of nonstop travel. Al included is a 15-piece first-a kit, three 10-minute fus flares, an emergency flag, anc magnetic flashlight/worklig that plugs into the car's light socket. The magnetic lig clings to any metal surface provide light where needed.

Dapper Dan TK-2 travel $11.40; *TK-1* (without flas worklight and first-aid k $5.60 in stores and independe service stations. Bernz-O-Ma ic, 740 Driving Park Av Rochester, N.Y. 14613.

● **Here's what to do with the doors** when you panel a roo General Plywood says panel them to match, and they ha a new product to make the job easy. It's a super-thin ⅛-in prefinished plywood sheet which can be applied with conta cement to a standard hollow-core flush door. The materi will even work on bypassing sliding doors.

The panels also offer a neat way to cover cabinet doors an furniture without adding the bulk of ¼-inch plywood. Th new material is available to match all "Eagle" brand pane ing. *Eagle-Mates matching door panels*, about $7 each at lum ber stores. General Plywood Corp., 417 South 32nd S Louisville, Kentucky 40201.

● **A truly sculptured surface** has been achieved in the plast laminate field. The first product is a 1/16-inch-thick de orative material that exactly duplicates the cleft configur tion of quarried slate. Not a printed pattern, it's a thre dimensional melamine surface with the look and feel of slat The sculptured effect is controlled to eliminate wiggling l accessories and glasses when the material is used on tab tops or other horizontal surfaces. Available in slate blac only. *Nevamar Slate* about 90c per square foot at lumb yards. Enjay Fibers and Laminate Co., Odenton, Md. 2111

● **Here's the look of leather** at a fraction of the price. Ma lite's 4x8-foot leather-textured panels are made of ⅛-in prefinished hardboard, and they have even the "feel" of co hide. Plastic-finished surface is easy to clean and resists hea stains, and moisture.

Great for adding an air of informality to any new or r modeled room. Also an easy way to make smart-lookin cabinet doors and to give old furniture a new look. Availab at most lumber dealers in brown, green, tan, or white. *Ma lite Textured Leather Paneling* about 58c a square foot. Ma lite Division of Masonite Corp., Dover, Ohio 44622.

Continu

THE KID-CUSHIONED FLOOR™

ucing: The Kid-Cushioned Floors.™



lo we mean by Kid-Cushioned?
/ that's more-than-skin-deep.
ushioned Floors
just plain, ordinary vinyl.
st cushioned vinyl.
proved
leum-Nairn cushioned vinyl.
xtra vinyl to cushion its beauty
t the beating floors take from kids
er than other floors.
have the-cushion-in-the-middle.
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shion "gives".
bounces back to
ginal beauty.
? Scratches? Marks?
t 'em!
inyl is tougher & thicker.



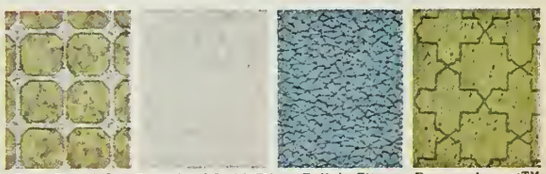
Spills? Dirt? Accidents?
Forget about *them*, too.
Kid-Cushioned Floors
come clean fast!
Household spills
can't be absorbed
on our textured surface.
Accidents wipe up quickly & easily.
(No special cleaning techniques
are needed!)



"My, what a warm, quiet room..."
It's true. Kid-Cushioned Floors insulate.
Help make rooms warmer and quieter.
Yet Kid-Cushioned Floors never cost more and *usually much less* than their imitators.

How's 130 for choice?
Kid-Cushioned Floors come in
130 color-pattern combinations that
can take a beating... *without showing it.*
130 fashionable floors for families.
Far more than any other brand.

MOTHERS BEWARE:
There's only one KID-CUSHIONED FLOOR.
It was invented & perfected by us:
Congoleum-Nairn.
Only one man can show it to you.
Your Congoleum-Nairn Dealer.
(He's in the Yellow Pages.)
Free: "50 Kid-Cushioned Decorating Ideas!"
A 16-page color booklet to help make your home a beauty... that can take a beating. Write Congoleum-Nairn, Box 361, Kearny, N.J. 07032



Casa Grande® Georgian Marble™ Bellaire™ Roman Accent™

Congoleum-Nairn

Village Square™, Comfortflor® Cushioned Vinyl: Copper

yright 1968, Congoleum-Nairn, Inc.





Amana Decorator Panels make your refrigerator vanish into your decor. Choose from 329 designs—or handsome wood paneling. Or use your own wallpaper or ¼" paneling.

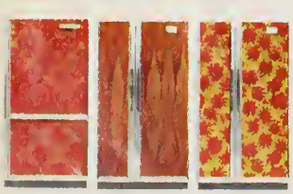
These panels fit on Amana side-by-side or freezer-at-the-bottom models. Without gluing, tacking or door changing. Makes decor switching easy.

See Amana refrigerators with exciting new Decorator Panels. Look at the Amana 25. It offers a 16 cu. ft. refrigerator and a 9.3 cu. ft. (326 lb.) freezer in only 35¾" of width. Also a meat keeper that's a "refrigerator within a refrigerator," adjustable cantilevered shelves*, separate cold controls for refrigerator and freezer (set one without affecting the other), and Amana's exclusive 5-Year Total Appliance Warranty.

Be first with the firsts. Amana's Decorator Panels.

Amana®

Backed by a century-old tradition of fine craftsmanship.
Amana Refrigeration, Inc., Amana, Iowa.
Subsidiary of Raytheon Company



Dept. P, Amana Refrigeration, Inc., Amana, Iowa 52203
Please send brochure packed with kitchen decorating tips (enclosed is 25¢ to cover mailing & handling costs) to:

Name_____
Street_____
City_____
State_____ Zip_____

Amana 5-Year Total Appliance Warranty: Amana warrants for 5 years from date of original purchase in U.S., free replacement or repair, including related labor, of parts found defective as to workmanship or material under normal use, and returned through Amana's dealer-distributor organization. Owner is responsible for local cartage, repairmen's travel expense if required, replacement of gaskets, rubber or plastic parts and light bulbs. Any product subjected to accident, misuse, negligence, abuse, defacement of serial plate or alteration shall void the warranty. In Canada, the warranty applies as above except that it does not cover taxes, duties, assessments levied at time of part export. *Patented

GOOD NEWS FOR MEN!

Continued



Soak the plants and save the soil with this adjustable soaker. Even when water is turned on full force at the faucet, this unit reduces the pressure to gentle bubbles. There's no damage to fragile plants or shrubs, no soil erosion—yet the unit can release a large volume of water for really deep soaking in minimum time.

The dial adjustment lets you adjust water volume at the soaker—eliminates trips back to the faucet to "fine tune" the flow.

Handy Soaker $1.95 in garden depts. H. B. Sherman Mfg. Co. (Div. of Wolverine Industries), 22 Barney St., Battle Creek, Michigan 49104.



Take this propane lantern you wherever you go. It's i for camping, patio parties, emergency lighting.

Lights fast without pum or priming. Easy fingertip justment from soft glow bright beam. At maximun tensity, the lantern prov more illumination than a watt electric bulb. Stays even in strong winds.

Will operate for 10 t hours on one disposable cylinder. Extra cylinders safe and easy to carry.

Trailblazer portable lan $12.95 with fuel cylinde sporting goods and hdwe. st Turner Corp., 821 Park A Sycamore, Ill. 60178.

● **Acoustical ceilings don't need** to be made up of enc small squares! Owens-Corning proves it with a new h density Fiberglas material that makes joints few and fa tween. The two-inch-thick panels come in four-foot wi and lengths up to 16 feet. Due to their light weight, they be installed on suspended grids, below open joists, in junction with beams, or over existing ceilings.

The new ceiling absorbs up to 85 percent of noise stri its surface. It also provides good thermal insulation. textured white vinyl surface is completely washable rugged enough to withstand the impact of a misdirected or toy. *Monocoustic Ceiling Panels* about 45c per square at lumber dealers. Building Prod. Div., Owens-Cor Fiberglas, P.O. Box 901, Toledo, Ohio 43601.

● **Want walls with a weathered-wood look?** If so, Armst has introduced the paneling for you. A new manufactu technique makes possible a paneling with a weather-bea barnboard look. The deeply embossed surface with ru graining is an authentic down-to-the-knotholes copy of caster County barn siding.

The 4x8-foot panels are 5/16-inch thick with ran grooves. Available in old barn red or weathered gray. "*bridge" Wall Paneling* about 45c per square foot at lu and building materials dealers. Armstrong Cork Co., caster, Pennsylvania 17604.

● **Slick up the surfaces around tub** or shower areas. For Corporation has a system that provides a smooth, easy- surface for these hard-to-maintain areas.

The foam-backed Formica panels can be installed over structurally sound vertical surface, even other wall cover The ⅛-inch pliable foam backing conceals minor surfac regularities. It's available in 18 patterns and in five p sizes up to 5x10 feet. Matching moldings are available fo normal applications. *Paneled System 202* about $1.50 p square foot, plus installation, at most Formica dea Formica Corporation, 4614 Spring Grove Avenue, Cin nati, Ohio 45232.

You don't have to spend days in the sun to get a tan

QT tans you in 3 to 5 hours without the sun...

or with it!





Would you believe you can have a stunning tan before you go out in the sun? It's what's happening with QT, quick-tanning discovery by Coppertone. **ıdoors,** QT gives even blondes and redheads a really marvelous tan in 3 to 5 hours! Tans you with an amazing tanning agent—Ketochromin. Not a dye. Won't streak. Safe for all normal skin types!*

Special beauty hint: whether you wear stockings or not—your legs will look lovelier, ever so much more glamorous when they're tanned with QT.

utdoors, in the sun, QT gives you a double tan! Richer! Deeper! What's more, as QT doubles your tan its special moisturizers soften your skin like a fine body lotion. And QT helps prevent sunburn, just like Coppertone.

You get a quicker tan... a double tan with QT®

Guaranteed by Coppertone or money back. *Quality products of Plough, Inc.*

*see package directions

"SPACE-SAVING TIME-SAVING COOKING"

Free Booklet from TABASCO® pepper sauce helps you make 36 dishes by having just 16 seasoning staples in your boat, camp or trailer.



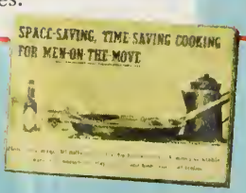
Sample recipe:

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Cooking time: 10 minutes. Yield: 4 servings.

- 1 tablespoon cooking oil
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- 2 teaspoons prepared mustard
- 4 slices tomato
- 1 teaspoon salt
- ⅛ teaspoon garlic salt
- ¼ teaspoon TABASCO brand pepper sauce
- 4 tablespoons grated cheese

Heat cooking oil. Remove corned beef hash whole by opening can at both ends. Cut in four rounds. Place in hot oil; cook over medium heat for five minutes; turn. Spread thinly with mustard. Top with tomato slice. Sprinkle with seasonings and grated cheese. Cook for five minutes or until cheese is slightly melted. Serve on Bondware plastic coated plates.



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GOOD NEWS FOR THE GALS

By Helen A. Dawson,
Kitchens and Equipment Editor



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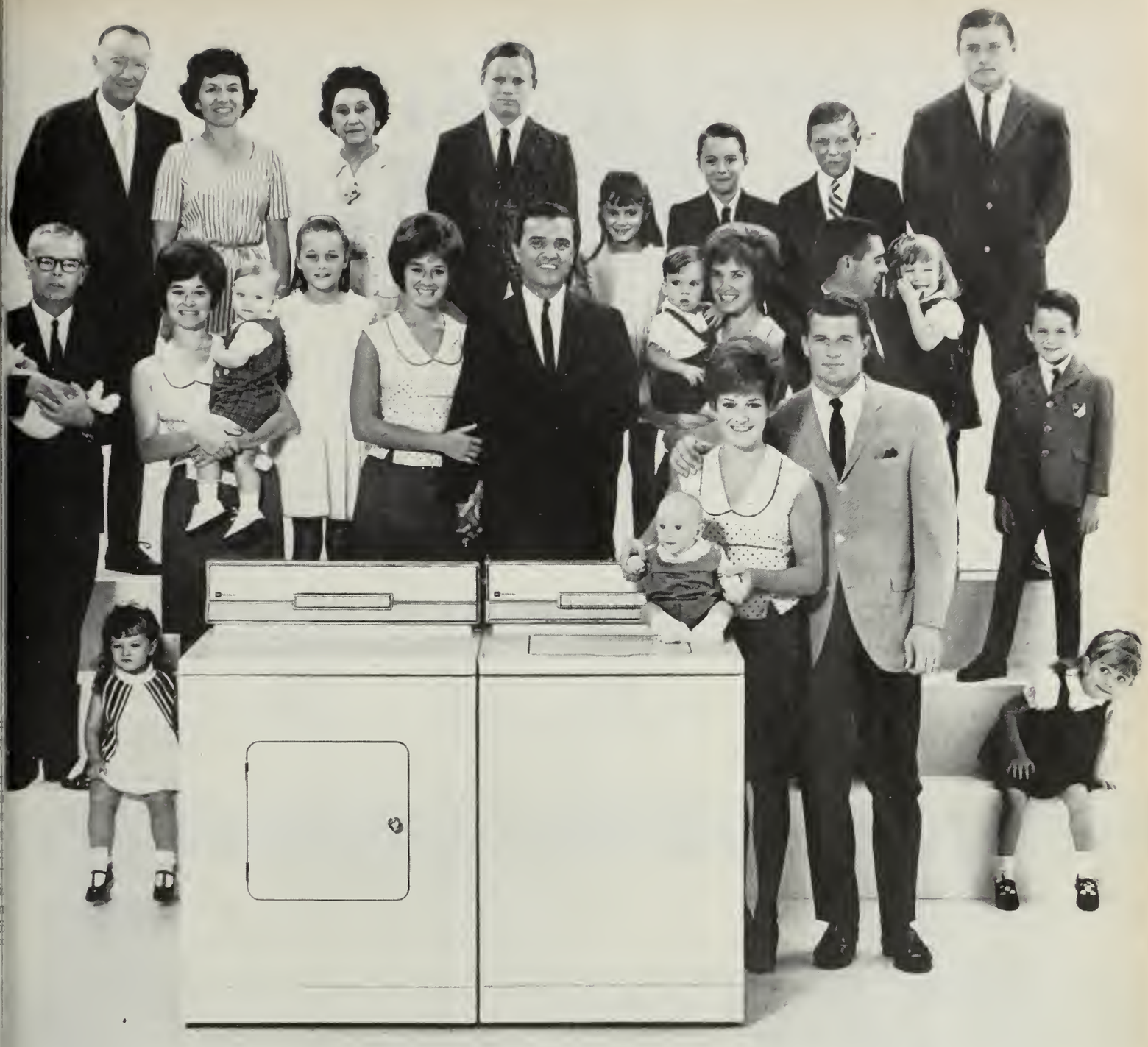
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recognize four of the girls as the "Lennon Sisters" who sing on the Lawrence Welk Show, ABC-TV. Top row: Bill Lennon, Sr.; Mrs. Bill Lennon, Sr.; "Nanna" Denning; Pat Lennon, 15; Anne ; Joey Lennon, 10; Bill Lennon, 13; Dan Lennon, 17. Middle row: Dick Cathcart, with Joey Cathcart, 3 months, Peggy Cathcart, with Chris Cathcart, 19 months; Mimi Lennon, 11; Kathy Clark; lark; Dianne Gass, with Tommy Gass, 18 months; Dick Gass with Dee Dee, nearly 3; Kippy (Chris) Lennon, 7. Front row: Julie Cathcart, 2½; Janet Bernhardi with Billy Bernhardi, 3½ months; ardi; Mary Gass, 3 years, 9 months.

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Gerald M. Knox, Ed

A REALISTIC LOOK AT MENTAL ILLNESS

PART I: UNDERSTANDING THE PROBLEM

Select a hundred Americans at random and ten, according to current estimates, suffer from mental illness. They are victims of some ailment of the mind or emotions that requires (but may not get) expert treatment. This article examines their problems. It explains mental illness in clear, simple language with a minimum of technical jargon. You will not *be overwhelmed by sophisticated phrases like Oedipus complex, the king-slave fantasy, or object libido terms which, though useful to specialists, are frequently confusing to others.*

This month's article identifies some of the problems. Next month, a second article considers the question of what to do when a person needs help.

WHAT CONSTITUTES SOUND MENTAL HEALTH?

Sigmund Freud the founder of psychoanalysis and a man who took a rather gloomy view of this world—once said that his goal was "to substitute for neurotic misery ordinary human unhappiness." Thus he added his weight to the impression that good health, whether mental or physical, is just the absence of overwhelming distress.

Most modern doctors find this view too limited. To exist without pain is no longer enough; people now have a right to expect something better. A more positive attitude has come about in which mental health is measured by pleasures and achievements, and not by whether something "hurts." A person found to be free of emotional anguish is not immediately stamped mentally healthy.

Diagnosticians now ask themselves three questions before passing even tentative judgment. Is this person capable of loving someone else? Is he reliable, happy, and productive in his work? Is he able to appreciate the commonplace wonders of the planet he inhabits?

If the answers are all affirmative, there may still be some small difficulties lur ing unnoticed, but his mental health fundamentally sound.

A LOOK AT THE BASIC DISORDER

The simplest way to classify abnorm behavior is by dividing it into four bro categories: *neuroses, psychoses, psych somatic illnesses,* and *character disorde* Though these families of ailments oft mix and overlap, for convenience th can be examined separately.

Neuroses are a mild form of men disease. Their effects are not crippli their symptoms come and go (sometim disappearing for weeks or months end), and they are currently fashiona (the label "neurosis" is worn like a bat star awarded for some heroic involv ment in the struggles of modern life). all emotional wounds, a neurosis is t



ost romantic. But disorders of this kind e by no means frivolous. They are affling, alienating, painful to live with, id on occasion very hard to control. One central fact that distinguishes a pical neurotic is that he doesn't know ie sources of his misery. Other men and omen may be just as worried or frightted as he is, but they can usually say hy—they can point to understandable asons. The neurotic cannot. He frets id fidgets in relaxing circumstances, orries when no worry seems called for. hat sets his behavior apart is not that is "strange" or bizarre, but that it is inppropriate or greatly exaggerated. It oesn't seem to fit the circumstances.

A neurotic might receive a promotion, r example, and feel glum about it ther than joyful. That's symptomatic *neurotic depression;* its victim is exssively sad for no discernible reason.

Perhaps he's pursued by irrational ars—groundless but inescapable *phoas.* Normal people often feel slightly pprehensive in an elevator, say, or look-g down from great heights. A man with austrophobia or acrophobia (the technical names for those two specific fears) more than just uneasy he's terrified. epending on the nature and degree of phobia, it may represent a minor inconvenience to its victim or become central to his entire life.

Anxiety, another neurotic condition, is produced by more general fears. It is a phenomenon so common in the twentieth century that poet W. H. Auden has called ours the Age of Anxiety. And indeed, with the constant threat of atomic extinction, a certain amount of jumpiness seems to be in order. It would be irrational *not* to be a little anxious.

The question is how well it's controlled. Most people can manage their innermost worries, no matter how real or imposing they may be, and pursue an enjoyable life. Not so the authentic neurotic. On many occasions, he succumbs to the pressure. He is so overwrought by his fears about World War III starting, about losing his job, about dying prematurely of a heart attack, about "something terrible happening," that it fractures his spirit, frazzles his nerves, and sometimes paralyzes his will. He's suggestive of a wild animal that freezes in the headlights, adding panic to all previous difficulties.

Sleepwalking and *amnesia* are less common expressions of a neurotic personality. Neurosis may also be reflected in the constant repetition of some particular, unnecessary ritual locking the same door twenty times before retiring, washing the hands every ten or fifteen minutes, straightening and re-straightening a picture that doesn't need it, repeatedly touching some part of the body or a succession of favorite objects, often in unvarying order.

Though neurotics behave irrationally, bringing distress to themselves and those around them, they are basically—and legally—sane. They can distinguish what is real from what isn't. Only if their troubles intensify, drawing them into fantasy, does society label them mad. And at that point, a person stops being neurotic. From that time on, he is called a psychotic.

Psychoses are nearest the top of the totem pole of mental and emotional disorders—farthest removed from that rational behavior known as "keeping your feet on the ground." A psychotic can no longer cope with reality, or can do so only intermittently. He has drifted out of touch with reason. Rarely can he perform any meaningful work or intelligently relate to other people. His actions are frequently grotesque or absurd, occasionally even dangerous.

Continued





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A REALISTIC LOOK AT MENTAL ILLNESS *Continued*

Dwelling in a bleak, eerie world of his own, he must usua be hospitalized for his own good and for the welfare of othe

The most common psychosis is *schizophrenia*. "Schiz means "splitting," and "phrenia" means "mind"—but t ailment is not simply a mental fragmentation. It consists an extensive personality deterioration in which another s of "splitting" is involved, the kind teen-agers have in mi when they say "Let's split this scene"—a departure, breaking away, a retreat to somewhere more pleasant. Wl the schizophrenic leaves behind is reality. He departs wit bundle of delusions, traveling in the company of invisi figures whose voices speak only to himself.

"Simple" schizophrenics are indifferent to their surrou ings, inattentive, introverted, apathetic. Detachment their most prominent trait. Other schizophrenics' behav puts them into different subcategories. Those who esc from harsh reality by reverting to the habits of infantili —thumb-sucking, baby talk, personal incontinence— said to be *hebephrenics*. *Paranoids* experience delusions grandeur - they may think they're the President or N poleon or even God—or suffer from a persecution compl feeling certain that someone is "out to get them." (Paran is considered to be a separate psychosis when this patter behavior exists without the symptoms of any other me illness.) Total contrast in behavior is the hallmark of *c tonics;* sometimes they sit motionless for hours or even da frozen in the attitudes of human statues, then sudde switch to the opposite extreme in a wild, often violent, fren

There is fluctuation of moods in another psychosis, *ma depression*, but the trouble here is less one of mental iml ance than of uncontrolled emotions. And the change mood is usually more gradual. In the manic phase, the tient feels giddy, excited, supremely overconfident, and eager for action he has difficulty sitting still. Then on a s of emotional pendulum, he swings through a period of r tive normalcy, sometimes lengthy and sometimes brief, t carries him over to the depressive phase, where he's houn by extreme discouragement and where feelings of profou unjustified guilt may render him completely immobile.

The depressive's state of mind is similar in some ways yet another psychosis, *involutional melancholia*. A sympt of both afflictions is severe self-loathing that sometim triggers suicide attempts. Melancholia does not have a ma phase, however, and it is generally associated with mid age. A middle-aged person's physical and social changes interpreted too pessimistically—can lead him to concl that his usefulness is over and that life from here on is downhill. Basically, it's a wild exaggeration of one's nor fears about aging, complicated by self-accusation, as if a were a betrayal by one's body. The problem can deve suddenly or slowly, and typically starts later in men tha women, who are susceptible from the time of menopause

Melancholia, like all the psychoses mentioned so far, *functional psychosis*. Most authorities believe it to be mai psychological and not caused by the physical changes t accompany middle age. Rather, an inappropriate attit toward aging is what allows the disease to take root.

Insanity that does spring directly from physical cause known as an *organic psychosis*. Victims may display the sa symptoms as functional psychotics—yet their problem is a mind engaged in war with itself, but a brain that has b physically damaged. Tumor, stroke, infection, low oxy supply—there are many ways a brain can be seriously jured, often beyond repair. The most prevalent organic p chosis is the one that attends *senility*. Characterized b noticeable loss of memory, it indicates the need for consult a doctor to limit any further distress. Even when the ba cause of trouble is organic, there are often various psyc

Continued

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A REALISTIC LOOK AT MENTAL ILLNESS *Continued*

logical ramifications that will yield to competent treatment

Psychosomatic illnesses. As we have seen, an organic psy chosis is a mental imbalance that springs from some physica source. The reverse situation—a physical disorder who roots are mental—is called a psychosomatic illness.

Mild distress of this sort is harmless and universal. headache and butterflies in the stomach, for example, a healthy responses to tension. But in some people such sym tons are permanent, not fleeting, and discomfort is abnormall intense. It can assume a variety of forms. Skin rash, stomac trouble, hypertension, and asthma are among the numero ailments whose causes are occasionally (but not alway psychological. These disorders are far more than the imagi ings of a hypochondriac. Even when no physical cause f them exists, the pain they create is authentic.

Technically speaking, psychosomatic illness refers only a disorder of an involuntary function—one the patient ca not control at will—blood pressure, heart rate digestion, a so on. The impairment of any element of the voluntary sy tem—which normally responds to the patient's commands— is known as *conversion reaction*. This includes problems lik arms or legs paralyzed by deep psychological shock, whic are sometimes found among soldiers in battle. In anoth wartime illustration, a man may be blinded when he sees friend killed. Vision in this instance (or the use of the limb can often be restored through therapy.

Character disorders. A notable lack of conscience, or co duct that violates the standards of social responsibility, described as a character disorder. It might be a mild ma function, or such a serious affliction as addiction to drug alcoholism, sexual perversion, or gross criminal behavior e gaged in just to satisfy an impulse. People whose passio enjoy free rein are called *psychopaths* or "moral imbeciles. Intellectually, they can usually tell right from wrong, b their actions pay no heed to the distinction. They lack bo the concern for consequences and the power of restraint th regulates ordinary rational behavior. Like children too you to have learned self-control, they are selfish, impetuous, the mercy of crude instincts, wholly unconcerned for the w fare of others, and immune to pangs of guilt or remors Obviously, they represent a threat to society. Some roa among us daily; others are cared for in mental institution but a larger number end up in jail.

THE SPECIAL CASE OF MENTAL RETARDATION

Mental retardation, or feeblemindedness, is a slowi down or halting of the mind's normal growth before it h achieved full development. In one common system of class fication, its victims are described as mildly retarded (whi indicates an I.Q. of roughly 53 to 70), moderately retard (36 to 52), severely retarded (20 to 35), or profoundly r tarded (below 20). Older terminology, not used much a more, had the retarded divided into three groups label morons, imbeciles, and idiots, in order of descending I.Q.

Mental retardation is frequently listed as one of the v rieties of mental disease, but in fact it is something qui different. True mental diseases have in common one centr situation: the misuse or derailment at some point of a d veloped intelligence. The precise source of trouble may hard to track down, but hope is usually held out that its di covery, plus subsequent therapy, might restore the mind good working order. This kind of success is out of the qu tion with mental retardation; a mature intelligence cannot restored, because none ever existed. Some retarded childr may be educable, but bringing them up to normalcy is usual too much to expect.

Nonetheless, the outlook is bright. Preventing certa types of retardation, once their causes are clearly und stood, is often relatively easy. And therein lies the hope f

Continu

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A REALISTIC LOOK AT MENTAL ILLNESS *Continued*

the future: additional and more widely-used preventive techniques based on further research into causes.

HOW TROUBLE TAKES ROOT AND GROWS

Mental ailments with origins that are genetic or organ are easy to understand, at least in theory. Physically, som thing goes wrong. If you knew what it was, you could pra tically put your hand on it; you could examine it under microscope. It might have been a sudden and shocking ps chological blow, particularly in the early years of childho when the mind is most impressionable, balanc very precariously. Nor is there much mystery about a brea down from too heavy a psychological load: intense men pressure endured for so long that the system is at last ov powered. That was the sort of pressure blamed for Jam Forrestal's collapse after his years of unremitting burden America's wartime Secretary of the Navy and then as o first Secretary of Defense.

But when the seeds of mental illness are subtle—nourish by something hidden in the mind's deep recesses—und standing is more difficult to come by. Explanations must based on assumptions and conjectures tied together into t tative theories. The first of these theories, and by far most important (all that followed owe an enormous debt it), was set forth by Sigmund Freud.

All human beings, according to Freud, are constantly odds with themselves. "I feel like doing such-and-such one inner voice insistently whispers, while another cautio "Thou shalt not." The cautionary voice is not arbitrary in the person's own best interests. It is a necessary cont first imposed by his mother (whom the baby wants sim taneously to please and disobey), and later by an instinct self-preservation handed down from the earliest man. T voice with which he finally learns to caution himself conta elements of all these forces.

Freud was ingenious and detailed in his theories, but faced the same obstacle as the early cartographers: he drawing a map of a land no man had seen, a world w whole continents as yet unexplored, their barest dimensi a mystery. And conditions since then have not chan much. So little is known for certain of the human mind e now that maps can be drawn very different from Freu with no less or greater claim to accuracy.

Where Freud, for example, saw mankind's basic urges similar to the most shameful instincts of animals, some thorities take the opposite view: that the strongest hun drive is for creative fulfillment, a reaching toward the st In each case, thwarted drives result in frustration, which turn may bring mental disease. But is it the frustration o artist striving always for perfection, or of an angry beast b on destruction? The smattering of concrete evidence could used to support either view—or indeed, any number of oth

There's no question that the mind of man, and the e tions and spirit which feed and drive that mind, are comp —and often quite contradictory. What makes a person and think the way he does is never a simple matter.

In some ways, men now engaged in charting the mind in the same position as those primitive mapmakers who curred on the locations of a few towns and mountains argued about everything else. The blame for mental ill can occasionally be assigned with reasonable assurance. frequently the answer to "What brought this about?" only be "We aren't really sure."

Fortunately, as next month's article points out, mental ness can sometimes be successfully treated even with knowing its origins. ■

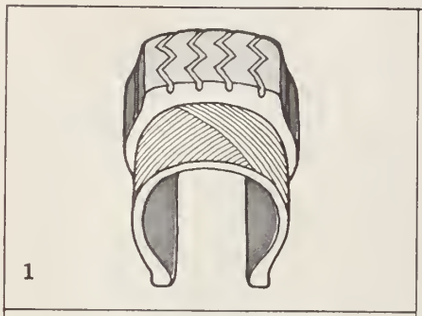
FAMILY HEALTH NEXT MONTH:

- ***A realistic look at mental illness***
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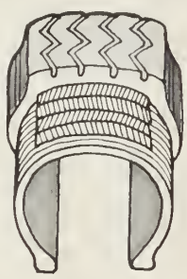
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- "70 Series" in equivalent size sells for 20-30% more. Tread life is about the same as conventional bias ply.



2



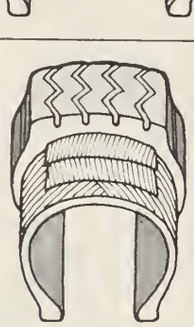
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3. Standard radial ply
4. "70 Series" radial ply

- Body plies (usually rayon) run straight from bead to bead so do not cross.
- Two- or four-ply belt of rayon or steel runs circumferentially around tire.
- Standards cost 30-40% more than original equipment. Up to 100% more tread life.
- "70 Series" cost about 50% more than original equipment and offer up to 150% longer tread life.



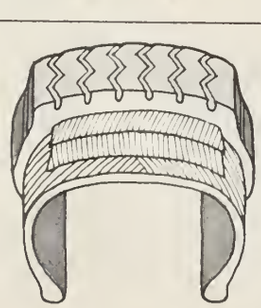
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5

5. Standard belted/bias ply
6. "70 Series" belted/bias ply

- Body construction is two-ply with cord angle similar to conventional bias ply.
- Body cord material is rayon, nylon, or polyester.
- Belt layer is composed of two fiber glass plies.
- Standard tires cost 20-30% more than original equipment, give 30-50% longer wear.
- "70 Series" cost 30-35% more than originals, with up to 100% longer wear.



6

In the last few years, there has been a veritable new-product explosion in the tire field—new tire types, materials, and configurations. Just three years ago, the average motorist knew little if anything about radial-ply tires, and hadn't even heard the terms "70 Series," "70 Series" radial, belted/bias ply, or "70 Series" belted/bias ply.

Today, tires carrying all these designations are available and are accounting for a rapidly increasing share of the market. And rayon and nylon have been joined by polyester and fiber glass as cord materials.

So before you shop for tires, you'll do well to acquaint yourself with what's new in the marketplace. Don't let the wide assortment throw you—there are more *good tires* available today than ever before. And the wide choice lets you pick the tire that's best suited to your particular driving needs. To buy intelligently, you should be familiar with current tire terminology and know the general characteristics of each type.

TYPES OF TIRES

Conventional bias ply. Bias ply is considered the conventional tire construction because it's the most extensively used, accounting for a large majority of all new tires built in the United States.

In this type of construction, the body plies run from bead to bead at an angle of 30-38 degrees to the center line of the tire. Alternate plies run in opposite directions. This construction provides a soft, quiet ride by absorbing road noise and bumps, rather than transmitting them to the interior of the car. However, when the tread of a bias-ply tire comes into contact with the road, a certain amount of lateral movement of the tread takes place. The movement, often referred to as squirming or scuffing, is responsible for a large part (many estimate up to half) of the total tread wear that occurs.

Radial ply. The name refers to the plies in the body cord, which go from bead to bead at an angle of 90 degrees to the center line of the tire. These body plies are then secured and given extra strength and stability by a belt (semi-rigid hoop) that runs around the tire's circumference. The belt is made up of several layers of material (usually rayon or steel). This results in a rigid tire with several important advantages over conventional tires. These include up to 100 percent increase in tread life, better handling characteristics, better traction (most noticeably on slick surfaces), cooler running, increased gas mileage, and up to 300 percent greater resistance to road hazards.

Continued



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CARS IN YOUR FAMILY *Continued*

On the negative side, radials are more complicate manufacture and, as a result, cost up to 40 percent than conventional original-equipment-type tires. Ra produce a firm ride that is somewhat harsh at speeds u 40 miles per hour, but is very smooth at highway speeds. harshness varies widely from one car to the next, due t ferences in suspension and body-frame construction, a the material used in the tire belt. While the radial tire's t area has great impact resistance, the sidewalls may be sl ly more vulnerable to curb impact.

Because of great differences in handling characteri radials must never be used on the same axle with any type of tire. They should be installed in complete sets of and preferably five to assure a compatible spare. All r manufacturers subscribe to these recommendations, some even recommend that their dealers refuse to instal than a complete set of four radials.

Belted/bias ply. The nylon, rayon, or polyester cor from bead to bead on a bias, much as in a conventional Then a belt similar to that of a radial—except that it's of fiber glass—is added to stabilize the tread rubber provide increased tread mileage. Tires in this group a smoother low-speed ride than radials and are suitabl use on a wider range of domestic automobiles. The perf ance of the belted/bias-ply tire, like its cost, is interme between that of a good-quality bias ply and a radial. It give from 30 to 40 percent longer tread life with twic road-hazard resistance of a conventional tire. It is a c running tire than a conventional, and its belt contribut good traction (though not as good as a radial's).

Ultra-wide tread or "70 Series." Sold under various na tires in this group resemble racing tires. They utilize ventional bias-ply carcass construction (cord angles vary) and are up to two inches wider than standard They offer good high-speed capacity—traction, corne and braking—but should not be indiscriminately insta They may require a wider rim than is standard on many Also, their wider configuration will not fit some cars d lack of proper clearance in wheel wells, suspension co nents, and steering mechanisms. They must be use pairs on the same axle. Some ultra-wide tires have duced disappointing tread mileage, with tread wear no ter than top-quality conventional tires (and often less).

Ultra-wide or "70 Series" radials. Tires in this grou similar in appearance to the above tires and offer all advantages *plus* the increased tread-wear characterist all radials. In fact the ultra-wide radial is reported to up to 50 percent longer tread life than a regular radia —which is already far better than a conventional bia tire. The extra tread width further increases the exc stability and traction of the regular radial and contribut a somewhat softer ride.

Ultra-wide or "70 Series" belted/bias ply. The n arrival on the scene features super-wide tread, bias-ply cord of rayon, nylon, or polyester, and a fiber-glass Tires in this group offer up to 100 percent longer life than conventional tires, respond well to braking, acc tion, and handling, and provide increased traction or and slick surfaces.

CORD MATERIALS

Nylon is currently used in well over half of all replace tires. Because it's stronger and more durable than ray polyester, it is being used in the original

Cont

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and this

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CARS IN YOUR FAMILY *Continued*

equipment tires on some high-performance cars and som the large luxury cars. Tires with nylon cord have a sligh harsher ride than those with rayon or polyester. Nylon tends to develop a flat spot when the car is parked for length of time. This results in a slight thumping the r time the car is driven, but the flat spot rounds out aft few miles of driving.

Rayon is still used in the original equipment tires on m new cars. It contributes to a more flexible tire which giv comfortable ride, has good steering stability, and will flat-spot. Rayon is also the cord currently used for both belt and body cords in all radial-ply tires produced in United States.

Polyester, relatively new to the marketplace, provide comfortable ride, does not flat-spot, and is stronger t rayon. However, it has less strength and heat resista pound for pound, than nylon.

Fiber glass is by far the strongest of all commonly-u tire cord materials. It also runs coolest, will not stretch, has good flex life. But due to the nature of the material, restricted to use in the belts of belted/bias-ply tires at pres

WHICH TIRES ARE RIGHT FOR YOU?

This has always been a tough question, and the wide ra of choice today would seem to make it even tougher. H ever, this isn't necessarily true, especially if you are inter ed in top-quality tires. The reason? At present there is "lower" grade in radial or belted/bias-ply tires, either st dard or "70 Series." The tires in these categories are all t of-the-line models produced by the major manufacturers.

Government standards governing tires may cause so people to conclude that today's tires are similar (or pr tically identical) because all of them must meet the st dards. This is far from true; the standards specify only m mums. As in the past, each higher quality grade results i better tire that will provide better tread mileage and p formance, and longer service life.

Your best ally when buying tires is a reputable dealer s ing quality merchandise. Explain the type of driving you how fast, how much, types of loads carried, and types roads normally traversed. And of course, your knowle about the kinds of tires and cord materials available will very worthwhile—if for no other reason than to help you derstand what the salesman is talking about.

CARE OF TIRES

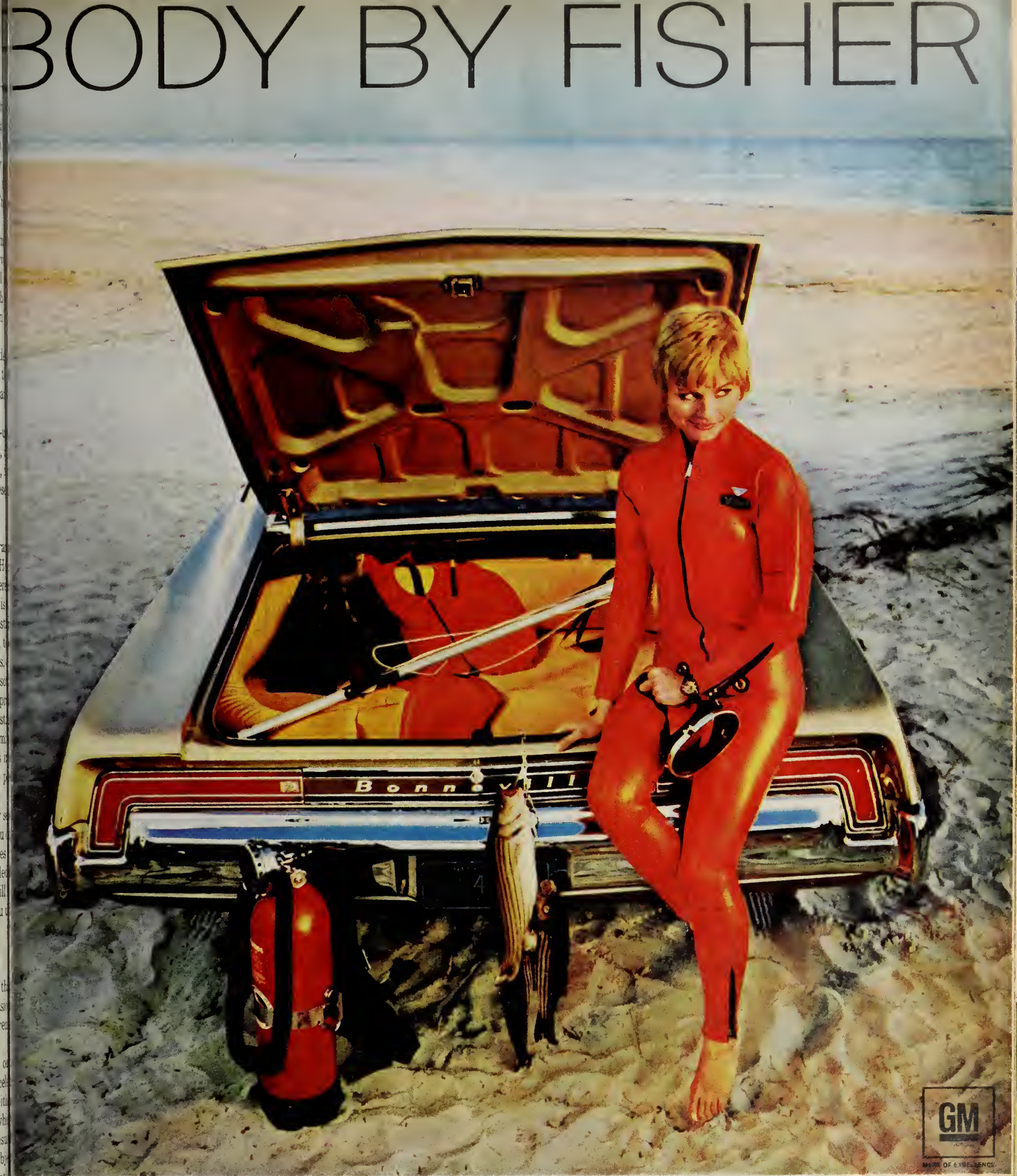
This step is highly important, and it's a lot simpler th buying the tires. Just give them a little attention occasi ally. Are your tires wearing evenly; are there cuts or bre in the tread or sidewall; are they properly inflated?

Uneven tread wear is usually due to misalignment or o of-balance wheels. Alignment problems drastically accel ate tire wear. The most pronounced wear occurs on eit the inner or outer edge of the tread, depending upon wh element of alignment is out. Improper wheel balance resu in bumpy tread wear and is usually first noticed as an obj tionable pounding in the wheels. For complete informati on front-end alignment and wheel balance, see the Septe ber, 1967, issue of Better Homes and Gardens.

Rotation of tires every 5,000 miles, while recommended many manufacturers and dealers, is open to discussion bo pro and con. Everyone concedes that rotation will result more uniform tread mileage from all the tires in a set. Co versely, the charges for rotating and balancing all fo wheels every 5,000 miles will usually add up

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to more than the tread-wear savings. The decision is your to make unless you have radials. Most manufacturers o radials strongly recommend regular rotation to even up th heel and toe wear of the tread. This is caused by the radial unique tread pattern and its placement on the road.

Proper tire pressure is extremely important to maximu tire life and safety. If the pressure is too high, tires are unabl to flex properly and cords are under high tension. As a resu they are more readily ruptured or weakened by road hazar and chuck holes. Overinflation causes accelerated tread we in the center of the tire and a decrease in traction. This d crease is most apparent on rain-slicked surfaces. The car al rides harder and develops more squeaks and rattles as a r sult of the beating from road shock that properly inflate tires would absorb.

Underinflated tires are harder to steer and suffer excessiv wear along the outside edges of the tread. However, th principal problem of underinflation is heat buildup which r sults mostly from flexing of the tire—not road friction. Th softer the tire, the more it flexes—and the more it flexes, th higher the temperature. High temperature shortens tire li by accelerating tread wear and weakening body cords. E tended high-speed driving of underinflated tires results tremendous heat buildup and premature tire failure.

HOW MUCH AIR?

All automobiles produced after April 1, 1968, have a pe manent placard on the glove compartment door or oth equally accessible location which gives maximum tire infl tion and load information. These maximum pressures c produce a pretty hard ride when the car is not loaded. T owners manual contains recommended inflation for vario load conditions. For older-car owners or those desiri complete tire-care information, the Rubber Manufacture Association now offers a comprehensive booklet called "Co sumer Guide to Tire Care and Safety." Free copies are ava able for the asking at most tire dealers, or by sending stamped, self-addressed envelope to RMA, P. O. Box 69 Madison Square Station, New York, N.Y. 10010.

We strongly recommend that you carry a good tire gau in your glove compartment and use it regularly—at lea once a month, more often if any indications of underinflati are noted. (And always check your tires "cold"—driven le than three miles.) The reason for carrying your own gauge that the typical service-station gauge takes quite a beatin It's dropped on concrete, loaned to kids to check bike tir used improperly for deflating tires. As a result, it can't counted on for unvarying accuracy.

In a recent check of 100 tire gauges in use in service st tions, less than half were accurate to within a plus or min two pounds. Of those exceeding this limit, the variations we from six pounds low to eight pounds over what the tire a tually contained. Anyone unfortunate enough to have h tires checked at a station using a gauge registering eig pounds high is in for severely underinflated tires—and tro ble if he heads down the interstate on a hot day. Self-chec ing of tires is one area of car care that anyone can do hims (or herself), and it can pay off handsomely. ■

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SUMMER FURNITURE THAT SERVES ALL YEAR

By Charlotte Garner, Associate Furnishings Editor

Actually, "summer furniture" is a misnomer today since these casual pieces know no season. Their longer life springs from sturdier construction, new attention to design, and ingenious use of such basic materials as wood, wrought iron, aluminum. Polyfoam-filled cushions insure greater comfort, while mar- and rust-resistant finishes and rugged plastics promise minimum maintenance.

1. Handy hostess helpers smooth the way for outdoor parties. Buffet with simulated bamboo frame and two glass shelves is 33x16x53 inches long. Three-tiered muffin stand, 31½ inches high, has perforated metal shelves. Both pieces available in a choice of 14 rust-proof colors.

Buffet, about $100; muffin stand, around $39. Salterini, Freeport, N.Y.

2. Matching chair and table were handcrafted in Hong Kong. Exposed rattan frames, finished in a warm honey color, complement the airy woven areas of heavy split, natural-finish rattan.

Swivel chair, around $40; table, about $32. Calif-Asia Co., Los Angeles, Calif.

3. Contoured chairs of resilient steel offer real floating-on-air comfort. Matching 48-inch pedestal table repeats bold chair design. Choice of popular colors with hand-rubbed antiqued finish plus black and satin white.

Chair, about $44; table, approximately $116. Birmingham Ornamental Iron Co., Birmingham, Alabama.

4. Compact courting swing provides cool seating for two. Seats of cross-woven fiber are suspended from a rust-resistant, tubular steel frame. Canopy of doul laminated vinyl on nylon is adjustabl

Swing, about $57. Lloyd Manufactu ing Company, Menominee, Michigan.

5. Relax in this swivel rocker and y won't want to get up all afternoon. movable plastic seat and back cushi are filled with polyurethane foam. Ch frame of welded steel has a mar-resistar baked-on enamel finish in white or gre

Swivel rocker, around $45. Homecre Company, Wadena, Minnesota.

6. High-back rattan armchair will ma you feel as regal as an Eastern potenta Seat and back cushions are available i solid color or three patterns; chair fra in natural rattan and 14 other finish

Chair, approximately $155. Tropi-C Los Angeles, California.

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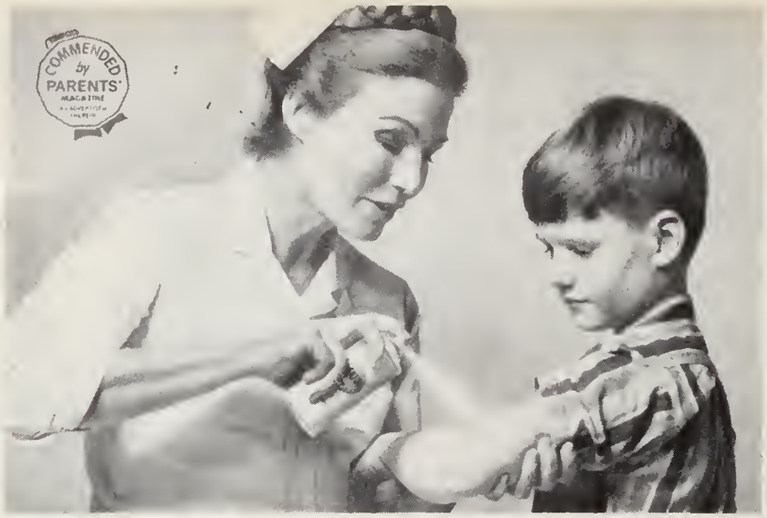
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SUMMER FURNITURE *Continued*



Above: Versatile is the word for this ingenious Xtra ch Made of peel rattan woven around a rattan frame, it double as a picnic basket when seat is removed. Rawh strap "arms" are accented with brass.

Beach buddy of the chair—a port-a-cabana—is sn enough to tote in the car, yet unfolds to a roomy 48 inches. Sturdy frame of rustproof polished aluminum covered with waterproof nylon in a stripe-and-solid desi Four color choices. Easily anchored to beach or patio, cabana has snap-on sides and adjusts with a simple hand tion to two positions—sun or shade.

Xtra chair, around $25. Tropi-Cal, Los Angeles. Port cabana, about $25. R. J. Sporting, Inc., Rochester, N.Y.



Above: Cattail chair slats give an Early American flavo this dining group. Wrought-iron frames are warmed w wood trim and crisped with black-and-white check seat c ers. Polyfoam cushions are also available in other print solid covers. Cattail motif is repeated on pedestal-style b of 42-inch round table with laminated top.

Side chair, about $59; armchair, approximately $78; inch diameter table, around $155. Gallo Original Iron Wo Brooklyn, New York.

Contin

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®Creslan—American Cyanamid Company trademark for acrylic fiber.

UMMER FURNITURE *Continued*



ve: The popular director's chair reaches a new high in walnut-finished stool with canvas seat and back. It has a ting height of 30 inches, and it's equipped with a conve- nt step plate, too. Group several around the outdoor re- hment counter this summer, then move them indoors to recreation room for the winter or fold compactly and e. Choice of seat and back coverings.
tool, around $33. Gold Medal Folding Furniture Com- y, Racine, Wisconsin.



ove: Even a handkerchief-size porch, patio, or balcony accommodate this trim trio for outdoor dining. Use drop- f table as is (20x24 inches) for a twosome, or open to full e (24x36 inches) when your guests increase to four. Lam- ted tabletop is offered in solids and an abstract stripe. ll, tapered-back wrought-iron chairs come in ten frame ors with your choice of six vinyl plastic seat covers. At mmer's end, you can move table and chairs into the chen for quickie snacks or kaffeeklatsches.
Table and chair, approximately $65. Florentine Forge, ., Miami, Florida. *Continued*

Special Summer Offer



This summer, serve your guests tall, cool beverages beautifully complemented by long-handled iced-drink spoons like these. They are designed exclusively for us by Oneida Silversmiths in four lovely patterns that harmonize with any decorating style: traditional Chatelaine, contemporary My Rose or Twin Star or modern Satinique . . . all in Oneida Community Stainless quality. I know you'll be extremely pleased with whichever pattern you choose.

Betty Crocker



Set of six iced-drink spoons in Oneida Community Stainless Only $2.25

You'd expect to pay over twice as much in stores—more than five dollars—for six iced-drink spoons of this quality! These elegant, solid stainless spoons withstand everyday use without losing company-perfect good looks.

Take this opportunity to start a set of stainless tableware for your home. You can complete it by saving Betty Crocker coupons. You'll receive our catalog, sent free with your order, which contains over 200 items available at great savings with Betty Crocker coupons. Look for coupons with over 100 General Mills products: Gold Medal Flour, Bisquick, Betty Crocker Mixes, Big G Cereals, many more. If not satisfied with your order, return it within ten days for full refund. Offer ends August 12, 1968.

GENERAL MILLS, Box 111
Minneapolis, Minn. 55460
I enclose 2.25 (check or money order) for my set of six stainless iced-drink spoons.
Check one: ☐ Chatelaine ☐ My Rose ☐ Twin Star ☐ Satinique

Name _____
(please print)
Address _____
City _____
State _____ Zip _____
To assure delivery give your Zip Code. Only one set of spoons per family. Offer limited to U.S. only; expires August 12, 1968.



A go-anywhere cottage

for the price of one vacation!

Wouldn't it be nice to have your cottage all paid for in one year? Then be able to relax there on week-ends and vacations? You can. A Starcraft camping trailer is like a cottage-on-wheels. And it doesn't cost much more than a family vacation spent in Canada or Florida.

Every trailer is panelled throughout, and color coordinated from the wall-to-wall washable vinyl floors to the handsome cabinetry underneath the wide view windows. Most models have the latest appliances.

Why spend all that money on rented cottages? Have your own cottage-on-wheels . . . prepaid for years to come (you can spend the money on a new vacation wardrobe instead.)

SEND FOR A FREE COPY OF THIS BEAUTIFUL CATALOG SHOWING ALL THE CAMPING TRAILERS AND THEIR INTERIORS



Off take in a STARCRAFT

STARCRAFT CORPORATION, GOSHEN, INDIANA 46526 Dept. 8BH-6
CAMPERS, TRAVEL TRAILERS, POWERBOATS AND SAILBOATS



Above: A descendant of the original bentwood chair design by Thonet almost one hundred years ago, this contempora version features the same flowing lines, executed this time bent-aluminum tubing. A weather-resistant paint fini makes these chairs equally at home outdoors or in. Y choice of cushioned or laced seat. Companion table wi tempered glass top comes in either 36- or 42-inch diamet

Chair, about $40; 36-inch table, approximately $85; 4 inch table, around $95. Brown-Jordan Corporation, Ne port, Arkansas.



Above: The graceful Mediterranean styling of this wrougl iron armchair qualifies it for a front-and-center spot on t patio or in the dining room. Fragile as it looks, this chair sturdily built and offers the comfort-plus of a thick polyfo zippered seat cushion, available in solids or florals. Chair 32 inches high and part of a five-piece dining group whi includes four chairs and a 42-inch diameter glass-topp table with scroll-top design.

Chair, about $35. Arlington House, Birmingham, Alaban



The wild one

The sporty Fiesta™ makes other kitchen sinks look like they're standing still.

You get a whole new feeling with that souped-up instrument panel to command. With one hand, you shift into the perfect water temperature, pop open the drain, even shoot out a stream of detergent. And Fiesta colors are as wild as the action—all 6 of them.

Add an American-Standard food waste disposer and V-A-R-O-O-O-M—you've left dullsville behind!

The revolution is on at American-Standard.

© AMERICAN STANDARD Inc. 1968

AMERICAN STANDARD

40 W. 40th Street, New York, New York 10018

I'd like all the details (including pictures of models and colors available) of your new Fiesta sinks.

MY NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____

For your nearest American-Standard dealer look in the Yellow Pages under "Plumbing Fixtures" or "Plumbing Supplies."

H





FAMILY MONEY MANAGEMENT® *By Peter Lindberg*

300,000 CONSUMERS SPEAK OUT

Last fall, Better Homes and Gardens published a four-page consumer questionnaire in our October and November issues. Together they posed 109 questions covering the day-to-day, family-level economics of our society. In some questions, the subject was incendiary—like inflation, taxes, or Medicare. In others, the subject wasn't incendiary—but the answers were.

When we finished analyzing the questionnaires, one conclusion stood out: This study had unearthed crucial opinions on some of today's most vital consumer issues. First, there was the depth of involvement—280 mail sacks full of questionnaires, many accompanied by letters. Each questionnaire alone required from a half hour to an hour or more to finish.

Then there were the respondents themselves—younger, well-educated, generally objective, tough-minded, and deeply involved in the consumer process. This report, then, represents a forum of concerned opinion that cannot be ignored.

Shaping up credit

Of the many reactions this consumer-oriented group had on credit, three of them hit directly at basic credit dilemmas.

First—and perhaps most significantly—almost four-fifths of these 300,000 would like to see financing charges expressed in total dollars of interest. For the first time in several months of truth-in-lending hearings, a mass of consumers have had a chance to voice their preference—and it's a strong vote to cut through the fog of interest wording (true, simple, annual, or whatever) and put interest charges on a dollar-cost basis! And this comes from a group of consumers who have proved to us they really do know their way around the marketplace.

Next, on the wording of finance contracts, came another clear demand. More than four-fifths made it very plain they favor a law that requires the same wording of charges on all *contracts.*

Finally, the great majority of these same people say it's far too easy to buy on credit. And because most of them told us they have their own *credit buying under control, this concern takes on added importance. What's more, they say they'd support a tightening of consumer credit—even if it would mean curtailing their own spending!*

An angry slap at taxes

When we put these questions together, we knew the subject of taxes was a hot one. We expected it to touch off sharp reactions. It did. But, of great interest to us, we also got some clear mandates for spreading the tax load.

On property taxes. It's an unfortunate fact of life that the rising cost of community services—from schools to streets—is the property owner's burden. And if this group of homeowners is any indication, it's getting to be almost too much of a load to bear.

- **"We're taxed just about as far as we can go . . ."**
- **"Prior to 1967, we owned a 2,200-square-foot home in an excellent area. Because real estate taxes and insurance were so high, we found it's cheaper to live in a deluxe high-rise apartment than to own a home . . . and so do most of our friends."**

To ease the tax load, these 300,000 strongly favor these choices: raising corporation taxes, hiking sales taxes, reducing community services (or getting more federal aid for them). Understandably, only a few want either higher income taxes *or* higher property tax rates. In their letters, these consumers added still another dimension to their anger over rising community service boosts.

- **"No increase in taxes would be necessary if waste in community services were not there."**
- **"The real need is for efficiency, economy, and elimination of unnecessary projects . . ."**

Tax support for schools. We don't want more tax support for colleges than there already is, say more than half of these people. Their reasons? Among others, the feeling that "business and industry derive great benefits from college-trained people, but don't return corresponding support to schools." On a more personal level, almost three-fourths of these 300,000 consumers told us they think a *family's college expenses* are so basic that they should be deductible on individual federal income-tax returns.



nflation worries on the rise

"Food, medical costs, and eryday living expenses inch every year, eating into ur salary . . . and nothing ems able to stop it."

If there's any doubt that con- mers today are concerned out inflation, this report ould set the record straight. this group of 300,000, *nine t of every ten* are very deeply ubled by inflationary price d wage trends. On top of that, re than half of them believe at the administration—while ncerned about inflation—has t been able to cope with it. Some might call these reac- ns predictable. Perhaps so. it a significant one-half of this up told us they definitely nt to see strong measures opted to curb inflation.

"My husband earns $11,400 year, and we don't live a untry club life, but a few pensive illnesses—plus the 0,000 for our son's college ucation—made it difficult r us to pay our bills. I even rked, but taxes and baby- tter costs made the extra in- me negligible."

To most of these consumers, alked by the specter of inflation, medical expenses are the biggest single cause of the pay-check squeeze. Medical expenses, they told us, have risen more out of line *than any other single living cost*. Not far behind came two other big budget worries—food costs and taxes. For a good many others, housing and repair services were too high.

"God knows our percentage of pay increase is so little . . . the latest spastic attempt will not even cover our new state income tax, our proposed city tax, or the 10 percent federal tax that is a probability."

From letter after letter came echoes of this dismay from those whose incomes are not keeping pace with living costs. (And these are people above average in education, wise in money managing, most-likely-to-succeed.) More than one-half told us that in the next five years they expect their salaries only to "stay comparatively even" with the cost of living. Even more distressing is the one-fifth who expect their salaries to fall *behind* the cost of living. Plainly, their frame of mind on inflation is a pessimistic one.

INSIDE LOOK AT BUDGETING

- "Thoughtful, cautious spending works better than a budget."
- "Without any formal budget, we manage to pay all our bills on the dot and only make purchases of large luxury items, home improvements, or new cars when we feel we can afford them."

Considering the self-control evident in quotes like these (which showed up in letter after letter), plus the keen money sense shown elsewhere, we weren't surprised that a third of these consumers use "no budget of any kind." For the rest, though, some kind of formal budget still is used to keep the family spending in check—particularly among the younger families.

Biggest strain on the budget? Except for their food, clothing, and other everyday necessities, the real pressure comes mainly from three directions—a college education for their children, "adequate" housing, and large medical or dental expenses.

Just who does make the buying decisions?

We've said it many times, many ways: oint financial decision-making is smart oney managing. For these knowledge- ole, finance-wise families, this technique idently makes good sense, too.

In picking their major household purchases, from refrigerators and carpeting to life insurance, most of these people time and time again made it a joint project. The younger ones, especially, sat down together and worked out their important household buying decisions.

FAMILY FINANCIAL TROUBLES

What any 300,000 Americans think about their problems is significant. ut coming from *this* group, the comments are especially meaningful.

What causes trouble. Instead of taking the easy way out and saying "not nough money," almost half of these consumers told us most serious mily money problems stem from dribbling away small amounts in care- ss, day-to-day spending. Almost another one-half said that serious oney problems come from making expensive impulse purchases.

Where young couples go wrong. It's popular today to tag all young ouples as free spenders, frolicking their way through their salaries. Yet wo-thirds of our respondents feel large credit purchases are the real enace to young couples' budgets, not their day-by-day spending.

Improved teaching? As far as these consumers can determine, high chools are not doing the best job of teaching money management. Fully wo-thirds told us that in this vital area, high schools are "not doing very ell." Just four percent could say schools today are doing "very well."

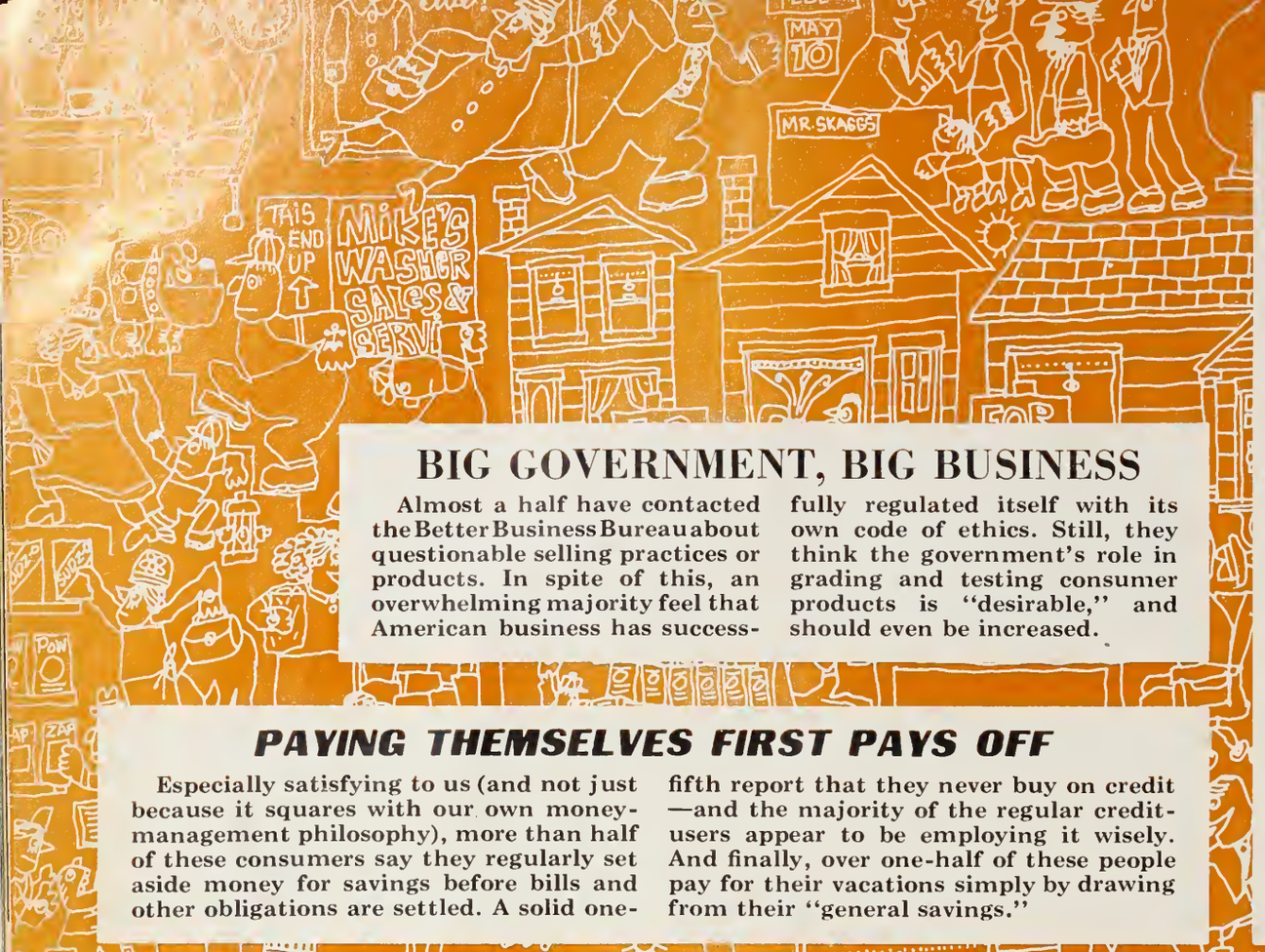
Keeping the lid on Medicare plans

"Welfare and other aid programs are already far out of hand. There should be a limit somewhere!"

Boxed in by inflation and taxes, these consumers share the feeling above. Most *do not favor* paying additional social security taxes to extend Medicare benefits to those under 65.

But when offered some choices in ways to handle Medicare, only a third or so *still would not* extend Medicare under any circumstances. Others would make exceptions, like the fourth who say Medicare should be extended to very low income families, the children of these families, or to those who can't qualify for health insurance; fewer than one in five would *abolish* Medicare today.

More on next page



BIG GOVERNMENT, BIG BUSINESS

Almost a half have contacted the Better Business Bureau about questionable selling practices or products. In spite of this, an overwhelming majority feel that American business has successfully regulated itself with its own code of ethics. Still, they think the government's role in grading and testing consumer products is "desirable," and should even be increased.

PAYING THEMSELVES FIRST PAYS OFF

Especially satisfying to us (and not just because it squares with our own money-management philosophy), more than half of these consumers say they regularly set aside money for savings before bills and other obligations are settled. A solid one-fifth report that they never buy on credit—and the majority of the regular credit-users appear to be employing it wisely. And finally, over one-half of these people pay for their vacations simply by drawing from their "general savings."

ABOUT OUR RESPONDENTS

- **They are younger—wel over one-half of the house hold heads are between 2 and 44, and two-thirds hav children under 18.**
- They're "involved" con sumers—four-fifths own thei own homes, 96 percent are ca owners (38 percent of thes have two), and more than hal live in cities of 50,000 or more or in suburbs of large cities In over one-third of thes families, the wife is employe either full- or part-time.
- **They're well-educated—one-fifth have done gradu ate work. Almost anothe half have either attende college or earned degrees.**
- They're a special group—i several respects, they don' exactly match up with th characteristics of our readers Their profile isn't that of th "average American" either.

With their keen awarenes of the economic process at al levels, they are more tha anything else *the voice of th concerned American consume of the coming decade.*

HIGH COST OF BEING SICK

"Honestly, I grit my teeth whenever I think about doctors' fees."

Though they aren't all as critical as this, a majority of these people are seriously concerned about physicians' charges. An especially discontented one-third say doctors' fees are "much too high for the services performed." Another two-thirds told us the high fees were in line with other professions, or were "justified" by extensive medical training.

"Drug purchases should be more realistic, or at least in line with our other expenses . . ."

More than half these people think the prices of prescription drugs are "much too high." A third or so think drugs costs are high but justified by research, or are in line with other medical expenses. Who sets drug prices? Though almost half say it's the drug manufacturers, the rest told us it's either drug wholesalers or local pharmacists. (This latter view is reinforced by the half who "shop around"—in varying degree—for drugs.)

TROUBLE IN HOUSING

America's growing disenchantment with residential building hasn't exactly been a secret. Yet these responses are resounding confirmation of a concern we have sensed and stated. For these families, *quality*—not the cost of money—is the real dilemma.

- **"Builders today are only concerned with how fast the houses ge built—not how well!"**
- **"To me, the workmanship in many of today's new houses, espe cially in the development projects, is very poor caliber."**
- **"New construction is generally unimaginative—split level ranch type, or fake colonial . . . the architects seem to be interest ed only in large construction projects—not homes."**
- **"In so-called 'prestige homes' . . . poor basic construction, the cheapest, lowest quality floor covering, badly installed fixtures We decided to add on to our home and stay put."**

Old versus new. Do you prefer a large older house in good condi tion, or the "typical new house being built today?" For almos three-fourths of these 300,000, the older house wins hands down Granted, there may be some "it-ain't-like-it-used-to-be" feeling here, but it's still a blunt rejection of new housing.

The verdict on quality. Supporting the criticisms above are the more than half who told us that workmanship in new homes is "not as good as ten years ago." What about houses built a genera tion ago? Two-thirds think the older home definitely would *las longer than a new house.* Coming from a group of hard-minded con sumers—four-fifths who own their own home—these are disturbing reflections of an unhappiness with today's houses.

How much house? For some time, we and the lending industry have used the 2½-times-annual-income yardstick for prospective home-buyers. For the bulk of these consumers, at least, it's a satis factory measuring device—if anything, a conservative yardstick on what they need and could pay for. But over half of these families are living in *less* house than the 2½-times formula—and our letters indicate many of these potential home-buyers won't move up until they feel there is more value in a new house.

WHERE DO THEY PUT THEIR MONEY?

Faced with several investment choices, these families most often would pick just four—stocks, bank savings accounts, savings and loan accounts, and real estate. The preference for investing in stock jumps considerably with education. These consumers evidently follow through on their preferences, for almost a third now own common stock (well above the national average). Slightly more than one-third told us they don't buy stock because they're "not familiar enough with the stock market," but only a tiny four percent "don't believe in any speculative investment."

In addition, a good number who say they don't invest in stock report they're still building their savings and their life insurance—which shows sound family financial planning.

Running the car

A number of the letters we received were critical of the auto industry on two counts—warranty servicing and safety standards. But for the most part, we saw little of the general doom and gloom that surrounds housing today. Here's where the family car stands with 300,000 alert consumers—check your own car habits against these:

- *Over four-fifths say they follow the new-car warranty requirements, and most all of these car owners, at least, were satisfied with the service. The prime reason for* not *keeping up warranties is the cost.*
- *On auto safety, most told us they think car safety features—beyond those required now—should be "standard equipment," with all buyers paying for them. Hopefully, the auto industry will be encouraged by such reactions as this. Buyers* do *want—and* will *pay for—needed safety improvements.*
- *If you shop around for the best deal on a car, you're doing exactly what more than four-fifths of these money-management-wise people do.*
- *To four-fifths of these car owners, depreciation and financing make up the largest part of car costs. Only a few say big costs stem from "insurance, taxes, or licensing," or from "gasoline, maintenance, repairs."*
- *A surprising two-thirds expect they can get a better trade-in price on a well-kept car.*

A SEARCHING LOOK AT FOOD-BUYING HABITS

From these families comes insight on the food-store boycotts and protests of the past year. A third feel (rightly or wrongly) that it's the food processors who are getting more than their fair share of the food dollar, and a third feel wholesalers do. Far fewer think the grocery retailer gets too much food profit—and a majority say they think the farmer definitely gets *less* than his share.

"It's too much trouble to drive to another store and go through another checkout line just to save twenty cents on ground meat. I go to the one that seems to offer the best deal every day."

This quote sums it up for most of these shoppers, who evidently settle on a store that measures up—and then rely on it. Well over half of them rarely shop store "specials," or do so only occasionally. Just a third say they shop specials regularly.

"National brands of some food items are better quality beyond question. For many others, I see little difference."

In these shoppers' minds, national food brands are higher priced than store or local brands. Yet families are split about evenly on whether the higher price brings higher, or "about equal" quality. Once they *do* pick a brand—store or national—half say they stay with it!

"There is absolutely no reason for those ridiculous fractional sizes—they should be uniform in all brands of the same merchandise."

A good many of these consumers aren't so harsh as the comment above indicates. Instead, they tell us that fractional sizes either simplify production or give buyers a wider choice. But over half of these shoppers feel sizes are fractional mainly "to make it hard to compare prices." (And they'd like to see the food processors try a little harder to make the number of *servings* equal the per-serving figure on the label.)





CRAFTY TABLE IDEAS

By Elizabeth Craster and Margo Garrity

t makes a table something
member? The same thing
lifts any room in your
e out of the ordinary. It's
personal touch—the crea-
flair—that marks it *yours*
. You're off to a fast start
today's wealth of imagina-
y styled china, silver, and
ware. Here we show how
can frame these treasures
decorative and distinctive
ps" you make yourself.
your hand at these, and
devise your own special-
of the house.

left: Create a sun-and-sha-
woodland setting for your
by baking a batch of plas-
ellet place mats and a shim-
ng bouquet of flowers for a
rpiece. You'll have a dis-
ive backdrop for any fine
a such as the Filigree pat-
we used, with its classic
er and rhythmic spirals of
al Lace silver.

r left: Sew a stock of these
on-on diamond place mats
coordinated fabrics. Use
individually or as run-
teamed with a translucent
rpiece of graduated size
on flowers. Sahara Sun
s, Old Colony compotes,
Laureate sterling complete
morable table.

t: Olé, Olé! Flamboyant
mings bring a mood of
ican merriment to a fiesta
. Make colorful mats, nap-
holders, and coasters out of
er-mâché, the fluorescent
ers out of egg cartons. To
nt this gala table: Pebble
h glassware and Hacienda
less steel. ***Continued***
plete how-to, page 111.



Elizabeth Bauman





CRAFTY TABLE IDEAS *Continued*



Designers: Jean Ray Laury, Jeanne Kovats

are three more exciting
e-setting possibilities you
sew, glue, weave, or bake.
left: Give your table a
ier look by gluing together
e easy-to-make place mats
of cardboard and assorted-
vinyl fabrics. Each mat is
uare with a triangle cut off
corner. Here the mats
plement the bisque border
Midnight Mist china, the
grained pattern of Casa
ica stainless steel.
se the octagonal centers
e or add triangles for coast-
nd salad plates. Four mats
ther cover a card table.
er left: Dainty daisy straw
e mats and a froth of match-
straw flowers are made on a
tic loom found in most
oy shops. Each mat re-
es twenty-four daisies, half
yellow centers and half
black centers. Try silhou-
ng these light and lacy mats
nst a darkly rich cloth for a
natic accent. Table setting
ures monochromatic Bird
Hand pattern dinnerware,
nde Renaissance silver, and
eate Precedence crystal.
t: Want a table worthy of a
ding or any other formal
asion? Then start by sewing
lavish fern-embroidered or-
ly cloth, then add hand-
e grape clusters and hurri-
e lamps that you make from
ked marbles. Such a setting,
iniscent of a Victorian con-
atory, calls for elegant ac-
paniments such as ornate
aissance china with its
vy gold scroll border, Bro-
e crystal, and Rapello pat-
sterling silver flatware.

QUICK SHELTER FOR SHADE LOVERS

By Hamilton Mason, Garden Editor

HERE ARE THREE GREAT WAYS TO SHADE YOUR PATIO, DECK, OR LAWN



Photograph: de Gennaro. Designed by Sarah Lindop. Source: Pauline Graves.



Photograph: Pearson. Landscape architects: Glen Hunt & Assoc. Source: Marge





you've been suffering from over-posure in your "place in the sun," re are three remedies that put ight, functional fabrics to good e. Striped, floral, or solid-colored nvas or plastic will shield you from n and rain, and also add a cheerful cent to your garden.

r left. Gaily striped canvas on a nple pipe frame gives a touch of egance to this patio and lets you joy the breezes without the dis-mfort of hot sun. Stock wrought-on porch supports form the corners d hold a 1½-inch pipe framework on which the canvas is stretched. Hybrid delphiniums, potted Prin-ss Anne chrysanthemums, and ight accessories add local color.

Left. A wood and fabric shelter like this can make any deck more comfortable and usable. The frame of the 11-by-25-foot unit is made of 2x6-inch planks. An eight-foot-wide strip of vinyl-coated plastic fabric—woven above and below the two sets of beams—gives a saw-toothed effect.

Above. A parabola-shaped sunshade colorfully arches its bright protective umbrella and brings a spectacular architectural line to the garden. The extension poles are easily raised or lowered (each adjustment gives a new look), and the entire unit can be quickly moved or dismantled for storage. Another beauty of this sunshade is its cost. Many types are now available for less than $100.

A HOUSE THAT MAKES ANY SITE EXCITING

By Noel Seney, Building Editor
Jerry Reedy, Associate

FAMILY-PLANNED HOUSES:
#4 IN A SERIES

Here's a house you can build just about anywhere—on a sloping lot, a bumpy lot, a wrinkled, wooded lot. The floor plan features separate components smoothly joined by glassy corridors. This concept not only solves the touchiest site problems, but works with almost any style of architecture.

These roof lines suggest the Orient, but the cluster concept and zoned floor plan unmistakably stamp the house "Made in U.S.A." This fourth in our series of family-planned houses was designed by Crites and McConnell of Cedar Rapids, Iowa. We think it interprets contemporary life in a unique and exciting way. Pull the fold-out page, and see if you agree.

Below: A covered approach bisects a secluded planting area, terminates at an atrium-style entry. From here you can hie yourself directly to any of the three major clusters: living/dining and kitchen straight ahead; bedrooms and bathrooms, left; double garage, right. The small section, top left, is a handsome screened porch.

Wood siding and shingles add texture and relate the house to its setting.

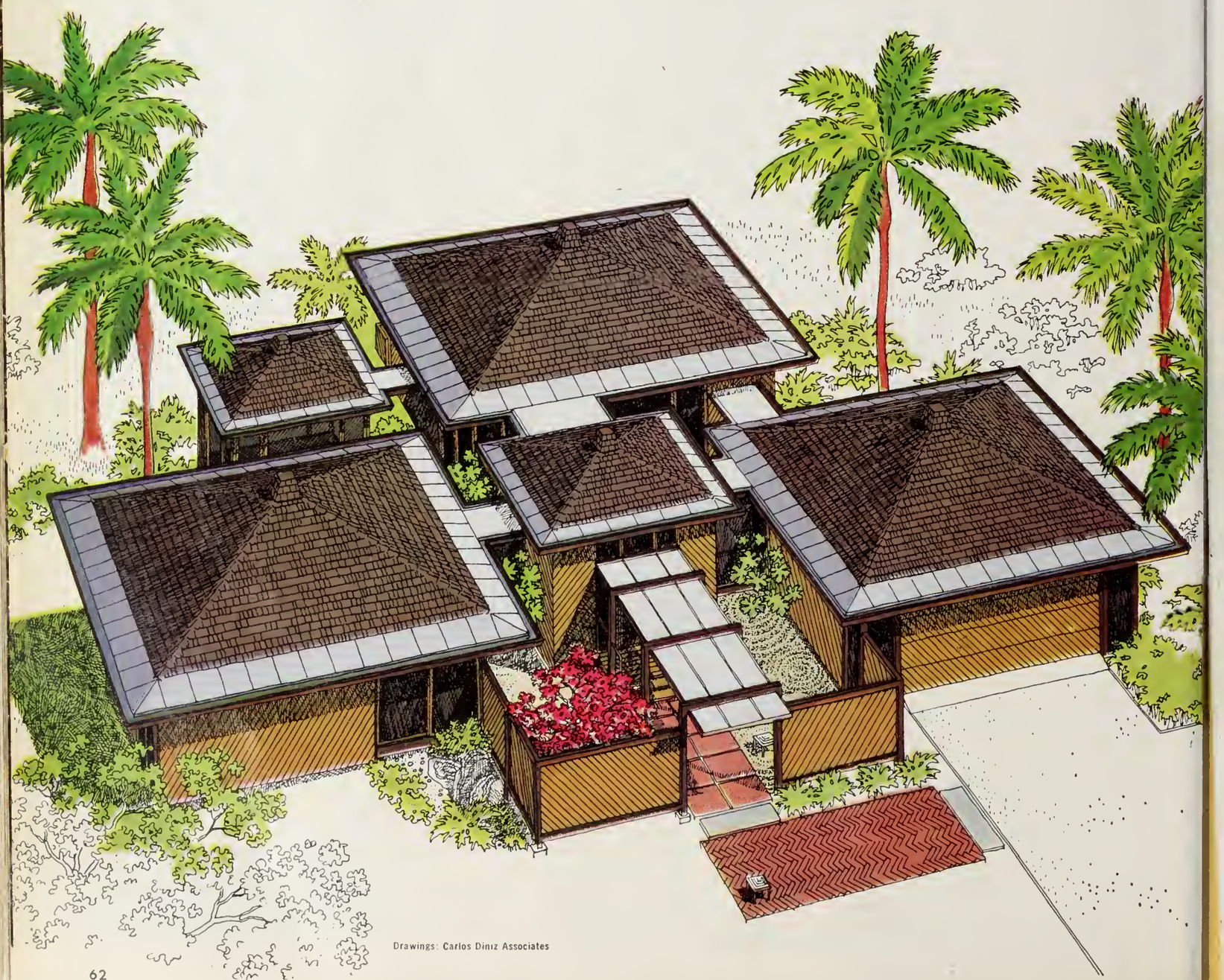
Plan: The cluster concept affords exceptio al privacy, because you get distance b tween the various living zones. Noise squelched because it can't spread.

Yet private as it is, the house never mak you feel cut off or hemmed in. Generous ar strategic use of glass sees to that. Whi you're in one cluster unit, you can often se other parts of the house.

This is particularly true of the living roo Depending upon where you're standing, y can see the porch, bedroom wing, entry, a garage. In fact, glass corridors on either sid of the entry extend your vision all the way the front courtyard. Interior planting area enhance the view, let you enjoy the outdoo throughout the house.

The entry announces the house's perso ality: friendly, but not overly familiar. Larg and inviting, this entry welcomes yo guests instantly—but it discreetly withhold the excitement beyond until you choose reveal it.

The house totals 2,121 square feet, n including porch, garage, or planting area Overall dimensions are 72 feet by 58 feet.



Drawings: Carlos Diniz Associates

FOLD OUT PLAN



REAR VIEW



DR

A HOUSE THAT MAKES ANY SITE EXCITING

By Noel Seney, Building Editor
Jerry Reedy, Associate

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#4 IN A SERIES

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Wood siding and shingles add texture and relate the house to its setting.

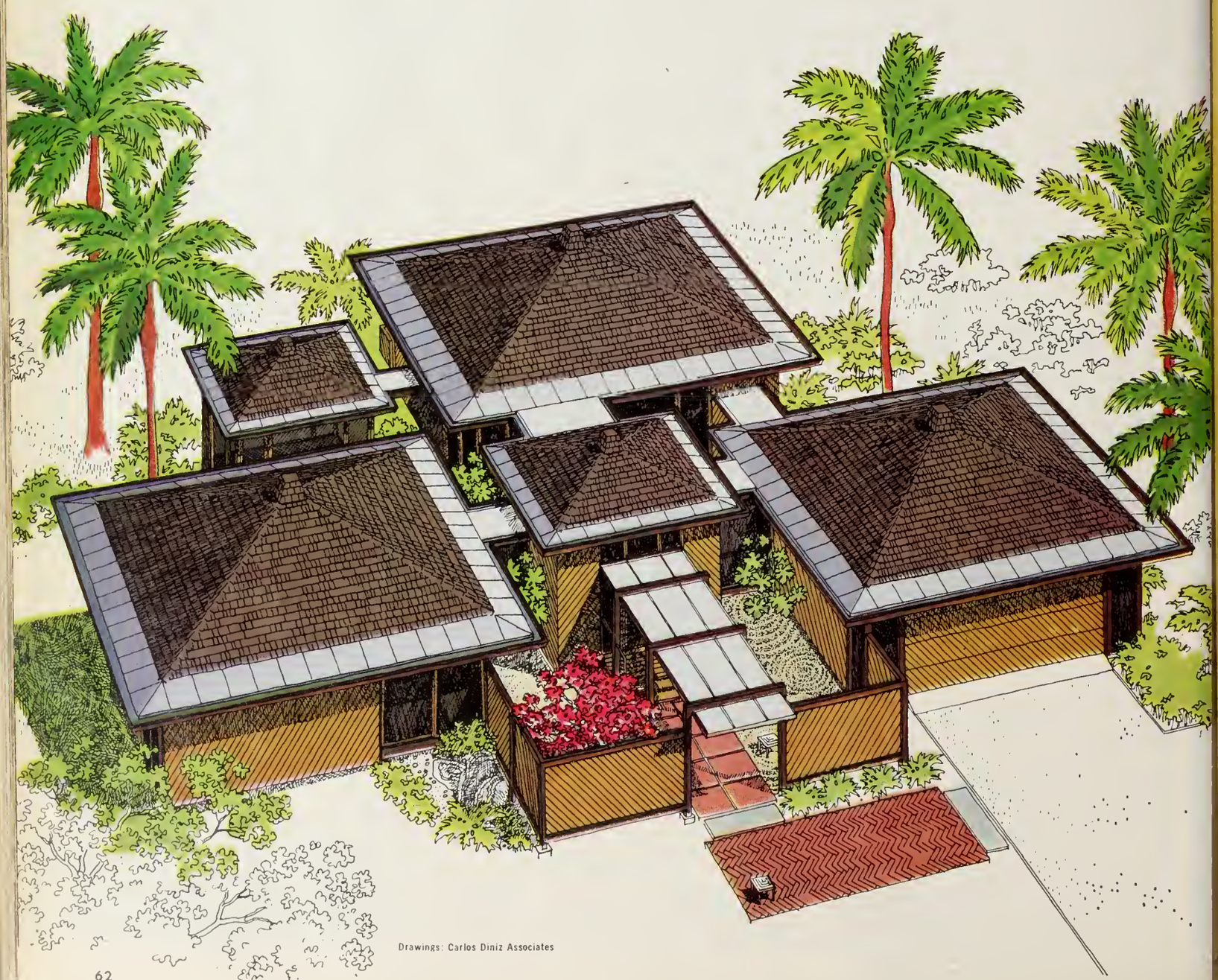
Plan: The cluster concept affords exceptional privacy, because you get distance between the various living zones. Noise is squelched because it can't spread.

Yet private as it is, the house never makes you feel cut off or hemmed in. Generous and strategic use of glass sees to that. While you're in one cluster unit, you can often see other parts of the house.

This is particularly true of the living room. Depending upon where you're standing, you can see the porch, bedroom wing, entry, and garage. In fact, glass corridors on either side of the entry extend your vision all the way to the front courtyard. Interior planting areas enhance the view, let you enjoy the outdoors throughout the house.

The entry announces the house's personality: friendly, but not overly familiar. Large and inviting, this entry welcomes your guests instantly—but it discreetly withholds the excitement beyond until you choose to reveal it.

The house totals 2,121 square feet, not including porch, garage, or planting areas. Overall dimensions are 72 feet by 58 feet.



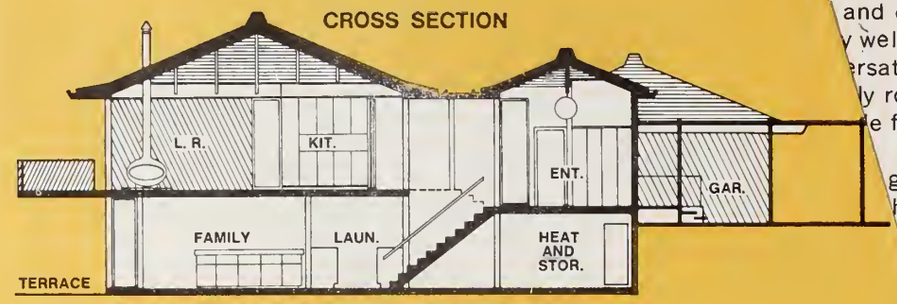
Drawings: Carlos Diniz Associates

FOLD OUT PLAN



You expect more storage in a house like this, and you get it—where it counts. The closet off the kitchen is 8 feet by 2½ feet. It can handle coats, canned goods, or some of each. Garage storage measures a whopping 17 feet 8 inches by 2 feet 8 inches. Bowling, anyone?

Cavernous closets with bifold doors flank the entry. Long and widely separated, they minimize jostling when you're helping guests with their coats. Four-foot closets keep the children's rooms neat; a seven-footer serves the master suite.



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TECTS: CRITES AND McCONNELL, A.I.A.

R HOMES FOR ALL AMERICA
A. TO ORDER, SEE PAGE 104

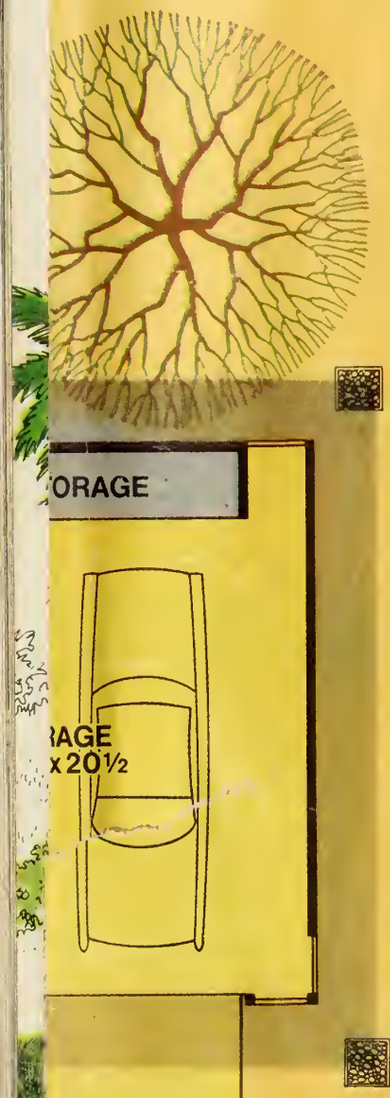
Above: Our cross-section view shows the house from the left and reveals its tri-level arrangement. Kitchen and living/dining area are three steps up; family room one flight down; bedrooms and garage at the same level as the entry. (We cut this "section" through the middle of the house, thus omitting the bedroom cluster and the screen porch. Crawl space beneath the bedrooms is also omitted.)

Though the roofs vary in size, they are all pitched at exactly the same angle, accounting in part for the harmonious, well-balanced silhouette the house presents to visitors. The small shake-covered cupolas add an oriental accent to the design, but don't interfere with its basic simplicity.

Below: The covered approach and enclosed court provide shelter and privacy for the entry. Sand, rocks, stones, and robust plantings guarantee a minimum of maintenance.

But dream up your own landscaping scheme. In an area like this one, the possibilities are almost endless. You could set out some amateur sculpture, or truck in large boulders, or hang a few intriguing mobiles, or put up a couple of bird feeders, or go all out with pools, fountains, and little bridges. On the sand, you could strew seashells, driftwood, and Japanese fishing floats.

Put in some dramatic lighting on either side of the walkway, to show off your courtyard effects and lead guests right up to the entry deck.





IVE

A TREETOP VIEW FROM THIS ELUXE TREE HOUSE

low left: If you never had a tree house a child, you can make up for it now th a deluxe, adult version. One full floor ove ground level, this combination ing/dining area drinks in the treetops rough a whole wall of glass, stresses the tdoor theme with lavish use of yellows, eens, and dark-stained wood.

Repetition of the exterior siding lends e room a rugged charm and helps es- blish a basic informality that's both steful and relaxing. The high-beamed iling, prefabricated fireplace, and sim- e furnishings complement the mood. n this setting, entertaining is almost cond nature. The large pass-through akes it easy to dispense food and bev- ages from the kitchen. The deck—8 feet ep and nearly 22 feet long—expands or space. A short corridor slightly for- rd of the chest leads to the screened rch. With two outdoor living areas like ese to choose from, you can pick either e and never be wrong.

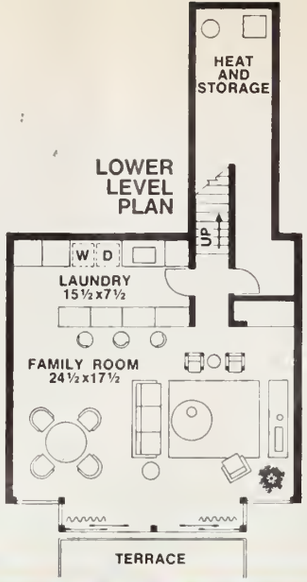
ove right: Call it a teahouse; call it a zebo. Like the utility infielder on a seball team, this versatile screened rch can be just about anything you want to. In the morning, use it to enjoy a al cup of coffee before you tackle the y's work; in the evening, enjoy star- ht and breezes safe from mosquitoes. For children, the porch becomes an tdoor playroom where showers never oil the fun. When company comes, ggest the porch for dancing or after- nner refreshments. The master suite is cated just through the door, so the rch also rates serious consideration as airy, private parlor for parents.

Four-by-four posts support the roof d give it a floating quality; 2x6 planks aced 1/16 inch apart cut your floor eaning time.

low right: At first glance, the master ite projects an almost spartan simplic- . Actually it offers considerable luxury. e bedroom itself measures 13 feet by)½ feet, but these dimensions do not clude a 7-foot closet, nor the spacious feet 4 inches by 9 feet) bath. And don't rget that the screened porch may be nsidered part of the bedroom, too. ere, as in all the rooms, exterior siding faithfully repeated.







Far left: With most of the space and privacy kept to the rear of the lot, it's no accident that you discover plenty of outdoor living here. The screened porch, the deck, and the lower-level patio can function independently. Or each works well with an indoor area: the deck with the living room, the patio with the downstairs family room, the porch with the living room or the master suite.

At a cookout, for example, you'd start on the patio. If it began to look like rain, you could continue beneath the deck. Later on, adjourn to the family room for games, conversation, or a nightcap. Sliding glass doors make it easy to move in and out in a hurry, or use the inside and outside together.

Plan: A generously proportioned family room dominates the lower level. The family room's separate game and conversation areas equip it equally well for active pursuits or quiet conversation. The counter separates the family room from the laundry, provides ample folding/sorting space on washdays.

But all work and no play isn't good for any counter. The three stools behind this one signal fun, too. Fix it up as a soda bar when teen-agers entertain. Consider, too, the counter's possibilities as a hobby and homework center.

If there are small children in the family, Mom can keep an eye on them without interrupting her work. Heating equipment is placed in a "quiet zone."

A TREETOP VIEW FROM THIS ELUXE TREE HOUSE

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Drawings: Ruth G. Strauss

FAMILY-PLANNED AUTO TOURS

DETROIT AND BLUE WATER COUNTRY

That's how natives describe the lush green lands whose shores are washed by Lake Huron. A blue, sparkling lake it is, rimmed by sandy swimming beaches and touching large portions of prime northern wilderness stocked with game and fish. But you'll discover more here than the great outdoors of Michigan and Canada: Huron's horizons embrace one of the world's leading industrial areas and its bustling, exciting headquarters, **Detroit.**

Our two-week tour by Eastern Editor George Bush starts in the "Motor City." Don't make the mistake of thinking this is a grimy factory town. Detroit junked its old and crumbly riverfront in a spectacular urban renewal project, and today's downtown glitters with glass, steel, and bright concrete. From the new Civic Center, you can look across the busy inland waterway of the Detroit River—carrying ships that fly the flags of many nations—to Canada on the opposite shore. Here is a geographic oddity, the one place where our northern neighbor lies *south* of the continental United States.

Touring downtown Detroit. Plan to spend at least two or three days in Detroit. Make your first downtown stop at the City Information Center, open all summer at East Jefferson and Randolph; here you can obtain free maps and guidebooks. (If you don't care to drive, ask about Grayline bus tours.) Then tour the Civic Center, dominated by three-block-long Cobo Hall, a huge sports and convention arena.

Nearby, in the new National Bank Building, is a "money museum" with 10,000 specimens covering 40 centuries. For a memorable view of Detroit and Windsor, visit the Top of the Flame restaurant atop the 26-story Michigan Gas Company Building. A short block away is Old Mariner's church, where sailors have worshipped for more than 150 years.

Drive east on Jefferson and cross the bridge to beautiful Belle Isle, a park in mid-river with 5½ miles of drives and paths. The island's recreational facilities include golf, canoeing, a symphony shell, children's zoo and "fairyland," an elephant house, and an aquarium. Model ships from sail to diesel are displayed in the Dossin Great Lakes Museum (closed Mondays and Tuesdays). Watch the freighters passing by while you picnic.

Drive north on Woodward to the Detroit Art Center, between Putnam and Kirby, and browse among the statues, paintings, and even mummies. Turn back the pages of time in the Historical Museum across the street, where models of early streets, buildings, railroads, and vintage cars are displayed, and take the tots to the Children's Museum of Art, Science, and History. Visit the Detroit Public Library, a Vermont marble edifice in Italian Renaissance design housing murals and pottery.

Within walking distance from here is Wayne State University, whose campus amid several of Detroit's busiest streets includes buildings of exciting, ultra-modern design. A dozen blocks north is the General Motors Building, largest single office structure of its kind, and the towering gold-tipped Fisher Building. Still farther north, at Woodward and Ten-Mile, are the world famous Detroit Zoological Park and the Shrine of the Little Flower.

American history in Dearborn. Spend a full day at Greenfield Village and Henry Ford Museum in Dearborn, a 20-minute freeway drive from downtown. The Village is a treasury of Americana, including many significant buildings moved here from all over the country by Henry Ford I. Horse and carriage tours take you to visit the "butcher, the baker, and candlestick maker" of old, plus the smithy and glass-blower. Homes of famous Americans are here, and so is a working Mississippi paddle-wheeler. Thomas Edison's original laboratory is a favorite attraction (adults, $1.75; children 6-14, 75c; carriage rides, $1.25 extra).

The fascinating Ford Museum houses Henry Ford's memoirs, Early American shops and furniture, airplanes, agricultural and industrial displays, and, of course, automobiles of all sizes, shapes, and ages (adults, $1.75; children 6-14, 75c; under 6, free). The museum theater features professional repertory from early July to September, nightly except Sundays; ask also about the silent movies.

Dine at Clinton Inn, once a Detroit-Chicago stage stop, where waitresses in period costumes serve Colonial style meals. And drive by Fair Lane, once Henry Ford's home, now a University of Michigan seminar center.

Auto industry tours. At the giant Ford Rouge Plant, you will see cars come off the assembly line every 55 seconds. Cadillac, Chrysler, Dodge, and Plymouth plants also offer tours. For a far-ahead look into technology, visit the G.M. Technical Center, 14 miles northwest at Warren. Downriver, west on Jefferson, is the Fort Wayne Military Museum, a 15-acre fortification with stone barracks and Indian artifacts (closed Mondays and Tuesdays). Your youngsters will love the excursion steamer ride down the river to Bob Lo Island, an amusement and picnic center.

For "evening out" dining with name entertainment, you will enjoy the Roostertail, a fine restaurant overlooking the river five miles east of downtown. The famous London Chop House, near the Civic Center, is tops in elegance and cuisine. Greenfield's cafeterias offer good value when you have the kids along.

Into Ontario, Canada. You "go international" when you cross the river into Ontario, either by Detroit-Windsor Tunnel or the Ambassador Bridge. U.S. citizens do not need passports or visas, but should carry a driver's license or other identification. Pick up free maps and literature at the Canadian Government Travel Bureau in Detroit, at 1257 Washington Blvd. downtown.

From Windsor—itself a historic site with several museums—drive east along Highway 401 through corn, tomato, and tobacco country to Chatham. This was the northern terminus of the "underground railway" for escaping slaves; it's also the burial place of the Rev. Josiah Henderson, who inspired Harriet Beecher Stowe's novel, *Uncle Tom's Cabin*.

Seventy-three miles ahead is London—located, like its English namesake, on a Thames River. Tarry a while and stroll streets with names like Piccadilly, Trafalgar, Pall Mall, and Hyde Park. In Springbank Park, delightfully landscaped in the English style, are tranquil lagoons populated by ducks and swans and a "Fairyland" that children love.

Follow Highways 4 and 7 to Stratford, another bit of old England and site of an annual Shakespeare Festival (mid-June-September). The semicircular Festival Theater is a modern adaptation of the original Elizabethan stage; it's since been copied even in England. Nearby Swan Theater presents concerts and opera. For dates, lodgings, and reservations, write the Shakespeare Festival Committee, Stratford, Ont., Canada.

Ontario's vast and fertile "breadbasket" region is the site of sprawling tomato catsup and pickle factories, famous distilleries, tobacco warehouses, and seemingly endless miles of fruit orchards—all a backdrop for your journey as you leave Stratford and head north. Take back roads through this lovely, rolling farm country—you'll enjoy every mile!

The blue water country. Your next major stop is quaint Owen Sound, on Georgian Bay, where you get your first inspiring view of the true blue waters of Lake Huron. Early Indians called this "Wad-i-need-i-non" (Beautiful Valley). Fishing, bathing, and camping are outstanding, and you can visit the Grey County Museum and Tom Thomson Art Gallery which house Indian and early Canadian artifacts.

The panorama of wilderness challenged by early voyageurs in their flat-bottomed river boats unfolds in a 70-mile drive along the Georgian Bay peninsula, where fish are said to leap into boats and little villages have names like Lion's Head, Pike Bay, and Pine Tree Harbor.

You will find an excellent campground at Sauble Beach Falls Park at the base of the peninsula; you can picnic here and swim on the nearby beach that stretches on for miles. Then, on your way to picturesque Tobermory, don't just stick to the main road, but make side trips to the beautiful rock-rimmed bays along the peninsula's eastern shore. Especially impressive are the areas around Cape Croker—Barrow Bay and Lion's Head, where reservation Indians operate a million-dollar campground and crafts center.

Take a boat to Flower Pot Island National Park, near Tobermory. While there you can swim and picnic against a backdrop of the amazing rock formations that give this island its name.

Manitoulin Island. A refreshing three-hour, 25-mile ferry trip brings you from Tobermory to South Baymouth across the Main Channel. Be sure to plan ahead: Ferries leave Tobermory once a day in May and October (twice daily, June through September). Fares are $9.45 for car and driver; adult passengers, $3.15; children to 12, $1.45.

Your landing at South Baymouth puts you on Manitoulin Island, 100 miles long and up to 40 miles wide. It has six Indian reservations, a number of sheep, cattle, turkey, and fur ranches, and a hundred lakes stuffed with pike, bass, muskie, and lake trout. Hunting, in season, is tops—especially for deer, wolf, bear, partridge, and duck. On the first weekend in August, Indians from across Canada assemble here for their annual Wikwemikon Pow-wow, three days of tribal dances, folklore exhibitions, and handicrafts sales, all open to the public.

The Straits and Soo Locks. From Little Current, skirt the top of the North Channel 148 miles to Sault Ste. Marie, Ontario, a fur-trading site set up by Pere Marquette in 1669 and alternately dominated by the French and British.

En route, be sure to make a side trip to Elliott Lake, one of the first uranium mining towns. Visit the interesting Nuclear and Mining Museum, just south of town. Tours to the mines leave here at noon daily in the summer.

Cross St. Mary's River to Sault Ste. Marie, Michigan, over the Soo International Bridge (toll, $1.75 per car). Visit the Soo Locks to watch freighters passing through one of the busiest canals in the world, and try an excursion boat cruise and a "Soo Tour" train ride through downtown. The Soo region is noted for its "seafood" (lake trout) restaurants and many fine motels and hotels.

From this northern terminus and halfway point of your tour, head south on Interstate 75 to the Straits of Mackinac Bridge, a $100 million, five-mile-long masterpiece of steel and cable known as the longest suspension-type bridge in the world. Mackinaw City, on the south shore of the Straits, is the site of old Fort Michilimackinac State Park. An outdoor reenactment of "Indian Massacre" with townsfolk in costume is held the week starting Memorial Day. Take the ferry to Mackinac Island, where no automobiles are allowed, and tour its historic Old Fort Mackinac by horse and carriage. Visit the Grand Hotel, built on a hillside in the Victorian resort style.

Along the lake shore. Now forsake the Interstates to meander south along U.S. 23, the "Huron Shores Scenic Highway." Pause at Rogers City to see the limestone quarries and roadside attractions like Paul Bunyan and Babe and, at Ossineke, the Domke Prehistoric Gardens, with life-size models of dinosaurs.

The road from Alpena south through Harrison, Oscoda, and the Tawases (there are two, East and West Tawas), is a 200-mile stretch of beach cottages and the finest of perch-fishing and swimming beaches. State and private parks are plentiful. Stop at the Tawas Chamber of Commerce information booth for guidebooks. For local color, visit the Lumberman's Monument near Tawas, and take the two-hour paddlewheeler river cruise on the Au Sable River Queen. You board her a short distance inland from Oscoda (3 trips daily in summer; adults $1.75, children 75c).

You'll pass hamlets like Standish and Pinconning, noted for tasty cheeses. From Bay City, a shipbuilding center on Saginaw Bay, you swing over the top of Michigan's "Thumb District," a picturesque shoreline resort strip. Then follow U.S. 25 to Port Huron; it faces Sarnia, Ontario, across the St. Clair River mouth, and is connected by the International Blue Water Bridge. On your way back to Detroit, stop at St. Clair Inn or Fisherman's Wharf for fine dining, and at Metropolitan Beach, near Mt. Clemens (a mineral bath center) for a dip in Lake St. Clair.

Getting there. To make the most of this family trip, consider fly-and-drive costs. To vacation package rental car rates, of course, you'll add round-trip Family Plan air fare; for a couple with two children under 12, for example, to Detroit from New York, $157.00; San Francisco, $588.30.





FAMILY-PLANNED AUTO TOURS

CALGARY AND MOUNTAIN GLACIERS

The Rocky Mountains dominate all the states and provinces of the West—but the climax of their great show does not come until Montana, Alberta, and British Columbia. Both in sheer magnificence and in easy accessibility, the glacial national parks on both sides of the international boundary must rank first.

On this two-week trip by Managing Editor Neil Kuehnl, you'll tour Glacier National Park in the United States, plus Banff, Jasper, Yoho, Kootenay, and Waterton Lakes national parks in Canada. That list is deceptively easy to rattle off. Yet some of the most memorable days and evenings of your life can be spent in the mountain parks. Not even the Alps offer finer family vacationing than these northern Rockies.

You may start this auto trip from Calgary, as we've shown on our map, or from Great Falls, Montana. Both cities have good airline connections in case you prefer to fly in and rent a car for your vacation (see the end of this article for fly-and-drive details).

Calgary. Some cities in Canada look English, French, or German—but there's one which can't help but remind you of Australia. Its name is Calgary, and its location is a vast western prairie rolling out to the four horizons.

Calgary has no feeling of desolation, however. This muscular city founded itself on oil and natural gas, ranching, and meat packing—all vigorous, growing industries. Its gleaming city center is brand new and still abuilding, and Calgary's residents stride down their streets as if there's no time to waste even now.

Oddly enough, with this frontier background, Calgary has become a *family* vacation area. Its leading attractions are not nightclubs or casinos, but parks and zoos.

Take Calgary Brewery Gardens for example. Though sponsored by a beer maker, it is intended for children as much or more than for adults. Besides the splendid floral displays—and all Canadians seem to be artists with flowers—Brewery Gardens has an outstanding tropic aquarium (adults 35c, children free). Adjacent are a fish hatchery offering regular tours, as well as the "Horseman's Hall of Fame," with its big diorama figures of the pioneers, Indians, and Mounties who once contended for mastery of western Canada.

Even more extensive is St. Georges Island Park, a fascinating combination of zoo, children's zoo, and dinosaur exhibit (adults 50c, children free). The latter is the truly unusual experience: there are 46 life-size dino models, fully described and realistically displayed along a nature trail. It's an unforgettable day for youngsters, of course.

Your family will enjoy a visit to Heritage Park, a re-creation of an 1890s-vintage Canadian prairie village (adults 25c, children free). Located at the southwest edge of Calgary, it is complete with a general store, blacksmith shop, and opera house. An exciting train ride and a boat cruise are available, too.

Calgary also offers its fine Glenbow city museum and nearby art gallery, as well as a planetarium. Ask for directions at the Hospitality Center, Mewata Park, where you'll find a miniature railroad display to attract children while you get full tourist information.

Banff National Park. From Calgary, it's inconceivable you should drive any direction but up—into the Canadian Rockies. You must buy a $2 auto sticker ($3 with a trailer), which is good in all Canadian national parks. Then proceed to the famous town of Banff, tucked in a valley and ringed by peaks that only begin to suggest the majesty to come.

Banff has grown just a bit commercial in recent years, but there are still plenty of worthwhile things for families to see and do. The free Banff Museum and the Luxton Museum have exhibits of park wildlife, flowers, and geology. Cascade Rock Gardens, at the upper end of Banff Avenue, contain some of the loveliest blossoms in all Canada; free guided tours are available certain mornings.

You can bathe in either of two hot springs in the Banff area, and ride one or more of the spectacular chair and gondola lifts up Norquay, Whitehorn, or Sulphur mountains. And you certainly will want to drive your car through the buffalo paddock located just east of the town limits.

There are two magnificent resort hotels in the Canadian Rockies: the Banff Springs Hotel in Banff, and Chateau Lake Louise on the shore of that lake. Both are a bit expensive for overnight lodging, but they make highly rewarding lunch stops.

Lake Louise, a glacial mirror reflecting towering mountains, has been pictured on calendars for decades. The Chateau and its gardens are every bit as beautiful as you'd dreamed, and so is the lake view from the veranda. Boating and horseback riding are available nearby.

Equally picturesque—and some claim even more so—is the setting of nearby Moraine Lake. Here you'll find a campground, rental cabins, and a less costly park lodge. Hiking trails, many of them quite easy, abound in the Moraine area; they are among the most inspiring in the entire Rockies.

From Lake Louise, one other

ide trip is a must: the drive
o Emerald Lake. Follow paved
lighway 1 about 20 miles into
oho National Park past the
own of Field and on to "The
merald," a true mountain
ewel. Renting a canoe and
addling this mysterious gla-
ial lake at dusk is an expe-
ience that will never fade
rom your memory. (Excellent
ottage and lodge accommo-
lations are available, too.)

Jasper National Park. North of
ake Louise, the Banff-Jasper
ighway bursts into less-popu-
ated country where you can
njoy unspoiled mountain
cenery to the fullest. This
42-mile engineering marvel
as been vastly improved dur-
ng the past ten years. Now
he pavement is broad and
mooth as it follows a river
alley between twin mountain
anges. A panorama of peaks
resents itself on both sides
or hour after glorious hour—
nd you can see all of it from
our car or from the many
uto turnoffs.

Northbound, you get one
iew, but your southbound
ourney back over the same
oad seems like an entirely
different trip. You gain brand
ew vantage points on lakes,
waterfalls, and glaciers. Be on
he lookout for moose grazing
n succulent plants in the
shallows of each lake or
stream you pass. Mountain
sheep and goats are often to
e seen on the upper slopes.
No wonder this Banff-Jasper
ighway has been called one
f the great vacation thrills of
the entire world.

Entering Jasper National
Park, you approach the re-
nowned Columbia Ice Field, an
enormous, high-altitude basin
of ice with glacial tongues
licking down into several val-
leys. At one such tongue, Atha-
basca Glacier, you can take a
special tracked "snowmobile"
on a unique hour-long ride
that also affords stops for ice-
hiking (adults $2.50; 6-12,
$1; 5 and under free).

Continuing toward Jasper
town, you pass two major wa-
terfalls—Sunwapta and Atha-
basca—as well as several fine
"picnicking lakes" not far off
the highway. If you keep to the
old, westernmost branch road
north of Athabasca Falls, you
can ascend by car to the 6,500
foot level of Mt. Edith Cavell.
At this point, you continue on
a gradually rising footpath
that passes near a glacier and
overlooks an alpine valley far
below. Bring plenty of peanuts
for the jays and chipmunks.

From Jasper you'll want to
make the short auto side trip
to Pyramid Lake. But reserve
your most valued time for a
longer journey—by bus and
motor launch—to Maligne
Lake. This superb, scenic trip
can be managed in one full
day (round trip $12 adults, 12
and under half price; lower
rates if you drive your car part
way). However, you're far wis-
er to plan at least one night at
tranquil Maligne Lake Lodge,
to sample some wilderness
fishing, hiking, or trail riding.

Kootenay basin. Splitting off
from the Banff-Lake Louise
highway is a quite different
road leading south into the
rolling country of the Koote-
nay River. It departs the Cana-
dian national parks complex
at a spa called Radium Hot
Springs. Here, at a facilities
building that looks much like
a modern YMCA, you may par-
take of mineral baths, cold
plunges, steam baths, and
massages (modest charges).

Your next important stop is
historic Fort Steele, a well-
managed composite of a typi-
cal Kootenay District town of
1890. Better than most fron-
tier villages of its type, Fort
Steele has a museum, water
tower, officers' barracks, gen-
eral store, hotel, and a huge
water wheel. The restaurant
makes a good lunch stop for
hungry families, too.

Crossing into the United
States at Roosville is an easy
task (see previous travel ar-



ticle, page 70, for details on
customs regulations). Then
Whitefish, Montana, becomes
your western gateway to yet
another magnificent preserve
of the Rocky Mountains: Gla-
cier National Park. Here you
will pay a daily auto fee of $1;
or better yet, buy the $7
"Golden Passport" which ad-
mits you to unlimited use of
Glacier and all other federal
recreation areas during 1968.

"Going-to-the-Sun." Long ago
this name was applied to the
main east-west highway in
Glacier Park, and it couldn't
be more apt. For 50 breath-
taking miles, you cruise near
the clouds—all the time on
paved road—among snow-
fields, waterfalls, lakes, preci-
pices, meadows of wildflow-
ers, and lordly mountain crags.

Set aside a full day for just
this main park road alone.
That should allow you time to
walk some of the nature trails
indicated along your way. Be-
fore starting the drive, pick up
a copy of the "Motorist's
Guide to the Going-to-the-Sun
Road" (35c at any park lodge).
It gives you mile-by-mile de-
scriptions of what to look for
as you travel, including the
best places to hike and to take
photographs.

In Glacier Park, titanic
struggles were, and still are,
waged by the forces of nature.
Upheavals have battled ero-
sion, sun has melted ice, fire
and flood have attacked the
forests. Man is a very late com-
er here, and his presence is
dwarfed by the majesty of
what he attempts to preserve.

Probably the best way to
learn more about the origins
of the Glacier Park region is
to attend several of the eve-
ning programs and wilderness
walks sponsored by the ranger
naturalists. These are offered
at Lake McDonald, Logan Pass,
and St. Mary Lake (all on the
Going-to-the-Sun road), as
well as Many Glacier and Two
Medicine campground (on
other park roads).

Glacier Park has some of
the most appealing park
lodges in all the West. You
won't go wrong at Glacier Park
Lodge, Many Glacier Lodge (or
the nearby Swiftcurrent Motor
Inn), or Lake McDonald Lodge.
All these are operated by Gla-
cier Park, Inc., under govern-
ment supervision.

Waterton Lakes. When you de-
part Glacier Park's eastern
exit, turn north into Canada
again to visit that country's
Waterton Lakes National Park.
Together these two reserves
have been designated as the
Waterton-Glacier Internation-
al Peace Park.

Waterton's natural attrac-
tions—mountains, lakes, and
timberland—are much like
what you've already enjoyed
on the U. S. side of the bound-
ary. But you quickly notice the
different, much more English
atmosphere in Waterton Park
townsite. Private homes are
permitted here, as well as lim-
ited commercial development.
There's even a massive, Eur-
opean-style hotel (the Prince
of Wales) overlooking Emerald
Bay at Waterton Lake. Nearby,
golf and tennis may be played;
horseback riding arranged;
and boating trips taken on the
long, fjord-like lake (launch
cruises $1.75 for adults).

You can, of course, decide
to head away from Waterton
townsite into the wilderness
regions of the park and thus
flee all the civilizing influ-
ences. If such is your intent,
try the park roads to Red Rock
Canyon and to Cameron Lake;
hiking trails begin at both of
these points.

Later, on your drive from
Waterton north toward Calgary
again, plan a brief stop to see
another reconstructed frontier
village at Fort Macleod (adults
50c; 8-16, 25c; under 8, free).
At this historic fort, you may
choose to head east and link
up (at Medicine Hat) with the
Trans-Canada highway, and
thence back to eastern United
States destinations.

Customs. On your return from
Canada, you may bring back
$100 in merchandise duty free
provided you stay abroad for
at least 48 hours and have not
used your exemption during
the preceding 30 days. Write
the Bureau of Customs, Wash-
ington, D.C. 20226, and ask
for "Customs Hints."

Getting there. To make the
most of this family trip, con-
sider fly-and-drive costs. To
vacation package rental car
rates, of course, you'll add
round-trip Family Plan air
fare; for a couple with two chil-
dren under 12, for example,
to Calgary from New York,
$600.60; Los Angeles,
$421.60. You'll have no diffi-
culty taking a rented car
across the border in either
direction; but notify the agen-
cy of your intent at the time
you sign the rental papers.

LAND OF CHOWDER AND CRANBERRIES

Photographs: de Gennaro



Letter openers, ashtrays, colorfu scarves and neckties—as travel sou venirs, they'll doubtless go on fo ever. But what about that feathe light cake with the lime filling yo discovered when you stopped fo lunch one day on a drive throug Florida? Or your initiation to cra meat salad the way it's done in th Pacific Northwest? Or the taste ex perience of fresh-caught (by you, c course!) Rocky Mountain trout cooked (also by you, of course!) ove an open fire right beside the stream These food memory-makers are har to beat.

So come cross country with us and try our souvenir collection of re gional food specialties.

What better place to start than i **New England?** And what's more typi cal here along the rocky coast tha steaming **Seafood Chowder!** Whethe you use fresh fish or the excellen frozen varieties available today, yo will be pleased at how easy thi chowder is to fix. You cook flavorfu salt pork, onion, potatoes, and fis till just tender in a smooth, cream broth—then ladle it into warm sou plates and top with unsalted crack ers. Pass extra crackers, of course.

Our **Frozen Cranberry Velvet Pie** i a decidedly dress-up treatment o that sparkling "bounceberry" whic is one of New England's major crops It's also a freezer make-ahead. Th delicate vanilla wafer crust is a pleas ant contrast to the sweetly tart fil ing of cream cheese, whipped cream and canned whole cranberry sauce To serve, garnish the pie with do lops of whipped cream and a fe reserved whole berries.

Recipes on page 94

Buying information, page 95





OD WITH A REGIONAL ACCENT

VHERE BARBECUING IS BIG

plaintive song will never tell you
t "the Southland gave birth to
barbecue," but the **South** is cer-
nly the region where this mode of
king grew up. For years, meats
all kinds *and* barbecue sauces of
kinds have been used over siz-
ig open pits and grills. And bar-
ued chicken has always been a
orite. We think you'll like our
sion—**Honey Barbecued Broilers.**
ey're brushed with a butter and
ney sauce, lightly seasoned with
lic, mustard, marjoram, and pep-
, which highlights the delicate
cken flavor. Luckily, with today's
ice of well-designed charcoal
ls, you have no problem at all
king a wide range of food to bar-
ued perfection.

As a real touch of the South, serve
ttermilk-Chive Biscuits. You make
m ahead, split and spread them
h chive butter, and wrap them in
. Then, at serving time, heat on
grill alongside the chicken. Serve
m right in the foil, of course, to
p them toasty warm.

Buttermilk is a favorite baking in-
dient—as well as a popular bever-
—in the South. You'll understand
y when you use it in our **Coconut-
ne Cake** and see what a light, fla-
ful cake results. Juicy, tangy
es go into the colorful filling, and
cake is topped with fluffy white
sting. For trim, toast coconut, an-
ner Southern favorite, to golden
own, and wreathe the top of the
ke; then center it with a perky
e twist. (Another time, you might
nt to substitute lemon juice and
for the lime in the filling—or a
nd of orange and lemon juice.)

ipes on page 108







FOOD WITH A REGIONAL ACCENT

FOOD BASKET OF THE NATION

When you think of the **Midwest,** you might decide that the real "regional specialty" here is abundance. Beef and pork of unsurpassed quality; dairy products in every form; an infinite variety of vegetables from the rich, black soil; cereal and flour products from fields of wheat, corn, and oats—no wonder the Midwest is called "Food Basket of the Nation!"

We've built our meal plan for this month—ready to clip and add to your cook book—around good-to-eat things from that food basket. Start with our **Fruit-and-Cheese-Stuffed Pork Chops.** A far cry from yesterday's pork, these chops are lean, lean, lean, as well as unbelievably tender and juicy. Ask your meatman to cut pockets in $1\frac{1}{4}$- to $1\frac{1}{2}$-inch thick rib chops. You fill the pockets with a stuffing of bread cubes, chopped apple, raisins, and shredded cheese, moistened with orange juice and lightly spiced with cinnamon. Into the oven they go, to bake for $1\frac{1}{2}$ hours. Simple?

Golden **Corn on the Cob with Zippy Butter** is a perfect accompaniment, the butter getting its zip from prepared mustard, horseradish, salt, and pepper. Also from the garden, crisp shredded cabbage and green onion rings in a slaw drizzled with celery seed dressing. And, of course, you'll have that stamp of summertime eating found on every Midwest table: a plate of juicy red tomato slices.

For a dessert typifying the dairy land, bring on a freezer of homemade **Fresh Peach Ice Cream.** Offer a choice of toppings—warm **Candied Ginger Sauce** or creamy **Marshmallow Sauce**—and a beverage choice like hot or iced coffee or tall glasses of milk.

Recipes on pages 101 and 102

THAT SAVORY CHUCK WAGON COOKING

See how table-setting takes care of itself in an old-time **Southwest** cowboys' chuck wagon! It's casual eating, true, but the food—just plain, substantial fare—is such downright good eating, you're bound to become a chuck wagon fan.

Test yourself with **Ranch House Round Steak!** It's proof of what Southwestern cooks can do with ordinary round steak, simple seasonings like mustard and worcestershire and unhurried cooking.

They "unhurry" even more in preparing **Texas-style Beans**—but with results you'll fully approve of. After soaking pinto beans, you add salt pork and seasonings and cook for 2 hours. Then, add tomatoes, green pepper, hot pepper sauce, and a little sugar (yes, sugar!—to round out the flavor of the whole mixture), and cook 3 hours more. But don't count that as work, because the beans mind themselves on low heat and don't even require watching. When done, they're somewhat the consistency of chili, ideal for spooning over squares of cornbread. The bread absorbs the savory juices, and is so tasty it will soften up the meanest cattle rustler *or* the hungriest family.

Take another cue from the Southwest and surprise your family some morning with **Brunch Eggs Ranchero**. They'll welcome the zesty flavor of the eggs baked in a mixture of crisp bacon, garlic, chilies, and tomatoes. And they'll huzzah this crisp bacon curl garnish. Instead of the usual toast or muffins, why not serve rolled buttered tortillas, kept warm in the oven with the ramekins of eggs? You can buy canned tortillas or the frozen variety in most markets.

Recipes on page 105



Buying information, page 95



FOOD WITH A REGIONAL ACCENT

UTOPIA FOR CAMPFIRE COOKS

One of the main reasons you relish regional specialties is that they star top-quality food at the peak of freshness. That's particularly true of our **Rocky Mountain** meal. You can hardly find a faster, more direct route for food than from mountain stream to skillet. And you couldn't possibly find any fish that taste better!

However, you must cook those beautiful, fresh-caught trout the real fisherman's way—with a light cornmeal and flour coating that doesn't overpower the sweet, delicate flavor of the catch. Use about three parts meal to one of flour, adding salt and a little paprika to give the fish a rosy-golden glow. Coat both sides evenly, and try not to get the coating in the body cavity, where it would only become soggy as the fish browns. Then into a skillet containing hot oil for a quick brown-crisping on each side. ("Quick" means somewhere around eight minutes, depending on the size of the trout. Most fishermen, of course, catch *large* trout.)

Test fish with a fork to see that it flakes easily—then pull the skillet off the fire. What a feast, with foil-wrapped Idahos baked right on the grill and topped with **Chef's Cheese Sauce!** It's a fluffy blend of sour cream, butter or margarine, shredded American cheese, and sliced green onion, easy to mix up ahead.

You can also tote an assortment of crisp relishes in a cooler, along with that prize of the Western Slope, Rocky Ford melon, to cut into halves or thirds, top with lemon wedges and juicy strawberries, and serve "a la flat rock." Plan on plenty of hot strong coffee out of husky mugs.

Recipes on page 96







'ALL PINES AND TERRIFIC FOOD

ance may have its long line of royal uis, but the **Pacific Northwest** asts one that's unique—the **Crab uis** that's become a countrywide vorite. Taste it made with the rthwest's own Dungeness crab, d you'll understand why. Or use aska King crab, canned or frozen. Either way, be generous with the der, delicate-flavored crab meat, d with the Louis Dressing, since s a big part of this salad spectacu-. It's simply a blend of mayon-ise or salad dressing, whipped am, chili sauce, green pepper, en onion, and lemon juice. And it kes the combo of crab meat, hard-oked egg, tomato, and shredded tuce an eating experience. (In fact, u should also try it in shrimp uis some time.) Feature the salad luncheon, on plates lined with der bibb lettuce or romaine. Gar-h with ripe olives, and offer crisp eadsticks as an accompaniment.

You use crunchy, flavor-packed fil-rts, another product of the Pacific rthwest in our **Filbert Torte.** This e's a "big impression" dessert m two standpoints. First off, it's h elegant eating. The finely ound nuts serve as most of the our," and a dozen eggs give it hness and lightness. You'll like the otle touch of lemon and cinnamon, d the moist, tender texture.

You'll also like our simple trim of nfectioners' sugar and chocolate-oped blanched filberts. It's "big pression" for another reason—it kes 20 to 25 servings. Plan to ve slim slices, of course, since it is ich dessert. (If given the chance, s a great keeper!)

ipes on page 110



Buying information, page 95





FOOD WITH A REGIONAL ACCENT

CALIFORNIA MEALTIME—OUTDOORS

If you're a **Californian,** you're used to adventuring with food, to making the most of the wide variety of fruits and vegetables that grow in the Golden State. You're an old hand at meat marinades and sauces, at salad dressings with real character. You're a pro at the art of easy entertaining. And everybody else is eager to borrow from your bag of culinary tricks.

Start with **Lamb Kabobs**—one of California's favorite meats, skewered with green pepper and mushrooms. Orange juice, rosé, and cooking oil are the major marinade ingredients, with chopped onion, oregano, and chili sauce among the seasonings. You use the marinade as a brush-on, too, as the meat broils.

Instead of the usual mixed greens salad you might serve at an outdoor meal, introduce your guests to **Western Salad.** It's a combination of buttery avocado slices, crumbled crisp bacon, cantaloupe balls, and shredded lettuce that's unmistakably Californian. So is our **Sourdough Bread,** warming at the back of the grill, ready to slice and spread with whipped butter or margarine.

The pioneers made their own sourdough starter by setting out a flour-water sponge and catching wild yeast from the air. We feel a package of yeast gives you more security and more dependable results. We baked one large loaf for our photograph, but our recipe gives you the timing for two smaller loaves as well.

A California rosé goes with the lamb kabobs, and there's coffee with dessert. You couldn't improve on a large tray of wonderful assorted California fruits, and maybe some cheese—one of which must be Monterey Jack.

Recipes on page 92

SUPER SANDWICHES

Chow Mein Burgers

This hearty Oriental special wins Cook-of-the-Month honors for June—

1 pound ground beef
½ cup chopped onion
1 1-pound can chop suey vegetables, drained
⅓ cup water
3 tablespoons soy sauce
2 tablespoons cornstarch
8 hamburger buns, split, toasted, and buttered
1 3-ounce can (2¼ cups) chow mein noodles

In medium skillet, combine ground beef and onion; cook till meat is lightly browned and onion is tender. Add chop suey vegetables. Stir water and soy sauce into cornstarch; stir into beef mixture and cook 1 to 2 minutes, stirring to coat vegetables and meat. Spoon onto bottom halves of toasted buns. Crumble a few chow mein noodles over each sandwich; cover with top halves of buns. Makes 8 servings.

Lynn Steuer Friedman
New York, New York



Photographs: Photography, I

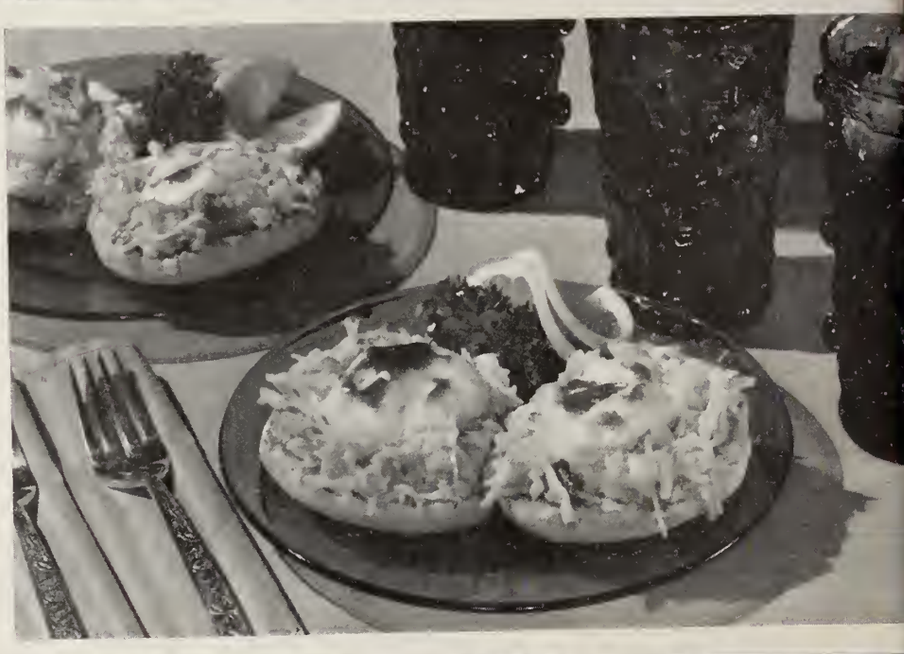
Broiled Crab Open-facers

Another time, spread filling on toast points, broil, and serve as an hors d'oeuvre—

1 7½-ounce can crab meat, drained and flaked
¼ cup mayonnaise or salad dressing
1 3-ounce package cream cheese, softened
1 egg yolk
1 teaspoon finely chopped onion
¼ teaspoon prepared mustard
Dash salt
3 English muffins, split and toasted
2 tablespoons butter or margarine, softened

Stir together crab meat and mayonnaise; set aside. Beat together cream cheese, egg yolk, onion, mustard, and salt till smooth and creamy. Spread toasted muffin halves with butter or margarine, then with crab mixture. Top with cream cheese mixture. Place on baking sheet; broil 5 to 6 inches from heat for 2 to 3 minutes, till top is bubbly and golden. Makes 3 servings.

Mrs. R. V. Trousdale
Mott, North Dakota



Chicken Swiss-wiches

Packaged seasoned coating mix adds crunch—

1½ cups diced, cooked chicken
⅓ cup mayonnaise or salad dressing
¼ cup diced celery
¼ cup diced process Swiss cheese
8 slices bread
1 14½-ounce can asparagus spears, drained
½ cup butter or margarine
1 2⅜-ounce package seasoned coating mix for chicken

Combine chicken, mayonnaise, celery, and cheese. Spread on 4 slices of the bread, using about ¼ cup mixture each. Arrange asparagus spears atop filling, then top with remaining bread. Melt butter or margarine on griddle or in skillet; brush on both sides of bread. Coat sandwiches with seasoned coating mix; brown on both sides in remaining butter on griddle. Makes 4 servings.

Mrs. James Baldrica
Hibbing, Minnesota

Continued



Meet Campbell's 3 New Stout Hearted Soups!



Vegetable and Beef Stockpot Soup Campbell crossed a stew with a soup and came up with new Stockpot. Rugged chunks of beef! Kitchen-cuts of fresh vegetables in a savory brown stock. Stout hearty!



Chicken 'n Dumplings Soup Wait till you see those pieces of chicken. And all those tender egg dumplings. In a stout, golden chicken broth, too. You'll get a rousing cheer for Chicken 'n Dumplings!



Hot Dog Bean Soup You wouldn't believe the number of smoky little hot dog slices in every can. All-meat hot dog slices and lots of tender pea beans. Kids'll love Hot Dog Bean Soup. Frank-ly, it's delicious!



SUPER SANDWICHES

Continued



Avocado Bacon Stack-ups

A familiar flavor combo with a new t
—Canadian-style bacon and cheese!—

8 slices rye bread
Butter or margarine, softened
8 slices Canadian-style bacon
1 avocado, seeded, peeled and mash
1 teaspoon grated onion
1 teaspoon lemon juice
¼ teaspoon salt
Dash pepper
4 slices sharp process American che

Spread rye bread generously with s
ened butter or margarine. In skil
cook Canadian-style bacon; dr
Combine avocado, onion, lemon ju
salt, and pepper. Spread on 4 slices
the bread, using about 2 tablespo
mixture for each; top each with a ch
slice. Place on baking sheet; broil 2 t
minutes, till cheese is melted and sa
wiches are heated through. Plac
slices Canadian-style bacon on e
sandwich. Top with remaining bre
Makes 4 servings.

Phyllis Mar
Reseda, Califor



Deviled Ham and Tuna Sandwiches

Try as dainty tea sandwiches, too—

1 6½- or 7-ounce can tuna, drained and flaked
1 4½-ounce can deviled ham
3 hard-cooked eggs, shelled and chopped
¼ cup finely chopped celery
2 tablespoons chopped dill pickle
½ teaspoon grated onion
⅓ cup mayonnaise or salad dressing
16 slices white bread
Butter or margarine, softened
8 lettuce leaves

Thoroughly combine tuna, deviled ha
egg, celery, pickle, and onion; blend
mayonnaise, and chill. Spread br
with softened butter or margarine; t
spread 8 of the slices with tuna mixtu
Top each with a lettuce leaf, then
maining bread. Makes 8 servings.

Mrs. LaVerne Gor
Menomonie, Wiscon

How to keep six delicious flavors turned on.



© THE DOW CHEMICAL COMPANY

Surround it with Saran Wrap.

Nothing saves food like Saran Wrap. It clings better and seals better.
And, because it does, Saran Wrap* food wrap protects better
than anything else you can buy. You can even make up a fruit salad ahead of time.
And serve it hours later—fresh out of the Saran Wrap!

*TRADEMARK





Kraft Barbecue Sauce doesn't just sit there – it simmers real cookout flavor all through the meat



Made with 19 herbs and spices. Choose Regular, Hot or Hickory Smoke flavored.

KRAFT

See *Kraft Music Hall*, Wednesday Nights, NBC-TV

How do you want your new GE refrigerator?

General Electric has the style you want in a size to fit any kitchen.



Freezer at the side. This is how the 'Foodcenter 24' (23.6 cu. ft.) looks closed. For details, see opposite page. Other GE side-by-sides from 18.1 to 23.7 cu. ft. and from 32 to 35¾ inches wide. Some with automatic icemaker.



Freezer at the top. 'No Frost 17' has 16.6-cu.-ft. capacity. Freezer holds up to 155 lbs; automatic icemaker. No defrosting—anywhere. Butter conditioner. Rolls out on wheels for easy cleaning. (*Model TBF-17A*).



Freezer at the bottom. 'Spacemaker 19'—18.8-cu.-ft. capacity. Roll out freezer. Automatic icemaker. No frost top or bottom. Seven-day meat keeper. Roll one into your kitchen, it's on wheels. (*Model TCF-19A*).

GENERAL ELECTRIC



Photographs: Photography, Inc.



Lamb Kabobs

Subtly herbed wine sauce is both marinade and brush-on—

1 cup rosé
½ cup orange juice
½ cup finely chopped onion
¼ cup chili sauce
¼ cup cooking oil
1 clove garlic, minced
1 tablespoon brown sugar
1 teaspoon dried oregano, crushed
1 teaspoon salt
¼ teaspoon pepper

• • •

2 pounds boneless lamb, cut in 2-inch cubes
1 5-ounce carton fresh whole mushrooms (about 12 mushrooms)
2 green peppers, cut in 1½-inch squares

Combine wine, orange juice, onion, chili sauce, oil, garlic, brown sugar, and seasonings. Pour over lamb in bowl. Cover; marinate 2 hours at room temperature or overnight in refrigerator. Drain, reserving marinade. Pour boiling water over mushrooms; let stand 2 minutes. Thread lamb, green pepper, and mushrooms alternately on skewers. Broil 4 to 6 inches from heat for 25 to 30 minutes, turning skewers frequently and brushing with reserved marinade. Makes 6 servings.



Western Salad

Crisp crumbled bacon accents this delectable combo—

4 cups shredded lettuce
2 avocados, seeded, peeled, and sliced
2 cups cantaloupe balls
6 slices bacon, crisp-cooked, drained, and crumbled
Sweet French salad dressing

In large salad bowl, toss together lettuce, *half* the avocado slices, melon balls, and bacon. Arrange remaining avocado and melon atop mixture; add remaining bacon. Pass French dressing. Makes 8 servings.

OUTDOOR EATING UNLIMITED

See page 8

Sourdough Bread

The starter batter may be kept al most indefinitely; you'll discove the tart flavor becomes more full bodied with age—

Starter Batter:
1 package active dry yeast
½ cup *warm* water
2 cups sifted all-purpose flour
2 cups *lukewarm* water
1 tablespoon sugar
1 teaspoon salt

In medium mixing bowl, di solve yeast in the warm wate Stir in flour, lukewarm wate sugar, and salt. Beat smoot with rotary beater. Let stan uncovered, at room tempera ture for 3 to 5 days, stirrin 2 or 3 times each day. Cove at night to prevent dryin (Starter should have a *yeasty* not *sour* smell.)

Bread:
1 package active dry yeast
1½ cups *warm* water
1 cup starter batter
2 teaspoons sugar
1½ teaspoons salt
5 cups sifted all-purpose flour
½ teaspoon baking soda

In large mixing bowl, softe yeast in the warm water. Blen in the 1 cup starter batter, th sugar, and salt. Add *3½ cup* of the flour; beat 3 to 4 min utes. Cover; let rise in warm place till double, about 1½ hours. Mix soda with the re maining 1½ cups flour; sti into dough. Add enough addi tional flour, about ½ cup, t make a stiff dough. Turn out o lightly floured surface; knea for 8 to 10 minutes. Shape int 1 large or 2 medium roun loaves. Place on lightly greased baking sheet. With a sharp knife, make diagonal cut across top of dough. Let rise i warm place till double, abou 1½ hours. Bake the large lo in hot oven (400°) for 40 to 4 minutes or till deep golde brown. (Bake the 2 mediu loaves at 400° for 35 to 40 min utes.) Brush with melted bu ter or margarine.

To keep starter batter alive: Add ½ cup water, ½ cup sifte all-purpose flour, and 1 te spoon sugar to leftover starte Let stand till bubbly and wel fermented, at least 2 day Cover; refrigerate till use again. If starter is not use within 10 to 14 days, add abou 1 teaspoon sugar to keep alive. Repeat every 14 days.

New Foodcenter 24' rolls into your old refrigerator space.



General Electric's w 'Foodcenter 24' es you 23.6 cubic feet space for fresh and zen foods, probably ut twice the capacity your old refrigerator. s only 35¾ inches de and 66 inches high l very likely will fit o your old refrigera- space.

The new GE automatic icemaker keeps a party supply of cubes on hand right at eye level and makes more as you use them. Big, convenient upright freezer holds up to 298 lbs. of frozen foods.

In the fresh food side, new strong tempered glass shelves are easy to clean; spills won't drip through. One shelf is adjustable; three shelves slide out. The seven-day meat keeper is convertible. Keeps meat fresh up to a week, or flip a lever and use the drawer for extra vegetable space. The butter conditioner delivers "table-ready" butter.

There's no defrosting ever in refrigerator or freezer. And it rolls out on wheels when you want to clean behind it.

Drop by to see Model TFF-24A and other Side-by-Sides at your GE Dealer's soon. See opposite page for other GE refrigerators.

You'll seldom need service on a General Electric refrigerator. But it's nice to know, wherever you live, GE quality service is there.

GENERAL ELECTRIC

LAND OF CHOWDER AND CRANBERRIES

See page 74



Seafood Chowder

2 pounds fresh or frozen fish fillets (haddock, cod, etc.)*
¼ pound salt pork, diced
1 cup chopped onion
6 medium potatoes, pared and cubed (about 4 cups)
2 cups water
2 teaspoons salt
¼ teaspoon pepper
¼ teaspoon monosodium glutamate
2 cups milk
1 14½-ounce can (1⅔ cups) evaporated milk
2 tablespoons all-purpose flour

Thaw frozen fillets. In large saucepa cook diced salt pork slowly till golde brown. Drain, reserving 1 tablespoo fat. Set aside cooked pork. Return th 1 tablespoon fat to saucepan. Ad onion; cook till tender but not brow Add potatoes and water. Add fillet sprinkle with salt, pepper, and mon sodium glutamate. Bring to boilin cook over low heat for 15 to 20 minute till potatoes are tender and fish flak easily when tested with fork. Wi slotted spatula, remove fish; break fi into bite-size pieces; return to saucepa Combine milk and evaporated mil gradually stir into flour till smoot add to fish mixture. Add cooked sa pork and cook over low heat till mi ture is heated through but not boilin Makes 8 servings.

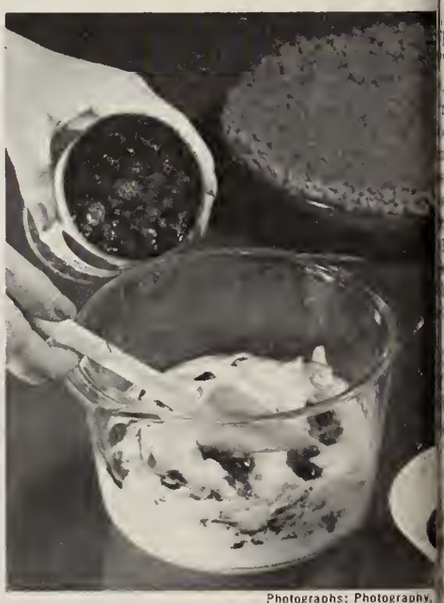
**Or* use 2 pounds halibut steaks; r move skin and bones carefully befo breaking into bite-size pieces.



Frozen Cranberry Velvet Pie

1¼ cups fine vanilla wafer crumbs
6 tablespoons butter or margarine, melted
1 8-ounce package cream cheese, softened
1 cup whipping cream
¼ cup sugar
½ teaspoon vanilla
1 1-pound can whole cranberry sauce

Combine crumbs and melted butter margarine; press firmly into bottom a sides of buttered 9-inch pie plate. Ch till firm. Meanwhile, beat cream chee till fluffy. Combine whipping crea sugar, and vanilla; whip till thicken but not stiff. Gradually add to whipp cream cheese, beating till smooth a creamy. Set aside a few whole cranb ries from sauce for garnish; fold remai ing cranberry sauce into whipped mi



Photographs: Photography,

ture. Spoon into chilled crust; free firm. Remove from freezer 10 minut before serving. To serve, top with ad tional whipped cream and the reserv berries. Makes 10 to 12 servings.

...ING ...DE

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... bottom): Dinnerware—...Smith & Taylor, East ..., Ohio 43920. Glassware ...a, Moundsville, W. Va. ...atware—"Laureate" by ... Newburyport, Mass. ...hutters—Sears, 925 S. ...Chicago, Ill. 60607.

...: Glassware—Fostoria, ...ille, W. Va. 26041. ... flatware—"Hacienda" ...am, Providence, R. I. ...inyl background—Arm-...Cork, Lancaster, Pa.

...: (top): Dinnerware—...an, 2901 Los Feliz, Los ...Calif. 90039. Glassware ...ntown Glassware, Mor... W. Va. 26505. Flat...Casa Blanca" by Gor...ovidence, R. I. 02907. ... (bottom): Glassware—... Moundsville, W. Va. ...latware—"Grande Ren..." by Reed & Barton, ..., Mass. 02780. •Dinner...ranciscan, 2901 Los ...s Angeles, Calif. 90039. ...aterial—Flower Loom ...traw by Studio Twelve, ...a, Calif. 91107.

...: Dinnerware—Francis-... Los Feliz, Los Angeles, ...0039. Glassware—Fos-...Moundsville, W. Va. ...terling flatware—"Rap-... Lunt, Greenfield, Mass. ...hair—Thomasville Fur...homasville, N. C. 27360.

...th a regional accent

...: Vermeil server and ..."Chantilly" by Gorham, ...ce, R. I. 02907. Dessert ...mperial Glass, Bellaire, ...06.

...: Grill—Structo, Free-...l. 61032. Tongs—Mr. ...r Products, Torrance, ...501.

...3-79: Meat fork—Ekco, ... Park, Ill. 60131.

...: Silver sauce bowl—... Providence, R. I. 02907. ... Dessert forks—"Stras-...y Gorham, Providence, R. I. 02907.

Pages 86-87: Grill—Chicago Combustion, North Hackensack, N.J. 07661.

Prize tested recipes

Page 88 (top): Wood tray—Gladmark, Sun Valley, Calif. 91352.
Page 88 (middle): Blue glass plates—Imperial, Bellaire, Ohio 43906. Sterling forks—"Valencia" by International, Meriden, Conn. 06450.
Page 88 (bottom): Electric griddle—Westinghouse, Mansfield, Ohio 44902.
Page 90 (top): Snack trays and mugs—Bennington Potters, Bennington, Vt. 05201.

From "Food Basket" U.S.A.

Page 102 (left bottom): Ice cream freezer—Richmond Cedar Works, Richmond, Va. 23200.
Page 102 (right bottom): Green sherbet and tumblers—Fostoria, Moundsville, W. Va. 26041. Spoon—"Gossamer" by Gorham, Providence, R.I. 02907.



Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix . . . both made with cocoa from imported cocoa beans. Cocoa so rich, it's more flavorful than even the finest chocolate. Together, these two mixes make a devilishly delicious, wickedly wonderful dessert. Sin a little. Tonight? *When the flavor's this exciting you can bet it's Betty Crocker.*

Cocoa more flavorful than the finest chocolate in this devilishly delicious Betty Crocker dessert.

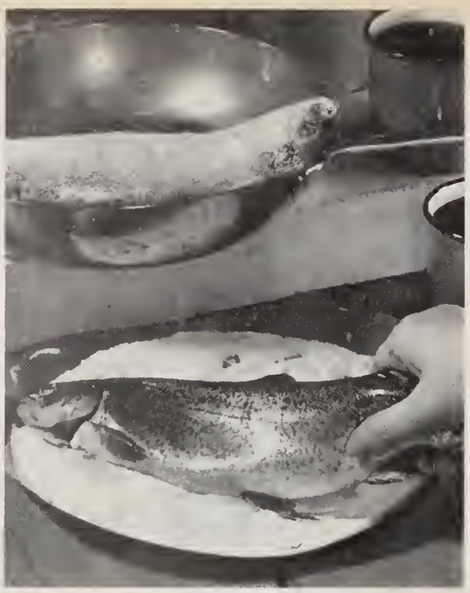


Betty Crocker Devils Food Cake Mix and Chocolate Fudge Frosting Mix

UTOPIA FOR CAMPFIRE COOKS

See page 82

You won't want to limit this classic trout recipe to fish you've caught yourself. Fresh trout is marketed in most areas in two forms: drawn or dressed. Drawn fish are eviscerated, but still have head, tail, and fins. Dressed or pan-dressed fish have these parts removed. Either drawn or dressed fish are suited for our recipe. Don't forget frozen trout—available individually or in 10-ounce packages.



Mountain Rainbow Trout

Further enhance the flavor of the corn-coated trout with a squeeze of lemon juice—

⅔ cup yellow cornmeal
¼ cup all-purpose flour
2 teaspoons salt
½ teaspoon paprika

• • •

6 large fresh or frozen trout

Combine corn meal, flour, salt, and prika; coat fish. In skillet, heat a cooking oil over hot coals for abo minutes. Cook fish till lightly bro on one side, about 4 minutes; turn brown other side about 4 minutes. till fish flakes easily when tested w fork. (Take care not to overcook.) M 6 servings.



Photographs: Photogr

Potatoes with Chef's Cheese Sauc

Carry the make-ahead cheese sauce to campsite or backyard barbecue—

4 tablespoons butter or margarine softened
4 ounces sharp process American cheese, shredded (1 cup)
½ cup dairy sour cream
1 tablespoon sliced green onion
5 or 6 medium baking potatoes

Have first four ingredients at temperature. Whip together butt margarine and cheese with el beater till light and fluffy. Stir in cream and onion. Scrub potatoes. crunchy skins, bake as is; for soft s rub with a little cooking oil.) Wrap in a square of foil. Bake 45 minute hour on grill, or directly on the coals. When potatoes are done, gently under hand to make meal side. Cut a crisscross in top of eac tato, cutting through foil. Turn points of foil. Push in ends of pota fluff; top with cheese mixture. I sired, sprinkle with additional s green onion. Makes 5 or 6 serving



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4 Chiquita Banana seals save you on a $9.50 picnic set.

In the stores, this 29-piece picnic set for $9.50. But with the Chiquita Banana seal, you save almost half price. Get the picnic set for only $4.95 and Chiquita Banana seals.

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Address_____

City_____ State _____ Zip Code_____

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Sweeps





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Wednesday Nights, NBC-TV

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TURN PAGE—FOR DETAILS AND RULES.

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10 Cub Cadet® Tractors with Mowers or Snow Throwers. New from International Harvester Co. 7 horsepower—to level lawn in minutes, clear walks and driveway, do dozens of lawn and garden chores. Built like the big ones: full-length steel frame, all metal (no belts), 3-speed transmission, instant cold-weather starting, extra comfort, safety, other features.



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®Emba Mink Breeders Assn.



15 Rayette Sal "Beauty Ce Hair Dryers—I new facial sauna w be used with dryer rately. Vapor an Mist for better an hair drying and unif coloring. Giant-siz contour snap-up h geared height adj Equipped with ha mote control with 4



10 Magic Chef Chateau Gas Ranges—Complete double oven range. Easy to clean. Bake, broil, keep food warm in either oven. Upper oven has rotisserie. Removable lower oven door, liners, rack runners, cook top. Magitrol thermostatic top burner keeps food warm. Eye-level infra-red radiant broiler gives charcoal tastiness without smoke.



15 Samsonite 5-piece Luggage Combinations—Ladies' beautifully styled Samsonite Fashionaire® luggage. Sleek, pliable, strong. Fashion-wise interiors for more packability, exclusive hidden locks, light magnesium frames to keep things shapely. Includes Folding Wardrobe, 26 Pullman, Beauty Case, Weekender, Handi-Tote in choice of 5 smart colors.



15 Story & Cla gans—Even begin make good musi away. Completely torized. Two full keyboards. Authe strumental voice special features i "Lilt" control for Guitar, Auto-Beat rimba, and Sustain boards and pedals site spinet styling ful walnut finish.



35 Norelco Tape Recorders—Carry-Corder "150". Cassette loading. Cordless. Up to 120 minutes recording/playback per cassette. Capstan drive and constant speed, transistor regulated motor. 80-10,000 Hz. Comes with tape cassette, dynamic microphone, fitted carrying case, patch cord. Output jack for external speaker and viewing window in lid.



20 Gibson Jumbo Flat Top Acoustic Guitars —Superbly rich, resonant tones. Carefully crafted from premium spruce and Honduras mahogany. Special adjustable bridge and truss rod. Tortoise shell finished finger rest, chrome-plated enclosed machine tuning heads and rosewood fingerboard with pearl dot inlays. 20 frets. Natural finish top; walnut trim.



15 Kitchen Portable Dish ers—Gets dishes ...drier, too. Pus VariCycle selecti cycle. Utility-Utens and Hold. Hydro wash. Flo-thru dryi matic-lift top rack. satile capacity. B Avocado green w maple cutting bo Sleek porcelain en side and out.

RULES: **1.** Send your name and address, together with a Miracle Whip Salad Dressing label or a piece of paper 3" x 5" on which you have hand printed in plain block letters, written or typed the words "Miracle Whip Salad Dressing." NO PURCHASE REQUIRED. Wisconsin and Missouri residents send only name and address on a plain piece of paper.
2. Mail entries to Miracle Whip Sweeps, Box 730, Chicago, Illinois 60677. Enter as often as you like. Each entry must be in a separate, stamped, addressed envelope. Entries must be postmarked by July 6, 1968 and received before midnight July 10, 1968.
3. Winners will be chosen by drawing five days after close of Sweeps. First 25 names win a Grand Prize of a two-weeks' Swing Around America tour—a total of 13 nights' lodging, 14 days' meals for you, your spouse and your children, covering any itinerary you choose to go in your car: as prearranged for you through the American Automobile Association from your hometown to any selection of the 700 cities where over 900 Holiday Inns® are situated in Continental U.S.A., and return. Catalog of all Holiday Inns® will be furnished to Grand Prize Winners.
Prize includes Holiday Inn® normal double room occupancy, as needed for you, your spouse and your children, plus all meals (breakfast, lunch, dinner) at Holiday Inns® on your chosen itinerary. Each Grand Prize winning family also receives $200 spending money. In addition, Miracle Whip pays an allowance for your estimated motoring costs for the trip.
Grand Prize Winners will be required to provide Kraft Foods with a specific itinerary of all of the Holiday Inns® to be visited on your trip, and dates of travel plans. Also the names of the members of winning family, along with ages of sons and daughters who will accompany parents on the tour. Reservations prearranged, based on availabilities.
4. The American Automobile Association, as prearranged through Kraft Foods, will provide each Grand Prize Winner marked road maps of his chosen itinerary, along with the total estimated road miles per family to be traveled. Based on these estimates, Kraft Foods will advance in cash 15¢ per mile for total mileage planned in each itinerary prior to each winner's tour, as an allowance toward motoring costs including gasoline and oil.
5. Next 189 names drawn will win the next 189 prizes in order of value. All winners will be notified by mail.
6. Each Grand Prize winner must take his Swing Around America tour prior to December 31, 1968. If, for any reason, a winner is unable to take the tour, or to accept any part of any prize, no alternate, substitute or exchange will be made.
7. A $500 cash bonus will be awarded to each of the first twenty-five winning entries which—in addition to a major portion of a Miracle Whip label or alternate substitute—also includes a blank sales slip or sales tag from any store which sells any of the prizes; or, as a substitute, you may hand print the name of any of the prizes in plain block letters on a plain piece of paper. No purchase is required to qualify.
8. This Miracle Whip Sweepstakes is void outside the U.S.A. and wherever prohibited, taxed, or restricted by federal, state or local regulations. Employees of Kraft Foods, its advertising agencies, and the judging organization and their immediate families are not eligible. State, federal, and other taxes imposed on a prize in the Sweepstakes will be the sole responsibility of the prize winner.

NO PURCHASE REQUIRED TO ENTER

MIRACLE WHIP SWEEPS
P.O. BOX 730, CHICAGO, ILLINOIS 60677

☐ Enclosed is a Miracle Whip label or appropriate substitute according to Rule 1.
☐ Enclosed is a Miracle Whip label or appropriate substitute according to Rule 1—and, to qualify me for the $500 cash bonus, a free sales slip or appropriate substitute as set out in Rule 7.

Name _____
Address _____
City _____ State _____ Zip _____

Miracle Whip Sweeps closes midnight July 10, 1968.



KRAFT

File under Meal-Planning
Recipes from the Better Homes and Gardens Test Kitchen

FROM "FOOD BASKET, U.S.A."

See page 78



Buying information, page 95

Corn on the Cob with Zippy Butter

These punched pages contain recipes for this typical Midwestern meal:

Fruit and Cheese-stuffed Pork Chops
Corn on the Cob with Zippy Butter
Creamy Cabbage Slaw
Sliced Tomatoes
Fresh Peach Ice Cream Sundae Sauce Duo
Coffee Milk

If using fresh corn, remove husks from 8 ears; remove silks with a stiff brush. Rinse corn. (If using frozen corn on the cob, thaw.) Cook, covered, in small amount of boiling, salted water for 6 to 8 minutes. (*Or:* cook, uncovered, in enough boiling, salted water to cover.) Serve with *Zippy Butter:* Soften ½ cup butter or margarine; blend with 1 tablespoon prepared mustard, 1 teaspoon horseradish, ½ teaspoon salt, and a dash freshly ground pepper. Makes ½ cup.

A HEARTY MIDWESTERN MEAL



Photographs: Photography, Inc

Creamy Cabbage Slaw

1 medium head cabbage, finely shredded, (about 6 cups)
¼ cup sliced green onion
1 cup mayonnaise or salad dressing
2 tablespoons sugar
2 tablespoons vinegar
2 teaspoons celery seed
1 teaspoon salt

In serving dish, combine shredded cabbage and sliced green onion. In small bowl, combine mayonnaise, sugar, vinegar, celery seed, and salt; stir till sugar is dissolved and ingredients are well blended. Drizzle mayonnaise mixture over cabbage mixture in bowl. Toss lightly to mix well. Makes 6 to 8 servings. (*Test Kitchen tip:* To make attractive extra-long shreds of cabbage, separate cabbage into leaves. Roll up loosely, a few leaves at a time; slice off thin strips of cabbage.)

June meal plan idea
Add to your cook book





Fresh Peach Ice Cream

½ cup sugar
1½ teaspoons unflavored gelatin
4 cups light cream
1 slightly beaten egg
1 teaspoon vanilla
¼ teaspoon almond extract
6 peaches, peeled, seeded, and mashed (3 cups)
¾ cup sugar

In saucepan, combine the ½ cup sugar and the gelatin. Stir in *half* the cream. Stir over low heat till gelatin dissolves. Slowly blend small amount of hot mixture into beaten egg; return to hot mixture. Cook and stir till slightly thickened, about 1 minute. Chill. Add remaining cream, vanilla, almond extract, and a dash salt. Combine peaches and the ¾ cup sugar; add to chilled mixture.

Pour into ice cream freezer can. (Fill can only ⅔ full to allow for expansion during freezing.) Fit can into freezer. Adjust dasher and cover. Pack crushed ice and rock salt around can, using proportions of 6 parts ice to 1 part salt. (Pack ice and salt up to —but not over—lid of can.) *Turn handle slowly till ice melts and forms brine; add more ice and salt throughout freezing to maintain ice level. Turn handle at constant speed till crank becomes difficult to turn. Remove ice to a level below the lid of freezer can; thoroughly wipe cover and top of freezer can. Remove lid; pull out and scrape dasher. Makes about 2 quarts.

To ripen ice cream: Plug opening in lid. Pack more ice and salt (using proportion of 4 parts ice to 1 part rock salt) around freezer can to fill freezer. Cover with heavy cloth or newspapers. Let ripen for 4 hours to improve and mellow the flavor.

*If using electric ice cream freezer, follow manufacturer's directions.





Fruit-and-Cheese-stuffed Pork Chops

6 pork chops, 1¼ to 1½ inches thick (3½ to 4 pounds)
1½ cups toasted bread cubes
½ cup chopped unpared apple
½ cup shredded sharp natural cheddar cheese (2 ounces)
2 tablespoons light raisins
2 tablespoons butter or margarine, melted
2 tablespoons orange juice
¼ teaspoon salt
⅛ teaspoon ground cinnamon

Have meatman cut a pocket in each chop along the fat side. Sprinkle inside of pocket in each chop with a little salt and pepper. Combine bread cubes, apple, cheese, and raisins; toss to mix well. Stir together melted butter or margarine, orange juice, salt, and cinnamon. Pour over bread cube mixture; mix gently. Stuff chops. Place in shallow baking pan. Bake in moderate oven (350°) for 1¼ hours. Cover lightly with foil; bake 15 minutes more. Makes 6 servings.

Sundae Sauce Duo

Candied Ginger Sauce: In saucepan, combine ½ cup sugar, ¼ cup orange-flavor breakfast drink powder, 2 tablespoons cornstarch, 2 tablespoons finely snipped candied ginger, and a dash salt. Gradually stir in 1½ cups water, blending well. Bring to boiling; boil for 2 minutes, stirring constantly. Remove from heat; blend in 2 tablespoons butter or margarine; cool. (If refrigerated, stir sauce well before serving.) Makes 1¾ cups.

Marshmallow Sauce: Spoon *half* of a 1-pint jar marshmallow creme into small mixer bowl. Gradually add ¼ cup pineapple juice, beating at high speed of electric beater till thickened, about 5 minutes. Makes 1 cup.



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On the energy from 4 raisins you can run to the door and tell your husband: "Jimmy got an 'A' in math (instead of gym), and the car needed only one spark plug." Give him this news in only ½ minute on the energy from just 4 raisins! (Think what would happen if you never stopped eating them.)



CALIFORNIA RAISIN ADVISORY BOARD

MEAL OF THE MONTH

Each month we bring you a complete meal plan—with recipes on punched pages to add to your cook book. This month, on pages 101 and 102, a hearty midwestern meal.

HOW TO ORDER MATERIAL FROM THE MAGAZINE

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You can get reprints of many BETTER HOMES AND GARDENS articles. Write us about any feature that interests you, specifying title, issue, page, and quantity desired.

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Better Homes for All America

You can order a complete plan package for the Better Homes for A America entry this month, "A house that makes any site exciting" page 62. The plan package includes complete working drawings, list of materials to help you estimate building costs, an outline of spe fications, and points to include in the agreement you make with t builder. Just check the box for House Plan 3806-A on the coupon bel and send $20.00 for the complete package. For additional plans of t same house ordered at the same time, send only $7.50 for each s For only $1.00 you can get a separate list of building materials to he you estimate building costs in your area.

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Name _____
(please print)

Address _____
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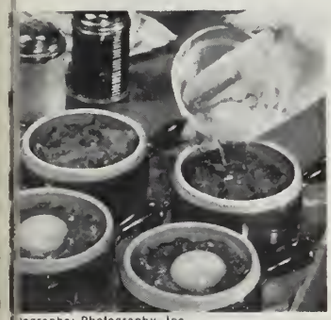
City _____ State _____ Zip _____

HAT SAVORY CHUCK WAGON COOKING See page 80

unch Eggs Ranchero

slices bacon
1-pound can (2 cups) tomatoes, cut up
tablespoons chopped green chilies (about 2 chilies)
clove garlic, minced
eggs

t bacon into small pieces. skillet, cook bacon slowly l crisp; drain off excess fat. ld tomatoes, chilies, and gar- to bacon in skillet; heat rough. Divide among 4 indi- lual bakers. Carefully slip e egg atop tomato mixture in



tographs: Photography, Inc.

ch baker. Sprinkle lightly th salt and pepper. Bake in w oven (325°) for 20 to 25 nutes, or till eggs are set. p each with a crisp bacon rl. Makes 4 servings. Serve th *Tortilla Rolls:* Heat canned frozen tortillas in boiling ter according to package rections. Spread one side of ch with butter or margarine. ll up, buttered side inside; ace on ovenproof platter. ver; heat in slow oven (325°) r 5 to 10 minutes.

nch House Round Steak

pounds round steak, cut ½ inch thick
cup all-purpose flour
teaspoons dry mustard
½ teaspoons salt
teaspoon pepper
cup cooking oil
cup water
tablespoon worcestershire sauce

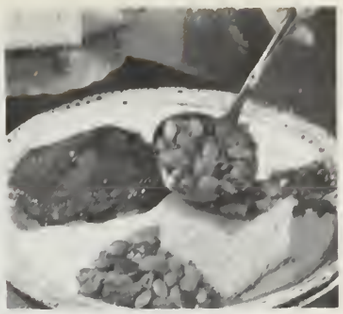
t meat in serving-size pieces; m excess fat. Slash edges of eat to prevent curling. Com- ne flour, mustard, salt, and pper; coat meat with mix- re. (Set aside any remaining ur mixture.) In heavy skillet, own meat on both sides in the t oil. (If necessary, use 2 skil- ts or brown meat half at a ne.) Add reserved flour mix- re to skillet. Combine water d worcestershire; stir into ixture in skillet. Cover tight- ; cook over low heat for 1 to 4 hours or till meat is tender. emove meat to platter. Skim excess fat from pan juices; drizzle juices over meat. Makes 8 servings.



Texas-style Beans

2 cups pinto beans
1 cup chopped onion
¼ pound salt pork, diced (1 cup)
1 clove garlic, minced
2 teaspoons salt
Dash pepper
2 1-pound cans (4 cups) tomatoes
¾ cup diced green pepper
6 drops bottled hot pepper sauce
1 tablespoon sugar

Cover beans with water; soak overnight. *Do not drain.* Add onion, salt pork, garlic, salt, and the dash pepper. Cook, covered, over low heat for 2 hours. Add tomatoes, green pepper, hot pepper sauce, and sugar. Cook, covered, for 3 hours more. Serve over squares of *Perfect Corn Bread:* Sift together 1 cup sifted all-purpose flour, ¼ cup sugar, 4 teaspoons baking powder, and ¾ teaspoon salt. Stir in 1 cup yellow corn meal. Add 1 cup



milk, 2 eggs, and ¼ cup softened shortening. Beat with rotary or electric beater just till smooth, about 1 minute. (Do not overbeat.) Pour into greased 9x9x2-inch baking pan. Bake in hot oven (425°) for 20 to 25 minutes. Makes 8 to 10 servings.



What makes a young man love an older woman?

At her house he's always the guest of honor. If home is daddy's castle, grandmother's house is his. And to him she's the prettiest grandmother in the world. With hair all silvery and silky shining.

She keeps it that way with Silk & Silver, the gentle hair color lotion that washes away yellow, completely, as it washes in even, lasting, silvery beauty. Easy...quick, lasts through a month of shampoos. And it won't rub off. Choose from 7 shimmery shades.



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Makes gray hair shine like silver, feel like silk.



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Wish-Bone Creamy Onion Dressing tastes like no other dressing you've ever had.

It's just brimming with kicky bits of sweet, fresh onion.

All blended in to be super smooth and creamy.

So it's also smashing on baked potatoes!

(Bet you never thought of using a salad dressing like that! You ought to!)

Try Creamy Onion on hot vegetables.

Sandwiches and seafood, too.

WIN MONEY FOR YOUR RECIPES



Quick Cooking with Pudding or Pie Filling

WE'RE SEARCHING for speedy ways to cook with canned or packaged pudding or pie filling. Take a few minutes now to send us your favorite recipe—you could be one of the winners next January. The Cook-of-the-Month receives $50 and two Runners-up receive $25 each. Twelve Honor Roll winners get $10 each. Selected winning recipes will be pictured on the Prize Tested Recipes page next January. All 15 winners receive a framed Better Homes and Gardens Certificate of Endorsement and six copies of the endorsed recipe.

Hints to Help You

Pudding or Pie Filling

Do you start with regular or instant pudding mix, or canned pudding? Perhaps it's combined with another convenient mix for your extra-quick specialty. Is ice cream or sherbet, frosting, or dessert sauce your choice? Canned pie filling might go into a milkshake, a parfait, or meat sauce. Maybe you make shortcake, upside-down cake, or a waffle or pancake topper. Your family favorite could be a frozen fruit salad or a sparkling gelatin dessert.

To Start You Thinking:

strawberry waffles deluxe
pineapple-mint lamb chops
perky pumpkin muffins
chocolate-peanut butter crisp
peach cream pie
pineapple whip
cherry-cheese tarts
frosty lemon sherbet
cinnamon-apple streusel
cherry-glazed spareribs
blueberries jubilee
crunchy butterscotch parfait
coconut-cream torte
mincemeat cookies
banana cream fluff

THIS MONTH'S WINNERS

(*See recipes on pages 88 and 90*)

Cook-of-the-Month

Lynn Steuer Friedman, New York, N.Y.

Runners-up

Mrs. James Baldrica, Hibbing, Minn.
Mrs. R. V. Trousdale, Mott, N. D.

Honor Roll

Mrs. Irene F. Brown, Jefferson, Ore.
Mrs. Sigmund Cywar, Carlsbad, Calif.
Mrs. Aliee I. Eitle, Attiea, Ohio
Mrs. Joseph Farah, Lake Oswego, Ore.
Mrs. W. Gergen, Phoenix, Ariz.
Mrs. La Verne Gordon, Menomonie, Wis.
Mrs. Ray Harris, Oak Ridge, Tenn.
Mrs. Don Kleykamp, Ann Arbor, Mich.
Mrs. Margaret Lewis, Dubuque, Iowa
Phyllis Marcus, Reseda, Calif.
Mrs. J. Craig Mills, Monterey Park, Calif.
Mrs. Marjorie Nelson, Bear Lake, Mich.

Contest Rules

1. Write or type your recipe clearly on one side of the paper and mark it "January Quick Cooking with Pudding or Pie Filling."
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of Better Homes and Gardens.
7. Entries must be postmarked by midnight, June 30. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 6106 Test Kitchen, Better Homes and Gardens, Des Moines, Iowa 50303.

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The new Roper self-cleaning gas range cooks & cleans–automatically.

Forget the whole scrubby, grubby job of oven cleaning. With the new Roper Cook & Clean Gas Ranges, you can hardly afford not to.

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AMERICAN GAS ASSOCIATION

WHERE BARBECUING IS BIG

See page 76



Buttermilk-Chive Biscuits

2 cups sifted all-purpose flour
3 teaspoons baking powder
½ teaspoon salt
¼ teaspoon baking soda
½ cup shortening
¾ cup buttermilk
4 tablespoons butter or margarine, softened
1 tablespoon snipped chives

Sift together flour, baking powder, salt, and baking soda; cut in shortening till mixture resembles coarse crumbs. Add buttermilk; stir quickly just till dough follows fork around bowl. Turn onto lightly floured surface. (Dough will be soft.) Knead gently with heel of hand 10 or 12 strokes. Roll or pat ½ inch thick. Dip 3-inch biscuit cutter in flour; cut dough straight down, being sure not to twist. Bake on ungreased baking sheet in very hot oven (450°) for 12 to 15 minutes. Cool. Combine softened butter or margarine and chives. Split biscuits; spread each half with butter mixture. Place in foil packet, butter side up; seal foil. Heat on grill over low coals for 20 minutes or till hot. Makes 18 halves.



Honey Barbecued Broilers

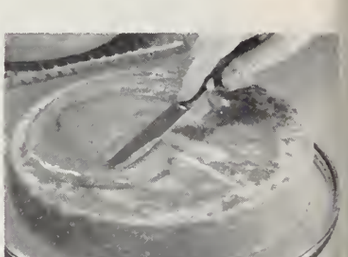
¾ cup butter or margarine
⅓ cup vinegar
¼ cup honey
2 cloves garlic, minced
2 teaspoons salt
½ teaspoon dry mustard
½ teaspoon dried marjoram, crushed
Dash freshly ground pepper
3 broiler-fryers (2 pounds each), halved lengthwise

Combine butter or margarine, vinegar, honey, garlic, salt, mustard, marjoram, and pepper; mix well. Place chicken, skin side down, on grill. Tuck wings under. Broil over low coals for 20 minutes. Generously brush broiled side of chicken with honey sauce; turn. Broil 10 minutes, brush with sauce and turn. Broil 5 minutes more. Remove from heat. Just before serving, brush again with sauce. Makes 6 servings.

Coconut-Lime Cake

2¼ cups sifted cake flour
1½ cups sugar
1 teaspoon salt
1 teaspoon baking soda
1 teaspoon baking powder
4 tablespoons butter or margarine
¼ cup shortening
1½ teaspoons vanilla
1 cup buttermilk
4 egg whites
½ cup flaked coconut, toasted

In mixer bowl, sift together dry ingredients. Add butter or margarine, shortening, vanilla, and ¾ *cup* of the buttermilk; beat 2 minutes at medium speed with electric beater. Add remaining ¼ cup buttermilk and the egg whites; beat 2 minutes more. Pour into 2 greased 9x1½-inch round cake pans. Bake at 350° for 25 to 30 minutes. Cool. Spread *Lime Filling* on one layer. Top with second layer. Frost with *Fluffy Frosting*, wreathe with coconut; center with a lime twist.



Photographs: Photography, Inc.

Lime Filling: In saucepan, blend ¾ cup sugar and 2 tablespoons cornstarch. Gradually stir in ⅔ cup water. Stir in 2 slightly beaten egg yolks and ⅓ cup lime juice. Cook and stir over medium heat till mixture thickens. Remove from heat; stir in 1 teaspoon grated lime peel, 2 tablespoons butter or margarine, and 1 drop green food coloring. Cool.

Fluffy Frosting: In small saucepan, combine 1 cup sugar, ⅓ cup water, ¼ teaspoon cream of tartar, and a dash salt. Bring to boiling, stirring till sugar dissolves. Very slowly add the hot sugar syrup to 2 unbeaten egg whites in small mixer bowl, beating constantly at high speed with electric beater till stiff peaks form. Beat in 1 teaspoon vanilla.



Although he should make a perfect tour guide: lived in the city all his life, won't have any trouble showing you all the famous landmarks you've seen pictures of. And the street he used to play on as a kid.
But he probably wouldn't be able to help you find a waterfall in the middle of Manhattan. (Some people who live there haven't seen it, but a Gray Line tour passes it every day.) Or things like Bottle House in Death Valley, built out of beer bottles by an old saloon keeper. Or a 300 year old water mill near Boston that now lies underneath Central Street.
And then Uncle Charlie might not be able to tell you about the history of his city, or about its architecture, and which movie star lives where.
For that you need a tour guide who really knows his way around.
Between them, Gray Line guides know their way around almost 600 cities in the United States and Canada. And some in Australia, Hawaii and Japan. (If you just let us know where you're going, we'll send you our brochures.)
Gray Line tours all start in comfortable, clean, air-conditioned motor coaches. They cost as little as $2.75 (not much compared to the cost of a vacation). And range from coffee and doughnut tours to night club tours to 6 days in the wilderness of the West.
You could probably interest Uncle Charlie himself in one of our tours.
It would be a lot nicer than bringing him another tie.

The GRAY LINE

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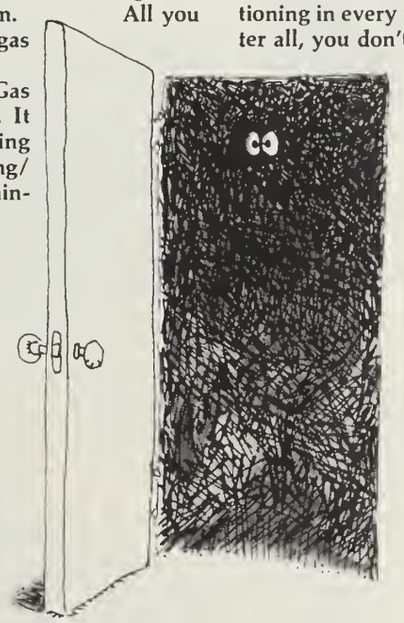
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Check your closets. Your basement. If you find a gas forced-air furnace, you may own half of a whole house gas air conditioning system. All you need to do is add a gas cooling unit to it.

And you'll love Gas Air Conditioning. It has no major moving parts in the cooling/heating cycle, so maintenance costs are low. And it's estimated to last the mortgage life of your home.

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Want more facts? Write PG&E, Rm. 434, 245 Market St., San Francisco, CA 94106.

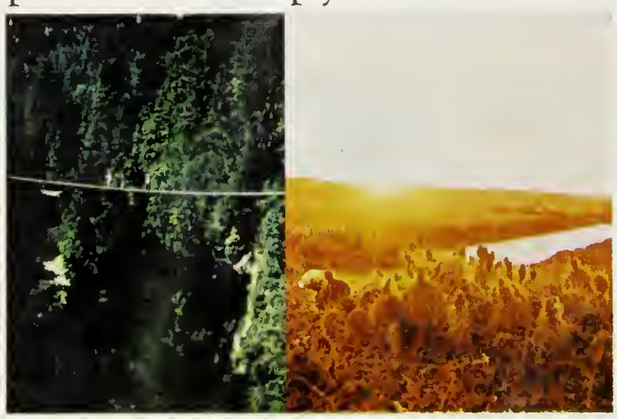


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Pacific Gas and Electric Company

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The Trans-Canada is the world's longest highway. But it's so uncomplicated you can leave your maps in the glove compartment. It's simply five thousand miles of cinch highway with an ocean at both ends. If you drive the Trans-Canada from Victoria, British Columbia, on the Pacific, to St. John's, Newfoundland, on the Atlantic, you'll travel through every type of scenery except jungle. And you'll pass through or near most of Canada's National and Provincial parks. These are areas of unspoiled natural beauty, with enough good camping, fishing, swimming and boating to satisfy the most ardent outdoor enthusiasts. If you do drive it from ocean to ocean, don't expect any medals for endurance. This highway is strictly for cream-puffs... picnic areas every 50 miles or so, and overnight camps every 100 to 150 miles. Even so, you mustn't feel glued to it. Take off on the occasional tangent... Banff to Jasper high in the Rockies... a couple of days around the Gaspé or Nova Scotia's Cabot Trail. Connecting highways are well-marked, so don't worry about getting back to the Trans-Canada. If you're gone too long, it comes out to look for you.





Canada

Canadian Government Travel Bureau, Ottawa, Canada. 0013-02-8

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Canada Border

CANADA HIGHWAY MAP 100 GOLDEN

CINNAMON ANYONE?

This versatile spice gets just about everyone's vote of approval—from a seven-year-old biting into a candied apple to a septuagenarian sipping cinnamon tea. Here's a rundown on some varieties of cinnamon—with good ways to use them.

Ground cinnamon, with its sweet-pungent flavor, is especially prized for baked goods and desserts. For a tasty quick dessert, try stirring a little cinnamon into softened vanilla ice cream.

Stick cinnamon is ideal to use for spiced coffee, tea, and chocolate beverages. It's one of the important spices used for making sweet pickles, too.

Cinnamon candies delicious, for eating, add spicy-sweet flavor and bright color when used in cooking. A few drops of *oil of cinnamon*, which you'll find at your druggist's, is a favorite way to flavor candies.

Why not treat your family to one of these cinnamon-sparked treats soon?



After Dinner Mocha

Stick cinnamon simmers with the chocolate-coffee mixture—
¼ cup sugar
¼ cup instant coffee powder
1½ cups water
4 inches stick cinnamon
1 square (1 ounce) unsweetened chocolate
3 cups milk
Whipped cream

In saucepan, combine sugar, coffee powder, water, cinnamon, chocolate, and a dash salt. Cook and stir over low heat till chocolate melts. Simmer 5 minutes; remove cinnamon. Add milk; cook and stir till heated through. Top each serving with whipped cream. Makes 6 servings.

Cinnamon Diamonds

Crisp cinnamon cookies—delicious as a snack or for dessert with ice cream—
1 cup butter or margarine
1 cup brown sugar
1 egg yolk
½ teaspoon vanilla
2 cups sifted all-purpose flour
1 teaspoon ground cinnamon
1 slightly beaten egg white
¾ cup chopped walnuts



Photographs Photography, Inc

Cream butter or margarine and brown sugar till light. Beat in egg yolk and vanilla. Sift together flour and cinnamon. Stir into creamed mixture. Pat out in ungreased 15½x10½x1-inch baking pan. Brush with egg white. Sprinkle with nuts, pressing lightly into surface. Bake in moderate oven (350°) 18 to 20 minutes. Cut into diamonds while warm. Makes about 4 dozen.



Cinnamon Popcorn Balls

These gala pink popcorn balls are sure to please the children in your family—
3 quarts popped corn
1 cup sugar
⅔ cup red cinnamon candies
⅔ cup water
1 tablespoon vinegar
¼ teaspoon salt
1 or 2 drops oil of cinnamon

Keep popped corn hot in very slow oven (200° to 250°). Rub butter or margarine on sides of a medium saucepan; in it combine sugar, cinnamon candies, water, vinegar, and salt. Cook to hard-ball stage (250°), stirring till sugar and candies dissolve. Add oil of cinnamon. Pour slowly over hot popped corn, mixing well. Butter hands. Press coated popcorn lightly into 2½-inch balls. Makes about 12 popcorn balls.

How about eating out in?



At the Stockholm, in glittering Manhattan, a dinner favorite is Swedish Meatballs in Sour Cream. Here's how to make it with Betty Crocker Noodles Romanoff.

1 cup soft bread crumbs
½ cup milk
1 pound ground beef
3 tbsp. chopped onion
1 egg, slightly beaten
1½ tsp. salt
¼ tsp. nutmeg
⅛ tsp. pepper
2 tbsp. butter or margarine
1 pkg. (4-serving size) Betty Crocker Noodles Romanoff

Soak bread crumbs in milk. Mix in ground beef, onion, egg and seasonings. Shape mixture into 1- to 1½-inch balls. Melt butter in large skillet; add meatballs and brown on all sides. Cover; simmer over low heat 10 minutes. Prepare Noodles Romanoff as directed on package except—increase milk to ⅔ cup. Drain excess liquid from meatballs; pour noodles over meatballs. Cover and simmer about 5 minutes or until desired consistency. *4 to 6 servings.* Crisp rolls and a crackling green salad round out the meal.



Doing anything tomorrow night? Sure. Eating out—in.

The Traditional Side...
for homemade texture
Angel Food with all the open, fluffy-light, melt-in-your-mouth texture of homemade . . . because you beat the egg whites yourself from a separate packet. It's the traditional way to homemade angel goodness.
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cake. Betty Crocker pre-mixes
egg whites into the other ingredie
Just one beating gives you a high
tasty angel food without foldi
BETTY CROCKER ONE-S
ANGEL FOOD
. . . in the blue b





GARDENING THIS MONTH

Norvell Gillespie, Better Homes and Gardens Western Field Editor

Enough bulbs? If you are an "on time" gardener, to use the jargon of the airlines, chances are you may have enough bulbs in the ground already for late summer and fall color. But if you missed, don't hesitate to plant gladiolus and dahlias in the sunny spots and tuberous begonias and gloxinias in partially shaded areas. You will be gaining an extended season of bloom.

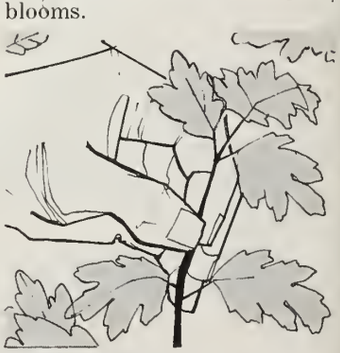
Many varieties of glads will bloom in 75 to 85 days if started now. The dahlias will be a little faster since you have your choice of starting from nursery-grown seedlings as well as from tubers. The Unwin dwarf dahlias are really great. Their colors are bright—almost garish—but they'll contribute a liveliness few flowers can boast. Vivid yellows, reds, and bicolors are their main contribution.

In case you planted the ordinary forms of glads last month, be brave and try a few of the new strains that have hit the market. There are some six-foot creations (they practically poke through the ceiling when arranged indoors!) that are real traffic stoppers. We can credit a firm in Oceanside for these new super-jumbo types which are marketed under such names as "Super Novelty," "Super," and "All America." It's no easy job to develop a new race of glads which yields not only six-foot stalks, but individual flowers that measure six inches across.

It takes a hybridizer 11 to 12 years from the time he's made his "cross" to the time the new glad has been evaluated, multiplied, and then introduced to the market.

You should still be able to find a few of the new "super" strains available for '68 planting. There are ten in all for this year, but the ones I liked best were Lilac and Chartreuse (a rich lilac with soft green markings), Blue Magic (an outstanding cool and truthful blue), and Happiness (a bright, cheery red with a huge golden throat).

Pinching for bushiness. An old Scottish gardener in San Francisco's Golden Gate Park once told me that "the thumb and forefinger on a man's right hand are responsible for a heap of tiny pruning." What he was referring to was the centuries-old custom of pinching back soft new growth to encourage bushiness. Not only this—and the canny Scotsman forgot to point this out to me—but the pinched-out tips of chrysanthemums can be used to propagate more plants. Two- to three-inch tip cuttings swiftly develop into multi-rooted plants that yield bloom by late September or October. Pinching back also helps dahlias. The more side branches that are formed as a result of this action, the more terminals with heavy crops of blooms.



Pinch back the tip growth of chrysanthemums each time

Continued



THE BIG CHEESE

BURGER FOO YUM

DANISH MOD

BACON BASH

FLIPSVILLE

PINK PANTHER

DIXIE BELLE

Burgers really swing with real mayonnaise... Best Foods

nt to do something really dif- ent with hamburgers? Try t se fabulous variations. They're r lly with it...thanks to B t Foods. It's real mayonnaise. S light...so delicate it blends b utifully with other flavors. So s ooth and velvety it spreads like a ream.

E bold. Be daring. Be creative. C ce you taste these swinging B st Foods burgers, you may n ver go back to catsup or mus- t d again.

TE: All recipes will top 3 large or naller burgers.

THE BIG CHEESE

1/4 cup BEST FOODS® Real Mayonnaise
1/4 cup shredded American cheese
1/4 teaspoon Worcestershire sauce
Dash dry mustard
1 stiffly beaten egg white

Blend first four ingredients. Fold mixture into egg white. Broil hamburgers on one side with oven control set at 350°F. Turn, spoon on topping; continue broiling about 10 to 15 minutes or until topping is puffy and golden brown.

BURGER FOO YUM

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1/2 teaspoon soy sauce

DANISH MOD

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1/4 cup dairy sour cream
1/4 cup crumbled blue cheese

BACON BASH

Blend:
1/4 cup BEST FOODS Real Mayonnaise
Grated horseradish, to taste
Crumbled crisp bacon

FLIPSVILLE

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1 tablespoon coarsely chopped scallions
2 teaspoons tarragon vinegar
Dash dry mustard

PINK PANTHER

Blend:
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup catsup
2 tablespoons India relish, drained

DIXIE BELLE

Top broiled hamburgers with tomato slices. Top with BEST FOODS Real Mayonnaise.



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CALIFORNIA AVOCADO ADVISORY BOARD

Which comes first— the avocado or the egg?

For this delightful salad, it doesn't really matter, so long as they get together. Let your avocado ripen at room temperature until it yields to gentle pressure. Then it's sure to yield a maximum of goodness, teamed with egg, chopped pecans, and French dressing. □ More avocado ideas? Write Box 336, LHJ, Costa Mesa, California



Avocados from California

FAMILY TRAVEL TIPS

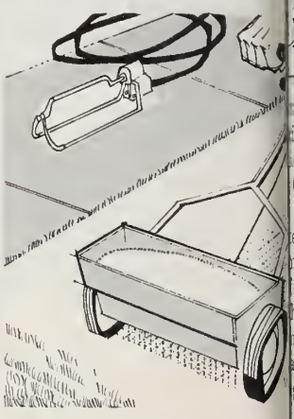
Ever driven a mile beyond the city limits and suddenly realized you've forgotten something? Vacation mix-ups are much less likely if you read *Tips For Family Travel* now. Send 50c in coin to Better Homes and Gardens, Dept. BHF, Des Moines, Iowa 50303.

GARDENING THIS MONTH

Continued

new growth reaches four in
in length until mid-July.
resulting bushy plants
bloom their heads off in
fall. Lanky, overgrown ann
such as snapdragons and st
that have been left too lo
the flats also benefit from
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the central stalk—the top
or so just above a set of le

That well-groomed look. W
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famous for its lush, green
but there are many areas i
Puget Sound country,
land, the San Francisco
area, and metropolitan
Angeles, that could offer
competition. Pride, I have
cluded, is what makes
Westerner want to have a
that is neat and green all



Potential summer slump ca
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water. There are many kin
fertilizers that work sati
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best job. The least costly
tilizers, such as ammonium
fate, furnish nitrogen pr
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not much else. And, such a
tilizer has to be used care
to avoid "burning." All
western commercial fertil
contain the three major
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grass growing well.

Whatever kind of soil
have, let this be your rule:
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possible. In other words,
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encourage root systems tha
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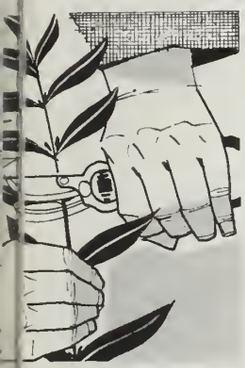
Sure signs of water need:
a loss of springiness, then a
or change from fresh, vibr
green to a dull, lifeless b
green. This means that you
better hurry up and wate

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Whether you're a novice or an expert, you'll find handsome projects to fit your skills in our new Catalog of Needlework Kits and Patterns. Samplers, quilts, designer pillows, table linens, and more—for cross-stitch, needlepoint, crewel stitchery. Just 25c. Better Homes and Gardens, Dept. BHF, Des Moines, Ia. 50303.

ill turn up its toes
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This gardenia stands

Continued

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Division of Norris Industries



GARDENING THIS MONTH

Continued

more frost than the tall types. It grows and blooms freely in full sun, and it likes an acid soil. If the spreading branches are pegged down to the earth with wire loops, they'll develop roots just as easily as azaleas and rhododendrons when handled in this manner.

Fire-resistant plants. Many California native plants won a safe and secure place long ago in the hearts of homeowners, plantsmen, and landscape architects. This popularity was mainly based on beauty. But in recent years, many native plants have been loved for their ability to resist disastrous fires.

Southern California's many fires in the early '60's, including the widely publicized one at Bel Air, certainly proved the need for ground covers and shrubby materials with fire-resistant qualities. Not all of these plants will grow all over the West. They are bound to be more successful in the dry sections of the Southwest. Not all of them are necessarily natives, either. Australian saltbrush, Mediterranean rock-rose, lavender-cotton, and others come from such diverse spots as Arabia and South Africa.

The La Canada Beautiful Committee, in a recent note to the California Anti-Litter League, suggested wider use of fire-resistant plants, as well as a general cleanup of neighborhoods. A recommended list of safe plants to provide a green belt around your home is available free of charge from the Los Angeles State and County Arboretum at Arcadia, California. Address requests to Dr. William S. Stewart, the noted plant explorer and director.

Tomato success. Tomato plants often refuse to set fruit if the night temperatures drop below 55 degrees for several hours, or if the day temperatures shoot up to 100 degrees in sudden spurts. Overwatering is another contributing factor.

If your tomatoes are shy about bearing, treat the flower with one of the commercial fruit hormones. The job of spraying the blossoms is easy, since many of these products are now available in sprayer-top containers.

Garden philosophy. "Growing roses is an adventure. Who wants them all the same—like so many cookies from one cutter, iced in different colors?" . . . Dorothy Stemler, Watsonville' famed specialist in old roses.

Mulch your flower beds. A goo summer mulch on your flow beds, as well as around new planted trees and shrubs, is o of your biggest time-savers, a well as money-savers. A mul keeps soil cool for good ro growth, reduces soil moistu loss through evaporation, pra tically eliminates weeds, an gives beds a neat, uniform a pearance. In some areas whe avid gardeners are sometime faced with monthly $40 wat bills, the conservation of so moisture can be quite an iten



To be effective, a mulch shoul be at least two inches thic There are plenty of mulches o the market these days tha utilize bark from fir, pine, an redwood trees. Grass clipping compost, and other organi waste also do the trick. Lately some green-thumbers hav even turned to the use of heav black plastic sheets to hold th moisture in the soil.

Good performers. Plants of fibrou begonias set out in May star blooming almost immediatel and continue until early winte Around Los Angeles and Sa Diego, fibrous begonias neve seem to quit.

There are edging kinds tha are dwarf and compact an average just six inches high an are fine for mass planting. Th tall types, 12 to 18 inches high are good in the background There are both green- an bronze-leaved varieties.

Fibrous begonias like a ligh soil that is high in humus. Ad lots of leaf mold or granulate fir bark. Average watering an fertilizing keeps the plant happy. Too much fertilize leads to tall, leggy plants.

In the mild winter section of the country, where the plant grow merrily all year long, di vide them each spring.

Introducing Hungry Husband Suppers

Chef Boy-Ar-Dee® has given European dinners an American touch just for meat-and-potato men like yours.



Goulash. Wavy egg noodles and 9 juicy beef meatballs in a real Goulash sauce. It's deliciously hearty—the way Hungarians like their Goulash. Ready in 10 minutes.

Stroganoff. Juicy meatballs—8 of them! long with egg noodles and tangy sour cream uce. It's a man-filling meal that takes just minutes to cook. And your meat-and-potato an will dig in and love it!





Tetrazzini. In 12 minutes your family can be enjoying perfect spaghetti and tender chicken in a creamy sauce with golden mushrooms. Here's good eating made with fine Italian flavor that everybody will go for!

Chef Boy-Ar-Dee has put all the fixings in a box to make it easy for you.



Hate to shine shoes?

Painted flowers and stick-ons look pretty but they'll never replace shiny shoes. Take the easy way out. Get Shinola, the weekly shoe shine that lasts seven days. Just a quick daily buff makes that gleaming Shinola shine last all week!



New! Twist-off applicator cap!

If product or performance defective replacement or refund to consumer. Good Housekeeping Guarantees

Guaranteed!
If your Shinola shine does not last 7 days with daily buffing, return unused portion to: Shinola, Box 401, Indianapolis, Ind. 46206. Full purchase price will be refunded.

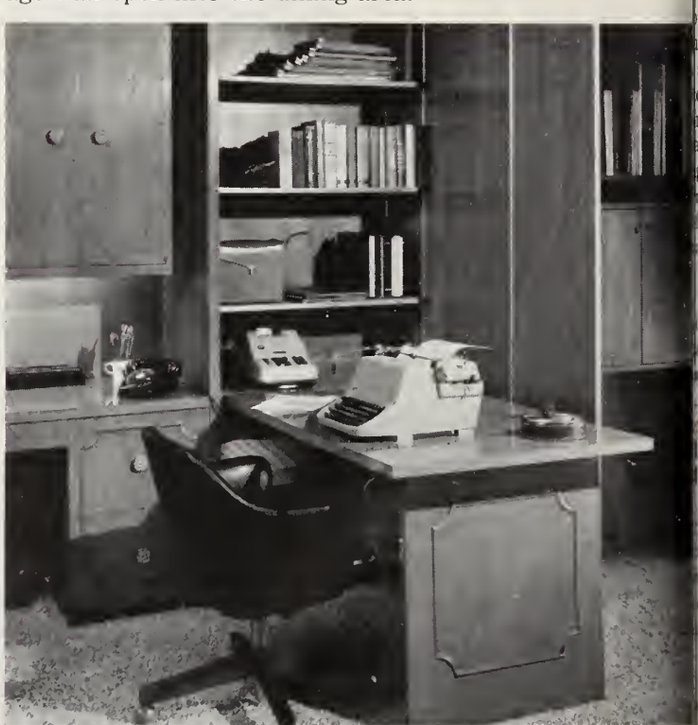
PUT A DESK WHERE IT DOESN'T BELONG

We don't mean in the bath or backyard—but these home offices could go almost anyplace else. They're dressy enough for a family room, dining area, or even a living room, because ample storage keeps your clutter out of sight.



Photograph: Lisanti. Architect: Samuel M. Puder, A.I.A. Source: June Edwar

These elegant niches fit neatly into a storage wall separatin a family room and dining area. Each desk has lots of kne room, a base cabinet on either side, and shelves above fo reference books. China cabinets on the other side of the sto age wall open into the dining area.



Photograph: Bill Hedrich, Hedrich-Blessing. Designer: Robert S. Lindenthal, A.I.

The working parts of this space-saving home office hide be hind a bifold door and a hinged, drop-down table. When no in use, the typewriter slides over and shares a niche with th adding machine. That tall door is conveniently piano-hinge in the center so it'll be easier to handle.

NTS FOR ANDWICH AKERS

ou make sandwiches or just occasionally, t to review these tips ing and keeping them.

Sage

eeps best in moisture- f wrapping.

y wrapped bread can t room temperature ventilated container, m heat. If the tem- oes above 80 degrees, form on the bread. vent mold growth, es- n hot weather, you nt to store bread in gerator for a short t keep in mind that s stale most quickly eration temperatures 30 and 50 degrees).

read keeps well in the t zero degrees or ut, don't attempt to ale bread by freezing t doesn't work.

n Pointers

ariety, use different breads. Toast bread or change.

sing bread straight freezer—you'll find en slices won't tear u spread them with fillings.

the crust on all sand- out the extra-fancy ll help to keep the m drying.

're using a moist fill- spread the bread even- edges with softened margarine. This pre- nsfer of moisture from g to the bread.

ll, flexible spatula is or spreading fillings nd easily.

you're making a roast ham sandwich, try r 5 thin slices of meat ier to eat than a sand- de with one thick slice

spreads: For more sandwiches, blend cream cheese, mus- spices and herbs such ka, tarragon, chives, vder, dillweed, ginger, e softened butter or e you spread on bread. nch box or picnic sand- wrap fresh vegetables, tomatoes and lettuce, ly. Then add to the es at lunchtime.

tion Tips

iches may be refrig- r 12 to 24 hours. sandwiches individual- moisture-vaporproof g and seal; or wrap in paper, then in damp towel; refrigerate.



It takes all kinds to spice up a party.

So we make over forty different snacks. Merry Mix, pretzels, cheese puffs, potato chips, tortilla chips, corn chips, shoestring potatoes, garlic dip, onion dip, guacamole dip, peanuts, cashews, almonds... to name only thirteen. Something to spice up any kind of party—from cocktail to come-as-you-are.

Laura Scudder's



Freezing Reminders

- Sandwiches may be stored in the freezer about two weeks.
- Fillings that freeze well: cheese; hard-cooked egg *yolk;* sliced or ground meat and poultry; tuna; salmon; nut pastes; peanut butter; olives; pickles.
- Not recommended for freezing: jelly; mayonnaise; hard-cooked egg *white;* egg salad. Fresh vegetables such as lettuce, cucumber, watercress, celery, or sliced tomatoes, lose their color, flavor, and texture when frozen.
- To freeze sandwiches, wrap individually in moisture-vaporproof wrapping; seal and label. Pack all of one kind in plastic container; freeze.
- Hot weather picnic idea: make sandwiches ahead and freeze. Pack sandwiches while they are still frozen; they'll be thawed by the time you're ready to eat. ■

WELCOME TO THE FOLD

Simply set a screen in place—and you can solve many a decorating dilemma. A screen can give pattern and character to a room, camouflage unsightly equipment, divide space, or just brighten up a dull corner. For a really distinctive look, you can design your own screen. Many stores today carry screen frames which you can paint, paper, or cover with fabric.

1. An easy but effective way to highlight a furniture or accessory grouping: place it in front of a folding screen. This plastic paneled screen complements a handsome array of statuary and plant life and creates an arresting center of interest for a small foyer.

2. The Far Eastern countries were the first to use a folding screen, such as this fretwork design, for purely ornamental purposes. Here carved panels soften the severity of brick walls and echo the room's Oriental mood.

3. While you can't wish away an ugly radiator or a wall of mismatched windows, you can effect an attractive disguise. A folding screen does a good camouflage job in this living room where it conceals two hot air registers. Plywood panels were covered with gold foil paper and hung with pictures and family mementos.

4. Tired of just hanging pictures over the living room sofa? Then give that blank wall some dimension as well as color and pattern with a scenic folding screen. A simple plywood shelf, fastened to the wall with metal brackets, supports this Oriental find.



Photographs: Hedrich-Blessing. Source: Evelyn LeRoy, N.S.I.D. **1.**



Decorator: Harriet Bernbaum **2.**

Decorator: J. Neil Stevens, N.S.I.D.



4.

3. Source: Lois Rea





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The new, improved General Electric High-Reliability **WEATHERTRON**® Heat Pump proved 98% reliable per year in thousands of northern installations.*

GE Weathertron has, for years, been the standard of ance for cooling and heating throughout the South. And ter many technological advances, there's the new High- lity Weathertron for ultimate heat pump performance.

in extremes of climate. In Philadelphia, Pittsburgh, uis, Minneapolis, Washington, D.C. and Hartford —in temperatures ranging from below 0°F. to above —the High-Reliability Weathertron did the job of automatic heating and cooling. As no other unit ever has, under conditions you'll probably never have. (Not to mention much more severe laboratory tests.)

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Make your house a "Home for All Seasons."

*Units operating since 1964

GENERAL ELECTRIC



Here's a wonderful "extra" for your not-so-handy kitchen

This is a peninsula designed to change your expansive kitchen from an open energy waste to a convenient snack-and-visit center of your home. The cooking bar extends from a wall of handsome cabinets (included in plans) to save many steps, or omit the burners and have an open counter for serving. Or you can build cabinets without counter. Complete working drawings, 3303-2, priced at just $2.

Better Homes Project Plan 3303-2

Better Homes for All America
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Organize your inefficient closet storage space!

You can make that large closet with a small opening into a much more usable and accessible storage unit. Our plans tell you how to remove the old door and wall, and how to build in this neat, practical unit. This transformation can happen to almost any closet in any situation. The plans are greatly flexible, to fit your particular need. For plan number 3309-2 send $2.00.

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Photograph: Bill Hedrich, Hedrich-Blessing.

VERY SURPRISING STORAGE

"Not enough storage space!" If that's the cry at your house day after day, try these ideas! Each one neatly solves a specific storage problem. All three units require minimum space—and they're so artfully designed, they're practically invisible.

Above: This storage chest in a back entry hall goes to great lengths to relieve the rest of the house from clutter. There's ample room for lots of sports gear. Shelves above can house run-over items as well as decorative bric-a-brac. When closed, chest makes a handy bench for removing boots and muddy tennis shoes.

Right: Every inch of space was made to count in this dressing room. Wall area on either side of the mirror is flanked by slim, vertical pull-out drawers with perforated hardboard backing and two wooden bars for holding neckties. Counter-top space between accommodates essential toilet articles. Double drawer section below holds clothes.

Below right: Is your breakfast room narrow with limited space for storing equipment? Then consider a pull-out shelf to keep appliances close at hand when you need them and out of sight when you don't. This one was installed in a low pass-through wall to hold toaster, coffee percolator, or waffle iron. Units plug into outlet near kitchen side. Folding door is flush with wall when closed.

Photograph: Lisanti. Source: Jane Price



Photograph: Lisanti. Decorator: Camilee Lehman, A.I.D. Source: Jane Price



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We can deliver the financial help you need to make your home a better place to live. Whether you want to give the place a new coat of paint, put in a pool, landscape the yard -anything, in fact, you want to do to make your house and grounds worth more. So why not stop in at any Wells Fargo Bank and talk things over. We can not only supply the money to help you carry out your ideas, but also supply you some ideas to carry out.



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PEP UP PLAIN TABLES

Your set of plain white or banded china can have as many color changes as a chameleon if you add some of these delightful coordinate pieces. Choose colorful bowls with gaily patterned saucers, salad plates in contemporary designs, plates decked out in geometrics, or solid color cups with flowered saucers. Combine colors and patterns with a lavish hand! Here are a few morning-till-night suggestions.

Photographs: Hopkins



Just right for a light lunch—flower-decked plates and color-coordinated bowls for soup are teamed with a large gold-banded plate for sandwiches. Lightly patterned place mats and a boldly checked napkin twirled in the glass show how different patterns can work together harmoniously.



A pattern potpourri for a formal luncheon: three tableware patterns with a paisley napkin. Try this stunningly dissimilar pile of plates if you're serving numerous courses. Serve soup in the coffee cup, salad on the banded luncheon plate, and the main course on the over-size lotus-decorated plate.



For an informal dinner, bold contemporary salad plates are played against a starkly simple dinner plate and a sparkling crystal compote. Settings like these simplify hostessing. Remove used dish and serve the next course on plate below. Candles in crystal cubes make an elegant centerpiece.



In this bright and breezy breakfast setting, a small daisy-pattern plate for toast or sweet rolls tops a larger plate for heartier fare. Two extra cereal bowls form a handsome container for an airy daisy and leaf arrangement with a glass bird for accent. Color-coordinated cup and saucer match small plate.

TABLE IDEAS

Begins on page 56

Plastic pellet flowers

Caution: plastic is flammable. Do not expose pellets to direct heat, such as under a broiler. Set oven at 350 degrees.

Shake enough yellow crystals to cover bottom of 3½-cup gelatin mold that has petal-shape depressed sections. (Separate each petal from next one by wiping crystals off ridges in bottom of mold.) Or cover a cookie sheet with foil. Arrange petals on foil using about one teaspoon of yellow crystals for each petal. Petals measure two inches long.

Bake for about 15 minutes. Sprinkle with large, clear crystals (about ½ teaspoon per petal). Rebake five minutes.

Leaves

Shape leaves out of green pellets on cookie sheet. Bake 15 minutes. Sprinkle large, clear crystals onto green, then rebake five minutes. While pellets are still soft, lift leaves with metal spatula; bend slightly.

Assembling flowers on stems

Using a soldering gun, melt narrow end of petals ½-inch. Repeat with leaves. Solder five petals together – or press petals together after they're removed from oven. For each flower, pinch five petals together in back of center.

Wrap heavy wire stem with florist tape. Twist tape around base of flower, working up toward petals and back down to starting point. Continue wrapping tape down over wire stem; include leaves.

Flower bowl

Pour green plastic crystals into indentation of 12-cup fluted metal mold. Wipe excess colored crystals off ridges with your finger. Bake about 15 minutes. Sprinkle large clear pellets over baked green piece, then rebake five minutes.

Center flat piece over a heavy glass tumbler or metal container (about 3½ inches in diameter). Place both bowl and plastic piece on a flat tin. Sometimes it takes only three or four minutes to reach pliable stage. Work edges out with a knife so you can remove glass or metal container. Allow to cool, then arrange flowers on a plastic foam block that fits bowl.

Pellet place mat

Sprinkle green and clear pellets about ⅛-inch thick, to cover bottom of round 14-inch pizza pan.

Bake 15 to 20 minutes. (The longer you bake pellets, the more transparent they become. If baked too long, large bubbles develop.) Cool before removing from pan.

Napkin holder

Use same mold you used for bowl. Fill indentations with yellow pellets. Bake five to ten minutes until pellets adhere. Cover with clear pellets, then wipe off crystals between edges of sections to obtain a pie shape. Rebake 15 minutes.

Remove from oven; sprinkle each pie shape with large clear crystals (about one teaspoon). Bake as described for bowl. After these pieces cool and separate from mold, place on a metal sheet. Bake until just pliable enough to bend into a curve. Hold until plastic hardens.

Button place mats

For each mat, cut two diamond shapes that measure 19 inches long by 15 inches wide at points. Sew wrong sides together; turn. Make buttonhole on one end of widest point, and sew button on opposite end.

Button posies

Use green florist wire for stems of posies. Bend length of corsage wire in half. Thread looped wire through two holes of buttons.

Twist wire tightly two or three times under each button

Continued

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In the new, easy loading, versatile racks that adjust at a touch to take all shapes and sizes of dishes, glasses, pots and pans.

We've built KitchenAid dishwashers for nearly 20 years, and many of the original models are still going strong.

In fact, most KitchenAid dishwashers are bought on the basis of satisfied user recommendations. Just ask any KitchenAid owner you know.

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You'll probably be surprised at all a KitchenAid dishwasher will do. But don't be surprised at what it is: the brand new dishwasher that's built with old-fashioned quality.

Visit your KitchenAid dealer. (He's listed in the Yellow Pages.) He'll be happy to fill you in. Or send us the coupon.

We don't think quality is old-fashioned.

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Dishwashers and Disposers

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The Garden Primer
or
How to Reason with Bugs and Weeds



Be on the alert! Bugs, weeds and plant diseases are all set to attack your lawn and garden.

WHAT TO WATCH OUT FOR

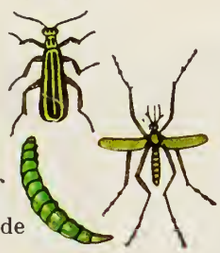
The suckers. Insects like aphids, leafhoppers, scale. They suck out the life juice of a plant. Some infect it with disease.

At times you can spot whole colonies on a plant. But often they hide under leaves.

Hidden or not, wipe them out. Spray or dust plants and shrubs with a recommended insecticide. And apply it right. Use a sprayer or duster that puts the bug-killer exactly where it's needed. That's what Hudson sprayers and dusters do. With their long extensions and adjustable nozzles, you can reach into plant foliage. Get under leaves. Cover plants thoroughly—but without overdose or waste.



The leaf chewers. Insects like beetles, caterpillars. They munch on leaves, destroy a plant's food-making system. Get even with them. They can't hide from an insecticide properly applied with a Hudson sprayer or duster.



The freeloaders. Plant diseases like blackspot, other fungi. They live off plants. Destroy chlorophyll. Weaken plants.

A fungicide—spray or dust—will prevent or stop these troublemakers. If it's applied in a fine spray mist or dust cloud that covers all the plant—the kind you get with a Hudson sprayer or duster.

The lawn weeds. You know the ones—dandelions, plantain, crabgrass, chickweed. They make a lawn look ugly fast.

Clear them out. Apply a weed-killer with a Hudson sprayer. It's fast, easy. One application usually does the job. But keep spray away from flowers and shrubs. Use the sprayer at low pressure to prevent drift.



The aerialists. Blood-suckers like mosquitoes. Disease-carriers like flies. Both spoil your outdoor fun. Fight back. First, eliminate breeding places. For mosquitoes: stagnant water in rain gutters, old containers, bird baths. For flies: uncovered refuse cans, compost piles.



Next, spray or dust their daytime resting places: nearby shrubs, garden, breezeway ceiling.

That's another job for Hudson sprayers and dusters. They give you the right pattern to quickly cover any surface.



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It comes in many shapes and sizes for any job, large or small. Just a few plants? Pick a Hydra-Gun® sprayer or Admiral* duster. Average-size yard? A Hudson compression sprayer with a 2 to 4-gallon tank is ideal.

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You'll find Hudson sprayers and dusters where garden supplies are sold throughout the United States and Canada. Get yours now.

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Have a garden party in the gaily-colored "paper" dress shown below. Made of DuPont Reemay® polyester fabric. Only $1.25 ($1.50 in Canada) with coupon from your Hudson dealer. Or send direct to: H. D. Hudson Dress Offer, P.O. Box P2, Dept. 103, Burlington, N.C. 27215.† Specify size: S(6-8), M(9-12), L(13-16). Congratulations, proud gardener. From Hudson—the name bugs and weeds fear. And gardeners love.

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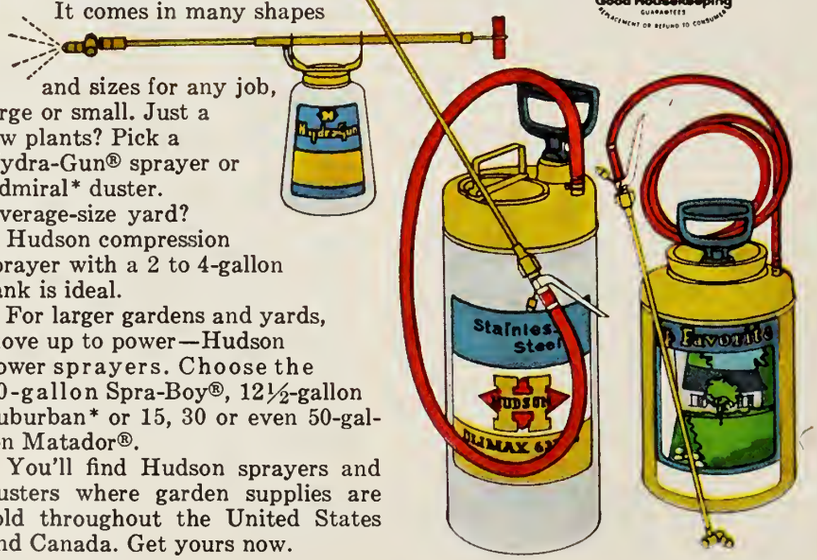


TABLE IDEAS
Continued

after threading. Continue with graduated sizes of buttons.

Papier-mache mats and coasters

With sharp knife, cut a 16-inch circle of corrugated cardboard for mat; cut a 3½-inch cardboard circle for coaster.

Tear newspaper strips into two-inch squares. Glue to cardboard, one at a time, overlapping as you go. Use any white glue, then let dry.

Brush liquid gesso on both sides of mat and coaster, plus edges. Allow to dry; give second coat. Let dry, then gently sand all rough areas. Apply gesso in these areas.

For centers of mat and coaster, paint flower with bright poster paints.

Outline some portions with black india ink. For permanence, apply several co acrylic clear gloss spray.

Papier-mache flowers

For some flowers, draw on shirt cardboard. some 6x6 inches, others 4½. Keep petals large centers about the size of a dollar.) Glue on a thi of newspaper before petal. While glue is w flower; bend petals into shape, leaving some flat with gesso; let dry.

Cut egg-carton cup flowers. Cut some with rounded petals; leave long. Coat with glue and some petals outward.

After glue dries, pain cardboard and egg-carto ers with poster paints. with black india ink. several times with clea before adding stems. Le

How to attach stems

Punch holes in center o ers with point of scisso green colored wire stem t hole. Bend ½-inch acro ter. Make another bend o side of flower. Glue egg flowers onto flat petals.

For flower centers, us ed marbles, wadded new painted black, circles cu egg cartons, old beads, p corns, or straight pin heads painted black.

Napkin rings

Slice cardboard tube 1½-inch sections. Glue paper pieces so they overlap to inside of tube with gesso. Dry; apply paints.

Glue flower and leave from egg cartons onto Trim with black india in Add clear acrylic spray.

Vinyl-covered mats

Cut a 16-inch square board. Then cut 6½-in angles off each corner beige calf vinyl onto oc piece. Alternate brow and black on triangular

Marble grape cluster

Before beginning gra ter, crystallize marbles. need about 50 one-inch green or crystal for each

To crystallize marble heat oven to 500 degree place marbles in a shallo ing dish that has bee with foil. Bake for 40 m remove from oven and d marbles into pan of ice

Start grape cluster b ing two rows of marbles row) side by side. Glue t with clear cement whe bles touch. After glue dr more marbles. Coat bo faces with glue, then p gether firmly. Allow to

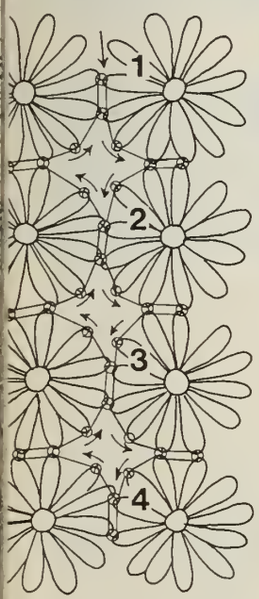
After you have forme ter, coat marbles with polyester resin for perm before adding stems and

For stem, cover a stick with green covere Leave about two inches protruding from one end another piece wire ar plastic grape leaf and

ach to wrapped stem.
e and place stem be-
o marbles.

ce mats

ake daisy place mats,
tic flower loom and
hite, and yellow straw
ilable at hobby shops.
mat requires 24 white
half with black cen-
ers yellow. You'll need
yard packages white;
package each black
w. Each daisy in mats
etals (six figure eights)
e loops per petal.
centers according to
s that come with loom.
ou have completed 24
ay out finished flowers
ws down, six rows
with petals touching.
one end of white straw
rside center of flower
(upper right corner).



needle through two
petals of flowers 1 and
sketch above). Thread
ot. While needle is
petals, use left hand to
aw around twice (as for
h knot). Hold knot at



ps as you pull needle
. See sketch.
needle down to next
ching flower petals of
nd 5; thread and knot.
tal on flower No. 1 is a
etal (not touching any
thread and knot.
two sets of petals on daisy 1 touch top petals on flower 2; thread and knot each separately. To bring needle back, re-knot next two petals (one from flower 1 and one from 2). Knot end of straw under center of flower 2.

Continue in same manner, threading and knotting single petals and double or touching petals. Thread petals going down on left side of daisies in one row, then up on right of flowers in next row.

When you return to flowers 1 and 5, bring needle through underside center of flower 5. Continue threading and knotting until you have completed last flower. Tie and knot on underside center of flower in upper left corner of mat.

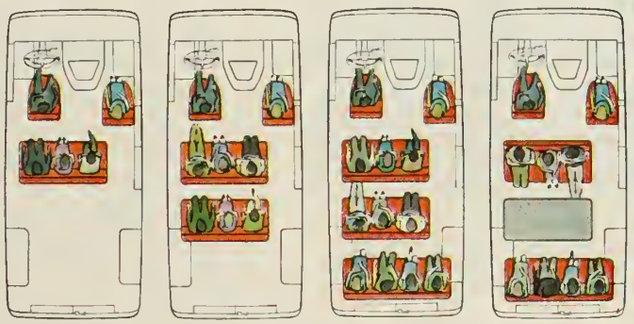
Use same technique to make daisy centerpiece. Make some three-loop double flowers; others six-loop double flowers.

Continued



Illustrated is top-of-line Chateau series. Club Wagon prices start below most conventional wagons.

A better idea! New 12-man wagon changes floor plans to fit your plans.



Wide variety of floor plans, with seat arrangements for 5, 8 or a record 12 passengers. Even a rear table is available for on-the-road work or relaxation.



Color-keyed interiors are richly finished. Driver can step into the rear passenger area.

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TABLE IDEAS

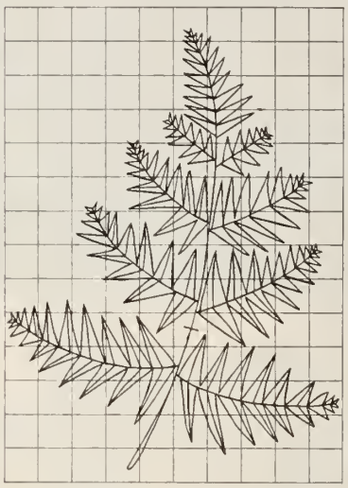
Continued

Join several sizes together. Attach wire stems in varying lengths.

Fern tablecloth

Cut one panel to fit tabletop. (We used cotton organdy because its stiffness works well for machine embroidery.) Cut side and end panels floor length. Allow for hems.

Embroider tabletop and side panels before joining together. First draw a fern pattern on paper (see sketch). Place pattern under cloth. Trace pattern on cloth with green pencil.



1 square = 1 inch

Consult manual that comes with machine, then prepare machine for embroidering. (Feed dogs are lowered on some machines; on others, plate is raised so feed dogs do not pull fabric through.) Remove pressure foot. Set stitch length at neutral; loosen tension slightly.

Use embroidery hoops reversed from usual way, so fabric is resting on machine with edges of hoops standing up at outer edge. Hold fabric taut by the hoops or thread will fray. The faster fabric is moved, the longer the stitches.

After embroidering, sew panels together with flat-felled seams. Turn edges under, then hem so sides measure 29 inches (standard table height.)

Hurricane light

For a cylinder that stands eight inches high and measures three inches in diameter, you'll need about 2½ pounds of crystal marbles (9/16-inch size).

Crystallize marbles as you did the grapes. (See page 112). Place 16 marbles around a glass tumbler 2½ inches in diameter. Cement each marble to the next. Allow to set, then remove glass. Continue until you have three sets of five rings each. Apply polyester resin inside and out. Allow rings to dry; glue three sets together. Make or buy wood base. Place cylinder over vigil candle.

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SHOPPING EDITOR'S CHOICE

By Margaret Vennum Daly

Discover the fun and convenience of shopping by mail! You can order with complete confidence on any of the items shown: each company will refund your money if you're not delighted.

Burma Shave jingle glasses

Remember the fun of reading the Burma Shave signs along the highway? Here are those same verses reproduced on full-size tumblers to liven up a party! In cherry-red and white; hold a full 12 ozs. Set of 4 (order #A1247), $2.95 + 50c post. Two sets (#A1269), $5.75 + $ post. Alexander Sales Corp., Dept. BH6, 125 Marbledale Rd., Tuckahoe, N. Y. 10707.



For the June bride

Elegantly fashioned to serve sugar cubes, olives, nuts and mints, these sterling silver tongs are a dainty 3" long. Perfect for teas, brunches, buffets, demitasse. Leaf design in relief and swirled handle will complement all silver and most patterns. $2.49 each. Add 50c post. Order several from Helen Gallagher, Dept. 306-2287-1, Peoria, Illinois 61601.



"Magnetic" photo album

Arrange your favorite snap shots in this case as often as you wish. To secure photos simply press clear protective shield over pictures; self-sticking page holds them safely in place until you lift the shield. Durable vinyl-covered album holds 100 to 200 photos; opens flat to 24" x 12". $3.98; 2 for $6.95 ppd. Colonial Studios, Dept. PAE-2, 20 Main St., White Plains, N.Y. 10606.



Relax in a Navy hammock

For strength and comfort you won't find any better than these 9' white canvas hammocks the Navy uses. Here are brand new, a full 36" x 4' with brass grommets and all rope and clews ready for hanging. A wonderful Father's Day gift he can enjoy all summer long. $8.95 ppd. Day Co., Dept. BH-6, 250 E. 85th St., New York 10028.



Cotton knit comfort

Action room is styled into this cotton turtleneck-bib shirt for tall and big men. Short sleeve shirt of 60% cotton interlocked knit has contrasting bib: navy with sky blue, olive/gold, Aztec gold/maize. Sizes: M, L, XL, XXL. So wake up your husband's sports wardrobe with several. $5.95 each ppd. Specify Size,. 3558 King-Size Bldg., Braintree, Mass. 02402.





Golden snufferettes

Make your home safer this decorative way. Antique rose pieces snuff out cigarettes completely, prevent burns and smoky odors. Golden design is attractive, too: set them out in all your ashtrays. Sturdy metal plated in 18-kt. antique gold. Six for $1.98. A dozen: $3.50. Ppd. Lillian Vernon, Dept. RS, 560 South Third Avenue, Mount Vernon, N. Y. 10550.



Embroider a rose garden

Garlands of raised roses encircle this white wool-nylon afghan that needs no knitting or crocheting to complete. Kit: design stamped on afghan fabric; floss and crewel yarn in soft shades of pink, blue, yellow, green, lavender; complete instructions. 53" x 71". $19.95 + $1 post. Fringe kit in blue, pink, white: $3.95. The Stitchery, BHG6, Wellesley, Mass. 02181.



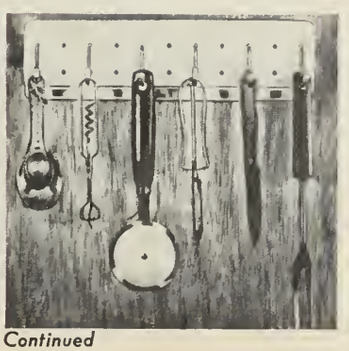
Patio wind chime

Ornamental owl dances to a fascinating, tinkling tune whenever it catches a breeze. Hang on doorway, porch, patio or tree; a delight to hear and watch. Owl is two-faced, with pointed ears and eyes that roll with abandon. Hand-assembled. 6" x 20" when suspended. $1.98 each ppd. Order from Breck's of Boston, N36, Breck Building, Boston, Mass. 02210.



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Put kitchen walls to work

Hang most-used cooking gadgets right where you need them on this self-adhesive peg strip. Eleven hooks fit securely in pegholes to hold utensils. 11" x 2" white plastic strip mounts in a jiffy on smooth walls, cabinet surfaces. Great for organizing sewing center, workrooms. $1.49 each ppd. Walter Drake, B-50 Drake Bldg., Colorado Springs, Colo. 80901.

Continued



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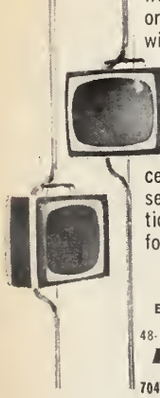
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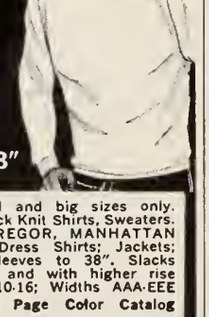
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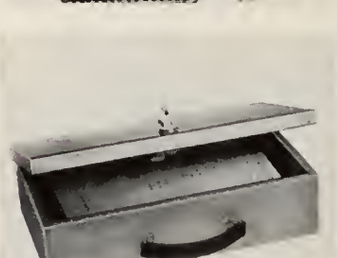
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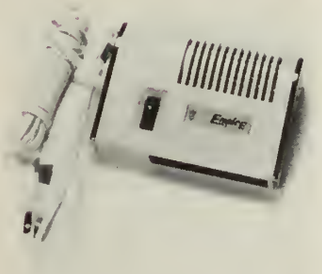
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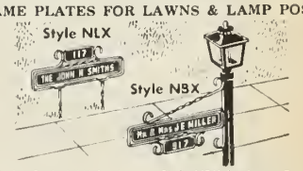
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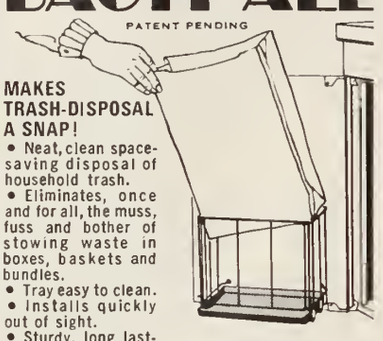
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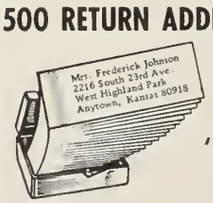
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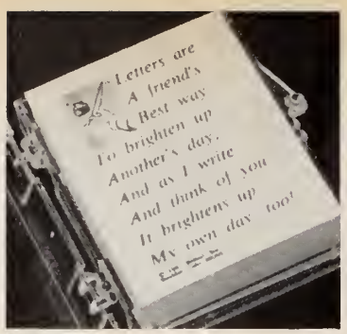


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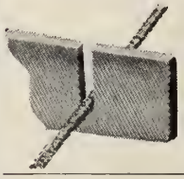
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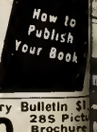
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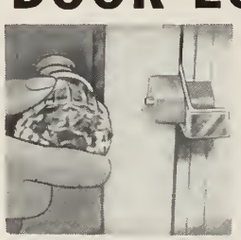


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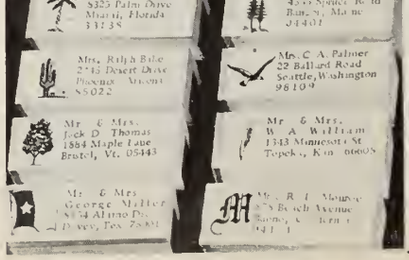
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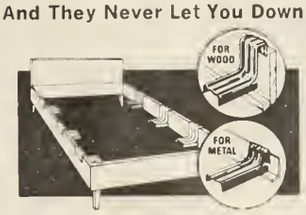
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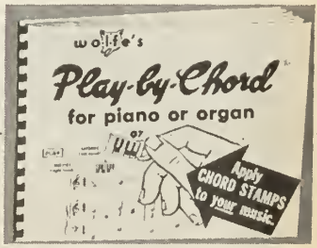
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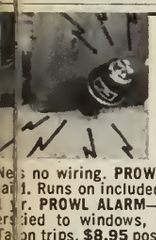
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June, according to the song, is bustin' out all over. But with 23 children on our block, it must bust out more here than in other places.

My father, my son, and I went fishing last weekend. Now Bud and his grandfather are pretty well agreed that piscatorial talent tends to skip a generation.

Early in his marriage, Bill Norman circulated the rumor that he was colorblind. "You have no idea," he says, "how much time I've saved over the years by being excluded from family debates on decorating."

Judy soon will be off to camp, and we are braced for the annual miracle. At summer's end, her counselors will report that she won the camp's Neatness Award.

Checking the accumulation of junk in the basement, I can't decide whether it would be easier to throw it away or start collecting it as a hobby.

Uncle Dodd Buckner says whenever he takes a drive through the booming suburbs, he feels a nostalgic pang for days when the land was unspoiled—and could have been bought cheap.

In this election year, I try to keep the family fully informed on the minor issues, while my wife and daughters give me a daily rundown on how each candidate stands in the really vital matter of cuteness.

Bud says at least his grades won't embarrass me in front of my anti-intellectual acquaintances.

Generally speaking, the female is more practical than the male. Yet it's my daughter who persists in the fantasy that the backyard is plenty big enough for a pony.

Her Latin pupils raised all the money to send Miss Millie Anderson to Rome this summer. Nothing breathes life into a "dead" language like a lively teacher and today's lively kids.

In pursuit of physical fitness, Martin Daly doggedly jogs three miles a day. But he wouldn't think of playing golf without an electric cart.

The encouraging word from the hospital is that Mike Adams has recovered sufficiently to receive insulting Get Well cards.

It's odd how a garden is such a restful spot, when you consider all the work that has gone into it.

My daughter, Rosemary, wants to work this summer at the Elite Dress Shop—but I'm not sure we can afford that tempting employees' discount.

I hope my children never acquire my bad habits, but if they do they'd better marry somebody as tolerant of them as my Christine has been.

Enter a delivery boy, whistling.

I sign for the package, and at the same time wonder what makes the incident so unusual. Then I realize that whistling has disappeared from among the familiar sounds of everyday life. There was a time when everyone whistled, or so it seemed. Little boys practiced and dreamed of the day when they too could master the manly art of whistling.

How long has it been since you heard a man whistling as he walked along the sidewalk in front of your house on a summer evening? I suppose if such a jaunty wayfarer should pass by now, there is a good chance somebody would call the police. What is he, some kind of a nut, whistling right out in public?

Perhaps some scholar of our folkways can explain the decline of whistling. Maybe the young no longer whistle because of the transistor radios grafted to their ears. All of us, in fact, are so bombarded with piped-in music and other background noises that we hesitate to add even one semi-demi-decibel of our own.

Whatever the reasons, I'm grateful to the delivery boy, obviously a throwback to a simpler age, for brightening my day. I purse my lips and begin a rendition of "The Whistler and His Dog."

Some children walking by look up, startled; they soon giggle away my mood. And no wonder. I'm close enough to being the neighborhood character as it is, without getting more black marks against my record.

Burton Hillis



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